GET THE CHAMPION OUT OF



SAMUEL UFOT EKEKERE

GET THE

CHAMPION

OUT

OF YOU

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THIS BOOK IS DEDICATED TO MY LATE SISTER EUNICE NSENNOBONG SAMUEL UFOT

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WHO IS THE CHAMP?

Life is a competition. Everyone in it is constantly pushing against the other to get the opportunity to get something that the other person wants. It's a sort of game with a price for the eventual winner. Not everyone can win the price, however hard everyone tries. Only one person will manage to beat the rest however wonderful every other person

performs. Because the winner takes it all, your goal must be to win it all.

When I was little, I joined my friends to play football consoles at the game house around town. I wasn't good at playing the consoles so I was always beaten at the first round. One of my colleagues however would play so well that he'd beat every challenger. We'd often call this player the champion. The reason is because no one had the capacity to outdo or outplay him.

One time a young man arrived who was new to the game house and offered to challenge the best that the house could offer. He beat the local champion of the house and accorded himself the exhilarating title of champion.

Life obeys the law of relativity. However good a person is, someone always seems to know how to do better. But there are those who stay

above the law. They always seem to know the highest heights of what they do and they do all they can to stay there. They never fall once they have risen. These are the true champs. They challenge everyone who dares for their seat and work hard to ensure no one's good enough to challenge them. They stay at number one for so long.

It takes hard work to reach the top. It takes even harder work to stay at the top. The champion knows this and works tirelessly to ensure that he stays there at the top. One has to walk his way up to the top.

Nobody becomes a champion from birth; nobody is given right to it. It is a state one has to discover and work towards. You think about it, the benefits accrued, you figure out the path to it and then you walk through the path.

In this book, you will find out how champions become, what they do to remain in that status. It's good you understand that becoming a champion doesn't mean you'd be that for long except you keep improving at your champion's status. You will see why you have to work harder to stay up and how you can redefine your championship status by redefining the criteria for the new champion who would emerge just in case you choose to wane. You will learn to create your records and put your marks on history books.

This book leverages on the experiences of many champions who have sealed a name for themselves even when time had passed and they have long left this time. They left their impress on the sands for men like you and I to follow

You too will become a champion that will be celebrated. Conventions are waiting for you to break them. Styles are waiting for you to rework them. Skills are waiting for you to redefine them. It's in your hands now, this book.

CHAPTER ONE

HISTORY IS HISTORY

If you pick up a history text, what you'd read from it isn't current exploits. You'd read about the past, all the things that had being done by those who have gone before us. What you would have observed is that however the exploits of those persons, it's gone and this

generation have gone ahead to surpass what had being in history.

History is history and champions redefine history by their present acts. No champion wants to repeat history, what had happened. They want to create it and recreate it because they are also aware that once history is made it becomes history almost immediately.

Champions don't dwell on a made history however groundbreaking their achievements. They understand that however big the history, the future presents possibilities for bigger. There is always a chance to surpass.

If you are a fan of soccer, you'd be familiar with the legend of Maradona and Messi. Maradona played in the seventies and eighties while Messi is currently mesmerizing the world of football. They both are legends from Argentina. There have being huge comparism amongst fans of the two. Maradona was great, and that's history. Messi is great and he is in the present. For Messi to have being compared with Maradona, he certainly has surpassed the latter.

Maradona wouldn't be doing anything close to what Messi is doing today breaking all the soccer records, all the records that Maradona created. Messi is being measured on a higher scale than Maradona was. The scale Maradona outdid was a lower one than Messi is doing now. That scale is history. Messi is today's champion and Maradona can never compare himself with Messi.

You don't want to repeat history, champions don't have to. They create it by breaking

history. We hear people say "history will repeat itself". history never repeats itself, it will never.

What champions do is they use history as the benchmark for the new achievement they have to achieve. It will be a big mistake to think you want to recreate history. You can never become a champion by repeating history. Champions rather make and create history. They kill history and define history by their new sets of current achievements. Don't hope to repeat what has being done. It's being done, look to improve it.

When the wright brothers Wilbur and Orville built their plane, they made history becoming the first to fly with a mechanized system. No one was ever going to make that type of history. The Wilburs had taken all of it. Those who worked and developed on the creation left

by the Orvilles also made their own sets of history, men like Boeing. It's amazing that in the aircraft world Boeing seems to be ahead of the game when the Orvilles started it. Who then can be described as the champion? Is it Boeing or Orville? Boeing is, with all the jets and planes. Orville is history and that's long gone, only being remembered in history books of science. Boeing is present history and they haven't stopped producing safer and better aircrafts just to remain ahead in the aviation industry.

It's amazing how people think or wish they could do it the way Mr. A has done it. You can't be a champion by doing it like A. A is history. Do it your way, that's how champions think.

The mindset of champions is to look for the records in history that has being made and tell

the history that it is actually history without thinking twice.

I love track races. I started running the 100m and 200m since I was 8. I was a pupil at my primary school when I began to challenge for medals in inter house competitions and interschool competitions. I've watched international races and I've noticed that records are only created from challenging the historical record.

Don't try to do what someone else has done. Rather find a way to outdo what someone else has done. That's the champion mindset.

I remember once an acquaintance challenged me to a rap concert. He was known around the community because he could rap. I'd laugh it off because I knew I could rap better than he was. I didn't just want to be known for rap music but I always challenged him that I could do the rap stuff better than he was doing.

One day, I saw a group of young men gathering so I went towards them to see what was happening. They were actually celebrating my acquaintance. When this acquaintance saw me, he asked that I challenged him since no one around could. I refused initially but then I thought this was a challenge. I asked the other boys to judge between my skills and his as I released rhythms, metaphors and rhymes to the delight of the crowd that had gathered. I just made my friend history. People didn't look at him as being too good. I was now the too good guy.

If I have to do anything, I look at those who have made history at that thing then I look out to do better than they have done. That's the

psychology of a champion. A champion will look for the best when he enters a place and then he goes ahead to challenge that best. His goal is to make the present best future history.

I've said it already that the moment you get a task done, that task becomes history. Don't wait to repeat what someone else has done. Lookout for what you can on what has being done and become the new history.

CHAPTER TWO

ESCAPE? NO ROUTE

It's amazing that some persons want to achieve championship without heading to give a

challenge. They choose to escape from the competition. They feel they can escape. For a champ though, there is no escape route.

