



Gabriel's  
Message

**2015**

**Erik Pitts**

I have a gift. I will seek out help in strengthening it.

I will fulfill my destiny.

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What about my destiny?

Your destiny IS my destiny.

Who are you?

I am Gabriel.

Why me?

You are ready.

Ready for?

Ready for an expanded awareness.

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Morning, 6/6/15, approximately 2 AM

During the previous day, I had become acutely aware of my gift to communicate or channel from the non-physical realm. It was not a specific experience. It was a knowing. A powerful, emotional thunderbolt of knowing.

Around 2 AM, I decided to meditate. I was familiar with two guides who had helped me through much suffering in the past. They were like two old friends, always available to sit down and talk.

I called on them. I asked if there was anyone wishing to speak to me.

They seemed to smile and each stepped to one side as a third figure approached. He was brilliantly gold, with shining gold armor and massive golden wings.

I asked, "Who are you?"

"Gabriel."

Then he reached out his hand, touched my forehead, and said "Sleep".

At that moment, he spun around and floated backward into me. His wings became my wings. I opened my eyes and ended my meditation. I then laid down and as directed fell immediately to sleep.

This is how we met.

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You need to begin. You need to stop fighting, procrastinating, doubting. Stop fighting the impulse. Stop doubting yourself. Stop doubting me.

You are familiar with Abraham. You know of their teachings. They have stated "stop doing that thing you are doing." This is your turn. For when you stop doing that thing you do, you make room for something else. Something new. Something amazing. Something beautiful. Are you ready?

I think I am. Wait. I am. "Thinking" I am is part of that doubting, isn't it?

It is.

Then I am ready. And I must be. Because now I have proof. I have already begun.

Good.

Thank you. For the loving encouragement.

It is what we provide for you. By “we”, I am describing those of us that wish to aid humanity on its quest for consciousness. By “you”, I mean all on Earth who are ready for this awakening.

So not me personally?

You are part of the many who are becoming aware of who and what you really are. So yes, for you personally. But also for many more. Some who will know these words and communications. Some who become aware in their own ways. Many are already aware. Many are already awake. But many, many more are still in the process of awakening.

Awakening?

It is a...difficult... process. Difficult because you must let go of so much that you have already learned. You must revise everything you know through the lens of a new paradigm.

But there are many who do not have the burden of so much knowledge to “unlearn”.

Children?

Yes. Your young are now showing up with a glimmer of understanding already within them.

Indigo children? Those with memories of past lives? Even autism?

Yes. You are seeing something new occurring on your planet. Your young are different. “At odds” so to speak, with your current views and understanding. You do not know what to make of them.

What do we do?

First you medicate them. In an attempt to conform them. And to a small degree, it has worked. But your goals to conform them are not sufficient to keep up with the numbers that are arriving. They are showing up with too much clarity. Too much self-determination. Too much “non-conformity!”

It is forcing those on your planet to take notice.

You are personally aware of this.

I am.

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I have experienced this and still am with regard to at least one of my two children.

What is the wish, the desire of your child in this regard?

She doesn't want medicine. She doesn't want to be “fixed”. She wants to be wholly herself.

This is the wish of all sentient beings. Through this earthly experience, many believe they are unable to express themselves authentically. They feel trapped, blocked, prevented, ostracized, and crucified.

But these children?

They are different. They are showing up with enough memory, enough awareness of their true selves, that they cannot be contained.

It is amazing to witness.

This is just the tip of the iceberg. The shift that is occurring on your planet, and it is occurring, is part of their journey.

Their journey?

Each generation comes with intent, with a knowing of the events on your planet. They are aware of what they are coming in to. It is part of their decision. It is part of your decision. Each person understands the aspects they wish to draw forth from themselves before they arrive. They know what they wish to experience. They choose.

And they know that much will be forgotten in the transition. But each individual knows the call of their own soul. They know how to trust their feeling, their knowing. It is how they express their choosing. You have been taught to follow your bliss, follow your feelings. This is why. While you may not remember the decisions you made before you arrived here, you know your feelings. Within your feelings is encoded your choices. Your desires are your decisions.

So we each come with a plan?

Yes. A roadmap of sorts that sets you on a path with the greatest potential to allow you to experience the aspects of yourself that you wish to know.

Part of that decision includes understanding the environment that you enter. You are aware of the cultural, political and geographical nature of your birth time and place. You choose those specifically because of what they offer. You are aware of the family, struggles, support and blessings to expect. You choose these also.

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Those coming now are aware of the shift that is occurring. It is WHY they are coming. Some to enjoy it. Some to explore it. Some to expand it.

Why now?

Because the energy on your planet is beginning to resonate at a level at which this change in awareness is possible. Never before has there been an opportunity to experience this energy on such a mass scale.

Throughout your history, there have always been teachers, healers, storytellers...but never many at one time. Always and only a few. They stand out in your memories and your textbooks as individuals. Your planet was never able to accommodate many. The energy could not sustain more than a handful at a time.

That is changing. We are helping.

Helping? How?

By preparing the way. By making our presence known. By speaking to you and through you. More people on your planet are experiencing these communications than ever before.

Like me? Like this dialogue?

Yes. Like you. And many others like you. You have come to prepare the way for this generation. You feel the need. The desire to lay the groundwork. You wish to make this a better place. For who? For them. It has always been for them. Those that are coming now.

But every parent wants to make the world a better place for their children. How is this different?

Because you do not wish to simply make a better place for your own children. You wish to improve the space for all children. You, and those like you, see beyond your own family, your own culture, your own country. You see the benefit in healing this space for all children.

They are coming with a greater awareness. But there will still be many struggles. They need you to prepare this space with love and guidance, acceptance and compassion. They are ready to impact the world in ways you cannot imagine. Your part is simply to *prepare the world for them*.

What are some ways we can prepare?

Teach them. Not just reading, writing, and arithmetic. Those are important tools for navigating your world. But also teach them the laws of the universe. Teach them the power of their own thoughts. Teach them how to dream and create. Teach them meditation. Teach them this one simple tool and you will be amazed at the changes they will bring to your world in just one generation.

Teach them how to feel joy and love. Teach them to have fun. Teach them to play. They already know how to do this instinctively, just teach them that it is okay. Teach them to enjoy everything.

This seems so obvious, yet we don't see this as often in our world as we'd like. How can we change this? How can we best guide them and teach them these things?

Learn. Not just reading, writing, and arithmetic. These are important tools for navigating your world. But also learn the laws of the universe. Learn the power of your own thoughts. Learn



how to dream and create. Learn meditation. Learn this one simple tool and you will be amazed at the changes you will bring to your world in just one generation.

Learn how to feel joy and love. Learn to have fun. Learn to play. You already know how to do this instinctively, just know that it is okay. Learn to enjoy everything.

This seems like such a simple solution. This sounds like such an easy change to make. But it is hard to imagine our world truly taking these steps to heart.

It IS hard for you to imagine. That is why it is hard for you to create. When it becomes easy for you to imagine, it will be easy for you to create.

This is based on the law of attraction, isn't it? One of the laws of the universe.

It is. If you cannot imagine it, you cannot create it. So change your thought about it being hard to imagine.

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This information is amazing to me. And timely. Yet, for those who may be considering the question...How is this different from "generation gaps" of the past?

The difference is that everything is moving faster now, speeding up. The differences between generations are greater now than previously observed.

In general, all youth go through phases of rebellion and confusion as they grow and begin to make their own decisions about the world they live in. But it can also be observed that the world they

grew up in was not very different from the world their parents knew as children.

That is changing. Because the pace of change is increasing, differences from one generation to the next are now equivalent to the difference of 3, 5, even 10 generations in the past. This has been explained in other material, but I will summarize here.

Thank you.

Consider for example a time period of 1,000 years ago. Life was understood to be a certain way based on the knowledge of the people. Five generations could span an era of almost 100 years, with relatively little change in world view. The knowledge of the people progressed only a small amount during that time.

Therefore the understanding and awareness that children possessed as they came into the world was not far removed from the understanding and awareness of their parents.

But if a child arrived with an awareness five generations ahead of his time, then he would be considered quite a misfit. Or a genius. Both have occurred.

Now consider 100 years ago on your planet. World views changed more rapidly. Technology, information and knowledge progressed at a greater pace.

The difference in awareness between generations was greater, but this gap was still generally able to be bridged. However if a child was born with an awareness just two or three generations ahead of her time, then she would be considered quite a misfit. Or a genius. Both have occurred.

Now consider just ten years ago. The difference in awareness between parent and child is becoming even more pronounced. It is more and more difficult to bridge the gap in understanding. If a child is born with an awareness just one generation ahead of their time, they are considered a misfit. Or a genius. Both are occurring right now.

You mean what we're seeing all around us today? On the one hand, we are seeing all kinds of child prodigies coming forth, with amazing skills and talents far beyond their years in our current understanding. And on the other hand, we have an explosion of "disorders" ranging from all sorts of attention problems to the whole spectrum of autism-related diagnoses.

Yes. That is exactly what I am referring to. In many cases, you cannot recognize their gifts and their talents because your current worldview has no place for them.

Now let me ask you a question.

Okay.

Have you noticed that a fair number of the extremely gifted children and those with extreme difficulties are the same children?

Actually, yes. In many cases, I have noticed that what you describe is what I have observed. More and more stories like that are popping up all over.

Now what do you suppose makes the difference?

From the little information I've seen, it seems that when parents recognize that the current educational systems aren't meeting the needs of their child, some choose a different path. They might pull

them out of school, opting instead for homeschooling or individualized learning. In some cases, I've read about parents who got rid of education altogether. Often in these cases, the parents chose instead to just let their child explore his or her interests and provided opportunity and space for the child to learn in whatever way was best for them.

And the results?

From the information I've come across, nothing short of phenomenal. At least that's what I have observed.

Your observations are correct.

But I always felt that these were unique events. Very rare in their occurrence.

At this time, you are somewhat accurate. Right now these examples are rare. But they are also growing. This phenomenon is becoming more widespread. In a very short time, there will be an explosion of similar events.

Are we talking about an exponential growth?

Not quite, but that is a good approximation. In fact, the number you are aware of is deceptively small. There are a great deal of children on your planet now who are not recognized for their potential. They are often mislabeled and medicated. They currently fall into the "misfit" category.

When you say soon, is there a specific timeframe to consider?

You will see a significant rise in the number of children with this greater awareness in just one generation.

So, over the next ten to twenty years, we will begin to witness this explosion?

Yes. It will include enough children to force educational systems worldwide to reconsider their objectives. Your outdated methods of teaching simply are not prepared for the level of creativity and insight that will be coming forth from the students.

So we're not just talking about intelligence. This goes further than the idea that "kids are smarter these days."

Much further. Intelligence is a part of it. In fact, it is one of the aspects that your schools and institutions are best at identifying and nurturing. Yet, this is not the case with respect to the other talents you will begin to see. The children that are coming will be more creative, more intuitive, more empathic, more psychic, and more aware of their connection to everything in the universe. They will be more attuned to plants, more attuned to animals and more attuned to each other. They will think far more collaboratively than competitively. Many of your current institutions are not designed to accommodate and nurture these traits.

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(Note: Up to this point, I was writing this conversation into a small notebook and transcribing it later. However, the ideas were coming very fast at times. Therefore, I attempted to see if I could use my computer to type during our meetings, because my typing is much faster than my writing.)

This is just a test for me to feel if typing is still a good way to communicate.

It is.

I just feel like writing is so much more natural. It's just slow too.

I can meet you wherever you are. The method is not important. You know when you hear my voice. Whether you write it, type it, sing it or yell it is irrelevant. What is important is that you do not ignore it. In fact, which ever medium you choose, as you practice with it, it will become more comfortable.

I'm glad. I feel like there is so much that I want to ask, and writing requires more effort. And I want this to flow effortlessly.

Good. Do not be dissuaded from your path, because you have witnessed the path of another. I do not speak to you through your pen. Or your keyboard. I speak through your knowing.

Not my mind?

