

By Santosh Jha

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At The Very Beginning...

What is the exact need to speak? May be; this is not the appropriate question. It seems; the more precise and grassroots inquisition is – What is the core energy behind this seemingly innately powerful instinct to **Express**? The language; the speech part of communicational spectrum comes later. Expression is *seed-situation*; it precedes learning. It is universal to living world itself. Vocalization among animals and speech among humans add up as tools for expressions.

In scientific expression of Reality, every living being is a *Media* and it is essentially a processing mechanism of *Information*. Everything in this cosmos is information and the Media of human body-brain is also processing information to perceive *Reality* in all its multidimensionality. This Media therefore, very innately expresses itself and this expression, in its totality, entirety and holism is known as Intentionality. Language in itself is just a designed media of expression of intentionality. Expression is also a multidimensional reality; happening beyond languages.

It seems a reasonably safe hypothesis to state that expression has two broad dimensions. The very situation of these dimensions somehow changes the popular meaning of Expression, as it is usually accepted. First aspect of expression is associated with *Intentionality*. Science tells us that Intentionality happens even at cellular level and it is expressed chemically for internal consumption only. It means, even a single cell living organism has intention to do or not to do something and it expresses this intention for action or non-action through chemical processes. This intentionality

process is very much there in all living organisms, including humans. This expression doesn't need language and speech. It is neuro-chemical.

Second dimension of expression also seems to be the extension of the first dimension of expression. However, its domain of activism is not within the organism but outside in the physical milieu. This aspect of expression has to journey outside the body of living organisms and therefore, requires a vehicle of vocalization, which finally evolves into a speech pattern. The external expressions are however not restricted to vocalization-speech. Many living organisms use different body signals and movements to express and communicate. Science has deciphered how a bee communicates through flipping of its wings. Science has also unraveled how this 'flipping' communicates information in proteins and in almost all sub-particles.

As first dimension of expression inside body is about the innate and universal intentionality of survival of the organism; the second dimension outside body actually extends this intentionality into the wider, diverse and complex domain of external physical milieu, where an organism lives out and survives in competitiveness with other organisms. It is pertinent to realize that both dimensions of expressions are energized by stimulus, or what we may call Information, from external milieu. The first optimizes organism's readiness as a biological being and second does the same as social being. Both aim optimization of the primary and universal Intentionality of survival wellness.

If this hypothesis is accepted as true; we can define expression as part of the transcendental need of survival and therefore; speaking and linguistic communication is also essentially an artistry to optimize this intentionality

of survival wellness. In crude and simplified term; we all need to speak because we have to ensure our survival.

This very hypothesis is a revolting idea to accept. How stupid to say and admit that every day, zillions of words are spoken, billions of words are written as 7.5 billion humans carry their life-living in this huge world, just to survive? Beautiful poetry are written, marvelous books are composed, millions say 'I love you' to others and great visions of humanity are shared through speeches, are all nothing but survival optionlessness?

Yes! This is the marvel and magical mysticism of life-living, as it juxtaposes itself in front of the colossal cosmos of Reality. The reality is humungous; the life or self of a personhood is massively complex and the interactional spectrum between Self and Reality is hugely expansive. This means, every reality is multidimensional and it is manifested in different perceptual shapes and sensibility. It is only very natural that they all breed loads of confusion, conflict and chaos in perceptual fields of humanity. Larger the system; more is its propensity for entropy.

It may seem a rather outlandish hypothesis to relate expressional universe with a rather animalistic and basal reality of survival. However, when we see and accept that as the core reality of expression has, over millions of years, evolved its multidimensionality in human world; so has the idea and perceptions of survival. It is mesmerizing, how the very entrenched, organismic and singularly cellular Intentionality of survival has evolved over billions of years to spread its expressions into almost every speck of reality. It is tough and requires a non-intuitive and non-reactionary perceptual state of a person's consciousness to decipher, how saying 'I Love You' is very much an expression of the singular, cardinal and

universal Intentionality of Survival. This dualism and conflation of realities at micro and macro levels is not easy to be understood.

If we try to understand the feel and perception of this dualism and difference in perceptions about realities in different dimensions; we have a very interesting and universal example of our food culture. Nobody has the exact idea but it is assumed that globally, people eat billions of varieties of food, organized as what we know as recipes. They are all combinations of proteins, carbohydrate, fat and minerals but different people have segregated recipe choices to eat them as their favorite food. Ask them and majority of people would say; they eat their food as they enjoy eating. Nobody tells you that they eat so that every single cell out of the 30 trillion cells; their body-brain is made of; gets the nutrition to survive. Interestingly, the food we eat, in whatever form of a recipe, out of the billions available globally; is meant for survival and cellular consumption, but they are not taken the way they are cooked by our cells, which essentially use all the food energy to *survive*. The food we eat is broken down into smaller molecules by gut bacteria and enzymes and they finally are used as ATP at cellular level. This ATP is the true and real food for survival. However, it is marvelous to see and wonder how billions of different expressions this food takes in different cultures. Probably, nobody ever thinks of this cellular reality, when he or she is having his or her food. This is what we called *the marvel and magical mysticism of life-living, as it juxtaposes itself in front of the colossal cosmos of Reality*.

You may wonder; may be, it is true but why we are talking about all these? I wish to say it with all humility and sincerity at my behest that I am talking about how since almost 3000 years, humanity understood this dualism and confusion about how reality is perceived in human mind consciousness but still, mass majority of people do not ever take conscious cognizance of

this situation in their life-living. They do not take into account how realities are expressed in myriads of ways and the collective failure of humanity to understand and accept them breed unimaginably huge and calamitous pathologies in human societies and personal life-living. This hypothesis needs to be expanded and understood in totality, entirety and holism. We talk about them in this eBook as and when it is occasioned.

We discussed this all primarily to understand and accept a hypothesis that Reality is multidimensional and it manifests at different levels and domains. One reality has many manifestations. For an average human being, his or her innate perceptual capabilities may be good enough to see, visualize and understand one dimension or manifestation of a reality. Still, some other dimensions and manifestations remain unobserved and unknown as they are beyond intuitive perception. This somehow broadly distinguishes the role and purpose of Intellect and Intelligence. In broad understanding, Intelligence is the mental and perceptual ability to understand and internalize what is available to every human being as part of the innate and intuitive learning. Intellect however is the non-intuitive mental-perceptual capabilities and eligibilities to decipher other dimensions of reality, which cannot be directly or intuitively observed and known. This has to be kept in mind as we proceed with this eBook. Thanks.

**

PREFACE

There is a very critical hypothesis about human life-living, which we need to be aware of. It helps a lot in understanding reality and paves ways for personal as well as societal wellness. There are two very powerful

dimensions and their massively complex processes, which affect almost everything we as living being perceive and accept as. However, these two dimensions are hidden, not consciously registered and their processes are also not felt and realized by average mind consciousness of people. First is the Homeostatic system within our body-brain and second is Culture in the external physical milieus. Both affect, shape up and evolve most realities for human life-living but they are invisible, unrealizable and implicit. The hypothesis is that this very situation is probably the worst trouble for humanity and tragically enough; humanity has never ever assigned due importance to them and their knowledge in mass majority of people. This unleashes uncontrolled pathologies and entropic eventualities in human world.

Very early; may be over 10,000 years back, our ancestors had this intuitive feel that two processes are very critical for life-living and its survival wellness. They, therefore, made personal as well as collective efforts to systematize those patterns, which optimized the successes of these two processes. They realized – first, there were silent and invisible processes going on within the body and they affected a person's behavior and actions. Secondly, there were interactional processes, which happened between a person's inner processes and those in the external milieus. Very naturally; thousands of years back, when even cultures and civilizations were not yet formed and humans had just started to begin a settled life in small tribes; the humanity understood that intellect was a constant and ever-evolving enterprise of unraveling and then patterning these two process in optimum details. Primary intellect dedicated itself to the knowledge of processes, within body and outside body in physical milieus. Ancient Indian philosophical expressions, dated almost 3000 years back and later documented, have talked about this all.

Till date, intellect is defined and understood in the same spirit. However, this intellect is now confined to a handful of people; mostly in the domain of pure science. The mass majority of humanity seems to have no business with this intellect as intellect is now more popularly accepted as Intelligence. This intelligence is more aligned to the knowledge of not the processes of discovering body-milieu realities but to those processes, which maximize moneys, wealth, consumption, power, fame and fun. The intellect also seems to be more aligned to this powerful modern human world intelligence of wealth-power optimization.

Does this signify that humanity has accepted that intellect is no more required as modern humans now know everything about all processes of body-brain as well as external milieus? The answer is a big no. In fact, we are just beginning to understand reality in a better light as modern knowledge of humanity has paved ways for understanding the right approach and tools for deciphering the ultimate realities. However, it also needs to be mentioned that many believe; there is a limit to understanding all realities, especially that of the external milieus as they are too colossal in scale and magnitude for human brain to decipher. The fact remains; humanity has understood too little and the journey ahead is tough. Still, there seems a general aversion towards the cardinal role of intellect in deciphering Reality, in contemporary human civilization and culture.

Somehow, if global processes of all human intentionality are clubbed into one singular theme; two processes are very explicitly manifested. The first dominant process includes politics and commerce, where a minuscule minority is obsessively engaged in aggrandizing their personal successes and pursuit of continuation of power at whatever cost. Majority of these very wealthy and powerful people are instinctively averse to follow any law, rule or morality in their enterprises. It is only a euphemism to say they are

the ones who are criminalizing the human societies and cultures as they are very much like the pathogens, which multiplies with least concern to lives of its carriers.

The second big processes are that of a sizeable population of upper and middle class people, who are knee-deep into all those enterprises, which fit them into the current disposition of profit empires. They in fact extend support to the processes of greed and hunger of the politician-corporate class to maximize profits, wealth and power. The second processes also essentially seek money, wealth, power and continuity of consumption comfort at a micro level; fitting in into the macro-level greed structures of the first processes.

The rest of weak, impoverished and underprivileged majority of humans have no choice but to be pawns at the hands of the above two processes. Interestingly; both dominant processes of contemporary human world are truly and innately allergic to intellect. They rather openly profess their hate against intellect and leave no chance to malign and kill the intellect and intellectuals. There are clear reasons for this antagonism for intellect.

