

CR James Presents:

The 9 Strategy Factors

For Being A Super Desirable Guy

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Version 1.5

Hello my friend...

You have made a very wise decision to begin reading this report. It's 5 years in the making and it's finally done. When I was finished creating it, at the last minute I decided to just give it away for free, but for a good reason. (Note: If you did end up paying for this, that means that I changed my mind. And I forgot to edit this part out. LOL. But don't worry, it will be worth every penny.)

I made a commitment to myself that I would continue to be passionate about helping guys in this area of life. Everyday, I'm thinking about ways that I can get better at helping **you get drastically better** (if that's what you want) - in the shortest amount of time possible.

That's when I came up with the 9 Factors Concept. So enough about me, let's talk about how these 9 factors can change your life...

BTW, this is **for guys who realize they can improve**. I hope you are one of them.

The idea is to understand the **super simple concept** that:

In order to improve the fastest way possible, you MUST focus on:

- Identifying your weakest points
- And quickly fix them

Read that again.

It's not Rocket Science.

If you are at *a certain point* and you want to get to *a different point*, then your ability to **get there** fast will be based on your strategy.

(Of course, you have to be honest with yourself. Some people don't realize they're not good at something. I was talking to a guy who THOUGHT he was a master at picking up women just because he could recite someone's theory. The ugly truth was:

He wasn't approaching any women.
He sucked!

But somehow had convinced himself that he was pretty good.
Here's the deal.

If you're not getting any results [evidence] with something, then you don't know.

I remember reading a book where the author mentioned that and I thought it was pretty powerful.

In other words, if you spent thousands of dollars on DVDs, eBooks and seminars that taught you how to build bird houses, YET you never built one yourself, then you don't know how to do it.

Even if you took a lot of notes and you can photographically recall information from those programs, you STILL do not know how to build bird houses....until you have done it.

So this report is designed to **give you a new structure** for identifying what is missing for you.

Let's look at The 9 Factors Chart [on the next page]. You will notice that there are 3 basic levels.

Level 1: Approaching Women

Level 2: Attracting Women

Level 3: Arousing Women

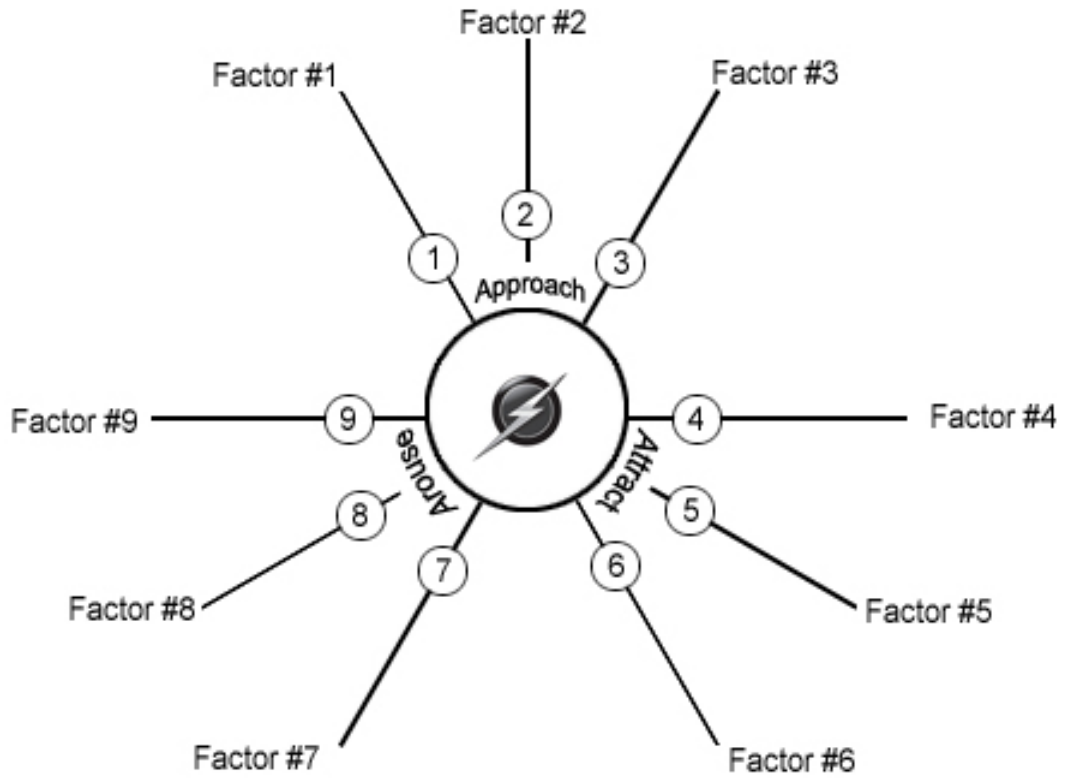
And each level has 3 Factors...

We're about to cover all 9 factors.

It will be to **your benefit** to read everything in order, because the factors build on previous information (even though the first 2 are painfully obvious).

Even if you're in a relationship, you'll still want to start from the beginning.

Remember: This is designed to make you much better than you currently are - in the quickest way possible.



It's very simple, once you know what all 9 factors are, you can determine which (if any) of them you need to improve.

Enjoy!



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Level 1: Approaching Women

Factor #1 Knowing Women Exist

I know it's obvious, but you'll see why it's important.

The first factor is about knowing that there are millions of women out there.

Intellectually, every guy on earth knows that the planet is loaded with "female humans".

So you have two stages.

- 1 - Awareness that there are "female humans" all over the planet.
- 2 - Awareness that there are AVAILABLE "female humans" all over the planet.

If you ever hear about complain that it's hard to find AVAILABLE women (especially in the internet age - where there are MILLIONS and MILLIONS and MILLIONS and MILLIONS of single women out there) then you know that he's stuck at the very first level.

He will NEVER improve until he adjusts his mental strategy by simply acknowledging that there are MILLIONS of single women out there.

If you are just an overall down-to-earth guy, then by default (whether you realize it or not) there are thousands and thousands and thousands of SINGLE women who would LOVE to learn more about you and to see what you're all about.

Keep in mind, it seems silly to mention this, but I wanted to start from the VERY beginning and then progressively move forward. Everyone should be a master at this factor. This is kind of like certain tests in school where they give you a certain amount of points just for writing down your name.

However, as silly as it may seem, there are lots of guys who don't realize that there are plenty of single women out there. Their perception is skewed. In their minds, IT FEELS LIKE all women are currently in a relationship - which leads to a scarcity mindset.

In other words, they FINALLY meet an ultra-rare single woman and they are paranoid about screwing things up.

To graduate from *this factor*, the guy just simply has to acknowledge that there are single women out there.

He may have to constantly tell himself :

There are millions of single women out there.
There are millions of single women out there.
There are millions of single women out there.

So if you're one of these guys who say things like:

- A good woman is hard to find.
- There are no women I'm compatible with in [your city/town]
- Etc.

Then, you are stuck at the very first phase.

Your perceptual filters are all screwed up.

And even if you were to run across the right girl, you would mess things up because you would over-value her.

When you believe something is rare, you assign more value to it.

This is the reason why guys project a Goddess Image onto women and they end up creeping them out.

[Maybe this has happened to you before.]

Some guys are like chicks. They'll get off the phone and start daydreaming.

Wow! She's amazing!
She's attractive. She's nice. She's into me.

The reality: They don't know her.

Let's move on.

The good news is there are only 9 factors and it's easy to graduate from the first one.

All you have to do is realize that there are millions of single women out there that would love to meet you, because of the unique person that you are (along with other things that are in your favor).

If you like comic books, baseball cards and watching reality TV shows, then understand that there are thousands and thousands and thousands of women who also like comic

books, collecting things and watching reality shows (or at a minimum, they appreciate & like guys who enjoy those things).

It's not about finding women who like everything you like, it's more about understanding that the single 'compatible-with-you' are out there.

The concept of compatibility often screws people up. It makes people think there is super small number of Magical People hidden all over the planet.

The truth is most people are "more than happy" to be in a relationship with someone who cares about their needs. She doesn't have to read comic books, too.

She doesn't have to listen to the same type of music as you.

As long as she was attractive to you - has respect for herself - and cares about your happiness - and basic stuff like that - then most guys would be "beyond happy".

The truth is - if you're single and struggling with Factor #1 - there are LOTS of single women who are capable of being that for you.

So once you know that there are plenty of fish in the sea then you can graduate to the next factor.

Level 1: Approaching Women

Factor #2 Finding Women

This will be short. Once you know that women are everywhere, the next things to do is know exactly where they are.

If this factor is an issue for you – in other words, you constantly say things like 'How do I find women?' or 'Where are they?', then you're in luck, because this is one of the easiest factors to graduate from.

It could take less than 6 minutes!

And you'll never (for the rest of you life) have to be one of guys out there who struggle with the curse of thinking 'Where do I find women?'

Here's how to solve the problem - TODAY!

All you have to do is create a list of all the possible place that you can find women.

For example:

1. Gym
2. Bookstore
3. Club
4. Bar
5. Festival
6. Party
7. Gas station
8. Trade Show
9. Grocery store
10. Parking Lot
11. Jogging outside
12. Retail store
13. Park
14. Convenient store
15. Car shop (in the waiting area)
16. Any place that has a waiting area

[Hint: Women are everywhere. Some are available. Some are not available.]

Keep in mind, in Super Approach Power [SuperApproachPower.com], I list 36! If you took the time, you could come up with 106...

So the next time some guy tells you 'I don't know where to find women', I want you to just stare at him for 30 seconds as if he just said one of the dumbest things you've ever heard...

And then whisper to him: Women are everywhere!

