

Empowering Women thru Energy-Wisdom

By

Alexander Zielinski

Copyright 2017: All rights reserved in all formats.

About the Author:

Alexander Zielinski is a Clairvoyant Medium who channels ‘Constantine’ his Master Teacher, ‘Whispering Wind’ and ‘Dr. Brolovan’ his Spirit Companion’s and ‘ELOPHYNY’ a Collective of light beings from another Star plane.

Alexander and his Guides are providing the following information, with the desire that the knowledge provided will assist those in the human form to grow and evolve spiritually. In order to truly come to understand their connection to each other as they seek truth and peaceful awareness of; who they are, where they come from and what they seek to accomplish in their life through service to humanity.

The following information incorporates new knowledge channeled from Alexander Zielinski’s guides and combines it with material from his recently published books which pertain to the subject matter being discussed.

Q: The author asked his guides; There is certain information you share only with me, but would I receive different information from you than I would if the information were to be shared publicly?

A: There is a great deal of information that will impact people in various ways. As you have been learning there is no universal emotion, reaction, physical outburst, or any other response to any action or energy, no matter the location of the being, no matter the form. What is offered in seemingly general or generic information is the building block for much greater information to be given should the being desire it. It appears to be difficult at times to implement the ideas and practices that you experience, this, for many, is a level that they will not reach in a single lifetime and not for many lifetimes. It is important that the audience receiving the message be able to understand what is being delivered with the current knowledge base that is currently residing within their physical scope of life. It is not important to discriminate for

protection in all cases, but it is important because a single person may interpret something wildly different from what is being said if they are unprepared and do not think on a deeper level, as one might say.

It is important to understand that you are not leaving anyone behind, they will come to it, in their own right, in their own way. Many will find your information baffling, but it is only because they have not reached that point on their journey. You have encountered those that scoffed who only later joined your ranks. It is important to see that simply because they are not like-minded, this should not interpret to you that they are against you. You are not in a war for souls, there is no battle. Publishing information, in an age where anything can be found in seconds, is the greatest task that can be undertaken with information that is not, simply, passing the time for pure amusement. You should amuse yourself but also work to describe these other ways and means to those who are on your plane. It is important that many raise up beyond their current level. They will in their own time, but repeated exposure to new ideas open the mind in more ways, though they may not open to any one specific idea it is the matter of interpretation and expression that one discovers along the way that are more important.

Simply sharing information for the discovery of the self is an important method of aiding the self and aiding others who receive this message. It does not need to be interpreted in any specific form or fashion. That is interpreted at all by any being is opening new gateways of understanding by many who walk this plane.

Yes, there will be information that comes to you which is not directed at any other being. This we will share with you. There will be other specific information on certain topics which we will not share, but the audience remains the same. To describe to us who you will share information with can be beneficial. The uniqueness of the message and the manner in which it is relayed can be adjusted based on the audience who will perceive it. Also, remember that it is not in this moment that information can be shared and learned. If you write one word, it has the potential to be carried out through history

down many generations. If you write one word, it has the potential to change all that we know as real and true. Words will live beyond what you relay, your words are timeless and will speak to many when they are ready. Much information you gather and share now will speak to greater audiences when there are greater changes in the physical world. This will come with time. Evolution is a process.

Introduction

Nearly all have heard of the five senses of mankind; smell, taste, sight, hearing, and touch. Numerous individuals have heard of the sixth sense of psychic intuition. Many know of the seventh sense of universal consciousness. Only a limited group understand the eighth sense of a pure energy being. There are but a few who realize the true nature of the ninth sense where one becomes a true Creator and is known by eternity as a 'God.'

This book will cover channeled subjects as pertaining to knowledge and wisdom brought forth from the Energy Dimension which is nearest to our Universal Dimension of humankind. It is simply laid out in an alphabetical format.

The time has come when many people are now seeking to know more on how to bring peace into their daily lives. We will be more able to understand the plight of our fellow man by creating peace and understanding on a greater scale.

This will allow us to understand that each one of us is living a human experience. That there is a Soul; an energy being inside us that will one day leave our physical body and this Earth and return to our true home in the Spirit World, that which many call Heaven.

In order to bring about change in our world we must change ourselves first. Inner peace can be found through forgiveness of oneself, and of all others. Examine your life before you dare judge another's life.

There is a simple saying which has echoed throughout the ages and in many forms; if you cannot take it with you, why is it worth your time? There is no need for excessive personal affects when there is much more that is being neglected spiritually. Items do not bring happiness. Happiness in positive action and thought brings happiness. There is much that can be learned by a life of simplicity.

So much reading material and CD's contain the same message disguised in different terms and extra wording simply to sell another book, when simply stating the intention will do. There is no need to dress up the process or the knowledge when simply stating it will reach more people.

The purpose of this lifetime is important to each one of us who is completing it. Knowing that there is more than what many popular beliefs hold is important also. We are all the same; there is no reason for one man to put himself on a higher pedestal than another. The man on the pedestal at some point will realize that there is greater similarity and education needed by him, just as there are those he was trying to reach with his seemingly great and powerful knowledge.

The people should know that even without this knowledge there is still no reason to fear. There is no reason to live a negative life. There is greater joy shared in 'giving' joy to others than in destruction and negative actions. A greater number of people benefit through small, positive actions compared to the negative impact of a small negative action.

It is very important to know Peace; there are many things that will always exist. There will always be violence on Earth to some degree. Not to the degree in which we are experiencing it now, but it will be possible to move far from wars, far from mass killings, and far from what has been experienced.

There is a great change occurring as you read these words. Those who have power, control, and/or vast wealth should have the understanding no one is going to steal their vast riches. They need to understand the moral, ethical, and spiritual value in helping their brothers and sisters they share the planet with. This can be done by understanding the basic principles of human life; that all peoples should have shelter, food, water, community and companionship. It matters not what your beliefs are, for we are all the same in the eyes of God.

God gave life to all living things, and therefore all creations are to be unconditionally loved; for 'ALL' are living expressions of his unconditional love. Just look to Mother Nature to see the marvelous creations that abound.

The proper goals of humankind should be not only working for oneself, but also working to help their fellow human. This is the most effective way to direct positive energy into the world, which will bring forth the greatest changes for humankind.

The following are the most universal answers, the being must understand that each soul on this planet is in their own lifepath, they are in their own decisions, they are in their own thoughts, actions, and energies. While there are many commonalities within these experiences a greater understanding can be had only when the individual is assessed as a unique experience instead of broad brush strokes to explain these experiences for all of society.

Abortion

This is not for humankind to fully understand. It is a lesson for many to learn in order to understand this great choice. There should be acceptance of this practice, though the goal should be to overcome the fear, worry and selfishness associated with it by those who are wishing to carry it out.

God understands when and why some women choose abortion. Through free will God allows them to exercise their decision as it pertains to their soul path. God will not judge you for your decision, only you judge your life for the decisions you make based on the lessons you chose to learn and experience.

Those who are ‘pro-choice’ and those who are ‘pro-life’ are both correct in their decisions they make concerning abortion. It is a learning experience no matter which path you choose.

Accidents (Planned Events)

There is much adjustment that takes place in your life depending on your free will so that events that are planned may take place. That is, not the specific event in most cases, but the event that brings about the desired experience or goal that ‘you’ planned to achieve and experience in this lifetime.

There are many things that influence free will and influence events in your lifetime. Many things are planned, simply because they appeared accidental or inconsequential makes them no less important, though they might be. An accident can bring your attention to an area that you were neglecting, even in terms of thought, though the accident may have some physical impact. There may also be implications for your emotions. It is important to adjust your thinking to understand that there are no negative actions.

There are many things that unfold so that the desired plan, that which you were counseled and chosen to experience with your desire, that these things be accomplished. You may learn love, for example, through any number of experiences. So, it is not dependent at all times that you meet a specific individual

or care for an individual so that a bond is formed or any other part of love or caring for it to be experienced.

There are times when it is very dependent on the person because of their path and yours and how they interrelate. But many goals and experiences will be brought about by the circumstances no matter how your free will has intertwined with your plan.

It is of utmost importance to keep your mind open and clear and not worry on how the event was formed, but to understand that causal reasons, those important beyond the physical world, examine those that you will carry with you after your physical death. Examine these reasons, the motivations and the areas being affected. These are what often determine growth or an area to review for some potential lesson or meaning after you have come through physical death.

It is not necessary at all times to feel as though you experienced a specific incident and then reacted poorly to it, though you may not understand the process now, you will understand, or you still may not, upon your exit from this physical dimension. Your reflection on this situation and understanding the correct or universal response that may have been more positive is as useful as if it were your initial response.

Typically, it is not known by you whether this also was the required response for the growth of yourself or others involved, though all actions should be considered and reviewed on terms of how you feel much later, after the incident. Were you better off because of your reaction to the accident or were you feeling as though you reacted negatively towards yourself or others involved. These are important if you are considering growth and evolution in your lifetime and beyond it.

Please understand that it is important that all individuals know of lifetimes, or what is termed an incarnation; there is much said to deter any thought or thinking as if there is no life beyond that of the grave. That there is no impact, as if this is the only life they are ever given to live and experience. It is important to know that you will live many lifetimes, and upon return to your true home, you will have the opportunity to

review each previous lifetime, to examine and understand in order to aid in advancing your spiritual growth.

There are also many things that may not be depending on this knowledge for you, but to understand this is to remove one's self from the hold, control, ill focus and motivations that many hold. Process information as you receive it, but it is never impossible to examine a chain of events or a situation while you are involved in them. When there is a pressing situation at hand you can learn to recognize the correct behavior. Many may call this listening to their inner voice or angel but being developed enough to understand your own intuition or guidance is important. It should be noted that all should attempt to withdraw from all outside stimulation at least one solid hour per week, and this is known as meditation, and there are many benefits to this being completed. Pleasing the self is not as important as developing the self. Waking hours are spent too often on that which causes the mind to be idle.

There are no accidents, so if your loved one died from what someone would call an accident, just know it was a planned event by that individual. Not to cause pain or suffering or to punish someone who is left behind, but simply an ending to a lifetime in which they had completed their chosen lessons and experiences. The lessons they could not or did not learn in that lifetime will be reviewed by them on the other side and they will then program those missed experiences for their next lifetime. There are no lost opportunities for a Soul's advancement.

Acquired Immune Deficiency Syndrome (A.I.D.S.)

'AIDS' for example is kind of like when Adolf Hitler's inner circle of advisors allowed millions of Jews to be destroyed during the Holocaust; it serves a dual purpose for the benefit of mankind. Not only does it teach a global lesson about the destructive nature of war, it also teaches individual lessons for those living in the physical world, and it helps Mother Nature balance and de-populate the Earth.

If there were no diseases and disasters on Earth, humankind would not have the opportunity to reach out, to be more loving, more understanding toward each other in times of crisis.

When those Higher Beings in the spirit dimension observed that humankind in the beginning only perceived 'AIDS' to be a 'gay' disease, then it was decided for the benefit of all humankind to allow this disease to spread. Women, children and so-called 'straight men' became infected in order to gain the attention 'AIDS' was to have fostered in humankind to begin with. In order to force individuals to react and evolve in order to advance in the way of building spiritual character, which leads to a better understanding of unconditional love.

Addiction

There are many reasons and many forms of addiction, but there are many who do not seek to remedy the underlying cause, but simply seek only to address the outward expression of the addiction. For many, not all, to identify the true cause may be simply to ask yourself what it is you are trying to avoid or escape from in your life. Once you realize the true cause and stop the addicting behavior, you must make a positive change to remedy the original cause, or you will open yourself to new addictions.

Addiction is simply a signal to a person to let them know there is an area of their life, be it concerning health or an energy imbalance, that a problem exists and that they need to take action to correct the imbalance.

An individual can trace back to the source of their problem, on their own, and even without assistance, to develop a plan to eliminate the addiction as they come to understand the true reason for their addiction.

(For those individuals who still feel they cannot face up to what is the true cause of their addiction may seek short term help from the medical community. Just remember, pills only mask the symptoms and do not correct the true cause of the addiction. Medications themselves can become an addiction.)

Affirmation

Your mind is the key element for using affirmations. Repeating positive words or short phrases on a regular basis condition your subconscious mind to act upon that which you are trying to achieve or correct with your body/ mind. Examples of positive affirmations for better health would be; (“I have a healthy and complete body.”) or (“My body heals on every level.”). You may apply affirmations to any positive area of your life, and remember not to use negative words in your affirmation such as; No, Can’t, Stop, Won’t, Not, etc.

After Life

All souls, which are energy beings, were created by the ‘Source of all Life’ which those on earth call ‘God.’ God gave us free will so that we could learn to create as he does. Advanced souls created places like our universe, which have many planets of varying degrees throughout, in order for souls to go and experience different lessons to further their spiritual development. (Note: The word ‘spiritual’ or ‘spiritually’ have nothing to do with the human concepts of manmade religions and their corresponding dogma).

If you inhabit a human form right now, you have incarnated to this planet called Earth in order to experience all the many facets of love. That is what this planet teaches. True, unconditional love takes many lifetimes for the average soul to master, and that is the journey you are now on. During each human lifetime, you incarnate with lessons and experiences you need for your spiritual growth. Some lessons you accomplish, some you do not.

Being born in the form of a baby is how souls enter this physical dimension. You enter with no memory of past lives or of your true spirit home, so you are not distracted while working through the present lifetime. Without the physical body, your soul could not experience the negative side of life. The human form is able to experience pain and suffering;

physically, mentally, emotionally and spiritually, whereas your soul is not capable of experiencing these negative lessons.

When you have come to the end of the lifetime you chose, then it is time to return to your true home world through the avenue called death. Death simply allows your soul to detach itself from the physical body you had chosen for your learning experiences. Fear not death, for your soul experiences no pain or injury when your physical body dies. It is truly a very joyous occasion when you return to your true home, where friends and loved ones await your arrival.

Your soul, which is energy in its purest form, takes on an ethereal form when it leaves the physical body. This form resembles the form you last held when you were earth bound, except it has no defects and displays itself in near perfection. Most forms return in appearance to an age when they were most vibrant during their earth life. This new ethereal form is required in the world of spirit just as you required a physical form while on earth to house your soul. Later, as you progress spiritually you will reach a point where no form will be required to contain your soul; you will be seen as pure energy.

Since you are pure energy in essence, you require no food, drink or air to breathe when you are back in the spirit world. You do not suffer the aging process as your soul is eternal. This ethereal covering does contain higher emotions, but not like the lower animalistic emotions you now experience in the human form. Linear time and physical space are not present in the spirit dimension.

Souls who incarnate to earth and take on the human form all dwell on the same level. That means individuals on earth cover the full spectrum from the brightest/smartest people on the high end of the scale, to those who are idiots/morons on the lower end of the scale. All living together on the same level as they each seek to experience their chosen lessons.

In the spirit dimension, there is a separation. Your soul will live in one of the seven major zones of consciousness with other souls you are in harmony with. These seven zones are based on how enlightened or spiritually advanced a soul has become. The law of attraction applies; like attracts like. As

you work to ascend through the sub-levels, each is more sublime than the preceding one.

Each one of the seven major zones have seven sub-levels to it. These zones and levels are vibrating and spinning at a higher frequency as you ascend through them. The average soul who is now reincarnating between the spirit world and the physical world (earth) resides in the 3rd major zone, and dwells on one of the seven sub-levels of that major zone.

As an example, let's say as a soul you were living in the spirit world on the 3rd major zone, on sub-level number 4 of that major zone. You incarnated to earth, and you chose to be born as a female. You lived that life and achieved most of the lessons you wanted to learn and experience. That programmed life lasted eighty-eight years, and then you died and returned to the world of spirit. Let's say during that lifetime your soul advanced spiritually, which means upon your return to the spirit dimension your soul now advanced to the next sub-level of consciousness it had earned. Instead of returning to the 3rd major zone, sub-level number 4, you would now ascend to the 3rd major zone, sub-level number 5. If you had not made any progress in that lifetime, you would return to sub-level 4 from which you came. Now had you used your free will and changed your basic programmed life to cause great harm, chaos and/or death which was not a lesson for you, then you would return to a lower sub-level or even return to a lower major zone.

Once you spiritually grow and progress through all the seven sub-levels of a major zone, you then enter the next major zone and work your way through those seven sub-levels. For example, when your soul progresses from the 3rd major zone, sub-level number 7 of that major zone, you would then enter the 4th major zone, and start out on sub-level number 1 of that major zone, and then start working your way through that major zone's sub-levels. When you reach the 7th major zone, and the 7th sub-level of that major zone and have become spiritually enlightened and have mastered all that is contained therein, you are now ready to ascend to God's next phase of your soul development. When you leave the seven major zones your soul will no longer need a covering or form and you

will emerge as pure energy, a beautiful bright light of varying degrees. At that point, you would never again enter a human or ethereal form again. A whole new adventure awaits your soul.

To help with your human understanding, the earth is encircled by these overlapping seven zones and their sub-levels of consciousness, just as all the planets contain their own individual consciousness of higher or lower vibrations. All zones of consciousness meet and blend together, so your soul is then prepared to enter into another consciousness on another journey of learning if you so desire. Souls are always being encouraged in a positive manner to progress forward to be more God-like for their own self awareness.

For further understanding; each individual universe or dimension has its own Creator. Each area of planetary living has been located in such an area that each domain is watched over, tended to, and life and energy brought forth into it by a Creator for that specific realm of existence.

This is not to say that there cannot be more than one entity infusing power, and direction into the life and realm of existence. But there is only one single being that is responsible for its ultimate direction no matter what other entities or life forms may inhabit it or cross from other dimensions to assist with that dimensions existence.

There is, for your human understanding, only one God, the 'SOURCE OF ALL LIFE' that then observes these Creators and guides and assists them as needed. This is much the same way that many groups of people delegate power to accomplish a common good on earth. No one person on your plane can watch a massive area or oversee the production of a very complex event or item. This is the same for existence as you know it. There are many assigned to watch over your area, there is only one to direct and become responsible for its purpose, its mission, but then there is the 'SOURCE OF ALL LIFE' which is then responsible for all life and all dimensions.

Akashic Records

The Akashic Records map and record each activity that occurs in each life forms experience, not just humans, but all life in every way; if there is what you call consciousness, there is a record for it. There are records for each lifetime and records that are followed as a plan, and as a recording of what has taken place. There are records for planets, though many are being created as we speak to you now, and serve more as only the recording, and less of a plan as there is much left up to the individuals in an experience at any given moment.

There is much to be known about these and how they relate to each universe. Each universe or dimension will be able to be experienced by you. These are not separate records. All are contained in one area. You may have the same access to them as any spirit or energy being. Each is located where all can review and research past lives and events of any in existence. These records are not private, but are for education, and learning comes from others and their actions. The knowledge will grow by expressing that, which we cannot, by way of viewing actions, and thoughts that were taken by others in the experience they had in their given lifetime.

There is much to be learned by this great hall of records but understand that what goes into them before you arrive in human form can be changed, after your birth and life start, all becomes a recording of what actions were taken. Each lifetime is categorized, and each separate spirit can view each incarnation they have ever had, to view and track progress or trends in the way that many keep records in your world now. There is much need for understanding and reviewing these records.

These records are becoming more easily accessed in your dimension, but there must be some discretion by the entity that brings it forth and the requester. Not all information is helpful in a lifetime, though if an energy being in human form is asking for them, there is a clear possibility that he or she is able to cope with previous actions. Be them positive or negative.

There is a need to review these from time to time. Review them prior to creating a plan for a coming future lifetime.

There is a need to track these and all dimensions have access to them. This is one area where all beings may converge no matter their origination. Each may have access to each, but some higher forms are not shared with all, for knowledge may not be ready to be shared with those who are not spiritually advanced enough to comprehend it. For its impact on those that read it and are not yet ready to understand the concepts contained within it will cause confusion.

Peace to all is a trend that is increasing in number within the records as a shift is coming. We are able to map and track these actions and determine how a shift might occur or see that the mind of humankind is changing from what it once was.

We are entering a new age, as you say, and will be experiencing a new 'reality' that becomes the new normal, and less aggression towards those of peace, thinking and mental ability. Sharing of knowledge and dropping dogma for only dogma's sake, will happen. These all can be seen in records here. Each dimension has their own existence, their own purpose, and you can travel to these, though not all can experience them for extended periods of time.

These archives have existed since the creation of the very first soul. They contain all the information and knowledge of each individual soul entity. All creations of the 'Source of all life' are registered within these etheric imprints. There is no opinion contained in them.

The Akashic archives also contain a soul's past lifetimes, its present lifetime and even its future 'planned' lifetime. While in the spirit dimension a soul can access their collective thoughts and imprints. This gives them an overall understanding of their soul's overall progression or deterioration. That then explains where the soul entity currently finds itself, and where it needs to go in order to complete its journey of remembrance.

There are many areas where Akashic records exist or are created, but there is only one central location where all beings can find, locate and browse them at their leisure. This reading can occur for learning purposes. There is much that is done to create learning, and this is a tool. No deed or action is unrecorded; this is not for punishment or celebration, but to

learn from actions and situations which other life forms have found themselves involved.

There is a great passing coming to you where there will be a change and more information will be available to those who seek it. Much of the information in the Akashic records can be viewed or read by those in your dimension with the assistance of their spirit guide or energy being. There is no need to worry about their contents for they only record unbiased information; there is no opinion in them. All actions on all dimensions are kept within.

There are those that an entity may not understand because of the higher realms of beings that are creating them with their actions. These are not to be read by those who are not yet ready to understand them. There is a veil at times that is only lifted when a being has progressed to a level of spiritual understanding and life evolution so as the things they are reading will have clarity. Think of this in a similar way as you progress from infant to child to adult throughout your lifetime in a human form. A child is not ready to understand what an adult has come to understand, and so it is the same with the higher energy beings as pertaining to us. Until we reach and attain their spiritual awareness, we would not understand what they have created or experienced.

Are Akashic Records throughout all universes and dimensions or does each have its own way of mapping out what occurs within its boundaries?

There are many areas where Akashic records exist or are created but there is only one central location where all beings can find and locate and browse them at their leisure. This reading can occur for learning purposes. There is much that is done to create a learning, and this is a tool. No deed or action is unrecorded, this is not for punishment or celebration but to learn from actions and situations which other life forms have found themselves involved. There is a great passing coming to you where there will be a change and more information will be available to those who seek it. Much of the information in the Akashic records can be viewed or read by those on your plane with the assistance of their guide or light being. There is no need to worry about their contents for they only record

unbiased information, there is no opinion in them. All actions on all dimensions are kept within. There are those that an entity may not understand because of the higher realms of beings that are creating them with their actions. These are not to be read by those who are not yet ready to understand them. There is a veil at times that is only lifted when a being has progressed to a level of understanding and spiritual and life evolution as to come to know the things they are reading with better clarity. Think of this in a similar way as you progress from infant to child throughout your lifetime in a human form.

Alzheimer's Disease

What is the basic cause of this disease?

There is a need for knowing on your plane, the cause of many things, but there are many who seek answers outside the root cause realm. All things that manifest as physical are not physical in nature. Only treating the physical does not cure the problem, does not improve it, does not prevent it from recurring. It is necessary to examine the whole self, the full being as it exists on many layers, levels, and even planes of existence. There is a call for many to focus on these things, examine that which currently exist to major medicinal outlets. There is more in sunshine, water, and air, than in all of the medicine bottles combined as produced by your pharmaceutical industries. Alzheimer's is a call to self, it is necessary to focus much attention on the self, many diseases are this way, while all do not call attention to the same area in each person they occur within, it is important to state that all disease is not universal, some basic elements are universal, some attributes do manifest universally. It is important to know also, specifically in diseases of the mind, that many are present on this plane with this presentation in order to call the attention of the groups or individuals they are coming in contact with as they live their life day to day. While all are learning lessons, this soul often has subjected themselves to this particular set of protocols for the specific operation that is at hand for those they will come into contact with. This is not true for all

diseases, but know, we are all connected, there are no lost moments, but many diseases of the mind are through the testing and trials of those they come into contact with, such as medical personnel, family, many others. The mind does not disappear, it is possible for these individuals to express themselves in this true nature, their true identity, out of their physical plane. You may reside in this plane without the physical, though you may not yet easily interact with it, they appear trapped when the mind becomes lost and unable to identify, it would appear as a system overload. These beings should be taught the ability to express, communicate, and exist as their true self without the attachment to their physical self. Many do this without knowing, through their dreams, they are naturally leaving their physical being and visiting various places, learning lessons, living in classrooms as you may call it. There is often nothing that can be done because this is something that is chosen prior to entering into the particular lifetime. The individual is not at a loss. Even years into the process they can communicate without, it is the process of learning beyond the physical self that is important. Even in this physical existence it is necessary to learn of your true being and true self and learn to express and use it. Simply being in a physical existence does not require you to use only physical means and methods. Learning your true identity, learning your ability, please know that simply forgetting things, a lack of memory, is not cause for concern in these areas. It is not a punishment. No disease is punishment. This particular set of circumstances presents itself as a learning tool and aid, it is often not presented as a set of preventable circumstances. When used in this way it is a stepping stone to learning the true identity of all involved. There are many who view the extrasensory abilities of communication as science fiction or only of divine intervention, these situations are not the case. When you receive communication, even after years of ignoring it, you can return the sender's call, as you might say. If you can remember back to childhood when you may have done this regularly, and a being in their 40's may now receive the same information or communicate with seemingly unseen beings, you can return their call, return their message. There is no

punishment in this phase of learning. Diseases of the mind often associate with self-identity, this is the area to focus. Often what is heard or discussed by the receiver as hallucinations are not hallucinations or incorrect by any means, but physical terms it may seem incorrect, but they are true experiences. Often times these experiences, even under the medication that may induce them, are used as learning and classroom sessions where education on previous, present, and future is taking place. Often times when a person is exiting such a medically induced state, it is not easy to return to physical thought and being and perception, this is why many types of odd comments and experiences are reported from your dentist's office. They are finally completely able to exist for moments without sense of physical self and returning to it is as if the infant has returned and requires self-educating time in order to learn how to operate again in the physical body. It is not necessary to understand all things but know that those things which you do not understand are all often related and not as different as your medicine would have you believe. Each disease is not as different as the definition. Often diseases that impact a specific area, but by seemingly different means, these are all related, they are all the same, and are all caused or occurring for the same reason. It is necessary to have a belief of yourself and focus less on the physical, this is true for those who have never before accepted the thought of life beyond the self in physical existence and how it exists simultaneously with the nonphysical, for many it would be as if the current life and their manifestation of heaven are concurrently existing. Probably the simplest of existence terms in relation to the self is the tremor or deficiency of the mind. It is important to use certain areas, or like muscle they will atrophy. Complications of the mind or what appear as disorders are by this manner, they are underused, they are not used correctly, or they are a call to these deficiencies. It is not a matter of use it or lose it as you might say, it is a matter of your using it for the great destiny which you can achieve, no matter what life returns to this physical plane for lessons, all can achieve monumental accomplishments in line with their ultimate goals, and achieve

more than planned, they can change their life course, if they wished to do so. If they wished to grow beyond.

What can be done to treat this disease?

Learning the true identity of the self. Learning and using your ability and harnessing the ability that your physical and non-physical self provides you. Many use this plane simply to exist, to experience physical sensations, but they are limiting themselves by routine. Expect more of similar nature problems to exist for mankind. Many are on a learning path themselves, they are aware on various levels, and, even without conscious knowledge, achieve lessons and goals, and learning that is carried forward. Many are stuck, literally, in a rut or whirlpool that will not let them escape. Even when considered advanced by your physical measurements a person can learn new things. There is a group thing acceptance of many ideas and the acceptance that they are true. Age does not limit, indicate, prevent, achieve, allow, or deny any type of action. There are many who are less than five years of age who have greater understanding than those in their 40's, even 80's, 90's, and so on. There are many who are in rest and nursing homes who are left by the side of society's road simply because that's what they have believed will occur at such an age or at such a juncture in their life. They are simply fulfilling what the mind has dwelt upon for so long. Even now, even after much damage may have occurred to the physical container, even after much manifestation has occurred by the limits placed on the mind through various acceptance of ideas, there is still much they can do. Speaking to them about these things, speaking and communicating in non-physical terms and methods can achieve these things. They are not lost simply because the physical is in what appears to be a downward spiral. Lost is nothing. Time will be the investment and the return is the true lifetime lesson and achievement by all parties involved.

Androgynous

Energy Beings (or what some call Spirit's or Soul's) in the higher realms of the spirit world when in 'pure' form have no male or female appearance, they are seen as glowing energy patterns of varying degrees (colors) based on their spiritual awareness they have attained. When they visit those with lower vibrations; those in the human form, or those of the lower spiritual realms, they then will appear with a male or female persona or may seemingly appear to have both male and female characteristics.

Angel's

Are angels, archangels, etc. just names we give to higher beings or do they exist on different levels?

There are many divisions or castes of beings though the names simply give recognition to the type of work they do. Some have specific goals and specific areas in which they work. There are so called angels and many archangels are higher beings returned to this other plane to help those, others can travel between planes and provide help. There are many you can call on though many will not come because of name, simply because of the assistance or guidance needed. There is a special type of being that is called an angel, and this is a specific function for them. They do not guide in the same way most other spirit guides or workers do, they have ascended much higher, they may be compared to the religious view of gods simply because of their ability to intervene and offer assistance and ability to help many at once. How do you think the world came to be? The angels sent me here.

Anger

Those who need to express anger should do so in a positive manner. It is not necessary to contribute to the anger of

another person or group, no matter what they seem to be upset about.

Allow your anger to be released in a positive manner such as doing physically taxing work or vigorous exercise that will express this pent-up energy without it building into something negative or destructive.

Anti-Christ

Some speak of the Anti-Christ, and we will use that term when referenced because it will answer the belief system that supports it. It is important to say that there is not some demonic figure who will come and rain hellfire and brimstone upon the land. It is important to say that there will be figures, key figures in the opposite of the truth-providers, which trigger specific events which will at first appear to be an incredible upheaval. Tremendous turmoil, there will be many who shout that it is the second coming. This is not the case. An Anti-Christ is part fear tactic but also part truth only in the sense that there will be a change in the way of living. Because there are many who see this change as a threat to their current way of living they will see him as the Anti-Christ. It is important to say that there is not one single person termed this, President Obama has triggered many events out of the public's eye which will term him the Anti-Christ. Though it is important to say that to many, currently on this day, he appears to be the most un-Christian; though this too is incredibly subjective. It is not terribly relevant now. Creative thinking. All of you should create. Stop living in fear as though some being will smite you. This is not a fear worth having. Stop worrying that you are not living to some erroneous standard or that you don't deserve something because the priest or religious leader tells you that you are not worthy. Move beyond these ways of thinking. When you engage in them you are giving up power, your power. Do not entertain these thoughts.

An Anti-Christ is truly a definition of humankind's own doing. By our standard, the standard of the universe, the standard of existence there is no Anti-Christ. This is a view taken by those who were unaware of humankind's position in existence and they were unaware that all of existence is not limited to humankind's existence and any beliefs it may have. What you can say is an Anti-Christ, and what we will use is a being who provides a great undoing. This may be positive or negative. What is the average perception of change?

Depending on your perspective the same action is held, positive or negative, not often do you hold the possibility that it is both or neither. The Anti-Christ brings change but there is not a deep religious context any longer, truthfully there never was, it was a word used to describe threats and possible fear. We will not use it in that manner. Fear of an Anti-Christ is due to a being not knowing, being unaware, being blind. This label can be used now if you choose but it only represents change. The difficulty is that it is a label given by humanity to other humans. There is no clear process for this other than fear-born reactions or some ill-gotten knowledge that is perverted for selfishness or control. Keep mindful of the fact that there is not some greater being coming to unravel all of existence. Not in previous times, not currently, not moving forward. Moving forward fill yourself with the understanding of time, cyclic in nature, repetitive by perception. Be aware of your knowledge base and how it has grown through the ages. Humanity makes so many assumptions about the past, present, and future based on previous and current science, technology, and religious beliefs. Open your eyes to new possibilities! See how you have grown. It is not enough to welcome the ideas of others, generate your own ideas and bring them to the table. It is important that all ideas be discussed. The conversation among people, among nations, it is important. The mixing of all things, not separations.

These are questions that have been posed previously by many and they have asked them in many forms. What is important for many to understand is that there is not some

Anti-Christ that will overthrow the Christian religion. What must be understood is that there is a need to express energy. If you ignore a boiling pot of water, there will be reactions. And this is much the same way. Energy and the type of energy, the way it is charged, or the type of intention that has been used to charge it, it does not change simply because it is not grouped in such a large amount to make it entirely obvious to everyone no matter their belief system. Often this energy is ignored, globally, for centuries, and this is not an incorrect behavior to have towards this energy, it is simply what happens. Energy must be expressed. If many desire to reach a higher vibration, if many desire to explore and move beyond their current confines, to expand their horizons to say, this energy must be expressed and experienced. There is no physical method of dealing with the various forms of what you might call the nonphysical. There are no terms for dealing with it that are similar to physically sweeping the dust under the rug. Even in your physical world the rug will be moved at some point. You may never remove it. You may never look under the rug again. You may move, and the next tenant will experience it. You may die and your children or family or the authorities will encounter it. In this way, the energy is expressed.

Keep those thoughts in mind during these topics. We hope that you will use them to illustrate various points. Though, all points are the manifestation of energy. Fill up one cup to pour it into another, occasionally it is spilled, often a larger or smaller cup is needed, occasionally there is more or less in the cup. But nothing goes unaccounted for. There is nothing that will completely disappear from existence. You may be working with energy that is eons in the making. Not necessarily in the making, the energy is always present, but for the energy to be present in the form that presents itself to you, this current manifestation, it may have been the culmination of trillions of tiny 'energetic rain drops' that have now manifested themselves in the current way. They may have been intentionally for you, they may not. Knowing the topic deeper and your relationship to it will entrench you further in the personal meaning of the energy and the expression and the ties you may have to it.

Listening to yourself ramble on and on about topics you know nothing about is not doing any good for anyone. What is appropriate is that one must focus themselves. There is a great deal of 'chit chat' or idle conversation. This has always been the case, but you are seeing that there is a great deal of words, words being energy, that mean nothing, that carry no weight, that offer no real purpose. These words only fill the space where insecurities of the person might otherwise be forced into the open.

There are no single reasons for these conversations and there are no single groups of insecurities that cause them, but in a general way this is true. Many humans, at present, do not handle solitude or their own minds with any degree of comfort. They do not understand that ability that they hold nor, do they necessarily want to think or understand. Many are frightened, many do not understand so it is much easier to view the television and other media. Some will open to deeper logic, even deeper understanding of simple physical word discussions, but they must see that they are not the only one. Many do not wish to be first. Many will follow. It is often spoke of as though it were a terrible act to carry out. Following, when you of your own volition choose to do so, is no different than choosing to lead or choosing to have studied the anatomy of the human body or the decision to drive a vehicle to retrieve food compared to making in your own kitchen.

All decisions should be made of sound mind, it is when these acts are trivialized, why they are blindly carried out, when they are entered into with no real concern, with no awareness, that is when they are detrimental.

This 'awakening' can begin with one person. A single molecule can start a landslide, and many will explore once they see the possibilities. Now there are many things blocking their path. Now there are many things that they do not wish to see because they do not wish to understand. It is often because they are afraid and there is no teacher with which they can seek this information. For many of your popular schools of thought do not address actions, feelings, emotions, or energies, or extra sensory skills. They do not acknowledge them. They

do not acknowledge what cannot be felt. They acknowledge what can be touched, what can be measured with current tools. They measure only that which directly benefits their current way of thinking.

This world needs greater numbers of pioneers. They need someone to stand up and say that this is another possibility! You don't need to follow me, but you may! You have this option! You have this option to follow me or segments of this information and I will not judge you!

If a person can do nothing else in this world it is to master the art of love and removing judgment, keeping judgment from entering your mind. Do not use judgment as you currently see it now. Judgment is judgment, but human judgment is not fluid, it does not often change, it is not open to new information and it must be! You must allow new light in before old dark can be extinguished! Please grow beyond your current shells and move into the freedom of the limitless being that you are designed to be! Ensuring your survival is not a race between you and your neighbor. It is success when you AND your neighbor are at peace! When the neighbor is satisfied, it is then that you should fill your cup. Help those who need it and rise above the current state of things! Do not become trapped by comfort, by the familiar. Explore! If your life is perfect, then you have no excuse! If your life is not perfect, then you have no excuse! Challenge your perception. Do not be content to have mastered, by your own judgment, all the methods of the world and all of the world is now summed up in your being. Explode the walls that confine that thinking and seek to challenge your own thought patterns!

There is a great deal that attempts to explore the amount of brain power a human being uses. It is far greater than what many believe.

Adolf Hitler:

When the soul who lived the life of the one called Adolf Hitler returned to the spirit world, he was not judged by God. He was not forced to punish himself but was to undergo a form of counseling. Many of the actions, developments and forms of review he underwent upon his return were self-imposed.

It is possible, for any soul, to accomplish such acts as were carried out in his lifetime and be unaware of the severity of their actions. He was able to return, if he chose, and not fully become aware of the direct involvement and the severity of his acts.

This soul has made progress through counseling, through reviews, through reflection of the actions that were taken during that specific lifetime. It is in this process now that he currently finds himself and there is much progress being made.

There were many things that were not reported through historical records or through media, or through the controlled outlets. There were many things that were taking place within this lifetime that lead to this series of events for many to undergo. It was not necessarily an evil act, but an attempt to display the atrocities of the relating actions and ideals that brought forth this mentality into the world, which led to the violent death and actions taken in the name of the government who sanctioned and made right, true or correct the actions of the people for the sake of power.

It should be evidenced by historical document that there were no lasting positive outcomes that could have been brought about by acting in this manner; developing hatred, annihilation, these are not useful, but the men and women of this planet regularly engage in them on some scale. This was the goal of the lifetime known as Hitler to involve him in these actions in this manner through there was a great deal of external motivation and influence by those with whom he surrounded himself. For, it was not entirely his motivation alone that lead to the final outcome.

It is often the understanding of many that there was a need to intervene and therefore you find it acceptable to allow an 'eye for an eye' mentality. While this may appear true, there are other means that would have allowed for the removal of such a force. Though it would have been much longer, and more hatred spread into the world, and even more violence on earth than what was experienced by those living through and in this period.

This was a grand attempt to teach the world the meaning of understanding, peace, and compassion and to be aware of this

understanding involved in the motivations pushing these actions. There are many who experienced this time on many sides of the war and many sides of the morals held by many. There are many who will not have relinquished these ideals, and those who have crossed over from the physical existence who will not immediately understand, and will not be granted the ability to return to it so that greater peace may be held.

There are a few who have returned to complete some small task or influence but none to such a capacity that there would be great atrocity. There are many who have returned to a military capacity but were not in a position to accomplish the same level of injustice as they accomplished in the height of Nazi Germany. Many of them who reincarnated to military interests have experienced the role reversal in order to experience the bloodshed and emotion that are accompanying those actions.

An 'eye for an eye' will leave the world blind, but even the practice of 'choosing your battles' on dealing with individuals you may encounter on a personal level, this too is to be put into practice on a much larger scale. Should the actions of Nazi Germany been less extreme there would have been no need to bring the world into a catastrophic war for removal of these beings.

Though, it is also the possibility in any war to remove those committing these actions and return them to a state of peace, that is, to seize them and then death be placed upon them, this is not a positive action. Better still, if the power considered evil can be removed, it is important to remove the individuals and place them in a prison where they may receive counseling. Counseling and peace is the priority, there are many who may have the ability to consider the actions and motivations of their life to that period, but there are many who will not, though it is not by the hand of another that should offer death to another entity.

When there is a path of nonviolence for those who have achieved it, this should be the way. The progression of all will come to this and through these actions the purpose of mankind is elevated and raised. For it is quite different to stop the 'eye for an eye' mentality and prevent it from being perpetuated.

Did he commit suicide in his bunker or did he escape to South America?

Yes, Adolf Hitler committed suicide. This would be one of the many times that a being was in favor of exiting this plane in order to save the ego-driven mind, or the ego-driven world it had created. Much of the information about history is not being distorted, it is intentionally being misrepresented to bring doubt into minds and entertain masses. Hitler did not escape.

Energy Beings like Hitler and Napoleon; are they aware before incarnating of what impact they may bring into the world? How are such beings chosen to live such lifetime's?

In some cases, there are specific instances that are defined for individuals but there are also, as you would explain them, 'generalities.' An example would be that you will be the leader of a government. Something specific in that sense is quite frequent but also there are those that are more prevalent and are not based on specific positions. We mean to say that your goal is not always tied to specifics because your free will may take you in a path completely different from leadership. Even if that was your plan it may be altered. A general objective or experience would be that you would wish to experience life as one who caused great suffering. There may be greater depth of specificity or there may be none. This type of goal is one that can be met no matter where your free will may lead you and this, quite often, is the type of path or plan that is set forth. This type of experience can be brought into your existence no matter the path and twists and turns your life takes. In any event, you are very present in the decision-making process. Often what can be unexpected is a being's reaction in the physical or upon their return to your true home.

What is an alternative to Hitler's reign?

An active populace that is completely engaged in thought and action without passive acceptance of any doctrine or ideal. Critical of all things, not negative and angry towards possibilities, but critical in terms of what purpose it serves and its implications. No longer can one turn a blind eye to a claim that the political world has no impact on their life. If it is not something you find interesting because of corruption then it is something your spirit finds interesting because you can create change, create a new system. Currently there is no progress, you have the perpetuation of a variation of one theme on a large scale.

How should Hitler have been dispatched?

If a military conflict is the answer to your resolution, there must be a method for establishing limits. Your military does not establish limits to death and destruction. This mentality will be the beginning of engagement through alternative means. Though eventually it is possible for you to prevent conflict by living a life whereby the military response is never needed. A removal from power. This is another opportunity in the case for Hitler. We must, however, reiterate that the military response is due to willful ignorance for so long that there appeared to be no other option or solution. There is a path where leaders can provide assistance to other countries who are being violated in such a way though at present there are too many self-interests to permit this on a large scale. A paradigm shift is required. Too many hopes and dreams of peace or progress are dashed because they are introduced in a broken system. Currently, involvement in the world by many governments is to collect information on other governments. This is a reaction driven by fear, not of sound reason-based motives. There are different actions that can be taken by this information gathering process, but governments and people are fearful of that which is outside their own borders. Now too often is the fear within their borders. There is no assistance on any level, there is the establishment of 'us and them' and lines on maps. This may appear as language that divides given the

current state of humanity in North America, but this is prevalent throughout the majority of human existence. When Adolf Hitler returned to the world of spirit, he was not judged by God. He was not forced to punish himself but was to undergo a form of counseling. Many of the actions, developments, and forms of review he underwent upon his return were self-imposed.

It is possible, for any being, to accomplish such acts as were carried out in his lifetime and be unaware of the severity of their actions. He was able to return, if he chose, and not fully become aware of the direct involvement and severity of his acts. This being has made progress through counseling, through reviews, through reflection of the actions that were taken during that specific lifetime. It is in this process now that he currently finds himself though there is much progress being made. There were many things that were not reported through historical records or through media, or through the controlled outlets. There were many things that were taking place within this lifetime that lead to this series of events for many to undergo. It was not necessarily an evil act, but an attempt to display the atrocities of the relating actions and ideals that brought forth this mentality into the world. Which lead to the violent death and actions taken in the name of the government who sanctioned and made right, true, or correct the actions of the people for the sake of power. It should be evidenced by historical document that there were no lasting positive outcomes that could have been brought about by acting in this manner, developing hatred, annihilation, these are not useful, but the men and women of this planet regularly engage in them on some scale. This was the goal of the lifetime known as Hitler to involve him in these actions in this manner though there was a great deal of external motivation and influence by those with whom he surrounded himself. For, it was not entirely his motivation alone that lead to the final outcome. It is often the understanding of many that there was a need to intervene and therefore you find it acceptable to allow an 'eye for an eye' mentality. While this may appear true, there are other means that would have allowed for the removal of such a force. Though it would have been much

longer, and more hatred spread into the world, and even more violence on earth than what was experienced by those living through and in this period. This was a grand attempt to teach the world the meaning of understanding, peace, compassion, and to be aware of this understanding involved in the motivations pushing these actions. There are many who experienced this time on many sides of the war and many sides of the morals held by many. There are many who will not have relinquished these ideals and those who have crossed over from the physical existence who will not immediately understand and will not be granted the ability to return to it so that greater peace may be held. There are few who have returned to complete some small task or influence but none to such a capacity that there would be great atrocity. There are many who have returned to a military capacity but were not in a position to accomplish the same level of injustice as they accomplished in the height of Nazi Germany. Many of them who returned to military interests have experienced the role reversal in order to experience the bloodshed and emotion that are accompanying those actions. An 'eye for an eye' will leave the world blind, but even the practice of 'choosing your battles' on dealing with individuals you may encounter on a personal level, this too is to be put into practice on a much larger scale. Should the actions of Nazi Germany been less extreme there would have been no need to bring the world into a catastrophic war for removal of these beings. Though, it is also the possibility in any war to remove those committing these actions and return them to a state of peace, that is, they should be seized and then death also placed upon them. If the power considered evil can be removed it is important to remove the individuals and place them in a prison where they may receive counseling. Counseling and peace is the priority, there are many who may have the ability to consider the actions and motivations of their life to that period, but there are many who will not, though it is not by the hand of another that should offer death to another entity. When there is a path of nonviolence for those who have achieved it, this should be the way. The progression of all will come to this and through these actions the purpose of mankind is elevated and raised.

For it is quite different to stop the 'eye for an eye' mentality and prevent it from being perpetuated.

Mabus:

There was a judgment by many that this eloquent speaking man, Obama, was going to pass unreasonable judgment on too many. In many cases, he has done so, not because this is his wish. This is not his purpose; he did not assume power because he wished to receive all those things that come with it. He had the intentions at his heart to do many good things for the country and for our involvements worldwide. It is difficult to remove oneself while in the presidency, from the controlling powers and considerations of those who wish to pad their pockets and make their backroom deals. It is possible that he will be considered by many to be the Anti-Christ, because he had yet to enact the power of removing war, and he had the authority to take the country into war on a much broader scale. There is much he has done and there is much he has allowed to occur, turning a blind eye to the plight of others. Thus, causing great divides in humanity that are imprisoned as well as those who are living with assumed freedoms in relation to America. There is much that is done with the attempt to free his mind, he attempts to do good but there is much fighting between political parties when these are not entirely part of the political plan. There is much done, much that is seen or much that is given as public information that is meant to sway the opinion of many people. There is not an accurate depiction within the media of the President, his actions, or the actions taken by those in government.

It is important to know that the Anti-Christ, the actions of that assumed title, will be the actions of many. These are not decisions of one single person or entity. There are many that pull strings; there are many who push buttons behind the curtains, though Mabus will be seen as the Anti-Christ because he is the figurehead leading the battle at the time. He is the person seen on the poster, the television, the person who is the spokesman for this ideal.

It is more abundantly popular in thinking that there is reason for mistrust of the government; these beliefs are not

spread through public media because dissent will have those ostracized from information. There is much done to lean on those, as it were, to obtain the desired result. Those who subvert the desired ideal that those in power wish you to hold, they will punish those who seek to obfuscate this information. It is important to realize that much work can be done to prevent this. Major uprisings will stop the masses from readily submitting to those in power, but there will be many clashes between those in power and their mercenaries, those who are hired or volunteered to maintain order. It is important to know that this information will take place, has taken place, and will take place on greater scales; once more people become involved in the future. There will be fracturing reports; incidents will be isolated through public information or there will be attempts at first to not report these incidents across the country so that there is not fuel added to the flames of dissent. Control, in their eyes, must be maintained. A great upheaval will come when more will take their efforts to the streets and see that when there are greater numbers there is safety, and there are accomplishments. It is important to know that all who are in these positions, the controlling government positions, the president, they are not all evil. They are only being manipulated by those who seek power or those with intentions for only their personal interest. They too are good; they too will see the problematic system that is in place. Unfortunately, some will not make that judgment until they have crossed over from your physical lifetime. Many will feel powerless when there are uprisings because they feel that their voice cannot change the machine that has been created and called government, they too can join the streets. Many shakings, rumblings, and giant acts will take place to cause further fracturing of the society so that no one person maintains large control. Those who are not ready for this information will follow the widest held belief, but those who are dissenting will soon grow in numbers and become the widest held belief. Their attacks on these that stand for true freedom and peace will be attacked though these will not be permanent ways because the tyrants will fall. There is no need to worry at this time because of the ability of many to seek out

truth on their own. There will be change, many will come to it, some by force, some by having their world, as they see it, turned upside-down. It is when they are fearful and their sense of reasoning and the basis for it has been shattered that they will begin to work in harmony. There is no reason to fear, protection will be with those who need it, changing the ways of the militant leaders is not a simple process but there will be an uplifting time of peace and tranquility once this shift takes place. It, in comparison, will be much different than what you know today. There is reason to believe that you are going to involve yourself in these actions directly. Peace will come to you by doing this. Strength on many levels is needed by you to do this. There is no reason to fear the president directly, he is not the one who is directly responsible for the decisions, and he only appears to hold the keys to unlock these devastating beginnings from taking place. He was only the figurehead and there will be blame placed on him for his actions, which are only the true actions of 'many' for their own selfish reasons.

Aquarian Age

In order to understand the new Aquarian Age, we first need to dwell a little on the age we just left. The main focus of the Piscean Age was the battle between science and religion. Science could not prove the existence of a so called 'God' by empirical evidence; therefore, it rejected religions unquestioning faith. Religion on the other hand used 'unquestionable faith' as their standard belief system for the existence of God. Mankind during the Piscean Age battled against itself. Those who controlled the knowledge controlled the meager and indigent masses of the world. That power flux increased the gap between the 'have' and the 'have nots' of the old-world order. As science and technology advanced in the Piscean Age, religions started to falter. They have continued to lose ground even as we entered the new Aquarian Age. In the wake of religion's decline, in the latter centuries, a small non-religious spiritual movement arose. Those new seekers, who feel God is not to be found in an external holy building or

religious dogma, they believe God is to be found within each individual. One must tap into their inner soul in order to experience and commune directly with God. These enlightened warriors understand by creating inner harmony in oneself they can affect world change. Therefore, they feel religion no longer serves its original purpose. In the new Aquarian-Age we have already entered, science and the metaphysical will merge into one entity. Once they blend successfully they shall serve the brotherhood of humankind. Through their belief of sharing and integrating knowledge, one can open up to the wisdom of the universe.

Therefore, let us now expand on the Aquarian-Age. Each age is comprised on average of 2,150 years in length. There are twelve ages to a complete period. These periods take approximately 25, 800 years to finish one whole cycle. Just remember, everything in the universe moves through cycles. These cycles are constantly repeating themselves over and over again. Referring to the Winter Solstice date of '12-21-2012,' this was an awakening. This is a greater time of evolution. There has been much written about this and there are some truths in each, though there is a great deal of material that has been lost or ignored for the sake of profit or to fit it with other ideals on the earth. There is nothing negative coming from this date or the changes preceding it or following it.

There is a change taking place and a large amount of energy has begun on this date. There was a pressure felt by many as this change occurred. There will continue to be changes but this will be a tipping point. The date has also served to bring notice to these ideals and processes in nature, and in the mind and human spirit. The calendar that has counted this off was in place for this reason. An abrupt stop to any seemingly infinite calendar will cause major attention, though many force it to become a dreadful thing when speaking this information to others. Attention, a focal point for discussion and an awakening. This was a mere road sign on the path of life that was set in motion many centuries ago. This allows a talking point, as it were, to create a window to the past, and allow those who may not find an interest in past

civilizations, to delve deeper into the reasoning and earth changes, not simply a calendar to them, but a reason for investigation.

This date and the counting system are a catalyst for initiating thought in the humans and spirits of current times. Just as with many items, thoughts, or reasons, it is a blend of man's ideas and need for change, and a subtle nudging from this side of the veil so that men will not fall too far off the path of life and understanding. For at this time it is becoming increasingly difficult for some to live on this plane due to conflict, war, profit, greed, and others. This will serve as a reminder that life and time are always changing, there is a cycle, and nothing ends. A catalyst for changing; some will doubt it until it is felt. There may be some who experience this as only earth changes, and do not take advantage of a deeper energy that is being brought forth at this time. Though, the end result will be peace, a more peaceful time. You will still have conflicts; this is not to say that each person will 'have their own way' until they end their life. What would be the purpose of experiencing life if there were never difficulties to experience? This lifetime will come to a close on this date, and a new beginning will be marked by its passing. This is a time for celebration. This is a time for deeper thinking. Know that the calendar with which the date was counted off was brought by a higher form than man alone. The reason for this, Change!

Astral Projection

Astral Projection is the complete elimination, through a focused, calm, and meditative state, of all senses and feelings that are only perceived or generated through the physical body. You completely disconnect but are able to safely return to your physical body. It is merely a term, astral, for that body which is your truest and highest self that inhabits your physical body at present.

To project into the astral plane is only to experience all realms, or a specific dimension, through disconnecting from your physical body. There is no specific astral realm. Often

this term is used by those who project, but there is no specific astral realm. This is simply the term that for you could describe leaving this physical world; though it is quite possible to experience other times, places or locations in this physical plane where the Earth is located.

The process is through meditation and awakening your entire energy body, your entire true self, this entire form of energy that inhabits your body. There is much that is located in the brain, but often this is where the perception of your world stops. The eyes are here, and there is much that is not considered for sensing or interpretation because it is with the physical eyes and the mind that the thinking becomes accustomed to being done.

It is important to sense every area within the physical body, become aware of each part of it, and allow these new sensations to become aware of it. Intend to leave your physical body, shifting your awareness and creating a visual impression of you in your mind of this new location will shift your ability of perception and controlling the present location of your body to the control of your thoughts, much as is experienced by those who are on the other side and helping you.

It is imperative that you state or intend to have a specific purpose; this does not mean that you are not simply allowed to experience the world, your habitat, without the constraint of your physical body, but you should intend to do so. Do not simply sit and meditate and then become discouraged because nothing happened or was experienced. Such as dreams, there are many that happen, there are many where you project astrally, where your true energy body leaves your physical body, and you travel your world or others.

It is because the mind has not considered, in the physical form, these experiences to be important. It needs to become accustomed to these experiences and understanding that that these are true experiences that you wish to recall and remember. Often this method of mind/body separation is experienced, but once the event has taken place there is no accurate recollection by the physical body.

Training the mind to retain this information while you are in the physical body is important. You should be aware that there

is information available to you, which you can retrieve from the spirit world, your true home, at any point for knowledge and wisdom. It would be through the practice and focus of your thoughts and meditation that it can be accomplished.

Often the ability of those who attempt to develop this is short lived because they are not able to achieve extended periods of departure from their body. For many, once they realize that they are not simply thinking about another location but are able to move within it and truly perceive it because they are there, they immediately return to their body because their focus and attention is not true to the level necessary for extended absences. This is why this disconnection is often experienced through sleep; this allows other areas of the body and mind to overcome the actual and perceived obstacles coming from your minds perceived limitations or what you yourself perceive as a limitation because of your five physical senses.

It is through this dream-like state that in waking consciousness the world can be experienced by you as well as other worlds. Simply stating that you are willing to do this will begin your journey. There is much that can be accomplished in terms of skills and abilities in your physical existence, and some of these will also better equip you when you return to your true home once you discard your physical body. Others simply help with guidance, information and perspective while you are within this lifetime. There are no skills and talents that do not help you fully appreciate this lifetime, the true nature of existence, and the true experience of all creation. None are simply for a carnival-like fancy of entertainment.

Atlantis

There is much to say about Atlantis before any questions are answered. Many believe this is a mystical place full of space travel and special powers. And on many levels, this is true. But simply because it was a different time with different ideas and the society was focused at all, this does not make it superior to that of other societies and other people. The fallacy

is to place them above or below present or other civilizations. The fallacy is to place them superior because of technology. There are many errors in all humanity and civilization due to free will and the direction it chooses to pursue. The goals of the self and preplanned issues shall always stand and the majority of them be met and achieved no matter the circumstance, but because of free will, the ability of others to join a group, the ability to remain an individual or take on the identity of a group, this is what causes change in direction. There were many more souls living adequately, that is to say they were achieving something consciously, they were actively engaged in their world on many levels, no many distractions as you might see today in your lifetime. While not always beneficial to the self or to the society or do any of us at any time, they were part of groups, they were connected, they knew and acknowledged this unlike today where most would consider each and every living thing, action, and thought, a separate compartmentalized thing that does not impact any other. So, they were aware of many things that it would seem only a few know now, many others now feel this, but they do not readily know what it is. Simply because they know then what they knew did not mean that they necessarily used it in protective or positive ways. Just as many know use things negatively or simply differently that intended or than the positive or true purpose. Also, it should be said that positive is not always the true purpose of many things. While uplifting, loving, peaceful and positive shall always be the desired result, the desired attention, the desired feeling that all things in nature and existence shall want to express or receive, these things do not always occur, and they are not always negative to experience them. You are here, all civilizations are here to learn and educate.

What type of technology did they have at the height of their civilization?

There was much in Atlantis that was technologically advanced compared to other civilizations of the time and those that immediately followed. They would be considered advanced by today's standards, some would view them as

archaic, but it is because they used different methods for achieving the same results in many areas. There were many crystal and mineral based technologies that powered their civilization. They had the ability for long distance transport by ground and air. There were limited abilities to be transported from place to place without the use of some device such as a vehicle. This would be some type of device similar to the science fiction transporters. You could be in one place and be sent to another place without the need to self-travel hundreds of miles. The importance of all of this, what it hinged upon, was that many were capable of using more of their mind, and by measurement, if they were not using more they were very much in-depth able to use their mind in a way more than simply as a storage device for information. They were aware of what their minds could produce. The ability of the mind to impact physical objects, the power of their thoughts. It is very real and possible to produce an outcome based solely on the energy that you emanate from your being and into the world. Many were aware of these and many things became possible because all energy was directed upon it. All had independent lives outside the group but there was much more done as a group, as a whole, for the benefit of all of mankind as you could say. The ability to direct energy as many show you in science fiction fantasy, these things were not fantasy, power came from the power of all. There were many destructive things that occurred, such as your researches who created weapons out of initially good and true and medical discoveries, many things, nearly all things can be weaponized if that is the intention of a few. Healing was done so by internalizing the force of nature and by the use of minerals. There was not so much outside synthetic medicines. The body was treated with high regard in terms of what was placed into it and what was done to honor and protect it. There were still daredevils, there were still accidents, but the methods used to treat them were less barbaric than even the most civilized standard practices today. There are many on the plane who feel this way now, there is a knowing that something else could be done in medicine, some practice it, but major revolutions in terms of treatment and prevention will be coming to your plane as these

individuals increase in numbers and varied research begins. The ability to transfer energy was important, from Being to Being, from place to place, there was a greater understanding that the force behind all things, thoughts, actions, solid objects, all was energy. The ability to transport extrapolated energy from an individual to be combined with the energy of others to be used to create solid objects or to impart the energy into another for the benefit of health was afforded to them by many who researched this area. There was a greater emphasis and understanding of the body that is not directly physical. Many on your plane now in this existence wish to work in medicine but ignore this part of the body, if they cannot touch it, it does not exist. This will change for many. Small at first, then many. The ability to communicate over vast distance without the use of an intermediary. There are some who knowingly and unknowingly accomplish this now, in full conversation and in small snippets of feelings and thoughts. There was no a telephone per se, there were devices which could amplify intention and messages but that was all initiated and received by others through the self. There was higher regard for the self, there was more unity within the group. Destruction came because there was less balance. The group shifted. The group became centered on power while smaller faction attempted to retain their old ways. Earth based power, science, and medicine will slowly start to mimic what was achieved then, there was less negative impact when you live as they did, promoting cohesion through all life systems in the body and those that occur on the planet and in the solar system. There is much done to control externally all things that occur, much more can be achieved when life is conducted in conjunction with these elements, rather than seeing them as resources alone.

What type of spirituality did they have?

There were many who worshiped beings which they believed controlled many of the natural elements. There were many who were aware of the true nature of things and looked only at nature, its methods and its actions, and were thankful. There was not extreme focus on a supreme being. They were aware of outside guidance, of the ability to take what they have

and to make it into something more, they were able to regard others with the same morality and highness as they did themselves. There was a decline, and many were doubtful of themselves and of the necessity to also see themselves within a group, as part of a connection. There is truth in independence at all levels, but it is true to also so, that even if you never speak to another human being, your actions directly impact the rest of the energy on the planet. There was a decline and more worshiped things and directed energy onto other things that really offered no control on to life or onto the lives of others. The ability to worship is the sense of putting one's self lower than another, there is no need for a king or a prince to be superior to those that he is supposed to aid, many problems arose when there was the necessity from the group to have a ruler who then spoke with or seemed to confer with a higher power that was not necessarily communicating with anyone. It is important to say that not all religion is spirituality though much of it was fractured from and split from and rewritten from the true ideals first imposed, by the self, and through true knowledge, in Atlantis. These were not imposed in the sense of law, but they were expressed by all and were so able to accomplish much more. If a road need be build, there was not the hiring of laborers to accomplish it, there was not the need of many government actions to achieve it. Many things were done simply with the mind. Many knew this, it was welcomed, it was accepted. It was not written into law. You did not have to believe. You could choose freely to express yourself how you wanted. It was ideal for the time.

Were they totally in human form or spiritual form or somewhere in between?