This is the hypothesis about the current state of humanity and cultures we live in. This presents the background, which engenders the probability, which we are analyzing in this eBook. The failure of intellect is one part of the probability of contemporary human reality. The second part is the successful criminalization of human societies-culture-polity-economy and the third part is the corollary of the two realities, ensuring doom and destruction of the fabric of sanity and system in modern human world. We test the validity of these probabilities one by one.

**

CHAPTER 1

Failure of Intellect

From our deliberations above, we can derive two important hypotheses about what we may call the **Idea of Intellect**. Like most of the ideas humanity has evolved and understood, this reality of Intellect is also shrouded in conflation and conundrum of ambiguity and dualism. Intellect and intelligence are interchangeably used to refer to human capacity to understand. Before we proceed, it is important that we understand this confusion and also do away with it.

There are two dimensions of understanding or what we may alternatively call knowing or knowledge. One aspect of knowledge is to understand what human endeavors have already understood and is there for anyone to know and use it effectively for his or her wellness. Somehow, intelligence is considered as the mental ability of a person to grasp and utilize the knowledge that is there for every person, in the form of already expressed pool of academic inventory. This knowledge is part of intuitive learning.

Second aspect of knowledge is to understand what has not yet been understood and is still un-deciphered by collective humanity. This also requires the idea of intelligence in the same meaning. There has to be a required level of mental ability to venture into both types of knowledge. This intelligence is part of the agenda of humanly designed academic routines to ensure that every young person evolves with this benchmark of

intelligence to journey the roads of both types of knowledge. At this stage, we leave intelligence alone and begin the journey of pure Intellect.

As we mentioned at the start of this chapter, there are two broad hypotheses about the idea and reality of Intellect. From our above deliberation, we can now list them. The first hypothesis about intellect is that there are two types of intellect – one is primary-indispensable and another is optional. It is primary and indispensable for every human being to have the detailed knowledge of Self – one's own body and brain and its structural-functional spectrum in all aspects of interactions with external milieus of society-cultures. It is also part of this primary intellect to accept that knowledge is ever-evolving and therefore learning is a life-long process, requiring constant updating of the knowledge inventory of a person. The academic structures therefore are required to design such ways to evolve the critical level of intelligence in all growing human child. The optional intellect however is to have interest and inclination in venturing into those areas of knowledge, where humanity has still to decipher lot many things. The academic structures however must also inculcate readiness in every human child so that any young man or woman could avail this option.

The second hypotheses about intellect is that it must always devise and design such structures and functions, which could not only check the innate propensities of intelligence to become depraved and criminalized, but also restore back the sanity and system, if ever depravity-criminality grows out of proportion. The intellect must know all processes of humans as well as the milieus; ensure its optimal and universal knowledge to all humans and also know and manage the entropies of the processes, which bring about depravity and criminality in human systems. These two hypotheses emanate out of the fact that collective Intellect of humanity is expected to be in optimal knowledge of all dimensionality of reality – manifest or hidden;

and therefore in a position to perform its rightful role, duty and purpose of leading humanity towards its best life-living. In the light of these hypotheses, we need to analyze this probability, whether intellect has failed in performing its avowed role or not.

As we deliberated at the very start about the grassroots genesis and nature of speaking, to understand its true role and purpose; we also need to do the same with the idea of Intellect. Cultural insinuations and populist interpretations almost always add abstractions and mysticism to an idea and this result in the vitiation and depravity of its roles and purposes. To avoid that and have clarity over the idea and ideology of Intellect, we first attempt to unravel its genesis and true nature.

Essentially, it is safe hypothesis to accept that Intellect is exclusively human evolution of intelligence, which an exclusively higher and more complex human brain engenders. Intelligence is organismic and very much universal in all multi-cellular living beings with basic functions of neural processing of information. Human brain is a marvel of billions of years of evolution, since 3.5 billion years, when first single cell living organism happened, with basic intelligence of intentionality.

This uniqueness of human brain required the organismic intelligence of intentionality to evolve to a higher and more specific functionality. This dialectically evolved and more species-specific intelligence is Intellect. Intelligence is *generic* availability; Intellect is *specific* accrual. This in turn suggests, every normal-healthy human child is born with this generic intelligence potential. However, as Intellect is evolved with maturity of human brain, it is specific to a person's personal enterprise to make its accretion a possibility. Therefore, it is safe hypothesis to say, a person with

Intelligence is only animalistic; until it has the endowment of human element of *Intellect*.

From this hypothesis, it is a natural progression that we understand this uniqueness of human brain, to decipher what truly are the nature, role and purpose of Intellect, in its personal as well as collective dimensions and manifestations. It is a huge exercise, but we shall do it as briefly as possible just to arrive at this *uniqueness*. This uniqueness of human brain can be explained in many ways. This uniqueness has many dimensions. However, here, we shall talk about the broad aspects of this uniqueness, especially in terms of its influence on understanding the idea of Intellect.

Human brain has a very unique relationship with what it creates. Brain is the only human organ, which creates something, which is hugely mystical and marvelously multidimensional. This creation is popularly summarized as *Behavior*, which we can say is the external expression of Intentionality. This idea of behavior is also very complex and subject to conflation, dualism and conundrum. Like speaking, as we deliberated at the very start; behavior is also understood by majority of humanity, through its functional and intangible manifestations in the external landscape of society-culture. Intrinsically however, behavior has deeper and embedded structural and tangible basis, which is always ignored. The difference is very much like recipes, which people perceive as food and ATP, which cells actually use as final energy.

Human brain creates behavior and this behavior, stands in constant and complex interactions with external milieus of society-culture-polity-economy-faith, which in turn alters and conditions behavior. The altered and interactionally evolved behavior then alters and conditions the brain states. Many scientists believe, this idea, which they call *Plasticity*, is the

most unique feature of brain, especially human brain. Plasticity means changes in brain structures and functions, subject to changes in external milieu. Plasticity is in fact the most powerful tool to optimize survival wellness in all higher organisms, especially humans. This however, is not the ultimate uniqueness of human brain.

This uniqueness of human brain, which we are talking about, is something, modern scientists are just beginning to unravel and it is still in infant stage. This idea of uniqueness comes from the modern breakthroughs in the field of theoretical physics, molecular biology and artificial intelligence. This uniqueness is about the *Complexity of Information*, the human brain states have evolved to handle and process. This aspect of complexities of human brain's information processing capabilities is hugely tough to understand as it relates to a very non-intuitive domain of understanding of quantum mechanics and multidimensionality of string theory. This understanding is very nascent and still evolving. What we can understand in simple terms is that human brain's uniqueness emanates out of its **Complexities** at two different levels – first, complexities of the human brain's structural make up, as it evolved over millions of years and secondly the complexities of functional information plexuses it processes in constant interactions with a unique human milieu of hugely complex society-culture-polity-faith. Together, they make human brain a marvel of the universe.

Never before, in human history of civilization and culture, humanity could understand its own brain, as it can do now. This very understanding of human brain; its structural complexities and functional multidimensionality has brought to the fore, this very critical realization that not only functionally but also structurally, there is huge difference between what is popularly accepted as *Intelligence* and what humanity has so far perceived and accepted the *Intellect* as. This very realization and its very scientific

basis is a huge accrual to modern humanity. It has deeper and lateral manifestations in how humanity accepts reality and how it goes about its life-living agenda in society-culture-polity-economy-faith landscapes.

This very hypothesis now clearly defines what humanity must accept Intellect as. In the light of modern, contemporary, objective and measurable scientific knowledge of reality; especially human reality of its body-brain; it is now possible to have a singular and very appropriate meaning, role and purpose of human Intellect.

*Now we can probably say with reasonable definitiveness as what is **Intellect**, whether larger humanity is aligned and equipped with it or not and whether this intellect has failed humanity or not.*

In contemporary scientific idealism; Intellect is a landscape of higher awareness, which is made possible because of a specific neural process of information processing in the brain states. This higher awareness, which is engendered out of the massive complexities, functional multidimensionality and processing scale-speed of brain states; is the pinnacle of Consciousness and Cognition. This awareness, also called Higher Consciousness, is capable of understanding the universe of Causalities, which are continuously happening and evolving within internal milieu of body as well as the external milieus of society-culture. Intellect is, therefore, the *Emergent Specificity* of intelligent processes of brain states as they culminate and evolve out of the complex information processing of neural plexuses within brain universe.

In simple and assimilative term – Intellect is the state of highly aware personhood; enabling him or her to witness and internalize complex and multidimensional processes, which create *Causalities of Intentionality*. This awareness catapults individuality to witness the spectacle of all processes

within body as well as in external milieus. This intellectual awareness stands the Self or sense of personal agency of a man or woman to feel, sense out, recognize, organize and manage different dimensions of realities in life-living landscapes. This Intellect aligns a person's awareness to the very critical idea-idealism of *Holism*. This intellect then facilitates the potential of a person to become an objective and compassionate Judge of righteousness and appropriateness of all roles, purposes and intentionality.

This Intellect has a collective intentionality. Equal and symmetrical *Media* of Higher Consciousnesses automatically aligns and assimilates with each other. Individual Intellect assimilates into the holism of collective Intellect. This collective Intellect of humanity has its role and purpose charted out. The collective intellect understands that the very basic and singular condition for evolution, prevalence and sustenance of Intellect in every human being is the sanity-system-symmetry-synchrony-harmony-equitability of the external milieus of society-culture-polity-economy-faith. It is a scientific fact that Intellect is an emergence out of the complexities of human brain. But; this emergence is like a two-edged sword. If this emergence happens in sanity-system-symmetry-synchrony-harmony-equitability of the external milieus of society-culture-polity-economy-faith, it breeds the awareness of love, compassion, fraternity and harmony. If this emergence happens in vitiated, depraved and disharmonious milieus; it breeds criminality, depravity and cacophony. Therefore, collective Intellect has this singular role and purpose to ensure brilliance, harmony and sanity of external milieus. This ensures emergence and spread of true and right intellect in every human being.

Higher Consciousness is where evolved and settled human elements of thoughtfulness and rationality present themselves as frontline Intentionality. The higher consciousness is not entrenched and wired intentionality; it is an

emergent and transient intentionality. This expression of emergent intentionality requires very peaceful, poised and harmonious milieus. It is important to understand that the wired intentionality shall automatically happen, if it is not consciously replaced by emergent intentionality of higher consciousness.

