THE BASICS

Rape is always wrong. It is an intrusive sexual violation of a victim by one or more perpetrators. Although laws in jurisdictions vary intercourse is not always necessary. The rapist may use physical force, the threat of force, implied force, or commit the act covertly while the victim is unconscious, incapacitated, or in rare cases deceased. The incapacitation can be an incidental occurrence, or the rapist can induce it by the use of date rape drugs and/or alcohol.

The rapist is most often an intimate partner or an acquaintance. Stranger rape is less common. Rape knows no boundaries, men, women, children, babies, seniors, physically or mentally challenged individuals, animals and corpses can be raped too. Some perverts purchase blow-up dolls for this purpose.

The vast majority of rapists are males most of their victims are females. In the case of child molesters boys or girls can be their target.

When rape is a common occurrence in a relationship physical and mental abuse are usually present. It's quite difficult to imagine a man who rapes his partner every-so-often without getting physical with her, or mentally degrading her. The same occurs in lesbian and gay relationships where rape occurs.

Rape can be state-sponsored or encouraged by an occupying military to terrorize a population. Unfortunately, the vast majority of rape victims in this context are female civilians and children.

Rape can and does occur in the porn industry. Unfortunately, the rape can be part of a scene. Sound tracks are inserted to replace the screams of agony of the victim, and in most cases there's no one to complain too.

Vacationers, women on cruise ships, hitchhikers, and street walkers can be easy targets.

Sexual harassment at work is harmful to the victim. It should never be tolerated in any civilized society or in a corporation or company.

Groping is a form of physical sexual harassment. The offender is not content with verbal harassment. This activity includes uninvited sexually touching or fondling of another in inappropriate areas of the body, usually with the hands but intrusive rubbing may. In the latter case the groper may rub or smother his genitals up against the target. Crowded buses, trains, and subways are places that gropers like.

I have written this book as a basic educational tool in understanding rape and related issues, to promote activism against this all-too-prevalent problem, and to help make rape victims feel that there are many people out there who really care.

-AQUANTANCE RAPE (most common type): The rapist is someone the victim knows; a fellow student, casual friend, classmate, friend of a friend, friend of the family, a well-known or respected person in the community.

-STRANGER RAPE: The rapist is not known by the victim. The rapist may be lurking in the shadows, break into your home and pull a knife or weapon on you, etc. He may wear a mask or other disguise to hide his identity making it quite difficult for the victim to make a positive identification in a police line-up or to make a basic composite.

Stranger rape almost always takes the victim by surprise, is shocking and it may be difficult to focus and identify the

offender's facial or body features, or clothing. But noticing a peculiarity can be helpful (a tattoo, scar, a lisp or stutter, a birth mark, etc.).

-MARITAL OR DATE RAPE: The rapist is the husband (or wife), fiancé, boyfriend (or girlfriend, casual friend, or on the first meeting of a blind date.

The stronger the attachment of the victim to the offender the more difficult it is to file a criminal complaint and to follow up on it. The offender knows this.

-DRUG AND/OR ALCOHOL INDUCED RAPE: The use of alcohol and/or drugs is used by the rapist/s. In other cases the victim is unconscious or has passed out from her own alcohol and/or drug use; the rapist takes advantage of the situation. There is an element of opportunity here.

Date rape drugs can easily be slipped into drinks and are available at some campus parties. The drink does not have to contain alcohol, but alcohol tends to intensify the effects. Rape drugs are usually colourless, odourless and tasteless. Only a tiny quantity is needed to do the job. Factors including the size, weight and general health of the victim are crucial. Furthermore, over-the-counter medications taken before or immediately following the consumption of the spiked drink are also crucial. The most common date rape drugs are GHB, Rohypnol, Ketamine, and alcohol. The latter is by far the most dangerous and common. Alcohol is naturally ever-so-present in parties and social gatherings. Many rape victims were wasted right before they passed out.

Rape drugs are usually fast acting completely immobilizing/incapacitating the victim. Weakness, loss of motor control and memory, and passing out occur. Because the rapist is usually not a medical professional or nurse an overdose, seizures, or a lethal dose may result.

COMMON WARNING SIGNS RELATED TO DATE RAPE DRUGS (The Following Apply to Both Genders, Heterosexuals, Lesbians, Bisexuals, Men Raped by Women):

-You've had a rough night of partying, you're in the nude or semi-nude and you have a throbbing headache.
-You're in an unfamiliar place or in someone else's room.
-You were with your girlfriends but somehow you were split up and they're nowhere in sight.
-The party is long over.
-Your clothes have been tossed onto the carpet or are nowhere in sight.

-You feel pain in your vagina or rectum. -Dried or fresh blood in and around your vagina and/or rectum. -There's a stench in the air, like semen and/or vaginal fluid, and/or the scent of sweaty genitals. -You have crusted semen on any part of your body, or on any article of your clothing. -You puked your brains out but don't remember the details. The scent of puke and visible puke and no memory indicate that you lost consciousness. -You left your drink unattended or were given a drink by someone. You probably don't remember who. -Someone offered you a drug and you accepted it. -If you can remember; you were with one or more men alone or you were conversing with them away from the crowd. -You remember being the focus of attention of one or more men. IMPORTANT FACTORS IN HELPING TO PREVENT BEING A VICTIM OF A DATE RAPE DRUG: -Never accept a drink from a stranger. -Never leave your drink unattended; if you forget this important rule, discard your drink. It is far better than getting raped. -If someone (stranger or friend) asks if he or she can buy you a drink go to the bartender with the person; in other situations make sure that the waiter or waitress gives you the drink. -Always beware of your surroundings. -Know your limits when it comes to drinking, especially if you're alone. Being with friends isn't always a guarantee of safety, you can be dispersed. -If your drink tastes unusual speak to the bartender or the waitress. Do not allow anyone around you to brush it off. -Someone may be watching you or casting an evil look at you. -Anyone can be drugged and raped, regardless of gender. -Date rape drugs are almost always used by males against females, however, homosexual, lesbian, and woman on male rape also do occur.

THINGS TO KNOW AND DO IF YOU KNOW OR THINK THAT YOU MAY HAVE BEEN RAPED:

-Your personal safety and security is number one; if needed try to get to a safe place immediately.

-DO NOT take a shower, clean up, or even comb your hair (valuable evidence may be lost).

-If you were raped by a stranger in unfamiliar surroundings and he left after the rape, he may soon return for more.

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-You need immediate medical care regardless of how you feel. Rape can sometimes make a victim numb. You may have serious medical injuries that need to be treated immediately. -Call the police as soon as possible. -Do not blame yourself. -You are understandably fearful and anxious about having a physical examination performed on you; strangers gawking at you, and having a stranger touch your body. It will feel like another violation of your person, but please understand, it must be done. -You will see men in the hospital or clinic. -During the examination you have the right to say STOP at any time. -DO NOT forget to inform the physician and nurse if you are on medication or if you have an addiction to alcohol or drugs, or allergies to certain medications. -No one on the medical team or the police have the right to critique you, or to imply that you are somehow partly to blame. If this is the case, tell them how you feel and demand that the offender desist from this behaviour; demand another interviewer. -If you have any suspicion whatsoever that you've been drugged tell the physician and nurse on duty. -The examiner is trying to help you. A thorough examination can retain important evidence and can be used on your behalf in a court of law. -Impregnation is a possible. -You may feel like the entire world will find out about your secret. It's normal to feel that way immediately after a rape. -A feeling of a loss of control, numbness, extreme apprehension and anxiety, fear, and of degradation. -You really want to take a shower, throw or wash all of the affected clothing, go home and cry like a baby. -A rape counsellor or social worker can help you begin the healing process. She may be a rape survivor too. -Vaccination for Hepatitis B, specific tests for STD's. If you have any STD medication will be prescribed to you. In the case of HIV more waiting time is required. A copy of all medical test results and the examination report should be sent to your family physician. -The information pertaining to your rape is confidential and protected law (U.S. Health Insurance by Portability and Accountability Law). This law applies to adults. Minors need to know their rights in their respective jurisdictions. -You will decide whether or not to press charges against the rapist, unless you are a minor. Know the statute of limitations for rape in your jurisdiction.

-Rape kits are used to collect valuable evidence relating to the rape; semen, body fluids, hair, skin, fibres, soil samples, etc. All items of evidence are carefully marked then stored in a secure place for easy retrieval. Rape kits contain little boxes, microscope slides and plastic bags.

-If someone is charged with your rape, understand that up to 90 percent of criminal cases that actually go to court in the United States are plea bargained. Civil cases are similar. These are the cases that actually make it this far into the system, countless others don't.

-Find out about billing and insurance. Laws and billing vary between jurisdictions. Rape recovery treatment should be free. -Follow up care is imperative. You have suffered a horrible physical and mental trauma (Rape Trauma Syndrome).

David Wise, 52, of Indianapolis, Indiana, was sentenced to 8 years of home detention following his conviction for raping and allegedly drugging his wife while she was asleep. He was found guilty in a court of law of 6 felonies, 1 count of rape and 5 counts of deviate conduct.

"We had hoped for some prison time," said Peg McLeish, a spokesperson for the Marion County prosecutor's office. (Mary Wisniewski; HUFF POST CRIME, Updated July 18, 2014)

Under the terms of his conviction Wise will be allowed to be at home or at work, and he will be monitored by a GPS that will be attached to his person.

Wise was initially charge in 2011, when his wife at the time and now ex-wife told the police that she'd found 3 sex videos of her in Wise's cell-phone. His wife was sound asleep during the rapes. She also told the police that she believes that she had been drugged. She frequently awakened from sleep with a dissolved pill in her mouth.

In total Wise only served 24 days behind bars. He got away with repeated wife rape using a date rape drug. The judge and jury may have given Wise a lenient sentence, thinking that what he did couldn't have been that bad, she was his wife.

Brown University in Providence, Rhode Island has issued a warning to its students, asking them to be watchful and weary after a student tested positive for the date rape drug GHB. Another student is in the process of being tested for date rape drugs. Expectedly, it has become a criminal investigation. Brown University's response has been rapid, only a few days earlier new federal rules came into effect regarding the handling of sexual assault went out to schools throughout the country.

The student had been given a drink laced with GHB at a fraternity party the previous month. It is believed that another

student at the fraternity party could've been given GHB. One of the students disclosed that she had been sexually assaulted.

Brown University has sent out 4 updates and has hosted a sexual assault forum, 2 more are in the making.

"I think what we're seeing at Brown is really what the theme has been lately with campuses: Balancing transparency along with protecting victims' rights ... The idea is to fundamentally shift the way we think about sexual assault," said Allison Kiss of the Clery Center. (Mark Albert, November 9, 2014; CBS NEWS: Brown University Acts Swiftly in Date-Rape Drug Case)

This year (2014) 85 schools, including Brown University are being investigated by the Department of Education for its handling of sexual assault cases.

RAPE VICTIMS BEWARE OF THE FOLLOWING STATEMENTS:

-It was your fault. -You asked for it. -It was your doing. -You're worthless -It is common for rapists to use derogatory words against their victims. -I couldn't help it, baby. -I really love you. -I'm sorry I didn't mean to hurt you. -I give you my word of honour I'll never do it again. -I know you liked it deep down inside. -No one cares -It's my word against yours. Even so, if you were raped notify the police immediately and get medical help. -You were sending me mixed signals. -It was nothing, c'mon.

SYMPTOMS OF RAPE TRAUMA SYNDROME:

-A life that is suddenly turned upside down.
-Shock, anger, disbelief, frustration, denial, anxiety, fear, confusion.
-Inability to sleep, nightmares and night terrors.
-Mental and physical illness.
-Highly intrusive-uncontrollable flashbacks.
-Rapid pulse and elevated blood pressure; the victim may find her/himself in a frequent state of fight or flight.
-Gnawing regrets at not having been able to ward off or severely harm the attacker/s.

-Self-hatred, pity; feeling dirty and used (especially immediately following the rape). -STDs, vaginal and/or anal ruptures; psychosomatic illnesses. -Having to tell family and friends; or keeping the rape a secret. -Possible pregnancy -A generalized hatred, fear, distrust of males, may include male relatives too. -If the rapist is from a different racial, ethnic, or religious group a generalized fear and/or hatred to all members of the particular group can arise. -Sex may become a terrifying or repulsive act. -Social skills, work, education, and basic life skills are noticeably affected. -Marital problems or divorce.

RAPE VICTIMS NEED TO RECOVER:

-You must treat any medical problems associated with the rape. -Rape therapy or counselling. It can be one-on-one or in a group. The victim should decide for him or herself. However, it is a good idea to get the opinions of a qualified professional/s, and perhaps family and friends.

-Talk to family and friends who are supportive. If you are in group therapy, choose a person/s that you get along with. Have your own personal meetings. Talk about your problems, ways to better protect yourselves, show empathy and understanding to each other. To be a lonely rape victim for an extended period of time is very unhealthy.

-Learn how to take care of yourself.

-Understand what Rape Trauma Syndrome is, and believe that it is true.

-Praying often helps, have faith in GOD.

-Learn how to drastically lessen the probability that it will ever happen again.

-Do not blame yourself, ever.

-Improve your diet.

-Exercise. Do whatever makes you burn off steam. Walking is a nice way to relax your nerves.

-When you are able to, try to improve your sleeping habits. Your mind and body can rest and recuperate.

-Write down what you feel in a diary, and date it. Review your notes on a regular basis.

-Be an activist for rape victims' rights. Call for stiffer penalties and enforced registries for all sex offenders. Doing this kind of activism will help you to vent off steam, give you a feeling that you're doing something constructive for yourself

and other rape victims, and helping to prevent future sexual assaults and rapes. -Create a website or blog containing much valuable information encompassing rape. Inform the public. -Inform the media outlets. -Contact city, county, state (or provincial), and federal officials. Make rape an important issue, and the treatment of victims. -Remember, every rape is not the same, and every victim doesn't react in the same manner; some victims develop an overwhelming feeling of depression, others anxiety, anger and agitation, vengeance, confusion, self-blame, extreme fear, feelings of humiliation, numbness, apathy, despair, loneliness, or any combination thereof. PEOPLE WHO RAPE THEIR PARTNERS ARE OFTEN ALSO PHYSICALLY AND EMOTIONALLY ABUSIVE: -Although physical abuse doesn't always leave a visible mark, and most physical marks do heal (disappear), the victim knows exactly how much it hurt at the time and for exactly how long it took to go away. -Shoving -Punching -Kneeing -Kicking -Forcefully/painfully grabbing and/or twisting one or more bodyparts. -Pulling, yanking twisting of the hair. -Spitting -Biting -Strangling or choking (using the hands or inanimate an object/s. -Shaking -Tripping -Tossing objects at the victim. -Flipping -Bounding -Gagging -Restraining -Physically forcing someone to perform sexual acts, or watch pornography. -Deliberately infecting a person with an STD either by force or by simply not informing you that he's infected. -Forcing a partner to consume alcohol or use drugs.

SOME WEAPONS OF CHOICE INCLUDE:

-Kicking with the shoes on. -Personal size, strength, weight and fighting skills -Sticks -Knives -Guns -Belts -Wet towels (less likely to leave any marks) -other inanimate object/s

Kenneth Harden, 32, of Seymour Indiana, faces charges of raping and abusing his wife as part of a 'slave contract'. Having met his wife on Craigslist the torture began soon thereafter.

Lucky for his wife the case had come to light following a police response for a domestic disturbance in their domicile a month earlier.

Upon arrival at the scene, police found Harden's wife crying, with cigarette burns her body, and red marks on her neck caused by a tight, choke collar.

Later, police found a 'Slave Manual 2014' in the Harden home, which contained rules and punishments signed by both Harden and his wife on June 4. On occasions, Harden had choked his wife until she passed out, and performed painful sexual acts using toys. The sex toys were kept inside a 'bag of torture'.

Harden had also apparently shoved his wife's head and hands into a wooden box. His wife said that on different occasions he had strapped her to her bed and duct taped her hands, feet, and mouth forcing her to stay in that position for extended periods of time, causing her to urinate on herself. She also said that her husband controlled her diabetes medication and threatened to leave her. It's not always easy to leave an abusive relationship.

Seymour is currently facing 38 charges including rape, criminal deviate conduct, and criminal confinement.

When Harden's wife met him on Craigslist she had no idea he was a sadist. According to court records she thought Harden was 'godly' and he 'swept her off her feet'.

The rape charges alone carry between 3 to 16 years in prison. Unless he suddenly dies, Harden will soon know what it feels like to have little or no control over his own life, to be bossed around and to be confined against his will.

EMOTIONAL ABUSE:

In relationships where rape or sexual abuse occur some form of emotional and physical abuse are usually also present. In a healthy relationship both partners can relate to each other as equals with love, empathy, and respect. One partner does not belittle or humiliate another either by words or by actions.

Abusive partners tend to isolate and blame their victims. The abuser is the aggressor, a bully of sorts who does not respect the inalienable rights of his or her partner. The victim may stay in a relationship out of love, fear, low self- esteem, for the sake of the children, economic need, or fear of not having a place to go. Some victims who are married want to stay that way, divorce for them is out of the question, either for moral or religious reasons. In many Third World Countries the victim has no legal, familial, or societal rights or recourse if abuse does occur.

-You feel like you're being emotionally raped. -Your physical and emotional feelings are not taken into consideration. Your partner has little or no empathy or sympathy for you. -Respect is the exception rather than the rule. When your partner conveys this right upon you he or she has made 'a big sacrifice' and you should be 'very thankful'. -Condemnation, ridicule (sometimes in front of familv or friends), contempt, humiliation, and derogatory terms are used against you. -You are almost, or always to blame whenever something bad happens, regardless of the circumstances. It's your fault. -You feel like a mental punching bag for your partner. -Your partner is over-controlling, jealous, and envious. -Your partner seems like he or she doesn't want you to succeed. -Love is used as a powerful weapon that your partner uses to control you. -Your partner's mood decides whether there is emotional abuse or not. Your mood is irrelevant. -Mocks your physical appearance, work, or level of intelligence. -Lies to you, your family and friends. -Uses blackmail against you. -Threatens you with physical, sexual, and/ or economic harm. Threats can also be made against your children. NOTE: All threats must be taken seriously. -Downplays your pain, agony, and fears. IF YOU ARE A RAPE VICTIM AND FALL INTO ONE OF THESE CATEGORIES

YOU MAY HAVE ADDITIONAL OBSTACLES TO OVERCOME: -Disabled and female.

-Belong to a racial, religious, or linguistic minority, or are unable to speak the language of the nation.

-Poor, uneducated or undereducated.
-Live in a poor Third World country.
-Live under a brutal or corrupt regime especially when medical and social services are inadequate.
-Live in war-torn or civil war-torn region or country.
-Live in a misogynistic country or region.
-You are a member of an indigenous group.

In order to preserve and safeguard the safety and integrity of Native American women the tribal council must be granted the legal rights to arrest, try, and convict rapists regardless of whether the perpetrator was a Native American or non-native. Tribal councils used to have this right but it was removed by the U.S. Supreme Court.

Rapes of Native American women on tribal areas by nonnatives, is a problem. The number of rapes against Native American women on upstate reservations in Minnesota rise during the hunting season. Non-native men have entered a Minnesota reservation and committed rape, then left. Tribal police can't make an arrest. For non-native rapists, native lands are lawless lands; do what you want to and then leave.

Even partial jurisdiction over non-natives suspected of sex crimes is too disturbing for some members of congress. The logic behind this continued injustice is quite racist and colonialist.

"You've got to have a jury that is a reflection of society as a whole, and on an Indian reservation, it's going to be made up of Indians, right ... So the non-Indian doesn't get a fair trial," said Senator Charles Grassley of Iowa. (By Louise Erdrich, February 26, 2013; The New York Times Opinion Pages: Rape on the Reservation)

Native Americans charged with a crime outside of tribal areas face non-native juries. More so, Native American rape victims often face a cruel and racist society and justice system.

When she was 14 years-old, Bonnie, a Cherokee Indian living near Tahlequah, Oklahoma was in the home of her friend, 5 men, including her friend's husband raped her. She never reported the crime because hardly anyone in the justice system gives a damn about a raped Native American. Worse yet, Bonnie has heard men bragging about raping a Native American women; apparently, the word has gotten around about freebie rapes.

"I was in the other room, and they came in and threw me on the bed ... And they all held me down ... I just didn't figure anyone would believe me - a child against five white men," said Bonnie. (By Laura Sullivan, July 26, 2007; NPR: Legal Hurdles Stall Rape Cases on Native Lands) "Many of the criminals know Indian lands are almost a lawless community, where they can do whatever they want," said Chickasaw Tribal Police Chief Jason O'Neal. (ibid)

"The fact that I am not allowed to prosecute felonies that occur on tribal land irritates me. It angers me. I don't understand that," said tribal prosecutor David Hall. (ibid)

On October 4, 2013 throughout Canada and around the world thousands of people united together in more than 200 vigils, to honour and remember the multitudes of indigenous women whose murders and disappearances have not been solved. People who were unable to attend the vigils in person could participate in an online Virtual Candlelight Vigil.

"October 4 is {the annual Sisters in Spirit Day of Remembrance} a day for the entire country {of Canada} to honour the memory of the far too many indigenous women and girls that have lost their lives or remain missing, knowing that for many families they live with the memories of their loved ones every day of the year," said Assembly of First Nations National Chief Shawn A-in-chut Atleo. (By ICTMN Staff, October 4, 2013 Indian Country Today Media Network: Thousands Gather Worldwide at More than 200 Vigils for Indigenous Women Missing or Murdered in Canada)

This is not the first time that a call is being made for a Canadian national inquiry into 600 unsolved cases involving indigenous women; the United Nations has also requested a national inquiry from Canada. In Canada, violence against indigenous women is a big problem that must be dealt with.

"It's a Canadian issue now ... For years we have been saying this is not a women's issue, this is not a native problem. This is a Canadian human-rights issue that impacts all of us and we are seeing that support now," said Jennifer Lord, the strategic policy liaison with the Native Women's Association of Canada, told *The Globe and Mail*. (ibid)

In August of 2014, Prime Minister Stephen Harper rejected calls for a national inquiry into the hundreds of murdered and missing indigenous women. The renewed calls came following the discovery of a 15 year-old indigenous girl, Tina Fontaine, who was pulled out of Winnipeg's Red River on August 17, 2014.

Prime Minister Harper said that Tina's death was terrible, but stressed that this kind of a case is a matter for law enforcement. As expected, First Nations leaders promptly condemned the statement.

Prime Minister Harper said, "We should not view this as a sociological phenomenon," indicating that the Canadian Government has passed legislation aimed at protecting all Canadians. "We should view it as crime." (By Kathryn Blaze Carlson and Jill Mahoney, August 21, 2014; the Globe and Mail: Harper Rejects Calls for Aboriginal Women Inquiry)

"Why are there so many aboriginal women that are murdered compared to other women ... Doesn't he {Prime Minister Harper} think that racism and sexism and colonialism play a part in all that?" said Claudette Dumont-Smith, Executive Director of the Native Women's Association of Canada. (ibid)

Alaska is the rape capital of America. Rape statistics for adult women is 3 times the national average. Worse yet, for children it is 6 times the national average. No wonder, Governor Sean Parnell refers to it as 'an epidemic'. And as is the case, the vast majority of rapes are not reported.

As for those rapes that are reported in Alaska, according to the Alaska Sexual Assault Nurse Examiner Study only 29 percent result in an arrest, and only 69 percent of these cases lead to a prosecution. (By Brionne Elkins; Alaska Dispatch News: Alaska's 'Rape Problem' is an Alaska Men Problem).

Anchorage in particular, has been infested by forcible rape and sexual assault. Accentuating this problem is the high use of Alcohol, mixed with illicit drugs, and meth. Conjugal violence against women is another problem, with some studies indicating 50 percent of women claiming they've been physically assaulted by their male partner.

Shockingly, while Sarah Palin was Governor of Alaska she permitted her police department to charge rape victims for the price of a forensic rape kit. Now, this is adding major insult and callousness to injury. Worse yet, it was a woman who was doing it to other women. Where's the empathy? During this period a rape kit could cost a victim up to 1200 dollars.

The smaller northern communities in Alaska are tight-knit, with little or no roads therein or in the surrounding areas, and law enforcement may be far away. It's a rapist's dreamland.

RAPE VICTIMS WITH DISABILITIES:

-Almost always profoundly weaker than the rapist.

-May have mobility problems.

-Severely disabled females may be a target for a rapist who wants an easy rape or a rape without any resistance.

-Difficulty conveying or reporting the abuse or getting to the police station.

-Rape cases involving disabled persons require additional, more intricate work; experts may be called in to help. The prosecutor's office must be extra diligent in their follow-up. The disabled victim may be viewed as a less credible witness or simply not believed outright. If they are partners the victim may need the rapist for economic, and every day support and basic survival.
The justice system can be quite cold and assembly-like in structure, even to otherwise healthy victims.
A disabled person who is intellectually challenged may not be able to convey what happened.
Severely disabled victims have low self-esteem to begin with.
'Nobody will care; nobody will believe that anyone could do that to me', 'I'm unattractive'.
Rape victim organizations cater to non-disabled rape victims.
Self-defence for women caters to physically and mentally capable females.

RAPE PREVENTION:

-Follow your gut instincts. If someone scares you or gives you the creeps don't be alone with this person; creeps can be male or female. Do not accept gifts, drinks or anything from this person.

-If you attend a function or a party go with trusted friends, have a designated driver and try to stay together. Watch each other's backs.

I was once told a story about a woman who was semiconscious in a respectable downtown Des Moines, Iowa bar (I will not mention the name of the establishment). A couple of guys practically dragged her out to their car and no one gave them a second look. Onlookers may have assumed that she was married to one of the perpetrators, or maybe they didn't care.

-If one of your friends leaves the party or goes off with a stranger meet the person just in case your friend 'disappears' or suffers from an attack.

-Try to go to familiar places.

-Don't convey the impression that you're weak and vulnerable. Rapists, even those who want their victims to struggle want to win in the end. Look and behave confidently.

-Have a communication device on hand at all times.

-Tell your family or friends if you plan to attend a party or event especially if it lasts into the late hours of the night.

-Nightly walks should be done with a trusted friend; better yet two or more friends, the more the better. Large dogs repulse potential attackers, but these bodyguards need to be welltrained and disciplined.

-If you jog or walk alone outdoors on a daily or regular basis, change your route frequently. If you don't the potential attacker can plan his rape to the last detail, in advance. He'll catch you off guard. Headphones will deeply impair your auditory sense and will distract you from your surroundings. -Don't walk in dark secluded places, near or around abandoned buildings or near tall grasses and hedges. These are places where you can be quickly and violently pulled into and hidden from the public's eye; never place yourself in that situation, if you can help it.

-Stay on the alert. If you're a passenger on public transport, every-so-often scan the area with your eyes. Be aware of your surroundings; someone may be following you or eyeing you a bit too intently.

-Populated well-lit areas are places rapists don't like.

-Mace or pepper spray can help, but it takes time and coordination to remove the canister from your purse or pocket.

Meanwhile you're in a terrifying situation; the rapist isn't going to wait until you're ready to pepper spray him. Nevertheless, practice at home until you've perfected the needed actions. Even your keys can be used as a powerful weapon but you need to jab a sensitive area. Know the laws in your area regarding the carrying of mace, pepper spray, or other weapon.

-If you think that you're being followed casually confront the pursuer by asking him or her for the time, but this must not be done if you're walking on a dark and deserted street, the more people and lamination the better. If you're out of harm's way take his picture for future reference if needed.

-Try to use more than one self-defence method if attacked. Screaming and yelling is natural and very effective, unless the assailant has somehow muffled your mouth or gagged you. You must hurt him, DO NOT delay your response. Hit sensitive areas, without pulling back your blows. If you get free run to a lit/populated area, then scream your head off. Make it known to everyone in the area what is happening.

-Always respond quickly and with full force.

-Almost all rapes are committed by acquaintances.

-If you live alone tell your landlord or apartment manager that you don't want your complete name posted on your mailbox. The first initial of your first name and your last name is sufficient.

-Don't judge a person solely on his/her looks. Good looks and cuteness don't necessarily mean sweetness. Judge a person by his/her behaviour. There's no use in marrying or being with a nice looking rapist or wife beater.

-The eyes are always good targets to strike. If a rapist is fully clothed and you try to strike his genitals you could miss or hit his penis instead. The most sensitive areas in a male are his eyes and testicles.

-Bite, scratch, and pull and yank if you can.

-If you're pinned to the ground or to a bed and are overpowered calculate your strike and make it devastating. Gouge the eyes or

you can grab the testicles tightly and then twist. For this to happen you may have to wait until he's naked. Sometimes, you have to be patient, like a lioness.

-Failed attacks on your part may enrage your attacker.

-Wearing high heels will offset your balance, reduce your ability to kick, and will hinder your running speed.

-Pregnant women especially in their third trimester need to take special precautions. Some rapists don't have a problem punching or striking a pregnant woman in the abdomen, especially if she tries to defend herself. A strike in this area is extremely dangerous.

-If the rapist forces a pregnant woman on her back or stomach, it'll be incredibly difficult to get him off.

-Third trimester pregnancy may impede running speed.

-Talking your way out, in a calm and polite manner can be used; use your discretion. This method may be a last option if all others fail.

-Urinating in your panties, vomiting (if you can), or telling the rapist that you have an STD, or having your period are other options.

SELF-DEFENSE FOR WOMEN:

-Ask a trusted relative, friend, social services, or the local police where you can find an organization that offers self-defence classes specifically catered for women.

-You should learn the street fighting method first, crude but often effective. Chances are the rapist will not fight clean; you're fighting for your safety and well-being.

-Martial arts can be taken, after or simultaneously with selfdefence for women. If you're small and the rapist is a big strong man, one punch to his face or shoulder may have little or absolutely no effect on him. You must learn how to properly attack sensitive areas such as the eyes, nose, ears, groin, shins, ear drums, knees, etc.

-Remember, mastery of martial arts take years. In a rape situation there's no time to stretch out or get into position. You must fight dirty, dirtier than the attacker.

-You must learn how to scream and shout 'No', and more.

-Your self-defence instructor must be qualified. Don't be embarrassed to check his/her credentials.

-Find out the price for a full course.

-It may be more difficult for a victim to fight dirty against an attacker who she loves or is closely related to, but if you're being attacked you must defend yourself at all costs if needed. -High kicks and fancy moves are easier to perform in the privacy of your own home or in the gym with other friends and classmates. Learn them, but it's imperative that you master the basics first. -The classroom environment does not include fear, shock, and surprise. When defending yourself from an attacker you may be all alone. -In most cases you only need to temporarily disable the attacker. Thereafter, you can run for help. -If you don't notify the police of a rape or an attempted rape the assailant may strike again, seeking another potential victim. This kind of behaviour tends to be recidivist in nature.