There were many who had forms similar to that of your natural representation now, of a spirit or soul, your true self, which was also attached to a physical form. There was greater ability to live the physical form to accomplish energy work, healing ability, the formation of energy into solid matter. There was not such focus on accomplishing it, the leaving of the body and learning how to do it, it was not ignored from birth. Now there is a discovery process to achieve these, the leaving the

physical body. You are essentially in the same form at all times no matter where you are on the path of education and learning. You are your true self, you are simply operating these body and the trappings it entails, you are free to leave it to conduct business. There was not a since of a higher being in terms of one who could cross planes from learning life to true life, but the ability to recognize the physical self and the true self, the spirit being, this is what was known. There are many who could travel dimensions. In this time period, there were more access for beings to briefly return to spiritual and learning centers from the source of creation. Less of this is accomplished now. Often it was unnecessary for them to return at all it provided a sense of comfort. Often the doubt and worry such as you experience would cause them to seek refuge rather than to find the resources and experience the action as they wished to do in the physical form. It is not a higher power to be able to leave the body, you can do this now. Many can do this now if they choose it. There is a sense of evolution in the self, progress does not make you better than another individual who is unaware or new, you may be wiser, you only have more experience. Helping them is ideal, we will all succeed when we all succeed.

Aura and the Human Energy Field

These items are one in the same. When someone can see or detect your aura, they are sensing the energy that is present or radiating from your existence. There is a great deal within your modern medicine and biology that detects the very early stages of this existence. Greater acknowledgement of its presence will occur shortly.

The field can change, the vibration or sensing can change. Also, that which is evident to other people or perceptible can change. It (the field) can detect changes in the energy of an environment or other beings. There are many who have this ability, though everyone is capable, and attribute the feeling or impression to “a gut feeling.” As this energy radiates from an energy reservoir nearby (the gut) it is suitable to speak of this

sensation in this manner. Your gut, while all energy is radiating from all energy centers, is the most responsible for immediate changes and sensing of the environment around you. There may be many who use their hands to detect or sense, or they feel changes within their own energetic body, these are also true. Though, the greatest source of detection and interaction in terms of your own energy and the world around you, absent of spirit contact or influence when invited or subject to that experience, is your energy field which can be directly sensed from the chest and/or abdomen.

Again, this energy can fluctuate with your energy self and the physical self. Each body works in concert with the other and can be responsible for the sensations felt in the other. Colors that are here may be subject to immediate feelings and long-term energy patterns. Evidence can be provided via photography though the instant snapshot does not necessarily provide the deepest level of understanding one's own energy field. Additionally, the term "blockage" may be assigned to areas that appear dim, less bright, or to which some contrasting physical sensation is felt, such as hot or cold. This can imply some difference in the field or in the body, though, bear in mind it should not always be attempted to correct or open or clear an energy field. We do not state here that forms of healing are not permitted, but that often it is the intent of many to *adjust* the energy field around a being, but there is not precise competency with the work being performed.

There is a clearing and radiating that takes place as a matter of the natural energy cycle. As many have come to see, the energy of the natural elements plays a vital role in the regulation, rejuvenation, and rehabilitation of the human energy field. These elements work with the body, and with the energy, and with the being, even if the being is not aware. The focus of any healing received from a being, dependent upon their intent, may not be complete or accurate in terms of the energy field because they are not aware of the energy flow that is in each being, they may also be unaware of the specific energy of the unique individual – the sources in your life from where this energy is being manifested or attracted (including those in your bodies, your intent, and energy of words, actions,

and those of others that you encounter). The intent of all healing should be to heal, and if the energy field falls within that consequence, this is acceptable. To make corrections based on specific intent to remove blocks and alter the field of another person is not well interpreted by others on your plane. Manipulating the field may cause changes to which the being is not yet ready, the block may be present for precisely the right reason only to be removed at precisely the right time. Consider also that blockages in the energy field, unless the source is corrected, will continue to have a blockage regrow or regenerate until that cause is released or altered.

At this time there may be many asking if they should be involved with healing energy, channeling, or any of the various energy or spiritual healing and channeling methods. This is important to understand, all energy exists, it is your intent and the movement and flow of the energy that alters. If your intent is to remove or manipulate an energy that you do not completely understand, this is not the highest form of healing. As the one receiving the energy, the healing channel also included, you may have an outcome in mind but make your intent one of less-specific attachment to how that outcome is to manifest. Also, the desire for a specific outcome may be what needs to change, though this is not absolute. Many may believe that they understand the purpose or reason for a specific existence in that of another being because they know them so well or that they have interviewed them and worked with them. This, to varying degrees is true, however, your truth is not *their* truth, *their* truth is not *your* truth. If the being relating the information is doing so from one perspective, how will you become that perspective to receive the understanding? We only mean to say that basing your highly specific manipulation method on, often, very subjective interpretive relation is not the best method of restoring optimum health or energy to a specific person or situation – understand of course that in some way these are all the manifestation of intent.

Health here is very subjective, though, to emphasize – the channeling or requesting energy for healing for the highest good of the receiver, this is paramount. We may be leaving the subject here, but the energy you send, or is sent by spirit

beings, is the highest good for that being. This means that though you may be passing a motor vehicle accident and see an extreme case of trauma, perhaps this is not the highest good that when any other being wants it repaired. Perhaps this is a necessary cause and effect as part of a contract or understanding that was decided prior to entry into that lifetime. Instead, this energy that you channel may be sent to aid this being in becoming the highest and truest form of themselves, or to aid in the healing and recovery process – that which would support their own energy and body healing energy process. This may manifest in the energy being provided to the emotional state of the being, in the energy being sent to aid in understanding, for the being to be reaching for a greater level of consciousness.

How does the energy know this? The receiver will only receive that which the spirit guides or guardians permit. Though, through the process of free will a great deal of the energy on this plane is sensed by receivers, even the unintended receiver or accidental sender/receiver relationship. Keep in mind that sensing energy is not the same as receiving energy, though without specific blocking, protection, or to be more clearly stated – if your vibration is in alignment with an energy it will be received – energy is energy and it is expressed constantly on your plane. You are subjected to it constantly. Again, perceiving energy is not the same as receiving energy, but perception can lead to acquiring or receiving the energy. If you are looking for the reason to send healing energy out in all directions from yourself, your being, you have found it. Your energy, no matter if you are aware of this process or not, will impact every other being in your area. It will impact every physical and non-physical piece of existence. The better method of living is to be aware of your vibration, or intention, your energy and spread a specific energy, rather than (for example) to spread anger into an area because you have fully imbued your being with this energy because of the emotion you are experiencing due to events in your current existence. Also, possible, while discussing healing, is the breaking of contracts. In this discussion a contract will be the item that you determined prior to your arrival in this existence. Such as with

other forms of healing where enough energy exerted will overcome the cause of the ailment or contrasting negativity, so can a contract be revoked, rewritten, or changed. For example, if a fall were required to facilitate some higher purpose, or required to experience the effect it would manifest within the being's life, and it were to cause pain, the pain and rehabilitation can be revoked but only through the direct imparting of energy from beings on your plane, and only when in significant numbers. Now, immediately do not begin counting the number of beings required to undo a specific purposeful ailment in the body, or to reverse a perceived tragedy on your plane. There is no set amount of energy required, it is this flood of energy that is required and the authorization of the spirit team for the being who is receiving this energy.

To finalize this energy discussion – your healing energy, that which is intended to uplift, support the natural healing process of the body, to provide positive energy, love, happiness, healing, and harmony, this is always practical, important, and necessary on your plane. You are an energy being and the greater number of beings who are aware of this will extract a higher level of *education* while in this existence. You are not going to reverse a plan that is required for the existence of another. You will not reverse the healing energy of a previous provider who has already sent healing energy to the receiver – we do not speak of those who have sent malicious intent upon you, we speak of those who state that they must be the only *healer* from which you receive energy or that they must be the only *healer* from which you receive energy for a specific time. If your body is a cup, and, to heal your body or simply to exist and animate the body, it must be filled with energy, it matters not the sources, so long as the cup is filled. To enjoy your life and animate the body, spirit, and mind it is only required that you enjoy your life in any manner you wish, it only matters the intent or the *charge* of the energy that is filling the cup when healing or support or a change or specific direction is sought. This which is not resonating with the cup will be replaced as new sources that resonate are encountered and fills the cup. You have the capacity to heal that which is considered

tremendously devastating, but you must understand that it is not necessarily you that creates that outcome, it is the energy that is channeled which supports that outcome. To affect a specific outcome requires specific intention with the understanding that you may cause an additional incident later if this is something that is required. More so, you may cause different incidents because of the change, but this is no different than a person choosing themselves to alter life by diverging from their current path – choose now ‘B’ instead of ‘A’. Non-specific energy for the highest good – because you are not in their perspective – is the universal best when you are not necessarily requested – love, happiness, *healing*, these are much more acceptable and less tied to outcome, though it does not cheapen or subtract your glorious intent. This is the most correct.

To return to the human energy field – there is a great deal that can be done with the energy field. It is not simply for sensing, it is not simply a visual (or any other sense used to detect it) indicator or energy body barometer, but it too can manipulate energy or physical objects at your direction. This field can be directed in the same manner that you direct your muscles to grasp a door knob and turn it. While there is not an obvious perception or connection to this energy, it indeed exists. Though, you are not typically exploring this energy field much after your conscious childhood begins because so few in existence are aware that it exists.

Working with your energy body, becoming aware of it, meditating upon it, looking for it around your physical body – these actions will strengthen your ability to discern energy that is yours, compared to energy which comes from another being or is vibrationally present from another object. Currently, many experience the energy or emotions of another being, other places, or objects and are unaware that the source is not actually their own self or their own energy. This is incredibly important because if you wish to truly use your energy body you must first understand it and know that which is of you and that which is not of you. The working ability of your energy is to perceive other energies that are not directly physical to you – radiating from you – but if you do not know their true nature

you may be experiencing these outside emotions or vibrations as though they are yours and they can, at times, drastically change the mood or vibration of your own being! This may sound like a dangerous idea, or that you are constantly being bombarded by outside energy. In some way, yes, you are always experiencing the energy around you, but noticing the source, or even to ask yourself *why* you are having this emotion or energy, will complete your understanding. You will realize that a large part (for most) that you detect will be a source from outside your being. This is a mechanism for your own understanding – not that you be punished with even MORE emotion.

A very short explanation of the human energy field is that you have additional senses that are not immediately perceptible through the physical body as you may have been taught in school.

Autism

Autism, first, is often feared. Parents and caregivers are worried that their child or relative will have Autism, or that they will experience some degree of Autism. Second, many will use the label of Autism to excuse or describe behavior where there is no label warranted. They have no understanding but will self-diagnose a person with it as a reason for the presence of a new type of behavior that they cannot explain or curtail. Third, there are many who come intentionally with varying degrees of what you call Autism, being “on the spectrum” is not “a diagnosis of a faulty system.” There is new energy, there is a shift, and even those who are perceived to have a physical or mental impairment are illustrating, describing, and conducting energy and exercises to bring about this new paradigm shift. Last, remember that what you perceive, anything you could label good, bad, an ailment, abundance, etc. – all of these things can manifest for various reasons. It is important that you realize this and worry less about the manifestation process and focus more on what to do once it has manifested.

There is nothing to fear with your label of Autism. In less pronounced cases or those who are *not as different from you*, this is an identified restlessness, a perceived cognitive inability to conduct themselves in the same way as the rest of society. This perception of expected behavior should be immediately forgotten. There is no *normal* behavior. There is conditioning from forefathers and foremothers that leads to the idea of expected behavior. These “norms” come from a long line of individual and societal conditioning. Abandon this. A large number, arguably by scientific standard, all, of those diagnosed or claiming Autism are those who are the *new ‘norm’* in your cultures. It is not something that should have you worried. Many caregivers worry because they cannot see a normal life for the various manifestations of Autism. Worry not, again, worry not. The hyperactivity that you see is not something that will wreck the precious balance of civilization.

What worsens this caregiver fear is often the barrier that is created between caregiver and child. “I did not behave that way when I was a child.” “I did not have those problems when I was a child.” Your childhood experience is not, will not, and was never intended to be manifested in every subsequent childbirth that occurred since your own. Your experience is one of billions, and trillions, and quadrillions of experiences. Though, often, what is seen is *us and them*. **They** are different, so **they** are treated differently, so there is a disconnection from the family and from society, which only further compounds the perception of a problem on the part of both caregiver and the child. Make an effort to connect. Autism or no Autism, your childhood is not repeated in any other child and the expectation of such is unreasonable. Do not create a standard for another being that they should live by when their entire existence, though born from or cared for by you, is independently created for the purpose of their own choosing.

Many use the label of Autism to excuse behavior. Now, before we move forward understand that there are many reasons – your energy, your action, or that of which you selected prior to your experience here, and the culmination of all of these – so when you assume or place various titles you are routinely doing so without that knowledge of information. Assignments

and decisions such as these are quite superficial, no matter your relation to the problem, unless considered from a viewpoint that you were the decisionmaker about this lifetime before your arrival, and that your action and thought directly impact what you manifest while you are here. Many times, a label as a *bad* or *unruly* parent or child will be assigned and then responsibility or understanding completely forsaken because one party is labeled Autistic. This is a convenient reason to completely diminish their experience, their purpose, and convenient for dismissing their behavior. Often, a large part of any behavioral assessment is due to the life that is led by the caregiver's influence and example. No matter if you assigned the label of Autism, or not, the child would have similar behaviors because so much of your existence is without engagement. The child is left to their own devices because the caregiver has other activities that must take place. No matter if these are true or only perceptible responsibilities the child is still without engagement. Do not label as an excuse for the child's or the caregiver's action or inaction. Attentive engagement without expectation will allow the true nature and purpose of this population to flourish. By this time, it should become more and more apparent within society that there is a production of Autism within specific areas, and this is true by specific birth of specific souls to specific areas. It should be without cause for alarm. The realization will begin to spread that there will be a smaller and smaller portion of the population that does not have some assigned mental health label. You will see this shortly that there is no need for many labels as these. You will see that this, in a way, is the new normal for many beginnings, and many beings. Many who arrive here with the intent of bringing this new energy are selecting this lifepath before they arrive. It matters not the family or raising they receive, they will be on this path. If you have identified yourself as a faulty caregiver and have not revised your thinking through the earlier paragraphs, do so now. Apply those concepts we have mentioned, engage without expectation. No matter your level of involvement there will be the same action that you may label as Autism – be aware of this. We only state that your involvement,

engagement, lack of placing your previous behavior as a measuring rod, these things will allow you, the child, the family, society, the soul group to flourish. It is preconceived, this process, it will change many mechanisms of society. Society will not fall, it will not crumble. There is a great deal of change – adopting an understanding of impermanence and the constant fluctuation of energy and life will aid in this understanding. All things in existence, everything you can imagine is impermanent and in a constant state of change. Review your assignment of labels, your society will not be carried out *as it always has been*. Realize that in saying this, you are creating in your mind the idea that society has always been in one constant state or phase, this is not true. It is an unrealistic interpretation of your personal history, the history of your country, the history of the world, this history of soul existence. These are not recent changes though the most notable reason that this is identifiable to you now is due to the greater interconnectivity of society, of consciousness, and the higher level of awareness being experienced by many souls in existence on this planet at this time.

Balancing Energy for Peace

The consideration is that all beings are accomplishing some specific task or process in every specific moment; no matter what they believe or feel to be true at that time. While they are all doing something, it is not a universal method to balance this energy in any particular way. Rather than give specific physical action many will begin a more peaceful environment, indirectly, when they view each action as if they were involved in it, but as a third party.

It is not necessary to engage in so many activities. It is often necessary to engage in peaceful protests when other methods of communication do not present hopeful or worthwhile outcomes.

The nature of the community is that there will always be some discourse, but it is not to be met with more discourse. A great deal of chaos, confusion and disharmony is currently met

with more of the same energy. To use the example of some of the riots and anger regarding the police; often there is not a singular reason that these acts have been carried out, the shootings, there are many reasons.

What these serve to show and illustrate for many is the disconnection between those who operate governments and their citizens. There is not a universal response. Violence cannot be met with violence. That is to say, there should not be offensive violence, and truly, there should be no defensive violence.

Some would say that your army should be used to protect your soil, and that you should only respond when provoked. While this may be a seemingly better form of violence, it is still violence. The phrase that works so well is that someone must be the more mature and responsible one of the two children fighting.

If you are being met with fists, weapons, hate and even hurtful words which could spark controversy, it is not necessary to turn the other cheek, nor is it necessary to return fire physically, mentally or verbally. It is time to take a stand and realize that if those actions are being perpetuated, there is one aspect that is missing. It is not a cheesy love song or about giving flowers to everyone, but the mutual respect, understanding and love for humanity is missing.

By your growth and development charts created by physicians it is important for a child to be nurtured and cared for in many stages of life throughout their young years. Love, caring and understanding should not stop and start at points in life, but these are not for some beings.

Some beings will need to experience this through others or received from others at many later stages of life. Even by your own science and understanding of human development you can see where most problems begin. Why then do you not correct them? Why not then address them?

Most often in these events that make headlines it is important to look beyond the specific event. The specific event; the shooting, the trial, the riots that follow, we need to look beyond that cause. The cause will never be the same no matter what city or country these events unfold.

The event is just a starter, a catalyst, a tiny break in the dam that allows for these energies or imbalances to come forward. Please do not read this as though there is some imbalance-physically, mentally, energetically or otherwise-with those who commit these acts or those who become concerned with them. These same things unfold in everyone's life but only on different scales. What the violent homicidal maniac needs, so does the quiet minister (please note we use these terms for illustration only, they are mankind's definitions, so we use them, so others understand; all life is the same and not different).

Realize that not just the military but law enforcement and criminal systems should be reformed. There were so many who wanted to use prison and jail as a form of rehabilitation. How much rehabilitation takes place globally? How much takes place only in your specific location? How much rehabilitation takes place for someone who enters that system for a short or extended period of days?

Please consider a very simple idea; when walking, do you always wait for the crosswalk signal? Do you always cross at the signal or at the corner? Many would say no. It is often not practical or necessary to do so, but in most locations, it is a physical law that you do such a thing. If every instance of your violation you were made to sit in a corner wearing a tall dunce hat, would it reform you? Consider the number of times you have violated this law; would it have reformed you to sit, as a child or grown adult, in a corner, nose to the wall? Your prisons work much in the same way.

Often it is necessary for a person to have an immediate break from the events. Remove the person from the highly-scrambled energy; remove them from the emotion of the scene, the chaos and the calamity. If your police could do this to allow beings to calm themselves and regain clarity of a situation, even to regain only their level of clarity, not necessarily some higher vision or interpretation of the events, this could begin to correct an imbalance.

There are many things about your human systems that do not help, they persecute and traumatize on many levels. Humans, in the physical world, many of you are exceptional at

punishing yourselves in your own mind. To be viewed as a less-than-equal human by others does not assist you.

If you are arrested, how many on your plane view your process? You would encounter many in the law enforcement community, many in the prison and then the impact on anyone you know as this who process disrupts your life track. Understand that many need a disruption from their current plan, that is to say, what they view as their life plan, but there needs to be more attempts to allow an individual to become improved, not rehabilitated and improved to some ill-created form of normal society; society is not normal. Remove 'normal' from your vocabulary for describing people.

Consider crossing the street, we will use this scenario again to illustrate the lack of growth in your system which treats everyone the same even though your courts want to claim that they have the ability to choose and hand out the most correct form of punishment. The importance of crossing a street safely is important to understand, but any law does not allow for the various types of people and circumstances that exist on the earth. A child may need this instruction more than an adult; both of them need different instruction if they live in an area with very small populations compared to a large metropolis.

There is no variance for your laws that allows for an individual to decide for themselves what they wish to do, or for the individual to take responsibility for their own actions. Nowhere is there an exception that allows an individual to say, "I understand the risk that may or may not be present, I am not interfering in the life of another, I will do as I wish." (This is very general, do not apply this reference to other areas of your life because there will often be times that it appears as though you are interrupting the life of another or clashing with two distinct viewpoints).

Your laws are cut and dry; there is no room for error. There was once a little effort in this direction and this is why it is important to not view previous times in your human existence as though they were backward and idiotic. Lacking electricity by your current conventional means does not mean that they were less-than-equal.

Consider times when there were opportunities for the accused person to explain to citizens in the street why they shot a person. This could be justified by your standards and an instant resolution reached. If society agreed it was acceptable, it was acceptable. While this idea might seem outlandish it does allow for more variations in punishment and more opportunities for leveraging various outcomes.

Presently there are many punishments that are mandatory; they are required no matter the circumstances they are punished to the same degree. As humans, you understand that each situation can be unique, but some are less apt to apply this thinking when it is to a group, class, or population different in some way.

It is important that there be allowances and the understanding that there is a lack of kindness, caring, and genuine concern. Many times, an act is completed, and the police become involved, but there is no caring. They are processing various actions based on a set of standards and rules for what is considered normal and acceptable. They process criminals, they are jailed, and the law enforcement person returns to the street to continue their shift.

Expression of energy must be allowed. Using recent events such as riots and shootings, we are addressing the lack of concern, though concern should not be had simply because you don't want violence. The kindness and concern you have for those closest to you should also be shared with those who are strangers to you; those who seem the most different. It should not be forced upon anyone to conform to any specific standard.

Stop the definition of 'normal' and there would be a simpler way to identify energy imbalances. Two humans from opposing walks of life can still enjoy a conversation when they realize that whatever each does in their own life does not impact the outcome of the other.

We are all energy, and this is true, but first it will be important for individuals to identify themselves as those who are interfering, who are meddling in the affairs of others. Currently there is a greater number of people who could be happy and at peace if they only realized that much of what is

happening in the world is created for show or created to keep a large number in hysterics.

All walks of life can coexist, but humanity has exceptional skills for allowing a small population to constantly list differences; Differences that do not matter. If one man sacrifices a bird because of personal beliefs that does not mean another man is held in higher esteem because he kneels to pray before a different symbol. One is not a heretic because he renounces another and chooses the other.

Humans have the ability to be fluid in their thinking. You do this as you turn from children into adults. You change views; you can do this with all things. You change your mind today and move from a small hut into a busy city, you can move from a busy city to a jungle. Anything is possible. Stop judging and defining all things as though they are constants, they are not. It is not your responsibility to punish others, you should work to heal them and allow them to understand themselves and their situation.

Actual rehabilitation, actual kindness and concern; not constant bombings, not constant force and violence.

A hero is not born simply to intervene in what appears to be mistakes in the lives of others. What you stop today will simply find another way to occur if it is meant for that being to experience. So, you should find a way to address those who are in what you call a crisis or those who feel they are not being given a voice. Keep in mind that some will always have a reason to complain, no matter if it is through some riot or police shooting or because they were not given an extra five minutes for a lunch break in the work place. Some will become angry over the color of shoes and some will become angry because they cannot travel to the moon.

It is your response to these things as a group of beings that will determine peace. Causing more disruption when there is already perceived disruption in a person's life will not cause peace and healing. A person must be given a voice; a person must be given the opportunity to live in their chosen life without definitions applied from others.

Extremes are present when the most modest of methods is not gratifying. A person screams louder until they are heard.

Your governments should support peace and helpful methods, not violence born out of fear.

Where does the time go? When you punish people, no matter their walk of life, where does the time go?

Unfortunately, there are many who are kept prisoner that serve the purpose of their captors, even if this is the state, or private entity maintaining the prison.

There is a great deal of slave owners in your present day but instead of chains they are using financial power over those living in your existence. This too is true for those who are in most criminal justice systems in America. Citizens who may be rehabilitated are corrupted by the corrupt overseers of these institutions.

In addition to the problems we have mentioned it is important that it is not only the 'criminals' (your label) who are experiencing an imbalance of energy; there is a great deal of those too who are experiencing an imbalance of energy. There is a great deal of those too who are not critically evaluating their decisions.

Criminals and criminal justice system employees are simply 'doing as they're told' or otherwise perpetuating old methods for punishment because that is what has always been done. Many do not address this because it is not for their primary purpose, though this is what they believe; it is the purpose of all beings to assist others in raising their methods and ways.

All people should be concerned with the treatment of all people. When one suffers, all suffer. Many do not want to see, know about, or otherwise be educated on the 'justice' system or prisons. Those who enter this system because they violated rules have been labeled and that is all society cares for. Much of this system is born out of fear. It is fear that perpetuates tall walls, locks on gates, death sentences, and the 'eye for an eye' mentality.

Your world can move beyond these ways of thinking. Understand all that we have said are just illustrations for the energy that is on your planet. It will manifest in prisons and the labeling and the definitions and the need of society to label and correct all things and people to make them 'normal.' But

all of these are just the manifestations of the energy into the system which is present.

Perhaps if your world was different it would manifest in ways suitable to that system. Think of this energy manifesting in the system in many ways to help those understand. If the system is a lake, the energy could be a bubble of air uncovered on the bottom. Eventually the energy is apparent because it rises to the surface. The system could be a brick wall, the sun and earth elements can break away the wall or the 'system' to reveal what is behind it, the energy. In this we do not mean 'system' in some sort of satanic cult or some otherworldly government that controls the populace from the shadows.

All men can live in hate, but it is the love and understanding of the mature and advanced sibling or equal that allows for peace and understanding to grow from the smallest seed. Often force is met by force. Protect yourself if you feel the need to, but in many cases, it is not necessary to react with violence. In a physical fight between two people of equal size one person can attack the other. The one being attacked can protect or leave or stop the situation physically without inflicting harm on the other. It is not passive or a waste or a weaker influence to refrain from violence.

Many can come to this way of thinking shortly. It is not a detriment to society; it may be a detriment to the ego to find an alternate method of dealing with conflict. So much of the ego drives the violence and retaliation, but does that create a peaceful result? No, in all senses, no matter the system; a war or fight between two people, when the battle is fought, all who took part can be injured on many levels.

Shootings, these are only slightly different in the nature of their attacking is not isolated. The hate that one creates is often indirectly related to their surroundings. What is different about these individuals is that they were not previously thought to be able to carry out attacks in your country. Even in the individuals that are from your country, the shock value is not necessarily accurate because of your media. There are many lessons but again, this is the same energy manifesting itself in the system that is present. Such as with prisons and the criminal justice system, it is important that energy be

expressed. Hate ignored because governments refuse to treat all individuals equally causes hate and contempt.

Often, unfortunately for some, the energy expressed is not energy they were aware of. Much energy now is because many turned blind eyes to the acts of their government. They believe there is nothing that they can do about the actions of politicians or that the system will correct itself.

Listen to this, if all contribute one drop of water you will fill the oceans many times over. Live with critical evaluation, we do not mean negatively, we do not mean be critical in the sense of some coworker you despise irritating you throughout your shift, we mean evaluate, do not passively agree with everything that is around you. No change will come if the same acts are being repeated without any regard for their usefulness.

Because so many live lives with blinders on they do not see that change is necessary and their neglect for their own government is to blame. They instead, will see enemy and live in fear because they do not understand from where the enemy is coming. In a way, this is somewhat understood with the example of 'karma' or 'yin & yang.' All must be balanced; because you walk away from the bathtub does not mean it will not overflow. Choosing to ignore something does not cause it to disappear. There is much in existence that many beings do not examine or involve themselves in. Many are concerned only with their small window of experience, much of this view should be grown and a much wider lens used on the camera.

View all of society; Change any institution, abolish an institution. The current 'success' of any institution is only because many people care little for the things that do not directly impact them or because they feel they have no power. This does not mean you have to take action in all arenas, perform and do what you are called or compelled to. Do not live passively in this world.

All violent acts can be narrowed down, as most actions, to cause and effect. When one domino topples so will the next and so on. If you turn on a switch the light bulb activates. If someone is angry, if ignored, it must be expressed somewhere and allowed to vent. This is very much like compressed gas in a cylinder. It can be released slowly but if the pressure inside

the tank cannot be relieved, if it keeps growing, the tank will rupture, violently exploding.

Lazy people that live off the system, people who live in ways different from yours; these two types of people are only two of the ways in which humans seek out to define 'us' from 'them.' It is unnecessary. Worry less about those people. Imagine life in a vacuum where you have no one to compare yourself to. This can be a difficult exercise if someone has only ever maintained ideas and thought processes that have been shown to them throughout their own life.

It is important to evaluate certain aspects of life as though you are in a vacuum, you are all related, this is true, but if you were alone in this vacuum you would not have others telling you how to think, who to fear, what to wear, where to work, or any other manner of 'living.' We say living this way, because, is that truly living; constantly existing in the shadows of thought from others?

Bible

The bible is a collection of stories. These stories were told in the form of fables or parables in order to bring forth a certain type of positive moral attitude that was missing in the people of that time period. Too much negative influence was running rampant with the people, so this collection of stories was assembled and placed in written form to help the people move into a more positive direction. Some of these stories were based on actual events, while others were simply handed down by word of mouth as lessons for those who needed the symbolism.

The original information in the bible came from many different sources; parts were received through spirit communication from those in our true home world, other parts came from off-world beings from other planets, and from light beings known to us as angels.

Unfortunately, there have been many in powerful positions that have used this book for negative, selfish reasons. They have succeeded in altering the bible throughout the centuries in

order to control and influence the mass of people who follow this book and take its meanings literally.

The original bible was meant to be a symbolic guidebook, a positive reference for the people of that specific time frame. But many powerful individuals did not accept what the original bible had to say, so they used their power and influence to make changes. Adding things, they wanted control over, and deleting things they themselves did not believe to be true for them. For example, reincarnation was deleted; those in power felt it was better if the people only believed in one lifetime, rather than many.

Jesus was added later due to the influence he was fostering with the people during the time he walked the planet. They elevated him to the false status of the one and only 'Son of God' and said he would return, therefore the mass of people should obey the religious authority or there would be dire consequences when he returned. Jesus came to be a teacher and prophet for the people of that time period only. Jesus was not crucified as falsely stated. He did live a long life and was married and had children. His true-life story was obliterated by those with power and religious authority, so they could use their created stories of him to foster their own gain and control over the people.

Many of the stories in the bible were true; healings, materializations of angels, spirit communication, levitation, positive affirmations, and many more such events occurred through the natural and spiritual laws that govern this dimension.

The bible originally was to help those who needed greater instruction in order to know that there is a peace far greater than what they presently were experiencing in their life. The overall intention of this so-called holy book was to unite the people. But throughout the ages, due in part to the many negative changes, it became a tool used by the religious authority to divide the people and nations as a form of control.

Those seeking guidance from the bible 'today' should simply read it as you would any other book. Many of the current bibles of today contain unimportant information that was added by those in authority throughout the last fifteen

hundred years. But the basic moral principals of the parables and fables can still be found in the overall text. Let the stories serve to teach the basic concepts of love, kindness and forgiveness.

There is no wrathful God to cower down before; this was added to the bible by religious authority figures who sought to control the people. The bible, which was written by many inspired sources, was unfortunately re-written by men of lesser morality for their own gain. For example, this is why women are portrayed as subservient to men in the bible; they hold no equal status and are simply to take care of the children and household, which is not how they were originally shown to be.

The bible was created in order to give direction to those who were lost and wandering aimlessly through their lives; to provide a positive path for finding peace and love in that part of the world, at that point in history. The bible was not meant or suited for the time period we now occupy. The bible can still be useful if you simply ignore those sections which are glaringly untrue to you and have no justification in our current time. If you feel a specific phrase touches you as an individual, then that section is true for you.

After reading the bible, you should feel the love of God, the love of self and the love of your fellow man and woman in your heart. You should not feel anger, hatred, or persecution in any form against your fellow man. That is what the bible intended to convey to all who read it in its original form.

It is important for each person to take the time to examine all that they know or understand or wish to understand. You need to fully understand why you have certain beliefs about life. You need to believe certain things for your specific reason known to you, and not simply believe something because your parents, religious group or community believes it to be so. You have the gift of free will from God, use it to decide what you believe, rather than simply following along with what is widely accepted and not fully understood by others.

The original bible was meant to be used as a guide book to bring a person to foster in themselves independent thinking. Think deeper about what 'you' believe God to be, and how that

affects your spiritual development. The bible's original main theme was to convey the message of love, that when one person grows, we all grow through the love of God.

Big Tobacco Companies

Are “big tobacco” companies a danger to society, just another learning process, or just greed?

There are many things born from greed that are a danger to those who choose to follow them and allow their products or ideas to be received on such a wide scale. We allow you to examine each detail and aspect of your life and choose it or dismiss it of your own free will. There is a danger in the sense that you know the potential cause and effect it will have on the body, those around you, and the feelings and emotions of others who see you use their products, does this appeal to you? This is not rhetorical in nature and we do not assume to ask this in the hopes that you will choose an answer which we already have in mind.

The information that has been shared about tobacco products was true just as it was true when this product first came into being to be used in this manner. With all things, this product can be taking the place of some other outcome or energy in the physical body. It is important to know that prior to widespread marketing, before industrial society, there were many cultures who used tobacco for ceremony only. It is with this great deal of care and energy that you should evaluate all things coming into or going out from your body. It is not necessary to have a ceremony before each cigarette you choose to inhale but it is this type of evaluation that a being should have before engaging in some experience that is part of human existence.

Life is full of renegades and many of them will bring new life into an organization or structure of reality, but there will always be groups or single beings who see an idea and wish to exploit it as a method for passing the time and filling the heads of others, simply so they will consume more product. This is the fault of no one, you are responsible for your mind and what

you allow in it and what you allow to dwell there. Simply because a handgun is placed on your shelf does not mean that you will use it to shoot yourself in your physical body. This is true of tobacco products, simply because they exist they are not required to be used. Many products are put on the shelves of markets every day and never last because they do not hold the interest of society. Marketing and promotion and protection is what certain industries have, no matter the level of interest from the potential consumer. It is important to know that choosing to support a company is the method of giving the company your dollars and your time and energy. Changing society is then a matter of placing those efforts in a new direction.

Presently, there are many conglomerates and worldwide companies that were created as a corner store or a small operation. Great care was placed in the manufacture of good and services. Now there is a great deal of industrialized equipment used to generate greater profit revenue and further remove the human element from the creation process. Just as you should not clutter your mind with ignored thoughts, you should not be so removed from the source of any creation that you do not appreciate the effort and know the effort to create it. If it is necessary to mechanize a process what is the outcome? What is the reason for it? There are many philosophers who have stated, "We could, but should we?" This is important to evaluate in all situations. While the method may exist for many things to be accomplished in a variety of ways, for what benefit should they be accomplished? Thousands of paper plates and cups are produced each minute of every day. Thousands of paper plates and cups are thrown in the trash or thrown by the roadside. What purpose is there in these products? What purpose is there in the mechanized process of refuse removal? - Another process from which man removes himself and attempts to ignore. No matter what thoughts you push from your mind they will return to you in greater strength until you process them.

Bipolar Disorder

What is the cause and purpose of bipolar disorder, manic and hypo manic mood?

Many discomforts of the mind are methods for calling attention to the thought patterns of your mind, the routines of your mind, and the manner in which they bring patterns and routines into your life. This process can produce results that are counterproductive to your behavior this lifetime and it can be detrimental to you. Even if you are living as you should, as you intended before your arrival here, this can be something that you need to overcome as a method of growing, learning, and experiencing all there is to experience. It is often a matter of self-confidence in your own decisions and a conflict because you are currently dependent on the views of the outside world, but these views are in direct conflict of your higher self.

The true way forward is to worry less about how others expect you to feel and focus on what you feel and what you enjoy feeling. It is not less satisfactory to live in a certain mindset because a professional tells you that you should not be living in that mindset. It is important to you how you feel, what you feel, and what you enjoy. Routines that cause depression and what can be perceived as extreme personality changes are those that you should not submit to, but change and release from you completely. Changes in mood are simply the way of living life. There is not a detriment as many would have you believe. There are many who can toil at tasks for years and lifetimes, while others are needing to move from task to task very quickly. These two unique individuals are no more evolved than the other and one is not learning more or less than the other. These are simply two different types of people and methods by which they experience the life. Things that objectivity you and even reduce you down to a set of qualities on a specific type of test are simply what causes depression. You are not living within their means, what causes seemingly radical changes in personality can be the attempt to live within the rules described or expected and then later realizing that you are not comfortable doing so. This is much like trying to fight the waves and tides of the ocean rather than live with them and

work with them, or go completely out to say where you are not constantly tossed between the incoming waves and the beach. Indecisiveness is not an experience that anyone should feel bad about, but the indecision can cause you problems when viewed by others. It can also cause problems if you are indecisive to the detriment of other aspects of your life. It is all a method of balance. Your routine should not be a routine. You should engage in new things. Continue old thought patterns and expectations and attachments will produce the same results, even if you feel you are living differently within those confines, be sure you are genuinely viewing them as they are, not as you are expected to and not by simply squashing and ignoring true feelings of your true being. When ignored, they will return to you in a greater magnitude because they have been ignored for such a period of time.

Things are not lost, there is no quick return to an equilibrium, your patience to return your body to independence is necessary. You can do these things.

Black Hole

What are black holes? What is their purpose?

A black hole is not only a portal but a source of energy. They exist as traveling points and sources of energy in terms of dispersion as well as absorption. You see them as having an incredible gravitational pull. This is true, you will not be destroyed should you enter one. Your physical body will one day be able to travel into this areas without harm because of the technology that your race will produce. Once an understanding is held of these portals, you will be able to study them and use them for true benefits. There is no harm from visiting them now, you will not currently be able to return from them, this is not because you are destroyed physically in the process but because you are unable to release yourself from the journey once you have arrived at your destination. These can be other worlds, as you might call them, but there is much more radiating from them than pure energy, it is a doorway and

the vibrational and pulling forces between your space and the space of another area can be vastly different.

Study in this field will be done mechanically. But it must be understood that while there are objects being destroyed or found unresponsive once they enter these areas, it is not what is truly impacting the object. They must withstand these forces, but it is not a matter of withstanding by force, they must be made flexible and tolerate forces upon their structures so that they can pass freely between them. It is important that new methods of travel be sought, it is possible to separate molecules and atoms and reconstruct them in the precise and correct order. This will be possible. This is important as it will allow the travel over a much larger distance than ever before and it will allow structures, living and man-made, to pass through areas thought impossible only generations prior.

It is impossible at times to understand the possibility of these sciences being in existence, they are not hidden from you now. They must only be looked upon with serious attitudes rather than an abstract thought or lesson from one's own mind. There are other lessons working without the minds and for the lives of those who will bring this information. It is simply a matter of vibration. Simply because you can direct energy in a healing manner and simply because your thoughts are able to change matter does not mean that there is a separation between what is thought to be new-age and tree-hugging and the world of science and mathematics. The marriage between these areas is more tightly knit than the plant life of earth is to the sun. It is important to understand that all things are related. These schools of thought that are currently held wish to divide many areas into separate boxes and categories, but this is why learning stalls, this is why advances take time and take someone who is not following conventions. It is the possibility of all things being related, and yes, this is the true nature of things, this possibility needs to be understood. It is at times necessary for specialists but there will be a time when those who study life will study all of existence. Nothing will be regarded as only mathematics, or only spiritual, or only scientific. Realizations can be made, and more information

correlated when all areas work in an interrelated and supportive manner.

Blueprint (Life Plan)

What is the Blueprint or life plan? This question often leads to a breakdown in belief on many levels because it appears to be a conflict of pre-planning and free will – both aspects, as well as others, are at work in your life. Prior to departure from your Spirit home, your true home, there is a plan that is developed. You have assistance and guidance when setting up this plan for this lifetime, or the life you are about to enter, but you are the master of this plan. Nothing about the coming life is forced upon you. Within the life, as you're living it, you may not understand why something was selected for you, but no matter the task it was either decided upon by you for your own development and growth while you are here, or it has been decided upon by you with your free will.

Often, as an outsider viewing the life of another being, it is questioned, “why is this happening” or “why did ___ let this happen?” The latter statement being a reference to a God or Source of Creation, or to the person living the life. With what we have stated, and what we will state, you can see the root cause is not some outside force dictating good and bad lives on human beings, it is a pre-determined event, or it is the active choosing of that individual within this lifetime.

This is now a confusing moment for you to read. “How can I have decided upon this in my life now? I don't like what's happening! This is difficult! This is frustrating! This is sad!” – These things can be true, and can be experienced in your lifetime for many reasons. When we say that you have decided upon it now we do not intend to say that you hoped for a devastating vehicle accident, or a detrimental set of financial circumstances, or that you have decided upon an unhappy family relationship. You did not sit down in this lifetime and choose those things. What you did choose is the energy or set of circumstances that have brought these things into being. The laws of attraction, vibration, and cause and effect weigh

heavily upon the mind at times. We do not intend to give you greater confusion and misunderstanding, only that you are the powerful lord over your life.

Your predetermined goals or objectives are designed to aid you in your level of understanding about any aspect of life. These are not something we can illustrate specifically because each being will have unique qualities and a unique plan. The possibilities and the reasons for any of these outcomes being selected are infinite, they are not finite. Each being is unique in plan, but many aspects can be like other beings who are here, but keep in mind that they may not be involved in the same overall purpose as your lifetime and direct comparison is not always *apples to apples*.

Predetermined events are not necessarily tied to a timeline as many people believe. You do not always sit down prior to life and say, “at age 23 I will attend a meeting and it will change me in this way.” Using this same goal, it is more likely that, “you will have new information brought to you in such a way and at such a time that it will have the potential to open/change/cause....”

It is not a matter and method of planning each moment of your life. You absolutely have free will and have second-by-second control of your life. The conflict may be, “I want to do this thing but the plan for my life says...” This is possible, though if it is something that you are required to experience, by your own decision, it will manifest no matter your free will decisions in this lifetime. Therefore, *attending a meeting at age 23* is very specific, and unless there is a very specific reason for it, the objectives are not assigned in this way. Perhaps you change your thought process and life’s purpose while you are here. You may have a plan, but you diverge completely and end up lightyears away from where you were generally intending, due to free will. You can change your plan, and you may ask how this is possible, but remember that if it is something that you needed, you will experience the circumstance anyway, you have only perhaps delayed the onset. Therefore, *this meeting* is not tied to time. What you may plan is that for the information or the experience to be introduced to you, and that can take many forms.

Major events can be tied to time, but remember that time is a relative idea that is tied to the perception of the individual. Where time may be slightly more specific is for large-scale events that impact more than one person, and even then, it is not a matter of using the human calendar and watch – more often time is a plan – first *A* must happen, then *B* occurs, *C* comes next and so on.

“What if all the parties involved in a larger event do not complete all the steps at the same time to take them to the same moment? What if their free will changes their plan?” So be it! If it is now not meant for their experience, then they will diverge and incorporate a new experience within their life. You are in control, you are the one making decisions, actions, or indecision and inaction about your life. If the energy and emotion of a specific incident is something that was determined before your arrival, and now your free will has taken you from the event, it is possible that the energy and emotion and impact of the event will be experienced in another way, at another time, or not experienced at all.

Your life plan, the guides who help you set this plan, the same ones who guide you in this life, and even you, are constantly being updated, reassessed, remeasured, changed, and overhauled. This does not mean that you are physically or mentally being upgraded. What this statement means is that if you drastically change the course of your life through any decision, or if you take a new path, or take no path at all, all these things contribute to the plan’s updates or revisions. Your goals, this outline of objectives is not created and then meant to collect dust for your entire existence here on Earth, or in any location. It is actively assessed and reassessed as you walk your path.

Do you have free will? Yes. Are you in control? Yes. Is something going to happen because of a larger plan?

Somethings, yes. Is a God punishing you? No. You are capable and your growth and development, while it can take several thousand lifetimes, is what is sought after, and you chose these things, and you actively choose. Congratulations! You’re the boss!

Cancer

Cancer is the state of being in which the individual is lacking a state of change, focus, love, or a grasp on what true reality is in its perfect existence. This state of being requires a change. For some this is a change in health focus and ability, a change in lifestyle, a refocusing of intention, living more fully and present within their lifetime, and many times a need for releasing ancient or current lifetime emotion.

There are many things here that can contribute. As we have stated before, there are many reasons this can manifest – your predetermined path, your continued path – one being reasons not truly caused by this lifetime other than your presence in it, the latter being what you are engaging in here and now with your thoughts, actions and energies. While difficult to understand at times, this can be caused by many energetic levels, though many concern themselves with the physical – the diet, exercise, chemicals, medicines – and completely ignore the other reasons or possibilities. Other aspects confound those who are acknowledging these aspects, but do not realize the full strength and weight of what those previous thoughts, actions, and energies have contributed.

A simple illustration are the scales of justice. Your entire existence, and possibly, in those lifetimes before, you have been piling thoughts, actions, and energies on one side of the scale. If now, you start a new direction, often it may not initially carry the same energetic weight as all the previously conducted energy that is present on the opposing side of the scale. At this point, without change after starting the new focus or path, many give up. It is important that you understand this. Positive is not positive just for the sake of positivity. It requires as much energy and effort as the previously applied energy before it will entirely cancel or reverse this energy. Do not confuse this with a literal balancing of energy, what you have present is cause and effect.

Many will argue that there is a great cure for cancer and that it is a hidden secret from humanity for the sake of financial lordship of the population of the planet. This is true. However,

before sharing confirmation of your conspiracy, realize these things and the greater deception that they have been hidden from you:

- You are a powerful being
- You have the ability to create with your mind and bring the creation into physical existence
- Your intention is powerful, often more powerful than the physical action is the intention behind the action. Action without intention is devoid of any true meaning and purpose
- Your thoughts, actions, and energies all carry a vibration – your belief or thought about cancer, the treatment process, and every other relating aspect will be true until you find another truth with which you resonate

It is not a simple pharmacy trick to reverse cancer. It is the intent, it is the thought, action, and energy behind the term cancer which causes a deeper change of being. It is not simply the pill, nor the IV, nor any other medication. A placebo will have the same or greater effect if your belief upon it is as strong as the belief that, so many hold for the treatment of cancer either curing or killing them.

There are many natural cures, many things that are not utilized by medicine in the United States, that do afford greater support for the individual while they are in this time of transition and redirection of thought, action, and energy. It is important that you see this as a time for redirection or refocus. This is not simply a time to give up, and while this may have a predetermined action for those around you, you are not the one necessarily responsible for the change, your purpose is to redirect and undergo your own personal shift.

The outside must be cautious however in how they support the person through the cancer process. If you are of this truth and understanding it can often be easy to blame those as being not of right in mind, body, or spirit. You cannot force this perception, more often it cannot be forced because of the manner in which so much energy and effort is contributed to the idea of cancer.

Truly, your belief, your redirection, the support and unity of those around you, the refocus of thought, action, and energy can support your transition into a new phase. The cause is unimportant as it can come for many reasons from before now and from the now, it is important to assess and reassess, as even the path to the new paradigm can change many times.

Cannabis

Speaking from a spiritual viewpoint Cannabis (known also as marijuana) was used during religious rites and initiations as far back as the 3rd millennium B.C. Jesus used cannabis and taught others how to use it for healing and alleviating pain. Cannabis has been used by Jesus and other religious figures throughout history for certain practices, which were designed to enrich the greater good of spiritual enlightenment and to foster peace in humanity.

Chakras

Chakras are the energy centers of the body. They contain the points along which energy flows, exits, returns, and is received by the body. Your energy field radiates from these centers. They can be viewed as the major transit hubs for energy throughout your body. Smaller transit lines for energy run to, from, and through these areas. Energy healing, or the direction of Qi is focused on these areas, as in other practices because energy directed here flows throughout an entire area of the body. As they are major hubs of energy, they can also be a primary area where blockages occur. A blockage in an area is nothing more than energy that is not yet expelled, but energy that has an intention or purpose that is no longer needing association with the body. Energy is energy, it makes no difference what the energy is doing or accomplishing, it is the same no matter if it is viewed as creating and growing or removing and destroying.

Your energy centers are the focal point of many practices that are not readily accepted by your science community. However, there is more science now than ever before and still the body has not changed its energy field since creation. The benefit for humans is the consistency with which these areas can be checked and observed. The flow of energy can be observed and reproduced.

Many will attempt to alter or arrange the energy of chakras. If you feel compelled to do this, please understand that you are not experiencing a problem in your life due to a problem with your chakras. Your body, mind, or spirit is experiencing a *problem* and it appears in your chakras or energy body. You can correct the energy center or the flow in and around the body, but as with other ailments, if the source of the problem is not altered, you will continue to have a deviation from the perceived *correct pattern*. An easy analogy is that you have a cold or the flu, your energy is impacted because of this – you do not have a cold or the flu because something is *blocked* energetically, though these can be occurring simultaneously depending on the cause, the source, and the being.

There are vibrations that are associated with each energy center and these can be supported by objects, light, intentions, and other energy and vibrations on your plane. Many times, you can think of this is a tree needing sunlight, water, and earth – these things do not change the tree, but the tree is enhanced with their presence, though they are needed to grow. Where this analogy is different from the tree, or humans, is that there is some degree of independence. While you experience the energy, and transmit energy and vibration always, you are, in a very simple explanation, self-sufficient and independent. There are many facets to this discussion but keep in mind how the tree or any plant reacts with reduced water, reduced sunlight, or poisoned soil – you may find a way, but if it is not in your vibration you are not as easily succeeding in your pursuits.

Channeling

This type of information comes more from a collective group rather than a single entity. The information brought through this type of communication is generally more for the overall well being of humankind as a whole.

Chemist

Also called a Spirit Doctor only comes to those who have chosen to develop some form of mediumship in the physical world. His main function is to balance the chemicals in your physical body which will be required for developing and/or sustaining mediumship ability(s). Adding and/or subtracting certain chemicals to keep your body balanced as you bring forth mental and/or physical mediumship.

Children are the Key

If you allow young, impressionable minds to be given daily doses of violence and aggression through television and the internet; do not look surprised when they grow up to be aggressive and violent adults. The lack of parental control is just one of the leading causes of the chaos you experience in your present society.

They have come into this life to follow ‘their’ chosen path, not the path of the parents or society at large. Educate your young in the following spiritual truths; teach them to live a moral life, to assist those who have less, to be of service to others who are in true need, to work for the higher good of all humanity, and above all to love all life unconditionally. If you restrain the essence of a child at an early age you condemn them to a life of spiritual slavery so to speak. An example of this would be to indoctrinate a young child into an organized religion, seducing it into believing in the archaic myths and falsehoods which will infect and limit its intellect. A child so influenced, be it intuitive, will reject and discard the erroneous

religious instruction as it becomes self-aware of its deception, and shall then turn on those whom it feels misled it at a time when it had no way to resist this betrayal. It will then seek its true spiritual path to enlightenment by removing itself from those whose guidance it now subconsciously no longer trusts; be it parents, religious authority or others it felt went along with the original betrayal.

Those less intuitive children will be held captive by organized religions power and authority, and they shall force upon their own children a similar fate, which they were unable to break free of themselves. Organized religions have brought great suffering and strife to your world, stop perpetuating this negative cycle onto future generations.

To be truly free in mind, body and spirit you must come to the understanding that humankind requires no ministers, no priests, no rabbis, no cleric, no church, no mosque, no synagogue, no temples, and no places of worship of any kind. No system of doctrine, dogma, or theology need be placed in your path as an obstacle to the simple truths of the 'Source of all Life.'

Unconditional love is experienced from the smallest measure to the highest; love is the key that unlocks your spiritual growth, and it's that simple. Religion has replaced God by falsely claiming without its guidance and control you cannot reach God. Remove yourself from this false deception; no matter what stage of development you are in it is never too late to cast off the limitations of manmade religions and move forward with your spiritual enlightenment. Yes, I do understand not everyone is ready to advance and many have grounded themselves in some form of organized religion and that is fine. If the path you are following has led you to place yourself into the confines of a religious group, then so be it, for that may be where you are currently in your personal growth. When you have sufficiently grasped the limitations of religion, should you come to that realization, then you will no longer need its superficial support and you will be ready to evolve higher as you seek out your true spiritual path in life. But for those who are unable or unwilling to leave the controlling aspect of religion, please don't subject your children to the

same entrapment which has befallen you. If you learn no other lesson in this life, know this, all material things have no meaning or value in the world of spirit. The only things you take with you when you leave this life are the experiences and lessons learned which effect spiritual development. Wealth and power have no place on the other side.

As it has been said; it is important to know that humankind will one day understand why their loving Creator has allowed them to experience; disease, war, rape, murder, genocide, starvation, and other so-called negative things, and they shall be so truly thankful for those lessons they have come here to experience. Allow the future generations to be free of such ignorance which has held your world for too long in fear.

China

In the future, will China economically and/or militarily overtake the U.S.A. to become the dominant nation or force in the world?

This has already happened in many ways. Currently the U.S.A holds many assets and much money, but many of their industries are spread throughout the world so that they may find cheaper sources of labor and cheaper resources to create products rather than use and support their own people. There is much that will not be told because within the USA's borders they must keep order and control. It would be devastating to many people to learn that they were being out paced by a nation that was not a democracy, through many would be surprised to learn the U.S.A. is not the true democracy they learned about in their studies in grade school. The U.S. has financial backing power and support of other greedy interests, but China is able to support itself because all facets of their industry, commercialism, and all other areas needed, these are all contained within the country itself. There is much that can be replaced if there was an absence of outside material to China. They are much better equipped to adapt rather than the U.S. who will wait for some other means to produce the same product or a new alternative. China is much more self-

sufficient than what many believe, and they are much more able to adapt. There are greater numbers within their borders and through there are fragments of the younger population that are spinning away from long-held beliefs, there is still greater sense of community and greater span of beliefs that are held by many. This would, in a sense, make their military much stronger by sheer number of those who would defend should it ever become attacked. There are many though, as in the U.S.A. that would rather face punishment than to fight another being on this earth. The U.S.A. is simply maintaining its head above water because of the trading and use of its money, lands, etcetera to sway deals across the globe and to give the appearance that it is still a global power. Many countries similar to the U.S.A., who have escaped the tyrannical view of other leaders, do not find it necessary to send troops under the guides of aid in order to maintain control abroad. There are many armies that are reasonable by comparison to the U.S.A., but they do not serve the same war-like purpose. These armies we mention offer greater aid and relief efforts within the country and neighboring nations. They maintain a war-like capacity should they ever feel threatened but there is much about them that remains in comparison to your view of the Red Cross and other relief agencies. Believe little that you hear about other nations unless you have firsthand experience with that culture or way of life. There is much creation to build the mind of the American people that they are on top of every aspect of human life, though this is not so.

Will China ever stop being a communist nation?

This is the system of government that works best for those who are incarnating there. There will be much done in terms of the rights of the people and the ability to raise one's voice above the level being maintained by an orderly populous. The changes in their social structure will bring a great change to their leadership. Their government will not change, that is the label will not change, but there will be a vast different between China in your time of 1980 and that of 2020. Their people enjoy many things that the populations of many other industrialized countries do not. They know a great sense of

security in terms of artful expression and health. Though there is still much that cannot be said out of respect of their leadership, there is much done to work to curtail the pollution and many other social issues. In terms of change, China and the United States will undergo the greater transformational periods, but it is unimportant who goes first. It is important to see that no matter the type of government, those the U.S.A. has marked as different are only that, they are different. Their differing views are not ones that should be looked upon or thought of as less evolved or advanced. There is much that each form of government and society could learn from each other if each difference was not used as a reason to segregate and isolate. There are terms that are used that are now associated with negative imagery for other societies. It is important to open one's eyes to the differences and see what can be expressed around you, see what can be learned around you. It is possible to see the good in each creation and bring those ideas together to experience a peace that all can enjoy. First, before any evolution can take place, the goal should be understood to not make personal possessions the reason for existence. There should be greater assistance between neighbors and neighboring countries. Not a selling of resources at a high rate to gouge the neighbor in need, but to offer resources so that all can prosper and experience the true nature of self and what should actually occupy one's time, of course, none of which should be taken up with the worry over materials non-living. It is important to look within and find what truly causes you to be in existence, then you will find the true cause and purpose for yourself. Each entity has a reason for being, and many of these are not to exist within a label that its society or another has placed upon it. There is much energy associated by labels and terms. Even if those who are labeled do not give credence to such labels there is still energy attached to it. This is why, at many times, there have been evolutions in the term used to label a group, or an action. It is to dissociate with that energy of the past. Often times this same energy reappears after being brought into existence and replacing the previous term, but there is a brief change while the expression is still being understood. It is important to knot

be caught up in the terms, words, and labels that are used on your plane. It should be important to recognize the act or situation or object as one that is uplifting or one that does not serve a greater purpose for self or others. Too quickly people will focus on the word or terms used and not look beyond it, to see what is truly in existence. This is true of the inability of many to care for the sick and dying or those who need medical intervention. While it is not always necessary to find medical intervention, because much healing can be done by one's own self or with the aid of others, it is important to see that the inability to create a system of healthcare for all is the inability of a country to care equally for all citizens. How can any country truly assist the citizens of the world when they cannot appropriately exercise compassion for those in their own country who need some sort of assistance? It is important to make changes, not be caught up in worlds, for as with labels of government that many see as negative, there are other freedoms that they enjoy that are never mentioned when compared briefly and quickly to what a person knows as their own.

Clairaudience

This is a form of mental mediumship (to hear clearly) where the auditory information coming from a spirit being (usually from the mediums Inner Circle) is received by the medium as a voice they hear inside their head containing voices, sounds and even music.

Clairsentience

This is a form of mental mediumship (to sense clearly) where information is not 'seen or heard' but comes in the form of a 'feeling or sense' that the medium picks up on as an overall impression.

Clairvoyance

This is a form of mental mediumship (to see clearly) where a spirit being (usually from the mediums Inner Circle) sends thought impressions which the medium registers in their mind. These thought impressions come in many forms; the medium may see faces, entire bodies, places, objects, events, and/or a combination thereof. These impressions/events can be past, present or future in nature.

Crib Death (Sudden Infant Death syndrome)

For those who have encountered ‘Sudden Infant Death Syndrome’ or what is more commonly called ‘Crib Death,’ here is the major explanation for this occurrence. Once the mother has given birth, from that point up until the approximate age of two years old, the new soul that has incarnated into this world through the baby’s body has a decision to make. It can choose with its free will to stay and work on the lessons it chose to experience, or it can back out of that planned life and simply leave and return to the world of spirit.

If it chooses to vacate the body, the baby’s shell simply dies. With no soul inside the physical body, it stops functioning and shuts down. So, if there is no medical reason found for an infant’s death, the soul itself left for reasons only known to it.

Doctor’s then unable to find a medical cause term it to be a ‘Crib Death.’ The soul leaves the physical body not to punish the parents (even though it may be a spiritual lesson for the parents) but for its own personal reasons seeking the best life possible to help it advance spiritually.

Note:

I will simply provide at this time, the most universal cause of Crib Death.

Let us for example take Spirit-X. Spirit-X planned his lifetime to where he would live to be

seventy years old and then return to the spiritual dimension, or as some would say he died at age seventy.

So, Spirit-X was incarnated into a human body and lived to be seventy. Let's say he died three months earlier than his full seventy-year period he planned on due to being over-medicated by his physician. He was in great pain; the Doctor gave him stronger medication and it stopped his heart three months before he was programmed to die.

Spirit-X in desiring to fulfill that human experience of seventy full and complete years, of which he was cheated out of three months, could be reborn into another incarnation and live three months as a newborn baby and then abort that life and return to the spirit dimension.

Then that would have satisfied Spirit-X's programmed seventy-year period to where he would feel as though he had achieved what he had set out to accomplish.

Another example of Crib Death would be a new spirit being born into a physical body and discovering that it has an illness or medical condition that it did not program for its personal growth. Something the parent had passed on to the infant's physical body which the new spirit had not foreseen. If the spirit feels that the disease or condition is too much for it to deal with, it simply leaves the body. Other spirits faced with the same decision may choose to remain in the unhealthy body and see its limitations as a challenge.

Some spirits who incarnate seek out certain parents it feels it will be in harmony with in order to achieve its main growth pattern. If the spirit is born, and then discovers the parents are no longer in harmony with each other; such as bickering and fighting over the cost and burden they now face in raising an infant. The spirit needing a harmonious set of parents in order to achieve its goals will abort that life in search of more loving and caring parents.

Just know the spirit has the ability to relieve itself of that experience, that life, where it simply leaves the body of the infant, abandons it. Without the spirit inside of it, the physical body dies. A spirit has up to the approximate age of two to decide if it wishes to stay or leave the physical dimension.

Physicians then unable to find a medical cause term it to be a Crib Death. If no medical reason can be found for a baby dying, then it is due to the spirit leaving the body for its own personal reasons. It leaves not to punish the parents, but for its own personal reasons to fulfill its own personal blueprint or life plan.

Death

Death is simply like opening a door and walking through it. There you find yourself back at your true home, with your true friends, companions and family who rejoice at your return. You completed that lifetime; learning and experiencing as much as you could or couldn't, and now you returned home. You will be waiting to greet those loved ones you left behind on earth when they have finished their lifetime and they cross over. You will rejoice with them at their special reunion.

Yes, many people fear death because of their religious faith and/or upbringing. They fear the 'Hell' that was programmed into them by their religious beliefs. Religion told them they 'Sinned against God' and therefore they must be damned to a burning Hell with Satan torturing them throughout eternity. But once they cross over and meet with their friends and loved ones, they will then realize there is no Hell or Satan or other such negative things waiting for them. Religions of the world use such devices to control the people, so they will obey the rules and authority of those holding religious power.

Humankind created religions, not God. God, the Source of all Life loves all his creations unconditionally. But if you wish, it is your right; you have free will to believe in such things as Demons and Devils if you so choose. Once you die

and your soul crosses back over to the spirit dimension and you see that those negative things were simply put there for your learning and spiritual growth, you will be truly elated at that discovery.

Some people say the loss of a child is the most severe loss one can experience, but that is not true. Anyone who loses a mother or father, a wife or husband, a brother or sister, a son or daughter, a true friend or companion, or even a beloved pet; that loss to 'them' may be the most devastating loss in their life. Each person experiences the loss of a loved one in their own way. No one can measure how much grief we will go through or for how long it will take us to come to terms with our personal grief.

Those who die and cross over to the other side are extremely grateful to return home. No longer bound to a physical body, they no longer suffer from any disease or physical pains of any type or degree. They are once again whole and full of vitality; where there is no aging process or limitations to experience as they did in the human form. Unconditional love envelops them on a continuous basis in the spirit dimension. As beings of pure energy, they do not need food, water, shelter or oxygen to sustain their soul or etheric form.