If emergent intentionality of higher consciousness is not happening, because of the vitiated, unsettled, depraved and criminalized milieus; the wired, animalistic, subconscious, entrenched intentionality shall automatically happen. This wired subconscious intentionality is designed by evolution to *represent* the extremities of survival question. Therefore, in vitiated milieus, where a person's consciousness is unsettled, he or she have larger propensities of depraved-criminalized behavior. It has to be accepted that this wired animalistic intentionality is designed to express the singular intentionality of survival and therefore, it does not actualize and is not conditioned to accept the very idea of criminality and depravity. For subconscious entrenched intentionality, singular validity and righteousness is survival and whatever is deemed depraved, criminal or inappropriate is essentially societal-cultural idea. Therefore, subconscious intentionality is doesn't even accept wrong or right. Wired animalistic intentionality just behaves and acts to optimize survival.

No doubt; knowledge and educational background of a person helps but persistent pressure of bad milieus create high stress in minds and science has known that when in extreme stress; the human brain shuts the rational brain states of cortex layers and falls back to the limbic system intentionality. Modern science has now knows how stress wreaks havoc on the homeostasis of human body-brain system. We also know that in contemporary human milieus, majority of people are in high stress levels, which they are not even aware of. Very innately, most people are highly

reactionary and prone to extremities of behavior-actions as, their limbic system, handling emotional spectrum, dominates their intentionality. Therefore, it is a safe hypothesis to accept that the singular role and purpose of intellect is first to ensure compassionate and settled milieus and secondly, educate every human being about the reality of human body-brain mechanisms and process, so they live out their lives as higher consciousness individuals.

Now, in the light of the hypothesis about what we can accept true and right Intellect as; we all can evaluate whether this Intellect has failed or succeeded in contemporary human world? Has the collective Intellect been successful in ensuring sanity-system of milieus or has failed big time? It is for you to decide. What we have deliberated is only a hypothesis. You are the best judge of all realities that you are faced with.

**

CHAPTER 2

Success of Criminality

Criminality and depravity in contemporary human society-culture is now a foregone conclusion. But, human criminality and its brutality have a long history, especially in advanced and organized civilizations and cultures. Depravity of intentionality is also not new. What we are hypothesizing is that criminality and depravity are growingly becoming dominant

component of human intentionality, even in normal and average person. We are not talking about crimes and success of organized criminal gangs and cartels. We are talking about growing quantum of intentionality of criminality and depravity in overall domains of society, cultures, polity, economy and faith. We are talking about daily life-living insinuations and attitudes of criminality and depravity. We are therefore trying to arrive at the roots and progression of intentionality of criminality and depravity in the progression of human evolution, since the start of civilizations and cultures.

The intentionality of criminality has to be understood scientifically from the perspective of human brain and its evolution as it is where the entire spectrum of intentionality is created and processed. If we have to understand criminality and depravity as powerful intent of average humanity, we must unravel its roots and mechanism in human brain. This process has to begin by understanding the progression of the stages of evolution. Why?

Evolution; as humanity has now objectively known and understood; is deemed as calibrated progression of brains of organisms, as Media of information processing. It is accepted as the marvelous culmination of nature's definitive plan to evolve the 'most suitable' species in linearity of time succession. Science has begun to understand human brain and especially Consciousness better, as evolutionary biology has added its own perspectives, along with neuroscience and artificial intelligence. It is now established that humans have the most complex brains than all other organisms and this complexity engenders the superior consciousness; extending humans the much cherished label of 'most suitable' species.

However, as we all know; the history of this ‘most suitable’ species called human is full of gory details of unimaginably chilling brutalities. Human history documents the embedded penchant and propensities for unimaginable criminalities, depravity and cruelties, not only on other species but primarily against its own. Very naturally, there is this very valid question about human consciousness and its most complex brain, which seeks to know the *correlation* between **Complexity** and **Criminality**. How come this Complexity attain such atrocious Criminality?

It is critical knowledge for humanity to understand if human brain and its complexities create this very ‘suitable, superior, most evolved and most endowed and successful’ species called humans; how come this success and suitability engender the ghastliness and notoriety of brutality, cruelty, depravity, criminality, insanity, shamelessness and treacherous ingenuity in humans? What made the superiority, suitability, excellence of complexity and evolved maturity get expressed in deadly and disastrous eventualities?

There is a serious question mark on the very design of human brain, as it creates intentionality and goes about it. It is accepted as the quintessential and transcendental hypothesis that all organisms, including the mighty humans, have only one **Purpose** in life-living and that is to pursue **Happiness** and *reward* feelings, as it is accepted that the core intentionality of survival is functionally secured through this practical mechanism and process of human brain. If this hypothesis is true and right, then it is a simple, straightforward and logical inference that all the above-mentioned criminalities, depravities and brutalities, which human history and contemporary human world are full of, must be hugely pleasurable, rewarding and blissful! If nobility-compassion is in miniscule minority and criminality-depravity-brutality is in absolute majority in human world; it is

clear that nobility is painful and happiness is invested deeply in all the infinite shades of ignobility and immorality.

The question therefore needs to be answered as what exclusively 'human' is there in our Consciousness and Cognition that makes this powerful and all pervading reality of intentionality of criminality and depravity so successful. It is hugely important to decipher the reality of 'Happiness' in its entirety and holism to unravel the embedded 'scam' in it, which makes it so innately aligned to criminality and depravity. The answer must be in human brain itself! The answer must be in evolution and progression of this very powerful and amazing brain – from a simple crawling worm to contemporary humans.

The answer must also be in the complexity and intricacies of brain's interaction with external milieus, which humans have conscientiously or un-conscientiously made hugely complex, conflicted and depraved. If humans; as a superior species, truly qualify to be adorned with crown position, after billions of years of evolutionary intelligence; it must justify its lustful and besotted dalliance with conscientious criminality and heinous brutalities. Criminality and superiority does not seem to go together. Or, can humanity accept that human superiority is in fact this brilliance and success of criminality in human society-culture?

The answers are not easy but they are there for acceptance. Human knowledge and exponential progress in the fields of neuroscience, evolutionary biology, molecular and evolutionary biology et al have made it possible to decipher the functionality of human brain in engendering all shades of intentionality. They have also made it possible to understand how a superior human brain has the golden intentionality of love, compassion, fraternity, cooperation, vision, organization, innovation et al at one time

and the same brain also has the scary and ghastly intentionality of brutality, criminality, depravity, deception, deceit, shamelessness et al. They can now explain how a human brain can get over its own barriers and journey those dimensions, which is not intuitively possible for body and brain.

Human brain has evolved enough to have this brilliance of going beyond the impossibilities of perceptions, crossing over the horizon of impossibilities. However, the same human brain miserably fails in handling as simple a thing as love, relationships and belief. This is now explainable. It is explainable as why superior human brain can handle colossal *grief* of deaths, devastations and calamities but fails to manage what is popularly called *stress*. The excellence as well as criminality is all part of intentionality of brain states and modern human knowledge of science can now decipher intentionality in all its shades

We do not have the space to detail the mechanism and processes of intentionality; especially the intentionality of criminality and depravity. We talk about it in short and generalization, just to have the idea that it is all about brain functioning and how science has made it possible to know it all.

The entire reality of criminality-depravity of human world has to be understood in the exclusive *context* of society-culture. The seeds of criminality-depravity are embedded not in the brain states of humans but in the structure-function of external milieus of society-cultures. Brain is a value-neutral entity, which means; it does not function on the basis of right and wrong, true or false, good or bad. It only processes incoming information as stimuli and arrives at a decision for behavior-action, which the mind system perceives optimal for survival. Therefore, criminality-depravity must be understood from two clear terms. First, they are purely human definition and reality. Secondly, they are seeded in human

interaction with society-culture and therefore have meaning and manifestations only in human society-culture.

It is now very much clear that human brain is not exclusive to humans. Science says that the first structures and functions of brain happened around 500-600 million years back and it has since evolved in every succeeding organism in the evolutionary chain. Human brain therefore has large parts, which are common in most animals, especially mammals. It is only the uppermost cortex layers and especially the prefrontal cortex, which evolved in the four million years old evolutionary history of humanoid species; especially the Homo sapiens.

Human brain is therefore a unique reality in the living world. The uniqueness is manifested in many dimensions and they themselves explain the innate basis of criminality-depravity in humans and human society-cultures. The modern humans may be a very recent species, dating only around a hundred thousand years but their brains are of very primitive origin. As we said, human brains are the continuity of evolution in a brain, which happened around 500 million years back. Therefore, as science says, human brain is not a single organ like liver, heart and kidneys; rather, they are the cooperative of many different organs, originating in different timelines yet functioning like a unified navigational command center for humans.

There are three broad layers in human brain, with their origins separated by millions of years. The primary and the lowest brain states are popularly known as reptilian brain as it was present in reptiles millions of years back. Second part of human brain, the middle layers are known as mammalian or monkey brain as it is common in all mammals, of which humans are an

evolved species. Only the top cortex layer in its complexities is considered to have a human origin and is the newest addition to brain, which we have.

What does this mean for humans and how criminality-depravity manifests out of this uniqueness of design? This we explain now. There are two critical aspects of human brain and its interactional relationship with external milieus of society-culture. We just need to keep it in mind. Unlike in animal world, human brain engenders a unique and exclusive sense of personal and subjective Self, popularly known as Consciousness, which creates a powerful sense of personal agency and feel of protagonist identity in most humans. This means, humans are essentially more probabilistic and therefore require larger and deeper personal maneuvering space of individual liberty and freedom. Secondly; unlike the animal world, human world has man-made external milieus of society-culture, where all benchmarks of personal agency as well as individuality are conditioned and even decided by man-made synthetic intelligence. This means; human world is exclusive in the living landscapes as both the individual as well as milieus are different, complex and very unique. This aspect must be kept in mind as we talk about the incidence and regimen of criminality-depravity in human world.

Evolutionary biologists believe, modern human brain evolved to its contemporary form and functionality because of three crucial factors –

- *Cultural Requirements* – Complexities of new norms, rules and laws.
- *Technological Advancements* – Complexities of new motor skills.
- *Social Relationships* – Complexities of interaction with people.