TEN WOMEN WHO SUCCESSFULLY FOUGHT BACK AGAINST THEIR ATTACKERS:

PRISCRILLA DANG: In 2012, 23 year-old Kung Fu expert Priscilla Dang was jogging in Vancouver, Washington. She was attacked by 2 male teens; she taught them a painful lesson. She was threatened with a knife. No problem, she walked away unharmed. The 16 yearold teen apologized to Priscilla, the 18 year-old was arrested by police. "I think they knew they messed with the wrong girl." (Kirotv.com, June 26, 2012; Woman with Kung Fu Background Fights off Attackers)

ERICA HAMMERMEISTER: In 1983 serial rapist Larry Takahashi attacked Erica Hammermeister. Although she didn't physically defeat the serial rapist, she screamed her head off during the attack, thereby alerting the police to what was going on behind closed doors. Unfortunately, Erica screamed so hard it caused a miscarriage for both of her twins. Takahashi couldn't have cared less that his target was pregnant.

Takahashi is in a British Columbia prison where hopefully, he will rot therein for the rest of his natural life. "I always told myself from the day he {Larry Takahashi} was sentenced I would do whatever it takes to try keep him behind bars." (By Gary Poignant, August 26, 2013; Edmonton Sun: Victim of Serial Rapist Larry Takahashi Turned the Table on Her Attacker)

DORRET BARRET-LACHTMAN, EX-POLICEWOMAN: At the time of the attack Barret-Lachtman was Deputy Superintendant of Police. The attacker was a man she'd known for 10 years. Taking her usual morning walk near her home in Jamaica she was roughly grasped by a man.

Barret-Lachtman believed that the attacker had planned to rape and to kill her so she wouldn't be able to later identify him. Luckily she was carrying a pair of dumbbells. She did what she felt was necessary for survival, hitting her attacker until help arrived. "His {the attacker's} whole intent must have been to rape and kill, because I cannot see for the life of me, for somebody who has known me and whom I have known over the years, what would be his whole purpose in just raping and leaving me, knowing {full well} that I know him? He would have been hunted down and found. So his whole intent must have been to rape and then kill me ... Whatever it is that passed through his mind that morning why he came over and attacked me, I am sure, he will not ever have those kind of feelings or urges for any woman again, unless him fool, fool bad! And I am almost sure that no other man will approach me in that manner again." (By Andrea Downer, May 15, 2007; Jamaica Gleaner: No Way, No How Female Cop Turns Table on Rapist)

NANCY FLYNN: On December 3, 2012, a 71 year-old woman from Odessa, Missouri was attacked and robbed in her own garage. Using her brains first, she threw some cash on the ground. At the right moment, Nancy kicked her attacker/robber in the groin. During his recovery she managed to get a can of mace and a baseball bat wherein she began her counter-offensive beating him with the baseball bat. He didn't harm Flynn, but he was able to take off with 83 dollars.

AMANDA RUSSO: 26 year-old Boca Raton, Florida resident was encountered by 50 year-old Daryl Dewitt Lewis as she was leaving a drugstore. He held a shank to her throat and told her exactly what to do. Amanda rejected his instructions (part of which was to get into his car), opting to fiercely fight back. During the scuffle perpetrator cut Amanda's neck several times. Fortunately, she was able to kick him hard enough in the groin causing him to run away. Shortly afterward, he was soon apprehended by police, and was later identified as the attacker by Amanda and other witnesses. The perpetrator told Amanda, "Everyone keeps denying me and I need to get home. If you {Amanda} do what I tell you you'll live to see tomorrow." (By Sacasa, January 28, 2014; Sun Sentinel: Woman Being Adam Attacked Fights off Man Trying to Get in Her Car)

WHITNEY KROPP: A Hogemaw High School homecoming prank in West Branch, Michigan orchestrated to humiliate 16 year-old Whitney turned into an opportunity for her to stand up to her tormentors, resulting in an international anti-bullying lesson. The prank went so far as to vote for her on the homecoming court. Whitney went from a state of alleviation and delight, to a state gloom and melancholy as soon as she found out her nomination was made because of her utter unpopularity.

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The citizens of West Branch marshalled to Whitney's defence. "I think this will make a difference to students who are being bullied ... People need to pay attention to this," said Whitney in a You-tube video.

"There's definitely a different mood ... People came here together to support her {Whitney Kropp}," said 61 year-old John Young. (By Ann Zaniewski, September 29, 2012; Detroit Free Press: Bullied West Branch Teen Sparkles at Homecoming)

"We support her ... To us, you are homecoming queen," said 13 year-old Molly Mackey of Cadillac, Michigan. (ibid)

MARY JANE JARMAN: Jogging on New York's Hudson River Greenway with her 8 month-old son in his stroller, Mary Jane was suddenly confronted by a man wielding a broken beer bottle. Naturally, she ran for her life and her baby's. The assailant had somehow caught up to her then he tackled her to the ground. The ensuing fighting caused the baby stroller to be jolted, resulting in her baby's falling onto the pavement. He tried to pull her away from the trail, but couldn't because Mary Jane used whatever means she could to fight back, ferociously.

Mary Jane grabbed a bicycle pump that was in the stroller. She then struck the assailant on the head. He fled the scene, bloodied and sore.

"I was protecting [my baby] with my life," said Mary Jane Jarman. (By Kate Seamons, September 27, 2013 Newser: NYC Mom Fight off Park Attacker with Bike Pump)

The attacker had allegedly said "I'm really sorry, I'm sick," while trying to pull her of the trail. (ibid)

CHARITY: On January 12, 2014 in a park in Harris County 22 yearold Charity was seated park bench, minding her own business, and listening to music.

Suddenly, Charity was struck on the head from behind. Before she could realize what was happening, the assailant continued his attack punching her in the face and then forcefully dragging her by the ankles to a nearby brook. As expected, he got to work, ripping off her sweats and underwear. Then, he started to remove his pants.

Charity's military training aided her in fighting off the assailant. She kicked him repeatedly, hurting him, but nevertheless, he managed to take hold of her arm and rip her shirt. This guy was intent on raping Charity, at any cost. Thankfully, Charity was able to get free and run away. Worryingly, a week earlier a 23 year-old woman was raped. Law enforcement investigators are trying to figure out if it was the same man. If so, he may strike again. "I didn't want to be defeated. I don't want a man to think he can push me around," Said Charity. (By KHOU Staff, January 14, 2014 Woman Fights off Attacker in NW Harris County Park)

JESSICA CRADIC: A Hawkins County, Tennessee woman fought off a man who was attacking her disabled mother, Sandra Lane outside of a Dollar General Store.

The assailant casually approached her mother who has multiple sclerosis and cerebral palsy, smiled at her, and then struck her so hard the wind was knocked out of her. Seeing this, her daughter Jessica exited her car then started hitting the assailant in the back of the head. It was enough to cause him to run away; Jessica called 911.

"I started hitting him, I started hitting him in the back of the head to tell him to get off of my mom," said Jessica Cradic. (By WBIR Staff, December 10, 2013WBIR: Daughter Defends Mother from Attacker)

DOROTHY BAKER: On June 14, 2013 a Texas mother was adamant about protecting herself and her 2 year-old and 5 year-old sons when she was forced to fight off an alleged carjacker, 54 year-old Ismail Martinez.

When Baker and her kids returned from a CVS in Baytown and were back inside the mini-van Martinez soon made his presence known, after the van was moving. He had been hiding in the back seat.

Martinez, with knife in hand, allegedly threatened to harm Dorothy's children if she didn't do exactly what he said. He allegedly told Baker to stop at an ATM machine, wherein, she'd have to give him money. She refused, and Martinez became violent.

Baker fought back fiercely, and then deliberately drove her van into a pole hoping that Martinez would go through the windshield. Martinez was somehow able to exit the minivan and run away. But Baker was intent on preventing him from ever harming anyone else. She drove after him, running him over in the process.

Martinez was later airlifted to Memorial Hermann Hospital, with serious injuries.

Baker said Martinez "Popped up out of the backseat and said that if I didn't want my kids to get hurt, that I would do exactly what he said ... I took my fist and I hit him in the face, and I told him to get out of my car ... I didn't mean to run him over ... I was just trying to stop him so he didn't hurt anybody else." (By Rob Nelson and Alexis Shaw via Good Morning America, June 16, 2013; ABC News: Mother Protects Kids from Alleged Carjacker: 'I Told Him He Messed With the Wrong Witch') IN A MINORITY OF CASES (EXCLUDING WARTIME) PEOPLE IGNORE THE CRIES OF HELP OF THE RAPE VICTIM:

One such case involved Catherine 'Kitty' Genovese, at the time she was a resident of Kew Gardens section of Queens, New York; a nice middle class neighbourhood. The incident occurred on the morning of March 13, 1964.

28 year-old Kitty Genovese worked as a bar manager in a lounge on Jamaica Avenue just a few blocks away from her apartment.

Kitty left work arriving home at about 3:15 A.M. She parked her Fiat 30 yards from her apartment door. Upon exiting her car she noticed a man, later identified as Winston Moseley standing nearby. Something didn't seem right, so she tried run away but Moseley was faster than her.

In spite of repeatedly shouting for help and being stabbed and raped by Moseley not a single neighbour or resident in the area came to her rescue.

At one time, Moseley had been spooked by a shouting neighbour who told him to 'leave that girl alone'! What ensued was only a temporary interruption. Moseley was able to stab and rape Kitty Genovese 3 separate times. The ordeal lasted over 30 minutes. To add insult to injury Moseley took 49 dollars from Kitty's purse.

Possibly, up to 38 people heard the commotion. Later, many claimed they didn't know what was really going on. Sometimes people just don't want to get involved; diffusion of responsibility.

DO NOT HITCHHIKE:

In the fall of 1978, Mary Vincent a 15 year-old runaway was hitchhiking through California. She was able to hitch a ride off of Lawrence Singleton a drunkard-killer. Mary Vincent didn't think Singleton was dangerous because he looked like he was old enough to be her grandfather. She was wrong.

Singleton brutally raped Mary Vincent and then hacked off her forearms, leaving her for dead. She survived the ordeal, living armless since 1978.

Singleton only served 8 years for this monstrous crime. In 1994 he killed a Florida prostitute. He was sentenced to death in 1998, but died of cancer in December of 2001.

DANGERS OF HITCHHIKING:

-You may be accidentally or deliberately struck by an oncoming vehicle. -Upon entering the vehicle you may be exposed to reckless driving or a DUI motorist. -If you do get into the vehicle you cannot fall asleep. You must know exactly where you are relative to where you want to go. -You may end up in unfamiliar surroundings. -There may be one or more persons hiding in the vehicle; dark vans with tinted windows are an absolute no-no. -The motorist may be mentally deranged. -You may be groped, physically assaulted, verbally abused, robbed, kidnapped, raped, or killed. There's no telling how many hitchhikers are killed every year. They simply disappear. -Hitchhikers are convenient targets for travelling rapists and serial killers. -The vehicle is the property of the motorist. Chances are you don't know him or them. If you're harmed and are lucky to be tossed out of the vehicle, chances are the assailant/s will be long gone by the time the police arrive at the scene. -If there are no visible marks or bruises, it's your word against his or theirs. -Get your rides from people you know and trust. -Be safe and secure, play it smart, DO NOT HITCHHIKE.

-NECROPHILIA (sex with a dead person). Because of the difficulty of having a corpse at hand the act will likely occur in a morgue or cemetery setting, or following the murder of the targeted victim, usually at the hands of a serial killer/rapist. But even for the latter category, only a tiny minority are deranged enough to go this far.

On February 14, 2010, a 41 year-old mortuary assistant in the Eastern Cape province of South Africa was arrested for having sexual intercourse with at least 2 corpses. He'll have a very hard time denying the charges; he was caught with his pants down. A colleague had walked in on him while he was committing the rape.

After examining all the corpses in the hospital the police doctor concluded that 2 of the 3 corpses in the morgue had been sexually violated. The mortuary assistant is due to appear at the Mahatma Magistrate's Court to be charged with corpse violation. (By Earl Morningstar; THE MORNINGSTARR, February 15, 2010)

On October 29, 2011, a 28 year-old Pakistani man named Muhammad Riaz was arrested by the North Naziabad Police on suspicion of molesting nearly 50 corpses (later reports from other sources indicate 65 corpses) at the Paposh Nagar cemetery; therein he worked as a grounds man. The police had received an anonymous tip regarding Riaz's deviant behaviour. It's believed that Riaz had confessed to the police shortly following his arrest. (Earl Morningstarr; THE MORNINGSTARR, October 30, 2011)

In September 2012 a 27 year-old Swedish woman was arrested for 'violating the peace of the dead'. According to the prosecutor Kristina Ehrenborg-Staffas, the suspect used the bones of an entire skeleton in an 'unethical' manner. (By Cora Van Olson, November 21, 2012; Crime Library: Criminal Minds & Methods)

Following a thorough search through the suspect's apartment police found bones, 2 CDs entitled My Necrophilia and My First Experience which allegedly describe in detail in writing and with photos Ehrenborg-Staffas' sexual encounters with the bones.

Police also found human skulls, one of which was in the freezer, a spine, and written instructions on how to have sex with the dead, one access code to a morgue, numerous photos of morgues and chapels, and a 'creepy' knife collection. In addition, a drill and body bags were found in a secret compartment.

A preliminary psychiatric evaluation ordered by the court found the suspect to be legally same ... creepy, but same. If convicted she could spend 2 years behind bars.

COMATOSE RAPE: There are individuals who are deranged enough to rape a person whose in a coma. Virtually all acts are committed by a male unto a female. Impregnation of the victim is always a red flag.

68 year-old William Harpley Jr., of Wrens, Georgia was charged with raping his 69 year-old girlfriend, who suffers from multiple medical problems, while she was comatose at the Select Hospital in Augusta, Georgia.

A witness informed authorities that she entered the victim's room and saw Harpley on top of the victim, "and it appeared he {Harpley} was having sex with the victim", according to the report. (February 25, 2013; AugustaCrime.com: Man Rapes Comatose Girlfriend at Augusta Hospital)

Harpley was sent to jail and faced one felony count of rape.

In August of 1995 a 29 year-old comatose woman was raped by a man. She was impregnated. Six months later, her parents refused to terminate the abortion. At the time of the rape, she'd been in a coma for 10 years, caused by a car accident on the way to Ithaca, New York. She was driving her boyfriend to work. Her Dodge Sedan hit a patch of ice on a rural road. Police said that they had suspects ranging from employees, former employees, and visitors.

"She {the rape victim} was very caring if somebody was going through a difficult time, just sensitive to other people's needs," said Kathleen Virgo, a former classmate and now a pharmacist. (By Ben Dobbin, February 18, 1996; Associated Press: Rapist Impregnates Comatose Woman)

-STATUTORY RAPE: Sex with a minor. The act is illegal due to the age of the victim. Coercion need not be used. By law the victim is considered too young to give consent. Laws pertaining to minimum age of consent vary according to jurisdiction; more so if you compare North American laws to those of many Third World Countries. Statutory Rape is also known as sexual assault, carnal knowledge of a minor, and rape of a child.

In worst case scenarios the victim, whether he or she be a child or an adult may be severely punished or killed even if the rapist had clearly used violence against in the commission of the act, and the victim is clearly defenceless.

Aisha Ibrahim Duhulow was raped by 3 men. Following the rape her family went to the Shabab militia to report the crime. Unfortunately, Aisha was detained and accused of adultery. No one even tried to identify or apprehend the rapists. All the blame was unjustly cast upon Aisha.

Although initial reports indicated that Aisha was 23 yearsold, she was in fact, only 13 years- old, far too weak to fight or even fend off 3 grown men intent on raping her. Nevertheless for some distorted reason, she was blamed for being raped on not being able to fight off the attackers.

People in Kismayo, Somalia say that they live in constant fear of the Al Shabab, and rightly so. These men are horrible thugs and criminals. Somalia is a big mess, the so-called government is corrupt, and warlords want to rule their home turf with an iron fist.

Announcing the stoning to death of Aisha Ibrahim Duhulow with a loudspeaker from a Toyota pickup, an estimated crowd of 1000 people gathered at the local soccer stadium. A large hole was dug in the ground. Soon thereafter, a truck full of rocks arrived at the scene.

Aisha was forcefully dragged into the stadium. It was apparent to her what was going to happen. Her struggling and screaming was to no avail.

"What do you want from me?" She {Aisha} asked; then she shouted, "I'm not going, I'm not going! Don't kill me!" (By Daniel Howden, November 9, 2008; The Independent: 'Don't kill me' she screamed. Then they stoned her to death) Four men buried Aisha into the hole then filled the hole up to her neck. 50 men began to stone her. About 10 minutes later, 2 nurses were called in to see if Aisha was still alive. She was alive, and as such was promptly put back into the hole where the stoning resumed.

"She hadn't even reached the age of marriage," said Aisha's father. (ibid)

Fayhan Al-Ghamdi, a popular Saudi preacher who regularly appears on television, was accused of raping and torturing his 5 year-old daughter to death was released from custody after agreeing to pay the victim's mother blood money. He only spent a few months in jail. It was the judge's ruling.

As reported by Albawaba News, the judge said, "Blood money and the time the defendant had served in prison since Lama's death suffices as punishment."

Lama, his daughter, suffered horrible injuries including a crushed skull, broken back and ribs, a broken left arm, and much bruising and burns. According to social workers, Lama had been raped and burned at other times.

Fayhan Al-Ghamdi admitted to having used a cane and cables to attack his daughter, citing doubts about her virginity {even though he'd the only person who ever defiled her in that manner}. Although there was public anger at the judgement, the Saudi Authorities likely couldn't have cared less.

A 20 year-old woman said that she was gang-raped by order of a village council because she fell in love with a man from a different ethnic group.

A dozen suspects and the head of the accused council were arrested for the rape that occurred on Monday January 20, 2014.

The victim informed police that she lost count of how many men had raped her (understandably so). She was hospitalized and in serious condition, on Thursday, which was days after the attack.

The victim's lover visited her village in Subalpur, India on that Monday to formally propose to her. Villagers tied the woman and her lover to a tree. Meanwhile, the village council decided on their judgement.

The village council ruled that each of the 2 parties had to pay 25,000 rupees (\$400). The man's family was able to pay the 'fine' the woman's family was too poor to do so. According to the police, the inability of her family to pay the fine resulted in the village council's ordering of the gang-rape. (The Associated Press, January 23, 2014)

Subsequent to a federal lawsuit filed by a former prison clerk the Pennsylvania Attorney General's Office blamed a former prison clerk for her own rape. At the time of the rape, committed in 2013 a 24 year-old typist was working at the state prison at Rock view in Bellefonte, Pennsylvania.

Omar Best, the rapist, choked the victim until she was unconscious, and proceeded to rape her for more than 25 minutes. Best had at least 3 prior sex-related crimes on his record. He was transferred from another prison because he had assaulted a female assistant.

According to the lawsuit, in spite of Best's previous record, he was still allowed to have unsupervised access to the offices of female employees.

The lawsuit further states, "There were no locked doors between the offices and cell blocks, including Block C where {the rape victim worked, except for the copy room."

"Its victim shaming at its worst," victim's lawyer told CNN. (By Sara Ganim, September 25, 2014; CNN: Pennsylvania Woman Blamed for Her Own Rape in State Response to Lawsuit)

On a positive note, Best is serving a life sentence for the rape.

-DEEP-ROOTED PROBLEMS IN THE PORN INDUSTRY:

By far most of the victims in the porn industry are females, but males, especially in homosexual porn can be raped too.

One of the most powerful forces in this world that sexualizes women is pornography. Even so-called filtered email accounts will likely receive unwarranted porn advertisements, often used through 'trick' or 'underhanded' fashion. Written on the subject line may be unrelated words, in order to entice the target to open the page. Subject lines may also contain direct graphic words. If a person inadvertently opens the page, even the 'Click Here to Unsubscribe' link is often a trick. It'll get you onto a porn page or site. Furthermore, the person may be placed on a list of recipients for other sites.

Straight porn usually objectifies and dehumanizes women. One woman can be with one man, or 2 or a group of men. For people who want rough stuff, it's called rough sex, easy to type in any search engine; other words can be used for other porn types.

The richer more successful female porn stars enjoy making big salaries many think that they're real celebrities, on equal footing with Hollywood Stars.

Deep down inside at least some of the 'big porn stars' know very well that they've given up their dignity and self-respect. Their precious bodies have been violated and anyone who sees their movies, shows, or photos can see them in the nude. Strippers are in a similar boat. But if they perform sex it's in private.

Pornography, unless it's non-heterosexual is the sexual graphic imagery of men and women, but it is the man who ejaculates. Only in the dominatrix-type porn women dominate men or other women. As always, a significant majority of viewers are males.

In this industry there's more pressure on women to be lean and beautiful than on males. That's not to say that all female porn stars are beautiful. Specialty porn can contain obese or chunky women. But still, a man can be visibly overweight and not very good looking.

In the recent past hardcore porn was almost exclusively found in adult bookstores, adult movie theatres, or mail order. There was once a time when Playboy and Penthouse were the major porn magazines viewed.

Today, the internet has caused a major explosion in porn production. Hard-core, kinky, bisexual, tri-sexual (will try anything), beast-porn, fetish, child, violent and even macabretype porn can be viewed in picture or in movie form.

Laws relating to porn are often not enforced; porn site operators may be located in countries with lax or hardly any enforcement practices. The exception is child porn; viewers are almost always weary of the law. Big child porn busts are good for the whole world. Some viewers may opt to quit out of sheer fear.

Linda Susan Boreman (1949-2002) who was widely known by her porn name 'Linda Lovelace' was an American porn actress whose biggest hit movie was Deep Throat (1972, the title is self explanatory). The movie was enormously successful, and for years people didn't know the true story behind its making.

In later years, Lovelace became a staunch anti-porn advocate denouncing her own porn career. For a period of time she was a spokesperson for the anti-porn movement.

Lovelace claimed to have been forced into the porn industry by her abusive first husband, Chuck Traynor who was her pimp and manager.

The U.S. Attorney General's Commission on Pornography (Meese Report-1986) and the Surgeon General's workshop on Pornography and Public Health came to the conclusion that pornography is harmful.

According to the Meese Report organized crime is heavily involved {and still is} in pornography. The commission relied on state, federal, and local law enforcement authorities in obtaining their intelligence. A retired veteran FBI agent made it clear that {a significant portion} of the distribution of pornography needed {an okay} from organized crime.

Pornography is good for organized crime. There's much money in it and it's acquired rapidly. Organized crime often targets major distributors of porn. Even small-time adult bookstores can be targeted. Their reach extends to the far reaches of the globe.

Organized crime within the porn industry can be quite dangerous. Destruction of property, intimidation, harassment, extortion, racketeering, assault, and even murder are powerful weapons.

The upper echelons in the porn industry live in Hollywoodstyle mansions. As a general rule, females are paid considerably more than their male counterparts. Overall though, female porn actresses have serious problems to deal with:

-BROOK ASHLEY Former Porn Actress: On March 29, 1998 tested HIV positive. Before her last movie she was given lines of cocaine and some champagne. The movie was entitled World's Biggest Anal Gang Bang. Ashley was penetrated by many men; she was crying and pleading (with her tormentors) to stop because it hurt her so much. To add insult to injury, the \$15,000 check she was given for her work bounced.

-MARY CAREY Porn Actress: Says that she and another porn actress named Tawny have Xanax prescriptions. Medication is needed for her to sleep, "because we're both crazy ... I can't sleep unless I take medication." (Pink Cross: Porn Stars Speak Out: STD's, Drugs, and Abuse)

-JENNA PRESLEY Porn Actress: According to Presley 90 percent of the people in the {porn} industry use drugs or alcohol but maybe 70 percent have a problem. (ibid)

-ERIN MOORE Porn Actress: "There are always drugs and we would binge on ecstasy, cocaine, marijuana, valium, vicodin, and alcohol. Thank GOD I am even still here!" (ibid)

-BELLADONNA Porn Star: "99.9 percent of the porn industry has herpes. I have had herpes for five years." "But when the director finally got the pair to settle down to the business at hand - filming a sex scene - the tone changed. Without any prompting, Vidal got rough during the sex, slapping Michelle's (Belladonna's) face violently from side to side, and choking her ... I wasn't ready for anal sex ... It was painful. But I can hide it really well." (April 10, 2006; Archive of the Biting Beaver: Porn Week: Sex Industry Workers, the First in a Tier of Victims)

Michelle (Belladonna) continued doing porn movies. A few months later the director of a movie convinced her to have sex with 12 men.

Later, Belladonna contracted herpes. She has since retired from the porn industry.

"This is really a big decision for me and it hurts me in some ways, but the way I look at... it's time to let me body relax. I just don't want to risk getting Herpes all over my body, or in my eyes." (By Tracie Egan Morrisey, August 29, 2007; Jezebel: Porn Star Belladonna Gets the Herp, Retires)

FARRAH ABRAHAM Reality TV Personality Turned Porn Star: "I was drugged and raped more than once {in strip clubs and porn conventions}... I allowed the [wrong] type of people into my life. It was a very dark time for me." (In Touch Weekly)

TIANA LYNN: "I tried porn a year-and-a-half ago for three weeks. They [my agent DK] booked me for everything I didn't want to do. I was in the hospital three times. {I am} Allergic to lube and {was} being pounded too hard. My cervix closed up. My ass got torn up." (Shelley Lubben Official Website: Porn Star Confessions)

EMILY EVE: "I shot scenes where I had to pretend to be dead and let someone rape my dead body. I came home bruised and sometimes a little bloody from the rough scenes. I shot deep throat scenes where they slapped me and spit on me and called me horrible things. I threw up, and had to keep shooting. I couldn't breathe because of the vomit in my nose and the genitals in my mouth." (ibid)

GAIL DINES Famed Anti-Pornography Campaigner: "We are now bringing up a generation of boys on cruel, violent porn ... and given what we know about how images affect people, this is going to have a profound influence on their sexuality, behaviour and attitudes towards women." (By Julie Bindle, July 2, 2010; The Guardian: The Truth About the Porn Industry)

"I have found that the earlier men use porn," says Dines, the more likely they are to have trouble developing close, intimate relationships with real women. Some of these men prefer porn to sex with an actual human being. They are bewildered, even angry, when real women don't want or enjoy porn sex." (ibid)

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"The sex industry destroys so many of the women in it; they are sacrificed with no thought, to the altar of the penis. Story after story comes out, and in each and every one of them we hear similar themes." (Archive of the Biting Beaver, April 10, 2006; Porn Week: Sex Industry Workers, the First in a Tier of Victims)

A typical Story: "They began to film with several guys... Then came all the disgusting things; they would just put anything up me, stalks of celery...then it started with the coke bottles. It became a big deal, how I could get bigger bottles up me than anyone that had worked for them ..." (ibid)

Many women in the porn industry are suffering, smiling for the cameras but hating it all along. The fake smile is a big lie and deception of the porn industry:

-HIV, AIDS and other STDs are potential threats to all porn stars. The porn industry suffered its first major recorded outbreak in the 1980s.

-An AIDS scare occurred in 2004 following HIV positive results for two heterosexual porn stars. The heterosexual porn industry in California was closed down for 30 days.

-The Adult Industry Medical Healthcare Foundation performs many of the STD tests on porn stars. Regardless of the stats, the numbers are higher as many porn stars are low-grade unknowns, others may get out of the business and keep a low profile. HIV and AIDs are not the only STDs, gonorrhoea, syphilis, herpes, Chlamydia and crabs are all too common.

-Sex acts are often painful and dehumanizing. -Men and women are sweaty from many or previous takes and they're stinky too. -Participants may be unattractive or outright repulsive. -Faking it is part of the job; smiling and 'loving it' and wanting more of it. -Being touched by many men (often strangers) who are only doing their job, getting their kicks and don't give a damn about their object of desire. -It is common for female porn stars that perform fellatio to puke between and/or after scenes. -Smoking, alcohol and drugs are used as a temporary escape. -New and additional demands may be made upon the star upon arrival to the studio; do it or leave and you don't get paid; payment is sometimes not made anyway. -Condom use is the exception not the rule; viewers prefer it that way.

Trauma can occur from rough sex and sex with multiple men in a short period of time. Some men are 'very large'; they can cause serious damage to a woman's vagina or rectum.
Unwelcome rough, painful sex can occur.
Having a normal marriage or relationship is usually quite difficult.
Eating disorders, over-exercising, a demand to look slim and beautiful.
Acquiring or maintaining medical insurance coverage can be a problem. Life insurance for someone who performs high risk work can be a difficult to acquire too.
Some porn stars commit suicide.

The San Fernando Valley is the capital of America's porn industry.

The lowest of the low is 'snuff films' that depict a character/s killed during an act. Lowest down in this category are underground movies, 'real snuff films' depict a real person that's really killed during the ejaculation phase. BDSM movies almost always depict the woman as the victim. Porn involving a human and an animal is called Bestiality Porn.

Unfortunately, children can easily access porn sites. Any person who knows how to go online can do so, often-times terrible consequences.

The internet is a powerful, long-range tool for pedophiles and sexual predators to form groups and organizations and to communicate with children through chat rooms, tweets, wherein perverts can give each other advice, and in some cases contact with children can be made. An adult who views child porn is a potential hazard to children.

Porn addiction is real, and it follows the same path as drugs or alcohol. The porn addict spends too much time and energy getting his/her fix. Other necessary activities including work, time with family, study, or social activities may be noticeably diminished. The number of women addicted to porn is rising. In the past, hardly a woman could be seen inside an adult bookstore. Today, you don't need to go anywhere to view porn.

Relationships can be damaged, as one spouse seeks sexual activities like those viewed online, which is all acting, and quite exaggerated. Unrealistic, harmful, or demeaning expectations from one partner to another may occur (ex. Threesomes, Group Sex, etc.)

Masturbation following the viewing of porn can become a habit, creating another addiction. Preference towards porn rather than real sex may result. Like other addicts, with the passage of time a stronger, more powerful fix is needed, thereby opening the door for extremely deviant, bizarre, or unlawful porn. In relationships if one partner is addicted to porn and the other has a very strong dislike for it, expect marital problems to ensue. It the porn viewing is discovered by chance, there's no telling how the other partner will react.

