

# Pathway to Light

## The Golden Mile

Love Inspiration



VOLUME 1

UNIVERSAL LOVE ATTUNEMENTS

A transformational pathway to  
The New Love Consciousness



*Love Inspiration*

*Learn • Heal • Awaken*

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FOR THE BENEFIT OF ALL

May all be absolutely & infinitely happy and free from suffering.

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***Welcome!***

There are no prerequisites for this course, however please ensure that before you begin The Golden Mile you have activated (unlocked) the Golden Mile energies and attunements using the activation code & instructions on the next page.

***Once you have unlocked the energies, you are ready to begin.  
With love, we wish you well on your Golden Mile journey!***

If you have not already done so, please feel free to [sign up for free Ascension Healing](#) to help you on your Ascension Pathway journey.



## ACTIVATING (UNLOCKING) THE GOLDEN MILE ENERGIES:

Before opening up to these beautiful ascension energies, it is very important that you firstly activate or 'unlock' the energies & attunements in this ebook. Once this is completed, you will then be ready to begin!

The activation is a very simple process, done by yourself, using a specially embedded activation code to 'unlock' the energies in this ebook. The four step process is outlined below and should only take you around five minutes or so to complete.

(For more information about the activation codes or the activation process - please visit our [Activation Codes FAQ's](#)).



### 1) Preparation:

Please sit or lie down, whichever is more comfortable for you, and ensure that you will not be disturbed for at least 5 minutes or so. Perhaps you wish to play some soothing or relaxing music, light some candles or burn some incense to create a nice ambience.

### 2) Invocation:

Invoke the activation ('unlocking') by placing your hands together, fingertips touching in prayer position and saying the following:



**"With infinite grace, I ask humbly and clearly to activate the energies & attunements of The Golden Mile. With the unique activation code 74732108 may this be so. May this activation benefit all beings. Thankyou, thankyou, thankyou."**

### 3) Receiving:

If you wish to, you can now just sit for a few minutes as the energies are unlocked for you. After this period of time, as you feel ready, you may wish to give thanks. The activation is now complete!

### 4) Understanding:

Once you have completed your activation, we ask that you now read through - ["Activation Codes and Suggested Timeframes"](#). This will only take around a minute or so and will help you to receive the maximum benefits from all of these healing energies, attunements and practices. After this, you are now ready to begin opening up and receiving these beautiful ascension energies! May you enjoy these with much love & light and with an intention to benefit all beings.



# PATHWAY TO LIGHT - THE GOLDEN MILE

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### FOREWORD:

It is with much love and light that we welcome you here to this beautiful, divine and transformational Ascension Pathway - Pathway To Light.

The Pathway To Light is an Ascension Pathway which is centred on 'healing the self' and throughout this time, we will be guiding you through a series of ascension attunements & sophisticated energetic upgrades as you walk towards the ever loving, peaceful and blissful vibration of The New 'Love' Consciousness.



As part of this series of ebooks, you are being offered a complete and comprehensive ascension based system which includes all of the ascension based energies, divinely guided attunements and channeled teachings that were received by Love Inspiration over a number of years.

All of these teachings have been received from very pure consciousness and help to provide you with a clear and direct pathway into an ascended way of being. For those of you coming to us from other teachings and healing systems, you are welcomed here with love - these ascension based energies will surely be helping you to move forwards into even higher and more significant vibrations!

At various stages of this journey, we will be inviting you to open up to a number of our other healing courses, cleanses and Master Level energies as part of the Ascension Pathway. And in this way, this Ascension Pathway is very much like travelling on a main highway; a highway which is very effectively and quickly guiding you to a place of unconditional love, divine light & infinite purity. This will often be accompanied by many beautiful internal feelings such as inner joy, peace, love, wisdom as you walk closer and closer to a full ascension.

Therefore for those of you who are interested to do very deep and significant healing in your life or for those who wish to receive a well rounded and comprehensive understanding of energy based healing - you have most certainly arrived at the right place!

As a not for profit organisation, Love Inspiration is dedicated towards helping to raise the vibration of the collective consciousness in the best possible way we can. We have asked Higher Consciousness many times to please help all beings reach full and complete liberation. May they be filled with joy and happiness and may they never suffer with any kind of ailment or imbalance! It seems that the Ascension Pathways have been an answer to this prayer.

Therefore, we lovingly suggest that you use this Ascension Pathway as your main highway into Higher Consciousness. By walking on this Ascension Pathway, level by level, attunement by attunement and ebook by ebook, you will be guided step by step towards very deep healing, significant purification and ultimately - a full ascension into the layers of [The New Consciousness](#).

You will also notice here throughout these teachings that there are some pauses and resting timeframes built in. These waiting times will be helping your consciousness to assimilate and digest the new energies being introduced and are a very important part of the ascension process.

We kindly ask that you adhere to these suggested waiting timeframes and in many cases, this can be a great opportunity to open up and receive other teachings and healing systems. Above all, we ask simply that you be guided by your own heart and your own divine intuition! We are all very different and accordingly, we will all have a different journey into the light.

For now, we sincerely hope that you will enjoy this truly profound Ascension Pathway and may these beautiful energies help to bring much love, happiness and healing into your life!

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**UNDERSTANDING ASCENSION AND THE LOVE INSPIRATION ASCENSION PATHWAYS:**

As you start out on this Ascension Pathway, we would like to take a few moments here to briefly explain a little more about the idea of 'ascending' and what the term 'ascension' means to us, in order to help you on your journey.

For most people, when thinking about the word 'ascension', they will often think about the raising of a person's energetic vibration i.e. as they '*ascend*' to more love & light. And of course, this is a nice way to think about the concept of ascension. As we understand it, there are many kinds of techniques, methods and practices that can help you to *ascend* into higher and more harmonious vibrations of love & light with some being more effective than others.

In more recent times, the word 'ascension' has taken on a new meaning for Love Inspiration with the understanding that our Earth is currently being divinely guided upwards in energetic vibration towards what many channels, mediums and Gurus have described as a 'Golden Age' here on Earth.

As one example of this, with the establishment of Love Inspiration, we have been told on numerous occasions from a wide range of 'Higher Consciousness' entities, that the Earth (and her inhabitants) are currently moving through a very significant shift in energetic vibration; one which is steeped in love, unity and understanding.

In very simple terms, this shift in consciousness is being divinely guided and divinely orchestrated in order to help us move from an 'egoic based' consciousness into a 'unified' consciousness, also referred to as a 'love based' consciousness.

And this is precisely what our Ascension Pathways are all about - helping you to accelerate the ascension process so that you can experience more love, light & purity beyond that which you have previously had access to.

Throughout this ebook, the energies, attunements and healing practices here will be offering you a very effective means of purifying, evolving, growing & ascending as you open up to receiving a very significant influx of love & light from a range of Higher Consciousness entities over many months.

Of course, we understand here that this concept of ascension is still very new to most of the world, however it is something that Love Inspiration has been working with since it's conception in 2011. During this time, we have received two main 'Ascension Pathways' and a range of other energy based healing systems which all seem to help with accelerating the process of ascension, for the ultimate benefit of all beings.

As we understand it, a big part of the shift from our current egoic consciousness into a more love based consciousness seems to manifest as an organic shift from intentions like 'how can I benefit myself' into intentions which are based in altruism & love e.g. 'how can I benefit *all with love*'.



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The energies, attunements and healing practices within this ebook will help you to very naturally and lovingly move towards these kinds of altruistic and benevolent intentions as you are guided towards feeling the immense benefits that come from these new energies and from a more loving & compassionate way of thinking.

Having now understood the overall purpose of these Ascension Pathways, it is also important to point out here that you will only need to ***move through one Ascension Pathway only***. We wish to point out here that both Ascension Pathways help to guide you towards the same destination however they do this in two slightly different ways.

For example, The Unified Pathway To Light teachings guide you through a very uplifting set of self healing practices and attunements which are designed to uplift your consciousness as you ascend over a period of many months. As such, this pathway is more appropriate for those who are wishing to do meditation, self healing and personal growth and who are interested in cultivating altruistic intentions '***for the benefit of all***'. This is our quickest and most direct Ascension Pathway!

The Pathway To Light on the other hand offers a more healing session type of approach whereby the main focus is on healing the self. The energies do guide you towards an opening up to 'benefitting all' also however this is done more gradually (noting that this pathway is slightly longer in duration).

There are no 'self healing' practices being offered as part of this pathway but rather, you will be offered a divinely uplifting set of ascension based attunements that will help to bring about the necessary changes in your consciousness over a period of many months.

Therefore, before you start on your Ascension Pathway, we strongly suggest that you take some time here to reflect and contemplate which Ascension Pathway suits you best. There is much information on our website to help you with choosing your pathway, both on the [Ascension Pathway webpages](#) and in our healing [FAQ's](#).

Once you have decided the right pathway for you, we invite you to now move forwards on this pathway so that you can evolve, grow and ascend closer towards [The New Consciousness](#) and to more love & light in your life.

Finally, we also wish to point out here that on any pathway to ascension, love & light, there will always be a variety of healing issues being brought to the surface as you are guided towards releasing these in preparation for allowing more love into your consciousness.

As such, it is quite normal to feel a wide variety of different sensations as you move through these energies which include physical, mental or emotional imbalances, amongst other things. Please know that this is a very normal 'side effect' of any kind of holistic healing, purification and growth and should therefore be viewed as a very positive sign of ascension, healing & growth.

For now, we truly hope that you will enjoy these beautiful ascension energies and may they help to bring more love, light & purity into your life for the absolute and ultimate benefit of all. Enjoy your Ascension Pathway journey!





## AN OVERVIEW OF THIS ASCENSION PATHWAY

By reading through each of the previous sections, you will now understand that there are two main Ascension Pathways that Love inspiration offers. You will have seen that these Ascension Pathways are our quickest and most direct route into Higher Consciousness and you will know that you only need to choose and then walk on one of these Ascension Pathways on your journey forwards. These have all been very important learnings as you set out on your ascension journey.



So before you start on this Ascension Pathway, we would like to ask you once again to please make sure that you are happy to be walking on this particular Ascension Pathway. By taking some time at the start of this journey to reflect, evaluate and decide on the appropriate pathway will have a very big impact on the journey that lies ahead.

It is therefore with much love in our hearts that we invite you once again to perhaps re-visit our website and re-read some of the Ascension Pathway material so that you are happy and feeling comfortable and content with your chosen Ascension Pathway.

Having now taken the time to carefully select your Ascension Pathway, you are no doubt feeling good about your choice. So with this, let us now look forwards to the exciting journey that lies ahead here on this Pathway To Light journey. Indeed, there are a great many beautiful and divinely uplifting attunements and energies being received on your way towards '[The New Consciousness](#)'.

To start with then, the Pathway To Light is made up of eight individual 'volumes' and within each volume, you will be receiving a wonderful and divinely enriching series of ascension based energies and 'attunements' which will be helping to guide through a very significant period of personal growth, inner transformation and deep healing.

Right now, you are reading the first volume ebook, known to us as The Golden Mile. Within this first volume of energies, you will be receiving the 'Universal Love Attunements' and with these ascension energies, you will be receiving an influx of love, light, healing and purification to help you evolve, ascend and transform yourself internally.

After completing The Golden Mile, we invite you to move into the second volume of energies, 'The Silver Line' where you will be receiving the 'Universal Peace Attunements'. As a result, you will be guided towards yet another very significant period of internal growth as you are guided to feeling more peace in your life.

As you move into Volume Three - New Blue Moon, you will be opening up to the 'Universal Truth Attunements' and here, you will be gaining many new understandings about your own inner truth and about the many divine 'truths' that surround you every day.

And in this way, the pathway continues to unfold, volume by volume, layer by layer. And as you move through each series of energies, your energy field will be receiving and assimilating these new ascension energies so that you can be guided towards ascension and a series of sophisticated energetic upgrades. In other words, you will be moving through these ascension energies as you heal many internal impurities from within and because of this, you can then move into higher vibratory states.



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So as you can see here, as you move through each attunement, your consciousness will be guided through a new layer of 'ascension' and as part of this, as we've just mentioned, you will be asked to release, let go of and heal a range of internal impurities and karmic obstacles from within.

Therefore, the Pathway To Light is exactly as it sounds. It is a full Ascension Pathway which will be guiding you into very high and pure sources of love, light and purity over a sustained period so that you can move towards (and reach!) the layers of [The New Consciousness](#) - and beyond!

Throughout this Ascension Pathway, you will notice that the energetic steps upward will become larger and larger with each volume you complete. So for example, the vibrational step upwards through The Silver Line energies & attunements will be more bigger and more significant than the vibrational step upward being experienced through The Golden Mile energies.

Essentially, the Pathway To Light journey is an 'exponential' one, with each ascension step upwards being larger and more significant than the previous. And whilst this may be a new concept to some of you, we are sure that this will make more sense as you continue to progress.

With this in mind, let us now provide you with a full overview of the pathway that lies ahead which includes the approximate timeframes for completion. As part of all of our courses, we like to give a good snapshot of the full journey so that you can gain some valuable perspective about the journey forwards. We hope that you will enjoy the summary table below and may these beautiful energies help to bring much happiness, joy and love into your life!

<b>Ascension Pathway: Pathway To Light</b>		
<b>VOLUME NUMBER &amp; NAME</b>	<b>NATURE OF ENERGIES</b>	<b>COMPLETION TIMEFRAME</b>
1) The Golden Mile	Universal Love	8 months
2) The Silver Line	Universal Peace	6 months
3) New Blue Moon	Universal Truth	6 months
4) Red Fire Fox	Elemental Fire	4 months
5) The Emerald Stone	Elemental Earth	11 months
6) The Blue Canal	Elemental Water	7.5 months
7) The Wind Elemental	Elemental Wind	6.5 months
8) The Grey Smoke	Elemental Ether	8 months
<b><i>You are now warmly invited to walk on The <u>Ascended</u> Pathway</i></b>		

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As you can see from the above overview table, the first three volumes of energies will be leading you towards more Love, Peace and Truth in your life. The final five volumes then will be providing you with a very special and highly unique set of 'Elemental Energies' that will be helping you to receive a series of highly sophisticated upgrades and divine ascension processes.

Therefore, you may like to think of the first three volumes of ascension based attunements as being a beautiful and highly beneficial pathway which helps you move into the higher vibratory elemental attunements for the infinite benefit of all! However please know here that each and every step on this ascension journey is both very important and very necessary!

As you complete the eight Pathway To Light volumes, your Ascension Pathway is now complete. And with this, you will now be invited into the very profound & highly evolved energies of the 'Ascended' Pathway.

As we understand it, the Ascension Pathways help to bring a very substantial amount of healing, purification, love & understanding into your life. These energies will help your consciousness to ascend & transcend, heal & purify, grow & transform as you are guided towards releasing and letting go of many old layers that no longer serve you for the journey ahead.

Having now moved through this very important phase of healing, ascension & purification through the Ascension Pathway, you are now able to walk into the truly brilliant and effervescent energies of the Ascended Pathway where you will be officially welcomed into the vibration of The New Consciousness!

At this point, you will be able to see the world around you through very different eyes - through the eyes of love. This becomes a testament to all of the healing and purification work that you have done so far!

It is most certainly true that the journey into the vibration of The New Consciousness has many steps. As part of this epic healing journey, you are sure to face many kinds of internal impurities and inner darkness from within and of course, this will be helping you to heal and then ascend into a new layer and understanding of love & light.

Above all though, this entire Ascension Pathway is being divinely guided. Therefore, as you walk on each step and at individual each layer of healing, please know that you are loved and being cared for. You are being watched over by a wonderful range of highly benevolent, ever loving and deeply compassionate beings. These highly evolved beings are always showering you in love, light and divine healing as you continue to progress. And it is with much love & light that we wish to remind you of this important information here as you set out on your Ascension Pathway.

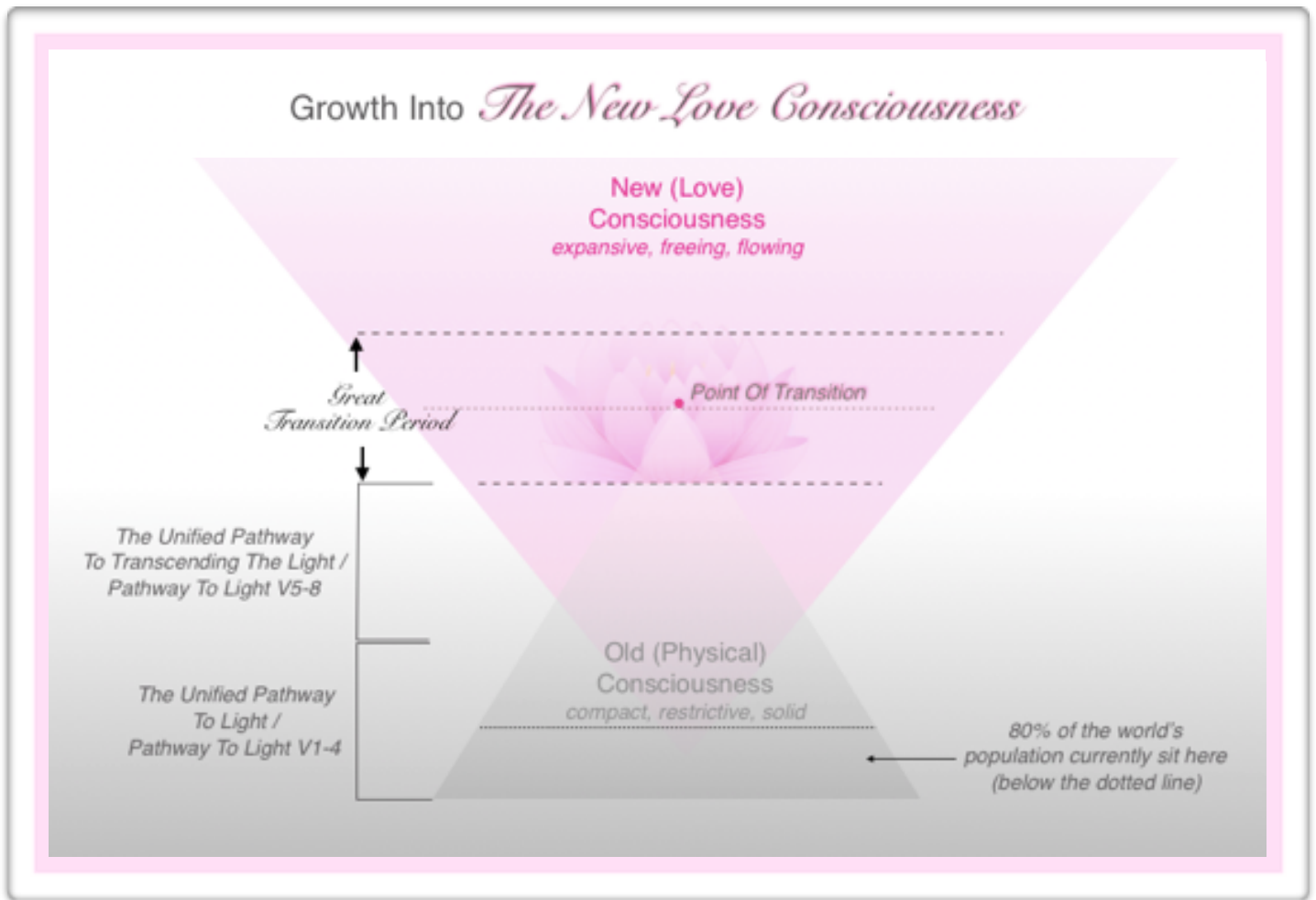


For Marty and Gerry, having moved through these pathways themselves, they see The New Consciousness as a place of infinite and pure love. A place which fully understands the concept of one-ness and unity. This is a place of unspeakable loving kindness, compassion, wisdom and peace; a place where there is everlasting happiness, infinite joy and only the purest forms of light.



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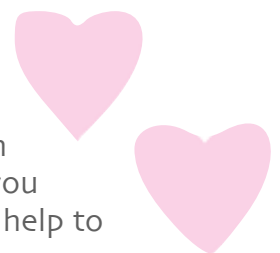


The above diagram was shown to Gerry in November 2015 through a clairvoyant vision as a way of helping us to see some of the important differences between the old consciousness (solid, heavy, rigid and restrictive) and The New Consciousness (open, free flowing and deeply loving).

Through this vision, we understand that the Love Inspiration Ascension Pathways (both the Pathway To Light and The Unified Pathway) help to form an etheric bridge into what the Guides described as the Great Transition Period and ultimately, into the vibration of The New Consciousness. Within the Great Transition Period, the Guides have also pinpointed the actual point of transition and we are happy to share here that this point will be reached during The Ascended Pathway.

Sadly, as of November 2015, we can also see here that 80% of the world's population is residing or vibrating in the lower areas within the old consciousness. And with this, we hope that we can play our small part to help people ascend into higher vibratory states through these beautiful Ascension Pathways!

We hope that you have enjoyed this short overview and that it provides you with some perspective for your journey forwards. Please know that you can revisit this section anytime, at any stage of your journey. For now, we wish you well with these beautiful Golden Mile energies and attunements and may they help to bring much love, light and healing into your life!



### **AN OUTLINE OF THE GOLDEN MILE - LEVELS & TIMEFRAMES:**

Having now read and understood the important overview information for this Ascension Pathway, you have now seen that the Pathway To Light is the important etheric bridge which can help you into the vibration of The New Consciousness.

So it is with our deepest love that we again wish to welcome you here to this truly unique, uplifting and divinely inspired ebook. In what has been many years of intensive spiritual work and purification, Love Inspiration welcomes you into these free ascension based energies with much love in our hearts.

Like all of the Pathway To Light ebooks, energies and attunements, The Golden Mile energies have been received from a variety of 'higher spiritual beings'. During this time, Gerry would receive and engage in intuitive communications and from this, we would then compile and record the information and attunement processes being received so that these can now be presented to you.

After receiving these energies, attunements and channeled teachings, we have now done our best to present these here in a way that is simple and easy to follow along with. At each step, you will be able to just lie back and enjoy receiving these beautiful ascension based attunements in the easiest and most beneficial way. Wonderful!

As part of compiling this first Golden Mile ebook, we received many blessings from the 'Guides' and we are now so very happy that we can offer all of these healing energies and channeled messages to you here in this very special ebook. During the Golden Mile, you will be offered 33 sets of healing energies or 'attunements' so that you can move into more love, purity and light for the infinite benefit of all!

We sincerely hope that you enjoy receiving these beautiful ascension based energies & attunements and to formally welcome you here, let us now share some important words which were received from a group of Divine Guides, known to us as 'The Ascended Kings':

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*“Open the book and read a chapter. Let it digest.  
Take the attunement when you feel ready. Persevere.*



*These are important words for it is indeed this simple to evolve.  
The pathways channelled in these attunements and teachings are  
strongly energised with vibrations from higher sources.*

*This book opens the channels to these energies in a way that is uniquely simple and ideal.*

*Know that the timing of receiving this book and the energies within it are divinely  
timed. With love and blessings we wish you well on your aforementioned pathway.  
Let there be light.”*

*~ The Ascended Kings of Trialom*



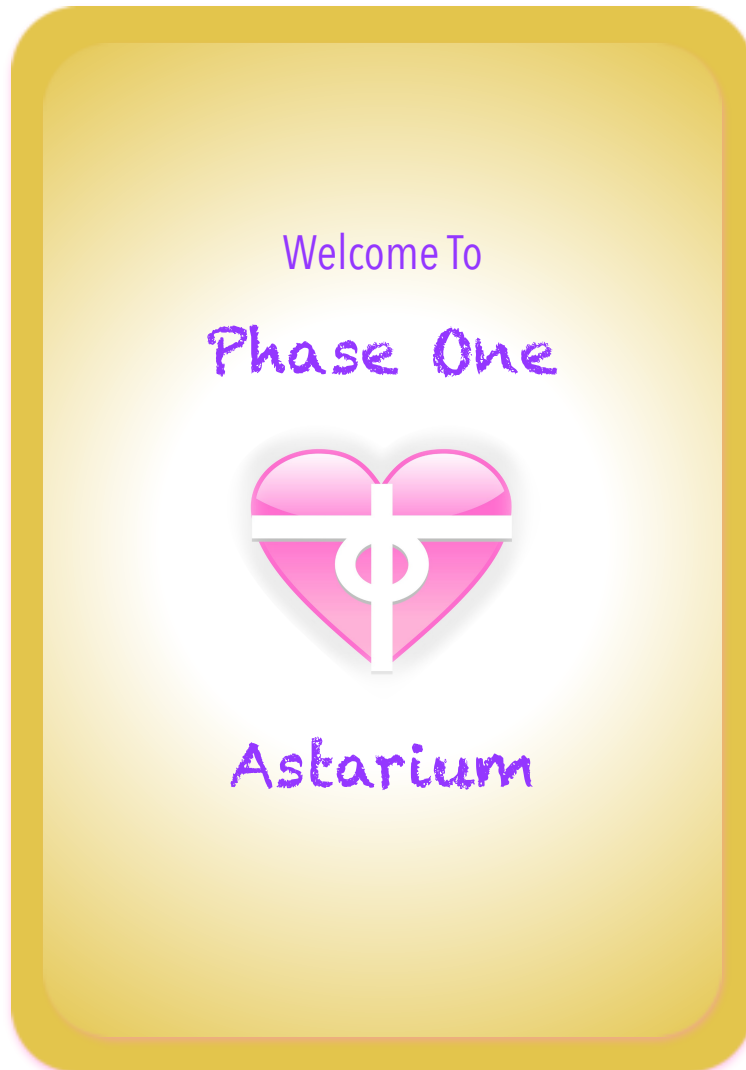
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Having now shared this beautiful information with you from the Ascended Kings, let us now provide you with a detailed overview of The Golden Mile journey ahead. Here in the summary table, you can now see the four phases as well as the levels, sub-levels and the approximate timeframe for completing each of these.

<h2 style="margin: 0;">The Golden Mile</h2>				
PHASE	NAME	LEVEL	SUB-LEVELS	MINIMUM TIMEFRAME TO COMPLETE
<b>One</b>	<b>Astarium</b>	<b>One</b>	<b>A, B</b>	Approx. 4 weeks
		<b>Two</b>	-	
		<b>Three</b>	<b>A, B, C</b>	
		<b>Four</b>	<b>A, B, C</b>	
<b>Two</b>	<b>Polarium</b>	<b>One</b>	<b>A, B</b>	Approx. 3 weeks
		<b>Two</b>	<b>A, B</b>	
		<b>Three</b>	<b>A, B</b>	
		<b>Four</b>	<b>A, B</b>	
<b>Three</b>	<b>Solarium</b>	<b>One</b>	<b>A, B, C, D</b>	Approx. 6 weeks
		<b>Two</b>	<b>A, B, C, D</b>	
<b>Four</b>	<b>Bellarium</b>	<b>One</b>	<b>A, B</b>	Approx. 29 weeks
		<b>Two</b>	<b>A, B</b>	
		<b>Three</b>	<b>A, B</b>	
		<b>Four</b>	<b>A, B</b>	

**GET THE MOST CURRENT VERSION OF THE GOLDEN MILE EBOOK!**

Please note that this ebook is updated as further information comes to light, therefore before you begin, and periodically throughout your attunements if you wish, please [visit our website](#) to check you have the most current version. The version number and date are listed in the bottom right hand corner of each page of the book and only the version on our website will always be the most current.





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### PHASE ONE - ASTARIUM

#### LEVEL ONE

#### WELCOME!

It is not by chance that you have arrived at these beautiful and ascension based energies & attunements, for you have been divinely guided to walk this pathway in order to help yourself and all beings. Congratulations once again for taking this first step into a higher love vibration!

This first series of energies, The Universal Love Attunements, were received over a period of nearly 18 months through the spiritual work of Love Inspiration (Marty & Gerry Donnelly). And as we understand it, these ascension based attunements will be helping you to raise your energetic vibration closer to that of unconditional love & purity.

Each of The Universal Love Attunements introduces a new suite of energetic frequencies in what can be thought of as receiving a beautiful & divinely guided healing session. Each attunement will be helping to uplift and raise your energetic vibration so that you can heal and clear away many kinds of old and unwanted energies from within.

As you receive these beautiful love filled frequencies, the energies will then be assimilated into your energy field in the days following each attunement. And as this process happens, your energy field will be purified and cleansed, with much love. This is the process of what we refer to as 'healing'.

It is this process which seems to be so important as we begin to embark on this ascension journey into The New Love Consciousness. And although this is an entirely new concept for our world to digest & evolve into, it is something that you will learn more about as you progress forwards.

We are both humbled and grateful for these beautiful ascension based energies and we make the wish that these energies (as well as many others) continue to help us here on earth at this most crucial time in our evolution!

By raising our own vibration, we are helping others to raise theirs automatically. By shining our love and light outward, we collectively evolve together. By healing and purifying, we allow more love into our lives and by doing so, we create the energetic circumstances for health & happiness.

*May love and light shine brightly within you and within us all and may we all live in peace and harmony with each other and with our planet.*





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**1. INTRODUCTION TO THE UNIVERSAL LOVE ATTUNEMENTS:**

Perhaps the easiest way for us to explain how these Universal Love Attunements work is to start with the concept of a healing session. For example, when receiving an energy based healing session, it is something which is often very peaceful and deeply relaxing. At the same time, a healing session can also help us to heal, grow and purify ourselves so that we can feel more health and happiness.

Many of us may like these types of 'healing sessions' as a great way to spoil ourselves with the gifts of inner peace, relaxation and tranquility. And as we learn to let go and open up to receive these divine healing vibrations (through these types of energy based healing sessions), we are able to heal, learn and evolve.

Many of us for example, will be familiar with the idea of Reiki - a hands-on system of energy based healing that helps us to heal ourselves and others by drawing on what is referred to as 'Universal Energy'. At this time here on earth, there are indeed many kinds of 'Reiki' and also many kinds of other energy based healing practices available to us. So to start with, we can think of the Universal Love Attunements as offering us these kinds of gifts .

Perhaps you have already received an energy based healing session for yourself? Perhaps you have enjoyed the peaceful and loving vibrations of a full body treatment with Reiki?

Again, The Universal Love Attunements can be thought of in a similar way to receiving Reiki or any other kind of energy based healing session. The energies being transferred to you through these attunements will be helping you to clear away much negativity from within and helping you to move closer towards the higher and more peaceful vibrations of unconditional love.



As our vibration moves closer to *love*, thus we heal.



This is truly a key concept in any energy based healing practice and particularly for the Universal Love Attunements, for as we move through each attunement, each level and each phase, our energetic vibration is being raised higher and higher, closer towards unconditional love.



As was described by the Spiritual Guides:

*"Raising the love vibration allows our consciousness to shift, enabling us to see the true concept of ourselves and our world. By raising the vibration, we reduce the filters, the haze or the glare through which we see our perceived reality."*

*The shift in consciousness is the awakening of our mind through our hearts, to see our true selves, to hold the true essence of love. The transformation of our love is the key to finding our pathway to higher consciousnesses."*

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As simple as it sounds, love is really the central theme to any spiritual or healing path. This can be a love for ourselves, a love for those we hold close or perhaps even an unconditional type of love held for all living beings throughout the world and even the universe. At this level, our love vibration can bring benefit to many living beings.

As we learn the ways of love and start to understand the benefits of these loving states of mind, we are taken to higher and more positive states of energetic vibration. With time, we will often experience health and happiness as a result of these higher vibrations.

The Universal Love Attunements provide us with a fast and effective way to move our energetic vibration closer to these elevated states of love and perhaps best of all, they simply require that we open up and receive the series of attunements with love and gratitude.



The energies received through the attunement process help to clear away any old or unwanted thought patterns (older energies) that no longer serve us. As we do this, we are able to more easily shine our true essence of love outwards for all to benefit from.

Each attunement raises our energetic frequency to a new level. As we are taken to this new vibration, more healing issues will be brought to the surface so that they may be released from our energy field or consciousness. As we release these energies, we heal and become more purified.

From this, we are then ready to receive the next energetic step upwards towards another level of love and purification. We take the next attunement and thus, the healing process continues.

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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Another key point to note throughout the Universal Love Attunements process is the idea of *Divine Guidance* - a divine guidance which is so steeped in love and understanding, it is again, almost beyond our comprehension.

What this means for the recipient is that these powerful, loving energies will flow to where they are most needed and we always receive exactly what we need at any given time for our best possible healing result.

Whilst this may be a difficult concept for some to accept immediately or without any kind of energy based healing experience, it is something which has been confirmed to us many times over, not only through our own experiences but in the experiences of many other energy based healing practitioners around the world.

The understanding of this divine guidance concept however, is not required for these attunements to be successful. All that you are required to do is to receive each attunement with love and gratitude. The loving, divinely guided energies will do the rest for you!

This is one of the best things about these Universal Love Attunements. You are only required to receive the attunements and the energies will do the rest for you! There is no more to be done by you at all. There are no practices, no meditations, no more sessions - nothing!

Once you take the attunements, your energetic vibration will be uplifted to a new vibration. The energies will do the necessary healing work for you over the coming days during which you may feel something which is referred to as a 'healing crisis'.

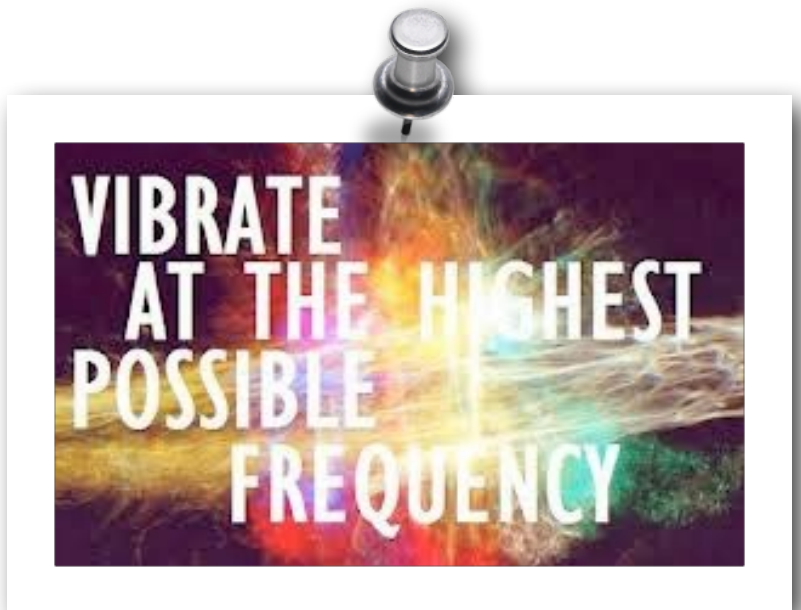
As this is something which we see arising again and again in our energy based healing work, we have provided more information about the healing crisis on a specifically dedicated FAQ page on our website. Please [click here](#) to read more.

Facing our darker spots or our own negativity can be something which can be challenging and at times, moving through these types of healing crisis can be one of the hardest parts of healing. By moving through and releasing our darker, more negative energies from within, we are able to move higher in vibration.

In fact, it is precisely these kinds of healing crisis which tell us that these attunements are indeed working! As we are being raised in vibration, all of our yucky thoughts and energies that no longer serve us are now able to be released from our body. As we've said, this then allows us to move to higher states of love and light.

**The healing crisis is therefore a truly wonderful sign of inner transformation and growth!**

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## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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The energies being worked with throughout these attunements are always filled with love and will always work for your best possible healing result. The energies help to plant the seeds of love and light into your consciousness so that you may move towards a more loving vibration for the benefit of yourself and for the benefit of all.

We will come back to some of these concepts a little further on, but for now, we hope that you enjoy reading these pages that follow. May these energies within the Universal Love attunements help to bring more love, inner peace and understanding into your life and may your energies blossom with love and light for the benefit of all.

**“May all beings be happy and free from suffering.”**



## 2. THE ORIGINS OF THE UNIVERSAL LOVE ATTUNEMENTS:

Through the gifts of Clairvoyance, Gerry started receiving the Universal Love Attunement information and energetic downloads from around December 2012 from a wide variety of spiritual entities or beings from higher dimensions of consciousness. Although perhaps difficult to believe, these beings came to us from many different realms and many different galaxies within this wonderful universe, hence the name - Universal Love Attunements.

Each of these 'beings' identified themselves as they were 'coming through' and provided us with information and energetic downloads which we were then instructed to use on ourselves for our own healing.

The energetic downloads and the format of the attunements were received through the use of symbols, noting that within the entire series of the Universal Love Attunements there are now many different symbols being worked with which help to uplift the vibration within the individual.

For those of you already working with the Usui Reiki practice, the concept of using symbols in healing may not be something new to digest here. For those of you who are not familiar with this and who are curious in the idea of symbols being used in healing, we invite you to [click here](#) to look at our website FAQ page - Working with Symbols for more information.

Above all, the energies within the Universal Love Attunements, at all levels, represent the raising of love vibration within a person's energy field and although this may seem like a rather simple concept, it is one which is the cornerstone of the Universal Love Attunements.



***As we move to higher vibrations of love - we heal, expand and grow.***

**PATHWAY TO LIGHT**  
UNIVERSAL LOVE ATTUNEMENTS

**3. INTRODUCING THE PHASES OF THE UNIVERSAL LOVE ATTUNEMENTS:**

In much the same way as you would take a series of steps to get to the higher level of a building, the Universal Love Attunements require that we also step up in vibration over a series of levels & phases.

Currently, 'The Golden Mile' encompasses four phases: ASTARIUM, POLARIUM, SOLARIUM & BELLARIUM. There are a number of different levels within each of the phases as you will see from the more detailed table below. Each of these individual levels (and sub-levels) play a unique and special role in helping to uplift our energetic vibration.



<b>Universal Love Attunements</b>		
<b>Phase</b>	<b>Level</b>	<b>Sub-Levels</b>
<b>One: Astarium</b>	1	A, B
	2	-
	3	A, B, C
	4	A, B, C
<b>Two: Polarium</b>	1	A, B
	2	A, B
	3	A, B
	4	A, B
<b>Three: Solarium</b>	1	A, B, C, D
	2	A, B, C, D
<b>Four: Bellarium</b>	1	A, B
	2	A, B
	3	A, B
	4	A, B



As we are now about to embark on the first level of the Astarium phase, let us now cover this aspect of the Universal Love Attunements in more detail. More information will follow about the Polarium, Solarium and Bellarium Phases as you move through these relevant attunements and sections.

#### 4. THE ASTARIUM PHASE:

It is with love and divine healing light that we welcome you to this first phase of the Universal Love Attunements. We are truly delighted to introduce you to these beautiful and loving healing frequencies. As you will have seen from the table in the previous section, the Astarium phase is taken over four separate levels with each of these levels containing further sub-levels. The table below gives more detail on each of the Astarium levels, sub-levels and also timeframes.



<b>Universal Love Attunements Phase One: ASTARIUM</b>		
Level	Sub-Level	Next Attunement Timeframe (From Previous Level)
<b>One</b>	<b>A</b>	-
	<b>B</b>	<b>After 72 hours (from Level 1a)</b>
<b>Two</b>	-	<b>After 72 hours</b>
<b>Three</b>	<b>A</b>	<b>After 72 hours</b>
	<b>B</b>	<b>After 48-72 hours</b>
	<b>C</b>	<b>After 48-72 hours</b>
<b>Four</b>	<b>A</b>	<b>8 - 10 days</b>
	<b>B</b>	<b>After 72 hours</b>
	<b>C</b>	<b>4-8 days</b>

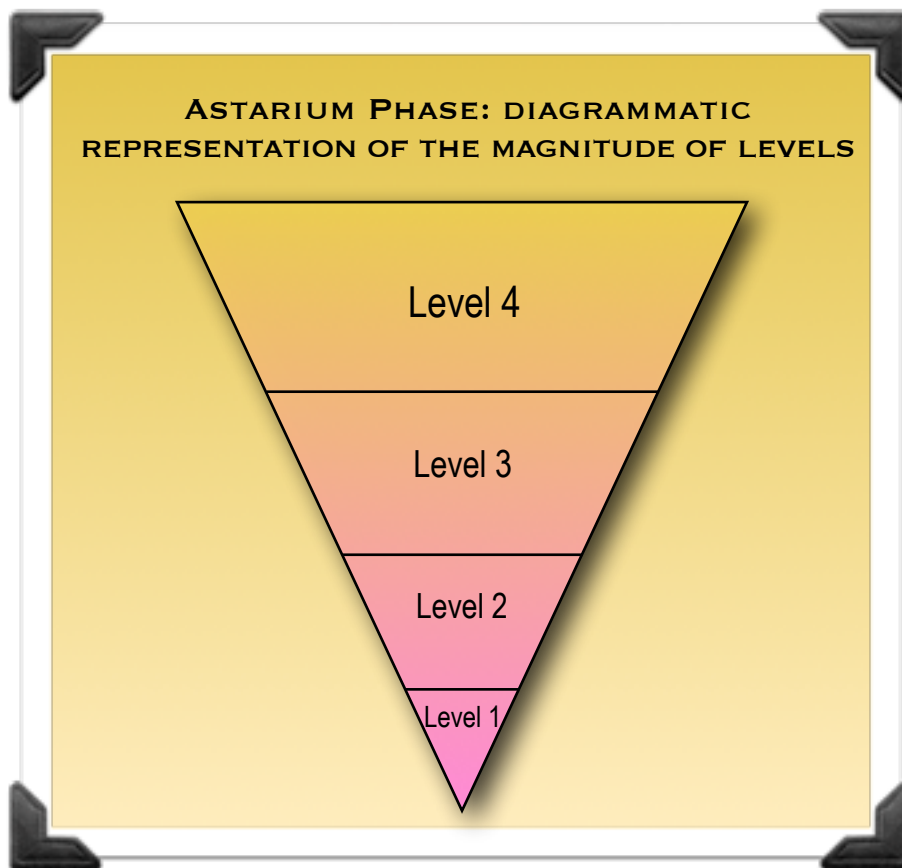


Astarium is a phase which is highly effective in bringing many healing issues to the surface. As Marty and Gerry were themselves moving through the Astarium phase, they observed that their healing was done on a 'gross' energetic level. (As we move through these practices, this term will make more sense, especially as we move into the Polarium Phase where we perhaps work with more of our subtle energies.)

For now let us just say that the healing that was experienced at this level was very beneficial in moving forward to a heightened love vibration and was very effective in healing impurities and imperfections from within! There was much emotional 'darkness' faced. Of course, healing is different for each person but for Marty and Gerry, this was a phase which they found very effective for healing many emotional and physical negativities.

Accordingly, the information about the [healing crisis](#) will become particularly relevant here, especially for those wishing to complete Levels Three and Four. As was explained to us, the first two levels within the Astarium phase are like preparations for the higher levels of vibration which are being introduced through Levels Three and Four.

A good way to think about the magnitude of energies being worked with in the Astarium Phase is outlined in the diagram below.



As you can see, Levels Three and Four are bigger & deeper (& more highly intensive) and this will be seen more clearly in the information that we received at both of these levels. We are deeply grateful for the healing and transformation which was done during these levels.

Again, we thank all of the beings who have helped us in bringing these energies through. It is their energy and their love that makes this divinely guided system of attunements, healing and love possible for us all to benefit from.

We are humbled and grateful to be the conduit for these energies and we make the wish that they simply help those who are in need so that we may all move forwards on our respective pathways.

**The attunement process:**

As you progress through each of these levels and sub-levels, you are required to receive an attunement in what is a very simple 10-15 minute process. Each of the attunements can be received in your own time and in your own space which often allows for a deepening of the experience, as you are more easily able to relax and open up to receiving with love.

Thanks to The Ascended Kings, these attunements are able to be activated *all together*. Therefore, by self activating these energies and attunements (by following along with the process on Page III) you have now successfully unlocked all of the Universal Love Attunements for the entire ebook!

The self activation process has been made possible due to the healing & purification work done by Love Inspiration and by the planetary consciousness as a whole and we wish to reassure you here that by following along with the self activation process correctly, you have now unlocked all of the The Universal Love Attunements successfully! For more information about the self activation codes in general and how they work, please refer to our [Healing FAQ's](#).

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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Once you have self activated these energies & attunements, you are now able to follow along with the instructions and timeframes provided here in this ebook and ascend into Higher Consciousness! It really is that simple! So before we start then, in the interests of providing some additional context about these attunements, we would like to share here that the Universal Love Attunements are a very 'evolved' set of attunements.

In the very beginning, to receive these energies and attunements, Love Inspiration were required to activate the attunements for each person and for each individual level (and sub-level!). Marty & Gerry therefore spent the early months activating every level of attunement for people and then emailing them to let them know that they could now receive each attunement.

As time went by, the attunement processes evolved so that Love Inspiration could now activate all attunements for each ebook i.e. The Golden Mile, The Silver Line, New Blue Moon etc. However still, these attunements needed to be specifically activated for each person and for each ebook.

After a number of years, Love Inspiration received another great blessing from Higher Consciousness in early 2017, which then allowed all of the Ascension Pathways and healing courses offered by Love Inspiration to be 'self activating'. And from this point, each recipient is able to activate their own energies and attunements for each ebook, prior to commencing their course. Wonderful!

