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Introduction

Welcome to Romantic Furnace, in this short report I hope to teach you a little about how you can relight the lost passion between you and your ex. I will share with you the secrets I have picked up through my own mistakes.

These are the things that I hope to teach you in this small report;

- □ How to bring back the fire to a <u>relationship on the rocks</u>.
- □ How to avoid fatal mistakes if you have broken up.
- □ The top tips to winning your ex back.
- □ How to get her back by talking about what went wrong.
- □ How to get her back by keeping your distance.
- How to get her back even if she seems to have moved on with another lover.

How to Stop Her Leaving

Now it is true that this product is aimed at getting your ex back, but some of you reading may feel that she is leaving you before it is "official".

So I thought I would start off by covering some tips to stop your relationship failing if things are getting rocky.

Most problems in a relationship arise from a lack of communication, this is quite simple to understand; one of you feels that there is something in the relationship that you are not happy with, you fail to openly discuss this with your partner and because of this the problem just grows until it erupts into an argument.

You have to learn that an argument will often not resolve a problem, even if in your anger you tell them what is annoying you they will generally not take it in because of the rush of emotion. This goes to say that you should discuss things in a calm reasonable manner. This will lead to progress in your relationship and save all the arguments and fights.

You also need to understand that your life can often get in the way of your relationship. This is a hard thing to avoid but you will often find that your time is absorbed by various problems in your life. Whether this relates to family, work, children, there are many things that can interrupt your life. A lot of you may find that you attempt to invest all of your time into these problems so they can be solved quickly, but this often is not the case.

You will find that life is often not as simple as you may like and find all this time investment just leads to more time invested in, whilst this happens your partner will get alienated and start to become frustrated.

You will often assume that your partner knows you are just trying to do this as quickly as possible so you can spend some time with them, but this is often not the case. It doesn't matter how strong someone is, if they always feel as if they are at the bottom of your priorities they will often leave. Negative emotions can often start to grow and snowball building tension in your relationship because of this.

There are several steps you can take to minimise the chance of this happening. You should make sure you put some time aside for your partner, take her out for the day or to dinner in the evening, stay in an get a take away and watch your favorite dvd, find someone to look after the kids and go do something together. There are many things you can do, maybe just make a list together of what you would like to do and each week for your time together you can choose one thing off the list to do for each other. Most importantly you need to reassure each other that you are committed to your partnership together and that you love each other.

You can even make a list of things that you enjoy about the relationship and also the problems that you see with it. Try to be soft with the problems so you do not start an argument, but make sure they know that these are bothering you and need to be addressed.

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On a similar note to the lists you can try to write each other letters or send texts just letting them know how you feel. There are several approaches to take with this;

- You could write a poem, or even just search the Internet for one, you would be surprised at how many sites there are that just specialise in poems so just find one that sums up your feelings for your partner. This is something out of the ordinary and will make them feel wanted and smile.
- You could always just spend the time to make a unique poem towards your partner, this will show them that you care enough to take the time to make them something special.
- You could just write together some things that you always tell your partner. These will give your partner a small reminder of your love, passion and commitment to hem. The great thing about letters and texts are that they can be taken with them to read if they ever feel like remembering.
- You can go for the opposite and write things that you never say but always want to. Put your feelings on paper and let your partner know everything on you mind that you love about them. You will let your lover see a new side of you and let them know how much they mean to you.
- You could simply put some of her favorite song lyrics into a letter. These can often mean a lot to a person and if the song means a lot to them.

If you manage to get together to spend time away from everyday life you should soon rediscover that spark that bought you together. This little steps can help you to rekindle your relationship and learn to start appreciating each other more.

Another common problem that causes the spark to go is disagreements in the bedroom. There are many things to consider when this problem arises, for a start if the problem is solely based on performance then maybe you should reconsider if you want to be with a person that will leave you just because of this? More often then not it is linked to one of you feeling that the other does not love them as much anymore of that one does not find the other physically attractive any more.