BASIC SIGNS OF PORN ADDICTION:

-Progressive and extended use of porn in the face of adverse consequences. -Intending to quick, but simply can't. -Wasting too much time searching for the best porn site images, images, or scenes. -Thinking about porn much of the time, even when you're not viewing it. -Denying that a problem exists, lashing out if someone tells you otherwise. -Sexual hook-ups, joining porn chat-rooms, web cams, forums. -Compulsively sexualizing the gender you are attracted to. -Porn addicts who understand they have a problem are often too ashamed to seek help. -The addict begins to prefer porn over real sex. -Unusual expectations for sex. In the real world people don't behave like they do in porn movies.

An online sexual imagery study of 177 students conducted by the University of East London found that 20 percent of boys aged 16 to 20 "were dependent on porn as a stimulant for real sex." (Radhikha Sanghani, September 30, 2013; the Telegraph UK: Teenage Boys Addicted to 'Extreme Porn' and Want Help)

Of the surveyed boys 23 percent attempted to stop viewing porn but couldn't. Worse yet, 13 percent of the surveyed boys stated that the porn they were viewing was becoming more extreme (they needed a stronger fix). Most of the surveyed students who had a problem with porn claimed that it adversely affected their relationships with others, deferred partners, and their social lives had shrunk.

"About a quarter of young boys have tried to stop using it and can't, which means there's definitely problematic porn use within this group ... It's because there's more and more exposure of porn and it's excessive; it's everywhere ... It is also damaging to their self esteem, because they don't look like that, and they then expect girls to look and act like porn stars ... They feel inadequate, and most said they felt confused and angry because they couldn't stop," said Dr. Amanda Roberts, a Psychology Professor at the University of East London, and creator of the study. (ibid) "Adolescents are particularly vulnerable to developing addictions and that's because of how their brains are developing," said Professor Matt Field, Adolescent Addiction Psychologist at the University of Liverpool. (ibid)

BESTIALITY: A sexual act between a human and an animal. Although penetration is not necessary, the behaviour and the intent are of a sexual nature.

ZOOPHILIA: A human who is sexually aroused by an animal or animals.

Alexander Kirilov, 44, was drunk, with his friends, and in the mood for some playful sex. Well, there was a raccoon roaming around nearby, so he tried to rape it but had his penis pulverized instead.

"When I saw the raccoon I thought I'd have some fun, said Kirilov." (February 9, 2009, Leon Watson; the Sun: Toothy Raccoon Bit off Manhood)

Russian surgeons told Kirilov they could recover the function of what remained of his penis, but what was bitten off couldn't be re-attached.

A Kumasi, Ghana Circuit Court sentenced Kwaku Amable, a 36 year-old married carpenter with 2 children, to 3 years of imprisonment for having sexual intercourse with 7 sheep. Unfortunately, several of the sheep had died from the unnatural trauma. The final act occurred at around midnight on March 25, 2011. The complainant, who is the owner of the sheep and of the property, discovered Amable hiding behind the pen with his penis dangling. (TalkAfrique: A Married Ghana Man Sentenced to Jail for Having Sex with Sheep, March 31, 2011)

Paula Mangan, 42, a British grandmother with 2 daughters and one grandchild, who was photographed having sex with her Rottweiler-chow cross dog was convicted of Bestiality. The photograph was taken by Lee McCall her 41 year-old boyfriend.

Police discovered a CD containing 33 repulsive images during a raid on the suspect's home in Huyton, due to suspicions that McCall was an arson and voyeur. In addition police discovered 61 lewd pictures of children.

Mandan confessed to having sex with her dog at Liverpool Crown Court. Judge Robert Warnock commanded a 2-year community order with supervision. But according to a neighbour, Mangan and McCall still own the dog.

"I am satisfied you now realize this sort of behaviour is wholly and totally unacceptable," said Judged Robert Warnock. (Metrowebukmetro, February 16, 2011; METRO NEWS: Granny caught having sex with pet Rottweiler spared jail) 43 year-old Texas resident day labourer Cirili Castillo has very strong feelings for Nadia, a horse. Sheriff's deputies arrested Castillo for having sex with the Nadia a second time. But police believe Castillo has had sex with Nadia multiple times.

A security camera had been installed in the corral, resulting from Castillo's previous endeavours therein.

Speaking to the Chronicle, Sheriff Lupe Trevino said, "We have a hell of a surveillance tape ... it is not going to go to, 'America's Funniest Videos' ... Maybe we can get him some help. Whatever we can do, we are going to try and do ... the guy is practically harmless, except for the horse ... I can't just ignore this and allow it to keep happening." (By Eric Owens, July 5, 2013; THE DAILY CALLER: After Having Sex with the Same Horse Again, Man Pleads Guilty)

In an opposing direction, an Indonesian maid was raped by an orang-utan. Thankfully, this is quite a rare occurrence. In the wild, primates, including orang-utans are usually shy or fearful of humans. The danger occurs when they live amongst humans, wherein, they discover how incredibly strong they are relative to us weaklings. They can scent a woman who's having her menstrual cycle.

-LESBIAN RAPE: Lesbian couples aren't immune from rape and violence. The statistics pertaining to violence in domestic settings is 25 to 35 percent; it's the same for lesbian couples. Lesbian domestic violence cuts across all racial, economic and social strata.

Like their heterosexual counterparts in relationships, one lesbian partner is usually the dominant one the other is passive. This ensures a relationship where one of the partners is emotionally and oftentimes economically more powerful than her partner. But with lesbian couples, physical strength and size doesn't guarantee safety. Many lesbian abusers are physically smaller and weaker than their partners. Power is a trust, regardless of whether we're referring to relationship, work or other situation.

In abusive lesbian relationships one partner tries to gain or maintain control of the other partner through abuse and/or intimidation; physical, emotional and/or sexual. Economic coercion, and ownership or the deed of the property, are also powerful tool of control. The abuse cycle follows this path, escalation or tension building, abuse and then resolution or the, I love you stage. Violence in lesbian relationships is a serious issue in the lesbian community. Women are able to strike and harm other women; they can get really nasty with each other. Have you ever seen two women fighting? No wonder it's called a cat fight.

Some lesbian relationships include 2 violent, aggressive persons, nevertheless, one partner is usually has a slight upper hand. The victim's body doesn't know the difference between a male or a female abuser, only the amount of pain and damage inflicted.

A woman who hasn't 'come out' may be apprehensive about calling the police. Keeping her relationship a secret may be more important to her than calling the police. The fear of being ridiculed or fully exposed may be enough to keep the victim quiet, often-times the offending partner knows this. Furthermore, social services are almost always geared towards helping female victims of rape, with the assumption that the offender is a male.

Some women get into lesbian relationships believing that it's safer to be with another woman than it is to be with a man. In this case scenario the victim is caught off guard.

Abusers in lesbian relationships have learned to be aggressive in dealing with frustrations. Victims may have learned to seek out aggressive woman as partners. The level of harm done to a victim can be equal to the harm done in a heterosexual relationship.

A LESBIAN CAN RAPE HER PARTNER:

-She can pin her down, or restrain her and then force her partner to do what she orders her to do. -She can use a dildo or other 'surrogate penis' to punish or violate her partner. -She can force her partner to touch her wherever she wants to be touched. -She can touch her partner wherever she wants to. -She can force her partner to perform oral sex. -She can perform oral sex on her partner by force. -She can force her partner to perform unnatural and degrading sexual acts. -She can talk dirty and say horrible things to her partner during the act. -She can threaten her partner if she doesn't obey her every command.

In cases of heterosexual domestic violence the police have the option of arresting or ordering the abusive partner to leave

the domicile. In lesbian domestic violence cases things aren't as clear cut unless there are visible signs of injury.

The police are often not trained to intercede in lesbian couple violence, especially rape. Furthermore, the policewoman at the scene of the incident will almost certainly be straight. If not, she'll probably keep her mouth shut, in fear of her own career.

GAY RAPE:

Rape Victims who are men, whether they're straight, gay, bisexual, or of any other affiliation, are often reluctant to admit to anyone that they'd been raped. It's a problem, for the most part has been swept under the rug. Aside from the known brutality of prison rape, we don't hear much about men being raped, whether by another man, a group of men, or a woman.

Rape in the gay community is not a topic that is spoken about very much. Even though members of the gay community know that it happens, all too often. In fact, gay men are raped for similar reasons that women are raped, and often-times the modus operandi of the perpetrator is quite similar.

Homosexual males can be drugged and raped, beaten and raped or gang-raped. Like their straight counterparts, they can be raped by strangers, casual friends, or intimate ones. Gay rapes can occur in bars, bath-houses, parties, inside a vehicle, outdoors, in a domicile, or during incarceration. Prison rape is discussed later in the book.

Following a rape, STDs, physical, and emotional turmoil can last a lifetime. A man that is raped in spite of his orientation likely will not have the same level of readied access to sufficient counselling services that a female rape victim does. Society expects a man to hold his ground, and that includes not getting raped. If he does, much of mainstream society cannot or refuses to except or understand it.

"In America, 2.78 million men have been victims of sexual assault or rape, according to the Rape, Abuse & Incest National Network (RAINN). That's 1 in every 33 men (Gay and Straight). In 2003, when date rape drugs began to gain production, 1 in every 10 rape victims {was a} male. It's clear that this has become an incredible issue, and with hook up apps on the rise, it may very well be happening under our noses." (By David Artavia, August 16, 2013; GayGuys.com: Date Rape in the Gay Community, Swept Under the Rug)

What follows is a true story about a gay man who was raped. He has hidden his true identity opting to use the name Anonymous. The incident occurred in the Hillcrest region of San Diego, California. Anonymous suddenly awakened foggy-eyed and disoriented following a night of partying. Having had just one previous hangover in his entire life, he knew quite well that what he felt was not a hangover on the contrary it was much sharper and painful. Anonymous was in the nude. Yet he never slept in the nude.

Anonymous was feeling an incredible, almost unbearable pain in his rectum; a dead giveaway for a rape victim. More so, he didn't bottom (the person who is mounted). There was a memory loss of close to 11 hours. Then, the choppy flashbacks began. Anonymous suspected the worst; he had been drugged and raped. Thereafter, he did what many other men wouldn't dream of doing he went to the emergency room.

Anonymous kept asking himself "how could someone do this?" (Anonymous, June 6, 2013; San Diego Gay & Lesbian News: Gay Man's Horrific Story. "I Was Drugged and Raped")

Anonymous divulged what'd happened to him to people he trusted. Eerily He had been told "That happened to me;" "That happened to my friend;" When I used to work at {so-and-so-place} we used to hear about that happening all the time." (ibid)

On a positive side, Anonymous is improving as each day passes. Friends, family, the local police department, counsellors and backers have been helpful. But till this day, Anonymous has no clue as to who the perpetrator/s were. I suspect that he was gang-raped. The extreme pain in his rectum compounded by his being naked, sounds like a group of men worked together to commit the perfect date rape. One man could've done the job, but it would've been quite a chore, indeed.

RAPE WITHIN THE LARGER CONTEXT OF RACISM (AFRICAN AMERICANS):

Although it is impossible to know exactly how many sexrelated acts including rape, sexual assault, sexual harassment, groping, prolonged evil stares, sexual torture of African slaves occurred in slave-era America the number most certainly runs into the millions. A master could violate the slave/s in his care over-and-over again without having to worry about the law or society at large.

Beginning in 1619, an African slave ship arrived in Jamestown, Virginia. By the mid-1600s real slavery and the shipping of African slaves began to be indoctrinated into law and the social fabric of white society, fully maturing by the mid-1700s. The first shipment of 'free workers' were indentured servants, both white and African. But the Africans never had the same rights as those of their white counterparts. With a bloodthirsty need for massive free labour, African slavery appeared to be the wisest choice for the white entrepreneurs and society. Africans helped to build America and they got nothing but slavery and sustained racism for it.

Slave owners were granted the legal right to do anything to their 'property' (slaves) and their children, without any legal recourse. Slaves were not even considered persons; more like animals or sometimes more despised. The system literally guaranteed the infliction of horrendous physical, mental, and sexual abuse of any and all kinds imaginable.

A sadist, rapist, or child molester need only purchase the slave of his choice, be it a man, woman, or child, or a combination thereof. Many African slave families were broken up. A husband could never guarantee that his wife wouldn't be raped or impregnated by the slave master or another white person on the property given the right to do so by the master.

Beatings, severe floggings, torture and cruelty, brutality, emotional abuse, and rape were looming dangers. Death did occur, however, the masters didn't want this to happen because the slave was property, worth his or her workload. Individual members of slave families could be sold off and transferred to far off places.

Colonial laws pertaining to statutory rape did not include Africans and Natives Americans. Africans and Native Americans, including their offspring were forbidden by law from defending themselves against any kind of abuse by a white person. A slave who dared to do so was subject to extreme cruelty and brutality, in whichever form it took, initiated by the master, mistress, and/or white family members or workers on the property.

Love liaisons between Whites and Africans, or Natives, were technically illegal. African females who violated 'this law' could expect to receive the most brutal punishment/s. Non-white females, regardless of their age, were believed to be seducers of white men. Because there were no modern day methods of birth control many biracial babies were born.

By law and societal standards these biracial (or mulatto) babies were defined as being black slaves (Barak Obama is considered black by American society; hardly anyone makes mention of his mother being white).

"As masters applied their stamp to the domestic life of the slave quarter, slaves struggled to maintain the integrity of their families. Slaveholders had no legal obligation to respect the sanctity of the slave's marriage bed, and slave womenmarried or single - had no formal protection against their owners' sexual advances. ... Without legal protection and subject to the master's whim, the slave family was always at risk."(Slavery in the United States - Treatment & Rapes of Females; Found on UKessays: Rape in American Slavery System during the Antebellum History Essay) Even today, African American women are still forced to face a violent society, from within and outside of their communities. According to a developing study conducted by Black Women's Blueprint 60 percent of black girls have experienced abuse before reaching 18 years of age. The study was based on the testimonies of more than 300 women across the U.S.

In 2005 a comparable study conducted by The Black Women's Health Imperative the rate of sexual assault was 40 percent.

The U.S. Department of Justice estimates that for every rape reported by a white woman, at least 5 other women do not report the incident, and for every African American woman who is raped at least 15 do not report the incident.

The African American community has a long history of not trusting law enforcement and in many cases this is expected. A long history of brutality, control, racism, and countless waivers of due process are constant reminders to African Americans of their daily plight.

"This country has a virulent history of racist violence perpetuated against Black Women, yet we have tried to protect Black men from racism. Like Black men, Black women have been horribly impacted by white supremacy. Yet, there is often not the same outcry in our communities when a Black woman is raped," said Activist and Filmmaker Aisha Shahidah Simmons. (Brooke Axtell, Contributor, April 25, 2012; Forbes: Black Women, Sexual Assault, and the Art of Resistance)

FORDED MARRIAGES ARE A FORM OF RAPE. UNLESS BOTH PARTIES INVOLVED EVENTUALLY FALL IN LOVE WITH EACH OTHER AND NEITHER FEELS VIOLATED. IN ADDITION, BOTH PARTIES SHOULD BE MATURE ENOUGH TO UNDERSTAND WHAT THE CONCEPT OF MARRIAGE IS:

Forced marriage is a sad phenomenon in Africa particularly in sub-Saharan Africa, the Middle East, and Asia. Many young women and sometimes pre-teens are forced to marry men who may be decades older. The girl or young woman's opinion or permission isn't sought after.

Afghan child bride Sahar Gul was forced into marriage at age 12. Her husband was markedly older than her. Unfortunately, her husband and his family were brutal and sadistic to her.

In 2012, police were able to rescue Sahar from a filthy, windowless cellar, lying in hay and animal dung, wherein she was imprisoned and starved. Her nails had been yanked out, and she had cigarette burns on her body. Not surprisingly, she almost died of the ordeal. Sahar had been tortured because she refused to have sexual intercourse with the older man whom she had been forced to marry. Sahar's father in-law, mother in-law, and sister in-law were each given a 10 year prison sentence for attempted murder. Her husband disappeared therefore he was never apprehended by the police.

Thankfully, Sahar has made a full physical recovery. Her mental wounds are another matter altogether. Hopefully, her mental state will sharply improve.

Unfortunately, just 18 months later, an Afghan Supreme Court Judge ordered the release of her father in-law, mother inlaw, and sister in-law.

Kimberly Motley, Sahar's American lawyer said that they were completely shocked by the order. Worse yet, they were never informed that it had been in the making.

"I was so upset to hear the news. They told me they would kill me if they ever got out ... I am really afraid they'll come after me now," said Sahar. (BBC News Asia: Sahar Gul: The Fears of a Tortured Afghan Child Bride, July 15, 2013)

"She's only a child. This shouldn't have happened to her or anybody ... There is no reason for the perpetrators to have been released. So we are appealing against it," said Kimberly Motley. (ibid)

{Presently} "We have two women in {a} hospital who are recovering after their husbands slashed their throats ... And there is another case of a woman whose relatives cut off her ears and nose," says Manizha Nadiri, executive director of Women for Afghan Women. (ibid)

I would strongly recommend that Kimberly Motley work on helping Sahar to leave Afghanistan. This young victim should be allowed to enter and live in a safe country. It is safe to assume that if her in-laws do attack her again they will opt to kill her. Afghan females have a very long and difficult task ahead.

In November of 2014, a Moroccan teenage girl named Khaoula who was forced to marry her rapist, was attacked and maimed with a razor by her now rapist-husband.

Al-Aoula television quoted a physician at Ibn Tofail Hospital in Marrakesh where Khaoula was treated, {Khaoula} had been "struck in the face 50 times and had wounds on her hands and arms."

The incident apparently occurred because Khaoula had filed a divorce document one year after she was forced to marry her rapist-husband.

According to several Moroccan media sources, Khaoula's husband said, "I swear that nobody will marry you after me."

The alleged incident came just a few months after the Moroccan Government removed a law that allowed rapists to marry their victims to avoid being imprisoned. Mapendo Simbey, the father of an 11 year-old Malawi girl named Mwaka sold her off into marrying a man 30 years her senior, to pay a bill. Mwaka's first duty was to be a servant to her new husband's first wife. Her parents never asked for her opinion regarding the marriage.

Mwaka was one of the luckier ones. She fled her husband's home and was miraculously taken back by her parents six months later.

Rawan, an 8 year-old child bride from a forced marriage died of internal bleeding on her wedding night. Her 'husband' was believed to be roughly 40 years-old.

The marriage and death of Rawan occurred in a tribal region of Hardh, located near the Saudi border. Expectedly, Yemeni activists are calling for the arrest of the groom and Rawan's family (for forcing this marriage upon the child, and for what ensued).

Activists and supporters believe that arrests will help to curb future forced child marriages in Yemen. Forced child and young womens' marriages are common in Yemen. One of the issues relating to this practice is the widespread poverty in the country. The groom or his family may offer the potential bride's family a hefty bride price; even a few hundred dollars is a lot of money in the poverty-stricken areas of Yemen.

"The man {the groom} is an animal who deserved to be punished severely for his crime ... all those who supported such a crime should also be punished," Posted by an anonymous Blogger.

"Rawan's family members are not humans. They do not deserve to have children," Posted by Omar, A Blogger.

"Her family and her groom could have waited for some time before having this marriage," Posted by Sad, a Blogger. (By Matt Blake, October 23, 2013; Daily Mail: Yemeni Child Bride, Eight, Dies of Internal Injuries on First Night of Forced Marriage to Groom Five Times Her Age)

In August of 2013, a 6 year-old Indian girl living in the village of Keshavpura, located in the Kota district of Rajasthan, India was locked in a room by a 40 year-old man and then raped.

Her parents chose not to go to the police, instead they complained to council elders. Shockingly, the elders told the victim's parents that she must marry the 8 year-old son of the rapist. Worse yet, it is believed that the rapist attacked the young victim a second time. Child marriages in Rajasthan occur regularly.

"He locked her in a room and raped her. Instead of registering a police complaint, elders belonging to the girl's caste called a Panchayat (Village Council) meeting," said a police spokesman. (Sophie Jane Evans, September 5, 2013; Daily Mail: Indian Rape Victim, Six, is Forced to Marry Eight Year-old Son of the 'Man who Attacked her)

A 15 year-old Saudi girl who was forced to marry an 86 year-old man has been granted a divorce, partly due to The Saudi Human Rights Commission (SHRC) bringing the case to light.

Bandar Al-Ayban, the head of the SHRC said that their organization raised the case "after learning of the marriage of a minor girl to an 86 year-old man in Jizan ... the SHRC provided legal assistance to the girl so she could get a divorce."

As reported by the Al-Hayat Daily, the bride locked herself inside the bedroom before escaping from her husband's home, returning to her parents.

Saudi Arabia does not have any laws against child marriage, clerics and religious judges justify this practice based on Saudi tradition and their own interpretation of Islam.

In 2010, a 14 year-old girl who was born in Birmingham, England was forced at gunpoint by her father, to marry a man in Pakistan who was 24 years-old. The bride returned to England following her pregnancy.

Regarding this case, Mr. Justice Holman said, "The girl has given an account of the circumstances surrounding that marriage which are, frankly, harrowing ... The marriage was consummated about two weeks later after further threats to her if she did not permit her husband, who was then aged about 24, to have sexual intercourse with her. As a result, while still aged 14, she became pregnant." (By Hannah Osborne, November 6, 2013; INTERNATIONAL BUSINESS TIMES: Birmingham Girl, 14, Forced to Marry Man at Gunpoint in Pakistan)

In April of 2014 the outlawed terrorist group Boko Haram kidnapped more than 275 innocent girls from Chibok School, in Borno State in North-eastern Nigeria. A small number of girls were able to escape, the remaining are in the hands of extremely violent persons.

Within a short period of time it became apparent to Boko Haram, the people of Nigeria, and the rest of the world that the Nigerian authorities were either unwilling to or were incapable of taking major steps to bring back the kidnapped girls, with the exception of a 300 thousand dollar reward offered by the Borno State governor for information that would lead to the girls' manumission. Government corruption in Nigeria is commonplace.

"It's alarming that more than a week after these girls were abducted, there are not any concrete steps to get them back," said Mausi Segun, of Human Rights Watch's Nigeria researcher. (Larisa Epatko, April 22, 2014; PBS Newshour World: Why Does Boko Haram Kidnap Girls in Nigeria?)

Girls who were able to escape describe a horrible, painful captivity including rape, forced marriage and labour and forced religious conversions, physical torture and mental abuse.

In the past females had been kidnapped and held in Boko Haram camps. But this particular school kidnapping is the grandest in scale. The men are battle-hardened criminals ruled by a violent, megalomaniacal psychopath. Therefore, mercy upon any of their female captives is not something to be expected, on the contrary, terror and brutality is.

The following is a quote based on 30 interviews with girls and women that were abducted by Boko Haram between April 2013 and April 2014: "They and many others they saw in the camps were subjected to physical and psychological abuse; forced labour; forced participation in military operations, including carrying ammunition or luring men into ambush; forced marriage to the captors; and sexual abuse, including rape ... In addition, they were made to cook, clean and perform other household chores. Others served as porters, carrying the loot stolen by the insurgents from villages and towns they had attacked." (Human Rights Watch Report: Those Terrible Weeks in Their Camp: Boko Haram Violence against Women and Girls in North-east Nigeria)

PROBLEMS RELATED TO FORCED CHILD MARRIAGES:

-Obliteration of her childhood. -Destruction of her education. -The child must grow up really fast. -Bleeding, losing one's virginity and not understanding what's happening. -Crying and pleading to no avail. -Initially, some kind of force and/or intimidation is usually used. -The child bride may end up serving the first wife (if applicable) who's older than her, or becoming a servant to the family of her new husband. -A feeling of being betrayed by her own family. -STDs (HIV is prevalent in sub-Saharan Africa). -Painful, dangerous pregnancies. -Serious or permanent vaginal injuries as a result of being penetrated or raped at such an early age. -Being tossed out of the house at a later date. Virginity is a prize, when she loses it and has been broken in a replacement may be sought after.

-Most men in these same cultures will only marry a virgin. It's usually no consolation that she broke her virginity in marriage, or was raped. The former child bride may spend the remainder of her life single and celibate. -A lack of national and international help. World leaders don't consider this a problem to tackle. Virtually all victimized child brides are from Third World countries, or trace their origins there. -Even females who are citizens of western nations generally do not receive the help they need. Most go undetected. -The groom is often considerably older than the bride. -If she struggles, the new husband may become violent or tell her parents that she's rebellious. Either way she'll likely be harmed. -The Covernment of Britain is trying to combat this problem at

-The Government of Britain is trying to combat this problem at home. As of September of 2007 the Forced Marriage Unit has rescued 60 children (under age 15) from forced marriages. Almost certainly this is the tip of the iceberg. Citizens abroad are more difficult to rescue and repatriate.

-Forced marriages are common in Saudi Arabia. Although in 2005 Saudi Arabia's top religious authority, Grand Mufti Sheikh Abdul Aziz al-Sheikh banned forced marriages in his country, it's still widely practiced.

-Not surprisingly, there has been a spike in the number of divorces in Saudi Arabia.

WOMENS' SHELTERS: OFTEN-TIMES THE ONLY REFUGE:

Womens' shelters house abused women (physical, emotional, sexual, and severely neglected), and their children, formerly homeless women.

If you are in a situation where you must leave find the location of the nearest shelter to your home, and find out what you need to bring with you. All shelters are not same; some shelters receive more funding than others. In general the funding is often not enough. Many shelters are struggling to survive. The staff are usually overworked, underpaid and overstressed. Upon reaching the shelter you'll be greeted by a worker or a volunteer. Important points include exact living arrangements (your bedroom; roommates, children, basic rules of conduct, check-in time if applicable, food, laundry, guests, legal questions, work duties, cleanup, and maximum length of stay). Women's shelters are usually temporary.

Living in a women's shelter is better than being homeless, and under normal circumstances considerably safer. Shelters should be free of charge. Many women's shelters are in 'secret locations'. Although many women's shelters have rules pertaining to whom you can and whom you can't tell about the location of the shelter this rule isn't fool proof. Unfortunately, some abused women not only tell their abusers, but they actually try to invite them into the women's shelter.

Under no circumstances, should you ever tell your former abuser where the shelter is even if you miraculously get back together. Some shelters have an eviction policy if 'you tell'. How often this policy is enforced is up for grabs. You must respect your own safety, your children's (if applicable), the other victimized women and the workers and volunteers.

A former abuser may go to the shelter armed, dangerous and furious. He may strike, stab or fire at you, your children and anyone around. Please don't take any chances.

Although you may meet other women who've been through a similar experience, be cautious and careful. Some abused women are convicted felons, drug users and/or dealers, addicts, thieves and other shady characters too.

If you have children, be extra diligent. Inner city women's shelters tend to be the most dangerous. Try not to come back late at night especially if the shelter is in a large city. Return times for shelters vary.

Don't get too cozy for too long in the shelter. The longer you stay the more difficult it'll be for you to leave and make it on your own.

Many women have been able to leave the shelter, and live independently. Shelter workers in general are caring and try to do their job to the best of their ability. They're supposed to help you get back on your feet, give you good advice and counsel you.

When all's well devise a plan to leave the shelter and to survive on your own or with family. Don't blame yourself for the abuse or think of yourself as being a sissy or weak. You're the victim, the abuser is the offender.

About 4 million women are abused by their partners every year in the United States. Shelters are run by government or non-profit organizations. Overall, we must give a two thumbs-up for women's shelters. Many women and children have been aided and protected.

Nevertheless, you should not feel that your shelter is a bastion of man-hating. This is one of the common complaints about some women's shelters. Hating nearly half of the population of adults will not guarantee you or anyone else true happiness.

CHILD SEXUAL ABUSE:

Child Sexual abuse can occur in various forms. The abuser is almost always an older person who seeks to be aroused or sexually gratified by the child. Regardless of what the offender claims, the child's feelings and well-being are not taken into consideration. The most direct form of child sexual abuse involves physical contact.

PEDOPHILE: A person who has a persistently enduring sexual orientation to pre-pubescent boys and/or girls. The pedophile is in his/mid-teens or older, depending on the jurisdiction. Pedophilia is an attraction or desire and not the physical act. Some pedophiles are able to contain their desires, holding themselves back from ever molesting a child. For this person it is a daily struggle. The American Psychiatric Association (APA) has considered pedophilia a mental disorder since 1968.

CHILD MOLESTER: A person who sexually abuses pre-pubescent children.

CHILD SEXUAL ABUSE INCLUDES:

-Sexual touching of any form (the abuser touches the child and/or is touched by the child). -Inappropriate kissing. -Oral, vaginal or anal sex of any kind, using the penis, finger, tongue, or inanimate object. - The offender masturbates in front of the child; the offender masturbates the child; the offender asks (or commands) the child to masturbate him/her; the offender asks (or commands) the child to masturbate himself, or a combination thereof. -The offender asks (or commands) the child to behave sexually onto another child. -Flashing. -Viewing any kind of pornographic material with the child. -Reading pornographic literature with or in front of the child. -Dirty talk (sexual in nature) from offender to the victim and vice versa. -Use of children for purposes of prostitution or pornography. -Groping. -Sexual pressing or rubbing.

IN THE U.S. ONE IN 6 BOYS AND ONE IN 4 GIRLS IS SEXUALLY ABUSED. BELOW ARE CHARACTERISTICS OF A CHILD MOLESTER:

-In 90 percent of the cases the offender knows the victim (Relative, Neighbour, Babysitter, Teacher, Instructor, etc.) -Nine out of 10 abusers are males. -Offenders gain the trust of their victims.

-The North American Man/Boy Love Association (NAMBLA) is extremely dangerous, it must be outlawed. NAMBLA is an advocacy organization whose mission is to abolish age of consent laws related to consensual sexual contact between an adult and a minor. NAMBLA calls for the release of all men incarcerated for having sexual contact with minors not involving coercion.

-Offenders try to convince the victim to keep the molestation a secret. This is more easily achieved when the offender is a close relative of the child or is in a position of trust and authority. Sometimes fear and intimidation is used.

-The offender blames the victim.

-Offenders tend to prefer a specific age cohort.

-Preference can be for same sex children, opposite sex children or both. Many prefer one gender.

-Some offenders target girls who are too young to become impregnated. For them, this is a safety net.

-Enjoy owning and viewing child porn (books, photos, movies, internet, etc.).

-The internet is a hot spot for viewing child porn and to pick up unsuspecting children.

-Pedophiles can be married, single, divorced or separated, heterosexual, homosexual or bisexual.

-Offenders usually commit multiple acts of child molestation before being discovered.