A champ will often talk himself into the challenge. He brags about what he intends to do and shouts at the top of his voice that he can and will dare the future challenge. The reason is to propel all the forces to believe he is able and can

Leading to a boxing competition, you would have watched one of those intros where the two challenging boxers meet perhaps in the dressing room to give themselves a word challenge. They'd talk so loud about their credentials to win in order to buy the attention of the crowd who would come to watch. The organizers of the bout would fix a date while both boxers prepare to keep the date. In a

situation where one boxer fails to show up for the fight, he is said to have chickened out.

If you truly think you are a champion, once you set your eyes on the goal, you cannot afford to look back. One who turns back is not fit for the challenge. A champion often wants to prove himself even if he comes eye to eye with defeat. He chooses to go down fighting, something honorable. Only a timid fragile and fearful man bucks at a challenge. He is the only one who runs away after he has being able to convince his supporters that he can and hopes have rallied around him. These types of men don't get anything done. They never get anywhere close to being a champ. They are chickens. A champion however blocks the entire route to return and chooses to die on the course.

Napoleon the great French general who took over Europe was said to have told his army to always burn down behind them every bridge they used in getting into the country they are to attack. They did this against Great Britain. It seems suicidal that one would come into another land and burn the same equipment that brought them in. The logic was that his soldiers must be aware there was no escape route. They just had to win the war or die fighting. That was often the rallying that made Napoleon so successful a warrior. That singular act often sent tremors to the land they desired to conquer when they see the enemy's ship at sea in flames and the enemy running towards them in fury.

Napoleons lesson was, if you must become a champion, burn the bridges of escape behind and have your eyes set at the prize only. For

Napoleon, conquering new lands was his prize and his men had to gaze intently at this prize.

A life champ must understand that the things that are prized are things that are worth giving up everything behind and looking up towards the mark. There will certainly be drags on the way. No one loves drags but it happens. These drags will whisper in your ears escape! Escape!! You aren't fit for the battle. A champion however learns to say no! I am fit to challenge and win I must.

Many times people make plans with defeat in mind. When you plan an escape route, it means you are defeated already. You'd hear someone say just in case that one fails, we have an escape with this. It actually fails and the escape becomes the ludicrous option.

Champions don't think of an escape. It's never an option. What will make you never get the prize? Why do you think of accepting gold when your gaze is on diamond? Or why think silver is acceptable in case you don't get gold? What's stopping you getting the desired gold or diamond?

A champion thinks he deserves the best and that's all. If he doesn't, he regrets. That should be the mentality. If you are not first, you are not best. There is nothing like second best, or is there? I know that once the winner takes the gold, no other person takes gold. What makes the second best if the best takes gold and the next takes silver? The winner is best and others are next.

It is interesting to note that those who don't look back but head on in spite of the drawbacks

actually get the champion accolade. The champion often has many things that seek to pull him away from his pursuit. He'd often have his fears, doubts, opinions of people, history that had being, attitude of people round him etc. so he thinks that he could fail but pushes on in spite.

When you see that big huge heavyweight champion in the wrestling bout, you'd think he expected to win with that huge size. He wouldn't tell you that he has to contend with all those fears. We celebrate his championships but we don't know how many bridges he has had to burn behind him so as to keep him from gunning for an escape. If he tells you, you'd marvel.

Now you'd say I want to be a champion but you are looking back to the sofa on the bed where

you have often made those sweet dreams. You think the dreams are so sweet, I should return to them again. Thank God you had a sweet bed to dream big dreams. You've got to burn the bed to make your dreams reality. Got it?

Sometimes it could be friends who are hell-bent at distracting you by telling you, guy, that your idea is great but do you know any who has succeeded at it? Those kinds of friends will have to be given up. They are creating an escape route for you and you don't need them. You need people who'd tell you go! There's nothing stopping you.

It's amazing that Wheatstone Churchill of Great Britain understood this. When he became prime minister, the former had always offered that the kingdom pleaded to be loyal to Hitler's rampaging German Nazi so that the catastrophe characterized by the Nazis would be averted. Well it was too late and the royal house wouldn't succumb to such gibberish talk. They found a new prime minister in Churchill who knew he was a champion and would never buckle to the tirades of the enemy. London had being attacked but Wheatstone's mind had not being. He rallied his soldiers with the words never, never, give up. They never escaped. They fought and that was the turnaround for the war.

You have no escape route. Fight till your last breath.

CHAPTER THREE

REASONING DON'T COUNT

Sometimes we choose to reason things out first before we take action. We'd look at the possibility of what we intend to do working from many angles and then when we are satisfied, we begin to act.

Well, those things that attract championship don't always look realistic. Often it's amazing and baffling too that championship status could come just like that.

How do I mean? At the start of a competition, there are odds. There are teams with higher chance to succeed than others. The organizers would often arrange them in the order of status and winning chance. Take the FIFA world cup for example. The teams with better chance of winning are selected first and positioned in groups followed by the next strata depending

on the position of the teams in the FIFA rankings.

What's amazing though is that those who were expected to win often never won. The teams that often won were those expected to stop half way. Unexpected beyond reasoning championship you'd say.

You don't have to see the possibility before you dare to be a champion. If you try to reason it out, you will be laying stockpiles of stones before you. Just go.

What reasoning would you give for Napoleon burning his ships behind? Not too good. You'd think the man is insane, but that's the weapon.

One fact is, we often do not see champions coming because we do not have good reasoning to back their rise. What I am actually alluding is that if you don't seem to understand

how you'd become a champion, you don't have to understand how.

I've happened to know that those who become champions have some weirdness around them. I am not saying you should be weird. But people do not often have the reasoning to back their rise. It's something phenomenal. When thinking of the process, it doesn't matter. If you are waiting for the dots to find the (i)s or the (t)s to cross before you jump at becoming a champ, you'd be waiting forever. You don't have to begin to reason it out like it's a twenty step process. It isn't. It is only for the dogged who don't care about the process.

Before you begin to think that you are not qualified like there are some set of qualities to fulfill, you will be wasting enormous time trying to work out your qualification. You don't have

to qualify for championship, you just have to work and walk to championship from how you are.

In the 2015/2016 season of the English premiership, Leicester won. It was an amazing feat for a team coming from relegation the previous season with unprofessional players who wouldn't get half a chance like Vardy. No one saw them coming but they held on to their lead from the start of the season to the end of it. Was there good reason around it? No. everyone would have tipped the likes of Arsenal, Manchester united or Manchester city. Leicester would have being tipped to struggle at the bottom but they strolled to the top. If you think you don't qualify, that's what makes the championship more interesting. The

odds are certainly in your favor. No one would expect you so you can pip them to it.