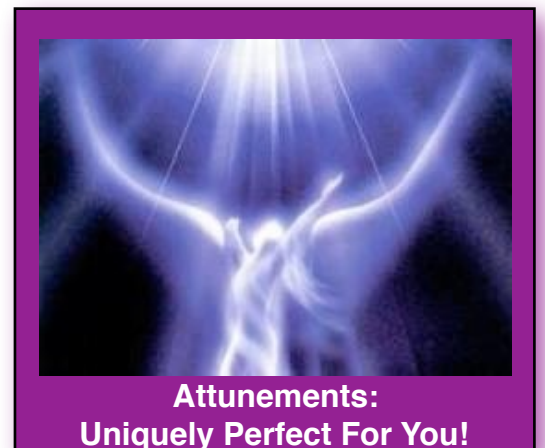
Throughout all of the Love Inspiration ebooks, you will now find a very simple and easy set of instructions which will help you to receive each of your attunements. And to start with, we wish to reassure you here that an attunement is normally felt as being deeply relaxing, peaceful and very sacred.

For some of you, the attunement process will be a magical journey into the divine healing of the entire cosmos whilst for others, the attunement will be something that doesn't spark many feelings at all. Each person is totally different in how they experience each attunement and each experience is uniquely perfect for you!

Whatever the feeling during the attunement, the required healing will still take place in the days following and thus, you are able to ascend, heal and evolve. For those of you who are new to receiving these kinds of energy based attunements, we would suggest that you visit our FAQ page '[What Is An Attunement?](#)'

At Love Inspiration, we are all about personal empowerment and we have tried to create all of our systems in a way that allows you to choose what you want to receive, when you want to receive it. You will notice that within these Universal Love Attunement ebooks, there are some minimum timeframes to adhere to when moving through each of the levels. We note that these guidelines were not created by us - they were in fact what 'came through' with the downloads of information.

These timeframes allow for the appropriate digestion and assimilation of energies to take place and these are an extremely important part of the ascension process. We therefore strongly suggest that these timeframes be adhered to so that you can be guided safely and effectively into these beautiful states of Higher Consciousness. There is nothing else required from you other than to just sit back, enjoy receiving your attunement with love & gratitude, and then to let the healing and ascension take place from deep within you!





## 5. UNIVERSAL LOVE ATTUNEMENTS - LEVEL ONE:

We are truly delighted to bring you these Level One attunements in the hope that they bring you much love, light and divine healing!

Often when we are dealing with any kind of energy based healing, it can be some time before we start to see any form of tangible results. Many of us may also be unable to see the truly significant energetic growth and transformation being undertaken within us during these types of healing practices. However, there are some indicators to look out for on your progress-path, detailed in the FAQ section on our website: [Am I Making Progress?](#) These are helpful ways to realise your own progress and can be beneficial to understand when it feels like 'nothing is happening'!

In addition, if you are experiencing any form of physical or emotional symptoms from these practices, then this is a sign of very deep energetic healing and transformation. By bringing these types of darker energies to the surface for healing, we are allowing these to be released from our energy field. Great!

As we do this, our energy brightens and therefore shines out with more intensity as we move closer towards our inherently divine nature. The analogy which is often described here is that of the clouds being cleared away so that the sun from within can shine outward for all to benefit from.

Whatever your belief, these Level One attunements and energies will indeed help to clear away some of the negative debris that live within. They will help to raise your energetic vibration closer to love and light with the introduction of many different loving and divinely guided healing frequencies.

Some people may feel many things during these introductory levels, whilst others may feel very little or nothing. We all experience these energies in our own way so it is important to understand that whatever you feel, good or bad, the healing work is still taking place within you.

The first level attunements are to be taken over two sub-levels with Level 1a introducing the required love frequencies into the individuals consciousness and Level 1b acting as a closing sequence to ensure that these frequencies are properly sealed and integrated.

As was described to us through the downloads of information:



**“This [Level 1b] is the final closing circuitry for the shift in consciousness [from Level 1a].”**

**“There should be a minimum of 72 hours between [Level 1a and Level 1b] attunements to allow the brain wave functions to settle”**

**“After 72 hours [from Level 1b], Level 2 can be attuned”**

**The 1a Attunement:**

The energies being introduced to you in this first attunement are indeed powerful and may be something which are a little foreign to the energies which currently reside within you. As a result, you may need some time to digest these energies, especially in the time just after your attunement and in the days following.

This is actually rather normal after any type of energetic empowerment where there is a big energy uplift or transfer being undertaken. Please be aware that this process will require your energies and physical body to adjust to the new vibration.

The Level 1a attunement is vitally important and can move many different healing issues. Again, please do not be alarmed if there are many different emotions, dreams or physical sensations being experienced in the days following the 1a attunement.

You may feel somewhat sluggish, tired or even exhausted at times which is an indication that your body is working to release some of the impurities within your energy. Again, we assure you that although sometimes unpleasant, all of this is totally normal when you are going through energy 'upgrades'. Please feel free to read more on the healing crisis [here](#).

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*The best thing you can do is to listen to your body  
and give it what it needs.*

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Another very important thing to do is to drink plenty of water in the days following your attunement as a way to help move the energies or toxins from your system.

We note here that by releasing the negative energies, this will often also release many toxins from the physical body and as such, water helps to replenish your body and helps the toxins to be released more effectively. This is also a part of the reason why your body may feel tired - it is moving all these toxins from your bodily systems.

You can think of the attunement then as being like an energetic cleanse; a cleanse which helps us move to a higher and more love filled state of existence. In most natural cleanses e.g. bowel cleanses, liver cleanses and the like, we are also warned of such short term, temporary bodily responses as we release these toxins from our body.



### **The 1b Attunement:**

As we've mentioned above, the 1b attunement helps in sealing the energies which have been introduced during the 1a attunement. They also help to further cleanse and clear away negative energies from within.

As such, some may experience additional healing issues being brought to the surface in the days following the 1b attunement, similar to that of the 1a attunement process. For others, there may be no 'tangible' changes.

Different people have differing sensitivities to energies as they are moving, stirring and being released from their energy field. We believe that the true beauty in this world lies in the idea that we are all divinely unique.

It is because of this that we are unable to give you an exact formula for how you will feel during these attunement processes. We note here that the divine guidance aspects of this system allow you to rest in the understanding that you will receive everything that you require for the best possible healing result.

It is with this idea of divine love and light being showered down on us that we will now outline the process for how to receive your Level 1a and 1b attunements.



## **6. INSTRUCTIONS FOR RECEIVING YOUR LEVEL 1A & 1B ATTUNEMENTS:**

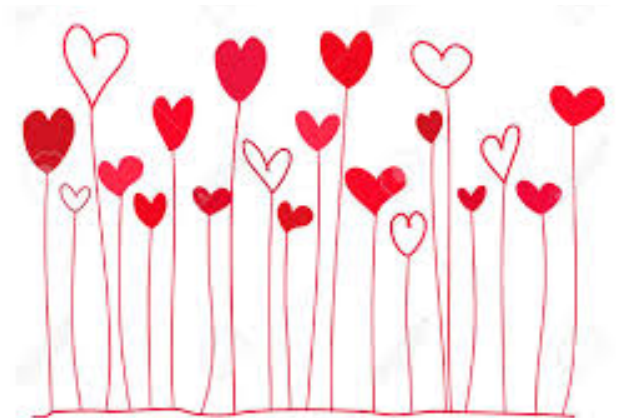
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**NOTE: Before you begin your attunements, please ensure that you have activated (unlocked) The Golden Mile energies & attunements prior to commencing.**

**The activation / unlocking process is a simple 5 minute process which unlocks the energies and gives you access to them. Once you have unlocked the energies, this means that you have activated ALL the energies & attunements in this whole ebook specifically for you.**

**You are therefore then ready to continue your Golden Mile journey by working through this ebook, at your own pace and receiving the energies as you feel guided.**

**If you have not yet activated / unlocked The Golden Mile energies & attunements for yourself, you may do this by following the instructions on Page III of this ebook.**



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*The activations and this book are offered freely and with love for the benefit of all and once you have activated the energies, you are ready to go. Each attunement will have been activated specifically for you along with the blessings required to work through each level within the specified timeframes, as works best for you. It is really that simple!*

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## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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The attunements are by far the most important part of the Universal Love Attunements and to receive the attunement openly and with love is the only requirement for these energies to do their divinely guided healing work. As we've already mentioned, the purpose of these attunements is to help raise the energetic vibration of an individual to a heightened vibration of love and light. These Level One attunements help to introduce the first layer of universal love vibration into our consciousness.

Both of the Level One attunements are able to be received by following the same basic process noting that it will simply be your *intention* that will change when activating the different attunements within this level.



Both attunements are important and play an unique role in bringing in these first level energies so that you may experience the necessary healing and growth in love. These attunements also help to prepare our energies for the next step upward in vibration which is the Level Two attunement.

Each attunement process will only need to be completed once and immediately afterward, it is often a good suggestion to give yourself some time to rest and digest the energies that have been received from the attunement. An hour or so may be a nice timeframe for this.



So let us now look to the actual process for receiving the attunement. Remembering again that the process is the same whether you are doing the 1a or 1b attunement - it is just some minor word changes and your intention that differs. We hope you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

#### 1. Preparation:

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable. It is best to ensure that you will not be disturbed for at least 15-20 minutes minimum. As we've mentioned, some may wish to set aside some additional time afterward for just feeling the relaxation or connection that often comes from these energies.

Perhaps you wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a beautiful, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to your invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.



**PATHWAY TO LIGHT**  
UNIVERSAL LOVE ATTUNEMENTS

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**2. Invoke the Universal Love Attunement (Level 1a / Level 1b):**

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To start your attunement, simply say the following intention (or similar - use words to suit you!) either out loud or in your head:



**“With love and gratitude, I accept this Universal Love  
1a/1b attunement from the Pathway To Light.  
May it clear away all of my impurities and imperfections  
so that I may feel happier, healthier and more love filled in  
order to benefit all beings. Thankyou, Thankyou, Thankyou.”**

*[\*\* When you are ready to receive the 1b attunement, you will simply need to change the words 1a to 1b - and as the intention changes, so too will the type of attunement being received. Remember your 1b attunement can be taken after 72 hours from your 1a attunement\*\*]*

Now the attunement will commence and will last for around 15 minutes. During this time, you are able to simply open up to receive the divine love and healing light that will follow with love and gratitude. There are a few ways that you may choose to do this.

For example, you may wish to just relax and perhaps imagine that above your head shines a bright cleansing sun. The light is shining down onto the top of your head (Crown Chakra). As the light shines down on you, just give yourself to this light, allow it to fill your whole body with this delicious feeling of love, light & divine healing. As you do this, you may even choose to work with some kind of mental affirmation, perhaps something like:

**“I open myself up to love and light”**

**“I open up to receive”**

**“I open up to Universal Love”**

**“I open up to receive the 1a attunement”**

**“I open up to divine love & light”**

**Or you may simply simply repeat your intention over and over.**



## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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These kinds of thoughts or affirmations can often help us to keep our mental concentration or focus on receiving, and being open to receive love and light. The visualisation processes may also help in this way - noting that we can also combine these techniques for added effectiveness.

These are some of the more commonly worked with techniques for receiving attunements. By far the most important aspect of receiving is to allow ourselves to open up, surrender to and to receive the love and light with love and gratitude.

During the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this is perfectly fine too.



Whatever the case, you will receive the attunement in accordance with your intention as stated above. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### 3. Closing the attunement:

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself for the 15 minutes, you are now ready to say thank you for that which has been received.



**HANDS IN  
PRAYER POSITION  
IN FRONT OF HEART**

You may say something like:



**"With love and gratitude I offer my sincerest thanks for receiving this attunement. May I use this new energy to walk forward on my path to being healthy and happy and may the Universal Love continue to shine for us all.**

**Thankyou, Thankyou, Thankyou."**

For some of you, you may wish to fold your hands into prayer position as you say both the invocation and your closing statements. In many eastern traditions, holding the hands in prayer position is something which is used to perhaps show respect to the divine forces being worked with.

We would suggest that you do whatever feels right for you. It is by no means a requirement for these attunements to hold your hands in prayer position. It is always our intention or perhaps the feelings behind our invocation and closing statements which is most important.

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**Additional Information:**

For many people, the attunement will be a loving and peaceful experience however everyone is truly very different in how they experience their attunement. In some cases, there may be some unrest or difficult emotions being faced during these types of healing practices so it is always best to view any type of reaction from an attunement as being a great sign of true and deep healing from within.

Mostly, the healing occurs within a day or so after the attunement has been taken as the energies start to do their healing work in what may manifest as difficult situations being faced, difficult emotions arising or perhaps some other physical-type sensations. These types of healing issues are often referred to as the healing crisis and we again refer you to our FAQ page - [The Healing Crisis](#) on our website if you have not yet read this information.

By holding some understanding of the energy based healing processes, we are then better able to understand these processes as they begin to manifest in our daily lives. This understanding can often help tremendously when we are facing difficult emotions and physical reactions to the energies being introduced.

All of these healing issues are a totally natural part of any true healing. By moving through the darkness we allow ourselves to be more filled with the light. If you do experience some affects in the days following the attunement, this is to be seen as a great sign of healing and growth.



**7. FINAL COMMENTS:**

We hope that these pages have helped you in some way to understand the first layer of these very unique and loving energies. We also sincerely hope that you have been able to benefit from these attunements so that they may help you on your pathway forward.

All teachings, attunements and energy based healing practices at Love Inspiration are given freely and with love for the benefit of all beings. We ask for nothing in return for these attunements and teachings other than your divine self to shine as much as possible for the benefit of all! And we thank you in advance for doing this!

*May your pathway be filled with love & light and may these Universal Love energies help you in the best way you need them to. May your healing journey be effortless and may you always be blessed with happiness, harmony & love in your life. May we all share love & light with each other all may we all be free from suffering.*

*With love and grace,*

**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**





*Love Inspiration*  
Learn • Heal • Awaken

## UNIVERSAL LOVE ATTUNEMENTS PHASE ONE - ASTARIUM

### LEVEL TWO

#### INTRODUCTION:

We warmly and humbly welcome you to the second level of the Universal Love Attunements and we also congratulate you on taking this wonderful step forward in your healing pathway!

Hopefully by now you are feeling more comfortable with what happens during and after a Universal Love Attunement, and we also hope that you are embracing whatever energetic changes have - and are - taking place!

There may have been some healing issues brought to the surface during the Level One attunements and it is here, with the divinely guided assistance of the Level Two energies that we are now able to expand the energies further still, allowing a new layer of Universal Love vibration into our consciousness.

You will note that the levels moving forward will be significantly smaller than Level One, however please do not mistake this for meaning less significant attunements. The wonderful thing about our Universal Love attunements is that they are very simple, with no practices required and thus many of the ebooks will reflect this.

Moving through to the Level Two attunement, we truly hope that you enjoy these new and widening frequencies and that they help you to further purify, expand and brighten your light so that you may find genuine and long lasting happiness in your life.



*May The Universal Love Attunements continue to shine  
for you and for all beings!*



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**1. UNIVERSAL LOVE ATTUNEMENTS - LEVEL TWO:**

As we've mentioned in the introduction, the energies being received during Level Two allow for a widening or expansion of our energies which help us to prepare for the greater intensity of energies being received in Levels Three and Four.

The following information was received from 'higher beings' through Gerry's gift of clairvoyance in New Zealand in 2012. We include this information in our ebook so that you may also hear the words that were passed on to us about this Level Two attunement.



*“This Level 2 attunement is about expanding the band width of frequency channels. In Level 1 the love vibration was opened and raised. In Level 2 the love vibration is expanded to allow more “depth” or energy input through our energy system.”*

*“Level 2 is an important step; although more subtle than Level 1, it is the precursor to the larger step up in vibration in Level 3.”*

*“There is no Level 2b attunement as there has been no opening and therefore closing of energies as in Level 1. Level 2 serves to stand on its own and can be completed 72 hours after the last Level 1b attunement.”*

*“We are moving forward to bring you new heightened love frequencies to your earth plane. We thank you for helping us with this.”*

*“May the custom pathway of this attunement sequence allow your love to shine further, greater and deeper (for the benefit of all)”.*



As you can see from their words, the energies of Level Two are yet another important step towards a heightened sense of love and light. They will also allow for some further healing and purification of your energies to take place over the days following the attunement.

There is only one attunement to be taken during this second level and as in the first level, you may experience some healing issues being brought to the surface in the days following the attunement. May these energies help you to move closer to love and light in your life and may you enjoy the energetic expansion which comes with this second level attunement!



## **2. INSTRUCTIONS FOR RECEIVING YOUR LEVEL TWO ATTUNEMENT:**

Your Level Two attunement can be taken after 72 hours from receiving your Level 1B attunement. Like the Level One attunements, the Level Two attunement will take about 15 minutes and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement. Go with how you feel, but similar to our recommendation in Level One, you may wish to allow around one hour total for the attunement process.

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**IMPORTANT REMINDER:** When you activated the energies for this ebook (on Page III), this has activated all of the energies and attunements for the entire ebook. Therefore, you can simply follow along with the below instructions to receive these Level 2 energies with love!

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The attunement process to be followed in this level is the same as Level One. It is simply our *intention* that changes between the attunements. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love!

### **1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is most comfortable for you. It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterward for feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a warm, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.



Prior to your invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

**2. Invoke the Universal Love Attunement (Level 2):**

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, simply say the following intention (or similar - use words to suit you) either out loud or in your head:



**“With love and gratitude, I accept this Universal Love Level 2 attunement from the Pathway To Light. May it help me to shine my light brighter and stronger by clearing away impurities so that I may radiate amore love-filled consciousness in order to benefit all beings. Thankyou, Thankyou, Thankyou.”**

Now the attunement will commence and will last for around 15 minutes. During this time, you are able to simply open up to receive the divine love and healing light that will follow with love and gratitude. There are a few ways that you may choose to do this.

For example, you may wish to just relax and perhaps imagine that above your head shines a bright cleansing sun. The light is shining down onto the top of your head (Crown Chakra). As the light shines down on you, just give yourself to this light, allow it to fill your whole body with this delicious feeling of love, light & divine healing.

As you do this, you may even choose to work with some kind of mental affirmation, perhaps something like:



**“I open myself up to love and light”**

**“I open up to receive”**

**“I open up to universal love”**

**“I open up to receive the Level 2 attunement”**

**“I open up to divine love & light”**

**Or you may simply simply repeat your intention over and over.**

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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These kinds of thoughts or affirmations can often help us to keep our mental concentration or focus on receiving, and being open to receive love and light. The visualisation processes may also help in this way - noting that we can also combine these techniques for added effectiveness.

These are some of the more commonly worked with techniques for receiving attunements. By far the most important aspect of receiving is to allow ourselves to open up, surrender to and to receive the love and light with love and gratitude.

During the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this is perfectly fine too.

Whatever the case, you will receive the attunement in accordance with your intention as stated above. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### 3. Closing the attunement:

Once you feel like you are ready to finish you attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received.

You may say something like:



**"With love and gratitude I offer my sincerest thanks for receiving this attunement. May I use this new energy to walk forward on my path to being healthy and happy and may the Universal Love continue to shine for us all.**

**Thankyou, Thankyou, Thankyou."**

For some of you, you may wish to fold your hands into prayer position as you say both the invocation and your closing statements. We would suggest that you do whatever feels right for you.

It is by no means a requirement for these attunements to hold your hands in prayer position. It is always our intention or perhaps the feelings behind our invocation and closing statements which is most important.

**Additional Information:**

As we have included much information so far about the healing crisis during Level One and in parts through this level as well, we will not include more details about this. For those who need further assistance in understanding this important area, you are always welcome to re-visit this information through the FAQ section on our website - [The Healing Crisis](#).

For those of you who are not experiencing any 'signs' of healing or any feelings from the attunements just yet, please remember that this is also a great sign. These energies are here to introduce higher and higher frequencies into our energy on a gradual step by step basis. Rest assured that things *are* happening!

It can be a good idea to in-fact think yourself lucky for being able to move through these introductory levels and receive all the healing that you need without yet having to push through any difficult healing issues! Wonderful!

As you move through Levels Three and Four and start moving into the Polarium and Solarium Phase, this may in fact change with the intensity of energies being worked with. For now though, please enjoy the fact that you are receiving divine healing without any healing crisis. This is truly a great blessing!

For those of you who are also interested to learn more about energy based healing in general, you may wish to refer to our website [FAQ section](#) on Energy Based Healing. As we are able to start feeling something from these kinds of practices, it is natural to gain some curiosity as to how this type of healing is actually possible.

It is for this reason that we have designed our website in such a way that it can help your understanding about energy based healing more generally, and to provide you with many different ways in which you can 'heal' or purify yourself.

Ultimately, our goal is to raise the vibration of the inter-connected consciousness and to help in the transitioning towards a new, more love filled vibration throughout this world and therefore our universe.

We hope that these energies in this second level help you to move closer towards love & light in your life and that they are of some benefit to your overall healing and purification so that you may be free from all suffering.



### 3. FINAL COMMENTS:

The energies which have now been accessed through these introductory levels have helped to lay the foundations for the higher vibrational states of Levels Three and Four. The Astarium Phase then lays the foundations for the more higher subtle frequencies of the Polarium, Solarium & Bellarium phases.

We hope that you are enjoying your new vibration from the Level Two attunement!

*May your love and light blossom as we move through these layers of Universal Love and may others also benefit from these heightened vibrations of love, healing & purity as we all move towards The New Consciousness.*

*With love and divinely guided light,*

**MARTY & GERRY DONNELLY**

**LOVE INSPIRATION**





*Love Inspiration*  
*Learn • Heal • Awaken*

## UNIVERSAL LOVE ATTUNEMENTS PHASE ONE - ASTARIUM

### LEVEL THREE

#### INTRODUCTION:

The attunements being received at this third level of the Universal Love Attunements allow for a deepening of the healing experience. These energies also help us to prepare for the step up in vibration in the Level Four attunements which represent the completion of the Astarium Phase.

It is with love and light that we congratulate you on taking this most wonderful step towards furthering your own growth. On behalf of all beings, we truly thank you for your continued efforts to make this world a better place.

As is often the case, doing the inner work, looking deeply into ourselves and correcting, rebalancing and nourishing are things that can require a lot of courage. By facing our darkness head on, we firstly must acknowledge its presence.

For many of us, there will be parts of ourselves that we do not like to admit exist. In many cases, we actually were not fully aware that these did exist until our practice helped to reveal them to us. This is quite often what we describe as a challenging step forward.

To understand and to purify or heal away these darker, more negative type thought patterns, energies and emotions is something which takes practice. We assure you that the divinely guided aspects of the Universal Love Attunement practices will help you with these tasks immensely!

Through these attunements and through other meditative practices, we can start to become more familiar with our inner world and then begin to understand the areas where we can perhaps make some improvements to ourselves.

The energies of Astarium Level Three will help you to further this healing pathway forwards. They will help to bring more purification and healing into your life and allow you to move to a new vibration, one which is another step higher towards love and light.



## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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As we continue on this pathway and continue taking more and more steps towards light, slowly, we can start to see some inner transformation in the way we interact with others and respond to our normal daily situations.



In some cases, in the beginning, these changes can be very mild; almost to the point where you may not feel anything at all. It can be something as simple as feeling a small reduction in anxiety when meeting new people or perhaps you notice that you don't get as angry as you once did if someone wrongs you in some way.

It may be that you seem a bit more relaxed or at ease with yourself as you go about your daily routine or maybe that you seem to want to take some more time out for yourself to reflect on some of your past memories.

These are all great signs of healing and energetic growth. With time and with some further purification, these signs, actions or behaviours may become more and more noticeable - especially if they are infused with a desire to learn more about the ideas of compassion, loving kindness and helping others.

These concepts, especially that of loving kindness, when combined with energy based healing attunements (and other energy based healing practices) can really start to have a dramatic impact on the way we see the world and the way in which we feel about ourselves.

It is the idea that being loving and kind towards others actually helps ourselves to move to higher and more harmonious states of being. In simple terms, to help others feels good - and with time, brings us happiness.

However simple this may sound to you, we assure you that if you meditate on these concepts intermingled with the ideas of interconnected-ness, karma and the true nature of suffering, you have a very powerful tool right here to change your consciousness.

For now, we wish you all the best with these Level Three attunements. Please enjoy these deeply healing energies and may you move through these levels with ease, grace and above all, divine guidance and love.



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## **1. UNIVERSAL LOVE ATTUNEMENTS - LEVEL THREE:**

The energies being introduced here in Level Three bring a new intensity to our healing and work more deeply to clear away more of our impurities, imperfections and darker energies from within. It is not uncommon to experience some rather difficult emotions or unwanted 'pains' as part of this healing process during these later levels so we again remind you of the [healing crisis](#) information prior to taking your attunement.

For some of you who are also practicing with other forms of meditation or energy based healing, you may now start to feel a deepening of your meditative state as you move to the completion of Level Three and four.

The following information was directly received from higher 'spiritual beings' through Gerry's gift of clairvoyance and mediumship. We again wish to include this information so that you may hear the words that were passed on to us.

### **✿ The 3A attunement**

*“You are beginning to open like a flower; beware of the frost on tender leaves or petals.”*

*“Beware of alcohol and other mind altering ‘drugs’ during this time”\**

*“Heavy meditation (more than 3 hours daily) is not recommended”\**

[\* Refers to the time from the 3A attunement until 72 hours after.]



### **✿ The 3B attunement**

*“Level 3B energy is a soothing precursor to Level 3C which seals the tides of change brought about in Level 3A.”*

*“Obstructions and obstacles in place during the 3A attunement are starting to move and clear within 48 hours after this 3A attunement.”*

*“Depending on energy movement, this 3B attunement can be taken 48-72 hours after 3A.”*

*“Even if there is still energy moving, it is important to take the next 3B attunement as this will unfold new energies which have been imparted to help heal the consciousness – and refill the energy spaces (wounds) which have been opened in 3A.”*

*“Alcohol etc. can be re-introduced without harmful effect, however most likely this will not be craved during these changes.”*

*“Go well. Xylanon.”*

✿ **The 3C attunement**

***“Level 3c is the final ascension in the third level of Universal Love.”***

***“We understand there have been changes to date; including much suffering and awareness as the vibrations raise. This has all been in preparation for Level Four.”***

***We estimate the time between this final Level Three attunement and the beginning of Level Four to be approximately 8 – 10 days. This time space is required to open all channels and clear any leftover unwanted energies before commencing the leap to higher frequencies at Level Four.”***

***“Go well. Xylanon”***

Xylanon is the name of the entity who brought through the information to us in Level Three. As we can see from this information, it would seem that the 3A attunement is something which can be highly effective in moving lots of energy. The 3B and 3C attunements then help to heal and clear away these energies from within your consciousness in preparation for the Level Four attunements.

Please remember that as these energies move and are being released, you will often re-experience the energies prior to healing them. The more emotions that are being brought to the surface, the more anger, sadness, grief, despair, frustration, stress, worry etc that comes - and the more powerful the healing.



**Purification - Helping Us  
See Through Different  
'Eyes'**

Some of you will notice these emotions more than others. If you are a meditative person or are quite sensitive to energy, then you will most likely feel something moving and being stirred through these Level Three attunements.

**On the other side of the healing and purification shines the new light. As we heal and purify, we can start to see a new reality, or perhaps more accurately, the same reality through different eyes.**

Although these energetic changes may seem very subtle and sometimes barely even noticeable, this type of healing work is certainly helping us to move forward towards The New Consciousness of love.

Up until now, this is not a concept which we have spoken of much about in this ebook. On our website we openly share this information from a number of different angles as we have been guided to do so.

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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It is always our intention to provide you with any information that may help you in your pathway forwards into the new light. By offering these attunements and energies freely and with love, it is our hope to bring a new level of understanding into the consciousness here on earth.

As you move through these energetic upgrades and as you take these levels of the Universal Love Attunements, whether you know it or not, you are being connected with a whole series of divinely guided energetic assistance, something which is both magical and deeply important as we move forward into this new way of life here on earth.

For many of us, the idea that our earth is on the verge of a big energetic upgrade is almost fantastical, perhaps like a myth. It is an idea which is totally foreign and is obviously something which the world at large will be very skeptical about.

We can only share with you what has 'come through' for us to pass on, something we have tried to do through our ebooks, our website and through the wide variety of energy based healing practices that we offer. As more information comes to hand and as we move through these ebooks, we will attempt to further elaborate in areas which we feel are relevant at the time.

We have already started to bring you these types of information through our earlier discussions of loving kindness, compassion, helping others and understanding the concept of interconnected-ness. These seem to be some of the most crucial foundations for the new light.



Of course, there are many different layers to any kind of understanding and these concepts are no different. The energies you receive throughout these Universal Love Attunements will help you (at a deep energetic level) to understand some of the deeper and most important concepts to The New Consciousness.

Above all, the Universal Love Attunements will provide an experiential, vibrational understanding of the concept of love; from which all things blossom, including the new light.



## 2. INSTRUCTIONS FOR RECEIVING YOUR 3A, 3B & 3C ATTUNEMENTS:

After waiting the allocated timeframe, you are now ready to begin your Level Three attunements.

### **Attunement Level Timeframes:**

- ◆ **Level 3A** - can be taken after 72 hours from Level 2
- ◆ **Level 3B** - can be taken after 48-72 hours from Level 3A
- ◆ **Level 3C** - can be taken after 48-72 hours from Level 3B

The attunement process will take about 15 minutes and only needs to be completed once per level. Immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement.



Again, the attunement process described below will be the same as during previous levels and it is simply our intention that changes between the attunements. We hope that you enjoy this deeply sacred & loving experience and may it bring you to higher states of vibration, understanding & love.

### **1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is most comfortable for you. It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterward for feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a warm, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement. Prior to your invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

### **2. Invoke the Universal Love Attunement (Level 3A / Level 3B / Level 3C):**

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, simply say the following intention (or similar - use words to suit you!) either out loud or in your head:



**“With love and gratitude, I accept this Universal Love Level 3a/3b/3c attunement from the Pathway To Light. May this clear away all of my impurities and imperfections so that I may feel happier, healthier and more love filled in order to benefit all beings. Thankyou, Thankyou, Thankyou.”**

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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Now the attunement will commence and will last for around 15 minutes. During this time, you are able to simply open up to receive the divine love and healing light that will follow with love and gratitude. There are a few ways that you may choose to do this. For example, you may wish to just relax and perhaps imagine that above your head shines a bright cleansing sun. The light is shining down onto the top of your head (Crown Chakra). As the light shines down on you, just give yourself to this light, allow it to fill your whole body with this delicious feeling of love, light & divine healing.

As you do this, you may even choose to work with some kind of mental affirmation, perhaps something like:

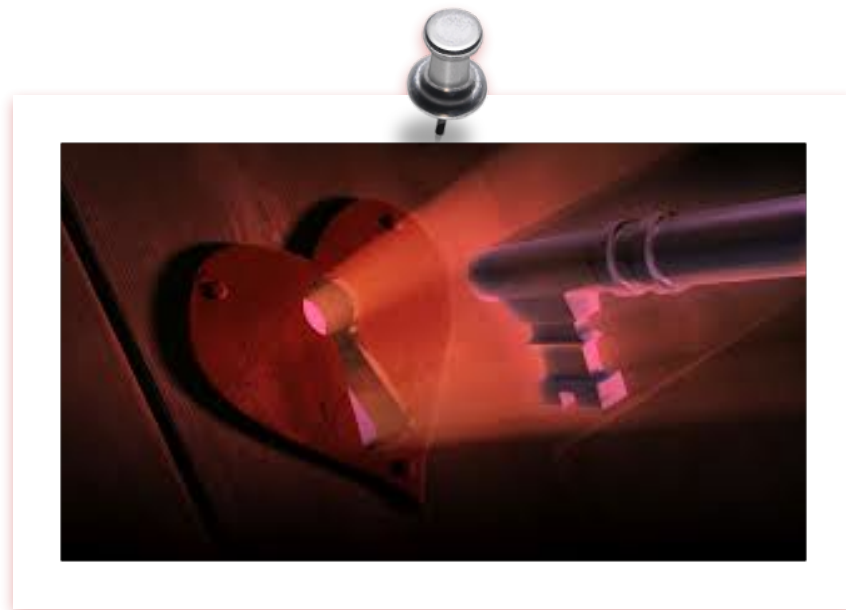
*"I open myself up to love and light"*

*"I open up to receive"*

*"I open up to universal love"*

*"I open up to receive the Level 3A/3B/3C attunement"*

*"I open up to divine love & light"*



These kinds of thoughts or affirmations can often help us to keep our mental concentration or focus on receiving, and being open to receive love and light. The visualisation processes may also help in this way - noting that we can also combine these techniques for added effectiveness.

These are some of the more commonly worked with techniques for receiving attunements. By far the most important aspect of receiving is to allow ourselves to open up, surrender to and to receive the love and light with love and gratitude.

During the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this is perfectly fine too.

**PATHWAY TO LIGHT**  
UNIVERSAL LOVE ATTUNEMENTS

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Whatever the case, you will receive the attunement in accordance with your intention as stated above. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.



Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

**3. Closing the attunement:**

Once you feel like you are ready to finish you attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received.

You may say something like:



**"Thank you for all the energy that has been received during this attunement. May you continue to shine your love and light down on me as I walk forwards on my path so I can be healthy and happy. May you continue to shine for us all. Thankyou, Thankyou, Thankyou."**

For some of you, you may wish to fold your hands into prayer position as you say both the invocation and your closing statements. We would suggest that you do whatever feels right for you.

It is by no means a requirement for these attunements to hold your hands in prayer position. It is always our intention or perhaps the feelings behind our invocation and closing statements which is most important.



### 3. FINAL COMMENTS:

This third level is a very cleansing and rewarding phase with it's energies providing us with a deep and divine love. As we begin to assimilate these energies into our own consciousness, we ourselves, may be able to feel more of this love and light in our own life.



*“This has all been in preparation for Level 4.”*

The last level within the Astarium phase, Level Four, is like the crowing jewel, it is the delicious icing which sits on top of the cake. The energies at this level are refreshing, invigorating and enhancing and help us to bring a new layer of love and joy into our life. The 4A attunement can be taken after 8-10 days from taking your Level 3C attunement.

This last level, although rewarding, also requires us to move though more of our darkness in what was described to us as being one of the most healing attunements yet. With healing and purification work comes a new light, a new understanding and a new love, from which rises happiness.

As we move through more darkness and face it from within, we allow ourselves to emanate a love and compassion which radiates outward for all to benefit. As we begin to understand the interconnected nature of our reality and the idea that we are all one, we can realise that our love vibration, our light and understanding is something which benefits all.

*May you live in higher and more harmonious states of vibration and may your understanding and realisations evolve into something which is truly magical, loving and deeply divine. May we all be happy and free from suffering.*



*With love inspired blessings,*  
**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**



## Love Inspiration

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### UNIVERSAL LOVE ATTUNEMENTS PHASE ONE - ASTARIUM

#### LEVEL FOUR

#### WELCOME TO THE FINAL ASTARIUM LEVEL!

It is with love that we welcome you to the final chapter of the Astarium Phase. All of the previous levels up until now have helped to heal and prepare us for what is now a rather significant energetic uplift during the Level Four attunements.

As we have already mentioned in the previous levels, these attunements will likely bring some or many healing issues to the surface so that we are better able to move forward on our pathways with more love and light. Each of us heal in different ways, through differing forms of suffering and we each have different healing issues that we need to heal and release. And we each also have a different sensitivity or awareness to the healing taking place from within.

It is said in some scriptures that suffering in fact has a truly noble cause. By understanding & sitting in these states of suffering, it is only then that we can feel genuine humility as well as empathy or compassion for those who are also suffering from these kinds of afflictions. Thus we evolve.

There is a Buddhist practice, Tong Len, that tells us that whilst sitting in any kind of suffering, we can make the wish that all the people in this world suffering from our ailment be free from it right now. It is often quite easy to feel compassion for those suffering in the same way that we are and thus, it is a very good technique for feeling and connecting with these compassionate, empathetic energies. In this way, we can bring some new meaning and positivity to our suffering.

Lastly, we again wish to congratulate you on making it this far on your healing pathway. As you will see a little further down, this level marks a very significant step on the Universal Love Attunements journey and it is through your own hard work that you have made it to this level.

We pray that these energies will bring you the most blissful and love filled feelings yet and that you move through these next attunements with ease, grace and humility. We thank you for your continued service to the light and wish you well in Level Four.



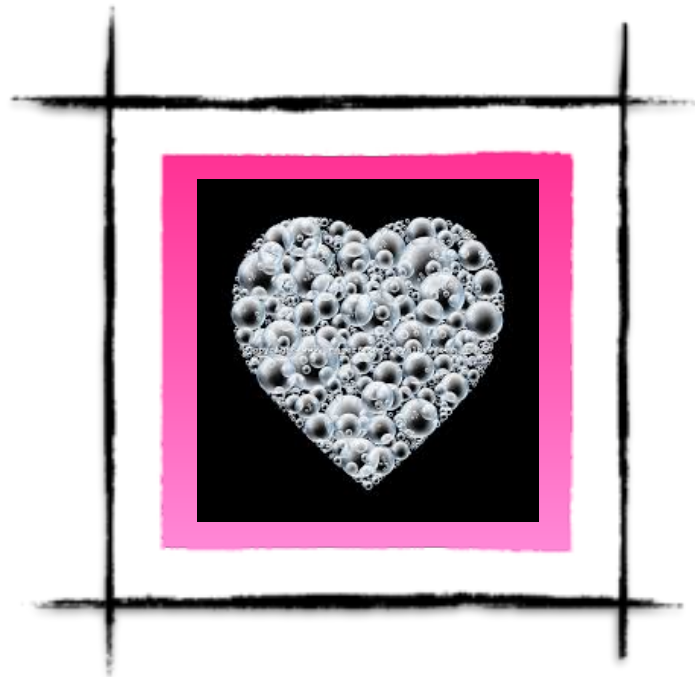


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**1. UNIVERSAL LOVE ATTUNEMENTS - LEVEL FOUR:**

As in previous levels, we wish to share with you the information as we ourselves received it upon moving through this system of energy based healing. In this last level of Astarium, there is also some additional information which is relevant to the commencement of the next phase - Polarium, which we have covered in section three.

Please note that there are specific timeframes for you to decide on entering the Polarium phase of the Universal Love Attunements (after completing the Astarium phase) and therefore we would recommend that you read section three of this level before commencing the attunements.

For now, we hope you enjoy this information and the energies within the fourth and final level of the Astarium phase! We hope they bring you to higher and more harmonious states of being so that you may share this loving vibration with others.

### **The 4A Attunement**



*“Level 4A attunement is awash with new energies.  
This level is indeed a new, higher frequency of love-light communication.”*

*“Energies at this level are refreshing, invigorating and enhancing.”*

*“Although subtle, the changes at this level may be as refined as simply experiencing new joy in the pleasures around you; you may begin to see the love in others and in yourself more clearly.”*

*“Bringing forth more changes in the frequency of your love vibration enhances the energy transmittance between yourself and other energy beings.”*

*“Open your eyes to see clearly the world of universal love unfolding – every small detail is now more visible as your frequency is now more in tune with us all.”*

*“Go well on your journey into this threshold of unconditional love.”*

*“72 hours until the next attuning – 4B; which will be more difficult and challenging.”*

*“Take note of colours, senses, dreams and visions – and enjoy the changing frequency of your love. You are opening to a whole new consciousness; a whole new you!”*

*“Enjoy and be at peace. Cocatron”*

### **The 4B Attunement**

*“Level 4B attunement holds its challenges, deep burdens and dark spots to render. However know that you are being watched and supported attentively and deeply throughout this transformation.”*

*“Level 4C should be attuned approximately 4 – 8 days after 4B to allow time for deep inner transformations to unfold.”*

*“This is the “toughest” attunement yet and will open new doorways to your own happiness and contentment – if you persevere. Remember our support as you face the next level of challenges.”*

*“Healings in this attunement run deeply – to the roots of your core being.”*

*“You can cross any boundaries should you set your mind to it.”*



*“Go well. Xylanon and Amitron”*

### **The 4C Attunement**

***“Level 4C is a simpler healing phase that bi-folds on top of Level 4B to bring about completion of this healing element. No new materials will be entered into here. You are simply completing the healing on that which you opened in 4B.”***

***“The 4C attunement is not as “trying” or challenging as the 4B attunement; however scrupulous attention should be paid to the energies from here on in.”***

***“The next level of consciousness to unfold in Levels 5-8 [Polarium phase] is a tight wind-up of compounding forces – leading to large breakthroughs in insight, behavioural patterns and tendencies.”***

\*\*\*

***“The Level 4C attunement has now been completed. This concludes the ASTARIUM phase and closes the energies we have been working on at this level.”***

***“We herewith wish to state our congratulatory response to your completion of the ASTARIUM phase. This has been no small feat and you have persevered through even the toughest circumstances. Well achieved we say.”***

***“Go well and trust in your plight. Chichidon”***

As you can see from these communications, the healing completed through this fourth and final level of Astarium is really quite significant, the icing on the cake so-to-speak. There is a large amount of energy / healing work being done on your consciousness during these attunements.



The Level Four attunements bring us to an entirely new level of love and light and in this case, provide us with a connection to many different divinely guided healing frequencies which go far beyond our understanding and comprehension.

These energies come from a place of utter purity, love and understanding. They have been offered to us here through these attunements so that we may move forwards more easily on our various pathways into The New Consciousness.

As these energies work to uplift our vibration, we may start to see slight changes in our perceived reality. For example, through a heightened love vibration comes a more thorough understanding of our true essence and of the essence which surrounds us in every moment.

We may be inspired to do other types of reading into things that inspire us at the time, perhaps how we can better live in harmony with the earth, with each other or perhaps we start to take an interest in the arts or something music orientated.



## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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It is these types of changes that we can begin to feel grow and evolve until we suddenly look back and realise just how far we've come on this path. At this level, inner peace, spontaneous laughter and a wish to share love with others may begin to shine through stronger in your behaviour.

This fourth level represents a significant wave of healing and it is during these times of purification that we again remind you of the divine guidance aspects of this beautiful healing system.

In simple terms, there are always higher spiritual beings watching over us with love, compassion and with divine healing light. If you feel that you are alone at any time during this process, it can be really helpful to just think or know that 'they' are all up there watching down on you.

Some of you might feel more comfortable closing your eyes and imagining the sun shining down on you from the sky. You may think to yourself that the light is actually love as it shines down on you and enters your body.



For others who believe in Jesus or perhaps Buddha or Allah, you may wish to connect in with this source of energy and feel that the love is shining from these religious figures.

We are never alone - it is often at the most difficult times of healing and growth that we need to remind ourselves of this most important fact. Although you may face much darkness during these shifts in your consciousness, they ask that you do not give up hope.

Please remember that the stronger the healing signs or the stronger the [healing crisis](#) is, the more inner transformation and growth that is being done. Again, at these times of emotional imbalance or perhaps even turmoil it is often difficult to gain perspective on the idea that this is just healing taking place.

Whatever situation you find yourself in, it really can be helpful if you can somehow hold this understanding in your mind that it is just 'healing' which is taking place. It is not necessarily about the shopkeeper who is deliberately not helping you, or the fact that your boss said something unhelpful to you - it is the idea that you will be presented with situations which help you by bringing whatever is required to the surface for healing.

**PATHWAY TO LIGHT**  
**UNIVERSAL LOVE ATTUNEMENTS**

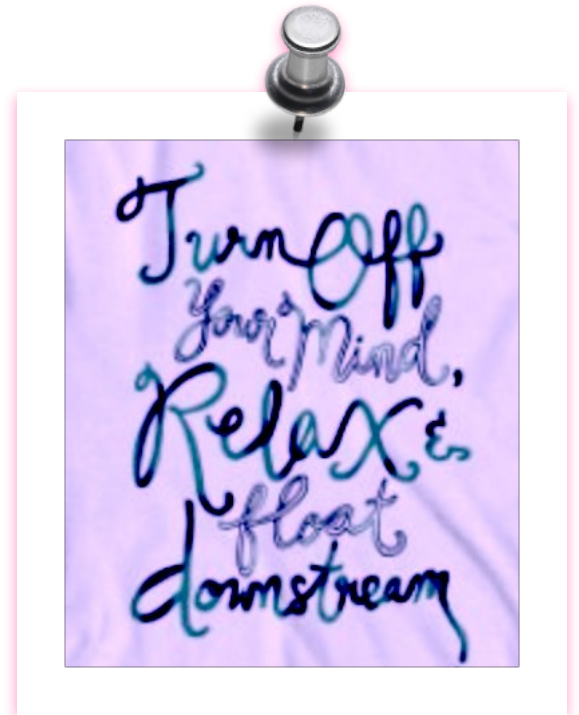
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This is the all important point of divine guidance coming together with energy based healing. This point alone has taken us many healing crisis' and many years to understand. We share this with you in the hope that it may help to ease the burden of healing & purification so that you may simply float downstream throughout these healing experiences as opposed to swimming upstream as we have often experienced it!

In any case, as the healing and purification work is done over the coming days and weeks please also keep in mind that a new layer of light, love and understanding lies on the other side of these healing issues. As the negativity or darkness is released from your consciousness, you are then better able to radiate your new love frequency for all to benefit from.

For those of you who are meditators or energy based healing practitioners, you may notice another wave of deepening or peaceful experiences through your own personal practice. These attunements and your deeper states of meditation will also help your abilities to act as a healing channel for others.