CATEGORIES OF CHILD MOLESTERS:

-SITUATIONAL CHILD MOLESTER: May not have a sole preference for children however increased stress or other factors may prompt sexual molestation of a child.

Molestation of a child may be a one-time event or may be a lifelong pattern. The victims are generally few in number. The targeting of helpless-defenceless victims is a major trademark of this type of child molester. Mentally and physically handicapped and the sick are vulnerable targets.

SUB-CATEGORIES OF THE SITUATIONAL CHILD MOLESTER:

-REGRESSED CHILD MOLESTER: Low self-esteem, low socialization skills and an inability to cope with everyday problems and life's challenges. Children are a substitute for real life normal sexual relations. Availability often plays a vital role in molestation; hence this sub-type often molests his/her own children, or those in his care. -MORALLY INDISCRIMINATE CHILD MOLESTER: This person is an abuser and a user, period. He likely abuses others. He lies, cheats, steals and commits other immoral acts if he thinks he can get away with it.

-INADEQUATE CHILD MOLESTER: Mentally sick or unstable. This person is a loser. He likely has little or no friends, be a loner, insecure and withdrawn. Insecurity or curiosity may play a role in child molestation. The inadequate child molester may become extremely dangerous. Anger and rage may be catapulted unto the child victim. In this case scenario sexual torture may occur.

-PREFERENTIAL CHILD MOLESTER: He is a hardcore child molester. He prefers children outright.

-SADISTIC CHILD MOLESTER: The sadism is usually not caused by a build-up of anger or hostility. This type of molester enjoys committing sadistic-sexual acts upon children. Interviewers and interrogators in suspected child molestation cases should have a good knowledge of child molester typologies.

Documentation of behaviour patterns must be carefully done. Interrogators must accumulate much information about the offender and the victim/s. Organization, coordination, hard work and tenacity are important qualities of interrogators and investigators.

The particular method of approach and enticement pattern of the offender should be carefully noted. Participants must be proficient and skilful in the art of interrogation and interviewing. All suspects are innocent until proven guilty. Being accused or charged with a crime does not guarantee guilt.

SIGNS THAT A CHILD MAY HAVE BEEN MOLESTED:

Bleeding or discharge from the vagina or rectum.
Pain, discomfort, itching, swelling or bruising of the vagina or rectum.
Sores, warts, chancres, infections or any other sexually transmittable diseases (STDs) symptoms.
Laboured and/or painful urinating; infections.
Semen on any part of the body or clothing. If the child is a male make certain it wasn't caused by a nocturnal emission (wet dream) or masturbation.
Ripped or torn clothing.
Painful walking or sitting.
Sexually acting out that is inappropriate for the age of the child; in older children promiscuity or prostitution.

-Inappropriate or sexual talk about the genitals or private parts. -Self-cutting or other forms of self-mutilation. -Suicide or attempted suicide. -Overly fearful of a particular person. -Keeping secrets with a particular adult. -Signs of injury in or surrounding the genital area or thighs. -Pregnancy. Parents or caregivers, law-enforcement personnel, social services and the family's healthcare provider must find out who the father is. -Low self-esteem, intense anxiety, unusual generalized fear. -Drastic changes in eating habits, especially if it develops suddenly. -Withdrawal, profoundly reduced social skills especially if they occur suddenly and without warning. -Sudden marked increase in sexual knowledge. -Excessive masturbation or a similar behaviour. -Cringing and/or fearful of adults usually males. -Preoccupation with one's own genitals. -Sudden regressing -Sudden bedwetting -Waking up during the night sweating and screaming. -Sudden change in behaviour, cowering too much or overly aggressive. -An abrupt drop in school performance. -Abrupt chronic absenteeism from school. -Health problems

In March of 2011 a massive internet pedophile/child molester ring with up to 70 thousand members was discovered and exposed by Europol (European Police Agency). Dubbed 'Operation Rescue', at the time 670 suspects had been identified, along with 230 child victims. Law enforcement agencies from 13 countries were involved in this case.

184 suspects including teachers, police officers, scout leaders, and at least one youth camp worker have been arrested. Most of the arrestees are suspected of child molestation. The youth camp worker, a Spanish citizen, is suspected of molesting nearly 100 children over a 5 year period. According to Corrie Bassett, U.S. Immigration and Customs Enforcement (ICE), 5 Americans have been arrested along with 4 convictions in the U.S.

"Arrests so far have been made in Georgia and Connecticut. ICE continues to pursue the leads provided by Europol," Corrie Bassett. (Crime & Courts on NBC.com: Massive Online Pedophile Ring Busted by Cops; the Associated Press Contributed to this Report) "The website operated from a server based in the Netherlands and, at its height, boasted up to 70,000 members worldwide ... It attempted to operate as a 'discussion-only' forum where people could share their sexual interest in young boys without committing any specific offences, thus operating 'below the radar' of police attention ... Having made contact on the site, some members would move to more private channels, such as email, to exchange and share illegal images and films of children being abused. Computers seized from those arrested have harvested huge quantities of child abuse images and videos," said Europol. (ibid)

"Those who have been members of the site can expect a knock on the door in the very near future," said Peter Davies, Lead Investigator for the case, Britain's Child Exploitation and Online Protection Center. (ibid)

On November 14, 2013 Toronto Police disclosed the details of an international child sex abuse and pornography investigation, known internally as Project Spade that extended to 6 continents and has resulted in hundreds of arrests, including 108 in Canada.

According to the Toronto police {thus far} 348 persons have been arrested, and 386 children have been rescued from around the world, including 24 in Canada.

Azofilms.com based in Toronto and operated by 41 year-old Brian Way, was suspected of being the primary solicitor and seller of child pornography around the world, for this particular case.

"Altogether, about 45 terabytes of child pornography on computers were seized, portraying hundreds of thousands of sexual acts involving children ... School teachers, doctors and actors were among those arrested," said Inspector Joanna Beaver-Desjardins, commander of the Toronto police sex crimes unit. (November 14, 2013, CBC News Toronto; Hundreds Arrested in International Child Porn Case; With Files from the Canadian Press)

In May of 2011, 71 year-old former Bishop Raymond Lahey pleaded guilty to possessing child pornography for the purpose of importing it into Canada.

Nearly 600 pornographic photos of young teen boys were discovered in Lahey's Toshiba laptop. Some of the photos involved torture, others gruesome torture.

Lahey was apprehended in Ottawa International Airport. Airport personnel noticed that Lahey was behaving suspiciously. He was later sentenced in an Ottawa courtroom. Naturally Lahey's conviction shocked members of his former Nova Scotia diocese of Antigonish. If Lahey has a conscience he'll likely spend the rest of his life in utter humiliation and sorrow. How long Lahey has been interested in and has been viewing child and teen porn is unknown. Has Lahey ever acted out on his fantasies? If so, how many times, and how many children has he victimized? Only one thing is for certain, his status as Bishop has been destroyed.

Private, undisclosed files which include 5 religious orders containing nearly 2000 pages from the Catholic Church in Los Angeles, California were released as part of a 2007 massive settlement deal (\$US 660 million) with victims exposes 10 priests or brothers and 2 nuns accused of sexually abusing 21 boys during their tenure in the largest Catholic Archdiocese in the U.S.

"Much of this went unreported. You're talking about kids that were terrorised and frightened in so many different ways, with no place and no one to turn to," said Ray Boucher, the lead plaintiff attorney coordinating the release {of the files}. (August 1, 2013; By Associated Press and Daily Mail Reporter; Daily Mail: Priest Confessed in Therapy Sessions to Molesting More than 100 Boys, Including His Own Brother, 5, Having Sex With Male Prostitutes and Frequenting Gay Strip Clubs)

In 2011, 50 year-old Grant Smith, a former professor of engineering at the University of Utah was given a suspended sentence and 5 years of probation by a Boston judge following Grant's guilty plea of possessing child porn. Grant must abide by the rules of his probation. In addition, he must continue sex offender treatment, abide by the Utah sex registry requirements, and follow limitations regarding contact with children and internet use.

Kurt Wade, a fellow passenger on Delta Airlines first class section allegedly photographed Smith viewing child porn on his computer. He then expressed what ensued to a flight attendant, wherein Wade broke down. According to the Massachusetts State Police Smith had been travelling to Boston to attend a conference for the Material Research Society, having flown from Salt Lake City, Utah.

Wade stated that Smith began to erase the files after a flight attendant told him to turn off his computer.

"He {Smith} kept scrolling through the pictures and they became sexual and explicit," Wade informed Fox News. (April 4, 2013; Daily Mail Reporter; Daily Mail: College Professor Caught Watching Child Porn from First-Class Seat on Plane is SPARED Jail Time)

"I feel bad for a lot of people but mostly for these innocent girls. He's {Smith} got two young kids and these kids are innocent victims of their father's behaviour," Wade said to the Associated Press. (ibid)

Most of the child porn photos in Smith's possession were of girls in the nude or semi-nude between the ages of 8 and 10 years-old, but the youngest girls were 6 years-old; some child photos showed images of simulated sex acts. Further investigation revealed photos of young girls in parks and airports, in Smith's cell phone. Investigators allegedly discovered photos of sexual activity with adults.

With that much porn on Smith's person, it begs the question, is he also a child molester? Furthermore, a person who's brazen enough to view child porn on an airplane is likely addicted to it.

Immediately following the Delta plane landed in Logan Airport, Smith was approached by Massachusetts State Troopers wherein they requested to see his computer. He handed over his computer and was promptly arrested.

Ruben Martinez, a priest confessed to sexually abusing more than 100 boys (he also sexually abused his own 5 year-old brother), visiting male prostitutes and gay strip clubs, driving from Westmorland, California to San Diego.

Descriptive details compiled from therapy notes and psychiatric investigations of Martinez reveal ghastly and utterly appalling, damning accounts of sexual abuse in the Los Angeles Archdiocese. Martinez was sent in and out of programs and treatment centers.

Thousands of dollars were spent trying to 'cure' Martinez of his devious behaviour and urges. Shockingly, during the period that he was being 'treated' complaints and suspicions from parents and children continued. Thus far, no criminal charges for any of the 10 litigants have been laid.

Martinez began to molest boys in the early 1970s. He knew the game, in a literal sense.

As conveyed by an adult survivor, "He {Father Martinez} would have us wrestle each other and then wrestle with him, which means we'd get down into our skivvies and he'd take pictures of us. He was always taking pictures ... I just remember the smell of the old Polaroid flash cubes. He would go through them like crazy.' (ibid)

In 2006, Martinez had written the following to the orders of the provincial, "It has not been easy to face what I did, to admit it and to talk about it with others ... I have had to deal with depression, self-hatred, the inability and unwillingness to forgive myself, and the desire and tendency to isolate." (ibid)

BELOW ARE ORGANIZATIONS THAT HELP TO TACKLE CHILD SEXUAL ABUSE AND PORNOGRAPHY:

-ASSOCIATION OF SITES ADVOCATING CHILD PROTECTION (ASACP): A non-profit organization founded in 1996. The mission is online child protection. ASACP fights child pornography, also works to help prevent children from viewing material restricted to adults.

-THE FINANCIAL COALITION AGAINST CHILD PORNOGRAPHY: Composed of 35 prominent financial institutions and internet industry leaders in cooperation with The National Center for Missing & Exploited Children and its sister organization The International Center for Missing & Exploited Children. The overall goal is the elimination of the commercial viability of child pornography. Illegal enterprises are attacked by following the flow of funds and closing down payment accounts.

-COUNTER PEDOPHILIA INVESTIGATION UNIT (CPIU): Was formed by a coalition of computer experts, law enforcement agents and antipedophilia experts. The mission is to educate the public in how to protect their children and to increase general public awareness about this problem. Furthermore, CPIU helps to promote legislation to increase penalties for such heinous crimes.

-ENOUGH IS ENOUGH: A non-partisan, non-profit organization emerged in 1994 as a national leader on the front lines to make the internet safer for children and families.

-PROTECTKIDS.COM: The mission is to protect children in cyberspace.

-END CHILD PROSTITUTION AND CHILD PORNOGRAPHY (ECPAT): Strives for the right of all children to live their lives free of child prostitution, child pornography and child trafficking for sexual purposes.

SURVIVORS NETWORK OF THOSE ABUSED BY PRIESTS (SNAP): Is a selfhelp group that supports people who have been victimized by clergy and aids them to get back their lives, heal, and to move forward. They also work with news media and furnish dependable information whenever possible.

PROSTITUTION IN THAILAND:

Thailand is the child prostitution capital of the world. No other nation has as many child prostitutes that are so easily accessed and available. This nation has a very long history of prostitution. The number of child and adult prostitutes in Thailand is a few hundred thousand. Prostitution brings in more than 5 billon dollars annually, making it very difficult to combat in a country with a huge discrepancy between the rich and the poor. This enterprise fuels corruption.

Thai children as young as 6, are bought and sold as commodities, with little or no consideration given to their safety, well-being, or future aspirations. The Thai prostitution enterprise is more lucrative than the illegal drug trade, weapons trafficking, lottery or other forms of gambling.

The Thai government focuses its concerns on foreign tourism and monies, almost always turning a blind eye on the rampant prostitution in their country. In this context the idea is to 'see no evil' 'hear no evil' 'speak no evil' 'combat no evil'. What are noticed though are the major fiduciary gains.

A typical Thai prostitute can expect little or no protection from AIDS, HIV, or other STDs. Furthermore, many of these same prostitutes are forced into their occupations, lonely, sickly and abused; many are imprisoned in tiny, filthy rooms with no ventilating system. They simply have no hope for a future. Sadly, AIDS has become a leading cause of death in Thailand.

Children can be forced to service up to 15 men a day, but it can go as high as 30, depending on the pimps and the number of willing clients.

The notorious Soi Cowboy district is rife with prostitutes, mostly adult, but there are young boys and girls there too, selling their bodies and talents, of course. Their eyes are on foreign males; many of them have come to Thailand for sex.

Officially, prostitution has been illegal in Thailand since 1960, due to pressure from the United Nations, however, you wouldn't know it if you visited any of their red light districts. In 1966, this law was circumvented by allowing the establishment of places of business that provided 'special services' {sex and related activities}. The Thai Government passed this law in order to acquire handsome revenues from the numerous of American soldiers stationed in Thailand and Vietnam. The end result was a level of tolerance for prostitution that is equivalent to legalizing it.

Many pimps speak in English when promoting their child and/or adult prostitutes. These same prostitutes are considered the rabble of society. Many come from indigenous groups. Extreme poverty forces parents to remove their children from school and put them to work, often-times at any cost.

Children learn how to self-grope and to roll their tongue to get the attention of prospective customers, which by the way, come from all over the world. But westerners are prized targets, but many Thai nationals also use the services of prostitutes. The many thousands of foreign Johns come to Thailand to do what they are forbidden by law to do in their own respective countries.

One of the main reasons prostitution is tolerated is tradition. According to traditional Thai custom a young girl must help support her family in any way she can. A young girl who is employed as a prostitute in order to feed her family is, by many people, adequate.

Filthy poor Thai parents may rent out their children to sex agencies for an allotted period of time, or worse yet the children are sold to a buyer in the sex industry, thereby relinquishing all responsibility for raising them, and at the same time receiving a handsome cash payment.

Bangkok and Pattaya are the most notorious cities for Thai prostitution and immoral, debauched night-life. Thai bar girls, as they are known, can be seen in every red light district bar. Don't be fooled if you see one, they are prostitutes. Most have a friendly outward demeanour. They know the game.

COMBATTING PROSTITUTION AND SEX TRAFFICKING:

-Laws pertaining to sex trafficking must be enforced diligently.
-Plea bargaining should not be so readily offered for sex crimes or pimping.
-Victims should receive free emotional and legal support and protection. They should be allowed to testify against sex traffickers without being fearful for their own safety and wellbeing.
-Stiff fines should be paid by the pimps and other traffickers.
Part of the earnings from these fines should be given to the victims.
-Victims should not be discriminated against based upon gender, age, nationality, ethnic group, race, economic status or mother

tongue.

-People should be educated about sex trafficking.

-Sex trafficking can sometimes be territorial in nature; women from specific regions are kidnapped or snatched, transported and then sold by gangs.

-The United Nations and the nations of the world must work together to bring perpetrators and traffickers to justice.

For thousands of years the primary victims in the sex trafficking industry have been women and children. In 1902 International Agreement for the Suppression of the White Slave Traffic was drafted. Later, the United States enacted the Mann Act of 1910, which forbade the transporting of an individual across state lines or international borders for prostitution or other immoral (licentious lascivious) purposes. The United Nations addressed the sex trafficking problem through the 1949 Convention for the Suppression of the Traffic in Persons and of the Exploitation of the Prostitution of Others, ratified by nearly 50 countries.

Unfortunately, the sex trafficking business has worsened. Kidnapping and selling of victims by family members (for strong need or greed) or the false promises of work, money, opportunity by criminals in the business, or paying off a debt are some of the methods used to acquire potential victims; kidnapping also occurs.

Israel has become one of the transport destinations for sex trafficking of women. Thousands of women have been trafficked to Israel the boom began in the early 1990s. It is estimated that during the boom years 3,000 women were trafficked to Israel every year.

In Israel sizeable proportion of the trafficked women are from Slavic countries, in particular the Ukraine; some women are from Asia. In the worldwide epidemic Caucasian and Asian women tend to be favoured. Women trafficked to Israel may be brought in legally, lured by false hopes and bogus claims; lies. Illegal women are smuggled into the country; they have no immigration status, fearing their criminal captors and the authorities alike.

Victims are trafficked in horrid conditions arriving in Israel sickly. Their passports are conveniently confiscated by the traffickers. The women are then sold off to pimps.

In other parts of the world women may be stripped and then sold at auctions, like the black slaves of the Southern U.S. during the slave era. They have no rights whatsoever; they're objects to be used and never respected.

The pimps use elevator eyes to study the 'merchandise' carefully. Women cost thousands of U.S. dollars or more. STDs, tuberculosis hepatitis, physical and sexual abuse, tobacco, alcohol, and drugs are prevalent within this industry.

Beginning in 2007 the Government of Israel has 'officially' intensified its efforts to combat sex trafficking; no doubt at the time, the threat of sanctions by the United States sped up the decision to act.

Luckier victims stay at the Maagan Shelter located in Tel Aviv. According to the Maagan Shelter website it was created according to the decision of the government of the State of Israel (decision N 2806 dated 1/12/2002). The Maagan Shelter officially opened its doors on February 15, 2004.

The Maagan Shelter is a safe haven for former victims to live in. Medical care and psychological counselling are provided. Residents receive therapeutic care and can be actively involved in the decisions pertaining to the internal operations of the shelter.

Not all sex trafficked women in Israel can make it to a shelter. Some women who are able to escape hide. The criminals within the sex trafficking network are so horrid, they'll rape, beat, torture or kill a trafficked woman without shedding a tear.

Prostitution in Israel is legal; brothel operations and pimping are illegal though.

Wherever trafficked sex workers may be, foreign women are often most sought after. Clients want a 'different flavour'. The women often appear run-down, used and in dire straits. Clients don't seem to care. In December of 2011, Guatemalan authorities announced they disassembled an international sex trafficking network that enticed Guatemalan women to Jordan, wherein they worked as prostitutes.

Two nationals and two Jordanians were arrested. Guatemalan authorities said that the arrested persons were big players belonging to a sex trafficking network. The unsuspecting women were enticed by false promises of work in Jordan with good pay (relative to Guatemalan salaries; \$400 per month). Upon arrival to Jordan, the women were beaten and then forced to work long hours as prostitutes. Their food supply was severely restricted. Not understanding the language or the culture, these women were helpless.

Human sex trafficking, unlike other kinds of illegal trafficking is not viewed as a threat to national security. Today, major illegal trafficking networks deal in drugs, weapons, animals or animal by-products and human trafficking. There's big money in each of the aforementioned activities. But be careful if you get in their operator's way.

Saudi Arabia has a human trafficking problem. Boys, in particular from Bangladesh and India are brought into the country forcefully to work as jockeys. They are commonly beaten, brutalized, underfed in order to maintain a proper jockey weight, and sexually violated. The Saudi authorities couldn't care less about these young victims.

In addition, men and women from India, Yemen, Afghanistan, Bangladesh, Philippines and parts of Africa are trafficked to do forced labour. They have little or no recourse if they aren't paid, abused, or sexually violated.

Cases of physical or sexual abuse can also occur for Legallv bound domestic workers and servants. As the law stipulates, passports of foreign nationals are always confiscated by their Saudi sponsor. Strict measures for all workers, regardless of status include entry and exit visas, and passport requirements to travel from one city to another.

Domestic women servants from the Philippines appear to be the hardest hit. Sponsors' payment for work rendered can be shaky. Domestic workers fear the Saudi Authorities, and rightfully so. In this brutal regime, complainants from Third World countries may face stiff penalties, severe punishment, imprisonment, or deportation. The word of a Saudi national is almost always enough. He need only say, "I am a Saudi". It has worked many times.

Wealthy employers may feel that they have a right to sexually violate their domestic workers; sexual slavery. The withholding of payment is one of the weapons used by them.

Decades ago poor Muslim African nationals were enticed to go to Saudi Arabia by providing free transportation for the Hajj Pilgrimage, upon arrival the victims were thrown into the pit of slave-like conditions.

Western women in Saudi Arabia can also be physically abused, forced into seclusion and sexually violated, but at a significantly lower rate than their Third World counterparts.

Without a passport, and the fact that Saudi Law prohibits women from leaving the country without permission or escort of a male guardian, it's very difficult to escape. The authorities don't care; western governments apply little or no pressure for change. In addition, the so-called religious authorities (who are usually puppets of the regime) don't appear to be protesting.

I was told a story by a Muslim woman domestic worker who had been chased within a mansion by a friend of her employer. He was trying to rape her. She was lucky to have been able to strike the assailant and neutralize him.

Another case in Saudi Arabia that occurred in 2005 involves a Muslim woman who was thrown to the ground and then bitten on the face. The perpetrator attempted to rape her. Luckily, she was able to ward him off. After notifying the authorities the perpetrator was apprehended.

The authorities claimed that the perpetrator was mentally ill. Often-times when the authorities make this kind of a statement it means that the perpetrator will likely not be punished. The woman was from a Third World country.

Sexual traffickers don't care if the women they traffic are co-religionists, co-nationals or if they share a common race or culture. The women are lifeless sexual commodities to be profited from. Besides, as far as sex traffickers and pimps are concerned these women are replaceable. Sexual trafficking is a brutal form of slavery. The women who are victimized are treated like chattel.

Street Walkers (Street Prostitutes), including those that aren't trafficked, can be faced with dangerous Johns at any

time. Furthermore, the life of this kind of a sex worker is very strained; illicit drug use and addiction, STDs, alcohol, chain smoking, working long and odd hours and violent pimps, constant run-ins with the law, most of or all of the cash earnings may go to the pimp.

Rape for a prostitute is just as painful as it is for a non-prostitute. Street walkers (Street Prostitutes) are similar to sex trafficked women in the sense that they're treated the worst of any category of sex workers. A minority of street walkers are men.

Street prostitution is not a victimless crime. Every single time that a woman or teen girl sells her body she has become a victim, even if she's too high or drunk to realize it.

PTSD is quite prevalent among street walkers. Unfortunately, because of the kind of work done the prostitute almost always cannot recover from PTSD, for the simple fact that she is violated on a regular basis. As soon as she makes a serious attempt to recover from a horrible event another one occurs. Worse yet, society as a whole is merciless.

On August 26, 2012 a prostitute named Celeste Fronsman was discovered by a passerby on the side of a remote road in the Zanesville area of Muskingum County, Ohio.

"I have a woman right here, she's burned severely, she's been raped and she's been beat up," said the male passerby to the 911 operator. (Megan Keneally, August 28, 2012; Daily Mail: 'Prostitute' Found Naked, Raped, and Burned Before Being Left for Dead on the Side of the Road)

Fronsman, a prostitute with a long criminal history had been arrested 25 times (ranging from prostitution, drug possession, and 5 counts of domestic violence) in the past 9 years. When she was discovered, Fronsman was naked and burned with a rope wrapped around her neck, and left for dead. She was rushed to the Ohio State University Wexner Medical Center, where she later died. Law enforcement personnel don't believe that this was a random killing.

"This was not a random act ... This is one of the most gruesome things I have ever seen in 23 and a half years in law enforcement ... I can't imagine the pain that this lady went through ... There was a vehicle that we were looking for that interested us. We found that last night in the Canton area. There are some people of interest to us that we are currently looking for," said County Sheriff Matt Lutz. (ibid)

A prostitute who miraculously survived a horrible attack by the 'Italian crucifixion killer' of Florence has come forward with her story. Details of this horrific attack and attempted murder are virtually identical to an attack on 26-year-old Andrea Cristina Zamfir, a Romanian immigrant, whose body was found under a bridge in Ungano, near Florence, in May of 2014. Zamfir was bound with tape with an iron bar in a crucifixionlike pose. The police believe that the man who calls himself Alessandro is a serial killer. Judging from the modus operandi Alessandro may be 'the monster of Florence' killing at least 16 people between 1968 and 1985. Accounts by other prostitutes indicate the grave insanity of the perpetrator.

A Romanian prostitute using the name Martina conveyed her terrifying story which occurred 2 years ago in Florence.

"I was tortured by that maniac. He was like a beast. But not even a beast would be capable of such brutality." (Hannah Roberts in Rome, May 9, 2014; Daily Mail: Prostitute Who Survived Attack by the Italian 'Beast' Who Murdered a Sex Worker and Left Her Naked Body Crucified Reveals How the Sadist Tied Her Up and Tortured Her)

He was driving a light coloured, small vehicle, which he used to take Martina to a field.

"He didn't ask for any special requests, but once we arrived he transformed. He had seemed {too quiet}...But as soon as he got out of the car he became a monster. I ran off but he chased me and caught me. At that point I said to him, 'I'll do what you want'." (ibid)

Thereafter, he {ordered} Martina to strip naked. He had a wooden pole, electric cables, and tape in his vehicle.

"He tied me to a pole standing up, my arms crossed in front of my face. He came up from behind took hold of the wooden pole and {then} attacked me ... Then he took some pliers and came towards my breasts. I was terrified." (ibid)

Thankfully, Martina was able to fight him off. "I had a surge of energy I kicked him you know where. Luckily he stopped and got into his car." (ibid)

Martina described the assailant as a short, chubby, balding man in his 50s, who spoke Italian. Martina was left bound. He took her clothes, money, bag, phone, and everything else that she had on her.

It took Martina several gruelling hours, using her teeth pulling on the tape. Finally, she was able to run to a nearby house and beg for help.

It's quite possible that the man who calls himself Alessandro is the 'monster of Florence'. Aside from his modus operandi and his age, a person who manifests this kind of behaviour most often can't stop. Usually death or incarceration is the only guarantee of doing so.

On a more positive note, prostitutes in the affected area are helping police to find this serial killer. Sooner or later, he'll likely make another mistake hopefully it'll be the one that ends his reign of terror.

IMPORTANT POINTS ABOUT SEX TRAFFICKING:

-Sex trafficking in Canada can involve citizens, immigrants, or indigenous peoples. -Sexual trafficking and exploitation is well-organized; organized crime is deeply ingrained into this enterprise. -Sex trafficked victims may also work in legal enterprises such as escort agencies, massage parlours or strip clubs. Other fronts may include domicile brothels (residential whorehouses). -This enterprise if often one aspect of а multi-crime organization; drugs and narcotics, violent crime, fraud, etc. -As a general rule, a trafficked woman is broken in when she arrives at the designated destination. The breaking in process often involves rape or gang-rape, and beatings. -Victims may be secluded, controlled, and severely intimidated. -Illegal aliens are fearful of being deported. -Virtually all victims become whores. -Documents including passports, legal papers, and Identification papers may be forged. Nations that have visa-exemptions are easier to enter. -Immigration Officers may be able to detect forged passports of their own country with foreign passports it's more difficult. -A high proportion of sex trafficked women are Slavic or Asian. They come from countries that are struggling economically with rampant corruption. -Sex trafficked workers in foreign lands may not speak the national language, have no relatives therein, and have little or no knowledge of the topography, making escape that much more difficult. -The internet and other technological avenues are used to criminal enterprise and promote this to advertise to unsuspecting targets. -Money earned by the prostitutes is given to the pimp/s. -Many people in the western world are oblivious to the international sex trafficking problem, while others don't want to hear about it. estimated 500,000 are trafficked –An women for sexual exploitation every single year. This isn't the highest estimate, and it doesn't include little boys and little girls. -Corruption and bribery of public officials, law enforcement personnel, and immigration officers is part of the process. -Sex-trafficked women and children want to live free, happy, and normal lives. MASSIVE TERROR-RAPE:

Attacks and rapes against women can be large-scale and sometimes orchestrated by a government or a militia; it can be part of a military or an ethnic cleansing campaign, revenge or a spontaneous series of actions during a rampage. The overall goal is to terrorize and demoralize the civilian population of the enemy. If the 'men' are unable to defend their women it is usually a sign that the invaders are gaining ground, or have over-whelmed their enemy. Wars and other such conflicts bring about terrible consequences.

A horrible event is occurring in Syria, and in refugee camps in Lebanon and Jordan. Rape on a massive and individual scale is a frequent activity. Government soldiers and Shabiha (plain clothes government fighters) have been sexually violating and raping women, men, and children. The former are the most numerous of the victims. Any person or persons perceived to be part of the opposition or are in any way not truly loyal to the Assad regime are potential targets. Sexual violations and rapes perpetrated by the opposition pale in comparison.

The regime is well-aware of what is happening. In fact, at least one of their state-appointed religious scholars gave a ruling permitting the rape of women who oppose the regime.

One of the main goals of the regime is to literally destroy families. Another goal is to terrify the opposition, including fighters, their families, and countless innocent bystanders.

"Syrian families are very conservative and I always tell them: 'Rape is a way to break the family. The easiest way,' ... I tell them, {Do not} 'let this break you, this is what they're trying to do.' When I tell that to the women, however, they say, 'Tell that to our husbands,'" said psychiatrist Yasser Kanawati) (Lauren Wolfe, April 3, 2013; The Atlantic: Syria Has a Massive Rape Crisis,)

There are many stories of rapes, mass rapes, and gang-rapes from female and child victims. But the number of victims is certainly higher. By Syrian culture, women are quite hesitant to convey their stories in public. They fear being ostracized, blamed, or lose their husbands. Furthermore, if the victim is still in Syria the regime may perpetrate additional heinous crimes against their families and close friends.

Worse yet, many of the sexual violations are deliberately performed in front of other family members, who are either tied up or are also being raped. This is Terror-Rape at its worst.