I remember in high school when I beat my classmates to mathematics. I was the only one who managed an A that term. One of my classmates came up to me and said, "You of all people, I can't believe it". It was interesting for me and that was all the propulsion I needed to stay up in the class. I had never known what topping the class meant but seeing that I did it by chance propelled me to staying up there till I finished high school.

When my friends complain about their inability to challenge our classmates, I tell them why not. They find very good reasons not to, reasons like I don't understand when I read, I can't solve mathematics. They often thought they needed good reasons to challenge our

other classmates before they compete. I never had good reasons to challenge my classmates. I hardly understood when I read and my mathematics is still not excellent but I knew that I didn't need all that qualifications to challenge them. All I needed was just to get going with all the bad reasons. I let the bad reasons propel me to staying competitive in class.

You don't need people to suggest to you about your capacity before you act. They will not see it because they are looking for the reasoning point of view. They will never see you becoming a professor because they know you can't make a sentence. It just doesn't make sense. Don't try to view yourself from how you see yourself. Look from where you can be and get going.

No child becomes a doctor at birth. The parents often see the doctor before the child discovers the possibilities of this happening and then the child begins to walk and work towards it. It actually takes many years to see it reach fulfillment.

If you are waiting till you get everything right, you may never do anything that's right and you will never do anything that's wrong. You will just do nothing.

Conventions and rules don't work it out. They never will. What will is you going towards championship believing what the conventions and rules won't give space for you.

The top is up there! Just let yourself the freedom to go beyond what others and even you can think.

CHAPTER FOUR

ENTERTAINMENT? DON'T GO THERE

Our society today is a humpty dumpty entertainment filled one. Everyone wants to be jumping hoolalah. That's not bad. It's just that the champions wouldn't go that way. It's a crazy world.

I'm not saying that champions don't entertain themselves. They do but not in the general sense. They are always very busy fathoming out how to fulfill their quest that they almost have little time to give to entertainment. By the way, what are you entertaining yourself about when there is a championship match to challenge for? Discipline is the keyword.

I remember the 2000 FIFA world cup in Korea Japan. The Nigerian national team had participated in that competition. Against camp rules, the players welcomed prostitutes into their rooms to entertain their sexual desires. It actually became an issue after they failed to pass the group stage for the first time since the team began to attend the competition. Teams often make it clear that their players stay off women.

If you are thinking you can combine entertainment and an eye for the prize, that's certainly an illusion. To be pragmatic, you will neither enjoy your entertainment nor set your eyes on the prize. It's a fact. You've got to choose one. For the champion, it is the prize.

I know of one heavy weight champion who won surprisingly a title but afterwards went about celebrating and entertaining himself while he should have being preparing for the defense of the title. When the time arrived for him to defend his title, he lost to the contenders.

If you think championship is for entertaining people, well you can rethink again. Yes we always desire and pursuing championship is enough fun. All the fun a champion seeks is the fun of winning, the glory, the joy that elopes in the heart. Winning could be very interesting that's why the team that wins a world cup or a gold medal jubilates.

There are benefits that actually come with winning. The fun comes as a result of winning not as a process of winning. Entertainment should be a reward for hard work and winning.

It will be a mistake to dance around or go play football when you should be on your book preparing for your exams if you want to get good grades at the exam except you've decided that the exams do not matter.

The human tendency towards feeding our flesh with some entertainments is understood. We must satisfy our body. Sadly though, society has suffered and is suffering because men and women who should have changed the way things are done were busy playing and entertaining their way in club houses and fun houses.

We'd often use the cliché "all work and no play makes jack a dull boy" as a corner to waste precious time. Sadly those who major at using this statement are those who play more than work. Play only should arrive after work has achieved its aim, it becomes even refreshing.

A champion only entertains himself in light of what he intends to achieve. He entertains with success in mind. When he gives up his work, he spends sometime refreshing himself outside work so that he could return to his work refreshed and stronger. That is the spirit of the champion.

Looking to become a champion requires that you discipline that part of you that loves fun. At the university I studied my mates who performed better than the rest of us in class. They had no time to entertain themselves with what our peers entertained with. There was no partying. While some of our mates took to partying every weekend, they'd read their books. That was the difference. Our

entertaining conscious friend were always surprise to see the success seeking mates entertaining themselves and that made them look human. It is in this case that the cliché made mention earlier holds water.

Does all work and no play make us dull? I've never seen one man who works and never plays becoming dull. It's actually the ones who play and never work that turn out dull. I've observed that amongst my pupils.

As a student, you may remember that the smartest students in class were not always playful. They always carried a serious mane and you could tell that this one was serious. So where does the cliché arrive from? From the lazy, entertainment loving students.

When I was playful in school, I failed and my teachers complained about me. The moment I

began to work harder and forge goals, good comments arrived from my teachers

I am not of the opinion that you should not entertain yourself once in a while. What I mean is that habitual entertainment is a big problem if you intend to be a champion. You have to give it up till after you have achieved your pursuit.

Provided you are in a continuous pursuit of championship, it is good you concentrate on the pursuit. Win what you have to win and play or entertain yourself with all you can entertain yourself with. There should be time for everything.

Never sacrifice your future championship pursuit on the altar of a present entertainment. You can give entertainment up today and still have it later.

CHAPTER FIVE

IDLE BABBLINGS? NO WAY

Everyone has a mouth. I don't know of anyone yet who doesn't have one though there may be one. God has given every one a mouth. We use the mouth to communicate our ideas to one another and to also feed the mind and body. The mouth is a major exit and entry point of the body.

Of all the organs of the body, the mouth plays a very important role. It is a powerful weapon of change. It has the power to enforce the kind of

life that we want. The way we use our mouth can determine how our lives turn out.

A champion knows how to use his mouth. He often talks himself into winning. It's really tough to achieve a feat without tending to use this gift from God. God has empowered us with our mouth to talk us into achieving what he has designed for us.

Famous coach Mourihno is known for his capacity to talk his team into victory. Though he often gets a backlash for this, he understands that only with the mouth can motivation and inspiration be transferred to others. His success at every football club he has coached is testimony to the fact that the mouth has the audacity to make change.

The mouth propels change whether positive or negative. It all depends on how we use it. We

are often encouraged to think it, say it, and we will have it. Some school of thought say keep saying it till it happens. What you want to see happen is dependent on your ability to believe and confess with your mouth.

It is believed that what comes from our mouth is the result of what's inside us. Yes it is! If you think you can get something, say it and you trigger the process for getting it. That's how powerful the mouth is.

A champion realizes the huge power in his mouth. He keeps it inside and watches what he says. He learns to speak only positive words, words that will propel him towards the status he desires. He knows his mouth is a gift and like every good gift, it has to be protected with all one has the capacity for.