Since we incarnate to planet Earth to learn and experience many things we cannot experience in the spirit world, each lifetime is very important to each one of us. These lifetimes we venture into help us grow spiritually. They help us understand the true nature of God and allow us to become more God-like in our own patterns of growth.

So, no matter when someone dies and returns home, just realize it was their decision to leave at that point in time and to leave in the fashion that they left. How old they were when they died and returned home was their choice. Some souls need only a short lifetime to accomplish their goals. The method they use to return home is their choice; to die in a plane crash, a vehicular accident, to be murdered, to take their own life, to die from old age; your exit from this physical world was decided by 'you' before you were born. These avenues of death were chosen by the individual Soul

themselves and no one in their family or friends caused or aided in their demise, other than what the individual Soul allowed.

Some worry that physical death is a painful experience. Fear not, for the Soul feels no pain as it leaves the human form to return home. Only the physical body that your soul resides in can feel pain. Many times, the soul leaves the body seconds before death overcomes the physical form. For example, if you chose to leave this world through a devastating car crash, just before the impact that will cause your body to die, your soul removes itself from your body so that it does not experience the pain or trauma of the death. Your soul will simply find itself standing outside of its previous home observing the final events of that lifetime playing out before it returns to the spirit dimension.

So, do not dwell on how someone leaves this world, for they did not experience any pain or suffering unless it was something they wanted to experience for their personal spiritual advancement.

Death Penalty

The misconception in the Bible that God condones ‘An Eye for an Eye’ has caused many individuals to support capital punishment (death penalty). The Bible was meant to be taken symbolically, not literally. The punishment forthcoming is to be dealt with by karmic justice, not by mankind’s fallible system of laws and justice.

There is karmic debt incurred by those who participate in State, Federal, and/or Military judicial executions. For example, those who pronounce judgment against an individual for murder who was convicted justly, and sentence him/her to life in prison without the possibility of parole incur no karmic debt. Those who convict the same individual of murder and invoke the death penalty do incur karmic debt.

Time in prison itself can transform even the most lost and hardened individual. Time itself can provide them with the free will choice to transcend hatred; turning it into love and

understanding of oneself, and of their fellow man. But a sentence of death stops the process of inner reflection and enlightenment of the individual's Soul. It stalls the spiritual advancement we all come here seeking to experience.

DÉJÀ VU

This is the soul form in your human body remembering or reminding or allowing the physical body or mind to remind itself that there is already a familiarity with the events taking place. This can happen for many reasons. You may have already seen these events or situation take place by peering into the lifetime you are in before you were brought into it, or you were given the opportunity to see this situation as your physical body was at rest, or you knew that the situation was coming about, no matter the decisions you made, and therefore there is a knowing that is already present.

This is a sensation that is interpreted by the physical mind, yet it has no concept since most remembrances or familiarizations have a firm grasp within the mind. That is to say, you remember going to the store yesterday because you were there though you are thinking about it today. The mind cannot always grasp that which is 'otherworldly' in nature and has many ways to interpret that which is not physical.

Déjà vu as you will call it is a guidepost allowing those with a knowing, the understanding that they are on the right path, though déjà vu does not have to be understood or experienced to be on the correct path or making 'right' decisions in this lifetime.

It is simply that life form's body and soul giving the head nod that signals the familiarity with this particular circumstance. Not all will experience it though because not all are sensitive or in tune with their sensations, nor will they admit to it because their lifetime of learning does not permit them to.

Why do people experience Déjà vu?

Déjà vu is the spirit form in your body remembering or reminding or allowing the physical and physical mind to remind itself that there is already a familiarity with the events taking place. This can happen for many reasons. You may have already seen these events or situation take place by peering into the lifetime you are in before you were brought into it, or you were given the opportunity to see this situation as our physical body was at rest, or you knew that this situation was coming about, no matter the decisions you made, and therefore there is a knowing that is already present. This is a sensation that is interpreted by the physical mind, yet it has no concept since most remembrances or familiarizations have firm grasp within the mind. That is to say, you remember going to the store yesterday because you were there though you are thinking about it today. The mind cannot always grasp that which is 'otherworldly' in nature and has many ways to interpret that which is not physical. Déjà vu as you will call it is a guidepost, as you have read, allowing those with a knowing, the understanding that they are on the right path, though déjà vu does not have to be understood or experienced to be on the correct path or making 'right' decisions in this lifetime. It is simply that life form's body and spirit giving the head nod that signals the familiarity with this particular circumstance. Not all will experience it though because not all are sensitive or in tune with their sensations, nor will they admit to it because their lifetime of learning does not permit them to.

What purpose does Déjà vu serve?

It serves no ultimate purpose other than those who experience and will admit to it will come to the conclusion that there is a life beyond the physical lifetime you are currently in and that there is more than simply the physical. How could you have a familiar feeling of a conversation, event, or circumstance that you have not physically been to? Your etheric body will release itself from your physical body and experience many things while at rest, this is another way a familiarity is brought about. There is much to be learned by human forms so that there is less fear over 'spooky' subjects or that which religion has deemed dogmatic. There are many in

the U.S. that are coming to these ideas, but there are also many countries throughout the world that these topics are part of their culture that have never left. These are currently held beliefs that were never squashed by some overpowering religious force that attempted to stamp out alternate beliefs. These are widespread beliefs that more and more are coming to an awakening to in the United States.

Depression

Depression, like stress, is an action on the physical mind in an attempt to rid the soul of an action or set of feelings, which do not agree with that physical or energy of that individual. There is often no way perceived for that individual to remove the thoughts or negative energy, but this depression or anxiety is the only physical way the human body knows how to cope with what actions or thoughts the mind is repeatedly engaging in.

These are caused by actions that are against the individual's true and higher self. Positive change must be made in order for the depression to move away and the individual to move out of it.

There is no pill that will bring this change; this must be physical, emotional, mental change and changes often in beliefs and views that the individual holds true on this dimension. There is no reason to feel less welcome with others, or to yourself, because others feel you are depressed. If you are depressed by past actions, then you are to learn from these actions and move beyond them.

If you are unable to cope with past actions it is important to move beyond them and make changes to undue that action from ever taking place for yourself or for another person. Depression should be seen as another motivation for change, but many people are comfortable to sit in it because society has the mentality that a pill will fix their life. Even though their mind is not ultimately affected by that pill which affects only the physical make-up of the chemistry of the body; action and

true change from within will move you out of the self-imposed depression.

Whatever situation or person that has caused you harm or mental anguish, do not be concerned with measuring up to other's expectations. Make positive changes in your life for your benefit and do not bend to the will of others simply to appease them, thus pushing you into depression by going against your higher self and the lessons you chose for this lifetime.

Diet

When it comes to nourishing the human form, be sure to consume things that are natural, non-synthetic and were created for healthful operation of your body. Be sure you understand there is much on food labels that are masked and concealed so that a consumer may not at first glance know what is truly contained within the product.

You need to look very closely to see what you are ingesting. Some foods considered healthy by society will not always turn out to be so. Many processing methods now used in the food industry remove the needed nutriment the body requires for optimal health, by modifying food items in negative ways that were never intended for human consumption, yet used for monetary gain by the food industry.

Many additives and chemicals are added to processed foods which cause long term health problems for those who consume such items on a regular basis. Read carefully what is listed on food and drink labels before you allow those unneeded items to cause a negative impact to your overall health.

Changing your diet can have a tremendous impact on your physical well being. Add more 'raw' fruits and vegetables and ingest less heavy meats to improve your immune system.

Dreams

A dream can be many things and many times people discard them, this is why the 'dream' is not remembered. You must teach your physical mind to remember them after being taught for so long that they are unimportant.

There is a chance for your body to relax, rest and repair and this allows the soul, the real you, the energy you, to leave the physical body and examine and learn, to bring back knowledge, to meet with spirit advisors, or simply to stretch while returning home for a brief time. This allows you to be away from the depression, as you might call it, as we refer to the drop-in energy vibration between your physical existence and that which we, in the spirit dimension, experience in our non-physical form (beings of pure energy).

Dreams also create a release, or are a release for the at-rest mind where it is cycling through the events that a person recently experienced. There is no inhibition to prevent the mind from focusing on certain aspects, positive or negative, and hidden while you are at rest. There are many thoughts or actions that you may want to ignore in your waking life, the mind has the ability to uncover these, since you are not aware at the time. And bring them to the surface in an attempt to understand or simply to access its library of information while there are not other thoughts or physical actions being managed that will clutter this thought.

Many dream experiences are simply you leaving your body, or the body attempting to understand the sensations the soul has undergone. Attention should be paid to dreams and the state of dreaming. You are experiencing your true home, other actions that you will take or have taken, or your mind is helping you to understand the events of the day, or of the past.

There is much symbolism that can be confused but rather than directly interpret them you should focus on how they make you feel at first glance, the underlying motivation, the reason that this is being experienced by you at this point. Look at what things you may be missing or overlooking. If not, you are able to come back and do it again, in a lifetime or in another night of rest. Important things, messages, will always

come to the surface, no matter how murky the waters, it will float to the top eventually.

Drinking Water

Is there a simple method for ocean water desalination? Is there a simple method to make any water safe, clean, and potable?

The reason for your drinking water problem is that no one cares much for the way in which products are created or produced for consumption. Even the rain water for watering crops and cleaning, there is no much concern for these things so long as they are produced and continue to be produced for mass consumption. It is the fact that, so many believe that there is a never-ending supply which causes the problem. So many are unaware of the effort that is taken to produce clean water and that clean water is not clean in areas with clean water, and there are areas in which there are no industrialized or commercial means to obtain water.

There is not a rant or tangent which we want to undertake to drag people to the conclusion that we are overly concerned with the Earth and nature, these things will survive no matter your input, but for your time here they can produce beneficially or be a hazard and detriment as you see it. You willingly pollute your own drinking water, but many do not see it this way. You create runoff which you care not where it ends up and many are unaware of where it ends up. That it “ends up” anywhere is a terrible impact. Chemicals are intentionally and accidentally allowed into the ground, inter rivers, lakes, streams, sanitary water supplies for cities are impact by these practices. The water that would have been potable by much simpler means cannot now be processed without further detriment to the beings that consume it.

It is important to say that not all beings care for certain areas of life but the beings that do have concern show take physical action to remedy it. So many allow beings who do not truly have concern, they allow these beings to be in charge, in control, wield power over things which they do not truly care for, meanwhile those who do care, and those who would follow

another path are sitting in their living rooms offering complaints or suggestions, or passively go with the standard of society, while offering up criticism to no one in a position who has authority to change the practices. There are many who are full of good intentions, but they make no effort to persuade others. While it is not necessary for you to do or not do anything it is important that you realize that finding a solution for yourself is not the only possibility, finding a solution for a greater number than one is beneficial to all beings on many levels. Offering education, making it available, it is important. Dragging beings to the tale to receive an education is not important and should not be the focus. Stop polluting your water and you will have an easier time cleaning it, you will have true water, rather than a method for carrying inactive chemicals which have only been made neutral by other chemicals added to your water for safety.

Desalination is not an easy process, nor will the entire water supply of the world ever change fully to pure drinking water free from that which would harm you now if you ingested it in great supply. The method now that is best for all includes filters and a method of boiling. Adding any chemical to the water to make it clean is not a method of clearing. You are additionally polluting that which is already dirty. Eliminating process which involve polluting your current supply will make water reclamation easier in the future. It will take a great deal of time to see the benefits since nature must first undo what has been done before it can do what is normally done. Make improvements and take actions to include in your water supply, water drainage, downspouts, sink drains, sewer and storm drains only water. Only water should enter these areas. Water does not need the extra work of hauling contaminants which should have never been created in the first place. This is true not simply for obvious pollutants but for excess food, excess is waste, water and the current cleaning process should not be further taxed by placing food scraps down the sink drain. Soaps and other materials, excess drugs, should not be included in any system which drinking water is processed.

The realization for many that all water is recycles in a stringent process may be absurd, but that which you send from

your home will one-day return. It is important to understand the impact and implications of the actions you take today and the waste you create today. Take time to lessen the waste you create and the methods by which you seek to reduce the time it takes to complete a task. There is so much more you can do when you are not only concerned with creating more free time. Your free time only becomes filled with other plans and objects that do not fulfill you.

How do we help make water all over the world cleaner and get companies and people to stop dumping chemicals and pollution into it?

Stop using the chemicals and properties and actions as an individual that create pollution in your drinking water. No matter the effectiveness of cleaning the water you are still having to clean it on some level because it is being used. You'll have to stop engaging in these practices in order for the solution to be made. Not all will come to this willingly, but when many stop, when many use their own chemicals that are not truly chemicals but in line and in-tune with nature, there will be a pursuit, financially, of companies in these areas and those products will become available.

You are seeing some of this now in certain products and foods. For much it is just clever phrasing to offer the view that something is better or healthier when it is truly more detrimental or at least neutral to you. It is important that you investigate things and locate actions and products which are sustainable. All things are sustainable to some degree but at what cost to other areas do you wish to keep the specified product or action sustainable? It is important so understand that all actions have a reaction, cause and effect. Anything that is made now is because someone wants it, it may not seem as though you or anyone else is outright saying to anyone that they want a product, but quietly consuming is the very voice that these corporations receive. You can complain, but in the pursuit of profit the change will only come once the profit is attainable in the products and services that the populations are willing to purchase.

Start small. You do not have to hold negative emotion or energy because so much of your water in so-called civilized lands is unsafe. You can begin to find alternatives, you can find new means to gather the same products and have the same outcome for you but with less impact on other areas, there will be less cost on other areas, less impact. Using fewer things that require so many resources, only to be thrown away, in all aspects, not simply water, this is the problem. There are items you purchase and have in your possession less than one day, less than one hour, they have no use after 30 seconds of use. Find new means for these tasks to be accomplished that use fewer resources and create less impact on the resources you need daily. Doing so will provide easier means of obtaining your resources and simpler means of providing access to these resources such as water and air.

It is normal to use things, to use items, but to cherish them, even the most mundane of reusable napkins, this is the attention we wish to bring you to.

Creating for yourself the ability to change your environment will create the ability and readiness for the environment of others to change much easier. Do not feel you are engaged in lost causes. In order to have two beings engaged in a specific act, you must have one being.

Earth

Please share the history of planet Earth, how/why it was created, its impact on the life found on/in it, and Earth's impact on the rest of the planets in our solar system.

This is Constantine, I will be joined by various beings during this recount of history and the discussion of Earth and those that have dwelt there and their history or purpose. The primary beings that I will consult are a group of light beings that are also accessible to many on your plane. Their name is not important but the perception that you are talking with a single being is also not important. The information is ascertainable through various means, should you have

questions I can be your 'librarian,' as you might call it, I can retrieve this information and further information for you. The guides which Alexander calls his own will be involved in this discussion at various points. It is more important that you understand that we are all working together, we are often in the form of a single entity during our work, individual labeling is not so important, but this will include the group of beings called Elophyny.

We will begin with a few short concepts which are important before we view the much larger picture. Understand that this is a very large concept and we will try to cover the important facets, but we will overlook something that may be important. If you are reading this and later find that some area of concern was missing you can contact Alexander, he will understand and will contact us so that we can provide discussion. It is also possible to generate a connection to this information through other guides, through other personal spirit guides, you may ask questions of those who you associate, and they too can provide further information or information such as this. Do not place him on a pedestal because he provides this information, he is simply a channel and, in many cases, is just as aware or unaware as you, the person reading this. There may be inconsistencies between stories, it is important to know that there are many perspectives to this story. There is that of fact, this is where we will concern ourselves, but even in the realm of fact it is important to know that the position from which an object or time line is perceived will change what is known, even slightly, about the object or time line. Do not hesitate to delve deeper by some means, know that because 'A' and 'B' are two different letters it does not make them incorrect, they are still parts of the truth of your alphabet.

The nature of life on your planet.

There are many who cite the source, the source of creation on your planet as some otherworldly being. We will discuss this, but it is important that no matter the name you associate with it because of religious associations you are all created from the same source. There is not one religious association

over another which grant you greater eternal peace and serenity. We say this now because it is often these associations which cause conflict in these discussions. It is the nature of life that is it, by your terms, religious/spiritual and scientific at the same time. It is very much reasonable to describe this association by using a rock. A rock is described by being tough or hard, not easily broken. The rock is also warm or cold depending on the conditions where it resides. The rock may also be in motion or it may be still. You can use various aspects to describe the rock and that does not make one truer than the other. Often you are missing key points of existence because you are concerned with what makes your descriptions of the rock different from others, rather than realizing you are all bringing parts of the information together. You must also consider that all descriptions of the rock are not correct, incorrect or even that they are necessary. It is important to know that the rock exists freely without your beliefs or descriptions. Existence is in existence no matter if you hold some outside belief for its cause or associations. We feel you will understand this more easily as we delve further into this subject.

There are many in your explorations of the solar system and many in science who state that life on your planet is possible because of the conditions there. There are statements that Earth is inhabitable because it has a balance of temperature, light, water, and all other possible conditions that impact the surface and organisms and beings that reside upon it. Know this, that if there had been the desire for the human race to occupy Neptune, Venus, or the center of the sun, there would have been built a human existence in which these conditions on these objects would have been made tolerable. You make very many efforts to examine the solar system, the vast areas of space, looking for planets which are similar to yours in order to sustain life. The environment on each planet is not important. Life will exist where it is necessary for life to exist. There are beings and forms which exist on much 'harsher' planets than those which are in close proximity to Earth but do not appear to support life of some kind.

What is important to know is that you are not alive on your planet because your planet is suited to you. You are alive on your planet because you have been made to be suited to the conditions there just as you could have been made to be suitable to any condition on any other combined mass within any other solar system. This is the nature of existence, it is flexible, it is not revolving around the human race and other objects or life forms that you know to be in existence. You are currently limited in your opportunities for discovery because you assume only certain types of discoveries are possible. This means to say that you are limited because you do not truly know what is possible. Possibilities are endless, and while you do not know each one, it is not presently possible to know each one, the individuals who reside on Earth, the majority, hold a limiting belief. There is a limit on life and its forms. Soon this will change. Freedom to truly explore the universe is important and the nature of belief is important in that you allow the possibility of all beliefs to be equally possible. All outcomes are possible and there are more outcomes than you will ever know. Assuming that there is only option 'A,' 'B,' and 'C' does not account for the existence of 'D,' 'E,' and hybrids 'AC.' It is not necessary for you to acknowledge a form of existence in order for it to exist. It will exist, it will maintain its form no matter if you acknowledge it or not because it does or does not fit your belief system. It is just a matter that you will not see what your belief system does not permit you to see.

Earth and its formation

While Earth is not the oldest object it is the object that we will begin with because you reside there. It is important to know that you are not alone on this planet. There is a great deal that visits, remains, and leaves in terms of life forms on this planet. While you are aware of only your existence, there are many who are aware of you. Throughout time and history as you have recorded it, there have been many who have come to your planet, there have been many who have shared information and many who have altered the physical being and existence of your bodies. This is not to be feared. There are

some who abandoned hope because you were not the appropriate science subject for their experiment. It is also worth saying to you that there are many who simply wish to use you for their benefit without consent.

What is important about these beings is that there have been many who have shared information onto your plane for the acceleration of the planet. For the uplifting of the human race is not simply important or for the benefit of the human race. There are many objects and advances that did not come from the minds of men. This is not to detract from the work of men, this is not to belittle your knowing and capabilities, but this is said so that you will understand that those who came before you on this time line are not somehow, less advanced or in the dark because they do not have your technology or the appearance of your sophistication. It can be said that when there were simpler thoughts upon your Earth there was more involvement from outside beings, it was, in a way, more acceptable. Now there is a greater amount of fear and distrust. While some of this is expected it is not serving anyone's good to hold fear of the unknown. The worry of attack is not important. If the concern was a legitimate concern, you would not be sitting or standing in your daily life because the planet Earth would not exist.

The 'Big Bang' did not occur as you have read that it did. It was not all started with the perfect alignment of chemical compounds and then gravity associating more and more mass to the form which then became as large as it is now. The formation concept is true, in a sense, because there were many versions of it, but it was not random trial and error on the part of the forces in your space which caused it. There were various forms of beings and various forms of the habitable Earth-like planet. That upon which you currently reside is still much older than what you mark it to be. The recycling of the surface has caused you to miscalculate your readings in terms of time dating. Each time a new evolution of the surface was to take place it was often only the surface which needed changing in order to support the new version of life which was to take root here. It is your fear that you are not the supreme being, and this is true, you are not, but no being is. But it is also true that there

is not a supreme being which lords over you, all of these things are done for your benefit and all those who will one day experience this existence.

Your Earth was developed carefully and formed into material and physical existence so that you may have a tangible experience here. Energy was brought to a lower and lower vibration in order to form surface and various features. That energy which was so abundant during the creation has only changed forms, this within your own science is true. If you were to say that at this moment there is a particular amount of energy, it would be true from now until all existence simply stopped existing. The amount of energy is constant, what changes is the form of energy.

Dense rock is formed by challenging the mind to create and the initial creation of any creator or being to create this. You create this in your life and you contribute to the growth of earth in the terms of dense rock which is a large part of your natural existence. Your natural rock and the formations there are created by your mind. Your mind contributes to this existence without your formal knowing, now you know! This process is to ensure that there will always be an earth. What is seen as an earthquake or a volcano spilling new material into an area is also the reaction to this creationary force within each being that resides on Earth. Being “stuck,” or having a difficult time is not the result of not knowing what to create or how to create in all cases, because you are creating at all times. It is this knowing that you are on a solid object which creates more solid object for the earth to call the Earth.

In order to understand this, you must understand that your mind is not the machine which simply creates factories for your products to be built within. Your mind is the factory which creates all that is in existence and all that will be. Yes, there is some manner of simply holding the idea to be true, focusing on that which you wish to be in existence, and it will create, it will present, it will show itself into create because YOU have brought it into this place. This is much more demonstrable when you are no longer in your physical existence because you can think in terms of travel, that is if you wish to go to point ‘A,’ you simply ‘think’ and you are

there. While this is difficult to understand it is also important to understand that there is a great deal that requires retraining in this area once you undergo a physical death because you are not used to thought producing an instant result for you.

While we are not speaking directly on the creation of Earth at the moment, it is important to understand these tenets as we move forward. It is not by accident that we are sharing them with you and these ideas will be the basis as we move forward on the topic of your planet and others that you know to be in your direct solar system. Do not worry that we have lost our path in this discussion, we will bring it to the forefront of your mind in a clear way. The foundation of this discussion must be laid before we can discuss additional topics with greater ease.

The birds and the bees

There are many who concern themselves with the evolution of plants and animals on your Earth. Just as many may become extinct for various reasons, change over time, or adapt to the planet, so does the form in which you presently inhabit – the human body. The purpose though of these other being, of these other life forms is not dissimilar to your existence. They are here for learning and teaching you. You are to understand them. They are not inanimate, that is, we understand that you know they are full of life, but they are also as intelligent as the beings which you see in human form. A bee is not less intelligent because it is smaller than you, because it concerns itself with the creation of honey or the maintenance of the queen or members of the hive. There are many in nature that serve as mirrors and windows to how knit and connected the human race is and it was more evident in eons passed. As simply focused as the bee is on survival and support of the colony, and as much as the tree desires to grow, so was humanity focused. There are different parallels to this now, but it is not so much different, it is only less obvious because there are more distractions and there are more variables as the human existence moves forward. The complexity of nature is not so complex when you realize that you are part of it, it is in

you and you are in it. It is not something separate from you. You create it, it was created with your help and its purpose is carried on with your desire to see new things and to understand that which is inside you.

All of nature is a window. There are similarities and metaphors which many share on your plane as they view nature and how it is relatable to the “human condition.” This is not a simple coincidence. Reminders are all around you of your connectedness and your potential.

This is Constantine and I wish to speak to you about the development of the Earth. Understand that there is more than a simply overview contained within this information, but the full knowledge of this planet would take more than a human lifetime to cover. We do not mean to withhold this information from you but to describe the points of interest. You can always ask questions and we will discuss specific points with you, but, for the sake of this discussion, know that we will not be able to cover from the beginning of the time line to present day. It is simply not possible to do. There are others who have shared information on the development of this planet and the previous civilizations and the true nature of those who have resided here and interacted with it. We have discussed some of this information and will discuss some of it here. What we can say will also augment this information that has already been delivered. Understand it is never our intention to hide or conceal information from you but there are certain aspects which may need repeating but also certain aspects for you to learn in your own time under the conditions of your own process. Let us understand fully that the history, if we were to assume zero, this is not the first level of inhabitants on your planet. Your history, as you have recorded it has misplaced the zero by several hundred million of years.

The Earth fluctuates, it is not a misguided youth saying to verbalize the way the ship sails, so the sea so goes the Earth. You will not understand that sailing reference. We do not mean to misinterpret this lifetime’s information (speaking to Alexander). We mean to say that there are many phases of development. It is important to understand that while many

non-physical changes have been placed, many changes in the personal development of the individual, there have been many changes to the physical form that you inhabit while you are present here. While each of these forms has been discussed previously on your plane, it is important to understand that the human form only looks and appears normal to you now because it is what you see every day. It is normal because it has been made normal. Do not expect that other beings that you encounter will also be outfitted for this lifetime in this way. You must understand that there has also been a great deal of physical changes that have not been aided from a purely metaphysical standpoint. When we say metaphysical we do not mean new age and hippies, and worshiping the dirt, and we say that in no disrespect for those cultures and beliefs, only to contrast the vocabulary that we shall use in light of Christianity and the related faiths being so widespread on your planet, they understand these terms.

There have been many outside beings, many outside races that have interacted with your plane. Considering your recent lifetime, your current time line, that of which your history books somewhat understand, even in this there were great civilizations who had an influence from outside beings. It was common practice within the Egyptian world for beings from other planets to interact with these humans living in that time. It was not a rare circumstance as it is considered now. Much of what they experienced was the same way that you may take a bus or drive a car to your grocery store, or visit a relative several states away. It was not entirely held, the technology, by the Egyptians so that they could not travel easily to these other places, but a version of this technology was shared with them. While there were many beings who visited them, there were not many beings who always cared for the human to have widespread roaming ability within all that exists within space. While this is not to be mistrust placed on any of these beings, nor are we saying that the human form is misguided, there are many personal and group-based matters of thinking and focus which were not and are currently not held in wide enough parameters to create the spread of human civilization in a productive way. You are not at a disadvantage but the methods

in which you would require to communicate; even simply feelings and ideas to other races is not abundant in your own culture. This is similar to going to another country and not speaking the language about also not knowing even your own customs and how they might translate to the new land. You will understand this. There were great pyramids built as landmarks, as altars to the beings from the sky, and as methods, quite simply, to raise one high in the social strata because they believed raising your vibration was the goal to be achieved. While there were very ornate objects and very robust materials to fabricate expensive and luxurious items, it was considered truth that in order to achieve greatness it would be from raising the vibration of the being, and as a matter of working in this way so would the civilization be uplifted.

It is not a matter of slaves that many objects were built. There were many objects in many cultures that are said to be built by slaves. Those who suggest this idea often base it on current views of what is possible and what current man is able to achieve. There is other material that states there were specific groups of people who were held slave and captive by other races or groups. While some regard this as true it is not true in all aspects. There are many who gave themselves willingly to other ethnic groups or to other beings, even generally speaking, who they believed more adequately or more highly advanced. Man has always placed an emphasis on one being higher than another or lower rather than all beings from the same creation and living for the benefit of the individual and the group. Knowledge was often kept secret because of this, in order to maintain power. While more and more power were often needed for projects, it was not always by man's hand that an object was built. There were many objects that have been lost to time and deterioration. Remember, simply because a phase or era of your time is in your past does not make them less capable or less technologically aware or developed. Simply because you do not find evidence of these tools does not mean that they did not exist. Your thinking that all men before you are somehow backwards is not accurate.

On an individual level, there would have been greater emphasis on the project for the benefit of humanity, we are speaking generally here with no specific project in mind. There were fewer distractions, there was greater emphasis on what must be done because there was no one else to do it. There was not simply less idle time. There are many now who say there is more idle time for man and thus he creates distractions. This is true but there was also a concern beyond that of the individual. And even considering the individual the individual was not so removed from all things that impacted the body. Food was not the responsibility of someone else to acquire, man was not removed from the construction of homes and buildings, man was not removed from transportation. Man had the sole role in these things, while there were groups who would work together it was important to understand that it was not simply one man depending on another as a matter of serving, it was a benefit to the entire civilization when many banded together and created a civilization where each brought to the table, each brought to the society, rather than expected from it as a matter of birthright.

We do not mean that each man and woman must be given something. We do not intend to compare civilizations and ideals. Each man should be cared for. What is missing from previous civilizations is the compassion, often strict rules, methods of brutality. These ways are not missing from your history books, but it should be said that before your time line they were not used. It was a method of destruction of lower beings that they introduced this manner of punishment into the world. They believed it was necessary for the physical body to enter into this pain in order to prevent acts. In all cases violence is a matter of frustration, of energy not able to be expressed by a specific individual or group. Often it is expressed in harmful ways, but in all cases, it will take the path of least resistance. This is the case of all energy. What appears to you as difficult is simply other energy attempting to circumvent the process to which you cling so tightly.

The birth of mother Earth was a calm process. You were supplanted here as were the ideas that you were all that there is. It is a matter for all evolutions. You are not the oldest planet

nor are you the oldest people in all of existence. You are quite young, even this version of the human existence is quite young. What we wish for you to know is that there are many other beings who have concocted various plans for your physical bodies, this is often in a beneficial way. There are others who have manipulated beings, but this has not been in a direct way. There have not been any beings within your immediate past who have involved themselves in a negative way within your development. There are many presently and even in the past who manipulate by distance. There are many who work within your world in a physical way but do not have an altered physical appearance. There are many who simply appear to you as would any other human being. We do not share these things with you to be disturbing, to be frightening, to haunt you when you are alone. We share these things with you because you need to understand that there are many aspects of life and existence, not simply what you touch, not simply what you see and feel. You are not alone. You worry about what your neighbor owns when you should come to the conclusion that it does not matter what your neighbor owns, it does not matter what you own, it matters what you and your neighbor possess within your bodies, within your minds, and what all of existence possesses within their true beings.

We do not go humbly into the night to share with you these things in hopes that you will believe some science-fiction view of the world, we share this with you to understand that there is not some black and white world but that of science-fiction is quite a lot more real than the version of events that has been shared to you regarding your history, regarding your planet, and regarding all of civilization.

It is important to say that not all brought into existence will be good. Not all things that have occurred on your planet, that which has been introduced to it has been deemed, what you would consider, positive or loving. You require contrast, you require change and the difference in the nature of things. So, do not blame, do not blame your higher power so that you can take comfort that all is right with the universe. You should not be made to feel comfortable by that which you have been told. That is its purpose, to make you feel comfortable. We do not

wish to tell you a story that you have read about deception, but to fully understand the world you must understand that you will experience disbelief that any of these things are true. You have a very vivid imagination, and much of these things, there are certain aspects, that are false. They are false until you bring them into society and make them part of your existence. The fate of any race, no matter what level of being, no matter a solid or simply a very light energetic expression, that which your society brings into existence, no matter the purpose, it will impact the mind of all of your citizens. We do not wish to condemn your manners of entertainment, but there is much that does a disservice to your people and brings into their mind the horribly backward mannerisms that we wish to see you override and implant your current ideals. This speaks to many on your planet who simply involve themselves, very passively, in certain areas and certain subjects, and certain pastime's.

What you need is an uplifting. Much of what you do serves to tear down other men. We do not mean to avoid the topic of your history, but this is very much part of your history. This is the cause of much of your existence and the disharmony that has appeared time and time again. It is important to know that it is simply not a matter of stopping one hateful act and then there is one less hateful act. Just as one good deed expresses a great deal of energy into the world and is amplified, so is the cessation of a negative act. Stop amplifying and bringing into your world that which you hate. We must understand, all of us, that what we do, that which we passively become, it will manifest within our worlds. You must not lose your identity if you do not wish to, but you must understand that which you perceive to be true and enjoyable will continue to be true. While this is not easily interpreted in all things it is imply a manner of lifting up all things, lifting up all beings. So much is done to oppress people and culture when what should be understand is that you are all of the same culture, you are all in existence. You, by your color, heritage, religion or any other aspect, by that alone you are not causing hate and discontent in the world for another and those who are different from you are not causing this hate and discontent. These actions and views are often used as an excuse for an expression of hate, for an

expression of anger and rage that we do not feel honored to share. We do not mean that you should find an alternate route simply to have an alternate outlet for this expression, we mean that you must stop repeating the mistakes of your ancestors. It is possible to see these events as they approach from the horizon but so often there are too few people who see the mistake, who see the history repeating, only to have the mass of the population see the mistake once it has been passed and it is too late to change the course. It is never too late for action and there will always be some expression of discord in the universe but there is no need to use free will simply to attempt to change the free will of another being. You must understand that any hate you express causes more hate, no matter how happy you believe it is making you, it is causing more hate, somewhere, it will manifest and materialize.

We say these things to you because there is so much individualized attention, so much basic focus on the self that you cannot begin to understand what is beyond your horizon, what is beyond your atmosphere. You can interact beyond your borders, we do not mean across oceans, we mean to say that you can interact with beings across vast reaches of apparent emptiness of space. You do not need these things to live a life, but you must realize that the passion you have for your Earthly aspects can be multiplied to unbelievable exponents when you achieve a unification in understanding work on your planet so that you are capable of experiencing the forms of existence beyond your current level of knowing.

No, the moon was not created by debris from a collision with Earth. It was placed there as a method to balance seasons and magnetic changes within all living things. It does not simply change and impact your oceans, it changes and balances, it attempts to regulate that which occurs in terms of other planets and their magnetic pull on your Earth. We say these things to you because it is important to understand that there is so much more. Many of you feel trapped because you know there is something so much more than yourselves. It is not a matter of acquiring more things, more possessions, more responsibility, more items to be cataloged, explore your world but first explore all manner of things within yourself! You are

your greatest adventure. You will not experience that which is not part of you, but understand that all things in existence are all part of you, all things are part of you, nothing is foreign to you. All that is living in existence is all from the same source and was created by that source, it was created by you. You must know that there is not much more outside of you to be done on this plane other than the opposite of what you have done and what you have been doing. You can attempt it individually to see if it satisfies your level of curiosity, but know that all things have been done before. All things have been done, it is time to observe the history and observe what has worked well and assume the duties of what works well for the benefit of the individual and the benefit of the global society.

Turmoil, turmoil, turmoil. You can only calm the turmoil of the world when you calm the turmoil within your body. When you calm the turmoil within your mind all other works will follow. You should examine the source of your turmoil. Understand that you are not required to kill or be the victim of killing, it can be changed at any time. Do not hope that a victim will not be victimized, to not hope that a killer will not kill. As a living being in humanity it is simply a matter of not conducting these acts. It is important that you do not engage in acts that create these amplified energy acts. You cannot live in this world without impacting the energy and the life around you. What may baffle many is that you cannot live in this world, even in the most remote location, and not have an impact. Your existence impacts all things within existence. Realize this and you will relinquish that which is not for you. We do not mean for you to live as a humble servant, making yourself a doormat, but when you all live for the engagement of another, for the uplifting aspects of another, to focus the intent of humankind on understanding and growth, these things will change, acts will change, intent will change. By channeling your energy into positivity instead of acknowledging an unspoken battle against an opponent, you will change the world.

It is our peaceful intent that you understand all that has happened is true, all that will happen is true. This is not

reference to your history books. Your history is controlled by those who print it and it ignores the nature of the events of the individual. Simply because you understand history books does not entitle you to speak on the nature of history, you are missing great sums of information relating to these events. You can use them generally to focus your intent on the positives in history. It is not important that there were opposing forces, it is important that there were those who wanted to seek an alternative, to find a resolution, and those who realized that there were never battles worth fighting with words or hands in the first place.

Create a space within humanity where all can flourish. You turn a blind eye to that which is different to you, to that which is ugly to you. These things are part of you. You are afraid of these things. You are afraid of becoming these things. You are worried that you are too close to these things. Acknowledge the dark aspects of yourself and acknowledge that which haunts you about humanity. Ignoring any energetic expression will not cause it to simply disappear from the face of the Earth. Any widespread change must come from within or it will simply displace the energetic expression.

You must welcome change. You are a battling people. Not always with one another who are different, within your own societies you battle. You battle for superiority, for superior thinking. Welcome all things to you which are different, which appear grotesque. Welcome all things to you which have meaning. All things have meaning. All things have meaning, All Things Have Meaning! You are in existence to experience existence as you like, but you will continue to repeat this loop, these acts which have occurred through time. We know that there are many who are not ready for many new methods of thinking and will not open their hearts. What is important to understand that there are many who appreciate opportunities who appreciate alternatives, but they sit silently. They must broadcast this change on their front lawn. While this is a slight exaggeration it is important to understand that positive energy will be expressed but it must be expressed in place of what appears to be complacent behavior. It is important to understand that it is not simply a matter of disagreeing, you

must engage in behavior which states this. Not all battles are your concern, but all energy is your concern. Do not passively allow the energy of opposing energy to infiltrate the world because you simply do not wish to be involved. Engage in acts which oppose that which is not for humanity, that which is not for you. That which does not lift you up does not lift humanity beyond its current reach. We can all achieve great things, we can all achieve great things, all great things will be achieved with great people, great beings remove fear from their being. Do not live in fear, live in love. Love in all things you do. If you do not love it do not do it. We understand that there are many things which you feel compelled to do, you feel compelled to go to work, to have a car, to engage in relationships. If you do not feel that this situation is serving you then it is true to say that there are many who do not feel the situation is serving them. It is important to understand that there are many things which can be changed on a greater scale of more of you would share ideas, if you would ignore societal standards about speaking on certain topics. You would understand that many of you are facing a desire to change the destiny of your world, as it pertains to you, and therefore change the outcome of society as you now know it for the improvement of all who live within it.

You are not going to find a leader in a position fueled by material gain who will see this as an opportunity in which they should lead their people. No matter what direction any person attempts to go, there will be no benefit to any state in which people have their power and are in harmony. We are not describing a Utopia, we are stating that many of you wait for others to engage in these acts, and while one act supports and creates another, a leader for you will not come from the outside. A leader will not come from your television. The leader of your mind and what you feel is important will come from within you. A leader and change agent for society is within you. You are not within a self-supported position. You are in this current position, within society, many of you, because you believe it is living to your greatest potential, but you have been told your potential.

You must explore your feelings and impressions, you must explore changes and differences which have not been said you before. Do not examine true and false, examine the other answers which exist, the other opportunities, the other forms of your own existence. You can be much happier than any of you currently state your happiness to be. You must not cling to machinations. You must not cling to things which do not support your happiness nor support societal happiness, nor which are things that can be supported indefinitely. Your time in this life is limited but begin moving mountains now and move more mountains upon your return. You can begin to move them. You will return. You will return. You are not achieving a harp and cloud and wings upon your departure. You will view your actions, you will learn and grow. You will receive information. Grow now with the information you have been given. Do not worry that your neighbor is not yet doing it, do not worry that the news is not yet discussing it. For you, you will be discussing it, you will be expressing energy that will allow others to grow. When one succeeds it makes it easier for the next and the next. You must be first.

How was the earth first populated? How was the earth first populated with the human form we have presently? Was there an outside influence or population that impacted the earth and its type of population?

This is an ever-changing dynasty in terms of life and existence on the plane in which you currently reside. There have been many forms. Though many are not truly dependent on the spirit that inhabits them there have been changes to allow for greater interrelationships between the life forms and for subtle returns to the higher planes that are accessible by all. There are many things that have contributed to the expansion of the race of human beings that are currently on the planet. You are not here for punishment, you are here for growth. The physical properties, the chemicals, your DNA, are made up of many different living things. There have been outside influences on all of humanity and to specific races. Many differences you see now in humans and their origins refer and include many interferences or bonding from beings outside this

planet you currently reside. Many of these interferences were to attempt to eliminate things that were defects caused by your own manipulations or through processes. It is not important to know the complete history but to know that you are a conglomeration in this form of many inputs and outcomes that have been experienced by men since they were first inserted here and filled with the energy being needed for growth and expansion. It is possible to say that those here need more growth than others but this is untrue because all are growing, there is no top at which you begin laziness and idleness because you have stopped working, there is not a point at which work is done, there is not a point at which you cease a purposeful existence. There is a time when there will be more information shared about this. You can find some of these texts in your world presently but there is much information that was unfiltered and unexplainable by those receiving the information, so it will not be as clear as you wish it were to have been received. It is important to know that you are not alone. No matter the type of being or entity, or even with comparison to those on your plane that are living things, all share basic building block concepts to allow the physical form to be produced. There are many creatures on your plane that were brought from other areas to allow assistance and guidance and understanding to be experienced. These have been experienced by many as other worldly creatures though all are from the creator be they directly from that creation or from the manipulations of off earth beings who have brought a creation to it. All share the same building concepts. There is not a change in entity complexity because of the physical appearance. Many are the same. Many are able to communicate with you. Just as there should be no hate or worry between life forms on our planet there should be no worry of those from beyond it. Many have come to help you. You are the planet that we are all waiting to catch up. It is possible to consider that greater improvements need to be made here but improvements need to occur throughout all of creation that is or ever shall be. There is no need to worry on the purpose of your existence, you are here experiencing. You should find joy in things and attempt to share into the world

that which you know to be good. It is not important to expand your knowledge in the ways of healing arts any further, you now realize that these are all the same. There is much that is the same on your plane when compared to what is seemingly different. All things that exist are energy, all thoughts are energy, all things conveyed through seemingly mystic abilities are energy. We are all energy. All are the same. It is more important to learn about how this energy is transferred through its various forms. Learning the properties of vibrational patterns will assist all in knowing the difference between what is seen and what is unseen. The properties of mankind are simple building blocks, and many are learning of these things now. It is important to know that there are men who will work to defeat this because of the constructs of man and how tightly they grasp to the aspects of these that consider themselves more important than others and give only the ability to degrade others within them. It is important to lift up others. All truly wish to be raised in a so-called spiritual evolution, a learning in your true body in concepts, but many are on different paths and will come to this knowing at different times. There are great spans of time within a lifetime for an awakening to take place, much also takes place upon review of a lifetime once a being has exited your plane. Change is coming for many. There will be an exceptionally rare case that will make the difference for many. This will be a matter of origin for many. Cases are what many need to bring these topics to the forefront of human existence and consideration, though through these methods there is no scientifically based information, it is up to the receiver of information to allow these thoughts to ring true for themselves. Some will not achieve this in this present lifetime. Changes will be coming to you. Often the sweetest spiritual involvements are those that many take for granted. Look into the little things. Experience all things great and small. As moderation in ingestion of food, so in the experiences of life. Keep reading and understand that work of those who have studied the unseen, those that are involved in notoriety and those who are yet discovered by the mass populations of the world. This work is important to share. It is important to work for the change that any one of you wish to bring forth in the

world. It is important to find the means necessary to do so. There is nothing wrong with speaking out against that which is unjust or unfair. It is more hypocritical to speak on true things and then use idleness to allow them to continue to exist. It is not important to battle with your brethren, it is important only that they understand the views and facets of ideas that come from what appear to be opposing sides on an issue. There are many who will speak out when the actions of one spurn a few to the cause. Comfort and adaptability allow laziness. Adapting is important, overcoming obstacles is important, it is important to have motivation, but there is much that the minds of those who are enlightened or have the ability to become this manner of thinking, there is much that they simply accept or choose to ignore. It is time to change these things. A sign, the world spoken, simply not accepting the action of others, inaction often promotes others in viewing you as accepting of those actions which are not truly beautiful or just. It is important to make more waves so that more can receive them. It will spread out around you. Share peace. Share those things which you hold dear and true, many can be broken free from the bonds of their thinking when they are held in the same respect that you wish to be kept in. Manifestos that explain in very concrete terms what differences there are in minds that one can concern themselves with are important. Explain away their ability to cling to old values and seemingly just morals that do not hold true and have never held true contrary to what they believe has been passed down to them with the greatest of intentions. It is not important to preach, but it is important to make the information widely available. Some are on the cusp now and are seeking a light, a beacon, something that will allow their information stores to peak and create in them the new information for the world. Small ripples in your area of influence, where you can emanate these ideals is important. Each will reach many and those ideas will be spread. It is important to be confident. Confident and professional and true in your beliefs are important. Do not return the same attitudes that you do not wish to receive. Allow greater growth to occur in those that you have not expected much from other than stagnate thinking. Peace will come but there must be work.

Frustration and anger at the reactions of few will be experienced. It is important not to become swayed from your goals and your own personal truths because they are questioned by others. Fear nothing except your actions that were left undone. Make it available. The kindness which emanates from those who have this understanding will find others to approach you even after you have felt as though you have been defeated in battle. There is much learning, much progress. You have this knowledge, now you should seek to share it further, share it with others. There is much they simply do not know because they have not been told this information. They are not aware of the full potential. Learning is important. There is much information that those on a non-physical plane can share but there is only certain actions and physical interference that can be brought forth by those living in your plane. Destruction and irreversible actions are not always irreversible but there is much that is catastrophic that will occur, through there are many that are stopped by the beliefs of others and by the energy from the non-physical world. It is important to not remain silent. There will be a clash of ideas, but these will not be permanent. You will see that peace is not always at the forefront of those who claim to be peaceful and who state they are peace-bound for their soul's highest good. There are many in this belief set that will find it troubling what you're saying. There will be difficulty, but there will be difficulty with all. To push the energy of this planet into a new era is important for all who will come to it and for those who are aware of it. Your spaceship is your planet, it must be maintained. Idleness should be removed from your thoughts and set of available actions. Happiness can be experienced by all. Move beyond suffering. Focus on the good that each person contains within their potential that was given unto them simply by experiencing this lifetime. Personal skills will come about accordingly. No unjust actions, only unjust inaction.

Easter

Constantine has stated that the spirit of Jesus, the being that is Jesus, cannot be contacted. This information comes from the true account of Jesus regarding the nature of Easter.

Easter is a time of reflection. The time of rebirth. There were many holidays that before this day, events leading up to it were shared by millions. It is a time of rebirth, a time for changing, a time for celebrating the spring as nature comes into active being, freeing itself from its apparent dormant state. The time for Jesus was not that rising from the dead, there are many accounts of this. He was not dead. There were illnesses of the time, he was not susceptible to many of these but would infrequently succumb to one. Easter is rebirth. This should be shared with you and others as though it was the new year. Many seek out the new year as their purpose for starting fresh and beginning anew, Easter, and the energy associated with it through various religions holidays is more powerful for new beginnings than any other day. It is shared with many and shared on many dates. Typically, May 1, and the week leading to it, the energy is the strongest. This is energy associated with past acts and the intentions of those who focus on this time. Even in the modern Easter there are many representations of various religious traditions. It is not a time to segregate. Start new and fresh. The savior Jesus was not an immortal man. He was not an immortal man, he was a mortal man who was sent to deliver messages and show diverse populations the message of peace and love and that all that we seek externally is available internally. We, humans, are very literally, a representation of the universe. We can create, we, literally, impact the universe and are creators of the world, the actions, and the physical and non-physical that takes place within it. Jesus was not in a mysterious tomb only to be risen from the dead. He was to be moved to another location for medical treatment. It is important to say that no one was impervious to this disease, he was able to heal himself. It is also to be known that the length of one's life, the age, this was a different measurement than used today. It is important to know that recordings in the bible, those that have not been altered, many

are physical and accurate depictions of that which occurred, but there is much that has been destroyed and abolished for the sake of control. There was much added to include hate and segregation. This was not in the true spirit of Jesus. This was not in a unifying and loving tone. These are not the messages that he would have wanted shared. It was his world to spread unity through honesty and caring between people no matter their station in life, no matter their money or position or education or sickness or health. Those who attempted to show their importance only using money and their greed, these are not true things, these are not necessary things. These are not the willing gifts of the righteous who pursue their highest works. This Easter it is time to move beyond what is shared in a biblical text and honor the true feelings in your heart. Start yourself as a blank slate as you awaken, allow all that is near you to enter your mind and consider it a beneficial possibility before all else. Consider it carefully. Before passing judgment, determine how this idea, situation, determine how it directly impacts your life and your heart and your mission. There is much judgment on topics that do no impact but a few beings on your plane, but many will use this as a weapon for disaster among people. Include in your thinking one opposing thought per day. Examine this opposing thought to your thinking. If you consider it to be valid at present, determine what bearing it has on your true being. Determine what must be done so that it cannot impact you. Determine why it does. If it does not alter your true path, release it from your being. It is not for you to pass judgment nor carry judgment in your heart that is unnecessary. This is carrying unnecessary hatred. Honor those ideas and beliefs which are truly yours, which you feel truly impact your life, that which can change it positively. Share them, live fully in them, but be forever open to change. If you change nothing, consider yourself open to change. Open to new, you are not a book, you are an open journal that is open and willing to receive information on your blank pages. After reflection if the page does not speak to you, tear out this page. If the page is for you keep it with you, turn the page and experience more. At no time is it impossible to remove or add information. You are an open and growing being. You are

living through various points, periods, and time frames of education throughout life. Do not maintain rigid thinking that you may have acquired at a younger age, open yourself to the vast possibilities.

The reasons for many of these to manifest later in life is that we are typically less frightful, less worried, and have less concern for the status quo, often these may be through a series of events which have torn down the walls of what we know, and it now makes the being more accepting of new ideas. This does not mean you shall willingly take on the ideas and impressions of anyone you are with as if you are a puppet to be controlled. You are merely experiencing new possibilities that were before closed. No judgment in your heart. See beings and the world as an opportunity for learning. Learn not from the poor actions, do not judge an action as poor. View the life of another and learn. Learn their perspective. Learn their purpose. Learn and be open. Be inquisitive. The more you are open to other beings the more you will grow and confront and grow within your own being.

Ectoplasm

What is ectoplasm? Why does it exist? For what benefit can ectoplasm be used beyond demonstration of its existence?

There is a great deal of energy and wisdom contained within ectoplasm and also within the ability to bring it forth into the physical existence so that it can be observed. It is the purpose of turning on lights, as you might say, that this material exists. You have a lamp in your home, the light turns on when you turn the switch on. The light bulb does not come on because of the switch, the light bulb turns on because of the electricity, because of the power from an outside source. This can be compared to the way ectoplasm works in relation to the human body. There is much that is not seen, there is much that is not observed, but these things transpire no matter if observed or unobserved.

First, understand that there are many forms of ectoplasm, or many forms of the energy that create ectoplasm. The simplest

method for understanding this that there are many forms of water. Water exists in large oceans, it exists in rain drops, you can drink it, you clean within it, it exists as ice, it exists as tiny particles that you consider a gas. There are many forms and uses for this. You will learn this about ectoplasm. It is not simply the physical medium who brings ectoplasm forth that displays it, he is not the only person using or experiencing ectoplasm. Other forms of communication and healing also use ectoplasm. Other forms of involvement from the non-physical plane of existence to the physical plane of existence or done using ectoplasm. And forms of this material. It is necessary to understand that all things are energy, and ectoplasm is just such a form as this. It is necessary to understand that it is not a mystical concoction, it exists just as air, water, and soil, it is in an amount within the atmosphere, but it is only harnessed and channeled by those who seek to use it, and that is not many.

It is necessary that you understand that there is energy all around you, channeled forms of energy can be said to be ectoplasm. It can become physical, it can interact with physical. It can be directed by the mind. It intervenes when the non-physical being controlling it wishes it to intervene because some other authority has wished it to do so in the life of a being on the physical plane. We will not always refer to it as earth because you will not always be here, we do not want you to see yourself as limited to this one single planet, though you are not obligated to do anything.

Ectoplasm is charged energy in the sense that a healer or any other channel is a “go-between” or medium. You are the channel through which the energy passes. Ectoplasm is the medium by which charged energy passes. Think of an electrically charged plasma that has a physical presence of a thick fluid. All of these characteristics make up plasma, but they come from very specific sources, the ALL of existence. The entire world. It is even easier if you consider ectoplasm, to understand it this way, that ectoplasm is not an extra material, it is not some other thing, it is not an additional thing in creation for the purpose of anyone or anything in particular. When you focus your intention, when you charge an area, when you deliver that intention, when you send the energy, you

are sending, literally, a ball of ectoplasm which contains the intention, the energy, contains the thought or emotion. Ectoplasm is the bucket that carries your water from the well. Your bucket becomes full because you have focused such a desire within the well for the water to be present. You may see this in healing or other areas. There is so much channeled, so much created, do much focused, that the area where the energy is gathering becomes a substance you can call ectoplasm.

It too creates channels between physical and non-physical. When manipulated it can manipulate the physical. It can also be carried in forms that maintain their structure. This takes much practice and focus but it is something that can be created, for the purpose of delivering energy, for the purpose of containing energy. The majority of control over ectoplasm is currently held by those in the non-physical. The primary awareness of ectoplasm in the physical is by physical mediumship and the production for a room of observers. It is important to know that so much more can be done with this and it is the simple act of focusing and intending that it is created. It can lift, it can move the physical objects. This can become an extension of yourself. It can be another means of communication and channeling, not only between a medium and a spirit guide but between two or many beings in the physical existence.

If you wish to start working with ectoplasm is it important to understand that there is a great deal of energy that will come from you and will be brought through you by your spirit guides. It is important to understand that the tree grows strong because of water, sun, and nutrition in the earth. This too is true of those wishing to produce ectoplasm. Understand that in a very real sense, before charged or made to be physical, ectoplasm is pure energy in a very raw sense. It has yet to become with some purpose, it is only existing as energy. Be patient and it will grow with you. A regular schedule should be developed and maintain in order to produce this physical manifestation. Your desire and motivations should be evaluated. You can go forward into the light or step out of it, but it is ultimately your choice.

Is it possible for ectoplasm to now be seen or used effectively in light?

Ectoplasm can be used in light, this is coming to the world now. Many are developing this or returning to it. There will be demonstrations of physical levitation and other physical evidences and examples of spirit energy manifesting through a medium in your lifetime on this plane. Many have forgotten this, and though it may not seem helpful to all, the mere presence of something beyond their physical form may bring them to new understanding of compassion in this lifetime, though it is not necessary to have an interest or awareness of the spirit plane in order to progress in your human lifetime as it relates to your true life in the world of energy.

Electro Shock

What should mankind know about electric shock therapy?

There is nothing being done by this. The effects reported by some recipients that state they are receiving healing or their ailments have been cured are completely false. There is no healing being done that isn't already being done, even without the person aware of it, that goes on anyway but inside the mind. There may be a healing affect by the thought of the patient believing that healing will be done. It can be very damaging for any being to experience electricity outside of controlled methods that humans do not understand. There is much damage that has been done by this practice though not as seemingly terrible as there has been in the past, much has improved. But death is still death no matter the method or no matter how 'humane' your world calls it. By this token this treatment is still just as negatable as any other that causes harm for health's sake. No reason that this should occur. There is nothing that the body cannot heal on its own if given the opportunity. There is no need to damage the body in this way. Tiny electrical pulses can cause thoughts to travel and can cause replacement of amputated limbs and can control replacements for them. Simulated heart attacks or brain attacks are not helpful as damage is still being done. Psychologists will

not admit that the evidence is proof. There is much damage, but they may feel that benefit outweighs the positive that can truly be done outside of their terms or realm. There are some that can benefit from this but not in the way that the doctors perceive. There are times when electrical pulses are misfired in the brain, maintenance is necessary, though this can still have problems for other areas of the mind and brain. It takes a great effort from guides to present the body with enough energy to repair the unseen body with enough energy and healing to repair those things unseen. Much can be done even with a seemingly broken mind. Normal on your plane is a very widely used term that has no clear definition. Oddities and abnormalities are not always needed to be fixed and tamped down, existence is good simply by existing. There is no need for constant repair and upgrades. Upgrading the mind and coming into new knowledge is important. It is important to know that this knowledge is not new to all, only to some, it is universal and has been around for all that have ever occupied your life space. There is much work to be done in order for all to understand this. As you have been reading there will come a time, we are working on this, where all of man is healed by thought and amplified energy. Energy is in all things; inanimate objects have energy or at the very least absorb it and act as sponges. There is no need for medicine internally or for electricity to be applied externally for any reason. What is painful and harmful in large doses is also painful and harmful in small doses, no matter what they perceive to be the benefit. There is no side effect from anything the creator has ever intended for you to use to heal any level of your being except improved health. So much concern on these things worries us and leaves us to wonder how some have existed for so long. There is a lifespan intended for all beings and many have interfered with it, you can get this back. With knowledge, many can get this back. There is no reason to fear, worry, or be concerned over aspects of your life, you can change what you can change, others are for experience and learning, others are not as important. You will live, survive, and thrive, without the help of the massive uprising perceived by mankind. There will come a time where peace is seen as a lost cause, but it will be

this time when a great change happens. There is no reason to worry or fear this. All these great and good things will come, but terrible things must be removed first. Pride and prejudice will be removed. Negativity and all aspects of things unimportant to the overall function of beings and the planet will pass and the great peace and cohesion you have been yearning for will come to pass. You will live in this time. It will come in your lifetime. Medicine, money, television, objects of physical possession will have no meaning. Entertainment will come from spiritual concerns and helping others in need. Bettering everyone will be the concern of everyone. There will be others who are not interested but they will have different concerns, but these concerns will still be for mankind. There is no need to worry about deep fractures beyond those that currently exist. The human race is one giant family and they will come to understand this. Alex, you should share this information with more people. There is no reason you can't do this. Must express this information in as many ways as possible. You can do this, you know how. It will bring much to you. You will have a better understanding of self and others. You can do this. Lazy is not for you, in work or in spirit. Make actions to free yourself from unnecessary burdens. A free spirit is possible even right now in your oppressive world. Time will bring change but once change occurs there will need to be a catching up in order to make up for lost time. You will not lose your foothold but there is no need to cram such amount of work and drive into smaller amount of time when you have a great time now and a pace that is reasonable.

Energy Being (Soul)

Souls, as most humans call it, are simply energy creations; as God, or the 'Source of all Life' as Energy Beings call it, is infinite energy. This energy is basically that part of God which connects all living things to each other, and therefore connects us all to God.

God created energy beings in his own image and those on planet Earth call them Souls; these souls then experience what

God has created and that which is still being created. Creation has no ending or beginning, it is infinite, even if mankind cannot yet understand the full vastness of true energy containing a life-force of its own, sustained by the source of all energy life.

As a Soul (Energy Being), we have the limited ability to create which was given to us by God, so we grow and experience the knowledge and truth of God, and then add to his creations. God then in turn experiences through us, the positive and negative aspects of our creations which is a never-ending cycle of life in this created dimension.

As energy beings, we are experiencing and gathering information not only for the Source of all Life, but for our individual advancement. No matter whether we are in the human form or back in our true dimension, we are always seeking to grow more God-like in our own right. Remember your true form is that of pure energy, all things are energy; you will always maintain your individuality if you desire to do so. Just know that as an energy being you are part of a larger grouping of energy beings. That is the connection we all have to that which humans call God.

As you combine your energy to this larger group, Gods energy expands and continues to grow. Worry not about joining your energy with other energy beings, for you still retain your individual identity, for we are all a part of that infinite energy of our loving Creator.

This form you are in now is a permanent form in terms of your true physical form. Your body that you are navigating this lifetime with is your permanent self for this lifetime's purpose. You will discard it; 'you' will return to this place, your true place of residence and be in your true form. There will be, at times, when your sense of individuality is not what you sense it to be. As you have understood, all things are energy, you are currently energy, you will always be energy, and energy is in all things. There will be no change from this.

It is important to know that there is no separation of spirit or soul from what is presently one complete being to another. They often act as mirrors for our own acts and thoughts. We easily identify that which is present in ourselves. This is

because we are all energy and we are all the same grouping of energy; it is not a problem to understand that inference once you return to your true home.

Through your incarnations in the physical world you inhabit now, you will always retain a few of your true traits and some of those other traits and ways of thinking that were acquired in that lifetime. It is important to say now that you will not always be separate. You will not always be an individual, you will experience a grouping, you are an energy that will maintain that sense of energy and identity but there is not always a complete separation, there is a conglomeration of energy, a greater sum when these are all combined.

There is information presently not known about this on your created dimension and there is a great deal that would only confuse and would not be readily understood. You will always maintain your right of the self, to be only that which you desire; you are never forced to sacrifice your own ideas or sense of self and/or your purpose for that of another. All that is done, is done so at your will. You will not feel a sense of loss. It is to give freely and become something greater that you are evolving. It is knowing on this lifetime that you are not separate individuals, but all part of the same energy type and the same accessible knowledge spread across all spirits in this world. You are not unique in that sense, all may know what there is to know, many simply are not interested or choose not to know it or because of the purpose of their lifetime here now, will not come to know it because of the other areas of development that will take place.

It is important to know that there will be many times of coming back to this plane for many so that there is an understanding of human life and emotions and actions that are eternal, that is to say, they are universal by your standard, they are true no matter what place or time you reside. These things will be true no matter what motivates them in most situations. It is important to know these and to understand them, but we cannot force an individual to learn them, we cannot twist an arm. It is only done through your action as you are ready to

involve yourself. You are not scorned when it takes you more or less time to progress; there is no measuring rod of comparison to others.

It is better to reach higher levels than to maintain the same level of living. You are not alone in this endeavor; you are not left to solve progression and development on your own. You have teachers, you have guides, you have them in your incarnation and you have them in your existence once you leave the physical body. It is up to the individual to make progress but that is only the individual that will do this. Higher is achievement but will only present more necessary work, so it is not as though there is a relief, some stopping point at which you may say, 'now all my work is done.' Though you should also consider that by work, we do not mean that which is labor intensive and earns you a meager wage, this is not working for another entity, this is true work and spiritual living on yourself, that which benefits all entities. Trying to say that there is no self beyond a certain point is not accurate, though there is some sensation of being part of a greater being, it is no different than how each being is related now, you only have the illusion of being separated and isolated by your physical exterior impressions. You are all one.

