

Enjoy The Sabbath:
Speak Of It With Delight
As Yahweh's Holy Day!

By Jenny Hernandez





This Book Belongs To:

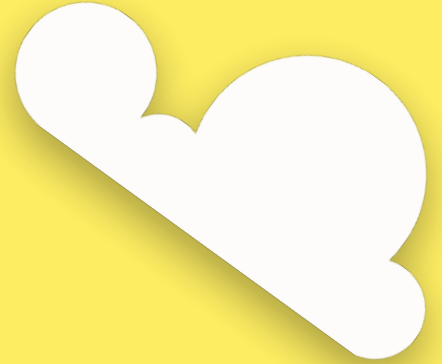


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This book is dedicated to:

Jeani, Janvier, Immanuel, Beniyah, and to all the boys and girls who are part of the royal priesthood of the kingdom of Yahweh our God.

For you are a chosen people. You are royal priests, a holy nation, God's very own possession. As a result, you can show others the goodness of Yahweh, for he called you out of darkness into his wonderful light.

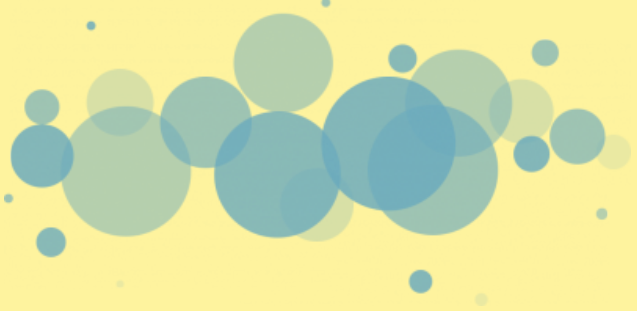
1 Peter 2:9





About This Book

This is a non-denominational book that teaches children how to keep and honor the Sabbath day by learning its laws. It also contains activities that teaches children family unity by having all members of the family participate in each activity before and during the Sabbath. The activities in this book are just ideas that can be changed according to your family life style and needs. I hope this book serves as a vehicle for your family's creativity and imagination to celebrate with joy and gladness the day that Yahweh himself set apart for our rest and His.





What Is The Name Of God?

God declared His name to His people long time ago:

God also said to Moses,

"Say this to the people of Israel: Yahweh, the God of your ancestors--the God of Abraham, the God of Isaac, and the God of Jacob--has sent me to you.

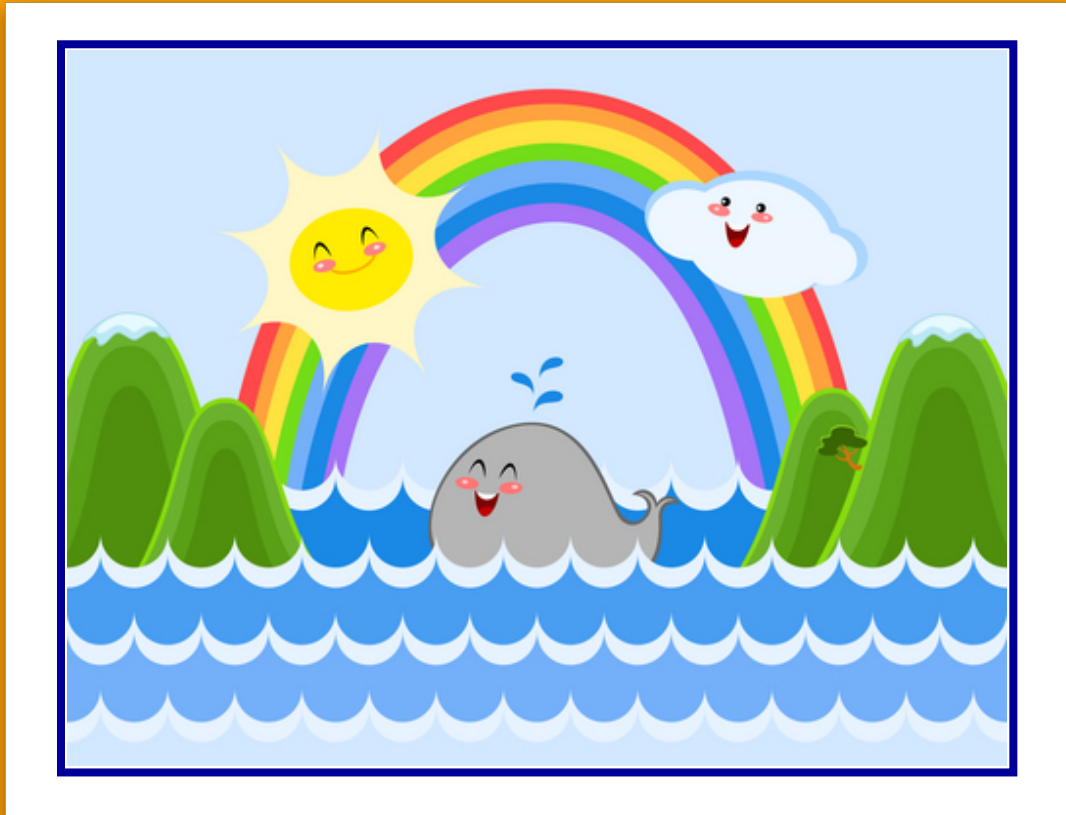
This is my eternal name, my name to remember for all generations.