If you must be a champion, you must know what you say. You don't just talk because you have to talk; you talk because you intend to achieve championship status.

If you've watched wrestling contest, you would have noticed that before the match, the contestants challenge themselves to a war of words. They talk themselves into the challenge by infuriating the other challenger. That way, there is increased anticipation for the match and there is heightened expectations to have them perform at the peak their words have propelled them to.

Champions don't talk about what they are incapable of doing. When we talk too much above our capacity to achieve, we are making idle babblings. We talk because we are capable of carrying out what we think we should carry

out and we empowered ourselves to get that done.

Imagine a man in a remote forest in a village in Tanzania, Africa hoping to become president of America. No matter how much he talks and convincing he may seem, he is just making idle babblings. It will never be achieved no matter how many times he says it and no matter how he believes what he says.

What we say has the possibility to turn out as we say it but not everything we say can turn out possible. What you say should be in the light of possible.

A champion don't just talk, they talk and fight for their talk. They let what they say propel them to act in its direction. Once they set at acting, they get going propelled by the words they have made.

Our words are the propellers. They can push us till we get it right or wrong. I mean wrong in actual sense because sometimes someone says some hurting words like "I'm going to hit you with this hammer" and you think they really can't when in actual sense, they mean what they say

Words are the future. Champions realize what they say into the future may not happen now but they will get shaped in a distant future they may or may not be in. when Martin Luther jnr. made the "I have a dream declaration", he spoke into the future. He just had a dream, but the moment he spoke it, he triggered its emergence and it arrived more than five decades after he said it.

Champions don't keep their mouth shut when they should be saying something. They know

when talking is relevant and when it's not. They don't just talk because everyone's saying something. They talk because it's the right time and for the right purpose.

Martin Luther spoke because time had arrived for the emancipation of the coloured and black race. He never lived to see its fruits but he triggered it and his enemies pulled the trigger on him. But he had said it so vehemently that death couldn't change anything.

Champions use their mouth to transfer information through generation. I am amazed at the capacity of the human mouth. Teachers at school can only pass the classroom information to the students through the mouth. However modern education techniques may be, education is transferred by mouth. I teach students and I remember that some of

the things I teach were the things I heard from my teachers when I was in school. Sometime I use the same illustrations just to pass my message the same way I understood from my teachers many of whom I haven't seen for decades. I have actually transferred their information to people who I believe will also transfer same to others. We share and transfer knowledge using our mouth.

Champions don't curse with their mouth. They are aware that as much as they could use their mouth to speak positives into the future, they could as well make negative pronouncements which could affect the future negatively. You don't want to make the mistake of closing your future to possibilities. You want to live in the future the type you will find joy in.

If you think you must be a champion, learn to use your mouth wisely. The power of life and death is in your mouth. Use it wisely.

CHAPTER SIX

SUSPENSE CREATE IT

I remember watching the final of the champions' league some years back between AC Milan and Liverpool. Both teams were incredible to the finale. AC Milan had gone ahead to take a three goal lead only to have

Liverpool comeback to equal the goals tally. It was amazing and surprised filled as the teams struggled to find the winning goal that never came until penalties were called. Both teams exhibited finesse. They challenged each other goal for goal and spectators couldn't sit on their seats. They just stood watching to see the outcome. The outcome actually turned Liverpool's way

Champions are people with capacity to make suspense. They suspend the minds of other by exhibiting uncommon capacity and skill that make people marvel. You'd hear shouts like wow! How did he do it? That's amazing!

Champions are not known to do it the way everyone does it. They do not do it the normal way. Normal is often too normal for them. They go the extra mile and leave the crowd

marveling at how and where they got their skill from.

I often watch "got talent" shows. I'm caught in awe at some extraordinary show of skills and talents. They are often amazing to watch and some could keep you suspense filled throughout their performance.

Champions go all the way to do what they do in a wow-full way. Your quest for championship is one that requires your capacity to do some extraordinary stuff. The extra has to be on the ordinary. People should ask how you did it. If they don't ask, you have done what you've done on the ordinary plane.

As a student at the university some years ago, I had a class mate who could ride the sports bike. He was very amazing at this art performing awesome and weird stunts. We

looked at him in awe because he did what only he could do.

A particular student at the University of Lagos Nigeria graduated in year 2016 with a CGPA of 5.0. He had made an A in every course since he came into the school and was the first to make such a feet from a Nigerian university. For his performance, he was given an honorary session at the Nigerian senate. He held everyone in awe. The media came calling looking to ask him how he did it. He was amazing.

You've seen people do some suspense filled stuff and you've thought how do I repeat this or how do I do something better. If someone has done some great stuff, it means it's actually possible that's why it has being done. Now you've got to think of the extra that can be done upon it.

The champion wants people to make a shout like wow! When records are created on track and field events, the spectators are often amazed at the new time records set.

Sometimes an athlete creates a record that it's believed no one would break in the nearest years. Such athletes are said to be extraordinary. It often takes another extraordinary athlete to recreate the record.

I've watched the mercurial Messi play for Barcelona. In one particular game, Messi dribbled every player and the keeper as well and when everyone thought he would score, he returned the ball to his own side of the field. Every team dreads him and he has proved he is in his own class, the champion amongst champions. He has won five world footballers of year awards and he isn't waning.

It's interesting to note that the man who wants to be a champion must prove that he is too much to be considered champion. This is because he isn't the only one gunning for the position. He just has to be so good that even those who are competing with him will easily conclude that he is better off than they are.

You have to work really hard at doing what you do to find that extra edge. That extra edge is the suspense. Finding that suspense filled edge requires doing some more extra work than others are doing. You will have to train more, meet new coaches, read new books, try out new skills, and watch new videos.

Sometimes this suspense filled extra edge may cost even more money. It will cost money to buy new books, new videos, to get new coaches and it will cost time. This cost will

require your sacrifice. We will have to sacrifice so much than normal to get the extra suspense filled edge.

A friend once shared with me about one PhD student who was defending his PhD thesis. He had gathered professors and students who came to listen to him. Everyone looked in amazement as he defended his PhD thesis. Even the professors could not hold that amazement. They had never heard something like what the PhD student said in defense of his thesis. The professors asked where he got that knowledge from seeing that so much work had being done in that field already.

Prayer from direction and guidance from God is very helpful. Most of the persons who seem extraordinary in their field often hold their capacity to God. You'd notice footballers

pointing upward towards the sky in recognition of God. There is a natural; tendency towards God. God can give you that extra.

God can make your life suspense filled. He knows how to create it. He just blesses you beyond measure that people look at you in wonder. That life of a champion is a life of suspense. Create it.