And then walk away...

If you don't struggle in this area, then pat yourself on the back.

If you do, it's no big deal...

All you have to do (right now) is make a list (you can create a list of 100 if you wanted)(you could use the 16 from the previous page)

Just write down those 16 things on a sheet of paper (or print that page).

Read over the list 3-10 times until you get that 'Duh Feeling'.

If you have a reasonably healthy brain, then it will pretty fast.

At this point, it would be very hard to believe it's hard to find women after looking at this long ass list of tons and tons of places to find women.

Two factors down. Seven to go...

Now let's look at the final factor of Level 1.

Level 1: Approaching Women

Factor #3 Meeting Women

Now, we're going to start getting into some interest stuff.

Now, the report officially begins. Let's talk about meeting new women. A lot of people make approaching women seem like it's a hard thing to do.

It's not hard.

It's not only easy, it's fun – but only if you have a **good strategy** and you have **a superior perspective**.

In fact, the **ONLY WAY** the idea of meeting women can appear hard is if:

You have a weak perspective and/or a weak game strategy.

If you struggle with either one - just relax - everything is about to change.

First of all, your perspective is like computer software. Every once in awhile, it's time for an upgrade! And not only is like an operating system. It IS your operating system.

And if your perspective is outdated or has viruses - in other words, it seems like it's getting harder and harder to do simple things (that so many other people are doing with ease), then you're in luck.

It's time for an upgrade!

The people who struggle the most (with anything) are the ones without a game plan.

It's kind of like seeing someone get upset with himself because he can't drive to an unknown location (Point A to Point B), yet he doesn't have a map.

When it comes to approaching women, you need a simple map. The idea is to break it up into three simple parts.

Before we get to the three things, I want you to **DELETE** what you currently know about approaching women. We're going to take a simple approach (pun intended).

Your success will be based on:

Your beliefs about women + Your strategy + Your overall perspective

The three things that we're about to cover will represent your strategy.

As far as your beliefs about women, if they're not working for you, DELETE them.

If you believe women are stuck up, DELETE that belief.

If you believe women are mean and love to turn guys down, DELETE that belief.

If you believe women like jerks, DELETE that belief.

Replace it with something like:

Most women are tender, emotionally-sensitive, good-natured and LOVE to meet new guys who are down to earth & knows how to treat her like a person.

Just by upgrading your beliefs about women, you can make massive progress - *before you actually do anything!!!*

Before we get to the three things, let's talk about having the right perspective.

Here's an example...

If Larry approaches a girl, and she tells him she's in a relationship. And he assumes she's lying. This is going to lead to him feeling rejected. He may even start feeling depressed.

He'll end up associated the ACTION with FAILURE.

All because he had a weak perspective.

So what. She's in a relationship.

Let's say Dave approaches a girl, and she tells him she's in a relationship. And he understands that statistically some women are in loyal relationships (which is a good thing) and 'pats himself on the back' for at least trying.

He later associates the ACTION with SUCCESS.

You see, Larry (on the other hand) is different - even if he had a good strategy for approaching women, his perspective is garbage (and out-dated). And as a result, everything else crumbles.

Much of your success has to do with how you deal with things when they don't go your way.

In other words:

Much of your success has to do with your perspective.

If Larry's wife says she's not in the mood (and she is legitimately tired) and he gets angry because he assumes that it means that she doesn't like having sex with him. Then let me ask you this: Is his **outdated perspective** conditioning his wife to NOT want sex in the future?

He could have used this experience as a brilliant way to set things up in the future, but people with WEAK PERSPECTIVES aren't capable of thinking beyond the present moment.

The also have the Dangerous Habit of incorrectly labeling their experiences.

In other words, Larry could end up incorrectly believing that he used a BAD TECHNIQUE or he'll think his wife never wants to have sex with him anymore.

...or she hates having sex.
...or she's not attracted to him.

It's bad enough that this happens, but the DANGEROUS part is it sends him down a nasty path that ends up destroying his confidence even more.

Having a **superior perspective** means you're think on levels that is beyond what 99% of people think.

You can evaluate things more reasonably.

You're more concerned about the truth.

You'll never take things personally because you have a concept of improving. (So if something doesn't work. Big deal. You'll just figure out how to improve it.)

It takes a millisecond to decide how you're going to react in a situation.

It's a decision. So even if you have a HABIT of 'saying weird weak stuff' after something doesn't go your way, you can decide in the future to react differently.

And as a bonus: You put yourself in the best position to get incredible results.

Does Larry's updated perspective need to be upgraded?

[Kind of a loaded question, right?]

The answer is YES,

Because your perspective [along with your strategy + views about women] determine YOUR SUCCESS with women.

Period. [read that again if you need to]

Isn't that a very simple and refreshing way of looking at things?

Back to approaching women: Remember, in order to have a clear map, you need to break it down into simple parts.

Part One: The things that you do *before* you approach her.

Part Two: How you approach her -- in other words, how to start the conversation.

Part Three: What to say *after* you start the conversation

Once those three parts are crystal-clear in your brain, the only thing that you need to do is remember that **there are lots of women are already interested in you** - even if you have a horrible game plan for introducing yourself to her - even though you don't even know these women's names.

It's almost like imagining a map of your country.

And there are lots of these little red dots all over the map representing these women. Some will be attractive. Some will be average. Some will be not-so attractive.

I'm not saying that every woman on the planet will think you're the most amazing guy, but there will be some [more than you could ever handle] that are scattered throughout the country [and even OTHER COUNTRIES!]

And when your perspective is upgraded, **these red dots began to multiply like crazy** with the slightest adjustment.

When your strategy [game plan] is upgraded, **these red dots began to multiply like crazy** [even more] with the slightest adjustment.

Some women are not going to be interested in you whether you like it or not.
Some women are going to be interested in you whether you like it or not.

When you see a woman out somewhere, she could be a **Red Dot!**

The idea is to walk over to her and at a minimum say "Hi".

If you want to be a little more natural, there are two easy ways to start the conversation:

Way #1. Make a statement about the situation.

Way #2. Ask a question about the situation.

Remember the list of 16 places you could meet a new girl. Well, let's say she's in the library and she just grabbed a book. You could make a statement about the situation:

You: I heard that's a really good book.

(Notice how that seems very easy to do. And if she's a **Red Dot**, then you're going to be glad you did.)

Let's look at Way #2: Ask a question about the situation.

Here's a real life example: I met my wife with this method before I knew it existed (as a method). We both were in college at the time. I was just going to the fish store (in Glen Burnie, Maryland) to get feeder fish for my piranhas.

The first words I ever said to her was:

Me: Do you have feeder fish?

That was tough!

Actually, it was easy.

I didn't say anything slick. It wasn't a pickup line. I just started the interaction.

I wasn't trying to be a jerk.
I wasn't trying to be a nice guy.

I didn't say:

Me: Can you demonstrate to me what the kissing fish do to each other?

or

Me: If you play your cards right, I'll be taken you home, too.

or

Me: You want me because I'm so awesome. Give me your number now and I'll try to get around to calling you.

Nope! My opening line implied the utter destruction of weeping goldfish!

We had a brief conversation and I ended up asking for her phone number?

She said Yes.

No big deal.

I knew it was a possibility that she could have said I'm sorry I have a boyfriend.
I knew it was a possibility that she could have said No.
I knew it was a possibility that she could have said I'm sorry I'm not interested in you like that.
I knew it was a possibility that she could have said Yes.

And guess what, the world wouldn't have exploded if she said No. I wouldn't experience any pain. I wouldn't even experience any emotion pain.

Fortunate for me, she was a **Red Dot**.

So I hope this helps. This is just scratching the surface by the way. This is not a report on How To Approach Women. If you think you need **WAY MORE help** in this area I would recommend that you check out: Super Approach Power.

It covers 24 ways to smoothly start the conversation. If you want more information that explains what it's about (to determine if it would help you) go to:

<http://SuperApproachPower.com>

The biggest illusion out there for guys struggling with approaching women is that it's going to be a long drawn out process before you really get good at it.

Nope!

That's not true.

Remember, this (just like getting her turned on) is largely based on mindset.

It's not like trying to get a black belt in Kung Fu.

Here's the cool thing.

There are women out there that are desperately hoping for a good-natured guy to respectfully approached them.

This are your **Hyper Red Dots!**

[[gasp]]

Can you imagine being out somewhere and there's this attractive woman who just quickly glanced at you. You don't realize this, but four of her closest friends have been talking endlessly about new guys they just met - and she's the ONLY ONE who doesn't have a story to tell. Not only is she your Red Dot, but she's your **HYPER Red Dot** - meaning **there's a situation going on right now** that is increasing her urge to meet a new guy who is down to earth (you).

How many Red Dots have you ignored in your lifetime?

128,332?

I'm at about 200,349. But I'm in a relationship, so that's ok. I'm actually going to throw a party when I reach the quarter of a million mark, though.

Seriously.

On the inside, hyper red dots are pleading for a down-to-earth guy to just introduce himself to her.

Here's the thing with Red Dots. There are not just a Red Dot for YOU. Sorry to break the news, but it doesn't work like that.

If you let them slip away (especially a good one), then next week another guy (who she is also a Red Dot for, could snatch her up).

She could be a Red Dot today, and a NO DOT (for you) tomorrow.

You see a lot of guys who don't approach women (the ones who struggle at this factor) have bad brain habits.

Their pattern is: seeing the attractive girl ==> then saying to themselves 'She definitely has a boyfriend' ==> and then NOT approaching.

OR....

Their pattern is: seeing the attractive girl ==> then saying to themselves "I don't feel like myself today" ==> and then NOT approaching.

OR....

