JESUS The Simple Truth

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Adam Zend

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Introduction

The information contained in this book was brought forth through the Art of Metaphysical Communication. If you are not familiar with this term then now is the time to do some personal investigation and make yourself aware of its 'true' meaning.

Skeptics and those in authority would have you believe it to be negative or something fake or foolish. You are far more intelligent then they give you credit, so decide for yourself what to believe. Do not allow others to tell 'you' what you can or cannot believe about *Yourself*, about the *World*, or about *God*.

Adam Zend

PROLOGUE

Be not fearful or afraid, seek the truth from within yourself, and find therein the real truth, 'your' truth. Follow 'your' heart and mind in all things as you go forth to make the world a better place for 'all' peoples to live and prosper in peace and unconditional love.

There will be a time when people need to know a more in-depth approach to bringing peace into their daily lives. This will allow them to fully understand the plight of others and to understand that each is living a human experience; an energy being that will one day leave this world.

There are many who are ready to walk a new path, but do not know how to break out of the knowledge shelter that has been created for them by society and their parents. Those who have broken free from such control seek new material that is suitable to help guide them on their new spiritual journey, yet all they find is too many books today that are written with a few pages of true knowledge and a lot of so-called fluff or filler material added simply to drive up the cost for the author and publisher. There is no need for extra wording or extra routine when simply the intention is what the new seekers truly desire. The basic needs of humankind should come first, long before the need for power and wealth.

Remember, "Treat others as you, yourself, wish to be treated." This was given to humankind long before I walked the Earth.

JESUS

THE COMMUNICATION

Question.

Were you born in a manger?

Answer.

Mary and Joseph, my mother and father in that lifetime would be in today's terminology viewed as being from the upper-class. So I was not born in a manger surrounded by domesticated animals as is commonly depicted by the nativity scenes in your current time.

Joseph and Mary were directed to a grotto operated by those who were called Essenes. This was done more for their personal safety rather than for financial reasons or there being no available lodging. I was born in the grotto without any complications.

The grotto was located within the city of David which later many called Bethlehem. Even though the term 'grotto' refers to a cave type dwelling, it was not a dark, damp place as some might think. It was on the same standard of a well run Inn, such as those which catered to the middle and wealthier class of the time. Comfortable, well lighted, clean and dry, and well furnished.

Q.

So you were not of the poorer class as the Holy Bible would have us believe?

Α.

As I just stated, my family in that lifetime was not of the poorer class. Much later, when the religious authority decided to create the story of my life in written form, they decided it would be better for the poor, superstitious and illiterate masses to believe I came from their ranks, rather than from a position of wealth and privilege.

Even in your world of today many of the wealthy and powerful elite are looked upon with distain and mistrust; even though all have their lessons to experience.

Q.

Mary and Joseph came to the city of David because it was required due to the Roman census, is that correct?

A.

Yes, that is correct.

Q.

If your parents were not from the city of David originally, where did they come from?

A.

Mary and Joseph came from Galilee.

Q.

Wasn't Galilee where the Gentiles lived, those who the Orthodox Jews referred too as 'Heathens?'

Α.

There was a time before my birth when the main populous in the city of Galilee was of those known as Gentiles, with smaller sections of the city inhabited by those of the Jewish persuasion and other lesser known groups. Mary and Joseph were Gentile by birth, not Jewish, and had strong ties to those known as Essenes.

For the most part the Gentiles and Jews maintained an uneasy truce between them, yet during Jewish holy days some vigilantly Gentiles would create chaos; sometimes leading to violence and even murder.

Later, because of this harassment a large group of Jewish 'menat-arms' moved into Galilee to stop all violence toward the Jewish inhabitants. Once they had control over the Gentiles the Jews forced them to adopt their laws and religious customs. Those who refused were forced to leave the area, and some were killed outright; which led those who stayed to succumb to the Jewish ways without further resistance.

Mary and Joseph were therefore coerced into the Jewish ways of life. Later, when I was born I was considered a Jew, born of Jewish parents, yet my parents in secret held to their Gentile ways and Essene beliefs.

Q. What role did the Essenes play in your early life?

A.

Most of my childhood educational training came by way of the Essenes at Mount Carmel. They brought forth knowledge concerning the overall prophecies, the basic tenants of reincarnation, how star patterns influence and interact with human events and information concerning the significance of numbers as divined through the so-called occult forces.

I was also instructed by other teachers and tutors in Jewish law and their corresponding customs in my adolescent years. I had the ability to grasp complex ideas and assimilate vast amounts of knowledge in my early youth.

- Q. When did you and your parents live in the city of Nazareth?
- A. We never lived in the so-called city of Nazareth.
- Q. Were you not known as 'Jesus of Nazareth?'

Α.

It was common practice to be called by the city you were associated with or by the name of one's father, such as; 'Jesus of Galilee' or 'Jesus, son of Joseph.' Yet being called 'Jesus of Nazareth' was never used during my lifetime.

Q.

Were you not referred to as 'Jesus of Nazareth' in the old Roman Catholic Bible?

A.

There never was a city called 'Nazareth' during my lifetime. The Orthodox Jews of the time used the word 'Nazarene' to group together all those who were of a different religious philosophy then their own, it had a negative connotation to it.

Later, those in charge of translating the information that would be placed into this book would misinterpret many of the true meanings of words from one language to another.

Many Jews did not like what I came to teach to the common people so they referred to me as a Nazarene; therefore the translators assumed incorrectly that I was from a city 'called' Nazareth, for they did not understand the true meaning of the word 'Nazarene' as used by the Jews. When the mistake was later revealed to the church, a small town in the area was re-named Nazareth to cover up the original misunderstanding.

Q.

I wish to return to your birth at the grotto, what effect did your birth generate?

A.

Word of the arrival of Mary and Joseph had already begun to spread through the community. Joseph had a thriving specialized woodworking business among other ongoing interests that catered to and made him and his family a part of the wealthier Jewish community. False rumors had been spread, which Joseph did not confirm nor deny for his family's protection; saying his bloodline could be traced back to that of the royal house of David. My parents were 'not' of the royal bloodline of David, but many in authority claimed it to be so in order to fulfill the prophetic legend of the so-called savior.

My birth at the grotto therefore brought jubilation to many because the prophets of old had been foretelling of a child who would be born of parents containing the royal bloodline, and that child would be the king of the Jews who would grow to manhood and free them from Roman rule.

So when I was born, word quickly spread that the Messiah had arrived as foretold by the prophets. There were those who celebrated in the streets under the watchful eyes of the small contingent of Roman soldiers stationed nearby.

Q. How did the soldiers react to all that was going on around them?

A.

They observed the joyous scene but made no attempt to intervene. Not because they were afraid the crowd might turn ugly should they try to stop the festivities, even though some had those thoughts; it had more to do with that this wasn't the first time the prophets had made similar claims in the past of a savior king being born and then being proved wrong, so the soldiers were not overly alarmed.

Q.

Did the three Magi, the kings or wise men from other lands bearing gifts visit you and your family as stated in the bible?

A.

They were not Kings from distant lands; simply wealthy merchants seeking to pay homage to the birth of someone whose family they felt might be special or important in some way. They used my birth as a means to meet and try to forge a connection with my father Joseph, thereby hoping to increase their wealth and

standing in the community. My father was very wise in the ways of commerce and human behavior, and did not align himself with these men for he saw through their false gesture and no further contact was forthcoming between them.

Q. What did you look like, your physical appearance?

A.

In my youth my hair was of a lighter shade of red. In my late twenties it was closer to a deep auburn red. It was kept short in my early youth but grown to shoulder length in adulthood, and as stated by other sources it was indeed curly at the ends. I also sported a short thick beard and mustache which was slightly darker then my hair color. My skin tone was medium brown and the more time I spent outside in the sunlight it became a few shades darker.

My eyes were light brown in my adolescence yet over time turned to a darker brown which gave me a more serious, intense look. The reports of me having deep blue or gray eyes were simply false reporting. At full growth I was just short of six feet, which for the time and region I was considered very tall. I had a commanding presence you might say, yet my facial expression conveyed a simple humbleness many could identify with. My weight fluctuated between one hundred and seventy to one hundred and eighty pounds depending on when we were traveling and when we were stationary in an area.

I was not thin and weak looking as depicted in some of the pictures you have hanging in your churches and homes today. I was more muscled and robust in my adult life.

Q. What was the time and date of your birth?

Α.

Since a correct standard does not exist I shall, for your understanding, use the old Julian calendar system, which is only

slightly different from the Gregorian calendar, which most countries use in your present time. Therefore I was born the 12th day of June, in the year 4 AD.

Q. At what time of day were you born?

A.

The world in that time span did not contain 'time zones' as you now have. Days were not broken into seconds, minutes, or hours. But had that day been broken into such increments of time as you have now I was born at '10:32' in the morning.

Q. So you were not born at night on the 25th of December?

A.

No, this was more storytelling by the religious authority. That date was used by the church because many people known to them as pagan's worshiped the winter solstice as a time of rebirth and also many different faiths considered the month of December to be holy according to their beliefs. Therefore the church chose that date because it believed it would be more acceptable to all the people that a divine birth would have occurred at such a time.

Q. So, were there Angels blowing trumpets to announce the birth of the 'Son of God?'

Α.

No, simply more embellishment from the storytellers.

Q.

Is the story of the Immaculate Conception or what some call the 'virgin birth' true?

A.

No, this was simply put forth by the church to give the impression that I was the one and only 'Son of God,' therefore I was divine and holy and to be worshiped and obeyed accordingly.

During that time period in that part of the world reincarnation was a commonly held belief by many faiths, sects, cults and religions. I myself would learn about reincarnation from the Essenes and my travels through distant lands. Holy men, philosophers and scholars would educate me in their differing views concerning many things; one being their understanding of reincarnation which was widely accepted. I incorporated that wisdom into my teaching and would talk about reincarnation to those who followed my teachings as I journeyed forth.

Therefore later when the various stories and writings concerning my life were gathered and placed in written form the church decided to omit anything I had to say concerning reincarnation. They wanted the poor masses to believe they lived only one lifetime, as opposed to many. Therefore the church felt it would be easier to maintain their control over the illiterate people if they thought they only had one chance to get to heaven, and that only by following the decrees and rules of the church could they do so.

Joseph was my biological father, he impregnated Mary and I was conceived in the natural fashion. There have been throughout mankind's history many different religions and cults' claiming their religious Icon or God or Goddess was of a divine 'virgin birth,' yet these are all false claims. They were meant to be symbolic.

Before you ask, at the time of my birth my mother was approaching her seventeenth birthday and my father was midway through his thirty-seventh year.

 \mathbf{Q}

Speaking of conception, what can you tell me about Abortion?

Α.

Abortion is not for humankind to fully understand. It is a lesson for many to learn in order to understand this great choice. There should be acceptance of this practice, though the goal should be to overcome the fear, worry and selfishness associated with it by those who are wishing to carry it out.

God understands when and why some women choose abortion. Through free will God allows them to exercise their decision as it pertains to their soul path. God will not judge you for your decisions, only you will examine the decisions you made based on the lessons you chose to learn and experience.

Those who are 'pro-choice' and those who are 'pro-life' are both correct in their decisions they make concerning abortion. It is a learning experience no matter which path you choose.

Q.

If reincarnation is true then I can assume you have lived other lifetimes on earth?

A.

Yes I have. Many beings incarnate here with the desire of advancing spiritually at an accelerated pace because of the ability it affords them to experience the negative aspect of physical life; whereas back in the spirit world the negative aspect can only be observed or studied, but not truly experienced first hand. Some beings never incarnate into worlds like this one and desire to evolve at a slower rate.

As a teaching, the culmination of all the past lifetimes you have lived and experienced have prepared you for the current life you are now living. Some beings have lived many lifetimes while others have lived fewer; yet all are seeking to advance spiritually, and then there are those like me who come to give hope to those that are wandering aimlessly through their chosen lifetime, or to assist others in evolving spiritually higher.

Many loving beings known to you from the spirit world have incarnated into the human form with you, and you have experienced them in many different ways. Many have been parents, siblings, grand parents, aunts and uncles, close friends, co-workers, casual

acquaintances who you have experienced either in a positive or negative fashion.

Some come in order to teach you through adversity; such events as assault, pedophilia, rape, and murder to name a few. These so-called negative events were experiences designed by you for your personal growth only; not as a form of punishment on any level. Some of these loving beings had a great impact on your life; while others had very little contact with you based on what spiritual course you and they were following in that lifetime.