It needs to be emphasized here that complexity of human brain stems from emerging diversities and intricacies in human life-living, as early humanity settled for organized living. This complexity is very tough to be measured

and understood in its holism. Science is however progressing well in unraveling the threads of these complexities. We just need to accept that this complexity creates unique situations and causalities for humans and their life-living in their man-made world of society-culture.

Science tells us that these emergent complexities of information processing in individual as well as milieus created a new brain plexus, on top of the mammalian brain states, which fashioned more space for new challenges. This in turn created and installed a mechanism for processing of the new and emergent man-made synthetic intelligence in brain's existing inventory of nature's innate intelligence. Science tells us, much of the cortical region of human brain, which evolved late, deal with this new intelligence, which humans created. This new layer of human brain, known as cortex region, is somehow largely human, assigned the tough task of maneuvering over the animalistic mammalian brain, known as limbic system.

Interestingly, many of these new intelligences, which were installed as hallmarks of new cultural and civilized life-living, stood in conflict with nature's intelligence, ingrained already in mammalian brain states. This conflict is also information; a newly emergent but powerful one, requiring a processing space and mechanism different from what the limbic system did. Science confirms that the prefrontal cortex; the latest addition in the human brain, happening probably around one hundred thousand years back, essentially handles such tasks, which is referred to as 'Executive' decisions. These decisions happen as the prefrontal cortex layer of brain mediates and processes *conflicts* between nature's wired and innate intelligence in limbic system and man-made synthetic human intelligence, encoded in benchmarks of normality and appropriateness of societal and cultural life-living, processed in cortex region, especially the prefrontal cortex.

What this conflict is? This conflict is between two powerful intentionality, both embedded in human brain. The human brain simultaneously handles two conflicting intelligences competing for dominance in overall 'decision-making' processes of life-living. Modern human brain has embedded structures of this primeval 'conflict' between personal and collective – liberties and duties – individuality and sociability – personal normality and political normality, etc. This conflict has the seeds of all criminality-depravity landscapes and dimensionality. This somehow creates entrenched and subconscious conflicts and in turn, calamitous hypocritical insinuations, in the human brain system. This needs to be elaborated and internalized.

The brain is the navigation room for all realities and all perceptions. The brain however, was not designed and evolved to create perceptions and realities. It was designed to navigate an organism in external milieus with safety and success of survival. This survival optimization is an ever evolving intelligence and that is what is known in evolutionary biology as *Natural Selection*. Brain is designed to perceive a reality and then install 'habits' in people, as they subconsciously *own* a perception and commensurate behavior-action. If the habit is successful, it survives and is passed on to next generation. If not, it is eliminated.

To work out this singular intelligence, it had a somehow simplified mechanism of 'matching' or 'recognizing' all information about external milieus and situations, with its pre-wired templates of survival-mating requirements. To execute this 'success' to perfection, the brain had neurotransmitters called hormones, which the brain produced itself. These hormones transmitted or communicated the desired and required motor and behavior actions in us. Scientists have known that the hormones perform complex functions for us and are responsible for chemical signaling to all parts of body through blood streams. They are the carriers of Intentionality.

The critical aspect of this mechanism is its speed and short response time as well as subconscious functioning. It had to be, as on speed of processing of reality and suitable reactions depended survival.

The brain function, which we just talked about, is something, which is common in mammalian world and primates. In human brain system, this part of the brain is therefore called the mammalian brain. It is known as the limbic system, which essentially deals with 'primary perceptions', short term memories and handling of emotional spectrum. We can simplify the above discussion by hypothesizing that limbic system works on the causality of emotional perceptions of reality and is handled by a chemical registry mechanism, known as hormonal system or endocrine system.

The limbic system worked fine and still works fine for most mammals and primates but it seems to have entered a 'trouble' phase in humans, as humans evolved in a unique way, jumping the linearity of symmetrical evolution. The troubles started when humans stepped down from trees, roamed around and then finally settled to create cultures and civilized life-living. New tools and technologies happened and life-living became complex. Much of the complexities were behavioral and therefore required complex motor skills too. Civilized and cultured family-societal life-living required rules and laws and novel shades of emotional contents.

Humanity created its own intelligence, many in conflict with nature's age old and dominant intelligence and cultured life-living for the first time required 'thoughtfulness' and 'controlled' decision-making, as against reactionary and mechanical decision-making, which the limbic system performed so far. This created first dualism in mind consciousness. The primary intelligence was 'reactionary' and excelled in speedy action and promptness of behavior. As cultures and societal needs happened; it

installed a new intelligence, which required to *postpone* ‘reactionary and speedy’ actions and behaviors. The new situation needed the innate intelligence to be blocked, so that a more thoughtful, calculated and informed choice could be made. The two contradictory, conflicting and competing intelligences had to be worked out by the totality and holism of the brain, even when handled by different brain regions. This required much more complex information processing and more complex neural networking. The human brain had to undergo a non-linear evolution. Novel emotional and perceptual requirements like planning, perspectives, retrospection, tolerance, sociability etiquettes, et al were necessary new elements to make the society and tribe succeed well. These could not match with usual reactionary and recognition-friendly brain processing done successfully so far by mammalian brain part known as limbic system. A non-linear and more effective and specialized brain addition and evolution was required in short time.

This happened as cortical layers of human brain evolved. The trouble is – Evolution does not dump the old and creates a new in place of the old. It can only upgrade and add more into already existing set up. The human brain also evolved this way. The new brain happened on top of the old brain but was so linked up that it worked in complex cooperation with old brain states. This *uniqueness* of human brain is the soil and seed of all conflicts and also the precursor of all scammed perceptions. This we need to understand.

In the evolutionary backdrop of this reality of human brain and resultant mind consciousness, we need to understand three broad hypotheses –

1. The original design of brain is typically non-cultural as it is designed primarily for individualistic survival, even when a person is

constantly interacting with external milieus. The limbic system of brain states handles almost 98 percent of a person's behavior-actions and they are in subconscious state. This means, a person is not even aware about it at the spur of moment, when behavior-actions happen. It only later either owns it or feigns ignorance about it. This subconscious behavior-action is innate and entrenched information processing design of human brain and it is orchestrated and executed by wired powerful drives, expressed through chemically administered hormones and neural plexuses. It is now scientifically established that the sexual drive, powered by sex hormones are so powerful that it even surpasses the singular guiding energy of survival in animals as well as humans. This subconscious mechanism is what every single human child is born with and made to stand in the landscape of society-culture, as it grows and evolves. This subconscious drives are not learned by a child as it is wired in body-brain systems. However, society, culture, polity, faith et al have been designed in a way that it seeks to make every child learn to control and manage his or her innate intentionality (action-behavior), expressed by drives of subconscious mind state. This self-management, self-control and self-discipline et al are learned intentionality, which every human child is mandated to learn as part of his maturity and growth, as it is authoritatively enforced by the might of laws and rules, created and executed by state power. This is the first seed of criminality-depravity. Innately and subconsciously, every individual is designed to follow what his or her body-brain wants and seeks. Most of it however stands in conflict, competitiveness and collision with laws and rules prevailing in society-culture. This means, if a person is not educated, trained, involved, assimilated and galvanized during his or her growth and

maturity since childhood, he or she is bound to be at war with society-culture and shall automatically stand as criminal and depraved in the eyes of state power. Personally and individually; a person is never a criminal or a depraved person. However, all shades of criminalities and depravities stand a probability as he or she fails to perform as per the required intentionality of society-culture-polity-economy-faith. The question, for thoughtful assessment of every aware person is – who is duty-bound to ensure that every human child born gets this education and training to have a symmetry and synchrony between his or her personal intentionality and societal-cultural intentionality? No child is born depraved-criminal. Who and what makes him or her culprit?

2. It is very evident that any person is in constant and complex relationship with his or her external milieus. Usually, an aware person knows and observes the limitations of his or her personal boundaries so that it does not clash and violate the collective space. This awareness is however not the sole requirement of harmony between personal and collective intentionality. The harmony is directly related also with the sanity and symmetry of the milieus. The society-culture-polity also has to respect and not violate the personal space and boundary. The subconscious drives of a person are very powerful and innate and they are wired to optimize the survival potential of a person. They are however in reasonable control and harmony, when the consciousness of a person operates in external milieus, where this sense of survival is not stressed or threatened. If the external milieus of society-culture-polity-economy-faith is itself aggressive, criminal, depraved, deceitful and shameless; it automatically sends in signals of threat to subconscious

survival intelligence of wired brain states. This in turn may switch on the threat perceptions in any person, even if he or she is very aware and educated. Under threat perception; the limbic system shall take over the control and a person is bound to take more emotional decisions than intelligent ones. Emotional stability alone guarantees logical and sanitized intelligent intentionality. If milieus are themselves criminal-depraved; individual's behavior shall subconsciously vitiate and resort to same criminality-depravity for survival. The question here again is; are contemporary external milieus of society-cultures-polity-economy-faith honest, harmonious and attuned to sanity-system to instill and install sense of assurance of peace and wellness in average person? Are the contemporary milieus the biggest stress factor in average person's life-living?

3. The clash of intentionality is entrenched in the very design of human brains and the synthetic milieus of society-culture. Scientific fact tells us that there are 16 types of brains and broadly, there are seven shades of consciousnesses among men and women. Different brain types and consciousnesses react differently to this conflict and confusion. Then, there are actual life-living conditions of utmost physical as well as cognitive natures, like nourishment of a child, family support, ambient milieus where a child grows, etc, which affect the growth and health of brain in a budding child. There is bound to be many shades of competences in different brains of individuals, when it comes to understanding their own innate and subconscious drives as well as managing them to fit into peaceful and poised relationships with laws-rules of society-culture-polity-economy-faith. The society-cultures-polity seeks uniformity and almost monolithic interpretation and adherence of all individuals to

their intentionality and that is why they assume that every individual is *equal* before the law. This is another seed of criminality-depravity. The society-culture-polity assumes and seeks some reality, which is an impossibility as not only all human brain is probabilistic; they are also neither uniformly evolved nor equally empowered. Once again, the question arises as whether the political intellect and intelligence of jurisprudence have the sanity and propriety on their side to preside over the administration of individual criminality-depravity, based largely on unscientific and illogically subjective perceptions of human reality?

The answers are not the domain of this eBook. The answers may emerge in every individual mind or emerge as collective answer. However, we sure can talk here about some aspects of the intentionality of criminality-depravity in contemporary human world as well as its history. This may help the emergence of answers.