Their pattern is: seeing the attractive girl ==> then saying to themselves "I'm not dressed the right way" ==> and then NOT approaching.

OR....

Their pattern is: seeing the attractive girl ==> then saying to themselves [Fill in the excuse] ==> and then NOT approaching.

Then they keep repeating the cycle.

[Ask me how I know this.]

If they ever get to the point where they are thinking about approaching, they get confused about what to say.

Even if you just walked up to a woman in the bookstore and said *Hi. I noticed that you looking at that book. The author also created a book before that and I think you would like that* – something as simple as that, you would be doing better than 97% of the guys who approached her in the past 10 years!!

Think about how simple it is.

All you have to do is comment on what's she's doing.

They're guys who will approach her and the first thing that they'll say is something like: *You want to go back to my place and screw around.*

Believe it or not, some guys are still taking the Pickup Line Approach. In fact there are some guys who are teaching guys to take the Pickup Line Approach. LOL.

They don't call them Pick Up Lines anymore, though.

Here's the idea with the pick up line: The idea is if you say the right thing she's going to be impressed and think you're an interesting guy. It breaks the ice. And I'm not here to say they don't work on some women. Anything could work as long as you're saying *something* – and you're interacting with her.

My question is: Would you really want a woman who would respond to a pickup line?

You see the pickup line approach has a huge flaw – it indirectly communicates that you're very interested in her from the very beginning.

That's using a weak outdated perspective.

You want to approach her as if you are subtly curious, because you should be?

You want to approach her as if she needs to meet your approval before you decide to be interested in her.

And you don't do this because it's a psychological technique (even though it could be described as that), You do it because you're a man with confidence and her being physically attractive is not enough for a guy like you.

She has to prove to you that there is more to her.

Meeting new women is easy and fun if you have the (1) right game plan + (2) the right understanding about women + (3) an upgraded perspective.

Once you understand that you have lots of **Red Dots** floating around right now and you can remember the 3 things above...and you can remember the 2 simple ways to start a conversation, then should realize that's it's easy.

Right now as we speak, **you have Red Dots** who are pumping gas, putting on deodorant, driving their cars, buying soda, singing on the toilet, forgetting to put on deodorant, blowing their noses, buying radio friendly garbage music on iTunes, falling down stairs, crying, laughing, getting out of relationships (fresh red dots! cool!), searching online for ways to meet new men, buying new panties at Target and looking in the mirror.

Now that we have gone through the first three factors, you can now graduate to the next level.

As a recap, the First Level is all about:

- [1] Knowing that there are millions of available women out there
- [2] Finding them (and realizing they are everywhere)
- [3] Meeting them (realizing that they are silently begging for a down-to-earth guy to just say 'Hello' (at a minimum))

Now it's time for Level 2: Attracting Women (Factor #4, Factor #5 and Factor #6)

This is about being a Super Desirable Guy (and there are 3 major factors and we'll discuss them all)

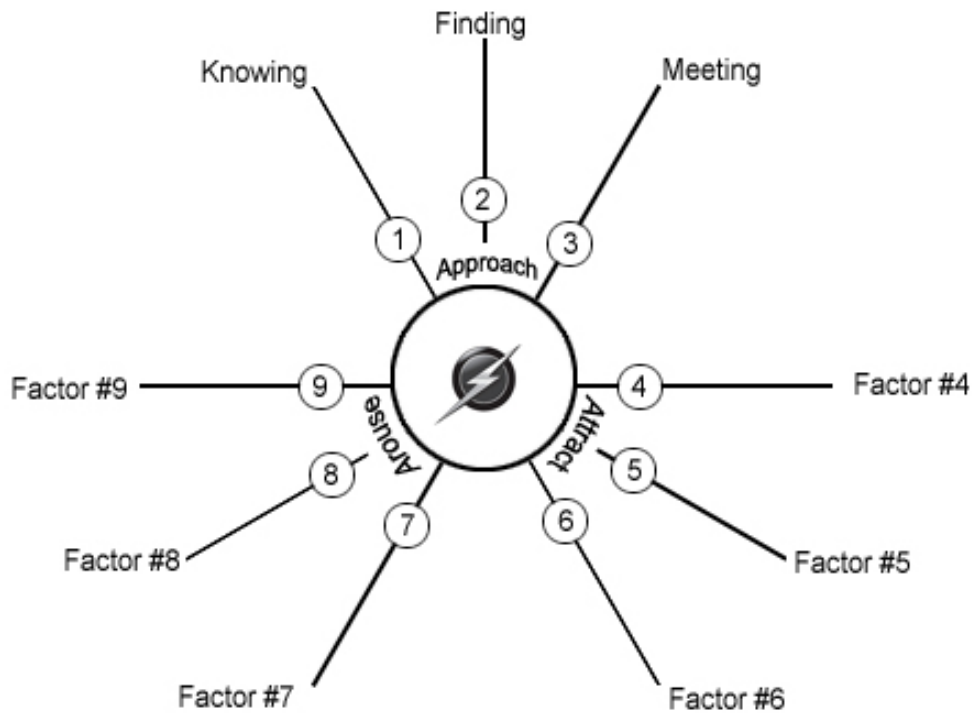
You want to be able to at least know what it takes to increase your desirability.

Success with anything comes down to:

The Right Strategy (Action Steps) + The Right Mindset (Upgraded Perspective)

We'll cover the 3 Factors to give you The Right Strategy for Attracting Women.

If you need The Right Mindset, check out **The 10 Distinctions Between Super Desirable Guys and Average Guys™** at:
<http://SuperPowerMedia.com/10-Distinctions.html>
(It's self-explanatory)



Level 2: Attracting Women

Factor #4 Confidence

To me, confidence is not what people make it out to be.

**With the right mindset you can increase your confidence
in a very short amount of time.**

A problem that some people make is incorrectly labeling confidence.

Some people see other people demonstrating their unique qualities, then they realize they don't have those abilities, and then they translate that into not having confidence.

Confidence is about just being comfortable with who you are, while accepting and enjoying the unique qualities of other people.

It's that simple.

You have to not only be comfortable with your uniqueness, but the uniqueness of others as well.

Very important.

One of the quickest ways to read a person with little confidence is to observe:

How jealous they are of others

How they tend to put others down (or point out the flaws of others)

They tend to exaggerate a confident persona in so many ways.

Show me someone who has something negative to say about other people, and I'll show you someone who isn't comfortable with himself.

Show me someone who is jealous of other people, and I'll show you someone who isn't comfortable with himself.

Some people have amazing gifts. Some people are entertainers. Some people crave more attention than others.

If you're at a party and there is a guy who is being the 'life of the party' (in his mind, he may think he's the dominate male or maybe he just enjoys making other people laugh).

You can sit next to the girl who's giggling at him from a distance, and say (with a smile) 'That guy's hilarious!... by the way, what's your name?' And then eventually get her phone number, call her up to see what she's all about... (see if she meets your standards)...while being comfortable with who are...

Instead of:

Angrily looking at her (from a distance) while she is laughing at him (from a distance) while thinking, **I need to learn how to juggle 5 beer bottles while being pissy drunk in my boxers!!!**

Do you know someone like that?

(I'm not talking about someone who juggles beer bottles in their boxers. I'm talking about someone who gets angry-jealous over other guys and allows it to corrode their confidence.)

Sometimes they disguise it as witty humor, but you know what's really going.

They're always getting angry at guys having success with women. Trying to find flaws.

True Story:

When I was single, I had a half-buddy (this is the guy in your group of friends that you don't really connect with...and it could be because he's hatin' on you) who got mad because this smoking-hot girl liked me. Here's what happened...

We went to visit a mutual friend's girlfriend (with the mutual friend, of course) - who happen to have her female friends over - one of them being the smoking-hot girl.

At some point, he saw us exchange numbers and it must have bothered him.

The truth is when me and this new girl started talking on the phone, things were dry and there wasn't any chemistry at all.

In the half-buddy's mind, things were perfect between us. Of course, he only saw the part where she gave me her number.

So when we all hung out, he was hatin' biiiiiig time. He was saying that she only liked me because of my car. LOL

Which at the time, was a Eagle Talon that I paid \$3000 for...

Btw, if you read Super Seduction Power or Super Compliments, it's the same girl I talked about where I first discovered the power of Super Compliments who ended up practically raping me. But at the time that he was hating, things were kind of dry...

In fact, it's the first time I learned that when **saying the right things** to a girl triggers a fun response. And things can go from Boring to Steamy-Fun!!! Yeah, I know 'DUH'... but again, (to my knowledge) that was my first experience I had with saying 'something' that created massive sexual tension.

((So that experience was significant to me. It's kind of like when the rookie baseball player collects the ball from his first Home Run.))

Again, at the time, the interaction was boring & dry. She treated me like a friend. And I wasn't getting nowhere.

((I'm sure if half-buddy would have found out about that, he would have said: 'it was STILL the car'...NOT, the fact that I made her feel amazing about herself. That's like hitting your first home run and then your half-buddy non-jokingly talks about how strong the wind was blowing out...))

Of course, I never told him that part of the story.

Speaking of, I haven't told THIS part of the story, as well.

But the half-buddy had a hot female cousin who modeled in a few magazines. Was it the car with her, too? (LOL) Of course, he never found out about that either...

The point is, he was the classic guy who gets angry when other people are having fun. Instead of trying to learn from the success of others so that he can have his fun, too.

- Enjoy life.
- Enjoy other people's success.
- Be comfortable with who you are.

And if you're already doing those things, *become better* at doing it...

Create a habit of 'feeling good' about other guys getting results, too. That helps to project a mindset of 'being comfortable' with yourself in a way that's almost magical to women [all by itself].

Don't ever make excuses!