You can help these problems by telling each other everyday how attractive you find them, let them know that you find them sexy and try new things in the bedroom.

A lot of the time couples start to sleep together less as the relationship progresses, this often happens but you should always make sure that when life give you the opportunity to make love that you take it! Try new things and always make sure you talk about what you liked about it after, it can be a great time to just hug each other and feel close. If you talk about what you liked and perhaps did not then you can work on those things for the next time.

What Not to do if She is Gone

Okay so now we will start to look at what we should do if your girlfriend has left you. The first thing we should clear up is what you should not do.

First you may have a lot of built up anger towards them and may consider some sort of "jealousy plot", this is 100% not the way to do.

You may be thinking that if your ex sees you with someone else, somewhere that your ex is likely to be like your favorite club or restaurant, or even your home, will make her so jealous she comes running back. Some times you may consider hooking up with one of her friends so she is bound to find out. You may think that she will realise that she really wants you back.

But consider this, what if she has not decided to meet anyone else and you end up getting back together because of her being jealous. What if you slept with someone else and she is actually hurt by this? Generally the jealously will rely on her being hurt so much that she would rather have you back then go through that again, so what if an argument arises? You will soon find your little jealously plot comes back to bite you in the back side.

On the other hand what about the other person that you used to get back at your girlfriend? And don't be disillusioned, because you will have used them.

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What if they actually thought it was going somewhere? What about their feelings that you may have crushed?

What if instead of coming running back your ex thinks that you have moved on? What if they decide they will do the same? You would then understand the pain they feel because you may then see them with someone else, who they would genuinely be interested in.

Or worse, what if they just see through your little game and push you further away? What if the whole game escalates into the two of you just doing even more outrageous things to make each other jealous? That would certainly not get her back.

There are a great many things that you can do to keep your ex or get her back, but these games are almost never the way to go about it, in fact if you want to kill off any hopes of getting together you can normally make a safe bet on this.

Some other things that you should avoid doing when you are looking to get your ex back are ;

Don't beg her to love you, this will generally give them a sense of power and will often lead their anger at you to turn into them using you. The last thing you want to become is just the person they go to for a fling or for some money. You will find if you take this approach they will never understand truly how much you want the relationship to work or how sorry you really are. You can also take the opposite approach and try to make your ex feel guilty about

the break up. But do you think this will lead to a happy future relationship? What if as soon as your guilt trip wears off they realise that they actually still don't want to be with you? They may also always have doubts that you are happy with the relationship and this can lead to problems.

Don't become obsessive, this is another great way to kill any passion and turn the relationship you have into a fear and hate one. Don't keep ringing her as you did when you were together, don't keep turning up at her parents house and acting as if everything is normal, don't follow her around.

Another problem similar to becoming needy is to start showering your ex in expensive gifts. They will either see that you are just trying to buy them, or they will start to take advantage of you, take all they want and then leave.

Winning Her Back

When you have have split up with your lover and want to win her back you need to think about the few months leading up to the break up. What went wrong? Can you narrow it down to one trigger or identify the main factors?

You should ask your ex to meet up with you, talk to her about these reasons and tell them how you feel. Don't expect they can read your mind, if there is something you want heard then you better say it whilst you have the chance.

You need to understand that your relationship will not have fallen apart in the space day so do not think that you can just work out all the problems by yourself in that time. You need to give your partner some time to think about things but do not leave it too long.

The most important thing is to swallow your pride, balls up and make the first move. Make sure you tell her how you feel and let your true feelings out.

You need to keep in mind that it isn't easy to win your ex back, they may have already started to move on when you decide to try and rekindle your love. You should think about several things when you try and get your

As I mentioned before, you need to be patient. You cannot just think that because you make some progress that everything is fine again and that you can act as if everything is back to normal. When you make progress

make sure you take a step back and let your partner breath. After all it may have been your overbearing personality that caused the problem in the first place, so the last thing you want to do is let them know that you are going to return to the same suffocating actions as before. There are lots of steps in getting a relationship going again so you need to take the time to let each of these steps run their course.