Furthermore, many perpetrators take it upon themselves to kill their rape victims, conveniently leaving no victimized witnesses who can identify the perpetrators at a later date. There are foreign fighters who are fighting alongside Syrian Government troops and others fighting against the government. Iranian and Hezbollah troops are also involved in the mass rapes of Syrian women and young girls. They enter villages, well-armed, destroy property, and they rape whomever they want to.

As conveyed to psychiatrist Yasser Kanawati, in the Fall of 2012 Syrian government troops lead an 18 year-old Free Syrian Army (FSA) soldier to detention where he was tortured so badly he suffered a spinal injury. The other male detainees with him were all raped. When asked if he too was raped, no reply was given.

"We are all hearing the stories of rape ... Most of all, we fear rape ... We have heard a lot of stories," said 34 year-old Em Mustafa {Mustafa's mother} a mother of 3 daughters all under 10. (Rania Abuzeid/Khirbet al-Jouz, Syria, June 20, 2011; Time: Stories of Mass Rape: Sifting through Rumour and Taboo in Syria) Umm Mustafa is originally from Khirbet Al-Jouz, a Syrian village bordering Turkey.

Many Syrian rape victims suffer from PTSD. Unfortunately, they live in Syria or in refugee camps in Jordan, Lebanon, or Turkey, wherein in many cases proper medical care and psychological counselling are insufficient or only a dream. Worse yet, a minority of women are impregnated. Rape and increased domestic violence occur in the Syrian refugee camps.

"With every war and major conflict, as an international community we say 'never again' to mass rape ... Yet, in Syria, as countless women are again finding the war waged on their bodies, we are again standing by and wringing our hand," said Nobel Laureate Jody Williams, co-Chair of the International Campaign to Stop Rape & Gender Violence in Conflict. (Lauren Wolfe, April 3, 2013; The Atlantic: Syria Has a Massive Rape Crisis)

Indeed, many of the Syrian government troops enjoy raping their enemies. Nevertheless, in other instances they are also ordered to do so.

As conveyed by a defected Syrian Army soldier to Ya Libnan (a Lebanon-based news site), {an order was given} "to rape teenage girls in Homs at the end of last year ... The girls would generally be shot when {all the soldiers} had finished ... They wanted it to be known in the neighbourhoods that the girls had been raped, but they didn't want the girls to survive and be able to identify them later." (ibid)

In 25 percent of Syrian refugee homes the woman is the sole provider. It's a tough life for all Syrian refugees but women face the possibility of rape, intimidation, sexual harassment, and other forms of violence. Food distribution times and when females leave their makeshift homes to go to the public latrines can be quite stressful, Syrian refugee women may endure lewd comments, groping, assault, and harassment. Gangs of rabble males show no mercy unto the helpless females.

The situation has become so horrible even 'Abu Hussein' a local boss of Zaatari bar and bordello appealed to the UN to carry out patrols within the camp to protect the women. Let me describe 'Abu Hussein' in a blunt, straightforward manner, he the pimp of a whorehouse and operates bars. When a man like this asks the UN to protect women in a refugee camp, then you know that things can hardly get any worse.

Syrian refugee Camps are over-crowded, under-funded, and have their share of domestic violence, sexual exploitation, and rape. Hardly anyone who yields real power on the international scene seems to care. Rich Gulf Arabs and Jordanians are notorious for entering Syrian refugee camps, flashing their money and then purchasing wives. Often-times, these men are considerably older than their young, innocent virgin brides. Men in their 60s and 70s purchase young girls in their teens, or younger. Unfortunately, the child or young women brides are often mistreated, brutalized, and then tossed back to their camps like dirty rags.

In Jordan there are an estimated 450,000 Syrian refugees. Jordan's Zaatari camp conditions are quite harsh. The Government of Jordan doesn't seem to be phased.

The situation is overwhelming for Syrian refugee mothers. Many Syrian males are either dead, imprisoned, missing, or are fighting back at home. Women are unable to accommodate adequate living conditions for themselves let alone their young ones. Lawlessness

Syrian females are Mediterranean, beautiful, and speak a soft, beautiful, and easily comprehendible Arabic. This has a bedazzling effect on the women hunters. Pimps are present in and around the refugee camps in Jordan, Lebanon, and Turkey, facilitating the sales transactions.

As narrated to the BBC by a Syrian refugee, "We weren't happily married. He treated me like a servant, and didn't respect me as a wife. He was very strict with me. I'm happy that we're divorced ... I agreed to it so I could help my family. When I got engaged I cried a lot. I won't get married for money again." (By Umberto Bacchi, May 24, 2014; INTERNATIONAL BUSINESS TIMES UK)

In refugee camps in Jordan adults are presenting their daughters for marriage in order to protect them.

"There is a tendency to think that once [women] have crossed the border, they are safe ... But they just face a different violence once they become refugees," said Melanie Megevand, a specialist in gender-based violence at International Rescue Committee charity. (By Phoebe Greenwood in Jordan, July 25, 2013; The Guardian: Syria Refugee Crisis: Rape and Domestic Violence Follow Syrian Women into Refugee Camps)

The self-proclaimed leader of the so-called Islamic State of Iraq and the Levant (ISIL) is guilty of countless crimes civilians, against innocent including wanton killings, assassinations of particular figures, forced slavery, sexual assaults, rapes, and other forms of sexual violence; forced mass terror, forced recruitments, desecration marriages, of large-scale persecution, forced conversions, and corpses, discrimination, thefts, destruction, mayhem, and kidnappings (even children). ISIL and whoever helped to plant this filthy cancer into this part of the world have wreaked havoc on millions of people. In addition, ISIL took advantage of the chaos, disorganization, and weakness in their region.

According to a U.N. report, "ISIL and associated armed groups have also continued to... perpetrate targeted assassinations {of} community, political, and religious leaders, government employees, education professionals, health workers... sexual assault, rape and other forms of sexual violence against women and girls, forced recruitment of children, kidnappings, executions, robberies." (By Dominick Evans and Maggie Fick, July 19, 2014; Reuters Edition US: U.N. Accuses Islamic State of Executions, Rape, forced Child Recruitment)

A documentary which aired on August 27, 2014 on the Kurdish STERK TV shows that certain segments of ISIL have been using rape against men as a tool for forced recruitment. The victims are threatened with exposure if they refuse. The rapists call these acts 'marriage'.

Ferhan Salim Unuf Safen, 20, said that he had been abducted and then raped by whom he believes were ISIL elements.

"I {Ferhan Safen} fainted. When I came round they told me: 'you are now with ISIL'." (By Mawtani Staff, September 2, 2014; Mawtani: ISIL War Crimes: Gang Rape of Men)

Ahmed Hussein was drugged, kidnapped, tortured, and then gang-raped by whom he believes were ISIL elements.

"They 'married' me 15 times. Then they washed my head and put cologne on me. They told me no one could join ISIL without being married." (ibid)

NOTE: Captives and prisoners who 'confess' to wrongdoings by themselves or others may have been coerced, beaten, threatened, or tortured to do so. But at the same time if there are countless victims claiming identical or similar stories about atrocities, this holds much weight.

Another in a series of heart-breaking stories is that told by Kamal, a Yazidi refugee from a small village in Northern Iraq. Written on a piece of paper that Kamal has unfolded are the names of 23 family members who were abducted by ISIL members a month earlier. During this campaign of terror, ISIL members assaulted through Yazidi villages located in Northern Iraq, leaving scores of innocent civilians dead. Another 17 names written on the piece of paper were Kamal's relatives who were killed by ISIL members as they tried to flee to Mount Sinjar.

Zeitoun, 23, a Yazidi refugee was captured by ISIS members in a farmhouse. She had fled to this farmhouse seeking shelter and safety following ISIS's capturing of many Yazidi villages. Captives were separated, men from women, women from girls. Therein, horrible things like rape, sexual assault, beatings ensued.

"They killed the men, my father and seven others, right in front of my eyes and then took some other women into a school, threw fuel over them and planned to burn them ... They put us in three cars, 22 girls and women, and took us to the village of Baaj, then on to Mosul ... Many things happened to us in the 11 days we were in Mosul ... You know why they had us ... {they were} passing us between themselves for sex ... Sometimes two men were hitting me at once and even though I was badly injured they would have sex with me every night, handing me from one man to the next ... We were desperate to wash our faces, to clean the blood, but they would pour gasoline into the water and force us to use that," said Zeitoun. (By Ruth Pollard, September 17, 2014; the Sydney Morning Herald World: Iraqi Woman Tells of Gang Rape Ordeal at Hands of ISIL)

"The Islamic State's litany of horrific crimes against the Yazidis in Iraq only keeps growing ... We heard shocking stories of forced religious conversions {of Yazidis, Christians, and other religious groups}, forced marriage, and even sexual assault and slavery — and some of the victims were children," said Fred Abrahams, a Human Rights Watch (HRW) special adviser. (October 13, 2014; Al-Jazeera America and Wire Services: ISIL Fighters Rape Yazidi Women, Kidnap Children, Rights Group Told)

As the Second World War was nearing its end something quite horrible happened. Aside from what we know from Allied history books, 2 million German women were raped, and of these many were gang-raped by the Red Army.

Large scale rape of German women began soon after the German Military began to noticeably disintegrate and was retreating back to Germany from the Eastern Front.

Millions of Slavs suffered immensely at the hands of the German Military. Mass killings and murder, transfer, Starvation, imprisonment, immeasurable destruction of property and rape were inflicted upon the Slavic peoples.

Bent on revenge, top brass and the Red Army's soldiers decided that one way to punish the German people was to rape their women.

As the Red Army was heading to Germany, hardly a German female was safe; females between the age of eight and eighty could be targeted. The rapists included Russians, Cossacks and other Slavs. Alcohol was rampant within the ranks, bringing out the worst in many of the soldiers.

The rapes started in East Prussia; by January of 1945 the German Military was unable to properly defend the peripheral of its borders.

Many of the rape victims were also beaten, some mutilated and many were spat on as onlookers laughed. Some victims stated that they were forced to swallow the spit of their rapists. Not all the soldiers and officer corps approved of these actions, however, vengeance, anger, and victory were in the air. Joseph Stalin and his cronies knew exactly what was happening but did little to stop it.

Ilya Ehrenburg, Minister of Soviet Propaganda urged the Russian soldiers to punish the German women. Never mind they weren't combatants in the least sense.

In one particular incident that occurred in Dahlem, inside a maternity clinic and orphanage containing nuns, elderly women, pregnant women and new mothers were raped or gang-raped.

On a considerably smaller scale, Red Army soldiers raped women in 'liberated concentration camps', even raping their own kind (Russian women) and Jewish survivors of the camps.

Many German women tried to hide, while others made themselves look ugly and unattractive by pasting their faces and bodies with dirt.

83 year-old Ruth Schumacher, a German victim of rape by Soviet soldiers, was severely traumatized and left unable to have children. She remembers everything that she'd endured, the massive bombing and artillery campaigns of the Americans and Soviets, being knee deep in water crowded, wounded, with dozens of other civilians in an abandoned mine in Hall-Bruckdorf in East Germany.

In post-war communist East Germany Schumacher {along with many other rape victims} were forced to sign a statement effectively denying that any rapes even occurred. Below is a vivid account by Schumacher:

"I was immediately gang raped by five Russians. The memories come back to you over and over again; you can never forget something like that. Sometimes after I talk about it, I sleep for a few hours and then wake up crying, screaming. You can never ever forget ... I warned a friend not to speak about what happened to her either ... Nobody talked about that; the danger was too great ... I didn't want to know about anybody else's experiences, and they didn't want to know about mine. My conscience was heavy enough. And I didn't want to make it worse. Of course we felt ashamed about what the Nazis had done. But one should never pay back in the same currency, right?" (By Eric Westervelt, July 17, 2009 NPR.org: Silence Broken on Red Army Rapes in Germany)

The mass terror-rape of Bosnian Muslim women was a calculated move by the Serbian Authorities. One of the purposes of the rapes was to impregnate the victims. Many of the Muslim women were taken at gunpoint and then repeatedly raped, often by more than one person.

The Partizan Hall, located in the center of a small village named Foca, was used as a special rape camp for two consecutive summer months in 1992. Many Bosnian women were routinely raped and gang-raped by Serbian soldiers.

During the war there were dozens of rape camps operated by the Serbian military in Bosnia. The Partizan Hall rape camp was located beside the local police station; complaints and pleadings were ignored. It was a horrible civil war.

Aside from the rape in centers, many rapes were committed by Serb soldiers and paramilitary groups elsewhere. The victims of these rapes are still suffering from their ordeals.

On June 9, before a local Serb warlord who snatched Jasna, a 17 year-old Bosnian Muslim girl left her apartment he told her not to cry, even though they both knew that he had intended on raping her. Worse yet, he later ordered Jasna, her 15 year- old sister, and an 18 year-old friend into a car where he then drove them to Vilna Vlas motel in their town, Visegrad.

During the brutal civil war in Yugoslavia the Serb Military had put to use 'rape motels' designed to rape the enemy's women, in particular Bosnian Muslims, but also Croatian Christians. The Bosnian Muslim government characterized the Vilna Vlas hotel as a rape hotel.

Each of the 3 young girls was placed in a separate locked room, wherein they weren't allowed to leave.

There was literally no protection for the Bosnian men or women in Visegrad, it had just been captured and taken over by the rightfully feared Bosnian Serb White Eagle militia.

Milan Lukic, a well-known Serbian warlord named in the area entered Jasna's room. He then placed a table in front of the door and ordered her to undress. "He said that if I didn't do what he wanted, I would never go home. Then he ordered me to take off my clothes. I didn't want to do that. He said I must, that it would be better to take my clothes off myself, or else he would do it and he would be violent ... I started to cry. He said I was lucky to be with him. He said I could have been thrown into the river with rocks tied around my ankles. But I didn't want to do it. He got angry and cursed and said, 'I'm going to bring in 10 soldiers'." (By Peter Maas, December 27, 1992; The Washington Post: The Rapes in Bosnia, A Muslim Girl's Account)

During the Armenian Genocide (1915-1917), a plan by the Turkish Authorities to exterminate and expel the Armenian population within its borders was implemented. From 1 to 1.5 million Armenians were slaughtered outright, died of starvation or exhaustion, torture or from the elements (deportations, long treacherous treks). The idea of gassing scores of people was first implemented by the Turkish military against the Armenians. Forced to enter caves, prevented from leaving, they were gassed to death. Instances of families being tied together and then tossed into a body of water, to drown occurred.

Many women and children were raped, some repeatedly raped, and yet others were savagely raped, used as sex slaves, concubines, wives, or second wives, imposed sex orgies did occur; forced conversions at gunpoint were common. Children were sold on a whim into slave-like labour or child marriages. Many of the victims were also tortured and/or mutilated. It is not known how many raped women were impregnated by their rapists.

As was the geopolitical situation of the time, the Turks along with their non-Turkish soldiers were given a green light to do as they pleased. Most of the non-Turks included Kurds, and there were some Arabs taking advantage of the situation. Nevertheless, it was the Turks who gained the most from the plan that was carefully orchestrated; it was their operation.

Later, while drawing up his plans for world conquest Adolph Hitler said, "Who remembers the Armenians?" Indeed, the world had for the most part forgotten about the Armenian holocaust.

"The story of those who didn't die-the story of young women who survived and stayed behind-has never been told. Men write down history. So it is with Genocide. There is no room for the women. They were impure, tainted, and despised. Yet they were the ones who suffered most. They were the ones who paid a terrible price. They had to carry the heaviest burden of all: they had to regenerate life," Narrated by Suzanne Kardalian, Director of Grandma's Tattoos (2011).

"The {Armenian} children and young people arriving in Syria} told of deportations, separations, mass {in Aleppo extrajudicial killings, and repeated rapes, followed by years of unpaid servitude as agricultural workers or domestic servants, servile concubines, un-consenting wives, and involuntary mothers." Keith David Watenpaugh, The League of Nations' Rescue of Armenian Genocide Survivors and the Making of Modern Humanitarianism, 1920-1927. (By Nanore Barsoumian, December 7, 2011; The Armenian Weekly: 'Devilish Marks' and Rape in the Time of Genocide)

During the civil war in the Democratic Republic of Congo, mass slaughter, plundering and ransacking, and rape were rampant. Rapists included members of the military, paramilitary and individuals set out for revenge.

U.N. Special Representative Margot Wallstrom once referred to Eastern Congo as 'the rape capital of the world', where it was estimated that 48 women were being raped every hour. Throughout this conflict many of the victims were raped for being on the wrong side in the conflict, living in the wrong village or put simply, were at the wrong place at the wrong time. Any excuse to rape. Being too young or too old wasn't a safety net.

In November of 2012, horrible sex crimes were committed in Minova. Thousands of drunk, hungry, fatigued, battered, angry, chaotic, retreating Congolese soldiers descended upon the town, humiliated by the rebel M23 fighters in Goma. What ensued was 2 days of rape, murder, and looting inflicted upon the innocent civilians of Minova.

It is believed that hundreds of women and an unknown number of children were raped. Concerning the raped victims, many were gang-raped, and raped over-and-over again by one or more soldiers. Dr. Ghislain Kassongo, director of a nearby hospital said that he'd seen more than 100 women with rape-like injuries.

Unfortunately, as culture dictates, many victims are hesitant to come forward with their stories, fearing a backlash, revenge, or being blamed for the incident.

"Twenty-five of us gathered together and said we should rape 10 women each, and we did it ... I've raped 53 women ... and children of five or six years old ... I didn't rape because I am angry, but because it gave us a lot of pleasure ... I've raped 53 women. And children of five or six years old," said a 22 year-old Congolese soldier. (By Peter Jones in Minova, April 11, 2013; The Guardian: We Did Whatever We Wanted, Says Soldier Who Raped 53 Women)

"They beat us and beat us, and then they started to rape. Three men raped me, two from the front and one from behind ... My head is still not right. I thought I had AIDS, and now my husband mocks me. He calls me the wife of a soldier, he has rejected me," said 60 year-old Chibalonza. (ibid)

A refuge center located nearly 2 miles from Minova is the only place the rape victims can go. It was built and is run by a rape victim.

Congolese military top brass and prosecutors have made powerful statements against soldier rapes, claiming that they will take appropriate action. Unfortunately, many of the victims are still waiting to see 'this promised action'. "This is where military justice is of the utmost importance. We have not hesitated to put in place the processes to arrest the soldiers who have raped and pillaged the civilian population in Minova ... If [the rape victims] are unable to identify the soldiers who committed the crimes, then we'll apply the hierarchy principle: the commanders of the units must be pursued for these incredibly serious crimes committed by soldiers under their control," said Mokuta Amdondo, North Kivu military prosecutor. (ibid)

The Congo had endured mass terror-rapes earlier in the 20th century. Belgian soldiers raped and gang-raped many Congolese women. There were also instances of young Congolese men being forced, by Belgian soldiers, to have sex with (rape) their own mothers, at gunpoint of course. The world has forgotten these wicked unheard of crimes. Neither Hitler nor Stalin ever commanded such a barbaric act.

During the Second World War the Japanese Military used 200,000 (some estimates are higher) 'comfort women'; sex slaves for the Japanese soldiers. The women were all Asians; from Indonesia, Malaysia, Taiwan, Thailand and Vietnam. The comfort women were scattered throughout the Japanese occupied territories and also in Japan proper.

The first comfort women were Japanese prostitutes who began their work in the early 1930s. However, supply and demand was lopsided. This resulted in the luring of additional women from the territories with promises of work and other opportunities; the women were lied to. Later in time, the Japanese Military stopped luring, opting for outright kidnapping and transporting.

The comfort women were housed and treated worse than beasts; beasts aren't raped over-and-over again.

But the worst rape crimes of the Japanese Military took place in Nanking, China; commonly referred to as the 'Rape of Nanking'. There was no restraint in the bombing and raping of Nanking; as narrated by numerous witnesses 'it was extremely savage without any limitations'. The age parameters of victims was broad, children or elderly grandmothers were also rape victims. There are no known statistics pertaining to rapes of men.

There were no Nuremburg-style trials for the perpetrators of these countless heinous crimes. Punishment for the losing side was selective at best. Many of the rapists and those who orchestrated these acts lived the remainder of their lives without fear of being arrested. Many comfort women were used for months on end or longer, having to service many men in the process. So whatever the estimate is regarding the number of comfort women, it's safe to multiply that number many-fold to get an idea of how many rapes and gang-rapes were committed, not to mention other sex-related crimes. Sadly much of the world has never heard of this mass terror-rape. And to add insult to injury, many of the comfort women who did survive and were able to return home were rejected outright by their families.

"For more than 75 years, the comfort women of Korea have lived in the shadows of history," said Arthur Flug, Executive Director of the Kupferberg Holocaust Center at Bayside, New York. (By Lisa Colangelo, October 30, 2014; Daily News: The Painful Story of Asian Comfort Women Will Become a Permanent Exhibit at the Kupferberg Holocaust Museum)

"We have to remember, we have to educate the next generation," said Sung K. Min, President of the Korean American Association of Greater New York. (ibid)

During the brutal civil war in Sudan, in particular Darfur and the surrounding regions, terrible events including horrible slaughters, large-scale torture, rapes and gang-rapes, expulsions, starvation and terror were rampant.

The Janjaweed, a so-called Arab militia, used mass rape and gang-rape as one of their methods to punish, terrify and control their enemies. Virtually all of the raped women were noncombatants, innocent of any wrongdoing.

A common method used by the Janjaweed was to enter a village, well-armed and sometimes on horseback, separate the men from the women and then begin their work.

Many men were slaughtered. The prettiest women were further separated from the other women. Being pregnant was no safety net. The rapes occurred in secluded places, in public and sometimes in refugee camps. Victims have reported that the rapists enjoyed themselves during the act, laughing and singing happy-as-can-be. It was common for the rapists to taunt the victims (by saying 'slave') during the act.

Many rape victims in Sudan, both Arab and African are hesitant to convey their stories. Worse yet, although South Sudan has gained its independence, the present civil war therein is wreaking havoc on the country, including but not limited to rape as a horrible weapon.

Every single day, hundreds of women living at the United Nations base located in Bentiu unwillingly expose themselves to being raped or gang-raped whenever they roam beyond the perimeter of the camp to forage for firewood and basic vegetables, doing so in order to feed themselves and their children. Men who cross the perimeter of Bentiu camp may be shot by marauding soldiers.

According to a detailed United Nations report released in May of 2014, it places blame on the South Sudan government and the rebels of horrible sex crimes against {virtually all civilian} women. "The scale and ferocity of the sexual violence against South Sudanese women that we are witnessing in the current conflict has not been seen since some of the darkest atrocities of the [previous] civil war, pre-2005 ... Rape and sexual assault are being used on a mass scale as a weapon of war," said Lydia Stone, Senior Advisor to South Sudan's Ministry of Gender, Child and Social Welfare. (By Jason Patinkin, July 27, 2014; The Christian Science Monitor: Rape Stands out Starkly in S. Soudan War Known for Brutality)

"When young women go out, they rape you ... We as young women fear going out of the camp ... They say 'we'll shoot you if we don't rape you' ... When they find you are three women like this, they take you one by one, and if you make any sound they beat you," said Janet, a mother of six children, in her late 20s. (ibid)

"If I say I have a small baby and I'm still breastfeeding, they still rape you," said a woman sitting beside Janet. (ibid)

Even with all the rape and brutality inflicted upon many innocent South Sudanese, rape victims fear being blamed for the act, or will not be able to get married in the future.

Shortly after Columbus and Cortes arrived in the so-called New World, slaughter, enslavement, torture, plundering and destruction, expulsions, mass rapes and a sex trade ensued. The initial treatment of the Taino and soon thereafter, the Arawak were excellent indicators of how the native peoples in the whole of the Americas were to be treated.

Columbus, Cortes and those 'commanders' who followed them were nothing short of brutal war criminals.

The brutal rape of girls as young as eight was common. Spaniards often raped women in front of their bound husbands. A lucrative sex slave industry evolved; native women virtually had no rights. In a larger sense, not only were many native women violated and raped in the Americas, the entire hemisphere was raped.

The Burmese Army has used terror, rape, mass destruction, and brutality as a powerful tool to oppress, suppress, and ethnically cleanse peoples in ethnic states.

A 26 year-old Rohingya Muslim seeking refuge in Bangladesh conveyed her all-too familiar story:

"A man from NaSaKa [Burma's border security force] came to my house. He kicked the door and told me I had to go and work as a sentry instead of my husband. I had to go immediately with my young child and without food. Later in the evening while I was at my post someone else from NaSaKa came. He told me 'your husband is not there, I will stay with you; I want to live with you.' That night the man raped me in the shed in front of my boy ... We [women] feel at peace in Bangladesh. There is no food and some problems, but there is no rape, we have peace." (Women under Siege: Witness: Burma)

A Karen woman conveyed her all-too-familiar story:

"I was kept as a porter in October. They said it would only be for four days, but they kept me for one month and four days... At night I couldn't sleep because I often saw guards come and take the youngest girls away ... Two times I had to carry separately from the rest of the group, and ended up alone in the forest with the soldiers at night. Both times the soldiers came to me and beat me, showed me their guns to keep me quiet, and then raped me. The first time I was raped by six soldiers, and the second night this happened I was raped by four soldiers." (ibid)

As reported by Kaladan News On June 14, 2012, 11 Rohingya Muslim women were brutally raped by Burmese soldiers in a village. In addition, Burmese soldiers looted or destroyed many properties, in particular money, gold, and silver from numerous villages, and arrested many youth without due process or legal proceedings, and torture is widely used. The Arakan (Rakhine region) of the state of Burma (Myanmar) has been particularly hard hit by waves of crimes against humanity. World leaders appear to be uncaring about the flight of the Rohyngya Muslims. More so, the Burmese authorities clearly support their security forces, granting them a green light, and a massive propaganda outlet to help them cleanse the lands of Rohingya Muslims.

"It is clear that the Government is conducting ethnic cleansing in a systematic way to make the Rohingya Muslim communities flee from their own homeland (Arakan) ... The Rohingya Muslim people will suffer from hunger if this situation continues. The Burmese authorities distribute food to the people of Rakhine, but not to the Rohingya Muslim communities," said a tribal elder in Maungdaw. (June 20, 2012; The Unjust Media: Savage! Burmese Forces Raped 11 Rohingya Muslimahs)

During the civil war of 1971 in Pakistan that led to the establishment of Bangladesh, a very large number of Bangladeshi women were brutally raped or gang-raped by Pakistani soldiers. This horrible series of actions was so shocking that soon afterwards, the Bangladesh Government of Sheikh Mujibur Rahman declared that all Bangladeshi women raped during this conflict were 'heroines'.

Pakistani soldiers swept into Bangladeshi villages, sometimes in truckloads, rounded up the women, and then took them to military compounds. Many people were slaughtered, villages were pillaged and burned.

The rapes were well-orchestrated, permission was granted by top brass. The idea was to punish, humiliate and harm the entire seceding region; no wonder it seceded. The only good news is that many Bangladeshi women were able to flee and hide before the rape onslaughts.

In some instances, women were raped in front of their defenceless husbands.

The Bangladeshi Government estimated that up to 300,000 of their women were raped. In addition, millions of people lost their homes or much of their subsistence. Estimates of Bangladeshi deaths range from a few hundred thousand to three million, depending on the source.

The conflict only lasted nine months but the devastation and its reverberations would last decades-on-end. Many Bangladeshi women were impregnated. By tradition of the area, many of the husbands refused to take back their raped wives (impregnated or not). In addition, virgins who were raped found it almost impossible to get married.

At least 80 percent of the raped women were Muslims most of the rest included Hindus or Christians.

Although the Pakistani soldiers were, in theory Muslims like the majority of Bangladeshis mass terror-rape often creates an atmosphere of monstrosity. The rapists become monsters and the victims become subjects deserving what they get.

Although the war's termination was aided by Indian Military intervention the primary motive was political and vengeance.

In 1947 India was partitioned, a large section became Pakistan. Millions of Muslims, Hindus and others became homeless countless others were raped, killed or wounded.

Since the partition, India and Pakistan have gone to war and countless skirmishes have ensued. Furthermore, the Indian Military has used rape as a weapon against the women of Kashmir. Bangladesh officially became a nation on December 16, 1971, but the mass terror-rape of its women has for the most part been ignored or deliberately kept a secret in the media outlets around the world. Presently, Bangladesh is ruled by a brutal woman dictator.

Beginning in 1989 at the start of the profoundly lopsided armed conflict the Indian Military has significantly increased its use of systematic killings, brutality, torture, imprisonment, harassment and the rape and gang-rape of women and girls during their illegal occupation of a part of Kashmir.

The international community has, for the most part turned a blind eye to the crimes against humanity occurring in Kashmir; the United Nations appears to be impotent in imposing a protection order for the people of Kashmir.

Kashmiri women and children suffer the brunt of violence. Women are targeted for rape, and many have also been tortured in the process. In some instances, Indian soldiers have carved up images on rape victims' skins, using knives and other sharp objects. Beatings of men and women occur routinely.

A study conducted in 2005 by Medecins Sans Frontieres (Doctors without Borders) indicates that Kashmiri women are ranked as one of the worst victims of sexual violence.

Kashmiri rape statistics are grossly incomplete. Many rape victims are terrified of conveying their stories in public or to take their cases to court. Retribution by the courts and vengeance by Indian Military personnel and individuals is a constantly lurking fear.

During the profoundly lopsided war in Chechnya the Russian Military used rape and gang-rape (even of visibly pregnant women), indiscriminate killings, torture, kidnappings, checkpoints, unlawful incarceration, disappearances, mass devastation and destruction of areas, and blockades to terrify and subdue the Chechen population.

But during the late 1990s until early in the 20th century horrific accounts of rape had been documented. According to human rights watch Russian Soldiers have been raping Chechen women in areas of Russian-controlled Chechnya.

The horrors began in 1994. And by 1999 up to one fifth of the Chechen population had either been killed or disappeared. Beatings during rapes and gang-rapes had occurred too. Soldiers were often drunk. Some rape victims were brutally killed afterwards.

"Rape is a war crime, and these allegations about rape in Chechnya are very serious," said Regan Ralph, executive director of the Women's Rights Division of Human Rights Watch. (January 20, 2000; Human Rights Watch: Rape Allegations Surface in Chechnya)

Instances of non-combatant women being locked up and repeatedly raped by Russian soldiers occurred. Regardless of the official statistics, in Chechnya single women who are raped will very likely stay single; hardly a man will want to marry her even if it can be proven that she was raped. Married women are likely to be divorced by their husbands.