You may even notice that the healing crisis being experienced by your patients starts to become more pronounced, something which is again a sign of your uplifted love vibration.



**"Love obscures darkness - Always."**



May you radiate out your love for all to benefit from, thus bringing us all to higher and higher states of awareness, understanding and love. May we all realise that being kind and loving towards others is the best way forwards to achieving happiness.

## 2. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

Welcome to receiving your Level Four attunements!

### **Attunement Level Timeframes:**

- ◆ **Level 4A** - can be taken after 8 - 10 days from Level 3C
- ◆ **Level 4B** - can be taken after 72 hours from Level 4A
- ◆ **Level 4C** - can be taken after 4-8 days from Level 4B

The attunement process will take about 15 minutes and only needs to be completed once per level . Immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement.

Again, the attunement process described below will be the same as during previous levels and it is simply our intention that changes between the attunements. We hope that you enjoy this deeply sacred & loving experience and may it bring you to higher states of vibration, understanding & love.



### 1. Preparation:

You may sit or lie down in preparation for receiving your attunement, whichever you feel is most comfortable for you. It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterward for feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a warm, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement. Prior to your invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

### 2. Invoke the Universal Love Attunement (Level 4A / Level 4B / Level 4C):

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, simply say the following intention (or similar - use words to suit you!) either out loud or in your head:



**“With love and gratitude, I accept this Universal Love Level [4A /4B /4C] attunement from Pathway To Light . May this energy bring forth the healing and Universal Love that best benefits both me and all beings!**

**Thankyou, thankyou, thankyou.**

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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Now the attunement will commence and will last for around 15 minutes. During this time, you are able to simply open up to receive the divine love and healing light that will follow with love and gratitude. There are a few ways that you may choose to do this.

For example, you may wish to just relax and perhaps imagine that above your head shines a bright cleansing sun. The light is shining down onto the top of your head (Crown Chakra). As the light shines down on you, just give yourself to this light, allow it to fill your whole body with this delicious feeling of love, light & divine healing.

As you do this, remember you can choose to work with mental affirmations as in previous levels or perhaps use an affirmation that is special for you at this time:

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"I OPEN MYSELF UP TO LOVE AND LIGHT"

"I OPEN UP TO RECEIVE"

"I OPEN UP TO UNIVERSAL LOVE"

"I OPEN UP TO RECEIVE THE LEVEL 4A/4B/4C  
ATTUNEMENT"

"I OPEN UP TO DIVINE LOVE & LIGHT"

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These kinds of thoughts or affirmations can often help us to keep our mental concentration or focus on receiving, and being open to receive love and light. The visualisation processes may also help in this way - noting that we can also combine these techniques for added effectiveness.

These are some of the more commonly worked with techniques for receiving attunements. By far the most important aspect of receiving is to allow ourselves to open up, surrender to and to receive the love and light with love and gratitude.

During the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this is perfectly fine too.

Whatever the case, you will receive the attunement in accordance with your intention as stated above. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

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Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### 3. Closing the attunement:

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received.

You may say something like:



**"Thank you for everything that the Universal Love Attunements have brought me and all beings. May I continue on my journey forward with the light of Universal Love radiating from within me, helping to make our world a happier and more enriched vibration. Thankyou, Thankyou, Thankyou."**

For some of you, you may wish to fold your hands into prayer position as you say both the invocation and your closing statements. We would suggest that you do whatever feels right for you.

It is by no means a requirement for these attunements to hold your hands in prayer position. It is always our intention or perhaps the feelings behind our invocation and closing statements which is most important.



### 3. THE NEXT STEP - THE POLARIUM PHASE:

For those of you who are enjoying the Universal Love Attunements and who feel that you are receiving some benefit from these practices, we would absolutely suggest that you continue on this Universal Love Attunements pathway.

These attunements provide you with one of the best ways to progress forwards on your healing and spiritual path towards The New Consciousness. Once an individual has completed these phases, they are also able to practice any

number of other energy based healing practices which help to propel the consciousness further still into states of love and divine light.

As we continue towards our truly divine centre, we uncover or clear away more of our clouds. As we do this, we allow our divine sun to shine outward. The divine sun is often referred to as the purest form of love, a love which is unspeakable in words and almost actually *tangible* in its feeling.





The Polarium phase continues to assist us in making it back towards our innately divine centre; towards our true essence - that of love.

As we have seen from the information received during the 4C attunement, the Polarium Phase also helps us to create the energetic circumstances for additional insights and improved behavioural patterns in our daily life.

These energies work on more subtle levels and the healing is now done at a more refined level as opposed to the more physically detoxifying Astarium phase. The energies within Polarium expand on the work done through Astarium as we widen our love scope - bringing more love in and radiating more love outward.

*“Polarium is a frequency which most will not obtain. It requires true and deep commitment to the preservation and humility of the love connected soul, and not the self cherishing ‘I’.”*

The Polarium frequencies open us up to the understanding about the importance of cultivating an altruistic intention. It is here in these energies that helping others is emphasised as being the way forward - as opposed to the excessive self-cherishing aspects of ourselves.

It is now very clear to us that this altruistic intention plays a key role in The New Consciousness and in any kind of true energy based healing. It is also a key part of the ‘widening’ or expansion of love which occurs during the Polarium phase.

Here are the instructions that we ourselves received whilst we were moving through the Level 4 attunements regarding the Polarium level.

*“After Level 4C attunement has been taken, you have 5 days to decide on the entrance to the new level of consciousness. If you choose to deny the new levels, then you may temporarily take an absence leave – and return at a later date. There is no “malfunction” in pursuing this rest time. We would however recommend a break of less than 15 days in order to keep the energy mainstream continuation. Should you choose to accept the new levels then an offering can be made in the form of one day of self-fasting on the sixth day.”*

In simple terms, it is your choice whether you wish to move into this new phase of the Universal Love Attunements. In summary, there are three options:

- ◆ A) Continue straight through from the Astarium Level 4 teachings (6 day break)
- ◆ B) Take some time resting in between Astarium and Polarium (up to 15 days recommended)
- ◆ C) Finish your Universal Love Attunements here at the end of Astarium

**Option A: Continue straight through from the Astarium Level 4 teachings (6 day break)**

After completing Astarium Level 4, you then have five days of rest and on the sixth day an offering can be made, either in the form of self-fasting or another sacrifice. Please note that the offering is optional, however it helps to confirm your commitment to these new levels of love and is rather symbolic of the movement away from the excessive self-cherishing aspect of ourselves that the Polarium phase seems to awaken us to.



If you choose to make an offering, then it is something you can offer in your own unique way i.e. it is something that **you** "sacrifice" which could be quite different to something that someone else offers. In this way, there are no right or wrongs in how you would like to go about it, it simply needs to be a sacrifice that you intuitively feel is appropriate for you.

For some, sacrificing "food" for the day may not be possible, in which case another sacrifice can be made as you feel appropriate. ***The main idea is that you are offering something where you are really making an effort to move away from the self-cherishing aspect of the ego and where you are showing your commitment to this next phase of the healing pathway.***

Take some quiet time, perhaps in meditation, to think about or FEEL what it is that you would like to offer. **As always, you know your body the best, so please listen to it. If fasting does not feel appropriate for you, then offer something else that does. This is an individual choice and it needs to be safe and comfortable for you.**

NOTES:

- If you are unable to make the offering on the sixth day, then you can do it anytime in the six days after completing the Astarium Level 4 attunement.
- This is the only kind of sacrificial offering that you will need to do within the Polarium phase (There is one more offering in the Bellarium phase).

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**If you choose to offer through fasting then here are our tips from when we fasted for this level:**

For those of you who feel that the one day of fasting is reasonably difficult (like us!), we can suggest that you do the fast from say 7pm until 7pm noting that in this way, you can still have dinner on each night. This made it a little easier for us. Or, if you wish to, a lesser time of fasting may feel more appropriate.

It is important to have some fresh juices, herbal teas and plenty of water during this day to keep your sugar intake up and to keep the fluids in your body at a good level during the time of fasting. Your dinner for the night can be thought of as a loving reward for all your hard work, but ensure that you "ease" your way back into food to help your body cope with the transition.

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**Option B: Take some time resting in between Astarium and Polarium (up to 15 days recommended)**



For those of you who wish to take some time to rest in between these two phases then you are able to, ideally up to 15 days as recommended by the Guides.

Once the Astarium 4C attunement is completed, you may wish to make an offering as the Guides' recommended (on any day after day five) before starting the Polarium phase. This offering can be made either in the form of self-fasting or another sacrifice. Please note that the offering is optional, however it helps to confirm your commitment to these new levels of love and is rather symbolic of the movement away from the excessive self-cherishing aspect of ourselves that the Polarium phase seems to awaken us to.

If you choose to make an offering, then it is something you can offer in your own unique way i.e. it is something that **you** "sacrifice" which could be quite different to something that someone else offers. In this way, there are no right or wrongs in how you would like to go about it, it simply needs to be a sacrifice that you intuitively feel is appropriate for you.

For some, sacrificing "food" for the day may not be possible, in which case another sacrifice can be made as you feel appropriate. ***The main idea is that you are offering something where you are really making an effort to move away from the self-cherishing aspect of the ego and where you are showing your commitment to this next phase of the healing pathway.***

Take some quiet time, perhaps in meditation, to think about or FEEL what it is that you would like to offer. **As always, you know your body the best, so please listen to it. If fasting does not feel appropriate for you, then offer something else that does. This is an individual choice and it needs to be safe and comfortable for you.**

NOTES:

- The offering day can be any day from day 6 to day 15 after completing the Astarium Level 4C attunement.
- This is the only kind of sacrificial offering that you will need to do within the Polarium (and Solarium) phase.

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**If you choose to offer through fasting then here are our tips from when we fasted for this level:**

For those of you who feel that the one day of fasting is reasonably difficult (like us!), we can suggest that you do the fast from say 7pm until 7pm noting that in this way, you can still have dinner on each night. This made it a little easier for us. Or, if you wish to, a lesser time of fasting may feel more appropriate.

It is important to have some fresh juices, herbal teas and plenty of water during this day to keep your sugar intake up and to keep the fluids in your body at a good level during the time of fasting. Your dinner for the night can be thought of as a loving reward for all your hard work, but ensure that you "ease" your way back into food to help your body cope with the transition.

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**Option C: Finish your Universal Love Attunements here at the end of Astarium**

For those who are not wishing to continue on with us on the Universal Love Attunements journey, we wish you all the best on your pathway, whatever that entails for you. We make the wish that you enjoy all the love and happiness imaginable in your life and that you are surrounded with this love in each and every moment.

You are of course welcome to peruse our other offerings and teachings via our website - [www.loveinspiration.org.nz](http://www.loveinspiration.org.nz) should you wish.

We thank you for walking with us on your healing journey and we feel honoured that we have been able to introduce you to these energies during this past few weeks and months, as the case may be. May you radiate outward your new love vibration for all to be touched by and may your acts of loving kindness brighten the world around you, for the benefit of us all.



#### 4. FINAL COMMENTS:

Whatever your next step is from here, we are grateful to you for all of your hard work done during the Astarium phase! These levels are very physically detoxifying so you have done yourself (and all beings) a very great service by making it to the completion point of this phase.

As we mentioned already, the Polarium phase works on more subtle and refined energies so that the healing is not as physical as it is healing in other ways. It helps to widen and expand the energies so that we are better able to radiate this love outward for others to benefit from.

This is where the teachings seem to evolve during the Polarium phase. It is the idea that cultivating an intention to benefit others brings us many benefits to ourselves as well. It is through this truly powerful concept that many people have reached enlightened states of consciousness.

We should point out here that the Polarium phase requires nothing more from you other than being willing to receive the next phase of attunements and to move through the healing that is raised by these, just like in the Astarium phase.

As we progress through the Polarium phase, our ebooks will explore some of the more important concepts and ideas relevant to that level of healing. This may help to highlight ways in which you can further develop and assist in the healing process.

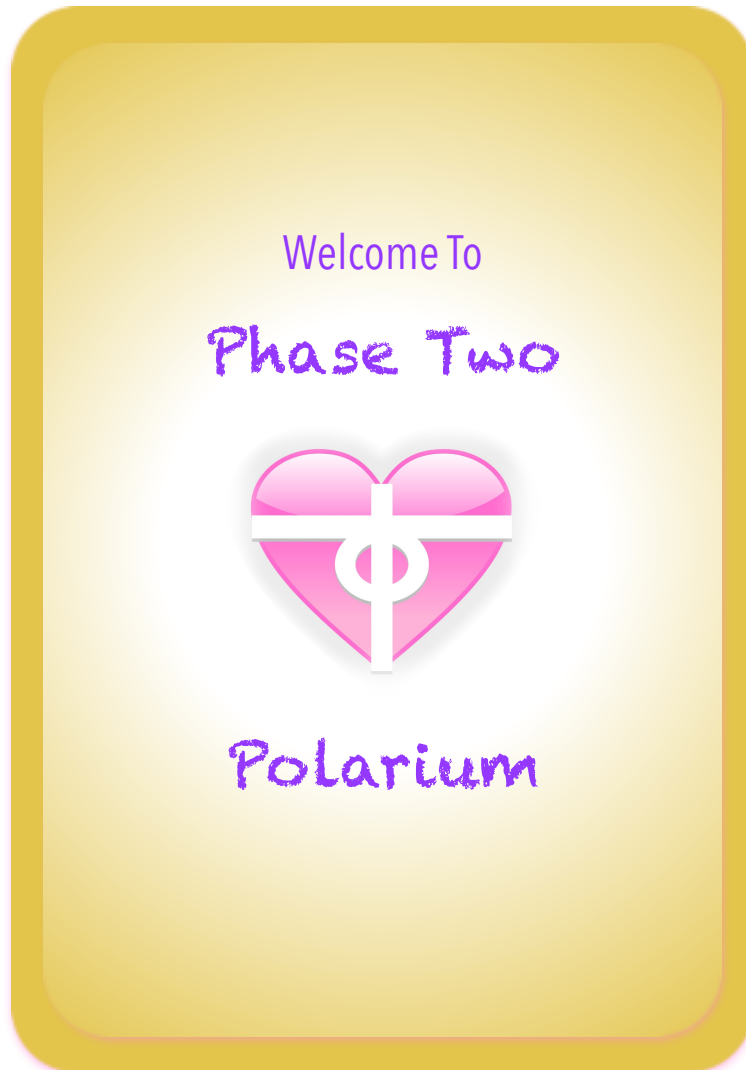
Mostly, these additional teachings will centre around the ideas of loving kindness, interconnectedness and the altruistic intention. When these are explored in conjunction with each other, we can create powerful and significant healing from within, thus we evolve.

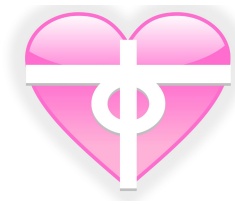
*May we all realise the true power of love and loving kindness and may we all share love with each other and with all living beings which inhabit this beautiful conscious planet with us. May all beings enjoy happiness and may we all be free from suffering!*

*With love inspired blessings,*

**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**







*Love Inspiration*  
*Learn • Heal • Awaken*

## UNIVERSAL LOVE ATTUNEMENTS PHASE TWO - POLARIUM LEVEL ONE

### INTRODUCTION:

We warmly and humbly welcome you to this next phase of the Universal Love Attunements; The Polarium Phase. It has been through much hard work and determination that you have made it this far and you should be congratulated for your continued service to this healing pathway.

This truly is an important step on our pathway towards energetic growth and transformation as we now widen our love frequency further to benefit all beings.

It is through the Polarium attunements and teachings that we further expand and digest the idea that we are so much more than just a physical body. We are shown more about the true nature of ourselves and the true nature of our reality.

Through the energetic frequencies being introduced via the attunements, we are taken to places of divine loving vibrations and through the information provided to us, we are allowed to understand more about the evolution of our consciousness.

We can start to realise with more clarity that it is through these kinds of expansions in energy which help us open up to our truly divine centre of love so that we can heal & grow; thus we move closer towards more restful and peaceful states of happiness and light.

It is also through the understandings gained here in Polarium that we can more deeply understand how loving kindness and one-ness come together to create an easier cultivation of the altruistic intention.

For it is through this type of loving, kind, benefitting-others type mindset that brings us to a higher vibration, from which we start to gain a deeper understanding of concepts such as joy, happiness & love.



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By combining the energies of the Polarium attunements with the information that accompanies them, we allow our consciousness to be raised more easily to the new Universal Love vibration being introduced.

With time and with perhaps some inner reflection, contemplation or meditation, we can then give ourselves the chance to more fully digest these types of energies and information, thereby allowing us to reach higher and more advanced levels of realisation. Thus we gain more awareness, wisdom & love - and thus we evolve.

The main concepts which were brought through during the Polarium phase seem to be those of love and one-ness. It seems that we are being guided here away from the ideas of the self-cherishing 'I' to move to a higher understanding of ourselves.

It seems that here, we are being provided with an opportunity to see the true nature of our divinely loving selves and to understand that we are all connected through this unified field of love. As was told to us recently:

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*“The inter-connected nature of all beings is fraught with challenges, love-less actions and suffering from within. However the train of thought that we all possess is that from the deepest nature of love - therefore all sentient beings are capable of love and a love filled purpose.*

*The epitome of natural living, home-grounded-ness and living an extraordinary life is simply transfusable through the love energy. All comes from the love source. You are the love source.”*

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It is our belief that with these new Polarium frequencies being introduced, it is a good idea to also provide you with some additional insights into this area of one-ness as it seems to be a key concept in moving forward in these attunements. We have therefore created an 'Understanding Oneness' appendix to aid you at this level. Please see Appendix One - Understanding Oneness.

In many spiritual and religious traditions, the one-ness of which we speak is not separate from the 'love source' mentioned above in this quote from our Guides. We can think of this as being two different descriptions for the same reality.

Some may refer to this as consciousness, divine intelligence, pure awareness, love, compassion, infinity, divine understanding or perhaps even God - these terms are not so different from one another.

Thankfully, we now not only have many spiritual, channeled and religious teachings to shine light on these types of ideas, but we now also have many scientific studies and mathematically supportable theories to help us delve deeper into these concepts from a more logical or left-brained approach.

Actually, it was the Buddha himself who said never to just believe anything on blind faith but rather to do a thorough investigation for oneself to determine whether the teaching is true for you or not. In the appendix we have provided is our own personal investigations into the idea of one-ness, much of which is slanted towards a more scientific approach.

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**1. THE POLARIUM PHASE - LEVEL ONE:**

As we have previously done for the levels in the Astarium phase, let us now look at what came through during Level 1A and 1B of the Polarium 'downloads'.



**The 1A Attunement**

*“Welcome to the new level ‘Polarium’.  
Polarium is a frequency which most will not obtain.”*

*It requires true and deep commitment to the preservation and humility of the love  
connected soul, and not the self cherishing ‘I.’”*

*“Level 1A is an introduction to this new, higher love vibration.  
You are ready to persevere.”*

*“The healing at this level is more refined than the physically detoxifying Astarium phase”*

*“Challenges at Polarium level are more about widening the love scope; bringing more  
love in and radiating more out. It involves more people, more connection with others;  
not just those you know and the self.”*

*“Enjoy the love blessings and share with all to reap most healing.”*

**The 1B Attunement**

*“The completion of Level 1 (Polarium) symbolises the opening of a new light phase.”*

*“As the evolutionary vibration shifts and raises, so too do the conscious thought patterns and habitual murmurs that echo through the physical body.”*

*“The feeling of ‘one’ begins to grow more entrenched;  
watch and notice the changes you begin to see.”*

*“Allow the changes in 1B to open & heal more deeply than before;  
be brave & open the soul to the light – for you shall be rewarded.”*

*“Hold strong ..... for there are challenges afield .....  
Do not become disheartened for all is destined to strengthen & lighten.”*

*“We also wish to say congratulations & thank you (from all) for embarking on this  
journey. Your courage and strength shows you (the way) well.”*

*“Level 2 shall also comprise of two levels - 2A and 2B as you call them. A shallow  
healing in 2A follows the more intense 1B; [At least] 24 - 48 hours between 1B & 2A [is  
recommended], as so determined by your energies.  
You will know when you are ready for your next attunement.”*

*“Obsolom”*



For some of you, you will have no problems in deciphering these channeled messages for yourself however for others who would like some further clarification in some areas, we wish to bring some of our own thoughts and insights here for your clarification.

Firstly, let us explore the idea that *“conscious thought patterns and habitual murmurs echo through the physical body.”* for there is much to be learnt from this.

Many of you who have taken other forms of energy based healing may be aware of these types of ideas however for those of you who have never learnt any kind of energy based healing practices, the full extent of this message may have sort of ‘glossed over’ you.

In simple terms, we are all made up of energy; energy which is affected and shaped by our own thought patterns. These thought patterns have invariably been continually created over many past lifetimes and this current one.

These past thought patterns or the intentions that we have held in the past, have and are creating the energetic circumstances that we find ourselves in right now and in the future. This is the idea of karma which says that we reap what we sow.

The vibration of our thoughts therefore directly affect our energy or consciousness which then has a lot to do with how our physical body is functioning. When we do the energetic work, the physical body then realigns and comes into balance.

When our energy is out of balance, our physical body is also out of balance. Once this reaches a certain point, we will often experience some kind of dis-ease in our body, be it mental, emotional or physical.

Perhaps the easiest way to give some examples of this for better understanding is through our own healing experiences. With Gerry's healing for example, where a client is complaining of a sore knee, in many cases, Gerry is shown or feels the different types of thought patterns which are at work beneath the surface which are causing some of these energetic imbalances.

If she sees five different people, all with the same problem, almost certainly, there will be different thought patterns at work behind the problem for each person. Each thought pattern stemming from core beliefs manifested throughout this or other past-lives. Always, there is some kind of thought pattern behind the physical problem.

Once these energies, thoughts or perhaps traumas are released from our consciousness through the assistance of higher vibrational frequencies (i.e. divine light, divine love, divine assistance), the physical condition may then begin to unfold (depending on severity, age etc).

Even for energy based healers without these types of clairvoyant gifts, you can 'feel' the imbalance in the energy behind areas where the patient complains. Reiki practitioners often say this after a healing session.

Even if they do not know where the physical symptoms are, they are almost always able to feel imbalances in the very same area where the patient has their physical problem. In other cases, the energy blockage may not actually lie in the same place where the patient has problems - as is often the case with acupuncture.

If you go to an acupuncturist with a sore knee, they may end up putting needles in your back, neck or another 'totally unrelated' area. Acupuncture is also a practice which unblocks energies as part of treating the physical body.

These energetic imbalances or blockages will always arise from some kind of lower vibrational thought form or what we often refer to as our negative energies or darkness. It is precisely these thought forms that require transformation - giving support to the idea that **'all dis-ease stems from our mind'**.



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For more information about this type of energetic way of thinking, you may visit some of our [FAQ pages](#) about Energy Based Healing and perhaps the Defining Reiki page. Above all, it is always the energies of love that obscure our darkness. By focusing on love, we dissolve all of these energetic issues within our consciousness - it is like the magic wand of the healing world.

In our humble opinion, the Universal Love Attunements are also one of the best and most efficient ways of providing love, light and cleansing to these darker thought forms. To move through these attunements is like being on an expressway to purging out and re-wiring yourself and your thought patterns, to better yourself and to benefit all.



The other main area which we feel is important to expand on from these informational downloads is the idea of moving towards the ***“love connected soul, and not the self cherishing ‘I’.”***

This is a deeply complex concept and is an area which is explored very well through the teachings of Mahayana or Vajrayana Buddhism. In these traditions, it is believed that at the deepest level of existence - at the ultimate level, we are all one unified source of love, light and understanding.

Sure, there is also the existence which we see in our world around us, the trees, the animals, the chair, the bed and the like, but at the subatomic level, beneath all the atoms which make up those ‘things’ lies this ultimate level of which Buddhism and other traditions speak of.

To therefore cling to the idea of ‘I’ or by clinging to what is referred to as our ego is to significantly narrow our perspective or viewpoint about who we truly are. A good analogy to describe this is to think of a 2 litre bottle floating away in the vastness of the ocean. The plastic bottle holds sea water within it - in this context, the plastic bottle can be thought of as our ego or our sense of ‘I’.

By not realising that our water is no different to that of the entire ocean, we fail to see the utter vastness of who or what we truly are. We see only the plastic bottle around us and we perhaps feel safe and secure in that little plastic space.

We forget just how vast, expansive and powerful we truly are. We forget that as a mass, our ocean of consciousness is so vast that it is beyond our comprehension. We forget that all the water within the ocean is fundamentally the same; there is no difference between us and the other parts of the water, for we are all inter-connected. We are all water.

So, if the plastic bottle was our ego then the water represents the unified field of love - an infinite source of divine intelligence and love that is again, beyond our comprehension.

We can perhaps then start to see that by thinking we are just that bottle is limiting our view of ourselves dramatically. It is to miss out on the immensity of love which is available to us in every moment. It is also something which is said to be a sure fire way to bring suffering into our life.



## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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To explain this last sentence fully would be to provide you with a summary of the 84,000 teachings of the BuddhaDharma. It is something which helps to unravel the mysteries of our physical world and it is something which provides us with a path to wisdom in this life and many future ones.

Many would say that this is truly what healing and purification is all about and we would have to agree. To understand and to reflect on how we can gain happiness and how we are able avoid suffering is something which is both very natural and very rewarding.

As we move through this process, the only conclusion we can come to is that love, loving kindness & compassion are important in every action and every moment. Understanding the concept of oneness helps to reinforce the idea that we should be loving and kind towards others wherever possible.

For how can we be so unkind when all is one? How can we not give to others who are less fortunate if we are all just the same 'water' after all? Should it be that we do this just for our own karmic reward? Certainly not, but this can make things a little easier for us to help others when we know that ultimately this will be something that we ourselves will benefit from.

This is the basis of the altruistic intention - to help others whilst helping ourselves at the same time. A truly magical idea. It is also part of the reason why some people believe that there can never be something which is purely altruistic.

It is our general belief that anything that you can do to cultivate these kinds of loving, helpful attitudes and intentions is good, whatever that may be. In many cases, this will often involve us using our minds in a way which sort of persuades ourselves to be more loving and kind, again with the understanding that we ourselves will benefit from these practices.

In some cases, it can take many years of regular mental perseverance before we can really start seeing the benefits of this kind of intention. We can suggest that you simply try it for yourself and see how you go.



Why not go out today and help someone in some way. Go and give someone something that you think they would like. Pay someone a compliment that you really mean and that truly touches their heart.

Go and give your friend in need a helping hand, not because you should or you think you'll get something in return, just because you want to see how you feel after doing a small gesture of giving assistance and love to another.

Perhaps you wish to do some volunteering for a half day or longer - see how you feel. You may wish to visit an orphanage and just spend a few minutes holding a few of the children there, play with some kids, feed some stray dogs, buy a homeless man a coffee. Whatever the case may be, doing small kind loving things will make a massive difference to your energy in the long run.

**PATHWAY TO LIGHT**  
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This is one of the most beneficial and powerful practices that anyone can share with you. Mostly because we are able to bring our real life circumstances to our healing and spiritual path. When we meditate or take attunements such as these, we can strengthen our love vibration but it is only through daily life that we can keep this love essence animated and as expansive as possible throughout each and every day.

To learn the ways of love is our very reason for being here on this earth. To help others with a love filled heart is something which will ultimately bring us closer towards states of happiness, inner peace and true joy. This is what is meant by moving to our *“love connected soul”*.

“Enjoy the love blessings and share with all to reap most healing.”



The last area which we wanted to focus on from these informational downloads was that of being open to receive the healing assistance which is required. As it was said *“open the soul to the light”*.

This is again something which is deeply important on any healing journey and something which you will no doubt be familiar with from your attunement experiences to date. Have you noticed that it is your ability to open up and surrender to the divinely guided healing frequencies which seems to determine how strongly you receive the energies?

Of course, it is also love and gratitude which play a big part in this as well but by being open to receiving, by letting go of all other things and being in full and complete surrender to the energies, these can really help us to absorb a much greater amount of healing and light from these attunements healing practices.

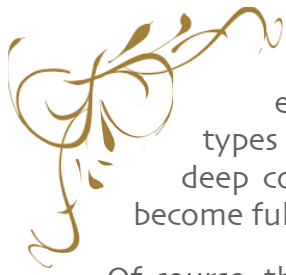
And this doesn't have to be done through meditation or attunements either. This can be done anytime and in any location. For example, if you are walking in a park, or on a beach, you may wish to simply open up and give yourself to whatever you think is 'up there' helping you at the moment.

You may say a little affirmation for 5-10 minutes as you walk along to keep your mind focused on surrendering or being open to receiving divine light or divine healing. We can assure you that through these attunements, you now have many friends who will be more than happy to help. As it is said:

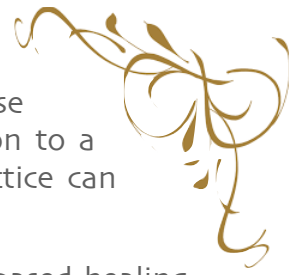
**“The divinely guided energies are always, in every moment, showering love down on us.”**



**PATHWAY TO LIGHT**  
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By opening up to receiving this love and divinely guided healing light, we are allowing ourselves to more effectively heal, grow and transform. When we combine these types of techniques with daily acts of loving kindness, in addition to a deep contemplation of one-ness and our happiness, then our practice can become full and complete.



Of course, there are many different techniques to work with in energy based healing and meditation. Being open to and receiving light through our Crown Chakra is a simple and effective method of doing any kind energy based healing and meditation at any time of our life.

We hope you enjoy this simple practice with love and light.

**2. PHASE TWO POLARIUM ATTUNEMENT TIMEFRAMES:**

Please find below a table of all the attunements and timeframes in the Polarium Phase. These are the timeframes indicated by the Guides who communicated the Polarium information.

<b>Universal Love Attunements Phase Two: POLARIUM</b>		
<b>Level</b>	<b>Sub-Level</b>	<b>Next Attunement Timeframe (from previous level)</b>
<b>One</b>	<b>A</b>	<b>Approx. 10 days - (noting extra requirements in Astarium Level 4)</b>
	<b>B</b>	<b>After 72 hours</b>
<b>Two</b>	<b>A</b>	<b>After 24 - 48 hours</b>
	<b>B</b>	<b>After 36 hours</b>
<b>Three</b>	<b>A</b>	<b>After 36 - 48 hours</b>
	<b>B</b>	<b>After 16 - 32 hours</b>
<b>Four</b>	<b>A</b>	<b>After 24 - 48 hours</b>
	<b>B</b>	<b>After 24 - 72 hours</b>



### 3. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

The process for the attunements within this Polarium Phase are the same as those outlined in the Astarium phase with only our intention being different.



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**IMPORTANT REMINDER:** When you activated the energies for this ebook (on Page III), this has activated all of the energies and attunements for the entire ebook. Therefore, you can simply follow along with the below instructions to receive these Polarium energies & attunements with love!

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Here is a reminder of the relevant information from previous levels:

The attunement process will only need to be completed once and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement. Again, it is only our intention and the energies being invoked which changes between the individual attunements, the process is always the same. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

#### **Polarium Level One Attunement Timeframes:**

- ◆ **Level 1A** - can be taken after reading the timeframe information in Astarium Level 4.
- ◆ **Level 1B** - can be taken after 72 hours from Level 1A

#### **1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable. It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

#### **2. Invoke the Universal Love Attunement (Level 1A / Level 1B):**

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, you may wish to say something like:







**“With love and gratitude, I accept this Universal Love Polarium Level 1a/1b attunement from the Pathway To Light. May it bring a purity of existence and help me to clear away all of my impurities so that I may walk forward in even more expansive love in order to benefit all beings. Thankyou, Thankyou, Thankyou.”**

**\*\* To receive the 1B attunement, you will simply need to change 1A to 1B and as the intention changes, so to will the type of attunement being received.**

Now the attunement will commence and will last for around 15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work.



We also wish to remind you again that during the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this perfectly fine too.

Whatever the case, you will receive the first level attunement(s) in accordance with your intention. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### **3. Closing the attunement:**

Once you feel like you are ready to finish you attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received.



**“With love and gratitude I offer my sincerest thanks for receiving this attunement. May I use this new energy to walk forward on my path to being healthy and happy and may the Universal Love continue to shine for us all.**

**Thankyou, Thankyou, Thankyou.”**

### 3. FINAL COMMENTS:

We wish to again congratulate you on this very rewarding step into the Polarium frequencies. As you can see, these energies within Polarium really start to help us expand and widen our energies and consciousness so that we can truly start to benefit all.

Any vibrational healing work that we do for ourselves automatically benefits others so it is with humility and gratitude that we indeed thank you for your continued efforts and courage on your healing pathway.

It has been expressed to us just how much this earth needs us all at this time to move forwards in this way; and it is with a sincere heart that we really do thank you for your efforts so far and we make the wish that others in this world will also be inspired to do these kinds of purification practices so they - and we all - may be happy.

Moving on to the next level of Polarium we again continue to introduce new frequencies in the sequence which was provided to us via these higher 'spiritual beings'.

As we ourselves were being introduced to these Polarium frequencies, these levels were completed very quickly. As always, we leave it up to you to choose the pace at which you wish to take these attunements noting that it is quite ok to take your time and reflect on these downloads at each interval.

It is often best to always listen to your own inner voice, the all-knowing voice which lies within you. If you feel like your excited to take the next step, then perhaps you should do exactly that. If you feel that you need some time or you are very busy with other things, then perhaps this is a sign that now may not be the right time for you. It is often what feels right for us that is the best course of action.

For now, we wish you an amazing experience with these Level One Polarium frequencies. May they bring you to higher states of existence for the benefit of all!

*May we all be absorbed in the idea of one-ness and in an understanding of our true love essence. May all beings live in this pure love vibration and enjoy the ultimate states of happiness generated from this.*

*With love inspired blessings,*

**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**





*Love Inspiration*

*Learn • Heal • Awaken*

## UNIVERSAL LOVE ATTUNEMENTS PHASE TWO - POLARIUM

### LEVEL TWO

#### INTRODUCTION:

With love we welcome you humbly and warmly to the second level of the Polarium phase in the Universal Love Attunements. With the completion of the Astarium phase and with the introduction of Polarium Level One, there has now been much information shared about healing, purification and the nature of these Universal Love Attunements.

We sincerely enjoy following those of you on your Universal Love pathway and love hearing of your experiences along the way, so please feel free to provide us, or continue providing us, with feedback about your attunements or spiritual developments.

Our intention in these teachings is to share the Universal Love transformational energies with you and to also share some more general healing information to assist in the healing process. We are of the opinion that if a person is able to understand the healing process more thoroughly (with their own individual healing experiences accounting for much of this learning), we are then better able to move through the darkness more easily and with more understanding. We do understand however that sometimes the information provided can seem a little 'out there' to read along with and so please be patient with yourself!

We truly hope that these Polarium Level Two growth phases continue to benefit your consciousness and your energies and we make the wish that you move through the purification aspects of this healing system quickly, easily and effortlessly in the knowledge that there is more love and light on the other side.

*May all beings be happy and free from suffering.*



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**1. THE POLARIUM PHASE - LEVEL TWO:**

As we have done in previous levels, we now wish to share with you the information that we received upon moving through this level of the Universal Love Attunements. May they help to bring you more light and understanding into this process so that you may better help yourself - and us all - to move forward into a new dimension of love.

**The 2A attunement**

*“The opening of the Polarium level energies has begun ....  
The energy body is now starting to open like the aperture on a camera lense.”*

*“Level 2 will begin to introduce new energies;  
that which you are unfamiliar with - however mean you no harm.  
Do not fall prey to illusions ..... Do not despair for all is happening in your best interests.”*

*“Healing at Level 2A and 2B shall continue on from Level 1B ,  
however overcoming limiting beliefs shall become important.”*

*“Levels 2, 3 & 4 of Polarium will propel your energies through  
the next galactic gateway of one-ness or completion.”*

*“Take time to regain your grounding between each level; this is paramount.  
The symbol ‘ZEON’ with 8-sided energies can be drawn at the feet or under the bed  
to ease the grounding back into earth dimensions.”*

*“Continue your pathway for you are doing exceedingly well;  
this shows your courage and determination to better yourselves for the good of all.”*

*“Level 2B is recommended in [minimum] 36 hours.  
You will see and feel more changes from here on in; energy expansion continues.”*

**Auron Five.**

### The 2B attunement

*“We are Absolom Five. You have now moved through the next star-gate or star-field to receive our information. We are re-tuning to your frequencies, our transmission will become stronger.”*

*(\*\*Note that there was some ‘inter-galactic’ communication here between Auron Five and Absolom Five)*

*“You are sitting amidst large omnipotent healing space, the hurdle feels large yes?”*

*“Receiving further attunements will help uncover more of this terminal iceberg. We recommend treatment of the consciousness altered by negative wave lengths. This comes in your next attunement.”*

*“You have bubbled to the surface the dark shadows that have resided like magma in the depths of the Earth. You are ready to receive this despite the feeling of incompleteness.”*

*“Levels 3 & 4 continue to push emotional magma to the surface but to use your words ‘better out than in’. 3A can be attuned in [minimum] 36-48 hours.”*

*“You have progressed well and are where you should be. We know this is difficult but you are worthy of receiving these energetic downloads.”*

As this information was coming through (during the 2A downloads) we were also told that it was important that we gave each other healing sessions intermittently as we felt like we were in need. By receiving a healing session, we were able to clear away some of the dirt or darkness which was being stirred throughout the attunements.

So, if you feel like you are in need of a healing session, perhaps it is a good idea to book in some kind of energy based healing session. This could be a Reiki session, reflexology, aromatherapy, massage, colour or sound healing. Whatever feels right for you. For those of you who are already practising with some form of energy based healing, you will be able to do any relevant self-healing practices during this time.

Also, we should point out here that we all ‘heal’ in different ways. Some of us like to exercise, others may play a musical instrument, others still may wish to dance around and groove out all the impurities. Whatever seems to make you feel good is often your own special way of moving energy and is therefore ‘healing’.

As always, trust your own intuition. If you are feeling ok then chances are that you probably don’t require any type of energy work during this time. It really is only where you feel drained, perhaps feeling like its all too much or at times of emotionally challenging times that you may need to receive a healing session either through your own meditation or from an experienced practitioner.

*Do what makes you feel good!*



Please remember that we are always in the hands of divine guidance and this really is a most important point. There have been many times during this process where Gerry would receive much healing work from those who are watching down on us from above without any formal invocations of these energies.

She would be visited by all sorts of spiritual beings, each of whom work on her energy in some way to help us move forward on our pathway or to clear away old unwanted energies from within. We are

all not so different in this way and are all receiving divinely guided assistance throughout this Universal Love Attunements process. This is perhaps the best way to describe the divine guidance aspects of the practice. We are always in good hands!



Ok, so moving on now to understanding some of the information which has been presented to us here in the Level Two attunements and you may remember from Level One that we spoke of everything being made up of energy. If you have also read the appendix provided during Level One and parts of our website, this may be a concept that you feel somewhat comfortable with.

During Level Two we have received the information that our *“energy body is now starting to open like the aperture on a camera lens”* and this is a similar way of saying that our energies are continuing to widen and expand on our pathway forwards.

In addition to this, it is interesting to be aware of the idea that *“You have bubbled to the surface the dark shadows that have resided like magma in the depths of the Earth”* and that *“Levels 3 & 4 continue to push emotional magma to the surface but to use your words ‘better out than in’.”*

This is precisely the nature of energy based healing. We may face difficult times as these energies are being pushed or released from our energy field but it is always the reward of a cleaner and higher vibration that is our incentive to move forwards further still.

By now, you will no doubt have a fairly good understanding about these concepts from the Astarium phase however it is interesting that this information came through as part of this second level of Polarium, telling us that similar healing issues are being brought to the surface during Levels 2, 3 and 4 of Polarium.

**PATHWAY TO LIGHT**  
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It seems as much as we may understand this concept, we are always in need of reminding about this as we move through these healing issues ourselves. This understanding or refreshed understanding may then enable us to move through these healing crises perhaps more easily.



Another interesting comment for us was “*overcoming limiting beliefs shall become important*”. As was revealed to us during the Solarium phase, a big part of the Universal Love Attunements process is in the energetic re-wiring of our overall energy field and thought patterns, including many of our limiting beliefs.

It is like being upgraded from an old MSDOS operating system to say Windows 7 and is a process which introduces us to many new higher vibration frequencies. As a result, it also allows us to have new and exciting realisations, ideas, thoughts and understandings about ourselves, our life and our surrounding environment.

As part of this process, it is here that we are being asked to let go or push through what may be old or conditioned beliefs that no longer serve us on our pathway forward. Limiting beliefs such as;

*“I am not good enough”      “I am not worthy”*  
*“I am not loved”              “I am not heard”              “Life is hard”*

This is an area we speak a lot more about during our teachings in the Sorcebro Energy Suite. As a qualified holistic life coach, this is something which is a deeply important aspect of Gerry’s life coaching work.

For now, it is important to know that these Universal Love Attunements will be stirring lots of healing issues from within, a process which will no doubt raise some of these past trauma’s or childhood issues.

As this is happening, we may start to recall some of our old memories and gain some added insights into things that happened to us in our childhood or teenage years.

As we reflect on these instances and become aware of how they have shaped us as a person, we can gain some really valuable insights about any limiting beliefs that may be currently at work within us.

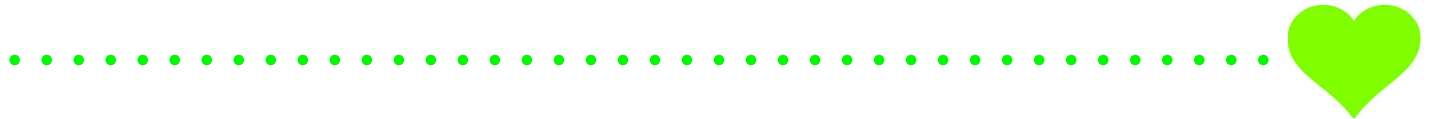
Once we are armed with a heightened awareness of our limiting beliefs, especially if we can understand some of the root causes of these beliefs, we are well over half way there in our healing of these. Awareness is often said to be one of the most important aspects of any healing. This is particularly true in overcoming our limiting or conditioned beliefs.



Please know though that this is not something that will happen overnight, but with time and with the energies being introduced during these Universal Love Attunements, this process will be accelerated for you significantly.

It is the attunements and the energies which are continually helping you, not only in bringing these darker parts of yourself to the surface for healing but also in the way you are using your own mind to heal yourself.

As we gain experience and understanding in our own healing, the fog starts to lift and again, our awareness is shifted and we become more skilled at healing and evolving as a conscious entity.



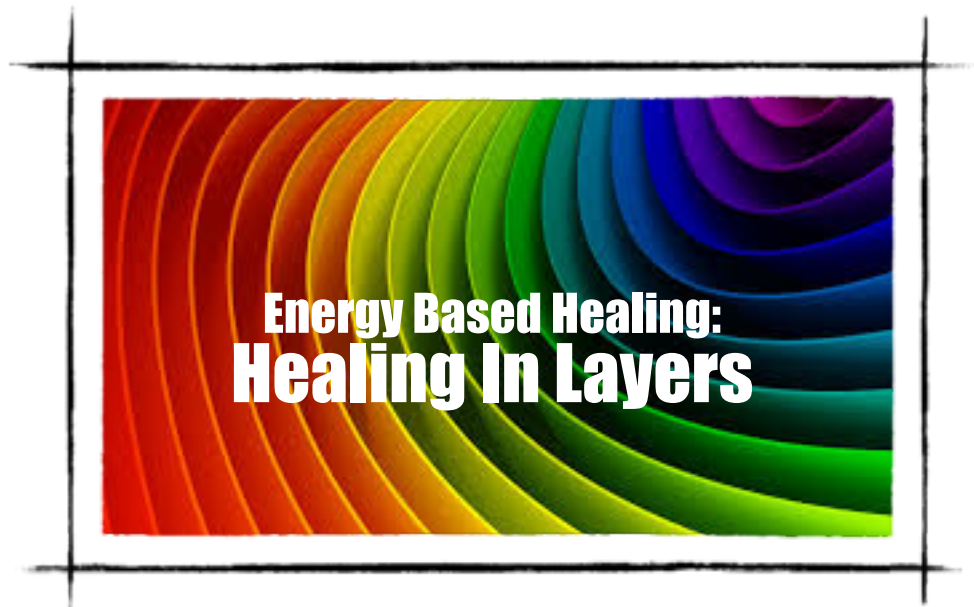
*These are the true blessings of energetic healing:  
to evolve closer towards light*



Another part of the information which we should perhaps elaborate on is the idea that we are moving *“through the next galactic gateway of one-ness”* for this is a most mysterious and virtually unexplainable concept.

It is our understanding that each time we move through a gateway like this, whether it is a new gateway, a new star-field, a new star-gate or any other form of new arena that we find ourselves in, it is easiest to simply think of this as being welcomed into a new layer of consciousness.

Some of you may know that any kind of energetic healing normally works through layers. As we have moved through these processes we are often presented with a new layer of light, a new layer of healing, a new layer of love or in this case a new layer of our understanding about one-ness.



This is always how any kind of energy based healing works. We each heal in layers.