Warning: You will end up decreasing your confidence very fast!!

You'll become an **Only-Because Guy**...

Don't say, he gets women **only because** he's attractive.

Don't say, he gets women **only because** of his car.

Don't say, he gets women **only because** he has lots of money.

Don't say, he gets women **only because** _____.

Don't say, he gets women **only because** _____.

Don't say, he gets women **only because** _____.

Doing this trains your brain to wipe away your confidence.

Make it a point to become massively comfortable with yourself.

After all, no one can stop you from feeling good about yourself.

Also: Make it a point to become massively comfortable others.

No one can stop you from 'making a list of your **Top Successes With Women** (which I sometimes refer to as an **I'm The Man File**) and looking at it 10+ times per day for 3 straight days...

Do you think doing that would positively affect how you feel about yourself?

It's an incredible way to rapidly increase your confidence with an easy exercise.

It could be done in a matter of minutes !!!

And yet your confidence has been Super-Charged!

The list could contain ANYTHING (big or small) that made you feel like the man. You could add a 'statement' behind it, too.

For example, it could include a time when a girl in the 2nd grade said: **I like you. You're the best boy in the class.** If it made you feel like The Man, then it belongs on the list!

Take a look at an example of Top Successes With Women File

- A time when a girl in 2nd grade said: I like you. You're the best boy in the class.... that means: "I AM THE MAN"
- The girl who worked at 7-11 who gave me those strange flirty looks. ... that means: "I AM THE MAN"

- The time my ex-girlfriend had that huge shaking orgasm and she gave me that look... that means: "I AM THE MAN"
- The time the girl at the party was kissing me on the neck and grabbing me on the belt saying in a pleading voice 'No one has ever made me this horny before. I want you now. Please Fuck me!!!' (even if this happened 15 years ago, put it on your list and say ... that means: "I AM THE MAN")
- The time when blah blah blah
- The time when blah blah blah
- The time when blah blah blah
- The time when blah blah blah and everyone said 'Wow you're the man'
- The time when blah blah blah and he was like 'Dude. What's your problem? That was little my sister!.. (And you said: *She still is!*) ... that means: "I AM THE MAN")

This is your personal list!

It doesn't have to be polite.

You don't have to share it with anyone. If it's a little embarrassing, then as long as when you read it, you start to get that 'Wow.. I am the man feeling' then you've done a good job.

Also...

Don't be hater to yourself as well!

Don't be a half-buddy to yourself...

Don't be an **Only-Because Guy** to yourself..

Don't say things like:

The time the girl at the party was kissing you on the neck and grabbing you on the belt saying in a pleading voice 'No one has ever made me this horny before. I want you now. Please Fuck me!!!'wait, I can't put that on the list, she said that **only because** she was drunk and she would have said that to anyone....

Increasing your confidence is a piece of cake.

It can be done in a matter of minutes!

It's not like Kung Fu or things like that - where in order to become a master you need years of training your physical motor movements.

A rapid change in confidence is different.

It's based on perspective/perception so you can become a master in minutes! (at the rate in which you upgrade your perspective).

How many times have you said 'Hmmmmmm. That makes sense.'

Well, if that's happened to you, then in that moment (instantly) you changed the way you saw things forever!

That's because in a matter of seconds, you experienced a major shift in how you think.

As far as increasing your confidence, there are only 3 major parts.

Part 1: Feeling good about yourself. Feeling comfortable with who you. Making the decision to focus on your positive traits. Keep telling yourself 'positive things' like you're the man (all the stuff we just talked about)

Part 2: Keep a fresh positive outlook. Stay away from negative people. Avoid or limit watching the news or activities that are depressing. From the age of 15 - 20, I use to watch the local news everyday. I stopped at the age of 20. I noticed a huge difference in my mood within days of stopping. I haven't watched it since. It's been one of the best decisions I have ever made.

Part 3: Keep your brain healthy. Deficiencies in key vitamins & minerals will affect your mood because your brain isn't getting the nutritional support for essential brain functioning. Make sure you are consistently eating healthy and exercising.

Here are a list of key vitamins and minerals that are essential for mood and sharp brain processing.

- **Water** - Mild dehydration leads to slower brain functioning and feeling lethargic
- **Selenium** - a mineral that has been associated with having an upbeat mood (source: Brazil nuts, tuna, beef, seafood)

- **Magnesium** - great for people who live stressful/intense lives. Low levels lead to confusion and mild depression (source: brown rice, spinach, organic peanuts)
- **Tyrosine** (an amino acid) - boosts levels of dopamine and norepinephrine. These are brain chemicals that are responsible for motivation, energy, stress management and other key brain activities. (sources: fish, avocados, bananas, turkey, chicken, yogurt, almonds)
- **Essential amino acids** (Gamma-amino-butyrate, Tryptophan, Adenosine, Arginine, N-acetyl) play an important role in normal brain function (source: whole grain bread, oats, broccoli)
- **Omega-3 fatty acid** - the main component of brain synapses. Not getting enough leads to diminish intellectual performance (source: flaxseed, salmon, walnuts, sardines, pasta, Sunflower Seeds)

Level 2: Attracting Women

Factor #5 Charisma

It's probably different ways that you can describe this. It is best to describe it as your likability factor – or your *attractive energy*.

I remember a time when I truly believed that *charisma* was something you were born with.

Now I realize (without a doubt) that any one can become charismatic. Anyone!

And the truth is you only need to be or have super charisma with the people that you admire. That's the cool part.

Everyone is not going to like you.
And you don't need everyone to like you.

The idea is to be likeable to your own standards.

I'll explain.

You can achieve this by focusing on four basic things. If you've read some of my other reports, then you already know what they are.

They'll end up being a review for you.

Here are the 4 parts to having Super Charisma.

The first factor is Confidence - we just discussed that, so we'll move onto the second part.

The second part is about having fun and enjoying life. We've kind of discussed that, too.

The third part is about engaging with others.

The fourth (and final) part is having compassion for others.

Let's go over them in detail - starting with the second part, since we already covered confidence (to some degree)

The second part is having fun and enjoying life.

Don't want to be one of these people who just takes everything seriously.

Sometimes you may need to remind yourself that it's time to start having more fun. Make the decision to do more fun things. Make the decision to be more playful with others.

Make the decision to avoid Fun-Haters. You've been around these people before and every little thing bothers them. They complain about everything.

They zap your energy.

They have a negative attitude. In some cases they think they're being cynical and witty.

They may even describe it as having dark humor. And they might even put like this artsy spin on it, as if they're cool because they're miserable.

Deep down inside they're Fun-Haters and they are not fooling anyone. Of course, there are some people who are sarcastic and their humor is a bit off and maybe you can describe it is dark humor and generally they're likable people. These people are different. They have charisma.

In these cases, they're able to identify things that don't make sense and then make light of it. So with the sarcastic types there's a thin line between those that have charisma and those who are miserable.

If you've falling off track a bit and you can remember a time when you seemed to enjoy life more, then make the decision to get back on track.

It starts with how you choose to see things and making the decision to have more fun.

That's it.

I wish I can say, it was something much difficult than that, but that's not the case.

The third factor [of having charisma] is engaging. This is not just about engaging with other people. It's about interacting with people who have a healthy outlook. We're social creatures, so whether it's online or off-line you should be interacting with like-minded people.

Fun people.

Again. Avoid interacting [too long] with miserable people. They'll **absorb** your 'charismatic energy' as if you were in a Sci-fi movie where you can see the smoky visual representation of energy leaving from your body to their body...

If you can remember a time when you had more charisma and then it suddenly vanished...if you look back you'll notice that a miserable person entered your life OR you started hanging around a miserable person more often...OR there was a break-down in one of the 4 areas of charisma.

And that brings us to the final factor which is compassion. This is about caring about other people. Yeah, I know. It's not really cool, but it's important.

And it becomes critical if you want to attract 'caring/compassionate' women who have respect for themselves.

And I don't know about you, but those women are Top Notch as far as I'm concerned.

If you want to have a successful relationship (at some point), then this is one of the qualities you look for in a woman.

You must to have compassion and overall respect for other.

It's often a reflection of your confidence as well. Top Notch women are turned off by the ego-guy who disrespects other people as an illusion of confidence.

95% of women see right through this.

He thinks it's impressive and it makes him appear superior, but the truth is people who have Real Confidence are generally respectful of themselves - and by default they are respectful towards other people.

It may not seem too manly to say "show more compassion and respect" but in the end, there's nothing more manly and attractive [to a quality woman] than a guy who has respect/compassion for others.

I'm not talking about going over-board with it and getting all creepy with it, where you're trying to give everyone 2 minute long handshakes with your eyes as wide as doorknobs - wearing an over-sized grin.

It's more like a calm agreement where you've decided to show everyone respect.

It demonstrates a calm confidence that they find to be irresistible. Personally, I used to think 'this sort of thing' wasn't teachable.

It is.

It starts with changing your habits.

If a guy has a habit of saying something negative about everyone (or most people) that doesn't necessarily make him a bad person.

It just means, that for some reason, he developed a "bad habit" that's working against him in ways that he's not aware of...

Instead, he should replace that habit with a new one - where every time he encounters people he silently saying good things about them.

"She's seems like a cool person."

"He seems like a really interesting guy."

This is part of having Super Charisma.

When you do this, you will see (for a 100% fact) a huge noticeable difference

Not only will you project a more attractive energy that people will be drawn to - but you'll notice that you'll feel better about yourself. You'll feel the difference in your confidence level...

I've seen some descriptions of charisma that suggest sociopaths, cult leaders and serial killers have *charisma*, that's not what I'm referring to.

And I'm not attempting to create a debate about this, because as far as I'm concerned you can choose to describe charisma (or anything) however you like.