CHAPTER SEVEN

TIME! IT'S VALUABLE

When I was little, I followed my mom to the market. As a gift, she bought me a plastic watch. It was a static watch and it never told

the time but I valued it. As I grew and began to tell the time, I demanded for a working wristwatch and my dad bought me one. It was so precious that I protected with all that I had. I never knew the value of time keeping then. As far as I was concern, there was no time to keep. I just wore the watch to show my mates I was in a higher class. Owning a wrist watch was a status object.

Now that I'm grown, that concept has changed. I'm increasingly cautious of time especially with the myriad of task that there is to be done in the day.

Every champion is time conscious. We don't have all the day and we don't have all the resources. Some resources are time bound. Champions are aware that when a resource is

available, they must seize on its availability immediately else it could become unavailable.

Time is an important asset. It has to be managed. No champion strives without having this at the back of his mind. They work with time. There are championship status that only arrive at a particular time in one's life. Once that time is up, one becomes bigger than that championship status. For example, a ten year old chap may become the best graduating pupil in his primary school. A twenty year cannot return to primary school to try the feet no matter how well he performs. That championship status has passed his time. A twenty year old should be pushing for a degree at the university.

Time is precious. No one has all the time. An athlete doesn't have all the time in the world to

prepare for a race that has a specific dateline. He has to prepare using all the time available prior to the competition. He has to make the best of the time available before the competition.

There are certain time bound achievements. Once the time is past, it will be impossible achieving them. Our body age. A wrestler at 25 will be stronger to challenge for championship than one who is 50. Even if the 50 year old is experienced, time has passed with its strength. He may lack the strength to challenge the younger wrestler.

Footballers have a certain age range in their careers to play. Often, footballers know that all the strength to play and experience is often acquired between ages 20 and 30. Any footballer who wants to make impact or win

any award must work hard during this age range as after then, they will not be strong to compete against younger fresher legs.

You don't want to be considered too big for a position. You have to do what you do with time frame in mind. Time has to be managed. As much as it seems there is so much of it, there is only little of it. All you have is now. You don't have all the time. You have now to work and walk toward your goal and ambitions.

Champions are very much aware of this. They seize on now. They know tomorrow may never come no matter how much time offers tomorrow. All the effect they can make is worth it now! now! and now!

Some persons are given to procrastination and they crash land. The effects they should have made today and be celebrated today and look

up to something new tomorrow, they keep it for tomorrow. Sadly when tomorrow arrives, they push it till next tomorrow. Anything worth doing is worth doing now. That influence you can make can be made now.

Death comes knocking any day it chooses. What's saddening isn't death but it's not doing what we should do when we were alive. We could do so much now that the opportunity is available. The grave yard is filled with people who never did all they should have done when they had the time to live.

Time in actual sense doesn't exist. Time is relative. The relativity of time is what makes it never exist. We often think we have it only to discover it's not there. When students prepare for exams, they often feel they have perhaps a month to prepare, but before they know it they

find themselves in the eve of the examination and they ask how time flies.

Time should be used wisely. We don't have to rush through important actions that should have imparted life positively. As much as time is limited, we still need to take our time to think over making certain valuable decisions in our lives. These decisions are often important. When we want to make a choice about where we intend to go or what new direction that will make a difference in your life and society.

We often reach junctions in life where we are left with options to choose. As much as there is a tendency to follow the path everyone is taking, it will be good you think and consider over and over again the optional routes available. Many persons have made mistakes in their lives rushing to make decisions when they

could have spent more time to think about the directions. Some just follow the crowd and end up unfulfilled.

As a young graduate from high school, I had the challenge of choosing which course to study at the university and which university to attend. At a point I was confuse that I just accepted what came. It was only after entering school that I had regrets. I should have being patient to think through.

As much as there is no time, there is time. We need to know time in its context and manage it wisely to enable it benefit us.

CHAPTER EIGHT

HOPE! CHERISH IT

Hope is wanting something to happen and thinking it is possible. It is a belief that

something you want will happen. Champions are hope filled. That's the fuel that keeps them running. Champions look ahead at what they intend to do. They believe it is possible however huge the task.

I often hear players talk about doing all they can to win, preparing well and "hoping" that victory arrives for their hard work. No champion thinks he is too good even if he is confident about his capacity. He always hopes that his too good capacity and his confidence is enough to take him to championship.

Students study really hard in preparation for their exams; however they hope the questions in the examinations turn out in their favor and they could answer them. Students hope that however difficult the questions examiners will set, they will be able to answer them comfortably to a certain degree.

Hope is what drives champions. Because the champion always thinks of big things, he has to develop the capacity to also get big things. This capacity is his "hope". He thinks those big things he desires is possible and he pushes himself towards that big desire.

Champions are never encumbered by the extent of challenges that arrives to stop them from achieving his goals. His hope sees before the challenges, sees over the challenges and sees after the challenges. He just keeps going bulldozing every challenge that comes.

Champions are often optimistic. It is their hope that stirs this attribute. This hope pushes them to always speak positively about their expectations and aspirations. Even when

everyone thinks, it isn't possible; they just keep going with the strong belief that the possible is in the so called possible.

Hope stirs faith. We develop confidence about a thing coming through as we expect even when there is no possibility it could happen in reality. Champions are full of faith that the championship laurel is theories even when they have to challenge former champions.

Champion coaches know how to hope. Because hope can be transferred from one person to another. Coaches transfer their hopes to their teams. The players hope what their coaches hope and this empowers them to winning. When the team doesn't share the same hopes and believes, the team fails.

Big soccer teams such as Barcelona, Real Madrid, Manchester united begin their seasons

with the hope to win their leagues. Their fans hope they'd win and the philosophy of the team is built around this hope. The teams buy players with the hope that they will add their value to ensuring the hope of the team to win is not dashed. Hope is the essence of any true champion.

The musician writes a song, goes to the studio to record it, and finds a manager who markets the music. What propels him to go this length is the hope that his music will hit the market and the audience would love it and become his fans. He also hopes to make much money from the sale of his song. He sees the future and begins to act towards it.

As a first year student at the university, I found it difficult making good grades. However, I had this habit of going through the result sheet of

the graduating students to check for those who came through with at least a second class upper. My hope was that at the end of my five year course, I should also be associated with at least a second-class upper. This hope pushed me to work harder. Soon my grades improved and at the end of my five years, I came through with a second class upper. I became my hopes.

We become our hope. Its best that we build very big hopes and strive to reached them. Our hope should take us to being the best at what we do or are doing. We don't need to build small hopes because we actually become our hopes.