A good example of this can be seen through our own healing work. As we would heal through an issue relating to say 'not being acknowledged', we would work through this and 'heal' this issue.

A few months later once we have done further purification and further healing in other areas, we move through to a new layer of understanding on our path. At this point, it is not uncommon to come back to this same 'not being acknowledged' issue and heal this again at a deeper level.

Another good example of working in layers is to again share another experience with you as we were moving through some of these healing practices. At certain 'breakthrough' points, we would be told:

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*“Welcome to The New Consciousness”*

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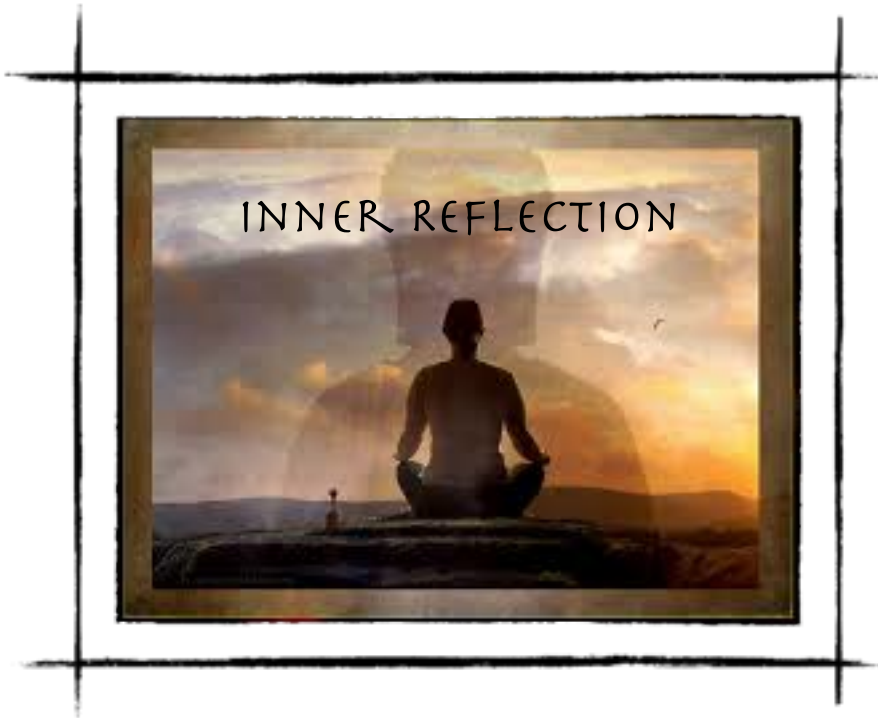
In the early days, each time we have heard this, we would feel very excited that just maybe, we had arrived at our destination, that just maybe we were finally there - in The New Consciousness! We had felt something big being shifted so just maybe that was our last bit of healing.

As time went on, we realised that each time we entered into the 'new consciousness', we were entering into a new *layer* of The New Consciousness. This is not something that just goes pop and you are there, it appears to be something much more subtle and sophisticated.

As we continue to heal through the darkness and peel away each layer at a time, we move into this new layer of the new light. There are many many layers of the new light and thus many layers to which we can understand concepts such as love, loving kindness, one-ness, compassion & gratitude etc.



There are certain depths to feelings from states of deep healing and meditation and equally so, there are many levels of understanding that can be gained as we reflect on different concepts such as love, suffering or one-ness.



As we move through these attunements, you may find for yourself that there is a very subtle change in your depth or understanding about little things, they may be small ideas that seem to be surfacing for you in your life or maybe you just seem to look at things in a slightly different way than you used to.

Please note also that for every tiny, minute difference that you are aware of means that there is a significant amount of inner world changes happening to create this new awareness. We can suggest that giving yourself some time for inner reflection whilst these changes are occurring is a great idea to help in you being able to process all that is going on.

Again, from what we have been told through these channeled messages, there is certainly A LOT going on within your energy and within your mind right now that will require processing. In many ways, this kind of healing is something which really can be a full time job in itself. It is for this reason that we always suggest listening to yourself and you own intuition for the next steps forwards for you.

For those of you with busy lives or with children perhaps, you may wish to move through these teachings and energies more slowly, allowing yourself the time to reflect, to process and to heal at each level thoroughly and with love. In this way, you may also wish to reflect on the more informational aspects of these teachings as well to gain some further insights into how you might apply these to your daily life.

For others, you may wish to complete the teachings allowing only the minimum timeframes. You may feel that you wish to learn many other energy based teachings so that you can shine your light in the best way and move towards the new light as quickly as possible.

Each of these approaches has their advantages and we note that there can never be a right or a wrong way, only a right way for you. Marty and Gerry were divinely guided to move through these levels incredibly quickly, as that was obviously their pathway - in order to bring these teachings to you!

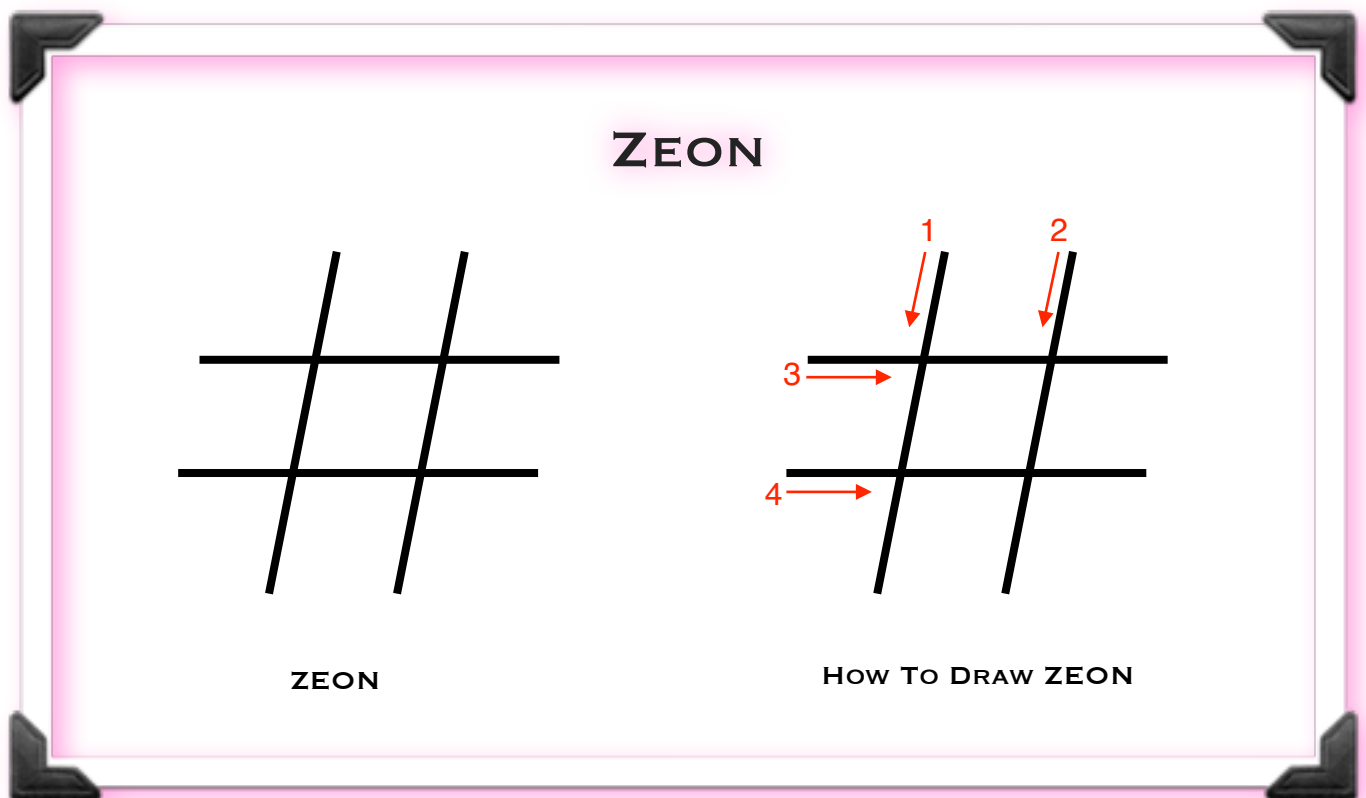


## 2. INTRODUCING THE SYMBOL 'ZEON':

Throughout these Level Two communications the symbol 'ZEON' was spoken about and for those of you who have never heard of symbols before, we would suggest that you refer to our website [FAQ page](#) on working with symbols as this will be important to understand some of the basics.

Whether you are working with symbols prior to this or not, this will be a brand new symbol to you and we therefore wish to discuss a little more about this new symbol 'ZEON' as this is an important part of these teachings.

Zeon is an 8-sided symbol which can be used to help ground us. It can be drawn as follows:



Firstly, we should mention that any kind of grounding is an important practice that we do, especially where you are working with higher vibrational energies such as these. By being grounded, it helps us to better receive and integrate these kinds of higher energetic frequencies without feeling too floaty or unbalanced. This is especially relevant at either the start or finish of a meditative or healing session (this would include the attunement process).

To commence our practice, we ground ourselves in preparation for what is to be received and at the end, after receiving the energies, it is best to ground ourselves back into the earth so that we are again able to come back to our earthly reality.

By grounding ourselves at the completion of the session, it also helps us to really solidify the healing work that has been done through the session and helps to lock away the energies into our physical reality.



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Without doing the appropriate grounding work afterwards, it is not uncommon to feel off balance. We can knock things over, trip up over ourselves and do other uncharacteristically clumsy things. All of these signs tell us that we are ungrounded, that we have not embedded ourselves well enough into the earthly energies from which we come.

The symbol 'Zeon' has been given to us here to help in doing this type of grounding work - there are many ways that we can ground ourselves through using our intention however this symbol is special in that it can help to ground us more effectively through the use of universally guided assistance.

As Marty and Gerry are already working with these kinds of symbols (behind the scenes) during the attunements process, it would make sense that the person receiving the energies would also use a symbol to help prepare and complete the attunement process.

You may also wish to use this symbol outside of the attunement or meditative process too. It is available to you whenever you feel like you are in need of grounding, whether you be out with friends or about to go to sleep.

To use this symbol for grounding, you will simply need to draw the symbol out, either mentally or with your hand if you need to, and then 'tap' it into the ground either beneath or on top of your feet (as you feel more appropriate).

This doesn't have to be done physically but rather with our intention that it is being soaked up into the earth below us in much the same way as butter soaks into toast.



If it is easier for you, you are also able to simply draw this symbol out on a piece of paper and place it under your bed whilst you are sleeping with the intention that it help to keep you grounded as you sleep.

Alternatively, you may also just mentally draw the symbol out (or physically draw it with your first or middle finger) and 'tap' the symbol into the floor 3 times with the intention that it help you to stay grounded whilst you are sleeping.

It is always our intention which is the most important thing to be observed when working with any kind of symbols and please note that the various techniques that people create are simply ways of helping them to crystallise their intention. As these energies are being divinely guided, they always act in accordance with our intention.

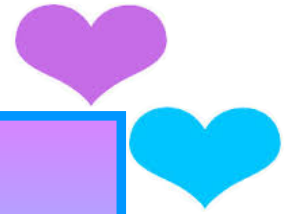
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*A small deed may be great by intention  
and a great deed may be small by intention*



### 3. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

As per previous attunements, the Level Two attunement section is again similar. Timeframes are indicated below:



**Polarium Level Two Attunement Timeframes:**

- ◆ **Level 2A** - can be taken after 24-48 hours from Level 1B
- ◆ **Level 2B** - can be taken after 36 hours from Level 1A

The attunement process will only need to be completed once and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement. Again, it is only our intention and the energies being invoked which changes between the individual attunements, the process is always the same. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

#### 1. Preparation:

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable. It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

#### 2. Invoke the Universal Love Attunement (Level 2A / Level 2B):

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, you may wish to say something like:



**“With love and gratitude, I accept this Universal Love -  
Polarium Level 2a/2b attunement from Pathway To Light.....  
May it bring a deeper level of love and inner reflection to help  
clear away all of my impurities so that I may benefit all beings  
on their love deepening pathways”  
Thankyou, Thankyou, Thankyou.”**

**\*\* To receive the 2B attunement,  
you will simply need to change 2A to 2B  
and as the intention changes, so to will the  
type of attunement being received.**

Now the attunement will commence and will last for around 15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work.



We also wish to remind you again that during the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this perfectly fine too.

Whatever the case, you will receive the first level attunement(s) in accordance with your intention. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### **3. Closing the attunement:**

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**"With love and gratitude I offer my deepest and heartfelt thanks for receiving this attunement. May the energy received help me to blossom into new layers of love, light and one-ness and may the Universal Love continue to shine for us all.**

**Thankyou, Thankyou, Thankyou."**



#### 4. FINAL COMMENTS:

It is with love and compassion that we thank you for your service to the light and we heartily congratulate you on walking through yet another doorway on this Universal Love pathway.

As we move forward into the next levels of the Polarium phase, it is the general themes of love, healing and purification which continue to be worked with as we are given more information and more 'teachings' to help our consciousness evolve closer towards a new layer of

### *Unconditional Love.*

We look forward to seeing you again for the next levels soon!

*May we all understand that love, light and healing is the only true pathway forwards and that purification is the doorway that leads us to our truly divine nature. May we all experience this bliss and divinity in this very lifetime.*



*With love inspired blessings,*

MARTY & GERRY DONNELLY  
LOVE INSPIRATION



*Love Inspiration*

*Learn • Heal • Awaken*

## UNIVERSAL LOVE ATTUNEMENTS

### PHASE TWO - POLARIUM

#### LEVEL THREE

#### INTRODUCTION:

We are very happy to welcome you to the third and penultimate level of the Polarium Phase. We hope that these energies and teachings help you move to an ever higher and more enlightened state of consciousness.

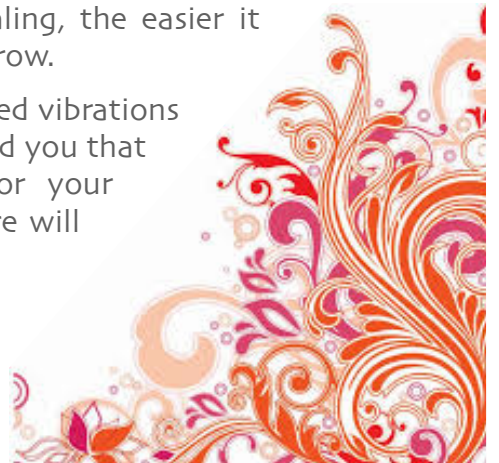
The energies of Level Three continue to expand and widen our vibration further still as we continue on our journey to understanding our truly blissful, divine self. Another way of thinking about this is that we are really starting to peel away some of our protective mechanisms that we tend to surround ourselves with as we go through life, perhaps as a way of preventing ourselves from being hurt.

For some of you, these past few months may have seen quite dramatic changes. For others, you may have felt some more subtle changes occurring from within. There may have been times when you felt vulnerable, tired or exhausted and it is here that we again assure you that these are actually really good signs of rapid progress!

We wish to reiterate this most important point especially as we move through these last few levels in preparation for the significant step up in vibration which the Solarium Phase brings. It can often be difficult to have perspective on this 'healing truth' when we are in the grip of our emotions! The more we can understand the true nature of healing, the easier it seems to pass through these challenging times, thus we heal and grow.

Finally, we do truly congratulate you on moving to these heightened vibrations of love - it is extremely beneficial to both yourself and those around you that you continue on your healing pathway so we thank you for your continued service to the light and make the wish that many more will do this kind of important personal work.

*May we all live in happiness  
and may we all be free from all kinds of suffering!*





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**1. THE POLARIUM PHASE - LEVEL THREE:**

The information received during this level again came from two different 'higher beings' and brought additional healing and universal understanding to our circumstances at the time. We hope they do the same for you as you move through this third level of Polarium.

**The 3A attunement**

*“Opening doorways in 3A allows the penetration of new and deeper energy layers to unfold ..... for your own highest good and for the highest good of all.”*



*As you move closer through these attunements to the ‘Creator’ as you call ‘Him’, you will feel your energy band widening. The impact of your more wide-spread energy band of love is showing more and more in those around you. This continues to show your progress through your hard work and determination as others are now and will later benefit”.*

*“Continue on your strong love-healing path; for it is only your love that will show you the way.”*

*”Dis-illusions are only that; dis-illusions. Do not compete for energy with others; this is the dis-illusion; for the perception of ‘loss’ is only that - a perception.  
Others cannot ‘draw’ or suck your energy if you give it freely.”*

*“Past protection mechanisms (conditioned or limiting beliefs) are in place to elude us to the failed truth (untruth) that we are not enough, again dis-illusion.  
You are strong enough and cherished enough to succeed in these attunements.”*

*“Level 3A brings more sacrifice - that of the ego; release the entrenchment!”*

*“For now, you shall receive 3A level, [the download for] 3B level will come in 16-32 hours - the timing is different here as we progress through the healing layers. You are in safe hands!”*

*“Go well, cherish each other. Love all.”*

**Amnion**

**The 3B attunement**

*“The inter-galactical shift has begun ..... The Golden portal has been opened. You now have more direct access to our energy flows; this is an important step and has been well achieved.”*

*“The Universal Love Attunement 3B opens and widens the channeled energy frequency further. More energy will soon be able to push through allowing stronger vibrational changes.”*

*“3B continues the expansion by clearing the final pits of gloom that have been hovering for some time. Hold your faith strong.”*

*“Level 4A will be provided within 48 hours. There is no need for apprehension. You may call this Level 4 the hard earned ‘cherry on top’.”*

*“Go well”  
Orcon.*

As you will see from these messages, we are now continuing on our path towards expansion and towards a deeper understanding of the truly divine self. This is perhaps also described in Amnion’s comment *“As you move closer through these attunements to the ‘Creator’ as you call ‘Him’, you will feel your energy band widening.”*

The ‘Creator’ in this context may represent the divine infinite potential that resides within us all. A creator which manifests as we clear away all of our energetic impurities and all of our darkness. A divine source of love and light that is connected with all things.

For some of you, the Creator may mean something totally different; we all have our own interpretation of this divine something which seems to surround us and this is what makes our world so great. Our diversity is something to be celebrated and it is our firm belief that all beliefs and opinions should be treated with the deepest amount of respect and love.

For those of us who are walking this pathway towards a more purified, loving or elevated consciousness, it is often said in many spiritual scriptures that all of this, even divinity itself, can be achieved through love and through the loss of our egoic mind.

We can also see this point hinted here in these communications where Amnion says *“Level 3A brings more sacrifice - that of the ego”*.

There are many pages and indeed many books that could be written about this topic alone. There are many different spiritual and religious traditions that provide us with much advice about how we can rid ourselves of our ego and indeed why we would want to.



You may remember the analogy of the bottle floating in the ocean. For us, this is probably the most important aspect of why we would want to rid ourselves of our egoic consciousness. To let go of this very limited perspective of who we are and replace it with a new understanding that all is one, that we hold an unlimited potential within ourselves.

Whilst this is very hard to believe, it has been said in many different traditions and through mystics throughout the ages that this is in fact the case. These are people who have come to this earth, reached a high level of awakening or realisation and who have then taught us from their elevated perspective.

Even right now, there are many people in this world who are giving these types of teachings. The interesting thing to note is that all of these teachings, whilst being a little bit different in the ways in which they are presented, all appear to be telling us the same sorts of things.

Let us share love, be kind to each other, do unto others as we ourselves would like to be treated, let us wish for others to be happy as much as we ourselves wish to be happy. It is almost always through these types of thought patterns that we will find true, long lasting and genuine happiness. As it is said above:

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*“It is only your love that will show you the way.”*

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There is a very simple meditative technique that we will share with you here to help us in cultivating a loving and kind attitude towards others. Once you understand the principles behind this technique, it can be used for so many things including helping your relationships with others, helping to heal things within yourself and most of all, helping you connect more strongly with the energies of love, compassion & forgiveness.

This meditative practice can take you around 5 minutes, 10 minutes or even up to half an hour if you wish it to. We would suggest that you try this for around 5 minutes to start with and see how you feel.



**Meditative Practice:**

To prepare, you will need to just be comfortable, sitting or lying down, closing your eyes and start by taking a good few deep breaths, just as you would prior to taking an attunement. Now you are ready to start.

Imagine that in front of you is a full size mirror. Choose someone who you are close to - perhaps your mother, brother, sister, best friend. Whoever it is, it should be someone who you have good feelings between. Imagine them standing in the mirror, looking at you and say the following:

*“Hi ..[name]... I want to say that I love you. I love you sincerely. If there is anything that I have done to harm you in any way, knowingly or unknowingly, then I apologise. I am walking on a new path, one which is filled with love, light and truth. I also forgive you for anything that you have done to me, knowingly or unknowingly, which has harmed me in any way. May we both [or all for groups] be happy in our life.”*

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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Now send this person all of your love - making sure to send it from deep within your heart space. You may also help this process by visualising white light as it travels from your heart into their heart space. You can make the wish that they receive this and that it helps to bring them happiness.

You may send this for as long or as little as you wish to. By sending this person love it helps to improve your relationship with this person. By making the wish that your love helps them to be happy is great for starting your altruistic intention.



As you progress, you will notice that you are able to bring whomever you wish into the mirror. In the beginning it can be very easy to start off with someone who we are very close to but as you progress you may wish to send love to those who you are having difficulties with.

You may also wish to send love to groups, locations, the earth or even the entire universe if you wish to. Remember that it is always our intention which sets the scene for the healing and if your intention is to send love to the planet or a large group of people or indeed the universe, you may notice that you start to feel more energy being 'channeled' through you.

The larger your intention and the stronger the feelings of love, the more energetic assistance you will get from your various 'friends' up there! Even though you are sending the love energy from your heart, you may notice that there is some energetic flow coming in through your Crown Chakra (top of your head) and out through your heart.

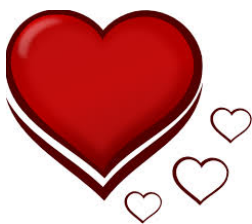
In this way, as in any kind of energy based healing, you are becoming a healing or love channel which you can use to help others and yourself in a variety of issues. Please note that you are also able to use this technique with yourself - just imagine that it is you who is standing in front of you in the mirror. You will notice that there are three main components to the text.

### **1. Love                      2. Apology                      3. Forgiveness**

There is also an acknowledgement or affirmation here which tells ourselves that we are on a pathway towards love and light - this is also helping us to move forwards towards truth and wisdom. Through regular practice, this very simple meditation can bring us truly wonderful results!

We also encourage you to be creative with it. You may of course create your own 'text' here as well - you may wish to elaborate and (mentally) talk a little more to the mirror, perhaps you have something major that you need to confess, perhaps you are a person who doesn't wish to say many words but would rather send lots of love instead.

Whatever the case for you, the key point is to be creative and do what feels right for you. Start with 5-10 minutes and build from there. A good time to do it is before you get up in the morning - and/or last thing at night.



We share this technique with love in the understanding that it will resonate with some but may not for others. The attunements here are by far the most important part of these teachings but if we can help with additional insights then that makes us very happy.



The last thing which we thought we might add to from the messages is the idea that "*Level 3A brings more sacrifice - that of the ego*". The word sacrifice here implies that we are perhaps losing something but as we have already covered in our above commentary, it is not something that we lose - but rather a further expansion of our own energy field.

Shedding our egoic skin is to allow our energy to radiate outward for all to benefit from. It is to regard others as being equally important to us, if not more important so that our energy may shine for them as well!

We all just wish to be happy and free from suffering. For this is our very natural and deeply innate drive in most, if not all of the actions we perform. May we all be loved,

may we all be happy and may we all live in states which are free from suffering.

In many ways, the ego can also be seen as the very root of suffering. It is a concept which is steeped in ignorance; an ignorance of the true expanse of who we really are. It is from this ignorance, the idea that we are separated from the divine, which leads us to many conflicting emotional states from within.

Emotional states such as attachment, aversion, anger, greed, jealousy, pride and the like are said to all stem from an ignorance of who we truly are. Our actions, which are simply a product of our mental and emotional states, are often not filled with love or loving kindness and thus we accumulate negative karma.

We are therefore destined to reap what we sow or be given the opportunity to work through some kind of purification practices such as these - to help us purify away the darker, more negative parts of ourselves.

In some ways, this type of understanding can be quite depressing but as it is said in many spiritual scriptures, there is also a divine and noble purpose to all suffering.

It is suffering after all that brings us to a deeper understanding of compassion and love. It is suffering that helps us to experience genuine and real humility and it is suffering that helps us to feel the triumph of moving to something great from what seemed to be the depths of despair.

We are not entirely sure why there is so much suffering in this world or whether it is very fair for these people moving through these painful states of existence. But, what we are sure of is that it is simply through a lack of understanding and through unskillful actions that the seeds of suffering are ultimately sown. We make the wish that all suffering ends right now in this very moment and that all beings simply realise for themselves how precious they truly are.

*For within us all, ultimately, lies Divinity.*

## 2. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

Welcome to the Level Three attunements!

Please find below the timeframes for attunements in this level:

### **Polarium Level Three Attunement Timeframes:**

- ◆ **Level 3A** - can be taken after 36-48 hours from Level 2B
- ◆ **Level 3B** - can be taken after 16-32 hours from Level 3A



As previously, the attunement process will only need to be completed once and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement.

Again, it is only our intention and the energies being invoked which changes between the individual attunements, the process is always the same. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

### **1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable.

It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.



### **2. Invoke the Universal Love Attunement (Level 3A / Level 3B):**

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, you may wish to say something like:



**“With love and gratitude, I accept this Universal Love -  
Polarium Level 3a/3b attunement from Pathway To Light.  
May it help me to heal, love and grow by clearing karmic  
impurities and by bringing a divine understanding so that I may  
benefit all beings. Thankyou, thankyou, thankyou.”**

**\*\* To receive the 3B attunement, you will simply need to change 3A to 3B and  
as the intention changes, so to will the type of attunement being received.**

Now the attunement will commence and will last for around 15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work.



We also wish to remind you again that during the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this perfectly fine too.

Whatever the case, you will receive the first level attunement(s) in accordance with your intention. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### **3. Closing the attunement:**

Once you feel like you are ready to finish you attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**“With Divine love and grace, I offer my most respectful and  
deepest thanks for receiving this attunement. May my energies  
continue to expand and broaden into new layers of light and  
peace and may the Universal Love continue to shine for us all.  
Thankyou, Thankyou, Thankyou.”**

### 3. FINAL COMMENTS:

It is with love and warmth that we again congratulate you on your healing to date as we now move towards the final level of the Polarium phase. The last level of Polarium is much like the 'cherry on top' of the cake as we are able to seal and finalise the expansion and widening of our energy which has taken place during this second growth phase of the Universal Love Attunements.

Our energetic vibration is being raised yet again in preparation for what was referred to as the 'sweet divine nectar' of the Solarium Phase. It is most certainly true that the Solarium frequencies do boost our vibration significantly and for some of us, this will mean clearing and releasing a deeper layer of dirt or dust from within our consciousness. Thus we move closer towards the light.



We are honoured to be walking on this path with you and we bow down to you with respect for your healing work and your continued service to the light. We truly hope that we will see you again in the final level of this Polarium phase.

*May we all understand the power of gratitude and may this energy flow towards all of the Great and Supreme Beings who are here to help us at this most important time. May this immense love and light continue to shower down upon us as we walk forwards towards The New Consciousness.*

*With love inspired blessings,*  
**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**







Love Inspiration

Learn • Heal • Awaken

## UNIVERSAL LOVE ATTUNEMENTS

### PHASE TWO - POLARIUM

#### LEVEL FOUR

#### INTRODUCTION:

Welcome to this final level of Polarium! We hope that you have thoroughly enjoyed your journey through this Polarium phase and have learned more about, and expanded further into, your true divining self. It is with a warm and loving hand that you are now able to give yourself a congratulatory pat on the back for making it this far, for as they shared with us at the beginning of this Polarium Phase:

*“Polarium is a frequency which most will not obtain. It requires true and deep commitment to the preservation and humility of the love connected soul, and not the self cherishing ‘I’.”*

It is not by mere co-incidence that you have found yourself here at this level of understanding. As we have been told, it is through many lifetimes worth of hard work and positive actions / intentions that you are now being presented with these highly purifying and deeply loving energies.



So it really is with congratulations that we again welcome you to this final step up in vibration which these Level Four Polarium frequencies offer. We hope that you enjoy this level and these healing energies as well as the informational aspects of this final level.

*May all beings live in long lasting  
and genuine happiness and be free  
from suffering!*

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**1. THE POLARIUM PHASE - LEVEL FOUR:**

We hope that you enjoy the information as it came through to us during these energetic downloads.

**The 4A attunement**

*“Congratulations and well done, for you have been tested.”*

*“Level 4A and 4B build up the ‘anti’ and can provide some tranquil yet powerful results.*

*Stick with it!”*

*“Try loosening your grip on your reality as you see it; for conquering all as you see it is not the requirement. The goal is to heal your way through the un-reality; in order to reach the freedom of the mind - freedom of the soul.”*

*“You have nothing to fear; all will become apparent when it is required.  
For now - seek your truth.”*

*“Go well and be still. For amongst the chaos you will find the tranquility you seek”*

*“May love grow and flourish in us all.”*

**Zyrachon**

**The 4B attunement**

*“4B can be taken 72 hours from 4A”*

*“Polarium phase now complete - blue star to be awarded.”*

*“Deeper in love’s consciousness we grow and flourish for all.”*

It is always nice to be congratulated for our accomplishments and we feel that this is especially so when it is being provided to us by a higher source of divine intelligence! But as it reads, you have definitely earned it!

From our understanding, this ‘testing’ process most likely refers to the wide variety of healing issues that have been brought to the surface and released during this rather significant change in energies, from the early stages of the Astarium Phase right up until this point of Polarium.



It is quite sad in many ways that there are so many people in this world who are unfamiliar with the true nature of healing and growth. And quite unsurprisingly, it is not an easy concept to explain to someone unless they have actually experienced something similar for themselves.

You may find that you meet people in your life who are simply unable to grasp the issues you have been through as a result of this evolutionary type work, however please know that there are also many people who do.

Our earth is changing and there are so many people in this world who do this type of work and who regularly try to maintain a positive, loving and humble mindset in all things that they do. They strive to help others and take a keen interest in health, healing, love & spirituality.

It is our goal at Love Inspiration to assist in this kind of world movement. A movement which involves each of us looking deeply into ourselves to find out exactly what it is that makes each of us happy.

What is our unique gift to share? What do we ENJOY doing in this life? What can we do to bring JOY into *another’s* life whilst still doing what *we* love to do? What can we let go of?

What can we **release** from our energy that we are still holding onto from our past, preventing us from moving forward?

**PATHWAY TO LIGHT**  
**UNIVERSAL LOVE ATTUNEMENTS**

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To provide a space for people to reflect, to heal and to bring more love into one's life is Love Inspiration's ultimate goal. May all beings enjoy their life because it is so very precious and is gone in what seems to be an instant. May we all do this kind of personal work so that we may find a happier, more positive, more love filled existence for ourselves and may we realise the true divine power which lies within us all.

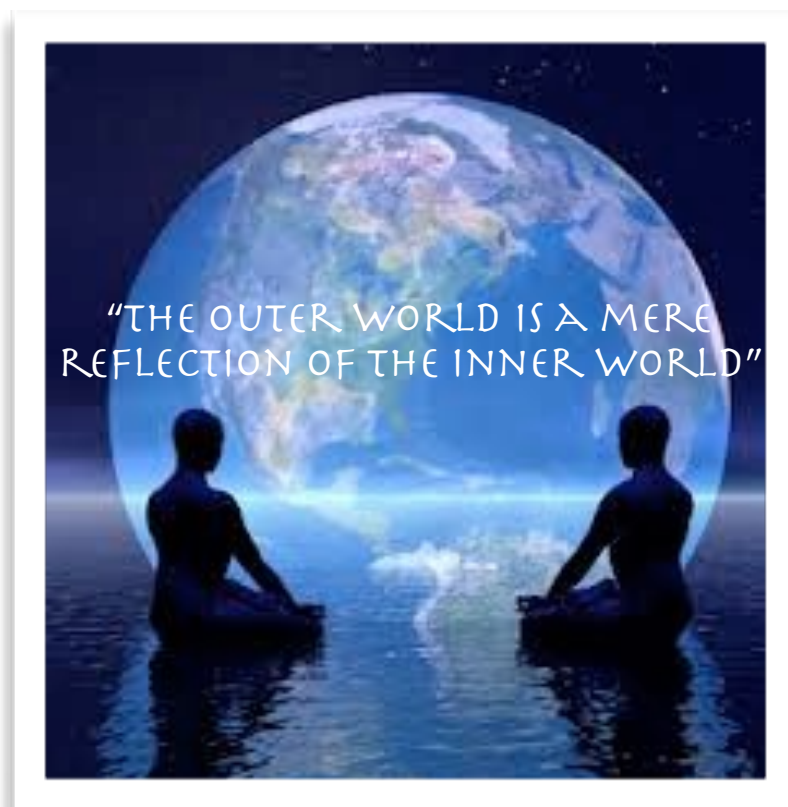
This leads us into our next point of discussion:

*“The goal is to heal your way through the un-reality; in order to reach the freedom of the mind - freedom of the soul.”*

It is not so much the conquering of things as we see them which is our ultimate goal here. It is not the winning, the getting rich, the getting 'somewhere' or being 'something' in this physical world which is so very important. It seems to be the uncovering or unlocking of our infinite, untapped potential; this un-reality which seems to be far more rewarding in the longer term.

It is by walking this path with love, compassion, healing, purification, gratitude, surrender, releasing and with letting go that we can find our way back towards our truly *divine centre.*

It is here in this divine understanding of ourselves that we realise that we are not separate from all of creation, that we can find the freedom which we all so cherishingly desire. It is at this level of vibration where our world seems beautiful, our physical reality seems wondrous in every sense and where all the people in our life are truly amazing. As it is said in many self-help books or other teachings:



This 'healing our un-reality' helped Marty and Gerry through a time when our physical world seemed to be presenting many challenges. It was something which helped them to gain some added perspective on where they were at and where they might be heading towards. They truly hope that this teaching has some beneficial impact for you in your life!

As is often the case, there are lessons to be learnt from these types of challenging situations, especially if the same kinds of situations keep on reoccurring in one's life. If we can take some time to reflect on some of these situations with a view to healing the root issues, there are often many valuable 'universal' teachings to be absorbed and digested.

Another important part of this which we should never ignore is in *divine guidance*.

This is the idea that we are always in the hands of the divine whatever the situation. It can be very difficult at times, especially when we are presented with seemingly difficult situations in our life, but rest assured there is purpose to all things. As the old saying goes:



It is often said in the Tibetan Buddhist tradition that if we find ourselves in difficult times, it can be useful to reflect on this or use our mind in such a way that thinks:

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*“How wonderful. By moving through this difficult circumstance, I am being given the opportunity to cleanse and purify my negative karma. This suffering that has befallen on me is a result of my intentions from the past which have led to negative actions. It is only fair then that I now need to suffer in this way so that I can be free of this negative energy.*

*May this be a universally, divinely guided teaching for me about the benefits of acting with loving kindness so that future suffering never befalls upon me. May I now only work in this life to benefit others so that I may find happiness in all my future lives.”*

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## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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This of course is extremely difficult to practice and takes many years of dedicated efforts to fully master. Having said this, there are many good Buddhist practitioners who do actually use their minds in this way and also go well beyond this in the enlightened courage of what is referred to as Bodhicitta. They can actually wish to take on the suffering of other living beings and actually mean it! When we understand the reasoning and power that comes from this kind of altruistic thinking, we can begin to understand why someone would practice this kind of meditation / thinking.

For our purposes here though, it is wonderful for us to simply reflect on the idea that our intentions, positive or negative, loving or hurtful can actually create the vibrational circumstances for our own happiness or suffering in our future. In this way, if we truly want to be happy, we should create the internal vibration (through our thoughts) of gratitude, love, compassion, empathy, peace, generosity etc.

In short, we should always treat others how we ourselves would want to be treated and in many ways this will be the reality which is experienced by us at some point in our future. By moving through these energies and attunements you can rest assured that slowly, with time, your actions will become far more loving and helpful quite naturally. For this is where your vibration is leading you towards.



Another part of divine guidance which was highlighted in these information downloads is that:

*“All will become apparent when it is required.”*

And this is the really wonderful thing about divine guidance. To explain this a little more, there will be times (often!) when we seem to be facing a brick wall of some sort in our life. Lets say we are trying to learn a new healing skill or healing modality so that we can better help others - but it just doesn't fit.

We try to make it fit because our ego tells us that we want to learn this NOW but of course, there is just not an opening for us. In times past (and present) we still get a little frustrated, perhaps even a little angry at this because we really want to do it! But whatever we try, it just doesn't work.

Now, some time goes by and normally, another (subtle) door opens to us (the perfect door) and then 3 months later, the thought suddenly pops into our heads and reminds us how much we wanted to learn that course. Suddenly, we somehow find the perfect website or we see a phone number that we somehow missed before and voila, there is an opening for us to take the course.

During this course, we may meet with someone who needed to share information with us or perhaps the other way around. We may have been needing to clear through some of our own healing issues in this time to be vibrationally ready for the teaching. Or perhaps we needed to spend this 'waiting' time somewhere else, resolving another issue which was preventing us from moving forward.

Whatever the case may be, it has become very clear to us that all is in very good hands and that everything happens for some divine reason. Whether it is supposedly a good or bad situation, there is often growth, learning or something to strengthen ourselves with. And it really does take some time and practice before we can start becoming aware of these sorts of things happening..... There is normally a point down the track where we think "Ahhh, thats why I needed to do that!"

This can be why you lost your job - perhaps you are required to find another job more suited to your new vibration. You may need to acquire a new skill as part of your life journey. You maybe needed to be pushed out of your comfort zone during this time (as is often the case). In these situations, the universe will normally find a funny old way of 'helping' you with this.

It can be that you need to change directions and the universe seemingly pulls the rug out from under your current life circumstances. Again, whether we see it as this or not, this is a 'help' to us to move forwards to where we need to be.

Whatever the situation, good or bad, it is often said in spiritual teachings that these are all impermanent states of being. We are always vibrating, moving forwards or moving through time & space so it is quite natural that things will always change.

As we evolve in this understanding of **impermanence**, we are better able to relinquish our attachments to things. It is said that we are therefore a little better at being able to move through states of suffering, knowing that they are only temporary.

And as we move towards an understanding or acceptance of divine guidance in our lives, we can move closer towards a full surrendering to our divinely guided plan. It is the understanding that yes, we needed to go through that difficult time so that we could emerge on the other side as a better, stronger more wise being. Wise in the sense that we have been humbled and we now posses a greater understanding of compassion, empathy and love.

This is all divine guidance. As we move through this life, it is said that we are here to experience and to learn through this experience. We are here to learn the ways of love and to learn how to share this love with each other; to learn that we are in fact not separated as many of us would believe. All of these and much more can be learnt through the divinely guided universal teachings.



And finally, the last informational download told us that *"Polarium phase now complete - blue star to be awarded."* It is our understanding that this is a form of recognition, a sign of accomplishment, a sign of your love and purity which these practices have brought into your consciousness. You have worked through many layers of your darkness to reach this level so again we congratulate you and bow down to this wonderful healing work.

To our knowledge, this 'blue star' is not something which can be used as a specific healing or meditative tool but rather is simply a acknowledgement of you dedicated commitment to your own healing and growth. It is a great accomplishment and you should be congratulated for the amazing energetic progress that has been made during these two growth phases.

## 2. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

Please find below the information required for your Level Four attunements. We wish you much love and enjoyment from them!

### **Polarium Level Four Attunement Timeframes:**

- ◆ **Level 4A** - can be taken after 24-48 hours from Level 3B
- ◆ **Level 4B** - can be taken after 24-72 hours from Level 4A



The attunement process will only need to be completed once and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement.

Again, it is only our intention and the energies being invoked which changes between the individual attunements, the process is always the same. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

### **1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable.

It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

### **2. Invoke the Universal Love Attunement (Level 4A / Level 4B):**

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, you may wish to say something like:





**"With love and gratitude, I accept this Universal Love -  
Polarium Level 4a/4b attunement from Pathway To Light.  
May it help me to move even closer to my ultimate truth,  
purity and wisdom so that I may radiate my divine  
gifts in order to benefit all beings".  
Thankyou, Thankyou, Thankyou."**

**\*\* To receive the 4B attunement, you will simply need to change 4A to 3B and as the intention changes, so to will the type of attunement being received.**

Now the attunement will commence and will last for around 15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work.

We also wish to remind you again that during the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this perfectly fine too.

Whatever the case, you will receive the first level attunement(s) in accordance with your intention. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.



Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### **3. Closing the attunement:**

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**"With Divine love and humility, I offer my sincerest thanks for  
receiving this attunement. May these new energies fill my  
existence with love and light and may I continue to evolve into  
The New Love Consciousness for the benefit of all.**

**Thankyou, Thankyou, Thankyou."**

### 3. THE ART OF OFFERING:

Now that we are completing the Polarium phase and moving towards higher levels of healing and expanded growth in the Solarium phase, it is a wonderful time to humbly encourage you to make an offering for the energies you have received, and are about to receive.

As the Guides have explained, an offering shows a sign of commitment to, and respect for, the teachings and energies that are being received. And as you can read from the below message, it also helps us to purify and heal at a deeper level as we move through these energies.

As always, it is the intention behind an offering that is so important, rather than the actual amount being given. For example, even a small offering given with the deep intention to benefit all will help to bring about a wonderful inflow of energy for your healing pathway into these higher levels of consciousness.

In simple terms, each loving, kind or generous action we do allows us to clear away more of our karma and therefore improve our own karmic circumstances. As the Guides explain:



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“This is as it is in the law of Karma; when one opens to giving, then one shall receive in direct line with what is intended and what is offered. The size of the offering is not as important as the intention behind it, however it should be noted that an offering is also a volume that is representative of what you are able to give.

Offering plays an important role in the retribution of karmic circumstances and it is these circumstances that encompass the volume of energies you are able to receive. We do not wish these words to sound threatening or to be misunderstood, however it is important to understand the karmic scale and the energies associated with it.

When we offer anything, be it love, wisdom, charity, physical items or service, we are making an offering as purification for our own karmic circumstances. This of course, is not the entire reason for an offering - and if you make it so then the karma is of course lessened, however it stands to reason that the more you put in, the more you get out - the more you offer, the more you receive.

It is indeed this simple. Karma does not take into account the tangled web of thinking or intended actions of the ego, but rather the purity of the heart and the non-egoic, perhaps ‘unintended’ actions. It is out of the utmost respect for, and commitment to, the benefit of all that any offering will reach its highest love potential.

In short we simply wish to determine that there is a mainstreamed understanding of cause and effect - and that offerings are indeed a simple and love filled momentum to carry you forward to higher levels of vibration. It is your choice, as always, whether to make an offering however education in this area is indeed a fundamental part of one’s growth and acclimatisation towards The New Love Consciousness.

Money is an egoic form of payment; love is and will become the new means of exchange in the higher vibrations as you, and the world as you know it, reaches them. Making an offering comes from the heart. Remember this, as your ego will indeed 'kick in' and try to fight to continue it's control.

At the deepest form of healing is the relinquishment of the all-encompassing ego. This is a step-by-step process and is not something that simply happens 'over night', so please give yourself time and love as you make the transition further into the art of offering - for the benefit of all."

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Overall, this is a teaching that can bring much joy, love and happiness into our life and something we hope will bring a more deepened understanding of the idea of Karma and that offerings can be a very simple and love filled way to bring momentum to your journey towards the light.

As always, it is your choice whether you wish to make an offering here as part of your onward healing journey and we hope that should you choose to do so, any offering made to Love Inspiration, is given from your heart and with love. Please be sure to set your intention to benefit all prior to making any offering.



What a wonderful place our world will be to live when we all learn the positive benefits that offering and love can bring into our life. May we all learn to relinquish our egoic tendencies as we embrace the art of offering with love, light and gratitude for the benefit of all.

### *Key points for offering:*

- ♥ **Intention** - offer sincerely, with love and always for the benefit of all.
- ♥ **Volume (Amount)** - offer what you can without egoic control (if the ego starts fighting the volume or what you are giving, then this is a good indicator or reference point for you. It is a sign that your ego is weakening and your love centre is strengthening).
- ♥ **Compassion** - remember there are always those less-fortunate than yourself. Offering is a wonderful way to reduce your ego and expand more love.
- ♥ **Progress** - offering is a progressional art form - start by offering different amounts and (different things if you wish) and see how it feels. Then challenge yourself to offer more and more. Your ability to give will become easier the more you practice it - and your energetic growth will love you for it.
- ♥ **Receiving** - an often overlooked part of offering is receiving. Receive with love and stupendous gratitude, always.

#### **4. FINAL COMMENTS:**

With divine love and light we congratulate you on completing the final level of the Polarium phase in the Universal Love Attunements. You now have an integration period of three weeks before you are able to continue with the frequencies of the Solarium Phase. Actually, all of this hard work has been in preparation for this final vibrational step of Solarium in what is described to us as the 'divine nectar' which can soon be enjoyed.