As we have talked earlier, human intellect always had this role and purpose of deciphering Reality and constructing a human system of life-living on the basis of the veracity and objectivity of the singular reality. Since long, this intellect had the sole basis of philosophical tools of observance and analysis. This has changed in the last 100 years. Modern science, especially the 21st century science has unraveled the realities of not only the universe but also the human realities of Self and Consciousness. Very naturally, modern human systems and life-living principles should have been shaped and guided by pure science and its singularly logical-objective factuality. Very tragically; this has not happened. Every domain of human life-living – be it society, culture, polity, economy or faith; is still being guided by perceptions and beliefs; not science.

Science has established this objective reality that human consciousness is very localized and restrictively aligned to part perceptions of reality. It is now established that a majority of almost 98 percent of intentionality and commensurate behavior-action are shaped up by subconscious brain states and average person only takes merely two percent of decisions as aware and conscious Self. This conscious self and its intentionality are also conditioned by subconscious intentionality as all three layers of unconscious-subconscious-conscious are in continuum. Moreover, as the subconscious intentionality is handled by the limbic system, largely shaped up by emotional registry of external situations, spontaneity of reaction as well as short-term memories and experiences; the actions-behaviors of most people in most situations are very reactionary, partial and susceptible to fake-fudged perceptions. This majority behavior-action therefore has larger tendency to stand in conflict and violation of collective sanity and system.

Moreover, modern science has proven that as the human brain is only 15 percent genetic and 85 percent shaped up by external milieus, average human's subconscious intentionality shall therefore be a reflection of the order or disorder in the external milieus. If the milieus are good, noble, equitable, peaceful and poised; majority of people shall behave nice and pursue appropriate behavior-actions. If the milieus are criminalized and depraved; most humans would also behave-act in criminal-depraved ways.

The subconscious intentionality is automatically conditioned and shaped up by the ambient, prevalent and dominant benchmarks of populist normality, appropriates and righteousness. As we have talked earlier, human brain is a auto-mode genius of Plasticity and therefore wired to adaptive behavior-action, according to the demands of the milieus. A depraved-criminalized-shameless milieu, where an individual lives out, shall automatically elicit commensurate behavior of deception, deceit and criminality. Interestingly;

as this auto-intentionality is subconscious, average person shall not even register that he or she is behaving in any abnormal-inappropriate ways. This is probably what happening in modern contemporary human world.

Majority of stupidity-hypocrisy-depravity-criminality is un-conscientious.

It is also to be accepted that science has discovered that human brain takes a long time to evolve to its optimality. This growth and time-dependent maturity of human brain essentially pertains to the growth and maturity of cortex, especially the prefrontal cortex, which are the top layers of brain states, handling *executive* tasks such as conflict handling, thoughtfulness and righteousness. The cortex layers store the long-term memories, which happen after years of experiences. This maturity of human brain is essential in development of what is known as higher awareness or higher consciousness. The cortex layers, especially the prefrontal cortex works as mediating brain states, which stand as some sort of *witness* to Self. This cortex layer is not reactionary but receptive and takes time to decide. This cortex layers, when matured, evolves *alternative intentionality*, which sways over the subconscious intentionality to condition it to collective appropriateness and symmetry. Science tells us that it takes around 25 years for brain to have optimal growth and strength of cortex brain states. It is also proven that this maturity process does not come automatic with time progression. The maturity depends on right knowledge, persistent mind training and memories of fruitful experiences. Very naturally, they are also milieu-influenced. The maturity is conditioned by the nature of milieus itself. Very naturally, globally, the young people in contemporary human milieus growingly find themselves on the other side of law and morality.

This clearly decides the scientific basis of society-cultures-polity and lays down their roles and purposes in human systems. It is very much established that a person requires two critical elements, when it grows up

and attains youthfulness. First is objective, logical and holistic knowledge of reality, which includes that of its own body-brain as well as the external milieus, including how reality is always probabilistic and seldom definitive. This helps personal sanity, system and symmetry. This alone helps to develop the critical *higher consciousness*. Secondly, every growing person needs settled, peaceful, poised, honest, equitable and compassionate external milieus, which ensures that his or her intentionality largely remains aligned to logicity and not emotionality.

In short and simple terms – every human is born with an animalistic brain and subconscious intentionality, which has potential and required structures to make him or her eligible to become a human. This potential is attained when it has the right education-training to have the optimal knowledge of all realities in their holism and also, it has the facilitative milieus, which helps him or her successfully manage the animal within and nurture the human potentials. The collective intellect therefore has this singular and critical role and purpose to ensure these twin elements in society-culture-polity. This ensures the very health of collective intellect itself.

This very modern scientific idea of human reality makes us arrive at two hypotheses, which are critical for 21st century human world sanity –

1. The modern scientific and very contemporaneous knowledge of human realities leads humanity to a novel and alternative idea and idealism of *Intellect*. In simple and stupid terms; Intellect is primary, basic and transcendental intentionality to understand and accept Reality of Humanity in its objectivity, holism and multidimensionality. This idea of Intellect underlines the fact that Reality is and shall always be *Probabilistic* as it is only possibly perceived by the media of consciousness and this media is variable,

not singular in different people. This means, Intellect is purely individualistic proposition but it definitively has to be assimilative to be meaningful in collective spaces of society-culture. This in turn leads to the subsidiary hypothesis that as Intellect is acceptance of probabilistic and multidimensional Reality in its holism and entirety, there is a singular pre-state, which can galvanize this Intellect. This pre-state or grassroots landscape is Compassion. Only compassion can ensure and facilitate assimilation, integration and harmony in external milieus of society-culture-polity-faith.

2. This very reality of the idea-idealism of novel and alternative Intellect in turn hypothesizes the nature and scope as well as roles and purposes of the collective domains of society-culture-polity-faith. They have one single role to just be of *assistance and support* to this personal and very individualistic enterprise of attainment of *Compassionate Higher Consciousness* in every single human being. It is also very pertinent to accept and internalize that the state, governments, politics, and all authoritative agencies of state et al are only *tertiary agents* of this facilitation. The primary agent of galvanization of compassionate higher consciousness in people is integrated *knowledge and education*. The secondary agents are family and society. The state and polity must therefore shed its penchant for ‘authoritative control’ and use of ‘autocratic suppression’ to make people fall in line with collective normality. Force and violence cannot ensure higher consciousness; rather, they kill the very prospect and potential of sanity-symmetry of average person’s compassionate intentionality. This we are witnessing globally. Still, state power is hell-bent to suppress more and wreak more violence on its own people.

In the light of the above assertions, it is very evident and explicit that modern contemporary politics, governments, societies and even religion are actually a big burden on humanity and essentially antagonistic to attainment of *Compassionate Higher Consciousness* as they are rooted in authoritative control, violent suppression and undue criminalization of individual consciousness. They are not innately inclined to the role of catalyst in galvanizing individuality and its compassionate higher consciousness. Very naturally, they are the worst enemies of human intellect. It is a valid question to ask, whether the collective intellect of humanity has rightly and timely identified its worst enemies to deal with them or has it side with them and made friends with them to reap the *undue benefits*, which this enemy of intellect offers.

The state, governments and politics are actually alien and inimical to the very idea of *Reality* as their primary task and role is to administer 'Collective Coercion' over individuals to install and perpetuate a specific and deterministic majoritarian *Reality* over everyone. The contemporary state and its authoritative governance structures are therefore the primary human rights violation. They are truly *Un-Real* and *Un-True* to the very Intellectual creed of humanity. The very basis of state and governance is *in-Human* and *un-Scientific* and they stand as worst enemies of human life-living goal of peaceful-poised-harmonious individuality. Therefore, it is for everyone to decide, whether the 21st century alternative model of state and governance needs to *reorient* itself to being a catalyst to individual's personal enterprise of *Compassionate Higher Consciousness* or not?

It is also very clear from this idea of reality of human life-living and reality of Intellect that the most crucial role in human world is that of **Education** and **Knowledge**; not society and state. Humanity does not need state and governance in its current role and purpose. What it needs is a powerful,

universal and singular mechanism and process of education and knowledge dissemination, which could ingrain in every individual this *Intellect of Human Reality*, unite humanity, assimilate it into one universal ‘Identity’ and catalyze the personal and individual enterprise of attainment of *Compassionate Higher Consciousness*.

The one and only requirement for entire humanity is ‘*Integration And Assimilation*’ of collective human knowledge, especially about **Reality**, so that integration and assimilation of entire humanity into one single ‘Identity’ of humanity could be attained. This very idea of **Reality** needs integration into all domains of human knowledge so that all conflicting and competing ‘Identities’ of contemporary world must die down and is replaced by singular *Identity of Humanity*. The state, constitution, governance, politics, religion and jurisprudence, etc must suitably transform in contemporary times to be in sync with *Reality* because, they are the hugely calamitous agents of playing ‘deadly divisive’ games with innumerable conflicting and competing ‘identities’ of humanity.

It is now open for every individual to decide, whether contemporary humanity and its collective intellect has failed or succeeded in leading humanity to its desired destination or not. It is also for every person to decide whether the criminality of humanity has failed or succeeded in vitiating everything in contemporary human world?

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CHAPTER 3

Doomed Humanity

There is a simple, straight forward and primeval assertion in the domain of human life-living and the human systems. This assertion is – every human life is precious and therefore, human life and its dignity are to be protected and prolonged at any cost. The sole role and purposes of all human systems, which collectively manage the human life-living and derive their *mandate* and *legitimacy* from individuals, is to protect life and ensure dignity of every individual. The primary question in contemporary human world is – Has the collective Will of masses, enshrined in society-cultures, polity-economy-faith, been successful in ensuring utmost safety and inviolability of human life and dignity of every individual? This is one aspect of the contemporary humanity and human systems.

Secondly, human systems have the mandate and legitimacy to rule and manage life-living of individuals when they follow the *Rules of Ultimate Reason*. The Reason and its idealisms emanate out of the assertion that all human systems must be fully aligned to objective and scientifically proven Reality and not the subjective and hypocritical partial perceptions. The question is – Are the contemporary human systems of society-cultures-polity working as per this *rule of reason* or the blatant hypocrisies; backed by brute power and suppressive authority?