As a young man trying to cut my teeth in business, I ventured into academics. I started a kindergarten school with the little resources at my disposal with the big hope in mind, to build

a ten story structure to house the school. That's a big hope but because I'm hoping to get there, I constantly look towards that picture. It will become a reality. That's hope.

Hope talks and walks us to the future we are envisaging. Provided it is hope, it is filled with possibilities. Don't ever look down at your capacity to get it done when it is hope. Hope just takes you there. It is your vehicle for your future attainment.

It's amazing what can happen over a thought when one begins to hope on it becoming reality. The moment it becomes hope, you have deliberately spoken it into existence.

Our hopes become the inspiration for which our future attainment arrives. The championship status you hope to have is yours

now! You have it. Just hope! Hope is everything!!

CHAPTER NINE

EXEMPLIFY! YOUR LIFESTYLE

To exemplify means to be a typical example of something. Champions are persons who are examples. They are always looked up to for exemplary conduct. Because champions are always up there, every one under them look up to them for direction and guidance. Everyone wants to know how they got up to their status they want to follow their footsteps. It is this reason champions have to protect their reputation and guard against anything that will spoil their self-image.

You might have heard statements like "I don't expect that of you". It means there was a more expectation than what was being done by the person being accused. Champions are often aware of the huge responsibility from their numerous fans that look up to them not just for the talents but for the moral support from the stories of the champion.

True champions often have humble beginning. Their success stories often relate with the troubles of most people so often they have to carry the burden of not just living their lives but living it like worthy champions.

When a champion does something in an exceptional way, everyone wants to do it like them. People hope to play golf like Tiger Woods, dance like Michael Jackson, and shake their hips like Beyoncé. Champions are seen as standards.

Your quest for championship takes you away from your quiet life and you become the cynosure of all eyes. You don't expect to hide at the comforts of your room and become the mega superstar on stage. Though most of the work towards championship is done alone, attaining the status comes with a big

responsibility to shoulder the dreams and aspirations of others who hope they can be like you.

Most superstar champions fail to appreciate this fact so they were overtaken by the sudden fame and ecstasy of the moment of their championship. They got involved in drugs and lost out their place of championship. Some are dead while some have gone insane.

Champions don't play to the gallery of their fans. To think that you have to please your fans once you are up there is a mistake. Champions lead but they don't allow the fans teach them how to lead. Fans change taste and you may go mad over them. The fans loved you for who you were before your new status. Remain true to that personality they loved in you initially. Don't change because you want to be in vogue

and attract more fans. Fans will still be around when you are dead

Popular late pop singer Michael Jackson rose to pop fame in the 70's as a teenager. He however bowed to the pressure of his fans and manager to alter his skin in order to be a bigger brand. Sadly, that was a mistake he made. He showed a bad example and left a negative legacy. He died suffering from the effects of the operation and died premature. He could still have being popular with his talent and could still have made money as other blacks are doing. He could still have being a positive example to the world but he died when he was needed most.

Champions have to be cautious of how they lead their lives. You don't want to spoil your good name over a small situation that should never have happened.

Pitros, South African Paralympic champion landed himself in prison after killing his girlfriend. Tiger woods lost a fortune after divorcing his wife because he was unfaithful to her, Michael Powell, former track and field's Olympic champion lost his champion over accusation of doping. Champions don't meddle. They are cautious.

Because you immediately have people poking at you once you reach a champion status, you don't have to make yourself more grandiose than your new status has made you feel. You have to be meek and show humility. This will wade off negative attention. Real champions are humble. They stay humble to God and to humanity.

People look out for virtues they can copy in their champions. Once you become a

champion, you naturally become a role model. They are aware that it has taken some great virtues such as hardwork, perseverance, diligence, hope and faithfulness to reach where you have reached. They know it isn't an easy route. They want to walk in that path you have taken and they are hoping they will become just like you.

You have a responsibility to look up to men and women of exemplary conduct. Who is your example? Champions look up to champions. They think of how to outdo the champion they are modeling their lives with but they have to reach the level of the model champion before they can outdo him.

The person you look up to can direct your path to where you want to be at least to their level. The bigger your model, the bigger your chance

to be big too. If you look up to small models, the chance of becoming a big shot is slim. Don't let your model be your final port. Let him be your start port.

Your daily thinking should be how do I live my life to be an example to the people behind me? How does my life become the right book that others can read and be inspired to live their lives and become the best they should be? Sometimes, we are given to being examples to people who are lower than us that we think that those ahead of us cannot look up to us as examples. Well, champions don't think like that. They expect everyone to look up to them whether they are big or small, achieved or less achieved. They think that what's inside them isn't in the other renowned champion and that

they have what the renowned champion does not have.

What you have inside you is enough championship status for people to become envious of. Sometimes we think that we have to be up there. Well! That's weird thinking. You are up there already. People will see you the way you see yourself. Make your life such that others will look at you and marvel and want to emulate you.

Live your life the way you would love it when you see some other person living that life.

CHAPTER TEN

CRITIC YOURSELF

Criticisms always arrives the path of the champion. As much as people look up to him for inspiration and direction, he also gets people who criticize him for his every move. These persons never see well in what he does. Their goal is to bring him down.

Criticism is the act of expressing disapproval of somebody or something and opinions about their faults or bad qualities

Champions are prone to criticism. As much as the champion is great at doing what he does, he has his imperfections and limitations that he continually strives to outdo. As much as you desire that championship status and you are working hard towards it, there are still many parts of you that won't change because of the championship status you are gunning for.

Expect criticism to come your way. Don't feel bad about it, it's part of the championship pursuit. Don't think that because of the criticisms, you cannot become the champion you want to be. Criticisms should spur you towards championship. It should drive you to even do more work on your weakness that has being noticed by your critics.

Do you have to wait till critics arrive on your path to championship? No. you don't have to wait for the critics. Criticisms should make you feel good that you are making impact and people are noting your impact and discovering how well you could do what you do better.

Here is truth. You can be your own critic. You don't have to wait till your critics arrive for you to discover your place or status on your push to championship. It's like waiting till some other

person tells you to climb the next step when you are on your first step and what you want is on your fifth step. You don't need someone else to tell you when you qualify to move. You just have to move up. That's why you have to learn to critic yourself and become the one to qualify your capacity not others.

Why should you allow some other person have the privilege of finding and qualifying your gifts when you have all the capacity in you to find who you really are and to discover your strength in the face of your weaknesses. It is not the place of those external critics to make you. It is your place. You only gave them the opportunity to make you feel down casted by showing them your limitations and they leveraged on it to try to drag you down

You have to take your place as your critic. These may seem weird but it's not. You have to leverage on your own capacity to discover yourself. You discovered that you could be a champion. Others didn't. They can't take the place of finding faults around you. You shouldn't allow it. If you've discovered your championship, discover your limitations.