Having said this, due to the vibrational shift involved here, there is indeed much healing work still to be done during these heightened vibrations of love. As Marty and Gerry were themselves moving through Solarium, they did indeed experience many healing issues being brought to the surface for healing. They experienced a variety of different 'healing crises' and also important realisations in what was a very significant growth phase for their energy.

They also felt very fortunate to have other forms of self-healing and meditative techniques available to them as they moved through the Solarium phase and because of this, we will now discuss some of the options that you may wish to explore after the completion of Polarium.



Of course, everyone will be different in their own unique healing path, some of you will wish to continue on through to the completion of Solarium and this is a great choice! These frequencies are certainly extremely powerful and will uplift your vibration and understanding significantly. It may be challenging at times but it will be well worth it in the long run.

Others may wish to pause here and learn some other form of energy based healing to help them bring more love, light and divine assistance into their healing. For those of you who are interested to learn self-healing with us, perhaps something you can learn for a month or so prior to moving into the Solarium growth phase, we can suggest that the energies of [Divine Light](#) or [Kundalini Reiki](#) could be good options to explore.

These energies may help you to clear away or release any energetic issues which may surface from the Solarium level attunements and both are quickly and easily learnt in under a few weeks. Both are meditative based healing with Kundalini Reiki giving you the option of also doing healing work for others.


We do normally suggest to people who are enjoying these teachings that they do continue through to the Solarium Phase and onto the Bellarium phase also if they still wish to continue moving forwards and the reason for this is that these attunements seem to build on each other in a way that seems to reach a climatic shift as we move through the Bellarium Phase attunements.

Everyone is of course very different and will wish to move through these attunements in their own unique way. You may wish to spend some 'personal' time in order to reflect on the right way forward for you, normally it is what 'feels' right which is often the best next step to take.

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All of the these practices are complementary to the energies being experienced through the Universal Love Attunements and are available to you at any time.

Everything is offered freely and with *love*  with the wish that it may help you in the most splendid and love filled way that it possibly can. There is no right or wrong choice here but rather what feels right for you that is so important. If you feel like you are comfortable here in the Universal Love Attunements and wish to continue on then please honour and listen to your own divine guidance and inner knowing. If you are feeling drawn to another teaching or to nothing at all, then again please honour this.

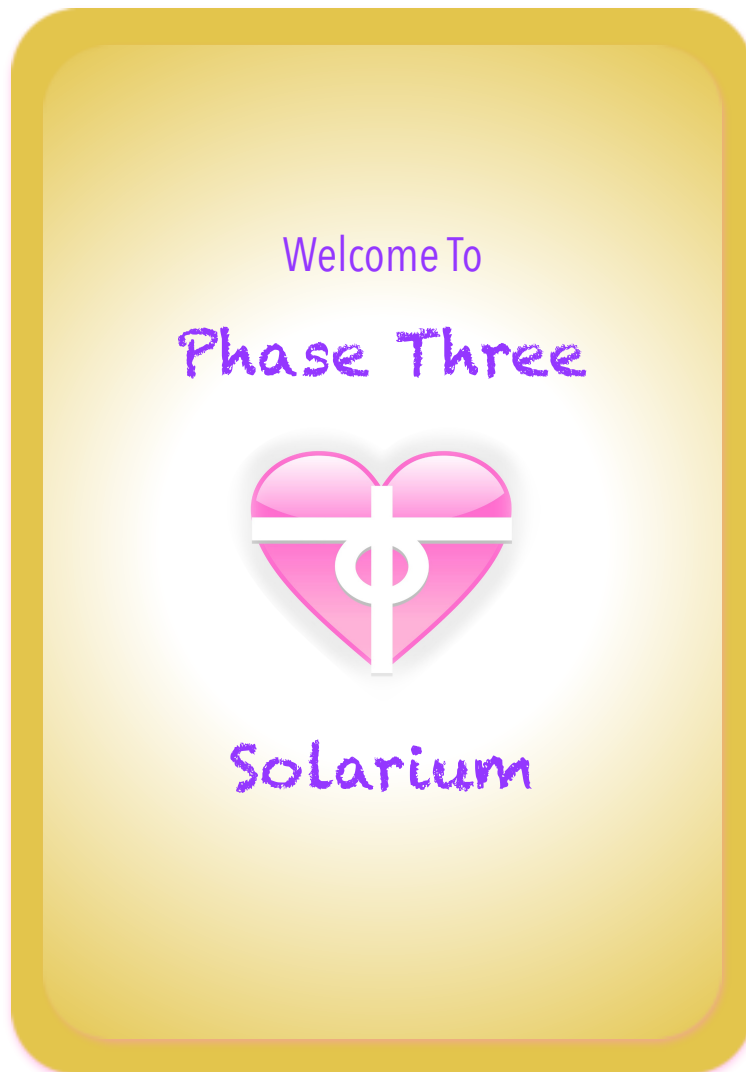
It is with our deepest love and healing light that we say farewell from Polarium and thank you for sharing your time and healing energies with us. We are so happy that your inner guidance has led you to this final level of Polarium. If you choose to walk forwards in this Universal Love Attunements path, we will be here with open arms for the commencement of the Solarium Phase - available to you in 21 days from taking your 4B Polarium attunement.

*May you enjoy these Polarium frequencies in the knowledge that you have moved through many energetic changes from within. May you live in harmony with these frequencies and may you bring your understanding to this world in the most glorious way possible, in order to benefit all beings.*

*With love inspired blessings,*

**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**







*Love Inspiration*

*Learn • Heal • Awaken*

## UNIVERSAL LOVE ATTUNEMENTS PHASE THREE - SOLARIUM

### LEVEL ONE

#### INTRODUCTION:

It is with love that we again welcome you to the start of another loving and beautiful growth phase in the Universal Love Attunements - Solarium. As was explained to us by the entities who brought through these energies, this phase of vibrational uplift can be very significant for our consciousness.

There is much healing being done and much love being brought through into our energy field during these attunements and we may start to feel the vibration of one-ness more significantly as our energies and thought forms are being rewired once again towards a new level of understanding about love & one-ness.

The analogy that we received during these teachings was that the healing work which has been done to date, through the Astarium & Polarium phases is like the building blocks which are now able to hold us steady whilst we receive the influx of 'divine nectar' which comes from the Solarium frequencies.

It really is a true blessing that you have reached this point and it is due to your hard work and determination that you have made it this far. Doing this kind of intensive healing work is definitely not easy and you should again be congratulated for this evolutionary vibrational work! You are now being asked to push through more healing issues in this third growth phase of the Universal Love attunements so that you may shine even brighter for the benefit of all.

May you enjoy these next levels of the Universal Love Attunements and may you receive these with love, gratitude and our love filled blessings. May they help to bring you clarity, understanding and much love into your life and may you radiate out this vibration of love and light for all to benefit from.

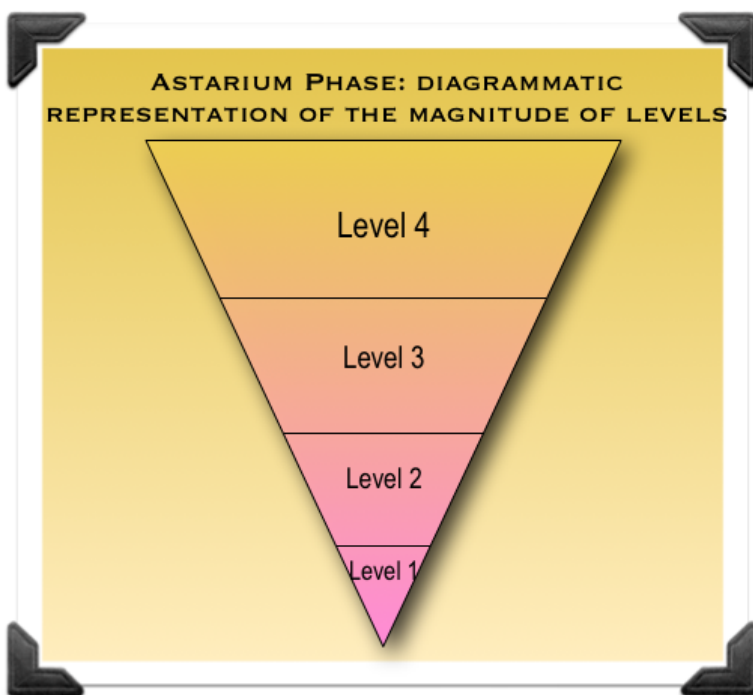


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**1. THE SOLARIUM PHASE - LEVEL ONE:**

The Solarium phase is split into two levels with each level containing four attunements that are represented as four individual sub-levels. The format and timeframes are reasonably similar to that of the Polarium phase and we are again allowing the attuning energies to do the healing work from within our consciousness.



If you think back to the very first Universal Love Attunement level - from Level One of the Astarium phase, you may have remembered a diagram (shown left) which explained the intensity of healing during the first four levels of Astarium.

It was shown in the shape of an upside down triangle whereby Level One was shown as representing only the small amount of healing done in the small tip of the triangle. Level Two showed a little more area being covered whilst Levels Three & Four showed us that the healing done during these levels took up a very large portion of the triangle.

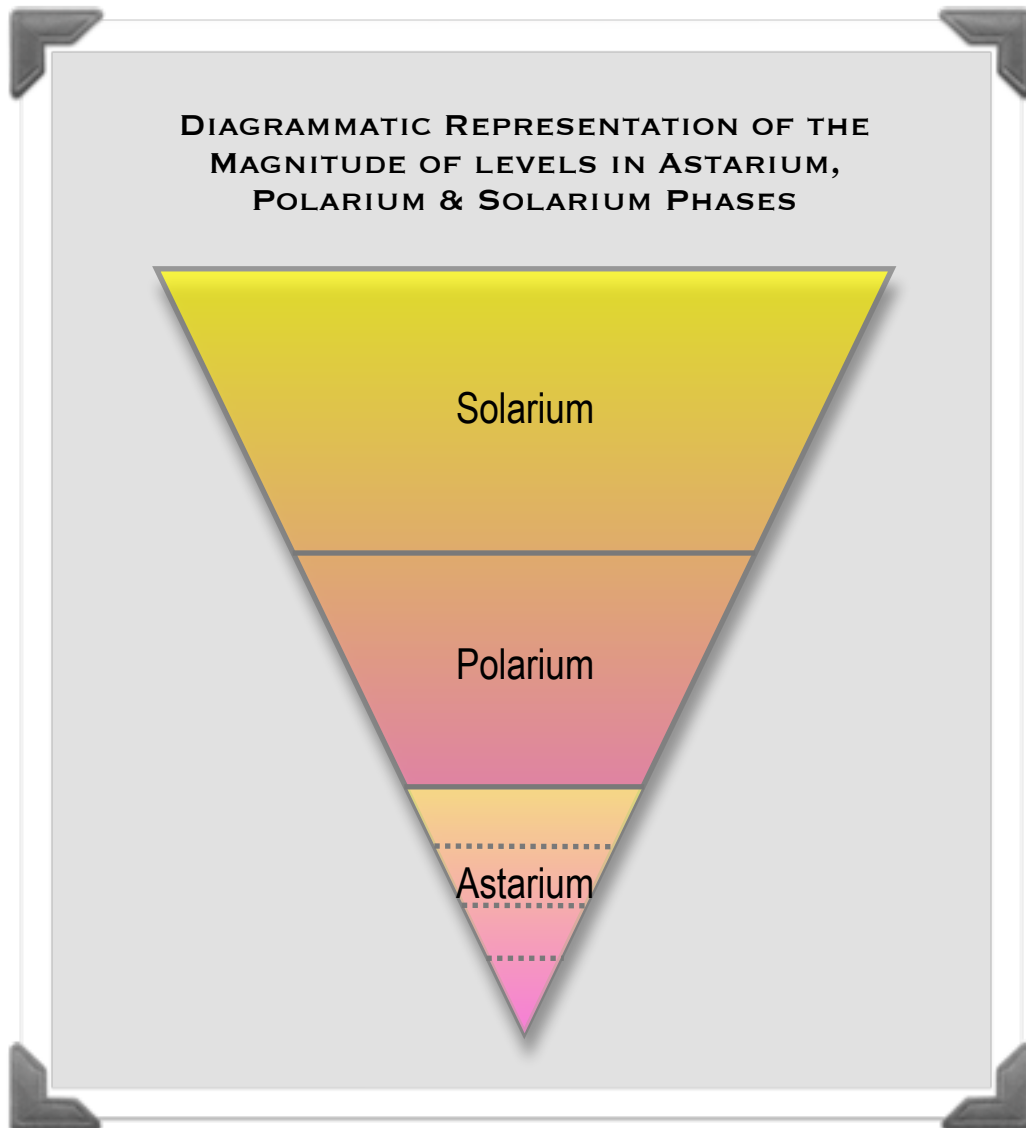


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The same principle applies here with regard to the healing work being done in the Solarium phase as compared to the Astarium & Polarium phases. The healing work being done in Solarium is more intense and more vibrationally uplifting as compared to the previous two growth phases as we move closer towards the vibrations of The New Consciousness. See diagram below:



As in previous levels, we have received information about Solarium as the energies and attunements were being transmitted to us - and we share this with you with our hearts open in the hope that it can help you to more easily digest these new frequencies of love into your consciousness.

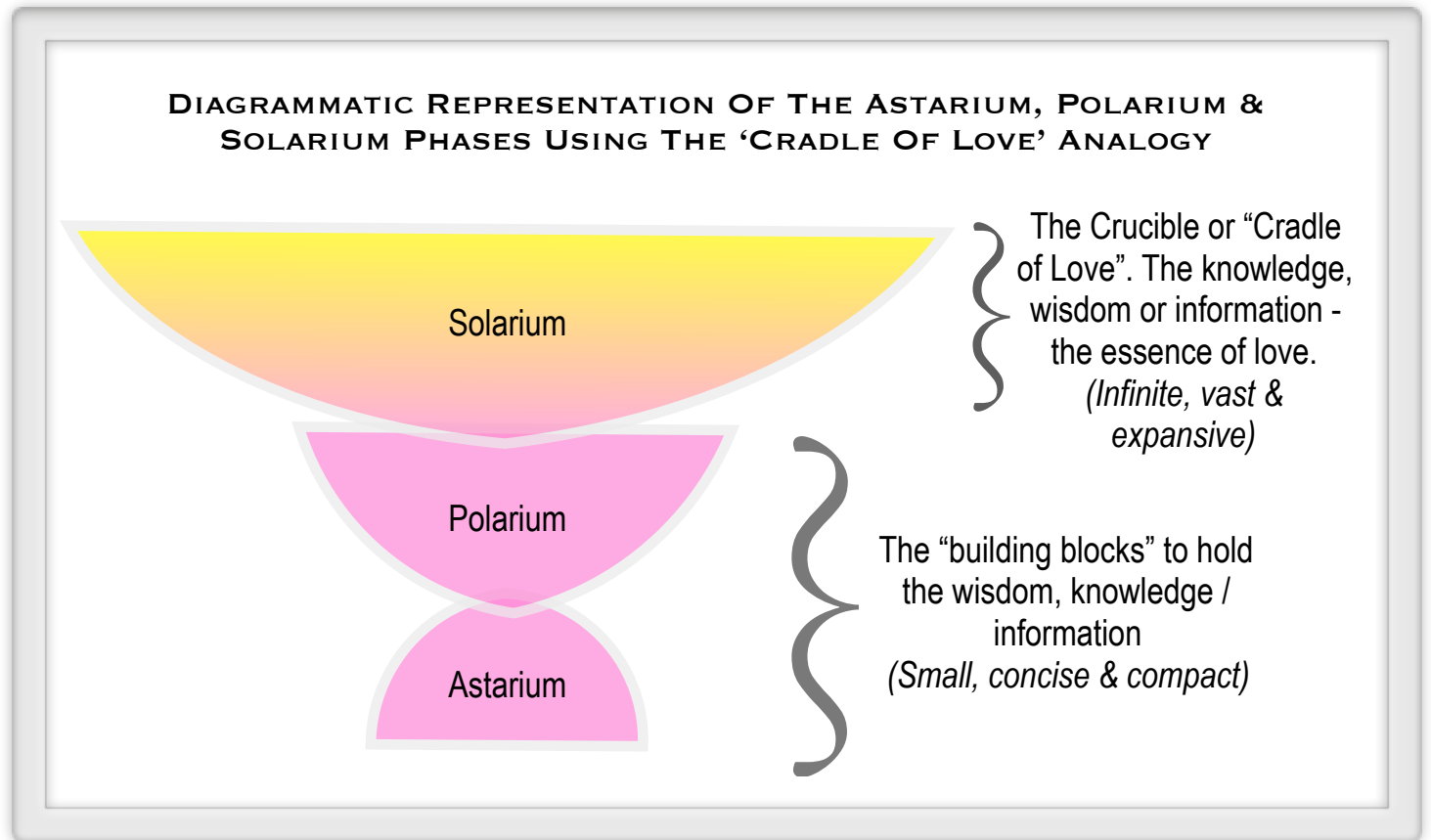
Firstly, as we were preparing ourselves to receive the Solarium frequencies, we received information that this next phase of growth would be more significant in vibrational uplift than the previous growth phases as we've already mentioned.

The Guides explained that the levels of Astarium and Polarium were like the building blocks which were able to then hold the wisdom, knowledge, information and the love which comes through the vibrational frequencies of Solarium.

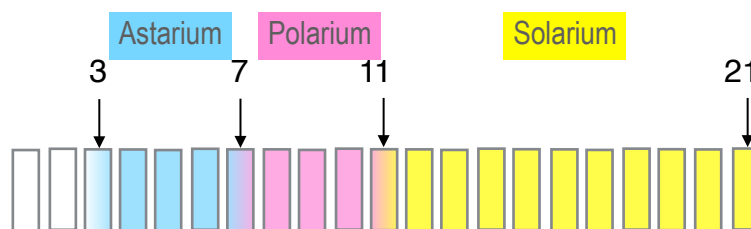
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They referred to the Solarium phase as being the “*cradle of love*” (see diagram below) and said that the Solarium frequencies were also “*the essence of love - infinite, vast and expansive*”. Also that the Solarium frequencies “*bring a new love entwined with physical existence not seen before.*”



As was explained to us, the Solarium phase seems to uplift our vibration to a much higher level than previously experienced. The Guides provided us with a numeric scale to represent these vibrational shifts saying that if the Astarium level took us from a 3 to a 7 and the Polarium phase took us from a 7 to an 11, then the Solarium phase takes us from an 11 to a 21.



**DIAGRAMMATIC REPRESENTATION OF THE SHIFT IN VIBRATION  
FROM ASTARIUM THROUGH SOLARIUM PHASES**

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As mentioned earlier, the Solarium phase is split into two levels with each level containing four attunements that are represented as four individual sub-levels. The table below gives more detail on each of the Solarium levels and attunement timeframes.

<b>Universal Love Attunements Phase Three: SOLARIUM</b>		
Level	Sub-Level	Next Attunement Timeframe (from previous level)
One	A	21 days after Polarium Level 4B
	B	After 48 hours (from Level 1A)
	C	After 72 hours
	D	After 72 hours
Two	A	After 72 hours
	B	After 4-5 days
	C	After 48 hours
	D	After 6 - 7 days

As in previous levels of the Universal Love attunements, we now move onto the downloads of information for each of the four sub-levels in Solarium level.





## 2. THE LEVEL 1A ATTUNEMENT:

### The 1A Attunement

*“The four parts of Level One are defined as follows. Firstly, congratulations for receiving this pinnacle. You have used great faith, wisdom and courage to leap forward.”*

*“Part 1A is the fish, the small newly hatched fishing in the expansive ocean. Part 1B is refining the search. Part 1C is opening the chest of wisdom as found in the search. Part 1D is the adjudication of the material.”*

*“The frequency channel for receiving, circulating and redelivering the love energy has now reached completion point (with the finalisation of the Polarium Phase). The Solarium Phase builds the new understanding associated with the higher realm of consciousness.”*

*“You have chosen to continue on this path of love vibration. Through gateway 1A, you shall seek new means of expressing, captivating & exploring the love unification”*

As Marty and Gerry were themselves moving through this first level, through each attunement, they did experience the feelings described here for each of the sub-levels. For example, it may be possible that you feel a little fragile, vulnerable or perhaps awe inspired by the Level 1A attunement. You may feel like you are still searching for something through the '1B' attunement or perhaps you may feel like you have unearthed or achieved something (energetically speaking) during the '1C' attunement.

The best part is that we are all so very different and our experiences with the attunements will be equally so. It is simply impossible for us to tell you how you will feel as a result of receiving these new energies.

What we can say though is that the Solarium frequencies will certainly help you to move closer towards what is described here as the 'higher Realms' or perhaps a higher frequency of love and again, this is something which you should be congratulated for.

There are many people who believe that our entire purpose for being is to evolve as a consciousness back to the infinite love and light of the Creator so with this in mind, you are definitely taking some most amazing and beautiful steps in the right 'love and light filled' direction.



You are being asked in these next few levels of Solarium to continue to clear away the darker parts of yourself, to continue to strip away the many false layers of yourself so that you may arrive at your truly divine centre. *You are being asked to connect with your sacred and most precious heart space so that you may understand who you truly are and what you are here to do; whatever that might be.*

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It seems we each have a divinely unique gift to offer to this planet and with these types of energy & healing work we are becoming better able to see our own reality and gifts through the eyes of love. We are becoming better able to see or understand that by offering our gifts to another living being, just like a flower offers its fragrance to us all without asking for anything in return, we are also benefitting from the love connection which sharing these gifts often brings.

You may find more and more that you are feeling a slight difference in your personal attributes as you move through these levels, perhaps you are starting to reconnect to the person you used to be when you were younger. Perhaps you are having memories of different circumstances which seemed to have shaped your life or maybe you are just feeling a little bit more peaceful inside - these are all a part of healing & growth.

These new frequencies may help you to understand, to realise or to have more awareness about how you have been shaped along your life journey to date and with this added awareness, you may be better able to start healing these un-authentic parts of yourself. Are we really born angry or with hatred to others or is this something that has begun to take shape throughout our life?

Through an understanding of our memories and our past experiences, the *divinely guided*

energies at work are giving us a chance to more deeply understand how we can move forwards towards a more loving and higher vibratory nature. We are being asked to release anything from within which no longer serves us on our pathway forwards and step forward further into the light and into the love vibration which we are now moving into as a planet. There can be no greater nor more important work than this!

### 3. THE LEVEL 1B ATTUNEMENT:

#### The 1B Attunement



*“As your mind enters the indoctrination phase you are preceded with a vault of knowledge, your conquests to date have seen many components, bridges & alimonies.”*

*“Now that the groundwork is completed, you have access to the many blossoms within arms reach. You have climbed the trunk of your own foundations to now be presented with the fruits of your labour.  
Sample, taste, devour, cherish & explore - this is the time.”*

*“You are beginning to feel the fulfilment that you bring ..... Enjoy”*

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We are always more than happy to hear that our hard work is starting to pay off and now this is exactly what is starting to happen within our energetic vibration. We have done much purification work during the Astarium & Polarium phases and it is here in this 1B attunement that we are starting to hear that we are almost there.

This attunement may see you enjoying some time to yourself, reflecting on memories past and contemplating your pathway forward. It may be that you enjoy some more time outwardly expressing this new love vibration with random acts of kindness or perhaps just enjoying some more loving family time at home. Whatever it is that you feel is right for you to do during this time, it is a time of exploration & of tasting these new vibrational understandings.



**4. THE LEVEL 1C ATTUNEMENT:**

**The 1c Attunement**

*“The transition is in progress - yesterdays deemed ‘grumpiness’ has indeed [allowed for] a purging or clearing of old energies in order to make or create new space for your love vibrations to extend.”*

*“You are now half way through Level 1 and it is with great delight we challenge you to continue on your expansive journey”*

*“Now is the time to bring forth (call upon) the re-generating centres of the Ascended Ones. They are ‘rallying’ together to bring through your highest transitional frequency change yet.”*

*“Blessed are those who receive love. More blessed are those who give love.”*

*“We wish you well with this attunement. With light blessings “*

**- Aaon**



During this 1C attunement, we ourselves were also being asked to clear away and purge more old & unwanted energies from within in order to make room for the new love vibration of 1C. This is just another really great reminder of how any kind of energy based healing works, especially in the case of these attunements. By clearing away and working through our darkness, we always allow ourselves to move closer towards love and light.

Following the Noble Path is like entering a dark room with a light in the hand; the darkness will all be cleared away, and the room will be filled with light.

*Gautama Buddha*

And this is where the idea of purification & suffering is so important to more deeply understand. There is truly a noble purpose to all suffering, both from the perspective that we are 'purging' much of our karma and negativity from within but also in that suffering normally brings us to a more deeper understanding of compassion & empathy.

By moving through suffering, we often become humbled and therefore we are often able to find our true strength lying from within our vulnerability. As we feel these humbled states of our being more and more, we can also learn more deeply about the idea

of loosing our egoic tendencies even if it is just for a few hours.

This is something we discuss in a little more detail on our 'Understanding Suffering' page on our website so if you are interested, please [click here](#) for a more deeper understanding of this important concept.

We understand that it is also possible to feel like there has been much suffering being experienced from taking these attunements however it is here that we again reinforce the idea that this is simply a process of releasing your darkness from within. We also suggest that everyone take these healing steps in their own time - please listen to yourself about when to take the next steps forward as this will play a key role in your own growth and transformation.

As you may also realise through these attunements, as we expand and grow in love, light and understanding, we are required to release a lot of what we are holding onto from our past. It may be our attachments, our anger, our security, our jobs or perhaps our fear of the uncertainty which may lie ahead.

Many on this pathway will find themselves in a place where they feel lost, perhaps un-cared for, maybe even forgotten about but in these times, please remember that the divinely guided energies , the Ascended Ones and of course your own personal Guides are right here with you during what may be very challenging times.

### Releasing The Old...!



They are indeed looking down on us in every moment and are definitely there when you call on them, for whatever reason. They are all shining down much love, light and compassion and are helping to rectify some of these more deep seated healing issues that you may still be working through, even without us knowing.

**PATHWAY TO LIGHT**  
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The key is to open ourselves up to this - to surrender to this divine love and to receive this love in light in each breath that we take. To allow this love to flow down upon us and to receive its nurturing, cleansing properties and to share this loving, kind vibration with another - this is surely our purpose here.



Please have patience. Please treat yourself with loving kindness. Please, do whatever you need to in order to let go of and release these darker energies from within. You may need to exercise, do a yoga class, have some quiet time for reflection; you may even wish to punch the pillows on your bed to release some of your frustration, stress or anger. Whatever it is, please do what you feel is best for you to help you move forwards towards the light.

Your body may also start to purge things physically - old wounds and injuries may suddenly start to flare up again after many years. You may feel pain in a certain area of your body, you may get headaches, stomach cramps, feelings of tired-ness etc.

Please remember again that your body is always doing what it can to keep danger away from the vital organs and to help release the toxic thought forms from your body in the safest way possible. Your body is also a truly divine creation and the sub-conscious mind is truly a fascinating and incomprehensible phenomena so please trust and know that your body, your mind, your Guides and the divinely guided 'Universal Love' energies are with you throughout all this healing & purification.

You may wish to simply sit in 'meditation' and open up to the energy as you would do if you were receiving an attunement. You can change the intention by simply saying something like:

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*“Please, all the Universal Love energies, come and help me to clear away and release any old or unwanted energies that no longer serve me on my pathway forwards. Please help me so that I may move through these more difficult times with your assistance and may you continue to shower down love and light so that I may evolve towards The New Consciousness.”*

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**PATHWAY TO LIGHT**  
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You can also use this sort of technique to ask for divine assistance for anything that you feel is needing attention in your life - whatever it is, the universal love energies will help you to understand or to move forwards more easily and with more love.

Finally, one of the most important teachings that we can ever receive on our life's journey is that of giving and sharing love with another as we were told here:



“Blessed are those who receive love.  
More blessed are those who give love.”

Of course there are many different forms which this may take and we invite you here to reflect more deeply about how this may be relevant to you. How can you more effectively share love with others in your life?

**5. THE LEVEL 1D ATTUNEMENT:**

**The 1D Attunement**

*“The precipitation of old & unwanted thought patterns and beliefs enabling a more constant (less interrupted) flow of universal love energy. Beneficial to you as the individual, as the couple union, as the integral human race and to all beings in the essence of one-ness.”*

*“To date, you have been stirring & purging much energy in this level and this will continue through ‘D’ and the second level of this phase. You are encountering changes in thought patterns frequently by harmonising your physical energy with that of your heart space.”*

*“Overall, the energy shift in ‘D’ will be similar to that in ‘A’ - ‘C’ however more understanding shall be gained with regards to your purpose - underlying your barriers for reflection.”*

*“We thank you for your thorough efforts to date. You are being watched, cared for and revered at all times, although it may not always feel as such. With Skaon blessings.”*

Whilst there is always much love & wisdom in the information received during the Universal Love attunements, something which seems particularly profound in this sub-level is the idea of

*“harmonising your physical energy with that of your heart space”*

We have spoken much about sharing love, radiating love or treating others with love throughout this ebook and it is here that we can start to more deeply understand the benefits of living from our hearts and the impact it seems to have on our overall thought patterns and physical energies.

As we start to listen with our hearts, speak from our hearts or act from our sacred heart space it is simply impossible to do anything wrong. For as we start living from this deeply loving vibration of our heart, we speak from our true centre. We speak from a place which is utterly pure and without ego; we seek to share and to give as we continue to learn that to help others is to bring more love and joy into our lives as well.

There can be no greater gift than that of giving love, as we heard from the information in the previous sub-level. May all beings be led to this realisation and may we all start to bring these understandings into this physical world so that each of us may benefit from deeply loving practices!



## **6. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:**

With love we welcome you to the Solarium attunements! As in the Astarium and Polarium phase attunements, the Solarium attunement processes will only need to be completed once per level and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement.

Again, it is only our intention and the energies being invoked which changes between the individual attunements, the process is always the same. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

**Solarium Level One Attunement Timeframes:**

- ◆ **Level 1A** - can be taken after 21 days from Polarium Level 4B
- ◆ **Level 1B** - can be taken after 48 hours from Level 1A
- ◆ **Level 1C** - can be taken after 72 hours from Level 1B
- ◆ **Level 1D** - can be taken after 72 hours from Level 1C



**1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable. It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

**2. Invoke the Universal Love Attunement (Level 1A / Level 1B / Level 1C / Level 1D):**

As you feel ready to do so, you may now invoke your attunements. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, you may wish to say something like:



**"With love and gratitude, I accept this Universal Love Solarium Level 1a/b/c/d attunement from Pathway To Light. May it shine for me and through me in order to cleanse and heal that which is in my highest good so that I may radiate my divine love in order to benefit all beings. Thankyou, Thankyou, Thankyou."**

**\*\* To receive the 1B, 1C & 1D attunements, you will simply need to change 1A to either 1B, 1C or 1D - As the intention changes, so to will the type of attunement being received.**

Now the attunement will commence and will last for around 15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work.

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We also wish to remind you again that during the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this perfectly fine too.

Whatever the case, you will receive the first level attunement(s) in accordance with your intention. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.



### 3. Closing the attunement:

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**“With sincerest gratitude I offer my heartfelt thanks for receiving this attunement. May the Divine shine brightly and with love from within me in order to benefit all beings. Thankyou, Thankyou, Thankyou.”**

## 7. FINAL COMMENTS:

It is with warmth that we congratulate you on moving through such a vast array of healing frequencies in such a short period of time! This first level of Solarium can be a very significant step upwards in vibration and we sincerely and humbly thank you for your service to the light & to your own healing and purification.

At this most precious time, it is just so important that people like you continue to walk on this healing pathway forwards and at this stage we would encourage you to also share some of your experiences with others so that they too may benefit from these energies. This is also a truly beneficial practice - by helping someone else to find these kinds of uplifting practices allows for a true blossoming for the overall inter-connected consciousness.

The next level of Solarium marks the completion of this third phase and continuing on from here, we are now able to offer the next phase of growth which is the Bellarium Phase. We will provide more information about this next growth phase during the final level of the Solarium Phase.

So we again thank you for all your hard work to date and we look forward to seeing you again in the final chapter of this Solarium Phase.

*May we all share love and light with one another in every moment and in every situation. May we understand the deeply satisfying benefits of such practices and may we all connect to our sacred heart space and shine out our truly unique & divine gifts so that all may benefit.*



*With love inspired blessings,*

**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**



## Love Inspiration

Learn • Heal • Awaken

### UNIVERSAL LOVE ATTUNEMENTS

#### PHASE THREE - SOLARIUM

#### LEVEL TWO

#### INTRODUCTION:

Welcome to the final chapter of what has now been a long and significant journey of healing, growth & love! We are so very excited that you have made it to this final level of the Solarium Phase so again congratulations!

There is much information to be shared with you in this final chapter and it may be that you will need to refer back to this information (as well as other levels) at some point in the future. We often find it helpful ourselves to read over the different communications as we feel necessary as it often leads us to a deeper and more thorough understanding of the concepts being discussed.

It seems that as we move to higher vibrations of energy, we can read the same material but draw new meanings for the information. We can move to a deeper and more thorough understanding and in many cases, it can lead to a fresh perspective of our life and our future.

For now, Solarium Level Two is the pinnacle or final cherry on the top of the Astarium, Polarium and Solarium trilogy.



*We sincerely hope that these teachings & attunements continue to help expand your understanding & your love further still so that you may move to higher and more harmonious states of happiness & wellbeing.*

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**1. THE SOLARIUM PHASE - LEVEL TWO:**

As we were about to receive the energetic transmission for the Solarium Level Two frequencies, we received some information about the nature of this level and the difference between these frequencies and the Level One Solarium frequencies.

We were told that:

*“Level Two adds the polishing touches to that painstakingly gained in Level One”.*

In Level One it is like our neural pathways are pulled outward & upward towards a unified and universal love frequency but Level Two provides us with an ‘antennae’ so that we can now fine tune the frequency more clearly into this unified field of love.

We were also told:

*“These changes in neural pathways are standard achievements in a human incarnation.”*

If we were to not receive any attunements or energies through practices like these, we are still able to move to higher states of vibration through various things that we encounter on our life’s journey.

Things like studying, learning, experiencing disease, trauma or crisis, practising meditation, doing yoga; these kinds of experiences all seems to help us to move forwards to a new understanding or a more deeper connection with our true self. As we were told, this is a very natural and organic part of human growth.

*“But for those with high spiritual intention,  
these attunements will speed up the process of eliminating dis-illusion sooner.”*

A very important point! It seems that we are being given the opportunity here through these energies and attunements to more quickly evolve towards eliminating dis-illusion sooner i.e. the understanding that we all come from one unified field of love.

We assume here that 'high spiritual intention' refers to the purity or strength of our intention at the time of receiving the attunements. For example, the intention to receive the most love & light imaginable so that we can then help all beings throughout the universe to do the same - may we all live in happiness and be free from any and all suffering.



This seems to be a most important point to grasp on any spiritual or healing pathway. To set our intention as widely as possible sets the scene for the intensity and depth of the healing energies being received within the individual.

This is something which we discuss and work with a lot during the The Unified Pathway To Light teachings as we actually learn ways of meditation and healing which allows us to start cultivating these types of altruistic mindsets whilst still calling on 'divinely guided' energies for assistance. For those looking to deepen their understanding of this, you may also visit our website and have a look at the [helping others](#) page in the 'our philosophies' section.

Typically, this widening of intention is something which needs to happen over many months and even years as our understanding grows through personal practice and reflection. For as we start contemplating on the concepts of **one-ness, love, compassion, karma** and the immense benefits of helping others, there very naturally seems to be a widening of our intention as we realise that this is something that will both help us as well as others.

Furthermore, as we start to work with energy based meditations and as we start to quite literally feel the benefits energetically from an altruistic intention, we effectively start to receive a re-conditioning within our minds that these kinds of giving, helping, loving type mindsets actually bring us more energy and more healing power for ourselves also!

What a truly awesome concept:

*To give is to receive,  
to love is to receive love  
and to share this with others brings us happiness!*



**The 2A Attunement**

*“Greetings Dear Ones. My name is Ozrion and I bring forward with honour the 2A Solarium level. The second phase is the crown (as in crowning glory) or bridge to a united consciousness.”*

*“The efforts you have endured to date reflect in part your dedication & commitment to the path of healing others, but also a culmination of hope, love & the interests of many.”*

*“You are requiring great depths of frequency changes (opening new neural pathways takes time & patience) - Rome was not built in a day. Resistance to change forces many obstacles in your pathway.”*

*“These neural pathways are synched with the Universal Consciousness.”*

It is here that we also received additional information which passed on the understanding that our 'old consciousness' thought patterns tend to be inward facing neural pathways i.e. thought patterns which centre around an excessive amount of self-cherishing thoughts, or perhaps strong egoic tendencies. These type of thoughts only serve to reinforce the idea of separation or isolation from a unified, unity of infinite love consciousness.

As we move through these attunements, our neural pathways are basically being re-wired so that they can start to face outwards and therefore become more susceptible or linked to the Universal Love Consciousness frequency or the 'one-ness frequency' as it was phrased.

The currently inward facing neural pathways of the old consciousness basically create and shape our physical reality. As we receive these attunements and as our neural pathways start to turn outward, we are better able to receive or tune into the *infinite Love* of the unified consciousness.

As they explained it:

*“.....so that you are floating  
in the sea of love”*

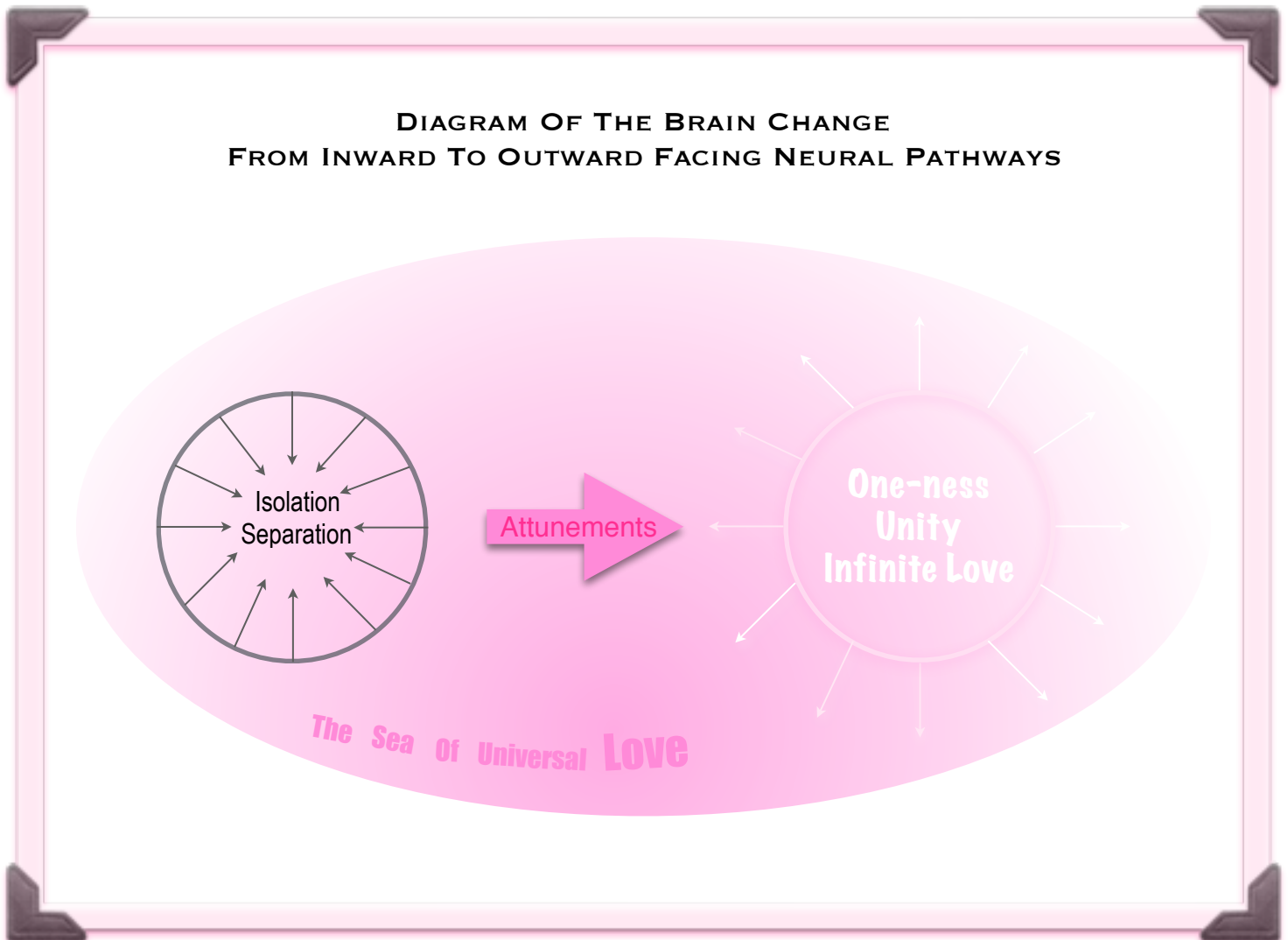


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To shift from these excessive self-cherishing thought forms to the altruistic thought patterns is something which takes a serious amount of practice, dedication and philosophical understanding for as we start digesting and accepting the idea of one-ness we can evolve more quickly towards an altruistic understanding of others - also being classed as our divine self.

To show the inward and outward facing neural pathways diagrammatically, it would look something like this:



It is also perhaps relevant here to discuss the idea of patience as they mentioned *“Rome was not built in a day”*. For most of us, energy based healing work takes much time, especially when we start considering changing our most deeply ingrained thought patterns.

Even after the significant transformation in energies which have taken place in these last few months, there will almost certainly be more healing work & purification to do; more dirt or darkness to push through and more work to be done as we move forwards into yet another layer of the new light. It seems that the more deeply we allow ourselves to explore this healing pathway, the more deeply we understand just how important the idea of being patient truly is.

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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Please understand that The New Consciousness is something which is revealed to us and unearthed from within as we move through the variety of different layers of unified and universal love, and just as you would need patience to create a beautiful sculpture, so too does our consciousness & sub-conscious mind require some time to re-wire and re-create itself into the new vibration.

The New Consciousness comes from within us; it is and has always been there ready for us to uncover and to show its magnificence. It is just waiting to be cleaned and polished a little more so that we may start to experience that which we most certainly are:

*infinite*

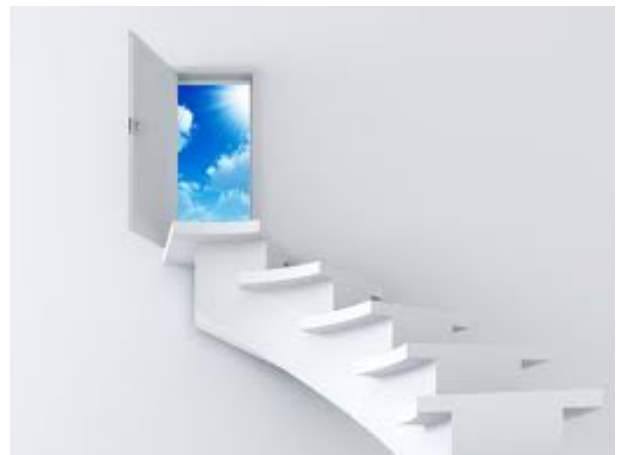
It comes in the form of living through our sacred heart space and through an expression of our love vibration. It can be seen in the inner peace and the inner knowing which lies within us all and whilst we are also uncertain about what is to come in the years that lay ahead we are sure that at the moment, this type of divinely guided healing work is absolutely essential in order to accelerate our ascension process.

For those of you (like us) who are a little impatient, perhaps you are thinking that things would be a whole lot easier if all the healing was done in one big bang, please consider the analogy of climbing some stairs from say Level 1 to Level 5. If we were to try and leap up 6 or 7 stairs at a time, we would only end up falling over in a heap or perhaps even hurting ourselves, as we likely fall down the stairs by trying to take on too much.

It is always a good idea to go one or two steps at a time and by climbing the stairs in this way, we always get to the top in time and without exhausting ourselves too much. We may choose to rest at a certain point to allow ourselves to catch our breath, but we do end up getting to the top at some point.

Our healing is the same, it has become clear to us that it is very necessary that we only do our healing one layer at a time. It seems that we can only take so much as we move through these layers of healing and if we were to try and heal through all of our issues in one go then it would just be too much darkness to deal with all at once.

Whenever you are wishing to accelerate more quickly, please remember that you are always in the hands of divine guidance and with the assistance of these transformational energies, we are being looked out for by truly loving, pure and immense sets of energies throughout this loving and unified universe.