No...the mind is too fickle. It wants to translate everything. Your soul is able to hear truth. Understand that you will at times have moments like you just did there, coming up with the word fickle. That is because the idea is what you hear. You choose the words to express those ideas in. All of this information will filter through your life experiences. All of them.

Even life experiences from other lives?

Yes. They may not sit in your conscious understanding, but they dwell underneath them as part of the whole that you are.

Wow...I never thought about it that way.

I know. That is another way that you can learn to trust yourself. Just as you have read and heard other messages that you knew without a doubt were not coming from the speaker, you will have that experience here as well.

Thank you. You addressed another concern that was nagging at me.

I know your concerns. I will work with them and around them as necessary to get my message through.

Thank you again. That actually removes some of the burden I've been feeling. I have felt the need to make sure that I get the ideas exactly right. That maybe I would misinterpret something. Or not be very clear. But I trust that you will keep me honest in those moments.

I will. Just as your questions will keep me honest. You will require greater explanation rather than just taking my word for it. It may seem sacrilegious, but it is also necessary. It is how true communication works. Rest now. We have a lot to cover tomorrow.

Thank you. Good night.

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How will these children fare in our current system?

They will rebel against it. They will begin to ask questions that are not on the curriculum. They will realize that they have all recorded information at their fingertips. And they will realize that they have all intuitive knowledge within themselves. They will begin to question the very foundation of schooling and "education". It has often been said that your children are taught what to think instead of how to think. Changing the curriculum to accommodate this will not be necessary, because they will start knowing how to think. And how to ask. And how to create.

A paradigm shift of that sort will certainly expand beyond just schools.

Of course. All of your institutions will be taken into question. Your education system will simply be the first to feel the effects. As they move beyond their school-age years, they will transform

how you do business. Then they will transform how you do medicine. Then they will transform how you govern.

You described earlier how we can best prepare ourselves to help prepare for this new shift. However, it sounds like there isn't a whole lot that can be done to prepare the larger institutions for these changes.

In many ways, you are correct. Your large systems are not designed to change quickly to shifting circumstances. However, as more within these systems become aware of a shift in consciousness, they will be better able to adapt to a shift in population. Individuals will help smooth the transition. In small but meaningful ways. The core of education has always centered on the individual teacher as a change agent. In medicine it is the individual doctor or nurse that affects the overall effectiveness of a hospital visit. Faith in politics comes down to faith or lack thereof in an individual politician. As individuals within these large organizations begin to see more clearly, the entire system begins to shift. In small ways at first, but these ripple out into larger and larger impacts.

But it seems, like it always has, that changing such large Goliaths are impossible from the individual standpoint.

A simple truth has always remained the same when considering large implications and changing worldviews...the real change is always a personal and individual process. You cannot expect to make large-scale changes within a huge organization. You can only make large-scale changes within yourself. Many spiritual teachers have taught you that you do not attempt to change the world. The change happens within. And when it does, you are then able to see a new world.



So as a shift in consciousness happens to enough individuals within these large institutions, eventually the consciousness of the institution itself changes.

Exactly.

Should that be a goal for people, to change their own perceptions with the goal of changing the paradigm of their company or system or organization?

No. This is a common misconception. There are some who know their path clearly, and can see the steps needed to bring about the goals they desire within their workplace or environment. But this is quite rare. For most, the idea of bringing change to their work culture is daunting and exhausting. It brings about the decision to leave the workplace entirely and start a new environment that truly meets their needs and desires. This is why you have seen such an explosion in entrepreneurs in your business sector. They know they cannot successfully meet their own life goals and visions while trying to forcefully bend a business culture to their will. So they are creating a new kind of business culture. One of collaboration and collective benefit.

I guess sometimes it feels like people *should* try to make positive change within their organizations.

And yet the very idea of *should* is itself a slippery slope. When a person decides to try to 'fix' a workplace culture out of a sense of obligation, they quickly lose their effectiveness. This happens because they are no longer in a place of personal awareness. They are focusing on the problems that are "over there" and working to make things better from the outside in. They become disconnected from their own source, their own sense of well-

being. And so their actions are fruitless, because they are no longer acting within their joy. Obligation is not joy.

When you can be where you are without judgement and work to make your own clarity and sense of value a priority, it has much greater impact than trying to 'fix' your coworkers or your office or your institution. When you can no longer find your inner joy while continuing to do the work that you do, then it is time to find new work that speaks to your heart and your passion.

But that feels like giving up. Like quitting. Like running away from the problem.

I doubt many of your entrepreneurs would consider themselves quitters. And it is more like running toward the solution than running away from the problem. You have learned over and over that the problem is never where your focus should be if you intend to create positive change. Those that leave situations like the one described are making the most positive impact to the solution.

You have experienced this dilemma.

I have. I spent a long time in a military career. And overall, I really enjoyed my job. I loved making a positive impact on the people around me and within the organization. However, I knew for a long time that I could never fully become the person I wanted to be within that framework. I learned a great deal throughout my career, but I knew it was time to move on. And only now that I am outside of that paradigm, can I see exactly what I was missing. At the time, it was only a knowing, a suspicion that there was so much more to myself that I was waiting to explore. And so I can look back on my time in the

military, see all that it brought me and continues to bring me, bless it, and release it.

Exactly. You are moving in the direction of a solution to the question of your own purpose here. You are moving in a direction now that will best help you fulfill that desire. The generations on the horizon will be much better at making that determination early. Already your business world is confused by so many people who move from job to job with no real level of commitment. They are already beginning to sense that it is about more than loyalty to a boss or company. It is a loyalty to themselves, first and foremost. When a job does not 'feel' right, people move on. And many company owners and managers do not know how to handle this kind of situation. But even in this field there are already changes stirring. There are owners and CEOs who are bringing a new kind of consciousness to their companies and to their business practices. They understand that the work that is done must fulfill more than a bank account for their employees. They are striving to fulfill their own greatest potential by helping their employees fulfill theirs. When business is conducted in this holistic manner, abundance flows freely, both to a company and from it.

You see these shifts beginning in your marketplace because it is more directly linked to the needs and desires of customers and clients. So it adapts more quickly. Your schools, hospitals and governments will eventually follow the same pattern. But because they are influenced more by pressures from above, rather than the customers they serve, it is a much slower process.

Is there any way to help this transition happen quicker? It seems almost crucial lately to improve these institutions before it's "too late".

There is no “too late” as you describe. Everything will come about in its own time. So the process of making change happen quicker is, by its very nature, full of effort. Effort is not what is required here. Understanding is. And awareness that these changes are coming. And appreciation for the strides that have already been made. You cannot push a stream downstream any faster than it is already going. However, you can work to remove obstacles that may be damming the water. Clear the way with love and understanding. Preparation is key here. As more and more people on your planet are prepared for the shifts that are occurring, the more easily they move with the transitions rather than fighting them. People who refuse to see a new possibility or refuse to change are one of the greatest obstacles. But you cannot look on them as an ‘enemy’ or the problem. They are part of the process. Be ready to help those that are having difficulty with the changing environment around them. They resist because they have forgotten who they really are. They are stubborn because they believe, quite understandably, that this physical plane is paramount above all other things. They think that they are their bodies. They think that this is their home. They think that changes will cause them to lose all that they have gained in this lifetime. They think these things because they do not remember the truth of their source. Be gentle with them, for they “know not what they do.”

Wow. That’s such a peaceful way of looking at things. And I can see in my mind that your suggestion is a much more effective way of dealing with resistance. Your point of view is filled with wisdom and understanding not often found on our planet. And the essence of what you say seems so familiar.

It should be familiar. I have revealed the same message generation after generation. In every age, there are those who could hear my words. In every era, there are those who understood. In every time period, there are those who offered my teachings to others. Often with very mixed results. Yet the goal is not in the results. The goal is always in raising the consciousness of mankind on this planet. That goal has always been successful. It has never failed. Each time, man's awareness of himself has increased, allowing him to recognize greater and greater potential within himself.

Throughout your history, my presence has been felt. Each time I have heralded the coming of those who would lift your consciousness and broaden your understanding. Each time I have prepared the world for the coming of those who would change the world. Each time my goal has been to break down the barriers and remove the obstacles. I have prepared the way for every individual who sought to bring awareness to your world. I am doing so again. Here. Now.

But this time, I do not prepare the way for an individual. I prepare the way for a *generation*.

I have seen articles about indigo children, crystal children and rainbow children. Is this what you are referring to?

Yes, but it is more than just a label on a few children. Each of those you just listed are part of a greater whole. From your perspective, each category of children is showing up with a greater level of what you would call spirituality or enlightenment. If you tried to label each distinct category, you would soon run out of terms for describing them. What is happening now is less about labels and more about unity. As your planet-wide

consciousness is raising, you are making it possible for more people to arrive on this planet with clearer and clearer connections. In general, one must happen before the other. And as each new generation arrives, they raise the spiritual energy even higher, thus allowing the coming of those with an even more expanded perception. So it is a cycle, a spiral of events that is spinning ever higher.

Until now, the process has been very slow. Your planet's people have needed a great deal of time just to raise the level of awareness even a little bit. But that little bit is a wonderful thing. It provides the opportunity for the arrival of those with a slightly higher vibration. And then they help move the vibration a little higher again. But many of you have sensed that a time is coming when a threshold will be crossed. A time when enough people on your planet will have reached just enough awareness that the process will speed up significantly. You have called this a critical mass. And you sense it correctly. That critical mass is beginning to be reached now. That is why you have seen the arrival of those you call indigo children. And they are pushing that mass even higher.

For many people on your planet, this is a welcome sign. There are many who are ready and anxious for a new paradigm to be experienced here. But there are many, many more who are not so ready to let go of the old ways of doing things. And your largest institutions, those that control most of the 'progress' on your planet, will not be ready to loosen their control in their respective arenas.

Understand that this is not because these institutions are inherently evil or want to control everyone or everything on the

planet. They have often been made out to be the antagonist in the story of your awakening. They are described as the great opponent of individual freedoms and spiritual progression. Institutions such as your governments, religions, legal systems, schools, power companies and banks have all been demonized as the adversaries that only seek to control the masses and prevent real breakthroughs. In truth, each of these has been instrumental to your progress. Each of these has played a vital part in your awakening and *continues to do so now*.

If you look into your history, you will see how each of these and many other institutions have helped to move mankind forward. That was their purpose and their achievement. But in many ways, they are like a parent who raises a child to go out into the world. There comes a point when the parent is no longer needed. Their job of parenting is complete. This is the point when the child is ready to move out into the world to learn, and play, and grow. But often the parent is not ready to let go. They continue to try to control the actions of the child. This causes an imbalance in the system. These institutions are like the parent having trouble letting go. They see that the people no longer have the same needs, but they resist because that is their mission. They exist to propel individuals forward. But they cannot let go once their job is done.

That's such an interesting analogy. It makes a lot of sense. But how do we go about helping these institutions to let go? Clearly they're not just going to quietly fade away.

Give them new missions.

New missions?

Each of these organizations is built around a mission to serve the people. In many cases, they are no longer doing that. Their services are no longer required in the same capacity. But each has the ability to be molded into a new form of service. Consider the parent-child analogy one more time. As a parent realizes they are no longer needed as a parent, some comfortably shift into the mode of friend, peer, confidant, counselor, or coach. They are still there for their children, just not in the same way. They can provide guidance and love in new ways.

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So these institutions can make the same transition. Can you provide an example?

Yes. Your schools. At this time, most of your schools exist for the purpose of teaching your children a common curriculum. They also learn about citizenship, rules, fairness, and individual achievement. These core areas are becoming more and more outdated. Many of your parents see this, but they do not know how to change it. Many of your teachers see this, but they also do not know how to change it. Even some of your administrators see this, but again, they do not know how to change it. But a time is coming very soon when your parents, teachers and administrators will have an opportunity to sit down with your city, county and state leaders to begin that change process. They will be clear that what is currently in place is not working toward the best interest of your children or your society. Some are speaking up already. Some of these conversations are already happening. They will be able to decide what they desire as the outcomes of education. They will be clear that creativity is vastly more important than information. They will be clear that collaboration



is vastly more important than individual achievement. They will be clear that much more is gained when the gifts that each student and teacher brings to the school environment is allowed to flourish in a group setting. They will know that when children's gifts are recognized and encouraged, amazing things happen. They will know that when teachers' gifts are recognized and encouraged, amazing things happen. And your schools will change.