In this case I'm choosing to describe charisma as people with good intentions who have a calm confidence - because they enjoy other people.

- People who care about your well-being.
- People who care about your success.
- People want to see you reach new levels.
- People who want to help you get to where you're going.

And you can sense that it's real.

I'm sure you can think of people who have **this type of charisma**. The goal is to have this affect on others. And don't just pretend to show an interest. Show a real warm interest in everyone.

If you do this as an experiment, you'll be hooked for life.

This subtle difference will make a huge impact in your overall charisma.

You'll feel the difference in your confidence level... And everything will seem to magically go your way...

Let's move on the final factor of Level 2.

Level 2: Attracting Women

Factor #6 Super Attraction

Super Attraction has 3 parts:

- Your ability to make her feel good (about herself, about her situation, about life)
- Having Sexual Value.
- Building a Deep Connection.

In fact, here's an excerpt from Super Attraction Power [SuperAttractionPower.com] The report that teaches techniques for doing those 3 things.

Ingredient #1: Making Her Feel Good

I'm personally not addicted to any drugs. However, it is my belief that "drug addicts" continue to use drugs over and over again, because it makes them "feel good"...

There are many drugs out there where as soon as the person tries it, they are instantly addicted!

In those cases, the person has entered in a new world and they want to re-enter it as often as possible.

- It doesn't matter if they are embarrassed about the drug.
- It doesn't matter if they tell themselves they shouldn't be with the drug.
- It doesn't matter if other people tell them they shouldn't be with the drug.
- It doesn't matter if they had a silly rule that says you shouldn't be with the drug.

The only thing they want to do is be with the drug.

Do you see where I'm going with this?

I want you to imagine that every time a drug addict is “engaging” and “experiencing” the drug, there is a green bubble that surrounds her. (a transparent bubble with a green tint – so you can see her inside of the bubble).

This is her *New Happy World*. Everything outside of the bubble is the Real World.

Real World = Pain (criticism, low-paying job, no respect, etc.)
Her New Happy World [Being Inside The Green Bubble] = Pleasure

Guess which one she prefers?

The moment she is no longer using or experiencing the high from the drug, the bubble breaks and she is forced into the real world...

Does this make sense?
Do you want another example?

I want you to imagine that every time a cat is “engaging” and “experiencing” some catnip, there is a green bubble that surrounds him. The moment he is no longer snorting the catnip or injecting the catnip into his little cat veins, the bubble breaks and he is reinserted in the real world.

Do you want another example?

I want you to imagine that every time a woman is “engaging” and “experiencing” a chocolate cake, there is a green bubble that surrounds her because she is experiencing the good feelings associated with eating one of her favorite desserts.

The moment she is no longer smiling and giggling with chocolate all over her lips, the bubble breaks. There is no more green bubble.

Do you see how the green bubble works?

The green bubble represents a “special and unique world” where things feel good.

Here's how it works: People (or animals) experience something “that feels good” and shockingly at some point in the future, they find themselves craving that experience.

It's always funny when a guy asks: "How should you ask for a girl's number?"

In other words, he is seeking advice on the right way to ask for her number - which implies that if he succeeds at asking *the right way* then she'll automatically give it to him, regardless of how painful the conversation.

That's like punching her in the face and then asking her if she would like you to do this again.

This is a guy who believes that the green bubble is successfully created once you ask for her phone number the right way.

That's backwards.

Here's an example of the opposite.

I want you to imagine a 3 year old kid walking up to a hot stove and touching it. Ouch!!! He immediately starts crying because it felt bad (painful).

And as long as he remembers 'stove = hot' he will not touch it.

Pretty simple stuff, right?

So in cases of "pain" and "things that don't feel good", a *red bubble* surrounds the person. And normally, there is a tendency to avoid "pain".

Here's the "huge" point.

There are things that you can "say" (and/or "do") to her that are guaranteed to make her feel good (or get her to realize that you have the potential to make her feel good (when she's with you).

Just like as you can imagine:

"There are things you can "say" (and/or "do") that are guaranteed to make her feel bad". There are things you can say that are guaranteed to make her feel good.

Strategically, your game plan should involve things that are designed to make her feel good.

We're going to discuss some "cool stuff" in this book.

But first, your ability to make her feel good is based on:

- Your knowledge of what makes her feel good.
- Applying that knowledge

[Write that down.]

Knowledge + Applying

If that makes sense to you, then you will be one of the *very few guys* who will quickly become magnetically irresistible in her eyes – in a way that she won't be able to explain.

It is my job to make sure that you become that Master at this!

Let's now look at 5 specific ways to make a women feel good just to give you a starting point:

- The feeling that she is valued & important
- The feeling that she is unique
- The feeling that she is supported
- The feeling that she is powerful

[[end up excerpt]]

Practice doing things to get her to experience ALL 5 of these things. If you're a single guy who has a crush on a co-worker.

Have a strategy (we talked about this). If you're trying to seduce a female friend, ex, or co-worker, it could be as simple as:

"Today, I've done a few things to make her feel unique. Tomorrow, I'll take a break. The day after that, I'll say things to make her feel powerful."

Give her a full experience!

Keep in mind, that's ONE strategy (or way of using the right information).

Don't get obsessed over 'checking & figuring out' if NOW she wants you. Just keep doing it. If you believe the drug addict concept, then all you have to do is trust the system.

She's either already a Red Dot.

She'll either become one (especially when you do the other stuff COMBINED with making her feel good).
She may not become one.

Ingredient #2: Having A Deep Connection

As if making her feel good wasn't enough to create a powerful effect, we're now going to do some cool things to INTENSIFY the perception of a deep connection.

And guess what?

It's easy and fun.

Here's a paste a section from my ~~new unreleased report~~: "Super Connection Power"

***Update: 02-17-2011: Super Connection Power has now been released.*

When it comes to building a **Super Deep Connection**, you need to focus on 3 things.

Super Connection Power Formula = Understanding Her + Having Similarities With Her
+ Having Meaningful Interactions With Her

It's that simple.

- Demonstrate that you understand her.
- And you show her that you are similar (in some way)
- And have 'meaningful interactions' with her. <==== This could double as your strategy for making her feel good

Technically, the formula is:

The Perception that You Understand Her + **The Perception of** Having Similarities With Her + **The Perception of** Having Meaningful Interactions With Her

Let's talk about compliments.

They're powerful!

That's it.

Ok, we'll go a little deeper.

Think about this: They can be so powerful that she'll never forget what you have said. Aside from being a tool for making her feel good, they'll supercharge the connection.

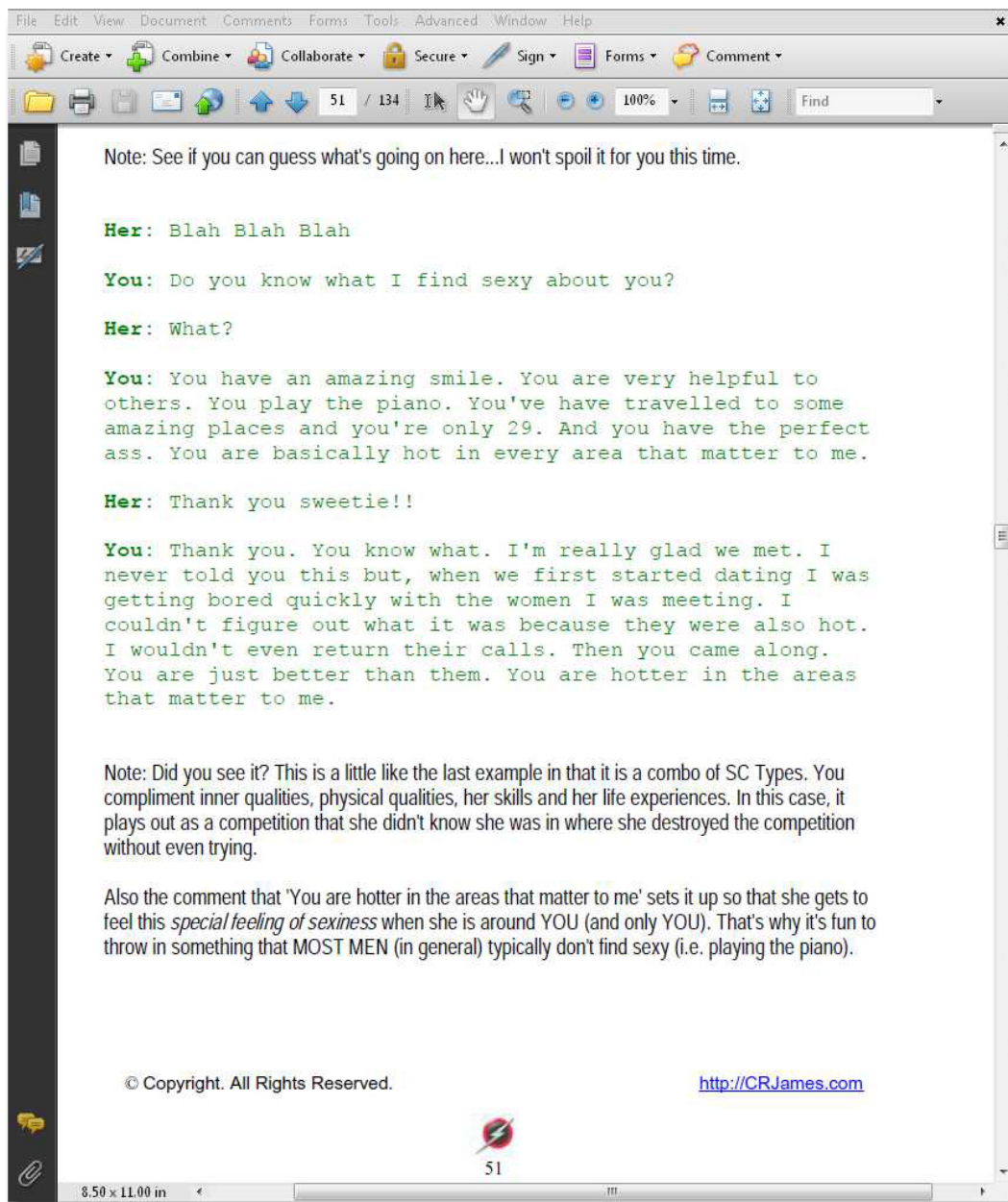
We have to be careful here.