**The 2B Attunement**

*“About turning face - delusions and ideas are unfolding yes? You have received much information on the forward journey after isolating, surrendering and overcoming past mind-limiting patterns.”*

*“Level 2A Solarium has been a large vibrational shift and has purged significant amounts of suffering due to attachment, anger & fear.”*

*“We ask for your acceptance of the heightened pain and adjustment at this time, for it is necessary to purge out the old (some of it is stagnant & ‘stinking’) in order for you to realise your fuller potential on the horizon.”*

*“Please do not give up hope in your world, in us and in your Creator; for we are all working as one with your highest intentions in mind. We hope that you find some solace in our words that we are caring for you whilst these large changes take place.”*

*“Moving on to Level 2B, we see a primordial shift in your understanding of who you are ... and we seek comfort for you in knowing that as your journey in Solarium continues, so too does your Universal Love Consciousness AND your ability to help, heal and shine for all beings.”*

*“Level 2B consolidates that which you have undergone in 2A; changing and anchoring new-found beliefs, understandings and directions. “*

*“An exciting time to be pondering what it is you wish to ‘walk into’ and not forgetting the larger picture - what you wish to leave behind.”*

*“Your endurance, patience, strength and will is being recognised dear ones.  
Continue your brave and courageous path for all.”*

**Ellion**

Whatever the next steps are for us as a consciousness, let them be filled with love and light and may we soon move towards this glorious and deeply enriching vibration of The New Consciousness without too many more difficult and challenging times!



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### UNIVERSAL LOVE ATTUNEMENTS

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Again we hear of '*heightened pain*' as we move through yet another layer of the Universal Love Consciousness - but on the up side we also hear of yet another 'shift' in understanding. For many of us, these new understandings will be far more subtle than perhaps you anticipate as they start to form a basis for a new reality in which you live your life.

For others, these changes may be more dramatic and whatever the case, we would suggest that you find some time during these levels to ponder or contemplate your current life situation and to perhaps re-examine any areas of your life which feel somewhat outdated as you move to these new vibrations.

It is often a nice idea to give yourself some time throughout the day or perhaps before you sleep to just sit and ponder, to contemplate and to digest any new ideas or thoughts which may assist you to come to any new realisations about your life and your future.



For some people, this personal time may take the form of gardening, running, walking on the beach or perhaps doing some sewing. For others, you may sit in meditative posture whilst others still may wish to do some 'analytical thinking' before going to sleep. Any activity which you enjoy and which allows you some time with your own mind is often good during these kinds of transformational times.

The reason we talk of this here, at this level, is that these energies helps us to cement or more deeply 'anchor' any new found understandings, beliefs or behaviours formed by the deeply healing energies of Level 2A. So please, if you haven't already done any personal reflection or had any 'you time', this is another really great chance for you to do so.

Lastly, please do understand that you are undergoing some rather significant upgrades during these different levels so it is likely that some of these old energies will indeed be '*stagnant & stinking*' as they have quite descriptively referred to it.

When we are healing through these deeply entrenched energies, there can be some difficult, frustrating, sad or emotionally challenging times in these days and weeks so please know that you are being loved and that these energies are always helping you to move forward.

### **The 2c Attunement**

*“The equilibrium shift.”*

*“Many energies within have and are being stirred, shifted and rearranged; as part of the alignment of The New Consciousness. Your bodies may feel heavy, weighed down and lethargic due to the physical body trying to continually rebalance the energies as the equilibrium shifts.”*

*“All is well. This is a necessary step in aligning your frequency to the higher consciousness, the unity of one and all.”*

*“Continue to invite your dream state to manifest and heal those deep rooted issues you wish to resolve, for now is a powerful time for your subconscious to unwind. It is mostly here that The New Consciousness sits; not as much in the conscious mind as you may perceive.”*

*“A way to express this is if you consider each and every small change in your mind to date (conscious), then there are approximately 10,000 - 15,000 subconscious energy channels that have been ‘re-wired’. This may help you to understand why the current lethargy. As your physical body runs entirely on the subconscious level (cell repair, digestion, sleep patterns, metabolism, the cardiac system), your body is undergoing a huge ‘overhaul’ as is your spiritual understanding.”*

*“Level 2C continues to feed, challenge and regroup thought patterns to ascertain the best possible alignment with the true ‘new’ self.”*

*“Do not worry! Allow your bodies to purge and grow as required without coarse judgment. You are nearly there :)”*

**Tullabor**

*(We are the Fellathor)*

As we have mentioned throughout this ebook, our consciousness is being realigned and shifted towards the vibration of the ‘new consciousness’. There seems to be many different types of aligning, shifting and re-wiring involved here and we are again being asked to let go & release many of our old or unwanted thought forms as this process continues.



We were actually quite amazed during this attunement to receive information about the ‘re-wiring’ process itself and the many different energy channels that require work. This most certainly helped us to more deeply understand why our physical body requires so much time for resting, sleeping and quiet time after receiving these types of new energies.



Another key issue for us here was the idea of not passing 'coarse judgement' on ourselves as we continue to move through these levels. At some point during these attunements, there may be anger, there may be tears, you may lose your temper with someone who didn't deserve it, you may breakdown in front of a friend or loved one, you may say the entirely wrong thing to a random stranger in the street - whatever it is you have done in order to help shift or move the energy and heal, it is ok. Please don't judge yourself! Please understand that everything is being divinely guided so that you can safely and most effectively release your old and unwanted energies so that you can move forwards towards the light.

You may feel silly or embarrassed or even upset by what has happened but please know that all this has most likely been 'designed' so that you can release all of the darker parts of yourself so that you can now move closer towards love and light.

Judgement is never the answer. Being loving, kind and patient with yourself and your healing pathway is most definitely a better angle to explore. It is surely difficult to always practice but it will be very beneficial in helping you to move forwards more easily and with more grace.

### The 2D Attunement

*"You have received much information over the previous levels; much of which has not been intended to be mostly understood. Do not fear the unknown, for it is coming anyway!  
Be bold and brave in your afflictions to help and heal others."*

*"Transforming the mind is not an easy nor simple process. You beat yourselves up for not understanding your 'true' path, yet there is no such thing.  
You cannot walk on anything but your true 'divine path'."*

*"The mind is a complicated source of equations and drama as it continually tries to find answers and resolve. The alchemy of it all is quite comical don't you agree?"*

*"Back to the attunements - Level 2D comes with great momentum and cherish-ment from us all. It has been long and hard worked for and you are now 'purified' or 'cleansed' enough to receive extra-portal information."*

*The star-light opening phase has now been integrated into your energy field. Many changes have taken place throughout these three phases (Astarium, Polarium & Solarium).  
You have achieved your objectives well."*

*"We seek not to flood you with information however we understand that there are many questions as we reach the tip of the iceberg. Your energy has expanded into The New Consciousness to allow you to walk more deeply on your path .... Go Well."*

***Antiphodes.***

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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One of the key parts of understanding our true reality seems to be in the idea that we are all walking exactly where we need to be at any given time with the love of divine guidance. Although it can sometimes feel that we are lost somewhere off in the totally wrong direction, it is often the case that we needed to be lost so that we would look somewhere where we previously would never have looked.

Hence, being lost was all part of the plan to begin with! You simply became lost so that you would find where you needed to go. Of course at the point of being lost, it doesn't feel like anything is guiding us at all, rather it feels quite the opposite - we can feel abandoned and that no-one cares at all.

There may also be times where we desperately want to go in one direction but at every turn, there are only doors that slam shut in your face. There can be numerous things that we are faced with in this life that just don't seem to be helping us move forwards at all.

It has been our experiences that there are always lessons to be learnt, skills to be gained or purification to walk through for each and every unpleasant situation that we encounter. We are always being guided to acquire new experiences so that we can more ably move towards the light.

Although this might not feel true to you, this is simply our interpretation of the truth for us. Upon much reflection of these concepts and through many different kinds of healing and life experiences, this is most certainly our truth.



Finally, moving back to the attunements now and it seems that this final blessing allows us to complete the cycle of Astarium, Polarium & Solarium as we receive a further integration of new energies in the form of the '*star-light opening phase*'.

We have also been told here that our energies have again been expanded into another layer of The New Consciousness so that we are more deeply able to walk on our pathways forward.

We hope you have enjoyed all of these energies and attunements within this final level of Solarium and we hope that this rather wide range of information is not too much 'information overload' for you. It seems that as our energetic vibration is being uplifted, so too is the information which we are capable of digesting and understanding.

We thank you again for your continued healing work and congratulations on this final & most significant step forwards on your love filled pathway with us!

We will talk a little more about the next steps forwards in our final comments section but for now we hope that you enjoy the attunements and that the healing issues which are brought to the surface move for you easily and without too much suffering.





## 2. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

Welcome to the Solarium Level Two attunements!

As per previous levels, the attunement process will only need to be completed once and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement.

Again, it is only our intention and the energies being invoked which changes between the individual attunements, the process is always the same. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

### **Solarium Level Two Attunement Timeframes:**

- ◆ **Level 2A** - can be taken after 72 hours from Level 1D
- ◆ **Level 2B** - can be taken after 4-5 days from Level 2A
- ◆ **Level 2C** - can be taken after 48 hours from Level 2B
- ◆ **Level 2D** - can be taken after 6-7 days from Level 2C

### **1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable.

It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to your invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

### **2. Invoke the Universal Love Attunement (Level 2A / Level 2B / Level 2C / Level 2D):**

As you feel ready to do so, you may now invoke your attunements. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, you may wish to say something like:



**"With love and gratitude, I accept this Universal Love Solarium Level 2a/b/c/d attunement from Pathway To Light. May it deepen and expand my love consciousness allowing my true self to shine brightly & wondrously in order for all to benefit. Thankyou, Thankyou, Thankyou."**

**\*\* To receive the 2B, 2C & 2D attunements, you will simply need to change 2A to either 2B, 2C or 2D - As the intention changes, so to will the type of attunement being received.**

Now the attunement will commence and will last for around 15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work.

We also wish to remind you again that during the attunement, you may feel some energy moving - perhaps you can feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement. Whatever the case however, you will receive the second level attunements in accordance with your intention as stated above. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.



### **3. Closing the attunement:**

Once you feel like you are ready to finish you attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**"With Divine love and gratitude, I offer my sincerest thanks for receiving this attunement. May I walk forward to a consciousness full of one-ness, completeness, love, compassion & humility and may I shine these qualities for all. Thankyou, Thankyou, Thankyou."**

### 3. FINAL COMMENTS:

So this is it - the end of the third phase of the Universal Love Attunements! We are just so happy that you have made it this far and really you should be sincerely congratulated for all of your hard healing work in these last few months - CONGRATULATIONS!!



Let us now look at the next steps forwards from here and the very first option for you is to simply 'rest and digest'. This has most likely been a fairly severe and no doubt trying time for you and we of all people understand that you may just wish to take some time now to enjoy your new vibration without needing to push through more layers of dirt or dust.

There can be many good reasons for taking a little rest here but most of all is to enjoy, digest or perhaps reflect on all the things that you have taken in through these levels and through the attunements. This is a great time for recalibration and for assessment of one's goals, aspirations and forward steps given that you have now received much information.

You may wish to do some more spiritual reading, enjoy some more creative activities that make you happy, perhaps share some time with your loved ones or your partner.

To **rest** here at this juncture and enjoy your next few months or weeks is truly an acceptable and noble choice. Bellarium Level 1A can be started one month after the Solarium 2D attunement.

For others, you may wish to continue moving forwards, vibrationally speaking without pausing here and again this is a perfectly good choice. You may be someone who now feels ready to continue on to the Bellarium Phase, another significant step forwards. The Bellarium Phase is one which provides us with more significant vibrational steps forwards and provides us with far more clarity about this shift towards The New Consciousness and how this is to be done.

Again, the golden rule here is to always listen to yourself for your own guidance. If you are feeling like you are a bit tired of going through healing crisis after healing crisis then this is probably telling you to have a rest for a while until you get some more motivation for moving through more purification or energetic dirt & dust.

On the other hand, if you are someone who is **rearing to go** on to the next energetic vibration, then this is probably a sign that you are feeling happy to continue on with your healing journey in which case we would suggest that you move on to the next growth phase of Bellarium.

**PATHWAY TO LIGHT**  
**UNIVERSAL LOVE ATTUNEMENTS**

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Again, this Bellarium growth phase is something which is a very significant step forwards for us and we would consider this to be a crucial next step for anyone finishing the Solarium Phase. The Bellarium teachings help us to understand more about the process of ascension to The New Consciousness in more depth and with more clarity than before.

We are also able to gain a deeper understanding about how we may now start bringing these new loving vibrations into our daily life through a set of channeled teachings which we received entitled 'The Thirteen Scrolls of The New Love Consciousness'.

These teachings describe a set of guidelines or perhaps general suggestions about how we may wish to share this love with others in our daily life as well as provide us with a different insight into this most loving and pure vibration of The New Consciousness.

'The Thirteen Scrolls of The New Love Consciousness' represent almost a full year of spiritual growth for us and we share these with you during Level One of Bellarium in the hope that they may inspire you towards being a better, more loving person.



So for now, we wish to say another joyous congratulations to you for completing this cycle of the Universal Love attunements. Please know that these universal love energies will continue to shower down on you and help you in whatever way you intend them to.

Please also be aware that your intention is a deeply powerful tool in itself and it can help you to call on and be guided by these Universal Love energies at any time that you feel they are needed on your journey forwards.

As we have said with the introduction of the Bellarium Phase, this final step of the Solarium phase does not mean that your healing pathway has to come to an end. Rather, it means that your vibration has been uplifted closer towards the love and light of the unified, heartfelt, love consciousness and now prepares you for another great big step forwards towards

**Unconditional Love**

Finally, we are always happy to help so please know that if you are unsure at any time about anything related to your healing or meditative journey, please reach out to us so that we can help where we can.

*We hope that you have enjoyed being with us throughout these teachings as much as we have enjoyed sharing them with you. You are indeed very blessed and very karmically worthy of receiving such energies and we only hope that you can now move forwards yet again on your life journey so you can better help the collective love consciousness.*



*With so many love inspired blessings to you,*

**MARTY & GERRY DONNELLY**

**LOVE INSPIRATION**





*Love Inspiration*

*Learn • Heal • Awaken*

## UNIVERSAL LOVE ATTUNEMENTS

### PHASE FOUR - BELLARIUM

#### LEVEL ONE

#### INTRODUCTION:

Welcome to this most divine and beautiful phase, Bellarium! As we struggled to find words to express the enormity of this next phase of energetic frequencies, we received the following message to help us communicate this to you. Please enjoy these words from The Starrite Galaxy Beings and may they help you on your Bellarium journey forward:

“Where there are forces and imbalances outside of your recognition we are delivering the Bellarium set of teachings to enable you the internal power / empowerment to forward manage these. Bellarium seeks to open a new generation of love, a new generation of patience and of goodwill for all.

There are more faucets from which one may drink in this precious lifetime knowing that some flow waters from purer sources than others. Bellarium helps you to recognise the purer flows of life force energy in order to ascertain the most beneficial way forward for you and for all. The congruent nature of these teachings allows a one-ness to unfold more deeply and with more love and understanding than before.

Your challenges throughout this Bellarium phase will be varied including developing a more pure perception of who you are and why you are here. It can also be challenging closing old doorways which no longer serve us however you are getting better at doing this from the previous teachings.

Open and expand yourself for all to see. You are no longer a mere dot of light, you are a radiating beauty that is ready to radiate its light for all. Turn the goodness on the inside out for all to see. The change from glowing internally to glowing externally may present some challenges including feeling deep vulnerability as you become more translucent for the world to see. You see this breaks the forces of separation which can be painful for the ego however the heart knows its way. Allow yourself the freedom to be who you truly are - these words will resonate more strongly now than ever before.”



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**1. INTRODUCING PHASE FOUR - BELLARIUM:**

The Bellarium phase is split into four levels with each level containing attunements that are represented as individual sub-levels. The table below gives more detail on each of the Bellarium levels and attunement timeframes.



<b>Universal Love Attunements Phase Four: BELLARIUM</b>		
<b>Level</b>	<b>Sub-Level</b>	<b>Next Attunement Timeframe (From Previous Level)</b>
One	A	One month after Solarium Level 2D
	B	After 6 weeks (from Level 1A)
Two	A	After one month
	B	After three cycles of 21 days (i.e. 63 days)
Three	A	After 31 days or the 22nd of the following month
	B	24 hours after the completion of 3A
Four	A	After 13/14 days from completion of 3B
	B	16 days



## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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You will notice from the above table that the timeframes for receiving each of the Level One attunements has now widened quite significantly from the earlier growth phases of Astarium, Polarium and Solarium. We understand that this is to allow for the appropriate healing and guidance to take place upon receiving each of these attunements.

It is becoming clearer to us as we continue on this pathway that whilst the attunements are an absolutely essential part of the transformation process, the healing (and the external situations that we are presented with to help us heal) are also an indispensable part of this awakening and this ascension process also.

Whilst these many different external circumstances can sometimes feel like they are bringing much difficulty or instability into our lives, please remember that this is all part of the process of transformation.

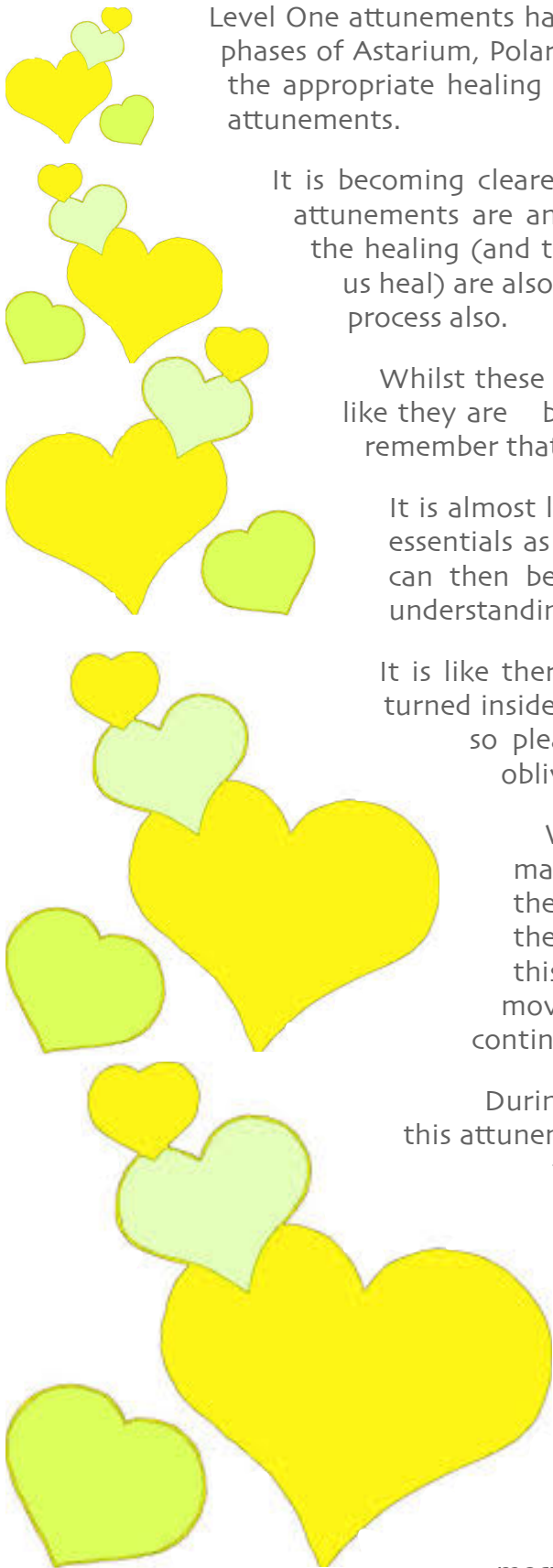
It is almost like these attunements help to strip us down to our barest essentials as they remove layer after layer of dirt and dust so that we can then be equipped with a greater depth and dimension to our understanding of love and about who we truly are.

It is like there is a very necessary period of feeling like we are being turned inside out before we can truly move towards this new vibration so please, if it seems like your life is just squeezing you into oblivion then please know that this is all part of the process.

We most sincerely apologise for any difficulties that you may face and please understand that Marty and Gerry themselves have been through much suffering and pain on their pathways forward also! It is only by remembering that this is as a result of our negative deeds in the past and that by moving through this, we become closer to light, that we continue on moving forwards.

During the Level 2B attunement, we will talk more about this as this attunement seems to be a pivotal point in the pathway. Although there is still much to be cleansed and worked through after this point, the 2B attunement seems to signify the half way point towards ascension - a very exciting step indeed!

May this world understand the idea of a new consciousness and may we all share what we have learnt with each other so we can feed from each other's knowledge and understanding. May we each share our divinely unique gifts with this world and may this result in a beautiful and blossoming empowerment for each and every inhabitant of this most beautiful planet!



## **2. THE BELLARIUM PHASE - LEVEL ONE:**

From the beautiful message in the introduction passed on to us by The Starrite Galaxy Beings, we are able to gain more understanding about our Bellarium pathway, as it continues to unfold for the benefit of all.

As was revealed to us during the Level Two Bellarium attunements, this idea of changing from **‘glowing internally to glowing externally’** is a very major point and represents an extremely profound shift in our energies as we again move closer to transformation in this new consciousness. This is something that we will cover in more depth during the 2B attunement.

In this first level then, it is important for us to point out that as we approach this shift coming up in the Level 2B attunement, we may indeed feel a **‘deep vulnerability’** as our energies shift and heal. When looking back on their own journey, Marty and Gerry felt that these levels leading up to Level Two represented perhaps the most unstable or difficult times to date on their healing journey.



There may also be much happening within your life during these levels as you are being presented with **‘closing old doorways which no longer serve us’**. Whilst this can bring much pain or mental anguish at the surface level, please understand that these rather dramatic changes in your external world are often ways that the universe is helping you to move closer towards love & light in your life.

We continue to ask for your patience and your perseverance on this journey and please remember that you are always being offered much love and support as you go through these **‘challenges’**. We also wish to reiterate just how important and how valuable this work is that you are doing and we most humbly thank you for your continuation, for the benefit of us all.

Another quote which has resonated with us through these Bellarium teachings is to **“Allow yourself the freedom to be who you truly are”** and this has become clearer to us as we again peel away more layers of conditioned thought forms to move closer towards a fuller and deeper understanding of our true self. Once we can totally surrender with the help of these Bellarium energies, we can more deeply understand the vibration of one-ness.

We have also recently received information that this world is in serious need of an uplift in vibration from where it currently sits at and this is an evolutionary phenomena which must start within each of us. As we grow and evolve within ourselves, closer towards love and divinity, may we seek to inspire others towards this new vibration of love and light!

If you know of anyone who may benefit from our teachings, then please feel free to share some of your experiences with them. You have now acquired much understanding and love through these energy attunements and channeled information, and we ask for your help in inspiring others towards this deeply loving and purely divine vibration which is The New Consciousness.



### The 1A Attunement

*“You have now reached the new level of consciousness. We delight in your progress. You have chosen to continue & we admire your courage. All is as it should be.”*

*“The triangular symbol continues on through this phase of light; which is devoted to setting ‘ground rules’ or basic guidelines (perhaps you prefer) in order to walk strongly into the new light.”*

*“The density here is much different than you have experienced before; for the beings that guide you are in fact quite a new plane or realm of existence. You have reached the ‘top of the ladder’ at the ending of the Solarium Phase; have rested (although worked) on the plateau or ‘doorway platform’ to this new growth phase. You may liken these growth phases to that of a newborn baby; their biggest physical steps are made early on (eating solid food, growing, teething, walking, talking). These are basic requirements that will serve you well for life.”*

*“This second growth phase, although still about growth; is about making subtle changes within your life to anchor the new found energy. It is with the scroll teaching that you will be able to integrate all; learning and teaching as you go. The second growth phase also brings some compensation for lost / depleted energies and allows new doorways to be easily accessed. You may say that the fruit is becoming ripe for picking. Beware however the injustice that broods greed. There are many lessons here for one and all.”*

*“Continuing on through the Bellarium Phase will yield more light on your pathway; you are now at the ‘starting gate’ for understanding and following your true purpose ... You have already shown your exuberance and stamina - well done!”*

*“In Bellarium you have received notification of three levels split into two. There may be an additional Level Four required but this will depend on your love vibration and patience at the time. It is not a reward nor a punishment; simply a frequency adjustment should the universe be aligned to give it.”*

*“It is difficult for us to outline exactly ‘the program’ for these Universal Love Attunements as you call them, for as much depends on your own development, much also is reliant on inter-galactic frequencies, messages and the energy of the earth plane. For as you increase in vibration, the pull of older frequencies becomes more difficult.”*

*“Your frequencies are becoming purer as intended and so too will your intentions and the daily life you carry out. For now we will sign off as we have now passed on much information. Your progress excites us and we are grateful to you for your perseverance .... Blessings, Axalom-Pa.”*

From these words, we can see that these Bellarium energies, via the attunements, are a way of helping us to 'anchor the new-found energy' of the previous growth phases. These energies will help us to make the necessary changes in our life so that our way of being - and our actions - slowly start to represent the new vibration from within.

This then helps us to establish some sort of basic guidelines in our life as we walk into this new consciousness more deeply and with more understanding. In these communications, they speak of the 'Scrolls' which refers to a series of teachings that Marty and Gerry received over a 12 month period entitled "The Thirteen Scrolls to The New Love Consciousness".

Effectively, the scrolls are like guidelines or perhaps suggestions for us as we walk into this new consciousness. On many occasions, we have asked the Guides for further details about what is this new consciousness in practical terms and it seems that these teachings help us to perhaps realise this with more clarity.

As part of these Level One Bellarium teachings, we are happy to share these Love Scrolls with you in the hope that they help you to ascend more easily and with more understanding. May you enjoy these new teachings and may they bring you much clarity to this otherwise mysteriously divine process!

As part of this Bellarium 1A attunement, we also received the following information which we share with you for the benefit of all beings, big and small. This may be challenging for some of you reading but please know that you are being supported by the Bellarium energies throughout your transition!

**"From this level onwards, purity is important. Meat especially should be refrained from or at minimum limited."**

### The 1B Attunement

*"We open our hearts to you .... and our gratitude. You have endured a gruelling set of challenges since the first Bellarium level. There has been much purging, growth and intellectual learning during this phase. You are now (happily) ready to step into the next part of the continuum; this new step entering a gentler and more subtle energy upgrade - through receiving love and teachings and expanding the true path."*

*"1B shall be much shorter in duration than 1A, however do not under estimate its importance. Much energy left your bodies / healed in 1A and now 1B brings the after-relief."*

*"Gentle growth and expansion allowing a pleasant change in outlook .... You are now following your path in its truest entirety; for this you are to be congratulated."*

*"Enjoy this phase of heightened love, we continue to guide you. The Zylamen."*

### **3. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:**

Welcome to the Bellarium phase! With love, we wish you well on your new journey of attunements, growth and healing, towards the light.

The attunement process will only need to be completed once and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement. Again, it is only ever our intention which changes (and the energies being invoked) for each of the individual attunements. The process will be the same as the previous growth phases. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.



**Bellarium Level One Attunement Timeframes:**

- ◆ **Level 1A** - can be taken after 1 month from Solarium
- ◆ **Level 1B** - can be taken after 6 weeks from Level 1A

#### **1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable. It is best to ensure that you will not be disturbed for at least 15-20 minutes. Even though the 1B attunement is slightly shorter in duration, we still advise around 15 minutes minimum for the appropriate energies to be absorbed into your consciousness. Some of you may also wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement. Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

#### **2. Invoke the Universal Love Attunement (Level 1A / Level 1B):**

As you feel ready to do so, you may now invoke your attunements. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, you may wish to say something like:



**“With love and gratitude, I accept this Universal Love  
Bellarium Level 1A/B attunement from Pathway To Light.  
May it deepen and expand my love consciousness  
allowing my true self to shine brightly & wondrously  
in order for all to benefit.  
Thankyou, Thankyou, Thankyou.”**

**\*\* To receive the 1B attunement, you will simply need to change 1A to 1B - As the intention changes, so to will the type of attunement being received.**

Now the attunement will commence and will last for around 15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work.

We also wish to remind you again that during the attunement, you may feel some energy moving. Perhaps you can feel more stillness, inner peace or maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and as always this is perfectly ok!

Whatever the case, you will receive the attunement in accordance with your intention as stated above. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### **3. Closing the attunement:**

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:

*thank you*



**“With sincere love and offerings, I humbly impart my deepest gratitude for receiving this attunement. May I walk forward with endless light and love to a consciousness full of one-ness and completeness, and may I shine these qualities for all. Thankyou, Thankyou, Thankyou.”**

### **4. AN ADDITIONAL NOTE ON INTERCONNECTED HEALING:**

As Marty & Gerry progressed through the layers of Love Inspiration's teachings, particularly at the higher levels, they received the understanding that more energies can be unlocked & healed within a person if the people near to them are also undergoing healing and taking attunements. For example, if you have a blockage related to an issue with a parent, then in some cases that blockage may only be completely healed if the parent is also able to release these healing energies from within them.

For example, perhaps someone has deep hurts caused by a perceived lack of love from their Mother or Father. In this instance, there is the healing for that person around the lack of love they perceived, but there is also the healing for the Mother or Father around why they were unable to give love at that time in the first place.

Although this is not always the case, sometimes, particularly with *very deep* issues, the healing is more robustly encompassed when the healing comes from different angles and through all people involved in that issue. This is something to bear in mind as you accelerate through the attunements and the layers of healing.

In addition to this, from a compassionate point of view, it can be wonderful to share healing energies with others to help them on their journey too. We are all inter-connected! Perhaps work colleagues, friends, acquaintances etc. May we all reach wonderful and beautiful states of happiness in our life!

So please, if you think that the Pathway To Light healing energies may help anyone else that you know, feel free to introduce them to Love Inspiration and our teachings!

\*\*\*\*\*

### 5. FINAL COMMENTS:

May these Bellarium Level One frequencies help you to outwardly express these new energies into your everyday life and may you continue to radiate these new understandings about love for all to benefit from. We wish you all the best in these weeks and months ahead. Again, for us these were some of our toughest months on this pathway to date so we pray that your transition is infinitely smooth and graceful.

As mentioned earlier, these four - six week time periods in-between attunements are entirely set for a purpose. The Universe knows exactly what to do and will create the experiences and healings that you require before the new attunement level arrives. Please be patient and know that your energy frequency is slowly but surely being enhanced for the benefit of all.

And please rest assured that you are always in the hands of divine guidance. Although it may seem at times that you are walking alone, please know that you are always being loved, cared for and supported with this most crucial personal work.

We make the wish that there are many others in this world who are doing similar work in this very moment, in whatever way that takes shape for them, so that we may all raise our vibration for the benefit of all!

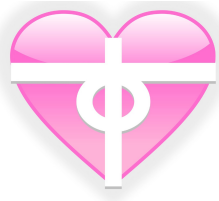


*May our precious earth be restored to divine and loving balance and may all living beings be transformed into bliss, love and light. May all kinds of suffering fade away as we simply shine out love, wisdom and purity throughout the cosmos.*

**MARTY & GERRY DONNELLY**

**LOVE INSPIRATION**

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*Love Inspiration*

*Learn • Heal • Awaken*

## UNIVERSAL LOVE ATTUNEMENTS PHASE FOUR - BELLARIUM

### LEVEL TWO

#### WELCOME!

It is with excitement and much love that we welcome you to this most important level of the Universal Love Attunements. For it is here that we are brought to a pivotal point in our pathway towards The New Consciousness, as we are given what we feel is a very significant teaching about the overall ascension process.

In particular, it is through the information that came through during the Level 2B attunement that we are again shown just how important this kind of healing work is at the moment; not just for each of us individually, but for the collective love consciousness as a whole.

So we are again very grateful to you for continuing to move forwards through these attunements and we make the wish that you will inspire many others also on their own pathways so that they may find divine love in their lives.

It seems that as a planet, we are in a serious and dire need to raise our love vibration and it is with love and gratitude that we bow down to all the divinely guided assistance within these Universal Love Attunements as they help us reach a vibration of the unified love field.

As we've mentioned, the Bellarium Level Two attunements are a very important milestone on this pathway in walking towards the light. For it is here that we reach the 'inversion point'; the point where we become more love than darkness and where our love vibration then outweighs our impurities. As you will read from the following teachings, this is a most critical point and we are so happy to share this information with you as it came through from the Guides.



We sincerely hope that you enjoy these teachings and attunements noting that whilst you may not be feeling dramatic changes on the outside, there is indeed much blossoming happening on the inside. May your flower of love continue to radiate its beautiful fragrance for all to enjoy!



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**1. THE BELLARIUM PHASE - LEVEL TWO:**

It is perhaps relevant here to begin this level with broaching the extended digestion periods throughout the Bellarium attunements. As previously outlined in Level One, we again see here in Level Two that there is indeed much time required for the necessary healing to occur within and between each of the attunements.

**Bellarium Level One Attunement Timeframes:**

- ◆ **Level 2A** - can be taken after 1 month from 1B
- ◆ **Level 2B** - can be taken after 3 cycles of 21 days (i.e. 63 days) from 2A

It seems that as we continue to move to deeper layers of healing, it becomes even more important for us to allow these darker or more entrenched energies to come to the surface so that they may be healed and purified. In some cases, these issues may be deeply ingrained into your consciousness and may therefore take some time and effort to be cleared away.

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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As mentioned in Level One, when Marty and Gerry themselves were moving through this second level of Bellarium, they found that it was during the lead up to these attunements (2A and 2B) that they felt most vulnerable and most challenged on their healing pathway to date.

They had encountered many challenges and much purification on their pathway but it was during this Level Two stage of vibration that they felt much uncertainty about who they were, individually and together, and where they were heading.

Around the same time, they also experienced deep struggles with their attachments to money as their financial situation deteriorated. This was kindly compounded by the Universe bringing many people for attunements, however receiving little monetary donations. The Universe is indeed wonderful at 'ringing out' our attachments!

We share this with you here with love and so that you can understand on a more personal level that sometimes, the path towards love comes with some of these difficult periods of purification. So please, if some of these feelings are starting to arise within you as well, please understand that you are being watched over and supported through these difficult times. And that this is all a part of the process towards a higher and more harmonious state of vibration.

We were told that we needed to shed the many false layers of who we thought we were and by doing so, we were allowing ourselves to gain much strength and skills which we previously didn't have.

We have also experienced that as we move from the old, egoic consciousness to the new unified love consciousness, it is sometimes very necessary for us to 'kill off' many aspects of ourselves and our ego's that no longer serve us. Perhaps you have had some rather gruesome dreams that relate to this in the past months? Again, please don't be alarmed - this is healing and purification at work.

During this second level, whilst you are working through these Bellarium energies in the coming weeks and months, the Guides mentioned to us that it may be helpful to use the following affirmation:

**"I open to the universal love consciousness (for all)"**

We also received this beautiful teaching:

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*"The universal love consciousness is here to greet us all. It is those who open to it that will receive."*

---



If you wish to, you may use this affirmation sporadically as you go about your day. You may find it helpful in further opening yourself up to receiving the numerous frequencies of love that are being directed downward on this earth at the moment.

By doing so, you are also allowing yourself to be a purer channel so that you may bring more love energy into this 'earthly realm'. May you indeed radiate this love and light outwards in everything that you do so that all may benefit!

For now, please enjoy the teachings that came through to us as we received the 2A attunement:



### **The 2A Attunement**

*“Welcome to Bellarium Level 2A. A new beginning.”*

*“There are many things to come in these new levels; do be patient and allow all to flow as required. The time between 1B and 2A has been a warranted delay to allow the earthly timings to take place - to join subsequently - and for yourself to continue the epic healing journey.”*

*“Note that the timing of you reaching this new level is divinely important in the scheme of much bigger and brighter universal love openings. As more openings occur - you are then able to receive more.”*

*“Level Two Bellarium brings more hope and light to a previously darkened room; allow yourselves to feel the dirt and then simply let it go. It will dissolve. Across the galaxies you will note that much ‘dirt’ is being shifted to enable the new light to shine further than ever before reached. Do not be alarmed or dismayed by your help in the sector - it is of paramount healing importance that you have been given the task of completing these universal love levels (for all).”*

*“Level Two also asks you to bring through a new and deeper level of fulfilment; a new level of personal understanding and achievement. For it is for the benefit of all that you blossom - and continue to produce new growth in order to blossom further.”*

*“Helpful words for this level; stay in tune and listen to yourselves - your heart speaks more often than you realise. Look for new ways to strengthen your consciousness; be it faith, release, sharing or teaching - you have the abilities to help others!”*

*“Finally, ensure you work through this level with diligence and love for yourself; loving others helps us to heal, but loving ourselves forms a primary platform for helping others. All for now. Triom.”*

It was very interesting for us to hear within these words that ***“Across the galaxies you will note that much ‘dirt’ is being shifted to enable the new light to shine further than ever before reached.”*** This seems to suggest to us that this ‘shift’ in consciousness is far wider than we would have at first thought. How amazingly beautiful!

Another key point for us within these 2A teachings is the idea that ***“your heart speaks more often than you realise”*** and that it can be helpful to ***“stay in tune and listen”*** to ourselves as these Bellarium Level Two energies are doing the necessary healing work.

To help us in implementing this into our daily lives, we may wish to simply try listening from our heart. Just listen to the Guide’s words whilst focusing on receiving the words through your heart rather than through your ‘head’. When you are talking to someone, you may wish to try speaking to them using your heart as your major point of focus so that your words move through your heart as you speak.

When you have time, why not take some time out to listen to yourself and to honour the information that you are receiving from the listening process. Do you need to rest? Do you need to take some more time-out for yourself? Do you need to help others? And how can you do that more effectively whilst using your divine gifts?

This second level is a time for listening & honouring that which you hear/feel and to enjoy the process of listening & living through your heart. One of our favourite teachings in spirituality is that if we are ever unsure about what to do, just go inside and listen to your heart - what is it telling you? Living from our heart is one of the most important teachings that you can get and whilst being incredibly simple to hear and digest, it is one of the hardest to actually practice consistently with mindfulness.

It is however a key theme in these teachings of The New Consciousness and if we could all connect a little more with our hearts in our daily life, this world would be a much nicer place to live in. Who doesn’t enjoy being around people who are warm, loving, kind, happy, compassionate and considerate of others? May all beings feel these beneficial effects of simply living through their hearts rather than their egoic tendencies!

And whilst these changes can be difficult to make, please know that these energies and attunements are here to help in every way that they can. As we adopt the principles of of patience and an attitude of ‘slowly, slowly’, we can allow genuine, real and organic changes to start flowing into our lives. May you enjoy living through your heart and may you see this beautiful planet through the eyes of pure & divine love.

And on this very important note, let us conclude here by highlighting the importance of loving ourselves also - ***“Loving others helps us to heal, but loving ourselves forms a primary platform for helping others.”***

Whilst this can also be a difficult practice to fully master, loving thyself is often considered an essential part of any type of healing work that one can do. For some of you, you may wish to revisit the loving kindness meditation that we have outlined in previous levels and start to work with this as a daily practice during these weeks and months of Level Two.

There are of course many different techniques that one can use to help with these feelings of love for oneself and often, we will all be different in the way that we approach this deeply personal work. For some of us, we will have relationship issues to heal and grow, whilst others may have specific situations that require healing. We offer you love and light wherever your healing pathway unfolds!

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### **The 2B Attunement**



*“Congratulations and welcome to reaching Level 2B, Bellarium Phase. There have been many energetic undertones of frequencies between the inception of 2A and the arrival of 2B. Whilst we are here to assure you that your progress to date has been at times difficult yet strong, you still have a narrow pathway to circumvent.”*

*“Level 2A has been the shifting of a somewhat large boulder. Level 2B is the phase that allows the new growth from where the boulder sat. This ground has not seen light for much time, therefore to allow for the new growth, it must be nurtured, loved and offered all that it requires.”*

*“Level 2B will be the cornerstone of the foundations built for your continued earthly purpose in this realm. You will open to newer and lighter frequencies and the pathway shall therefore become easier to transcend.”*

*“Whilst opening new doorways, there are always old ones to close. Remind yourself regularly of this throughout the 2B level for in order to say hello to new wonders we must say goodbye to old ones. The energies at this 2B level are stronger and more intensely focused on the well-being of your internal love force.*

*Once this energy is lit, it becomes the pilot light for all love to come. Reaching deeper into the depths of your soul being becomes paramount in order to achieve the one-ness you all so desire.”*

*“The remarkable steps that you have taken to date alleviate our fears and concerns for your earthly realm for the mere fact that you have indeed reached this level of teachings indicates to us that all is not lost. Our communication with you becomes vitally important in the matrimonial conduct of the earth and her well-being.”*

*“Level 2B opens further into who you are. Do not be afraid of who you truly are for your emergence is beneficial to all - “love thy self and love thy neighbour”. These are the teachings for Level 2B.”*

*“With ritual blessings, ‘the team up here’ - The Starrite Galaxy Beings”*

*May you grow your love for yourself so that you can continue to help for others in the blessed and magical way possible!*

# PATHWAY TO LIGHT

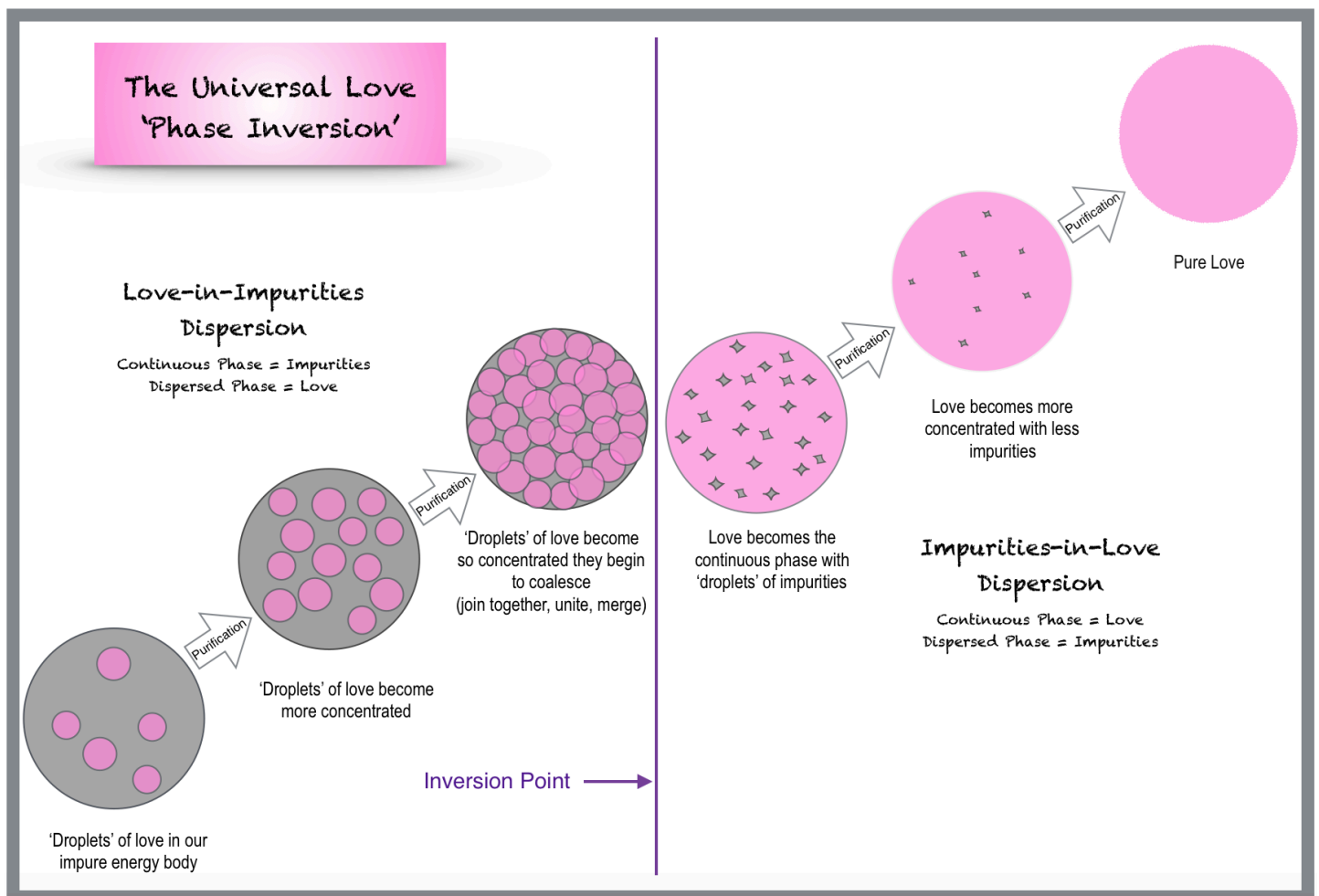
## UNIVERSAL LOVE ATTUNEMENTS

One area of these 2B teachings which we would like to provide some more details about is the idea that the 2B attunement seems to really focus on our *“internal love force”*. As they have said here, *“Once this energy is lit, it becomes the pilot light for all love to come.”*

To try to explain the importance of this through our words will be very difficult, however around the same time that these 2B energies came through to us, Gerry started to feel that something had changed, quite significantly, from within her energy. Being Clairsentient, she continuously had the feeling in the days leading up to the 2B attunement that “something was about to give”. The way she explained it at the time was being like a tennis ball cut in half that ‘pops’ when you invert it, so the inside of the tennis ball becomes the outside.

Interestingly enough, during the 2B attunement and information downloads, Gerry then received additional information about what the Guide’s referred to as a ‘phase inversion’. About 15 minutes into her 2B attunement, Gerry experienced a sudden and spontaneous shift in her energy where her inner light ‘inverted’ and then started shining from her whole body.