They will truly become places of great learning. But it will not be focused on learning just math, writing and reading skills. It will be focused on bringing out the best in each person in the process. It will be a place of excitement, vision and great achievement. It will also be a place of play. Students will learn that life is meant to be fun. It is meant to be a grand adventure. It is meant to include love and joy and passion.

These are the changes that are possible in your schools. They are beginning now, on the fringes of your educational system. They will not stay at the fringes for long. As everyone involved in the process of educating your young change their mindset, and come to a clear understanding about what is not working, they will be ready to imagine a new paradigm that will work magnificently. And then you will begin to see the types of schools that can only be imagined right now. These will be schools that fuel dreams.

This same type of transition is pulsing just under the surface of all of your large institutions. With this change in perspective, your hospitals will become places of healing. Your courts will become places of agreement. Your churches will become places of inclusion and growth. Your government buildings will become

places of leadership. Your societies will begin to bring their visions of prosperity into your reality.

These are the shifts that are occurring right now. These are the changes that are beginning to take place.

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It's hard to see that shift. It's really hard to see that sometimes in today's arena of bitter struggles and blatant fighting.

Why do you think so much fighting within and around your institutions is occurring?

There is disagreement.

Exactly. And what do you suppose the disagreement is about?

How to live our lives? How to govern ourselves? How much power should be in the hands of individuals? But I don't understand the connection.

Many individuals are achieving a level of clarity about how they feel they should be governed, ruled, educated, healed, and treated. Your institutions are simply trying to stand their ground on the way things have "always been". Even if that is not how things have always been. Generally, the highest levels of your institutions sense a danger. Their entire way of life, based on how things have normally worked on your planet, is threatened. Much like the individual ego, they sense their own demise. So naturally, they resist. And they fight. And they struggle, sometimes violently.

They are afraid.

What are they afraid of?

Many things. But ultimately it comes down to a fear of being wrong. Individuals and groups are speaking up for their rights and for their freedoms and for their choices. And if their point of view is indeed valid, then nearly everything that corporations and institutions stand for is flawed. This cannot be tolerated. It must be resisted. And so these large organizations do everything in their power to maintain the status quo. They must maintain their view of the world and resist any and all alternatives. It is in their nature.

So are they wrong?

Right and wrong are only relative terms. The foundations that these organizations have been built upon were valid and solid at the time of their creation. At the level of understanding at that time, their choices and processes were relatively appropriate. However, that understanding is changing. And it is changing much more quickly among individuals, as I described previously. These institutions will be the last to accept a new perspective.

The same process occurs for individuals as well. Consider how your view of the world changes as you grow from child to adult. Ideas that were perfectly valid to a 5-year old are not maintained by a 25-year old. However, the more that you have invested in your old beliefs, the harder the struggle to release those beliefs. These organizations have a huge investment in the old way of doing things. Hence, they will be slow to adapt. However, they will adapt. That is inevitable. How smoothly the transition occurs is not.

You must be gentle with them, as you would be gentle with yourself or others. You would not approach an angry animal or person the same way that you would approach one that is

trusting. In that moment, aggression would be met with more aggression. It is no different in this case. When you understand that the highest levels of these organizations are regulated by fear, you would see that it would be wise to approach carefully.

You make it sound like we should be patient and gentle with institutions that know nothing of gentleness, or kindness, or compassion. That seems like such a difficult statement when we need to see change in these institutions now. The very fact that they control so much in our lives makes it even more pertinent to institute change now.

That statement is part of the paradigm shift. They do NOT control so much of your lives. Yet your belief that they do makes it so. And that is a belief that they would rather continue for their prolonged benefit. As you begin to realize that they do not control you, you begin to realize that you have nothing to struggle against.

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I am realizing that this shift is more widespread than I originally imagined. I think about the big organizations in our society, and I imagine the work needed in those obvious areas. And yet, I'm being exposed to changes in other areas as well, areas that might not be so obvious in our new thinking.

Yes. You will find yourself involved with a number of institutions that are in a state of flux. You will begin to see the same shifting occurring in many arenas and at many levels. Sometimes the changes are first apparent at the bottom level of large companies, where the workers are the first to see the need for a new perspective. Other times you will see the first glimmer at the tops

of companies, where a visionary has a new process, a new way of being, and therefore a new way of doing. Each segment of your society will find its own path of least resistance. Each area will find change flowing through it at the most logical and simplest access point.

You have identified areas such as education, government, healthcare, and financial organizations. These are some of the most obvious, and perhaps most newsworthy, sources. Newsworthy because they are the areas that your news outlets target for information. But you will also see the changes in your news. In your media. In your spiritual centers. In your marketplace. Especially in your marketplace. The energy you call money is shifting just as the energy in many of your interactions are shifting. Where people put their money is where people put their energy. And that is changing significantly. So you will see more changes in this area that will not make sense to some at first, because the changes will not be based on supply and demand. They will be based on customers. They will be based on the relationships that exist between buyer and seller. Between manufacturer and consumer. They will be based on abundance instead of scarcity. Profits will no longer be the end goal. Instead, profits will be the natural outcome of a healthy prosperous transaction. When the good of all parties is taken into consideration, the transaction will be a prosperous one, and the end result can only be a benefit or profit for everyone involved.

It's about relationships, isn't it?

Everything is about relationship. Everything you experience is based on relationship to something. It is how it works in your duality-based world. You are who you are only in relationship to

everyone and everything around you. So yes it is always about relationship.

But your question is specifically about the connection people experience with each other through all of their outward focused dealings. And yes, again it is about relationships. As I stated, in your marketplace, these relationships are sometimes easy to see, such as buyer and seller. But there is also a relationship between producer and seller. Between grower and owner. Between customer and service provider. Some of these relationships are not so overtly obvious.

Another relationship to consider is doctor and patient. It is often considered a one-way interaction. Healing and information flows from the doctor to the patient. But people will begin to understand that healing and information flows both ways. The doctor also benefits from the relationship. If they do not, then it cannot be considered a prosperous interaction for either. Only when both doctor and patient are healed through the relationship does true healing occur.

The same is true for teacher and student. The teacher gains as much enjoyment, learning and growth as the student in a true relationship that benefits both. It is true of all relationships. Parent and child. Banker and client. Coach and player. Governor and those governed. Representative and those represented. You are moving to a society where these relationships will be considered an end of themselves, rather than just a means to an end.

Even relationships that we might not necessarily appreciate?

In many cases, especially those relationships. They teach you more about yourself than a hundred relationships that you enjoy. There is a reason that you dislike the people you dislike. There is a reason that you feel discomfort with regard to certain organizations. There is a reason you refuse to work with some companies.

There is something in yourself that you see in them. There is something you dislike in you, and you recognize it in another. That recognition can only happen because there is a similarity. You may not wish to acknowledge that similarity, but it is there.

You have been told many times that “we are all one”. It is true. You can only see in others the things you see in yourself. There is nothing else to see. You sense greatness in some, because there is greatness in you. You dislike attitudes in others that you are afraid to see in yourself. All things exist in all people. In all relationships. You will begin to feel less judgement of another once you begin to judge yourself less. Likewise, as you begin to sense the potential that lies dormant within yourself, you will begin to sense the potential that lies dormant with all of the institutions that we have been discussing. That potential is there. In them and in you. Once you are ready to witness it, it will appear everywhere. In all things. In all people. In all companies, banks, schools, governments, hospitals, prisons, markets, homes, churches...the list goes on. But you get the point. Know that the best of you resides within you. Waiting to be set free. Know that the best of each of these resides within them, also waiting to be set free. There is nothing inherently wrong or evil about any of these organizations. Each can become a beacon of compassion and joy for the world around them. Trust in the possibility.

Wow. Thank you. I have often heard these ideas applied to individuals, but never to companies or large organizations.

It is all the same. Companies are modeled and built in the same manner that living beings are built. Individual parts have their specific functions. Some pieces come and go as the business grows and evolves. The business has its own personality, primarily stemming from its 'brain'. Sometimes the organism thrives in its environment. Sometimes it does not.

You have heard that you were created in the likeness of your creator. The same is true of your creations. Life imitates life.

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That is such a holistic view of all that occurs on our planet. Thank you for this perspective.

You are welcome. And thank *you* for this perspective.

Thank me?

Yes, you. And all who join you on this planet at this time. You are in the physical realm. You are experiencing your three-dimensional world. And your experience adds to the greater knowledge of the entire universe.

We are non-physical. We do not experience the world as you do. We have a perspective that comes from a different level of awareness. But we do not *experience* your world as you do. Therefore, we experience your world *through* you. Through all of you.

What you experience, we experience. And we gain more understanding through this process, just as you do, collectively.



And yet the experience is an individual process. You experience it all as an individual. But we experience it all through all of you collectively. And so you can see that our destinies are intertwined. We love you. And we desire to see you thrive. And we desire to thrive with you, through you.

It is not an easy concept to understand or explain through your limited perspective.

Unless I believe that it IS easy to understand and explain, right?

You grasp the subtleties. Then let us explain.

You experience your world through your senses. Your sight, touch, sound, taste and smell. We do not have these senses. But we understand them fully, because you have them. And we can experience them through you, as you experience them. You help us move from an understanding to a knowing. To an experiencing of it all. So we in the non-physical realm owe a great debt of gratitude, so to speak, to those of you who have chosen to experience all of this personally.

It is a brave thing you do. It is not necessarily an easy experience. But you are the ones who have chosen to do so, for the benefit of us all. Your benefit and our benefit. As you type, right now, we feel the sensation of the keys on your fingertips. We also hear the sounds in your background. We feel the movement of your breath as it flows in and out of your chest. We hear the dog as it barks. We sense the warmth in the room. The pressure of your chair. The brightness of the screen on your eyes. We experience all of the things that you experience, and we experience all of the things that you are not even aware that you are experiencing.

We feel the pull of gravity on your body. We feel the movement of air around the room. We sense the many different colors that your eyes take in. You only focus on a few at a time, as you pay attention to whatever task is at hand. However, we are not so limited. We sense the objects in your peripheral and the objects that are outside of your awareness. We notice the roof above you and the floor beneath you. How often do you experience these things? It is funny how much you actually miss throughout your day. But we do not miss them. We experience them. And we do so with your assistance. Without your help, without you playing your part in the grand scheme, then we could not experience all of this.

But we also do not only experience you now. We also experience you yesterday and your tomorrow. While you are experiencing these words as they are typed on the computer screen in front of you, we are experiencing these words as you read them in this book. And on this tablet. And in so many other forms that you are not yet aware of.

We experience this conversation through you the writer and through you the reader. We are with you also. We experience your surroundings, your breathing, your thinking. We experience the question that comes to your mind right now as you think to yourself, "Do they mean me?" We do mean you. All of you.

Look around your space right now. Just take a moment to notice everything that you can in these next few moments....

Thank you. You see, the more you pay attention to the things around you with full awareness, the more fully we are able to experience it as well. When you give all your attention to something with great focus, we experience it more deeply. And it

is a great deal more satisfying from our perspective when this occurs.

But you do not live your life for our benefit. You live your life for your benefit. We simply reap the rewards of your adventure. Imagine a playwright who has a grand vision of a story that he wishes to tell. He experiences the story for himself. But if he goes through with his plan, and sets the actual story to a stage or to a screen, then many others can now experience the story too. This is similar to how it is with us and you. This is a good analogy, although it does not fully describe the depth with which we experience the process. But it is a good starting point for understanding.

Why? What do you gain from this exchange?

Exchange is a good word to use here. We are exchanging information in a way. We provide guidance and comfort to you. You provide experience and insight for us. We all gain in the end. Even you gain from this exchange, because you also exist as non-physical. But even the part of you that you experience as physical will eventually return to non-physical. And when you do, you will fully feel the effects of your life here. You will understand just how much your moments have enlightened us.