Because in most cases, anything you do to make a woman feel good about herself is likely to be a connection builder. If you look at the 3 things above, you can see how the focus is more on the connection.

Again, making her feel good is a powerful connection builder.

For example, below, you'll see page 51 of the [Super Compliments](#) report (if you have a copy, then you've already seen it).

It's one (of 40) specific examples that shows how a quick conversation can make her feel good about herself. (it's important that you realize that not only are you strengthening the green bubble, but you're building the connection.



As you can see, this is something you would say to a female partner. And the exact way you would say it is also based on knowing her. You should still be able to see the effect.

If (and only if) saying something like ends up making her feel good about herself, then you have strengthen the connection as well.

As far as building the connection directly:

- Demonstrate that you understand her.

Create a system for really understanding her like no other guy.

- And you show her that you are similar (in some way)

In some cases, it's obvious to her. In other cases, she may not be aware that you two have a lot in common. So you'll want to get good at consistently (and subtly) demonstrating that you are similar

- And have 'meaningful interactions' with her. (self explanatory)

Ingredient #3: Having Sexual Value

And the final ingredient to having Super Attraction, is Sexual Value.

And although Super Seduction Power is for guys in relationships (who want to increase their females partner's sex drive), that course doubles as an intro course for building your sexual value (even if you're not in a relationship).

It's also an intro course for building sexual tension (but we're not at that stage yet).

However, if you want the basics for building your sexual value, then understand that you can rapidly build it by focusing on 4 things:

Thing #1: Your beliefs

In other words, if you believe that your partner hates sex or that you don't have what it takes to get her turned on...those are BELIEF things. Much of your success/improvement will be about changing your perspective (beliefs). A lot of times just SWITCHING from an *old mindset* to a *more clear mindset* (that has more wisdom) is enough to make a dramatic difference...

Why?

**Because new beliefs LEAD TO new actions.
And new actions LEAD TO new results.**

This is why we mentioned early that your success will be based on:

Your beliefs about women + Your strategy + Your overall perspective

Thing #2: Removing anti-seductive behavior

There are a lot of guys out there who beg for sex, get angry when they don't get it, let the woman have all of the power and a list of other things that work against them. They don't know how to reverse it and things keep getting worse.

Again, this comes from having a bad perspective about what's going on.

A bad perspective creates anti-seductive behaviors

And anti-seductive behaviors turn women off.

The simple game plan: Stop doing things that turn her off + Start doing things that turn her on.

Thing #3: Having a Sexual Value Attitude [self explanatory]

Thing #4: Conversations that increase your sexual value.

When you have sexual value, the truth is it's just HER PERCEPTION. And perceptions can change based on saying the right things... I learned the concept of *increasing the value of something* (using words) when I was a tire salesman...

Sometimes a customer would take one look at a pair of tires and INSTANTLY decide he didn't want them....but when I said "things" about the tires suddenly his perception changed...

It's interesting how that works.

New information about something leads to new feelings about it.

Sometimes the difference between a guy 'getting a woman attracted to him' is based on his decision to tell certain stories about him.

[New information about something leads to new feelings about it.]

Okay now we make it to Level 3 - which is all about getting her turned on. It's about knowing that you can do things to affect how she gets turned on for the short-term and for the long-term.

As you can see, I didn't go into a lot of detail about these 4 things that increase sexual value. That's because I've created a course already that focuses on those 4 things.

Plus, I've created several reports on Sexual Value.

This is not a report on increasing sexual value....

The intention is to show you the 3 different levels. And one of those levels is the formula for being a Super Desirable Guy (a more dimensional representation of being desirable).

That way you can identify what you need to work on [to make dramatic changes in a shortest amount of time].

Confidence:	Charisma:	Super Attraction:
Being Comfortable	Confidence	Make Her Feel Good
Avoiding Negativity	Engaging	Deep Connection (3 things)
Brain/Mood Nutrition	Enjoying Life	Sexual Value (4 things)

	Compassion	

Level 3: Arousing Women

Factor #7 Health

This can be a game-changer, especially in a relationship.

It's a two-way street.

The healthier you are, the stronger your 'man smell' (pheromones) will be. LOL. The more attractive you'll appear.

The sharper your mind will be.

And a lot of other things.

On the other hand, the healthier she is, the easier it will be to get her turned on.

She's going to appear sexier to herself (which has an affect). She'll notice more guys checking her out (which has an affect). She'll have more energy. It will be easier for her to get turned on because her biological processes are more efficient. A lot of stuff happens.

You have to remember that the process of going from *not being in the mood* to *being sexually aroused* is based on a series of biological processes.

And within a biological process, nutritional support is necessary. In other words, without the right vitamins and minerals, these processes do not operate efficiently.

Put simply, it will be relatively harder for her to get turned on.

And different women have different sensitivities to this.

While it may help you to understand all the vitamins and minerals that are important in a sexual arousal process, along with knowing the relationship with the sympathetic nervous system and the parasympathetic nervous system – and their roles in the sexual arousal process, it's best to keep it simple.

The only thing you really need to focus on is encouraging her to have a healthier lifestyle – eating healthy, taking vitamins and working out consistently. That's it.

Everything else takes care of itself. If you can get her (and you) to do those simple things, then there will be lots of sexual benefitting things happening for you (even if you never understand all of the little details).

Level 3: Arousing Women

Factor #8 Emotions

In other words, for any guy to get a woman turned on, it's going to be partly based on how desirable the guy is. (we've just covered this)

But that's not all, it's also going to be based on **her current emotional state**.

She can find you to be the most desirable guy in the world, if she just found out her grandfather passed away it might not be a good idea to initiate sex.

It turns out 'being desirable' is NOT the only factor. You have to consider her current emotional state.

Again this falls under the category of things that make a lot of sense to every guy, yet most guys don't practice it (or truly understand it).

There are other emotional states that are not as severe as 'just learning about the death of love one' that STILL would make it a bad time for a woman to want sex.

If you were to spy on most guys, you would observe them initiating sex while she's tired, when she's angry, when she stressed out and even when she sad.

Why?

They don't get it.

It has a lot to do with not knowing any better and/or *sequential habits*.

Here's an example (of a sequential habit). The guy gets in his car ⇨ puts in his key ⇨ adjusts his mirror ⇨ starts the car ⇨ and then pulls off.

You do one little thing – getting in your car – and it sets off a chain of events that often takes place outside of your awareness.

This kind of thing happens when the guy realizes that *he* wants to have sex.

He first realizes that he wants sex ⇨ he rubs on her ⇨ and then asks her if she wants to have sex, too.

On some level, he knows that if she's stressed out, it's not a good time.
On some level, he knows that if he hasn't built the sexual tension, it's not a good time.
On some level, he knows that women are not walking around *wet and horny* 24/7.

But somehow he still manage to be completely shocked when she says that she doesn't want to have sex (after spending zero time building sexual tension).

Here's a guy, who really needs to understand that her **emotional state** plays a **HUGE** part in the sexual arousal process.

And I'm not one of these guys who believes the word seduction is evil or manipulative.

In fact I like to redefine it as:

seduction = sexually inspiring.

She needs to be *sexually inspired!*

To be honest, it really doesn't matter what you call it, just as long as you understand what's involved. Don't become one of these guys who gets in the mood ⇔ and then just asks her does she want to have sex as if that's a legitimate seduction technique.

I would rather hear a guy tell me that he did something cliché and overused like dimming the lights, lighting candles and putting on romantic music and then initiating sex, because at least he understands that her emotional state is a factor.

Again, the formula for getting any woman horny is simple as pie.

Your Sexual Value + Her Emotional State + Your Method

Let's say:

Your Sexual Value = 'You're fairly desirable to her'

Her Emotional State = Tired, Exhausted.

Your Method = Saying: 'Hey. Let's have sex'

Here's the Quiz.

If you were to do this over and over again. And she kept saying 'No. I have a headache (and you know she's lying)' Are you allowed to say things like:

"She's never in the mood" or...

"She has a low sex drive" (implying that her ability to get aroused is broken/defective)?

- (a) Yes.
(b) No.

The answer is (b) No!!!!

Again, the formula for getting any woman horny is simple as pie.

Your Sexual Value + Her Emotional State + Your Method

So you should always be thinking about:

Ways to IMPROVE Your Sexual Value

Ways to IMPROVE Your Ability To Affect Her Emotional State

Ways to IMPROVE Your Method (and we're about to cover that next)

And *Your Method* = Your Ability To Increase Sexual Tension

Level 3: Arousing Women

Factor #9 Building Sexual Tension

There are three mini-phases to building sexual tension (from a mindset standpoint).

Mini-phase #1: Realizing that it's possible

Mini-phase #2: Understanding that you're not doing anything wrong by being effective at turning her on

Mini-phase #3: [The Fun Part] Trying new things and getting better. Even if you're sex life is great and you're skilled at getting her turned on, you want to constantly get better.

The women you see with amazingly fit bodies STILL exercise consistently.

The guys you see with amazingly fit bodies STILL exercise consistently.