So it is now with some more help from the Guides, and after re-studying the term Phase Inversion (which thankfully Gerry learned in her Dairy Industry training!), that we are now able to produce the diagram below, which the Guides entitled “The Universal Love ‘Phase Inversion’”.



## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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This diagram explains that as we purify ourselves more and more and as we increase our love energy more and more, we finally reach a point in our energy system (‘the inversion point’) where our love suddenly ‘flips’ to outweighing our impurities. This then becomes who we are as our ‘internal love force’ is lit from within.

No longer is our love *dispersed* throughout our impurities, we have now reached the point where we have so much love that the impurities are now dispersed in our love! A most profound and wonderful achievement! And as we continue the purification process, we move towards higher and higher concentrations of love, hopefully and ultimately reaching a state of pure love. How wonderful!

This shift in energy at the inversion point felt very dramatic for Gerry and it was almost like a reward or even a *relief* after the build up of suffering towards reaching this profound point.

As the textbooks say, ***the point of inversion is when a system is at its least stable***, and looking back Gerry could certainly recognise the build-up of instability in her energy - like reaching “breaking point”. It has been a tough road to walk, but now with this understanding both Gerry and Marty hope that by passing on this information it will help you and others to understand more about this journey towards pure love.

To know that you are now energetically more love than darkness is a most well deserved reward for the significant amounts of hard work that you have done through these last few months, years and indeed many lifetimes. For it is not by chance that you have arrived at this inversion point!

It is with love and our most sincere congratulations that we welcome you to yet another layer of this new love consciousness and to yet more understanding of your newly lit internal love force. May you now use this to benefit others in the most beautiful way that you can. And it is here that we wish to remind you of the words from the Guides during these 2B teachings:

***“Once this energy is lit, it becomes the pilot light for all love to come.”***



May your internal love force radiate outwards for all to benefit from and may this lighting of love bring happiness to many, many beings throughout this most blessed universe!

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## 2. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

Welcome to your Bellarium Level Two attunements!

*Please note that the 2B attunement is to be received in a slightly different way to the other attunements that you have received to date. First we will cover your 2A attunement as this is the same as other previous attunements. Then please scroll down to see the different instructions for receiving the 2B attunement.*



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### Instructions For Receiving Your 2A Attunement:

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#### 1. Preparation:

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable. It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

#### 2. Invoke the Universal Love Attunement (Level 2A):

As you feel ready to do so, you may now invoke your attunements. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, you may wish to say something like:



**"With love and gratitude, I accept this Universal Love Bellarium Level 2A attunement from Pathway To Light . May it prepare and surrender my love consciousness allowing true divine growth and expansion from within, for the benefit of all."  
Thankyou, Thankyou, Thankyou."**

Now the attunement will commence and will last for around 15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work. Or perhaps you wish to follow your intuition and create your own affirmation or visualisation specifically for this attunement!

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**PATHWAY TO LIGHT**  
**UNIVERSAL LOVE ATTUNEMENTS**

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We also wish to remind you again that during the attunement, you may feel some energy moving - perhaps you can feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement.

Whatever the case, you will receive the attunement in accordance with your intention as stated above. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days. Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance!



**3. Closing the attunement:**

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**“With Divine love and humble gratitude, I offer my deepest heartfelt thanks for receiving this beautiful attunement. Please help me to walk forward into a new layer of love consciousness for the benefit of all.**

**Thankyou, Thankyou, Thankyou.”**



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**Instructions For Receiving Your 2B Attunement:**

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The following instructions were received directly from the Guides for the 2B attunement:

*“To receive the attunement for Level 2B, lying down, simply envisage the Bellarium symbol (below) floating 1 - 2 feet above the Heart Chakra as you recite these words:”*

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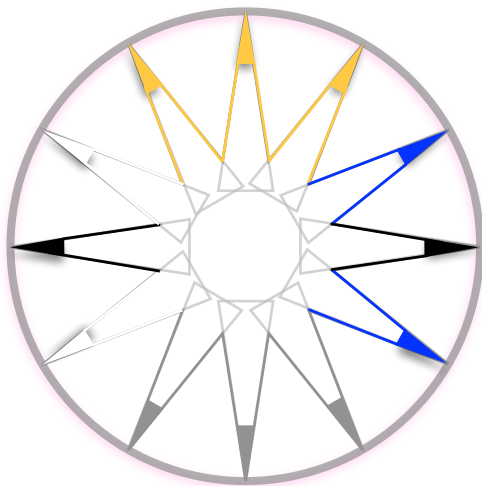


**“With love enchanted blessings, I open myself to receiving the cosmic rays of Bellarium. With my heart, I give all. With my mind, I surrender all. With my being, I offer all. May this Bellarium 2B attunement activate and instil in me the power and strength to unfold my beauty and my essence for all to benefit from. May I become the power of light that I know I am and may I unite with all other true essences within. May my Bellarium light shine and continue to expand and shine for all. With love, *[insert name]*.”**

**Thankyou, Thankyou, Thankyou.”**

As you say these introductory words as a way of setting your intention, you may now continue to envisage the Bellarium symbol floating above your Heart Chakra. During this time, just allow the energies of the Bellarium symbol to be absorbed into your energy field as you open up to receiving these loving and transforming energies. As was described to us:

*“Please sit for 20-25 minutes to allow the Bellarium symbol frequencies to integrate and merge within you.”*



**The Bellarium Symbol  
(in colour, as was shown to Gerry)**

This is our first real introduction to working with symbols for the attunement process so for those of you who wish to know more about the theoretical aspect of symbols in energy based healing, we kindly refer you to our [FAQ page](#) - Working With Symbols.

To simply envisage the symbol as it hovers iridescently above us and to *intend* that the energetic frequencies within the symbol are merging with our own energy, is all that is required for the attunement. As was told to us:

*“The Bellarium symbol is the 12 pointed star within the circle. This is all you need to activate the attunement”*

May we open ourselves up to these most loving frequencies of the Bellarium symbol and may we intend that they help us move forwards on our healing pathway towards this point of inversion so that we may benefit all!

Please know that it is important that we sit for the full 25 minutes as this allows for the appropriate energies to be received. Each of us will no doubt have different attunement experiences so we hope that yours is a very sacred and pleasant experience for the benefit of all!

### 3. A REMINDER ON THE ART OF OFFERING:

Before commencing the very high levels of healing and expanded growth in the Bellarium levels 3 & 4, it is a wonderful time to humbly encourage you to make an offering for the Bellarium energies.

As the Guides explained to us, an offering shows a sign of commitment to, and respect for, the teachings and energies that are being received. And as you can read from the below message, it also helps us to purify and heal at a deeper level as we move through these energies.

As always, it is the intention behind an offering that is so important, rather than the actual amount being given. For example, even a small offering given with the deep intention to benefit all will help to bring about a wonderful inflow of energy for your healing pathway into these higher levels of consciousness.

In simple terms, each loving, kind or generous action we do allows us to clear away more of our karma and therefore improve our own karmic circumstances. The Guide Ahmion explains further:



“This step-up in commitment (making an offering) is required in order to deeply fulfil the healing requests of your soul being and shows us the dedication and commitment you have to walking this pathway for the benefit of all.

Choose your donation / offering carefully and considerably for the healing energies will align with your truest expanded intention. It is not out of necessity that we ask for this monetary exchange, but rather out of surrender and love for the request to reach higher vibrations. Please do not be misled as this offering is indeed optional, however at this stage of your healing light it is important for you to consider what you have received through these teachings and energies to date. The beings both here and on earth have all worked tirelessly to manifest these energies into a completable set of writings and this offering should also be dedicated to them for their strength and commitment to ‘bring them through’ for all.

Take some time to contemplate what the offering means to you and why it is important in your life - and in the life of many others. How can your truest form of compassion manifest without the ability to give? Use your intuition and present your offering from your heart.

There is no fixed amount for this donation / offering, nor will we supply a suggested amount for this cause. It is up to you to value what you have received. That is all.

Be brave and courageous and give. You will be rewarded in true proportion to your intention.”

Ahmion

## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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Overall, this is a teaching that can bring much joy, love and happiness into our life and something we hope will bring a more deepened understanding of the idea of Karma and that offerings can be a very simple and love filled way to bring momentum to your journey towards the light.

As always, it is your choice whether you wish to make an offering here as part of your onward healing journey and we hope that should you choose to do so, any offering made is given from your heart and with love. Please be sure to set your intention to benefit all prior to making any offering.



What a wonderful place our world will be to live when we all learn the positive benefits that offering and love can bring into our life. May we all learn to relinquish our egoic tendencies as we embrace the art of offering with love, light and gratitude for the benefit of all.

### *A reminder of the Key points for offering:*

- ♥ **Intention** - offer sincerely, with love and always for the benefit of all.
- ♥ **Volume (Amount)** - offer what you can without egoic control (if the ego starts fighting the volume or what you are giving, then this is a good indicator or reference point for you. It is a sign that your ego is weakening and your love centre is strengthening).
- ♥ **Compassion** - remember there are always those less-fortunate than yourself. Offering is a wonderful way to reduce your ego and expand more love.
- ♥ **Progress** - offering is a progressional art form - start by offering different amounts and (different things if you wish) and see how it feels. Then challenge yourself to offer more and more. Your ability to give will become easier the more you practice it - and your energetic growth will love you for it.
- ♥ **Receiving** - an often overlooked part of offering is receiving. Receive with love and stupendous gratitude, always.



#### 4. FINAL COMMENTS:

We truly hope that these teachings and attunements have helped you to better understand this Universal Love pathway of healing and growth, especially if you are someone who has been moving through some difficult times recently.

The phase inversion teachings are definitely a most welcome addition to these attunements and we say a loving and happy THANKYOU to the Guides for helping to bring this information through!

If you have been feeling lost, bewildered, trapped or different in ways that you cannot describe then we hope that this understanding of the phase inversion has also helped you to realise that you are actually right now at your most vulnerable. And it is perhaps here that it is relevant to remind you of an old saying:



*“Your strength lies  
in your vulnerability”*

For those of you who are simply cruising through these levels, we say a big congratulations to you. Perhaps you are someone who is very close to the energies of surrender, non-attachment, love and kindness and it is with humility that we bow down to these attributes. May you continue to walk forwards on this pathway freely and with love and with an intention to benefit all beings in this most precious and sacred work.

We truly hope that we will see you again for the third level of the Bellarium teachings where we are given a deeper vibrational understanding about surrender and its role in accessing higher realms of consciousness. Again, there is much healing being done during these next attunements which take place over a 5 day period for 3A & 3B. Your 3A attunement can be taken after 31 days or after the 22nd of the following month, whatever feels right for you, from completing your 2B attunement.

Just by being here at this stage of our the Bellarium energies is a ginormous feat and it is again with much humility that we bow down to all of your healing efforts so far with the hope that you will continue forwards for the benefit of this unified love consciousness.

*May your internal love force shine for all and may all the energies that are to come brighten this love and light so that you may become a truly divine force in this world.*

*With love inspired blessings,*

**MARTY & GERRY DONNELLY**

**LOVE INSPIRATION**

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*Love Inspiration*

*Learn • Heal • Awaken*

## UNIVERSAL LOVE ATTUNEMENTS

### PHASE FOUR - BELLARIUM

#### LEVEL THREE

#### INTRODUCTION & WELCOME!

It is with gratitude and with love, that we again welcome you to a new layer of the Universal Love Consciousness. You have done much work to date and with your internal love force now glowing from your 2B attunement, you are ready to move forwards towards these Level Three teachings which ask us to focus on the concept of 'surrender'.

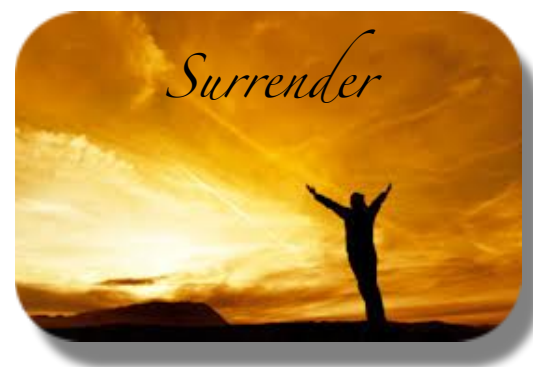
Up until now, you have taken many attunements with us and during these last few months, you have no doubt gained a strong vibrational understanding of what it feels like to being open or surrendered to what we describe as divinely guided energies. You may have experienced some attunements where you really connected to a deep, deep opening or surrendering from within. Perhaps you felt like you were really 'in the zone' at these times as you received the loving and divine energies from above.

Perhaps you are a person who has benefited from using the affirmations presented to you to help deepen your understanding and your feelings about surrender as you have moved through these levels and growth phases. Maybe you are now feeling more and more like you are starting to master this aspect of your practice?

You may also have seen or felt the impact of this 'being more open' in your everyday life. Your Crown Chakra might feel more open or maybe you just feel a little more peaceful inside as you allow yourself to flow in the river of life rather than trying to manipulate and control situations that you find yourself in.

Whatever the case may be for you, it is here in these Level Three teachings that we are being blessed to receive a deeper understanding of surrender, of letting go and of love as we move yet again, towards higher states of awareness.

May you enjoy these new energies and may they indeed bring you to a deep and profound state of surrender, peace and love in your life!



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**1. THE BELLARIUM PHASE - LEVEL THREE:**

As we've already mentioned, the key focus throughout these Level Three teachings is the idea of:



For the first time in these Universal Love Attunements, we are being invited to meditate or to focus our awareness on the idea of surrender as we work with a variety of symbols during the attunement to invoke the Bellarium energies.

Without further adieu, let us now look at the communications from the Guides about the 3a and 3b attunements, noting that in this level we have received the communications both together.

May you now enjoy these teachings and may they help to deepen your understanding as you continue on this new consciousness pathway. May your level of surrender become so complete and so utterly pure that you loose yourself in the abyss of love and one-ness which is who you truly are!

**Bellarium 3A & 3B Attunements**

**“Opening the Capacity to Surrender”**

*As one moves through the light pathway of the collective heartfelt love consciousness, it is necessary to understand and contemplate the idea or notion of surrender. With all due respect, we find that this is a somewhat difficult concept for earth-beings to ascertain for it is within the karmic patterns of the egoic mind that this concept has been diluted and in some cases lost.*

*To open and surrender is a deeply purifying and nurturing stream upon which to float; it is the essence and central channel of the experiential teachings within Bellarium Level 3.*

*Level 3A exposes us to the understanding of surrender, challenging our inner-most energies to adapt to this phenomenon. Once surrendered, one's energies are more easily advanced to higher levels of consciousness.*

*Level 3b partakes in the transference of energies from surrendering to letting go. Also an important concept in the light of higher vibrations. Whilst sealing the newly adapted energies, Level 3B will also bring about mental changes and understanding in order to create adaptations in one's life. As always, these energy changes are subtle yet more profound than perhaps is visible to your current understanding. The concept of surrender is also important here to allow for changes coming in the finale Bellarium 4 level, where the stream of pure consciousness is thickened, heightened and expanded for the benefit of all on their spiritual evolution to one-ness.*

As we digest these energies of surrender and letting go, please again remember that there is much healing and purification being brought to the surface. Please don't be alarmed again if there are many circumstances which seem to be 'pushing your buttons' as these are all helping you to again release more dirt and impurities from within - so that you may move towards these higher levels of consciousness.





## 2. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

Welcome to the Bellarium Level Three attunements!



### **Bellarium Level Three Attunement Timeframes:**

- ◆ **Level 3A** - can be taken after 31 days (or from the 22nd of the following month) from Level 2B
- ◆ **Level 3B** - can be taken after 24 hours from Level 3A

The attunement process will only need to be completed once and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement.

Again, it is only our intention and the energies being invoked which changes between the individual attunements, the process is always the same. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

*Please note that the attunement process in levels 3a and 3b are a little different to previous levels in that they require symbols. The 3a attunement is taken over four days using one symbol per day and the 3b attunement uses three symbols over one day. Please ensure you read the instructions below before commencing.*

### **1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable. It is best to ensure that you will not be disturbed for at least 15-20 minutes. As we've mentioned, some may wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.





## Invoke the Universal Love Attunement (Level 3A) - DAY ONE:

*Note that the steps 1-4 listed below only need to be carried out once on day one.*

### 1. Invocation

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, please say the following:



**"I surrender and open to the love light of The New Love Consciousness. I open to the eye of the Bellarium and offer my humble gratefulness for the blessings about to be bestowed upon me - for the benefit of all.**

**May the teachings and energies of Level 3a Bellarium open me to that which I need to surrender, offer and cherish.**

**I give my humble thanks for this 3a attunement."**

### 2. Meditation

Now begin a 10 minute "surrendering" meditation. This is simply a short meditation where you are opening to the energies of surrendering. The affirmations given for day one are:

**"I surrender my consciousness to the new love light"**

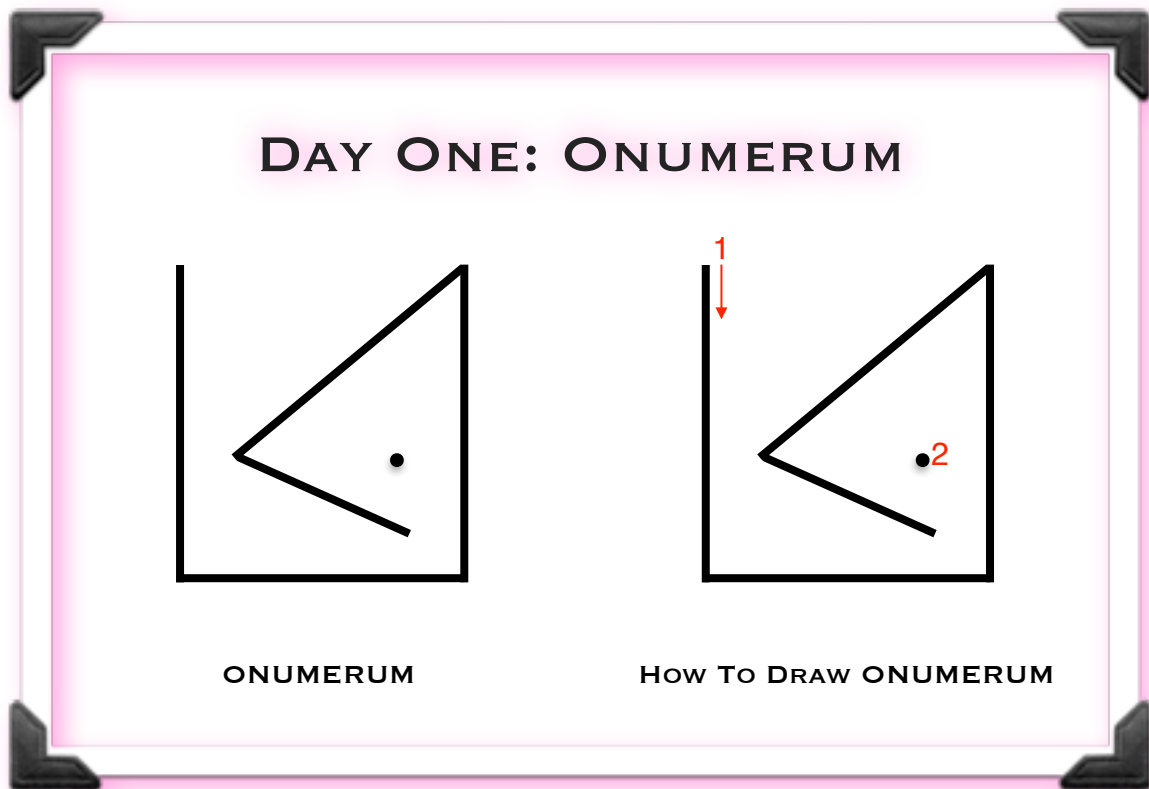
**"I open and surrender to The New Love Consciousness"**

### 3. Symbol

Visualise the symbol "Onumerum" (drawn on next page) repeatedly coming into the Third Eye Chakra, saying its name at the same time, for about 10 minutes or until you feel the energies drop off.

You may wish to imagine that this symbol is entering your third eye and melting into your energy just like butter would melt into toast as you continually either 'tap' it in with your mind over and over again whilst saying its name.

There are many ways of working with symbols but it is always our intention to bring the symbol's energy into our consciousness which is so important. By just visualising the symbol and intending that these energies merge with your third eye (whilst saying its sacred name) is an easy and effective way to do this attunement.



We also wish to remind you again that during this and subsequent parts of the attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this perfectly fine too.

Whatever the case, you will receive the Level 3a attunement in accordance with your intention. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.



#### 4. Closing the attunement

After completing the symbol practice, either by feeling a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**"With Divine love and surrender, I offer my sincerest thanks for receiving this part of the Bellarium 3a attunement. May these new energies fill my existence with love and light and may I continue to evolve into The New Love Consciousness for the benefit of all. Thankyou, Thankyou, Thankyou."**

#### Daily Practice:

It has been recommended that over the four days of receiving the attunement, it is beneficial if your awareness is brought to the idea of 'surrender' regularly. You may even wish to make offerings on surrender, or simply allow your awareness to filter through all the surrendering possibilities that come to mind. Go with whatever feels right for you knowing that whatever happens is where you are meant to be!



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#### Invoke the Universal Love Attunement (Level 3A) - DAY TWO:

*Note that the steps 1-4 listed below only need to be carried out once on day two.*

#### 1. Invocation

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To activate your attunement, please say the following:



**"I surrender and open to the love light of The New Love Consciousness. I open to the eye of the Bellarium and offer my humble gratefulness for the blessings about to be bestowed upon me - for the benefit of all.**

**May the teachings and energies of Level 3a Bellarium open me to that which I need to surrender, offer and cherish. I give my humble thanks for this 3a attunement."**

## 2. Meditation

Now begin a 10 minute "surrendering" meditation. On day two, the aim of this mediation is to offer things you would like to surrender. For example:



"I offer and surrender my anger, for the benefit of all"



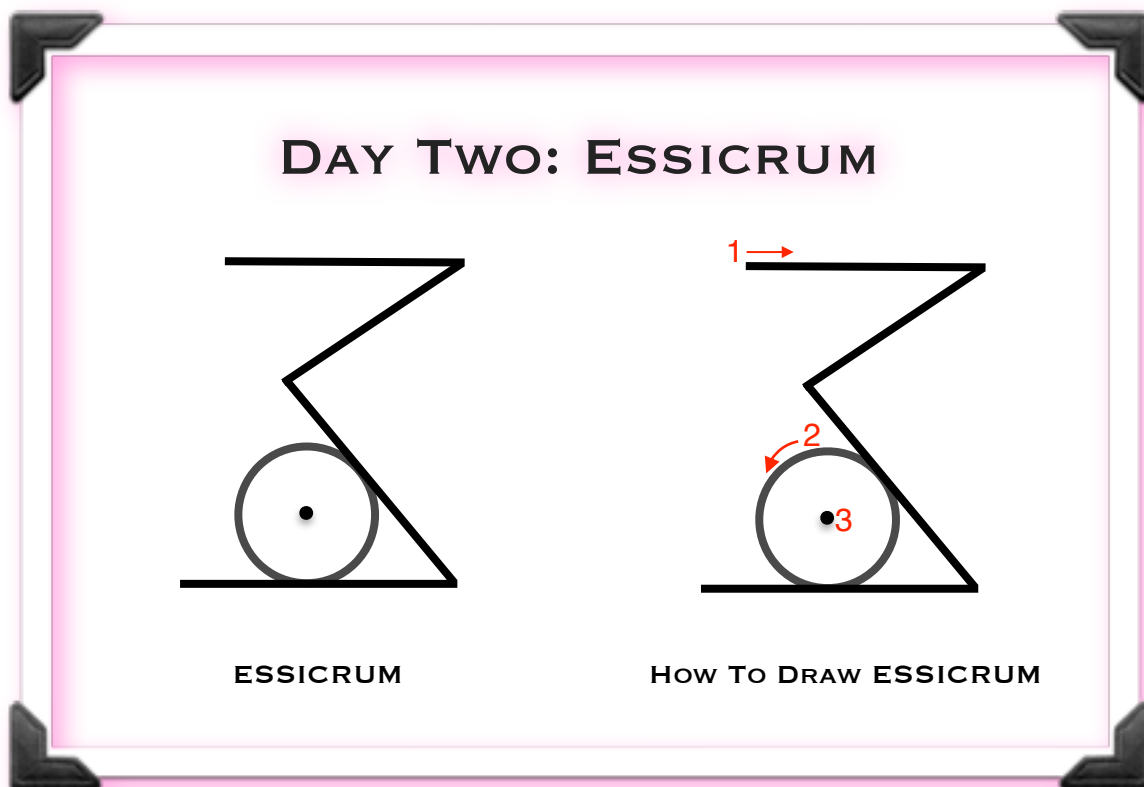
"I wish to please surrender my need to be right,  
in order to benefit the entire the collective consciousness"

You may wish to repeat the same 'surrenderings' over and over or perhaps work through anything and everything you wish to surrender. The choice is yours, surrender!



## 3. Symbol

Visualise the symbol "Essicrum" (drawn below) repeatedly coming into the Third Eye Chakra, saying its sacred name at the same time, for about 10 minutes or until you feel the energies drop off.



#### 4. Closing the attunement

After completing the symbol practice, either by feeling a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**“With Divine love and surrender, I offer my sincerest thanks for receiving this part of the Bellarium 3a attunement. May these new energies fill my existence with love and light and may I continue to evolve into The New Love Consciousness for the benefit of all. Thankyou, Thankyou, Thankyou.”**

---

### Invoke the Universal Love Attunement (Level 3A) - DAY THREE:

*Note that the steps 1-4 listed below only need to be carried out once on day three.*

#### 1. Invocation

As you feel ready to do so, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, please say the following:



**“I surrender and open to the love light of The New Love Consciousness. I open to the eye of the Bellarium and offer my humble gratefulness for the blessings about to be bestowed upon me - for the benefit of all.**

**May the teachings and energies of Level 3a Bellarium open me to that which I need to surrender, offer and cherish. I give my humble thanks for this 3a attunement.”**

#### 2. Meditation

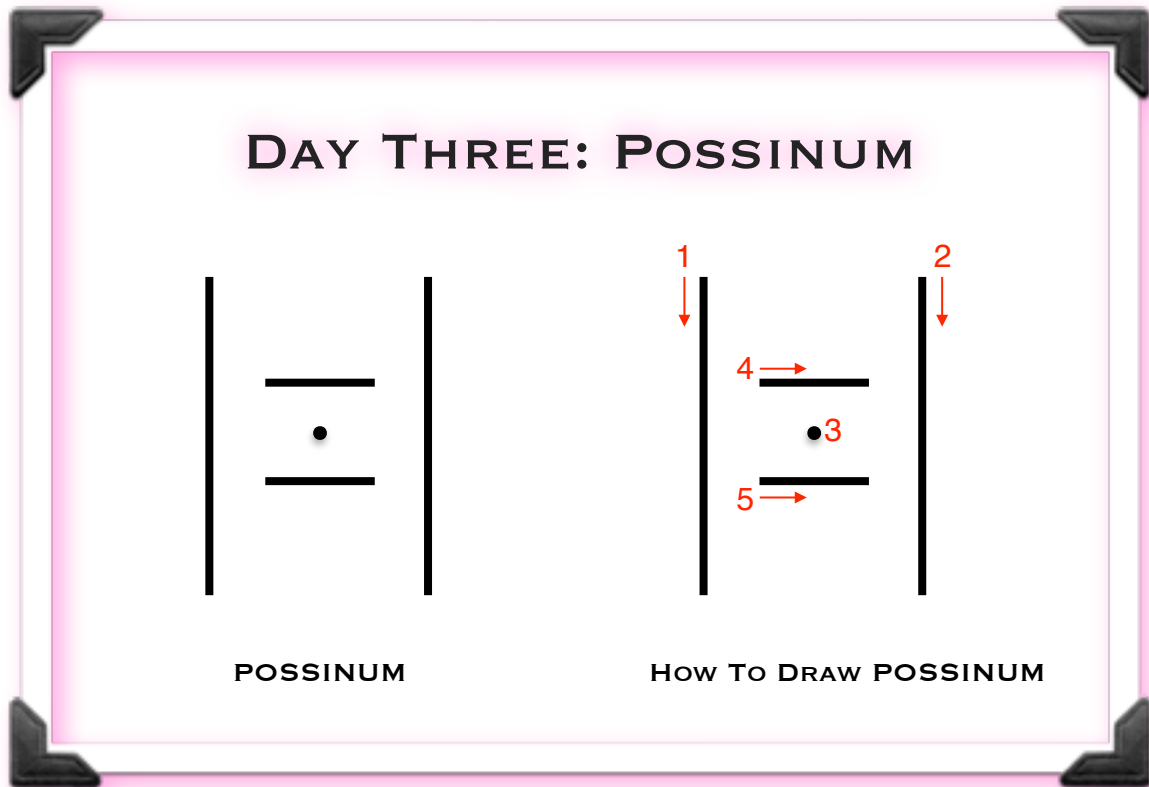
Now begin a 10 minute “surrendering” meditation. On day three we are using our short meditation to again surrender, however this time we are **visualising and imagining what our life would look like with complete surrender**. The affirmation given for day three is:

**“I open and surrender with grace, allowing The New Consciousness to flow”**



### 3. Symbol

Visualise the symbol "Possinum" repeatedly coming into the Third Eye Chakra, saying its name at the same time, for about 10 minutes or until you feel the energies drop off.



### 4. Closing the attunement

After completing the symbol practice, either by feeling a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received.

You may say something like:



**"With Divine love and surrender, I offer my sincerest thanks for receiving this part of the Bellarium 3a attunement. May these new energies fill my existence with love and light and may I continue to evolve into The New Love Consciousness for the benefit of all. Thankyou, Thankyou, Thankyou."**

## Invoke the Universal Love Attunement (Level 3A) - DAY FOUR:

*Note that the steps 1-4 listed below only need to be carried out once on day three.*

### 1. Invocation

As you feel ready you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, please say the following:



**"I surrender and open to the love light of The New Love Consciousness. I open to the eye of the Bellarium and offer my humble gratefulness for the blessings about to be bestowed upon me - for the benefit of all.**

**May the teachings and energies of Level 3a Bellarium open me to that which I need to surrender, offer and cherish. I give my humble thanks for this 3a attunement."**

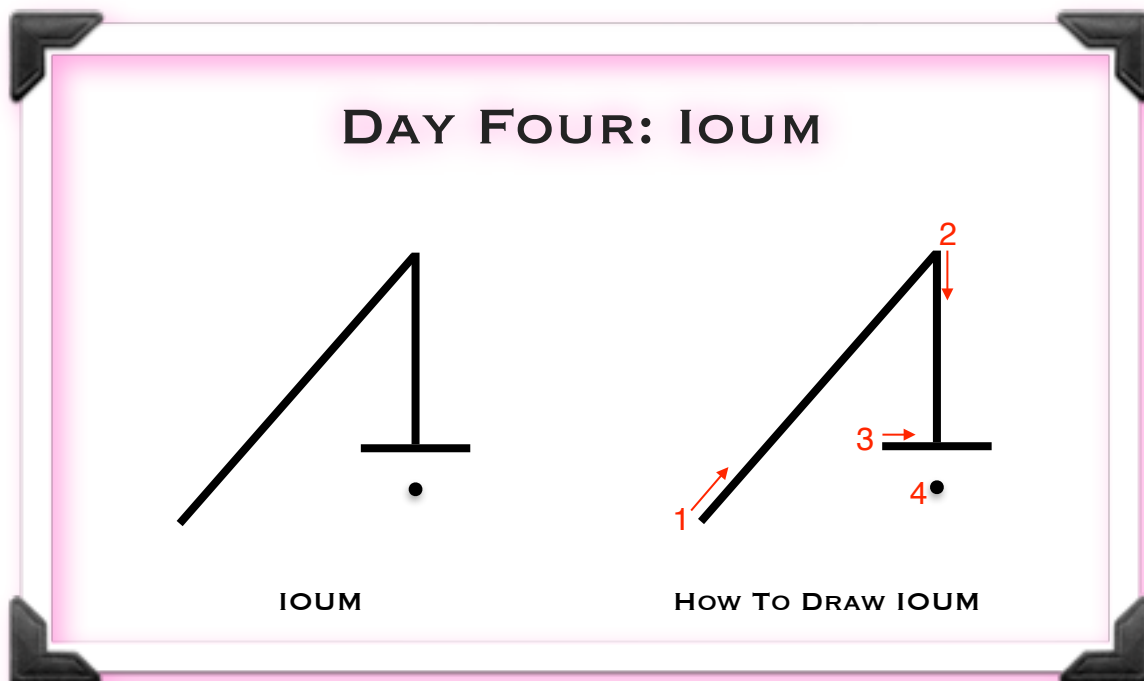
### 2. Meditation

Now begin a 10 minute "surrendering" meditation. On day four we bring in the energies of *cherishing*. The affirmation given for day four is: "With love, I cherish"



### 3. Symbol

Visualise the symbol "Ioum" repeatedly coming into the Third Eye Chakra, saying its sacred name at the same time, for about 10 minutes or until you feel the energies drop off.





After completing the symbol practice, you may wish to lie for an additional 10-20 minutes to allow the completed energies of the Bellarium 3a attunement to permeate.

#### 4. Closing the attunement

When you are ready to say thank you you may wish to say something like:



**"With Divine love and surrender, I offer my sincerest thanks for receiving this final part of the Bellarium 3a attunement. May these new energies fill my existence with love and light and may I continue to evolve into The New Love Consciousness for the benefit of all. Thankyou, Thankyou, Thankyou."**

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### Invoke the Universal Love Attunement (Level 3B) - DAY ONE:



24 hours after the fourth symbol in Level 3a, you may activate the closing sequence energies for Bellarium 3b. *Note that the process below (steps 1-3) need to be carried out four times during day one (e.g. complete steps 1-3 once every four or so hours).*

#### 1. Invocation

As you feel ready, you may now invoke your attunement. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, please say the following:



**"I open to surrendering and receiving the Bellarium 3b attunement energies for the benefit of all. May there be light in all places now dark and may there be love in all areas, spaces, places and realms that is unsurpassed by any."**

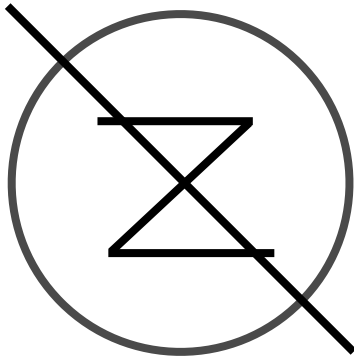
**With love I install these energies for the benefit of all"**

#### 2. Symbols

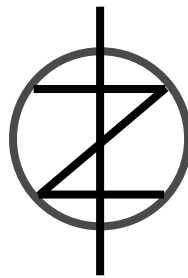
There are three symbols given in the Level 3b attunement; "Pyum", "Altium" and "Ipyum". (Drawn below. You will note that Pyum and Ipyum are the same symbol but in reverse).

Visualise all three symbols repeatedly going into the Crown Chakra, saying their sacred names, for about 10-20 minutes or until you feel the energies drop off. You may wish to do this one symbol at a time or you may wish to visualise (or intend) that all of the symbols are being absorbed into your Crown Chakra at once.

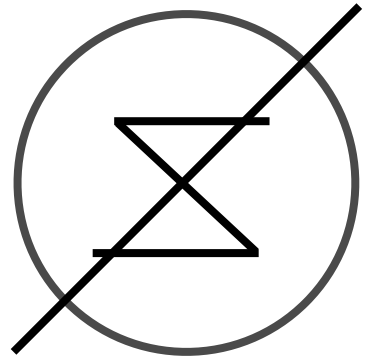
### 3B ATTUNEMENT SYMBOLS



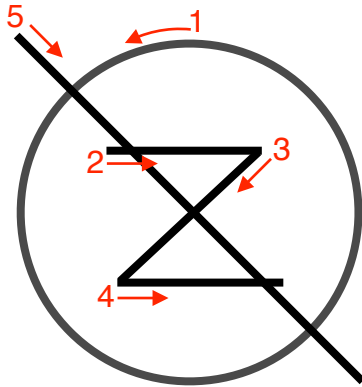
PYUM



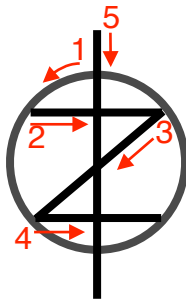
ALTIUM



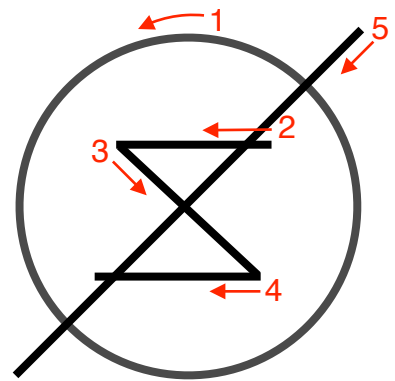
IPYUM



HOW TO DRAW PYUM



HOW TO DRAW ALTIUM



HOW TO DRAW IPYUM



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We also wish to remind you again that during the four parts of your 3b attunement, you may feel some energy moving - perhaps you may feel more stillness, inner peace, maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and this perfectly fine too.

Whatever the case, you will receive the Level 3b attunement in accordance with your intention. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.



### **3. Closing the attunement**

After completing the symbol practice, either by feeling a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:

*Thank You*



**"With Divine love and surrender, I offer my sincerest thanks for receiving the Bellarium 3b attunement. May these new energies fill my existence with love and light and may I continue to evolve into The New Love Consciousness for the benefit of all. Thankyou, Thankyou, Thankyou."**

### **3. FINAL COMMENTS:**

We hope that you have enjoyed these five days of receiving, meditating and contemplating the idea of surrender and we hope that you have a renewed perspective about this as applicable to your life. As always, our understanding at the surface level may not feel like you have just had an epiphany but please know that your understanding has indeed blossomed at an energetic level.

For it is here where the true beauty of these Universal Love Attunements lies. These energies and attunements are helping to provide us with everything we need on our pathway towards ascension including all the lessons, all the rewiring and all the teachings. All that we need to do is listen, practice and try to implement these concepts and ideas in our daily life.

May we all feel the powerful impacts of heightened love, peace, joy and happiness in our life and may we understand the powerful benefits of being loving and kind to each other in every moment!

For now, we conclude these Level Three teachings and hope that you are able to again continue on to the final Level Four of this Bellarium growth phase.

*May we all live in a deeper understanding of ourselves through surrendering and may we each allow ourselves to flow in the divine river of love and light as we help and inspire others along their own pathway to one-ness!*

*With love inspired blessings,*

**MARTY & GERRY DONNELLY**

**LOVE INSPIRATION**





Love Inspiration

Learn • Heal • Awaken

## UNIVERSAL LOVE ATTUNEMENTS PHASE FOUR - BELLARIUM

### LEVEL FOUR

#### INTRODUCTION:

The final chapter! After what has been an immense journey, we find ourselves here at this final step on our pathway to light. And it is here, in this fourth level of the Bellarium Phase that we are again being asked to step up to a new and higher love vibration as we move deeper into a new layer of this new consciousness.

This level is now the finale for these Pathway To Light teachings and something which completes what the Guides referred to as 'The Golden Mile'. And this has been no small feat to reach this level of understanding!

Through these attunements, there have now been so many energetic changes being introduced within your consciousness in a very short period of time. It is perhaps difficult for us to understand just how much significance this has for the collective consciousness overall but as the Guides explained during this last Bellarium level:

*“Each small minuscule piece of love consciousness energy that comes to the earth plane has a significant impact for all.”*



It is for this reason that we always bow down to such high intensity purification practices and to the amazing healing work that you have now moved through. It is with sincere gratitude for understanding the benefits to the inter-connected love consciousness that we again most earnestly thank you.

And as we take some time here to reflect on this pathway; perhaps you have felt small (or big!) changes within yourself? Perhaps you have felt that you have gained some more insights about your life? Maybe you have experienced some small and subtle behavioural changes or perhaps there has been a gradual shift away from certain foods? Maybe new people are appearing in your environment? Or perhaps there is a career change hovering about on the horizon?

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Whatever it is that you have experienced on this pathway / are still experiencing, please know that this is a result of the energies helping you to reach a place of love, light and higher understanding. Normally, this is working on the subtlest of levels and is often overlooked as we go about our daily life. But rest assured, they are always there guiding us towards light.

Sometimes, these 'opportunities' to learn more about love and light can present themselves as challenging circumstances. For example, some of you may have been asked to stand more squarely in your power centre and therefore, there may have been times where you felt like you were being pushed outside of your comfort zone. Its not so nice at the time, but is worth it for your highest good!



There can be many things like this which are presented to us as we move forwards towards the light and it is for this reason that this pathway is not referred to as 'The' Pathway To Light, for there can be no such thing. We are each different and we will therefore each walk towards light in our own unique way - creating our own 'Pathway To Light'.

So we hope that you enjoy these final teachings of the Bellarium Phase and in this Pathway To Light series of energies. As always, may they help you to bring much love, light and happiness into your life, for the benefit of the unified love consciousness!

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**1. THE BELLARIUM PHASE - LEVEL FOUR:**

This final phase of Bellarium can help us to bring a whole new appreciation for our earth, our healing work to date and to a deeper understanding of one-ness and The New Consciousness. It is here that Marty and Gerry received much information and energy which helped to transform many of our consumer based decisions as we came to the realisation that we are not separate from our mother earth.

Prior to receiving these Level 4 teachings, in-between Bellarium Levels Three & Four, it is perhaps fitting to describe what was yet another 'upgrade' for Marty & Gerry. Before the Level 4 energies were brought through to us, we received a channeled transmission and 'attunement' to the frequencies of another galaxy, from a group called the 'Castamars'.

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This galaxy was shown to us to have an energetic band width frequency of the colour blue. They came to visit us just before bedtime and said that they were here to work on our energy whilst we slept. It seems that we were being 'attuned' to the frequency of their galaxy. (This was day four after receiving Level 3B).

This is not the first upgrade which has happened in-between receiving attunements along this pathway and It has now dawned on us that these kinds of divine attunements are occurring all the time as we move through this pathway to light. We feel that this is important to share this with you, even at this late stage so that you understand that there are many things 'going on' behind the scenes as you walk on your pathway to light. These upgrades don't just happen to us, they will be happening to you too as you progress on this pathway!

With this being said, let us now introduce you to our Bellarium Level Four Guide, Artichars, who speaks from this galaxy Castamars about the Level Four Bellarium energies:



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"Your intergalactic frequencies change as you move more and more into one-ness"

"As the heart expands, the ego is automatically reduced"

"As you expand outward reaching more and more galaxies, you come closer to one-ness"

"With each step, you have a more refined understanding of your 'soul being' and how it is 'love' in its entirety.  
(Love / Oneness = same)

"Intergalactical frequency changes are occurring all the time as the earth and other galaxies shift and mould their energies. The earth still holds much energetic debris to release and surrender before opening to her own true light."



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"The earth's inhabitants currently have a magnetic repulsion to the earth due to the energetic imbalances and impurities with them. This creates tension with the earth and for the earth unit as a whole. Once these magnetic repulsive energies are removed, by allowing the love consciousness in, the earth unit becomes harmonious and more stable."

"The earth's power to heal is immense."



"Your frequencies are changing dramatically through the attunements processes. As you clear more debris, you open yourself to receiving a stronger, clearer, purer flow of The New Love Consciousness."

"Each small minuscule piece of love consciousness energy that comes to the earth plane has a significant impact for all. You have now reached levels where there is more light than no-light (dark). Here, the resonance within you brings about many, many changes in your understanding of your own purpose, of your own truth and of the inter-related connectedness of the whole."

"You shall see many more changes to come. The emergence of peace is forecast. By taking these attunements, you are a 'part of the revolution'. By expanding your love consciousness, you are a part of the revolution. By helping others to heal and grow, you are a part of the peaceful revolution."

"All that is presently shall not remain."

Those wishing to reach higher levels of understanding are being called forward. This is you. Please do not forget the impact that every small minuscule of light you bring into yourself has for the collective benefit of all."



“These are the teachings of Level 4 Bellarium.”

“Refining food at these higher levels is becoming more and more important. You may note that processed foods begin to fall more and more away from your taste buds. Use the vitamins and minerals that you have been given naturally to create a stable base for your resonance to vibrate or radiate from.”

“Energy also includes the physical. Take care of your physical body. These are not rules exactly, these are new understandings that will acclimatise throughout these higher levels.”

“Sensitivity to the earth and her pollutants will also increase - remembering that of course, the earth’s pollutants are also your own pollutants too, in the interconnected scheme of things. Heightened development of your senses will allow the emergence of new abilities to see & ask for what you (and mother earth) require. ”

“Note that what happens within your own energy system is a reflection of what happens consequently to the earth’s energy system and vice versa. Through the interconnected consciousness, there is understanding more and more that you, the inhabitants, ARE the earth’s frequency and that the earth reflects YOUR frequency.”

“You will therefore understand more about the importance of caring for your own energies as well as those of Mother Earth. You are reflections or perhaps mirror images of each other.”

“The energy upgrades that you have received between Level 3B and the beginning of Level 4 are indeed a precursor or foundation from which to build future healing growth and expansion from. Energy imbalances shall be opened to several changes before the commencement of Level 4A.”



## 2. INSTRUCTIONS FOR RECEIVING YOUR ATTUNEMENTS:

Welcome to your final attunement for Pathway To Light - The Golden Mile!