Why? Because we enjoy the process. As do you. But it is more than that. Each physical experience adds to the totality of the all of experience. We become greater than we were, something more. We move into a greater knowing. The 'all' that everything is, becomes even more. This is where it becomes more difficult to use your language and your understanding to describe something that simply is beyond your capacity to grasp at this time.

But let us explain simply that we expand. Your experiences allow us to become more than we were. Thus expansion happens. And even in your limited awareness, you are familiar with moments when expansion happens. It is a wonderful feeling. For you and for us. And when you rejoin us in the non-physical, you will feel the fullness of that expansion. And you will understand why we enjoy this process so much. It is what life is all about. Growing, expanding, becoming, choosing....all of these capture a piece of its essence.

Only through experience in your world can this expansion happen fully. Without physical life, non-physical awareness has no anchor. It simply *is*. Your process here allows us to become. And the process of becoming is a grand sensation at every level.

All of life is a part of this process? Even...well, even the mundane parts?

All of it. But understand this. Not all moments are created equal. Some moments move us all further forward than other moments. The times that you describe as mundane move us forward, but the benefit is less than moments that are far from mundane.

Mundane experiences are defined that way because they are the type of experience that is very common to all people, and even to all of life. Even in the life of one individual, there are events that you experience every day, and so they do not bring a heightened awareness to you. Therefore, the benefit we get from these moments is also minimal. But there is still benefit, so do not think there is nothing to gain at these times. All moments lead up to significant periods in which you pay particular attention to what is going on around you.

During the 'mundane' periods of your life, your experience, or even your day, it is similar to how many of you describe sleepwalking through life. You are simply not paying much attention to anything within your immediate environment. In fact, the very reason that you feel mundane about these periods, is exactly because you are not bringing your full awareness into the equation.

When you bring your full awareness into any moment, something different happens. You can feel it. You can sense it when it occurs. You can try it right now. As you stop for a few seconds and just...notice.

Notice the sounds you are hearing.

Notice the sensations occurring in your body.

Notice the feel of the book or computer at your fingertips.

Notice all the colors that you see right now.

Notice your breathing.

Notice how the words sound in your mind.

Notice the thoughts moving through you in this instant.

Notice the sensation of the smile that comes to you as you relax into the awareness.

Notice the silent space that spontaneously occurs within you.

You are giving this moment your full attention. With as many senses as you can. You are bringing all of your senses into this moment. You feel awake in a way that makes most of your moments feel sleepy or groggy. These are moments when life has the greatest opportunity to expand. This is the experience sought

through processes like meditation. This is what alignment feels like. This is what alignment is.

This space that you just created is where creativity and inspiration come from. This is the place from which ideas spring forth. This is where clarity resides. You can bring this focus, this awareness, into any moment of your day. You can do this simply by giving your full attention to what you are doing, and what it feels like. When you do this, even what you would call mundane moments become something more. In this way, even the most mundane activities can become opportunities for amazing expansion, in your world and in ours.

We would like introduce another concept at this time. Novelty. This type of experience occurs spontaneously during moments of novelty. This is when you have the first idea about something new. Or the first glimmer of attraction to a new person. Or when you realize a connection in your life that you have never put together before.

When these moments occur, you naturally become aware of your surroundings in a very deep and profound way. The novelty of the moment brings your awareness fully into your 'now'. Your inner monologue goes silent for a few seconds. It has nothing to say about this new experience. You go fully into the experience of it. This is why these moments are so memorable to you, because you automatically engage all of your senses. For instance when you say things like, "I remember the first time we met." The experience is deeper than the mundane occurrences that are easily forgotten. Moments of deep love and deep sadness can both be experienced this way. They are the moments that you never forget.

But novelty is not just noticed in relationships. Novelty is present during the first thought you had about that big idea. The moment when you decided to write a book. That split second decision that changed your life. These are just some examples of the kinds of things that happen in your life that stand out in a big way. They stand out in our world as well.

We notice these moments with a great amount of energy. Because you notice these moments with a great amount of energy. But we notice more than the moments of novelty in your individual life. We also notice moments of novelty within your species, within a culture, or even on your planet. And not just *your* species. We notice moments of novelty within all species. For instance, when the family dog makes that connection between the command 'sit' and the treat as a reward, we experience that moment of clarity. And when the first of your species makes an intuitive leap of ingenuity, we experience that 'eureka' moment.

In fact, those 'eureka' moments are some of the most exhilarating sensations in our world, and in yours. Novelty can be understood in degrees. At one level, imagine a classroom full of students, with a new complex topic being taught. There is a moment when the first student 'gets' it. Then it cascades outward through some or all of the other students. That is a moment of novelty. The first realization is the most powerful.

These moments occur frequently in classrooms, homes, and places of learning all over the place. In a way, they can be considered common. More rare are the 'aha' moments that occur within a lifetime, as experienced by one individual. Of course the moment we just described in the classroom is experienced by

individuals. But we are referring to a deeper kind of realization. The kind that occurs in your life, and in the lives of everyone at certain points. For instance, that moment when you make the connection between behaviors you exhibit as an adult and the childhood dramas that first evoked those responses in your youth. That moment is big for you. You suddenly understand why certain things occurred the way they did. You also see how your personality, behaviors and habits were shaped by that experience. This can be one of the biggest moments ever for some people. This is a personal 'eureka' event. And because it has such a huge impact on you, it also has a huge impact on us.

Your sudden clarity sends a massive vibrational wave through the universe. In a sense, your whole perception is impacted. Your whole world changes. As does ours. We see the world in a new way through your eyes. Through your memories. Through your observations. And through your sudden realizations.

Now imagine for a moment what it might be like for a realization to occur for the first time on your planet! For instance, the first glimmer about an expanding universe, or a heliocentric solar system, or the psychological impacts of childhood on adult patterns. The first 'discovery' of electricity, the first moment of flight, the first conceptualization of god. The first description of gravity, the first understanding of solar and lunar cycles, the first control of fire.

These moments do more than radically move your species forward. They do more than make new technologies possible. They change life on your planet. They make it possible for many, many others to grasp the same concepts. They pave the way for future generations.



But more importantly, they send a shockwave of expansion through the universe.

They create virtual 'goosebumps' in the nonphysical realm.

Wow. What an amazing description. No wonder it is such a powerful moment.

It is a powerful moment. It is a moment of pure creation. And we are excited for you, because your planet is now moving into a space of grand creation. You are beginning to allow more and more awareness to enter into your consciousness, as you let go of old paradigms and old beliefs.

I feel that. I can sense that around me. There is a lot going on in the world that may seem like everything is going crazy, but it actually feels like it is finally going in a productive direction. The analogy that just came to mind is how a child throws the biggest temper tantrum right before falling asleep for a nap. That last blast of intense energy because the child is so tired, and trying so hard to fight and resist.

That is a very good analogy. That is very similar to what you are witnessing on your planet. Many are fighting. Many are resisting. They are looking through the old ego-based paradigm. And as the ego naturally feels threatened by change, so do many people who are basing their judgements on an ego-based way of seeing the world. This is a natural reaction, however many people are truly beginning to see past their ego and see the world from a whole new perspective. The new ones on your planet are especially adept at this.

It is so common to hear about how we must get out of our ego. Is the ego really the enemy here? Is the ego what holds us back?

That is a good question. However, you do not see that personally, because you have a very different view of the ego. This would be a very good place to describe that. Explain the theory you have about what the ego really is.

My theory? I thought this was about your message, not mine.

Our message is one and the same.

I see. Okay. Well, over the past few years I've started to see the ego as a force, rather than a personality. It's kind of like gravity or magnetism. I understand that everything is truly connected. That everything in the universe is god expressing itself in a million different ways. As individuals, we are one of those ways. But the true nature of god is oneness. And if left alone, everything would naturally collapse back into a state of oneness.

But that would defeat the purpose of the whole experience. So I think that something was designed or created to keep everything separated. This force keeps all things from collapsing back into oneness. Which makes it seem as if this force is a barrier or an obstacle. However, when we understand that this three-dimensional world is supposed to experience separateness, we begin to realize that this force is simply part of the process.

This force is what we know of as the ego. It is the part of ourselves that sees us as individuals. It sees the separateness. It focuses on competition and survival. It is designed to see the world through very selfish eyes. It is the thing that prevents us from losing ourselves in the oneness state. It is created to keep us separate. Because that is the point. To experience 'the all' from a place of 'the one.'

There are times when we wish to experience the bliss of connectedness with the all. These are times when the ego seems particularly

powerful. But when we understand that the ego is doing its part to help god to experience everything from so many individual perspectives, then we begin to see the ego for exactly what it truly is. A tool. A tool that allows god to be everything and to experience everything. Without this tool, we would all merge back into oneness. But that is not the goal right now. At least, not on a macro-scale. Individually we are able to experience oneness, but we always come back to our separateness, where we can experience our individual joy. How is that? I've never tried to really describe it before.

That is a good understanding. It takes the fear out of what the ego is doing here. You can get angry at gravity for holding you down, or you can learn to work with it and soar to amazing heights. It is like that with your ego. It is not the enemy. It is a part of the process. It is part of the design.

Just like you, isn't it? You are aware of so many things that are beyond what mankind can measure, and you are connected at a level that we can barely imagine. And yet, at some level, you retain an individual consciousness. You are your own entity. You are part of the design. You are part of the whole, and separate from it.

Yes. Exactly.

And so are we. We are also part of the design. We are part of the collective evolution of this universe. So my experience is my own, but it is also adding to the all of everything. And that is only possible through my separateness.

You are beginning to see.

It certainly makes a lifetime of experience take on a whole new perspective. It makes everything seem not so difficult. We are simply

here to experience our piece of the universe from our unique perspective. That doesn't seem so hard.

And yet, life does so often seem hard. It seems like a struggle. I know that I am doing my part in adding to the universal consciousness simply by being. And yet, it seems difficult to just be. Do we have a choice? Is it possible to be ourselves, expand the universe, and yet enjoy the process as well?

Yes. It is possible. And yes, you have a choice. You always have a choice. That is one of the primary reasons for this communication. To bring clarity to this choice. We will help you to understand how to make this choice. It is a question you are asking right now. It is a question many of you are asking right now.

Wow. This sounds exciting.

It is.

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It's been a couple weeks since the previous exchange. And as I'm reading back over where we left off, the first question that comes to mind is this. What exactly is the choice? What are we choosing?

That is a good question. It is a good start. You are choosing for life to be a struggle or for life to be easy. You are choosing for your circumstances to be complicated or simple. Ultimately you are choosing to be happy or not happy. In your understanding, this is the simplest explanation.

Well, wouldn't everyone choose for life to be easy?

From one perspective, yes. You would think so. And yet, many of you do not know how to make such a choice. You may want life

to be easy, but you are not choosing this. You are choosing to experience difficulty, struggle and frustration. But this is not what you want. You desire a simple life, with simple pleasures. But you are choosing complicated issues and pleasures that are endlessly difficult to obtain.

I think I understand what you mean, but please explain how we can choose what we don't want.

You are choosing every day, every moment what to think. What you feel is projected from what you think. What you experience is projected from what you feel. It always begins with your thoughts. You have heard this from many different sources, and in many different ways. It is being said again here. You choose your thoughts. And these thoughts ultimately define what you experience. Even if it is not what you want to experience. Because you are thinking about what you *do not want*.

You worry. And you fear. And you struggle. But none of these are inherent to the system. They are not pre-programmed into your life. You put them there. You judge the events of your life to be either good or bad. And in doing so, you set in motion opportunities to experience more good or bad. But it does not have to be this way. And many of you are beginning to see this.

You have the choice to simply experience the events in your life as exactly that, events in your life. And you can choose to enjoy your life regardless of the things that you observe. When you are able to do this, you will begin to feel that life is easy. You will begin to understand that you are here to experience life, not to worry about it. Life can be wonderful. But that is not mandatory. You get to choose. And you do so with your thoughts.