Another category of Chechen rape victims were those who were kidnapped and then sent off to detention centers where anything goes. Russian Military checkpoints were also a place of danger for Chechen women; they could be beaten, spat on, insulted or in some instances taken away and then raped or gangraped.

Although rape during a conflict is considered a war crime (Article Four of the Geneva Convention defines rape as a war crime. Furthermore, Article twenty seven clearly prohibits it), we've seen this heinous act occur over and over again. Considerably weaker and smaller nations than Russia have thumbed their noses at the United Nations and the world court. Russia has permanent superpower veto status.

This mass terror-rape of the Chechen nation and women was well orchestrated. Conveniently, many of the males therein were killed or sent off to detention centers.

Malika (name has been changed) conveyed a story about a rape that occurred on December 19, 1999. Russian soldiers raped and killed Fira (name has been changed) her 23 year-old neighbour in the town of Fali. Malika describes Fira as very beautiful and was 5 or 6 months pregnant. Malika also said that Russian soldiers killed Rozet (name has been changed) Fira's mother-in-law, who was around 60 years-old. She had gunshot wounds on her body.

Malika aided in the Islamic ceremonial washing of the dead bodies prior to burial.

According to Malika, "On her breasts, there were dark blue bruises. There was a strangely square bruise on her shoulder. Near her liver, there were also dark bruises. On her neck, there were teeth marks, and her lips also had teeth marks, like someone had bitten her. She had a little [bullet] hole on the right side of her head, and a big wound on the left side of her head." (ibid)

Rape has been used as a terror tactic against the Kurdish communities in Turkey. The Turkish authorities commonly refer to this population as 'Mountain Turks'. They don't even want to accept the true identity of the Kurds. But for decades-on end the Turkish Military has been slaughtering Kurds, imprisoning them without due process, destroying their homes and villages, using horrific torture and interrogation methods and soldiers have raped innocent women.

The number of Kurdish women who've been tortured and raped is significantly higher than is indicated; in their culture women may be dishonoured if they're raped or sexually abused. In addition, many Kurdish women are quite fearful of the Turkish Military and authorities.

Rape, torture and sexual torture are also used in detention centers. The victims of rape and sexual torture sometimes include males and children. Within this atmosphere there's no respect for the basic rights of a Kurd in particular in southeastern Turkey which is a hub for Kurdish nationalism.

There are up to 40 million Kurds scattered throughout Turkey, Iran, Iraq and Syria.

"Say a woman guerrilla dies in a raid. She is lying there, her body still warm...you understand? Now, the soldier hasn't had a woman in a long time. He sees his chance. The soldier makes use of this opportunity. Then he does it," a testimony by a Turkish soldier to a magazine called 'Gercek' in 1993. (Hevallo: Turkey and the Kurdish Question And Rojava Kurdistan: The Rape and Torture of Kurdish Women By Turkish Security Forces)

Below is part of a testimonial given by Nulifer Koc, A Kurdish Woman who lives in Germany and acted as a translator for a German delegation visiting Turkey to investigate human rights abuses in 1993. {Unfortunately} she was detained during the delegation's visit and taken into custody by the Turkish authorities:

"I was told to stand and someone said fetch the buckets of cold water. I was ordered to undress. I hesitated. They came and undressed me and poured cold water over my head and body. They said talk you whore I'll fuck you right now if you do not talk. Then another bucket of cold water was used. I shook and cried out. He said put your hand out. I put my right hand out. He shouted both of them. He hit my hands with a rubber club and screamed, talk, {soon thereafter} I could not feel my hands any more {because} he had hit them so often. I was told to get dressed ... I had to sit in the chair again and the questions began again from in front of me ... He asked me if I knew the national anthem and birth dates of Ataturk. I replied no. They said I was lost because I had no national identity. They said I would turn myself into a German. They cursed me as a traitor... I was led into another room. Get undressed! Shaking, I undressed and they tied cloth around my wrists and attached very tight handcuffs to them. The handcuffs were fastened to the wall so I hung from the wall with my arms stretched out to either side, with the tips of my toes just touching the floor but not my heels. They turned on very loud European pop music, saying this should make me feel at home ... Because of the pain I could no longer concentrate on their questions. I did not answer. They hit me but I did not feel the pain any more. I felt death to be near..." (ibid)

During the Turkish invasion of Cyprus (launched on July 20, 1974) Turkish soldiers raped over 1000 Greek Cypriot Women. The invasion was rife with horrible human rights abuses.

West Papua, containing the provinces of Papua and West Papua, and is not part of Papua New Guinea have suffered immensely from the Indonesian occupation beginning in 1963. The Papuans have had to endure brutality by racist Indonesian soldiers. The Papuan natives are not regarded as humans.

West Papua's natural resources have been exploited and utilized, bringing in outstanding profits for the Indonesian Government and international corporations, all to the disadvantage of the native West Papuans. In subduing the West Papuans the Indonesian Military has used unlawful killings, arbitrary arrests, torture and rape, and brutality during protests.

Papua New Guinea has a rampant rape problem in its society. Women, pre-pubescent, and sometimes elderly women run the risk of being assaulted, tortured, and/or raped by individuals or in worse case scenarios by drunken men or boys and men.

According to American researcher Shirley Oliver-Miller, "To most young Papua New Guinean women today, a man with money, a car, or even a schoolboy with promise, is a far more attractive prospect than a poor boy with no obvious future. For many young men, having no money with which to buy sex directly, or simply with which to make a girlfriend happy, is a frustrating state of affairs ... Some men state that there is no opportunity for them to have sex at all, unless they rape a woman. Group rape is less likely to lead to trouble than individual rape, although most men who state they rape women do both." (By Alfredo P. Hernandez, March 6, 2009, Malum Nalu Blogspot: The Rape of Papua New Guinean Women)

A 32 year-old American academic was gang-raped by an armed mob in Papua New Guinea. The victim, her husband, and a guide were ambushed by 9 men who were armed with rifles and knives.

The victim was stripped hands bound, and they cut her hair to the scalp on the back. She was gang-raped for 20 minutes. Later, the victims were able to escape.

This horrible attack came only a week following an attack involving an Australian man who was killed and his female friend was raped by a group of men.

The 32 year-old gang-raped victim said, "This story should not come out because I am white ... It should come out in hopes that it empowers Papua New Guinean women to stand up and say no more violence against women in this country." .(By Barney Henderson, April 21, 2013; The Telegraph UK: US Academic Describes Gang-Rape in Papua New Guinea)

The victim was on her fifth visit to Papua New Guinea since 2010, during which she was conducting research on birds and the impact of climate change.

"This kind of behaviour totally undermines our efforts to make our country a safe destination for investment and tourists... We cannot allow the entire nation to suffer because of the behaviour of one or two sick people," said Peter O'Neill Papua New Guineas Prime Minister. (ibid)

During the recent civil war in Libya, hundreds of Libyan women had the courage to come out and admit that they were raped or gang-raped by forces loyal to the late Libyan dictator Muammar Gaddafi. Orders were given by what appears to be Gaddafi himself to rape the women in order to punish and humiliate the resistance.

But the number of Libyan women who'd been raped during this conflict is likely considerably higher. The usual stigma of a rape victim in this culture holds true. Many of these victims will have to bottle-up their horrible feelings for the remainder of their lives, not even telling close relatives. As to those who'll become impregnated, their fate will likely be far worse. The rapists have blamed the victims and some elements in society may do the same. Fighting during conflicts, as horrible as it may be, should be free of rape. Rape is not something that any person must do. It's a choice.

Muammar Gaddafi, the late ruthless tyrannical dictator of Libya was like Caligula and Nero. Aside from his other horrible attributes, he was a depraved, sadistic rapist. During his 42 year reign, Gaddafi raped, beat, and enslaved many teenage girls. Young boys were also included amongst his victims. Gaddafi put to good use his sex dungeon, containing an unknown number of bedroom/s and a fully-fitted gynaecological suite where prospective teenage girls would be examined by a qualified physician for STDs. If they were STD free, he'd sexually abuse them. Often-times, the young girls were forced to watch porn movies to better prepare them for action. Gaddafi was known to use cocaine, Viagra, and consumed alcohol.

Some of his victims were so brutalized they were dumped at a site and left to wither away. Even his renowned entourage of female bodyguards wasn't immune to his cruelty and sadism.

One of the methods Gaddafi used to find girls was to visit schools. Therein, he'd shift his eyes through the crowd, searching for 'attractive targets'. Later, he'd pat each of the 'chosen ones' on the head thereby notifying his security entourage. Later in the day his entourage of personal security guards would herd his targets together and then kidnap them. Family members who tried to prevent the kidnappings could be shot dead at worst or were taken away by the secret police, where in all likelihood they'd be beaten and/or tortured without mercy.

As narrated by a Tripoli school teacher, "Some {of the girls} were only 14 ... They would simply take the girl they wanted. They had no conscience, no morals, not an iota of mercy even though she was a mere child." (By Olga Craig and Nikki Murfitt, January 28, 2014; Daily Mail: Uncovered: The Macabre Sex Chamber of Libya's Colonel Gaddafi Where He Raped Girls and Boys as Young as 14)

This particular school teacher worried about her students and her own daughter, who was a student at Tripoli University.

As conveyed by her daughter, "The girls he {Gaddafi} wanted would be rounded up and sent to him."(ibid)

A woman who was held captive by Gaddafi for 7 years recounts, "I will never forget that first time, that moment," she says. He violated my body and pierced my soul with a dagger. That blade will never come out." (ibid)

When Gaddafi was finally captured by resistance fighters he was brutally beaten, tortured, and sodomized with a stick. The latter is quite ironic, indeed.

Mass terror-rape can also be a tool of the government to punish, humiliate, terrorize and subdue female inmates, in this particular context, the Soviet Gulags. Tens of millions of people, many of them tried and convicted without any due process of law, others not even given the benefit of a 'fake trial' were sent to the Soviet Gulags.

Forced labour, starvation and horrible treatment were the norm. There were incidents of rape and gang-rapes, beatings were more common though. The culprits could be male camp employees, guards or sex starved raving inmates. There was simply no one to complain to.

Some female inmates were forced to take camp husbands for protection, security and a semblance of male companionship, sentences could extend for years-on-end, sometimes for life.

Some women who were sent to the Gulags were pregnant at the time, others became pregnant therein. If a pregnant woman was super lucky, she was released. But in the vast majority of cases it was forced labour as usual. The inmates were considered political enemies of the state, without any rights whatsoever.

Many babies were systematically confiscated from their inmate mothers and sent off to orphanages or elsewhere. For the most part, the children could never be found by mothers who were released from the Gulags, and vice versa.

The Gulags were in a sense used as a punishment and a 'corrective device' for all dissidents.

For female detainees humiliation began upon entry into the Gulag. Many women were forced to strip naked, shoved into filthy enclosures, sometimes roofless and often the floor therein was dirty littered with frozen fecal and urine matter.

The women's 'good personal items' were conveniently confiscated by the Gulag workers. Meanwhile, the women were freezing. During their stay women in Gulags were sometimes subjected to degrading searches en masse, often occurring during the night.

Depending on the particular Gulag, night searches could be conducted on a regular basis; women were shouted to out of bed, in the nude of course. These so-called night searches were nothing more than a ruse to further brutalize, punish and break down the inmates. But being in the nude was a special punishment for the women therein. No doubt, at least some of the camp workers and guards enjoyed gawking at the nude women.

When inmates are incarcerated by an occupying force, expect little or no mercy, even if the occupiers have laws in their own countries that forbid torture or rape of inmates. Much of what goes on within the facility may be hidden, unless the truth is somehow leaked out.

U.S. occupying soldiers tortured, and in some cases sexually assaulted and sodomized Iraqi inmates in Abu Ghraib Prison. But let it not stop there. Almost all of the White House's crimes against humanity regarding political prisoners abroad are done so by proxy. Both parties in the White House are akin to supporting brutal dictatorships abroad, in particular their friendly, subservient Arab dictators.

In Abu Ghraib males and females were victimized. Even U.S. military dogs were used to terrorize Iraqi inmates. Thankfully, leaked allegations and photos were released, causing a temporary stir in the White House.

"These pictures show torture, abuse, rape and every indecency... I am not sure what purpose their release {photos of Iraqi detainees being violated} would serve other than a legal one and the consequence would be to imperil our troops, the only protectors of our foreign policy when we most need them and British troops who are trying to build security in Afghanistan ... The mere description of these pictures is horrendous enough, take my word for it," said retired Major General Taguba. (The Telegraph UK: Abu Ghraib Abuse Photos 'Show Rape')

Initially President Barak Obama attempted to censor the release of nearly 2000 such photos from prisons in Iraq and Afghanistan. Major General Taguba stated that he supported President Obama's decision. This is nothing short of censorship.

GROPING: Is the sexual touching of an unwilling person. The touching is always done with the hands.

FROTTEURISM: The sexual rubbing of the genitals against an unwilling person. This behaviour is almost exclusively committed by males. The perpetrator may have a pre-existing erection when he decides to rub against his designated target. Densely crowded places are favourite places for assailants.

PARAPHILIAS: Sexual behaviours or practices that are considered by a community, culture, or society to be clearly, and without doubt out of bounds with what is acceptable therein.

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Groping doesn't occur in isolated incidents. The fact is, it has become a major problem in some countries, but the practice can and does occur in virtually every country. In countries where groping is a menacing problem crowded and enclosed places like buses or trains are favoured targets, but groping can also occur outdoors.

Japan, Egypt, and India have serious groping problems. In Japan the problem is so prevalent they have a word for it, chikan. A man who performs this act is also called a chikan. The female counterpart is called a chijo. Crowded subway trains are a favourite hotspot for Japanese gropers. The most notorious groping area is the Saikyo line.

Japanese authorities are trying to tackle the groping problem. There are now women-only or women and children only train carts, presently the service is only available during the rush hours.

The groping problem in Japan does not appear to be abating but may be increasing despite a law-enforcement campaign to crack down on this lewd public behaviour. Furthermore, 'how to grope' instructions can be found online authored by Japanese gropers. Sometimes gropers stand together waiting for a good target.

But there's another downside to the groping problem in Japan. It was only a matter of time before some devious persons took advantage of this social problem.

One type of scenario involves two young women who conspire together to find a target. Once found, one of the young women approaches the man and if needed follows him until the right moment. Then, she shouts 'you groped me'! Her accomplice approaches the young woman and the man and then she claims that she saw 'him' grope her. Then comes the request for money or else the false testimony will be given to the police. How many men have had to pay up is a toss-up. No one knows.

The Japanese Criminal Justice System lacks due process. A person accused of any crime, including groping is generally assumed to be guilty, often times with little or no evidence to support an accusation/s. More so if you are a foreign national, especially a tourist, beware. You can end up spending time behind bars.

In a shocking incident a man spent over one and a half years behind bars for allegedly groping a young woman; he was later found to be falsely accused. I don't know what happened to the accusers. Remember, this is one of the reasons why due process of law is so important. All accusations of groping or any other kind of abuse shouldn't be automatically believed, regardless of who the accuser is. Women can grope too. A 61 year-old Colorado woman named Yukari Miyamae allegedly groped a female Transportation Security Agent at Phoenix's International Airport. Miyamae faced one felony count of sexual abuse.

Another groping incident involved a man who groped a 14 year-old girl who was taking a walk with her 6 year-old sister. The incident occurred in San Diego.

Egypt is another hot spot for groping. The victims are always women. Sexual harassment is commonplace in public, on trains, buses, at work, school or sometimes at the physician's office. Groping though, tends to be a particularly pervasive problem in crowded buses and trains.

Many young Egyptian women have been sexually harassed. But the problem is even worse for foreign women. This should be a caution if you're a foreign national, especially if you look it and don't speak Arabic well. If you do visit Egypt it's best to avoid crowded areas where young men are congregating or appear to have nothing to do. Also, it's a good idea to walk with other people that you know and trust.

Government corruption at the highest level down to the police and lower ranks of society is rampant. Even modest hijabwearing women aren't immune to groping and harassment.

There are too many poor, unemployed, single men with nothing to do and have no prospects in life. Many young Egyptian men will never get married. The government doesn't care either.

But most Egyptian men, as with other Arab men throughout the Arab world would never dream of groping a woman. Pious religious Muslim men are supposed to lower their gaze and not even shake hands with a non-related woman, let-alone grope her. Many Egyptian women, like many other Arab women are opting for more material goods than their parents and grandparents. Even acquiring a small apartment or a room is out of reach for many young unemployed Egyptian men.

In a recent incident that occurred in December of 2011 a hijab-wearing Egyptian protester was beaten by police and then her hijab was yanked off. She was also dragged causing her dress to be raised. Her stomach and braw were exposed.

Women have accused former Governor Arnold Schwarzenegger of groping them. The incidents allegedly began in the 1970s and spanned some 3 decades.

As of February of 2009 a total of 15 women had accused former Governor Schwarzenegger of groping. The allegations included breast grabbing, buttocks gripping, attempted removal of a bathing suit, pulling a woman onto his lap (without her permission of course), dirty talk. No official charges have ever been filed against former Governor Schwarzenegger. Some of the complainants claimed to be fearful of public ostracism if they spoke out. Nevertheless, a person in a due process model is considered innocent until proven guilty. This also includes the ongoing cases against celebrities Jian Gomeshi and Bill Cosby. Both men have been swarmed with allegations of sexual abuse. At the time of this writing, neither man had been convicted of any sex-related crimes.

Groping is very intrusive, annoying, and stressful to the victim, which is almost always a female. Serial gropers are a real menace to society. Unfortunately, law enforcement agencies around the world tend to perceive it as a trivial matter. They expect the victim to forget what happened and to move on with their lives.

A Seattle woman named Julia Marquand felt obligated to turn to twitter after she says she was groped in a downtown Seattle Street. By her own account, she was walking near Westlake Park and as soon as she began to enter a store a man groped her. Yelling at the groper was enough to make him nervously apologize and walk away.

The alleged groper, Daryl R. Sharma, 36, was on probation when the alleged incident occurred he is a level 3 sex offender with a long history of groping women.

On October 22, 2014, he was charged with one count of assault with sexual motivation and was being held in the King County Jail for allegedly violating the terms of his probation.

"It's a relief ... Women have different reactions to this; this could be traumatic. I don't want this to happen anymore," said Marquand. (By Jennifer Sullivan, October 23, 2014; The Seattle Times: 'It's a Relief,' Victim Says, as Alleged Serial Groper Charged)

Marquand says that she reported what happened to the Seattle Police but left {the station} feeling that the police didn't take her complaint seriously.

Luckily, she later confronted Sharma and was able to take his picture. She posted the photo on her Twitter and Face-book accounts. Therein, she wrote, "This dude groped me in Seattle yesterday. Cops didn't want the {picture}." (ibid)

Marquand's bold move forced the Seattle Police to react quickly. The case had become too publicized in the area, resulting in a dozen additional complaints by women accusing Sharma of groping them.

"My main concern was the way they handle cases like this ... I think they (Seattle Police) know they are on watch now, they are aware if they don't perform their duties correctly people are going to do something about it." (ibid)

A 32 year-old Indian woman from Manipur was groped by a horde of men following a traffic accident that wasn't her fault.

The victim, a theatre artiste and playwright was driving home from work. Following a stop a speeding motorcycle struck the back of her vehicle, damaging the bumper.

The victim exited her car and then viewed the damage. At this time the motorcyclist began to shout vulgarities at her. A horde of men who happened to be in the area joined the motorcyclist. The woman told The Hindu that the horde teased and abused her.

The worried woman took notice of a traffic policeman nearby. Assuming that he was there to serve and protect the public she rushed to him. Shockingly, the officer allegedly took hold of her shoulders and then pushed her away.

This was exactly what the horde wanted to see. Soon after, they started to grope the poor woman. Unbelievably, the policeman convinced the motorcyclist to leave the scene. Meanwhile, according to the victim, the horde continued to humiliate her.

The victim stated that the policeman had said to her, "You don't know Kannada. You don't belong to this place." (December 7, 2012; The Hindu: Woman Groped by mob, Slapped by Constable after Accident)

Nevertheless, the woman tried to physically stopping the motorcyclist from leaving the scene. The policeman dragged her away and then slapped her. With strong resolve the woman took out her mobile phone and started taking pictures of the motorcyclist. Seeing this, the horde became more violent, pulling on her clothes and taunting her.

One man within the horde removed his shirt, another exposed himself. The motorcyclist was able to slither away during the commotion. The ordeal lasted around 15 minutes; the abrupt end was initiated by the appearance of a patrol vehicle.

The woman, still bent on seeing justice, went to the Basavanagudi Police Station wherein she filed a complaint. Judging from what'd ensued earlier justice will likely not be served.

Voyeurism is a form of non-physical groping, which, in the voyeur's imagination can reach full penetration, or anything else he or she desires. Voyeurism is a mental disorder wherein a person receives sexual enjoyment and pleasure through covert eyeing of persons who are undressing, performing a sexual act, or other personal activities. The voyeur tries to stay out of sight, hence the designation 'Peeping Tom'. This category of sexual deviants are usually non-violent, unless there are other sexual behavioural abnormalities, or for some reason advances to the physical contact stage. As with all sexually deviant acts, it is always a possibility. Porn addiction is prevalent among voyeurs. Furthermore, some voyeurs are pedophiles.

Modern Technology has added a new kind of voyeurism, something that can be quite devastating to victims. Some victims need psychotherapy or some other form of counselling following the discovery of this hostile intrusion.

The National Center for Victims of Crime defines video voyeurism as 'non-consensual photographic or video recording in persons in a state of undress or nudity in places where the person has a reasonable expectation of privacy," (Alex Saez, eHow Contributor; eHow.com: What is Video Voyeurism?)

Video voyeurism is illegal in all 50 states classified as a misdemeanour in most states a minority of states consider it a felony. The Video Voyeurism Prevention Act of 2004 has further solidified the illegality of video voyeurism.

Video voyeurism is not a joking matter. Victims, almost always females, are violated whether they discover the voyeur's doings or not. The voyeur has the option of blasting the images, perhaps nude images, onto the internet where everyone can see the victim's body. Lives and perhaps marriages can be destroyed. Embarrassment, humiliation, anger, frustration, and depression can result.

Some voyeurs are quite aggressive, placing their device underneath a woman's skirt while she's sitting on a restroom stall stool.

In February 2014, Robert Gasho was caught taking a cell phone picture of a boy between the cracks of the bathroom stall. Luckily, the boy caught on to what'd ensued. He told his father.

Aggravating factors in this case include the police finding pornographic images on Gasho's phone, He was on parole, and was a sex offender. As such, He received a 3 year sentence.

SEXUAL HARASSMENT:

Sexual harassment involves any unwelcome or aversive sexual advance or action resulting in an uncomfortable environment. It can happen in private, at work, or in a public area. However, in work situations it's usually more difficult for the victim to escape or leave the perpetrator. Anyone can be harassed, although most perpetrators are men who sexually harass women, homosexual and lesbian harassment also occurs.

In work environments owners and supervisors have an important obligation and responsibility to maintain a sexual-harassment-free environment, which must also include the conduct of clients.

Sexual harassment comes in many forms. However, one common denominator regarding the behaviour is that it is unwelcome by

the victim, and the offender often knows suspects this from the very first incident. Regardless, the target must make it clear that the behaviour is repulsive and should not be repeated again. ACTS DEEMED TO BE SEXUAL HARASSMENT IN THE WORKPLACE: -Stating or implying that job security is maintained by giving sex or acts of a sexual nature. atmosphere lewd sexual -Creating an where or conduct or conversations are acceptable or commonplace; lewd or pornographic jokes. -Groping of any kind, or any sexual touching regardless of how lightly it is done. -Sending intrusive emails or sharing inappropriate images of a sexual nature. -Having to hear demeaning or insulting sexual comments. -Sending sexually suggestive emails, texting, letters, or doing so by phone. -Making inappropriate sexual gestures (ex. the perpetrator grabs his crotch with the intent of showing the victim). -Using insulting sexual terms to describe a person. COMPANY POLICY REGARDING SEXUAL HARASSMENT: -A clear and concise anti-harassment policy must be adopted. -Sexual harassment must be clearly and comprehensively defined. -Employees and employers should be trained to respect each other and their clients. -Disciplinary actions against sexual harassment must be in writing and known to all employees. -Make it known that all complaints will be investigated. -Every employee must know who to complain to and how to file an official complaint against another person/s. -The physical and mental safety and security of each and every employee must be of prime importance, no exceptions whatsoever. -In severe cases the police must be notified and an official complaint must be filed. -Persistent violators will be severely disciplined or fired. -Retaliation or intimidation of the victim will not be tolerated. -Workers should treat each other with the respect that they are entitled to and deserve.

A PERSON WHO IS SEXUALLY HARASSED ON A REGULAR BASIS AT WORK MAY HAVE TO DEAL WITH THE FOLLOWING FEELINGS:

-Anxiety -Apprehension -Anger -Fear -Depression -Severe insomnia -Difficulty concentrating on important tasks. -Frustration (I have to go to work, no one to complain to, no one will listen, I'll lose my job, my performance may plummet, I don't know what to do). -Frequently thinking about the occurrences, flashbacks. -Rapid pulse and blood pressure, in sustained cases mental and/or physical illnesses may result. -Post Traumatic Stress Disorder. -A marked increase in absenteeism from work. -Familial problems. -Insomnia, interrupted sleep; in extreme cases nightmares or night terrors. -A victim who is struggling to get by, pay check to pay check stop the harassment may suffer and can't leave or an intensification of the aforementioned symptoms, and additional ones. -Although rare, suicide may occur especially in countries where there are hardly any laws, or none protecting victims from sexual harassment, or when a sizeable portion of the males in the society tacitly support it. -Although a 1986 U.S. Supreme Court ruling made firms liable (legally responsible) if they permit an environment of sexual harassment this problem hasn't abated. Shelley Kanther, a former CBS radio employee claimed that male co-workers guessed her bra size and slapped her on the butt, and uttered sexually derogatory words to her. Kanther claimed that her complaints were ignored and that she was fired for speaking up. The alleged sexual harassment occurred between 2009 and 2010. She has filed a sexual harassment suit against CBS Radio. Halima Rafiq, a 17 year-old Pakistani girl committed suicide after being continuously threatened and harassed for speaking out to the media against influential persons who sexually harass young ambitious female cricketers. Shockingly, police stated that proceedings will be directed at the family in mourning. The family had not informed the police about the suicide or the burial. Manjula, a 24 year-old Indian woman committed suicide at

Manjula, a 24 year-old Indian woman committed suicide at her home as a result of frequent sexual harassment at work, in the Ashirwad Sweets and Bakery at Sub-urban Bus Stand complex. According to Narasimharaja police Manjula was unable to endure the sexual harassment by the owner of the bakery, Asif, and her 2 colleagues. (

STREET HARASSMENT:

Street Harassment includes catcalls; lewd comments, gesticulations or grabbing one's own private parts, provocative sexual staring and flashing. In more extreme cases groping or sexual assault may occur. The behaviour is almost always genderbased. The targets are almost always women, but males can also be harassed.

"Unwelcome words and actions by unknown persons in public which are motivated by gender and invade a person's physical and emotional space in a disrespectful, creepy, startling, scary, or insulting way." (Stop Street Harassment.org)

For street harassment to occur there must be а perpetrator/s and a target/s. In addition, by doing nothing bystanders are sending the perpetrators a clear message, do as In worse cases, bystanders may find the street you want. harassment amusing or funny. If the police and government don't care, then expect this lewd behaviour to be a common menace. Society and government must take this social problem seriously, and they must address it directly.

Street harassment occurs around the world, it's only a matter of degree and frequency. There's hardly a place where one form of street harassment or another doesn't occur. Even preteen girls aren't immune to it. Middle-aged men have been noted sexually harassing young girls. This kind of harassment can be quick, persistent, involve groping, whistling or in more serious cases exposing of oneself or masturbation. Street harassment reduces the mobility of victims, increases apprehension and anxiety about walking down the street.

Rape or attempted sexual assault would be taking it to another stage. Statistics for street harassment can be as high as 90 percent in some countries. Even in countries where women cover much of their bodies and hair, and are expected to be virgins at the time of marriage, SSH still occurs.

Women and girls may be given advice about not going out alone after dark, keeping a mobile phone at hand, calling 911 if needed, to dress conservatively, let it go (ignore it, it's not that bad), it's part of being a woman or girl, take self-defence classes.

WAYS TO PREVENT STREET SEXUAL HARASSMENT: PLEASE NOTE: ALWAYS BE CAREFUL ABOUT HOW YOU RESPOND. SOME HARRASSERS CAN TURN INTO RAPISTS OR PHYSICAL ATTACKERS IN AN INSTANT. FURTHERMORE, ONE PERSON CAN TURN INTO A MOB OF HARASSERS: -Study your surroundings and the perpetrators. If you feel there's a possibility of danger leave the area. If needed, call the police. -Be careful. Don't do anything that will result in danger for you. Know what you're doing and always keep an eye on the harasser/s, study their body language and tone of voice. Getting out of the situation safely is more important than retaliation. -An immediate direct response to the harasser. Identify the behaviour and then make it absolutely clear that it is wrong and that you will not tolerate it. Shout if you have to. Order the harasser to immediately stop. -If you're a bystander speak to the target. Ask if everything is all right. Ensure her that you care and that you're willing to help. The more helpful bystanders there are the better. Comfort the target. -Stand between the target and the harasser. Try to make it more difficult for the perpetrator to harass the target. -If you can, stay with the target. Make it look like you're the victim's friend. -Divert the harasser by asking him a question. -Take a picture of the harasser/s. Often-times this is а shocker. -Ask the harasser if he would like it if someone did the same to him or to a beloved one. -'Accidentally' spill food or drink on the harasser. -Ask for help from any bystander/s. -If the harasser doesn't stop, make a scene. -Share your story with your friends. Post it on your Facebook page, tweet it. -If the incident was very bad and you were able to leave unharmed, call the police.

An incredible display of fighting back a harasser occurred in a public transit bus in the Rohtak district of India in late November of 2014. Aarti and Pooja, 2 Indian sisters who were allegedly harassed and inappropriately touched fought back ferocity.

After no one else on the bus interceded they took it upon themselves to beat the 3 perpetrators with belts.

As conveyed by one of the sisters to BBC Hindi, {the perpetrators} "Threatened us and abused us ... After a heated exchange, one of the boys called his friends asking him to beat us up. One of them beat my sister while two others caught hold of me." (By Heather Saul, December 1, 2014; The Independent UK:

Indian Sisters Fight Back Against Sexual Harassment by Beating Alleged Attackers with a Belt)

The sisters defended themselves by beating the man with belts. The bus eventually came to a halt, thereafter, one of the men pushed them out of it. The men resumed their attack. One of the sisters threw a brick at the men, causing them to flee.