Exodus 3:15 New Living Translation

The name of God is Yahweh.



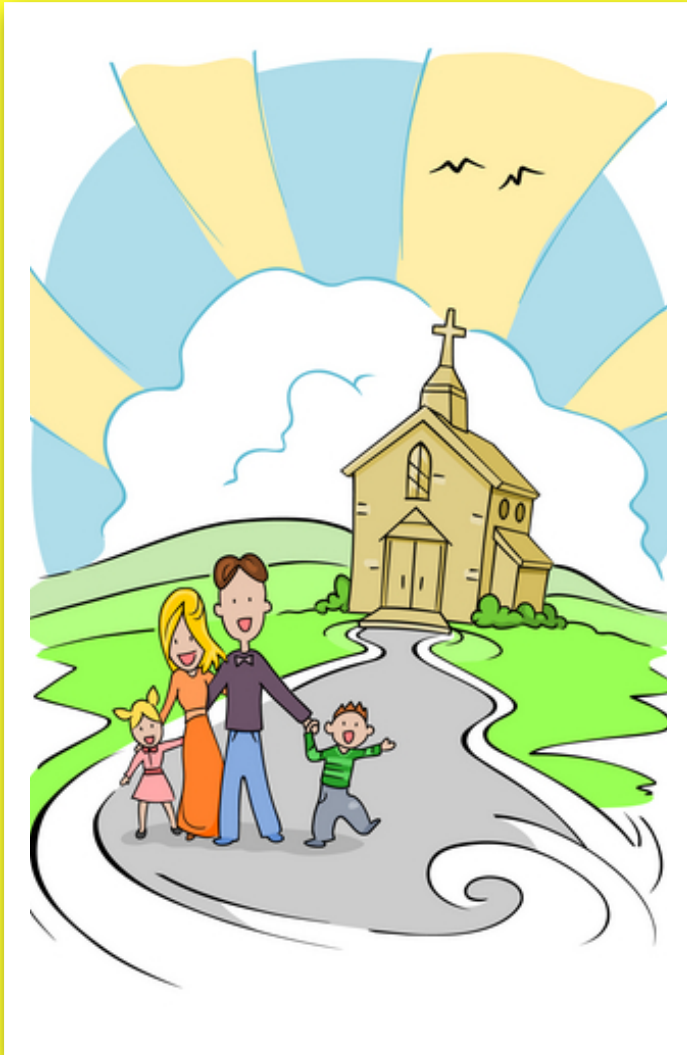
*Do you know who kept the very first Sabbath?
Yahweh our God did.*



**For in six days Yahweh made
the heavens, the earth, the sea, and everything in them;
but on the seventh day he rested. That is why Yahweh blessed the
Sabbath day and set it apart as holy.**

Exodus 20:11

When is the day of worship?