In some of your previous lives you may have had a close knit family unit which assisted your learning and experiencing during that life, while in other lifetimes you did not require a close family structure to experience your chosen lessons. That is why some families seem to break up and scatter to the winds and others remain close throughout the length of their lifespan.

Q.

Who were the others like you who came to help mankind to evolve?

Α.

Throughout the ages when there is greater suffering and strife in an area upon the earth, a higher evolved being will incarnate into that region to foster hope among the people there. To teach and lead them out of the so-called darkness they now find themselves trapped in. Showing them the way to grow and evolve spiritually.

There have been many such teachers or prophets who have come; some well known while others were long ago forgotten; Muhammad, Buddha, Krishna, Confucius, Gandhi, Dr. King and many others who simply came to assist those who were in seemingly dire need at that point in time.

Q.

In this spirit world you come from are you still called Jesus?

A.

No, Jesus was simply the name given to the human body I occupied at that point in time we're now speaking of.

Q. So what are you called in the spirit world?

A.

In the world of spirit a beings name can be a combination of things, if so desired. On earth you use your five senses to communicate with each other, here on this side of the unseen world we use, for a lack of a better word, 'telepathy' or direct thought to communicate.

Communicating with spoken 'words' in your world can cause misunderstandings and even confusion as to what one person meant to say; which may not be what the other person understood to have been said. Whereas in the world of spirit, using telepathy, where a being sends a pure thought to another being, there is no misunderstanding and the pure thought is communicated and understood completely.

Therefore names in the spirit world, which are sent by pure thought, can contain any combination of vibrating sounds and colors, many which don't register in your world and images which are chosen by the individual being to represent who they are. No spoken words are used, no letters are required for spelling out a name or series of names as you use on earth.

When you go to a psychic or medium to communicate with a lost loved one, they still respond to the name they used in their last incarnation when they walked the earth in the human form; even though they have had many earth names in many lifetimes. This is because of the attachment they held in their last lifetime and to those who are still in a human form.

Those higher beings that come through a medium in order to provide information choose a name that those in the human form can recognize and identify with. The name may represent one higher being or a group of higher beings all using the one name so you will understand where the source of the knowledge is coming from.

Now that I no longer inhabit a human body I do not respond to the earth name of Jesus. I lay that name aside when I left that physical body. For your understanding I am no longer what you might call an individual entity. I have evolved high enough to where I have merged my energy with that of a collective or group of spiritually advanced like minded energy beings. I retain my personality as you might call it yet we all speak as one.

Q.

When you say you no longer respond to the name of Jesus, what happens when people call for your help or pray to you because they know you as the Son of God?

A.

Each being that incarnates into a physical body has, for your understanding, what many humans refer to as an Angel or Guardian Angel; who has agreed to assist and oversee that beings physical life in the human form. That person then, depending on what religion they were raised in for example, may have been taught that Jesus is the one and only Son of God and therefore they pray or call my name when dreadful situations arise in their life seeking some kind of assistance.

I do not respond to their prayers and cries for help when they invoke my name, that is the duty of their so-called guardian angel who is in tune with them. When they call for God or Me or some Saint to save them, heal them, bless them and so forth; then their so-called Angel responds and makes a determination as to what will be done to correct the problem or he may determine to simply take no action.

Sometimes it is a lesson the being itself wished to experience so the Angel takes no action and allows what may 'seem' to the individual to be a dire situation it is confronting to unfold; yet it is simply something the being chose to experience. Now if something is about to occur and the being did not ask to experience this event which may cause great harm or even death to the physical body the being inhabits, the guardian angel will then intervene.

So when my name is called for whatever reason that individuals guardian angel then responds and determines what action, if any, will be taken for the being who they watch over.

Q.

You say we refer to it as an Angel or Guardian Angel for our understanding, what is it then if not a true Angel that watches over us?

A.

Let me first say there are many divisions and castes of beings though the names they are called by simply gives recognition to the type of work they do. Angels, Archangels, Master Teachers and the like are simply names given to those higher evolved energy beings.

Angels have an advanced ability to intervene and offer assistance to many at once which is their primary function. It is not customary for them to aid a single being, even though they could if they so desired. Archangels and Master Teachers who are even more spiritually advanced then Angels can travel between different and lower dimensions when called upon to do so by a specific Creator; such as that which you call God.

So to answer your question, what you would call your 'Angel or Guardian Angel' are simply those energy beings we refer to as 'Spirit Doctors and their Spirit Helpers' and they are the ones who assume that role or function when an individual prays or calls out for assistance

Q.

Wait...what do you mean by a specific Creator or that which we call God? I know here on Earth we have many different interpretations from many different religions explaining who or what God is from their point of view. How is God defined by those in the Spirit World?

Α.

This concept has already been given to humankind, but I will address this question to provide further understanding for those who wish it. First let me just say that communicating with those in the human form is like speaking with a five-year-old child. How do you explain the complexities of the Universe to one who has not yet evolved high enough to comprehend such knowledge?

Now, with that being said let me begin by saying in the World of Spirit there are no religions of any kind. Religion is something humankind invented here on planet earth...

Q.

Wait a minute...so let me say for example the Pope is said to commune with God and then the Pope brings forth those teachings and guidance from God and communicates that information to those of the Catholic faith. You're saying the Pope doesn't commune with God directly, and that the Catholic religion and all other religions for that matter, are just creations of mankind?

A.

That would be a very simple but true statement. The Pope has no 'special' communication with God, no more so than any other being on earth. His overall role in the beginning was simply that of a teacher. The Catholic religion has undergone many changes throughout the centuries. The Catholic Church of today's time would be seen more as a collection of corporations which hold all the vast wealth with the Pope simply occupying a 'figure head' position which contains very little authority. The corporations and their governing boards are running things behind the scenes as it were.

Q.

What about Muhammad, the prophet of Islam, and the Quran?

Α.

Muhammad was simply another higher evolved energy being, such as myself, who incarnated into that time and area of the world to unite the people in order to guide them out of chaos; to show them a better way to live together in peace and harmony.

The Quran and the Bible were both created by mankind, not by the Creator, and both holy books started out uncorrupt in their earlier forms. Yet both were subject to omissions and negative alterations by men of authority and power throughout the following centuries; which was done in order to control, in their respective areas of the world, the uneducated and superstitious people who easily succumb to such unscrupulous manipulations.

Q.

So, when deserving Muslim males die and enter Paradise the Quran states they will find seventy-two virgins waiting for them. You are saying that would be a false statement?

A.

Simply fictitious promises placed in the Islamic holy book in order to secure the obedience of males who religiously anticipate such a reward for their absolute loyalty to Allah.

As I was explaining; all religions on the earth today were created by humankind and none have been sanctioned by God. Now to continue on with your original query about how God is defined by those in the Spirit World; let me first explain that there is no such concept as religion in the world of spirit.

Here on earth some of you refer to yourselves as souls who inhabit a human form. The word 'soul' has religious significance attached to it to give it meaning here on earth. Those on the other side of life are simply known as 'energy beings' who occupy different levels of consciousness based on their overall spiritual evolution. To them your 'God' is simply known as a 'Creator' with no religious connotation attached.

The God you refer to is but one of many Creators who oversee the vastness of dimensional realms. These Creators are exceptional and highly evolved energy beings. They are each in charge, if you will, of a single dimension, for a lack of a better word, and maintain order throughout using the natural and spiritual laws set forth by the 'Source of all life.'

So the Creator, that which you call God, is in overall control of this dimension you now dwell in. Inside this dimension, that which you call God assisted in creating many universes and these contain many galaxies of stars which contain many planets and moons and other cosmic units, all containing life; energy forms of varying degrees, which inhabit the zillions upon zillions of planets and moons. Not millions or billions, or trillions but zillions upon zillions.

The Creator of this one dimension also oversees the welfare of those energy beings that come in order to grow, learn and experience as you seek to advance yourselves into higher realms of consciousness. Each dimension then has a multitude of energy beings, such as you, who are watched over and assisted by a hierarchical group of advanced energy beings; Spirit Doctors, Agents, Angels, Archangels, Master Teachers and other highly evolved beings who then assist the Creator with running and overseeing that dimension.

For example, you yourself may evolve high enough that one day, if you so choose, you can occupy the position of 'Creator' in your own right and should that come about there are those within that dimension who may view you as their one and only God. That is, until those energy beings evolve and advance spiritually to where they understand you are not the God of their limited understanding, but simply a very highly advanced energy being. Then you will realize all energy beings are connected, one to another, through that which those in the spirit world refer to as the 'Source of all Life' which is the originator of all there is.

The 'Source of all Life' for your limited understanding is simply an 'Intelligent, Self-Aware expanding Energy' which created life as we know it. All Creator's or those you would call a God are watched over and supervised as it were by the 'Source of all Life.'

In the human form you have a beginning and an end through your linear time and space understanding. The 'Source of all Life' contains no such limitation. It will be hard for you to fathom but the 'Source of all Life' never had a beginning and will never have an ending. You are living in a created illusion which uses time and space for learning purposes only. In that which you would call your true home world there is no time or space, everything -past, present

and future- are occurring simultaneously and moves in a circular, not linear pattern.

We're back to the 'five-year-old child' thing again. You may never truly understand this concept while in the human form, or even when you are back in the world of spirit, but as you continue to grow in spiritual awareness it will make more and more sense to you as you evolve.

Just know that when you, the energy being, leaves this human body and return to the world of spirit, you will 'not' become all knowing or enlightened as it were. Some energy beings will make great strides in their individual advancement while others will advance very little, if at all. All proceed at their own pace; just as you in the human form have many who are viewed as being highly educated and many who are not.

Now there is nothing higher or more advanced than the 'Source of all Life.' Yet it does have a counterpart. This will be very hard to understand so let me give you a simple analogy to help; think along the lines of your concept of 'Yin and Yang,' 'Matter and Anti-Matter,' 'Positive and Negative.'

Q. So if the 'Source of all Life' is good, its counterpart is evil?

A.

No...it is not evil, or bad, or sinister, or going to harm anyone in any fashion. Humankind thinks in very primitive ways when it doesn't comprehend something new or different. I can see we're back to the five-year-old thing again; this may or may not make more sense after you have time to think deeper about it. Just know, there are those on this side of life, in the spirit world, who have no knowledge or true understanding of the Source of all Life's counterpart. So do not feel less knowledgeable about this, for as you seek to evolve higher you will one day come to a more complete understating of this.

Q.

Alright, tell me about this 'Master Teacher?'

Α.

The Master Teacher is the highest evolved entity involved in your human life. Everyone walking around on earth has one. He observes and watches over those who assist you, such as your Spirit Doctor and Spirit helpers, and makes any necessary corrections concerning those who assist you in that lifetime. He, as a general rule, has little direct contact with you as he allows the others to handle that part of your overall journey.

When you reach a point of death, he has the final say as to whether you may leave your human body or whether you will remain to complete unfinished business. He will look at the manner in which you chose to exit this life through the avenue called death, and make his determination as to whether you have progressed as far as possible with your chosen lessons.

Now if outside, unforeseen forces bring you to death's door sooner then you had planned, then it will be your Master Teachers decision to allow an earlier termination of your physical existence, or to allow it to continue on. An example would be if another human used its free will in an unexpected manner, which would put you in a situation where you would die; say you were shot during a robbery and this was not something you had programmed to experience. Your Spirit Doctor would respond immediately to the situation and make contact with your Master Teacher.

Your Master Teacher then would make his final determination concerning whether he felt you had accomplished those experiences and lessons you chose for yourself, or if you still needed more time to accomplish your goals. If he decided you were not ready to die, he would then instruct your Spirit Doctor to intervene with healing energy and return you to a physical state in which you could still accomplish what you came to do.

The majority of times in situations like this, your energy being or that which some call the soul is allowed to temporarily leave the physical body to meet with his Master Teacher, Spirit Doctor and his other Spirit helpers. You will then be told what has occurred and you will have input into how you wish to proceed, but the final decision is up to your Master Teacher.

Say for example your physical body has sustained enough damage from the gunshot wounds to bring on death to your physical body, yet healing energy from your Spirit Doctor can stop the death and restore your body but to only sixty percent of its original functioning. If the Master Teacher feels you can still accomplish your goals, he will instruct your Spirit Doctor to administer the healing energy required. If he should determine you could not complete your chosen lessons with a body of diminished capacity he would then instruct your Spirit Doctor to allow the physical body to perish, and assist you in removing yourself from it and guiding you back to the spirit world.

Q. Alright, please tell me of your early childhood?

A

I was raised as all young Jewish males who were from wealthy families. My first language was Aramaic and I was taught to speak, read and write in Hebrew as well. I was also taught the laws and customs of the Jewish faith. As mentioned earlier the Essenes taught me their beliefs and faith. Later I learned to speak basic Greek and Latin, yet I could not read or write in either of those languages as some may claim.