Why are Energy Beings who take on lifetimes such as Hitler, Napoleon, Kim Jung-Un, Stalin, Genghis Khan and the like allowed to incarnate knowing they will bring chaos and destruction?

In some cases, this is not decided prior to their arrival. It is not decided that they will slaughter so many. It is important to know that many have a choice, but no judgement is passed nor should be passed if they make a decision in a lifetime, or multiple decisions, that lead to the appearance of a violent and barbaric life. No judgement should be passed if they are decided upon such a lifetime before they enter. Many times, the being brings into fruition the physical expression a

nonphysical energy imbalance. They bring the focus of the world or those directly impacted to a specific issue. Often times this is repeated through your history because there are many beings on different paths. Many beings at different levels of experience. It is not for us or you to say what is or isn't needed, understand that there is always a balance and any imbalance must be corrected. If you have 25 beings full of hate and 25 beings filled with love, this does not appear acceptable by your terms. This can be acceptable. The degree to which this balance is carried out physically and emotionally is important and becomes less and less about counting the beings. The severity of action facilitates the appearance of an imbalanced number count. Energy will be righted and balanced. Do not confuse this idea with one person not murdering leading to the existence of at least one murderer. It is the energy and the actions leading to this event that are important. There are no simple acts that can be measured without true evaluation of the cause. You must move beyond assessing hatred. You must examine where this act took root. The finishing move to any behavior is often what is judged on your plane. In doing so you prevent yourself from balancing your own energy and looking into the voids that are present in the beings with which you share an existence.

Energy Being's (Emotions)

There are energy beings that cannot experience emotion as you in the human form would interpret it in your current existence. There are many who simply interpret a vibration, or a color, or who have none of these and may only communicate, though communication is through various means, there is no emotion as you understand it now in your physical body.

Many do not feel with the same methods and senses of measurement that your body or soul uses now. You in the human form use verbal inflection, feelings and emotions to communicate between each other in the physical dimension.

When you leave your physical body, and return to your true home in the spirit dimension you will no longer suffer the

misinterpretation of the spoken words or actions as you do when in the human form. Energy beings in the spirit dimension send and receive thoughts, which in their pure form is not misunderstood. Thoughts convey the exact intended message as it was meant to be.

Energy Healing

Some forms of healing bring outside energy from other beings or the environment through a channel, others use only the energy of the healer/medium/channeler, and others use both. Is one method better or stronger than another? Is there any negative possibility in any of these?

There is always a desire to help and this comes from the initiator, the being in the physical plane. This being is not dependent on others to harness their personal energy or environmental energy for the benefit of their own being or that of another. It matters little the method so long as they understand that cause and effect of energy usage. It is not necessary to refill your own energy in the same manner one refills their own cup once they have used the entire resource. It is possible to fully recharge by rest and relaxation, good health practices, diet, maintenance of the mind and body overall.

It is important to know that this is true in all areas where energy is concerned, and this should be all areas. We are not saying to you that you must record tally marks of incoming and outgoing energy. The method by which energy is traded, exchanged, used, and restored are too numerous to record accurately by current levels of understanding, and even to the initiated there is a never-ending level of counting that would take place. It is necessary that you record only in your mind your intention so that you too are not in need of healing.

It is important that any program you choose is one that you feel completely at home within. This also means that, as with any study, you address your concerns, you dismiss that which, after careful study, is not for you. It is not necessary to be entrenched in any specific dogma because they are all true to

some degree and at various times are what specific individuals will need.

It is important that if you decide to call for the assistance or pure usage and delivery of energy from outside beings, beings other than yourself, that you understand that this energy can come through you, and can be delivered without you. It is not important in many cases which is more desirable. It is important that you understand your work as a channel makes you more susceptible to certain actions and emotions of others. Experiencing their energy can be detrimental if you do not recall your own attentiveness. We do not mean to include in this the energy of the being bringing additional healing energy to you, we mean only the one who is in some perceived state of detriment and wishes to have it corrected.

There is not one method better than another. You should understand that your body, when used as a physical channel for the delivery of outside energy, or as an antenna to receive naturally occurring energy or the energy from another being, that when you do these things you are often raising your vibration. You can call yourself a medium or a channel because you are literally an “in between” for the energy to reach from the healing assistant or spirit being to the physical being in the human form requesting the energy.

It is important to say that when we discuss the higher or lower vibration of energy we do not intend to define one energy as superior or inferior to another. It is important to understand that the energy that we speak of simply expresses the nature of the energy. Even your science notes this aspect in order to touch something physical, a solid, the particles are moving at a much slower or lower rate, those that are gases, non-solids are moving at a faster or higher rate. In this way then we can see that a being without a physical body is moving at a faster or higher rate and energy will be delivered to a lower or slower container, the container of course is the intended being to receive healing energy of some kind. As the medium or channeler you are existing somewhere between these two realms. You are aware of energy, you raise your vibration. It is not necessary for a spirit guide or being to use you but in many cases, it assists greatly in the delivery of energy. Think of a

river with a lock and dam and how it is made easier to travel because of this device. Now, in many cases, that same waterway would be much more difficult to traverse if there was no device in place to make the waterway more easily navigated. In this way, this is the case in hands-on healing when energy is being brought from one being through another, to enter the being of another.

Additionally, the need/request/intention is amplified because where there was previously only one being requesting the healing, you now have two, the healer/medium/channel and the person requesting the healing. This intention is now amplified and greater numbers coming together to achieve a specific goal bring even more together than only their physical presence. It is necessary to understand that all is energy, and when expressed as an intention, the dual nature of healer and receiver creates further impression on the energy which shall be sent or converted for the positive outcome desired.

It is not all known yet how many will receive information such as this but a comparison to make it more relatable is that of prayer. Prayer is not religious, and it is in religion. Do not shy away from or come closer only because we are using a familiar word. Understand that prayer is universal and is only a word to describe an action. Prayer is intent, prayer is not to a being which cannot help you, prayer is an intention sent into the universe. When more minds and energy are focused on the intention more power is being applied to this outcome, more energy being allocated, and more resources used. This does not make a widespread prayer more likely to come to pass than that which is only spoken or intended upon by a single person, but if each being is a ray of light there will be one giant and much greater visible beam when they are all focused on the same point (same intention).

Fear nothing you experience in this lifetime. Fear will block more from your learning and experience than it will protect you.

Energy Meditation

This type of meditation is basically for those who wish to develop some type of psychic or mediumistic ability. As you open yourself to soul meditation you open a pathway between the physical world and the spirit world. You then allow those in the spirit world to connect directly with you. There will be a group of energy beings who will come to work with those who seek this path in earnest (see Inner Circle). The following will give you the basic foundation needed to begin this life altering journey.

1. Choose a room in your home/apartment that will provide a quiet place to meditate. A semi-dark room to begin with will help quiet your mind. Soft, meditative music will also help the beginner.
2. Do some deep breathing. Breath in and hold for three seconds then release and hold for three seconds. Do this for a total of seven times to relax.
3. Start by sitting in a straight-backed chair positioned in the center of the room/space you have chosen. Later, you may use a more comfortable chair or even lay flat on a bed, as long as you remain awake. While sitting in the straight-backed chair, rest your hands on the tops of your thighs, arms uncrossed. Keep your legs uncrossed and feet flat on the floor. Wear comfortable, loose fitting clothing or you may if you, so desire meditate in the nude.
4. You may begin your meditation with a prayer or simply a statement of your intent. You may say it mentally or speak it out loud.
5. Now close your eyes clear your mind and relax. Concentrate on the soft music if you have trouble clearing your mind.
6. Start by meditating 15 to 30 minutes or whatever feels comfortable for you. Decide on how often you will meditate; such as once a day, or three times a week or only once a week, it is totally up to you. Just remember it is very important to follow the schedule you choose.

If you decide for example to meditate on Monday, Wednesday and Friday at 9am, then be punctual and be ready to work with your Inner Circle. They will be there and so should you.

7. When you have finished your meditation say a closing prayer of thanks or simply thank your Inner Circle for their assistance.

WARNING! Do not rush into development too fast, your mental and emotional state of mind may become too intensified. Things you normally could deal with could have you in tears. If you feel emotionally out of control --STOP! --and wait thirty to sixty days before meditating again. You are overwhelming yourself with the vibrations of those in the spirit dimension. Their vibrations spin at a higher rate and when they come in contact with you to work on your development yours speed up for a time, and some individuals get over loaded mentally and/or emotionally. Use patience and common sense.

You may experience some of the following things; if you feel like you are spinning around or floating upward, especially while in bed, do not be concerned. Your Guardian Angel will work on your chakra centers from time to time. Chakras spin and vibrate, the only way your physical brain can understand what is happening is to view it as if the bed is spinning around or that your body is floating up above the bed. Just know, you are not floating off the bed and the bed isn't spinning, your Guardian Angel is simply speeding up your Chakras, enlarging, enhancing and enriching those centers that had no life in them before.

It is not spooky, scary or frightening, just an adjustment your Guardian Angel will make from time to time for your spiritual growth.

Some individuals may experience memory loss when their Guardian Angel works on their crown

chakra. During meditation, some individuals have experienced pinpricks around the head area, or felt as if something was being pumped into their head. Simply procedures needed to correct imbalances in the body.

Etheric Double

This is merely your energy, your spirit. This is what currently fills your physical form and controls it, it is what exists beyond and without your physical body. It has the ability to leave the body, and explore as it were, the area around it as well as other planes of existence and realms. These are often what a man may experience in dreams. Women are often rehashing thoughts from previous lives or their immediate thoughts on their immediate life. This is a natural part of your 'body' that many more will come to know and realize and will serve to explain many unexplainable occurrences that are experienced by many who refuse to believe on your life plane.

Extrasensory Perception (ESP)

Psychic's (not Medium's) use ESP in giving readings which may involve the use of Tarot cards, Zener cards and the like. ESP and/or intuition are used by a psychic to tune into an individual's thoughts and/or subconscious mind.

ESP is information that is not rendered from the five basic senses (touch, smell, sight, hearing or taste) and is identified with telepathy (communication from one mind to another without the spoken word).

Extraterrestrials

At what point will the extraterrestrials that have come to assist humankind make themselves officially known to the people and governments of Earth?

There is much that has been done to create an atmosphere that will have beings from off the planet received more readily. There are those that have had sightings that are unexplained, and this is being done in hopes that it will foster the ability for these people to welcome them and not assume that it is an attack on their Earth. There is much that is being discussed as more and more living on the Earth have witnessed unexplained events in the sky but there should be more done, and will be done, to prepare this into the minds of those who are less readily open and welcome to it. It is important that there be less doubt of the possibility, it is not important that all believe in sentient life but the ability to conceive the potential for other life is important. They need not believe that we are the singular race in the cosmos; this is an old habit that is dying slowly. There are those who have visions and experiences and as soon as they look at these events more critically, to go about the process of examining them deeper, they will see that this was not a random event or something that they can dismiss as a random event. More and more these discussions are taking place by those who would have before been uncomfortable brining this news to the open. There are many who share these beliefs, that share a knowing, that there are beings beyond that of the Earth and can exist in the same manner of your physical existence here. It will take a time of great upheaval before they will render themselves available in physical form and directly available on the steps of any government building. At present, they will be coming to you once there is greater seemingly chaos or events that cause disorder of those that would cause harm or seek to control their existence. It will take some time yet before they're physically witnessed on the ground by large numbers of life forms on the earth. They will come, in your lifetime, Alex. You will see them, not to the degree of the final outcome, but you will see them. We are with you and they are aiding and guiding you. You will see them in more ways than you have before and not simply through subtle glimpses as you have before. Waking to this knowledge is important for those who will be experiencing it. There are many who have always known there would be contact and information shared between life on earth and that which does not come directly from it in

the present form. There are others who are coming to this knowledge now and will experience it with greater ease when more share information between those that have known and those that have only recently known. It is important to continue your patience for there are many who will need to be made aware of the possibility simply because they have never conceived such a possibility, not simply because they do not believe, but because they have never considered that as a potential outcome. It is important to know that there are many who say that there will be violent entities, alien creatures who wish to do harm to the earth or enslave it. This is not true. The only entities that shall interact with any life on this planet will be peaceful and of an evolved degree that will only allow sharing of information for the improvement of all that inhabit it at the time they disclose themselves. There is not a time when the earth will be enslaved by outside beings. There are some who wish to manipulate for their own good, just as there are any energy beings or those on the earth in human form, who have goals and motivations that are less than desirable. It is important to know that there is much done to create a peaceful intervention so that no outside negative influence interferes with the earth, this is in the same manner that your own guide, the one who is with you at all times, is present and shields you when you ask and combines the vibration of your energy and physical bodies with their own energy which is readily available to protect you. Know that it is possible that there are outside influences that obscure facts and truths and whisper negative motivations to some that are in power. It is only because they make themselves susceptible to it that this occurs. We do not offer assistance where none is wanted or asked for. The beings who have succumbed to this outside influence will be gone when these true beings make their presence known. There will be a peace in the aftermath and they will help to user in a new type of technology and inner being and beliefs for those who are present. Time is short for the waiting period which will take place, know that there is work being done to expose those open to it in a more direct fashion than what was done a century ago.

Are there any alien race(s) inhabiting the moon now who are observing and/or interfering with those on planet earth?

Yes. Though to be clear they are not all observable. We have mentioned this difference in vibration previously, not all of your neighboring planets are void of life as you currently understand. There are beings present on moons and planets in your system. Though they are present they are not actively engaged in your world in a physical sense. Though, it is necessary to state that actions of any kind expressed in any manner radiate energy outward in all directions.

Fantasies

Many spread the thought or hold the thought that you should not indulge your fantasies. Is this true? What is the purpose of a fantasy or desire that is held only in the mind and not expressed in the physical?

There are many energies that simply need to be expressed. It will depend very much on the being and to what they are attempting to gravitate towards and accomplish. For many the mind is powerful enough that the fantasy can be carried out in the mind and all outcomes theorized and understood without ever engaging in one single step towards their potential goal. This is true for all goals, this does not need to be a sexual lust that we are considering, this can be something as physical as murder or the desire to climb a mountain or any other act, great or small. The mind is a powerful learning center and it is much of what the non-physical being uses out of a physical existence to understand and test processes and experiences, though this is often a limiting experience when you are not fully engaged. It is very suitable for the non-physical being in daily living, but to fully understand that which occurs and all that is possible, it is important to have the physical experience and to immerse yourself in it fully. To observe with your mind your possible outcomes and the impact it may have is one aspect, but to be surrounded by and immersed within the situation is vastly different. It is not a manner of being prepared, you do not need to be mentally prepared in the sense we are discussing, you

need to be able to understand all that is possible. In the non-physical mind, it is often difficult to understand processes and emotions and how they are impact the being. This is not because they are foreign emotions, it is because they are not necessary at all times. It is not necessary for you to know all languages in many living cycles, and because it is not necessary you do not have the desire to know. Because you do not often need the emotion of hate or greed it is not easily discernible to you as a non-physical being. It is a matter of calling to you that which is necessary.

You should or should not indulge fantasies and day dreams as a matter of your own desires, ambitions, and goals. There is no universal truth in this area for all beings. To simply say yes to all desires is not accurate for all but is accurate for some. Many use common phrases and tag lines from the human existence to justify their action or inaction, placing the responsibility on others or the nature of society, or some other arbitrary institution of life. It is necessary for advancement to understand balance. You do not need to have control at all times, in the sense that you constantly restrict yourself from all things, nor should you willingly engage in all things that you are presented with, and at the same time it is possible that you should, and it is possible that you should not.

Do not hinder yourself by worldly institutions or thought processes. Do not use only the wisdom of another as your guiding light. You need to actively use your own mind to understand what is or is not for you and what should be followed. You are a unique individual that emanates and radiates the universal possibilities present in all areas and all things. You do not need to limit yourself because you feel that others expect you to do this. Have faith in yourself, do not rely on the faith others expect you to have on mere words and phrases that do nothing but often place oppressive shackles on your existence. It is a matter of balance, do not depend on the life of another as your sole map in your life. Only you are responsible for your mission.

Gallbladder

Why are so many people getting their gallbladders removed? What is the purpose of the gallbladder? Why do they feel the need to remove it?

The gallbladder is, in a sense, the area where outside information is stored inside the body. Not in terms that the brain contains the body but in a sense that the information that you experience, and feel is stored here. Your emotions regarding that which occurs outside of you. There can be anger here, there can be resentment, being ignored, being invalid, not being suitable, not be good enough for a particular endeavor or function.

There is an absence within the self, within the true being, they continue to ignore this area. They continue to fill their lives with activities which do not serve their good, but they are pushed to them because they believe, by their upbringing, by the social programming in which they've been involved, that it is necessary for them to engage in these things. This is not a veiled message to you by not giving you the activities or mindsets which they fill their time, it appears this way because there is no universal activity or thought which causes it. For different beings, the problems that cause this suffering will come in various forms, but the cause and its manifestation are all from the same root and is why the problem resides itself to the gallbladder.

It is not necessary to remove it in any case. There will be some trauma in a life that may require certain areas to be removed because your current science and medicine to not recognize the body as the greatest and truest healer imaginable. They also do not recognize other areas of science and medicine which can aid the recruitment of other cells in the body in order to regenerate and heal certain areas of the body. It is, again, not to shield you from this opportunity by not sharing it with you, but it must come from many individuals within this area of study before it will be widely accepted. It is also important for those who undergo these procedures, which are only necessary by current standards, in order to gain

understanding of the impact they have on the body and the alternatives that are possible when another method is sought.

At no time during an aggravating illness is it necessary to remove from your body that which comes to it by way of birth. There are methods for removing tumors, you can be considered not born with these. It is not necessary to remove these growths also. What should be understood is that anything that occurs within the body is able to be repaired, remedied, healed, or manifested in another way by the mind, by the mind of many, by the use of diet as prevention and as cure. There are many aspects and elements on your world that can cure and reverse ailments which are considered fatal once contracted. It is not a method for you to understand all things on earth, but to understand that which plagues your body is by your cause and can also be remedied by your hand and mind. The source of energy required to heal a mind or body is not to be done by one doctor in a lab coat prescribing various medications. The greatest doctor, medicine man, and healer reside within your mind, but the addition of the community, the addition of friends, neighbors, and relatives, can aid an individual who has ignored an injury, malady, or some imbalance long enough that it is not intruding dangerously into their life. It is important to understand that the mind of one, the mind of a few, the mind of many can also impact the mind and body of one. You can aid and repair on behalf of an injured individual. Understand that if the being does not want the energy, the repair, they will not accept it, no matter if they are conscious or unconscious by your medical standards.

Ignoring the self, this is the typical answer for problems. It is not typical because we relay it to you often but in various forms this is what causes physical ailments and injuries for individuals. It is more common now to practice surgery and the removal of organs which seem unimportant to the method of living in your world. Surgery was never available and then became more available, and now it is considered less invasive to remove an organ than it is to cure the mindset of an individual with positive and uplifting words and energy. It is a quick repair for many and it is popularized by the practitioners

in the field, and then doubled by those who have had the procedure.

What only a few are realizing is the inability of the body to regain its full operation and function in certain areas when they are ignored after a surgery, all surgery is invasive. All surgery upsets balance and requires direction of healing activities. There is no healing method within surgery, surgery itself is an additional injury to the body. Trauma can be reversed but often trauma can be performed without additional harm to the body to correct it, or that the trauma has already created access for a repair. Even those with closed skin can be repaired by alternative means and measures. Corrections can take place to the body without further harming your operation and function. There are practices that will come to many which can heal and repair many traumatic and ongoing ailments without needing entry into the body to repair them and with little more than energy direction and diet. Exterior methods are slowly becoming available to the earth. It will be difficult to bring them to areas in which the regulated medical practice holds such a strong grip on the lives of beings.

For those who have had surgery of any kind there is no reason to fear or worry that you will not live at optimum health. It is, however, important to understand that an organ becomes diseased or imbalanced because of what energy, by mind or by diet, impact and collect the organ. Simply because you remove the collection point of your pain and suffering does not mean that you are removing the source, you are not removing the true cause. If, for example, you had pain in your finger, you would not remove the finger, you would remove the weight which has been dropped on your finger and you would remove the hazard or element which currently causes a weight to be dropped onto your finger. It is this healing process, the progression to the true source and nature and beyond, which will lead many to be repaired.

If you have had a surgery understand that this area that is now changed or removed will slowly return to the same imbalanced way of existence or it will present in new areas of the body unless you change your mind, thoughts, expression and intake of energy, your diet – the source that caused the

malady originally will need to be stopped. For many, there will be ignorance on this part because the surgery may bring indescribable relief in comparison to the suffering they had undergone. Some will experience the change in other areas and will not have future instances because they have corrected the balance, for others, it will become an ongoing problem, often in this lifetime, but can lead to eventual presentation of energy imbalance in other lifetimes.

Focus on your ability to heal yourself. Do not examine yourself by comparing any aspect of your nature to that of another being. You are not capable of being compared to another being. You are too unique, each of you, to be categorized and compared, and treated, medically or otherwise, as a mass of beings that may or may not have a problem similar to another individual. You can seek advice, you can see that others with similar problems have found remedies, but remember, it is the mind. You can take several medications which may help you or may unknowingly cause greater imbalance, but it is the mind, that which you do not see readily in other people, that is the source of change.

Address the aspects within yourself which you currently hide from others. Address that which makes you feel inferior. Acknowledge the existence of these elements. Do not fear showing your flaws or shortcomings into the nature of existence. It is these things, the things that you call imperfections, it is what makes you unique. It is by addressing them that you grow and learn and take more from your experience here in this lifetime.

Genetics'

Is there any trait or attribute that is legitimately genetic and that we receive from our parents? What aspects of our physical selves are determined by the traits and attributes of our parents and what is determined by spirit before our lifetime?

There are many things that can come from the blending of genetic material of two beings that come together for the purpose of creating the human form. It is highly dependent on

what the being within the human body hopes to accomplish within the lifetime. There are many aspects that were predetermined. It is not always, but often necessary that races are born to the same races. There are some slight differences, but this will usually be the case. Often it was necessary to make distinctions because in earlier version of the physical existence it was necessary for the family to be bonded to the new being. Bearing some alternate resemblance, no matter what benefit may have come from it, would have not had the correct impact no matter what outcome was necessary. It is important to understand that general appearance will be manifested this way for the purpose of creating similarities, but there is no requirement that all offspring resemble the parents and it can be changed and altered. There are family structures that are aligned or misaligned and the genetic traits and perceptions of the family and within the family can play important roles in these areas. Even subtle changes or nuances can cause problems for those who are not readily open to some outside influence. It is important to know that not everything you do is impacted by your physical existence and there is much that comes from outside your body that changes your impression of it. It is not your unhappiness that changes your outlook of yourself. If you were only to be left alone on this plane you would find yourself to be the most beautiful being in existence. This is not because you are the only being, but because you would have no outside words or comparisons being made by others or you are comparing yourself to others or to some arbitrary expectation of what beauty can be or should be.

There are many aspects, nearly triple the amount of potential genetic options, that are determined by a team working without before your arrival here. It is important to also say now that the items that are said to be genetic, personality, and even some disorders, these are not genetic, but it is simply the being acting out and manifesting what it is constantly subjected to in terms of expected behavior and what is tolerated. Often a being will be said to have some type of personality disorder, this is not truly a disorder. The offspring will also associate with it and will appear to have genetically

inherited this trait, but it is simply the offspring mimicking and continuing behavior that has been perpetuated. Often these are not conscious decisions but it is the only known path so it is followed.

There is much more that is decided by you or on your behalf before your arrival. Items such as eye color may not be important, or they can be highly important. There are many aspects that can be trivial to a being's existence or they can be the very item that every other moment depends. It is important to say that there are many things that are decided for the being that also impact the family, and these are not the fault of the family, they were not deficient, they are simply now experiencing something that they chose to engage in with the new offspring. Handicaps and physical deformities are not simply for the being experiencing them within that seemingly broken body. It is not the fault of the sperm or the egg, nor even is it necessarily what the mother or father engaged in during gestation, though the acts towards the fetus carry weight and energy and these too follow the same cause and effect pattern of the rest of the universe.

There are no universal answers in this area. Some beings rely heavily upon the physical engineering that takes place within the womb while others are manipulated for the benefit of the being who will inhabit the body. There is not a universal answer nor are the advantages or disadvantages in either case. Once situation is not superior or inferior to another

Ghosts (Apparitions)

Apparitions, that which appears, but is not a physical body as the rest of the souls on the Earth at this time, that is what we will discuss. Many cultures have different names and it is the intent or the culture that fuels the name, though many are the same in nature. What we mean is that fundamentally they are all, in a way, the same thing. The underlying universal truth about them is that they are energy.

There are various types and you can consider these the *named* and the *nameless*. Perhaps this is a different method for

defining the appearances you see, but think of them as two forces just as a human being is a force, as is the wind. Some of the manifestations that you see are beings of various types. These are the *named*. These beings may have had an existence of some type, such as in a human form. For any number of reasons and possibilities they feel compelled, obligated, or otherwise stuck where they are, or they simply prefer it. Those that are *nameless* are those that are not entirely beings. This does not mean that they are demonic, that is a name that is customary to specific cultures or specific views for the actions that beings do not understand. When we say *nameless* we mean that which is not a complete being, that which is not a being of any kind at all. These are energy fragments, pieces, left-overs, remnants, residual energy that was expressed, discharged, created, or manifested in a particular area.

The *named* appear for various reasons but the assigned title of good or evil is only bestowed by contrast (to other beings or energy) and not universally accurate. As there are many intentions of souls in human form so are there many intentions of those without a physical body. This may sound very abstract when compared to traditional thinking about the types of ghosts or spirits a person is speaking with or seeing. There is not a clear definition for these beings, but what can be helpful to you is to know that many are *on assignment* and have specific duties, functions, or reign in a particular area or energy – these can be beings who are considered archangels, spirit guides, guardian angels, but also can be various forms within other belief systems that could be rulers of various realms, dark or light.

The reason for lacking specifics in this area is due to an alternate formation or creation process that is present in both the named and nameless groups. Through your personal ability (those in the human experience) to create and multiply that belief across many beings over many generations you have the ability to create a deity or being that is the overseer of a particular duty or practice. If the belief was widespread, full of emotion and intention and action over a period of your time you would manifest a being who would then be responsible for some particular area. This has occurred previously in the

Earth's history. To be unspecific, if you created in your mind your vision of what the god or angel of clean windows should be, do, and have domain over and if you have created in your mind what calling upon that individual is enabling you to do, what they are capable of, then you have made it so. What strengthens this belief is the thought, action, and energy of the believer/creator and any other person added to this belief is supporting, strengthening, and energizing this creation. In a similar illustration you may think of symbols. A symbol is created by one person or group and over time becomes recognizable in creation for a particular reason, a group, or energy – though, these are all subject to change over time. The manifestations that you may encounter, from any group of being, should be seen as one that you can control. Often times when something inhabits a living space there is deeper concern over the being's positive or negative attributes. Again, the world is not so cut and dry, but what is important is that you are in control of this aspect of communication just as you are in control of any other conversation or interaction in your physical world. A simple short answer is that you can literally, with words, communicate, invite, or dismiss any named being. What is difficult to understand and put immediately into practice is the belief that you have that capability. If the first time you choose to believe this about yourself and exercise it is when you are in fear of the unknown you will not be incredibly successful unless you have a specific inclination, perhaps from pre-birth, to conduct yourself in this manner.

Another, often, difficult prospect to master due to the investment of self-change/-assessment that might be required is the acknowledgement that your vibration, the charge of your thoughts, actions, and energies will allow various beings and energies to more readily resonate with you. While this is not necessarily inviting them in or removing them from the space it is no different than a physical being walking down a path and stopping at those things in nature that they enjoy and passing by those things with which they have no interest.

You can remove named and nameless, but your thought, action, and energy must support it. You can draw these things near or remove them, but if the energy you express through

thought, action, and energy is similar to the beings in your proximity you are going to continue to energize their existence in your presence.

Often it is not realized that energy fragments or beings are powered by the emotion, the energy of the emotion, of those beings in the physical. If your emotion is fear, it no less powers the energy within the area or the being(s) within the area.

Considering this it is important that you manage your energy and control that which you permit to have control or authority over you. Control and authority do not always mean leadership figures. Allowing any situation, energy, or being to control your emotions or to fuel fear within you is permitting the situation, energy, or being to have authority over you. Please realize that only because you do not understand 'it' is not a reason to fear, or ignore, any situation. Always engage and seek more understanding.

Global Warming

Is global warming a real problem or is it simply something mankind has invoked to cause fear and for profit?

Global warming is a plan to allow man to realize the impact he has on the earth through commercial means. There is much to understand that all humans, no matter their intent, leave a trail of debris on this earth. There is much in that trail that is unnecessary and can be stopped. Many feel better about recycling or using alternative ingredients. These are helpful but do not stop the overall impact when their better alternative is to find new ways of existence and means to our daily lives. There is not much that is coming from it now since there is a fighting between science and the reasoning for it. There are many times that should merely should be experienced and mindful attention paid to the thoughts it creates in your, not the reasons why this situation is created. There are many who blame the god or some external forces. There is much that is done naturally to promote this into the natural view but be aware that no matter what man does, nature will cleanse and repair itself if left to its own devices. There have been many times in

the history of human kind that men lived better with nature, they did not pollute for the sake of material wealth. There was an understanding, a symbiotic relationship. Give and take, use and then repair. Today this is not the current overall view. There are many who attempt to strike a balance, but this may not help all those who are not working to even make amends through small tasks like recycling or using less. This simply cannot continue and the great physical changes to your world will help right these actions which have gone on for so long. There will be change, but not simply because of your pollution, though it is a contributor. This is in place to cause a shift in thinking. A new mental and spiritual age, where items are created with purpose, not to squeeze the populace from energy and money.

God

What would be a basic definition of God or the Supreme Creator?

The creator of all things in all forms and in all specific and general definitions is all that is and has been. Growth is achieved when those things created by the supreme entity achieve growth. The life force from which all that exists flows – that is the creator. There are many definitions in religious texts that touch on this information. Many are similar within their religious texts, there are similar definitions across religions that refer to the same person or same type of entity. These definitions often refer to the same supreme high being. The creator is that which brings into existence all forms of every emotion, each action, and each entity. There are physical and biological processes that take place to sprout new life, but these are also the formation of order as defined by the creator. As we are all, all living things, we are all made in his image as many religious texts would state, we are also able to create. We often do not create on the grandest of scales on relation to that which has created all that exists, but there is a similarity, and a likeness that allows us to act as a scale version of that which we have come from. The perfect definition of the Supreme

Being and creator would be simply, to hold a mirror to one's self. This is the same makings of the creator. There is no physical form but in your true form you are the creator. You manifest, and you create, you bring into being, you take action. You radiate all things, and form your perspective, notwithstanding the judgment of others; you create that which you view to be the best possible manifestation for the present situation. You create and experience all that there is to know and all that will ever be done. You are a peaceful creator but also exhibit forces that may appear as destructive forces. There is balance; this is the goal, to achieve the balance that the creator has instilled in all things. The nature of this planet is balance. Your understanding of energy and how it will not disappear, it only changes forms. This is true; this is true of all things. There is no good or evil, only various forms in which emotion, energy, thought, and actions manifest. An action or thought on its own is not judged as good or evil, it is only the perception of man when that action is compared to others is there a measuring rod. There is no harsh or cruel being to scold you or punish you, there are beings that are higher in development that will help you along your path both in this plane and once you cross over and return to your home, there are no beings to deliver punishment or guilt when you are in your true form. There are others who exist in an alternate form, such as the human body, for purposes of learning, but not all are necessary because of their spiritual evolution or understanding of universal law and all experiences within it. Patience and understanding is the creator, but so are all things that would be seen to the contrary of these things. It is important to see that there is no being that opposes the creator, there are no groups of beings who are responsible for acts that you, human beings, declare as evil. There are no beings set aside simply for the purpose of creating evil thoughts or acts. All things, all things, all things are the result of the creator. All things that you create are the result of the creator or are assembled in such a way that all experience and benefit. You are not alone in your thinking. There are times when a person may find themselves asking the question of who is god, when there is no reality greater than knowing that there is a creator

within your physical body. You may wonder this for the reason of experiencing two lifetimes, as it were, that of the physical human existence over and over again learning lessons, and that of the energy being, that of your true self in your true home world. It is a matter of learning. There is only energy, that which is universal in our plane, your true home. You will grow beyond this realm of your current physical existence and that of your home that you will return to upon your death in the physical realm. All progress and move beyond the current realm. There is much growth that is achieved by all through the experiences of all. The creator built this and allows you to grow and create and in this manner both creators create and grow and learn from the actions of the other. All things, all ideas and actions, beliefs and thoughts are assimilated. Each will become the knowledge of the other. It is not for our knowing to understand all things prior to the time of acceptance and readiness but there is a great present just as there is a great past for each individual who has experienced many lifetimes in a physical existence. This is only a training ground. Many interact here. You can exist in it in many life forms. Higher beings or those which are evolutionary more advanced are not part of your soul chain or grouping but are simply that of another type of evolution. There were, in the beginning, only one source or type of life, throughout the ages there have been many splits or fracturing of existence and therefore many have evolved in different ways from those who were originally directly part of their life group. This is why there are so many types, this is why there are those who have mastered the path of non-violence, this is why there are those who are able to travel great distances across the heavens. Do not accept the ideas that you are less evolved in every sense simply because you are on this planet. There are many things that these beings, those you perceive to be higher evolved, there are many things that they wish to understand that you currently have thorough knowledge on and regarding. It is important to know that they too are creators and you will learn in mutually beneficial relationships. They are not different. There is no difference.

Can the existence of the Supreme Creator or God be proven scientifically now or in the future?

Science, in the future, will prove many things. The existence of communication that exists beyond physical means will be proven; there will be many abilities that will be proven. The existence of the many dimensions that exist will be proven. The reason that these are not widely accepted now is because of the scientific methods to produce and measure them. There are many methods that do not allow for these subjects to exist. There are many methods that do not allow for these matters to be measured, there are no acceptable means to prove any form of communication or energy transfer beyond that of what physically can be measured at this time. There are not tools or measuring devices through this sort of ideology, that are currently in existence, that will produce accurate readings, or any readings of these occurrences. These things will be proven.

There will be many who arrive and speak on behalf of the creator, but many will still interpret the information as they see fit for their present place on their spiritual journey in that specific lifetime. While the existence of a more unified and less structured spiritual guiding force, or religion, will emerge as the dominant force, there will still be many who restrict the creator to some specific ideas or form. It is not for man to decide and deliver that message of their definition of the creator to all; it is up to each man to decide what is acceptable for him or her at their present place in their evolution. Though coming to this knowledge will aid all, will aid the individual, this is progress.

There will be ideas surfacing in the scientific world that will lead others to the conclusion that there was not a random series of events that lead to the creation of the world or any other galaxy. The other life forms that will be encountered and discovered will shake many from the religions that have existed in the world for a great deal of time. They will not believe that their god had created these other life forms. Some will still believe but will view them as demonic while others will claim that their god has created these entities. This is a

slow and trying process for many who are aware of this knowledge already at this time.

Remember, simply because they are unaware in their physical form, they do know and have some knowledge of this, no matter their evolution, once they return to their true existence. What is applied in this lifetime is aided by prior knowledge and the path set forth before your arrival, you can be of peace but have no knowledge of the creator, but a better understanding of achieving your goals will be aided by this knowledge. Nothing is gained by ignorance, but nothing lost in some areas. Stagnation will set in if learning is not made your purpose, anyone's purpose, but remaining the same often one does not lose ground, depending on the area being considered. It is to break free from control that is important. To see that the world is to be experienced, not experienced through the filter of what some specific group or entity expects you to believe or feel.

There will be scientific proof of other realms of existence and this will lead many, through the channeling of information, this proven method, and this will lead them to the existence, the true existence of the creator. Your ability to communicate beyond your physical means must be proven by 'scientific methods' first. There are those working in less acceptable areas of science that will eventually push this to the front.

Here on earth some of you refer to yourselves as souls who inhabit a human form. The word 'soul' has religious significance attached to it to give it meaning here on earth. Those on the other side of life are simply known as 'energy beings' who occupy different levels of consciousness based on their overall spiritual evolution. To them your 'God' is simply known as a 'Creator' with no religious connotation attached.

The God you refer to is but one of many Creators who oversee the vastness of dimensional realms. These Creators are exceptional and highly evolved energy beings. They are each in charge, if you will, of a single dimension, for a lack of a better word, and maintain order throughout using the natural and spiritual laws set forth by the 'Source of all life.'

So, the Creator, that which you call God, is in overall control of this dimension you now dwell in. Inside this dimension, that which you call God assisted in creating many universes and these contain many galaxies of stars which contain many planets and moons and other cosmic units, all containing life; energy forms of varying degrees, which inhabit the zillions upon zillions of planets and moons. Not millions or billions, or trillions but zillions upon zillions.

The Creator of this one dimension also oversees the welfare of those energy beings that come in order to grow, learn and experience as you seek to advance yourselves into higher realms of consciousness. Each dimension then has a multitude of energy beings, such as you, who are watched over and assisted by a hierarchical group of advanced energy beings; Spirit Doctors, Agents, Angels, Archangels, Master Teachers and other highly evolved beings who then assist the Creator with running and overseeing that dimension.

For example, you yourself may evolve high enough that one day, if you so choose, you can occupy the position of 'Creator' in your own right and should that come about there are those within that dimension who may view you as their one and only God. That is, until those energy beings evolve and advance spiritually to where they understand you are not the God of their limited understanding, but simply a very highly advanced energy being. Then you will realize all energy beings are connected, one to another, through that which those in the spirit world refer to as the 'Source of all Life' which is the originator of all there is.

The 'Source of all Life' for your limited understanding is simply an 'Intelligent, Self-Aware expanding Energy' which created life as we know it. All Creator's or those you would call a God are watched over and supervised as it were by the 'Source of all Life.'

In the human form, you have a beginning and an end through your linear time and space understanding. The 'Source of all Life' contains no such limitation. It will be hard for you to fathom but the 'Source of all Life' never had a beginning and will never have an ending. You are living in a created illusion which uses time and space for learning

purposes only. In that which you would call your true home world there is no time or space, everything -past, present and future- are occurring simultaneously and moves in a circular, not linear pattern.

You may never truly understand this concept while in the human form, or even when you are back in the world of spirit, but as you continue to grow in spiritual awareness it will make more and more sense to you as you evolve.

Just know that when you, the energy being, leaves this human body and return to the world of spirit, you will 'not' become all knowing or enlightened as it were. Some energy beings will make great strides in their individual advancement while others will advance very little, if at all. All proceed at their own pace; just as you in the human form have many who are viewed as being highly educated and many who are not.

Grief

Grief is a wonderful mechanism built into the human system, it allows an individual to process their loss based on that persons understanding of the true value of what was lost to them in that lifetime. Grief gives them the time they need to refocus and re-adjust to their new life path, which now offers new directions they may seek out for their spiritual growth.

Grieve not over 'when' your loved one died or not over 'how' they died; simply grieve for the physical loss 'you' feel in your life for now. For they are now on the other side and are happy and rejoicing, knowing that you, their loved one will join them when your chosen time of departure arrives.

They will be ready and waiting as you cross over for your reunion with them. Yes, their departure may leave some sad, depressed and even fearful because they are no longer here to aid us on our journey through life. Just know they are still with you, watching over you.

So, grieve, but remember, you are still here on earth because you have more to learn, more to experience and more to teach others before your time is complete. Don't waste your life in grief and sorrow for you will be reunited with your

loved ones soon enough. Hold that love in your heart and move forward to fulfill your spiritual growth pattern. Life is always changing, be not afraid of change.

Handicapped Individuals

From the spiritual standpoint, handicapped individuals can advance at a faster spiritual rate but do not necessarily advance at a faster rate simply because they are handicapped. Just as every situation is experienced and the reverse is experienced, this may be another regular learning session for these souls.

There is not necessarily more or less for them to know, only different manners and more understanding because of the difficulties which are encountered because of the physical or mental impairment. More than they progress quickly humankind will progress as they learn the lesson of kindness, love and patience as it relates to these individuals.

There is much understanding that should be taken from these souls when they are present. No scoffing or dismissal as less capable but the patience and love expressed to all humankind should be shared on to these individuals as they too are souls in a physical existence.

There is a higher frequency with them to ensure they understand these lessons since the physical sensations they experience may not be the same as able bodied individuals. There is extra guidance to help interpret and after this life to go over and clearly understand what has taken place.

This may be the form taken in a life because of previous actions. There may be an understanding or a patience of them which can only be learned through the focused attention they now have through the absence of some ability that the majority of humans are given. They may not necessarily progress faster, they too can ignore or miss their lessons or step off the path and must return to accomplish what was given to them as their assignments for that specific life.

It is the absence or impairment that often gives them the focus and drive which can be missing from an able-bodied

person. They may have less opportunity to be adrift from their mission because their focus is on less frivolous things since they are much more depending on others or must be more self-sufficient.

Blindness, as an example, has the ability to allow those experiencing it to become greater at experiencing other senses capable in the human body and to understand the subtle nuances in human interaction as well as abilities connected directly to the spirit dimension and communicating with it.

There is less interference from mindless action and are therefore less distracted on their way to their goals. This can allow them to progress quicker or accomplish these tasks quicker or easier. They are given a focus. These souls can return for this specific purpose of being disabled, when in previous incarnations they had missed the opportunity to complete some specific task. Not true for all beings, the handicapped are great teachers in their own right.

Health Guide

Their main function deals with basic nutrition, exercise, and sleep requirements for the physical body. This guide only appears for those working on developing some form of mediumship. Offering advice and suggestions necessary to keep your body fortified, and in harmony with the chemicals that are being introduced to your physical body by a Chemist.

Heartburn (Acid Reflux)

What is the cause of heartburn or acid reflux?

There is a direct need of the self, the true self, to be inline, or in tune with the physical self. When this alignment needs attention, or when there is a direct physical pain that is not necessary for development, unfoldment, or education in this lifetime, then heartburn or acid reflux may appear in the body. This is not specifically related to the heart or cardiac problems. As we have said before, areas of the body can be impacted

many different ways and it is important that they are in pain or out of balance in any way, not specifically the method or manner in which the pain or imbalance is produced. It is important to say that the cardiac problems and chest pain are not caused in the same manner or always for the same reason, but problems ignored, areas misaligned that are not addressed by this burning sensation, this acidic feeling, can lead to legitimate chest pain and cardiac problems. You feel this pain in your heart, there are many connection points between the physical and non-physical body, this area is one of them, the gut and the heart are directly responsible for many emotions and the manifestation of the non-physical into the physical once presented in the mind or received by the mind. The direct problem occurs when you are ignoring your physical or non-physical body regularly, this can be simply by poor diet. You will see it as poor diet, but poor diet it, the foods that cause it, may not be the same for everyone, the importance of the diet is not so much what you are eating but the care you take with your body. The food and the amount you ingest directly relates to your care for the body. It is a temporary shell, but you should no more ignore its care and well-being no more than you would ignore the well-being and health of a human being in your care. Often beings protect others, protect physical objects, protect living and non-living objects, more than they protect their own beings. You must protect yourself and balance yourself. It is not necessary to carry yourself as a doormat for others in terms of physical or emotional pain and stress. Many have a desire to help but not even Mother Teresa ignored her own needs and time for personal care and relaxation. Many have the ability to withstand longer than others, this can also be increased willingly, by subjecting yourself to these negative emotions and situations for greater periods of time, or by insulating yourself because there is some greater lesson to be achieved or help that you are rendering, much as in the case of Mother Teresa. She was not alone in her ability to do this, it is the reason and method in which you conduct yourself that makes the most difference. Simply carrying on as though it must be done simply to be done is no more important than saying thank you for someone holding a

door open, simply because you both feel obligated to complete the task and niceties that have been introduced by society into these circumstances.

What can an individual do to prevent heartburn or acid reflux long-term?

There is a voice, in the self, in the true self and it can be heard by the physical self. When you feel that some attention is needed, or some action is not truly for yourself, for your highest good, it is important to stop this action, to cease this method, to find a new way, or to let go of your current routine or method. Your desires are not always based on your own true desires and your highest pathway, while this course can be altered, many signs and symptoms will manifest themselves as you stray farther from a course that is beneficial, your highest course, or one that is more in line with the nature of being. Listen to the self, this is you, this is who you are. There is a vast knowledge and connectedness that is available to you that cannot be opened to you by books and this lifetime alone. Disconnecting momentarily from the physical existence you can hear it and the messages it sends. There are also guides, each being shall have one voice that is their own and one that is of another being. No matter to what extent you ignore these things they will continue to repeat themselves. Your true nature does not disappear because you ignore it, and the being which many of you may call a guardian angel, though no harp and wings are present, this being will not stop looking forward to assisting you, to helping you, to providing assistance, to watching over you and aiding you in this lifetime. The extent to which you listen and are open to the messages is entirely of your own doing, but there is much benefit, not always less strife, but more achievement when it is done.

What can an individual do to stop heartburn or acid reflux in the moment it is occurring?

Learn what foods cause this harm to occur. As you notice these foods, you may associate it with a specific ingredient, this is not always the case, what is more important is the type of foods in which they are found. Many of the foods in which

they can be found are from the same family, the same type, they are not always fruits, vegetables, in those terms of food, but they are from the same family of foods in terms of how they impact the body, the impact they have on health, and the ability to cause positive or negative change in the body. It is equally important to understand that these properties are unique to each individual and that the method in which your mind considers or views the food is more important than what the physical impact is on your body. How do you feel when you eat it? Why do you feel this way about the food? Why do you view it this way? What guilt is associated with this food? What emotions are associated with it? Why do you eat this food in the manner that you do? Just as critical thinking and being aware and conscious in every moment is important, you must do the same in terms of the physical that you put into your body.

Heaven & Hell

This concept of Heaven and Hell was first used by various faiths and religions to show the symbolic difference between right and wrong, good and evil; but as time passed it was transformed into a technique used to coerce the people into abeyance through religious manmade ideology or dogma.

If you obeyed the religious authority, they granted your soul the right to go to Heaven and be with God. If you disobeyed their authority, then you were damned to Hell and your soul was given to Satan to burn for all eternity. It was simply a way in which organized religion could scare people into believing they had power over their immortal soul.

The average person knows very little of what they truly believe about their God, so it was easy for religion to gain the upper hand through their basic ignorance. Never underestimate the power of propaganda to control others; especially when used by someone who is perceived as an authority figure by the people they claim to serve.

Therefore, all souls, which are simply energy beings were created and given free will in order that they may incarnate

into the physical world to experience the many facets of love. That is what this planet you call earth teaches. True, 'unconditional' love – which many of you do not understand the true meaning of the word – takes many lifetimes for the average energy being to master, and that is the journey you are now on. During each of these human lifetimes you try to learn and experience the lessons you chose for your individual spiritual growth and awareness. Some lessons you accomplish; some you do not.

You enter each lifetime with no memory of past lives or of the world from which you came so you are not distracted while working through the present lifetime. Without the physical body, you could not experience the negative side of things. The human form is able to experience pain and suffering; physically, mentally, emotionally and spiritually, whereas in your 'energy' form you cannot truly experience those negative lessons.

When you come to the end of that lifetime you chose, then you return to the other side through the avenue called death. Fear not death, for your energy form experiences no pain when you leave behind your physical body. It is truly a joyous occasion when you return home where true friends and loved ones await your arrival.

The earth as some of you call it is simply a created illusion, a place if you will which contains the illusion of dense matter where you can come and occupy a physical form which allows you to experience life through this created form. The spirit world is also a created illusion, and like earth you will need a form to contain your true energy self.

This form required in the world of spirit is called by some an ethereal form. This form resembles the form you held when you were earth bound, except it has no defects and displays itself in near perfection. This ethereal covering requires no food, drink, or oxygen as did your human body on earth. Your ethereal body does not suffer from the aging process. This ethereal body 'does' contain higher emotions, but not like the lower animalistic emotions – such as anger, hate, jealousy, envy - you now experience in the human form because it is operating on a spiritually higher vibrational level.

The human body allows you to experience your world through its five basic senses – touch, smell, sight, taste and hearing - which give your physical world the illusion of being real. The ethereal body for those in the spirit world gives them the same sensation of making their created world seem real to them, but without the dense matter senses humans experience.

Energy beings that incarnate to earth and take on the human form all dwell on the same level. That means you have contact with those who are considered the smartest people, those who are average thinkers, and those at the lower end who are considered idiots in your world. All living together on the same level as they experience their chosen lessons.

In the world of spirit there is a separation. All ethereal beings there live in one of the seven major zones of consciousness with other like-minded ethereal beings. Each major zone contains seven sub-levels. These seven major zones are based on how enlightened or spiritually advanced you have become. The law of attraction is in full operation, like attracts like. As you work to ascend through the sub-levels of each major zone, you discover each level is more sublime than the preceding one.

For example, say in your ethereal form you live and dwell on the 3rd major zone, on sub-level number 4 in the Spirit World. You incarnate to earth and take on a female human form which you feel will help you with your chosen lessons. You lived that life and achieved most of the desired lessons and experiences. You chose that life to last ninety-two years and then you died and returned to the world of spirit. Let's say during that lifetime you progressed spiritually. So instead of returning to the 4th sub-level of major zone number 3, you advanced to the 5th sub-level of major zone number 3.

Therefore, once you spiritually grow and advance through all the seven sub-levels of a major zone, you then enter the next major zone and start working your way through that major zone's sub-levels. When you reach the 7th major zone and reach the 7th sub-level of that major zone you have become spiritually enlightened and have mastered all that is contained therein. You are now prepared to enter into the next phase of

your development. When you have completed the entire 7th major zone you will no longer need an ethereal form and you will be seen as pure energy or what some refer to as a beautiful bright light.

For a better understanding view these seven major zones of consciousness as encircling the earth. Now understand each planetary system contains its own individual consciousness of higher and lower vibrations. All levels of consciousness meet and blend together so when you complete this journey you are then prepared to move to another planetary system and start working your way through its specific lessons and teachings as you seek to advance your spiritual awareness. Not only do planetary systems have zones of consciousness to experience, but so do the stars, galaxies, and all cosmic elements within a dimension as well; all vibrating on a higher or lower frequency of spiritual awareness.

Each major zone and sub-zones are vibrating and spinning at a higher frequency as you ascend through them. Each of these seven major zones contains what we will refer to as seven sub-zones. Based on how you lived out your last incarnation (positive or negative); you will reside in one of the seven sub-zones of one of the seven major zones. To give you a better understanding let's say for example, that a soul who was living in the spirit dimension on the 5th sub-zone of the 3rd major zone incarnated to earth as a female. She lived a full life and finished up her incarnation that lasted ninety-one years. She died; her soul left the physical body and crossed over to the spirit dimension. During that incarnation that soul had experienced most of the lessons it had chosen to learn. That life was positive and the soul advanced spiritually. That soul now advances to the next level of consciousness that it has earned. The soul moves from the 5th sub-zone to the 6th sub-zone of the 3rd major zone. What if that lifetime had been mainly negative? Upon returning to the spirit dimension, that soul would have been sent to live on a lower sub-zone. Such as that of the 2nd sub-zone of the 3rd major zone. It would then take many more incarnations to regain the ground it had lost so it could keep advancing spiritually.

Each major zone contains seven sub-zones. For example, major zone number four has seven sub-zones in it. Once you have advanced from sub-zone number one, all the way through to sub-zone number seven, you then advance to major zone number five. You must advance through those seven sub-zones of major zone number five to advance to the next major zone of number six and so on. Once you reach the seventh sub-zone of the seventh major zone you are spiritually enlightened and have mastered all that is contained therein. Now you are ready to ascend to the next consciousness of which you will no longer require an ethereal form. You would be seen as pure light, pure energy, and would no longer be bound by the seven major zones of consciousness. Never would you enter a physical or ethereal form again. You would be back on the level of co-creator and be aware of your pure companion status with the Supreme Creator of All.

For your further understating; each individual universe or dimension has its own Creator. Each area of planetary living has been located in such an area that each domain is watched over, tended to, and life and energy brought forth into it by a Creator for that specific realm of existence. This is not to say that there cannot be more than one entity infusing power, and direction into the life and plane of existence. But there is only one single being that is responsible for its ultimate direction no matter what other entities, or life forms may inhabit it, or cross from other dimensions to assist with that dimension's existence. There is one Lord, or God, or Supreme Creator that then observes these Creators and can assist them. This is much the same way that many groups of people delegate power to accomplish a common good. No one person on your plane can watch a massive area or oversee the production of a very complex event or complex item. This is the same for existence as you know it. There are many assigned to watch over your area, there is only one to direct, and become responsible for its driving purpose, its mission, but then there is the Supreme Creator which is then responsible for all life and all dimensions.

Higher Education/Learning

In regard to learning and higher education, is this the best way for humans to learn? If not, what can be improved? How should learning take place?

The true learning does not take place in a classroom. So many of your current classrooms fail to produce anything beyond the emphasis of memorization and recalling simply to produce test results. There is not much gained simply by memorization of facts. There should be the permission to study what the being finds useful, what the being is called to, what the being finds interesting. There is nothing more than sheet of paper being churned out by various institutions in order that you become more civilized and easily assimilated into the work force.

Understand, not all areas of study are in a deliberate way leading you to a vast summation of nothingness. It is important that a doctor, your medical doctors, be well-versed in the human body so that they too become well trained and practiced in their methods. You do not want a return to barbaric practices simply because someone has said your school system is not worth the effort.

The problem with all forms of study is that there is no emphasis on how to think, on how to bring in new ideas. All ideas are learned, you learn what has been done previously, you learn to follow rules and regulations, and you learn to simply continue what has been done. There is no emphasis on how to bring new ideas into being. There is so much time between the inception of an idea and the manner in which it can be finally implemented in society because of so many clinging to the ways that have come before them.

Your institutions are placing their emphasis on the production of test scores. All institutions. There are many that have connections for higher job placement, but it is what you are learning to do, learning to be placed within a job, no matter if you are the leader in that job, or connected to some high level of society, or you are a person thought to be in a lower form of work, you are being prepared for jobs. The ones who are less successful in jobs is often not because they aren't

trying, but they are not interested. There is no complete route, as it would seem, that is readily available to those who do not wish to pursue the current establishment in terms of advancing a paper certification for the attainment of a job in the work force.

Those who fight, and resist learning are simply not ready to learn by the ways and means currently offered, and that is the problem, there is no alternative for many beings, there is no alternative, nor are they aware of an alternative. Parents and guardians currently send their children to the buildings that they attended simply because they believe they must do what was done before them.

It is quite possible for a being to learn all that is needed in order to live a happy and productive life, and after a specified time, they could attend a school of structured learning if they wished to pursue a more technical and advanced area. Even more widely stated and easily understood is that all things can be gained by your surroundings, too much there is knowledge regarded as power and those with the knowledge to not have the kind nature to share with those who wish to learn. It is easier to place that concern in the hands of others. It is possible for you to learn what is necessary in life and then to attend a study and practice center to show you the skills and lessons needed to enhance your life or to be productive in some manner or form. It would suffice to say that you could attend these areas when you are not present in the mind and ready to learn at the time the structure was given, or if there simply were no methods for you to learn.

When education is allowed to develop in the individual, at the individual's pace, in the areas the individual wishes them to take place, this is when there is a success. A basic understanding of the world is helpful, but it should be noted that the basic understanding of the world is often not taught by schools, it is taught by interaction and studying the world. What is taught is how to interact within society and in what manner you should be thinking. This provides no alternative to other practices. You are taught how to play by the rules, you are not taught the true nature, which is that laws that exist in nature are true, all others were created by man and will not

provide you with the building blocks you need. Man-made laws are temporary. There is no law created by man that will stand the test of time. Laws great and small are this way, one-day murder is legal, the next day murder is illegal, the next day is legal in certain circumstances or by certain authorities.

You are not taught these things in a learning environment. You are taught about events but not the true nature of events. We do not mean to say that reality is being shielded from you but only that there is not a deeper understanding of the events that took place. So much is removed from the situation to be stuffed into books to be later passed on to those who could care less, this is not a proper method of education. Study what you love, and what you desire, not simply what you wish to have added to your stack of papers so that you can be fulfilled in some other way. When the knowledge is gained that you truly desire and that which will benefit you and others, the appear will not be important. This is true as you learn about the world or learn medical practice, or some other technology. Anything you want to learn is at your fingertips, but all learning takes place in the mind.

There is no universal method for teaching and learning, and as with most areas, this is where the conflict comes into being. There are widespread practices being carried out that only a few benefit from. The progress that they can see is arbitrary, the grading method is not concrete, all is left to interpretation. What you need is for your mind to be open and to study as you will. This does not mean that you cannot benefit from such higher education and learning, but often those who have problems are simply not meant for this system, and because there is only one widespread system, there will always be problems and complications. You can go beyond school, you can learn because you desire to, not simply because you are being made to so that you can be successful by some long-term means. It is important to understand for yourself what it means to be successful.

Success in study does not mean that you have to sit for hours at a time memorizing facts. For some, this is necessary, for others it will not be. Do not be ashamed if you do not fit the criteria that is currently set forth. You will find your path and

you will find your way. This is not simply an excuse for you to abandon all hope of education or that you should not learn. Simply, you should be willing to learn and understand a great deal, but less emphasis should be placed on learning in the manner in which it is currently conducted or forced. True education comes when the mind is willing, and many know feel that once their higher education is complete, that they simply never need to open their mind again. This is also untrue. It is important, that until you leave our physical existence permanently, and even beyond, your true purpose, your universal purpose at all times, is to learn, grow, acquire knowledge, have new experiences, not cling to a repetitious patten for all of your days.

H.I.V. (Human Immunodeficiency Virus)

What is the purpose of so much HIV in Africa?

There is a need for the entities who reside there to experience much of the energy that is taking place. There is a need for others to learn how to help others. There is tribal warfare and other interactions taking place which need to be placed secondary to human existence on a much larger scale. The need for peace is not a mission simply to have for the sake of selling books and newspapers and making others feel good about their work or missions there. The added benefits, the overarching goal of peace and the way in which it carries over and spills out into other actions, this is the purpose. There are many who have never known hunger, these beings now reside in very opposite circumstances than to what they were accustomed to in past lives, but this is by their choosing and for their benefit.

It is not for the judgment of anyone that this epidemic has taken place in this region. There are many from the same soul being group who have been brought into this area and it is necessary for the progress and growth and understanding of the group that it exists here. Know that this is not universal truth regarding HIV/AIDS, there is not the same reasoning in every instance, but the turmoil found here is the regions method for

expanding and developing. Expressing energy that needs to be released is the method by which the violence is brought about. There will be greater motivations for alternative means as the current infants develop into adulthood.

Civilization as we now know it will not survive in its current state in this region, by far, the most tragic events have yet to pass. They will move and grow beyond them, but the worst is yet to come for those in the area.

This region is not a battle for all world fronts to interfere, as with all areas of development, any method of peace by force will not allow peace to prevail for any considerable amount of time. Eliminating what is seen as a negative energy or entity will not prevent its existence in the future if it is not experienced now as it should be. There are many who wish to help in this area, and there should be none who should be prevented from assisting but consider the means by which you aid. Are your methods personally driven? Are your means and methods supportive of all who reside there no matter their views? Are you attempting to change those who reside there? While there are no correct or incorrect answers it is very important that you realize, in all aspects of life, not every battle will directly impact you, and if you involve yourself you should not expect change to occur by what you feel is correct. What is correct for you in your life is not necessarily correct for all. This does not make anything false simply because it is different but know that your universe and perception of it is not the same as others you encounter.

Where shall the children go? This is the question, often the concern is how the children will be raised in this area. The concern is not to be discounted because of the area but consider for a moment your concerns and ponder internally if your concerns for your own children, or the children in your country, if these concerns are legitimate or if they are simply concerns because you have nothing more tragic or seemingly detrimental to fear because you live in a less violent area. Wondering to yourself is not a sign that you are crazy, introspection is important. It is important to carry out this personal investigation before carrying forward, charging forward, into a new realm with an outside idea. This does not

mean that we are telling you to keep your ideas to yourself because they involve another region. We are not saying this in the least bit but consider carefully what it is that you are concerned for, careful evaluation, do not have a quick reaction simply because 'something must be done.'

Wondering to yourself about any event or action is important. There are no right or wrong decisions, only cause and effect, often the regret you have about a decision can be lessened when you follow your true path, not one that has been decided for you by others, and it can be lessened when you have carefully considered to not intervene. It is not important to share always your idea, it is not important to always conceal your idea. Be patient with the world, be patient with yourself.

Offer help but do so unconditionally. Do not offer help with restriction. Do not offer help on the condition that anyone change their behavior. This can be seen in battles where medical aid is offered to the opposing forces troops. While this is a very basic metaphor and some instances this did not happen, or it happened to a greater degree, it is important to decide to act in this manner. But, simply because you are changing your mind, or carrying out this act, it does not prove long-term success if you do not internally agree with the action. Just as peace by forceful means will not truly create peace. Often the greatest change comes in death or by the absence of a being in a region due to death. This is a very real and true possibility and should not be discounted because, for many, it is the only way true change will come.

“Peace for all time is not a flowery garden in which a select group of humans wish to reside in their minds simply because the world is too harsh. They are idealists who are able to create peace within themselves, others can follow this. As the greater number of people can impact the individual, so can the individual impact a greater number of people. I do not feel that there is any loss simply because there is less hate in the world within an individual” – Constantine.

What is meant by this, is that there are many groups who wish for peace but want conditional peace or peace only for their kind. They wish for peace but also aim to do harm to

others who oppose their views. Peace for all time is a realization that all methods and means are of importance and all life is valuable, not simply those who share your world views. There are as many opinions on the living of life as there are grains of sand, blades of grass, and drops of water in the ocean. It is not a decision by the few or many to control a party of the opposing side or of the opposing size. It is important to understand that there is no need for control. Many will grow beyond this and at a point in your civilization there will be an inverse within the community. If you shall describe this now as few carrying about amicability, and many being self-centered, soon there will be few who are worried about the self and property and many worried about the manner in which a greater good for the self and the group can be accomplished. Soon the realization within more beings will come to pass that there are not many long-term possessions or ideals that are held here. Nothing which can be held in the physical world is something that passes with you throughout time. Often it is these things, the money, property, control, these things are only temporary, but they are what drive beings to carry out specific actions in an attempt to gain more of it or them.