Sabbath-Saturday:

"You have six days each week for your ordinary work but the seventh day is a Sabbath day of complete rest, an official day for holy assembly. It is Yahweh's Sabbath day, and it must be observed wherever you live." Lev. 23:3 NLT

***The Official Day
For Holy Assembly***

**How do we keep the Sabbath holy?
By learning and obeying the laws of the Sabbath.**

Things we don't do on the Sabbath:

1. We don't work

"Be careful to keep my Sabbath day, for the Sabbath is a sign of the covenant between me and you from generation to generation. It is given so you may know that I am Yahweh, who makes you holy." Exodus 31:13

2. We don't tell others to work for us

"On that day no one in your household may do any work. This includes you, your sons and daughters, your male and female servants, your oxen and donkeys and other livestock, and any foreigners living among you. All your male and female servants must rest as you do." Deut. 5:14 NLT

3. We don't cook

"Tomorrow will be a day of complete rest, a holy Sabbath day set apart for Yahweh's. So bake or boil as much as you want today, and set aside what is left for tomorrow." Exo. 16:23

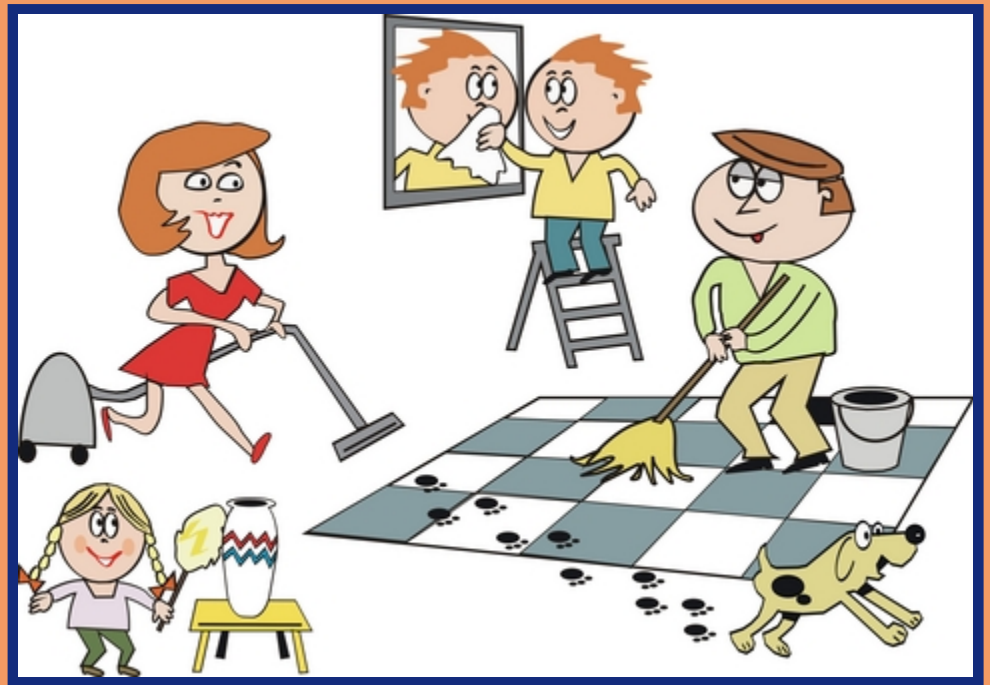
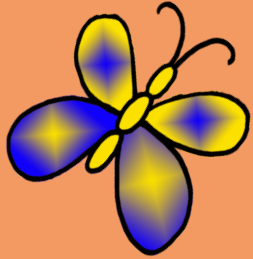
4. We don't buy, sell or trade

Then I commanded that the gates of Jerusalem should be shut as darkness fell every Friday evening, not to be opened until the Sabbath ended. I sent some of my own servants to guard the gates so that no merchandise could be brought in on the Sabbath day. Neh. 13:19 NLT

6. We don't do our own pleasure, think our own thoughts or speak our own words

"Keep the Sabbath day holy. Don't pursue your own interests on that day, but enjoy the Sabbath and speak of it with delight as Yahweh's holy day. Honor the Sabbath in everything you do on that day, and don't follow your own desires or talk idly. Isa. 58:13

Before the Sabbath begins we clean our house and help prepare the Sabbath meal...