Since we were financially well off my mother paid for tutors to further my education in many different subjects, and I was a quick learner. As a teenager I had a great thirst for knowledge, and would seek out anyone who had traveled to distant cities or foreign lands to listen to their stories and adventures.

At the age of fourteen, I begged my parents to let me go travel to distant cities and even to venture to distant lands, yet my father, Joseph, said no. He was afraid for my safety as any parent would be, yet my mother, Mary, was open to the idea. She knew what I longed for and understood my desire for truth and knowledge. She more so than my father knew I had to seek and walk my own path in life.

I and my mother finally wore my father down and he reluctantly agreed to let me go on this journey of discovery. I was close to my sixteenth birthday when this happened. Money, supplies and a small entourage of family and close friends accompanied me.

First we traveled through various villages, small towns and spent some time in larger cities. This took up almost a year and a half. Then later after returning home I stayed for several months before my little group resupplied and with my parent's blessings started on the longer journey to visit distant lands.

As a young boy I knew I was different from the other boys my age. I did not come into this life to be the Savior or Messiah or to die for the sins of mankind, but I was made aware I would be a teacher and philosopher for those living at that time and in that area of the world. That was my true and only destiny.

Q. Who made you aware?

A.

There are those in your world who would say I had the ability to communicate directly with God. I did have what is called the gift of clairaudience that came to me at a very early age. When this 'voice' spoke it came to me as the voice of another child and I was not afraid. The voice spoke from within my head as with pure thought and I would respond to it by sending thoughts back.

Several years later at age seven I told my mother of this and she told me; be not afraid for the 'voice' was of God and would guide me through this life. As I grew into manhood the voice also seemed to age as I did, it was no longer a child's voice I heard. I was very comfortable in accepting its guidance and wisdom.

Q. So God spoke directly to you while you were in the human form?

A.

The voice was that of a higher developed energy being known as a Spirit Doctor which I mentioned earlier.

The name 'Spirit Doctor' simply denotes the position of an energy being who has advanced in the overall hierarchy of the realm he dwells within. Much like when someone on earth who obtains

many years of higher education and has earned or been awarded the title of 'Doctor of Philosophy' or PhD.

The Spirit Doctor is the one who oversees and assists you in learning and experiencing the lessons you chose before you incarnated. So when you find yourselves in times of physical, emotional, mental or spiritual hardship for whatever reason, and you call out or pray for God, or Me, or an Angel, or a Saint to come assist you in your time of great need or sorrow; it is your Spirit Doctor who responds to your plea or request as I explained earlier.

Q.

Would you say, for a lack of a better word, humans, in the overall sense, are somewhat unsophisticated?

A.

Humans are not spiritually, emotionally and intellectually evolved enough to comprehend what is occurring on the higher levels of creation, of which they are a very tiny part of the vastness of all true life.

Humans ask questions and when they don't understand the answer, or if the answer goes against their personal beliefs, they simply disregard the truth and are happy to go on believing the falsehood because they are afraid to go against the 'herd' mentality.

For example, there are those who will read this communication and know it for the truth it brings to light concerning my true life when I walked the earth as Jesus. Then there are the many who will not believe in this truth, because they were taught to believe only what is contained in their holy book or only what has been told to them by their religious leaders.

Fear is a very strong motivator and those with religious authority, and the majority of nations, have known and used this for centuries to maintain control over the people. How many would truly admit they have never read their holy book and simply took someone else's word for what it claims to say. Then there are those who tried to read their holy book and did not understand it, or felt its message was misguided or false, yet still said they believed. Many people live their life based on beliefs they don't truly understand, yet are willing to judge and condemn others for having different beliefs.

So to answer your question, humans are not unsophisticated, they are simply afraid to seek the real truth; for once they have the real truth they must change and evolve. Many humans fear change and thus are happy living in the falsehood where the 'illusion' of security lurks.

Q.

The so called 'lost years of Jesus,' what took place during those years?

A.

Late in my seventeenth year I set out once more with my little entourage to travel to foreign lands to further my knowledge and receive the teachings from great scholars, holy men and philosophers of the time. My 'educational' travels took me through what today would be called the countries of Egypt, Jordan, Israel, Arabia, Syria, Jordan, Iraq, Turkey, Iran, Afghanistan, Pakistan, India, Nepal and Tibet.

During my travels I received communication through clairaudience from my earlier mentioned Spirit Doctor. When I felt the need I would simply go sit in a cool, quiet, shaded place and close my eyes and the communication would begin. Knowledge was given to me, but not all of my questions would be answered. Much I was expected to discover on my own, you must live your own life; no one else can live it for you.

Q.

What kind of other knowledge was given to you outside of the educational schooling?

A.

Very early on in my pre-teens we discussed things a young boy would be concerned about. I loved my parents dearly, but I was closer to my mother than my father. Yet there were things I felt more comfortable asking my Spirit Doctor, who appeared to me as a teenager, rather then asking my parents.

Q. What kind of things?

Α.

Things an adolescent boy would be concerned with; such as having 'feelings' for a young girl and was it wrong to masturbate, things of that nature. As I grew out of my adolescent years my questions also evolved. I was gently guided in the direction of social, religious, economical and political aspects of life and how those things interacted and affected the common people of that time period.

What I could do to help those who were lost and wandering in the so-called darkness became my focus in that lifetime. As I grew into young adulthood my Spirit Doctor was guiding me in the direction of passing on the teachings I was receiving from him.

When I spoke in my youth to those who were of the Jewish religious authority, many were impressed with my knowledge on spiritual matters. Some would sit and ask me many questions and what I did not know; my Spirit Doctor was always nearby and would send me the answer telepathically.

Yet, unknown to me at the time, there were those present who would later succumb to the seeds of jealousy and take steps to curtail my teachings.

Q. Did you have feelings for a certain girl?

A.

Yes, her name was Mary and she was born in the city of Magdala. She was what you would term a soul mate in that lifetime, and no the stories of her being a whore and the like were simply false writings added later on to show we had no true personal connection.

Q.

You say she 'was' your soul mate in that lifetime, is she not your soul mate now?

Α.

In your present time many think of soul mates as two lovers coming together and being united so to speak as one. That does occur but soul mates are more often simply just those known to you as friends and co-workers. They come into your life, some for long and some for short periods of time, so that you and they can progress spiritually.

Many who join together as soul mates do so because they had agreed to this before they incarnated into this physical world. Free will can also play a role when two souls find a connection while in the human form, which may involve the two souls remembering a past lifetime they shared together.

Soul mates can also be defined as a 'group' of souls assisting each other in growing and experiencing in order to further their advancement to higher levels of knowledge and wisdom; which is the most common type of soul mates seen in your physical realm.

Mary of Magdala and I joined together to aid and assist each other in that lifetime, but the soul mate connection was not maintained once we returned to the other side.

My mother, Mary, would have also been classified as my soul mate in that lifetime, and for your information that being who lived the life of my mother is not known as a saint in the world of spirit. Those titles of saint only exist in your physical world. Those who call upon her as Saint Mary or Virgin Mother; she does not respond as I explained earlier to those pleas or prayers. But those who do call for Jesus Christ or Saint Mary or whomever, their prayers and cries for help are addressed by their Spirit Doctor or Angel if you wish. So you are always watched over and cared for.

Q.

Were you and Mary of Magdala married then, as some sources claim?

A.

Yes we were husband and wife, and where the bible speaks of a wedding feast at Cana was actually 'our' wedding. The church did not want me to be seen as an average man living an average life so

they claimed later, when the bible was created, that I was just a guest at this event and performed my first miracle there; that of turning water into wine so that people would focus upon the so called 'miracle' and pay no attention to who the wedding was for.

Before you ask, no, I did not change water into wine. As I just explained, it was just a ruse by the church to maintain my 'son of god' image. As you would say today, it was just an attempt to redirect the peoples attention from what was truly happening.

Somewhat like the way your government of today has redirected your attention and focus on current and past events that it felt the people of this land should not be made aware of. It is much easier to govern and control if the citizens are, as you would say, kept in the dark concerning the 'back room deals' and what truly occurs behind closed doors. Democracy has been reduced simply to a 'catch phrase' for true democracy no longer exists in your current government.

Your government no longer listens to the will of the people. Very little has changed in the world of today, compared to the world of yesterday, as seen through your ever advancing time-line of history. Many religions and governments all over the world still conceal the truth from those people they claim to serve and protect.

Q.
Did you and Mary of Magdala have any children?

A.

Yes, but we were in our middle thirties before we decided upon bringing forth a family. Mary, my wife, traveled with me and my small group during our second adventure. Later on we decided upon bringing forth a family which consisted of three daughters; stair-step children as you would term it today and they chose us as their parents. Two would be somewhat involved in fostering my teachings to others, and the youngest one would have nothing to do with my teachings, she was walking her own path. She would have been seen as a rebellious teen in your would of today. We were not close during that lifetime, nor was she close to her mother. She never saw her twentieth birthday and died a violent death; of which she, that energy being living that life, chose before incarnating.

Q.

So you were not able to intervene and stop her death?

A.

The energy being that set up that learning experience only required a short lifetime to achieve its goals; therefore it was ready to return home once it had accomplished its main lesson. Why would anyone try and stop another beings lesson or force it to change its chosen path to enlightenment? If someone used their free-will and forced a change, the energy-being may have to return again into another lifetime to complete its chosen task or lesson in order to facilitate its spiritual advancement. Can you understand?

Q.

Yes...before I forget to ask, what were your daughters' names?

A.

The oldest was Jemima, the middle daughter was called Susanne and the youngest was named after my mother and my wife; she was called 'Little Mary' during her early childhood.

Q.

I'm curious to know what your Spirit Doctor had to say about masturbation.

A.

He simply explained that it was a natural urge experienced by the young and old, male and female alike. I was also told that no shame or guilt should be attached to this act which was there for all those in the human form to enjoy and experience.

As a teaching, he told me that masturbation at its core is simply a desire to create something from an individuals mind and body. Some examples of this would be creating music, a beautiful painting, building something with your hands, or writing a book; anything that is brought into material form and is expressed and created by the individual.

Because the need to create is not being fulfilled by the individual, that energy expresses itself through other means; the excessive need of masturbation being just one of them. Until the individual creates something or seeks to produce something more tangible with a measureable result, the person will feel the need to release that creative energy through these other self-indulgent behaviors.

Q. Continuing on with your lost years, what else occurred?

A.

My journey or path I followed involved seeking out those individuals who would share and teach their customs, their religion, their philosophy, and their wisdom to me. Traveling throughout many villages and cities of many foreign lands; I would seek them out, those scholars and holy men, and I would sit at their feet as an eager student absorbing everything they had to teach or convey, and when they finished I would then give voice to my knowledge and wisdom.

Many people came to hear our discussions and many followed my small group as we journeyed forth. There were also many who did not want to hear my words and the truth they contained; so for safety reasons we would simply avoid violence and move on when we encountered such areas.

Q. Were you baptized by John the Baptist?

A.

No, that event never took place. John the Baptist used that which you call baptism as a means to symbolically wash away the so-called inherent sins of mankind. I did not subscribe to his philosophical or religious views and therefore I was indifferent to his method of conveying his beliefs to those who followed him. There is no such thing as 'sin' which is something certain religions created centuries

ago as a means to dominate those individuals who succumb easily to such falsehoods.

Q. Did the temptation of Satan in the Judean desert occur?

A.

I was not 'tempted' by the one you call Satan. Lucifer or the Devil or Satan as you call him never truly existed as an individual or energy being. Lucifer was not a fallen angel from heaven. This was just a fabricated story placed in the holy books of certain religions in order to show the difference between good and evil, right and wrong. It was symbolic in nature, but many took it to be literal. There is no such place as heaven, nor is there a hell; these places live only in the imagination of humankind.

Those in religious authority used the created character of Lucifer, or that which some call Satan, simply as a means to control the uneducated and superstitious masses and to ensure that their authority and rules would be obeyed. Hell is simply a fictional place created by organized religion; no one goes to hell nor does their soul burn for eternity.

My time in the desert was simply my communing and meditating with my Spirit Doctor, who was providing healing energy for my physical form to make it stronger. Meditation for your understanding is simply another word for praying. We also were discussing the different things I would be imparting to those peoples I would later encounter.

I was in the desert only three weeks, not the forty days as some state, and I did not fast for three weeks. Only two days of fasting occurred during that period and it was simply to cleanse the physical body of impurities.

Q.

So you say prayer and meditation are one in the same thing?

A.