If you begin to recognize life as an opportunity to add your experience to the grand consciousness that is everything, then you will begin to have more fun with life. You will experience more enjoyment. More fulfillment. More abundance. Because you will know that these are the experiences that you would wish to share.

This is more than the Law of Attraction that you know. This is the 'why' of the Law of Attraction. The universe provides you the opportunity to draw more of what you choose to you, so you can experience even more of it. So you can have a grand experience of whatever you wish. And by doing so, you add to the fulfillment of everything. You add to the consciousness that is constantly evolving. And the more exhilarating the experience is for you, the more exhilarating the experience is for all of us.

But this would not be possible without choice. If there were no negative experiences, you would not be able to choose positive ones. The choice is what makes it so delicious. And eventually, you can get to a point where you no longer even experience 'negative' experiences as negative. This too is a choice. You can learn to see these as simply opportunities to express your preference. They do not have to carry a negative weight with them.

If we got to a point where negative experiences were no longer negative, wouldn't that also mean that we wouldn't experience positive experiences as positive? That seems kind of bland, I guess.

You could still fully enjoy the experience, any experience, without placing a label on it of good or bad, positive or negative. You could choose to be enriched by any experience, not just the ones you determine are 'good'. And this choice would not leave you

feeling bland or unfeeling. In fact, it does exactly the opposite. It can project you into an overwhelming sense of connectedness and joy.

You have all experienced this at some point. There are moments when you are not feeling particularly good or bad, when you are just *being*. During these moments, all judgements fall away and you are able to just enjoy the sensation of being alive. You feel good, without labeling it as good. That is the experience of simply being connected. It does not need a label.

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It's been several weeks since I've had a chance to sit back down and continue our conversation. I feel like there were things within me that needed to get cleared out first. And I also felt like I wanted to get more personal. It's easy for me to think from a generic perspective. And even easier when I think that others may someday read this. And then that thought about others seeing this sometimes makes me nervous, or cautious, about writing. I want this information to be applicable to everyone who comes across it, and I get concerned that my own life, my own questions, might not be appropriate for others. And yet I am still drawn to speak from my own perspective.

That is the only perspective you can speak from.

True, of course. I just worry about my story being relevant to other people.

And what is the result when you worry about that.

I don't write. I don't find the time to sit down and record our conversations.

Do you see the disconnect? Do you see the pattern?

Yes. When I worry...about anything...I don't follow through with my goals. Worry allows fear to step in and take over.

Worry is fear. It is one of the most common fears on your planet.

I believe that completely. I see it everywhere. While I'm one of the least worrying people I know, it still gets me too.

You worry also. You just worry about different things than many of those around you.

That stings because it is also true. I don't worry about my kids. I don't worry about sports. I don't worry about politics. I tend to worry about the state of the world. I worry about my own actions being for my highest good. One thing that I do worry about in common with many others is money. I try not to worry about money, but it seems harder when you have a family to provide for.

That is one of the toughest positions your society has created. You make it the burden of the 'head of household' to provide for all within that household. That burden keeps many of you from moving in your best direction. It keeps many of you making the 'safe' decision with the 'guaranteed' security. You sell yourself short.

Because we're afraid.

Exactly. You are afraid of letting your family down. Of your children not eating. Of not paying the rent. These fears strangle your dreams. Over time, you may give in, and assume that you can never reach for your own dreams, because you must always put your family first. At the other end of the spectrum, some of you will grow to resent the very family you support. You will recognize that you are not moving toward your dreams, and you will see them as the cause. You will blame them.



That feels very familiar. That stings too.

It does not have to 'sting'. It is just a statement about what is. There is no judgement about the situation. I have simply stated it accurately.

I know. But I don't like admitting that I looked at my family as a burden. I saw them as the thing that was holding me back. But the whole time, I was only holding myself back.

You are the only one who can. But it can be difficult to accept. You want to believe that you are doing your best. And if things do not work out as planned, it must be the fault of something outside yourself. Your family, your relationships....these are easy targets for your frustration.

You mentioned that the head of household was a position our society created. Can you explain that a bit? I see it as just an evolution of family.

It is an evolution of the family structure, but it was also created by your culture. The position of head-of-household has come to define most fathers and many mothers as the one person who holds the fate of the entire family in their hands. Your society leaves the success or survival of the family on the primary income earner. It is not like this in all societies, but it is in yours.

How do other societies handle this?

For many, the survival of the family is the responsibility of everyone in the community. No one single family would go without if there were resources within the community. This is barbaric in some perspectives.

I would have to agree, it does seem barbaric. It's like families are in competition with each other. And if the head-of-household fails to provide adequately, his or her family suffers for it. In what places is the community perspective upheld?

In very few places on your planet. And fewer still in your culture. But many cultures from your past understood this. Ancient cultures were far more willing to accept the burden of the family as a community responsibility. They seem primitive from your current point of view, but in areas such as this, they were far more advanced in their thinking.

Your current culture thrives on competition. Countries compete for resources. States compete for funding. Communities compete for money. Families compete for income. Even children within a family compete for attention. This is how you have it set up. You have an entire society built around the myth of scarcity. This makes the position of head-of-household a difficult one. You must compete with other households for the resources provided by a decent income.

But it does not have to be this way. Your planet is still evolving. It is starting to come to conclusions on a mass scale about the absurdity of your current system. This is part of why the changes that are occurring on your planet are occurring. People are beginning to see clearly. They are beginning to realize that this system is not for the greatest good of all. I have said before that your children are particularly adept at seeing through this web.

I get excited when I think about the ways that the future will look so different from our present. I think what's hard for people every day is simply finding a good way to exist....to survive the current paradigm, while still trying to move things forward. I know I feel this way. I love

the idea of what's to come. But I still have to work within this current system. Find a job, bring home bacon, manage homework, pay bills. Any suggestions on how best to straddle the two worlds?

You are observant to see that they are indeed two separate ways of life. And yes, you must make the transition. Yet it does not need to be the struggle that you envision. You can begin to bring about a new way of thinking into any area of your life that you wish. You can go about finding employment in a new way. You can go about managing homework in a new way. The only reason you feel stuck in a specific way of doing these things is because that is part of the system. It is very clearly set up in such a way that it looks to you like there is no alternative.

But once you start to accept that it is not the only way of living your life, you will immediately begin to see new opportunities. Once you admit that there is a different way of doing business, you open yourself up to an infinite list of possibilities. You believe that you must do things a certain way, and therefore, you can only see specific ways of doing them. It seems circular at first, but it is based on the realization that you are creating this reality.

Once you truly, deeply grasp that you are creating everything around you, you will see that all you ever had to do was look at things a new way. It has been said by many of your masters to look at those in your society who have broken the molds. You think it cannot be done, and yet you can immediately point to someone who has already done it. Of course you justify their success, by explaining that they had more money than you, more opportunity than you, less responsibilities than you. And yet, if you probed deeper, you would often find the opposite is true.

Your current history is full of examples of people who had less than you when they started on their journey. Less money, less education, less skills, less resources, less of everything you can imagine. And yet, they now live the life of their dreams. Why? What is different?

I've started to understand that all of those things mean a lot less than most people think. Because I see lots of examples of people with plenty of those resources and such, and yet they would not be what I consider successful. Certainly my view of their success can be very different than their view of their success, but in general, I notice that they aren't happy.

The people that are living the lives of their dreams are happy. They are also dedicated. Dedicated to something. They have a passion about something in life, and they're going after it. They love themselves and their work. Essentially, they have a dream. And having a dream, and pursuing that dream, seems to be more effective than all those resources put together, when it comes to living a dream life.

I think I just realized something as those words came out. If you pursue a dream, you establish a dream life. On the other hand, if you pursue money, you will have a life that revolves around money and the constant struggle for it. If you pursue success, you will have a life built around continually climbing that next mountain. If you pursue fame, you will experience both the highs and lows that come with approval.

So it keeps coming back to the same question for me. What is my dream?

I'm not sure why this has always been such a difficult question for me. I imagine it may be difficult for a lot of people. I'm not sure if it's

because I don't know what my dream is, or if I just can't quite find ways to define it.

Have you ever really tried to define your own dream?

I think I have. But now that I think about it, I don't think I've ever really sat down and defined it clearly.

Why don't you try that now?

Right here?

Sure, why not? It's a process, and it can be valuable for you and others to see the process.

Okay. I trust you on this. But I feel uncomfortable. If I was just writing this for me, that would be one thing.

You are writing this for you.

But others may read this someday.

Are you worried about their approval?

I never thought about it that way, but I guess I am.

You are writing this for you. Never forget that. If another finds benefit in it, wonderful. But if you worry about the thoughts and worries of others, you will not be able to move forward. It is not their dream. It is yours.

Okay. Here goes. I might ramble a bit, so bear with me.

I was just thinking about how when I was very little, I loved learning so much. One day I imagined what it would be like to be out in space, looking back on the planet and just knowing everything. All knowledge. All the questions answered. I imagined what it would feel like to literally know everything.

But as soon as I imagined the feeling, I realized that I would then feel empty. If I knew it all, what would be left for me? I realized in that moment that I really truly love learning. About all sorts of things. I realized that I never wanted to stop learning. Because the process of learning is fun to me. Those 'aha' moments are exhilarating. I wanted to continue learning throughout my whole life.

I also found that I enjoyed teaching, almost as much as learning. Because I wanted to see others have the same experience. As soon as I learned something new, I wanted to share it. Seeing the moment of realization in another as they grasp a concept is second only to having that moment myself. It is so fun to share that experience.

So for many years, I felt the urge to teach. To help others understand things that I have come to understand. Not because they don't already intuitively know it, but because it is such fun to share in that moment when you remember. I don't teach to 'cure' ignorance, I teach because it is fun to do so. And often, I learn more in the process.

Over the past several years, I have thought about teaching in school. It has always been a thought that I entertained. But recently, I started to realize that it wouldn't be as fulfilling as it could be. Mostly because of the way that schooling is structured in our society. And I felt the desire to teach the kinds of things that would really help people. As I began to learn about things like the Law of Attraction, I realized that this was the kind of concept that can change the world. For the first time in my life, I began to feel like I had stumbled upon something that was truly worth teaching. And so now, I've come to a point in the past few months, where I feel like I have more clearly defined my dream.

I want to learn about the laws of the universe. I want to learn all the ways they interact and how they impact our lives on this planet. I want to understand them, so that I can consciously apply them. And I want

to teach them to others so that they can apply them. I want to see people take charge of their own lives and live their own dreams.

And I want to find a way to bring these concepts into our schools. I want to help students understand these concepts at a young age, so they can start shaping their world early. And realizing all of this, I realize that...I have found my purpose.

Very good.

Wow. Thank you. I have known this for some time, I think. I just haven't stated it so clearly for myself.

Knowing where you are going helps you to set your own direction. It gives you a way to measure your decisions. It allows you to know if you are off course.

How will I know if I'm off course?

By your feelings. When you sit with a decision, you must focus on how you feel about it. It will feel good or it will feel bad. Once you have determined which is which, all of your decisions will become very easy.

Understand that when you first learn to test your feelings, the differences between what feels good or bad is often very subtle. There are many thoughts and obligations that sway you in one direction or another. But if you sit quietly with a decision, it will become clear. And as you become accustomed to testing your feelings, this process will become easier. Eventually, it will be second nature. You will only need a moment to pause with a decision to see if it feels 'right' to you.

Understand also that there are no inherently 'right' or 'wrong' decisions. There are simply the ones that feel right for you. This

rightness or wrongness will be based on where you are at that time in your life. It will depend on what you are next ready for. It will depend on your own goals and dreams.

Often, a decision which is right for you one day will be wrong for you on another. Or at another stage in your life and your learning.

What is it that we have to learn?

There is ultimately nothing to learn. It is an expression from your language that most closely explains part of the process of expanding into your greater awareness. Your learning encompasses all of the knowledge, experience and wisdom you have accumulated at a particular point in your life. Therefore, what you understand today is often lesser in scope than what you will understand a year from now. This understanding comes from your life, your decisions, your experiences. Because of this 'learning', decisions that were not right a year ago will be very right today.