As quoted by Times of India, "Passengers in the bus stopped us from calling the police. We were thrown out of moving bus and then conductor told us to file police complaint, but by that time they had all escaped ... {initially the police didn't respond to the sister's call} The helpline attendant told us that they will call up in two minutes. But we got no call and no help." (ibid)

A senior police official said, "The bus driver was supposed to take the bus to the nearest police station. But he did not do so. The conductor also did not intervene. We are considering legal action against them." (ibid)

A woman witness recorded the entire event on her mobile phone. The video went viral worldwide.

The father of the victims claims that the police are pressuring them to make a compromise.

Two teenage students, Madhu and Nikita committed suicide in August of 2014 consuming poison-laced juice. They were fed up by persistent harassment and stalking by boys when they went to their coaching classes.

SEXUAL HARASSMENT IN THE MILITARY:

Sexual harassment occurs in militaries wherein women are permitted to enlist and be part of the team. Below are examples of such incidents:

The Tail-hook incident (1991), Lieutenant Paula Coughlin was sexually assaulted in a corridor by a group of navy men in the Las Vegas Hilton.
In 1999 an Army drill sergeant received a court martial for fondling or harassing 20 female recruits in his command.
Six sailors were disciplined for taping a female sailor to a chair and photographing her.
In 2000 the U.S. Army's highest ranking woman claimed that she was grabbed and kissed against her will by another general several years earlier.
In July of 2000 a U.S. Marine based in Japan was arrested for molesting a 14 year-old girl.
In a widely publicized story that occurred in 1995 three U.S. servicemen raped a 12 year-old Japanese girl.

-A female Air Force cadet had no problems until her senior year. That's when she began dating another cadet. After about a month of dating, her boyfriend invited her into an empty room. "I was verbally resistant ... I don't like this. I don't want to do this." That didn't stop him from raping her. (By Kelly Kennedy, July 25, 2013 USA Today: Military Women Say Sexual Assault and Harassment Remain)

-A Fort Carson staff Sergeant claims that he saw 8 men in his unit rape a female soldier in the barracks building next to his barracks. "The girl was apparently extremely intoxicated and was brought back to a room by a guy she was with at a club ... She passed out, and then he allowed his friends to have their way with her. ... In the end, nothing happened to any of the soldiers, and the girl was never the same again." (ibid)

New policy guidelines, training and the punishment of some violators have not ended sexual harassment of women in the U.S. Military. In fact, it is still prevalent. Higher ranking officers and personnel found guilty of sexual harassment may be punished by forced retirement with full benefits and pension.

According to a pamphlet issued by the U.S. military unacceptable behaviour can fall into three categories; Red Light Behaviour (always unacceptable: sexual touching), Yellow Light Behaviour (sometimes acceptable but is of sensible nature: nonsexual behaviour, possibly offensive jokes; Green Light Behaviour: always acceptable: clean non-sexual, professional compliments.

If you are a woman and wish to enlist in the military of your country do your research beforehand. Find out about sexual harassment in the particular branch (if applicable) that you wish to enlist in.

SEXUAL HARASSMENT IN LAW ENFORCEMENT:

In 1980 Alice Clark joined the RCMP to satisfy a childhood dream. A native of Hamilton, Ontario she received a post in Red Deer, Alberta where the male workers therein treated her respectfully and were helpful.

But things began to change soon after her transfer to traffic duty. Clark alleged that male officers regularly made their opinions clear about female officers. By 1987, Clark had endured enough incidents of sexual harassment and intimidation; she quit her job.

Later, Clark sued the RCMP; she told the Federal Court of Canada that she'd been grabbed, propositioned, and publicly humiliated by her superior. In addition, she said that once she found life-sized plastic breasts taped to her desk. She was awarded \$93,000 in damages.

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Clark's case wasn't typical. It was more on the extreme side. Most cases of sexual harassment of women on police forces range from irritating words to sexual propositions.

The introduction of tougher anti-harassment and discrimination policies by the RCMP, the Ontario Provincial Police and metropolitan police forces throughout Canada is a mandatory step toward a more tolerant environment for both genders.

Corporal Catherine Galliford had been a spokeswoman for the British Columbia RCMP. She said she endured many acts of sexual harassment and unwarranted advances, starting in 1991, following her graduation from the RCMP. She planned to file a lawsuit against her former employer. She has been on sick leave since 2006, and she's still suffering terribly. Galliford doesn't have much confidence in the system.

"I think they want to just get rid of the complainers ... I think they are moving ahead pretty quickly, I think they want to get rid of the people who are off-duty sick ... I struggle with multi-tasking and I struggle with short-term memory loss, so until I can heal properly I have no idea what's next," said Galliford. (By Jonathan Zettel, August 25, 2013 CTV News: CPL Galliford on RCMP: 'They Just Want to Get Rid of the Complainers; With Files from the Canadian Press)

CRUISE SHIPS RAPES:

-Travel with family and/or friends or in groups. Sexual predators generally target lone, defenceless, or incapacitated targets.

-Travellers on cruise ships come from all over the world, bringing with them cultural beliefs and practices. Cruise ship management and travel agencies are unable to check the criminal history of every single prospective passenger. It's beyond the time frame and abilities of these agencies to do so.

-Try not to make enemies. Be friendly but be aware of your surroundings, and the persons you're speaking to. They may lie about where they're from; they may work in pairs.

-Women can also be involved in a conspiracy to rape.

-Watch out for spiked drinks; always keep an eye on your food and drink even if you don't consume alcohol. If you eat in a cafeteria or dining hall, have a trusted family member or friend watch your food if you must temporarily leave.

-Be cautious when you enter restrooms that can be used by any passenger.

-Notify your family and friends of your voyage and keep communication lines open. Try not to get stranded alone.

-Find out about jurisdictional matters (i.e. the flag carrier of the ship or the country of next embarking). It makes all the difference in the world regarding law. -Your personal safety and your beloved ones on the cruise are of prime importance. -Never let your guard completely down. Don't be paranoid, be smart and careful. -Don't allow a stranger or someone you just met inside your cabin, even if both of you are females and the person is smaller than you. The person may be a scout, a thief, or be part of a gang of criminals. -Ask family and friends about the cruise lines you're planning to vacation on. -Do your research regarding the towns and cities that you're going to visit during your cruise ship vacation. -Keep your passport, identification papers, tickets, and anything else of value in a very safe and secure place. -Don't bring much jewellery with you. Ask about insuring your property. Wearing expensive jewellery can be seen by the good and the bad. -Break-in can easily turn into a sexual and/or physical assault. -Considering how many people travel or enjoy themselves on cruise ships, your chances of being raped or assaulted are somewhat slim, but not impossible. Theft is more common than assault of any kind. -In unusual cases a rape can occur at the hands of a cruise ship worker.

Twenty-eight year-old Ketute Pujayasa, a cruise ship worker aboard the Holland America had reportedly confessed to raping, beating, and strangling a female passenger, and then trying to throw her overboard. It is believed he told investigators that the woman had insulted him by saying, 'wait a minute, son of a bitch!' This was done as he was knocking on her cabin door to deliver breakfast. Pujayasa was quoted as saying that the statement was an insult to him and his family.

Pujayasa's initial plan was to punch the woman on the Lido deck, but decided not to because it was crowded. Instead, he used the master key to enter her cabin and hide on the balcony.

Pujayasa allegedly beat the returning woman with whatever objects he could grab hold of in the cabin, including a curling iron and a laptop computer. He used the phone cord to silence and strangle her. Miraculously, another passenger knocked on the cabin door, having heard the screams and commotion. Pujayasa promptly climbed over the balcony, ending the brutal attack.

FBI agents had been quoted as saying, "{The woman} then continued to fight for her life by all means available including

striking Pujayasa's exposed genitals as well as utilizing a corkscrew in an attempt to stab him." (February 19, 2014; HUFF POST CRIME: Cruise Ship Assault: Female Passenger Reportedly Raped, Beaten, and Strangled)

As quoted by Cruise Critic, in a prepared statement Holland America said, "While no words can adequately convey our shock at this event, this has taken the entire Holland America family to our very core ... We continue to work closely with authorities to understand how this incident occurred and what additional actions we can take to help ensure that nothing like this ever happens again." (ibid)

On July 23, 2014 teary-eyed Laurie Dishman told Senators during a Senate Commerce Committee hearing that in 2006 she was choked and raped on a Royal Caribbean cruise ship by one of their security guards.

Dishman was tenacious enough to convey her story. She wanted to shed light on the dangers that passengers on cruise ships might face. She said that she was hurt and humiliated during the incident. When she did seek their help cruise ship staff was slow in helping her and ill-mannered.

Dishman later informed the authorities. They told her to collect evidence from trash bags. They did not promptly take her to the infirmary. Nor did they administer any retro-viral medication, and shockingly, she wasn't given another cabin to stay in for the remainder of the cruise to Mexico. Indeed, no empathy or sympathy was shown to Dishman, even though she was brutalized by one of the cruise ship's own staff.

An FBI investigation was conducted as soon as the ship docked in the U.S. The investigation was worthless because it brought about no tangible results. According to Dishman, her rapist was never arrested or tried in the U.S.

Cruise consumers have virtually no rights or protections ... A cruise line employee raped me on a vacation cruise to Mexico. The crew member was working as a security guard at the disco on the ship. He approached me and asked me my name and cabin number ... He later snuck down to my cabin and forced his way in ... I resisted and struggled. He strangled me and brutally raped me. I awoke with marks around my neck ... There were no police on the ship and I was hesitant {understandably} to report the crime because he wore a security badge," said Dishman. (By Associated Press; Daily Mail: If You Think That Women Are Safe on Cruise Ships, Think Again: Passengers Recount Horror Stories of Rape to Senate, July 24, 2014)

According to the committee chairman, Sen. Jay Rockefeller, D-W.Va., "In spite of the evidence that crimes, fires, mechanical failures, drowning and mishandled medical emergencies occur with disturbing regularity on cruise ships, the industry continues to deny that it has a problem." (ibid)

SERIAL SEX OFFENDER: A person who rapes 3 or more persons within a period of more than one month. A cooling off period is part of the complete process. Blaming the victim, lack of remorse, anger, vengeance, and control are common traits. For this kind of an individual a rape can escalate into a brutal beating, torture, and/or or murder. Serial rapists are ticking time bombs.

William James Vahey was born in West Point, New York on May 7, 1949 and died on March 21, 2014. Vahey was one of the worst known serial child molesters in history, suspected of drugging and molesting hundreds of boys while teaching in South America, the Middle East, England, and Indonesia, until 2009. At the prestigious Southbank International School alone, Vahey is believed to have drugged and molested up to 60 students.

Vahey's final stint as a teacher was at Southbank International School wherein he worked until 2013 teaching history, geography, and was a basketball coach. Vahey taught in Iran, Lebanon, Saudi Arabia, Greece, Venezuela, Nicaragua, and the U.K., but also led trips to other countries.

Small wonder, in one particular application for a post at King's College School (2009-2010 academic year) Vahey emphasized that he would take the job on condition that it would guarantee regular opportunities to spend time with students outside school.

"A basic value that I {William Vahey} hold is to constantly seek to be involved with students outside of the classroom setting. I would not consider any position that did not offer extensive opportunities for interaction with students in sports and extra-curricular activities." (By Robert Booth, April 27, 2014; the Guardian: Child Molester William Vahey Applied for Outside School Activities with Pupils)

Vahey's first run-in with the law occurred in 1969. He was 20 years-old at the time, and admitted to police that he had been touching boys without their permission since age 14, while he was a boy scout. Vahey, like other serial child molesters chooses occupations that entail contact with under-age children.

Although Vahey was sentenced to 3 months in jail, and was ordered on probation for 5 years he was permitted to leave the U.S. freely and without any restraints.

The botch-up occurred because Vahey did register as a sex offender shortly following his 1969 arrest however, he did not sign the sex offender registry, thereby freeing himself of any restraints. He knew better though, thereafter, his heinous crimes against boys occurred outside of the U.S. Jean Vahey, his wife, was the Executive Director of the European Council of International Schools. Vahey had a superb employment record with good references and work experience.

One former student of Vahey's at Southbank International School in East London recalls a sudden feeling of drowsiness following a group meal. Thereafter, Vahey conveniently took the student back to his bedroom alone. The student is nearly certain that he was molested. It begs the question, how was Vahey able to drug the student's food and/or drink? But then, Vahey was a veteran, professional child molester. One method was to spike cookies that he gave to the targeted student.

The world around Vahey eventually came crumbling down. A USB memory stick belonging to Vahey was stolen by a maid. She later viewed the contents therein. It contained detailed images of 90 children who appeared to be asleep or unconscious when they were molested during field trips that date back to 2008.

A cache from Nicaragua apparently contained a very large number of files, part of which were a cluster of nude adolescent boys in an outdoor scene next to a canoeing station and in this context other disturbing images. Furthermore, Univision claimed that it received a laptop from a security guard in Managua, Nicaragua containing allegedly disturbing images related to field trips Vahey participated in while employed at Southbank from 2009 to 2013.

Following this discovery, Vahey attempted to commit suicide by what appeared to be overdose. He almost died, but was subsequently revived.

Vahey knew how to promote himself to schools and parents. He literally groomed the students' parents to better enable himself to do his dirty work.

In a letter to King's College school Haley wrote, "I am a master teacher who enjoys great popularity with students and parents because my classes make learning fun." (April 27, 2014, Robert Booth; the Guardian: Child Molester William Haley Applied for Outside School Activities with Pupils)

Vahey harmed many children, which spilled over onto their families. Many of his previous students who had gone with him on field trips don't know if they were molested. Their parents are worried too. One mother expressed her not knowing by saying, "I couldn't sleep last night. I am shocked, very shocked. My boy is 13 now and his class teacher was Vahey. Even if they find my son in the photos, I would rather not know and just forget about it ..." (By Rebecca Camber for the Daily Mail and Paul Bentley and Paul Thompson for MailOnline, April 27, 2014; Daily Mail: Predator in the Classroom: Paedophile Teacher Drugged and Abused 60 Pupils at British Private School After 40 Years Spent Abusing Children Around the Globe) On March 21, 2014, William James Vahey aged 64, committed suicide in a motel room in Luverne, Minnesota by stabbing himself in the chest.

Vahey had admitted to police that he had been molested as a child, and that he had preyed upon boys his entire life. No remorse was shown. He was one of the worst child molesters ever.

"He's one of the most prolific pedophiles that we've seen here due to the sheer numbers," FBI Special Agent Sharon Dunlap said. (By Lee Baines, May 13, 2014; Modvive: Most Prolific Pedophile in Memory Exposed After 4 Decades of Abuse)

Ariel Castro was born on July 10 1960 in San Juan Puerto Rico to Pedro Castro and Lillian Rodriguez, he died on September 2, 2013 at the Correctional Reception Center in the Pickaway Correctional Institution in Orient, Ohio. Castro is not your typical sadistic serial rapist. Throughout his reign of brutality and sadism inflicted upon his 3 (known) victims, he was geographically anchored.

Castro, a Cleveland school bus driver, who had been accused of kidnapping and imprisoning, raping and beating, evaded the death penalty by pleading guilty on July 26, 2013 to 937 counts, resulting in a life sentence without parole plus another 1000 years.

"They {the victims} are satisfied by this resolution to the case, and are looking forward to having these legal proceedings draw to a final close in the near future," based on a statement released on the victims' behalf. (By Associated Press, July 27, 2013; Inquirer.net: US Man Pleads Guilty in Kidnap, Rape Case)

"The captor is now the captive," Cuyahoga County Prosecutor Tim McGinty said of 53-year-old Ariel Castro. (ibid)

Castro apologized to his victims, but also tried to downplay his level of responsibility for his heinous crimes by placing blame on his addiction to pornography and childhood abuse.

"My addiction to pornography and my sexual problem has really taken a toll on my mind." (ibid)

"I (Ariel Castro) am not a monster ... If you asked my daughter, she would say, 'My dad is the best dad in the world' ... All the sex was consensual ... The girls were not virgins. They had multiple sex partners before me."(By Associated Press, Reuters, and Jessica Wright; September 4, 2013, The Sydney Morning Herald: Ariel Castro Found Dead in Jail Cell)

Castro's victims included Gina DeJesus, Amanda Berry and Michelle Knight. Each had disappeared separately between 2002 and 2004; they were 14, 16, and 20 years-old at the time of their kidnapping. Castro had lured each of the victims into his fold by offering them a ride. Thereafter, Castro went so far as to attend vigils with the family of one of his victims, knowing very well that he was the cause of her disappearance, and of her family's grieving.

Castro had no mercy on any of his 3 victims, frequently raping, beating, and restraining them. Worse yet Castro fathered a child with Amanda Berry. The child was born on December 25, 2006. One of the other victims helped in the delivery of the baby. She was rewarded by being raped on the same day.

Gena DeJesus was impregnated 5 times, but miscarried each time due to Castro's starving and frequently punching her.

The victims were able to escape Castro's boarded up house, which was ringed by a tall chain link fence, by kicking part of the door.

On the evening of September 3, 2013 Castro was discovered hanging near a bed-sheet in his cell at the Correctional Reception Center in the Pickaway Correctional Institution in Orient, Ohio.

"These (Castro and his likes) degenerate molesters are cowards ... This man couldn't take, for even a month, a small portion of what he had dished out for more than a decade," said Cuyahoga County prosecutor Timothy J. McGinty. (Lateef Mungin and Dave Alsup; CNN Justice: Cleveland Kidnapper Ariel Castro Dead: Commits Suicide in Prison, September 4, 2013)

Andrei Chikatilo (October 16, 1936 - February 14 1994) was born in Soviet Ukraine shortly after the horrible Ukraine famine, and he was no doubt the worst (civilian) serial killer in the history of the Soviet Union. His nicknames 'Butcher of Rostov' and 'The Rostov Ripper' were indicative of how ruthless he was. The killings, mutilations and sex crimes began in 1978 in the city of Rostov-a-don.

As a child Chikatilo was conveyed many gruesome stories by his mother of the Ukraine famine, in which cannibalism and other horrible acts occurred. He married in 1963, and fathered a son and a daughter. For the most part he was a wimpy husband. His wife often berated him.

The first of Chikatilo's 52 documented victims was a 9 year-old girl whom he lured into an old house. He tried to rape her but couldn't get an erection.

But like other rapists, the girl's struggling aroused him. He strangled and stabbed her to death; the gore and excitement of the act caused him to ejaculate during the process.

Chikatilo preyed on boys and girls, prostitutes and homeless women. He raped many of them, terribly mutilating their bodies in the process, and even cannibalising some of them. He gouged out the eyes of many of his victims. He bit off the nipples of at least one of his victims.

During Chikatilo's 15 year reign of terror, he was able to evade the authorities. Soviet police, though incredibly efficient at spying on people, weren't too knowledgeable in criminology. In addition, under Soviet rule, denial of the existence of a serial killer was the general rule; 'this only happens in Capitalistic societies'.

Although Chikatilo was arrested and questioned about the murders, he was released. But a few years later he was discovered and re-arrested.

Chikatilo was executed (told to stare at the wall and was then shot in the back of the head).

"What I did was not for sexual pleasure. Rather it brought me peace of mind." (Andrei Chikatilo)

Paul Bernardo (The Scarborough Rapist) and Karla Homolka had an unhealthy sexual obsession with each other almost immediately.

In was 1990 Homolka was engaged to a handsome, charming accountant named Paul Bernardo. She would do anything for the man whom she was passionately in love with. But there was one problem with their relationship Paul had been irritated at the fact that Karla wasn't a virgin when they first met. Naturally, his warped mind demanded that Karla help him find a suitable virgin.

The target chosen was Karla's beautiful younger sister. Shockingly, Karla accepted. More so, the act was to be videotaped. Karla had previously worked in a veterinary clinic, giving her a basic knowledge of sedatives.

But even before the heinous plan, from 1987 Bernardo had been labelled the 'Scarborough Killer'. His modus operandi was generally the same. He'd wait attentively until his target disembarked from a bus. When the opportunity came he'd grab the woman from behind and then force her to the ground. Anal sex and fellatio were Bernardo's preferred acts. By 1988 Bernardo had raped and assaulted 13 women.

Instead of notifying the police Homolka encouraged Bernardo to commit his heinous acts. On December 23, 1990 the criminal duo gave Karla's younger sister, Tammy, drinks laced with sedative halcyon. Unfortunately, things turned for the worse. Tammy choked on her vomit and died. Bernardo and Homolka hid the drugs and camera then called 911.

Bernardo sought a replacement. Homolka found a beautiful 15 year-old virgin. The girl was drugged, passed out and then sodomized by Bernardo. The act was videotaped.

On September 1, 1995 Paul Bernardo was found guilty of all 9 charges against him. 2 of the charges were for first-degree murder. Because of the public outcry and gruesome nature of his crimes, Bernardo will likely die behind bars. He has been harassed and attacked by other inmates, and receives death threats every-so-often. He's an inmate at the Kingston Penitentiary.

Karla Homolka testified against Bernardo, thereby receiving a plea bargain deal. Lucky for Homolka, the deal had been made before much incriminating evidence against her was found. She was convicted of 2 counts for manslaughter and subsequently served a 12 year sentence. She was released from the Joliette Institution on July 5, 2005. She was 35 years-old at the time.

Carl Panzram was born in Minnesota on June 28, 1891 and died on September 5, 1930. In my opinion was the worst of the worst, if not so, very nearly so. Panzram was a fierce, hardhearted, tyrannical murderer, homosexual rapist, mugger and robber, a lifelong hardened criminal.

By Panzram's own account he admitted to murdering 22 persons and having sodomized more than 1000 men. The highest figure I ever came upon was 1500.

Troubles with the law and signs of a criminal life began when Panzram was only 8 years-old. By the time he was 12 yearsold he had already been drunk and disorderly and had committed burglaries. When his brothers discovered about his devious acts they beat him so badly he lost consciousness.

Panzram was sent to the Minnesota Training School, a juvenile reformatory for 2 years, as part of a plea bargain deal. In hindsight we can certainly say that for American society and for Panzram this was a big mistake.

For the duration of his reform stay the defenceless child was tormented, tortured, and sodomized. The horrors that he suffered left a lifelong imprint on his already troubled psyche. Panzram would never return to normality. He once claimed that he was once gang-raped by a gang of hobos.

As a teenager Panzram behaved like a hardcore pyromaniac. He truly enjoyed setting buildings ablaze and watching them go under. Although some hardcore truly demented pyromaniacs masturbate to the point of ejaculation while watching their fires, it is not known if Panzram did so. But it is certain that he truly enjoyed the scene.

Panzram began to have extremely devious fantasies about committing large-scale murder. He'd later spend much of his adult life in and out of prison, enduring a tormented life. He reached the point where he hated everyone in the whole world, including himself.

"I was so full of hate that there was no room in me for such feelings as love, pity, kindness or honour or decency ... my only regret is that I wasn't born dead or not at all." (By Mark Gado; Crime Library: Carl Panzram: Too Evil to Live, Part 1) Panzram was a geographically mobile criminal, committing heinous crimes in the U.S., South America, Europe and Africa.

In one particular incident that occurred in Africa, he murdered 6 men, tossing their dead bodies to crocodiles. Panzram didn't care what race or ethnic group you belonged to, but if you were a male you were a potential target. To the best of my knowledge, Panzram never had a sexual relationship with a woman of any age. Somewhere along the line his sexuality had been obliterated. Males were the monsters who sodomized him.

Panzram said, {my parents} "were ignorant, and thru their improper teachings and improper environment, I was gradually led into the wrong way of living." (ibid)

The famed late Dr. Karl Menninger described Panzram as a man "faced with the problem of evil in him-self and in the rest of us. I have always carried him in my mind as the logical product of our prison system." (ibid)

Following a life of pitiful lie of monstrosity and mayhem Panzram was executed in Leavenworth Federal Penitentiary on September 5, 1930. Shockingly, but not surprisingly, Panzram rushed to the gallows, spat in the face of the executioner, and then said to him, "Hurry up you bastard, I could kill ten men while you're fooling around!" (ibid)

Albert Fish, also known as the Gray Man, Brooklyn Vampire (May 19, 1870 - January 16, 1936) was born in Washington, D.C. He was a horrid child molester, killer, and cannibal. Fish confessed to molesting more than 400 children. He killed several of them, but enjoyed brutally torturing them even more.

Physically, Fish was a non-threatening looking guy, small in stature and was able to fool people with an outwardly appearance of being kind, gentle, and friendly. But as soon as he was alone with his victim, a deranged monster was manifested. His victims were defenceless children, unable to ward off his heinous cruelty.

Fish's family was rife with mental illness. His problems began at a young age when his parents abandoned him. The brutality, beatings, whippings, and no kind love that he had to endure at the orphanage helped to form his criminal personality. In one incident after being beaten Fish bled. He tasted his own blood and really liked it. Hence, his taste for human blood began.

Fish never had a chance to receive a good education. He did physical rather than brainy work; he was a good painter. As a pre-teen he met and befriended a boy who introduced him to bizarre habits including drinking urine and eating feces.

In 1890 Fish moved to New York City, therein he began to rape young boys, and he liked to frequent public baths, where he gazed at boys undressing. Fish was good at inducing children away from their homes, into his lair and torture them in whatever ways he desired. With the passing of time Fish became more and more depraved, unable to completely full-fill his fantasies. He added cannibalism, and eventually murder to his depraved acts. On one occasion he molested a young man who was mildly retarded.

Later yet Fish visited brothels, where he would act out his sadomasochistic fantasies.

In 1917 Fish's wife left him for another man. Thereafter, he started sending sexually explicit, bizarre letters to women whose names he found in newspaper ads. None of the women answered his letters.

On May 25, 1928 Albert Fish answered an ad in the Sunday edition of the New York World, by an 18 year-old man named Edward Budd who was looking for work in the country in order to help his family with their finances. Albert Fish used the alias Mr. Howard Frank when he met Edward and his family.

Fish lied to the Budd family, telling them that he was a Long Island farmer seeking a hard working young man willing to earn \$15 a week. Fish used his charm and deceit to gain the trust of the Budd family, but his eyes were set on the grand prize.

Fish told the Budd family that he'd return the following week to take Budd and a friend of to their work site. Fish didn't return, but sent the Budd family a telegraph wherein he apologized, and set a future date for the rendezvous.

On June 4th, Fish returned to visit the Budd family. He arrived with well-prepared, carrying gifts for the children in the household. Everyone had lunch together. Fish, an elderly-looking, small statured, grandfatherly-looking man gained the full trust of the Budd family.

Following lunch, Fish told the Budd family that he was expected at a children's birthday party at his sister's house, and thereafter, he'd take Edward and his friend to the farm.

Fish convinced the Budd family to allow him to take Grace, their 10 year-old daughter to the birthday party. All were excited, especially Grace. She left the house with Fish. Sadly, she was never seen again.

For 6 long, agonizing years, the police had no real breaks in the case. Then, on November 11, 1934 Mrs. Budd received an anonymous letter that would re-open the case that would be Fish's death knell.

The 'anonymous writer' of the letter wrote about the empty house in Worcester, New York that Grace was taken to. Describing in gory detail how she was stripped, strangled to death, and then chopped into pieces, cooked and then eaten. The writer also made it clear that Grace wasn't molested at any time during the act (I really wonder about that). Fish used Grace's flesh to make a stew, feasting on it for several days.

The police were able to trace the letter, arrest Albert Fish, and receive an astounding number of confessions to heinous crimes including rape, torture, and murder. Detectives involved in the case believed that Albert Fish was the Devil.

On January 16, 1936, Albert Fish was electrocuted at Sing-Sing Prison. An autopsy on Albert Fish's cadaver showed 29 sewing needles inserted into his scrotum (the sack that holds a man's testicles).

"I have had children in every state." (Albert Fish)

John Wayne Gacy, Jr. also known as the killer clown (March 17, 1942 - May 10, 1994) was a convicted of the rape, torture, and murder of 33 persons, committed in Chicago, Illinois. Most of the victims were teenagers, a few were young men. He was given a death sentence for 12 of the murders. Lucky for him people can only die once.

Gacy's known heinous crimes were committed between 1972 and 1978. But his deviant behaviour traces back to 1964 regarding an incident that occurred in Iowa. Married to his first wife, Marilyn Myers, he was employed as a manager in his father-inlaw's restaurant. He enticed a young boy to the back of the restaurant wherein he attempted to force him to perform oral sex. The boy refused. The incident was reported to the police.

Gacy spent 18 months of his 10 year sentence behind bars. Understandably, his wife divorced him, he was fired from his job, and he was humiliated.

Gacy returned to his native Chicago to escape his problems in Iowa. On the rebound, he soon married. Shortly thereafter, the marriage crumbled. Gacy still had an animal-like craving for young males, but was able to live a two-faced life. He did much charitable and political work during the same period that he was raping, torturing, and killing innocent people.

Gacy actively searched for young homosexual men, enticing them to his home where he'd commit monstrous acts against them. Another method he used was through the posting of job ads. Gacy had a construction company. Naturally, the job interview was at his home. He'd overpower the unsuspecting victims, strike them until they were unconscious, then he'd rape, torture, and eventually kill them. Many of his victims were tied or handcuffed. Most of the killings were done by strangulation or choking.

Gacy's end came when police noticed that Robert Peist, a Des Plains high school student disappeared after leaving work at a pharmacy where Gacy had recently done remodelling work.

Police became suspicious. Gacy's criminal record was another reason for alarm. Further police investigation revealed

2 additional disappearances of teenage males, Gregory Godzik and John Butkovich, both worked for Gacy.

2 search warrants of Gacy's home were executed. Therein, the police were overwhelmed by what appeared to be the horrid stench of decaying bodies. The police later found 3 lime-covered bodies in the crawlspace. Gacy soon began to confess to the gruesome acts that he'd committed, directing police to the bodies in the process. The victims ranged in age from 9 to the mid-20s.

In 1980 Gacy was convicted and sentenced to death by lethal injection. He was executed on May 10, 1994. An insanity defence by Gacy's defence was unsuccessful.

Gacy's Final Meal: "A dozen deep-fried shrimp, a bucket of original recipe of KFC chicken, a pound of fresh strawberries and French fries." (Murderpedia: John Wayne Gacy Jr.)