You want to take the same approach.

So even if the sex is great, you still want to try new things.

Even if you're good at getting good at getting her horny, you still want to learn new ways of doing it.

The really good comedians STILL develop their craft. They don't just tell the same jokes over and over again - just because they 'worked in the past'... They have an arsenal of jokes.

They have an arsenal of TYPES of jokes.

They have an arsenal of 'different ways' to make you burst out laughing. In some case, you couldn't hold in your laugh if you tried. You ever had a moment where you were trying to hold in a really good laugh - but couldn't. LOL.

It was impossible. Whatever it was - it **PRESSED YOUR LAUGHTER BUTTON SO HARD** - you never stood a chance!

That's the kind of mind state you need to have when getting her turned on.

(And I'm not talking about making her laugh. I'm talking about having an arsenal of tactics to get her horny.)

Has a woman (who was red-hot horny) ever told you something like: "Maybe we should wait?" And then you say something like: "No problem" and then you kiss her softly on

the neck until her eyes roll in the back of her head...

...and all of sudden, she's aggressively ripping your clothes off?

The smart approach is to take the SAME EXACT APPROACH when you increase sexual tension.

The smart approach is to take the SAME EXACT APPROACH when you increase sexual tension.

The smart approach is to take the SAME EXACT APPROACH when you increase sexual tension.

Don't look for the **one thing** you can do that will get her Instantly Horny.

You really want to be on an ongoing quest to find **Sexual Tension Increasers** (these are like single thrusts or single tongue swipes that gradually increase her horniness).

She may not rip your clothes off immediately after one Sexual Tension Increaser....(but she moved one step closer - even though she doesn't even know it's happening).

She may not even be ready to have sex yet... after one Sexual Tension Increaser....(but she moved one step closer - even though she doesn't even know it's happening).

But, you have just driven her CLOSER to that point...

You want to have a growing collection of **Sexual Tension Increasers (STI)**.

So if you do an STI and it gets her 'kind of aroused' - even though she's not ready yet, **it's still a successful STI!**

You should be celebrating....

Oh yeah!!!! I figured out something that works!!! It pushed her ONE STEP closer to wanting sex!!!

Once you find something that works, keep looking for new stuff that works.

Then you could start adding it together in a very logical way.

So if....

One lick + One lick + One lick + One lick + One lick + One lick = She Cums!

And....

One thrust + One thrust + One thrust + One thrust + One thrust = She Cums!

Then you would follow the same pleasure structure!

One STI + One STI + One STI + One STI + One STI + One STI = She's Red-Hot Horny!

Does this make sense?

You want to stack & vary STI's (or sexual tension tactics)...

Trust the system.

I'm embarrassed to say this, but there were times when a customer would email me saying something along the lines of "You're stuff works great. Blah Blah Blah."

And then I would follow up with something like "Thanks. What did you do?" (just out of curiosity) and they would tell me they COMBINED a series of STI's from 2 or 3 different reports...

And I'm thinking 'Wow. I never suggested that, but they just did it on their own.' It's something that I learned from successful customers.

So I had to revise the lessons.

You see, I was originally suggesting One Technique (where Technique = Tactic1 + Tactic2 + Tactic3)...

Some guys decided to do Technique1 + Technique2 + Technique3.

Then there are some other guys who will do **'one thing'** [Tactic] and get upset when it doesn't lead to her being instantly horny.

Everyone situation is different.

It may take one guy 456 strokes to get his wife to cum.

It may take another guy 4560 strokes to get his wife to cum.

Another guy make stoke his woman 45,600 times and nothing happens.

Women are different + You have to look at all the factors. Period.

It's not rocket science.

The guys who expect 'one thing' to get their female partner **INSTANTLY HORNY** are probably the same guys who will go to the gym ONE TIME and expect to have the best bodies on the planet.

If you want results, you have to have a clear head.

Keep things simple.

And do things that work within the laws/rules of the world.

If you want to lose weight then 'workout more' + 'eat healthier'.

I've been joking with my wife about creating a one page diet book that says just that.

It's kind of funny because the actor Seth Rogen was being featured on a show.

They were so amazed at how fast he lost a bunch of weight for a role. And then they were really amazed because he never worked out before in his entire life. So people kept asking him "what your big secret!!!!"...

And he said something to the effect of "People may think this is a lame answer, but all I did was workout and eat healthier." LOL.

If you want to improve in any area that we discussed, then:

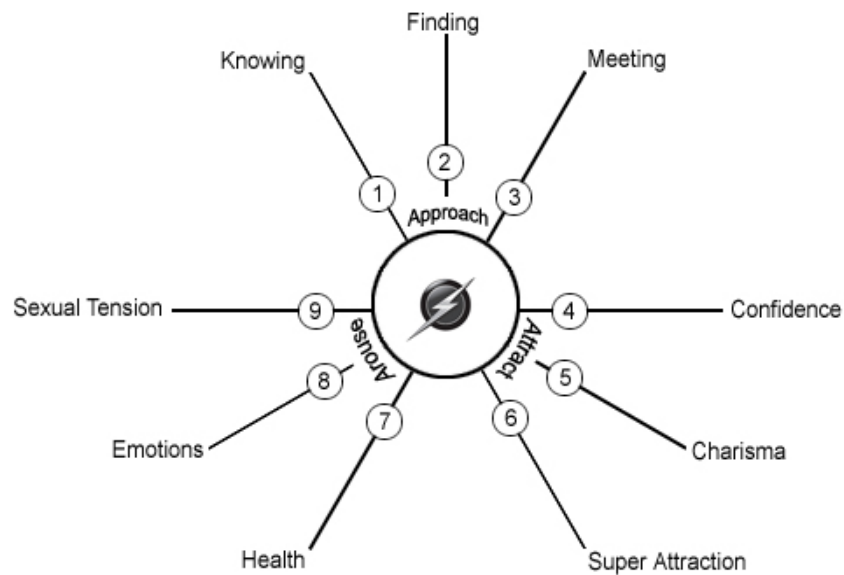
Step 1: Get out a pencil and paper.

Step 2: Write down a letter grade for each factor.

Step 3: For your low grades, write out some actions for improving.

Don't even try to come up with the BEST set of actions. Just get in the habit of creating a game plan and testing it out.

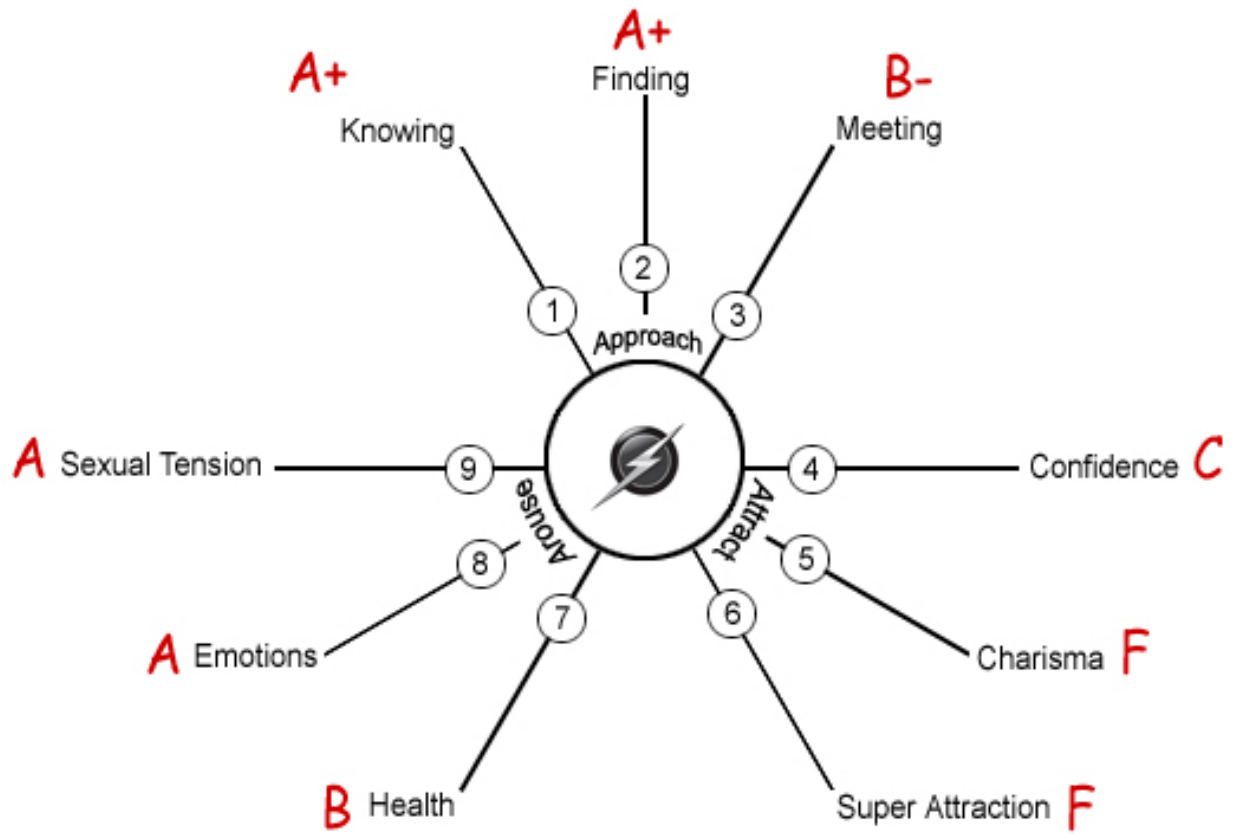
The mindset: Do whatever it takes to learn about improving in these areas. (Ask friends. read books. Buy my products if I have a report on that subject. Buy other people's products. Go to the library. Do something to address that area.)