**"Work willingly at whatever you do."
Colosians 3:23 NLT**

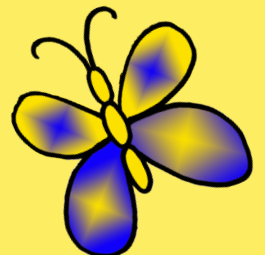


*We decorate our house with balloons
and banners...*



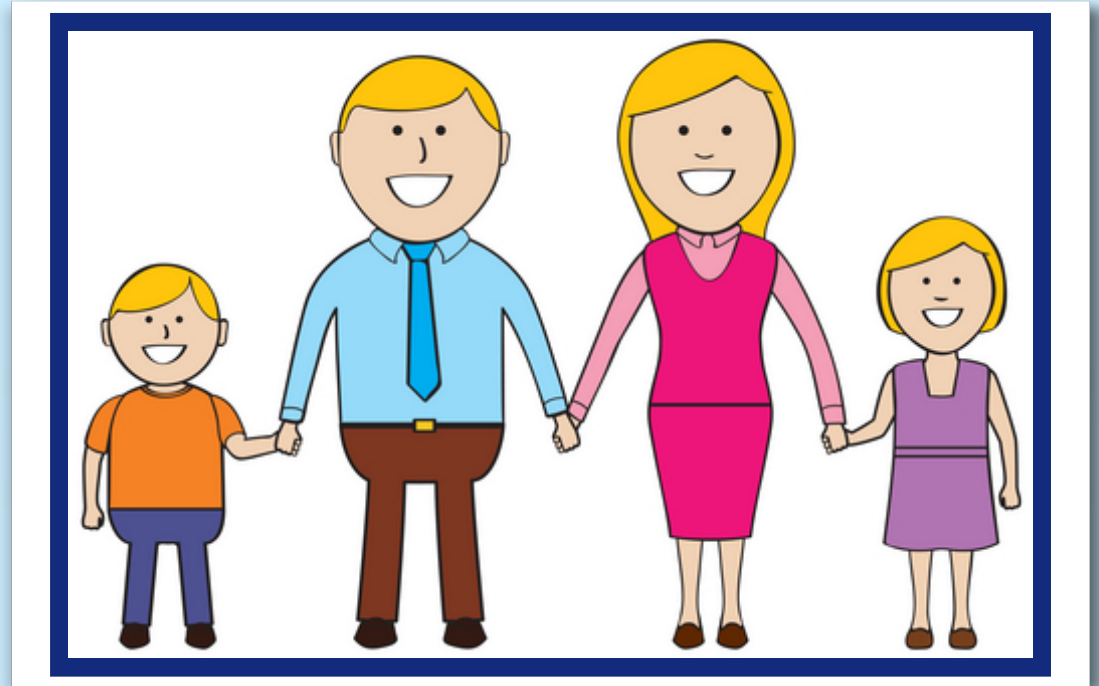
**May we shout for joy when we hear of your victory
and raise a victory banner in the name of our God.**

Psalm 20:5 NLT



We get dressed...

**Since Yahweh
chose you to be
the holy people
he loves, you
must clothe
yourselves
with...**



**Tenderhearted mercy, kindness, humility,
gentleness, and patience. Colossians 3:12**

*We wait for the
sunset...but why?
Because the Sabbath
begins at evening when
the sun goes down.*



**"This all happened on Friday, the day of preparation,
the day before the Sabbath. As evening approached..."**
Mark 15:42 NLT

We Blow The Shofar!