Yes, they share the same basic concept of purpose. It is simply a matter of your intent. Select your outcome; envision it as you would enjoy it coming to fruition. Ask that energy be sent so that it is done. This is the same manner by which healing or other energy is transferred. You can send energy to it. You can repeat your statement of intent in your mind as often as you wish. This will radiate out from your body and deliver the energy into the universe.

The fact that your mind is the power that constructs the universe around you, this is doing the same. Your energy emanates from all around you. Know that some things will not be interfered with and there are some that may ultimately change because of the energy directed by you and others towards it. It is only necessary to speak the positive outcome you desire.

It is only necessary to have in your mind the vision of the completed outcome that you wish to achieve. The act of praying or meditating for others is as simple as asking for prayers, meditation or positive outcome for yourself in certain situations.

Simply settle your thoughts on the outcome or action you would like to see, then visualize this energy leaving your body and affecting the universe for the positive development of this event, action or feeling which will contribute greatly to it. This act is done with all thoughts that you hold true and visualization helps the physical body and the physical mind perceive the true nature of what it is attempting to create.

It is not always necessary to visualize, simply settle on your intention, your desired actions and outcomes. The energy will be released simply by your repetitive thought energy or words spoken. It matters not how this outcome is affected by your energy if it was never meant to be. Realize that for some, no matter what energy you wish upon them, there will not be change until they are ready for this and accept it and desire it.

The correct prayer or meditation is the one full of universal positive creation; that which is done without vanity, without attempting to change the events for personal gain and selfish interests.

Healing energy is not the only type of energy which is channeled by humankind. Know that each emotion is energy and each emotion, the energy within it, can be sent as you would send healing energy through you to another being. Anything can be sent; the emotion, the action desired, the energy associated with it in its truest form and purest form can be channeled. It is important for all to know that you are not required to enter a trance state in order to channel. Simply meditate on the energy and send it from you.

All human beings can channel; most are channels for their own energy without being aware of it and therefore cause actions and reactions without being aware of their direct affect upon their own lives. All can channel energy to others and all can receive from others.

0.

You mentioned the universe a couple times; what function does it serve for those of us in the human form?

A.

The universe is here for your enjoyment, for your learning, for your development. This is a place where trial and error can be exercised. Much learning in any physical or energy form can be done through reading, but much more is grasped and carried out when a form is placed within a situation and made to exercise judgment from within the confines of that reality.

There is much learning understood by reading on theories of existence, or the reason for any specific function you wish to learn. It is only through immersion and practice that you gain true knowledge, experience and wisdom of those who have gone through before you.

There was a need for those in the energy form to experience this physical world to exercise judgment. Judgment is multifaceted and an important part of your creation and deliverance to higher realms. In this place of learning, it is of importance to understand that you are not isolated from any other realm or dimension while you are in this physical world. There are many who travel between each area and there are none who are untouched or unrelated in terms of travel, ideas, and the energy that reaches each area. All are related, all are in a cycle that is entrenched in their own creation.

The purpose is to acquire true knowledge, to interact with the world. Each is a creator in their own right and this also allows you direct and immediate contact with these abilities, though there are

many through the process of their learning who are equally involved in destruction. Just remember, there is not a single place in the world that is unjust, only the illusion of injustice is present for learning and experiencing as you seek to advance spiritually.

Q.

If the concept of Heaven and Hell were manmade, where is it exactly that we go in the Spirit World after death?

A.

This concept of Heaven and Hell was first used by various faiths and religions to show the symbolic difference between right and wrong, good and evil; but as time passed it was transformed into a technique used to coerce the people into abeyance through religious manmade ideology or dogma.

If you obeyed the religious authority, they granted your soul the right to go to Heaven and be with God. If you disobeyed their authority, then you were damned to Hell and your soul was given to Satan to burn for all eternity. It was simply a way in which organized religion could scare people into believing they had power over their immortal soul.

The average person knows very little of what they truly believe about their God, so it was easy for religion to gain the upper hand through their basic ignorance. Never underestimate the power of propaganda to control others; especially when used by someone who is perceived as an authority figure by the people they claim to serve.

Therefore, all souls, which are simply energy beings were created and given free will in order that they may incarnate into the physical world to experience the many facets of love. That is what this planet you call earth teaches. True, 'unconditional' love – which many of you do not understand the true meaning of the word – takes many lifetimes for the average energy being to master, and that is the journey you are now on. During each of these human lifetimes you try to learn and experience the lessons you chose for your individual spiritual growth and awareness. Some lessons you accomplish, some you do not.

You enter each lifetime with no memory of past lives or of the world from which you came so you are not distracted while working

through the present lifetime. Without the physical body you could not experience the negative side of things. The human form is able to experience pain and suffering; physically, mentally, emotionally and spiritually, whereas in your 'energy' form you cannot truly experience those negative lessons.

When you come to the end of that lifetime you chose, then you return to the other side through the avenue called death. Fear not death, for your energy form experiences no pain when you leave behind your physical body. It is truly a joyous occasion when you return home where true friends and loved ones await your arrival.

The earth as some of you call it is simply a created illusion, a place if you will which contains the illusion of dense matter where you can come and occupy a physical form which allows you to experience life through this created form. The spirit world is also a created illusion, and like earth you will need a form to contain your true energy self.

This form required in the world of spirit is called by some an ethereal form. This form resembles the form you held when you were earth bound, except it has no defects and displays itself in near perfection. This ethereal covering requires no food, drink or oxygen as did your human body on earth. Your ethereal body does not suffer from the aging process. This ethereal body 'does' contain higher emotions, but not like the lower animalistic emotions – such as anger, hate, jealousy, envy - you now experience in the human form because it is operating on a spiritually higher vibrational level.

The human body allows you to experience your world through its five basic senses – touch, smell, sight, taste and hearing - which give your physical world the illusion of being real. The ethereal body for those in the spirit world gives them the same sensation of making their created world seem real to them, but without the dense matter senses humans experience.

Energy beings that incarnate to earth and take on the human form all dwell on the same level. That means you have contact with those who are considered the smartest people, those who are average thinkers, and those at the lower end who are considered idiots in your world. All living together on the same level as they experience their chosen lessons.

In the world of spirit there is a separation. All ethereal beings there live in one of the seven major zones of consciousness with other like minded ethereal beings. Each major zone contains seven sub-levels. These seven major zones are based on how enlightened or spiritually advanced you have become. The law of attraction is in full operation, like attracts like. As you work to ascend through the sub-levels of each major zone, you discover each level is more sublime then the preceding one.

Q. Could you provide an example of what you're talking about?

A.

Yes...say in your ethereal form you live and dwell on the 3rd major zone, on sub-level number 4 in the Spirit World. You incarnate to earth and take on a female human form which you feel will help you with your chosen lessons. You lived that life and achieved most of the desired lessons and experiences. You chose that life to last ninety-two years and then you died and returned to the world of spirit. Let's say during that lifetime you progressed spiritually. So instead of returning to the 4th sub-level of major zone number 3, you advanced to the 5th sub-level of major zone number 3.

Therefore, once you spiritually grow and advance through all the seven sub-levels of a major zone, you then enter the next major zone and start working your way through that major zone's sub-levels. When you reach the 7th major zone, and reach the 7th sub-level of that major zone you have become spiritually enlightened and have mastered all that is contained therein. You are now prepared to enter into the next phase of your development. When you have completed the entire 7th major zone you will no longer need an ethereal form and you will be seen as pure energy or what some refer to as a beautiful bright light.

For a better understanding view these seven major zones of consciousness as encircling the earth. Now understand each planetary system contains its own individual consciousness of higher and lower vibrations. All levels of consciousness meet and blend together so when you complete this journey you are then prepared to move to another planetary system and start working your way through its specific lessons and teachings as you seek to advance your spiritual awareness. Not only do planetary systems have zones of consciousness to experience, but so do the stars, galaxies, and all

cosmic elements within a dimension as well; all vibrating on a higher or lower frequency of spiritual awareness.

Q.

When your ministry began did you already have your twelve apostles picked out?

A.

There were no twelve apostles; I was not seeking to start a new religion, nor advance any other already established religious idea. I was comfortable working within those religions that were already in place by mankind. My role for that lifetime was simply to teach by example the concepts of living a more loving, moral and ethical life pattern so as to foster hope within those peoples of that time and place who were spiritually lost.

The bible stories of apostles and devoted disciples going forth and thereby ushering in a new religion called Christianity based in part on my life; was all brought forth long after my lifetime was over. I did not come for that reason. I did not participate in any socalled ministry.

There were those who did attach themselves to my little group as I traveled and later when I stopped teaching; they formed their own groups who continued on with my teachings and added much more as they proceeded onward with my truth. Unfortunately they changed the core of my teachings to fit their beliefs and their ego need for authority and wealth, which over the following 300 years after my true death led to the birth of the various Christian religious sects and denominations as you now experience them; along with it's many diverse bibles diluted and corrupted through greed and power.

How would you feel if you incarnated into a specific place and time with the desire to teach and assist those who were desperate for moral guidance; only to observe later that what you did during your lifetime was then twisted and used by others to create a new religion which would use murder and torture to gain control over those it falsely professed to guide and protect?

Christianity has brought sadness to my heart; for it enslaves those who are simply seeking to fulfill their spiritual need for growth and advancement. They fall prey to the falsehoods of religion itself, and no longer seek the real truth that leads to self discovery of the true god potential that lies within each individual.

Q.

The bible contains the canonical gospels of John, Mark, Matthew and Luke. Do their written accounts not reflect your overall life and your basic core teachings?

A.

The bible in the beginning was simply a collection of stories that may be considered fables or moral stories. Some were based on actual events while others were simply handed down word-of-mouth as lessons for those who needed the symbolism. Many sections were originally written using direct spirit communication and even sections that were given to this planet by other beings from other planetary systems and from those you would term to be light beings or Master Teachers...

Q.

Wait a minute...beings from other planetary systems...you're talking about aliens?

A.

Those many of you call extraterrestrials, yes indeed.

Q.

So if aliens exist, why haven't they made official contact with our government?

Α.

Much has been done to create an atmosphere that will have beings from off the planet received more readily. There are those individuals that have had sightings that are unexplained, and this is being done in hopes that it will foster the ability for those people to welcome them, and not assume that it is an attack on the Earth.

There is much that is being discussed as more and more living on the Earth have witnessed unexplained events in the sky. More will be done in the future to prepare the mindset of those who are less readily open and welcome to such off-world visitors. It is not important that all believe in sentient life, but the ability to conceive the potential for other life is important. You are not alone in the vastness of creation.

There are those who have visions and experiences and as soon as they look at these events more critically, to go about the process of examining them deeper, they will see that it was not a random event or something that they can dismiss as a random event. More and more these discussions are taking place by many who would have before been uncomfortable talking openly about these events.

There are many who share these beliefs that share a knowing, that there are beings beyond that of the Earth and can exist in the same manner of your physical existence here. It will take a time of great upheaval before they will render themselves available in physical form and directly available on the steps of any earthly government building.

At present, they will be coming to your aid once there is greater seemingly chaos or events that cause disorder of those that would cause harm or seek to control their existence. It will take some time yet before they're physically witnessed on the ground by large numbers of life forms on the Earth.

Waking to this knowledge is important for those who will be experiencing it. There are many who have always known there would be contact and information shared between life on Earth and that which does not come directly form it in the present form. There are others who are coming to this knowledge now, and will experience it with greater ease when more share information between those that have known, and those that have only recently known. It is important to continue your patience for there are many who will need to be made aware of the possibility simply because they have never conceived such a possibility. Not simply because they do not believe, but because they have never considered that as a potential outcome.

It is important to know that there are many who say that there will be violent entities, alien creatures who wish to do harm to the Earth or enslave it. This is not true. The only entities that shall interact with any life on this planet will be peaceful and of an evolved degree that will only allow sharing of information for the improvement of all that inhabit it at the time they disclose themselves. There will be a peace in the aftermath and they will help user in a new type of technology and beliefs for those who are present. There is not a time when the Earth will be enslaved by outside beings. It is important to know that there is much done to create a peaceful intervention so that no outside negative influence interferes with the Earth.

Q.

What about those that are called 'Root Races,' are they aliens from other galaxies?

A.

No, they are the same as you. These are simply classes of beings that come in waves and generations. Each individual may have a mission and goals to accomplish, but an overall group that begins to enter the world has a higher purpose. Each may be seen as a new age when they enter.