Somehow, more important question in contemporary human world is whether the intellect of humanity asks the society-cultures-state questions about their adherence to rule of reasons? Are the powerful oligarchies running the contemporary human systems; especially the state and

governments, are entertaining and respecting any questions or are they brutally suppressing them?

As a matter of universal rule, mightier an individual or institution gets, more it fears questioning; especially the logic and reason behind reality. This fear emanates out of the universal reality that power and authority comes out of series of successes one has and every success is a complex conglomeration of hypocrisies, often forceful, which an individual piles up to be successful. The mighty and authoritative person or institution is usually sitting on top of a *Mountain of Hypocrisies* with a glittering but slippery *Crown* on his head. Almost every mighty individual knows that he owes it to hypocrisies; well mounted and authoritatively persevered.

The mighty and great fears nothing but the *Question of Reason*, as it has the mightier potential of exposing his hypocrisies and thus shaking the high platform of *Legitimacy* of his might and the dubious *Mandate* for it.

Questions have the scary potential to *Unseat the Crown* from the head of the mighty and his legitimacy reign. And therefore, the mighty individual has no choice but to kill the question; ultimately the questioner, at the first instance! Wisdom, the *Knowledge of Reality*, is intimidating for those, who profiteer from the empire of ignorance. And usually, therefore, the weapon of annihilation is nothing else but *Hypocrisy*. Ultimately comes, the sword or the barrel of the gun! It has to; supremacy of organized violence is mandate unto itself! Calamitously enough, even this gets the *Mandate* of what is proverbially accepted as *People*! We know how the *predator* of humanity rules over the *prey*!

As humanity evolved and progressed into institutionalized and organized life-living, the transcendental role and mantle of killing the question of reason as well as the questioner itself shifted to authoritative institutions

and big organizations in 21st century. The biggest and mightiest of all institutions and organizations is now the state power, the authority of governments, its agencies and politics, in collusion and nexus with big corporations; often ‘legitimately mandated’ by unsuspecting, unaware *people*. The state and governments are the mightiest aggregators of the conglomeration of hypocrisies and therefore they now dread the question of logic and reason the most. They are the mightiest annihilators of questions and questioners in 21st century world of humans.

The simple yet transcendental question is – why every organization at successive stages of human evolution up to civilized life-living, eventually meant annihilation of individual dignity? Why every success of humanity effectually compromised the primary need of *Human Dignity*? Why individual delegation of authority to organized collectivity, for his or her welfare, finally turned out to be the assassins of individual dignity itself? Why the actual and real sovereign, the common people, who ‘contracted’ and ‘delegated’ the collectivity to protect him or her and lead to security of life, eventually got robbed and eliminated by the same collectivity? Why the average man and woman now stand at the mercy of state and governments to pray against his or her ‘culpability’, which is essentially a gift of the collectivity itself? It shall be unfair if the question is not added as why the crony group of people, who benefitted from the power-patronage, pulled their mass and energy behind the mighty in suppressing average people?

The questions have always been there, since humans started to lead a settled life and primary elements of leadership and institution began to take shape. This basic, minimal and elemental question of *Human Dignity* is seeded with so many subsidiary questions that it potentials a major threat to all power and authoritative structures, as they have the embedded potential

to challenge and overthrow the hypocritical legitimacy they enjoy. It happens because the very nature of success of power enterprise stands antithetical to the situation of grassroots practicality of *Human Dignity*. The success of authority cultivation and harvesting cannot happen without seeding, planting and maturing of hypocrisies. As hypocrisies thrive and energize power structures, logic and reason stand hugely compromised. As reason is compromised, question of *Human Dignity* is the first thing that stands to get brutally slaughtered at the feet of the mighty and great. For the mighty and crowned, this is the ultimate joy they cannot resist!

In this long journey of human criminality-depravity of powerful oligarchy, especially the state power and polity and the subsequent killing of human dignity; there always was the rightful and dutiful role of human Intellect to not only ask the questions of reason but also use the power-authority of Intellect to check and stop the doom of humanity and death of human dignity. The human intellect itself cannot protect itself from the onslaught of the question whether the intellect performed its duties or it failed.

Whether human intellect stood strong against the hypocritical and autocratic insinuations of the powerful political oligarchy or it joined ranks with the criminalized-depraved regime to reap the equal harvest of money, wealth, fame and power? The amount of distrust and loathing average people have against the intellect in contemporary times may very well be a barometer to gauge the degree of failure of collective intellect in performing their roles, duties and purposes.

There are many aspects of the doom of humanity and at every stage and in every aspect; the human intellect is bound to be questioned about its very probable culpability in failing to check the kingdom of doom; even if the intellect may not be proven as being a complicit, becoming part of the hypocritical and criminalized gangs of polity and state structures. Here we

shall present only a few aspects of the doom and shall question the success or failure of the human intellect –

1. State Brutality

It is not an unknown fact that since long, the ruling oligarchies have always been the worst perpetrators of atrocities, killings and terror on innocent people, whom they are mandated to protect. There is a term for this, known as **Democide**, which means, intentional killing of unarmed and innocent people of one's own country by the state and government agencies. It is rather a huge hypocrisy that most states and their democratic governments have enacted such harsh and absolutist laws, in the pretext of 'culpability of people' against state sovereignty and so-called *national interest* and *nationalism*, which have violated the human rights most. They have proved hugely potent weapon for mass destruction of human dignity.

The brutality of state and governments is on the rise and they keep blaming it on people, standing them as culprits of violation of state sovereignty. Different human rights organizations and independent researchers put the figures of global *Democide* somewhere between 170 to 260 millions in the last century. And do ask why these huge numbers of innocent and unarmed men, women and children were killed? The singular answer is because of '*National Interest*', as defined and installed by the politics of the day. The state and governments, even the democratic nations and so-called welfare states are now unfettered and absolute in their power and authority to put the '*National Interest*'; or a far more vague idea of '*National Security*', above everything; above lives of people. Tragically enough, the judicial systems of countries are also happily aligning with state and governments, not the common people and their human rights.

It is the brilliance of the brightest of stupidities and hypocrisies that millions of innocent and unarmed people are killed for the sake of something, which is probably the most abstract, mystical and immeasurable reality of human world. Both the words – *Nation* as well as *Interest*; or for that matter *Security*, are abstractions and indistinctness glorified to noblest of munificence and magnanimity. This is what human mind consciousness is a genius at. This human genius of designing and devising ingenious abstractions and vagueness has its expression and reflection in almost everything humans think and do. The best and most innovatively cunning are however reserved for *religion* and *politics*. It is more than evident that the entire statecraft and governance systems of contemporary humanity are based not on scientific reality but by perceptual suitability of ruling oligarchy.

The question is always there to be asked as whether the collective human intellect did its right and appropriate role and duties to check this all. Did they enterprise to devise a strategy or structure to prevent these atrocities of humanity. The answer is not in the domain of this book. It is for every individual to think and decide. It is upon the collective intellect of humanity to decide and act.

2. Disheveled Justice System

If we look at the history of humanity, if we pick up one single element of human societies that has caused most pains, sufferings and heinous injustice, it is the abstractions, stupidities and hypocrisies of the idea of *Jurisprudence*. Its innate and embedded propensity to align with politics and power structures makes *Jurisprudence* a deep pathology of many human troubles, especially the killer of human dignity. It still remains in the

same archaic mold, even in 21st century contemporary modern scientific world.

The jurisprudence system and mechanism globally has been very unscientific and it still remains the same, based on archaic philosophical perceptions, populist pressures and vague idealisms of state, society and individuality. When there is no definite, objective, verifiable and universally acceptable scientific basis of what *Reality* is, there can never be any reasonable and logical basis of how human body-mind works and how it sees and accepts reality. Very naturally, a jurisprudence system not based on scientific realities of human body and mind is abstracted and vitiated. It is a travesty and tragedy of highest order that even in 21st century, human world is managed by a jurisprudence system, based on 15th century ideas and philosophical-psychological premises.

No code and creed of management of human affairs can have credibility and effectiveness if it is not in conformity and symmetry with critical scientific *Reality* of Consciousness, Cognition and Causalities, which engender the *Holism of Reality*. In the absence of singular Reality, there can never be a universal human code for culpability as well as corrective legalities. Modern jurisprudence and justice system globally has failed in accepting this modern reality and has not updated itself.

The worst hypocrisy of history of evolution of jurisprudence however remains the structural part of justice delivery system, which actually enacts the laws and reaches out for individuals. The ghastly fact remains that no doubt, human dignity has been butchered hugely by bad laws but majorly by corrupted and inefficient law enforcing and dispensing agencies and structures. The judicial and civil administrations almost always ensured that

benefits of lawfulness of system remained at the side of the mighty and authoritative; leaving out the poor and un-resourced.

This malaise jurisprudence seldom considers as something as part of the holism of its duty even today. Globally, even in developed countries, where human dignity has better history, the contemporary judicial system still has the innate propensity and orientation to align with state and its agencies, while sitting on judgments concerning human rights and dignity; leaving the common men and women gasping for the much sought after relief and justice.

The plight of justice dispensation system has come to such a sorry state of affairs that even top most justices, who preside over top courts of a country, admit that the very judicial processes and justice delivery mechanisms, which are supposed to ensure justice and fair trial to average person, have become the worst punishments itself. They have become so complicated and so very costly that even sitting and retired judges admit that justice is now not for common men and women but only available to corporate and wealthy few.

This is not something which only judges and justices admit. It is very evident when we see the plight of jails globally. There are very few convicts but mostly under-trial inmates, awaiting judicial processes to finish. Also, there are very few convicts who are party to organized crimes. Most convicts and inmates are those, who are one time offenders and booked for crimes done under the influence of some situations. They are not gangsters, smugglers and hired killers. They just happen to fall on the wrong side of law because of some irrationality or depravity of mind, in a particular situation and at a certain time. The police, law enforcement agencies find them easy pick-ups and they linger in jails awaiting justice.

The gangsters and organized criminal gangsters either never get caught or get quick and favorable justice because of their better economic power and proximity-fraternity with politicians in power. In most countries, since ages there have been demands for judicial reforms and impending correction of system functioning. However, neither judiciary nor the political lords have any desire to pursue reforms as a corrupted and weak judicial system serves the political oligarchies as well as their criminal ‘friends’ best.