You often think of learning as a process of gaining information. But that is only a small part of it. You already know that you gain so much more information through experience than through reading or hearing about it. In the bigger picture, you have nothing in particular to learn, simply things to experience. What you choose to experience determines the choices you make. That is true for the small choices in your life and the large ones. Some of your decisions are much larger than you currently comprehend.

What kind of decisions?

The kind of decisions you make before you even come into this life.



Wow. That is pretty big.

Those are big decisions, but no less important than the decisions you make every day. They all work together to create the experience that you have decided to fulfill in this lifetime. They work together seamlessly.

I know that the idea that we 'exist' before life is a concept that is just now beginning to resurface. It is very controversial to some people. It sounds like reincarnation, and that idea just isn't widely understood or accepted right now.

You are right on one part. It is not widely understood. But it is widely accepted in many parts of your world. It is simply not widely accepted in your part of the world. This is changing over time.

I believe that. There is just a long way to go, it seems.

That is not your work, however. It is not part of your goal in this lifetime. There are those among you who are working to understand the paradigm of 'many lives' and to deliver that understanding to the masses. It is helpful in our conversation here to grasp the fundamentals, but it is also not necessary.

What are the fundamentals?

You are at choice in all things in your life. You choose the events of your life through the laws of the universe. For example, you bring circumstances to you with the law of attraction. Often you may not be consciously choosing, but you are choosing just the same. In the same way, you chose the direction of your life before you were born. You decided on the overall 'theme' of this lifetime. And in keeping with that theme, you selected a

geographic location, a culture, a family, and parents that would best move you forward in your understanding of that 'theme'.

There are no accidents. You came from your particular background with all of your particular traits for a very specific purpose. You have a destiny you wish to fulfill, but it is entirely one of your own choosing.

I have heard some of this before, and it is a good reminder. Thank you. I also realized that it seems to settle the questions in my own mind regarding destiny and free will. In this paradigm, both exist simultaneously in harmony. This is very different from what I once questioned when I was young.

Yes. You came to an understanding at a point in your life when you were ready to receive it. And you needed that particular *learning* in order to make sense out of the later decisions you would confront. It all builds on itself.

So this really is all stuff that we already know at some level. It is simply a matter of remembering.

Yes. The experience is enhanced for you when you do not remember your existence before your life began. It is necessary for you to have a context for your experience. It has also been necessary in your current stage in your evolution.

Can you explain that a bit?

Essentially, if you remembered your past, your true past, it would hinder you in experiencing life in the way that you experience it. In the context of life here on your planet, you make several assumptions. First you assume that you are limited. This is far from the truth, but it is beneficial as you make your way through the circumstances of your life.

You also assume that life begins and ends with your conscious awareness of it. You believe life begins when you are born and ends when you die. This is also far from the truth, but again necessary for your work here.

You also believe that time is linear. You experience moving through time from past to present to future. Therefore you have concluded that time exists in this way. It does not. But this awareness is also necessary as you move through your own personal evolutionary process.

Finally, you believe that you are separate. In your experience, your bodies are separate from other bodies. Your families are separate from other families. Your cultures are separate from other cultures. Even your planet is separate from other planets. None of these are true. You are connected to all of it. But it is necessary to feel the separation as you move forward. You are moving toward connection to all things. In truth, you were never disconnected in the first place. It is simply part of your growth experience.

Part of this experience of disconnection includes the perceived disconnection from your own past and future. This is represented by your lack of memory about your life before birth. It is also represented by your lack of memory about your life after death. Both of these are fragments of your awareness that have always been a part of you. You just have not been ready to experience them.

There are those among you who do possess this awareness. But it is not a truth for the largest part of your species. Some of that is beginning to change. A greater awareness of your true self is beginning to emerge among many people on your planet now. It

is a dawning that is occurring at an increasing rate. I have spoken here about the generations that are coming to you now. They are part of this wave. You have grown to a point where you no longer require the illusion of separation and forgetfulness. You are becoming ready for communion with those beyond your current perception.

And they are waiting for you. They represent every type of entity that you can currently imagine. Spirits, angels, extraterrestrials, fairies, mythological beasts of every form and fashion. They do exist. They simply do not exist within your current range of perception. You believe them to be fantasy. And yet they could not exist within your awareness without also existing in your reality. This is a very difficult concept for many of you to understand at this point. However, I state it here to prepare you. To help you as you make the transition from one who is asleep to one who is awake and aware.

Wow. That is definitely a lot to accept. That is really hard to grasp. Some of it I think I can wrap my mind around, but some of it is....even a word to describe it is out of my reach. It's just more than I feel 'ready' for. Exactly as you say.

Some are ready for more than others. You will begin to experience the new ideas that you are personally prepared for. This is true of everyone on your planet. Each is moving at their own pace, even as your population as a whole is also moving forward at its own pace. By some respects, the pace of your population is determined by the pace of the individuals. From another perspective, the pace of the individuals is guided by the pace of the whole.

This is all very normal and expected. It is also a time of transition on your planet. There will be a number of obstacles as you make this transition, but you are ready to see it through this time.

This time?

Your planet has been here before. You have come close to this transition in the past. Some civilizations in your history succeeded in moving into a new awareness. Some have not. Your current civilization has come close a number of times, but there was more for you to grow into first.

There was more for us to learn?

Not so much learn, because ultimately there is nothing to learn, simply to experience. A better analogy would be that you were not quite mature enough for the shift.

I can understand that, I think. But I am surprised in some ways to imagine that our current civilization is what might be considered 'mature'. That seems far-fetched to me, especially considering our current state of affairs.

Your civilization is not 'mature' in that respect. It is simply mature enough for the transition that stands before you. As an example, a child may be mature enough to know the truth about the tooth fairy, without necessarily being considered mature overall.

That certainly makes more sense. Although it is a bit embarrassing as well.

It is not necessary to feel embarrassed about your current progress. It is simply where you are. And where you are is advancing. Also understand that when you imagine the current 'state of affairs' as you mention it, you are only referring to the

popular understanding about where people are in their thinking. In truth, there is a great amount of awareness that is growing on an individual level. This growth is not obvious when you only take into consideration the information that comes from your media forums. At an individual level, many people are growing more rapidly now than ever before. That is why so many of your institutions are beginning to shift. They are controlled by an inner impulse generated by the individuals that make up the institution. As each institution reaches a critical mass of growth within its own boundaries, the institution as a whole has no choice but to evolve.

That feels more reasonable. I can understand that more clearly. Thank you for clarifying this process.

That is a good thing to remember....it is a process. There is not an end state that you are attempting to achieve here. There is not some goal to reach. You will reach many goals as you move forward, but there is no finish line to cross.

So, once we reach a higher level of awareness on our planet, there will still be much to learn?

Again, it is not a learning process. It is a process of experiencing. And yes, once you reach a higher state, you will have much, much more to experience.

Communications like this are becoming more common as well, aren't they? Like the information you are providing through me.

Yes. It is one of the ways you can know that your population is moving forward. Contact with non-physical entities is increasing all around you. Because you are beginning to experience life from a higher perspective, you are now approaching a point where

open contact such as this is even possible. We have always been aware of you. We have always assisted you. But you could not 'hear' us as you do now. Some among you are even able to see us now. This phenomenon will become more evident over the next couple generations.

But there were always some who could see and hear you?

Yes. They fill your history books. They were inspired. They were 'ahead of their time.' Much of this was discussed already. Some you believed to be teachers. Others you labeled 'crazy' and fools. All brought the same messages. That message is being heard more clearly now.

What message?

That we are here. That you are not alone. That you are part of a much larger family. That you do not have to merely survive without assistance. That, instead, you have the capacity and permission to thrive. That you have the opportunity to join us on a stage far larger than many of you have ever considered. There is so much that we wish to share with you. And you are now growing in your awareness to be able to hear this message. You are approaching a time when you will join with us in this grand experience.

Wow! Really, wow. That is an amazing message. It's truly exciting. I have anticipated this kind of opportunity my whole life.

I know. When you were young, you still remembered part of your purpose for coming this time. All children do. You are much closer to your remembrance when you are young. These are the 'silly notions' that you are taught to put away as you move into adulthood. For many of you, it takes decades to remember why

you came. Some of you never fully remember during your lifetime.

But children do not need to remember, because they have not yet forgotten.

This is one of the ideas that we can help to foster in children, isn't it? We can listen to their desires and encourage them.

Yes. It is definitely one of the ways in which you can best prepare your young. By helping them to embrace their dreams, you are helping them to embrace their own life goals. By allowing them freedom to express those desires, you validate them. You validate the desires, and you validate the children.

That seems like it would be one of the most important tasks as a parent. But that is not how it is 'set up' in our society right now.

It is not. But it is also changing. More parents are becoming open to listening to their children, instead of always telling them. They have much to teach you.

Right now you 'prepare' them for adulthood by teaching them that life is hard, that dreams are not important, and that they must be ready to struggle to survive. It is understandable, because it is often what you were taught and even more often what you experience. But it is not necessary. As you learn that life can be far simpler and much more enjoyable, you can pass this gift on to your young. It will go far in preparing them for the world, and in preparing the world for them.

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I have so many more questions, and it's hard to figure out where to begin. I'm curious both about my own personal life and about life on our planet. I find it difficult to narrow them down sometimes.

Focus first on the questions that are closest to you. Then move outward from there. This is the true way of life, the way of manifestation and ultimately the way of the universe. You must start where you are. A photon does not focus on where it will be someday. It only focuses on where it is and where it is going. The rest will unfold perfectly.

Very often with humans, you feel a greater sense of righteousness when you focus on those around you first. And this idea has been propagated down through your generations. And so it is difficult to focus on yourself. It is considered 'selfish' by many. But it is not selfish. It is the way things work. All energy moves outward from its source. It does not begin at some pre-determined point away from the source.

You are that source. Your energy flows from you, outward into infinity. When you try to control that process and focus outside of yourself first, you bind the energy up. You prevent it from flowing naturally and efficiently. So when it comes to the questions of the world, always start with those that are closest to you. They will then move outward in perfect harmony.

Wow. Thank you. I've heard it described many ways, but that makes it so simple. I guess when I look at my own life, I question when I will achieve what I consider success. I am at a major transition point in my life, and it has been difficult to decide which direction to move in. I want to be financially successful both for myself and for my family. I desire and dream of the freedom that comes with money to take care of all the things in my life and have more to play with. And yet it

sometimes feels....I guess selfish would be the right word.....selfish to focus on my own finances, when there is so much in the world that seems more important or even more immediate.

You express a good question, one that is a concern for many in your world. At all levels of awareness, and at all levels of financial security, this question often prevails. You have been reminded recently that money is simply a form of energy. For some, this feels like a new concept. But the energy of money takes on many forms for many people.

For some, the energy of money is the energy of freedom, as you described. And this is the most common understanding. For others, however, the energy of money is the energy of security. For some it is the energy of self-worth or personal value. It is occasionally associated with the energy of legacy. We will look at it from a standpoint of freedom, since that is where you feel it most clearly right now.

In your very recent experience, you have passed up on several opportunities for money, even though you are searching for a method of sustaining your family. Why did you do that?

It just felt like the right thing to do. I know that I want to support my family in the best way possible, but I also want to feel good, and I want to ensure that I have time to spend with them. Some of the decisions I've made recently seem almost foolhardy by some standards, but I had to follow my feelings. And I also trust the universe in such a way, that I truly believe that we will be provided for.

How did you feel when you made these decisions?

I guess, if I had to describe it as simply as possible, I felt a sense of freedom with my choices. I felt free, because I knew that I was making

the best choice for me. Not for someone else. Not for a company. Not even for my family, really. But it felt like the best choice for me, personally. And that gave me....and still gives me....a very real sense of freedom. And that seems ironic to me.