Write down the all of the Factors that you need to work on
Then, do whatever it takes to learn how to improve in this area.

Step 2: Write down a letter grade for factor.

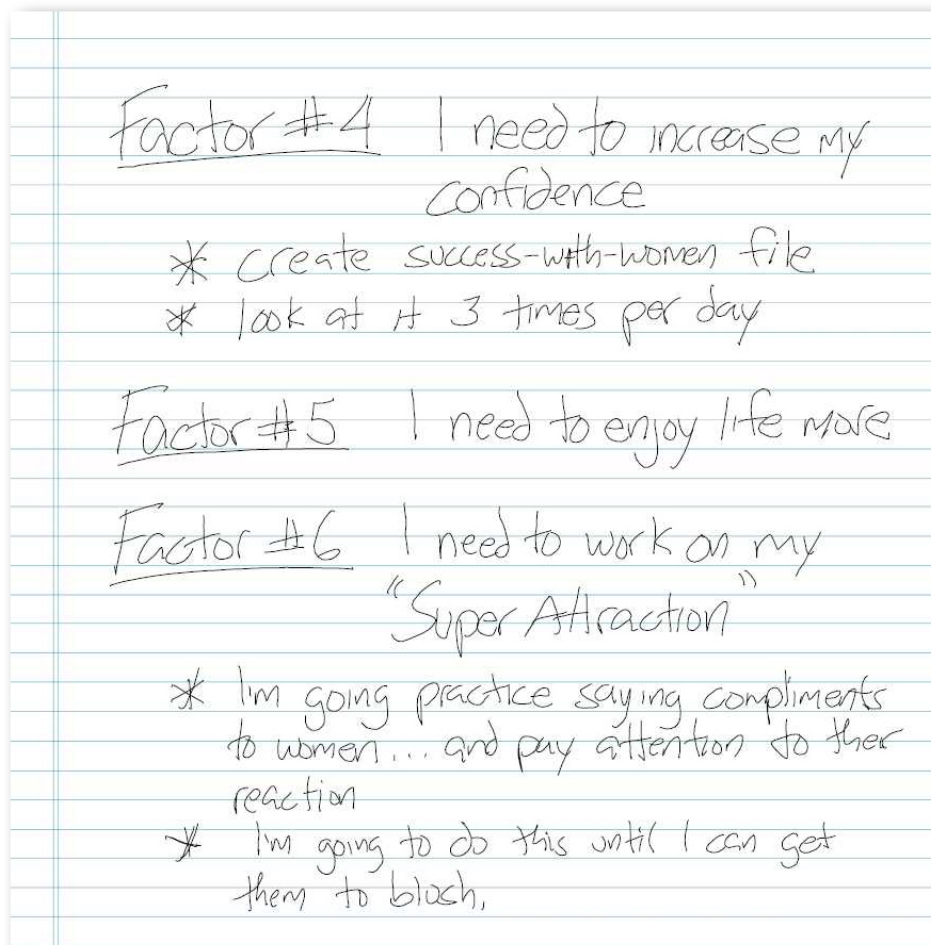
For example, someone's chart could look like this [on the next page]



This obviously means he needs to work on Factor 4, 5 and 6.

Step 3: Write out some actions for improving in the areas you need the most work.

You want to write out some action steps. Don't just say 'Gee, I need to increase my confidence' and then start playing video games. Write it down along with what you plan to start doing immediately.



It's that simple **(takes about 2 minutes)**.

Anytime you need to make an adjustment, you want to *write down specific action steps* that are in alignment with your goal. After you write things down, it may help to visualize yourself doing those things and getting the result you want.

Some people go overboard with visualization techniques. They think that if they visualize 20 porn stars knocking on their front door, it's only a matter of time before it actually happens in real life.

Some people have a more grounded understanding of visualization techniques. They understand that the connections between brain neurons become physically stronger 'just by visualizing'. So they can powerfully condition themselves to feel comfortable about something by using the power of the mind.

Also, you may end up adding to the list as you do the action steps.

Remember the **super simple concept**::

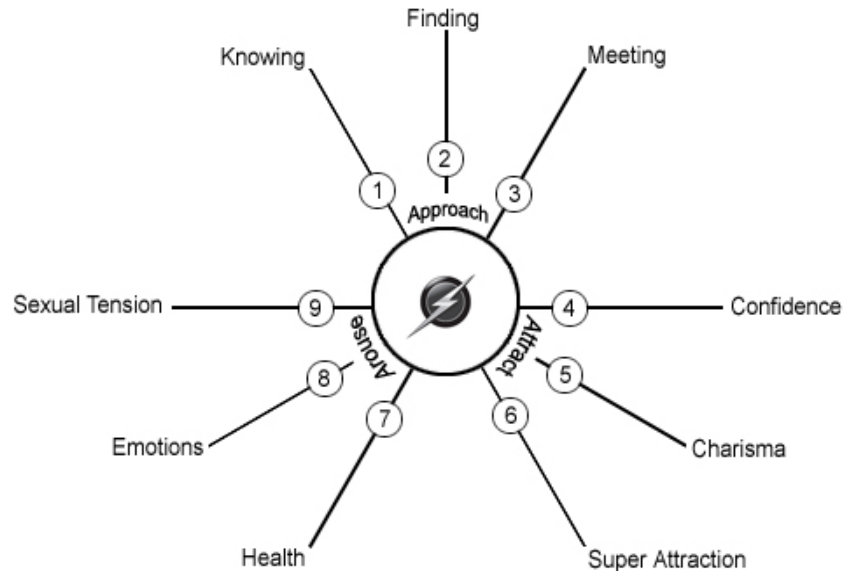
In order to improve the fastest way possible, you **MUST** focus on:

- Identifying your weak points
- And quickly fix them

Let's look at the recap....

Recap + More Help (if needed)

One thing you'll notice below is that I listed many of my paid reports under the appropriate category. This makes it easier to determine if a product is right/necessary for you.



Level 1: Approaching Women

Factor #1 Knowing Women Exist.

There's no product that will help you understand this. This lesson is really for those few guys who don't understand that available women are out there.

Factor #2 Finding Women

There's no product that will help you understand this. The best thing to do is to create a list to remind that women are everywhere or refer to page 7 which has a short list of 16 different places.

Don't become one of who say 'Where do you find women?'

They're not in one single place. Available women are literally everywhere.

Factor #3 Meeting Women

As far as meeting women, if you think for a second you need help in this area, check out: [Super Approach Power](#). It's going to provide you with a exact blueprint for approaching women. For more information, go to: <http://SuperApproachPower.com>

Level 2: Attracting Women

Factor #4 Confidence

As far as confidence, there are 3 parts:

- Part 1: Keep your brain healthy (Nutrients + Exercise)
- Part 2: Keep a fresh positive outlook (Avoid depression things)
- Part 3: Feel amazing about yourself (You're the man!). Project a confident attitude.

If you need more help in this area:

<http://SuperConfidencePower.com> - It's a DISCOUNT package deal of confidence reports.

Factor #5 Super Charisma

The 4 ingredients: Confidence + Compassion + Enjoying Life + Engaging With Others

Factor #6 Super Attraction

To have "Super Attraction", you need 3 things:

<http://SuperAttractionPower.com> - (specific techniques for all 3 things)

Ingredient #1: [The Green Bubble] The ability to **Make Her Feel Good**:

<http://SuperPowerMedia.com/SC> - Super Compliments Report. Teach the 4 types of compliments that make women feel special about themselves. The core lesson is all about getting comfortable with 'saying things' that affect how she feels about herself because that's critical for making her addicted to your presence, getting her turned on, making her feel special, cheering her up when she needs it and having an overall healthy relationship.

Ingredient #2: The ability to **Increase Your Sexual Value**

<http://SuperSeductionPower.com> - [The first manual]
<http://lustsignals.com/ssp-package.html> [Package of SV Products]

Ingredient #3: The ability to **Create a Deep Connection**

Understand her + You are similar + Meaningful interactions
<http://SuperConnectionPower.com>

Level 3: Arousing Women

Factor #7 Health

To be sexually healthy, you need to exercise and eat healthy. It also, helps to know the foods and vitamins that fuel the arousal process. Here's **a free report** for you that you can use as a reference guide.

<http://SuperPowerMedia.com/SexualHealth>

Factor #8 Emotions

One of the most underrated skills (for getting women in the mood) is the basic ability to 'say things' to change her emotional state. Specifically, making her feel special.

<http://SuperPowerMedia.com/SC> - Super Compliments Report. It teaches the 4 types of compliments that make women feel amazing about themselves. The core lesson is all about 'saying things' that affect how she feels about herself because that's critical for cheering her up, getting her turned on and having an overall healthy relationship.

Factor #9 Building Sexual Tension

This is probably the most important. The idea is to have many STI (Sexual Tension Increases) in your arsenal. There are 3 basic ways to create a powerful list (arsenal) of STI's.

Way #1: Think of times when she was really horny in the past. (If this is a woman you're in a relationship with) Try to recall what created the Sexual Tension. Was it something you said? Was it something you've done? Was there something in the environment?

Way #2: Find out ways to ask friends and other guys for their advice. Find out if they're doing something effective. The idea is to not only learn from your own past experiences and 'tests' but you also want to leverage (learn from) other peoples' experiences.

Way #3: Check out some reports that I created on this subject. I've created a few products that teach various ways to get women turned on (build sexual tension).

<http://SuperSeductionPower.com> - [The second manual]

The "Get Her Horny" Reports (Different ways to build Sexual Tension)

<http://PirateSeduction.com>

Take care. I hope you enjoyed this report.

Warmly,
CR James



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