Gacy's Final Words were, "Kiss my ass." (ibid)

Ted Bundy, was born Theodore Robert Cowell on November 24, 1946 in Burlington, Vermont. He died on January 24, 1989. Born out of wedlock to a 22 year-old woman during a period when this practice was deemed shameful. This caused Bundy's grandparents much anguish because they were devout Christians.

Bundy was raised in an unnatural environment, resulting in Bundy's grandparents adopting him. Worse yet he was told that his biological mother was his sister.

At age 3, Bundy developed a fascination and interest in knives. It wasn't until he was 13 that a particular event altered his life. He found pornographic magazines in a dumpster near his home. Sometime thereafter, Bundy became aroused by viewing violent porn.

When Bundy was a child his mother moved to Tacoma, Washington and soon thereafter she married Johnny Bundy. The married couple had several children together.

Bundy was a serial killer, rapist, kidnapper, and practiced necrophilia (sexual intercourse with dead persons). According to his confession, during the 1970s he raped and murdered over 30 young women and girls. It is believed that the actual number is considerably higher. He decapitated at least a dozen of his victims. He kept corpses in his apartment wherein he would curry and ready them for viewing and sex.

Bundy was a very handsome, charismatic, and intelligent man. This characteristic helped him lure and gain the trust of unsuspecting women. In 1972, he earned a degree in psychology from the University of Washington, and was accepted into law school.

Bundy would sometimes simulate an injury or masqueraded as an authority figure as part of his plan to get an unsuspecting woman to a specified location, wherein he'd get to work. Bundy's continued heinous crimes resulted in the disappearance of women in Seattle and Oregon, a general description of the person last seen with the women became known; a young, dark-haired man using the name Ted.

Bundy moved to Utah in 1974 to attend law school. He continued committing heinous crimes, resulting in women disappearing in Utah.

A big break came in 1975, wherein he was pulled over by a patrol car. During the inspection, the officer discovered a stash of burglary tools. Bundy was arrested for possession of these tools. This was a very important arrest. The police now suspected him of committing far more heinous crimes. It was the beginning of the end for Bundy.

In 1975 Bundy was arrested for the kidnapping of Karen DaRonch. Miraculously, she was able to escape Bundy during the kidnapping. Bundy was convicted of this crime. In 1977 he was indicted for the murder of a young Colorado woman.

Later, Bundy was able to escape custody on 2 occasions, committing subsequent heinous crimes while free. Thankfully, in February of 1978, he was pulled over by police. Bundy's reign of terror had come to an end.

While on death row Bundy worked diligently to evade the death sentence. On January 24, 1989, Theodore Robert Bundy died in the electric chair at the Florida State Prison.

"I've lived in prison a long time now, and I've met a lot of men who were motivated to commit violence. Without exception, every one of them was deeply involved in pornography, deeply consumed by the addiction. The F.B.I.'s own study on serial homicide shows that the most common interest among serial killers is pornography," said Ted Bundy. (End All Disease: Ted Bundy, Serial Killer and Rapist, Wanted to Tell the World about Pornography)

Richard Ramirez (Ricardo Leyva Munoz Ramirez) dubbed 'The Night Stalker' was born in El-Paso, Texas on February 28, 1960 and died on June 7, 2013. He was a notorious serial killer, rapist, burglar, and a lover and worshipper of Satan. He was the youngest child of Julian and Mercedes Ramirez.

Ramirez went on a 2 year-orgy raping and torturing at least 25 persons and murdering at least 13. During his reign of terror was able to literally terrorize the residents of the greater metropolitan area of Los Angeles, and later the residents of San Francisco.

As a child Ramirez sustained 2 head injuries, the first was a dresser that fell on his head, the second by a swing in a park. The 2 injuries resulted in Ramirez suffering frequent epileptic seizures, which only lasted through his childhood, and then somehow miraculously ended. In the context of his heinous crimes, the biggest early influence in Ramirez's life was his cousin Miguel (Mike) Ramirez, a decorated U.S. combat veteran. Miguel boasted to Richard about having committed cruel and gruesome acts during his Vietnam War stint. He had Polaroid photos to back up his stories. Miguel also bragged about the Vietnamese women he'd raped. Worse yet, he introduced young Richard Ramirez to Satanism. They'd get high together while talking about Satanism.

"I am beyond good and evil. I will be avenged. Lucifer dwells in us all." (By Greg Botelho, June 9, 2013; CNN Justice: Serial Killer, Rapist - Richard Ramirez - Known as Night Stalker: Dead at 53)

Ramirez developed a drug habit that he supported by committing petty crimes. He became detached from his Catholic parents, drawing him closer to his cousin Miguel. When Miguel murdered his wife by gunshot on May 4, 1973, Ramirez was present.

Ramirez took a turn for the worse in 1977. Working at a local Holiday Inn, he used his passkey to burglarize patrons while they were asleep. In one particular incident he attempted to rape a woman in one of the rooms. Thankfully, her husband returned during the attempted rape. He beat Ramirez mercilessly. Unfortunately, the travelling couple was unable or unwilling to follow through with the criminal procedure.

In 1977, Ramirez spent time in Juvenile hall for committing petty offenses. In 1982 he was placed on probation for marijuana possession. But by now he was a hardcore burglar with an expensive cocaine addiction. The following year he was sent to jail for a car theft charge. He was released from jail a no good, loser, with poor hygiene, and a sinister craving for rape, torture, and murder.

On April 10, 1984 9 year-old Mei 'Linda' Leung's body was discovered hanging on a pipe in a San Francisco hotel basement. Leung had been brutally raped, beaten, and stabbed to death. This would be a cold case for 25 years. But incredibly the case was never forgotten by Holly Pera, a young policewoman at the time.

Years later, Pera became a cold case detective. Detective Pera pulled the unsolved file for the Leung case. Vital evidence from the murder scene was sent to the crime lab. A DNA technician named Mathew Gabriel discovered the match, thereby linking the murder to Ramirez.

"I was a new police officer at the time [of the murder] ... That's part of the reason that the case was re-looked at. It's the type of case as a new officer ... a case involving a little girl ... that you don't forget," said Detective Pera. (By Robert A. Waters, May 24, 2010; Kidnapping, Murder, and Mayhem: Searching for the Devil)

On June 28, 1984 Ramirez savagely raped, beat, and killed 79 year-old Jennie Vincow during a burglary of her home.

Ramirez intensified his cruelty and brutality, but to his own detriment. There was too much media coverage, the police assigned hundreds of law enforcement officers as part of a task force, and the FBI became involved in the case.

Ramirez moved from Los Angeles to San Francisco, continuing his streak of terror. At the end of August of 1985 Ramirez drove to Tucson to visit his brother. He wasn't able to see his brother. As such, he then drove to Los Angeles. At the time he didn't know that his prison photo had been plastered on national television and print media. He'd made a fatal mistake. A few days later he attacked a woman who'd survived. She identified the stolen vehicle that Ramirez had used. Therein, the police found fingerprints. Because Ramirez had a criminal record, everything came into place quite rapidly.

Ramirez was captured a day later, but not before East L.A. residents beat him senseless.

A woman who sat through his trial didn't believe that Ramirez was guilty. She sent him numerous letters, and had visited him in prison. They were married in 1996.

As conveyed to CNN by his wife Doreen Ramirez, "He's {Richard Ramirez} kind, he's funny, he's charming ... he's a really great person. He's my best friend; he's my buddy." (By Greg Botelho, June 9, 2013; CNN Justice: Serial Killer, Rapist, Richard Ramirez--Known as Night Stalker - Dead at 53)

RAPE DURING INCARCERATION:

JUST DETENTION INTERNATIONAL (JDI): Founded in 1980 by Russell Dan Smith a survivor of rape behind bars, JDI was first named People Organized to Stop the Rape of Imprisoned Persons, later renamed Stop Prisoner Rape finally in September of 2008 it became JDI.

JDI is a health and human rights organization whose mission is to end all patterns of sexual abuse during incarceration, by jail or prison staff or other inmates. JDI campaigns for the safety of all inmates in all types of facilities.

JDI was incorporated in 1994 by Stephen Donaldson (Born Robert Anthony Martin Jr. July 27, 1946 - July 18, 1996). While in jail Donaldson was gang-raped 60 times, for 2 nights.

Donaldson was charged with trespassing on White House property during a peace protest regarding Cambodia. Worse yet, Donaldson stated that Captain Clinton Cobb, a corrections officer had Donaldson, a bisexual political activist transferred to the most dangerous cell-block in the prison.

"I had no choice but to submit to being Inmate B's prison wife. Out of fear for my life, I submitted to sucking his dick, being fucked in my ass, and performing other duties as a woman, such as making his bed. In all reality, I was his slave, as the Officials of the Arkansas Department of Corrections under the 'color of law' did absolutely nothing," M.P, Arkansas, August 2, 1996. (No Escape: Male Rape in U.S. Prisons: Prisoners' Voices)

"If a person is timid or shy or as prison inmates term him 'Weak,' either mentally or physically, he stands to be a victim of physical and/or sexual assault," R.B., Colorado, September 1, 1996 (ibid)

"I was raped in prison from Feb 1991 through Nov 1991. From that it left me HIV positive, "K.S., Arkansas, September 4, 1996 (ibid)

"I have been sexually assaulted twice since being incarcerated. Both times the staff refused to do anything except to lock me up and make accusations that I'm homosexual and that if I pursue legal action they'd ship me and both times they did, J.G., Florida, September 9, 1996 (ibid)

Prison rape is an extremely horrifying event for victims. It causes long-term or lifelong psychological and/or physical damage. Victims can very easily contract an STD.

Regarding correctional officers, it depends on the facility. Some have a generally hands-off policy see no evil hear no evil, and I or we don't care. In others, it's too overwhelming for them to end rape in their facility.

An inmate who's noticeably weak, scrawny-looking, mentally challenged, appears non-threatening, white, a pretty boy, a convicted rapist or child molester, effeminate, gay, has a high pitched voice, passive, brainy-looking, not street smart, or a first-timer are likely targets for rape, gang-rape, or sexual assault. Paying off a debt is a common method to induce an inmate into giving sex.

Gang-rapes do occur. Without protection an inmate must be tough, never complain about prison life and must hold his or her ground when necessary. Furthermore, if he or she can help it, which in prison life is very difficult to do, don't be at the wrong place at the wrong time. Toughness can only get you so far; the inmate may be overwhelmed by too many offenders. Or an inmate may be choked from behind until he passes out. Thereafter, anything goes.

Estimates for U.S. inmate rapes ranges from 140 thousand to more than 200 thousand. The previously mentioned estimate does not include repeat rapes, or gang-rapes. Most inmates will likely stay silent following a rape. Often-times, there's no one to complain to. If an inmate does complain, he or she becomes a 'snitch'. Snitches may be faced with a kill-on-sight order from the general inmate population. Too many enemies are made by snitching.

But for an inmate to file any kind of a complaint he must survive the ordeal, keep the filthy evidence on his or her body, and then find at least one reliable witness who will fully corroborate the testimony; quite difficult indeed.

It's not known how many prison prostitutes there are. These individuals tend to be effeminate, physically frail, naturally gay or bisexual or are new to the hardcore criminal subculture. As a general rule, we must believe that hardly any inmate wants to be prostituted. On the contrary, they were targeted and forced into this 'occupation' because they couldn't adequately defend themselves, or made enemies with the wrong people.

Prison rape is a powerful weapon used to dehumanize the victim, and to vent out sexual frustrations. Male inmate rapists do not consider themselves gay. The general trend for those who are released is to return to a heterosexual lifestyle.

In women's facilities a victim can be sexually assaulted by another inmate or prison staff.

The Prison Rape Elimination Act (PREA) was passed in 2003, with unanimous support from both houses. The goal of this act is to "provide for the analysis of the incidence and effects of prison rape in Federal, State, and local institutions and to provide information, resources recommendations and funding to protect individuals from prison rape." (Prison Rape Elimination Act, 2003)

In addition, the PREA of 2003 established The National Prison Elimination Commission whose purpose is to promote draft standards for the eradication of prison rape.

Kimberly Yates served 15 years in state and federal prison for drug related charges. In 2004, while she was an inmate at the Federal Detention Center in Philadelphia she was routinely sexually assaulted by a corrections officer named Theodore Woodson. Completed sex occurred on several occasions in the warehouse located in the basement of the facility. She has never forgotten what'd happened to her.

Following the first rape, Officer Woodson threatened to harm Yates' children and family if she ever told anyone. Expectedly, Yates kept her mouth shut, fearing for her family and self.

But the day came when she could no longer stay silent. The final rape at the hands of Office Woodson sent Yates to the hospital. She was bleeding and haemorrhaging. Yates told the Captain of the facility about what had been happening. Thankfully, he believed her. He promptly ordered Officer Woodson was promptly escorted out of the facility. In a nutshell, that was the end of his career, and some. After being charged, he pled guilty to felony counts of engaging in sexual acts with 3 female inmates. He only received a 4 month jail sentence and 3 years of probation thereafter.

Officer Woodson had violated at least 4 other female inmates, one of them had reported him a year earlier. Relatives of the victim had written the U.S. Bureau of Prisons (BOP), requesting an investigation. The BOP did not proceed, but was later forced to do so following the Yates case.

Yates and 2 other victims were transferred to another facility (FPC Alderson). None of the transferees received the appropriate after-care needed. Yates' counsellor wasn't supportive. Furthermore, some FPC Alderson staff bad-mouthed the transferees.

Kimberly Yates, former inmate and rape victim is still suffering from her victimization. She has suffered through an eating disorder, loss of self-esteem and morale, feelings of guilt and shame. Worse yet, it need not have happened.

Tutwiler Prison, a maximum security prison for women, is located near US Highway 231, in Wetumpka, Alabama. Tutwiler is perhaps the most infamous prison known for incidents of rape and sexual assaults. Many stories of rape and sexual assaults at Tutwiler Prison abound, inmate-on-inmate rape, and prison staffon-inmate rape.

Equal Justice Initiative (EJI), and NGO based in Montgomery, Alabama investigated incidents at Tutwiler Prison.

Charlotte Morrison, an EJI lawyer who is representing an impregnated rape victim named Monica Washington, at Tutwiler Prison said, "We know of numerous pregnancies, including three since 2009. We interviewed over 50 women at Tutwiler, what we disturbing found was really . . . Every single woman we interviewed had been either sexually assaulted, sexuallv harassed or had witnessed another female inmate being sexually harassed or sexually assaulted." (By Linda Pressly, December 13, 2012; BBC News: Prison Rape: Is the US Doing Enough to Protect Inmates?)

Off prison grounds, Robert Chancey describes how his cousin, Monica Washington was impregnated by a prison staff member, "She was raped in prison. She had the baby by one of the guard ... The guard told her when he took her in the room what he wanted to do to her and she said 'No'. He told her: 'Who do you think they're going to believe, you or me?' So she proceeded just to do what he wanted her to do."(ibid)

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Understandably, Washington was too afraid to report the rape. But in a crowded, enclosed prison, word gets around. Furthermore, as her pregnancy advanced it was virtually impossible to hide her distended stomach.

During visits to Tutwiler Prison Chancey brings along Washington's toddler girl to visit her mother, who is serving a 20 year sentence for robbery.

The corrections officer who raped Washington was charged with criminal sexual misconduct. He received a 6 month sentence. It begs the question, why wasn't the corrections officer charged with rape?

"Because there was no investigation done in the case ... Ms Washington was never interviewed or questioned by the district attorney's office or the police, she was only questioned by the Alabama Department of Corrections," said Charlotte Morrison. (ibid)

Local Calhoun County Sheriff Larry Amerson has a problem with the rape, and jail rape statistics, and he makes his opinion quite clear, "I think they are greatly over-stated ... Do sexual assaults happen? Yes. Are some inmates in particular at risk? Yes. But in 37 years doing this job, I'd be surprised if it was 2% - unwilling participation ... There is willing participation in sexual acts every day (in jails and prisons) the question is, when does it cross that line?" (ibid)

RAPE IN THE MENTAL HEALTH FIELD:

In a 2008 study conducted in mental wards in Victoria, Australia just under two thirds of the patients claimed to have been sexually abused or harassed by male patients. In a report detailed by the Victorian Women and Mental Health Network it became apparent that over two thirds of mental health workers were aware of the abuse occurring within public hospital wards. In this study the abuse was blamed on sick male patients, and the acts were occurring frequently.

Abuse of this nature has harmful effects on the women in mental institutions or wards. This is not what they need, especially for women who were initially admitted for being victimized for sexual assault or had been assaulted in the past. Women who were highly medicated or mentally aloof weren't aware of being raped at the time.

A particular case in this study involved a male patient who entered a female's patient's bedroom and sexually assaulted her. In Victoria, mental wards became mixed gender units during the 1960s, opening up a Pandora box of additional problems.

In a story dating back to 1993 London Police investigated the alleged rape of five patients in a psychiatric hospital.

This hospital had below standard staffing levels and security operations. In an unrelated incident occurring at the South London Hospital, a mental patient who was supposed to be under round-the-clock supervision was allegedly raped by another patient.

Shockingly, the alleged perpetrator was a convicted rapist; he'd done four years of maximum security at Broadmoor and was transferred out to a mixed gender psychiatric ward at Springfield Hospital, Tooting. Someone totally screwed up here. The alleged perpetrator was sent back to Broadmoor, but there was insufficient evidence to officially charge him with the alleged rape.

MENTAL HEALTH WARDS:

-Having mixed gender living quarters where males and females can easily enter the rooms of each other will result in problems. -Criminals and dangerous mental patients should not be freely

mixed with non-dangerous patients. This will certainly result in violence and rape. Non-dangerous mental patients may be suffering from excessive grief, depression or other nonthreatening problems or disorders. The violent mental patients may be killers, rapists, or another category of dangerous offender.

-Better overall security measures and coordination of staff and line workers is necessary.

-Better training of staff and workers.

-Restraints should be used properly and only in emergencies or when a serious situation arises and there's no other viable alternative. Restraints should be removed as soon as the particular problem has ceased, and should not be a form of sustained serious punishment. Workers should understand that restraints are extremely uncomfortable. Some patients become claustrophobic from being restrained. Furthermore, orderlies must ensure that the patient doesn't have an injury that will worsen by the restraints.

-Patients who are isolated for whatever reason must be adequately monitored. Above all else, staff must take a proactive approach to prevent self-harm or potential suicide.

-Complaints or allegations of misconduct against patients or staff should be thoroughly investigated and must not be downplayed.

In December 2002, Christopher Allison, 60, a consultant Psychiatrist, was convicted by a jury Winchester Crown Court, UK, and later sentenced to 8 years in prison for 2 counts of rape and 10 counts of indecent assaults on 6 women the youngest of which was 16 years-old.

Allison's criminal wrongdoings occurred at clinics in Kent and Hampshire between 1983 and 1997, and more recently in Basingstoke, Hants, UK. At least 4 additional women came forward from the time the trial period began, claiming that they were sexually assaulted by Allison. No wonder, police referred to him as a 'serial sex offender'.

Allison's method included befriending the vulnerable patient who was seeking his professional care for depression, anorexia, and/or low self-esteem. He was clever as a fox, not leapfrogging into his ultimate goal, rather, he moved slowly. First, he'd touch the potential victim, later he'd stroke her, and so forth, until he sexually assaulted or raped her. Cunningly, he tried to convince his patients that the particular behaviour and his orders were part of the therapy and would be beneficial to them.

Judge Hooton, saw Allison for what he truly was, saying, "You were in as an important position of trust to your patients as it's possible to be. They relied on you to help them and you betrayed them for your own selfish sexual purposes ... Maybe we will never know how much damage your behaviour has caused them ... In your case what makes everything so much worse is that even though you were told that you would have to resign from East Kent Health Authority because of your conduct towards patients, you persisted with the same behaviour in Basingstoke. That makes it a much more serious matter than it is already." (Daily Mail: Psychiatrist Jailed for Raping Patients)

Catherine, a Dartford mental health patient at Little Brook Hospital was, according to her own account, raped 60 times by a senior staff health care worker. The assailant showered her with gifts including valium, chocolate, and cigarettes, used manipulation, and promises regarding her release from the hospital. Catherine has described psychiatric hospitals as an 'open playing field for predators'.

Catherine was preyed upon for one year. At its worst, the health care worker would sneak into her room 6 times a week and do what he had to as quickly as he could. Worse yet, he infected Catherine with an STD.

"It was total manipulation. He was saying, 'this is your way out' ... At the time you believe anything ... You latch on to that hope because you don't have much hope in anything else. He would come in to my room every night and rape me ... But who is going to believe a mental patient over a highly respected member of staff?" said Catherine. (By David Collins, January 13, 2014; Mirror: Raped Sixty Times in Hospital: Mental Health Patient Reveals Shocking on Wards Dubbed "Playgrounds for Predators)

"At times I was on a very heavy amount of Valium, not to where I was unconscious, but the sedative combined with my already defeated self, I was like putty ... He would pull the covers back, do what he had to do and leave, all very quickly. I didn't move, said Catherine." (ibid)

In 2004, Catherine built up the courage to tell a nurse about what'd happened, and she also filed a report. Staff members at Little Brook Hospital now knew about what was happening.

The health care worker pleaded guilty to one count of unlawful sex with a patient. He received a one year sentence, suspended by two years, thereby spending no time behind bars for any of his heinous crimes. On a better note, Kent and Medway NHS Trust ordered that the health care worker should never work with vulnerable persons again.

Ironically, Catherine had initially entered the Little Brook hospital following a nervous breakdown, resulting from being in an abusive relationship for 10 years. Catherine is now in her 40s. In 2003-2004 she received 100,000 Pound Sterling compensation for her ordeal.

FEMALE GENITAL MUTILATION:

Female genital mutilation (FGM) is a procedure that has been practiced for at least two thousand years, believed to have begun in the Arabian Peninsula or in the horn of Africa. FGM is still practiced in parts of Africa and the Middle East.

Some immigrants from affected areas living in the western world have transported FGM to their adopted home. There's no religious compulsion to perform drastic FGM, but the cultural aspects of this procedure is so deeply ingrained into the mindset of some ignorant, and in many cases misogynist people.

FGM is usually performed on teens, however, younger girls and in uncommon cases babies may have the procedure performed on them.

FGM FALLS INTO 3 CATEGORIES:

-Partial removal of the retractable fold of the skin and the tip of the clitoris.

-Chlitoridectomy involves the complete removal of the clitoris and the labia.

- Infibulations include a chlitoridectomy and a partial closing of the vagina in order to allow for urine and menstrual blood to flow. This is the least common form of FGM. The World Health Organization (WHO) estimates that 140 million women around the world are currently living with one form of FGM. The statistics from other sources put the numbers at 90 to 140 million. The girls may be told not to touch or even look at their genitals following the procedure. Some don't even know that they've been sexually mutilated until they have completed sex for the first time.

FGM is not performed for medical reasons or to promote better health. On the contrary, there are possible short and long-term complications including the following:

-Psychological shock and terror just before, during and immediately following the procedure. -Death, although rare, has occurred.

-The instruments of use look terrifying.

-Many victims are forcefully held down, by males or a combination of males and females, most often including relatives. Girls scream, plead, cry and try to kick and flail their body and limbs. All to no avail, I've never heard of a single case of a girl escaping the procedure.

-FGM is well-planned. The victim may be tricked into going to a particular place for the procedure.

-Envy and jealousy are often apparent. 'I had to do it, now you have to'.

-Lifelong mental stress (flashbacks, nightmares or night terrors, recurrent thoughts, etc.).

-Distrust or disdain for family members involved in the procedure.

-In a culture rife with FGM a young victim may have no one to complain to.

-Sexual dysfunction or pain during intercourse, or remembering the event every time intercourse is performed.

-Never enjoying sex.

-Partial or complete retardation of pleasure within the affected areas.

-Lifelong yearning or hoping to un-due the procedure.

-FGM is most often not performed by a qualified health professional.

-The instruments are usually crude and may not be adequately sterilized. Instruments that are used may include a shard of glass, tin, knife, scissors or razor.

BELOW ARE POSSIBLE MEDICAL COMPLICATIONS OF FGM:

-Bacterial infection or an overwhelming bacterial infection. -General infection

-Urine retention -Excessive bleeding. -Tissue damage in and around the mutilated area. -Abrasions -Sores -Cysts -Abscesses -Excessive growth of scar tissue. -Urinary tract infection -Urinary incontinence. -HIV AIDS -Hepatitis B -Corrective procedure may be needed. -Failure to properly heal. -Reversal of some procedures may be required for normal birthing. -Anaemia. Worse yet, many of the victims live in poor villages or countries. There may not be enough food to eat and drinking water may not be clean. Furthermore, medical personnel and medication may not be readily available.

The idea behind FGM is to eliminate or profoundly reduce a woman's sex drive ensuring that she remains chaste. It's also considered a rite of passage. Naturally the males in the community are never expected to endure the same punishment. If the same were to be done to a male, it would entail the removal of both testicles and a permanent deadening of the nerves of the glans penis (head of the penis).

Amnesty International is trying to eradicate FGM. Today, FGM is considered a human rights issue, and rightfully so.

Families who live in North America that opt for a female relative to undergo FGM will send her to their native homeland or to a country that permits this procedure. This practice is known as 'vacation cutting'.

Presently, Jaha Dukurah is the sole U.S. based survivor of FGM to publicly come out against this practice.

"We have a culture of silence ... Most women won't share their stories because they are afraid of what will happen to them, what will happen to their parents," said Dukurah. (By Heather Wood Rudolph, April 25, 2014; Cosmopolitan: 3 Survivors Reveal the Brutal Reality of Female Genital Mutilation)

Aisha's story is all too familiar. She's 33 now years-old. Aisha was 6, and her sister was 3, they were playing in their Gambian village when a woman who people in the village knew approached them. She convinced Aisha and her sister to follow her to see something. As soon as they entered a particular home, they were ambushed, tied and blindfolded to some dense bushes. Aisha and her sister could hear loud drumming and grown women were singing {it was their initiation rite}. But there was one troublesome thing, there were girls nearby who were crying and shrieking in pain.

Aisha was dragged to a nearby fence covered with leaves. Now, Aisha could see the girls who were crying and bleeding {from their genitals}. Terrifyingly, an old woman standing nearby was wielding a sharp, bloodied knife.

It was impossible for Aisha to get away. She was held down by 3 women, one sat on her chest, capping her mouth. There's little doubt that the women had done this before. The cutting was relatively quick but quite brutal and terrifying. Aisha went down fighting all the way. The girls were treated in the traditional method.

A ceremony was held 3 months later commemorating the girls having gone through the rite of passage. Aisha's mother came to the ceremony to take Aisha and her sister. Aisha, feeling betrayed by her own mother kept asking, "Why did they do this to me? Where were you?" (ibid)

Aisha's mother responded in a cold-callous manner, "They told you not to say anything, right? Then don't talk about it ... If I were to take you out of that equation, you would be regarded as an outcast, an unclean person. You would not be a part of us. And I don't want anyone to be an outcast of our society. This is who we are." (Ibid)

Rape is a big problem in this world. We must take it very seriously and do whatever is necessary to alleviate this problem and to help the victims, most of which have no one to confide in regarding their terrible ordeal.

It's quite shameful and cold-blooded of any culture or society to place blame upon the victims of heinous sex-related crimes. Rather, victims must be supported and treated. Offenders must be brought to justice otherwise this vicious cycle will never abate or even subside.

More work must be done by world leaders, citizens, and activists. Combating the rape and sex trafficking menace must be one of the top priorities of the United Nations. These heinous crimes are growing in scale and brutality.

I hope that my book has been helpful to you. Below are important URLs and Websites. The URL is on the left, what is written on the right of the URL is what you type in the search engine. Please use Yahoo Canada (English) search engine for best results. Otherwise, you may not find the particular site that you're looking for.

HOTLINES EMERGENCIES NETWORKS ORGANIZATIONS:

www.thehotline.org National Domestic Violence Hotline (U.S.) 1-800-799-7233 (SAFE) www.thehotline.org National Domestic Violence Hotline (Canada) 1-800-363-9010 www.womensaid.org.uk Women's Aid (United Kingdom) **Rape Crisis Information Pathfinder** www.ibiblio.org/rcip National Network to End Domestic Violence www.nnedv.org www.aware.org Arming Women against Rape and Endangerment RAINN: Rape, Abuse and Incest National Network (U.S.) www.rainn.org www.helpguide.org/mental/domestic violence abuse help treatment prevent Help Guide: Help for Abused and Battered Women www.justicewomen.com/help special rape.html Women's Justice Center: Special for Rape Victims (U.S.) www.musc.edu/vawprevention National Violence against Women Prevention **Research Center** www.womensweb.ca Women's Web (Canada) Sexual Assault Survivors (Canada) www.sexualassault.aloak.ca www.womanabuse.ca Woman Abuse Council of Toronto www.cfhs.ca/athome/human animal violence connection CFHS: Women and Pets Escaping Violence

WOMEN'S ORGANIZATION:

National Organization for Women www.now.org www.womensrightswithoutfrontiers.org Womens Rights Without Frontiers www.en.wikipedia.org/wiki/Violence Against Women Act Violence against Women Act: www.saynotoviolence.org Say No: Unite: End Violence against Women Wikipedia www.global-womens-network.org Global Women's Network www.globalissues.org/article/166/womens-rights Women's Rights: Global Issues www.womenagainstrape.net/women-against-rape Women against Rape www.womanagainstrape.com/index.htm Woman against Rape www.womansavers.com Woman Savers WISE: Muslim Women www.wisemuslimwomen.org

Feminist.com www.feminist.com www.trynova.org National Organization for Victim Assistance (NOVA) www.undp.org/women Women's Empowerment: UNDP www.stopvaw.org Stop Violence against Women www.abusesanctuary.blogspot.com Sanctuary for the Abused (Contains Articles, Links & Resources www.asafeworldforwomen.org A Safe World for Women www1.umn.edu/humanrts/iwraw The International Women's Rights Action Watch

WOMEN'S SHELTERS:

www.womenshelters.orgWomen's Shelters (U.S.)www.shelternet.caShelternet (Canada)www.en.wikipedia.org/wiki/Women%27sShelterwww.associatedcontent.com/.../stayingSafe in a womensshelter.htmlAssociated Content:StayingStayingSafe in a Women's Shelterwww.ehow.com/about4577100batteredWomen's Shelters

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www.pbs.org/newshour/updates/boko-haram-kidnap-girls-nigeria Why does Boko Haram kidnap girls in Nigeria? PBS NewsHour

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<u>www.hrw.org/reports/2001/prison/voices.html</u> No Escape: Male Rape in U.S. Prisons: Prisoners' Voices

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