There is a reason I wanted you to describe your experience. It is a good example of how money works in your world. Money does not create freedom. Freedom creates money. Your decision to move toward your own personal freedom is the best financial decision you can make. Even when outwardly it may look otherwise. By cultivating a feeling of freedom, you create an environment and an atmosphere which will more easily let money in. It will give you opportunity for synchronicity to step in. It lets new ideas flow, ideas which can truly move you in the direction you wish to go.

In the same way, money does not create security. Security creates money. Money does not create self-worth. Self-worth creates money. Money does not create legacy. Legacy creates money.

At the other end of the spectrum, feelings of selfishness often prevent the energy of money from flowing naturally. If it feels wrong to let money in, then money will not come in. This is one of the ways that money becomes an obstacle for many people. In addition, fear does not create money. Feelings of lack, inadequacy, insecurity....these all create fear, which prevents energy from flowing. In this way, fear prevents money from flowing, because as I have mentioned, money is simply a form of energy. Selfishness is just a cleverly disguised form of fear. Fear of how you may be viewed by others is the basis for selfishness.

But when you decide to move forward with your dreams, miracles can happen. Miracles are simply the cause and effect of the universe. Yet from your perspective, the cause is often misunderstood. Therefore, you witness what you believe to be an amazing effect, hence the miracle. When you move forward boldly, knowing the universe will work with you to help you achieve your highest desires, amazing things will begin to happen. Energy will move in your direction. Energy will be attracted to your energy. And one of the simplest ways that energy can flow in your world is through the medium of money. Therefore money will flow to you, giving you even greater momentum in the direction that you have decided to go. This is the natural way that energy moves through all things. Movement creates energy. Stagnation hinders it.

When you are afraid to move forward, when you fear the consequences of your actions, when you sit on the fence undecided, energy is unable to flow to you. Money is unable to flow to you. In your science classes you learn about the difference between potential and kinetic energy. This is a good example. If a large book is held five feet in the air, it is not creating any energy. All of its inherent energy is locked up as 'potential'. Only when the book is dropped can the true kinetic energy be witnessed. Air is moved, sound is created, and a great weight slams into the floor. All of these are understood in your basic science. It is the same with human potential. Only when desires are acted on can the true creation of energy be observed. This is why action is such a powerful source of positive outcomes and synchronicity.

You have been taught that thought creates energy. It does. It gets the ball rolling. It gets the momentum started. Your

thoughts are the first step. You have been taught that words create energy. They do. They continue the momentum and give an extra boost to the thought. They are the second step. Action, however, is the true accelerator. Thoughts generate the words that persuade a body into action. This is what you understand as inspired action. And contrary to what many on your planet believe, the action does not need to be specifically focused on your goal. It just needs to be.

I have heard of similar ideas. Some say that you don't have to worry about what exactly you do....just do something. Then the paths, signs, people, circumstances and opportunities will show up. So often, I hear about people being frustrated that they have changed their thoughts, but nothing is happening.

Something is definitely happening when thoughts are changed. It is the first step, it is a small step, but it is a crucial step. Everything else depends on this step, so its importance cannot be overstated. But you state the confusion clearly. Many on your planet fail to recognize that the new thought spawns a new word....a new conversation, if you will. This is good, this is very good.

Thinking a new way promotes talking a new way. It gets you motivated. It starts conversations that generate more new thoughts. Eventually one of these new thoughts will give rise to a call to action. It may be as simple as calling a friend or going for a walk. It may be an impulse to meditate. It can be a desire to be outside or walk through a store. But it will generate the inspiration. It will prompt you to take some action.

What happens next will appear almost magical in your current perspective. When you take action, you are showing your trust in

the universe. You are willing to move based on your new feelings. This generates energy in the direction of your dreams. The simplest act can have amazing implications.

There are many examples on your planet. You will find yourself meeting someone of significance in relation to your desires. You will be present for situations that help you define and clarify what you want. You will experience serendipitous events that cannot be fathomed in your current view. This is why it will appear magical. When you put your trust in your new thoughts, your new action will generate opportunities that you could never have predicted in your wildest imaginings.

You will understand that the signs have always been there. You will simply be open to receiving them now. This can reinforce your new idea. It will add even more momentum to your chosen direction. It will build upon itself. This is what is remembered in your history as the 'faith of a mustard seed.' The smallest action taken in faith can have truly remarkable results. But that first step must be taken. That is your true choice. To act or not to act.

To be or not to be?

Exactly.

It feels like a huge responsibility but so simple at the same time.

It is not a responsibility, because that implies that you have an obligation. You have no obligation to create any particular world or any particular life. You came here to experience. You are doing that regardless of whether you decide to take charge of your own life or not. You cannot fail to gain experience. It is inherent in the process by which you chose to come to this planet. It is, in a matter of speaking, inevitable.

However, your question pertained to enjoying your life to the fullest. You wanted to know what was required to be “successful.” Being what you understand as successful is not mandatory. But it does make the process of life here so much more enjoyable. And in return, the amount of experience you gain within a lifetime is greatly enhanced.

That makes so much sense. So there is no requirement to reach our potential. There is also no failure if we do not.

Correct. You add to the expansion of the universe with every moment you experience in your life here.

And yet, so many are drawn to achieve their highest goals and live life to its fullest degree.

Yes. And these steps are the process in which one can choose to experience such a paradigm. Many have used this process. They are easy to spot in your history and in your current population. But that does not presume that they are somehow special. This is a process that is available to all beings. It is only now becoming what you might describe as ‘common knowledge’ on your planet.

True. These ideas can be found in so many places right now. Really all anyone has to do is choose to ask the same question and this information is readily available.

Asking is putting the thought into words. That is the second step. That is what makes the action possible. Opportunities will open up with the simple act of asking. Acting on those opportunities is the third step. Taking action is the process of moving forward. Moving in any direction is moving forward.

I understand that. Thank you for restating this process here, again, in a new way.

This information is always available to you. You only need to ask and it is here for you. It is here for anyone that earnestly seeks it.

And it's not selfish to want these things for ourselves? To want an amazing life, when so many are struggling at every level?

It is not. And I will address why, because this is a fundamental obstacle for you and many others.

You have often heard that you cannot help another from a place of want. To put it another way, if you do not have it, how can you share it with others. Very often, when people think about attaining success or wealth or abundance of any sort, they immediately start to worry about sharing their success with others. Sometimes this is out of obligation, and sometimes this is out of love.

When it is out of obligation, it is because you do not like the idea of sharing your abundance with others. On its own, this may seem like a cruel behavior, but it is simply what you experience. If there are family members or others who you do not wish to share your abundance with, then you will prevent yourself from being able to attain the abundance. You are already worried about losing it to others, even before you have attained it. This worry is fear, and as I have explained before, fear cannot create abundance. Fear cannot create money. Fear cannot create love.

On the other hand, sometimes you want to share your abundance with others. This is because you view them as lacking, as well. You feel a desire to provide for them. You wish to give some of your abundance to others to help them have an abundant life also. But this also creates a worry in most of you. You worry about creating your abundance, because you feel a responsibility



to share it. Even when this feels like a loving desire, you have to understand that you have added their abundance to your own. Now you wish to be abundant for more than yourself, and this is too often a larger weight than you can carry. You have added their success to your success, at a point when you have yet to learn how to create the success for just you.

This part is harder to grasp.

Yes. This is difficult for many of you to understand. It sounds like you are sabotaging your own efforts simply by wanting to share your abundance with others. And often this is exactly the case. It is because you see them as being dependent on your success. You are now attempting to succeed for two, or three or many. You can start to imagine how difficult this is to set as a goal.

This is not to say that you cannot share your abundance with others. But it creates an obstacle for you when the sharing is part of your initial goal. The ability to share your abundance is a wonderful effect of success, but it is not an effective cause.

Consider it this way. You know that you cannot create abundance from a perspective of lack. You have heard it said that you cannot be poor enough to make others rich. You know that you must feel abundance in order to achieve abundance. But to clarify it a bit, you must feel *your own* abundance in order to achieve *your own* abundance. If you wish to create abundance for others, it is often because you see them as lacking. And you cannot feel their lack and create your abundance.

Wow. I think I get this. I can imagine how this holds so many people back from achieving their own dreams. It feels like a loving thought to include others in your dreams, but we cannot dream for others, can

we? We can only dream for ourselves. As a head of household, this is a very difficult idea to integrate.

It is. And that is why it is so prevalent in your culture. You have placed the weight of success for the many on the shoulders of a few.

So, for instance, I may have a personal sense of abundance, which is a great start. But if I focus on the fact that my own children don't have certain things that I wish for them to have, then I am moving right back to a lacking point of view. And if I use their lack as part of my reason for wanting abundance, then I have cut off my own path to abundance. Is that correct?

Yes.

Because I am trying to create abundance from lack, even if it is not my own lack.

Exactly. It is not your lack, but it is the very idea of lacking that you are focusing on, and this prevents your success.

So when people want to help everyone on the planet, this very goal can prevent them from ever helping others on the planet.

Yes. It can be difficult to see how a loving thought can prevent a loving outcome, but you must be able to see the larger picture.

Which is?

No one on your planet is lacking. Abundance is available for everyone. Each individual has the capability to create their wildest dreams. Just as you cannot fail, neither can anyone else. It is simply an experience to be enjoyed. That is why this dialogue must be for you. It must be your own desire to understand these

concepts that will help clarify the information. Your own desire creates this opportunity for you.

The ability to share these ideas with others is a wonderful effect, but it is not an effective cause.

Wow. This is truly a paradigm-shifting understanding for me. I realize now that this has been the direction I have been moving in. I love my family so much, and yet my goal is to be happy and successful, simply because it is something that I wish to experience.

And then?

And then I can be an example to them and to others.....That's really the point, isn't it? To be an example to others. I can't wish someone else into happiness. I can only make the choice to move into happiness myself. And my own success stands as an example to others that it is possible for them too.

They may choose to come to my information, or to ask my thoughts, or request my help. But that is all up to them. I can only find success on my own road. That's why it's so important to follow my own dreams. By following my own bliss and doing what I personally love to do, I create a cycle of enjoyment, happiness and abundance in my own life.

You grasp it in full. You remember clearly now.

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Thank you. Thank you for helping me to remember these principles. Why is it so easy to lose sight of these simple understandings?

Because it is all you have known. Throughout your life, you have been taught how to survive. You have been taught how to protect yourself. You have been taught how to be useful. You have been taught how to meet expectations.

Aren't these good things to know?

They are great things to know in order to benefit everyone around you. But they do not benefit you. Your survival is guaranteed. Constant focus on survival only puts you in a state of fear, worry and doubt. So you take the actions that are safe and secure. But these actions do not help you become happy, abundant or loving.

Protecting yourself seems simple enough, yet when you focus on protecting yourself, you are actually focusing on protecting those around you. As each of you learns to protect yourself, you increase the overall safety of the whole. But your safety is already assured. Continued focus on safety only generates fear of the unknown.

Being useful is a good quality for the group, not for the individual. By focusing on being useful, you discourage your natural talents and abilities. When you take care of what is needed, you do not take care of what is desired. The irony here is that when you truly give attention to your desires and encourage your greatest joys, all of your needs will be met.

You constantly seek to meet the expectations of others. For some it is within a career...meeting the expectations of bosses, co-workers and subordinates. For others, the expectations of family come first. For others still, it is the expectations of society that weigh most heavily. In truth, ALL of you are impacted by ALL of these expectations ALL of the time. This leaves precious little time for you to seek out your own expectations. What do YOU want to achieve? What do YOU desire to experience? How do YOU wish to grow? What do YOU want out of LIFE?

These questions are the questions that you are ready for now. These are the questions to ask of yourself and those around you. These are the questions to ask your children. You have been taught the opposite for most of your life, as have almost everyone on your planet. It has been necessary for your growth to move through various stages. There was a time when it was necessary to understand how to unite toward a common purpose. It was important to work together, and thus it was important to understand the needs of the whole.

However, when the needs of the whole overshadow the needs of individuals, an imbalance occurs. Individuals lose the very individuality that they came to this dimension to explore. That imbalance stunts the growth of the individual. And when the individual cannot grow, the group cannot grow. There is an intrinsic connection between all things that is important to grasp. The growth of the whole and the growth of the one are the same.