**"Blow the Shofar (trumpets)
in times of gladness!"
Numbers 10:10**

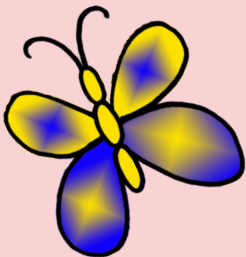


We praise and sing to Yahweh!



**Accept, O Yahweh, the willing praise of my mouth,
and teach me your laws. Psalms 119:108**

Then our parents lit the menorah...



**Then Moses lit the lamps in Yahweh's presence,
just as Yahweh had commanded him. Exodus 40:25**



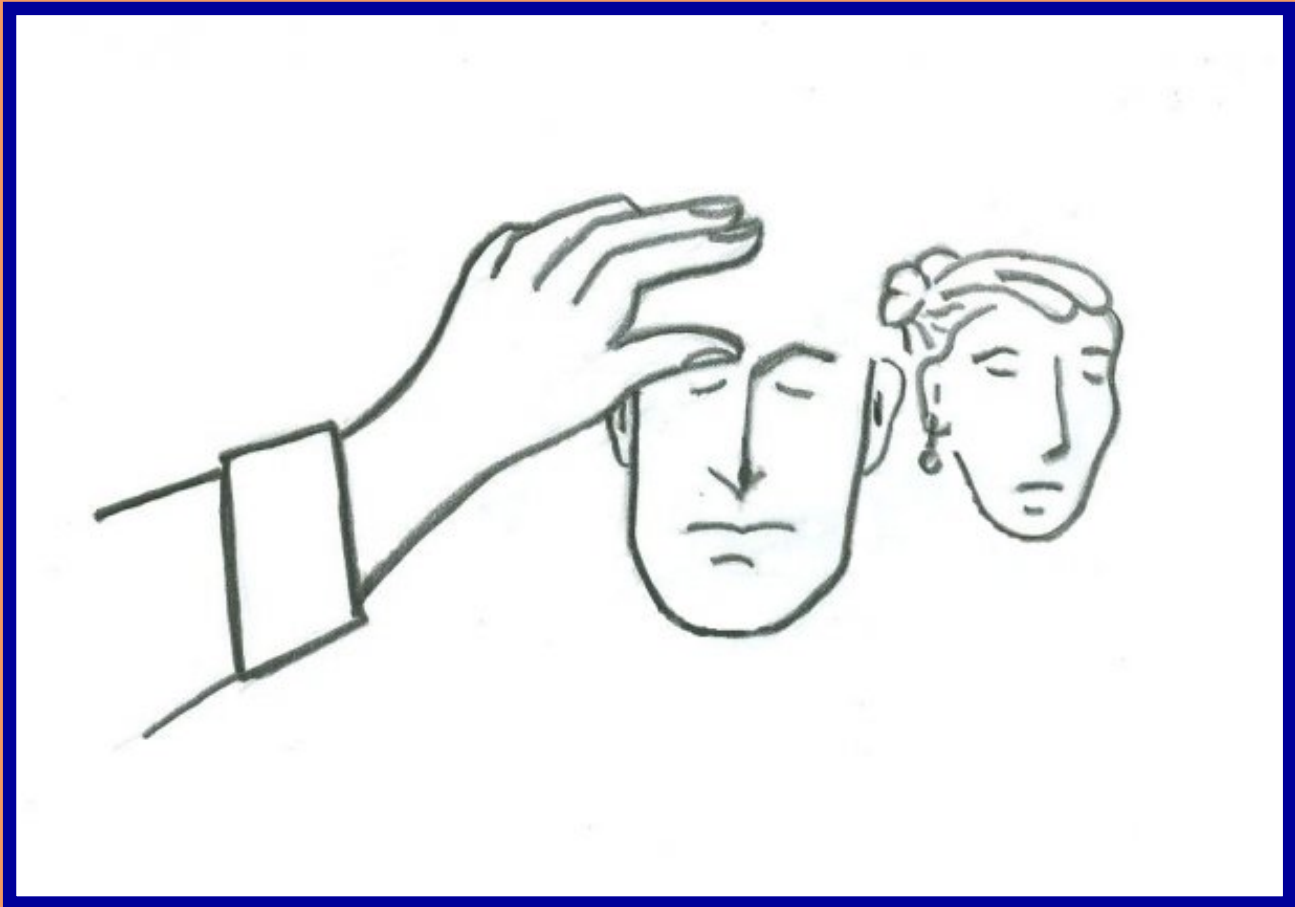
We say grace...