The question is always there to be asked as whether the collective human intellect did its right and appropriate role and duties to check this all. Did they enterprise to devise a strategy or structure to prevent these wrongs of humanity. The answer is not in the domain of this book. It is for every individual to think and decide. It is upon the collective intellect of humanity to decide and act.

3. Criminalizing People

The roles of police and other law enforcement agencies of state have always been dubious and mired in corruption and criminality. There has always been this entrenched corrupting proclivity of power and authority, which the police and law enforcement agencies brazenly enjoy. In the modern times, they have growingly become unbridled, riding the rising trend of state power emaciating the liberty of common people on the pretexts of national security.

It is no secret that police and other law enforcement agencies have been worst human rights and dignity violators as there are innate tendencies among them to misuse power for profitability. Most police and related agencies lack proper attitudinal and behavioral training and there is very little built-in check and remedial structure to regulate their behavior-actions. In contemporary times, the police and law enforcement agencies largely

behave as private and hired goons of political fraternity. They openly flout the state's mandate of protecting people and enforce the personal and private agenda of politicians and political parties.

In modern contemporary human world, the scientific advancements and latest technologies have made it very possible to ensure complete transparency and attitudinal efficacy of police and other law enforcing agencies. However, never ever the collective intellect of humanity, especially the public intellectuals, brought the very cardinal issue of police reforms as priority of politics and statecraft.

History is full of detailed incidents where the police and law enforcement agencies themselves created the seeds of extremism and terrorism. They criminalized people by heaping untold miseries and atrocities on unsuspecting innocent people and forced them to take arms against state. They also funded one gang of criminalized layers of society against other to implement the divisive agenda of their political masters. All these are part of the history, well documented.

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4. Failed State Mandate

The most accepted social contract theory states that very early in the march of civilization, people entered into a contract with state that people would accept reasonable restrictions on their liberty and delegate their innate right

of self-regulation to the state and its agencies. In return the state shall ensure complete safety and security of its people. This very primary contract has never been respected by state. The safety and security of people has rather become an abstracted pretext, which the state and its agencies use to install fear among people and enhance their autocratic and suppressive powers. If we look at the history of humanity, especially in the last century; it is very evident that state has failed in providing safety to people from internal threats and even external aggressions.

Most states and their governments themselves have created the demons of extremism, sub-nationalism, terrorism and ethnic violence. They have patronized criminal gangs, protected them to earn profitability and extend their political victories. They themselves create unrest, violence and instability to instill fear and insecurity in people to validate their nefarious agenda of power optimization. Fear has now become a state production and criminal gangs have become agents of profit-making for political-corporate oligarchy.

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5. Crashed Education System

As we have deliberated earlier; there is only one way to evolve and empower a newly born child, wired with animalistic subconscious propensities and disposition, to attain the ultimate eligibility of being a human. This singular mechanism is objective and scientifically derived

knowledge. The education system of humanity primarily has to orient itself towards this singular goal of making it possible for a human child to become a human being. Tragically, global education system is mostly still very unscientific and they still do not embark upon this role of installing the knowledge of reality in children.

As if this itself was not a huge crime, in the part of society-culture-polity; modern contemporary education system globally has become hugely costly. The state and governments have failed big time in fulfilling their primary role and duty of providing quality education to all at very affordable cost; if not free. It is the primary duty of state as knowledge and education alone can create a responsible individual, contributing to create a just and right society-culture. Only a handful of children have the good fortune to get access to 'quality' education as only a minuscule population can now afford them. Rest gets some shades of education, which is a scam on humanity. This inequality in education and knowledge dissemination is worst killer of humanity and the potentials of human intellect. Globally, there always was very poor and little state investment in education and it is growingly shrinking. The political oligarchy, in connivance with corporate biggies has surrendered the education system to private hands, who invest moneys in education system but then they make education unaffordable for most.

In contemporary human world of advanced technology and communication superiority; education can easily be freed from the clutches of both governments as well as the corporate oligarchies. Providing quality education and making it freely accessible is the easiest thing to do in contemporary world of scientific advancements. However, it is not happening and shall never happen as politics-corporate profit empire is now too powerful to leave out of the money mining domain of education. Very much like police, judicial and administrative reforms; the education system

is also awaiting reforms since decades. They shall never happen as the reforms shall make politics-corporate lose their precious money and power.

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6. Health Sector Scam

In most countries now, where there is an avowed democratic set up, right to life is considered as fundamental right. It is altogether different thing that in practice, this supposedly unfettered right to life is a chimera as state imposes loads of 'reasonable restrictions' to vitiate the very idea of indispensability of right to life. Somehow, most believe that right to free and quality health service, provided by state, is also a manifestation of right to life and therefore must be considered as a fundamental right. However, this voice of rationality is the weakest, even in advanced countries.

The contemporary reality of health system and health facilities to average person is probably the worst scam of humanity. Considering the fact that health has a rather large component of emergency situations and usually, the response time for service is very short; it is only natural that the health systems and its mechanism-processes must have sufficient flexibility, deep capabilities and wider accommodative space. During the recent Covid pandemic, the scams of global health systems were exposed as they collapsed almost everywhere, whether it being a developed country or a poor one. The massive corruption within health delivery mechanisms was also exposed. Many at the top of health system and administration

shamelessly busied themselves in making profit out of death and misery of millions; even when thousands of doctors and medical staff died, battling to save lives of people.

The worst part of global health system is not that very much like education, the state investment in health sector is minuscule and even that much is shrinking. The worst malaise of health systems is the growing levels of distrust of average people in health providers, hospitals and medicines. Even an average person is aware that health sector has attracted massive investments of some of the top corporate money lords and their money greed has led to many frauds and scams, which even governments are unable to stop. The scams in drugs and medical processes are widespread and growingly, private health providers in big corporatized hospitals are being touted as fleecing their patients. As usual, the health sector has also successfully evaded reforms and like other sectors, triumphantly criminalized itself.

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7. Administrative Collapse

Globally, administrative structures of state have become the worst landscapes of corruption and mediocrity. In contemporary human world, the administrative institutions, agencies and bureaucracy are no more the serving mechanisms for people's life-living facilities. Rather, they have become the instruments in the hands of political oligarchy to facilitate their

aims and aspirations of optimizing electoral wins and sustenance of power. As they have their allegiance not to people but their political masters; they have become the worst killers of human dignity and liberty.

The worst part of the administration and bureaucracy in modern times is their clandestine working processes. As they secretly carry forward the hidden agenda of ruling political dispensation, they have growingly muffled their working processes in the mist of secrecy. This very process has taken them farther away from people. They have become the worst inventories of classified hypocrisies and to hide them from people, they criminalize the innocent people, to justify their dubious mandate. This is being done in contemporary times of advanced technologies, where every administrative process is supposed to be open and transparent. They are also supposed to be available for public information at real time as modern technologies make it possible. The reality however is just the reverse. Everything about administration and bureaucratic functioning are becoming more secretive and hypocritical. The reforms in their echelons are something, which no political dispensation wants, as they wish the administration to behave and act as their enslaved servants and not as free and fair public servants.

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8. Massive Inequality

The last 30-40 years have witnessed the surge of massive inequality in the human world. The rich have been becoming richer and the poor have

become relatively poorer. The growth in purchasing power has been distributed very unequally. This reflects in the gap of lifestyle of rich and poor. The contemporary data of human inequality is calamitous. It is known to all that only 10 percent richest people own almost 76 percent of wealth of the world. The richest take home 52 percent of global incomes whereas the poorest half earns only 8 percent of incomes. It is known that only 25 richest people now have half of the wealth of global population.

It is not that this trend of riches getting richer and poor getting poorer is something like a magic, which governments and experts don't understand. In fact, one of the most powerful reasons for fast growing income-wealth inequality is because of this criminalized-depraved nexus between political system and corporate. The level playing field, which all governments are supposed to ensure for every citizen is a chimera and big farce. The politicians are providing all state backed facilities to the already rich corporate and they in turn share with politicians a good chunk of profit, which the politicians use for winning elections and becoming rich.

This politics-commerce nexus is now so deep and wide that corporate world now dictates political decisions. It is growingly becoming evident that it may very well be a political decision to encourage income and wealth inequality. It is known economic fact that equitable distribution of income and wealth in large population and developing economies emaciates the purchasing power of population. Income inequality ensures that there are sufficient people at top of economic echelons, benefitting from policies encouraging income-wealth inequality, to have enough purchasing power to buy those manufacturing goods, which the big corporate oligarchs produce. They need enough well off people at the top to afford costly education and health services, which the corporate run. They need these affluent 10-20 percent to buy modern gadgets and costly cars, etc. The political oligarchs

of the day on their turn ensure that they extend the best of facilities to the corporate and never implement such policies, which may disturb the ongoing trend of inequalities.

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9. Divisive Politics

In the last few decades, politics of the day has become so emboldened by the money power they have, thanks to the funding of their corporate ‘friends’ that they are out to kill the intellect of the humanity – metaphorically as well as literally. The political lobby and their massive propaganda machinery works overtime to demean and demonize public intellectuals as well as those in society, who have the will to oppose their nefarious designs. Politics has successfully created ‘cadre-sentimentality’ among academics, bureaucracy, judiciary, army as well as media. These layers, which once were structures ensuring checks and balances on politics and governments, have become the extended arms of political parties and governments, working as their own cadres.

There is a term called *Deep State*, which is another element of government and politics that has now become a huge scourge for average men and women. *Deep State* is essentially a ‘Personality’ or personalities, which the state power, government authority and politics often shapes into and orchestrates personalized agenda of ‘autocratic’ propensities within the façade of democratic structure of politics and governments. The modern

manifestations of *Deep State* plexus are essentially ‘Illegitimate Progeny’ of legitimate and democratic authoritative structures, which politics *fathers* with well-marked intents. No *Deep State* insinuation can survive and flourish without tacit patronage of politics, even if they may get life sans politics. Some *Deep State* operators may be apolitical but it is for sure that all *Deep State* elements are essentially sourced and seeded out of legitimate authoritative structures; often Constitutional credentials; but have personal power-agenda, starkly different from avowed goal of people’s welfare. These *Deep State* operators are the worst culprits of assassination of *Human Dignity*. The *Deep State* essentially has transformed democracy and its idealisms only as paper reality; in turn enslaving the masses for their own ends. These elements have now their powerful presence in almost every sector of society and governance – be it academics, media, judiciary, army, police, bureaucracy as well as faith structures. They carry out hidden political agenda but have a face, which works as façade of public service.