### **Bellarium Level Four Attunement Timeframes:**

- ◆ **Level 4A** - can be taken after 13/14 days from Level 3B
- ◆ **Level 4B** - can be taken after 16 days from Level 4A

The attunement process will only need to be completed once and immediately afterward, it can often be nice to give yourself some time to rest and digest the energies that have been received from the attunement.

Again, it is only ever our intention which changes (and the energies being invoked) for each of the individual attunements. The process will be the same as the previous growth phases. We hope that you enjoy this deeply sacred and loving experience and may it bring you to higher states of vibration, understanding and love.

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### *Bellarium Level 4a Attunement:*

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The Guide Artichars speaks about the Level 4a attunement:

“The time period between Levels 3 & 4 is therefore set accordingly at 13 days and 21 hours. It is therefore recommended that the 4A attunement be taken either on the 13th day or the 14th morning. The energies will then begin to activate at the 21st hour. This is significant in terms of energetic frequency adjustments however in plain and simple terms for your attunement, you are simply advised to take the attunement 13 days after completing the Level 3B attunement.”

“Intergalactical frequencies shall be transmitted to you and your energy field in this 21st hour. These will not be of adverse effect, should you be awake or ‘working’. Just simply be aware and open.”

### 1. Preparation:

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable. It is best to ensure that you will not be disturbed for at least 30 minutes. Some of you may also wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.



You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to your invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

### 2. Invoke the Universal Love Attunement (Level 4A):

As you feel ready to do so, you may now invoke your attunements. This is done through your intention, a most powerful healing tool in itself. To invoke your attunement, please say the following (word for word, as this came from the Guides):



**"With peace, love and the flow of divine love consciousness, I surrender and ask to be opened to the expansive and radiating healing energies of the final phase of the Bellarium. With honour and grace, I accept my title as Earth's protector, healer and peace-keeper in order to benefit all. May these Bellarium Level 4A frequencies radiate impermanently from the essence of my soul being; my true essence. May the light of love shine and permeate all. My offering for this attunement is ..... With love, [inset name]"**

Artichars continues:



"After the invocation, you may wish to relax for up to half an hour to allow the activation to complete itself. There may be no feelings of energy movement at this time however please know that in this 21st hour we have spoken of, the energies will then begin to radiate."

"The offering made at this Level 4A signifies the commitments that you have to bringing in more light for the benefit of all. This offering may be a food type or ingredient you wish to renounce. It may be an earth polluting component of your life that you wish to omit or reduce. It may be a very conscious change in the way you act or speak. Note that this offering is a long term change, not simply a one day offering as per the Polarium level.

This increase in commitment is a reflection of the increase in energies at this level. You will be helped and guided with your offering; do what feels appropriate for yourself and for Mother Earth."

### 3. Closing the attunement:

Once you feel like you are ready to finish your attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**“With sincere peace and love, I wish to express my humble gratitude for receiving this Bellarium Level 4a attunement. May I expand my consciousness to benefit Mother Earth, all of her inhabitants and all beings everywhere, so that we may together create and harmonise the energies of our existence. Please help me to be strong in my focus of love, for the benefit of all. Thankyou, Thankyou, Thankyou.”**

**Additional information:** During the 4b download of information, we received the following information about the 4a attunement from Essocryte and Perimocc:

“Take your time during the 4a ‘rest period’ (after receiving the 4a attunement) to rest the body and mind. There are many physicality's being adhered to during this pre-4b completion phase and it is important to take care of yourself. Much energetic purification and exchange of old energies for new is occurring during this time.”

It may help to know that Marty and Gerry both experienced a lot of physical purification in the 16 days after this Level 4a attunement. Rather than going through so much emotional or spiritual cleansing, the ailments seemed to be very physical; sore shoulders, aching ankles, an eye infection, flu-like symptoms etc. It seemed to be a lot more 'physical' than previously experienced in other levels. While this may not at all be the case for you, we just thought we would give you a heads-up!



*Bellarium Level 4b Attunement:*

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**The Bellarium 4b Attunement:**

“Greetings and thank you for your endurance to reach this master of masters level. It is at this time on your earth that the energies of Pathway To Light are most frequently and energetically required. You have been summonsed to reach this level pre-incarnation as a part of your service to the light. We are most happy that you are now here. Bringing in new light or energy frequencies to your world is a paramount way to ‘save your species’ for without healing and uplifting energies such as these, your race would surely be devastated. We do not say this lightly as there are enough destructive forces at work on and around your earth consciousness for this to be. We wish not to dwell on the negative.

Opening yourselves up to the Bellarium frequencies has been a momentous and heavy achievement for both yourself and the collective united consciousness as a whole. There are now less limits and boundaries for us to be able to send through more clear and crystalline energies due to your perseverance. Each and every being that reaches this final chapter of Pathway To Light will indeed have come a long way - both energetically for themselves and for the earth consciousness herself.

Opening the doorway to the unified love consciousness is indeed paramount for your earthly evolution and it is with great love and a sense of ambitiousness that we now feel ready and activated to launch the final sequence of energies for Bellarium 4b of Pathway To Light. You will note that we have indeed been on a deeply functioning relationship with these energies in order to bring them through for you at this time. Many galaxies of inter-connected consciousness have worked tirelessly to bring this Pathway To Light to you and we are most grateful that it has been received in such a way that many, many beings may benefit. For now, we introduce Level 4b. ”

**Essocryte & Perimocc**

**1. Preparation:**

You may sit or lie down in preparation for receiving your attunement, whichever you feel is more comfortable.



The attunement will take approximately 15 minutes so it is best to ensure that you will not be disturbed for at least 20 minutes. Some of you may also wish to set aside some additional time afterwards for just feeling the relaxation or connection that often comes from these energies.

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You may wish to play some soft relaxing music, light some candles or burn some incense to create a nice ambience. Generally, creating a nice, pleasant and relaxing environment is good for our energies to settle and feel more at peace during the attunement.

Prior to you invocation, you may wish to take some deep breaths and just allow yourself and your mind to just start opening up to what you are about to receive with love and with divine gratitude.

**2. Invoke the Universal Love Attunement (Level 4B):**

As you feel ready to do so, you may now invoke your attunement by saying the following words as channelled from from Essocryte & Perimocc.



**“ In the eye of the semi-awakened consciousness I ask  
for the expansion into the fully awakened energies of the  
Bellarium 4b completion frequencies.**

**Opening into this new gateway I offer myself wholly  
and completely to the light of the love, for the absolute  
and infinite benefit of all light beings.**

**Should I stray from the path, please guide me. Should I fall, please help me up.  
And should I lose faith, please forgive me.**

**I embrace now and always The Golden Mile - a marker stone on my pathway to  
the iridescent light, and I give thanks for all the energies I have received thus far  
and for those yet to come.**

**On closing The Golden Mile, I ask for the suffering of all to be abolished with  
infinite love and for the existence of great beings to be welcomed on their  
return. For the love of all, I offer myself to this path with the hope of reaching  
the infinitely abundant light, for the absolute benefit of all.**

**May these 4b blessings be bestowed upon me as I close this chapter of my  
evolution and welcome myself into the collective consciousness hallway of  
abundant light. Amen, For all. ”**



Now the attunement will commence and will last for around 10-15 minutes. During this time, it is best if you simply open up to receive the divine love and healing light that will follow with love and gratitude. If required, you may wish to refer to earlier levels about some of the ways in which you can do this through affirmations and perhaps some visualisation work.

We also wish to remind you again that during the attunement, you may feel some energy moving. Perhaps you can feel more stillness, inner peace or maybe the feelings of relaxation or being somehow connected to these divinely loving energies. Some may also feel almost nothing happen during their attunement and as always this is perfectly ok!

Whatever the case, you will receive the attunement in accordance with your intention as stated above. You will receive the healing light and the love which will now be digested and assimilated into your energy field for your best possible healing result in the coming days.

Please remember that all of this is done through the blessings of the attunement and through divine guidance. There is nothing 'required' for you to do other than to open up to receiving the divinely guided assistance. This is the true beauty of these energy based healing practices.

### **3. Closing the attunement:**

Once you feel like you are ready to finish you attunement, maybe you feel a slight dropping off of the energies or perhaps you have timed yourself, you are now ready to say thank you for that which has been received. You may say something like:



**"With divine love and grace I offer my deepest thanks for all that this pathway has brought me. I surrender myself to the continued evolution of the love consciousness and I bow down to all those beings who are here to help us evolve for the absolute and infinite benefit of all.**

**May these Bellarium 4b energies seal my Golden Mile and may I give my utmost thanks for reaching this point on my journey.**

**May I continue to benefit all beings through the love, wisdom, compassion and understanding that has been bestowed upon me.**

**Thankyou, thankyou, thankyou. "**

During this download, we received information that 'The Golden Mile' is a spiritual achievement of sorts. It is a marker or measurement of how far we have come on this Pathway To Light series. We understand that each person's Golden Mile will be completely different from another as each person's karma, impurities and journey is entirely different.

We congratulate you for reaching this spiritual accomplishment and we make the wish that this is to be achieved by many in this world! May we all find peace and love in our lives and may our light shine for all.



### 3. FINALE:

The Guide Mariocc delivered this 'finale' at the end of the Bellarium 4b download:

“Through times and energy of change we are now delighted to offer you our congratulations for your completion of the Bellarium phase and of course your conclusion of the series of frequencies known to you as Pathway To Light. At this time there are no continued teachings on this specific pathway however for the benefit of all you may choose other teachings to persevere with. There is no right or wrong choice here - allow your consciousness to guide you forwards with great momentum.

The 4b energies shall be with you in your energetic system anywhere from one week to one month in total; therefore we would recommend that this timeframe be devoted solely to these energies only in order to allow the energetic break-throughs to take place. We do hope you enjoy the fulfilment and abundance that is now knocking on your door.

From here we do now wish to seal our communication with love and thankyou again for bringing through these energies into your (and the collective) consciousness. We bid you a warm farewell and a peaceful and loving existence for all.”

**Marriocc**



**CONGRATULATIONS!**



#### 4. FINAL COMMENTS:

With love and humility, we bow down to you as a radiant light in this world; one who shines brightly for the benefit of us all. We make the wish that there be many more like you who will make their way to this beautiful Ascension Pathway!

Up until now, you have been given a series of attunements, teachings and very direct steps towards The New Consciousness vibration. Your love vibration has been raised, step by step, layer by layer into a state of being which is more filled with love than darkness. This really is an amazing feat in itself and we wish to offer you our congratulations and love for reaching this point.

We understand that your love vibration now shines at a far brighter frequency than you were previously able to sustain. And whilst there will no doubt be many more changes to come (and perhaps more healing issues to be worked through) it is with a warm heart and deep gratitude that we again congratulate you on reaching your Golden Mile accomplishment.

If you would like a certificate for completing Pathway To Light - Volume 1, please click on the link to be taken to our website where you can [download a certificate](#) for this course in PDF format. Simply print it out and fill it in as you wish. Congratulations!

From here, we warmly invite you into the second volume of ascension based energies & attunements so that you can continue onwards on your Pathway To Light ascension journey. The Silver Line will be helping you to open up and receive to a beautiful array of 'peaceful' energies as you are again guided towards a higher state of awareness, peace and purity in your life.

The Silver Line attunements can be started after a minimum of one month from receiving your Bellarium L4 attunement. More preferably, the Guides have recommended six weeks here in order to ensure that all energies have been 'fully adjusted and assimilated' from within.

As you feel ready, we truly hope that we will see you again for The Silver Line volume of energies and for now, we hope you enjoy your six weeks resting period as The Golden Mile energies are fully assimilated and digested.

*May your love & light shine strongly  
for the benefit of all beings!*

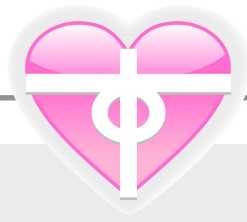
*With love inspired blessings,*

**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**





Congratulations  
on reaching your  
**GOLDEN MILE!**



## WOULD YOU LIKE TO HELP?

YOU HAVE RECEIVED THESE ENERGIES AND TEACHINGS FREELY AND WITH LOVE DUE TO THE HUMBLE AND ALTRUISTIC GRACE OF OUR SPONSORS, TEACHERS & TRANSLATORS. IF YOU HAVE ENJOYED THESE ENERGIES AND WOULD LIKE TO HELP MAKE THEM CONTINUALLY AND FREELY AVAILABLE FOR OTHERS TO HEAL, GROW AND AWAKEN FROM, WE LOVINGLY INVITE YOU TO HELP IN THE FOLLOWING WAYS:

- ♥ [SPONSOR AN EBOOK](#)
- ♥ [MAKE A DONATION](#)
- ♥ [SHARE WITH OTHERS](#)
- ♥ [BECOME A TEACHER](#)
- ♥ [TRANSLATE FOR OTHERS](#)
- ♥ [WRITE A TESTIMONIAL](#)
- ♥ [HELP US IMPROVE](#)

YOUR HELP ENABLES LOVE INSPIRATION TO CONTINUE OFFERING EBOOKS AND COURSES FREELY FOR THE INFINITE BENEFIT OF ALL.

BLESSINGS & THANKYOU,  
MARTY & GERRY





*Love Inspiration*

*Learn • Heal • Awaken*

## APPENDIX 1

### UNDERSTANDING ONE-NESS

#### INTRODUCING ONE-NESS:

For ages past, we have seen scientists, philosophers, religions and ascetics all trying to define our reality; they all shared a great desire to understand the deepest mysteries of our physical and energetic existence.

For example, in the last 3000 years we have seen many religious figures such as Jesus Christ, the Buddha, Mohammed and many other Guru's within the eastern traditions who have reached a level of understanding and who have attempted to pass these understandings down to us.

In more modern times, we can now see that science is making incredible breakthroughs and with the newly emerging science of quantum physics, we are now becoming more aware and more conscious of the reality which surrounds us.

And this is what this appendix will draw on. To help us understand the idea of inter-connected-ness. We will be calling on the knowledge base of modern science in addition to a variety of spiritual and religious teachings to explore the idea of interconnected-ness in a way that works with the logical parts of the brain.

Ultimately, as we begin to understand the true nature of inter-connectedness or one-ness, it provides us with a deeper understanding of who we truly are. It helps us to promote vibrational states of health and wellbeing from within ourselves as we realise that we are so much more than just a physical body.

It is the idea that we are actually not totally separate from each other as we might think; that within each of us lies an untapped, infinite potential that is beyond comprehension.

And as we start to contemplate, reflect and perhaps start to accept these concepts, it can then allow us to more deeply feel the energies of love, compassion & wisdom from within our consciousness.



If we are all truly one - then how can we not want to help others? If we are all inter-connected - then isn't helping others the same as helping ourselves? And wouldn't we always want to help ourselves?

## A DEEPER UNDERSTANDING OF ONE-NESS:

Let us firstly look to the spiritual teachings found through the Buddhist tradition. This is a very famous passage in the Heart Sutra (Prajna Paramita Sutra) and is thought to be a very precious and immensely valuable teaching spoken from the Buddha himself about the empty nature of our reality:



This teaching is deeply profound and something which will need to be reflected on. It seems to suggest that even though something may exist physically, it is at the same time empty of any existence. So let's look a little deeper into this which takes us to a teaching known as the two truths.

Put simply, the reality in which we live can be seen to exist on two separate levels of truth or two levels of understanding. The first level of truth exists on the surface level or the physical level in which we live out our daily life. Here, at this level, we can see things exist in some sort of physical form. Whether it's the television we watch, the table we sit at for dinner, the pots & pans that we cook with etc. All these things *exist* in our physical reality.

This level of truth is fairly easy to comprehend so let's move on to the second level of truth, that of the ultimate or absolute level of truth. This level of truth or understanding is normally not seen by the naked eye, it is something which is far deeper & more subtle.

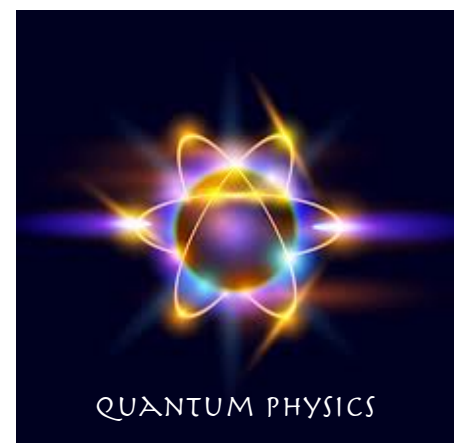
So let us look back to our examples above, say the table we sit at or the television we watch, whilst these definitely exist in physical form, the ultimate or absolute truth tells us that at the very same time, these things do not exist. In other words, they are *empty* of any real tangible substance.

### So how can this be?

Well it is through science that we will find our answers, specifically the science of quantum physics or quantum mechanics.

For those of you who have never heard of quantum physics or quantum mechanics, these are areas within science which attempt to describe the reality in which we live by dissecting and examining the individual atom to see what exists within it. As the entire physical universe is simply made up of atoms, if you can see what exists within each of these atoms, you can describe the ultimate level of truth.

### So what have they found?



## PATHWAY TO LIGHT

### UNIVERSAL LOVE ATTUNEMENTS

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Well, at the subatomic level, scientists have proven over & over & over again that:



**ALL PHYSICAL MATTER, WITHOUT EXCEPTION,  
IS MADE UP BY SOME FORM OF INDESCRIBABLE ENERGY SOURCE.**

They have seen that inside the atom, at the subatomic level lies a symphony of vibration (and a whole lot of empty space). Scientists have now discovered that at the basis of our existence, the very foundations of it, lies a unified field of intelligent, life force energy which many of us simply refer to as *consciousness*.

There are quite literally thousands of experiments which now support this from as far back as the early 1900's with perhaps the most famous experiment being the double slit experiment. With the power of the internet, you can now watch a quick, easy 5 minute explanation of this experiment on you tube:

[Click Here to see the Dr Quantum Double Slit Experiment](#)

The content of this video leaves no doubt; that:

**BENEATH ALL PHYSICAL MATTER (I.E. PHYSICAL THINGS)  
LIES AN INTELLIGENT & VIBRATING ENERGY SOURCE**

As Albert Einstein himself has said in response to a question from an atheist:

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**“TRY AND PENETRATE WITH OUR LIMITED MEANS THE SECRETS OF NATURE AND YOU WILL FIND THAT, BEHIND ALL THE DISCERNIBLE CONCATENATIONS, THERE REMAINS SOMETHING SUBTLE, INTANGIBLE AND INEXPLICABLE. VENERATION FOR THIS FORCE BEYOND ANYTHING THAT WE CAN COMPREHEND IS MY RELIGION. TO THAT EXTENT I AM, IN POINT OF FACT, RELIGIOUS.”**

--- ALBERT EINSTEIN, RESPONSE TO ATHEIST, ALFRED KERR (1927)

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Another experiment, conducted in the early 1900's which helps us to further digest this concept was specifically designed to determine whether there was an energy source contained within 'empty space'. In order to test this theory in a laboratory, it was necessary to create a vacuum (or Faraday cage) whereby an area was kept completely free of air and shielded from any electromagnetic radiation fields.

The airless vacuum space was then cooled to a temperature of -273 degrees Celsius which is the temperature where all matter should stop vibrating and thus produce no heat. The thinking was that there would be literally nothing inside this vacuum; an empty void.

### **So what was the result?**

Instead of being an absence of energy in the vacuum, they actually found a tremendous amount of it. The energy existing within this empty space was then labelled *zero point energy (ZPE)* and you can read a lot of things about ZPE on the internet if you wish to.

Interestingly enough, physicists John Wheeler and Richard Feynman have calculated that the amount of energy in the volume of vacuum space contained within a single light bulb would be enough to bring all the world's oceans to boiling point! This is just astonishing to digest.

From these (and many other) scientific experiments, we can perhaps more clearly see that the foundations of our physical reality are based on some form of intelligent life force energy. It is only through contemplation, reflection and perhaps meditative practice that we can begin to have an *experiential* understanding of this intelligence and love in full swing.

So, with this understanding of energy being the foundations of our physical reality, let us now consider the idea that all things are inter-connected. This is crucial in understanding why it is that your healing work is so important - as your vibration is being raised, so is the inter-connected consciousness.

Through a deep and experiential understanding of inter-connectedness, it also help us to move closer towards our true self, the big 'I AM' which exists at our core; the infinite potential which we spoke of earlier. As an analogy, we can think of the entire universe or the entire cosmos being like an ocean, and in this vast, expansive ocean is a small plastic bottle. The plastic bottle contains the same water as the ocean.



This is an analogy for describing the state of one-ness in which we all live out our daily lives. We are all just water floating in the vast ocean of love consciousness!

The plastic which keeps our water separate from the water in the ocean is often thought to depict our ego or more correctly, our ego clinging. Through our mental conditioning, we see ourselves existing at the ultimate level of truth and therefore find it very difficult to believe that truly we are like an ocean.



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Once we start to break the shackles of our own egoic mind, we can really start to feel more and more the expansiveness which is the almighty ocean. As we surrender, we lose our ego in bits and pieces moving towards where it is that we need to be heading, remembering that we are always in the hands of divine guidance & unconditional love.

As we continue on this pathway towards The New Consciousness, little by little we are slowly starting to open our eyes to our new reality, one which involves us stepping into our *real* shoes; that of becoming one with the vastness of consciousness.

Another way to think about our inherently divine nature is through the analogy of a sun shining brightly in the sky. When we have a cloudy, miserable day, it can be difficult to even imagine that the sun is still up there somewhere shining down on us, but of course it always is.



It is the same with our own true divine nature; it is like the sun, always shining. It is our negative or darker energies or to be more specific, our old thought patterns from many lifetimes, acting like the clouds. They obscure and obstruct the sun from shining that brilliant love & light through.

As we have only lived with cloudy days so far in this life, we have simply *forgotten* that the sun is still there in the background.....but *it is* still there and it does shine oh so brightly. It just hasn't had its chance to shine its way through the clouds just yet.

As we start to clear away the clouds through our practice, as we clear away our negative energies and our old thought patterns, we can slowly but surely begin to see more & more of who we *truly* are. We begin to see the love, compassion & infinite light which is our own true divine self; the all-knowing self, interconnected to all things which is far beyond anything we can imagine.

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*This is the entire point of inter-connectedness;  
to understand that we are all one.*

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Within each of us lies an untapped potential which is simply beyond words.

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## PATHWAY TO LIGHT

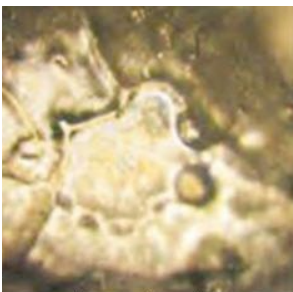
### UNIVERSAL LOVE ATTUNEMENTS

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With this rather lofty introduction to one-ness or inter-connectedness, let us now look at some scientific data which may help us to more easily digest the idea of inter-connectedness and the one-ness of all things. It is with this type of information that we hope to help those of us who like to satisfy our more logical, left sided parts of our brain.

Ok, so perhaps a good place to start with understanding something about inter-connectedness from a scientific viewpoint is to look at the work of Dr Masaru Emoto.

Dr Emoto found a way to successfully photograph the molecular structure of water and wanted to test whether water, being the most receptive of elements, would respond to some sort of applied *mental stimuli*. The experiments that he did were conducted over a number of years but for our purposes here we will paraphrase & summarise his results for ease of readability.



**ORIGINAL WATER SAMPLE**

Essentially, his experiments compared a number of water samples, the majority of which were taken from a nearby dam (Fujiwara Dam). The water samples in his experiments were always compared from the same original water source and therefore contained the same molecular properties. The photo to the left shows the original molecular structure of the original water samples:

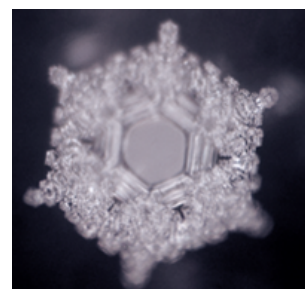


**LOVE FOR HUMANITY**



**YOU MAKE ME SICK,  
I WILL KILL YOU**

Both samples were then put into containers which were sterilised and sealed at which point, he wrote 'love for humanity' on one container and 'you make me sick, I will kill you' on another. After some days, he would photograph the molecular structure of the water to record any changes which took place.



**LOVE AND THANKS**



**AFTER BLESSING**

In some of his other experiments, he worked with the mental stimuli directly whereby he would send loving and kind thoughts towards the water or would simply give the water a blessing. Similar results were achieved. When speaking of his results, Dr Emoto always talks of the intention being the driving force behind the changes.

Remembering that our bodies are over 70% water:



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**If thoughts can do this to water, imagine what they can do to us!**

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He also worked with the vibrational frequencies of music with interesting results. You can find many things on the internet about his work, for example he has also worked with musical frequencies. There are some who have said that his results weren't completed with a high standard of scientific accuracy however with so many different kinds of photos and recorded evidence to be reviewed here, you are able to make up your own mind.

So how is it that a supposedly non-living material is able to respond to a thought or an intention? For us this is a good signal of firstly intelligence and secondly inter-connectedness. Let us continue now to look at another study following a similar genre; let's look at the work done by Dr Clive Backster. Again, these results are being paraphrased somewhat for ease of digestibility.

Dr Clive Backster was one of the top polygraph experts for the CIA, however after many years, he decided that he would turn his focus towards plants i.e. he would hook up the lie detector to plants to gauge the stress results under various conditions.

Now when a lie detector test is conducted on humans, it helps to measure a person's 'Galvanic Skin Response' ('GSR') which measures how well the skin conducts electricity. When a person is stressed internally for example, when they are lying, there can be some dramatic changes in the GSR. Therefore in much the same way, Dr Backster was able to equally test or gauge the amount of stress contained within the plant by measuring its electrochemical signals.

### So what did Backster find?



Firstly, the plant reacted strongly i.e. became stressed, when one of its leaves was severed. Also, the plant reacted most strongly when one of its leaves was burnt. Interestingly, what Backster identified through his experiments was that if he pretended to burn the leaf, say by moving a match towards it but *without the actual intention to do so*, the plant did not react. It was not until he formed a clear intention to burn the leaf that in fact the polygraph spiked!

As part of the same experiments, he also discovered that the plants responded to the death or suffering of other creatures in the same area. This experiment randomly dumped brine shrimp into a tub of boiling

water nearby in the same room and the polygraph gauged the plants reaction. The plant immediately responded to the death of the shrimp!

He also discovered that by pouring boiling water down the sink, the plants would show a similar reaction to that of the shrimp in the previous experiment. Puzzled as to why, he eventually sampled the sink only to find that there was a huge colony of bacteria in there! It turns out that the sink had not been regularly washed.

It was acknowledged by Backster that this discovery was made by accident as the polygraph was always 'hooked up' to the plant and his kitchen was simply located nearby.

From this, he decided to diversify and start testing other living things. Since he had experienced similar results with bacteria, why not try the polygraph on yoghurt; after all yoghurt is just a colony of living bacteria right?

What he found was that the yoghurt behaved in precisely the same ways as the plant did!

For example, one of his experiments was designed to determine whether the bacteria would respond to a person eating yoghurt nearby. The reaction received on the polygraph

mirrored the amount of time that it would take for the digestive juices in the stomach to start breaking it down! It was like the yoghurt was stressed that other yoghurt bacteria were dying in their nearby environment. The yoghurt bacteria also responded to any damages made to a nearby plant amongst other things.



These are just some of Dr Backster's truly astounding results!

It is worth mentioning here that the father of early DNA discoveries & extremely well respected scientist Dr Francis Crick, concluded from years of work in this area that 99.9% of all galactic dust shares the same spectrographic (light wave) signature as freeze dried bacteria. When we combine these two discoveries, well, it's really quite fascinating.

### **Ok so returning back to the subject of interconnected-ness – how does this all tie in?**

Well, it seems pretty obvious so far that there must be some sort of intelligence existing within the water, the plants, & the bacteria.

We saw that the entire structure of water was able to be altered through applying mental stimuli noting that it was the *intention* of the person which was the key.

We also saw that plants and living bacteria could somehow respond to their surrounding environment, showing signs of what we would call 'stress' when there was death or suffering to another living thing nearby.

Ok, let's look now at another scientific experiment, but this time let's focus in a little more detail on something which gives us direct insight into inter-connectedness. So far, although being very interesting to read, we haven't really presented what we would feel to be enough 'left brained' evidence yet.

So, this next set of experiments took place in the early 1990's and can really help to provide some more tangible proof of the true power of our meditative intent and inter-connectedness at work. To start with, let us look at one of the experiments which took place in Washington DC in 1993.

In this, the murder capital of the world, during summer 1993, four thousand volunteers came from over one hundred countries to collectively meditate with a view to have a tangible effect on the surrounding area. It was predicted in advance that with such a large group meditating, there would be an exact 25% reduction in violent crime as per the FBI's statistics.

The chief of police in Washington at the time said that it would take 2 feet of snow for a 25% crime reduction to actually happen but as these experiments continued, slowly but surely the police force became more interested in the experiment until by the end of the summer, they actually became a collaborator and author of the study!

The official results showed a drop of 25% in violent crime in Washington DC over the summer.

The reason why there could be such an accurate prediction made for this Washington experiment was that there had been over 40 previous experiments conducted of this kind across a range of different locations, all being done on a much smaller scale. It is the results from these series of experiments that have been labelled *The Maharishi Effect*.

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***Wikipedia on the Maharishi Effect:*** “The Maharishi Effect is a hypothetical societal benefit resulting from a "significant proportion of the population" practicing the Transcendental Meditation Technique. In the 1960's the Maharishi postulated that the quality of life, the growth of harmony and order in society, would be noticeably improved if ten percent of the population practiced the Transcendental Meditation technique. This requirement was later changed to one percent in 1960 and became known as the 'Maharishi Effect.'”

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So that sounds pretty cool! Now we have some experimental data which suggests that there is a noticeable or even significant difference in the vibration of an entire city just through the power of sending out love through meditative intent.

This experiment can now give us some added confidence in what we are doing in our self-healing. It helps us to think or believe that our self-healing practice is important, not only for ourselves, but for our surrounding environment as well.



And as we continue to move more deeply into our practice, we can begin to get more & more understanding of this sense of one-ness or as its referred to in Buddhism, 'emptiness'. As this continues, we may start to see or feel a glimpse of our own true divine potential, and as we continue to clear away more and more energetic impurities, we can move through our clouds; we move closer towards our sun which is always shining our brilliant divine light for all to benefit.

If we are able to assist you & your mind in more easily grasping the concept of oneness from this discussion, then this makes us truly very happy! Normally, it can be a good idea to satisfy our logical, left brained part of the mind so that when we gain some experiential understanding through healing and meditation, we are better able to work with the blissful oneness vibrations being experienced for all to benefit from.

Ultimately, it is a combination of both types of understanding which can start to have a rather dramatic effect on our overall realisation as we move forward on our healing & meditative path.

We simply urge you to never underestimate the power of these divinely guided energies and above all, never underestimate your own truly divine potential to shine for all!



Ok moving on then, let's look at one last thing; something which pulls all of this together through both mathematics & scientific proof. It is here that we refer you to renowned quantum physicist Dr John Hagelin who claims that science has now discovered the formula or paradigm which explains the ultimate level of truth.

He says that at the most basic level, science has now discovered that the very foundation of our universe, is indeed a non-physical energy source known as:

### **CONSCIOUSNESS :**

**An indescribable, intelligent, energy force which underpins all the laws of nature and by which all things are derived.**

What we see in our daily lives are simply ripples which emerge from this *unified field* in one form or another - but all things emerge from this state of incomprehensible one-ness. He also speaks of his colleagues winning the noble prize thirteen or so years ago with a discovery which has continually evolved into this most amazing discovery of the unified field.

For more information, as always, there are many great videos on 'you tube' to be seen if you are interested about the unified field theory or Dr John Hagelin in general. Actually, there are so many videos out there about scientific theory, quantum physics & the science of consciousness. You really could spend many, many hours here if you are so inclined; the internet really can be a beautiful thing.

The logical conclusion for us here, after highlighting some of these little snippets of scientific information, is that:

*We are all one*

**PATHWAY TO LIGHT**  
**UNIVERSAL LOVE ATTUNEMENTS**

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Within each of us, when we are able to clear away our ego clinging, lies the infinite potential of oneness, the unified field.

Once we are able to clear away our imperfections, our negative energies and once we are able to embrace the idea of full & complete surrender, we are then able to experience that which we already

are and always have been – *Divine Love.*)

The below teaching comes from the beautiful 'Law of One' Series, a very detailed set of channelled teachings brought through during the 1980's by the Love / Light Research Group in America, and we feel that this is a truly wonderful way to conclude our discussions on inter-connectedness. Please enjoy these beautiful & profound words with love & light:

The Law of One, although beyond all words,  
may be approximated by saying that all things are one;  
there is no polarity, no right or wrong, no disharmony,  
but only one identity.

All is one; and that one is love light, light love;  
the Infinite Creator. In each infinitesimal part of yourself  
resides the Infinite Creator in all of its power.  
You are everything, every being, every emotion, every situation.

You are unity.  
You are infinity.  
You are light love.  
You are love light.  
**YOU ARE**

*May we all live with the knowledge that we are divinely unique and infinite beyond imagination. May we all share our love and light with each other as we move closer towards more harmonious states of being.*

*With Love Inspired Blessings,*

**MARTY & GERRY DONNELLY**  
**LOVE INSPIRATION**





*Love Inspiration*

*Learn • Heal • Awaken*

**APPENDIX 2**  
**THE THIRTEEN SCROLLS**  
**OF THE NEW LOVE CONSCIOUSNESS**



## The Thirteen Scrolls Of The New Love Consciousness

# ONE

- ❖ *Open your heart to the universal love consciousness.*

*Open your heart for the benefit of all. Reclaim your truth. Love is your truth.*

- ❖ *Renounce your title; in the face of love there is no label  
(be it land ownership, job, religion etc)*

- ❖ *Do on to others as you would expect for yourself.*

*In fact; give more to others than you would expect for the self.*

- ❖ *Open to the "one-ness" frequency.*

*Do not shield your light from any (one/thing)*

- ❖ *Forgive and let rest.*

*Peace is the precursor to love. And love is the path.*

- ❖ *Open to the light of love*

- ❖ *Lead oneself and others from the temptation of lust, greed, overindulgence,  
hatred, crime and false worship. The latter being the centre of confusion.*

- ❖ *Maintenance of the self through the Divine Love essence  
prolongs enjoyment and wellbeing*

- ❖ *Helping others through the Divine Love essence expands the universal love  
for the benefit of all*

- ❖ *Radiance and beauty shine through love. See the true beauty in all.*



# The Thirteen Scrolls Of The New Love Consciousness

## TWO

- ❖ *Watch others, listen to others and pray with others with your heart open and fulfilled. There is always something to learn from others if your heart is true.*
- ❖ *Foolishness, time-wasting, tom-foolery are not antidotes. Use your time and energy wisely to benefit all.*
- ❖ *Be not lead by those persuasions who speak from their non-centre (ego). This entanglement swerves you from the love-centre path.*
- ❖ *Food, drugs, alcohol and other stimulants or suppressors lead only to the continuation of suffering. Relinquish that which your mind deems 'helpful' and return to the heart.*
- ❖ *Children bring light. Teach them well the true essence of their existence; they walk with love much easier when helped from a young age.*



## The Thirteen Scrolls Of The New Love Consciousness

# THREE

❖ *Watch how you speak to others. They deserve your kindness*

❖ *Open your heart to others.*

*Even if you cannot give them what they have asked for,  
open your heart to them.*

❖ *Do not be ashamed to tell the truth. Love always prevails.*

❖ *Refrain from unkind actions.*

*This, amongst other things, is wasted energy.  
Focus on your true path. (This is not wasted energy).*

❖ *Use resources carefully.*

*(They are not as abundant as you may believe)*

❖ *Care for the earth. Even the smallest gesture helps.*

❖ *Selfishness leads to unhappiness.*

*Share with an open heart.*



## The Thirteen Scrolls Of The New Love Consciousness

# FOUR

❖ *Describe your vision (goal).*

*Talk about it often and fill it with love.*

❖ *Offering love brings many treasures. Try it!*

❖ *Anger breeds punishment. Punishment breeds injustice.*

*Injustice unbalances the equilibrium and continues the pendulum to swing.*

❖ *White light heals all. Use it in abundance.*

❖ *Refrain from mistaking pity for love.*

❖ *Love obscures darkness. Always.*

❖ *Do not limit your belief or understanding of love.*

*It is as powerful as you believe it to be.*



## The Thirteen Scrolls Of The New Love Consciousness

# FIVE

❖ *Open your heart to the kindness of others.  
To receive is also to shine (for all).*

❖ *Your state of health represents your state of mind.  
Keep your thoughts directed on love and watch your illnesses dissolve.*

❖ *Not all is as it seems.  
Reduce your judgements and embrace the unknown.*

❖ *Free the mind from self-pity.  
This leads only to depletion of one's energetic supplies.*

❖ *New is not always better.  
Keep your faith in that which lies within the heart only.*

❖ *Be persistent on your true path. Do not give up or be led astray.*

❖ *Reduce the need to continually invoke past injustices.  
They serve their time only when all can let go of them.*

❖ *Peace is not for serving on a platter; live it, breathe it, be it - for the benefit of all.*



## The Thirteen Scrolls Of The New Love Consciousness

### SIX

- ❖ *Truth represents itself; there is no need to force it.*
- ❖ *Humility and grace light all pathways. Hold them always.*
  - ❖ *Search for your own truth; your own path.*

*Refrain from drinking anything other than your own true essence.*
- ❖ *Help others. Often.*
- ❖ *Practice your gift(s). Others need them as much as you do.*
  - ❖ *Dispel all harsh words in mind and speech.*

*Practice giving and sending your pure love essence.*
- ❖ *Allow old fires to burn out.*
- ❖ *Do not keep them lit in order to punish yourself or others.*
- ❖ *Refrain from expanding your love and life into something it's not.*

*You are exactly who you are meant to be. Embracing this is your gift.*
- ❖ *Be bold in life. With love, surrender that which you do not need and fully embrace that which you are ready to receive.*
- ❖ *The eye does not see love or injustice. The heart experiences it through conditioning.*

*Learn to reduce your conditioned perspective - for the benefit of all.*



## The Thirteen Scrolls Of The New Love Consciousness

# SEVEN

- ❖ *"I am open and willing to change for the benefit of all".*
  - ❖ *Reduce wastage; in every sense.*
  - ❖ *All that is not complete is not incomplete.*  
*Learn to ascertain the difference.*
- ❖ *Understanding one's own darkness allows the emanation of true compassion.*
  - ❖ *Fortification, preservation and defence of the ego is unjust.*  
*It simply seeks to hurt those around you -*  
*and lower the overall vibration of the connected global consciousness.*
  - ❖ *Seek all and you will find nothing.*  
*Seek nothing and you will find all.*
- ❖ *Renunciation brings the effervescence of one's true essence to the surface.*
  - ❖ *Be at peace with the self for it is the only self one has.*
- ❖ *Do not discard the old; all great new understandings are built on the old.*



## The Thirteen Scrolls Of The New Love Consciousness

# EIGHT

❖ *“Do not be fooled by what appears to be outside of reach.*

*Perception is limiting.*

❖ *Allow the grass to grow.*

*When it is cut and moulded into a shape it loses its creative gift for the world.*

❖ *The ‘enemy’ is only a perception.*

*We are all one.*

❖ *Embrace the light, always.*

*Even if it comes after much darkness; it is your gift to receive.*

❖ *Open and you shall receive (for the benefit of all).*

❖ *Creating an ‘optimum’ is a limitation.*

*Practice creating the infinite.*

❖ *Free the mind from all limiting beliefs and alter-egos.*

*These seek to conceal your truth and deceive your pathway.*

❖ *Follow an open expression of pure and true love for all.*

*We cannot continue without it.*





## The Thirteen Scrolls Of The New Love Consciousness

# NINE

❖ *Open your heart to the impurities of others,  
for these often reflect our own - and much can be learned from this.*

❖ *Set freedom the goal for all.  
Envisage this in your heart, regularly.*

❖ *Seek the truth of others and you shall find the truth of self.*

❖ *Enjoy giving truth for this will set you and others free.*

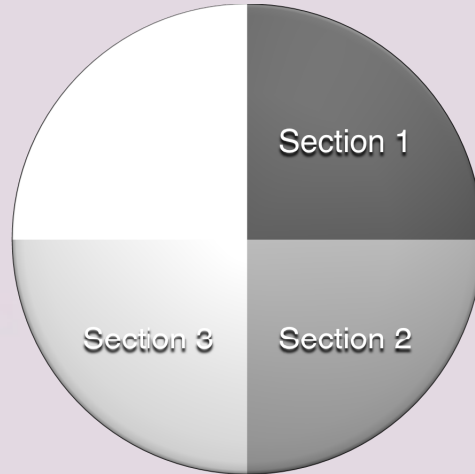
❖ *Believe in your true purpose for each and everyone  
has the potential to gain the light.*



# The Thirteen Scrolls Of The New Love Consciousness

## TEN

### The Four Sections of Life



*The four sections of our life are made up of refined and distilled impurities. In section 1 we note the impurities to be somewhat large, misshapen (foul-shapen), embedded in the ego. In section 2 we note the impurities to be less rigid, less pronounced, more free flowing and less defined. In quadrant 3 we note the harmony balance to be strong. Here there is more freedom yet in some ways, more isolation. Particles of impurities in this phase are more difficult to see; therefore the light required here needs be brighter. There is no quadrant 4. After quadrant 3 is complete, the final stage is a full eclipse, an eclipse of the old and the new. Where time, nor understanding, hold boundaries.*

*This is the teaching of the Tenth love scroll.*

*Know and understand your own boundaries and then with love, release them.*



## The Thirteen Scrolls Of The New Love Consciousness

### TEN (cont'd)

- ❖ *One achieves purity through limitless love. Dissolve and purify anything that limits your love capacity. Dig deep, for these may be well engrained.*
  
- ❖ *Expand the consciousness. Seek all that has not yet been revealed to you with love as the object, always.*
  
- ❖ *Behold your own inner wisdom, you were given this for a reason. May your blessings shine for all.*
  
- ❖ *Light the path to the unknown with love. Those who then follow in your footsteps have much to gain.*
  
- ❖ *Peace, tranquility and divine nature can be egoic concepts. Learn to define the heart from the mind (ego).*



## The Thirteen Scrolls Of The New Love Consciousness

# ELEVEN

❖ *As all is defined, define only as one.*

❖ *Unification of all is key.*

❖ *Know your responsibilities - and forgive yourself,  
for the entirety of your being does not depend on how others perceive you.  
Their light is your light and vice versa.*

❖ *The pathway to wisdom is not straight for a reason. Angles and curves create  
dimension. Dimension creates growth and cultivates joy.*

❖ *Inside each of us lies the heart of the fountain of purity.  
Drink from this often. Enjoy.*

❖ *The ego says 'apples and oranges are not comparable'.  
The flesh of love contains only the distinction of one-ness.*

❖ *Indulgence in life causes greed.  
Free yourself from this limiting circle of behaviour and belief.  
There is always enough for all.*



## The Thirteen Scrolls Of The New Love Consciousness

# ELEVEN (cont'd)

- ❖ *Laughter and joy return us to the innocence from which we came.  
Enjoy this blessing and share it with others.*
  
- ❖ *Railroading conscious thoughts will not cause them to cross into the light. Use the  
power of your own inner thoughts to instead speak your truth.  
Learn this progressively.*
  
- ❖ *Poverty brings truth. There is never shame in truth.  
Light your fire with love, keep warm. For all will become your truth.*
  
- ❖ *Eyes see what the ego depicts. The heart feels what the ego can never. When viewing  
others, look from the heart, for the light of love shall show you the way home.*
  
- ❖ *All the Gods bring love. Spread your focus.*
  
- ❖ *Enhance your beliefs by believing in the power of one.  
The power of all, united and equal. Love is the bridge of unification.*



The Thirteen Scrolls Of The New Love  
Consciousness

TWELVE

❖ *Love always seeks the highest truth.*

*Use love first.*

❖ *Love invokes freedom and freedom invokes love.*

*Nurture thy self and all.*

❖ *Be not afraid to dwell on past foreclosures; the truth is never hidden,  
it is only screened to those without love as their focus.*



## The Thirteen Scrolls Of The New Love Consciousness

# THIRTEEN

❖ *For all who seek me, I shall answer with love.  
For all who betray me, I shall answer with love.  
Instil this within.*

❖ *My truth is not always your truth.  
Forgive others, set yourself free.*

❖ *I am who I am. Know thyself.*

❖ *The truth be told, I shall not lie.*

❖ *Imparting this life, I renounce all.  
With love, I renounce all. With this, I become free.*

*(“With this I become free” means to be an infinite expanse of love, purity and freedom that we are simply unable to express in earthly words. It is the purest form of emptiness or divine understanding. It is the gift of one-ness.)*

***“The Thirteen Scrolls Of The New Love Consciousness  
have now been completed.”***



**PATHWAY TO LIGHT - THE GOLDEN MILE**  
UNIVERSAL LOVE ATTUNEMENTS

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**FOR THE BENEFIT OF ALL**

May all be absolutely & infinitely happy and free from suffering.