**So go ahead. Eat your food
with joy, and drink your grape
juice with a happy heart, for
God approves of this!
Ecclesiastes 9:7**



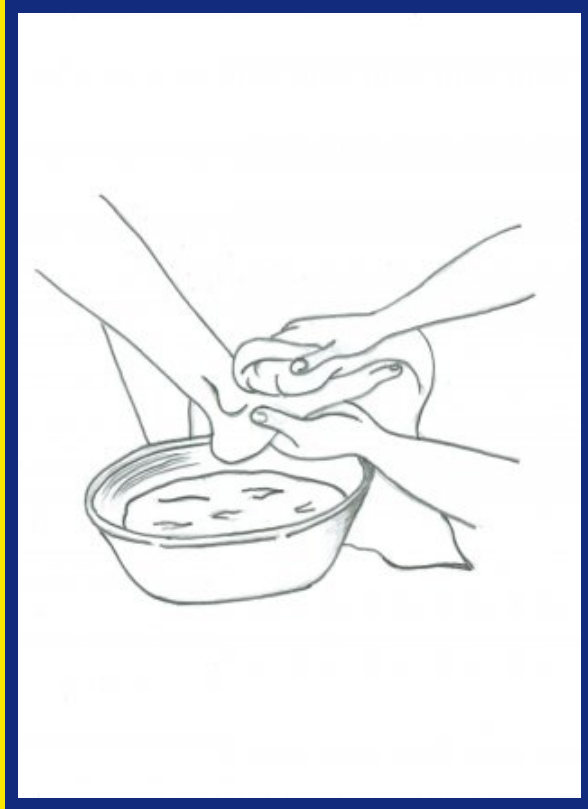
*After the Sabbath meal we anoint
and bless each other...*



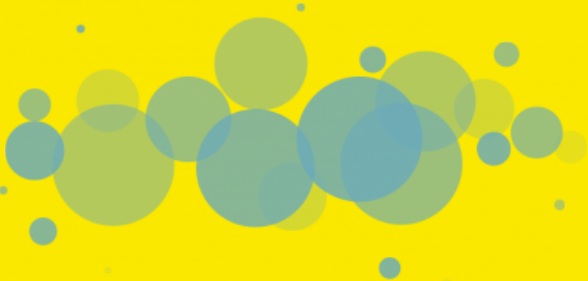
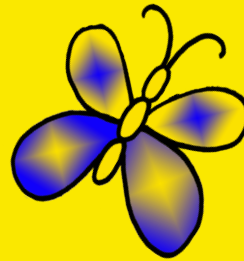
**"You have loved righteousness and hated wickedness;
therefore Yahweh, your God, has set you above your
companions by anointing you with the oil of joy."**

Hebrews 1:9

We wash each others feet...



**Serve one another in love.
Galatians 5:13 NLT**



We Read A Portion Of The Bible...



"Listen, O Israel! Yahweh is our God, Yahweh alone. And you must love Yahweh your God with all your heart, all your soul, and all your strength. And you must commit yourselves wholeheartedly to these commands that I am giving you today." Deuteronomy 6:4-6

*Honor the Sabbath in
everything you do on that day...*

And don't follow your own desires or talk idly. Then Yahweh will be your delight. I will give you great honor and satisfy you with the inheritance I promised to your ancestor Jacob.

I, Yahweh, have spoken! Isaiah 58:13-14



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