You need to be strong if you are trying to win your ex back. She will not want you if you seem desperate so make sure you seem happy, but don't let her think you are moving on and she will start to miss what you had together. If you act desperate you will push your lover away and this may be a fatal mistake.

It is important that you are prepared to be flexible in fixing your relationship. If you are really serious about getting her back then you need to become more sympathetic and become a listener. If the time to do this does not suit you then you will need to change your schedule, this is important if you really want to get her back. The last thing you want to do is not allow her the chance to build bridges and tell her you cannot because you are going out with your mates. Stay strong, but also be flexible in every possible way so that the bridges of communication can be rebuilt in your relationship.

Being yourself is vital if your primary goal is to win ex back. You and your ex used to be attracted to one another, which means there is still attraction there. It might take being yourself to rekindle things.

Sometimes relationships can become boring and monotonous and all that it takes is for you to realize what changed is to realize what made you compatible in the first place. Learn how to be yourself, to accentuate your qualities and to remind him or her of why they loved you in the first place.

You can use a meaningful letter or text. These can be structured in the same way as we mentioned before, especially the letters that remind your ex of all the good times you had together. Try to put some of these moments into a poem, when you first met, when you first made love, when you both laughed so hard you couldn't stop, there are many things you can mention to remind your ex that you think of them and miss all the times you shared.

Give them a romantic of thoughtful gift. Do not go for anything expensive because as we mentioned before this will have a negative effect on your efforts and generally not lead anywhere. You could try making something personal, this can be a great alternative to a poem if you are not good putting pen to paper. These gifts show that you pay attention to what your lover tell you, what they like and dislike.

You are going to need to work hard to get your ex back. It takes time to show them that you still care and will do anything to get what you had back. You need to be thoughtful and patient. Try to put all of these tips to use and will will greatly improve your chances of getting your ex back.

In this context I would like to mention "**The Magic Of Making Up**" by TW Jackson . TW Jackson has outlined comprehensive techniques on how to get your ex back, and will guide you through the whole process from start to finish. Since timing is crucial, he gives a schedule that outlines when the specific step need to be completed.

The Magic Of Making Up is presented in four phases. Each Phase is approached with different techniques.

1. The Understanding phase - Understanding the core reasons why lovers separate.

2. Getting Your Head On Straight phase - learning how to control and manage of your emotional feeling. It also deals with healing emotional wound.

3. Asses Your Relationship phase. See whether this relationship is worth fighting for.

4. Take Action phase. Here is where the step by step strategy that is filled with proven tactics for all sorts of contingencies.

The information is a long term strategy. The methods given are meant for a lasting relationship result. Understanding and acting upon these psychological triggers, you can almost be sure you'll get your partner back. It's very easy to read. I found the book guide to be a very comprehensive guide.

Just imagine getting back together and being able to...

-Listen to music again without being tortured by past memories

-Go about your day with a light heart

-Get your appetite back -Sleep

restfully again

-Get back to planning for the future instead of living in the past

-Stop being green with envy every time you spot a happy couple

The Magic Of Making Up is by no means a magic formula for fixing any relationship - in that way the title is a little misleading. The information will work best for relationships which have ended recently. I don't think this information is going to work on an ex girlfriend that left you 5 years ago for example. The magic of making up is definitely not a scam - it is full of unique techniques that will help those who listen and learn give themselves the best shot of getting back with their ex.

Want to know more about **The Magic Of Making Up?** Click below to check it out.

The Magic Of Making Up

Discuss your Problems

Now we are going to take the time to run through several different situations you may run into when trying to win your ex back and also different ways you can go about fixing a broken love.

A good place to start is by thinking about why you have split up in the first place? What is your ex, your ex?

A lot of people will not understand the point of fixing problems of a relationship that has already fallen apart, but you need to know the only way to fix a relationship is to address the issues that finished it in the first place. If you do not fix these problems then they may just resurface again.