Many times while on display showing our championship attribute, we make allusions to our limitations. We hear statements like that's my weakness and you reveal it to the world. Do they have to know? No!

As soon as you begin to discover your path to championship, begin to plan toward developing your own critic system. A system you could use to discover your limitations without some other person using it against you.

Companies create quality control systems to ensure that what comes through them is standard quality product. These quality control systems unit analyses their products find faults around it. If it's good, it goes out and if it's not, the product is returned to the production system for reproduction. These companies understand that it would cost so much for one product that is not well produced to get to a radical critical minded customer who would charge for damages.

The interesting thing about these companies is that they create a system to hear out the criticisms of others. They have customer service centers or complaints centers to hear out what complaints the customers have. The companies learn to develop a way to get the criticisms and work out how to make their products better.

We cannot condemn criticisms in totality. I've said already that they are needed; we need them when they arrive. But you don't have to wait till they arrive you can make out a way for them to arrive so that you know where you aren't doing well.

You have to develop the capacity to hear others even when they are critical of your hard work. Don't just throw them off because you think they are always critical. Their nonsense could make sense. Develop a listening hear but don't ponder on everything you hear. Learn to hear but don't rush to do. Measure what you hear on the scale of truth.

I am my own critic. I don't wait for people to criticize my writings or work before I know I have to do some work on them. I read over my writings to restructure the sentences and

reorganize the books. I get people criticizing me about my writings when I send them to media houses. I remember the first write-up I sent to a media house. The editor of the print media replied that my work wasn't good enough for his paper. He was plain and I felt bad that my writing dream which was just starting to tee was being rubbished. I wasn't even asking for money. All I wanted was the opportunity to bless people with my God- given wisdom.

I've learnt never to listen to the critical babblings of others. If I had listened to the editor, this book won't be in your hands. Yes my writing may still not be perfect yet and I know its not but I'm going ahead with my desirable championship state because I know where I want to be.

Don't be limited by the limitations people place around you because they think you aren't good enough. Listen to them but get going because they don't matter. Those that matter will find a way to tell you in a simple polite manner what's wrong about your idea or quest and will find a way to help you.

Critic yourself and all you will have to fail is you.

CHAPTER ELEVEN

HIT YOUR TARGET

What's a target? It's a result that you try to achieve or a situation that people aim at when they choose to attack. Life is meant for those who can attack. There is a consistent war being fought. This war is between humans and life. Life has every good thing but humans don't. Humans are thus fraught with the desire to get every good thing from life.

Life is subtle; it does not give you everything it can give because you've started a mare battle. It works on you, bringing up scenarios upon scenario until it is satisfied that you have developed all the qualities that make you a true champion over it.

Life always presents the target a long distance from us looking green and lush. It shows us the too good picture and tells us ok it's time to try your luck. Because humans are hungry for the kind of offerings life offers, we begin to make a way to get life to give us what life now presents as target.

Everything we want is in life. Our championship desire has being offered by life already. What we are doing is just looking at what life is offering, the best of it and making it a target.

Every champion runs with a target. When the race begins, everyone runs with a target to reach the finishing line first. The finishing line is already there. You don't have to create it.

When in wrestling, the wrestlers wrestle, it is because they have the belt to challenge for.

We are not pushing for a hypothetical target. It is not something we just wish for and hope that it just comes as we are pushing. It's there and our eyes can see it, looking lovely and pricey. It is the beauty and quality of the target that spurs us up. So our target has to be defined. That thing you are doing has the best of it. Find it and add an extra. Make that extra your target.

The goal of every champion is to hit the target they have defined for themselves. Now you think, target defined by myself? Yes! The target life offers you is the starting point. The guy who has the world record at the 100m race is now the bench mark if you must get the world record. Once life shows you a benchmark and

you add to it, life will say alright, you can have it, just go for it. It's amazing how life will expand its choices to have your now target.

Once you define your target, it is the bull's eye. Now you begin to throw your darts towards the dashboard with the aim of the darts being the eye. If you've thrown darts, you will observe that you almost never hit the dashboard in your first three tries. You would be genius if you did. Your darts went away. You would have tried a couple more times before the dart hit the dash board. I am very certain that you never hit the bull's eye the first shot you took. But you persevered at throwing it till you hit the first one and then a couple more misses and then you began to perfect the darts until you could even throw it closing your eyes. It wasn't automatic. There was perseverance attached to it.

Your target is there but you will have to keep at it till you hit it. The fact that you don't get near it as yet doesn't remove the fact that the target is there watching. The target just requires that you become better and better at aiming for it. Once you get all the qualities it wants you to have, the target arrives by itself.

What qualities? You will have to be tested in patience, perseverance, diligence and determination. It seems remarkable that once you have all these qualities in the right amount in you, the target works towards you with ease.

What this means is that you would have developed these qualities which will help you get the skills that is required for the championship status that you desire. That's the philosophy.

In your field of endeavor, there is that highest position that everyone would wish for. Make it your target. Don't ever live your life without something to aim at. While others are wishing it, make it your target and work toward it. If you need more education to have it, go get it, you need more training, train yourself in that direction.

Those who become champions are those who set their target and do something about their targets. They don't sleep at their targets. They work really hard until their targets become the reality of their life. Set your target, hit your target.

CHAPTER TWELVE

ARRIVE JUST IN TIME

Punctuality is the soul of business, so a popular cliché says. In every champion is a time keeper. No matter how little the challenge, even those who are not champions know that to face the challenge, one must start the challenge on time.

Before a football match is played, players have to arrive from both teams accompanied by their coaches. Any player who arrives latter than when his team is supposed to be on the pitch is considered not ready for the match. No matter the super champion status of the player, once it's time for the match to kick off, the referee will call for it without the player. The player has to sit on the stands when he arrives. In a race, the same value for time holds. All the runners must arrive just in time for the race. The umpire doesn't care whether you warm up for the race or yes. All he cares is that when he calls for the athletes at the starting line, they are there. Any athlete who isn't on the line even if he is the world athletics champion will

Students who re preparing for examinations are aware that they have to be just in time for the examination before the examiner calls for it. A

miss the race

student wouldn't come thirty minutes after and expect the examination to be offered him. It is against the ethics of examination and he should not expect to pass it a minute later than other students.