There are always higher goods to be done, but these beings enter the world with much more to work in as a catalyst for previous generations already on the planet. They can begin seeding the planet with new ideas, new terms, learning and understanding the past and bringing it along to the new ways. Each may also bring subtle physical differences which may not seem visible; these are subtle changes in the evolution of man, in part because of man's control over his physical realm and others seen from your plane as needed improvements to come with the coming age and changes that will be experienced.

You can see this as marked time periods throughout history when there were major thought shifts, major developments in the society of man and the views expressed by them. It is needed to be known that there are some changes that take millions of years, all improving the human experience, or making it more worth-while to those who decide to venture into it.

Classes of people often do not understand those who have come before them, and as much as this is a learning process for those who are present, this is also a learning for those who are coming in; to learn from the old, or to accept it, in order to experience it, to break free from it and to push on with the new for the betterment of all in this existence.

There are many who have outside influences from other races. These are called gemantrai. These are a combination or by-product of two or more species of existence mixing at any one time. These are not merely intermingling of animals as you might use that as an example. There are also changes and additions of DNA by other species to attempt to improve and contribute for the higher good of humanity.

Now, to continue where I left off concerning the bible; there has been much work to control the bible and use if for selfish purposes. Yet many when writing various stories that later became this collection also created more elaborate stories to make for a more interesting storyline, from their point of view, while others were simply attempting to convey the gravity of the situation.

This book was to give purpose and direction to those who were wandering aimlessly. Realizing this will remove the controlling hold it has over an individual or a group of people who are following this book as though it were an inflexible document and all binding. There was much done to it to change it from its original format, which was intended to be a symbolic guidebook and positive reference for the people of that time.

There were those who included the overall fictional account of my lifetime because they knew they could mold my life to fit the prophecies foretelling of a messiah who would free the people, and they added the threat of my return, judgment day, to further ensure that a proper behavior would be had from the subordinate people who believed in this so-called Holy book. If you take a small amount of truth and combine it with a large amount of falsehood, people will believe the intended lie because it contains truth. Adolf Hitler of Germany used this very technique to sway his people, and it is the same tool used by your government of today to control the citizens of this 'once' great nation.

Q.

Wait a second...you mentioned Hitler...if there is no hell for someone like him, where is he now?

A.

That energy being, who lived that lifetime as the one you called Adolf Hitler returned to the area of light or what some call the spirit world. He was not judged or condemned by the Creator and was not forced to punish himself, but was to undergo a form of counseling. Many of the actions and developments and forms of review he underwent upon his return were self-imposed.

It is possible, for any being, to accomplish such acts as were carried out in his lifetime as Adolf Hitler and be unaware of the severity of their actions. He was able to return, if he chose, and not fully become aware of the direct involvement and severity of his acts. This being has made progress through counseling, through reviews, through reflection of the actions that were taken during that specific lifetime. It is in this process now that he currently finds himself and there is much progress being made.

There were many things that were not reported through historical records or through the media, or through the controlled outlets of the time. There were many things that were taking place within this lifetime, which led to this series of events for many to undergo and experience. It was not necessarily an evil act, as some would term it, but an attempt to display the atrocities of the relating actions and ideals that brought forth this mentality into the world. That which lead to violent death and actions taken in the name of the government who sanctioned and made right, true or correct the actions of the people for the sake of power.

It should be evidenced by historical document that there were no lasting positive outcomes that could have been brought about by acting in this manner; developed hatred, annihilation, these are not useful, but men and women of this planet regularly engage in them on some scale. This was the goal of the lifetime known as Hitler to involve him in these actions in this manner; though there was a great deal of external motivation and influence by those with whom he surrounded himself. For, it was not entirely his motivations alone that led to the 'final solution' as some termed it, but as the central figurehead he caught all the blame.

It is often the understanding of many that there was a need to intervene and therefore you find it acceptable to allow an 'eye for an eye' mentality. While this may appear true, there are other means that would have allowed for the removal of such a destructive force. This was a grand attempt to teach the world the meaning of unconditional love, peace, compassion and to be aware of the understanding involved in the motivations pushing these actions. There are many who experienced this time on many sides of the war and many sides of the morals held by many.

There are many who will not have relinquished these ideals and those who have crossed over from the physical existence who will not immediately understand. Those energy beings will not be granted the ability to reincarnate to the earth again so that a greater peace may be held overall.

There were those who have returned to complete some small task or influence, but none to such a capacity that there would be great atrocity brought forth by them. Some energy beings returned to a military capacity but were not in a position to accomplish the same level of injustice as they accomplished in the height of Nazi Germany. Many of them that returned to military interests have experienced the 'role reversal' in order to experience the bloodshed and emotion that are accompanying those actions.

Instead of being the 'aggressors' they are the ones who came back to experience being the 'victims' of the aggression; to experience what they had done to others in order to understand both sides of the coin, so to speak, which leads to a more thorough understanding of unconditional love.

An 'eye for an eye' will leave the world blind, but even the practice of 'choosing your battles' on dealing with individuals you may encounter on a personal level, this too is to be put into practice on a much larger scale. Should the actions of Nazi Germany been less extreme there would have been no need to bring the world into catastrophic war for the removal of these men. If the power considered evil can be removed it is important to remove the individuals and place them in a prison where they may receive counseling.

Counseling and peace is the priority, there are many who may have the ability to consider the actions and motivations of their life to that point, but there are many who will not, though it is not by the hand of another that death should come to another entity. When there is a path of nonviolence for those who have achieved it, this should be the way. The progression of 'all' will come to this and through these actions the purpose of humankind is elevated and raised. For it is quite difficult to stop an 'eye for an eye' and prevent it from being perpetuated throughout the world.

Now then, let me return to the original question; there are many true stories in the bible of healings, positive affirmations, levitations, spirit communications, materializations and other phenomena which occur through the natural laws of this created world. The bible allows those who need greater instruction to know that there is a peace far greater then what they presently know.

Reading it as you would any other book is the way for those who are seeking guidance. It is unimportant to sprout a new ritual for reading and following it. There is much that is unimportant in the bibles of today, but the basic tenants of life and kindness to, from, and between humankind are wrapped onto the pages.

The original intention of the bible was to 'unite' the people. Unfortunately throughout the ages, due to omissions and negative changes, it became a tool used by the religious authority and some governments to divide the people and nations in order for them to have more power and wealth.

Just know there is no wrathful God to cower down before; had today's world been allowed to read the 'original bible' before all the negative changes it has underwent, you would feel the love of God, the love of self and the love of your fellow humankind in your hearts and minds. Those various, watered down and altered versions of today's bibles lead one to anger, hatred or persecution against those they 'judge' to be inferior, less or different because they do not believe as you do.

It is not necessary for man to pass 'judgment' on another man for many reasons. Your existence is only temporary, only you will review your personal actions upon your return to the other side. The actions of those who were involved in your lifetime are for their experience and were brought forth for their individual advancement.

There is much strife on your planet, but there is always a need for those in a human existence to learn to forgo violence and hatred when they have been wronged; just as there is a need for those in a human existence to learn to stop hatred and violent actions.

You can promote peace and make information available, but there will only be peace where you decide to create it in your own environment. You cannot change others, only observe and allow them to be. You should be peaceful first. This will radiate to those around you and throughout the many levels of existence.

Worrying about others or trying to bring them to your way of thinking should not haunt you or frustrate you. There are many who are simply not interested. Making information, an alternative viewpoint available to those on earth will allow it to be digested by those who are interested when the time is right for them.

Many come to a lifetime here for nothing but strife, hatred, violence and wrong deeds as you would term it. There is no reason to 'judge' them for they are experiencing just as you have, though their focus may be on different areas than what you are currently engaged in. You too were once in their shoes so to speak.

Remember, "Judge not, least ye be judged."

Q.

Can you give me an example of what was originally written but has been changed and why the change was made?

A.

Originally there was no subservient role for women, they were viewed and treated as equal to men from the standpoint of God. But as time passed the bible was altered by so-called men of learning to subjugate the role women could play in society. By altering the bible women were removed from all fields of position and prestige which 'man-kind' felt was required because of their ego mentality.

Women of knowledge and learning were feared by the so-called learned male scholars and authority figures; so by altering their previous role in the bible women were subjugated and placed in the limited and controlled role of running the household and childrearing, no longer to hold any professional position in society.

Many women of your current time period still fight to be on equal footing with their male counterpart because of the false conceptions put forth in the bible.

Q.

Are you saying there will be no judgment day? No 'Second coming of Christ' as the bible foretells?

A.

I never, ever spoke of a judgment day during that lifetime I walked the earth as Jesus, and I will not return as foretold in the bible to judge anyone. This was simply another control technique used in the bible to help religious authority maintain their control over the people.

Q.

Why do we not see or hear about; levitations, materializations, and the other phenomena you just mentioned?

A.

Those who have seen such phenomena first hand do not speak of it for fear of being labeled 'crazy' or 'insane' by the herd mentality of others who view this as being outside the expression of so-called 'normal life.' You simply choose not to believe, yet there is a time coming when this will be common place in your world.

There are changes coming to atmosphere and environment that will allow these things to be experienced and manifested much more easily as the Earths vibrational field is speeding up; this is due to Mother Earth's spiritual evolution. When the doubtful see, they will believe; yet there will always be those who will doubt because of their fear of the unknown while in the human form.

Q.

The bible speaks about an 'eye for an eye' yet you speak as if it's wrong, why?

A.

The misconception in the bible that God condones an 'eye for an eye' has caused many in earlier times and even now in your time and society to support capital punishment, or that which some call the

death penalty. The bible was, as I said earlier, meant to be taken symbolically, not literally. The punishments forthcoming are to be dealt with through karmic justice, not by mankind's fallible justice system.

Karmic debt incurred for those who participate in state, federal or military judicial executions is something those individuals should think long and hard about before proceeding with the taking of another's life. It is one thing to pronounce judgment against an individual or group of individuals and sentence them to life in prison. It is totally another matter altogether to pronounce judgment against an individual or group of individuals and give them the penalty of death!

Prison itself can transform even the most hardened individual. Time itself can provide them with the free will choice to transcend hatred; turning it into love and understanding of oneself and of their fellow man. But a sentence of death stops the process of inner reflection and enlightenment which many come to this world to experience. It stalls the spiritual growth of all humanity.

Q.

When talking about Hitler you mentioned the 'final solution' a process implemented by the Nazi's to murder over six million Jews. Why does the 'Source of all Life' allow things like the Holocaust to take place?

A.

First you must remember humankind has been given free will. Secondly large events like, for example the 'Holocaust' and the 'A.I.D.S. epidemic' serves a dual purpose for the overall benefit of humankind. Not only do events of this type teach a global lesson, such as the destructive nature of war, they teach individual lessons as well.

Large scale events such as those just mentioned also help to balance and depopulate the earth. If there were no diseases and disasters on the earth, humankind would not have the opportunity to reach out, to be more loving, more understanding toward each other in times of local and national upheaval and crisis.

As an example, when those Higher Beings in the spirit world observed that humankind in the beginning only perceived 'AIDS' to be a 'gay' disease, it was then decided for the benefit of all humankind to allow this disease to spread. Women, children and 'straight-men' became infected in order to gain the attention 'AIDS' was to have fostered in humanity to begin with. This was allowed to help individuals and nations to evolve spiritually which leads to a better understanding of the true meaning of unconditional love.

While those of the Jewish faith my view the Holocaust as a negative event, that would be an incorrect assumption. Those individuals who lost their lives in the holocaust did so freely in order to help teach the world a very important lesson. Spiritual growth, in and of itself, knows no limits; it can teach one individual or it can teach many.

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Were the Ten Commandments Moses received from God for all people to follow or were they only meant for the Jewish people?

A.

No such commandments were given to Moses or to those called Jewish or to mankind by God; they were simply a tool used by those in religious authority seeking control over the people. Many energy beings incarnate here to experience the negative side of physical life which includes the experience of murder, rape, adultery, theft and much more. God allows energy beings to come and experience many so-called negative things for our spiritual advancement. To require humankind to obey those false Ten Commandments would negate their ability to grow and evolve spiritually.

Q.

The Sermon on the Mount contained the Beatitudes which were expressive of your moral and ethical teachings concerning compassion and mercy, and also at that time you brought forth the 'Lord's Prayer.' Would this be a correct statement?

Α.

Overall, yes it would, and the Sermon on the Plain as you call it was simply a repeat of what I spoke about during the Sermon on the Mount. But to clarify, I never gave the people the 'Lord's Prayer' to recite to themselves or in their church or at some special gathering. That was just another of organized religions attempts to control the people who fall prey to the belief that; only through religious obedience can they enter into the fictional place known as the 'Kingdom of Heaven.'

Q. Did thousands of people attend these sermons?

A.