As you grow, so the universe grows with you. If you give up your desires to another, then you are unable to grow. And they are also unable to grow. And the universe is unable to grow. We are all in this together. But it is imperative to understand your part in the process. You cannot wait for the universe to happen to you....you happen to it.

Wow. I know that for some, that can feel like a huge responsibility, but it's really a statement of freedom, isn't it? We are free to explore all the possibilities and potential of our own life, which allows everything around us to grow and expand.

You have learned that your universe is expanding. Now you understand the driving force.

Everything in the universe is expanding, including me. And so by putting my attention on my own expansion, I give everything else the freedom to expand as well. Wow.

Wow, indeed. It is an amazing process to behold. It is an amazing process to experience.

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You stated before that you experience through us. You explained that non-physical expands through the experiences in the physical realm.

Yes.

So....what exactly are you?

This is a difficult concept to convey with words, because it is based on truths that exist beyond your three-dimensional understanding. However, I will attempt an explanation, because I experience your curiosity.

At the very core, all things are unified. We are all one. Therefore, you and I are one. Yet your question is more specific in its request.

I am a being that is beyond three dimensions...it is what we best describe as non-physical. I am many, but I also maintain a semblance of my own individual identity as well. You also represent many, considering the billions of cells and trillions of atoms that make up what you refer to as 'you'. And yet you maintain a semblance of individuality within your context. In this way we are very similar, but I do not have a physical 'body' as you imagine it.

But I saw an image of you in my mind. How is that possible?

What you saw was an abstract image that encompassed all that you understood me to be. The archangel archetype has existed within your culture for millennia. It is an appropriate image, but it was created by you, not me. You have known my presence for a long time. You understand me to be loving, compassionate, powerful, wise, and to a degree wondrous. These ideas are inherently intertwined with the concept you know of as an archangel. Therefore, when you called out for me, I revealed myself to you. The images you saw came from your own cultural history, rather than from your personal one. These images have power in your history, and they continue to do so today.

It is in some ways similar to how people you interact with have an image of you in their mind. The image seen depends on who is seeing it. Your friends have one image of you. Your spouse another. And your children another one again. Not one of these images fully encompasses your true nature, but at the same time, they are all correct. Each image is one aspect of your true self. So you saw an image that encompassed for you everything that you knew me to be. It is not my true nature, but it is also correct as an aspect of who I am.

My true image would be impossible to describe, because it requires an experience that you cannot draw from in your environment. It would be like you trying to describe yourself to a two dimensional being. There would be no concept within their understanding for them to imagine your three dimensions. It is one of the limitations when trying to communicate across such an expanse.

I can accept that. It may not fully quench some of my curiosity, but I understand. What is your purpose here? Why this communication?

Throughout your cultural history, it has been my wish to prepare each generation for the expansion that would be experienced in the next. I pave the way for growth. It is my joy...my desire.

When you first learned of my name, you did some quick research. You understood that over two thousand years ago, it was my goal then. It is still my goal now. When you choose to come here and inhabit this environment, this planet, you have your own purpose and desire. For those that align with my own desire, there is an understanding....and agreement....that I will be there with you as you fulfill your experience. That is why I said that your destiny is my destiny. We are working together here to bring about a greater awareness for this space.

Wow. I was almost afraid to go here. It feels almost blasphemous to make the comparison. We're talking about Biblical times and the present. I know that would feel like a far stretch for some.

And yet it is not a stretch for you. So do not worry about what is a stretch for anyone else. All that is important for you is to understand it for you. But to be clear about your point, you must realize one key principle. Both times are one and the same for me.

Can you explain that a bit?

Yes. You bring up blasphemy because you are describing important events to your cultural history. These are events recorded in your religious texts and passed down for ages, where the events gain an even greater significance. And yet, I do not exist with your timeframe. For me, these are not separate events. For me, they are both occurring right now. In fact, I interact with humanity at many thousands....millions....of points along your



history. Those recorded events are not my only moments of revelation. I do so throughout your past, present and future. But to me, these are all happening now.

I have visibility over all of your current and potential pasts and futures. It is precisely why I can know when and where I choose to communicate. I do so to best impact the growing awareness on your planet. It is a process I both love and enjoy. I do not do so out of an obligation or responsibility. I do so because it is my highest joy to do so, just as you come here to experience this environment because it expresses your highest joy.

Whew. That is a lot to take in.

It can be. Take some time to process it. Let the idea into your core and decide what it means to you. I will be here when you are ready.

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It's kind of hard to imagine from my perspective, but you are practically God-like in your capability.

Exactly. And you used the right description there....from your perspective. Beings in the non-physical have what you might consider to be a god-like view over all things in your three-dimensional world. But you must also remember that you came from the non-physical realm too. You chose to step into this perspective. You willingly stepped into this arena, knowing that your view would be severely limited. What you describe as god-like power is yours as well, when you are not limited in such a way. All of time and space is available to you. All of it is open to your inspection, and all of it is open to your experience. But in

order to have the experience, you must step on to the game board and play by its rules.

For you, that game board is the three-dimensional universe. Some of the rules include being limited to a tiny physical form with a tiny perspective. But the limitations are necessary for you to truly experience this life that you have chosen.

Wow. That makes me sort of proud that I chose this particular body, this life, this experience.

It should make you proud. There is nothing about you or anyone in this realm that is non-deserving in any way. Being deserving is not a state that you reach, it is a choice. Being proud of who and what you are is not a goal, it is a choice. Loving yourself in all your individual glory is not some high mountaintop to hopefully attain someday....it is a choice. It is a choice now, and it is a choice always.

That's a big statement. That is powerful.

All statements of truth are.

You made a comparison to a game board. I have often thought about life like a game. Not in the flippant way that might imply that it is unimportant, but in the way that we play them.

I am speaking to you *through* you. The comparisons that I can make primarily come from your own understanding. I cannot use a description that you do not already comprehend in some way. It is one of the greatest limitations in communicating in such a way.

I guess that it makes sense that you can fulfill that communication through any number of individuals. It paints a broader picture when

many different life experiences and perspectives can be used for your “palette”.

That is a good way to understand it. Now you referred back to games as an analogy to life. Give your description as to how that works for you.

My description? Well, it’s just that I think about how we have to deliberately limit ourselves in order to play a game. Take a board game for example. When I willingly choose to play a board game with another, then there are certain limitations that we both agree to. We agree that the game will stay within the dimensions of the board. We are limited by the two dimensions that the board makes up. We also agree to follow certain rules of gameplay. Maybe we agree to move around the board based on rolling dice.

In truth, we could just as easily pick up our game piece and place it at the end. We could end the game just that easily. But for fun, we choose to follow the rules. And we know ultimately that winning or losing doesn’t have any actual impact on our life. It’s just a game; fun to experience for a time, but not too serious in the end.

That is a good description. Now would you like my description of life on your planet?

Absolutely.

Non-physical beings deliberately limit themselves in order to experience life on a planet. They willingly choose to play with many others, and there are a number of physical ‘rules’ that they agree to, such as time and space and gravity. They agree to play within the three dimensions of the planet, and they choose their game piece with certain attributes and a specific background.

They also agree to certain rules of life, such as the law of attraction.

They could easily end the game, but they choose instead to play by the rules. They know that there is no winning or losing, but that it is all a grand experience that they wish to enjoy. It is just physical life; fun to experience for a while, but not too serious in the end.

That is how I've imagined it.

As I have said, it is a good description. Now imagine if you truly did take up the position of the game piece. In order to get the full experience of the game, you would need to forget that you are actually a much larger being simply playing a game. You would have to *really* believe that the game was all that there was. You would need to experience it all as *real*, or it would lose its impact.

Now imagine that the game piece version of you had the ability to be in touch with the larger you who is playing. That larger you would appear to have god-like understanding of everything in the game. That is what it is like for those of us in the non-physical realm.

You can see the whole game board.

Precisely. We have the perspective that you do not, at least not while you are in this environment. But we offer this perspective to you and to anyone who earnestly desires it. We help you to understand the layout of the game board, and we help you to fully understand the rules in order to allow you to gain the greatest joy from the experience. We do this because your joy resonates through the universe in ways you cannot imagine. We do this because you have asked.

Thank you. Thank you for providing this clarity.

Your appreciation is acknowledged, however, understand that in many ways we thank you...all of you. Your experience in the physical realm provides opportunity for expansion and growth for all beings. You have taken on the difficult journey with a limited body and a limited view. You have stepped into this realm of contrast, and your experience expands us all.

You have volunteered, and it is our wish to offer assistance, perspective, knowledge, awareness...whatever tools you deem worthy on your journey. You need only ask. Let the asking in your heart be the words on your lips. And let the words you speak rouse you to action. And then let us guide you, and receive the guidance we offer. It is as simple as that.

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Learning all of this....no....remembering all of this helps me to feel empowered. I feel empowered to move forward boldly into the things that I love to do. I feel empowered to call upon guides and angels to help me along my way. I feel empowered to enjoy my life to its fullest potential. I feel empowered to be whatever I want to be, have whatever I wish to have, and do whatever I love to do. I feel empowered to trust myself and my own instincts. I feel empowered to believe that my desires are my desires for a reason. And I feel thankful for the opportunity to enjoy this process, this life, even when it may not appear so enjoyable. Because it *is* enjoyable. And it's fun. And there is a purpose to all of it.

Empowerment is a very high energy. It is similar to love and joy and freedom. It is our desire to help you find your way to this feeling first and then move out into your world with a greater

sense of ease and purpose. It is our desire to see you experience abundance in all its many forms. It is our joy to assist you along this journey. It is our goal to help you to see in yourself who you truly are and what you are truly capable of.

Thank you for allowing this communication to happen.

And thank *you* for allowing this communication to happen.

It is my greatest pleasure at this time. I get the feeling that this type of communication is growing in our current time and space.

You are correct. There is an *openness* occurring on your planet that is allowing more people to become aware of their higher selves and to actively engage with it.

And this is what is driving the changes that are beginning in all of our primary institutions, isn't it?

It is heralding change within ALL of your institutions, not just your primary ones.

This information....this awareness....is becoming available to more and more people.

Yes. It is similar to a barrier that is slowly being removed. As this barrier is broken down, more communication can flow back and forth across it. Yet it is also accurate to say that an *allowing* is taking place. As you allow communication to occur, your resistance is lessened. You allow this communication to occur by trusting yourself, loving yourself, and following your own joy.

As this practice becomes more familiar to you, it becomes easier. Your communication with us becomes more natural. This allows the doorway between your world and ours to open even further.

I'm excited to see this communication happen on a larger scale. It's hard to even imagine the kinds of changes we will see over the next several generations.

Yet these changes will happen precisely *because* you can imagine them. That is the extent of your power.

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This has been and continues to be an amazing conversation. And yet I also feel that this chapter is closing.

It is. For now. Our communication will continue, however. It will continue because you wish it to continue. But your desire all along was not only to experience this conversation, but also to share it. Therefore it is time to end this 'chapter' as you describe it and take the next step. It is time for you to share this conversation.

It feels like a huge undertaking, and yet I am also excited about it. I look forward to the challenge and the opportunity to grow. I know now that I have an abundance of resources available to me. Limitless, in fact. I understand how to trust myself and to watch the synchronicities. I know that I have guidance every step of the way.

And I feel ready to take this step. I feel empowered to make this happen. And I feel the greatest appreciation for all that you have helped me to bring forward.

Focus on the enjoyment in the process and you will experience it with great ease and gratitude. Know that you are doing what you desire. Know that you are stepping forward into your own purpose. And know always that we are here for you with guidance, love and appreciation.

I, and those with me in the space you would know as the non-physical, find great pleasure in communicating with you, and those with you, in the space you would call the physical. We join with you in the creation of new and expanding horizons. We bring our messages of love and awareness to you in all possible ways and through all possible means. You have only to receive our love. It is as simple as that. We are forever in appreciation to you, as you bring understanding and experience to us. Know that your joy is our joy.

With unending love for all that you are...

*Gabriel*