Mashing all beings together in a world is the greatest method of teaching team work. There is so much isolation. Isolation by country, language, color, race, hair color, religion, economy. You do not need to stand in lines hugging one another all day but it is important to know that lines drawn on a map and other arbitrary factors do not impart wisdom to those around you. It is not more in the creator's good grace to help only those within your fair city or your block, or within your group of friends because you were all the same and segregated within your tiny little world. This is not to say that you must branch out, but isolation because there are differing factors of existence, this simply must go. You must, as a people, learn to contribute to many areas of life for your own benefit and contributing to the life of another's world for peace in your own life.

The mechanized nature of society will change. This is not to say that industry will go back in time and there will be horses instead of your current method of travel, but there will be

changes in which the focus of industry is less on making profit for the sake of profit, and more about creating useful items and practices for the benefit of many who can use them. Profiting from villages who do not have clean water is not a plan that anyone should be formulating in the present. The manner in which the clean water is delivered, and the waste carried away is a concern for us all. Survival is important, but it is not always required and not always necessary that all survive in the same way.

Holocaust (Jewish)

What was the main reason for the Jewish Holocaust in Germany?

The Jewish holocaust is a matter of financial prosperity for some. It was for selfish purposes that it manifested. The reason many have a difficult time reasoning this series of events is due to the enormous control and, seemingly, good that was carried out by these men. It is important to know that not all were lost but the mental state of the leadership was corrupted. Also, due to extraneous information whereby world leaderships were blind to the atrocities, these events were carried out. Now, it is not to be assumed that these could have been stopped, a level of this was agreed upon prior to entry here by those involved. It is important to know that many look at this as tragedy because life was lost. Is it not a tragedy that we confine our own thinking to the borders on our maps and worry not about our brothers and sisters no matter where they might reside? Many more became involved when their personal government became attacked or when an ally was under attack. Is one atrocity not enough? Why is there a line in your mind about how much evil must be done before your action is required? It is within the ships of the mind that good men drown at sea. We are not concerned specifically with these events and how they are presently interpreted. Meaning, there is a great deal of emotion stirred by many and that is the primary objective. It is this interrelation of existence that is

important to see, to realize. In these events, there was not a sanctioned 'cleansing' that needed to take place. There was some effort to demonstrate interrelationships of all things, and this was realized for a short time, that there are always new distractions from it, new ways creep into the mind and interactions between humans that make them more likely to divide and isolate. Often these are not actual expressions by widespread groups of people. They are held by a few, and because there is not defiance of other minds and other thinking, these minority held beliefs come to be held by others. Many wander in their own mind. They are seeking something great, they are often not critical in what they join or what beliefs are associated with it. To be stronger in mind, this is important. It is not necessarily a muscle to exercise but it should be the goal of the mind's owner to be critical and mindful of what enters and dwells there. If these thoughts cannot be changed it is important to change the surroundings. The passive mentality, low level form acceptance without thought, that breeds such widespread hate. No matter any influence you wish to assign in any given scenario, it is important to see that with the general form of thinking this is what grows them and fuels them.

Homosexuality

There are no negative ramifications from being homosexual. There are physical damages that can be done through long-term sex of a specific nature, but there is no punishment in this act or sexual or loving nature of the human soul. The place you will cross to when you are finished (spirit world), there are no genders unless you choose to associate with or be identified as a specific gender.

Specifically, that might better be expressed as there is equal love for all souls and therefore equal love from each gender for each gender. There is no definition of who may love who and in what way as God is concerned. A balance of love in all forms is necessary.

Physical attraction of any kind is acceptable as long as it is not to the detriment of others. There are some that choose this path prior to living in a physical form, there are others who choose it once they are here and it is an outward expression of their lacking love from specific parental or 'parent-like' figures in their life. Though it is no less important the lessons learned in that situation no matter their motivations or the decisions to undertake them.

Many have not learned universal love, and perhaps the greatest lesson is not for the soul to undergo terrible persecution for sexual beliefs or the love of the same gender, but for mankind to understand that there is still a soul in each physical form. In a manner of speaking, no matter what is viewed on the exterior, and no matter the beliefs held inside that physical form, there is still an energy being within that physical body that is learning, experiencing and changing, just as those who might be eager to judge, blame, persecute and the like are still learning.

Human Race

What brought about the need for a human race or species?

There was a time when the human race did not exist and there were only energy beings. Part of the Creator. Part of something much greater. A division of energy much as your systems delegate power with each being responsible for a tiny part of the greater picture and each being overseeing a few more to uplift and bring forth a knowing and experiencing to regain control of one's own mind and spirit, away from things that we do not yet understand at this time. There is an experience within all of us that we cannot ultimately experience that which is deemed evil or negative or bad. We know only of these things from the human existence. It is important to know them only because, in all life, there is only true measurement of what is good and true by being compared to what is hate, evil, dread, wickedness. A lifetime of flowers will not make one aware of how truly beautiful those flowers are unless that person has seen a greater problem or a greater

ugliness of nature or the human spirit. This energy is kept with you in your spirit form and allows for greater appreciation. We are all part of a greater being. This being allows us to share energy and information and allows experiences to share. Just as germs assist a body they can hurt it. Lower forms of energy from the creator are being made to excel, being brought up, motivated to enjoy a higher power and part of the everlasting energy and spirit. As we progress, so does the creator, the supreme being from which all energy and life flows. There is a time for change and that time is now. We are not alone in the universe and there is much help. The creator allows these things to happen for your experience. For his/her experience. This allows for even greater compassion, love, and understanding. For each thing leads to the next. This world was created to experience this world and returning to the pure energy being that you are. There is a need to experience the physical now that some have already done so. A test is more a measure of a being's worth the more difficult it is. Love is eternal in energy form and you would not progress spiritually as fast as you would have, had you not experienced this human lifetime. There are many things that are done in your favor, that of a spirit in a human lifetime, there are many things done for learning. This is as a testing ground, to be fully immersed in something and to be unaware of how temporary it might be will give the ultimate hologram world for experiencing a myriad of emotion and human experience. No matter if you believe your world to be temporary or not, there are still changes to experience and decisions to be made that bring about a higher or lower evolution in your spirit. This is much for you, we will create more on this later.

Alien Influence Proven (Human Race):

The scientific discovery of Alien DNA mixed with Human DNA will be found in the near future. This is an ever-changing dynasty in terms of life and existence on the realm in which you currently reside. There have been many forms. There are many things that have contributed to the expansion of the race of human beings that are currently on the planet.

The physical properties, the chemicals, your DNA, are made up of many different living things. There have been outside influences on all of humanity and to specific races. Many differences you see now in humans and their origins refer and include much interference or bonding from beings outside this planet you currently occupy. Many of these interferences were to attempt to eliminate things that were defects caused by your own manipulations or thought processes. It is not important to know the complete history, but to know that you are a conglomeration in this form of many inputs and outputs that have been experienced by mankind since they were first inserted here and filled with the energy being needed for growth and expansion.

Incarnation

Can a spirit be forced into an incarnation against its free will?

It is the desire of each being to progress and grow and to experience life, even if it is without progression. There are some that have been reluctant to accept this form of experience, this living of lifetimes, but it is a choice to do so only made the by the entity in question. No one, no being, at any time, will force you to return. There may be counseling or the urging of others that you accept this, for we all grow when one grows, but you are not forced to experience a lifetime simply because another person or entity will benefit from it or believes it is in your best interest to do so. There will be counseling to relate that information to you, that it is their belief that it is your best course of learning to encounter the experiences within the lifetime in question or to experience specific tasks within a physical existence. It is only the duty of those around you to guide and provide information from their perspective, from their point of view; it is not their way to punish you by forcing you to undergo an area in which you have no interest. You are able to progress through other means without experiencing a lifetime in a physical human body, but it is also your own right to never progress or to progress at a different rate relative to those around you. You are able to do

as you please. There are many reverberations in terms of the result of taking on a lifetime or choosing to forge this option, but none of these are punishments, they are not sanctions because you refused to follow the orders of some higher-ranking entity. You are only passed from one area to another according to your level of development and your vibrational harmony with those that are progressing through the same functions as you. There are beings who simply do not wish to return or experience a first lifetime, this is of their own accord. There are entities that do not wish to accomplish anything that was set for them or planned for them while in a specific lifetime, this is their free will and it is acceptable just as all actions. There are many who are reluctant, but there is no guilt, there is no pressure, there is no forcing an entity to enter into this human form and experience certain life events. You are aided in selecting experiences and events and circumstances which best suit the requirements or goals of your intended areas of learning.

Jesus Christ Return

Christians believe that Jesus Christ is the Son-of-God, divine and human; the messiah in their 'Holy Book' known as the 'Bible.' That Jesus brought forth the Christian ministry, was arrested, suffered, was put to death by crucifixion, buried in a tomb, was resurrected three days later and ascended to heaven. Now they wait for his return; judgment day. Overall, this is a very simplified definition of Christian belief. All energy beings in the human form would be considered the sons and daughters of God, the 'Source of all Life' for your understanding. No human is divine in the physical world, even though those you call the 'haves' may hold your attention, they have come with lessons to learn and experience, just as those you call the 'have not's' have come to do the same.

Did Jesus exist as an actual human being? Did he intend to create the Christian religion or was that the doing of others?

Yes, Jesus, the figure behind many of the stories and fables and teachings, the character often used, even if he was not involved, was an actual being that walked your plane. It was not the intention to create a structured following through a religion. Too many areas within the human sphere of thinking all must be categorized and structured and organized and classified. In much simpler terms, this existence was to share the human potential, to share the ability to look beyond the systems treated entirely by man in a physical existence. To show unconditional love and to heal that which needs healing does not take a highly structured and rigorously held beliefs to bring to fruition. There is not a lack of energy here, that is to say, on your plane, but it is often misguided and misdirected and structured so that the goal is unattainable or untrue entirely. He was not one that should have had entire cultures and civilizations fighting based on his work. His work was not about division. His work was not about separation. As for Jesus being called the messiah or being known as the Christ; that was simply story telling used later in the manmade created holy book known as the Bible, to lay the foundation for creating a divine personage; who in the future could sway and help the religious authority with their hidden agenda of controlling the illiterate and weak people. This is the same power and greed that is sought after in your world of today. The fictional stories of Jesus' suffering and crucifixion were merely used as a control measure of those in power at that time. Jesus dying for the 'sins' of mankind was just more story telling by those in religious authority. It was simply another control measure to use against the people who were susceptible to such deceptions. The 'Source of all Life' did not create 'sin,' this was a concept created by those humans seeking control over their fellow man.

What was Jesus planned role for that lifetime?

To share into the lives he encountered, the possibility of their existence no matter what path of ascension they may be traveling. There was a deep hatred because he demonstrated

that the common being had no reason for dependence on that of a lord or ruler. Unfit to rule over men is not quite right in definition, but to say it is unnecessary for beings to preside so heavily over the lives of others is not an adequate definition to describe the horrendous acts carried about by humans over a human labeled 'less than desirable.' There will be no judgment day for mankind, no Second Coming of Christ. Simply more storytelling to assure obedience by those seeking to maintain their mental and emotional control over those known as Christians.

Now that Jesus no longer inhabits a human body, he does not respond to the Earth name of Jesus. He laid that name aside when he left that physical body. For your understanding, Jesus is no longer what you might call an individual entity. He has evolved high enough to where he, of his own choosing, merged his energy with that of a collective or group of spiritually advanced like-minded energy beings. He retains his personality as you might call it, yet they all speak as one.

Just know, each being that incarnates into a physical body has, for your understanding, what many humans refer to as a Spirit Companion or Angel; who has agreed to assist and oversee that being's physical life in the human form. That person then, depending on what religion they were raised in for example, may have been taught that Jesus is the one and only Son of God and therefore they pray or call his name when dreadful situations arise in their life seeking some kind of assistance.

Jesus does not respond to their prayers and cries for help when they invoke his name, that is the duty of their so-called angel or spirit companion who is in tune with them. When they call for God or Jesus or some Saint to save them, heal them, bless them and so forth; then their so-called Angel/Companion responds and makes a determination as to what will be done to correct the problem, or he may determine to simply take no action.

Sometimes, it is a lesson the being itself wished to experience so the Angel takes no action and allows what may

'seem' to the individual to be a dire situation it is confronting to unfold; yet it is simply something the being chose to experience. Now if something is about to occur and the being did not ask to experience this event, which may cause great harm or even death to the physical body the being inhabits, the spirit companion will then intervene.

Therefore, when Jesus is called for whatever reason, that individual's guardian then responds and determines what action, if any, will be taken for the being who they watch over.

Joy Companion

Known also by the names of 'Door Keeper' and Gate Keeper' their function is to assist your Spirit Doctor. When your Spirit Doctor is not mentally in tune with you, the Joy Guide assumes that function. Should you ask for guidance with a problem, or ask for healing energy, or whatever; then the Joy Guide performs that task in assisting you. If the Joy Guide is unable to handle what the situation calls for, then they are in a position to call your Spirit Doctor to come and take charge of the situation. For those individuals who are doing some form of Mediumship, the Joy Guide also takes on another role which has been referred to as the Gate Keeper. When a human is bringing forth some form of mediumship the Joy Guide's function is to shield the medium from outside negative forces. Only the mediums Inner Circle (and those they give permission to) are allowed to communicate through the medium. The Joy Guide stops any other spirits or negative entities from coming near the medium while the communication is in process between the physical and spiritual dimensions.

Judgment

It is not necessary for man to pass judgment on another man for many reasons. Your existence is only temporary, only you will judge your actions, and the actions of those involved may

be for the experience that was brought forth for them.

There is much strife on your planet but there is always a need for those in a human existence to learn to forgo violence and hatred when they have been wronged; just as there is a need for those in a human existence to learn to stop hatred and violent actions.

This cannot be experienced on the levels of existence in the spirit dimension where you will return once your time in the human existence is complete. You can promote peace and make information available to alternatives, but there will only be peace where you decide to create it in your own environment. You cannot change others, only observe and allow them to be. You should be peaceful first. This will radiate to those around you and throughout many levels of existence.

Worrying about others or trying to bring them to your way of thinking should not haunt you or frustrate you. There are many who are simply not interested. Making information, an alternative viewpoint available to those on earth will allow it to be digested by those who are interested when the time is right for them.

Many come to a lifetime here for nothing but strife, hatred, violence and wrong deeds. There is no reason to judge them for they are experiencing just as you have, though their focus may be on different areas than what you are currently engaged. You too were once in their shoes so to speak.

When all is said and done in your life, this life you are living now, and you die and cross over to the spirit dimension, you are given the wonderful opportunity to judge that lifetime you just left. No one judges that life except you, not God, not your guardian angel, no one but you. You are given a Life Review in which to refresh your memory of that life you just finished; it comes forth in a detailed chronological progression.

When you judge your life, you feel no pressure from others, you do so for your own benefit to see where you achieved and where you regressed in your

original blueprint. Now there are those upon return who simply cannot face their life review and own up to the horrible way they treated themselves and/or treated others while on Earth. Those individuals are then counseled by higher spiritual beings that go over their life review with them to bring them to an understanding of where they erred and went astray of the life they had planned. In those instances, it may take a long time to bring the spirit being to the point where they can face up to what they have done in the human form. At no time are they forced or punished, just made aware why they are on such a very low main level, such as main level one or two, and what needs to be done to improve their self-imposed situation.

An example would be the life of the one known as Adolf Hitler. That spirit which lived that incarnation is undergoing many hard classes seeking to improve and overcome the weakness that led it to such destruction while in the physical dimension. Just know those spirit beings who gave their lives in the Holocaust did so freely in order to teach the world a most important lesson. Individual growth knows no limits; it can teach one individual or it can teach many.

God the Great Spirit does not judge you for what you yourself chose. People on Earth say things like, "How could God do this to me?" or "Why has God allowed this evil thing to happen?" God did not do anything to you or them except grant your request to live in a physical body of your own choosing. All major events that happen in your individual lifetime are for your growth and experience, of which you yourself chose to occur.

One problem is, when some, not all, individuals don't understand something they won't admit it. It is easier to attack it with their ego self. Instead of saying, maybe this is too deep or just out of my belief system; they say it is bullshit, and if it

wasn't bullshit then I would understand it, so it must be bullshit because it makes no sense to me.

In order to believe, they must change their beliefs. Many see change as fear and thus remain where they are, even though they may realize 'what' they personally believe is wrong, they cannot change because of the 'herd mentality.' They don't want to be left out of the so-called herd (their family, community, or peers), therefore they go along with whatever the others believe; no matter how false or incorrect their beliefs might be. It is time now to start changing that fear into truth; which is simply love.

Karma

What is the basic operation of Karma on our dimension?

Karma is simply the balancing of energy. Laws put forth and even studies by Einstein may be considered universal laws as well as those he used as the foundation of his principals. Energy only changes form, it is never lost. There is always a reaction, in the same amount of energy, to that which is done by you. It may not be in the same form, but it is still experienced, sometimes scattered, sometimes in one action, but it is always in the same measurement of energy. This ensures direct learning by what one's own actions are creating. This is direct information on what one is doing but also by what one is thinking. Like attracts like, a law of attraction is not merely a passing fad. For what you do there is always a vibration with that of similar. There is a change coming where people will come to understand that energy must be balanced. In this lifetime and with other lifetimes, though many are attempting to work out karma in current lifetimes, there is much that is done from one lifetime to the next to balance the energy that is doled out and experienced to ensure that there is a balance. This does not always mean seemingly good is always balanced with what is called evil or negative, but that there is a set purpose for energy and a set level of energy. Karma can be said to simply be the explanation and title assigned to that which is natural and universal, and even explained by your

scientists, but this applies to much broader scale and to every aspect of life than what they currently know, but are coming to know. There is a need for change in this thinking. Some need to balance the experience with the opposite action by comparison. Others experience it and move forward but experience more because of the energy in their thoughts and actions.

Are we always subject to Karma? Is it possible to rise above its influence?

It is always possible to create a new direction. There are those who have created atrocities against life and may move from that quit quickly and do much good to balance the world in which so much negative energy was directed. However, there are some who will be seemingly trapped by it because they do not experience that act and then learn to move away from it. Some repeat acts because they enjoy it but are counseled upon return to attempt to allow them to gain the knowledge that was contained within that action. There is much good in all or that is to say, there is the potential for the good in all to shine forth, but there is not always an influence of good. It is possible to create what you wish to experience but know that certain trials will be experienced if you planned them before your experience on earth. Emanating good will give you the impression of release from this karmic operation. Though know that you attract what you do, you attract by actions and thought. Know that you may commit a terrible act and you may seem that in order to balance it you must be on the receiving end. This is the case in some form, but know that you may have already done so in another life, or that you will in the next. There is balance to everything. A label of karma only explains the nature of balance in the universes and those planes the creator has developed.

You were given free will in order that you could break free of the cycles of life. You have the ability to progress at an accelerated spiritual growth rate while in the human form. Remove yourself from the wheel of karma. Allow yourself to expand your spiritual vibration from the lower realms to the higher realms of awareness. You are not a puppet to be

controlled by outside forces. Seek within yourself and follow the path you yourself chose for this lifetime. Use your free will wisely and open up to the infinite wisdom contained within.

Kennedy, Pres. John F.

What group or groups had Pres. John F. Kennedy assassinated?

President Kennedy was not assassinated in the sense that he was terminated from life without some sort of prior knowledge or input. He was warned in the physical plane that this attempt would be made. In that time, he was not overly concerned. Up to that time such a bold action had been removed from the American psych in terms of successful attempts and bold acts being carried out in such a public manner against such a person. There would be assassination attempts prior to and after this but it was the nature of this attempt and success that made such a notorious mark in history. John F. Kennedy was assassinated due to the figure that he held for many. He was an idea and a belief that without him many things would not succeed. While many who fought him would have found other means, there are many others who were silenced out of fear because of this action. It is not to worry for him, in a sense, an act such as this was readily planned, though it would have liked to prevent the acts that precipitated his demise. It was not for him to control at the time. The groups who fought so hard to keep him and elect him and promote him were not nearly, nowhere near, not even singularly holding a thought of violence in terms of using it to perpetuate their ideas. Those against him were many in politics but as they say to “follow the money” today, such was the case previously. There are many interests controlling your government and therefor the people. It is not a matter of which part a member associates with, the true parties are divided by the purse strings. Donations can be monitored and tracked, they are very transparent about this, but Bank ‘A’ is not necessarily donating by that same name. This is true today as it was previously. There was a rise in need for control, there were families who

were seeking power, and with an attempt such as this, their thread of deceit and terror ran deep within the government, they would not be able to be stopped. It was not an extraterrestrial or Russian influence. It was not to be an outside company or agency not from this government. The ability of others near him was very limited in order to cease his actions or his martyrdom. It is important that many take up his claim, it has taken much time but there are many slowly returning to the ideas that he once carried with him so vigorously. Within your government there are many who use power, deceit, control, and money, only to gain more power and money by deception. There is no real power another human can hold over another human, it is only done so when the human allows this to occur. It is important to know that his ideas were not ceased, stopped, or any manner conducted and released from their importance simply because he vanished from your plane. It was not for you, nor anyone else to be concerned with the assassination in the manner in which it was conducted. The assassination had many villains, many who were carrying out the plot, if not by method 'A' than by method 'B.' It was to be completed by any means necessary. Russians are not someone who would have, at that time, been a group who would have had any part of assassinating the American president. It is very much those from within who sought to do him harm. This was a stage in government when there was less falsehood in actions and votes, fewer backdoor dealings. The government was public and conducted themselves accordingly, but there was a slow rise in a darker presence. Money, simply for money's sake is what drives many lines that are still present within the government today. They are not earning rights and possessions that will carry with them into new realms, but they do not focus on this. They are very short-sighted in their thought and ambition. It is needed to say at this time that John F. Kennedy would have been assassinated in this manner. There are many who sought control by any means and they were doing so by eliminating those who were, in a very simple way, giving hope to those who were less fortunate. It may sound very much like the story of Robin Hood, that there was a victor rising from the people to help them, and this was very much true with other

figure heads of the time. People were very much connected to them. This was a very much time for change. It was the method of several forces releasing pressure from the earth. Many who have repeated these similar actions among the earth plane. It is not important the who or how, but the why. It was important for those who were present then and those who are present now to actively seek out new forms of government and new methods, knowing that control simply for foolish gains with no lasting effect, are serving no part of your true self. Giving unto others is the most valuable form of currency. Knowledge and material goods, not simply to amass more wealth and power. Moderation, this should be sought by all. It is important to say that not all who have wealth, or more wealth than a particular person, they are not evil or living incorrectly. There is a very certain group who seeks power and control and continues to do so in order to perpetuate their position on top of the ladder in society. Only their families benefit from these actions, and to an end, they are not helping any succeeding member of the physical family in the process. It is very important that many release the anger they share over this incident and realize that the actions that were carried out are still present in the machinations of today's government. Do not turn a blind eye to the government, but also realize that many of the party line arguments are meant to hold your attention, meant to draw lines, meant to give meaning to other arguments they are presenting. It is important to say that at this time there are many seeking a new way, a peaceful way, not in terms of sharing flowers, but in terms of recognizing the self but honoring the group. Recognizing the group and honoring the self. It is important to know the role of politics and the part it plays in your life in the sense that it is a control mechanism if you allow it to become that, as it is currently intended. This is not worse at any point in the world through the various names and types of governments. There are special groups that seek more power, they are attracted to power, and will fill the purses and bank cars of those who are most likely to obtain the position and keep them close to it. There is no other way to describe it. There is more done to your countrymen by the hand

of their brother, the same brother who is swearing to protect them and their land.

What was the reason these groups needed to remove him from office?

To perpetuate their sovereignty as an independent controlling group above the remainder of society. No more are nations speaking to nations in terms of aid, and in many cases, there are no cold war spy games being played. Force is often used for gain, but this is not the gain of the nation as a whole, there is control and benefit to only a few to enact new laws and control more citizens. Poverty will continue to be a problem, it will not be solved, because there is only blame placed between classes. Rich blame poor, poor blame rich, and the same for all in between. Many are not happy but rather than look within they are being manipulated and blaming others. Much idle identification of alleged problems but the blame they place on others is often incorrect and done so only because some controlling authority has specified the other group as the problem. There is not much independent thinking. Those that do are slowly leaving the system. The system will slowly collapse as more become aware and the current state of government disintegrates slowly only because the fear they wield becomes effective on fewer and fewer and smaller numbers of citizens. The time to make a book is correct, to share history as the people have seen it, not as the pirates of the world wish to have it restated in their favor.

Levitation

Some teachers call this the production of ectoplasm, others say it is the human using their aura, how are demonstrations of levitation produced?

There are many faculties at work to produce legitimate forms of levitation and other forms of physical mediumship, such as objects being moved, produced, or manipulated by unseen forces. In many cases there is a great deal of work required for this to take place. When we say work, there are

two areas where this takes place: the preparation or ‘backend’ and the actual result or outcome or ‘frontend.’ It is not a simple matter of producing them, though too many shy away from this skill because they see it as a long-term project for which they have little patience. It is worth noting here, about any skill or ability that is not specific, all beings have these abilities, it is only the manifestation of predetermination before you arrived in this life, or the work you contribute to it while you are here. Legitimate levitation and other physical demonstrations of spirit work and communication have been in obscurity for quite some time, though there have always been those who practice – this is a testament to the true nature of existence. While it gained in popularity, so too did the number of those who were stealing and swindling others on your plane. This, coupled with the lack of effort and attentiveness to these skills produced a time nearly void of all physical demonstrations of mediumship. It is not that it was taken away, it was that it was protected – this skill and craft are only the truest connections to spirit, to other dimensions, to your true existence.

These skills are produced with the use of the energy of the human body and the intervention of the spirit team working with the human. To say that this is the aura, or the production of ectoplasm is to say that these two are exclusive and work in isolated ways. There is the ability to work with both, and the production and usage of ectoplasm – the physical manifestation of energy by spirits – requires the use of the human energy field. To produce and impact such a skill takes the preparation of mind, body, and spirit. This preparation is in the conviction of the skill, the work to produce the skill, and an effort to demonstrate – additional preparation is the *meditation* or development and alignment of the energy and physical bodies by spirit during conscious meditation. The length of time to produce this skill is heavily dependent upon the individual. There will be no two people in existence that will manifest this demonstration in the same time frame. The energy developed and maintained in a balance by spirit is the unseen work that must be done. It will take time to develop this, it also serves as

the opportunity for the practitioner to develop the clarity of mind.

When we speak of clarity of the mind, or any attuning of the body that is required, you may use this thought: A professional musician or athlete, while fully engaged in the practice, study, or demonstration of their skills will not be concerned with a person who walks into the concert hall or stadium. The professional is focused intently on the work and craft. A novice, a person still new to the engagement and study may immediately divert their eyes and attention from the lesson, or production, or the training to observe the person walking into the area. Your mind must be practiced in being the professional, not to insinuate that you will or will not become a professional levitator, only that your mind must be intently focused on the work while performing this, not figuratively, or literally, constantly peeking one eye open to observe changes in your elevation.

The production of such energy, depending on the being, takes consistent energy development. Though, with all skills including levitation, it is the practice of the work that develops stronger *muscles* and energy to produce the work.

Another concern with this practice is that a great deal of superficiality exists within the world. This practice, and many others, are not necessarily viewed as they are intended, not to state that this is a control method, but there are many who are interested only in the physical demonstration because it is a method of entertainment, rather than a demonstration of awakening and a connection to your true self.

Simultaneously, there is a great deal of organized belief that restricts a human's ability to realize their own potential. These are often beliefs that seek to eradicate any differences outside the belief system. These beliefs will also spread outside the system and often enter popular culture and society. So, for example if we said that you could defy gravity, the first response from a classroom is, "*that's impossible!*" Rather than see the possibility, rather than understand your limitless potential, there is an immediate shutdown, nothing is discussed or entertained because, as the mind knows it, it is impossible. In this case there is so much more work that must be done to

balance this energy and make it possible to produce physical mediumship demonstrations, but superficial interest and dismissal will not typically result in the immediate focus of long-term dedication to produce such phenomena.

If you wish to educate yourself on this practice, you must seek older texts, as there is not a great deal of current material because there are not currently many practitioners throughout the world. What is taking place is guarded. It is possible to produce this skill, but thorough understanding and sensing of the energy body is needed. The work within this body, the sensing, and detection of the field, this is key as it will assist you in the understanding of your true bodies in this existence. Be aware also that there is a great deal of distraction on your plane, there is a great deal that must be corrected or balanced in this field and in the physical body before the work can begin. If you continue to distract yourself or engage in distracting life habits, this work will become frustrating. It does not take a great deal to produce once all parts of constructing the correct path.

Life Lesson

What lessons or lesson types are available here? Why do we choose to come to this plane in this existence to experience them?

There is a manifestation of energy here not present in other realms for the purpose of education. There is a generation of energy that takes place here through the interaction and sheer volume of learning experiences taking place. There is not much accomplished by reading if you cannot physically grasp the subject. Quite literally then it is necessary for you to engage in actions for the purpose of experiencing these emotions firsthand and realizing their benefit or detrimental impact on you and others who encounter them. It is important to realize that no matter your time spent here, in duration or what you fill it with, it shall be beneficial to you and others, tenfold, in comparison to that of learning in other areas where you shall reside.

The important aspects here are many. It is not simply love, compassion, not just these emotions. The understanding that these emotions are in each action and no matter your view, no matter the perceived action you take, these are the motivations in all actions, or the lack of their presence. It is important to understand your position and how it impacts others around you, by this we mean that no matter what you do you are always an example. No matter your action or reaction, your energy is a guide for others around you, for only moments they may see you, for years they may accompany you, but it is the group energy that is important and the energy of the individual, on a large and small scale. You have the ability to impact several and several also have this same potential. It is important to know that all reactions spread out from the point of action just as a drop of water in a large lake. All points of action have an impact larger than what many perceive. Many feel, that they are alone and isolated, even for these beings this is not true. You may examine your mind to find the cause for these feelings but even your actions, even with you feel there is no benefit, no purpose, no one watching, they are serving as a guidepost for many others.

It is important to understand that no matter the method you chose to learn any subject learning always takes place when it is desired, and study follows. The means do not justify the degree of learning, the intent of the individual is what determines the level of learning. It is important for you to know that there are many who do not seem to evaluate themselves and their actions, this is not necessarily a sign of a highly developed being or one who has a great deal of development left to take place before self-evaluation. It is not for every individual to have introspection on this plane, to evaluate things deeply as they happen or nearly immediately after, there are many who will evaluate at a later time. Also, do not feel that you are burdened, not burdened, highly evolved, or less evolved than someone who is communicating with spirit guides, receiving extrasensory messages, or any other related skill. These skills are simply a matter of practice and development. They do share information when they are truly working within their element, but often this can be compared

to the skill of an athlete – they are an excellent athlete, this does not mean that they are exceptional in all areas of their life, though it also does not mean that they are not.

Peace and understanding, while these are objectives, while they are attainable, it is important to work through the necessary motivations and energy in order to achieve it. Nothing done by force will be granted, learning these emotions and how they relate, and how all beings are connected through these emotions – it is important to learn. It is often very obvious your connection to all life when you are not in a physical body, but also it is often impossible to determine your beginning and your end. In a physical body, you are defined as one being by the regular senses, while you should realize your greater connection, it is not important for development. Do not rely on higher powers or higher alternatives in order to live fully in this life. Do not hope for some higher purpose or power to nudge you before you grant yourself the happiness and peace that you deserve.

While these may sound like lofty ideas that are out of reach for many, the smallest emotion within your body that creates conflict is your true self telling you that you are not living in accordance to your self-balance, to your true plan, and it will invite you to correct these actions. This previous statement is true and is important to say before we include, as in many areas, that not all paths include the same events for all beings, not all paths include the same type of events for all beings. A person may seem to be on a terribly negative path full of hate and anger, but it is possible that they are living the life that is in balance with themselves and their true self. While this is far from the truth in most cases, the external manifestation is often a mirror, or a window into the hate within the self, is should be used to illustrate the method by which all can live.

There are not specific tasks that should be done. There are not lessons in this manner. There are lessons within many actions, the energy within them is what is important. The resonating energy within all things is what is important. It is possible for two separate individuals, one living in an industrialized society, and the other living in a mud hut, to undergo the same level of lessons and personal development

and growth. While one may have encountered these situations on a grassy plain, the other experienced them within the confines of the concrete city. Different energy will express uniquely to the individuals engaged in the activity. Often the groups with which you associate are groups that you have on the non-physical plane. If these beings were not known to you prior to your birth into this plane, they may have come to you because of the similar energy, similar life path. While you may not associate with them entirely on the non-physical plane you may have decided to do so immediately before your presence here as a method of understanding the skills and lessons that were to present themselves to you. You may experience different lessons within the same being and they within you.

There are not present lessons that are determined and assigned to specific areas. The only aspect that is often expected, though there is much effort to spread the energy types, is that those with similar plans, similar histories, they will gather and congregate. What is not often grouped together is which beings within a group are interested in maintaining their current state and which beings are interested in opening to new ideas, new aspects, new developments, new understandings.

Concerning Life Lessons – souls journey to this dimension to experience the many diverse facets of true unconditional love. Many of these lessons come in the guise of disease/illness, war/genocide, rape/assault, murder/suicide and the list go on. Many souls program these types of life lessons to experience the true nature of love and how to understand it on all levels. Unconditional love can be learned on any scale. On a small scale, you might experience love through cancer or heart disease. This not only teaches the individual soul about love of oneself, but draws in family and friends. Thus, teaching all involved about unconditional love through loss.

On a large scale, many souls freely give their lives to teach love through such events as plane crashes, global disease, genocide to name a few. Love has no limits when it comes to teaching souls about its true meaning. You have heard it many times before, and it is still as true today as it was through the

ages – fear is simply the absence of love. Were you to truly comprehend the essence of love, you would never experience fear again. The Creator of All is trying to impart this to each soul, so that they may continue on their journey home to take their rightful place by his side.

Tests come in many shapes and forms. To give you an example of a true test of love think about this for a moment before you respond: God loves all his children no matter from what country, culture or race they hail from. All are loved and cherished as his creations and he holds no one above another. All are seen as equal entities in his eyes. Praying to God to strike down one you consider an enemy is asking God to kill one of his own children. Would you pray to God to kill one of your own cherished children? No prayer is ever answered by the Creator of All if it involves him being asked to destroy one creation at the behest of another creation. God loves all his children, not just his American children.

Murderers, child molesters, rapists, etc.; do they deserve to be punished for the rest of eternity? Damned to Hell? If you answered ‘yes’ you have failed the test of understanding what true unconditional love conveys. If you truly believe in your heart that God loves *you* more than he loves those spirits of Saddam Hussein or Adolf Hitler, you need to read your holy book again. If your beliefs are contrary to those expressed in this example, you have truly misunderstood a very important message from your Creator, or your holy book was designed as a control measure through organized religion. Our Creator of All loves those spirits just as much as he loves you! Open your soul to love and forgiveness or you will have to experience many, many lifetimes to learn the simple truth that we are all connected through the Creator of All to one another. Try to think on a deeper level, examine more closely, and see things through the eyes of our loving Creator. There is no right and there is no wrong; replace fear with love. You will see all that happens is for the advancement of all creation.

Most individuals who hate or despise others do so because they don’t love themselves or they are experiencing karma repayment. You cannot harm or punish another without harming or punishing yourself. That goes for all of God’s

creations (animals, trees, etc.) upon the earth. The time will come when humankind will comprehend what the Creator of All has given to them – the means to experience the spiritual lessons of unconditional love through a physical form. These lessons come by way of disease manifested through individual and community, by personal and public lessons of war, murder, and rape; by global lessons of hunger, genocide, and the like. The lessons are meant to teach you to rise above such negative energy and see the truth and love behind the actions.

Once we comprehend the true meaning behind these lessons humankind will once again become enlightened. We shall step out of our self-imposed darkness into the everlasting light of God. Let go of the fear and let unconditional love show you the true path. The path that leads us back into the arms of our dear Creator!

While you may initially group together out of physical attributes, it will be after any understanding and development is actualized, that you group based on what you hope to achieve, rather than physical attainment or physical attributes.

Hoping for a harder life to bring you greater joy is not a difficult idea to maintain, but it is not a hard life, there are not obstacles that are difficult. There are experiences to have. Often there would be no understanding if you believed you were living in a game, in a temporary situation. You are not given things to test your physical mettle by some exterior being, these are tasks that you have assigned yourself prior to your enlistment as a physical human being. Life is not as hard as what many make it. Learning is not difficult, it is the process of expectation on outcome that proves difficult for some when their outcome does not match their expectation. You cannot know the outcome, you would not be learning in the same manner within the physical if you knew all aspects. Your physical and non-physical bodies are connected and in this life, they are dependent on each other, just as your need for knowledge and development and your need to be partially veiled from the future and previous cycles are dependent on one another.

Life will go on, no matter your beliefs now, there will be change in the future. Your purpose as a being, your true higher self, it is the sole purpose. Develop, grow – when you grow we all grow.

Life Reading (Past/Future)

The following transcript is an actual tape-recorded séance of a trance medium giving a group of individuals the option of a Past Life Reading or a Future Life Reading. The names of those in attendance have been changed to protect their privacy and identities.

Dr. Woods: Yes, this is Dr. Charles Woods. I'm the guardian angel of this instrument. Greetings, my understanding is that some may be interested in past lives? I have looked into some past lives of this group present here tonight.

Now at this time I wish to give you a choice, and I want you to simply see before you two doors. The door on the left will be the door to a past life. The door on your right will be the door that opens to your next physical existence in the physical dimension. I will give you your choice of choosing whether you wish to have discussed a past life or the life that you will live next time you incarnate in the physical body of a human. This will be your choice, you see.

Now did everyone understand what I said?

Group: Yes.

Dr. Woods: All right then, Clark, do you want to go first?

Clark: Yes.

Dr. Woods: Which door do you choose, Clark?

Clark: The right door.

Dr. Woods: Now, I want you to understand that there is a law that I will be working under, and I'll explain it to you.

The law is that I will not give you a date, and I want to explain that. If I were to say, as an example: In the year 2121, you're going to be born and do this and that. Then when you reach a certain age in this life, you may say, "Hey, I've got to die in order to get over there in time to get everything ready for the next life."

You see? So, I don't want that. So, I will not give you dates. I wish it not to be in your subconscious mind.

Everyone understands that if you pick the door to your right, I will withhold the date because your subconscious mind will cause you concern and worry and a lot of wasted effort in thought.

However, I will tell you that, being in your subconscious, any information that is given to you while in the physical state will be most difficult to erase after you have been re-incarnated. Do you understand?

You will have more recall than at the actual time of birth. The Spirit itself is being instructed into its earth life before birth. Do you understand?

Clark: No

Blanche: If you're born again Clark, you will remember what he's telling you now.

Dr. Woods: Because you are being given the information now, while you are in the human form, you will recall it in the next life. You will have more recall; you will remember what takes place here tonight. Understand?

Clark: Yes.

Dr. Woods: When you're living that future life, if I say on a particular day a certain thing will happen, you will have total recall and say, "Well I was looking forward to it happening."

Clark: I understand now.

Dr. Woods: Good, very well. Of course, for those who choose the door on the left, the recall will not have a plus or minus for you.

Sharon: I have a question, if you choose the door on the left, are they going to give dates?

Dr. Woods: Yes, dates are always given in past life readings.

Sharon: Oh, okay, I didn't know.

Dr. Woods: This knowledge will be coming from the Akashic Records. It might be called the Higher Hall of Records. It has many names, or it means many different things to many different people. It is the Higher Hall of Akashic Records when the future life is there.

Now, I will begin with you Clark. If you have a question, feel free at any time to ask. This is Dr. Charles Woods; I will be working tonight.

Clark: Okay.

Dr. Woods: In the future life, the life that is already planned, the life that has been laid out, the life that you are working towards now, that you are obtaining knowledge and information and being guided towards. I will now begin. I will turn the page of the book and I will start with the very beginning of the time of birth.

This may seem insignificant to you tonight but in the next life it will mean a great deal. It will mean a great deal to people who study the stars and the planets. So, the time will be important to them and to you.

You'll be born the Earth time of 6:03am. It will be a Thursday. Your mother will end her physical existence at 6:08am, Thursday.

You will be raised in a home that is not unlike the homes of today of an orphanage, but it will be called more of a training institution.

Your father will not reject you, if you're wondering why the institution, your father will not reject you, but it will be the way of the time that you have been born in.

Your father will be a man in the service of the government in the way of, not a politician, but as a keeper of peace. You may in your lifetime, this lifetime that you are living in now call the gentleman a career soldier. But he will be a gentleman of peace instead of this other term.

I will reveal to you at this time the names of those people. Your name will be...now this is no pun. Your name will be exactly the same as your first now, but it will be spelled backwards: Kralc. Do you understand?

Clark: Yes.

Dr. Woods: Very good. Your mother, whom you will never know, will be named Navarone. Your father's name will be Harmzes. The last name, the family name of your family will be Eiruman.

Now then, through the institutional care and through the studies and the schooling, you will go into the scientific study of planetary study. This will be a normal study for that time.

You will spend your career not upon this planet. Your life basically will be a dweller of space. You

will be traveling from one area to another. Much similar to the airlines of today, which go from one city to another city or from one continent to another continent. But this will be of a more colorful, advanced type of flight.

You will never marry. You will perish and return to the spiritual dimension after a period of earth years numbering forty-seven. I will not disclose the nature of the death, for it will have no bearing upon this life when you do recall. You will be in another dimension. You will be in another galaxy, and you will perish. But know that you shall be as close to spirit then as you are now. There will be no reason to fear being lost there in a vast nothingness, because it is not a vast nothingness.

Clark: Will I have the same feelings and emotions as I have now?

Dr. Woods: No. You're going to be developed as a scientist. You will have no emotion. You will have feeling. You will not have emotions; you have primitive emotions now. You will not have emotions in this future life.

This is Dr. Charles Woods.

Clark: Thank you.

Dr. Woods: Now Blanche, are you ready? What door do you want?

Blanche: The left.

Dr. Woods: You wish to seek a past life experience. Very well, I'd like to place you at this time in the nation or country that is called Canada. I'm placing you there and giving you the name in which you will not enjoy. You have never in any life had a name you enjoyed. I wish to give you the name of your

last, next to last incarnation. This is not the last one. This is the one before. The name that I give you is Bella.

Blanche: It's better than the one I got now.

Dr. Woods: Yes, but you didn't think so then.

Blanche: Probably not, it's not the world's prettiest.

Dr. Woods: Now Blanche, like the "B" is very important in your life to you. You feel closeness to the "B" and I think it's because of the spirit God sound of "ob."

Now then, let us go along with this and you can see some of the character peculiarities coming out, because of that Canadian life and to this one. I skipped a life. It didn't show up in your last life that's the reason I picked the one before to speak on this evening.

This is why you are always hot. You like cool weather. You're cool natured. You like cool places. Many of your lives which have been few have been spent in cool areas on the Earth.

Now, the family name of this one of which I'm speaking of was Sheller. You were not French. You were a Duke's mixture. You were English. Your parents came from England.

Now, Bella Sheller was born in the year 1637. You were married and raised three children. You gave birth to seven children four did not live. They had short life spans.

Three that survived lived to adulthood.

You were alone a lot in your life, for your husband was an explorer type. He was working for the government, so to speak, in bringing about mapping of the land. He was exploring the land areas for the leaders and officials of that time period.

You live to be the age of eighty-seven. So, you

may add your birth date to see the date you died, passed away. You passed away in October of that year, the 21st. The month of birth wasn't as important as it would have been to Clark. It was May 12th.

You had a great deal in common through that experience with the Indians in that area. You were not an Indian lover, but you tolerated the Indian people. You were no missionary by any means.

Blanche: What was my married name?

Dr. Woods: Bella Bonyea. He was French.

Blanche: Well, between this last life and the one in 1600 must have been a long time in between there.

Dr. Woods: Yes, you needed a long period of development in the spiritual dimension. Now then, do you have another question about that period?

Blanche: Is that the reason I want to go to Canada, because of that prior life?

Dr. Woods: Yes.

Blanche: Where did I live?

Dr. Woods: You were close to a large Indian village, or encampment they called it. This is Dr. Charles Woods.

Blanche: Oh, thank you.

Dr. Woods: Now then, let's see, Mike are you ready?

Mike: I'd like the door to the future.

Dr. Woods: I would like to explain how it is arrived at of a future existence. And it is the future life as programmed, so-to-speak, from your past experience. In many past lives you're being guided in a direction to be of future service in a coming life or experience. It is basically the same life; you are the same being, same person. You are being placed in a different experience.

Now Mike, are you ready to open the door on your right?

Mike: Yes.

Dr. Woods: Very well, again I will not give you dates or ages or years so as not to concern you dearly or deeply now. In your next Earth experience, you will be female. You will be from a large family. The time and day of your birth I will give although it will not carry the importance to you that Clark's will to him. Your birth will be 8:12pm, on a Sunday. It will be raining. As I spoke earlier, you will be of the female sex. You will have tremendous abilities as a child in the arts. You will not marry young, but you will marry; however, you will not produce children.

You will develop in your thirties a writing ability. You will write many volumes of knowledge on the arts. You will develop a philosophy through your writings.

You will, for a time, live in seclusion during your periods of deep thought in your career.

In your twilight years of your life you will expand and broaden out in the field of appearing before audiences in speaking and lecturing.

Your passing will be normal. Everything goes according to the records as I see them, you should live to be eighty-one years old in your next Earth existence. Not this one.

Now then, the birth name of this child will be a strange name too. It will be Feon Monet Break. When she does marry, the married name of the gentleman she marries will be Marchant. Okay?

Mike: Yes.

Dr. Woods: Now Judy, I have for you two doors, one on the left and one on the right. Which will be your pleasure?

Judy: Left.

Dr. Woods: We open the door and enter into a room of a past life. In the past life that you have completed, you are seeking some verification. I will give you something here for you to puzzle over. You were not a doctor; you were one who worked as a doctor.

I am placing you right in the middle of the Revolutionary War in this country. You were not Martha Washington, yet you knew of her and some others. But your name, a common name, was JoAnne Wilcox.

Now there were three marriages. JoAnne Wilcox Circee was the first, JoAnne Wilcox Circee LaMarz was the second and third was JoAnne Wilcox Circee LaMarz Blankenheimer, and it was a Jewish name. Two of the gentlemen were killed in the war and the other one outlived you. Yes, you lost two close together.

You were close to much of the fighting at that time, which spread all over a great area. Most of your life though was spent in the Virginia region.

Now then, May 30th was the date of your birth. The year was 1741. In Earth years, you were going into your ninety-third birthday when you passed.

You were born in what the Indians called a wigwam.

Judy: I wasn't American?

Dr. Woods: Yes, you were an American citizen.

Judy: You said I wasn't a doctor?

Dr. Woods: You had a very limited nurse training, but you were called upon to do the acts that a doctor would do in a type of emergency. You did many midwife acts and you doctored many people. There were no doctors available many of the times in the areas where you were at, and you assumed the duties. You had a lot of courage. You had a lot of instinctive doctoring skill. You liked to use, or were adept at using a knife in the way of surgery.

Judy: Was this from a prior life?

Dr. Woods: Yes, I feel as though you got your fill.

Judy: I used up all my courage.

Dr. Woods: I will say this, in a prior life even before this one we're speaking of, you were a man. You were a brute. You did commit chaos and murder. You bludgeoned people to death with instruments of war.

So, in that life I am speaking of, the last one, the sight of blood and gore didn't annoy you.

Now you have come a long way because you have outgrown that. See the improvements and progressions you've made?

Judy: Yes.

Dr. Woods: All right Sharon, which door would you like to choose?

Sharon: I'll go for the left one.

Dr. Woods: In your past life, I'm going to skip with you and at a later date I'll go into your last existence.

I want to go back into time, when you were what many people of today would call a monk. You were of the male sex. You spent a great deal of time in monastery work, which was primarily praying, gardening and teaching.

You had reached a certain knowledge and degree of your own. You did not pass away due to old age. When the hordes of Genghis Khan came through your area, you were cut down, decapitated. You lost your head, your arms, your legs and were disemboweled. She may recall these pains at birth sometimes.

Upon entering the monastery, he did not take the vow of silence because he was a teacher and instructor.

The name of the monk of this existence, because he was born to a family of prestige in that era, will not be given. I'll give him another name that is as close as the sound would be to us, a name that would be recognizable, Xavier. But it was of a different pronunciation. He went only by Xavier during that existence.

Now the dates of passing, due to a new experience of another life that is to come, I wish not to divulge the date of death because of the horror of the death. The second of that death will carry over and into another life with a similar Earth experience. I wish not to place the date of death because the date will correspond with the coming date of death.

That being the one that is important in mathematics in that lifetime, in that mathematical equation of death, she will find the answer. And it will cause much disturbance to her, so I will not divulge that date for her.

Now, it is time to close. God Bless you all.

This is Dr. Charles Woods.

Lucifer

Lucifer the so-called angel or devil never truly existed as an individual or energy being. Lucifer was not a fallen angel from heaven. This was just a fabricated story placed in the holy books of certain religions in order to show the difference between good and evil, right and wrong.

Religious authority used this as a means to control the uneducated and superstitious masses and to ensure that their authority and rules would be obeyed.

Mad Cow Disease

Does mad cow disease truly exist on a large scale or is it not really a concern for the public or public health?

It is not a great deal of skill to call one's self a philosopher. It is not a special title that allows you to ask questions to confuse your partners on this plane. It is the ability to critically evaluate, not negatively, but beyond the surface, search for answers which speak to human nature and yet apply to individuals in a unique way.

The importance of mad cow disease is not to perpetuate some divide between “hippy” culture and regimented society, it is with great deal and care that you should sacrifice the life of another for the purpose of sustaining your existence. Much of the world is still slaughtering on an individual level for the purpose of the family. There is a great deal in the mechanized world that allows beings to escape the thought of guilt where it concerns the life of another being or energy required to carry out a specific act. We do not mean that you must look each fish in the eye before you eat it, but understand that you are not the supreme being on the planet. There are other beings with the ability for creative thoughts, family bonding, and just as much capacity for compassion or hatred as the human.

Much is born from misuse and neglect of the owners and operators for the sake of profit, and if not for profit sake they simply do not concern themselves with items that could be improved upon for workers or for the stock that are sustaining man. It is important to understand that there is no thing done on the earth which does not have a cause and effect pattern. The method of declaring that a butterfly can cause a tsunami are true. One being can cause untold change and impact. It is one being who can take the time to examine the living conditions within food processing, it is your food, you are going to take this into your body, you should treat all levels of your body with kindness and respect, so should you treat all that which enters and leaves. The irreverence for the self is translated into the irreverence for nature and that which is used to sustain man. The process of improving these areas can be started from any side of the process. You can treat your body with respect, which will then allow your concern to flow beyond yourself and to the living things which sustain you, allowing better conditions no matter the length of life for the living organism that sustains so many. You are also able to first treat the sustaining animal or plant with respect and honor, you will not survive without it. You would be an empty husk if it was required that you live only on industrialized nutrition. Once care and sustaining practices are included in your thankfulness and gratitude, energy containing love and respect will flow into your physical body. It is possible to repair this cycle from any end or it is possible to create a new cycle completely free from mechanized factory processes.

A disease of the food crop or stock is a cause for the attention of those who consume it. It is not only foul conditions, it is a neglect on many levels and a disinterest in serving the mind of other beings in the highest way possible, and ignoring that you also wish to be treated in this manner.

Care can be taken first, today, on an individual level as you consume the food from your own kitchen. Then, grown beyond this point, return your focus to the market, return your focus then to the factory, return your focus to the farm. Appreciation and gratitude is what many entities are desiring and are waiting to receive, they understand the process of life, but they are less

respectful and in many ways less fulfilled or less fulfilling because of this neglect to their being.

Changing the attitude towards your kitchen and the appreciation at your table shall be the first step. Do not remove yourself from the source of your sustenance.

Mankind

Will there be a future time when mankind will become extinct, like the dinosaurs, on this planet?

There will be a time when this planet may no longer be the seat of human interest and existence. What is more probably to occur through natural evolution on this plane is a return to the knowing of two bodies within your possession. Your physical body which is a temporary body, and your true self, which many would say is non-physical, a light being, nonphysical. It is important to know that this is a training ground in which you interact, potentially, with many other beings, so far, not many have done so. The point at which human life ceases to exist would mean that this training ground, in these forms, is no longer necessary. It would be important to say that if this were the case, there is much training to be done in other areas. There are others who need this place, there are others that you will not communicate readily with on this plane in this lifetime but many who do not cross communicate once you return to your true home. This place is only temporary. It is essentially a hologram. There are other beings here that are capable of transporting themselves in their one body between the two places, but these do not entirely act with you when you return home. There will be a time when a new kind of evolution takes place. There will be a time when even the least experienced soul is the most experienced and it will be a new time for new experiences. Each time man progresses in this physical place there become new changes and challenges as those wishing to learn here require new tools and methods to accomplish it. If there were a time of extinction completely there would be a new form. There will be times when the Earth is not the most hospital place to reside, there will be other planets, moons, and

other locations that will be inhabited by the human form. A change of form is quite some time away and nearly immeasurable accurately by numbers and ideology. There are not many on your plane who can conceive this but it is more important for them, as they read this, to know that all things require change, change is the permanent thing. Conflict arises in the self and with others, in actions, in thinking, in focus when we do not realize that change is the only permanence. Permanent is not permanent, all things are temporary. When you cease to change and adapt you are essentially stopping your own education, your own development as a being. There was a time when there was not much experience on this plane and fewer experiences were had because beings were equipped in that way. It is less so now for beings to remain in one or two experiences in their entire life. Time by your clock is not picking up, your clock is not moving faster, but the rate at which knowledge is acquired is moving faster. It is not necessarily a short attention span that moves focus so quickly between subjects and study matter and interests. The ability to overcome or quickly become well-versed in a subject is what many are here to do, to gain valuable insight in a quick time. That is no way to indicate that you must rush, but if you feel that you have moved through many different fads, phases, interests, or periods, it is most entirely true, simply because you have gained from those things what you needed. There may be an interest for you later in your years and possibly later in lifetimes but there is no need for many things to be dwelled upon or within for an entire lifetime. As with all things these are not concrete rules, you may have an interest or a hobby, or a way of thinking that continues through an entire life, many lifetimes, or is part of your true being. As with learning the sense and presence of constant change, so should the ability to critically discern be taken upon yourself. It is important to know that learning is taking place at all times, and learning about the self is taking places, failures are failures, not life ending abruptions, they are opportunities for change. For many, the thought of life ceasing on this planet is unbearable, but when you consider the purpose of this place, the purpose of your presence, the purpose of learning change and learning all

of its experiences, there is nothing to fear. There will be greater experiences elsewhere. It is not important for you at this moment. The future now, and in the long-term, is a bright one. New challenges. New experiences. New forms to possess with your being and new forms to interact with in conversation, mentalism, communication. Touch. It is all for you. You can experience new forms and other communication with other beings or forms with your true being while still connected to your physical body. Understand change and you will understand the universe. It is not to be controlled, it is to be symbiotically understood and cohabited with in a mutually beneficial and educational experience.

Mass Murder

Every 'Energy Being' or 'Soul' as many call it have what is known as a blueprint; which is simply a detailed plan of the life they wish to experience in their next incarnation into a human body. This blueprint contains, but is not limited to, when and where you will be born on the earth. Will you be male or female? You will choose the type of parents you require and so on.

All major lessons and experiences are worked out and agreed upon with your spiritual advisors prior to you being born into this physical world. Yet you do have free will and so your plan may be altered after you start living your earth life. Your spirit guide/companion who oversees your life (some call this entity their Guardian Angel) will still try to steer your chosen lessons into your path to be experienced no matter what course you choose to follow.

Many a Soul (Energy Being) journey to this physical dimension in order to experience all the many diverse facets of unconditional love through what is termed by some 'life lessons.' Many of these lessons and experiences come in the guise of disease/illness, genocide/war, assault/rape, suicide/murder, and the list go on. These types of life lessons are programmed into a person's lifetime, so they can

experience what true love is and how to understand unconditional love through negative and positive events.

Unconditional love can be learned on a small scale or on a grand scale. For example, on a small scale you as an individual may choose to experience love through cancer, heart disease, physical or mental abuse, and so on. These not only teach the individual Soul about love of oneself through loss, but draws in family and friends who also can then grow spiritually through such experiences.

On a grand scale, many Soul's freely give their lives to teach love through such events as mass shootings, plane crashes, global disease (AIDS), genocide and hunger. There are many other such examples.

Love has no limits when it comes to teaching Soul's its true meaning. You have heard it many times before and it is still true today as in the past; fear is simply the absence of love. Were you to truly comprehend the essence of unconditional love, you would never experience fear again no matter what the situation might be.

There are no accidents, so if your loved one died from what someone would call an accident, just know it was a planned event by all involved. Not to cause pain or suffering, or to punish someone who is left behind, but simply an ending to a lifetime in which they had completed their chosen lessons and experiences.

Now then, using the San Bernardino attack as an example, there are many events that are planned prior to your arrival here on earth. This particular event, as some events, will be carried out in some manner prior to your arrival in preparation for the real event. However, know that some agreements are not absolute. This is to say that perhaps you are to experience a deep fear which you choose to overcome in your lifetime. Perhaps you live near water, in some way you may develop a fear of water. Perhaps your life has taken you in a different direction; perhaps you are living in a wooded area free from any significant source of water. A fear may still develop but it would not be the same fear. This, in a sense, is how all things work. It is not necessarily the particular event, it is not the

particular people, but it is the challenge itself that you are assigning yourself prior to your incarnation into this world.

In these events there will be an agreement that many can teach a lesson, or experience such a lesson, or work together to experience and share in a learning moment. It is a great deal more important that everyone understand that it is not necessarily random acts being carried out by violent terrorists that many things that are happening

However, it is important to say are a balancing of energy. There are two sides to many of these violent stories. There is a misappropriation of energy. The contributing factors of these events are many. If energy cannot be expressed by a group of people in some certain way, it will find another way to be expressed.

There are many who say that this is your own government expressing control and fear over these groups of people. To some degree this is always true. No matter the motivation there is a great deal of time, focus and energy by your ruling populations that use these events. But this event is not an event that was at random on any level. Much of this was planned and predetermined. The shocking aspect for you, while it may be known prior to your lifetime in the physical, when some become aware of these events, when they are forewarned, little action is taken to stop them.

The fear and unrest will not stop, primarily because it is perpetuated in the media; no matter how minor or major the event. It is you alone, for yourself, who can discern these events. There are many who are using this as a method for greater control because there is so much unrest. There is not that much unrest but because there are certain main control systems that are slowly ceasing in their ability to control, there must be new and more extreme methods exacted. This is not some cosmic doing, this is the belief held by the ruling power. We do not see that this is necessary, but they do. We wish to state this clearly so that there is not some miscommunication by anyone who may read this.

If you alone can discern the events, realize that many agree upon such acts prior to their arrival. In this case it is for the education of many. There are deeper struggles which must be

expressed. While they were random it was agreed upon prior to their arrival. Those involved will seek justice and vengeance; these are the worst forms of emotion for these acts and for these people involved. It is important that love be shed, poured, shared, and released into those acts. This is not some attempt to dehumanize or to humanize, only to state properly that man-made actions cannot stop man-made hate. The cycle that has been established is not one that has created a more peaceful cycle of events.

There are many who state in arguments between two people that someone must be the more mature party; that someone must be clearer in thinking, that someone not simply react emotionally. All acts must be evaluated more deeply, not just on face value alone.

It is time to treat yourself as a lighthouse; not necessarily broadcasting a message from the top of your tower, you do not need to force others to see your message, but you can share love and peace from it. Send into those events, those beings, love and peace, call for it to be so. Send love and peace in all directions regarding your living space, and to those around you. It is not necessary to force anyone, but when they are ready they will accept.

Energy must be expressed. It is not simply about peace it is about energy expression. If peace is forced, the energy will only be ignored and expressed in some other way. It must be expressed. *Peace will come once the energy has been balanced.* You can do this now.

Soul Mates

Let us discuss soul mates and soul groups and how they translate into a better understanding of a soul(s) experiencing an incident of Mass Murder. There are soul mates in your sense of what persons or people return for the purpose of interacting specifically within one another in a specific lifetime. This does not have to be a long-term interaction or a significant interaction, only that the interaction occurs, boy both agreeing, and by positive consideration by those higher evolved energy beings above you.

There are some who are soul mates who are engaged on long term relationships and others who have short involvements in your life. The purposes of these relationships cover the full spectrum of needs, emotions and purposes for development or receiving an experience. It is important to know that simply because you are soul mates does not make you lovers. You can have friends and colleagues who are soul mates.

Soul mates can refer more to your similarity in progress that has been made through your development as a being of energy, your true self. Though, it is possible that there is a link between beings that do not reside in these areas of existence within your true home world. There are soul mates who work together on progress, often these can be groups, not limited to just a singular pair.

These groups work to promote and motivate, or help to understand the experiences had by the group for the sake of evolving and as you might understand it, educating each other for the purpose of ascending to a higher frame of knowledge.

It is possible that significant or insignificant relationships also be of your own free will, or those that were destined to happen, or created to happen for your experience, or even by chance, and that those individuals share nothing in common with you on any dimension. Though, in many cases, in order for a successful long-term relationship of any kind to take place and be maintained there is often a meaningful accord between the two beyond the physical realm in which you currently reside.

It is important to see that there is much change coming at this time and that there are those who are destined to have greater roles than others. This does not mean that there are no soul mates, or that we are all connected any less than what you have once thought. It is important to see the light that is coming to you and is always available to you.