No, the so-called 'Sermon on the Mount' had less then one hundred who came to hear what I had to say. The so-called 'Sermon on the Plain' drew slightly more after the 'word-of-mouth' had spread; just over a hundred and thirty came. These two events were not actual sermons, just me expounding on my teachings. Organized religion simply inflated the figures to give the impression I was widely known back during that time period, which I was not. Many who came did so out of curiosity and many left still not believing in the words I spoke; their religious views and beliefs were very deeply entrenched in their upbringing and culture.

The Pharisees were among those who attended these events and did all they could to dispel and mock my words to those who came to listen. Some went so far as to make threats to scare and frighten some of the people into leaving the gathering, yet none came to the forefront to challenge me or my words directly.

Q. Was it during this time John the Baptist was arrested?

Α.

He was aware beforehand of the impending arrest and he was aware of his future fate and he chose not to flee.

Q.

So basically Christians believe that you are the Son of God, divine and human; you are the messiah in their Bible. That you brought forth the Christian ministry, were arrested, suffered, were put to death by crucifixion, buried in a tomb, were resurrected three days later and you ascended to heaven. Now they wait for your return, judgment day, is that about right?

A.

Overall, yes, that is a very simplified definition of Christian belief. But as I have said the 'Son of God' thing; all energy beings in the human form would be considered the sons and daughters of the 'Source of all Life' for your understanding. No human is divine in the physical world, even though those you call the 'haves' may hold your attention they have come with lessons to learn and experience, just as those you call the 'have not's' have come to do the same.

As for being called the messiah or being known as the Christ; that was simply story telling used later on in their bible, to lay the foundation for creating a divine personage; who in the future could sway and help the religious authority with their hidden agenda of controlling the illiterate and weak people. This is the same power and greed that is sought after in your world of today.

My suffering and crucifixion were merely for show. I did suffer some floggings and I was given a mock crucifixion to satisfy the Pharisees, the elders, the Sanhedrin and some other interested parties, but I was not put to death as many were led to believe. I was displayed on the cross and then removed where I was allowed to rest, then sent out of the area by the Romans with the understanding I was not to return. I lived a long life in that incarnation.

The dying for the 'sins' of mankind was just more story telling by those in religious authority. It was simply another control measure to use against the people who were susceptible to such deceptions. The Source of all Life did not create 'sin,' this was a concept created by those humans seeking control over their fellow man.

As I said earlier, there will be no judgment day for mankind, no Second Coming of Christ. Simply more story telling to assure obedience by those seeking to maintain their mental and emotional control over those known as Christians.

Q. Isn't suicide a sin?

Α.

As I just said, there is no such thing as sin. Only in the mind of mankind does such a false concept exist. Suicide is no different an exit from your world than is any other manner of death. It is a physical action manifested from thoughts and stress that persist on an individual's mindset.

Most often, suicide is from an energy being that has not experienced many lifetimes. If an energy being is so traumatized that it cannot continue and is not adjusting to the human form, then it is permitted to exit your world through the avenue termed suicide. Self-inflected death only returns you to the other side as all other manner of deaths simply return you to your true home world. Those who opt-out of life through suicide usually are counseled by higher, more advanced beings after they return home.

The overall problem is lack of understanding of this entrapment in a human form for learning and also because of the need to forget their true existence. Those beings are then allowed to incarnate again into similar circumstances in order to grow and move forward with their life path, in the hope that they will forgo the same entrapment leading to suicide.

Q. So what is the true story of your 'mock' crucifixion?

A.

There were many among the people who loved my spoken words which conveyed love, fairness, joy, understanding, peace, compassion and so forth. This soon caused jealousy and ego manifestations from those who viewed themselves to be the spiritual leaders of the common people; those who contained titles such as Elders and those of the Pharisees movement. They felt my teachings would draw the people away from them and their sway over them.

They first plotted to simply have me arrested with the desire to force me to move out of the area, or if need be, to have me jailed in hopes of tarnishing my reputation. Yet before they could implement

their little plots the High Priests and those of the Sanhedrin had already decided that the only way to truly stop me was for me to be put to death. So I was first taken into custody and brought before the high priests. When I would not answer their false accusations I was stripped naked and whipped. After two days of more refusing to answer their false accusations and more whippings I was turned over to the Sanhedrin, the Jewish Council for an impromptu trial.

Since the Sanhedrin had very limited authority and could not impose a penalty of death I was whipped and mocked again. Since I would not defend myself against their false statements they took that to be an admission of guilt, especially when asked if I was the Son of God. Their frustrations then brought me before the Roman governor Pontius Pilate...

Q. Were you not sent at one point to appear before Herod?

A.

No, that never actually occurred. Pilate had little regard for Herod and his heavy-handed tactics in dealing with his own people. So he never entertained the idea of allowing Herod to have any chance at deciding my disposition with the Jewish council.

The Sanhedrin presented their false claims against me to Pilate; mainly that I claimed to be the 'King of the Jews' and that I did not pay Roman taxes, and that I had spoken out to others not to pay Roman tribute as well. Pilate knew what was really taking place from the beginning as he had spies within the Pharisees and Sanhedrin as well as many other groups and organizations within his domain. On the first day Pilate listened to the false witnesses brought before him by the Sanhedrin council and he knew all to well how to play the appeasement game.

Pilate's wife came to him that evening and confessed she had heard me speak and found truth in my words. She also spoke to him of a dream she had which caused her great worry. She told her husband if great harm befell me she would surely suffer a horrible death as envisioned in her dream.

Q.

Didn't she bring her son Pilo to you so you could heal his foot?

Α.

That never occurred. She saw me on several occasions but we never had a personal conversation, nor did I heal her son or any others associated with her or her husband. Pilate took his wife's council very seriously, but he had already decided early on not to end my life. Pilate was not a man to be coerced or dictated too especially by those he viewed as lesser or conquered peoples.

The next day I was brought before Pilate in his private chambers; asking not if I claimed to be the King of the Jews, nor any other questions did he pose to me. Observing me for a short time, he then approached me; placed his hand on my right shoulder and looking deep into my eyes said he had been visited by dreams which caused him grave concern. I was told I would suffer greatly and yet I would be spared death if all went according to his secret plan; which involved me and my family leaving the area and not returning ever again.

The guards were summoned and I was taken back to receive my public sentence. Pilate found me guilty and crucifixion was imposed as was the common practice for all non-roman's to be executed in this fashion. First I was publicly stripped naked and my hands were tired over my head to a large post in a small courtyard where I was flogged. This was mainly to humiliate me in the eyes of the High Priests and the Sanhedrin who had insisted on this punishment again. Pilate complied to ease the tension of the overall situation. I received only thirteen lashes from the whip and was then cut down and taken to what you would call a prison type of compound. I was held there for four days at which time I was taken with seven other condemned criminals to start the crucifixion process. One by one...

Q.

Wait a second...I thought there were only two others who were crucified next to you...two condemned thieves?

Α.

That was simply more fictional writing by those in religious authority. They created those two characters and then created a

fictional dialogue which they claimed occurred between us. I did not speak to anyone throughout this ordeal. I never spoke while upon the cross; I never called out to God or had a conversation with a thief or spoke to those few who were present. This was simply more storytelling to give the illusion of my divinity.

Just know, I was not widely known throughout the land and this was just another ordinary day during that time. There were no large crowds gathered for no official announcement was made of upcoming executions to keep the populace from becoming overly agitated. I was simply one of eight condemned to die by crucifixion. All were stripped of our clothing; our hands were bound and then all were marched to the remote hilltop in the late afternoon. Those who observed us passing by would alert others, who were family or friends, who would then follow us to the execution site. Mary, my wife, was among those who came later when word arrived.

There were twenty-two stationary posts at the site and when a top beam was added to a post this formed a 'T' shaped cross...

Q.

Didn't you have to carry your cross through the streets to the place of execution?

A.

No, the Romans knew through experience the post and top beam were far too heavy for the average weakened condemned criminal to transport; so all was contained at the site. Once our small group arrived each was in turn flogged as was Roman custom. One by one we were taken and our arms were bound to a top beam using rope cords; no nails were applied.

Q

You were not nailed to the cross?

A.

No, but the biblical story of my being nailed to a cross makes it sound better when trying to convince the masses that I suffered greatly for their so-called sins.

As I was saying...once we were secured to the top beam we were hoisted up onto the post where the beam and post now formed a 'T' shape. At that point our feet were secured to the post with rope cords. Those who were healthy in body and limb lived many hours and some for several days before succumbing to death. Others in less desirable health died very quickly once placed on the cross and some even died from the flogging and were spared crucifixion.

Q. Did a Roman soldier pierce your side with his spear?

A.

No, that never happened, and for your information the soldiers didn't place a thorny crown upon my head, nor did they cast lots for a robe I was said to be wearing. I and the other seven condemned criminals were stripped naked at the prison compound and taken through the streets not only to humiliate us but to also serve as a warning to others. So there were no garments to cast lots for at the execution site.

I was on the cross for nearly two hours when a small group of the Sanhedrin had come to verify my crucifixion. After observing and mocking me they returned as darkness descended to report to the others that their work was finished, I was no longer a threat. At that time I had been hanging on the cross for nearly three hours.

One condemned criminal had already expired by the fourth hour. As the fifth hour approached, my wife and several of those of the Essenes were waiting nearby. A soldier arrived and after a short conversation with those of the crucifixion contingent, I was cut down. Mary and the others removed me to a safe location to tend to the rope burns and assist me as I was restored to full health. Within three weeks Mary and I were secretly assisted in leaving the area with the help of the Essenes.

Q.

What part did Judas Iscariot play in your arrest, did he hand you over to the Jewish Elders as claimed for thirty silver coins?

A.

This so-called event never actually happened, but it is a form of creative fictional writing which adds more credence to the overall fictional accounts contained in the bible. That individual did exist but was not a so-called disciple or apostle, merely someone who came to hear my teachings on many occasions. He did not betray me nor did he commit suicide out of remorse as some have reported.

O.

What about the three days in the tomb, your resurrection and then your ascension into heaven? More storytelling from the church I take it?

A.

Yes, more embellishment trying to convey my contrived divinity as the Son of God to the masses. Those in religious authority needed to persuade the people they wished to control that I had the power over life and death making me as divine as God.

Q. What happened at the Last Supper?

A.

No last supper as stated in the bible took place, but there were several meals with those who came to say their goodbyes, as it were, while I was recuperating from the mock-crucifixion episode. Many former teachers of the Essenes, family and close friends came to wish us well on our journey, knowing we would not be returning to that area of the world.

Q.

So where did you go after you left this area?

Α.

Many years spent in India teaching my philosophy to those who would listen. Then migrating to what is now called Western Europe where Mary and I spent our final days. The date of my natural death, using the same method to calculate my birth for your understanding, was 85 AD, November 11th at 7:17 in the evening. Mary would live another seven years before leaving this world.

Of our three daughters, the two older ones made their lives in India and died there. As for Little Mary, the youngest, she died late into her nineteenth year in India. She was very outspoken concerning the poor treatment of what some in India today would call the 'untouchables.' She was beaten to death by a small group who had warned her not to interfere in their way of life. This was a planned event for her to experience in that lifetime.

Q.

They speak of the Cleansing of the Temple where you overturned the tables and whipped the money changers because of their greed, how true is this statement?

Α.

This is one of the few events in the bible about my life that did have some merit to it. After all, I was in a human form and did experience life as all in the human form do. I did not have a bad temper per se, but I had my moments as many do on earth. I was agitated by the greed shown by those who were known as the money changers who conducted their trade in the temple.

I was not upset that they were doing this in their temple, but that they were short changing and cheating the citizens while using the so-called sanctity of the temple as a ruse. This upset me greatly and I entered the temple and had a loud exchange of words with one of the money changers. He conveyed no sympathy and showed indifference at having knowingly cheated his fellow citizens. I did not turn his table over yet I did force his coins off the table and came around the table whereby I pushed him to the ground. I then proceeded to give him a rather loud rebuking.

Others in the temple became fearful and fled seeking assistance from the local authorities, yet I was not stopped or approached by anyone as I left the temple, nor was I later visited or questioned by anyone having legal authority.

Q.

Tell me about the miracles you performed? Did you bring Lazarus of Bethany back to life after being dead for four days?

A.

Lazarus was suffering from malnutrition which brought on a series of seizures which in turn pushed him into a comatose state. The ill-trained and ill-equipped physician who was summoned concluded he had passed and he was placed in a tomb.