Champions understand the value of being punctual whether to business or any venture they are undertaking. They prepare to not just be on time but to be far ahead of the time. Champions acknowledge that the time before the event is good enough time to warm up in anticipation of the event. They don't just rush in to the event just because they are to keep to time.

You'd notice in a track and field event that the athletes arrive on the track some minutes earlier to warm up. This is to put them is shape for the race. Footballers do same too. The

players are on the pitch at least thirty minutes before the race to familiarize with the pitch and stadium. Every sport has the same attribute. Even students preparing for examination understand that the few hours before the examination at the venue of the exam could be very useful. Champions understand this vital secret of success. They prepare themselves always to be available few hours to an event so that in a situation where the event is brought forward or postponed, they would not be caught on the ropes.

The secret of punctuality is that it reveals ones seriousness. Champions are serious people. When you appear late for an event, you are invariably showing that the event is unimportant to you. Punctuality is also used to measure the faithfulness of a staff. Business people look out for the punctuality statistic top

ascertain those who are doing their work and those who are not.

The quality of any service offered is considered importantly on how timely it arrives. For example, if person wants a home service from a reputable food company and he calls for the company only for the company to arrive four hours later, however reputable the company and good the service, the buyer may lose interest for the food and perhaps has found elsewhere to solve his hunger problem before they arrive.

We need to acknowledge the importance of setting the time priority right. This is why companies who offer home services develop networks and dispatch systems that ensure that at least they are always thirty minutes from the time the client called for the service.

It's amazing how people say, I don't need to keep time, and I'm the boss. Sure bosses need to keep time too. Sure bosses need to keep time too. As much as they own the business, they have to keep the business running fit.

One amazing attribute about this quality is that it molds you into a better person overtime. You may ask how? It enables you garner amazing attributes such as focus, time management, time keeping and personal management. You also learn to be diligent.

A person who learns to be punctual develops high focus towards institutional goals of the company he works with or the competition he is driving at. This is because he is often always relaxed for the event and any event that arrives against the man who runs into his office late and hops straight to his job almost

immediately. The later gets startled especially at projects that require immediate action. This thus leads to waste.

As one strives to be punctual, it develops one into time keeper. You become cautious and conscious of how much time you spend in pursuit of one event when you could do more with the time. Time is precious so a champion has to know how to use it judiciously and wisely so that he could have more of it.

You learn to manage yourself. You know where to go and where not to. You learn that you don't have to be at a place past a particular time when you should be at your bed sleeping, resting or when you should be at the gym working out or doing something in the direction of your goal.

Acknowledging that you just have to be on time and in time for any event can make you a better person altogether. You learn to do your things faster than the average person will and you increasingly become more conscious of yourself and your set goals and targets.

We often think we are running against time.

True, time isn't our friend but it depends on our understanding of this vital ingredient of life.

Time can begin to run after us when we know its place in our lives and how to manage it so that it doesn't become too important as to keep us running every time in its pursuit.

CHAPTER THIRTEN

MIND YOUR BUSINESS.

Mind your business! How about that? You've got to mind your business. You don't have to be a busy body in every body's matter because you think you are champion. You are champion only of your life.

Sometimes when we begin to achieve some feet, there is that tendency to want to champion over the lives of others because we

think we have become higher or more achieved than they are. Well, if you think that way, you've missed it.

Champions are known to always mind their business. They are too focused on their goals to make some other person their problem. In short, their goals are always enormous to keep them pushing at it that they often do not mind others.

If you think you have a champion mindset, don't poke. People often do not like to be poked at and they soon begin to avoid you once they notice this attribute.

Focus on who you are and making yourself better. This does not mean you should not help others when they require help or that you should not offer generic uplifting service to people. But to focus on people and making them your business when you haven't worked on you is detrimental to you and the other person.

Be business minded even to yourself. Treat yourself as a business that profits the more input you put into it. Don't think that by doing less of yourself and focusing on others, you profit yourself. If you do less of yourself, you get less of yourself. The sad truth about putting much on others is that you are investing of persons who may or may not value your investments in them. You will certainly feel bad when they don't appreciate you.

The moment you begin to share your inputs and focus on others, and less of yourself, your own growth is stunted. Make sure you work on you and let the extra that pours out be the overflow.

Your business is your business. Others may come around to make you their business. They want you to look just like them, act just like they are doing and conform to them. Well, you need to know you are your own business. No one will run you better than you. The best way you intend to look is you looking that way. You won't like how others want you to look.

You know what works best for you. Others don't. You will have to tell them what you want. Anyone who you allow in your life should be people you permit with your own school of thought. You have to protect your own interest first. It is your interest.

Imagine that you are in a race with other athlete and the referee calls out for the race. Rather than the champion racer, starting to the race, he runs over to another athlete to show

him how to start the race. That will be foolhardy. The referee doesn't care if you are helping out another athlete. He will call for the start of the race and the championship status of the champion becomes irrelevant.

You won't find a footballer who plays for a team choose on his own volition to score into his own goal in a bid to help his own team. That will be odd. His business is to ensure his team wins.

Champions are business conscious. They come to challenge others and to win. They have a fixed business and the focus on it. They keep at it till it is done.

There will certainly be distractions away from your major business. Life always offers these distractions. They could come from family,

friends, mates or acquaintances. You just have to stay focuses to the goal no matter what.

CHAPTER FOURTEIN

PURSUE GOD'S INTEREST

A major quality of those who become champions is their interest in God.

God has created everyone to do incredible marvelous things. He has blessed us with this capacity that his desire and only desire is to see

us become what he has made us for i.e. championship.

The challenge we have however is that we tend to run from God. We often think that we don't need him when in reality we really need him.

All the time, God is stretching his hands towards us. He calls out to us but we often think we are strong enough and do not need him.

I had similar experience. I was too busy running and thinking I was pursuing championship. I just quipped when it was with God until I couldn't run any longer. Since I accepted God to lead me, it's being marvelous ever since.

All things written before this chapter wouldn't help a bit if you don't find God and then allow him have a place in you.

Often we become too busy trying to locate ourselves where we think we should be but soon discover that it isn't easy. We just can't

God wants to help us achieve great things. He feels like us and he knows what's best that we don't. It's great we find out first from him what his interest for our lives is.

I've heard a couple of persons say, if I knew God wanted me to do this, I should have begun earlier on to do it. There have being many regrets but you don't have to regret.

How do you locate God? God has offered us his son Jesus. He says through Jesus, we can come to him. The only way to God is Jesus.

First accept Jesus as the only son of God.
Believe that Jesus offered himself to die for
your sins. Confess your sins to God. And decide
to stay put with God for the direction you need.

You can now ask for divine championship direction in the name of Jesus