Free will, or choice, or that which is determined, however loosely, before you arrive, these are the things that make this existence real to you. It is important to engage in all things as though they were true and for your highest good, simply because you do not immediately know, it is important to take

on all things important to your evolution as though they were bringing you up to the next level of progress.

Now let us provide you with an example or two; say you were raped or molested by a family member or a total stranger; just remember all major incidents in your life were programmed by you before you were born into this physical world. You wanted to experience certain lessons and events for your spiritual development and advancement.

Rape is just one of many things to experience from the point of the attacker and from the point of the victim for souls seeking to understand all the many aspects of unconditional love. If you, as the one who was raped, can truly understand the spiritual lesson behind the act, then you are advancing your spiritual growth, which is why you chose that lesson to experience. If you, as the one who committed the act, can truly understand the spiritual lesson rape can teach, then you are advancing your spiritual awareness, which is why you chose that lesson to experience.

Two souls come together and decide on who will be the victim and who will be the assailant before they incarnate to earth. After those lifetimes are completed, the two souls will switch roles and the one who was raped becomes the rapist, and the one who was the attacker becomes the one to be raped. This is so both souls can experience the lesson from both sides of the coin, so to speak, thus allowing both to learn what can only be conveyed in this physical world. Each then has the opportunity to express unconditional love on many different levels.

On a larger scale, such as a Mass Shooting, many souls come together not only to experience this type of event first hand, but to also teach others through this type of incident. The shooter and victims may all be souls from the same soul group here to teach others about how to express energy in one form or another.

Once you understand we come together here on earth to experience, what are perceived to be negative events, then you will see it is simply done in order for us to grow spiritually.

Forgiving yourself and forgiving others becomes much easier once you understand the true nature of what has

transpired between you and someone you know, or one who is a seemingly total stranger. That stranger may in fact be a very close friend from your true home world that has agreed to assist you in learning or experiencing a much-needed lesson for your personal spiritual development; whether you or they played the part of assailant or victim.

Think deeper, and then forgive yourself and forgive the others that have caused you harm for whatever they did to you, or what you did to them. Nothing happens by chance, there are no accidents; you chose the incident to experience before you were incarnated into this world.

Experience the physical event fully, and then look deeper into what really transpired on a higher level and then come to terms with what this lesson has meant to you.

Master Teacher

This is the most advanced energy being that oversees your human existence, and those energy beings who are assigned to assist you. From the point of spiritual awareness your Master Teacher is the highest evolved soul entity involved in your human life. He observes and watches over those who assist you and makes any necessary corrections concerning those who assist you. When you reach the point of death, he has the final say as to whether your soul will be allowed to leave your human body, or whether it will remain to complete unfinished lessons. If he determines you have progressed as far as possible, he will then instruct your Spirit Doctor (or what some call their Guardian Angel) to shut down the human body and assist your soul in removing itself from it. The death process can be instantaneous or a long-involved process. This depends on what type of death your soul chose to experience for its spiritual growth. To die quickly for example through war, murder, car/plane accident to name a few, or to die slowly for example through cancer, stroke, heart disease and the like. Now if you are near death and you still have many lessons and/or experiences to accomplish then your soul will not be allowed to leave the body it occupies. Your Master Teacher

will instruct your Spirit Doctor, and his helpers, to bring forth the healing energy needed to restore your health to a level where you can then resume seeking to accomplish more of your chosen lessons.

Masturbation

There are many urges that are natural to human existence and are part of your health books and biology classes. However, there are many other reasons why similar urges express themselves. Masturbation, this urge is, at its basic level, a desire to create something. To bring into being something from your mind and body, no matter if it is the words you write, music you write, a painting, something envisioned or created by you, a group started, anything that you wish to create. Because this energy is not being expressed in these creative areas it is expressing itself in the urges of masturbation.

Those who are involved with what could be called excessive masturbation do so because the creative energy is not being expressed and therefore you are finding the path of least resistance to balancing the creative energy that is seeking expression. This feeling you experience will continue until you create something of your own or focus on something more productive, something that creates a measureable end result.

There is energy released in masturbating which is the life force of many living on your dimension. There is energy in this fashion that is the root of many creative acts and this gives the beginning energy to many actions, feelings, emotions and expressive energies. It should be balanced and not lost excessively to allow greater energy balancing within the body.

Materialization

Most materialization occurs during a séance where a physical medium is working. Ectoplasm is drawn from the medium by the energy being who then uses it to cover

themselves with the slightly sticky substance in order to become visible to those present.

A fully materialized energy being can use their own ability to speak directly to those in attendance. Besides full materialization one can materialize hands, only the head, etc. Depending on the level of the materialization those present can be allowed to touch the materialized form. Other higher evolved beings may materialize into our physical dimension, for short periods, to perform some task of immediate assistance and the like.

Mayan Culture

The Mayan's major advances in mathematics, astrology and architecture were taught to them by a small group of extraterrestrial beings. These aliens came for a short time to interact with the human population on an experimental basis. Those who escaped the last disturbances and destruction of that region known today as Atlantis brought forth their influence as well. The Mayan's were introduced to superior technology. This was done in part for the extraterrestrial beings to study their learning capabilities. To evaluate how they learned and coped with the vast complex knowledge they were supplied. They were shown how to build their stepped pyramids and other architectural designs with the aid of the aliens advanced machinery. They were taught how to track celestial and terrestrial cycles and objects.

Those entities from Atlantis and the extraterrestrials assisted the Mayan's in producing a variety of working calendars. This aided them in observing the constellations and helped to implement their cultural ceremonial events. The alien beings finally withdrew and removed all technology they had introduced. Through observation they determined the Mayan's were not ready for such advanced methodology. The aliens reached this conclusion after observing many behaviors which they determined were not acceptable to them (i.e., human sacrifice). After the extraterrestrials withdrew, the Mayan Empire continued to flourish. That is until natural

disasters and several diseases of epidemic proportions wreaked havoc throughout the land. These events decimated the population which in turn all but ended the spectacular Mayan culture.

Media Downfall

It is important to know that the last word on truth is settled with the person receiving the information. Perspective may play a role in judgment but know that perspective and understanding can be changed and opened. It is the attempt of many to share this information without bias.

Speaking words without certain motivation is difficult on this planet, and there has been much to cause mistrust, therefore not a good deal of information is accepted by the large populations of people. This is because of their previous mistrust of untruths told by the controlled mass media worldwide.

There is much being done at this time to fool you, to dissuade you from taking action, to entrench the masses further into a casket of misinformation. There is nothing being done to legitimately stop wars, end hunger; these things are not at the focus of the controlling group. They seek greater control and they obtain it in these acts, by perpetuating them and further allowing them to exist. The government-controlled media offers up untruths to maintain its authority over the fearful people. Such false information as Osama bin Laden being dead, the truth will be revealed at a later time that he was not killed by US forces and that he was simply a pawn used by the government to further their control over the American people. Also, it will come to light how the 9/11 attack on the Twin Towers and the Pentagon were not from outside forces as reported by the government-controlled news media. There is a great warning that should be heeded by those who wish to pursue corrupt power and corrupt control, but that message is being ignored. There is only so much push before others will realize that false information has entered the governments mind as an acceptable form of controlling or 'informing' the

people; those that the government should have been elected by in hopes of improving the nation. There are those in power who seek power and control at any cost. Just as there are wars with bullets, there are wars with words. There is a time for preparing and it should be enacted now; preparation in mind, body, and soul for a change in humankind. Though, it is not enough to sit idly and wait for a change, it is important to choose to contribute to the mass change that is currently underway. So the talking heads on televisions, radio, newspapers and other media will be a quiet whisper in society, their downfall is imminent.

Currently they flex their grip over you by holding a select group of views and using only specific ideology. It is important to know that these are not the beliefs of most people on the planet. It simply takes time to break the masses out of information that has been given to them repeatedly in many forms of conveyance. This is wrong information. It is all about control. There will be change, but there must be more done to convey the importance of change. There is no outside menace that will involve itself directly and cause the overthrow of hostile governments.

There will be a string, an action within the people who are experiencing this punishment, this negative role of an exalted dictator and the controlled masses. Speaking out to others, even in a passive manner will plant seeds and share information. Soon it will be unavoidable, the negative thoughts of humankind and how wrong they truly are, and they will come to know the true meaning of life.

Medium

An individual whose mediumship ability bridges the gap between the spirit dimension and the physical dimension is known as a Medium. They are in direct communication with energy beings from the other side as they transfer information from them to those here on earth. A true Medium may or may not go into a trance state depending on the type of mediumship (mental and/or physical) they have developed. Many

Medium's refer to themselves as Psychic's, as this name is more popular with today's society, yet there is a difference between a true Medium and a true Psychic.

What is the benefit to the world having mediums and psychics bringing the knowledge of other planes and beings into this physical plane? If we are here to learn why not leave us completely in the dark?

You are not alone. You are never alone. You are not here as a punishment. When one succeeds, we all succeed. When grows we all grow. This is true for you, this is true for your neighbor, this is true for beings who will never experience the physical plane, and this is true for beings who will one day experience the physical world. It is important to understand that we do not roll the dice and see what happens to or for you. We are not giving you a test for which you do not have resources to locate the answers. It is not a means of torture or some horribly devised method of existence that you are here. You take a test after a lecture, after a semester of study, after a teacher has helped you along the way, there was a resource, there was a book, there were places to seek additional information, the teacher shared information with you and also showed you methods of learning. No matter the case it is up to you to learn, and you may not even be interested in the material, you will learn something, you will learn nothing, you will create new ways of learning. You do not necessarily have an audience but much of what you will do will be reviewed for learning purposes. You can hear it now on telephone calls for customer service, "your call may be monitored." This is true, in the moment, and after the moment.

You do not simply put a fish in a bowl and never interact with it again. We do not mean to say that you are fish trapped in a bowl, nor are you pets with which we interact so that we can pass the time. You are not alone, you have resources, you have lessons which appear, reappear, disappear, and the method in which you engage or disengage is purely for your development and growth, but just as you do, so do others. You are not disconnected from the non-physical plane, nor are you

disconnected from the other beings on either side of that veil. We are all one in the same, unique and not unique.

Often times we hope the best for you, but even certain trees need gentle guidance to become the strong and tall lifeforms that they are. It is necessary for you to understand that you are independent, you have not lost your independence by gaining this knowledge, but you do have those with you who want nothing more than the best and will see you and be with you and aid you when you need it most, all the way to the finish line. Do not be scared that you are somehow one insignificant drop of water in the ocean. No drops of water are insignificant, and each being has the wealth of the ocean and the entire universe within them!

What is the basic process that occurs when a spirit guide in one-dimension transfers information to a medium in our dimension? How many spirits must be involved to form the energy required for this process?

The energy required varies depending on the manner of the manifestation. There are many present but not all contribute in the same manner. Much is done to prepare an entity for transference of information prior to the transfer taking place. There are energy adjustments and chemical alignments necessary for most communication. Many can return to your plane without much assistance and complete this task, others need to have this work done at a later time or a retuning because of the detriment caused to the body by living this physical existence. No matter if it is done on the earth or it is done prior to birth, the same work is done, again, in addition, this process may be restarted or recalibrated due to the spirit's ability to manipulate the body negatively through physical means. There are separate entities which will work with each being in order to deliver information. Often times there is not one singular person or entity conveying this formation. Many of those on your plane who are capable of giving information may assign a name to the messenger, or they may assume it is their highest or closest companion from this world as you live in yours. They may use this name, but this is not the sole entity that brings information for them to share. During

communication, there may be the use of the guide to relay the information or the information may be direct from the chosen entity. Often a guide or spirit advisor from the questioner will provide information. The process in this regard depends highly on the vibrational level of the channel as well as the congruence between the spirit guides in question. Some may be harmful or otherwise incompatible with the channel, these will not be allowed within proximity of the channel, though they may converse with the spirit guides or observers of the channel. The energy may come from our plane or it may come from yours, in most events there is a combining of energy. More energy is needed depending on the method of communication manifestation that is being used. Each required different energy and different types. There may be a greater need for energy drawing from your world, or from ours. On your side, this can come from other willing physical living participants, or the ambient energy that is existent in air, earth, water, the natural life-giving elements. There is much that you do not know about this and we will do our best to share and enlighten you. Though you must understand that there are many terms and processes which may compound your confusion or illicit such a reaction from your curiosity that there will be only further questioning to a point where no discernable information can be gathered by you because of the subtle processes used and their explanations. Know there is much to transfer energy, all actions and thoughts are energy. They are transferred quite similarly as you would transfer a telephone call to another part of the world. A connection is created, a vibration must be raised in the channeler and the ability to focus on the task being conducted is important. It is important to maintain the human body of the channel. Much information is shared when the difference in energy is similar or reaching a closer point. There are those on this side, our side who can make this difference less and less with little effort, and for some it takes many entities working together to bring about this lowering and raising of energy to facilitate a closeness in mind and harmony and resonance so that the thought transfer can be conducted and maintained. Various means of communication all take part in the same way, through

it is the physical body that may interpret it as hearing, feeling, or seeing, simply because these are the areas which have been focused and energy directed. There are other specific types that may be accomplished but all work on the same basic principles. A channel is created, then a thought, the energy, travels that communication pathway to the human body, containing a spirit in the human existence, and the information is shared. In the same manner, trance, trance will take place but rather than share your thoughts with that person expressing the skill to channel information and messages, the thought is not transferred, the physical energy of the entity is traversing the pathway and inhabiting the physical body, or they are able to use the pathway to send their energy through, as a telephone may be picked up and listened to and spoken to, this is true for manipulation of the pathway to deliver information. It is important to maintain the diet to allow proper nutrition for this to take place without the distraction of the energy contained within these foods. Many guides and companions, working towards the same mission, will accomplish the same task, all is energy, this is the manner in which it is transferred. It may be many times before the energy is transferred successfully but this process is the same for delivery of any manifestation. Physical manifestation is, again, the transfer of energy, though a different type. They are being used, the energy of the channel, to bring forth the entity so that they may manipulate the physical energy of the human body and extract from it what is necessary to create a physical apparition. Each time a communication or manifestation takes place this communication channel is created. You can see it as a tunnel or a tube between two separate destinations, depending on the work that has been done to maintain this channel or tube, the information coming through will vary, this too is depending on the mind of the individual channel and what they hope to achieve, what they have worked to achieve, and what they will allow to achieve. All is, as always, dependent on the mind.

Memories Lost

Why do we not carry all of our memories and knowledge of the non-physical, any past lives, or decisions we made about this life beforehand with us into physical existence?

The amount of knowledge contained within your true self is not able to be put into calculable numbers. There is even greater levels and measurable amounts of information available to you and it resides outside of you but your connection to it is always in place as you wish to use it. You will not realize the true nature of things for this specific lifetime when you are constantly concerned with actions and events of previous lifetimes. There will be some who have greater recollection of what has transpired for them or what will take place but often this will need to be provided to you by a spirit or non-physical being. This is done so that you are focused on this lifetime and not concerned with what may or may not have happened several centuries ago. There are many things that you will or will not do in this lifetime based on previous lifetimes but the manner in which you drank milk in a previous lifetime or your interactions on a daily basis are not important. Many times, there is greater knowledge available within you regarding this lifetime and regarding previous lifetimes but like any unused or ignored aspect of being it will slowly reside in smaller and smaller quantities, that is, it is not at the front of your mind where you are consistently retrieving and accessing it, so it becomes less dominant in your mind. Often dreams are snippets of previous information. While dreams can also be actual events, travel and communication in spirit while you are sleeping, they are also events that you see only with your mind, they can also be the creation of your mind. There is no singular aspect of a dream or its nature, but they can all be discerned if you begin to recollect them and use them and exercise your mind so that they are seen as important, not something of fanciful whimsy which you'll have no interest in after 45 minutes of being awake and beginning to engage in your daily activities.

What is important is that you understand that there is nothing hidden from you. All is available to you. Understand

that there may be sensitivities regarding specific incidents or events, but you are not shielded because we do not wish for you to know. There is much that beings will convince themselves of, much that they believe is important to them and is the make it or break it answer for them in this lifetime or any lifetime. With many questions and answers, simply wait a few days, even waiting several hours, your answer will come to you or you will see how insignificant your conundrum really is once you are beyond the heat of the moment. Not that any one thing is insignificant, but when you quiet your mind you will see the answers around you or in your mind.

You are all precious beings living precious moments, it is not to be worried over that you were a slave, a garbage collector in this lifetime or in any other. No matter if you were murdered, if you murdered another, or if you saved several children from drowning, all events are equally important, you are no better or worse because you spent your life sailing, spent your life in a cave, or spent your life lost. All things are for your benefit and therefore the benefit of all in existence.

You can access anything you wish, if it cannot be displayed to you or explained to you it will be stated so, the reasoning often given. You must also understand that if certain events are explained to you which must take place for some other purpose, some greater purpose, a purpose which may impact several people, you may not be shown something which could alter a path towards this event, but this is not always true. You will always have the freedom to choose, you will live on a time line of your choosing no matter what anyone believes they have for you. The exception to this statement are any prescribed events or situations or lessons, or emotions which you wanted to experience as part of your existence. It is not a god-force placing these events on you, it is your own doing by free will or by your choice prior to entry here. When you say, "He doesn't give you anything more than you can handle." this is true if you are a male, it is true if you are a female and say, "She doesn't give you anything more than you can handle." Why is this true? Because you created these events, you are the creator, in the moment or prior to physical existence, you have created what has been presented to you. You are capable of all

things and are involved in what you are capable of experiencing. It is the trust you need in yourself, this is what is most often missing. The confidence, not to say that you are supreme, but to understand that you are worthy, you are capable, you do not need to place responsibility in the hands of another being, physical or non-physical. You do not need to reside yourself to inaction because you believe some other being will unfold the events in your favor. You are the ruler. You are the controller. You are the designer. Have faith in yourself above all things and above all others.

Mental Mediumship

The conscious mind plays the major role in mental mediumship. Examples of mental mediumship are Clairaudience and Clairvoyance. In mental mediumship, the energy being from the spirit dimension lowers their vibration in order to connect to the medium's vibration. The medium through development is now able to raise his vibration to make the necessary connection. Once their vibrations have joined, the spirit being can then transfer their thoughts and/or images to the conscious mind of the medium, thus bringing forth information to those who seek it.

Metaphysical

Metaphysical simply implies that which is 'beyond' the basic scope of known physicality as understood by mankind at this point in their timeline.

Middle East Conflict

How do you change a culture whose very foundations are so deeply rooted in opposing one another, such as those of Israel and Palestine?

There is an education. There are many who understand this now on your plane. There are many in Africa who are able to change the path of their people because they are providing an education. Many old ways, not ways that were fueling the purpose of the people in an upward direction, many of these ways can be removed from the society without drastic measures when education is introduced into the world. Their world. This must be very delicate, though, it is the exposure to new ideas, to things from outside the realm of normalcy for these beings. It must not be a sitting down and scolding. Slowly more and more will come to the idea of education because it is not threatening. Education and exposure to alternatives. Critical thinking is important. Many have learned that to be a critical thinker means to wholly and completely examine your own and opposing viewpoints with the same care and consideration, ethically, all of this must be done ethically. As new ideas are introduced there can be a gentle elimination of old ideas. This will not be by night's end. This is a very slow process, it can be aided by outside workers, working in the physical and nonphysical, but it is not a process, using your measurements of time, that will be quick by any means. The difficulty here, in this case, is that there is so much that is shielded from the outside world. They reach to the outside world, often receiving help from those who have some political cause they are serving themselves. They reach to the outside world without much understanding of what is taking place in the outside world. We all reach there, we all reach beyond our means, those who do so, we reach beyond our means without completely understanding yet what we are reaching into. It is the focus of the mind when we reach into the unknown that is important. To be able to measure the response and accurately apply it or judge it as for the benefit of those involved or to see it as something self-serving and not helpful to the people. Reaching into the unknown is how we grow, it is how we develop. It is in this way that all people seek higher forms of information no matter if they are aware or not. It is not with a great frequency that all retrieve this information successfully, this is what causes differences; but we all are not on the same path. There are many who are not

fighting. There are many who are freeing themselves from the grip of their ancestor's actions. They will slowly move beyond this age. It is important for you now to realize, once again, that the media and political ideas that are echoed, pushed, and promulgated are not necessarily accurate. All stories and information regarding these areas are told from one perspective. There are always more perspectives. All stories from the media will attempt to sway your thinking to one side or the other. To remove emotion to some degree will allow you to better understand these viewpoints. But only through exposure to outside ideas, without conflict, will new methods of understanding and a new way of life be able to flourish in these areas. At a point, very near on your timeline you will see that outside agencies and outside geopolitical influence will wane. The countries who secretly fund and aid these areas will lose interest as new arenas arise, so will those who are taking the unofficial aide. They will see that there is no positive means meant by any of these foreign helpers offering salvation, so to speak.

Israeli-Palestinian Dilemma:

On many subjects, we have related how there is an expression of energy among people, among groups, even on a larger scale there are vibrational changes throughout creation because of the confrontation and actions carried out. In this case, the energy and turmoil has existed for such a long time on your plane that it will continue to attract those beings to it that are seeking a quicker pace of experience in these areas. Now, do not believe that all who are drawn to it only seek hate, and conflict, and victory for a particular side; though please also note that there are outside forces at work; not in a mystical way, only in the sense that your governments also fuel turmoil or illusions of peace for their own personal gain. There are also those who are attracted to this area in a lifetime to attempt to make amends, to bring a light into a darker time, to shine a beacon of hope, and to call to others to make the change in their vibrational path, to ascend, to evolve, to create anew. So

much in this area is deeply rooted in the foundations of the culture that is perpetuated and even the land has a divide within it. For the energy to be balanced in this area will take the effort of more of your world's population. This is also the case with many of your world problems now. So many problems are seen as an issue for 'that area of land' or for 'that government' but these problems are not singular in nature, they are not isolated. It is the blind eye that causes these, no matter if they are in your backyard, in your home, across the globe, or in the far reaches of your unexplored space, it is important to see that there is no side that can be selected. Both groups will see a change as the next coming wave of births advance in age, there have been efforts here for some time, not as many as there could have, because literally, this is a training area. This is not because any being loves violence, but it is left this way as an area where lessons of peace can be expressed and the direct impact of unyielding love can be observed within the transition is made. But again, this is not left alone because there is kindness and uncaring. Remember, those that are in a particular life have elected that life and its purpose long before they arrived in this physical existence. Do not hope for peace because that is the only way. Hope for peace not simply to quiet your concerns and to lessen a burden on your consciousness. Hope for peace because it will evolve your populations. Instantaneously all things upon the earth can be improved if unconditional love is shared from one being to the next. Punishment as you have it in our various cultures, your industrialized cultures, for the most part, is not an improvement of this. It exacerbates the lack or loss of unconditional love in a person. A physical love and affection does not always need to be shared with a hug and a kiss, it can be a smile, it can be the thoughts of your mind. Silently well-wishing the stranger, you see. If you read the newspaper or watch the television you can change the 'tragedies' that you see by creating in your mind unconditional love and sharing it to the event, those circumstances, or all parties involved. Remember, there is no person who should be willingly passing a shameful judgment upon his brother or sister. See that what you worry over or what you hate is a deficit of love and you

can inject the missing piece into the situation. This can be done after the event, this can be done now. Healing can take place in all directions upon the concept of time, through all densities, through all expanses of knowing and yet to be known. The galaxy is a far-reaching place with many more possibilities of life that you can experience, there are many more possibilities of life and lessons to be explored. Each generational evolution can be seen as adding another combination to your code. For every possible digit, there are 10 possible outcomes, each possible digit space multiplies the outcome. You will all ascend, minds will be open. It is slowly happening where more will unplug themselves from that which does not matter. There are too many outlets for blind eyes to be turned to. These are not positive or negative, we are only stating that it is incredibly easy to focus on things and events and people that are not beamed to you through some device. These stories and happenings can be helpful information, but as we have said, these can be manipulated. Many would not believe that there have been several conflicts reported and broadcasted across your media, many life-changing events, but the events never took place. Your media is controlled to such an extent that this is happening. Your belief that a one-world government is negative is not new, the cause for this is that there are many in control now who would use this only for their gain. Many see this time, or any time in which they case their perspective from the first person, they see that time as the most advanced and all that came before as somewhat dim or less advanced or narrower in thinking. All must acknowledge that you are in no different a situation than those who lived several hundred or several thousand years before you. There are still kings, there are still armies and police that carry out the laws of the land. Taxes are still paid to a king. What many see as civility and advances are merely tactful terms and gentle handshakes for the same circumstances that have been present throughout time. The plan of action should be this: develop an awareness and critically evaluate all that you see and do. The second step is to love your neighbor unconditional, without judgement, without hate, without exception. This is all you need. Gaps can be closed between cultures and greater unity in

the human populations can come from this. There are many who spout words similar to this but there is a great deal of empty action or words said only for word's sake, do not live only to pass the time between work and play. Life is passing right before your eyes!

This nation, the United States of America, in the beginning forged itself into a country the world could look up to as a positive role model. It stood for freedom and democracy. Many outsiders dreamed to one day become a citizen of this great nation, where freedom and liberty were given to all. Yet, as time has passed, this great nation has fallen into great decline; the very soul of this nation has become spiritually, morally and ethically bankrupt. Greed and corruption are common place in your government of today, and many no longer question it; they simply accept it as a way of life. Powerful groups who stay hidden in the dark shadows control your media and your government. Your elected officials no longer represent the interests of the people and seek to serve their own self-serving agendas; and this you allow without question.

America has become a nation of 'sheep' so to speak, who have allowed themselves to be governed by 'wolves.' How easily and quietly you so-called patriots are led to the slaughterhouse. This once great nation has many signs and placards today which adorn your homes and buildings saying, 'Land of the Free, Home of the Brave.' Yet this slogan which once carried truth now could easily be replaced today with, 'Land of the Enslaved, Home of the Fearful.' America has become the true exporter of terrorism around the world, and you, its so-called 'good' citizens ignore this. It has even used terrorist's acts within its own borders to gain control over its citizenry; through these fear tactics it has enacted laws to restrict the very freedoms that were once the hallmark of this great nation. Yet you ignore the truth and look the other way. Your coinage says, 'In God We Trust' but that is no longer true. You do not trust in God, in your country, nor in yourselves for you have replaced that trust with fear, and allow those who create this fear to govern you.

Will President Trump complete his first 4-year term? If not, why not (assassination, impeachment)?

As we see it now he will complete four years in office. There is a great deal of effort exerted to maintain the media frenzy surrounding him. This effort also spans an organic frenzy by those who are outside the immediate realm of influence, but are concerned with the information coming from his office. Your television programmers and marketers are not only working to interest you in the latest late-night television show, these same principles, for some time, have been infiltrating areas of life that were before without opinion. That is to say there was no interpretation needed, only that a camera be present to report the facts or to report and record the words of others. You will see these things if you remove yourself from the emotional phrases and even the entire subjects that are being used. This has been well choreographed by the leadership in Trump's campaign and then independently by those who have majority control of world and local media outlets. It is no longer the sitcom that people look forward to discussing around the office water cooler. Politics has entered into a new realm where it is spoken about freely. Watch your words and your discussions because in this current falsehood paradigm these repeated words, phrases, and topics further divide and erode cohesion of the people where there would otherwise be none. Everyday television may provide entertainment to a captive audience for an hour in the evening and then some discussion the next day with other fans. View now how much of the day's conversation becomes centered upon this 'new reality television.'

How will President Trump deal with the Mid-East dilemma? ISIS? Israel?

There is information here that will be forthcoming publicly in a very short time. Understand that it is likely the he will not cater to the establishment where possible. However, there is a great deal that he cannot undo or eliminate the bonds from. A

great deal of story fabrication effort is working to determine how long-term ideas will unfold within the region. It is not to say that this too is a television program but many aspects of public opinion, perception, and the decision process are evaluated in much the same way as entertainment ratings and the weight they carry. It is obvious at this time that there is divide but he will attempt to discontinue the status quo here. The difficulty in doing so is that other partners and allies will not wish to continue equal support in future endeavors because what Trump purports to be citizen approval is not truly citizen approval, nor is it in line with the ideas of our allies or marginal supporters. Often what is lost in discussion is that there is a great deal of conspiracy worthy topics and motivations in global topics, but a large part of these episodes and the moves and the decisions behind them involve many other global political powers. Each turn is like a chess game where the current state of play is based upon the unique 30 move exchange that happened up to this point. Also, realize that a large part of the problem is the momentum with which these events march forward. While change or maintenance is planned or expected, the number of 'players' makes any change to the rules of the chess game very slow, tedious, arduous. There are many components and there are many who use the pace of the clock to their advantage, many who waste the time on the clock, and many who argue that the rate of speed on the clock is changing; lacking the focus at times to remain centered on central issues because they do not wish to see change, or they believe someone has slighted them and eliminated an issue that is central to their cause.

Will President Trump help America overall, or will he simply do as the others did, maintain the status quo?

In specific areas, there will be change. These are areas where change is permitted so that the illusion of power is presented and maintained when citizens view the position of president in your country. Those things which seem wildly drastic and different at this time are only painted in that light

by those who dispense and re-dispatch the messages. There is a great deal that is precisely in-step with previous administrators, but that information is only broadcast and used to implement the process of separation and division among people. The true nature is repressed and where not depressed it is ignored. The true nature is that there is no difference between one presidential term or another. The differences are not obvious, they are minor, there are areas where some elected officials excel but again, these are permitted. These are authorized, often extensively pre-meditated. There will be appearance of change but no true change. The polar-opposites that are appearing now, some are fabricated, many were in existence and have been in existence for generations, only now are they being broadcast to extend the reach of the given message. Many more in existence at present have access to microphones where they did not previously. Previously it was often perceived as the person in the chair reading the news was trustworthy because in order to achieve that position you had to possess a level of behavior which earned the respect of citizens, but also conveyed the same, a two-way street. Now, there are many outlets giving voices, you can no longer passively accept reports. Importantly, examine though that there has truly been no change between one source or many sources of information. Something resonates with the receiver and they believe the message. Effort should be exerted by the individual to ensure this resonance is of a higher frequency and not simply a superficial bias based only on clues from this lifetime.

Those who run the government from the dark shadows, how will they try to control the new President?

There is a greater separation here between puppet and puppet-master, but it is control just the same. It is not as though you have this leader by chance. It was not as well orchestrated as they would have perhaps enjoyed, but this is a choreographed event. The methods and ways about which any controller will exert force is with the carrot. The carrot may be

any number of things and is as varied as there are life forms in existence. Personally, controlling the leader is simple because it is not necessarily control in this case. He wishes for the agenda to be carried out. It is not to be considered mysterious and even at this point, it is simply the acquisition of additional power and personal prosperity for the few while the masses are controlled or brainwashed with deception on many levels. There is a process attempting to be implanted now which merely amplifies current distractions. As you may recognize there are not necessarily new methods of control. Any extreme tactic such as rounding up individuals and housing them in temporary prison will not be implemented on a wide scale. All that shall occur is an attempt to strengthen current distraction and you can see this over the course of several previous years. Many things are simply bombarding you much more frequently than years previous. There are new methods which are truly old methods, meaning the same tactics are implanted, attempting to keep you whipped into a frenzy of fearful consumerism forever dependent on the system. As we have stated before the reason for the amplification is due to the waning influence this system possesses. This system is full of information and touches many lives, but many question the validity which is the first step to realizing your true potential and that there is truly an alternative existence which you can live in this lifetime. It is not what you see in media, it not what you are told by well-intended peers with misplaced socially-constructed alignments. Your life is yours, not the things and possessions and the cluttering of ideas within a muddled mind full of that which would not exist without the framework of the social and political structures that humans have developed and devised or even brought on or passively permitted into existence.

Question everything. You are not a ‘conspiracy nut,’ you are allowing yourself to realize the potential in all things. It is not one path to the finish line. When you realize, there is no finish line, and even if there were it would not be the same for each unique individual, you can now see that there is no predetermined path or route that each person should follow in

order to provide uniformity. Your existence is not about veiled uniformity and conformity or even passive rebellion. Even your rebellion is cloaked and is truly another construct permitted within your system when you follow these predetermined rules that are arbitrarily created by mankind and accepted in order to corral your peers and prevent chaos. Chaos should not be feared. Do not fear. Have no fear. Embrace this chaos.

What is the USA's hidden agenda concerning the Middle East?

There is no hidden agenda. The agenda is very often exposed and out in the open. There are no affairs here which truly concern the security or any other nation for a true purpose. The true concern here should be to aid those countries and those peoples here. None of that is happening, that which does occur is with some debt then owed to a stronger nation. The underlying cause of involvement by the USA and any other country is control. To exert power and to extend its control of a greater number of people. There is not some deeper conspiracy other than to cause turmoil to cause destruction then to be seen as the heroes who rebuild. Though, much to their surprise, this has not been incredibly successful as of late.

The cause for many problems is that those who seek to gain power and control here make many assumptions that the people of these areas are simple-minded or that they are uneducated. While many may not have some higher world view there are many who do. There are many who are aware of the manipulation. While 'terrorism' is often funded by governments there is a portion of terrorism which occurs as retaliation for the manipulation that occurs. It is not right. It is not acceptable.

To be clear, understand that it is simply not a military presence that is sought for control. Many leaders may be installed which are connected with manipulating governments. Also, know that there are many who wish for this to happen because they will gain financially or be given some powerful position within the country.

Also, know that often turmoil is continued, destabilization in an area allows for other resources to be exploited or for other operations to take place which would otherwise be noticed in a stable environment. There are drug trades, there are human trafficking rings, there is a great deal of weaponry, all of these things occur here because the environment is not stable, there is no solid infrastructure or system. There is no normalcy in daily life so nothing that is irregular can be noticed. These too are for the benefit of the manipulating governments.

Benjamin Netanyahu (Israeli Prime Minister) is he planning a military raid designed to destroy Iran's nuclear facilities?

An attack at any point in the future would not result in positive gains, it would not be fruitful. There have been advances made in communication of civil parties and discussion are proving more tiresome, though beneficial. Not at this time, there will be no attack. If an attack were carried out there would be a radical destabilization. It will not take place at this time. There will always be military force here in this conflict, though it is not directly evident that the initiating action will take place. There is not outside force often, at least not by force that will reduce the tumultuous energy here. It has become so ingrained. It will take a genuine release before those beings, present now, can make a dramatic change to a new reaction method and new ideas enacted.

If Israel attacks their nuclear facilities, will Iran retaliate militarily?

There will always be retaliation. There is a great deal here that is superficial in nature. This is not said to dismiss the countless deaths that have been tallied by either party. There is a great deal more of civility that is possible in the coming generation. Though some talks will begin now there is no clear purpose and no creation of new pacts. What is created is not

removing the ancient ideals in these two camps. There will be retaliation should something occur.

Does Netanyahu truly want a peaceful settlement with Palestine?

There is no true peace under current regimes. Even those who may be well-intended are not operating under a framework which permits peace, because there is so much controlling influence which seeks out pain and discomfort on some level in order to gain financial or physical power. Violence begets violence. Harm begets harm. There is no peace in any outcome here in the minds of the leading parties until they drive out the other. In its entirety, there is no medium outcome until a later time. As we see now, the opportunities for advancing one's own cause has taken priority over means and methods that would follow, what you would call, a higher pursuit. It is expected that there will be some mild party temperance, but it is not until a new regime is in place that topples ancient beliefs.

Palestinian President, Mahmoud Abbas, does he truly seek peace with Israel or does he harbor other intentions?

If peace were capable at this immediate juncture it would be had. There are always slow roads and there are always fast roads. Historically, there has not been a great deal of change, even by your measurement of time there has not, over such a great period, been a tremendous amount of time. The consideration here, and we do not infer by any means, that this is a lost cause, but we do not see that current leaders in these confrontations - from political to military, or any other leadership and powerful position - they frown upon peace though they are not aware that they do so. It is frowned upon subconsciously because there must be a bartering of power. To narrow the scope of power and then make it unilaterally available, and in a sense, controlled or monitored. There is such fierce opposition that this is not currently possible. While

there are many on both sides who eagerly push for resolutions, there are many in the controlling positions who are relentless. There must be a larger unification from the citizenry to cross the aisle, and if this is the path which they truly choose, make demands, forceful, confrontational demands, though nonviolent, to bring about change in the current state. As it is now there are primarily with each respective population, that which seeks to repeat irrelevant dogma, and those who passively accept ancient teachings and immovable object that are unwavering no matter the length of time that shall pass. Relevancy to humankind is infrequently considered to such divisive rhetoric.

Does Israel hold power/sway over the US Government in some hidden way?

There is not a physical power in some way, what is present is a geopolitical climate where it is more about how countries and governments are viewed, their public image, more than their actions upon their own people are important. The concern here on either side is fueled by fundamental religion. Extreme orthodox and primitive views have infiltrated many governments and it is this type of view that sways their decision. It is often asked what their higher authority or their preferred creator would do. Many are less dogmatic, but it is difficult to break this bond. Control over politicians and governments are not only financial and commercially driven, some truly believe in archaic principles that serve to divide. There is another segment that believes in nothing but power and only serves to extend its reach. Each catering to its followers; working to extend its own followers or fan base as you might call it.

Those who truly control the US government from the shadows, what is their connection to ISIS? To Israel? To Iran?

It is often not a global sinister plot in terms of labels and patterns. What they are controlling for is more power and more financial gain. More of the same. The label that is applied to any specific group is not necessary because the names and faces are not important. The U.S. is not isolated in this backstage meddling. It is simply a matter of finding groups that are easily manipulated, infiltrated, and influenced with the idea of some smaller bread crumb. Those at the helm of this cloaked power will dangle carrots in front of these rabbits even though the success of the rabbit nets these dark leader's untold fortunes. The absolute horror at times is that this power is only perceived, it is not actual. The riches attained are perceived, they are not genuine. As the individual mind is susceptible so are its leadership who are in no higher realm and afford no differing or stronger view or clarity. The connections you speak of are not necessarily direct. There are many branches to the tree of power and many of these connections or branches change affiliation with the breeze. These are all a matter of self-interest and personal advancement. The connections exist because of what they can provide the other. Each party believes they are the dominant party in the relationship and that they are benefiting to a higher degree. This is not true. Arguing over sand still leaves all parties thirsty; this is not a reference to the location of any of these connections. It is important to disconnect from any leadership that is not connected with you. There is a great loss that happens when leadership is not on a much smaller level. No voices are heard, and even now, similar or majority voices are not heard. You must understand that leadership is not necessary when you rise above daily view and circumstance to improve the lives of others. The energy here impacts the energy there. Training or not this energy radiates throughout existence.

Do powerful Jews (in Government and/or Corporate positions) within the US have behind the scenes control of the USA?

Yes, this is true, but do not focus on their worldly classification. It is often only a matter of a power seeking a

power that happens to be a specific faith or race in this case. There exists in this context a favoritism. It is not driven by their class or faith only that they seek to give preference to those who are near them in some similar way. It is not only scientific principles and other philosophical matters where 'like attracts like.' In ways, which should be non-detrimental the nature of one seeks to attract the nature of those similar to it. Often this is classified as racism or some form of exclusion, in a very simple manner this is one friend choosing another friend for an open position or opportunity. In this case though it is often one power and financially hungry person offering more of the same to their mirror image. Do not dwell too much on the earth given definitions of people and their history as it has been currently created, defined, and manipulated by man, not some truer higher authority; that is to say, it does not speak to the true embodiment of the being.

What are Russia's and China's agendas concerning Iran?

Iran is a pawn. Because of interest by the Americas in this realm there are others who seek to use it as leverage. That is similar to someone else driving the price up at auction, not because of genuine interest but because they are forcing the pocketbook of the other bidder to open wider. There is some speculation on your plane that the Russian government is helpful, that they are helping, that they are balancing. This is true to some degree in some areas, this is not one of them. They too seek to destabilize this region. There is not a great deal of resource left that any nation cannot obtain or possess but it is the cause, they need the cause for weapon creation, they need the cause for military. They need a populace. The menacing impact here is that not all cultures are welcomed into certain regions, exerting control over this area, untold to many, is in some way retribution in the hearts and minds of those who seek power and control in these areas who are within the Russian government. It is not shocking to hear this. While Russia and China are economically powerful and technologically advanced, Russia is less tolerant of those views and cultures which are not homogeneous to their own. They

wish to exert deeper control here to control the people. China is less critically involved though they wish to expand their own power and prevent the involvement of the USA. They understand that the military of the USA is far and wide, this area is more powerful than such a widespread military. True also is that they see the military of the USA as weak by comparison to their own.

Is President Putin the reincarnation of Genghis Kahn?

Yes. This is true. To some degree this is absolutely true. Though it should be stated that you should not consider the stories of Genghis Kahn when you consider the person inhabiting this lifetime as President Putin. There was a 'switch,' in terms of personality. This is not precisely the same being who previously operated Genghis Kahn. Though there is a fair level of similarity in terms of power and control. In both instances, these individuals were quite capable of rallying people and defending what they believe is good and true. One of these has taken a greater toll in history, and often your histories and the current canted view of world leaders has lent itself well to creating a negative image for these individuals. It is important that you not cast such a light upon the history of any individual in this manner. Not simply these two we are comparing, but by any. Take the time to allow an understanding to formulate. Through all creation is a will and degree for some level of understanding. What you see is not what is below the surface, nor if it were should you be casting judgement against it. You learn and teach histories but often the incorrect focus is had. It is not simply the act and 'facts' as they have been recorded. There is a great deal of energy prior to any apparent atrocity. Learn to identify the absence or influx of loving energy. The vibrancy of this true feeling, this true emotion, this true form of existence, can create and eliminate that which is needed and that which is not needed. Create peace where you go.

What is Russian President Vladimir Putin's true reason for backing Syria?

The allies here are providing a deeper sense of power for the leader Putin. They are in awe and see the connection as one that provides support by a larger entity. The retort from Putin would be one of dismissal but the freedom from tyranny is the ultimate goal of both parties, though at times they are using the hated methods, the methods they oppose, to grant peace to a selected group of individuals. At present Putin has a wider lens to focus on but will ultimately default to a much narrower view, this being forced by other powers who are not seeking to broker a neutral agreement but one that leaves a clear victor or superior force, thought this will be rubber-stamped as "peaceful" and agreeable. It will leave many energies and motivations unchecked and unmet.

What is Syria's President Bashar al-Assad true connection to Russia?

Financing. There is a deep pocket here but also allows transfer of funds to a destabilized zone, by comparison to its own. These allies are no different than the allies to the United States. The difference is the perceived enemy. Deeper concern is the lack of awareness that anyone may enter these agreements and partnerships with an agenda all their own. More disheartening is the lack of awareness that those entering agreements because of a mutual enemy or cause do not see that this situation is precisely identical to those who are in opposition to their beliefs. Each side of this coin is a mirror image and neither side can see that they are connected. Neither side can see that there is no evil and hatred that is not born from fear.

Does Assad and Putin have any hidden agenda for themselves or the Mid-East region?

To gain additional power, this is their goal. In many aspects it is very simple, they do not wish the United States to have a

greater political or financial hold on any particular region and therefor are motivated, in a sense, by greed. Not because they seek this for their own empire per se, but it is a game of keep away.

What does Xi Jinping (China's President) seek to gain in the Middle East?

There is less interest in control here. Moreover, the idea repulses the leadership of China. Much more of their involvement is about 'keeping up appearances,' or where one country is involved so becomes China. It is not about power and control with regards to China's involvement. Their course is based on finances and direct return on investment. There is, in the eyes of China's leadership, turmoil and no long-term stability here that allows for a deeper commitment beyond financial superficial investment at present. If more stability is seen in the region there will be deeper investment. Do not view this simply as one country offering financial backing to the environment or to an atmosphere or to an economy. There will be some good-will due to membership of larger coalitions but financial contribution here is purely for the addition of financial control and power associated with heavy investment.

Will there be a time in the future that the USA will not back up and defend Israel?

In the future, there will be a deeper severing of ties and relations with several specialized communities. It will come to be public knowledge the way in which governments of a certain nature lord over their people as though they were cattle. For some time, this has been possible because the average person has been unaware of alternatives. A person typically does not question that which is widely accepted or practiced. A person who has been shown the same view through the same window may not be aware that there are other windows in the house for them to view the world. They may not realize that there is a door and they are able to leave the house entirely.

Governments will dissolve in the current form you see them now. There will not be such heavy handedness concerning their own or foreign populations. There will be a shift in application and there will less and less disconnect from the people and their government. You will slowly come into an existence where government that doesn't not represent the educated masses will lose power and control. They will exist in their own minds before fading. Keep in mind that any repair you hope for or any change you wish to see must be done at this point from outside the system, with a new system, or with no defined system at all. There is no change from within this current realm. No lasting change will occur. It is not anarchy and destabilization through war and famine. A person must realize what level the government serves them or serves their brothers and sisters. It doesn't not need a perspective of another universe or dimension or vibration to illustrate that point. The common household of many are not represented within their leadership. That is to see that the lack of support by the U.S. to any nation will wane because the government itself will fall and rebuild. Though it should be said there is not a great upheaval to do this. No matter if societies are aware they are reaching for new heights and new purposes. Along this path, they will lose the need for minority rulers, that is not creed or nationality based, that is saying all the power need not be bestowed upon a few who are incapable of widespread and sweeping changes currently.

Ali Khamenei (Iran Supreme Leader) is he aware his country is being used by the USA, Russia, China as a political pawn?

He is aware of manipulation, to some degree he invites this because of perceived power that is granted to him for involving himself in these projects in the manner he does. Many times, there is not room for error and he makes no mistakes in his return manipulations, but he is also not clearly aware as to the extent of involvement and what a pawn-role he plays in the moment. There are selfish reasons at play here and the majority of those around him manipulate his thinking for the

additional benefit it brings them. In a short and brief answer, yes, he is often aware, plays a role, but is not always aware.

Does Iran plan on attacking Israel, militarily, in the future?

Yes. Though there is not a clear timeline here. Normally there could or would be a clear indication of involvement on such a scale. This will come into being on the physical plane with or without some exterior involvement. There is a great deal of violence perpetuated now that is not claimed or reported or broadcast by media outlets or even the military power causing them. There is greater stability without violence. If you were to take each being on their current path and remove any possibility of ascension or change in their state of being, even then all beings benefit, quite deeply, from the stability without violence. Those who wish to perpetuate it see it as solidifying their solution for power, and even peace on their terms, but it is not necessary. Again, we say to you now that on a less-than-grand scale this is taking place, but there is not benefit to the violence to which the party will make claims and take responsibility. For you can see now, the futility of these things, it makes no difference to those who see it as an exercise of dominance, only because previous efforts were lost by previous generations, or those methods are not seen as fruitful. In many minds, you would not dine with a snake, why entertain sharing house space with a snake? It is the shift that this snake is a being, it adds value, even if it must be in a secure and controlled way within your home. It is through understanding, experience, moving beyond the contemporary fear held by the group; processing and graduating beyond is what will bring success and a positively altered environment where all can obtain a more peaceful path.

Is there a hidden deal between Iran and the US government concerning its nuclear weapons that the American people are not aware of?

There is a deal here, but it involves much more the United Nations. The discovery of a greater military power through weaponry will be found here. Much of this is due to underground scientific work. There is a deeper understanding of scientific principles here than what many have known to this point. It is unregulated, and with only the purpose of militarization. While many aspects of scientific advancement work in reverse, first finding a place or purpose in peaceful society and then making a way into the hands of violence. This new technology will be found in reverse.

There is an unspoken tolerance here. Iran wishes to be heard at the table of world government but other countries such as the USA worry about the lack of oversight, regulation, and control. But understand these terms and their machinations are only a structure and phrase intended to keep more power in the hands of the USA. It is not some global kindness and worry that anyone approaches this area with. There is no great concern of what may be utilized, it would be ineffective. There is a greater chance for personal devastation through the unregulated scientific study without proper resource.

There should be a study of the region, through various testing methods. Various scanning types, and a greater deal will be known here. The demand to be heard is the only concern from the many uprisings and factions of government currently in place.

Will there be a future conflict between Israel and Iran over its nuclear weapons?

Self-sufficiency is not the path that any partner willingly wishes for Iran. Dependency for any resource is better than another competing government or economy. There is a great deal to be learned here, there is a great deal that will change. The problem, as with many problems, is one group attempts to operate within this world using old methods, old thinking, old processes. This does not mean that they were not the normal method of process and function for any level of society prior, but the conflict arises because they cling to the old, they think

in the old fashion, rather than expand and adapt to new methods. It can also be said that previously it was much easier for any self-serving person or government to retain power and maintain their position without much friction. Now, people are being called to a higher consciousness. This is not some developing trend to satisfy some new age hippy passivation. It is said because those who are coming into the world now, and those who are coming into their own age of responsibility do not want the world as it was handed to them by the previous generation, by their ancestors. They do not hold important the same importance and focus on the world being perpetuated over land and property and control.

The friction now comes not from borders on maps but between ideas new and old. This is evident on a different scale in the manner you refer to a group called the millennials. This is a misrepresentation because it is not only this age group which behaves this way. There are groups of people, many beings, of all ages, all walks of life, who are in similar behavior. They are bringing the change into this world. The problem, on many levels, is that the previous controllers are threatened. In this way, there will be violent behavior because the old control knows no other way. Unless the new age, the new method, can exert restraint and rise above all matters of the physical, there will be violence. It is a matter of the new energy practicing this restraint, guarding itself, being less reactive. This new energy can and will be able to identify when it is out of mere desperation that this old control strikes out. A deeper understanding will be achieved but it will not be immediate. It will take some level of understanding. It will take time for the beings who are on this path to reach the point at which they are to take the reins.

Abu Bakr al-Baghdadi (ISIS Leader) what is his main goal in all this?

Abu Bakr al-Baghdadi is not drastically different in his aims and purpose as any other global leader with defined borders and a definitive populace. It is important to remember that much of the actions of his party are in response to the

violence, true and perceived, perpetuated against his people. While there is no single identified of an ISIS member, supporter, or sympathizer, there is true cohesion in their ideology, though the initial cause for each individual may be slightly different. It is not the uniting properties of this organization through religious ideology that is fundamentally wrong or incorrect, it is the nature of the belief system that is causing no clear path to resolution for their members or any of those they perceive to be an enemy on any level. If we fight fire with directly applying more fuel and fire, do we not have more fire? The problem is not solved until all involved, their bodies and their beliefs are burned to the ground; this of course is in a figurative sense to illustrate the futility of these continued actions whereby attention has been focused, but there is no greater sense of awareness, compassion, or resolution by any party because of the direct conflict and reaction. The goal is the salvation of the people through eradication of the enemy. Often well-intended goals become perfected through bastardization of ideals of those who are not directly tied to the group, but feel they are allies as they see the group as a method of strengthening their own personal cause. In some cases, this strengthens and gives greater power and control to the leadership, but often this is more detrimental than the group's own actions. They will come to a balancing of their own accord based on the energy of the region. Though, for this to occur, as we have said, there can no longer be passive world involvement, nor can there be a violent world involvement. Education, not misguided information that another group holds true. Your education on your plane is often filled with information from one particular view or angle, there is not much neutrality. If all education could be based on natural facts and truthful retelling of events, even taking responsibility for acts that have or have not occurred, this will one day also drive this region.

Who is his main arms supplier and supporter of ISIS in this ongoing conflict?

There are many suppliers of military weapons and nonmilitary equipment. There is not a primary organization. Even in the United States there are those who benefit from these transactions but are protected and often not clearly available for investigation because the inventory and financing pass through so many untraceable hands. There are many routes into this region and many are not monitored. Many who claim to be monitoring and policing are not. Now, we do not believe that increased monitoring and policing are the solution to any violence or imbalance in any arena of the world, without true understanding of culture and the nature of living things on this plane there are no administrative policies which will reduce the impact for violence or the motivation to commit such acts. Resuscitation of specific humanitarian aid would be helpful but even this will have limited impact because so much, truly in any conflict, is field by ideas that are not truly serving either party or either side of the opposing parties. Resuscitation efforts are often given, revitalization efforts given passively without regard for where the aid goes. Additional a second resuscitation method is to extend these offerings only with extremely taxing restraints whereby the giver is now entitled to some level of control. If you are the receiver, is this truly helpful to your cause? Many conflicts can be resolved when the true nature of human existence is shared into creation. Yes, it is true that not all beings will be drawn to such information. We do not expect each person to meditate and communicate daily with their spirit guides. A much more practical approach, for the widest possible audience, is to introduce some tremendously contrary belief, a belief contrary to their current thought, per lifetime. This exposure aids others, aids this soul group, and the evolution of what is to come next for many souls. There is not enough time to state a step-by-step plan; to start you must be without judgement.

ISIS: what is their basic ideology? Are their alien race(s) involved or partly controlling or influencing them?

It is often too specific and yet too general to state if there is some otherworldly influence as there are so many influences in any conflict or any form of existence. There is not an overwhelming off planet influence here. There is cause and effect here. There is the war of terrorism using terror to stamp out terrorism, but it creates more hate. Currently you are using the reaction of the government and multiplying it with the hate of those who have experienced great loss, suffering, and violence. These two emotions do not add, subtract or divide, no matter the driving force. No matter how well-intended any action, when it is carried out with violence instead of love and education, awareness and compassion, it will multiply. Each bomb and bullet create more hate. You see this in any country. There can be bullets or bombs and both parties in love suffer. If a soldier of any government is killed it creates a desire in some to create more soldiers and creates in others a deeper hatred of the 'enemy.' The method of your current civilization to communicate and educate and to be compassionate can be said to be quite lacking. Though it could also be said to be correct for the current state of emotional maturation, if that is true it is lazy cyclic. You will not break free and enter a more peaceful state as of yet until a new method is implanted. Destruction is not negative, it creates an opportunity for creation. Destruction does not have to be physical.

ISIS, who backs and supports them?

Everyone. Everyone who supports war and bombing and violence on a fundamental level and turns away from the actions their own government takes is responsible. Those who provide weapons and support are many modern industrialized countries. We do not share this information specifically because we believe there would then be greater emphasis in the wrong areas, that a person would then justify their own personal lack of involvement because they were not a member of some guilty party or country. So much blame is excused and

shifted by a way of faulty reasoning. We do not mean for you to experience some sort of self-imposed guilt, only that you see a reasonable relation between a life lived with blinders worn. It does not mean that you must physically fight, there are other alternatives.

ISIS; what is their agenda for the middle eastern area and for their bombings in Europe?

This, you see, is not a response to violence that is just. This is a response to violence that is in conflict with itself. Your country's violence brings more violence. It is perceived that this war you are waging is not a typical war because you have no clear enemy, that your enemy is scattered pockets of people who seek to do violence. This is only because you have not selected a single group or single area, a precise one confined by borders, in which to aim your bombs. Upheaval and unrest in these areas is often brought about by outside influence. Not a dictator who is attempting to rule their own land. A very incorrect assumption is that all dictators and their actions violate some arbitrary meaning in the minds of those who are watching from the outside. Consider this, if you feel compelled to change the world you must do so by peace, offering physical aid for the outcome of violence. If you meet conflict and attempt to force change with violence there is no outcome other than violence when needs are not being met by all parties involved. There is a clear description using Nazi Germany, though in this instance it was a specific region with specific people who were specifically located and unified in their overall thinking and operation. In this 'terrorism war' there is no unification of the enemy because your government and the world apply this label of terrorist in a constantly changing manner. The definition does not remain constant. The goal of anyone labeled a terrorist is simply not to do harm. There is a great deal of hatred for various means. It is often caused by outside influence from other countries who seek involvement for selfish reasons. Reasons that do not justify violence.

Reasons that do not aid the victims of the acts labeled as terrorism. Other causes for this hate and violence is fueled by religious practice. Though, this too is an outward act and response due to outside meddling. The religious ideology fueling this behavior is brought about by fear. In the same way government fuels your support of war, creating an idea of fear, the fear of terrorists is what drives their purpose. Fear of change, fear of outsiders changing their life, or attempting to snuff out their ideology altogether. Some are more fanatical than others but as with many violent groups they attempt to exert their power and force and to be recognized. They are born of individual's hate, but many governments over have fueled their practices in order to keep disorder prevalent in various areas.

ISIS: what are they to teach the world, if anything?

ISIS wishes to stand and be counted in line with other large countries that they observe wielding such dominating power via militaries. Through education and the passage of time there will be many who accept their terms as they will become more docile, less prone to violence, there will be deeper organization and a sense of diplomacy in the spaces they inhabit. Too often now relations to ISIS are claimed where none is truly present, and these groups paint a tragic picture of the organization. It should not be interpreted now that ISIS is peaceful by your standard, only that many claim affiliations where there is none and nothing to truly be affiliated with by any means.

Why should the worlds populations be concerned about the middle east conflict or any other so-called problem areas if all teach a lesson and/or experience for Energy Beings who come for that kind of life time?

There are in any lifetime the beings that are requesting to be there. They do not all arrive in the same place with the same reasons or with the same vision. Your vision now is of higher

service to you and for others than the vision of some others. It is a call to action, an assistance, a hope that you are instilling in a being the drive for higher action. Not more action, but a drive nonetheless to achieve a higher vibration of action. You are in an existence where all action will impact the life of everyone else. There are many things that are not for each being but there cannot be conflict that doesn't express energy that is passed through existence. Environmentally what happens on the other side of the globe will impact you, the importance to see here is that it is not just physically evident where these things are happening, you will not just see them. Often observation is limited to physical vision. You know that there are more ways of expression and monitoring than merely with the eyes.

It is true, that many will come for the experience of that lifetime, for the turmoil, for the violence. If the knowledge of this is brought into your lifetime, though you are not directly in the immediate area, are you not also involved? If there were a time when a person could be insulated, we do not know it. There is a great deal of work to be done on many levels, and while previously a person's world may be a very narrow field in which they spent that lifetime, there are many who are now seeing that field of vision, literally, expand and involve things that are not simply in their immediate backyard, as you might say.

The internet is a wonderful physical manifestation of your world's interconnectedness. All things exist on the internet, it is what you choose to view with your computer that fills your vision. It does not disprove the existence of or make less useful or less concerning the other areas that exist.

You cannot save them all in the sense that you will not change all minds instantly. Education, not in a dogmatic sense of any kind, more in exposure to differing cultures and humanizing those cultures and the diversity so that you can see that there are no differences.

The problem many will have who read this is to not force anyone to the table with any particular type of idea.

Infiltrating these areas with any differing view will be difficult and it is important to know that infiltrating is not in the military sense. There are some small schools that have started in many parts of the world that slowly begin to inject the area with diversity. We do not mean new people are moving to this area, we mean new ideas, some directly, some indirectly in opposition to currently held beliefs. You do not need to have these ideas meet head on. The goal is subtle introduction so that those who cling to such specific views will be brought to new thinking of their own volition. We do not force; the being will change. Some may take many lifetimes. Some are drawn to these areas because they are higher beings wishing to experience this type of viewpoint in a physical body and others are gathering with the vibration to which they are accustomed. If your neighbor is thirsty, should you not show him the well? Show him. Show the benefits. Positive influence is what religious groups begin with, but their good deeds often go through terrible convolution in their own minds because they are there with the intent to change and manifest their own vision of greatness and grandeur. Wanting more for a person is not a religious belief we hold. Stop forcing anyone counter to your own beliefs to some new way of thinking. In order for anyone to adopt a new method or new viewpoint they have to gradually meet it on their own. Some are already curious and when given that gentle push they will be interested in the sea's worth of new information. Others will be keener, but first you must facilitate the acquisition of new information in breadcrumb sized morsels. Not in a violent response that is diametrically opposed to all things this being currently sees as factual concrete life.

You are addressing individual scenarios, and this is exceptional. We do not mean to diverge from topics, we can sense that is your concern. These answers will illustrate a higher level of rotational theory regarding the operations and interconnectedness of things. There are so many labels established by mankind. It is important to move to a higher vantage point to see that there are greater reasons for cause and effect. Daily life is the focus because that is where the mind

can easily operate without much major conflict or work but there are higher overarching explanations and material to understand than what is readily available for one viewpoint directed at a specific problem.

Often it is a concern that something does not directly impact your own personal life, so therefore, it is not something to concern yourself with. This may or may not be true for your life and you may or may not become involved in some small or large degree. But simply seeing what appears to be a disastrous conflict on the television does not mean that same type of energy expression, evolving, and educating (in a spiritual sense) is not currently happening in some expression in your own life.

While people may provide mirrors to your own personality and thought process the television and what you see, hear, and read about others provides a mirror to your interaction with others. Do not be isolated from others, do not limit your own views, do not build walls from those who are separate from you. Do not limit your interaction in your own existence. By comparison a society that you currently see in conflict is the manner in which most people live their personal lives in a peaceful society. You may live in the United States and your city is not at war, or your personal life is stable and peaceful by man's definition, but do your interactions with others you encounter illustrate peace? Do they show your true inner self to these other beings you encounter? Or, are you isolated behind a wall for your own protection? This may not be because you worry about violence, you may worry about conflict in life, in interests, in hobbies, in purpose, in view, in culture. Do not fear these things. Do not isolate.

Countries who isolate have a history in your world that you can read and understand these principles. The division and borders established in your world at any level are clear and direct representations of what people do as they live their lives. It is not a difficult life to hold ideas and congregate only with those similar to you. You can interact with those who are different. You may learn. They may learn. They may stay the same. You may stay the same. The conversation never has to

reach a critical subject, though if it does there will be understanding by some party, no matter how vicious the language has the potential to be, not that words in that way may ever be uttered, though it is possible.

An earth without invisible borders is possible when beings in this existence live without borders, real or created within their minds. You can create conversations you are interested in having with any being no matter what their present thoughts may be. All conversation is gradual. All conversation can occur without borders, without being part of what society may obligate you to through politeness and 'small talk' conversation points. Often there is not enough time given to others so there is not enough time to grow beyond 'small talk' and politeness, or topics that appear superficial. If more time is given to conversation and expression of ideas there will be more time to discuss that which is not immediately present. Ideas from the media are discussed because they are immediately available, they are mutually shared. The critical thinking has been done for you already, this is the manner in which they present it. Create more discussion without borders of any kind, facilitate small. It will grow. There will be opposition if you start grand, this is not because you are a failure, but this is because not all beings can accept direct conflict with what they have held as unchallenged viewpoints for most of their lifetimes.