By the time I arrived he had been pronounced dead and entombed. My Spirit Doctor communicated to me that he was in fact not dead so I had his tomb opened and I entered. I was instructed by my Spirit Doctor to place my left hand upon his forehead and to place my right hand over his heart area. Healing energy from the other side was then passed through me into the body of Lazarus. I could feel this warm, loving energy as it passed through me. After seven minutes I felt the energy no more so I removed my hands and went outside and sat with the others in silence.

Within the hour Lazarus awoke from his coma and emerged from the tomb. Great rejoicing from his family and friends erupted and I was thanked most gratefully by those present. As the story of this simple healing went forth through time it was exaggerated and those in religious authority embellished it into a divine miracle and placed it in the bible.

Just be aware there are no such things in your physical world as so-called 'miracles.' All events that may seem 'miraculous' are accomplished through natural and spiritual laws that are operating normally for this planetary system.

Q.

I have heard of this 'laying on of hands' to heal people before. Can anyone do it? Α.

Healing energy can be used by anyone wishing to help themselves or to help others.

Q.

If I wanted to heal myself what would I need to do?

A.

If you can reach the area of your body that is in need of healing energy place one or both of your hands there. If you are unable to reach the area simply relax, sit or lie down in a comfortable position. Now close your eyes and mentally call for your Spirit Doctor to come and provide healing energy for the illness or affected area of your body. Visualize in your mind the disease being destroyed and removed from your body or visualize the injured area becoming whole and healthy once more. Repeat this each day for as long as the healing is required. Have patience and don't give up too soon, for thought to become a physical manifestation takes time in your world.

Now, if you wish to do 'hands-on' healing for someone else such as a family member or close friend then have them sit in a straight back chair if possible so that you can stand behind the person. Ask your spirit companion to place a shield of protection around you mentally. If they are comfortable with it place your hands, one on each side of their head or one hand on each shoulder. If they are not comfortable with being touched then simply hold your hands in the same position just an inch or two from having contact with them.

If they are in a bed simply place one hand on their forehead and one over their heart area. Now close your eyes and mentally call upon your Spirit Doctor and ask that they bring forth healing energy for your loved one. Visualize this person in your mind, see them walking in the sunshine in a state of good health.

Remain in contact with the person for as long as you feel the energy flowing which may be only a few minutes. Simply repeat these healing techniques as often as you feel comfortable doing so. Remember you are not to send this healing energy yourself, allow your Spirit Doctor to do it. Your Spirit Doctor may combine some of your energy with that of theirs so make sure you mentally ask for

a shield of protection so that no energy from the ill person returns to your physical body. Do not weaken yourself while trying to help others.

Remember that not everyone wants help for whatever reason they may choose. You cannot force healing upon anyone who does not wish it. All have free will. There are those who may wish healing energy yet no matter how much is given it will not have any immediate effect upon the person. Some individuals have programmed into their lifetime a certain illness or disability they wish to experience for their spiritual growth pattern. Their inner being does not want it cured or corrected until they have fully experienced their chosen lesson or experience from such an event.

Once accomplished their body and mind may allow healing energy to assist them, if they so desire it, but do not try and force healing energy upon anyone, let them freely experience their chosen journey of self discovery. There are no accidents in this physical world.

Q.

When will we find a cure for cancer?

A.

Many cures for major life-threatening diseases such as cancer have already been discovered by your medical and pharmaceutical establishments, yet they have no future plans to disclose these cures to the public at large. There are vast amounts of profit to be made by 'managing' disease as opposed to 'curing' disease. The public welfare is not the true goal of these establishments; greed would be the true motivator.

Q.

What did you mean by, 'no accidents in the physical world?'

Α.

There is much adjustment that takes place in your life depending on your free will so that events that are planned may take place, that is, not the specific event in most cases, but the event that brings about the desired experience or goal that you planned to achieve and experience in this lifetime.

There are many things that influence free will and influence events during your lifetime. There are many things that are planned, simply because they appeared accidental or inconsequential makes them no less import, though they may be. An accident can bring your attention to an area that you were neglecting, even in terms of thought; though the accident may have some physical impact associated with it. There may also be implications for your emotions.

It is important to adjust your thinking to understand that there are no negative actions. There are many things that unfold so that the desired plan, that which you were counseled on and have chosen to experience with your own desire, that these be accomplished. You may learn different aspects of love, for example, through any number of experiences, so it is not dependent at 'all' times that you meet a specific individual or care for an individual so that a bond is formed or any other part of love or caring be experienced.

There are times when it is 'very' dependent on the person because of their path and your path and how they interrelate, but many goals and experiences will be brought about by the circumstances no matter how your free will has intertwined with your desired plan. It is of utmost importance to keep your mind open and clear and not worry on how the event has been formed, but to understand the causal reasons; those important beyond the physical world, those that you will carry with you after your physical death.

Examine theses reasons, the motivations and the areas being affected. These are what often determine growth or an area to review for some potential lesson or meaning after you have come through physical death. It is not necessary at all times to feel as though you experienced a specific incident and then reacted poorly to it, though you may not understand the process now you will understand, or you still may not, upon your exit from this physical world.

Your reflection on this situation and understanding the correct, or universal, response that may have been more positive is as useful as if it were your initial response. Typically, it is not known by you whether this also was the required response for the growth of yourself or for others involved, though all actions should be

considered and reviewed on terms of how you feel much later, after the incident. Were you better off because of your reaction to the accident, or were you feeling as though you reacted negatively towards yourself or others involved. These are important if you are considering growth and evolution in your lifetime and beyond it.

Q.

Can you explain this 'desired plan' you mention and how we are 'counseled' concerning it?

A.

Those energy beings that desire to incarnate into a human body meet with a group of higher beings who act as counselors. The being is working on its individual evolution or it may be part of a group and the higher beings assist with that process. The counselors make sure the being doesn't try and program more lessons and experiences then it can handle in a single incarnation.

There is a lot that must be taken into account; for the being is allowed to decide if it will be male or female, what race, what nationality or area of the world to be born into, does it require a family unit or only a single parent or orphanage. Will it need many years to experience its chosen lessons or just a few short years to accomplish its spiritual desires? Does it require a healthy body or a body with a physical, mental, or emotional handicap to fulfill its lessons? Does it need to experience a life of wealth, power, or a life of poverty to grow spiritually? Has it come to assist others or to be assisted by others...

Q.

Wait a second...those who have a physical handicap asked to be like that?

A.

There are those energy beings who desire to live a life of diminished capacity, whether physical or mental, for their personal spiritual growth. They can move at a faster spiritual rate, but do not necessarily move at a faster rate simply because they are handicapped. There is not more or less for them to know; only that it is a different way to learn through the physical or mental impairment they chose. They too can go off their chosen path and achieve no spiritual progression just as those beings in a healthy body can.

They also help to teach to humankind the lessons of kindness, love and patience as it relates to these individuals. Those with a diminished capacity have less interference to contend with from mindless pursuits, because they cannot engage in them, and they are therefore less distracted on their way to their goals. These beings can return for this specific purpose, of being disabled, when in previous incarnations they had missed the opportunity to complete some specific task. Not true for all beings. They can be great teachers in their own right.

Now, to continue where I left off, after choosing all that and much more the energy being then decides on specific experiences it needs for its individual growth; for example it may seek role reversal depending on if it was the victim or the attacker in its last incarnation. Such as being murdered or being the murderer, being a rapist or being raped, being molested or being a pedophile, being mentally, physically, or emotionally dominant over another or being dominated by someone and much more. Now there are many energy beings that have progressed beyond those types of lessons and experiences and now seek other challenges for their spiritual advancement...

Q.

Sorry to interrupt again...but the 'being murdered or being the murderer' thing...you're saying for example when some teenager goes into a school and kills a bunch of students and teachers, it was a planned event?

A.

Yes, the lesson of unconditional love knows no bounds or limits in your world. All who are involved in a specific event of the aforementioned type, whether you view it as tragic or not, were complicit in the action itself from a spiritual standpoint. All were actors on a stage, so to speak, fulfilling their desire to experience the event for personal reasons, and at the same time to teach the world about true, unconditional love. You must look behind the scene, as it were, to understand the true meaning behind the so-called tragic events that occur in this world of illusion.

Now, to begin where I left off, these lessons the energy being chooses to experience in the physical form are placed in the subconscious mind of that individual for its personal spiritual advancement. Now free will is a factor once the being has incarnated. That individual can alter and change its life path, but should it stray too far off its chosen course its Spirit Doctor will then try to steer it back to its original desired plan. Especially if its free will has placed it on a path which will not accomplish anything beneficial for the energy being.

There are individuals who experience depression simply because their subconscious mind, that which knows what life path it planned, is in conflict with its conscious mind which is now being influenced by the free will and other outside stimuli. If the person cannot be guided back to their chosen path by their Spirit Doctor, he will then seek to arrange it so that the main lessons can still be placed in the path of the individual.

Humans more often then not allow 'mindless pursuits' to become major distractions which push them off their chosen life path. They allow these distractions to become a fixation which consumes their daily lives.

Q.

What are these mindless pursuits?

Α.

Such things as computer games, excessive and frivolous internet usage, life consuming sporting events, prolonged television viewing of violence and endless aggression; especially concerning the raising of your children, continual cell phone texting, and similar mindless distractions. People become obsessed with these trivial endeavors,

and they lose sight of the true reason they incarnated as they allow these distractions to overtake and control their daily lives.

Now, there are enjoyments here and they are allowed to be experienced. Simply because a person enjoys mindless pursuits does not make them negative experiences, in and of themselves as long as they are done in moderation. Many have great work to do and for some these mindless pursuits can become hindrances and should be avoided. Some individuals seek comfort in these things. The key here is moderation, moderation, moderation in all things; too many do these things to excess causing them to lose sight of their true path in life.

There are those energy beings that have in previous lifetimes been consumed by mindless pursuits and failed to achieve their chosen lessons; so to avoid the same outcome again, should they fall prey to the same mindless pursuits in their current incarnation they have programmed certain things or events to force them out of their complacency. An example would be that of a major disease such as heart disease or cancer to name a few.

When an individual is too far off their chosen path their life event programming is triggered and the event or disease comes to the rescue, so to speak, to force the individual to take notice of their life, and allow lessons of unconditional love to be experienced and expressed on many different levels.

Many in your world may not see a major disease as something 'positive' while they are experiencing it, yet they will be very pleased when they return knowing they did not waste an incarnation through all-consuming trivial pursuits.

Q.

What do you mean by, 'especially concerning the raising of your children?'

A.

If you allow young, impressionable minds to be given daily doses of violence and aggression through television and the internet; do not look surprised when they grow up to be aggressive and violent adults. The lack of parental control is just one of the leading causes of the chaos you experience in your present society.

They have come into this life to follow 'their' chosen path, not the path of the parents or society at large. Educate your young in the following spiritual truths; teach them to live a moral life, to assist those who have less, to be of service to others who are in true need, to work for the higher good of all humanity, and above all to love all life unconditionally.

If you restrain the essence of a child at an early age you condemn them to a life of spiritual slavery so to speak. An example of this would be to indoctrinate a young child into an organized religion, seducing it into believing in the archaic myths and falsehoods which will infect and limit its intellect. A child so influenced, be it intuitive, will reject and discard the erroneous religious instruction as it becomes self aware of its deception, and shall then turn on those whom it feels misled it at a time when it had no way to resist this betrayal. It will then seek its true spiritual path to enlightenment by removing itself from those whose guidance it now subconsciously no longer trusts; be it parents, religious authority or others it felt went along with the original betrayal.

Those less intuitive children will be held captive by organized religions power and authority, and they shall force upon their own children a similar fate, which they were unable to break free of themselves. Organized religions have brought great suffering and strife to your world, stop perpetuating this negative cycle onto future generations.

Q.

I take it you are against all religions?

A.

To be truly free in mind, body and spirit you must come to the understanding that humankind requires no ministers, no priests, no rabbis, no cleric, no church, no mosque, no synagogue, no temples, and no places of worship of any kind. No system of doctrine, dogma, or theology need be placed in your path as an obstacle to the simple truths of the 'Source of all Life.'

Unconditional love is experienced from the smallest measure to the highest; love is the key that unlocks your spiritual growth, and it's that simple. Religion has replaced God by falsely claiming without its guidance and control you cannot reach God. Remove yourself from this false deception; no matter what stage of development you are in it is never to late to cast off the limitations of manmade religions and move forward with your spiritual enlightenment. Yes, I do understand not everyone is ready to advance and many have grounded themselves in some form of organized religion and that is fine. If the path you are following has led you to place yourself into the confines of a religious group, then so be it, for that may be where you are currently in your personal growth.