It is not very likely that your girlfriend will want to get back with you if these problems remains but you should also know that because you were together, there was something she found attractive about you. You just need to fix the problems so all she can concentrate on is what captivated her in the first place.

Cut off Contact

Our second method is to cut off contact. This may seem counterintuitive but it is something you should seriously consider if you want to get back with your ex.

The main reasoning behind this is that you will just push them away if you keep acting overbearing and trying to shower them with attention until they come back to you.

You may find thoughts about them running through your mind all through the day such as ; where can you go to bump into them? What excuse can you find to ring them? If you are thinking these then you should stop this instant!

You need to minimize contact with your ex if you want to win ex back. It may seem counter intuitive to close the communication doors, but it is one of the most vital steps that you can take.

You need to give everyone involved in the relationship a break so that reflection can occur before you even attempt to rekindle things.

If you are really serious about getting your relationship back then you need to step back and let them breath. If you are going to send them a letter or flowers then this is okay but make sure it is once every two weeks or so, this will let them know you are still interested but not make them feel you are an annoyance.

Make Her Fall in Love Again

Now we come to one of the most powerful methods, but it is not the easiest by any stretch of the imagination.

So what if your relationship has fallen apart for apparently no reason? There is no other lover, no large arguments or problems, nothing you can think of.

Maybe the problem is that they just do not feel they are in love with you any more? So what can we do about it?

Well there would be no point going an apologizing because you do not know what you are sorry about. Maybe you were not willing to commit to something she wanted, children, marriage, there are many reasons.

What you want to think about is why she fell in love with you in the first place. Try to list all of these reasons and show her that you are willing to bring these back. Don't take her for granted and allow her to see that you will make her happy.

You may need to compromise and adjust to show her that you love her and need her in your life.

She has a new Boyfriend

This can prove a serious problem when you are trying to get your ex back. You may have left it too long or she may have started to have an interest in a someone else, maybe a friend whilst your relationship was breaking up.

These new relationships can appeal to those that have just had their hearts broken, especially if the break up was because the romance was going from the relationship.

You ex may find that a new relationship brings back the new and exciting feeling that she had with you when you were first together. She may find that this new man spoils and compliments her, but you need to remember that she loved you, and most likely still has feeling for you that she is trying to lock away.

So what can we do to win back an ex lover if she seems to have moved on. A good place to start is to remind her of all the great times you shared together, she will not have this history with her new boyfriend and may start to miss that closeness you shared.

You main advantage over this new guy is that you know her, you know how she thinks, her preferences, what makes her happy, this knowledge give you an advantage over anyone else. Use this to try and win her back.

Something to remember is not to seem needy, when you see her act as if you are okay, but make sure you do not seem like you are moving on. A great tip I can give you is that if you do not know her phone number, then delete it from your phone and write it down at home.

This is because if you happen to have a little too much to drink when drowning your sorrows you will more then likely end up having a desperate drunk phone call. You should tell your friends not to give you her phone number if they know her and just hope they stick to their word. The last thing you want it to seem like the over emotional, needy ex boyfriend that is just trying to sabotage her new relationship.

You should never give her the idea that you are trying to stop her being with this new guy, this may make her angry and think you are trying to decide things for her. This will more then likely make her want to jump ahead in her new relationship.

What you need to do is just let her know that you are happy enough to chat like friends, just drop in little things about the great times you had together. Reference funny things that you have both been through.

If you were with her for a long time you will most likely get along with her family, if you happen to see them out and about and strike up a conversation just seem happy and make sure you tell them to give your ex your best. Just little things like pressure from families can be enough for you ex to re-evaluate her new relationship.

If your ex has a new boyfriend then it will be harder for you, but not impossible so make sure you try hard if you really care about her.

Conclusion

Hopefully I have helped you out by covering all of the main factors stopping you from getting back with your ex. Whether this has allowed you to relight a dwindling relationship or to repair a broken one I am sure you will succeed and bring the love back into your life.

Thank you for taking the time to read through this,

Kind Regards,

J.L. Hemming