Expressing energy is all you are doing at any point, no matter what you are doing or what you are thinking. It is important to understate that this happens on many levels, or scales. In minds and on a global scale. You are welcome to operate within the world in any manner you select, and instead of one action perform the other. You are not obligated to any level of change or to assist anyone in any endeavor. Though, when your mind is clean, when you have lost resentment and hatred, when you help those near your path find their way out of the woods, you are achieving something greater than just your own personal goals.

Since this is a learning area (Middle East) for both positive/negative type incarnations by Energy Beings, why must the energy be balanced at all in this area of the world?

Areas are both dependent and independent when speaking in terms of energy balance. A being, a sole individual is not dependent and independent in terms of energy balance, energy dependence, and energy independence. Therefore, it is not necessarily that it **MUST** be balanced or that it is in a state of imbalance. All energy, as your own science teaches, is in a state of constant being. It is constant, it is always. Energy will change forms, its charge will change, its purpose will change, energy can flow from one area and create in another. While striving to balance a personal energy field, or if one creates imbalance, there is an equal but opposite field created elsewhere. It is not to say things in this regard are negative or positive, only that they exist.

Many areas such as these are remnants of old energy shift, or energy neglect. Old energy that has shifted and created a deficit somewhere is balanced by energy of equal but opposite manifesting. This isn't created from thin air, so to speak, but it is the constant leveling and balance. It would seem worth saying that positive is not in existence without negative. Negative does not mean murder compared to sainthood of positive, the higher your energy field ascends the differing of 'negative' will change. It can be seen as relative. It is not a constant state and must not be focused in the mind as necessarily a battle of good versus evil. The world can ascend, an individual can ascend, if there will be yin and yang. When some energy is not addressed, or a particular energy over indulges or circumvents that route of opposing energy, so much so that it is repressed, somewhere in the nature of existence, that neglected energy will manifest. It is not wholly dependent on only the isolated area.

In the case of the Middle East it is also necessary to view the energy with which fellow men care for others locally and abroad. This is not different that's the violence in your local cities of the United States. Ascension will occur by the

individual once the see-saw action of extreme energy expression is less volatile and centered, when it does not sway from polar opposite to polar opposite of the scale. It is only by your hand alone that the greatest amount of change can happen. It is of course the individual who must say that today is the newest day and sweep the slate clean of previous transgressions. Small individual strides will lead to larger masses and global changes. This does not indicate that violence eradicated in one part of your existence will see it flourish in another part. When the extremes of energy are not so extreme, you will see this violence erupt, but currently the self-interest and opposite energy exists at such a great volume in comparison this is the outward development of the equation.

It is of the self that we should be concerned but not in so much a way as to neglect those around us. Remember that you are not placing yourself on a pedestal higher or lower than your fellow man. To have patience and understanding with your fellow beings is to have love for them. If you must repeat something 1,000 different ways or 1,000 different times so that it is understood with your last breath, it is more successful in this moment; more often frustration and futility enter the mind when we encounter frustration or opposition, the average being does not see success and they falter or give up entirely. Peace exterior does not come until peace interior. Patience is part of that process.

How does astrology affect the Middle East and are there any astrological influences now operating in that area of the world?

There are astrological influences interacting and always influencing all aspects of existence. The information following will provide some light, but the specific information you seek is not specific and continuous. There is no indomitable force that focuses its rays upon this space.

Each thing brought into existence, your physical existence or any other that you may perceive by other means, impacts each and every other thing in existence. This is why your thoughts are not entirely only something that impacts you.

Your thoughts, actions, and energies, no matter if you believe them to be only internal, have an impact on your surroundings.

Large masses in existence down to very small pebbles or particles exert force upon existence. The determination of this force and its extent depend on the relationship to other objects within all of existence. There are no isolated islands of energy. Each thing is interconnected. There are no walls.

The things that exert long term forces upon the planet routinely, through their natural cycles, have the Middle East as a focal point. This is not coincidence as this force was created to do so. They change here, and energy delivery do not support the actions that take place, the present energy is something that is misguided as there have been no further adjustments and no further education. The references that these society's make are produced by themselves and used to instruct themselves. This is not different than other areas of the planet but due to the intermittent focal point's use it reduces the vibration, or rather, makes it easier to maintain such a consistent vibratory state; not necessarily one of any particular vibration. Any vibration that exists in this place will be perpetuated.

No matter planetary beliefs it is the non-interference that then ranges to extreme interference from a lower vibration that continues the culturally held beliefs in the manner in which they have. Again, these should not be judged, but when a greater number of beings involve themselves in this area without personal interest or self-gain this area can be a large energy beacon for others. It is not some unsophisticated pit of despair. You must understand that there is no one upon your plane requiring judgement simply because they are dissimilar to you. This is only an explanation of this particular region and the influence upon it. This too is similar to many other areas of the planet, each with its own influence, its own outcome. Each experience the massive objects with massive energy, or smaller objects with large combined energy. Each of these has specific information within it that it contains and continues on its cycle of life based on this information.

Besides Energy Beings, are there off world alien races that are involved with this area of the planet? If so, what is their reason for being there?

Where specifically? There are beings that come and go from this planet regularly. There are many involved with various levels of government. Do not fear a hostile takeover. It is simply an exchange of ideas. While many fear some global elitist faction is secretly meeting with aliens who desire more control it is really only two groups of life forms controlling one another. One group is not made more powerful by another. Plans have not become more ruthless because of this union. Power that exists is permitted because a population willingly gives up its own power and control no matter who is the perceived boss, overlord, or person or thing holding the power. Deep within your planet earth there is another race. They too are considered alien, but it is not necessary to view them as adversaries. There is a great deal of talk and speculation of all race types, but like anything in existence it will gravitate towards beings of similar vibration and frequency. Some take comfort in the knowledge of some specific being's existence and others are concerned they are, themselves, being controlled. What is more important is not who the controller is but that there is any control being exerted in any particular fashion. More citizens look for a devious lizard to blame for situations and lack of love. There is not much more compassion or energy exerted when the controller is thought to be their own mind or another legitimate human being. Curiosity can be satisfied but it is important to look beyond the type of being or entity at the source of any situation. It is not the being that should be shocking, it is not the type of being that is important. What is important is that an entire type of being allows this controller to wield any power over them, real or perceived.

Some come and go from this planet, others arrived and have remained. Don't see them as interfering. They, in a way, are no different than humans except that many races have come together in a unified plan or sense of purpose. Some factions

of humans have done this, but many humans are still very concerned with those who have different skin tones or origins: these things do not matter. Some beings who do not appear to be here for extrapolation of information, others maintain the energy systems of natural areas, others seek power and control. These are all present in your human form, these desires.

Often ideas are made taboo or shrouded in mystery or they are created in the public as being false so that the public dismisses them or relies on a new control source for some resource.

Meanwhile those in power or those who remain behind the proverbial curtain still practice these techniques. What is made popular in mainstream is to pacify, to contain, many ancient mystery school philosophies and practices, methods of communication and divination, are currently used by many popular figureheads, many more use them as a source of information, though they may not be a direct conduit.

Why do the positive/negative energy of those Beings who are incarnating into the Middle East (such a small area) have an effect upon creation?

There is not such a great impact that others in creation do not also have this same impact on their area of being. The difference in this area is that it may appear less stable, there are less forms of control exerted upon it so there are many more physical destabilizations in comparison to other areas.

Take your country, or any 'industrialized' country. There are many changes in energy, or exchanges. There is a great deal that is done that you may label as good or bad, positive or negative, but because this group of actions or energy is not as physically obvious it is not considered to have a deep impact, or it is considered to be at greater rest, less unrest, than other areas of the world. You must also know that there are many stories involving this area where control by third-party governments, those who back various factions in this area, pull strings to a greater extent and fan the flames of hatred and civil unrest where they might have otherwise cooled long ago. It is quite possible, in many areas of life, in all areas of

expression, that energy may change, or the intention may change, it will never diminish, but it can be amplified, or stirred to a greater extent by actions of others. Just as many are undecided on higher evolution and follow willingly the popular story, so do many beings when it comes to dealing with higher forms of thought in regard to interpreting or responding to the actions of another and the interpretations of their own emotions regarding some dramatically charged action or environment.

This is one of the last places in your world where there is such upheaval. It is because there are greater controls in place in the rest of your world. We do not mean controls in some way that the rest of the world is under a haze of peace and love. We mean that there are greater machinations to create an environment of what appears to be peace, free of discord. This energy can spread to other areas, though for some time it will not physically appear in the manner similar to what you currently see. It is a matter of one's own pursuits. It is a matter of what the individual sees in the world. There is not much done to infiltrate this area with new ideas. This is not for lack of effort, but it is difficult to pierce such convictions with a higher calling. What few ideas take place are often extremes of moderate ideas. But this too is evolution of the being, this is the learning process, this is the growing and undulating of this life experience at its finest. You should not worry that it is cause some negative drain in your planet.

However, working for greater understanding would be better used rather than sending military, not simply in the form of personnel. It will take the interest of those who are in this area to become swayed from violence. In this area, there have been tyrannical forms of control attempted to be exerted through religious forms, dictators, and even in smaller tribe and factional forms. There has always been an attempt to control the population absolutely in this area. In many ways, this is simply the path to higher forms of thought and could be related as the way in which a child grows through various stages

and eventually into adulthood, rebelling and seeking independence along the way.

You too have this impact on your environment, but the importance of the last phrase is more important than the rest. You will see this in your lifetime. They will come to a deeper sense of what they can establish without exerting control over those who are different in some way. The primary source of discord is that some are coming to this now while many are simply repeating that which they experienced; they experienced control, they experienced brutality, this is what they know to continue when they see now other methods.

They can create peace, but they must stop meddling with one another but also must not have their affairs muddled by the outside influence of governments and entities who are invested for personal gain, not necessarily civility for the sake of the people and their growth. Peace and personal-growth should be sensationalized, perhaps then we can move on.

What influence does the World Trade Organization have on the Middle East area?

There is no free spending and investment in the area. Things relating to investment from outside influence are not tolerated. What appears as regulation is actually self-limiting and reducing the financial prosperity of the area on a much larger scale. The people there are very few in riches, we are indicating they are destitute but this organization, because there are such strong selfish personal interests, has a choke hold on larger projects and growth and development. Though this is not the only factor to impact the area. Much of this land could be viewed as an isolated land which has no walls. There are many moving towards a higher objective, but as with many parts of all countries, there is a lack of development of awareness of the world beyond the immediate area of lives lived by routine. A higher concentration, not of selfish education or education tainted by a perspective of fear, would create a wider opportunity for a thriving populace without control of organizations which seek to extend their reach into

the controlling power of other countries. There are very few who genuinely benefit from this organization. An analogy to consider is the process of taking a loan from a bank. You see the benefit for your goal, but the bank or 'house' always wins because they expect more in return. This is seen as an exaggeration but when you amplify this process to the size and scope of global economies it becomes increasingly difficult to advance your own country when you then become indebted to a power that expects more in return, often not in the way of finances alone.

Mind

The subconscious is the area of the mind that causes the mental conditions people develop in life. The conscious mind never causes mental or emotional trauma or problems in a person's life. Some individuals allow their subconscious mind to become too strong and allow it to take control away from their conscious mind.

The individual then has opened the doorway for mental and/or emotional conditions to manifest from within their own mind.

Use your mind to its fullest potential, think deeper as you seek out those lessons you have come to learn and experience. Do not allow yourself to become complacent and idle in your thinking and the living of your life.

Mind-Energy Healing

Go before yourself and ask what you wish to do, see it being done. Do not wait for the universe to create it, create it for yourself. Create with the mind what you wish to see. This method is for all things, not in only work and health. Heal yourself with your mind. You have the ability within yourself to place your hands on your body or direct energy with your mind. This is not simply your own energy recycling, this is universal energy, that which exists all around you. Your body

will use it, your body will convert it from a neutral energy into that which will be used to your benefit, for your highest good.

You can take an active role in your healing instead of hoping for some outside cure and its side-effects to correct your health issues.

Multi-Dimensional

There is only one soul (or spirit as some call it) for each life form on your planet. There are times at which you may experience other dimensions and exist in two locations, but this is your soul reaching out to these areas, or guides coming to you and bringing you to these places for your own well-being, or for learning.

There are times at which you freely leave your body and experience other areas. There can be knowledge learned when your existence visits these other realms but is not directly a second edition of you and your personality. There is the ability, in a waking state, to leave the body though still attached and locate one's self in new areas. This is possible. Though there are not many who can do this or are aware of it now.

There is a peace brought by this because of faster learning. Materialization can perform an aspect of this by allowing one's soul to a physical form in the new place but there is much energy required for this. In this manner, there are two of YOU in existence at one time though you are still connected to your original human form no matter what takes place until it is seen that it is necessary for you to move from one form or dimension to another.

There is no need or reason to exist in more than one copy of yourself, we all learn information and knowledge as it is all collective. What one human experience's in one lifetime, all souls can witness, observe and later study and educate themselves on. In that manner, we are all 'doubles' and copies because we can all experience the same information that one human existence experiences many lifetimes ago.

National Rifle Association (NRA)

It is not wrong to fill a void or occupy your time with something. It is important to identify what it is about yourself that yearns for this feeling and bring it into balance with other aspects of your being.

National Rifle Association: Why are they such a powerful force in politics?

The powerful force of which you question is not simply the mind of a few gathering into a stronger force for some sake of protection. At the top of this pyramid there are a few who are interested in power and promotion of ideals beyond what the everyday member wishes to accomplish. The volume of their membership and fees allows them to fight stronger willed opponents and root and have collapse the campaigns that seek to restrict their movement.

Neither campaign, for or against weapons, is a negative mission, it is the purpose of the weapon in the hands of each owner that is important to any discussion. Giving every man, woman, and child, a weapon is not a negative impact, it is what the mission of the individual determines its purpose, this is the important aspect not discussed.

Their campaign is widespread but as with any campaign, their message is not a regulated one, we do not mean that weapons should be regulated, but with many campaigns the desire of the party is for simple unregulated promotion of their idea, rule, or law. This is the problem, for nothing is universal in the sense of development of the being who visits this plane. You cannot have a widespread rule or law for no two beings are similar, no two beings react in the same manner, no two beings will follow the same road. Differences among beings are not to be seen as positive and negative, they are only to be said as not similar to yours, none of which makes either being more correct. Violence will not be eradicated if all guns and other weapons were immediately removed from the face of the earth. Violence will not be elasticated if all guns and other

weapons were slowly and methodically removed from the face of the earth. No matter the manifestation, fear and lack of knowledge about the self, these will appear. It is in direct conflict with their sanctions that any such matter be discussed about methodically carrying out their objectives. The purpose is to go for full measures in their favor, and in many cases, no matter the cause, you aim for the most you desire, fight for it, and hope that you receive some portion of that goal. Their fear is great, their money is great. They will not undo or create anything in this plane which is not already preparing to take place. They will not usher in new violence or eradicate old violence. It is simply an outlet for many of these similar minds to express much of their inner being in the way that they are aware.

Simply permitting weapons does not solve nor hinder crime and violence. Many are aware of the implications. Many choose the opposite means no matter the situation. There are no set rules that pertain to all beings. It is important to realize that. It is important to say again that no being is capable of judging any other being on this plane. You are not in a position to offer judgment against another being in terms of life and death. Though it will take this action for many to realize it and to grow beyond their current state. It is possible for all to learn and grow beyond this action, and it is even possible to learn and grow beyond it without actually taking place within your hands, but many will follow into it and then recall the experience at a later time and gather knowledge from it. It may take centuries and immeasurable amounts of time to see change, but change is always occurring in the subtlest of ways, contributing to a larger picture.

Near Death Experience (NDE)

What is the reason some experience what we call ‘Near Death Experience’ or NDE?

There is an experience for them that entails their belief in the afterlife. It is important that some be broken from this or be

righted on their path away from what they were currently pursuing. Some merely attempt to break from their physical existence prior to their scheduled departure, not that it is to be understood that there is often a specific date or time. There is a set of goals, a loose configuration of what should be accomplished, once it is so, or it is seen that it can be only accomplished so much, and you are ready to make an exit, then you shall. Near death experiences are bodies that are being kept alive, usually through spirit intervention, so that the spirit can be counseled or consoled in our higher dimension. It is important to know that there is not always physical trauma that needs to be experienced in order to bring this to a spirit's existence. The trauma, usually interpreted by the mind, is often a catalyst for such behaviors to be understood. There is a clear break. This is merely an intermission allowing a break so that counsel of the soul can take place. This often brings about development of skills or abilities that use other senses of the mind to produce psychic perceptions or a stronger spirit connection so that communication in some or all forms is much more possible. It is necessary to understand that there are many who experience this but never return with the information they were given. Often, in subtle ways, their conversations while out of their body, will affect their life subconsciously. Others may not change. Others experience this information and retain the memory of such. Partially this is dependent on the person; partially this is dependent on the situation. There are many who have observed their body while on the operating room table or after a severe trauma has taken place. There is much that you do not understand about the mind's perception and relation and connectedness to all things. Yes, your mind can give you the perception that your energy body is leaving, though still connected, to your physical body. But there is awareness of all things that is available to all who exist. This experience is often that awareness being freed from the confines and shackles of the mind; it is being freed from the cell and therefore can perceive all that is taking place. Because the last moments before unconsciousness were focused on the impending injury there is the ability to experience the areas associated with this energy, therefore remaining in close

conscious thought proximity to that which is taking place to your body. The others that experience this will also remove their entire being from the physical body though the physical body has not yet completely been used or expired. This is, again, experience that which is completely able to be experienced now. It is often trauma which unleashes the full mind's potential and ability to see what is always readily available to it. It is not some trauma which makes it or awakens it for you. It was there all along. It is the ability to access this information which is realized after the incident. You can do with, you can awaken or focus on these areas prior to having your awakening through a car accident, a motorcycle accident, a fall, something that incapacitates the physical leaving the mind to not be fully controlled or encompassed and governed by the physical senses. Spirit workers can do many things to sustain your body while you are away, through extended absence results in death. There are specific incidents where other activity is taking place, where the entity never leaves the body but is counseled within; there are others where they meet with their guides and higher masters in order to alleviate some confusion which has possibly brought this being to a point of neglect and destruction. Others may have come to this point through no direct fault of their own but again, the mind is freed from the control the senses may exercise over it. It is freer. Your mind does not, and its awareness, does not take up only that which fills the empty space within your skull or that knowledge which you choose to read and surrounding yourself with. The expanse which your mind covers and can assimilate and acquire and is currently aware of covers all the known stars, planets, universes, and galaxies known to men on your plane. It is becoming aware through subtle hints, or what you perceive has subtle indications, that will awaken this. Many need to be told of the greatness beyond this current life you are in order to understand the scope of themselves and those they encounter. It is not necessary to always directly consult spirit guides or workers for assistance and guidance, it can be lived, a life without mediumship ability, and live a productive life spiritually speaking, but to know of the vastness of all creation, in your knowing and beyond it, this is why and

the purpose for some needing to see the greatness that is truly all of the known existence. There is much that is needed to be shared in order to awaken focus into other areas. Realms are not limited to only those inhabitants that currently reside in them, and in order to fully grasp the complexity and yet simplicity and of the purpose of this lifetime it is important to understand this. Many are serious on the wrong tasks; many are on the right and true tasks but not in a focus effort. Many are urged. You may not have a connection to spirit which you consciously use or call for information for yourself or others, but this is still present, the ability to communicate, for there is always information sent, there is the ability for information to always to be sent to you to assist you. It is your will that exercises the judgment and ability to carry it out, acknowledge it, or to completely ignore it. You may decide what to do.

There have been many who have had near-death-experiences and relate seeing the image of or communicating with the being known as Jesus. Is this being Jesus or is it some other being or form?

Jesus is not presently a being that you can readily relate to in any way. There are many who worship him and expect him to come to their aid, but this is simply not possible. This does not mean that there is no aid, no one listening, no help or guidance, it is simply not the being you believe it to be. In many cases there are similar looking presentations for various beings for those who are in a physical form and cling wholeheartedly to the image and idea of Jesus. We do not at all discount or discredit the work of Jesus, many of the stories shared in bibles are accurate in their entirety, partially, and many others were ignored or dismissed over the years. It is simply a manner of crossing over and seeing what is most comfortable to you.

You question these things because there are children adding to the claims of seeing Jesus. There are images that are shared, and this is simply the universally accepted image because it is the true physical representation of Jesus on the Earth plane but it is not Jesus as the being. If you were to truly to experience another being on the plane of your true existence they would

not necessary, and in most cases, not at all, appear to be a being in the physical form that you are used to seeing because of living a life in a human form.

As with death, as with all things, there are no universal truths that are true at all times for all people, a truth can be simultaneously true and untrue. While it is not possible to communicate directly with Jesus it is possible to communicate, for many, with Jesus. These communications are currently based on the life and teachings of Jesus and are related by a being who takes the physical form of Jesus. It is not important that a specific being is aiding you. What is more important and what can offer more assistance to you in the future is the understanding that this being you are seeking aid from is more often yourself, your true self, this is the being that can help you the most. We do not mean this in an abstract way in which you are viewing yourself in some type of mirror, you are currently, if you are reading this, in a physical body. You will not see yourself unless you leave your physical body and even then, you are not viewing yourself, you are only able to view a physical body, which you have inhabited along with many others before.

Many will see what is comfortable. Many should see that there is a group of beings willing to help and assist you at all times. No matter your current state, you are never alone. Many religions and many belief systems will have different names for these beings, many can call them angels or guides or animals, but what you see is what is more comfortable to you to allow the message to be the most receptive that it can be. We understand that for many it will be and has been a shock to learn about these things and to experience them. We would not send a form, and none would visit you that would cause you to mistrust the message. What is more important is the message, not the vessel that brings it, but often it is the image or the vessel that causes mistrust or doubt.

You are not seeing Jesus. Jesus is not able to assist you. There are many who work from his teachings to help you on the physical plane.

North Korea

Will there be war/military action between North Korea and the USA?

There will be war or military action inconsequently. Their actions will not unite many countries on either side of the support line. There will not be a direct attack. There will not be a direct line from one country to the next. These two powers are experts at allowing others to play their games, even their own people – they will be subject to the leadership and its demands unless there are those who will walk away and dismiss this regime, on either side, as one that is not for the people but one for itself. These leadership parties exist for their own power, their own self-righteousness.

The clash now is due to the similarities in leadership and progress of the countries. It is interesting that there is so much finger-pointing, so much rhetoric available in the world that alienates the other party. In this discourse, the two parties are nearly identical. The same manipulative behavior by leadership and by factions of its own people against one another is clearly present. These are not difficult and research, though they are difficult for other parties to see from within, they are clouded by their own fears and other emotions.

The direct action will be because of the campaigns launched verbally. There will be no direct action other than political means, of which do not create a terrible environment. One can live without the other. There are many in his own leadership that allow and guide President Trump to this focus because they know it focuses the people, it focuses him. There will not be a greater time of violence than what there is now. The U.S. will experience increases in turmoil from within, not from exterior sources.

Will there be war/military action between North Korea and South Korea and/or Japan?

There is a great sense of pride within these cultures. The pride is easily offended by some standards due to the nature of

each person's self-worth, which has been placed firmly within this system. Those who are in the younger generations, such as are experienced elsewhere, are in two broad categories: those who have been indoctrinated or follow blindly the status quo; and those who have learned or been afforded an alternative method of understanding. In the latter case any method of difference or room for exploration is as diverse as the mind is endless. There are simply those who are with the alleged popular message and those who are not.

We have mentioned previously about government losing its relevance. This is true nearly universally on your planet. Those places that are successful do not have self-interests in control of fractured governments. The government that operates is a very lean version of those governments who are considered the most powerful. It should be noted that those who are the most powerful are typically the most afraid of some unknown, some difference, or worry that they will lose power – which is only a construct of the current state of the population, it is no true tangible possession.

The governments here may seek a violent end though there is more unseen, more methods that are not military lines being drawn and troops marching into various cities. The methods here would be from afar, manipulative, and not direct in terms of facing the enemy eye-to-eye. Many would say that these are less honorable or desirable, but that thinking is typical of those who prefer hand-to-hand combat. These less popular methods are more devastating to an opponent. Unfortunately, losses will be suffered if any battle takes place. Casualties will be counted in high numbers. There is not greater stability in the following months should this occur.

It is not without effort that these actions take place. As in all events, there are those who will manipulate the manipulators to gain power and control. These will come from no particular place, as they will come from all the self-important regions. Those who have power will seek greater power from any regional imbalance. There should be empathy and willingness to defend and protect other humans. What is present now is the willingness to defend and protect the winning party.

What does North Korea's leader, Kim Jong-un, want for himself?

In his perception, he believes that his country has, for far too long, been the subject of ridicule and labeled as an outsider – a party that was not an equal on any world stage. Much of his operation is to ensure blind obedience from his own people, but this too will fade unless his government is seen as a conqueror or, at the very least, a global influence. It is important to observe the many similarities in these governments, their leaders, and the methods they use to extract influence. The methods may vary slightly, and more importantly, the machine that carries them will continue no matter who is at the helm. It doesn't take a violent smashing to stop, it only takes the independence of the mind. Each person is capable of liberation and in greater numbers there is no weapon that can be held – it is not simply about protests and breaking laws. The systems that have been constructed to enforce the ideas of the leadership should be dealt with the same consequence as the system or single idea that is the focus or the desired change.

We do not mean that you must revolt and there should be complete anarchy. So often there are messages spread through your world that illustrate a world without government, some ruler, as one where no safety exists. This is not true. Your governments, it could be stated, have not competently held a position of power with the people at the forefront of their concern for quite some time. The simple absence of these controls would be no different. The change in behavior in this environment comes from those who would take advantage of such a situation, though they would not have noticed unless it was advertised and broadcast to them. Silent change is always an option.

What does North Korea's leader, Kim Jong-un want for his people?

Specifically, it is very difficult to be specific at this moment. He is torn between the image he maintains globally

and the image he maintains within his own stronghold. There are many who only know his way of thinking, but this too is true of many world leaders. Many constituents believe blindly that which is repeated often. You will see an unravelling as more and more generally held beliefs begin to fracture. The fracture will be potentially violent, but on the end of this progression a realization will be had that it was not orchestrated by the people – it was orchestrated by manipulators.

As stated before, as a leader he wishes to be considered an equal. There is some false perception, but also legitimate perception by Kim Jong-un that there is an attempt to control without bias. He, nor his country, should be held to some arbitrary high standard, this is not evenly enforced across the globe. He will be no more or less dangerous with alternative weapons or those equal to any other power. This focus on missiles and other armaments is completely arbitrary, but is his measurement of how he is perceived as a leader and how he assumes his people view him and their country. Constant control and sanction will not cure this “problem,” he wants no part of the power machine that is currently in the world and will not bow to a token economy that requires certain favors for favors to be bestowed upon him or his country. In one way, this makes him more ideal, though his motives are still power driven, he wishes only to hold it himself. He is aware that others are interested in it only for what they can receive from it, not necessarily the good that will come to him alone.

Additional Information:

There will come a time when none of these things will be of interest to those who inhabit the earth. There are many now who are uninterested. They see much of this discussion as an exercise in futility because they will not fight. The consensus, or reported consensus, is not one they share. This is not because they are without motivation, it is not because they are not patriotic. Many on the earth now are pursuing goals that apply to them individually, not one that opposes a machine that cares little for them. This is not a paradigm shift, only a subconscious realization that opposition is as much energy

dispensed into an object as energy when you support it. The energy of opposition, when redirected into completely new avenues, removes the fight; the machine of any kind becomes powerless. It is not that there will be no fighting, it is that there is little to be fought. Do not allow them to bait you and draw you into those conflicts where you must defend yourself. You do not have to become isolated, you do not have to defend an ideal only in the way you choose. You do not have to take part in wars and armies for government which serves very little for the community. You can find an alternative way and work those things worth working towards. Opposition is not always growth. There will be more of you.

Nuclear Nations

Would nuclear nations be allowed to use nuclear weapons against other nations or would outside forces such as alien race(s) or spiritual energy from the unseen world intervene?

Intervention can take place after calculated assessment. It is not our view now that these events will transpire upon your plane. You must see that most political parties and the militaries they use as muscle are simply an older expression of children on the playground fueling egos and claiming the right to be king of the hill. Also, realize that much of this bravado is theater. For some other purpose, there is the camera's view and then the view unseen when leaders communicate by telephone. It is not as dire as some understand it to be. This point here should be again understood as maintenance of the mind. Do not let others fill your storage banks with their information. Receive after you properly assess; do not receive simply because the source expresses some stern level of consternation.

How much influence or control can those on the spirit side be allowed to interject into this world of illusion?

How much is necessary? How much is needed? We ask these questions to engage you in conversation that often some

other-solely influence is to blame for the minds of humanity taking a secondary or back seat role in their own lives. The law of spirit does not change due to circumstance and your own predetermined circumstance is often what determines the level of influence from those who are assigned to help you. It is not a matter of necessarily changing world events, even the smallest ripple in the largest lake will impact all banks. Interference is often a world used term. It is not interference to ensure a sense of global and energetic homeostasis in terms of your guiding plan. Any intervention can be made but too often this can defeat the purpose or intention prescribed long ago in terms of your time measurement processes. There is not some great disruption when an intervention is made by non-physical means. There is the ability to correct action which do not permit the person or persons involved to carry on to some greater level of involvement. Not a higher task in the sense of moral order but in terms of what they came to do in comparison to what they are doing. There is a great sense of cruelty and unjust action often felt when there is inaction to suffering. As with all actions, an act in the physical can make a correction much faster with much less effort rather than seek a metaphysical interchange simply because one is too lazy or passive to expend their own energy. It is this reason that there are specific decisions among your plane. All is energy and physical can impact physical. You can seek divine intervention to lose weight but if you continue an unhealthy lifestyle no matter of intervention will correct it unless it is truly necessary for some predetermined level of understanding. In this case, you can term it coincidence that a person survives a heart attack and is seen to be given a 'second chance' at life. This may be happenstance, or it was the involvement of spirit in life gone haywire according to predetermined general course for the individual. There are some who arrive here and move directly as planned. Your concern here might be that everything is orchestrated. Not true. As we have stated before there may be specific experiences that generate a specific expression of energy or experience for the user. These are not necessarily

specific in terms of place, surroundings, socioeconomic status, or anything else. If you are meant to have this experience or this understanding of an emotion it will manifest in any path you are currently on, no matter what specific choices you have made. It must also be considered that there are many experiences by individual's own doing in and the playing out of cause and effect.

New Energy Beings

Where do new beings come from?

New beings on your plane are already in existence. They are simply being brought into a physical existence for the purpose of experiencing the life they have been interested in living and the goals and experiences they have chosen. It is not a matter of simply two beings in the physical world having sex and bringing into life a new being. There is a great deal of work and effort and discussion that takes place before the being, or any being, is assigned to the particular body. This can happen an eternity prior to the couple ever meeting, this can happen during the time the mother is carrying the child. There is a great deal of energy and involvement when it is being determined what being, or which being shall provide the life force for the physical body being created. There are new experiences always being created and new expectations for living beings in all forms. This is the reason for constant creation. There is no creation simply to have creation, no creation simply for creation's sake. There is a method to what you might call madness or a method to the actions though it may not be readily available at all times. The necessary actions will take place, at times there are non-physical actions that follow physical actions, and there are physical actions and outcomes that follow non-physical actions. What we are saying, is that so there are times that, for example, in the bringing of a physical being into the earth plane, the physical act of sex will bring about an available body to be inhabited and therefore the process of obtaining life force to inhabit it is undergone, and in other circumstances there is a life force that

needs to inhabit a body so that physical production of a new physical human being is conducted.

How is the non-physical being formed? From what source?

There is a universal presence, a commonality in all of you, this is because you are all from the same source. You may decide to return to it at some point in your existence as your true self, or you may not. It is not for anyone to decide but your own mind, your true mind. There is not a great being that determines when a new spirit shall be made. There is only the source of all life that springs forth a portion, an abstract of itself, so that new life can begin. There is a great deal of this that you will not understand but it is important that you open yourself to it. The reasons that you are not alone, the reason that you are all connected is because your true forms all emanate and radiate your true source. You are all part of the same being, you are all part of the same energy. The bible explains that you are all part of the same creator, and essentially, the essence of this story is true and accurate. You are all formed from a single source, a single entity. You are not from an individual who decides that you must experience life, you are not present for an eternity from the time of the big bang and then assigned a physical body for a human existence. There is not a line in the fluffy magic clouds of heaven where you await a physical body in which to inhabit.

Your source is just that, it is a source, it is the energy in all things. All things come from the source, you are a similar being to the true source of all life. You are able to create as is the source. You are able to experience and learn and produce things in your environment as is this source. All things that are true for all beings are true for the source. All things that are true for the source are true for all beings. You are all able to isolate yourselves and mock yourselves, and have yourselves. The source is also capable of this, but the source is also capable of self-love, the connectedness that you share with others is often because you were sent with similar purpose, but often the love you share or the experience or interest that you share is due to the fact that you are parts, pieces, and beings from the same radiant source of all things. There are many

levels to this discussion, suffice to say at this time, you are being informed that you are all one being. You are individualized in this life time to experience specific actions, you are a source among sources for the purpose of learning what can and cannot be done and the implications of cause and effect on this plane. This plane is necessary because the source cannot provide for you another way of learning at the rate at which it occurs here. The rate at which you learn is often slow, but you are measuring this by human measurement. Be calm, be still. The source is infinite, do not worry that you lose your individuality when you leave this existence. You do not become part of a being of which you have no control. You retain individuality and your essential being no matter what form you take, no matter where you choose to inhabit, no matter what purpose you intend to focus. You simply do not associate with things and this is by your own choosing. You will understand a great deal about this at a later time, but your connectedness is because you are all from the same source, all things, all things ever created are from the same source. All things can be produced by parts of the source, you, you as a being can create, you are the source, and therefore, in that context, all things are also created by the source. You are not governed by a supreme being. You are the supreme being, you are the creator.

Why are more brought into existence?

Many worry about population control. The possibilities are endless in the minds of human beings who are concerned for their own personal resources and the fear that is produced in them by others who make the worry about their own supplies and quality of life. The fact remains that souls will be produced into this plane at a rate not determined by man. There is no human who shall determine the rate at which new beings will enter this plane. They are brought forth for the experience, to lead others, to follow others, to see all things about life, to engage with others, to lift others up, to hold others down. What one sees as positive another will see as negative, this is true and not true and is a matter of cause and effect but is relative to the eyes which with you are viewing the scenario.

There will be new beings because more wish to have the experience, more wish to undergo the lessons, more wish to help, more wish to interact and understand. It is not a matter of what will happen or will not happen, there will be changes to the rate and number, but these are not for many to control. Actions of many may seem to interfere with this number but many of these are predetermined for larger purposes. It is understandable that many have concern for large populations, but all beings have selected the life in which they live, even if they appear unhappy, they are living within the purpose of this existence as they saw necessary prior to entering.

By what process is it determined that they can enter this plane and have a physical existence?

As you progress through lessons in physical learning, learning of the mind, and your current learning systems allow you to experience more advanced lessons, so does the life of the true existence. Your non-physical existence allows you to grow and produce thought and reasoning and use new experiences to understand the world. It is by this process then that new experiences are needed in order to understand and grow. Once a being has been prepared to a certain point it is open to them to experience many things or one thing in this existence. There is not a group that will come before they are ready, they are simply experiencing what it is they needed or wanted to understand. No one enters by mistake or miscalculation. There is much intent and purpose in this action and direction. You have free will but you do not have the ability to press a button and take the elevator to this level simply because you desire it. Even the newest puppy needs to learn to walk before he can experience the green grass at the other end of the yard.

Night Terrors

Children who experience these tremors during sleep usually do so because of concern for their family. There is much worry and grieving by the child over actions within the family

and the negative energy experienced there. Much should be done to create a harmonious, peaceful and loving environment.

Many feel, that children are not capable of understanding the complex intricacies of the world around them, there is much taking place that they see and are aware of, even subconsciously. Children, and some adults, experience these things because they are living in it with the rest of the family unit. There is no other outlet for this conflict children observe and experience. There are no outside forces at work here that cannot be stopped by reasoning within the family to create peace and a balanced environment.

Elimination of certain aspects that are not part of anyone's highest good should be acted upon. Know what is important. Share time and love directly with the child in question. No passive enjoyment from children, assist them and guide them now. Do not worry that they have been neglected in any way up to this point; this is merely a byproduct of learning that much has taken place for their development in the future.

Children, and some adults, will continue to experience sleeping terrors until the energy in the family is calmed, centered and focused. If the family does not make these improvements there will be a wearing down of the child's mind and therefore having it become accustomed to this negative energy which can have dire consequences on their later lives.

Constant conflict can spoil the energy field of a child and have harmful effects on future relationships and interactions with others in later life.

North American Native Indian

The Indians of the North American continent had long since mastered the Natural and Spiritual laws and understood how these laws were to operate in the physical world. As these souls took that knowledge and wisdom back to the spirit dimension, many then agreed to work with and assist those in the human form who were seeking to develop some type of mediumship. They work only with those who seek to bring

forth mental and/or physical mediumship. There are usually two who come to join an Inner Circle. Their function is to build and supply the needed power/energy necessary to produce mental and/or physical phenomena.

Nostradamus

Nostradamus: was he to be a prophet? Where did his information come from?

Nostradamus was a communicator with being's other than himself on separate planes. What the confusion is for is not a purposeful move. There is a great deal used in his lifetime to demonstrate the inconsistencies of leadership, the self-preservation of religion, and to illustrate the changing manner of human existence. There were large populations performing or attempting to perform work as Nostradamus. Many of his inconsistencies were due to missing language or understanding. Much of this doomsday speak is by those who are misinterpreting his misunderstanding. It is also true that if no information is received, the mind may blank the initiator in an attempt to provide some level of higher information. This does not create false or fabricated information from thin air but may lead to misrepresentation by blending of ideas rather than physical manifestation of single thought streams. What can be seen here, and what we often experience depending on the channel, is information being shared through a voice that does not yet have the vocabulary to distribute to others what it is seeing. This is not the spreading of falsehoods. Alexander has seen this in his own work. Typically, it is thought in his mind that it is coincidence that he has read an article in popular media that may be from a specific niche in terms of culture or technology. These things add an understanding and a vocabulary. We do not speak directly in words with him and having the ability to facilitate new language for his reception is much better than receiving information with which there are no words within the mind. This is not a relationship of speaker

and recorder, there is a deeper level of facilitation and understanding that must take place. What Nostradamus prophecies lack is the ability to change as different energies arrive and depart from timelines. There are many who would assign the term Deja-vu to his prophecies and this could be considered correct. You experience many thoughts and visions in the mind, Deja-vu manifests when it is one that was expressed and is now the reminder that the direction is correct based on last and current events. It does not necessarily indicate that it is cast in stone or that it is or isn't changeable.

What was his guided purpose in writing the quatrains?

This was a very specific time for him. He was directed to do so because the format that was used at the time was not one of formality but one of chronological listing. In his time, this text created somewhat simpler format, similar to a grocery list of items, easy to read. The nature of the language is what is often misinterpreted. It is his likeness that many find disturbing or even untrustworthy. If we were to re-label this information in a dissimilar package, human container, the medium which he used, the writing and format would not seem so incorrect or foreign. It is this distance you perceive through time that creates an oddity where he is concerned. The great many works he created were to be of benefit to many. Though there are at times when he was swayed in message by outside elements which he believed assisted his work. He was not of the full understanding of the text at the time of creation. It is left stated now that there is nothing cryptic within the message. Much of the message had been tampered, though the original intention has not been lost; the content of the message was not the specific information, it was the possibility that it's delivery revealed to a new generation that allowed it to enter and be of relevance.

Nostradamus spoke of 3 antichrists, Napoleon, Hitler and Mabus. Does the 'law-of-three' work in this plane of existence?

There is no critical rule of three regarding dramatic beings of change. Bear in mind that there is a great deal of calamity that can be and has been avoided due to the type and number of beings entering lifetimes and coming into knowledge and awareness at this time. This is not to say that world wars have been prevented, only to say that any prediction is capable of change when the right action is put to it. Set in stone is nothing. Fear not these horrific versions of old communications. Many others put such tone to his messages.

In Nostradamus quatrains, the he speaks of the Antichrist, the mark of the beast 666, what is he referring to?

Dramatic change. A giving up of the self for irreverent ideology. This is not necessarily a label though this implant technology that has been predicted and rumored is an idea that could be said to identify this fall of the self. So, caught in riches, so caught in the ego. The ego is the beast. The mark is that which prevails over one's self, hiding your true nature and removing yourself and isolating yourself even deeper into that which is not the true self.

Nostradamus prediction of WW3, was it just a symbolic warning of what could be or was it meant to be taken seriously?

There is a deeper message in the original text which has been altered. There was a deepening of enlightenment possible. This is what should have been gathered from his work. There was not some ill intent on the part of researchers but there are many errors in the original text due to miscommunication, poor spelling and grammar, and damage to the text itself. Many times, the first interpretation is regurgitated without actual

study and that incorrect message is spread far and wide before the legitimate message is recast.

The accuracy is in the nature of those who resist change. This does not mean they fear giving up vices or the nature of there being such as what exists in the physical or non-physical, what will occur is a great deal of change, molds will be broken, you can see this now on your plane on many levels. This too is true. It has the potential to be cataclysmic and those who do not see change as growth will see the world as a decimated rampant with wrong ideas, an ill world. This will not be the case! It will never be the case! Though it is a matter of perspective until the awareness and education of the individual brings the true nature of things into the light. Using daily observances, you can see that many struggle with minor changes to routine, as the quickening occurs there will be a higher level of change and alteration to bring about a deeper sense of compassion on the part of humanity. You will be making a true ascension while in the physical. You will feel this shift though many may not describe it with accurate words or know precisely what is taking place.

One World Government

Would a 'One World Government' be a positive/negative thing for mankind in general?

It is not that government is good or evil it is that government is controlled by those who are not interested in true government. If any current government were spread across the nature of the earth in unification, any widespread or seemingly powerful government, know this would not benefit humanity. We often see that it is a case like this which may stir more to action, but it is often not necessary. Change has and is taking place. Again, it is not a question of one world government or three governments or 900,000 governments. It is the intention of government. Government has the capacity to dehumanize

and make cruel each human. They have the capacity to amplify any emotion upon the earth. Currently each government can be said to represent a certain core emotion. When there is only one government what emotion or motivation will be the overt or covert ideology? Will there be bombs, or will there be ambulances shared with those who stray from the herd?

Pharmaceutical Company's

Are pharmaceutical companies really sitting on “cures” for certain diseases for profit, or is that just idle talk?

The method in which they suppress treatment is not necessarily as direct as what many think it is. They hold much information, but they suppress that which is readily available to you because there is no monetary gain in that which they do not sell and control. If, in your lifetime, you feel compelled to take their medication, you are supporting their claim that you are not able to survive and live a healthy and active life without their existence. It is important to know that there is nothing that comes from an industrialized production that you cannot also readily obtain from the world around you, as one single individual, you have much more within your power to remedy and prevent illnesses than that of medicine which comes from a box. We understand that there is often some temporary relief necessary because if your schedule and the methods in which you spend your time earning a rightful place in the career world. Consider the impact on your body as it works to suppress your natural response to an imbalance. Importantly, why do you work under such conditions that prevent you from healing and securing your health within your home before you must return to the toil and labor?

There is a great deal of misleading information available to you about prospective “natural cures.” There is much on the shelf in the market that purports “natural” and nature connections and is therefore suited to the needs and desires of those seeking such a remedy. This is not beneficial to you to

take these self-assigned labels as accurate nor are they beneficial. The essence of the source of the medication is lost once it is synthesized in a laboratory. It is important for you to understand that. There is a great deal which cannot be recreated for health benefit and including the same ingredients on the label will not allow this essence to manifest in your body simply because you have swallowed a capsule.

Health should first be addressed not by a corrective pill or invasive action, no matter what disease you are currently embedded and no matter what cure is unknown to you by any means. It is important to know that any ailment that does not involve trauma can be overcome or prevented by the mind and by daily living practices that support your body and aid in its functions. There is a great deal that is offered in the market that does not support these goals and, in fact, is a direct conflict.

Important is nothing that is done instantly for the sake of health. As with all areas of life, that which is not corrected or addressed will return to you once it grows beyond the level which you can ignore. It is not necessary for quick relief, you must balance aspects of your life that allow harmony to exist between all areas, your health directly impacts all areas and it is important that without that support you know that all other areas will suffer. It can be done, what you desire, without the use of pills or procedures, but there is much time and dedication needed in these areas. Other practices such as healing and the properties within natures are important and can assist in your healing and maintaining equilibrium. This should be your focus. The potential problem exists that you will not find a suitable remedy to meet your needs simply because you are focusing on an area that requires other attention and a differing remedy from what you seek. It is important to bring all things in line and balance when concerning health. One aspect of being cannot be healed or changed without impacting all parts.

Libraries exist with cures and remedies, but all manifestations take place in your mind and must be addressed. The malady is calling attention to your imbalance, your disease. Misinformation exists on the safety of such a process, that the process of relying on the mind, relying on that which

exists without society, that these are dangerous to you, that the clarity of these substances and processes cannot be trusted. It is important to see that what they speak in a method of discrediting other sources is very much true and prevalent in the methods they prefer you to use for any treatment. You cannot rely that which is created by man in an attempt to copy nature. Nature can be relied upon, that which is brought through man can be trusted. These are subtle differences in English but important labels in source that demand attention as this is what your health hinges upon.

Concerning trauma, it is important to say that there is more at work than a mere injury that breaks bones or damages organs. While it is important to you to correct things, the question to address is the reason this action has taken place. Just as ailments in the body presenting as disruption, what has happened in this life for this disruption to take place in this way? It is important to understand the balance of medicine and that which can impact your survival. If you are to survive, you will survive, if you are to suffer, you will suffer, if you are to leave this plane and move to the next, you will. There is no amount of magic potion that will aid your intervention between the divine and your will. It is important to understand that your true being has options beyond that of the physical and there may be times at which you decide to exit a physical existence of your own choosing. This is not important, what is important is that it is not necessary to ignore medicine. You may break a finger or an arm, you may have a cast to correct this problem. Do not simply carry out the mantra the medicine is unnecessary, that is the practice of medicine, simply based on what has been said thus far. As with all things you shall be the one that makes the decision concerning your life, there is no right or wrong answer, only cause and effect. What you choose for you may not be the correct choice for others. It is important to understand that there are not universal answers. Nothing is unique, and yet it is all unique simultaneously. Ignoring bleeding or any other injury does not make it less important or lessen the potential lethal outcome, it is important to carefully select the manner in which you care for this injury with regard to selection of medication and treatment and the reason for that

selection as well as focusing on what has happened to bring this event into the physical plane. So much is focused on recovery of the physical that any other aspect to human existence is ignored simply so the physical will survive. Survival and balance after trauma is only the beginning.

Physical Dimension

This simply refers to those living in the human form on planet earth and to all that is known to them in their universe.

Physical Matter

If all things are energy, what keeps the energy in place? Why does it keep its shape? Can this bond be broken? Can it be broken in the same way in all matter? Can you use the ability of your mind to break the bond or must it always be done by physical means?

There are many aspects of physical matter which are not understood by science on your plane at this time. It is important to understand that there is a basic structure for many things but to create the unique tree or landscape, or living being, there is the unique characteristics of environment and that which feels its space. These things lead to every blade of grass being unique, every apple tree looking different, and every being existing as a completely unique and different individual from the last. It is important to understand that there are no matters which cannot be undone, and in most cases, very simply. All matter is energy, but it takes additional energy to break it. It is not merely the existence of energy which allows it to bind, and of course, this too takes additional energy. It is important to understand that your mind also constructs much of your reality, not simply the perception of it, but the rate and in what way specific items will appear. You can create something physical with your hands, but you can also bring into being matter in a particular shape or form using only your mind. It is necessary that you understand that it is

easier to attempt and achieve this in your true body because this is an everyday occurrence when you are not living in the physical world. Where you think and where to direct your mind is where you will go. What you wish to create will be created. Where you wish to travel you will travel.

The importance of many things is the mind in relation to matter. It is not simply the ability to change or create matter into new forms, but understanding that the mind can do these things in an instant and it is therefore extremely important that you do not tread lightly in this area. These are not simply hobby games that you are entertaining yourself with, it is a matter of your will but the direction and motivation of that will onto previously constructed energy.

All things, in the very pure and basic essence, are held together or created from what you will call DNA. You can understand that each thing, a rock, a plant, each has input from the outside world, but each also has a basic plan and structure for create. Much like your computer programs for writing reports and essays. The program serves as the blue print and each document is made unique by the input of the user. Each tree is unique because of the input of the environment and other factors and conditions.

It is important to know that there are many things that can release the energy from its form and there are few which will be shared, at this time it is a dangerous subject due to the nature of many men and women on your planet who seek vengeance on their neighbor, neighboring countries, or races of people for irrelevant means. While their motivations are not truly irrelevant, the ability to impact many more who are not necessarily needing the experience is compounded when other means of changing matter and energy are released.

There are non-material ways to do this. We say material to focus your mind on the fact that it is your mind, you do not need to break a bored with your hands, you can do so with the effort and energy of your mind. You are expecting all energy to evaporate to its smallest portion. This, yes, is possible. To tap the essence of the object or being at its core and decentralize its workings and reduce it to nothing but pure energy, however, if you are supposed to be here in 14 years' time for some other

event how can we release this information to you if it would allow another being to release your non-physical body back into the world and eliminate completely your body? You will not find the answers in all the places you seek, nor will you always search and find the answer at all. It is important to understand that things are held together in place by an efficient structure which can be undone.

These things, the undoing of matter, this has all been done before. Not simply using fire to destroy material or create new. There have been complete undoing's of matter to create a new human form and other "destructions" which created new. It is important to know that there were methods for tapping an object and removing its physical structure, and in a period of time the object would lose its structure completely and all energy that was once the object would dissimilate. You can understand these things and you can understand why it cannot happen now. There will be a time when a few can demonstrate this skill, but it will not be widely available as a skill for many.

You can tap the root of each object, at it's very core, and with the creation ability within you, remove from existence in the very same way you bring into being everything which is in existence. It is not the scientific answer you were seeking but it is the scientific answer that we will share with you at this time. We know that many would not destroy for "fun," but you must understand that there are many who kill for fun. While their killing may have been the plan it is not rampant because of other balances on your plane, this is true for the destabilization of energy in the form of physical objects.

You will see much greater and more intense fetes performed on your plane. You are in a rush for these things but there must be a duality of energy created. We do not create dark without light. When light was created it was also necessary to create dark. Patience.

Physical Mediumship

The unconscious mind plays the major role in physical mediumship. Levitation, Direct Voice, and Materialization are

just a few of the abilities that are produced by physical phenomena. In physical mediumship, a spirit being will use ectoplasm drawn from the medium to produce the desired effect. Ectoplasm is a slightly sticky substance which is sensitive to certain kinds of light and is drawn from a medium's body. Ectoplasm can be visible or invisible to the human eye. The spirit being will draw out the ectoplasm from the medium to cover parts or even all of its spirit form, so it may be viewed by those in the human form. Many new physical mediums will be able to produce ectoplasm in the near future in all the spectrums of light.

Why have physical phenomena such as levitation, full materialization, transfiguration, and others become so rare on the earth plane?

These are not as rare as many might believe. There is a time when this will be common place, much in the same way as any communication between planes. You should understand that there is a culture present and mind set which punishes those who experience this. There is also a mindset that 'this is too difficult.' People become impatient in the physical form, there is much work to bring this work forwards. There are many in other locations throughout the world where a government may have been oppressive, or the country is poor, but the faith and exploration in these areas has not ceased since the first person was able to bring forth this phenomenon. There is much that can be learned by these groups. Some are in modern culture while others are in remote and isolated areas. They have not stopped their practices and often times there is a reason why they choose to remain isolated. It is not fear of electronics, or industrial revolutions, but the focus that would then drift away from these practices would be immense. The thought that the world around them would not understand or would attempt to convert them from their ways is not a negative thought simply because there are always those going out and seeking others to incorporate them into their flock. There was a need for physical mediumship because it was seen, it was witnessed, and it brought a wave of energy and change into the study of this area on the physical plane. It leads to many people

experiencing spirit communication rather than just the few experiencing physical mediumship and production and manifestations of a spirit or spirit form on your plane. Once a more immediate connection could be made there was less time focusing on something that would provide a greater level of convincing communication because of the time it will take for the guides and beings working with a body in your plane is so long to build chemicals and energy. This modality being in such low existence on your plane should not be a cause for worry. It will rise, it will also become easier. There are changes coming to atmosphere and environment that will allow these things to be experienced and manifested much more easily. When the doubtful see, they will believe, some will still doubt, but this is for them, not for the medium to doubt their own ability.

Polio Vaccine

What is the reason for the Polio outbreak that has been reported by the news? Is the news story accurate? Is it a legitimate concern?

There is much concern in your world for disease of any kind. There is always a desire by many to help, but there is also a desire by many to use any incident such as this to amplify the fear and use it to drive other actions as a means of controlling populations and driving money from one pocket to the next. In any epidemic, there is fear but most of this is brought on by outside sources, meaning that you do not personally have fear, you are told to be afraid, often indirectly, but many are just as open to any emotion. They wait to feel any specific emotion or concern until they are told to feel that emotion. This does not mean that your associates or the television are saying, "it is time for you to feel XYZ about this event." It is the repetitive nature of that which you introduce into your mind which allows your own feelings to become these outside feelings. You are experiencing them as your own because you have allowed your mind to be concentrated in these areas and you have become filled with this view so that it is now also yours.

In this way there are many emotions, worries, fears, and other aspects that are amplified because a single source shares the message and more minds are snared by it, rather than considering the impact it may or may not have on their own life and the reality that it may, in no way, bear any weight in their personal life. It is important to consider all possibilities and no matter your source it is one view point or many view points, but there is always a differing viewpoint. The important matter is not for you to take any view point and establish it as your own. Only your perception will hold value for you. Only what you see and believe for yourself as accurate will carry true meaning for you.

In regard to Polio, yes, it is spreading but not at an alarming rate and not at a rate at which can be prevented. It is important to know that those who experience this will have had prior knowledge that this event would take place. It is a matter of experience and development that many will have gruesome experiences with this outbreak. It will be shared by many that an increased need for vaccinations of any kind are required, there will be many who suggest that it become law that many vaccines be received on a specific time line. There will be outcry over this, initially due to the cost associated with it. In many areas, there is no system to implement widespread medical care, nor vaccines. Many will be concerned because there are governments which have no interest in sharing the cost or covering entirely the cost of healthcare but now wish to make it law that you receive medications as a prevention at your expense, later they will attempt to cover this cost, first it will be voluntary. Many will need to fight this because it can be a problem later for many.

Most vaccines do not harm the body in the sense that it tears down your physical nature. It is the harm that there is anything entering the system at all that is not created with the intent to uplift or uphold the human being. This is very much a contrary statement, opposite to the nature of what a vaccine is and what it is given for, but understand that simply because you want to be healthy does not mean that others want you to be healthy. Simply because you are a good person does not mean that others are good people. There is much more at stake than

simply the freedom to refuse. There are greater lessons at work, you should consider very carefully what it is you would like to do and for what reason you would like to refuse. Do not simply do anything in your life because others are doing it, arrive at your own conclusions.

Your fears are not going to subside until you power on your mind and use it to distinguish between the various levels of deception, not on a conspiracy every day, but even in the manner in which you inhale the air and if it is necessary for you to continue to inhale the substances that you do. So many understand that it is not merely a matter of growing a tree, but it is necessary for them to understand that it matters very much what type of tree gets planted.

The vaccines in question, any vaccine. These are not requirements for sustaining life of any kind on this planet. There is no vaccine necessary. Many, attempt to intervene in life and many will still fall ill and succumb to many diseases no matter what preventive measures are taken. It is not a matter of protecting the physical by physical means. If it is to happen it will come to pass. If you wish to protect yourself, use your nutrition to protect your physical, not quick actions which carry no weight. Use the strength of your mind to protect your body. Release that which is not for you and engage fully in that which brings to the surface your true being. Do not live in fear. We repeat these messages often because they are the root of many questions and answers and social arrangements in your world. We are after the same knowledge that you seek on a daily basis. We wish to help you grow, growing does not mean living the life of another, taking on the emotions of another. The tree may use the nutrients of previous trees in much the same way that you may consider the generations before you, but like the tree, what you create will be unique only to you.

Precognition

The basic meaning of precognition is ‘to know beforehand.’ An individual receives an impression of a distant future event

that may or may not be a negative or positive ‘specific’ event or happening.

Prophecy

Prophecies or predictions are usually in the form of something negative (yet can be positive) and come as a ‘warning’ of what may come to pass if humankind doesn’t make positive changes to alter the envisioned negative event(s) prophesied. Prophets say for example, there can be spectacular advancements in the areas of spiritual development and scientific knowledge/technology or there can be great catastrophes through; wars, disease, famine, drought, global warming, terrorism and the like.

Changes made usually involve the greater good of humankind and/or that of Mother Earth. Change of any true meaning must begin with the individual self. Then one can create a positive impact upon the physical world they dwell in.

Psychic

An individual whose ability(s) deal with the physical dimension, and they are not tuned into the spirit dimension (as a Medium would be). They mainly use Extra-Sensory Perception (ESP) and/or Intuition to read your thoughts and/or vibrations. They commonly tune into your sub-conscious mind to receive information directly from you. They are not in contact with any energy beings from the spirit dimension. Just know in today’s society, many who are Medium’s simply call themselves Psychic’s because it has become a common name for the public to identify with.

Pure Thought

When you think, and produce thoughts, whether negative or positive, you are creating them using spiritual laws. These are

in conjunction with physical laws which operate while you are incarnate on Mother Earth. Thoughts move throughout the cosmos and are not contained or hindered by solid matter. They are stored in the Akashic consciousness of the Creator of All. Whatever your thoughts concern, the more you dwell on them the more power you give to them. If you add strong emotional energy (love or hate) they grow even more profound in their essence. Changing your thoughts in a positive direction (love) can bring about spectacular results in your life, affecting both your physical life and that of your spiritual enlightenment as well. Dwelling on negative thoughts (hatred, anger, etc.) brings on turmoil and chaos into your physical and spiritual life. Your individual thought patterns have created the very life you are currently experiencing. Whatever life you are living now, positive or negative, you are the sole creator of that existence. Using your own pure thought patterns, you brought forth this life, remember the law of attraction. You cannot blame others in your life for the misfortunes that have befallen you. Karmic debt may be involved. It is the karma you carried from another lifetime of which you, and only you, were the creator of it then as now. Change your thoughts and you change your life path. It's up to you; no one can do it for you, stop being so afraid of change. Spirit energy is never destroyed; it can be transformed into many things on many levels of consciousness. But never will it perish or fade away. Gather your thoughts, narrow them into a positive goal, then focus and visualize them in your mind. Combine them with positive emotion and transform them into physical reality. That is the basic scope of your ability to co-create in the human form within the confines of pure consciousness.

Reiki

Please share information that should be included in my Reiki I class handbook. What is Reiki? Where did Reiki come from? What does a person have to do to use it?

There is nothing that the mind cannot accomplish, and this is precisely what part of reiki is accomplishing. There is no specific reiki, it is the mind intending to do good for the person or entity in question. There is no specific healing skill that is acquired through reiki, just as there are many religions of the world there are many different modalities and terms for the same action, that action is healing, or the direction of energy, the channeling of energy with healing intent. Your mind plays the largest role in all of healing. There is no external force that can intervene to the same degree that your mind is able in order to generate a desired result in the physical body. We ask you to consider your desired outcome and then see it in your body. The second greatest physical intervention that you can take part in is the physical laying on of hands. This energy differs from that of simply mind intervention because, when a different person other than you are used to deliver it, there is now the power of two. There is the combined mind power and intention to heal than before when there was only one mind focusing on the healing quality. At no time should there be reason to doubt this ability. Reiki was not born from a mystical being or some divine imparting of wisdom. There is wisdom that has been brought to this plane by those born into it because they have had this ability each and every lifetime. There have been subtle nudges to some so that they remember this information and return to it. There is no great being that is going to tell you how to heal since all of this is merely a matter of, literally, putting your mind over your matter and controlling your matter with your mind. There is physical energy that comes through during energy healing and the direction of this healing. It is part through the person channeling and their own energy and a large bulk is sent from the world of energy, our plane, through the physical form channeling. This energy does not differ because of an in between or channeler. You may ask for this type of healing on your own and receive it. Much should be done to raise a person's vibration through right thought and right actions taken. Do not simply learn to heal and deliver energy to fix acute problems, or other problems that have manifested in a person's life, learn to create this same peace through your own daily actions and your own words,

thoughts, and ideas. To use this energy, to access it, you will simply need to work with an intention, you need to speak or mentally clarify this intention if you do not feel it necessary but the intention to heal or create repairing energy should be the basis of your actions. Even those who are not aware of it are doing this. They are not putting their hands on the body of another and doing nothing, they are doing this because they intend to bring for the energy, they intend to bring about a change within the energy or physical body of the person who is seeking reiki or the energy. There is no worry for anyone who feels that they must access this information through a higher being, either on your plane in a human existence or by using divine power and by calling on it. The process in which a person can heal or heal others is simply the act of doing. Intending to heal, specifically or generally, and then creating yourself as a channel and directing the energy over areas. It is true, with your intention and with your guides a' assistance there is the ability of energy to travel in the body or energy field to where it is needed. Because you place your hands or intention over a certain area does not mean that the energy will not flow to where it is needed if there is an area that is the true cause of the concern or if there is an area of greater concern than where you are focused at the present time. Focus should be paid to the chakras and the energy system as it is known on your plane. No matter the concern or ailment these are true energy centers and will aid in the dissemination of energy throughout the body. Directing energy to them will allow and aid and assist in opening them, attuning them, and filling them with energy so that the entire energy system shall be operational and function at the highest capacity, with its greatest good and full potential being used.