When you have sufficiently grasped the limitations of religion, should you come to that realization, then you will no longer need its superficial support and you will be ready to evolve higher as you seek out your true spiritual path in life. But for those who are unable or unwilling to leave the controlling aspect of religion, please don't subject your children to the same entrapment which has befallen you.

If you learn no other lesson in this life, know this, all material things have no meaning or value in the world of spirit. The only things you take with you when you leave this life are the experiences and lessons learned which affect spiritual development. Wealth and power have no place on the other side.

As it has been said; it is important to know that humankind will one day understand why their loving Creator has allowed them to experience; disease, war, rape, murder, genocide, starvation, and other so-called negative things, and they shall be so truly thankful for those lessons they have come here to experience. Allow the future generations to be free of such ignorance which has held your world for too long in fear.

Q.

What about 'walking upon the water' as foretold in the gospels, did this truly happen?

A.

I did not walk upon the water and did not calm the storm as the bible states. I was observed by a few who saw me levitating about a foot off the ground while in a meditative state. They then later used that to foster the 'walking upon the water' story. This fictional story was simply used by religious authority who wanted to show my so-called power over nature, thus adding to the divine image they were fostering to the masses.

Levitation has been used by humankind throughout the centuries and there are those among you today who have developed this ability in conjunction with their Spirit Doctor.

O.

Did the miracle feeding of the 5,000 with just 'five loaves of bread and two fish' actually take place?

A.

This event did take place, but was an extreme exaggeration concerning the numbers mention in the bible. There were no 5,000 people in attendance. As those who came to hear me speak were coming and going totaled at its height no more then 90 people. During the early evening hours I observed those who had traveled several miles and arrived without enough food and drink to sustain them. I simply asked those in attendance who had more then enough, to share with those who had little or none.

Remember, in that time and place there were no fast food restaurants located on every corner as you now seem to have. Most people knew to bring food and drink when traveling any distance from their home or village, yet as in your time of today you always have those who do not think before acting. Not a miracle, just a simple expression of brotherly love.

Q.

Did you perform exorcisms to remove demons?

Α.

There are no demons and therefore no reason to perform a socalled exorcism; simply superstition advanced by religious authority to insure more control over the illiterate people of the earlier historical times. There were those with epileptic conditions who were viewed to be so-called demon possessed because of the seizures experienced by those individuals with this affliction. Lack of true knowledge and understanding lead those in your world to turn to superstitions and false assumptions when no other answer presents itself.

When I encountered someone having a seizure I simply provided comfort and called my Spirit Doctor to bring forth healing energy. As the person stopped seizing those on-lookers with their limited understanding assumed I was casting out demons of those they felt were possessed of evil spirits. The ignorance of humankind often shows itself through superstition and nonsensical beliefs.

Q.

I've read you used many different 'cures' in your healing of the lepers, the blind, the deaf and mute, and many others. What kind of herbal medicine did you use back in that time period?

A.

From a spiritual and physical viewpoint let me just say that I used many remedies to heal those Individuals I encountered on my travels. One of the more important being cannabis, which was not only used to heal and alleviate pain but also used during religious rites and initiations long before I walked the earth.

Throughout world history cannabis was...

- Q. Wait a second...vou're talking about marijuana?
- Yes, that is what you call it in your present society.
- Q.

 Marijuana is illegal in most parts of this country, but you're saying it shouldn't be?

A.

Cannabis, which you call marijuana is a natural growing plant in certain areas of the world, and when ingested or smoked does bring forth healing qualities for the human body and mind. It can be a very effective method of healing especially when combined with healing energy.

As for your current laws, the top authority of this country take things which have benefit for the people and use it as a political tool to gain power and control over the people they 'claim' to protect and serve. Your so-called war on drugs was lost long before it started. Many of your laws concerning what you label to be illegal have political roots designed to control specific racial groups within your population.

Your country lost the same battle over alcohol when it tried prohibition, but finally learned it was easier to manage when they legalized it, taxed it using the proceeds for the public good. In time you will more fully understand the overall benefit of cannabis and utilize it as you do alcohol; for when it is abused, alcohol is one hundred times more destructive then cannabis on the human body and your society, yet both serve a positive purpose when used in moderation.

Q.

Did King Herod really initiate the 'Massacre of the Innocents' trying to kill you as an infant?

A.

No, this event never actually happened, but it made a good story to tell. Also there was no flight into Egypt by my parents to save me from Herod. This was simply more fictional writing from those who added this so-called event to the biblical accounts.

Q.

Can I ask a few questions which don't really have anything to do with your lifetime as Jesus?

A.

Please do.

Q.

We hear a lot about Global Warming, so what would your take on that be?

A.

Global warming is a plan to allow man to realize the impact he has on the earth through commercial means. There is much to understand that all humans, no matter their intent, leave a trail of debris on this planet. There is much in that trail that is unnecessary and can be stopped.

Many feel better about recycling or using alternative ingredients. These are helpful but do not stop the overall impact when the better alternative is to find new ways of existing. Be aware that no matter what man does nature will cleanse itself if left to its own devices.

There have been many times in the history of humankind that men lived more in harmony with nature; they did not pollute for the sake of material wealth. There was an understanding, a symbiotic relationship between the two so to speak; give and take, use and then repair. Today this is not the current overall view. There are many who attempt to strike a balance, but this may not help all those who are not working to even make amends through small tasks like recycling or using less.

This simply cannot continue; there will be change, but not simply because of your pollution, though it is a contributor. Global warming is in place to cause a shift in your thinking. To usher in a new mental and spiritual age; where items are created with purpose, not simply to squeeze the populace from energy and money as in your world of today.

Q.

Earlier you made mention of our 'once' great nation, what was that meant to convey?

Α.

This nation, the United States of America, in the beginning forged itself into a country the world could look up to as a positive role model. It stood for freedom and democracy. Many outsiders dreamed to one day become a citizen of this great nation, where freedom and liberty were given to all. Yet, as time has passed, this great nation has fallen into great decline; the very soul of this nation has become spiritually, morally and ethically bankrupt.

Greed and corruption are common place in your government of today, and many no longer question it; they simply accept it as a way of life. Powerful groups who stay hidden in the dark shadows control your media and your government. Your elected officials no longer represent the interests of the people and seek to serve their own self serving agendas; and this you allow without question.

America has become a nation of 'sheep' so to speak, who have allowed themselves to be governed by 'wolves.' How easily and quietly, you so-called patriots are led to the slaughterhouse. This once great nation has many signs and placards today which adorn your homes and buildings saying' 'Land of the Free, Home of the Brave.' Yet this slogan which once carried truth now could easily be replaced today with, 'Land of the Enslaved, Home of the Fearful.'

America has become the true exporter of terrorism around the world, and you, its so-called 'good' citizens ignore this. It has even used terrorist's acts within its own borders to gain control over its citizenry; through these fear tactics it has enacted laws to restrict the very freedoms that were once the hallmark of this great nation. Yet you ignore the truth and look the other way. Your coinage says, 'In God We Trust' but that is no longer true. You do not trust in God, in your country, nor in yourselves for you have replaced that trust with fear, and allow those who create this fear to govern you.

Q

What terrorist attacks were used inside our own borders?

A.

One example of this would be the so-called 9/11 terrorist attack on the Twin-Towers. There is much that has been covered up. Many believed any story that was put through the controlled media

and repeated like a mantra, over and over again. It becomes difficult to ignore the stories; many will doubt the truth that they know in their own minds to be true because they are faced with such overwhelming influx of false information disseminated by the government.

First, to say that the reason for these so-called terrorist attacks were hidden or obstructed is not true. There was much in plain sight, so to speak, for these acts. There is money, power and control by implementing the use of the military. Control here at home, reasons and excuses for control of the populace, rationing, and giving up liberties.

There is much involvement overseas in an attempt to gain control; in an attempt to gain allies, but these are not true allies that you will gain by mutual respect for peace and order. You will be receiving greater numbers of allies to the U.S. because of the deals and talks hidden from sight through force and negative tactics. These are not true allies to be counted upon as their own interests are their main concern and not mutually beneficial to all concerned.

It is important to know that there was much done to attack the Trade Buildings prior to this seemingly terrorist attack and this is why this area was chosen; not necessarily for its symbolism, only those who attempted to reek havoc on it prior to 9/11 did so for its seeming power. The attacks blamed on those you call terrorists were done so because of prior engagement in such activities, therefore the U.S. citizenry would more easily be convinced by its own government even though they were not involved.

Many false stories concerning the alleged pilots and victims on the planes were circulated by the media, yet these were only cover stories used to inflame the citizenry. There were no pilots or passengers aboard any passenger planes that hit the towers that day. Many conceived stories were created to make the scene more tragic, believable and convincing that day. Know that those in the buildings were truly attacked and did perish, but no one died aboard any plane as they were flown by remote control into their targets. No pilots, no passengers and no terrorists were on board either plane that struck the Twin-Towers, simply false claims.

There was no attempt to subvert these attacks because it was deemed necessary by the government that they take place so that the government could implement more control within the country and abroad. It is important to know that there are some who are involved

in government now who are plotting similar deeds for the sake of convincing the populace of possible future terrorist threats. Thereby blaming once again outside forces, these so-called terrorists that America is still a target and the American people need to give up more freedoms and liberties to insure their false sense of security.

It is important to know that beyond small town, extremely small town local government, where there is community cohesion, there are no truthful governments. Many are only driven by greed and power, albeit on varying scales. There are many ways that the governing few silence or ignore the people they have been elected to serve. Differing views are not often heard unless it is the controlling party's controllable opposition. They will assume the story line that is in opposition because they can offer a rebuttal that they have prepared. No critical thinking rebuttal is permitted in the public sphere because government cannot immediately defend its position under most scrutiny.

Q. What about the attack on the Pentagon?

Α.

It is important to know that no plane or missile struck this building, yet an explosion did occur. There was an explosion caused by inside forces. These were controlled in an attempt to make the panic and fear more widespread. There was not an attempt to conceal the fact that this was not a terrorist attack until after the event took place. This is why there is so much controversy in the accepted reason for what has happened there. This reason was formed, on the fly, as you might say in an attempt to create a story that completed the day of terror in conjunction with the other attacks that occurred on that day.

The main attack on the Pentagon came literally from within the building. It was not an outside force or implement that caused this destruction. Simply isolated attacks, individually, would have been tragic; but creating several incidents added to the chaos and the legitimacy of the story of terror, terrorists and fundamentalist ideals fostered by the government as the core reasons for the attacks.

It was not by any of the means or methods, nor by any terrorist or terrorist groups mentioned in the media that these acts were carried out by. These men who truly carried out these acts did not benefit from the attacks; they were strong-armed into doing so by higher authorities, a clandestine group who control power and disseminate information as they see fit within your government.

There is only an illusion of democracy at this time with a dictatorship that merely changes figureheads as necessary to sway the people into thinking they still can make a change. Notice how little change has taken place in the last elections, within the last few presidents that have been elected. Little change, no drastic measures taken; only perpetuating the same dogma that each has created before him. It is important to know there will be rebellion, a regime change as it were in the future, through seen and unseen forces resulting from cataclysms of nature and of mankind.

Q. What of China... will it militarily or economically overtake America in the future?

Α.

This has already happened in many ways. Currently the U.S.A. holds many assets and much money, but many of their industries are spread throughout the world. This is done so that they may find cheaper sources of labor and cheaper resources to create products; rather than use and support their own people.

There is much that will not be told because within the USA's borders they must keep order and control. It would be devastating to many people to learn that they were being out-paced by a nation that was not a democracy, though many would be surprised to learn the U.S.A. is no longer the true democracy that they learned about in their studies in grade school.

The U.S.A. has financial backing power and support from other greedy interests, but China is able to support itself because all facets of their industry, commercialism, and all other areas needed are all contained within the country itself. There is much that can be replaced if there was an absence of outside material to China. They are much better equipped to adapt rather than the U.S.A. who will

wait for some other means to produce the same product or a new alternative.

China is much more self-sufficient then what many believe and they are much more able to adapt. There are greater numbers within their borders, even though there are fragments of the younger population that are spinning away from long-held beliefs; there is still greater sense of community and greater span of beliefs that are held by many. This would, in a sense, make their military much stronger by sheer numbers of those who would defend should it ever become attacked.

There are many though, as in the U.S.A. that would rather face punishment than to fight another being on this earth. The U.S.A. is simply maintaining its head above water, so to speak, because of the trading and use of its money, lands and the like to sway deals across the globe, and to give the appearance that it is still a global power. The government does much to create and maintain this illusion in the mindset of its citizens that they are still on top of every aspect of human life; even though this is no longer true.

It is now time to close this communication.

GO IN PEACE AND SEEK TRUTHFULNESS