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10. Criminalized Society

As we have hypothesized earlier; knowledge and above all harmonious and equitable milieus alone are safeguards against the imminent expression of animalistic insinuations and propensities, wired within human mind consciousness. People act and behave reasonable and logical when they have fair and just life-living conditions, ensured by a liberal, honest and

compassionate society-culture-polity-economy. If the milieus themselves are criminalized and corrupted to the hilt, average person cannot afford to keep his human face towards all these cacophonies. The animalistic side of subconscious mind states automatically come to fore and they further criminalize society-culture.

Politics and commerce in contemporary human world have made society a hugely competitive space. This competitiveness for very survival and small availabilities has become so criminalized and depraved that most people shamelessly resort to hypocrisies and equal depravities to survive. The shrinking space for liberties, growing distrust in society, divisive policies and insinuations by politicians and massive inequalities have made average person depraved-criminalized. The contemporary human milieus as well as human systems have become worse than a jungle. It is now a known fact that urbanization thrust of modern humanity has failed and collapsed. In contemporary times, over 50 percent of human population is living in less than one percent of land space, which we know as urban spaces. This crowding has become possible as governments have intentionally emaciated rural economies to facilitate profitability to their corporate biggies. These urban spaces have miserable and inhuman life-living conditions for over 75 percent of inhabitants. The new cradle of human civilization called cities and metros are vestiges of the failed humanity but still, most humans have no choice but to live in these virtual hells as they alone provide some semblance of livelihood means. These urban spaces have enhanced the animalistic spirit of average person living in them as he or she faces inhuman conditions. It is known scientific fact that overcrowding and suffocative competitiveness triggers cannibalistic propensities in animals. Humans also react animalistically to such stressful situations, which are commonplace in big urban spaces.

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Homeostasis – The Golden Goal

It is crucial to talk about the critical idea and idealism of *Homeostasis*, which is considered as the primary and lasting goal of body-mind. Science is also explaining how the core sanity-system of human body-mind, called Homeostasis, gets disturbed and unleashes variety of physical-mental troubles and diseases. We need to understand the idea and importance of Homeostasis in its holism and multidimensionality as it is very cardinal to overall life-living wellness and successes.

Homeostasis and brain state symmetry-sanity are linked. Modern life-living, its troubles are largely manifestations of Homeostatic imbalances, caused by lifestyle choices. Contemporary human world is beset with growing incidence of mental issues of sanity, symmetry and poised system. People usually get treatment and medical help for diseases, when prolonged disharmony of Homeostasis manifests them. But; they never know and are told that primary issue is disturbed Homeostasis.

The body-brain is designed to fall back to a Homeostatic poise, after a period of disturbances and imbalances. This is called *Allostatic* process or setting back to normalcy. However, continued and singular stretches of

stressed and disturbed Homeostatic balance kills allostatic processes and the person settles for a 'normal', which is actually a 'diseased' version of the self or consciousness. Average person never ever sees and accepts a Reality in Holism and is trigger happy being geniuses of parts only. It is as simple as – *You care for your Homeostasis and it shall care for your health-vitality-wellness*. You invest in your homeostasis; it assures you don't need to invest in hospitals and medicines.

Homeostasis is body-brain's optimal state, which ensures that all processes are in optimal effectiveness and balanced. We need to understand that the innate intelligence of nature has clearly listed the *Homeostasis* as the true and real *Happiness* of body and mind. It is difficult to describe and even imagine what the blissful contentment of being in optimal Homeostatic poise means. In contemporary human world, almost hundred percent men and women are in some sort of homeostatic imbalance. Human body-mind is a hugely complex system and there are number of sub systems, which in totality and holism work in harmonious cooperation to ensure homeostatic equilibrium and wellness. There simply cannot be a true and real happiness or even contentment if a person is in bad homeostasis.

This is not the space to detail about the realities of homeostasis but it is some knowledge everyone must have. I humbly urge you to learn in detail about homeostasis and its role in body-brain health-vitality. Our body and mind are the sole media of all realities. Consciousness, as the media of all perceptions is also in optimal sanity when our body-mind has holistic wellness and poise. If homeostatic poise is disturbed, a person's perceptions as well as sense of 'I' also get affected. Homeostatic imbalances bring about not only diseases; they also adversely affect the consciousness and intentionality. A troubled homeostasis may very well be a subconscious invite to criminality and depravity of Intentionality.

Homeostatic troubles disarray the unconscious and subconscious layers of brain states and as conscious is in continuum of unconscious and subconscious, it also gets affected by a troubled homeostasis. For every one of us, the primary and lasting happiness condition is homeostatic wellness as it keeps the landscape of body-mind true and rightfully real. It needs to be understood that like consciousness, happiness is like a Field, a milieu, a landscape. Happiness is not a building; it is a landscape. Homeostasis of the body-mind is the idealism of this macrocosmic landscape, within which the microcosmic landscape of happiness emerges as milieu. That is why primary happiness is homeostatic wellness and sanity.

It is to be understood and accepted that this homeostatic wellness and poise gets hugely disturbed and troubled in vitiated, depraved, unsettled and criminalized milieus. A person's homeostasis is the reflection of the realities he or she faces in the external milieus. Nature has designed human system this way to optimize survival potential. It is scientifically proven that bad and troubled milieus shall have its reflection on your homeostasis. It is therefore very natural that you realign your relationships, connects and interactions with the contemporary milieus, where depravity-criminalization-shamelessness-deceit-deception has become a pervading-permanent reality. This realignment is required to keep your homeostatic wellness and success unaffected by them. Globally, some aware and intellectual men and women have already begun this process of dissociation with their contemporary milieus. They are moving away and settling in alternative milieus where their individuality has better liberty and maneuverability. It is very evident that an individual cannot change the milieus and its depravity-criminality. However, an individual is powerful enough to decide upon its own life-living choices. People are beginning to take this crucial alternative pathway for peace, poise and prosperity.

**

Epilogue

If you allow my own stupidity and un-hypocritical intentionality to express its true affirmation; I wish to say with all humility and sincerity at my behest that whatever we have discussed in this eBook is not what I wanted to tell you. Anyways, you already knew them. My core intentionality is not about intellect, society or polity. It is about you, as an individual and human being. The simple and two liner intentionality behind this eBook is this very compassionate assertion that you as an individual have infinite potential as a human being, endowed with the power and energy of higher consciousness. However, this potential of your hugely powerful higher consciousness is eclipsed by the twin elements – firstly, the unawareness about the true and objective knowledge of Reality, as modern contemporary science has deciphered for we all and secondly, the very vitiated, depraved and criminalized milieus of society-culture-polity-economy-faith. Not as an author but as a stupid simple human being; it has been my persevered intentionality to appeal every fellow human to attain his or her true and optimal potential, which the higher consciousness can attain. True and most precious attainments and possessions of life-living are these huge and ever evolving landscapes of experiences, which your consciousness lives out. These experiences alone have worth and utility. As your consciousness itself is intangible, emergent and evolving media, it finds its utmost satisfaction, when aligned with the intangibility-emergence of experiences. The physical attainments of moneys and wealth are worthy only when they bring about happy and satiating experiences to you consciousness. If they install stress and pathologies of intentionality in you; instead of golden and

rosy experiences of compassion and fraternity; they become agents of depravity and criminality.

Therefore, I say it with utmost purity of my conscious intentionality that I wish, the deliberations in this eBook affectionately reminds you of your ultimate goal of optimizing your true potentials and aligns you towards your true individuality and its conscious intentionality, to keep you away from the depravity-criminality of external milieus; energizing your never-ending journey on road to knowledge of reality. Thanks and all best.

Personalization

I humbly request you to kindly write to me after reading this eBook and ask me anything, you feel about or need to know better or more. This shall optimize the sharing process, which a book epitomizes. The emergence process shall happen as I shall try my best to revert to you, with my inputs on your queries or requests. This is the process of *Personalization*, which shall help a great deal in **Internalization** of the Ideas, within your consciousness, which we have shared here. I always believe that what you are currently reading is only half the book. The other half of the eBook shall be completed when you write to me with your questions, doubts, thoughts etc so that I could input the **personalized** ‘other half’ of the eBook, especially oriented to your specific requirements, to the best of my abilities. Thanks.

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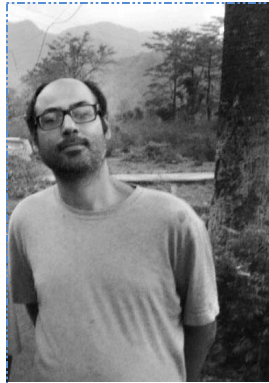
A Humble Request

As you have come this far, it must be now very clear to you that expression and communication of *Intentionality* is such a weird reality. What is there to be told and understood is a rather one or two line hypothesis. However, the same has to journey many pages and thousands of words to present its optimality in diverse ways of probable dimensions. This is the trouble with sharing of Intentionality. But then, there is also some utility and professed beauty in such a long journey of Intentionality. That's probably why books are deemed beautiful. I am confident you understand and appreciate this reality. That is why I very humbly invite you to some of my other eBooks, which shall facilitate your journey in optimizing your true potentials. I know you understand that contemporary scientific knowledge about different shades of realities has the potential of leading us to larger and better wellness successes. These eBooks delve into the modern and contemporary scientific knowledge. Thanks. All best!



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About The Author



People say, what conspire to make you what you finally become are always behind the veil of intangibility. Someone called it ‘Intangible-Affectors’. Inquisitiveness was the soil, I was born with and the seeds, these intangible-affectors planted in me made me somewhat analytical. My long stint in media, in different capacities as journalist, as brand professional and strategic planning, conspired too! However, I must say it with all innocence at my behest that the chief conspirators of my making have been the loads of beautiful and multi-dimensional people as well as ideas that traversed along me, in my life journey so far. The mutuality and innocence of love and compassion always prevailed and magically worked as the catalyst in my learning and most importantly, unlearning from these people, ideas as well as situations. Unconsciously, these amazing people and my own stupidly non-intuitive cognition also worked out to be the live theatres of my experiments with my life’s scripts. I, sharing with you what I have internalized as body-mind Media, is essentially my very modest way to express my gratitude for all of them. In my stupidities is my innocence of love for all my beautifully worthy conspirators!

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