Remember - do not rely simply on reiki or any other energy to fulfill your health and ailment remedies. There is a concern that reiki is not working because problems continue to reoccur. This is not the fault of the energy. This can be the fault of the diet or the action that the body is repeating which is serving the ailment or concern rather than the opposite and healthy end result. Do not blame the energy, the energy cannot make

constant repairs when you are doing work to block it. The energy will always work but it will be undone should you continue to not make strides to achieve a healthy balance in your life. Reiki is not simply waiving a magic wand. There are many steps to health. All of them should be studied to allow for the deepest and most thorough healing to take place as it concerns the human body.

A body is full of energy, energy that flows in and that flows out. To create yourself as a channel for this energy it is imperative that you clear your mind, you begin first by living daily in actions of true and highest good. This can be the smallest of actions, you do not need to be saving every human life on the planet, but be aware of your thoughts and actions and how they relate to others. Be aware that there are others who you are able to assist and provide assistance to without detriment to your own progress. Learn the right actions and true virtues. There is no need to worry about things that do not matter. It is important to learn to heal your own body, mind, and energy before you attempt to heal others. You can use the focusing power of your mind coupled with healing energy or reiki to accomplish this. It is important that you develop a program of intention and mindful development should this be something you wish to develop and strengthen in your body beyond a parlor trick. An athlete will not constantly ingest those things which are detrimental to their performance, should you wish to develop as a healing channel you should do those things which serve your highest good and your physical body. Developing as a channel will take time. The attunement process for reiki is not imperative though it can serve to open many channels in your body and clear old energy to allow your work to have a greater impact. It is a jumpstart to success. Though you are already able to do this, this energy coming to you during an attunement will work to develop these skills in you. Your intention and desire and motivation are also used in the attunement process. You are working to achieve a healing function, skill, or capacity, the completion and the process of reiki class and attunement will serve your psyche and your energy commitment to the progress you are desiring to achieve.

You can enable healing energy at any time. There can be a word phrase or other cue to allow the mind to enter into a ready state. There will be guides that work with you, no matter if you call upon them or not, and a mental or verbal cue, even as simple as uttering 'healing energy' will serve their purpose as well as your own and will indicate the desire to pull this energy into your body and deliver it to a specific area. Greater emphasis can be placed on speaking or mentally voicing an intention to heal or direct energy to a specific area or for a specific outcome, you can call your guides specifically if you desire. Your intention is everything. Those who tell you that it is nothing are missing the body mind connection. Even if they are not declaring an intention they are intending to heal simply by their actions, they hope to improve a condition, they hope to lift the spirits of the person requesting or needing the energy. The more faculties that you have focused on the task will net a greater result in your healing ability.

It is important that you meditate, even for as little as fifteen to thirty minutes per seven days. This will allow a strengthening and focusing of your mind. Calling for your guides at the start of this session will allow them to work with you, to balance your body and lift your skill to a new height an elevated state beyond that of others, so that you may heal more effectively. You may see this as an athlete practicing - improvement is only seen after the necessary time is developed in accordance with your intention to heal.

It is quite possible though to achieve results and direct energy without taking the time to have mindful study and balancing, simply stating, 'healing energy' and placing your hands on and individual will aid them.

Just as prayer sends energy so does your mind, this is the intention, this is the extra unseen work being done to further aid in the process. There is no wrong way to do this, there is no negative interference that you can cause. It is important to note that many things can be overcome, many will not be because of the mind of the receiver, many may not be undone because of the physical body's need to undergo a change. Though you may not undo some seemingly terrible experience no know that

you are channeling healing energy into a body and mind and energy body of a being. There is still work being done no matter how little is physically evident immediately following a reiki or energy session.

Your skill will be developed to the level of your input into it. The desired outcome you wish to achieve will be impacted by your energy input.

You can do this with mindful intentions or prayer, there does not have to be any specific religious context, there can be no religious context, there can be every religious context. It does not matter your affiliation or lack of one, it is the world spoken, the energy in the thought, the energy – both physical and non-visible, that achieve the desired outcome. These energies mass together to create and manifest into physical existence the desired outcome. Always working towards the highest good.

This is merely a vehicle for understanding and returning to that which you are already capable.

Reincarnation

The cycle of incarnation, or reincarnation as it is known, is merely the process chosen by many energy beings (souls) as a way to advance or progress at a faster rate. One can progress just the same without ever incarnating into a physical body, yet spiritual advancement can be accomplished at an accelerated rate by incarnating into a human form where the negative element can be experienced first hand; rather than simply studied and/or observed through other energy beings that have lived in a human body. It is up to each soul individual as to which path they choose to follow.

Just know your previous lifetimes have brought you to the place in which you currently reside. There have been many on your current path that you have experienced in similar times. There have been many mothers and fathers, brothers and sisters, wives and husbands, sons and daughters and the like; some were of great importance to you while others had little to

do with you based on your chosen spiritual journey and their chosen spiritual path.

It is not the nature of the societal construct of the family unit that is important; for many receive these same relationships at various points during the course of their lifetimes. Just know that family is important for some souls to help them learn and experience certain lessons, while other souls do not need the close family ties to learn or experience their chosen lessons.

This is why some families stay connected and others seem to scatter to the winds. It's simply that individual soul's desire which compel them to seek out their individual lessons, chosen by them for their personal growth.

Many beings incarnate here with the desire of advancing spiritually at an accelerated pace because of the ability it affords them to experience the negative aspect of physical life; whereas back in the spirit world the negative aspect can only be observed or studied, but not truly experienced firsthand. Some beings never incarnate into worlds like this one and desire to evolve at a slower rate.

As a teaching, the culmination of all the past lifetimes you have lived and experienced have prepared you for the current life you are now living. Some beings have lived many lifetimes while others have lived fewer; yet all are seeking to advance spiritually, and then there are those like me who come to give hope to those that are wandering aimlessly through their chosen lifetime, or to assist others in evolving spiritually higher.

Many loving beings known to you from the spirit world have incarnated into the human form with you, and you have experienced them in many different ways. Many have been parents, siblings, grandparents, aunts and uncles, close friends, co-workers, casual acquaintances who you have experienced either in a positive or negative fashion.

Some come in order to teach you through adversity; such events as assault, pedophilia, rape, and murder to name a few. These so-called negative events were experiences designed by you for your personal growth only; not as a form of punishment on any level. Some of these loving beings had a

great impact on your life; while others had very little contact with you based on what spiritual course you and they were following in that lifetime.

In some of your previous lives you may have had a close-knit family unit which assisted your learning and experiencing during that life, while in other lifetimes you did not require a close family structure to experience your chosen lessons. That is why some families seem to break up and scatter to the winds and others remain close throughout the length of their lifespan.

Religious Peace

Is possible to create peace between religions and between the religious and non-religious points of view? If so, how?

There is no greater peace available to you than for men and women of like-mind to work together for a common goal. The mission here is not to change those you encounter who have differing views. No matter the situation being discussed or the cause that has anyone concerned, know that all situations and events have a common thread. If you must use religion and must keep it in your life you are not wrong or negative, this is a result of cause and effect. Know that your religion is not the only religion, nor is it more correct than other religious studies, this is simply the belief system that is right for you right now. In the same way, you should not view another religion in a negative way, less than your religion, or somehow demeaning to those who believe in it, it is simply correct for that person in that moment.

Examining religions there are many common core beliefs, there are some branches that offer specific differences and make the more unique than others, but they are what is correct for that person at the time, you will not force them into a new way of being. If they choose change of any kind it will be done of their own free will, and not simply because you forced an idea into their physical sense. It is not faith alone that keeps man apart, it is the idea that it is somehow protecting him, when, it may better illustrate the point if you view any religious text as a manual for training them mind, in certain

respects. Where the mind goes the physical shall follow. Simply because you cannot manifest a green apple in your hand at this immediate moment does not mean that your mind cannot create and impact the physical world without your physical work. When your religion speaks on healing, helping, and assisting others and prayer, these are all things that are done in the mind. Because many do not believe this can be done it is the excuse that a text showed them the way or because of prayer or meditation they accomplished this task. Divine intervention is more often the result of your thought or action more than it is some other-worldly being. There is much done to protect an individual if it is needed and part of the predetermined course for an individual, however, many acts are simply the unfolding of human events and do not require praise to anyone other than the human spirit. In this way mankind does not take credit for its own inventions or creative endeavors. Often times religion is blamed, the difference in religion is blamed for a war or smaller altercation. We forget that all belief systems want peace, even if they are wanting peace only for themselves and to damn the others, war does not bring them peace, mankind blames higher powers for wars when all war does is bring lessons to this plane that need to be expressed as they have not been learned and retained for many. There may be some intervention for the individual level, but it is not the act of some higher power that allows you to ride into battle unscathed for your country's honor – this is the cause and effect process of your mind. Know that it is not as capable in the physical body as it is outside of it, therefore it is possible for your work to have not been enough or to be seemingly undone by the work of another.

It is not a matter of peace for the sake of peace but to reach an understanding that no matter what belief is held there is a common thread in all beliefs. Self-preservation is at the root of all beings, some beings are more stable in their ability to see true danger and discern false danger, danger to the ego, and they are able to act accordingly. It is this understanding of the self, to understand that no attack warrants a return of the same energy, that allows beings to reprimand others who follow violent paths, even then that is done without the knowledge of

what the other being's true purpose in this time is being used for and to what end. It is without fear or prejudice that all things will be accomplished. There will always be differing views but there will be a time when fewer and fewer social classes are defined by these types of beliefs and while differences will be held they will not spill out into public address and public prosecution of those with opposing views. Specifically, it is possible to hold office without judgment or use of power that is viewed by others as being skewed because of your personal beliefs.

This is a work in progress, it is not the heathen who does not have religion, it is not the heathen that needs to have an understanding of religion. It is the follower that needs to examine his purpose, mission, and reasoning for being a follow. While there is no belief system more superior to another it is important to understand that if you do not believe fully in a text, you are causing doubt within yourself because of higher knowledge. It is important to understand that while you may use parts of a text associated with a particular religion, it is that association with that religion which will also draw energy into you and out of you based on the energy within this plane regarding this religion. Labels are important to society and all words and works have energy associated with them. If you are reading page 492 and study it in-depth and this is your religion, you will be impact by the pages surrounding your paragraphs of faith. Draw only into your life what you examine as truly being for your purpose. Do not accept additional attachments simply because they are free and included and no additional cost. There is always a cost or toll, it will always impart energy to you and exchange among others. Examine these things, allow it to be tested by others if you feel convinced. Learn to ask questions.

Now then, being a spiritual being has nothing to do with religion. God the Great Spirit did not sanction any religion upon the Earth. None whatsoever; God is not Catholic, Hindu, Baptist, Muslim, Protestant, Buddhist, Jewish, or whatever. These and all other religions are creation of humankind, not of the Great Spirit.

It does not matter what an individual may call himself: A Christian, a Hindu, a Muslim, or whatever. That which matters to God is what an individual does with his life. Being of service to others is the spiritual path in life that we should strive for in order to advance our own, personal growth, as we endeavor to be more God-like.

Building a strong foundation starts with educating ourselves, and then teaching our children. If you restrain the soul of a child at an early age, you in essence deny them the fundamental rights of freedom; you condemn them to a life of spiritual slavery. Freedom is the essential quality of all education, which leads to true wisdom and spiritual enlightenment. To teach a child to believe in religion's attachment to ancient myths and falsehood's is to infect the child's intellect. A child so influenced, be it intelligent, will reject and discard the erroneous information as it becomes aware of its deception, and shall then turn on those whom it feels misled it at a time when it had no way to resist their deceitful dominion over it. Those less capable will be held captive by organized religions power and authority, and they shall force upon their own children a similar fate, which they are unable to break free of themselves.

Children need to be educated in the spiritual truths of God, to live a moral, charitable life, yearning to help those who dwell within their realm of influence, and to be unailing to the Great Spirit of which they are an essential element. Teach them God's simple law; do unto others as you would have them do unto you. It was given to humankind long before Jesus walked the earth, and yet we still fail (or refuse) to understand its simple message.

To be truly free in mind, body and spirit you must come to the understanding that humankind requires no ministers, no priests, no rabbis, no cleric, no church, no mosque, no synagogue, no temples, and no places of worship of any kind.

No system of doctrine, dogma, or theology need be placed in your path as an obstacle to the simple truths of the 'Source of all Life.'

Unconditional love is experienced from the smallest measure to the highest; love is the key that unlocks your spiritual growth, and it's that simple. Religion has replaced God by falsely claiming without its guidance and control you cannot reach God. Remove yourself from this false deception; no matter what stage of development you are in it is never too late to cast off the limitations of manmade religions and move forward with your spiritual enlightenment. Yes, I do understand not everyone is ready to advance and many have grounded themselves in some form of organized religion and that is fine. If the path you are following has led you to place yourself into the confines of a religious group, then so be it, for that may be where you are currently in your personal growth.

When you have sufficiently grasped the limitations of religion, should you come to that realization, then you will no longer need its superficial support and you will be ready to evolve higher as you seek out your true spiritual path in life. But for those who are unable or unwilling to leave the controlling aspect of religion, please don't subject your children to the same entrapment which has befallen you.

If you learn no other lesson in this life, know this, all material things have no meaning or value in the world of spirit. The only things you take with you when you leave this life are the experiences and lessons learned which affect spiritual development. Wealth and power have no place on the other side.

As it has been said; it is important to know that humankind will one day understand why their loving Creator has allowed them to experience; disease, war, rape, murder, genocide, starvation, and other so-called negative things, and they shall be so truly thankful for those lessons they have come here to experience. Allow the future generations to be free of such ignorance which has held your world for too long in fear.

Root Races

Root races are that which founded the human existence. Some of these are brought forth now in this plane after having reincarnated in other times and have learned from their experiences. These can be experiences which will cause them to be a greater catalyst in this time or to be for a higher good. Many do not realize their previous experience and many simply go about their lifetime not knowing, though always being drawn to that which will accomplish a greater and higher good for those that they are coming in contact with. A root person may simply be a being who is no more advanced than you but has made the effort and changes in order to bring back something higher than their self to the next lifetime they encounter. These beings are often at a higher vibrational level and experience the world in a different way. Often more open to emotions and often experiencing great trauma or distress in a life to bring about change and to create a karmic payoff of previous actions. There are more beings as part of root races than there are new spirits, but not all of progressed to new heights. Some will take many lifetimes before their work is done.

These are classes of energy beings that come in waves and generations. Each one may have a mission and/or goals to accomplish, but an overall group that begins to enter the physical world has a higher purpose. Each may be seen as a new age when they enter.

There are always higher goods to be done, but these souls enter the world with much more to work with as a catalyst for previous generations already on the planet. They can begin seeding the planet with new ideas, new terms, learning and understanding the past and bringing it along to new ways.

Each may also bring subtle physical differences which may not seem visible, these are subtle changes in the evolution of human kind, in part because of man's control over his physical realm and others seen from your dimension as needed improvements to come with the coming age and changes that will be experienced.

You can see this as marked time periods throughout history when there were major thought shifts, major developments in the society of human kind and the views expressed by them. It is needed to be known that there are some changes that take millions of years, all improving the human experience or making it more worth-while to those who decide to venture into it.

Classes of people often do not understand those who came before them, and as much as this is a learning process for those who are present, this is also a learning process for those who are coming in. They need to experience it, to break free from it and to push on with the new for the betterment of the humans in this existence.

There are many who have outside influences from other races (beings from other planets). These are a combination or by-product of two or more species of existence mixing at any one time. There are also changes and additions of DNA by other species to attempt to improve and contribute for the higher good of humanity.

Schizophrenia

Schizophrenia is not just a disease of the mind but a problem of the overall person. This is what your medicine does not yet understand. There must be another approach, differently, to overall health, that focuses on what is not yet directly or scientifically measured by your experts. There is much in the way of science that needs to mesh with your beliefs and this is happening in your lifetime. There is much that can be done to improve the state of a person suffering and undergoing this trauma. Lesser spirits and entities are torturing these poor souls who have deformities so to speak of their creation. There are problems in their development as spirits that allows lesser communication of spirits to occur without their control.

They must learn to stop these and take control. Ignoring a problem with medication does not lessen the impact the spirit world, of any spirit kind, is having on a person. They must

associate body, mind, and spirit as one. Though there are some who experience this with the intention of learning and experiencing in this lifetime, there are many who may come to this life and have an error in their creation or development that allows these lesser entities to communicate with them. It is not easy to stop this, drugs quiet receptors in the mind and body and simply dampen the messages, a drugged mind is less receptive and less open to messages and input. But this also includes input from any higher being or being wishing to help. At the onset, a person can be helped, there are times of need but there are times when a person is driven to a kind of madness because they are unable to control the messages received. Schizophrenia actually occurs after the voices and messages drive a person into a psychotic state, not simply hearing these messages, this is not schizophrenia. Once a person is unable to reason with what is occurring, that is when a schizophrenia begins. There is no need for this to bother you because no matter when a person experiences it, by choices or by partial impairment of the body by some intention or neglect, this is for their learning. You will not experience e this in your life as you feel your relatives have. This is not for you. Changes occur in the body that allow this to happen. Drugs are not the answer, no drug is the answer or cure all, the mind is the only thing to be changed, studied, learned, understood, and the only thing that needs change within it to heal the entire body and cure most earthly maladies. Your world is hell bend on pills, by commercialism and insecurity, this will stop and your healing will become evident when there is too much cost involved with the purchase and manufacture of pills that provide false hope and temporary relief. Your doctors do not mostly focus on prevention and overall health, they fix a singular problem. Your doctor is good at this, focusing on entire body and health, and mentality, and well-being to sustain life and health. Happiness does not come from a pill bottles. Happiness comes from within.

What causes schizophrenia?

This is a reason as we have discussed. As you have read there are breaks in the energy body of what a person has

around them, this allows communication more easily as most would want if they understood this. But for those who only hear negative messages this is because their mind and body is of a lower vibration and attracts the abundant number of lower beings that exist around us all. Raise the vibration and hope can be seen.

What is a schizophrenic person experiencing?

A change in their reality but it can be for the better. Many do not understand that they have a psychic gift and communication connection between worlds. This is something you want and that most who are aware of this ability hope to achieve. Schizophrenics have no filter in place yet to sort through the information they receive, and their doctors are not aware of the world beyond this one, therefore, in a clinical setting, there is not much hope beyond a pill or isolation for these people who have gone mad by definition of your world. There is hope for them if you come to understand the relation of all levels of spirit and body within one another. All is related, science separates and isolates each system, we are all one.

What can I do for a person who has schizophrenia?

Any level of healing will do wonders for them, but as with any health or spirit matter, energy does so much until a person returns to their old behavior and mentality. There must be a change in thinking, a new way of understanding. If a person has the mental capacity for learning, as all do, then thought should be created to understand health and to learn more about the self-body. There is much that can be learned, healed, accomplished by inner work, not outside stimulation. Plants are helpful but again, often unnecessary, but can be aides, because all can be accomplished with your mind, with your energy and the purest form of it. We are not alone and the communication these souls receive is evidence of that. They are still stuck in the realm of yours where the doctors are feebly trying to comprehend these “problems” by years of medicine that does not confront the changes in humanity and their metaphysical abilities. You will come to be able to measure and understand

these, this is when a shift will occur. A change will happen. You can direct thought, healing, and energy towards this resolution to bring peace and calm to those who are undergoing that type of experience. They are not lost, living their life gives them the greatest satisfaction when they come to our plane. There is not much that cannot be learned from this mental stated compared to yours or any other. Positive physical and mental health are related, there must be something more that doctors can do, this is what they say and wish for, but little work is done to accept new ways of thinking. The label ‘new-age’ creates a wall and barrier between doctors and thinkers in this field but this is what will join them. Many mental health problems will evaporate when this change is seen. Many will receive help because our world will be acknowledged, people will have hope, not fear, because they can locate easily those who understand, these beings can have a higher spiritual level because of the communication if they could harness it for the use of mankind. They are not defective or broken by our standards. Man places many labels on their own kind which serve no purpose other than placing that person in negative energy. Often times, the doctor visit makes worse the ailment or condition because of the labels associated with each “problem.” There are no problems, people instantly become negative about things because of outside stimulation by doctor, society, pills, drugs, stigma. All unnecessary. If alone in the woods, this would not be experienced, and differences would not be seen or felt, a person can work through many things on this plane without intervention by “unnecessary medicine.” You can do this, you can plant the seed and help those eventually make the turn away from this type of doctrine. There are those who are open to it. You will not increase their psychosis or mental delirium, you will help them, and we can aid you in this. All man should help those in need, help those above and below your level because all need basic requirements to survive and each can help the next achieve.

Is there anything else that you can share about what earth people call mental illness?

There is a change coming, there will be no hospitals that you know of now, there will be no illness that one seeks a doctor for. Many illnesses will vanish because of terrible diet, sedentary lifestyle, and other behaviors that will not exist before long. There is no reason to fear. Keep your beliefs strong, you have those that will carry man farther through the ages and working with souls now will bring them closer if they come to understand this sooner. Pills are not the answer. Temporary plants relieve and assistance in times of emergency and ailment until you all come to understand the power of the mind, and even in the ability of one man's mind to heal the body of another. You are all connected.

Seasonal Allergies

What is the benefit, purpose, and/or cause of seasonal allergies?

This is to allow you to know your body, to know what you are missing, to know what you are needing, to know what is missing from your current actions that remove you so far from nature and its care and ability to survive with it rather than control it. Allergies are not a punishment, you have them now because even living in remote areas, living with fewer neighbors, living with the trees, you put a pain of glass between you and the outside world. You put a factory between you and your food. You do not need to isolate yourself from all that occurs around you. There is nothing in nature that you should fear. It is not a scary place to dwell, and, contrary to popular belief, you do not have to have something wrong with you in order to sustain your entire existence relying solely on what nature can provide to you when you care for it.

It is a matter of death of the true individual that we have observed you reclaim your right to be inside. You were unusually welcoming to this idea of controlling your environment. It is not simply for comfort that you do these things. Fear drives many actions. Though there are only a few who experience the fear of these items it is the ability of the populations of Earth to not follow what is true for their own

self, to follow a path simply because the path exists, this is what translates to such isolation on a wide scale.

It is a message to open up and allow yourself to experience. Drop the expectations and quick dismissal of ideas, subjects, persons, places, and things. Examine them and welcome them in and decide for yourself what it is that you need, not simply what you believe you need because someone else has told you from birth what it is that you need.

Ensure that you are not simply doing the opposite of the tide because you wish to rebel. Ensure that your rebellion against the tide is truly for you, that it is your belief, not one placed there by mechanism of society and other involvements. It is obvious for many at the time that there are other answers, they simply do not know where to look or where to turn.

Welcoming all possibilities is the only true method of education and experience. Too many roadblocks are placed on you by your own mind and your own mind allowing others to control it. They may not have a devious plan in mind when they make comments or attempt to impart a particular belief onto you, but your willful tolerance at all costs is a simple nod that this is what you desire. You may complain later, you may complain and feel wronged later; later does not mean too late for action. Later is simply a term to describe "after now." At any point after 'now' you can make a new decision, answer old questions differently. Do not allow answers to be set in stone simply because they existed as answers previously.

Allergies are not to cause you harm, they are to draw your attention. You are not living in a world in which control of any kind is necessary or at all possible for the entire duration of your visit. Do not worry. Know that there is a difference between living with, for, against, under. Chastising others who have not reached a specific conclusion is not beneficial to anyone and will not allow you to change at a greater rate, nor will it bring them to your meaning simply because you have belittled their ideas. Calmly, not calamity.

Seizures

Are all forms of seizures caused in the same way?

The form of seizure is often dependent on the nature of the being and what physical and energetic deficiency is at hand. Many times, a seizure disorder cannot be corrected in a lifetime because it is due to an agreement prior to entering a lifetime, many things are created in a life for the lifetime of the being, other situations and circumstances are temporary and by your terms can be corrected or altered. Even long-term situations can be corrected or maintained if a person chooses to later their plan or that is, the circumstances which were set in places that must be experienced, they have progressed beyond them to a new state of understanding. There are many different types of seizures, but as with all things considered out of balance or incorrect in the physical, there is an attachment to or a clinging to some unhealthy idea or physical manifestation. That is not to say that all things are done so in this manner, but it is the seizure which is calling attention specifically to the person experiencing it, they are the cause of their problem, as with many who experience disease, they are responsible, but a seizure is a fault in the self by the self's own judgment and estimation. They are aware of the fault and are choosing to ignore it. It may be a chemical imbalance that shows in the physical which causes the problem, and it may be temporarily or even long-term corrected by physical means, but the fault still exists. This is not to say that anyone should view a seizure as the fault of the receiver nor that they are in any better situation since they are not experiencing them. Many choose to enter this life with a marker, or a signal., something that should happen, something that should occur if they are not achieving their correct purpose or specific set of goals in this particular lifetime. This is not true for all, nothing occurs universally in every sense. All things ever known to existence may experience a situation in exactly the same manner in exactly the same situation and there may be a being at the bottom of the ocean, unknown to the rest, who experiences it for an entirely new reason. It should also be said that there have been many times in the course of the human for existence that many problems have presented for certain reasons in a specific generation only to appear for a new reason many generations later. There is creative ingenuity used to provide an educational

format and the ability for the self to grow but often times history is genuinely repeating itself, often for the same reason, but quite possibly for different reasons that the new generation must overcome. Generation A may have problem X, if problem X is overcome there will be a new problem for the same generation or for the generation that appears later. This is not a time to look at this as if it were a never-ending test and there is no time to relax, know that this is simply a training ground, if you were looking for a vacation you would have never decided to enter into this place. That is not to say that you should not take vacation in this plane, as in all things there is a need to balance outside demand with personal care, by what means you deem necessary.

What is the purpose of a seizure?

A call to action. As with most dis-ease, it is necessary to make changes. Often it is demonstrated by the person experiencing a seizure that what appears as a disability is able to be coped with and dealt with in a manner that does not interrupt life. This is not the case for all illnesses or all seizures. A person does not leave the physical body during a seizure, there is an overload, this time quite literally, as all senses are firing beyond the normal coping potential of the body systems. They are unable to control the seizure, though they may audibly hear you, it will pass, after some time, but it is dependent on the individual and the reasons for which it manifests.

Shield of Protection

Calling your Spirit Guide or Angel to place a protective shield around you each day is helpful, but just know, each individual is protected on their own from within if they are working for a higher good that does not involve selfish or personal reasons. There will always be protection of a positive nature from within your own body and mind when the greater good is being brought forth by the individual.

A protective shield does not always come from an outside source. Guides or energy beings from the spirit dimension do not always intervene since the majority of energy and action takes place from within you, whether you realize it or not.

Calling it something that happens outside of you by another force is possibly easier to understand, just know that almost all protection comes from your actions, commands, thoughts and beliefs. Nothing good will come to you if you don't believe it first. Negativity will not join you unless you call it or bring it forth with your own negative actions.

Silver Cord

All energy beings (souls) who incarnate into a physical body have what is termed a 'silver cord' connecting it to its etheric double. As long as this connection is maintained the etheric double can visit places of interest in this physical dimension or even other dimensions for its learning process and remain attached to its human body. Sleep is when the etheric double does most of its traveling and wondering to different places of interest for its benefit.

Sinus Cavities

Do our sinus cavities serve a purpose in psychic or medium skills and abilities? If so, what do they do? Does being congested, having a cold, or having allergies change this in any way?

These areas are intensely sensitive to energies. It is also important to know that the energy and light from the sun directly affects these areas. These were placed within the physical body in these areas because of their ability to be in the sun as it relates to the sleep and waking cycles of a person and therefore receive more energy through these areas because they are in direct light while the person is waking. It is important to say that these areas are receptors and antennas. They are not

simply a method of filtering your breathing air. They serve the function of a reservoir of energy while the skill is needing it for interpretation or as a full reserve to experience the sensations and to use the qualities of a particular skill that has been developed in a medium or person that is able to sense and perceive beyond that of which is widely acceptable on your plane. They do not receive information that is harmful, though they are able to interpret the energy of others and may act as a warning. Negative energy and information is not supplanted in these areas and you do not need to worry about harm. You cannot be harmed in these areas. That is why it is important to know that when you experience certain energy or emotions, that is to say, when your mind experiences them, they are not yours. You often can experience the energy, vibration, or emotional state of those near you, as well as those at a distance, those not directly in your presence because of an ability to connect through the many forms of energy and medium skills and healing. It is important to notice their placement, they are directly over the brain and are direct receptors, as are the eyes, of that which is being seen and experienced by the body. On a much deeper level they interpret data and energy much more than what is on the surface and visible to the eyes. These areas are unaffected by hate and anger, they are only able to sense them. They are able to sense many things and often bring this energy in the form of an emotional or physical response process within the brain. Please know that there is much focus that should be paid to these areas. Many parts of the body were only discovered prior to many beliefs held by current society but current society has not reexamined much of the body in order to understand its purpose and function by today's methods and interpretations. Today's understanding is still that of prior misunderstanding. These areas serve the same purpose as many might consider the antennae of insects. They can be filled with energy by that of spirit; we can bring energy and gas, and chemicals, to these areas for your development, to balance the body, to develop an ability in you. To bring about a deeper level of trance. Often there will be a sensation in these areas as though one has experienced a sun burn or has been in the sun through them

were only in an apartment or dwelling. This experience is because of the energy that was used and is similar to that energy that is delivered by the sun. There is much manipulation here, not for negative or personal gains, but there is much here that the human existence does not know and takes for granted, and therefore much intervention is needed by those with the knowledge, those in the spirit realm, to balance and correct these areas. It is possible at times that these areas succumb to sickness because of sensory overload within a body or existence that has not yet adjusted to the sensory perceptions of these areas. It is also simply just a matter of physical imbalance that causes these areas to be irritated and filled with mucus. In most cases these areas being infected do not impact your ability to conduct your usual routine, your practice and utilization of your skills, only when they restrict, prevent, or change your breathing, which also changes the blood flow and rhythm of the body – that is when these areas can be impacted. Many can experience some degree of all those possible interferences that you have mentioned and never suffer a need for rest from spirit while resting the physical body in order to recuperate. When you do experience the need for rest it is important that your use of mediumship abilities do not interfere with your physical rest and wellbeing. Simply because the skills and qualities and senses that you are using do not appear physical they still impact the body in much the same way as any physical activity. They can change the energy levels in the body and this may pose problems when healing is required or rebalancing to allow health to return to the body. As chakras dispense energy, they serve as possibly you could call them miniature heart centers for the manner that they spread and dispense the energy through the body as the heart does with blood – that is the manner in which your sinus cavities, those contained within the structure of the skull, spread the energy to the brain and pass messages back and forth from internal to external and vice versa. Do not worry that an infection has made these areas less able to interpret data or less functional. There is little that is stopped in an energetic process because of physical mucus. Some energy will always flow through any physical form and much more energy can be

supplied if it is something that is hampered by a physical passing through in order to reach an area. The breath is what should be focused on when one is concerned fi their health may contribute their communication or other skill negatively. The breath has the most direct impact on your physical health. Diet is second, but as the natural process are concerned, the breath affects many rhythms and cycles, all must breathe, no matter their diet or other variables, the breath is always required, and respiration is the beginning process of the cycle within the body that regulates many things. These things being in top physical order should dictate your use of your perceptions, skills, senses, and other abilities when considering actions to take while you may be in an imbalanced stage of physical or energetic health. Sinus cavities can be cleaned using water, they can also be aided by hands on healing, the healing of mind, or the healing of distance healing. These also serve to balance the areas and empty them from any cause of inflammation and empty them from any excessive substance. Much of a person's perception of another is by sending and receiving information that is expressed through these areas. It is not always the expression, the physical outward view of the emotion that a person perceives in another that makes them react in a certain manner or behavior, it is the energy being expressed through these areas in that one person that rare being received and interpreted by the viewer that have the greatest impact. Much is connected within the human body and within the human head. There is much that is known about the body and how all processes relate to one another. There is less known at this time about all ducts, glands, and connectedness and passageways are all interrelated within the skull, the brain, and the head. There are many physical secretions that use these areas but there is much for energetic exchange within these forms. Expression on many levels and receiving information takes place within these areas. It is only by experiencing the exchange that occurs between all senses, their merging through connectedness in these passageways, that an experience is truly felt. The true nature may be missed because it is only felt by what is directly and immediately available to the degree that a person is aware of their senses. Most often these are only the

physical sense. Records are maintained of these experiences so that they may be understood later should they have been missed while in the physical existence. Do not use any drying substance on the glands or ducts within these areas or within the body. Let excess be expressed naturally when there is an imbalance. The excess must be passed in order for balance to again be achieved. Balance cannot be forced, though much is not done by medicine to balance, it only masks. Masking these problems does not help them to alleviate the imbalance in the body. It is true, the body must now work physically more in order to bring forth a change because it is now working through tougher conditions, not just walking up hill, but now scaling a mountain because of the medicinal interference. It is possible to take a natural plant substance to prevent further infection, however, if there was balance in fluids within the body, balance within the diet, these substances would not have to be taken and an infection would not be a concern. In that situation, the fluids could pass freely of other areas of balance were maintained. There is also fluid exchange to and from the body with these cavities; energy is exchanged which also gives the impression of fluid exchange because of it. Dryness occurs because of this. Fluid, water, it is important to maintain a high quantity of this with regularity, within the body.

Soul Mates

There are soul mates in your sense of what persons or people return for the purpose of interacting specifically within one another in a specific lifetime. This does not have to be a long-term interaction or a significant interaction, only that the interaction occurs, by both agreeing, and by positive consideration by those above you.

There are some who are soul mates who are engaged on long term relationships and others who are short involvements in your life. The purpose of these relationships range the full spectrum of needs, emotions and purposes for development or receiving an experience. It is important to know that simply

because you are soul mates does not make you lovers. You can have friends and colleagues who are soul mates.

Soul mates can refer more to your similarity in progress that has been made through your development as a being of energy, your true self. Though, it is possible that there is a link between beings that do not reside in these areas of existence within your true home. There are soul mates who work together on progress, often these can be groups, not limited to just a singular pair.

These groups work to promote and motivate, or help to understand the experiences had by the group for the sake of evolving and as you might understand it, educating each other for the purpose of ascending to a higher frame of knowledge.

It is possible that significant or insignificant relationships also be of your own free will or those that were destined to happen or created to happen for your experience, or even by chance, and that those individuals share nothing in common with you on any dimension. Though, in many cases, in order for a successful long-term relationship of any kind to take place and be maintained there is often a meaningful accord between the two beyond the physical realm in which you currently reside.

It is important to see that there is much change coming at this time and that there are those who are destined to have greater roles than others. This does not mean that there are no soul mates or that we are all connected any less than what you have once thought. It is important to see the light that is coming to you and is always available to you.

Free will or choice or that which is determined, however loosely, before you arrive, these are the things that make this existence real to you. It is important to engage in all things as though they were true and for your highest good, simply because you do not immediately know, it is important to take on all things important to your evolution as though they were bringing you up to the next level of progress.

Spirit Dimension

This is the true home for ‘energy beings’ or those known as ‘souls.’ These are the same beings that incarnate into the physical dimension and take on a human form for learning and experiencing that which cannot be obtained in the spirit dimension.

Spirit Doctor

Also called the Guardian Angel, he is the main energy being who oversees that life you are now living. Calling them ‘Doctor’ in the world of spirit is the same as those on earth who, for example, would hold the title of Doctor of Philosophy or having a PhD in a specific discipline. Their job is to assist you with completing the lessons you programmed for this life experience. Making sure the lessons you chose are placed in your path, whether you learn or do not learn the lesson is up to you. If you fail to learn a lesson, your Spirit Doctor may place you in a similar situation(s) to give you more opportunities to experience and learn the lesson you chose. He will also supervise how and when the other spirit helpers may or may not interact with you during this human existence. When you cry out for help or for immediate assistance, for example, he is summoned and will assess the situation and take action, if required, depending on what you programmed to experience.

Spirit Message (Reading)

This is where an energy being (spirit) in the spirit dimension conveys to a medium in the physical world information for those individuals who seek knowledge/wisdom or communication with a departed relative and/or friend and the like. This type of communication is known as a ‘reading.’

Mediums bring forth these messages from the spirit world through many different abilities; such as clairaudience, automatic writing, etc.

Suicide

This is no different an exit from your dimension than any other manner of death. This, as others, is a physical action manifested from the thoughts and stress that persist on one's mind. These can be overcome, and if not, there are many counseling sessions and advisements when that soul returns home so that they can understand what torment they felt they were experiencing.

Often times this is a young soul, not many human experiences, and this is something they must overcome in order to continue learning in the lifetimes of humans. This is no more or less negative or positive than any other action taken on the earth plane.

Trial and error, education does not always come quickly, learning by doing. Living the life is how we come to understand and know it. Self-inflicted death only returns you home, but know that you will live again in a human form once information had been passed to you so that you can again experience those same conditions and allow yourself to grow.

You choose these things in your path and you can overcome them. There is no cheating and giving of more information in an attempt to stave off suicide in the next lifetime, for not much about the energy existence is at first readily available to you when you return. There are some ideas and knowledge that is in harmony with all beings who are not completely engulfed in nonsensical ideas on the physical dimension. Those who have greater information of spirit or those who involved themselves in it may also see it as a tool for overcoming what they fear are overwhelming circumstances. Those situations are only to provide a specific circumstance for that soul's development and to experience that certain set of situations.

Tarot Cards

These cards are useful for speaking the mind of the medium or psychic that is using them. There should be an instinct at work that brings forth more information once the card is viewed. There are those not working with guides and there are those working with guides. With guides' manipulation can take place to bring forth the proper messages in order to then connect and trigger the medium onto further information.

Yes, tarot cards can be used to verify information. Though, those who are simply flipping cards and reading their prescribed meanings are not necessarily giving great or in-depth information.

These cards can provide accurate information if a connection is made with a higher being or one is working with that soul. There is much that can be brought forth with tarot cards, but many mediums do not realize that they can move beyond this method to give direct information from a spirit being without any interference. Some mediums though will not move passed it as they are too fearful of inaccuracy or are unaware that they have this ability.

There are many who will give correct information, but it is important to have thorough knowledge of the deck of choice and ensure that this deck is attuned to your vibration. These are not card games and should be a serious focus and endeavor for those who are willing to study it intently.

Tarot cards were brought about as a means to trigger the mind with general expressions that are more aptly applied to the situation or question at hand; though those who have a direct connection to spirit will know that there is more information and guidance available upon seeing that card as they are often imbued with further information. Whether they realize it or not, they may be giving it as what they feel is personal counsel but is often an idea, thought or sentence that was given to them by a power much greater than themselves.

As with all communication and guidance it is important to work in this field and focus your attention to it. Greater information will come to those using them that will allow them to move on. There should be a set schedule of study and

practice to allow further development. There is no reason to think less of this manner of communication so long as you are aware of how practiced the tarot card reader is and their focus and attention.

Accurate information is not always had from a person in this lifetime who merely reads these instruments a few weekends per month. Greater intuition is at play for those who are using them though they should ensure that they are reading the situation from a different vantage point and not the energy of the questioner who is simply thinking of that situation.

A great change will come that will unlock greater potential and make those aware that they too can have communication with spirit. Many do already but do not realize that these are not their own thoughts. Seriousness is not the point; experienced is the purpose in order to fully engage in the higher information.

Telepathy

In the spirit dimension communication is accomplished through telepathy. Pure thoughts are transferred between energy beings. There are no misunderstandings or misleading information transferred between energy beings; unlike the spoken word in the human form where it is common for misunderstanding and misleading information to be conveyed.

Telepathy is simply pure thoughts being sent and received mentally without the use of the spoken word. Humans do have this ability but for lack of understanding rarely use it.

Ten Commandments

God, the 'Source of all Life' never gave to humankind a set of commandments to live by. Such commandments would have negated the Soul's use of free will and limited their ability to create while in the human form. The Ten Commandments were put into the bible as a control measure

by the ruling religious authority of the time in order to control the uneducated and superstitious believers.

Terrorism (USA)

This nation, the United States of America, in the beginning forged itself into a country the world could look up to as a positive role model. It stood for freedom and democracy. Many outsiders dreamed to one day become a citizen of this great nation, where freedom and liberty were given to all. Yet, as time has passed, this great nation has fallen into great decline; the very soul of this nation has become spiritually, morally and ethically bankrupt.

Greed and corruption are common place in your government of today, and many no longer question it; they simply accept it as a way of life. Powerful groups who stay hidden in the dark shadows control your media and your government. Your elected officials no longer represent the interests of the people and seek to serve their own self-serving agendas; and this you allow without question.

America has become a nation of 'sheep' so to speak, who have allowed themselves to be governed by 'wolves.' How easily and quietly, you so-called patriots are led to the slaughterhouse. This once great nation has many signs and placards today which adorn your homes and buildings saying 'Land of the Free, Home of the Brave.' Yet this slogan which once carried truth now could easily be replaced today with, 'Land of the Enslaved, Home of the Fearful.'

America has become the true exporter of terrorism around the world, and you, its so-called 'good' citizens ignore this. It has even used terrorist's acts within its own borders to gain control over its citizenry; through these fear tactics it has enacted laws to restrict the very freedoms that were once the hallmark of this great nation. Yet you ignore the truth and look the other way. Your coinage says, 'In God We Trust' but that is no longer true. You do not trust in God, in your country, nor

in yourselves for you have replaced that trust with fear, and allow those who create this fear to govern you.

What part did the U.S. government play in the 9/11 terrorist attack on the Twin Towers?

There is much that has been covered up. There was a direct influence in the attack and it is not by the ignorance of pre-given knowledge as many keep repeating. This knowledge was conceived as a method for conveying to the public the reason for the atrocities. To think that ignorance is a better excuse is unbelievable but many on your plane are much happier with this information than with any other excuse or reason that could have been disseminated. Using this excuse, the government should have been fearful that more public outcry would have been experienced as many would have lost faith. Many believe any story that is put through the media and repeated like a mantra, over and over again. It becomes difficult to ignore the stories, many will doubt the truth that they know in their own minds because they are faced with such overwhelming influx of information supporting the cause disseminated by the government. There is reason to know that there is much done to bring the focus on the people to peace rather than focus on the reasons and motivations for this attack. It is our concern for you that many will be alarmed and peace further from the obtainable future because of the reasons that can be mentioned to you about this attack. First, to say that the reason is obstructed or hidden is not true. There is much in plain sight that is the reason for these acts. There is money, power, and control by implementing the use of the army. Control here at home, reasons and excuses for control of the population, rationing, giving up liberties. There is much involvement overseas in an attempt to gain control, in an attempt to gain allies, but these are not allies that we will gain by mutual respect for peace and order. We will be receiving greater numbers of allies to the U.S. because of the deals and talks hidden from sight, through force and unclean tactics. These are not truly allies as their own interest as well as ours, is what each country seeks to improve, not mutually beneficial. It is important to know that there was much done to attack the

Trade Buildings prior to this seeming attack and this is why this area was chosen, it was not necessarily for its symbolism, only those who attempted to wreak havoc on it prior to 9/11 attempted so for its seeming power. The attacks blamed on those you call terrorists were done so because of prior engagement in such activities that there is a story to convince you that such atrocities were possible. There is much regarding the alleged pilots and victims. There are only cover stories. None were truly on the planes that hit the towers. There are many who have conceived stories to make the scene more tragic, believable, and convincing. Know that those in the buildings were truly attacked, but those in the plane – these are not believable stories because they are untrue. There was no attempt by others to stop these flights because there were no persons on board to stop them. There was not an attempt to subvert these attacks because it was necessary for them to take place to implement more control within the country and abroad. It is not readily acceptable by you for more specific reasons and means. It is important to know that there are some who are involved in government now who are plotting similar deeds for the sake of convincing the populace of a looming terrorist threat and an attack will be blamed and they will be accused of it. There is much done in a domino fashion, American government seeks to implement control, but they also incite further violence because of the fury held by those who are the alleged attackers, though they've done nothing wrong. There are many who speak against tyranny and the large populations labeled as terrorists only hold differing views, much as the world did in the many hundreds of years as this society was building up around the world. It has been the history of man to persecute that which stands out. It is not merely those societies within the world that the U.S feels are more controlling that attempt to do this. In every area of the world there are many reasons, there are many people that attempt to stamp out differences. Often times this same act occurs indirectly because the populations have been molded to believe the popular consensus. It is important to know that the rights and thoughts of the individual should be maintained after their own critical thinking and careful evaluation brings them

to a specific thought or belief. Standing for your beliefs is crucial and important to many who return many lifetimes over for simply living life as an idle person and not actively seeking truth of any true nature. It is important to know that there will be many who will come to know the true nature of these attacks and the true grandeur of the stories and telling of cover stories by government, not just within the United States. The true nature of many things will die with the last life that was involved in the atrocity, know that more information can be revealed later as more will become acclimated to the possibility of this alternate view, as they see it. It is important to know the truth, we thank you for bringing it to the surface where more than just a few will see it. Begin seeking the true reason for events, do not become overwhelmed by the sheer number of events that are given false motivations, only seek to reveal these and make it available for those who wish to read it. Tracing the relationships of those involved often paints the clearest picture. Your doubt is most often correct in these areas.

Was the Pentagon hit by a passenger plane or by a missile during the 9/11 attacks?

This information is concealed by the United States government. It is not for us to disclose because of possible raising of standards in terms of secrecy and the control it exerts over the people of the United States. It is imperative that you understand that this information is not the same information that is widely accepted and there have been many who have discovered the truth. The confrontation between those who accept the mainstream ideas regarding this subject and those who believe there is an alternative answer will meet in the public spaces in due time because of the anti-government sentiment and those who cling to it will do so with an incredible zest. There will be confrontation between those who do not wish to be oppressed, by those who are able to live in harmony without the aid or oppression of a large government that is seemingly there to aid and assist you though the reality being that it is merely a method for control and keeping you in your present state. It is important to know that an explosion did

occur. There was an explosion by outside and inside forces. These were controlled in an attempt to make the panic and fear more widespread. There was not an attempt to conceal the fact that this was not a terrorist attack until after the event. This is why there is so much controversy in the accepted reason for what has happened there. This reason was formed, on the fly, as you might say in an attempt to create a story that completed the day of terror in conjunction with the other attacks that occurred on that day. It is important to know that there is much still concerning the day of 9/11 that will be exposed but it should be noted that the absence of information is what is crucial and will drive others away from the government and the trustworthy persona that has been held by many since the early days of the controlling persona. Be aware that not many will be concerned for the exact reasons, be it known that there was some outside influence, some outside cause, this was done only to distract you and to later, control you. The precise means are not important, the responsible party will be compelled to share information as if they were not the ones who were orchestrating the events on that day. We can say at this time that it was an attack from within the building. Figuratively and literally. It was not an outside force or implement that caused this destruction. Simply isolated attacks, individually, would have been tragic, but several incidents only add to the chaos and the legitimacy of the story of terror and terrorists, and fundamentalist ideals as the core reason for the attacks taking place. It was not by any of the means or methods or even men mentioned in reports that these acts were carried out. These were not men who benefited from the attack, the men who carried this out were strong-armed into doing so by higher authorities and those who were blamed were not existent. It was not possible to create a control and inhumanely waste the lives of many on said planes. There are many who perished, but any plane that was used on that day did not succumb to death. There was emptiness. There were no deaths from being a passenger on a plane. There are many who are in power who believe that these attacks were by outside forces, they will also cling to these ideals because they do not believe that the government that they work within would be controlled by a

group of individuals who are not elected. There are many who still have morals and values that they hold fast to, but many will need to be broken from this in order for the truth to be found. Know that there will be no truth by following official channels and means. It is important to know that many believe a story because the information available is what they base their beliefs on. Simply because it is available does not mean that is the entire story. There is much creating of evidence, withholding of evidence, and misinterpretation by the media figure and those in the public that receive it. Many people know only pieces of information if they are part of the machine that creates this information. The sum of all the parts together will not be realized for some time now. It is not readily acceptable that any such group or force would behave in such a diabolical manner outside of an entertainment show. There was no gunman in the grassy knoll. It is possible to operate outside the control of government and not to be caught up in the storyline and plots they insert into the media. It is important to know that beyond small town, extremely small town local government, where there is community cohesion, there are no truthful governments. Many are only driven by greed and power, albeit on varying scales. There are many ways that the governing few silence or ignore the people they have been elected to serve. Differing views are not often heard unless it is the controlling party's controllable opposition. They will assume the story line that is in opposition because they can offer a rebuttal that they have prepared. No critical thinking rebuttal is permitted in the public sphere because government cannot immediately defend its position under most scrutiny.

Testing

There will be times during your lifetime when you will be tested. These tests were programmed into your lifetime by you before you entered this physical world. No one else tests you; you are the only one that causes doubt in yourself. Your old memories will bring you through what you see as trying times.

There is no danger, only experience which comes to you in the form of programmed tests. The human language has many words to describe types of experiences. When in reality they are all only experiences; no good or bad, just an experience. You went through it, and then you think about it. What should you do? What did you do? Are you okay with that?

Tests come in many shapes and forms. Just know God loves all his children no matter from what country, culture or race they hail from. All are loved unconditionally as his creations and he holds no one above another. All are seen as equal souls in his eyes.

Praying to God to strike down one you consider an enemy is asking God to kill one of his own children. No prayer is ever acted upon by God if it involves destroying one creation at the behest of another.

Murderers, child molesters, rapists, etc.; Do they deserve to be punished for the rest of eternity, to be damned to hell? If you answered 'yes' you have failed the test of understanding what true unconditional love conveys. Open your soul to love and forgiveness or you will have to experience many, many lifetimes to learn a simple truth. That we are all connected through God to one another.

Try to think on a deeper level and see things through the eyes of our loving God. There is no right and there is no wrong, replace fear with love. You will see all that happens is for the advancement of all creation. You cannot harm or punish another without harming or punishing yourself.

The time will come when humankind will comprehend what the 'Source of all Life' has given to them. Once they comprehend the true meaning behind these lessons and experiences, humankind will once again become enlightened.

Time Travel

Will it ever come to be that time travel is possible while still in your physical body?

There is presently a type of time travel available to all beings in existence. It is not a huge feat that you are able to go in your true body, even as solely your mind, and experience first-hand that which has already transpired. You will come to understand this in greater depths. It is important to know that in reverse you must not deviate from your time line. There are many events taking place and many concepts of time which you do not currently study on your planet. It is must more important as you seek to know the future. You will not know the future in the sense that you may go there, alter it, and become a millionaire when you were going to be homeless. You can see the impact of things, but you will also come to know that one change in the road can change the future in extreme ways. Not negative ways, nothing is negative. But what seems trivial to you can impact the future drastically.

It is important to understand that you do not need your physical body as much as you feel you do. There are many actions that further the thought and behavior that you are a body with a mind. You are not simply operating a body. Your mind will go forever, you are never-ending. It is not news to many who have always felt this, but there is much beyond your current senses that you are capable of experiencing. There are many who have experienced these things before on your plane but for the sake of the history lesson, understand they are returning and there will be new skills and abilities that will also be wildly accepted.

Time travel, as with any endeavor, must be pondered and your motivations studied before it is undertaken. It is important to understand your personal motivation for doing so. Do you simply want to prove that it can be done? Once you have proven the ability and ease with which it can be achieved, what are your thoughts once you begin viewing previous events? What do you hope to gain? What do you hope to achieve from knowing the future events which may take place? Understand, in all of these questions there is no right or wrong answer, there is also the ability to view events objectively and subjectively. You can experience from specific perspectives, others are an overall view. It is important that you understand that it is not simply a matter of hopping in a time machine and

entering dates in a computer so that you can see prehistoric earth. It is important that you realize there is much importance in your intention and motivation in regard to all actions. It is not a monopoly that some have over oil, this is not how the ability to travel shall be. You can currently do these things and therefore there is no monopoly. None can obtain and maintain power unless it is given, willingly, by those who once had it.

Trance

There are seven levels of trance an individual may experience, from a light trance all the way to where an individual allows an Energy Being to take total control over their body. An Energy Being can come into total harmony with the vibration of an individual's brain pattern, and at that juncture they can completely control the speech, and all other main faculties of the Medium with their permission. That in turn allows the Energy Being in the spirit dimension to communicate directly with those who are present in the physical dimension. At no time while in a state of trance does an individual's Soul leave its physical body.

True Prayer

Prayer is simply a matter of your true intent. Select your outcome; envision that outcome as you would enjoy it coming to fruition. Ask that positive energy be sent so that it is done. This is the same manner by which healing or other energy is transferred. You can send energy to the problem area you seek to change or resolve. You can repeat your statement of intent in your mind as often as you wish. This will radiate out from your body and deliver the energy into the universe. The fact that your mind is power that constructs the universe around you, this is doing the same. Your energy emanates from all around you.

Just know that some things will not be interfered with and there are some that may ultimately change because of the

positive energy directed by you and others towards it. It is only necessary to speak the positive outcome you wish. It is only necessary to have in your mind the vision of the completed outcome that you wish to achieve.

The asking of prayers for others is as simple as asking for prayers or positive outcome for yourself in certain situations. Simply settle your thoughts on the outcome or action you would like to see and visualize this energy leaving your body and affecting the universe for the positive development of this event, action or feeling will contribute greatly to it. This act should be done with all thoughts you hold true and visualization helps the physical body and the physical mind perceive the true nature of what is attempting to be created.

It is not always necessary to visualize, simply settle on your true intention, your desired actions and outcomes. The energy will be released simply by your repetitive thought energy or words spoken. It matters not how this outcome is affected by your energy if it was never meant to be.

There is much that relates to some general and basic plan, and goals can be met no matter what path you take, they can be received in many forms. So, fear nothing of skewing your original purpose in this lifetime by altering an event through your power of thoughts and energy. There are some that will not be changed and others that can be changed. Realize that for some, no matter what energy you wish upon them, there will not be change until they are ready for this and accept it and desire it. It should be known that there are many who are positively impacted by your prayers and energy even though the desired outcome is not presently visible or measurable.

There is power in numbers. There is great power in groups of spirits who wish the same positive outcome, though in some cases, it is not possible to intervene because the will of so many is that someone be saved or otherwise from some act or timeline of events. Simply see yourself as you wish the events to take place. Radiate love into the event; radiate the vision from your body into the world. Allow these things to be expressed by you and they will flow more easily into others when the situation is desired.

Appreciation of those things which have manifested only serves the higher self as it is seen that you are not dabbling for the surface's sake; not addressing a cause or issue simply for vanity or other impermanent reasons. To appreciate an outcome or situation is to be able to rely on this in the future.

Thoughts are no less ignored simply because gratitude is not shared, but appreciation of such gifts is important. This is much in the same way that one should appreciate the senses and everything in their present world. Allowing full appreciation allows deeper understanding of the true nature of that which is appreciated and the reasons and purposes for it. You know the reasons for your existence but there are many intricacies of this. Appreciating each aspect of yourself only shares into it the greater energy and understanding that has come with your full awareness of this.

Appreciating something, an aspect, an emotion, appreciating this in another person only serves to amplify this in you and within that person. Simply by your perception it is amplified and through the energy exchange process. It is important to earn all things that relate to the senses and the body and allow them to be experienced. Do not become a mind on 'autopilot' for this process may lead to deterioration in these areas when attention is not paid to them.

The correct prayer is the one full of universal positive creation, that which is done without vanity, without attempting to change the events for personal gain and selfish interests. When those reasons are the motivations the desired outcome may be reached but there are other areas that will need to be addressed. This is often why it may appear that luck befalls many people only to have one problem after another after another. They may also give you the impression that their life is running smoothly, and you may view them as being very fortunate. You are all fortunate, but there are some who hide the strain that is present in their life because of the 'ill gotten reward' lessons for each individual appear in many forms.

Each has free will and often the lesson or teaching situation is tailored to that specific lifetime and specific instance. Simply because you choose a differing job than what you first

intended does not mean that you will have missed on some opportunity or lesson. The style can be changed so that it can still be implemented. Some feel they are trapped and this is not the case. Free will dictates many things that you do, many situations are still present because of the purpose of your lifetime, but many events take shape based on the decisions and actions and energy of the person living that life.

It is important that if you are asking for protection of another, for the healing of the earth, that you simply send that energy with your mind, with your thoughts, your works; you can send this same energy as you would send healing to any person, thing, object or situation. Healing energy is not the only type of energy which is channeled by humankind. Know that each emotion is energy and each emotion, the energy within it, can be sent as you would send healing energy through you to another being.

Anything can be sent; the emotion, the action desired, the energy associated with it in its truest form and purest form can be channeled. It is important for all who will read this to know that you are not required to enter a trance state in order to channel. Simply meditate on the energy and send it from you. All humans can channel; most are channels for their own energy without being aware of it and therefore cause actions and reactions without being aware of their direct affect on their own lives. All can channel energy to others and all can receive this energy.

United Nations

Does the United Nations serve any true purpose?

They provide peacekeeping efforts on a very small scale. To what extent do you consider them successful? When I was a younger soul I observed militaries of the world. I observed how they impacted various regions, cultures, how their purpose was often touted as peacekeeping. Look at the many military powers of the world. Do they engage in support or troops with the UN? Do they adhere to the sanctions or guidelines of the

UN? What makes any organization powerful, and therefore merit granted on your plane, is the willful compliance or adherence to a set of rules. This group attempted to provide security and peace through discussion, but even at this time there is a great deal of corruption within negotiations and the implantation of its forces. No military can bring peace on a global scale. Maintaining a military will not maintain peace. These are maintained now and there is still discord. No skewed sanction can provide peace and security. Many of these opportunities or obligations created by the UN are very one-sided or self-serving for a specific group of specific countries or powers. It is in your mind the various conflicts that have occurred where a military engagement brought violent ruler to the end of their reign. Please consider this a physical manifestation. What is left at the end of this conflict are not two parties who now agree on one method of thought and idea. In the end of this conflict opposing views still remain. It is not by violent force that any lasting change will prevail.

Universe

This universe is here for your enjoyment, for your learning, for your development. This is a place where trial and error can be exercised. Much learning in any physical or energy form is done so through reading, but much more is grasped and carried out when a form is placed within a situation and made to exercise judgment from within the confines of that reality.

There is much learning understood by reading on the theories of existence or the reason for any specific function you wish to learn. It is only by immersion and practice that you gain true knowledge and experience and the wisdom of those who have gone through before you.

There was a need for those in energy form to experience this world and to exercise judgment. Judgment is multifaceted and an important part of your creation and deliverance to higher realms. This place of learning, it is of importance to understand that you are not isolated from any other dimension while you are in this physical world. There are many who

travel between each area and there are none who are untouched or unrelated in terms of travel, ideas and the energy that reaches each area. All are related, all are in a cycle that is entrenched in their own creation.

It is important to know that there is much taking place on each level. That the goal is to learn and move through trial and error; not simply for repeating knowledge that one finds necessary because of the requirements of the position or how it could be considered repeating random facts within an academic classroom.

This is not the purpose; the purpose is to acquire true knowledge, to interact with the world. Each soul is a creator in their own right and this also allows you direct and immediate contact with these abilities, though there are many through the process of their learning, who are equally involved in destruction. There are many attributes which still exist between your existence in this field and your energy existence in your true home. Many of these relate to energy thoughts, actions and abilities.

These too can be used in your physical existence. There are some things that are more immediate because you are in a physical existence and there are some things that a greater time span is considered when implementing your thoughts. This allows for true reflection, greater interactions between entities and so on. There is not a place in the world that is unjust. There is a need for you and others to raise yourselves and those around you so that there can be a change in the way this world is perceived. There is a time when you may be concerned you are 'behind the times' in terms of evolution of ideas that are barbaric.

Look at how many in the U.S.A. who are focused on materials view the circumstances of less fortunate beings in Africa. These same views are applied throughout the universe and throughout each dimension and in between each area. There is an understanding needed by those on every level to achieve and understanding and an independent unbiased attitude towards giving and receiving love.

While there are many other energy beings who have evolved to a much higher state concerning this ability, there are

many who have not. These goals have been established only by you for each individual in conjunction with the ability of each creator and higher being in terms of involvement.

It is important to learn about this place and how to interact with it. There is much that can be done to save many from grief, but it will only happen when those who are focused only in their immediate area remove themselves from ways that make them different to others on very small and even grand scales.

There are enjoyments here and they are allowed to be experienced. Simply because a man enjoy games or alcohol does not make them negative experiences. Many have great work to do and for some these can be hindrances and should be avoided, others seek comfort in these things. For most, any activity can be experienced as part of your goal as to learn and experience all that there is to learn while it is within your reach in this lifetime.

There is no need to shun; many of you are doing this now. Moderation is the key. Much is done to excess, but there is much that should be experienced to a greater degree. This place is to learn of these things. There is much that takes effort, creating harmony takes effort. Learning all there is to learn takes effort. Many individuals slip idly through each lifetime, but no matter the acts done or left undone, each will accomplish and return with the same level or degree of information for their continued progress and learning.

Leaving this place, you will find yourself surrounded by love, no matter how evolved or unevolved you consider yourself to be. Each area is filled with the love that those relating and in common with you all have. There are greater degrees of this, based on what each has done and accomplished, what each has focused on and what each is intending to complete or place their focus upon.

It is important to know that there is much that can be done while you are not in a physical incarnation. There is much that is accomplished while you are simply an energy being, though there is much that is considered perfect by you in this place which you do not currently reside.

Universal Creator's

Does each individual universe or dimension have its own creator?

Each area of planetary living has been located in such an area that each domain is watched over, tended to, and life and energy brought forth into it by a creator for that specific realm of existence. This is not to say that there cannot be more than one entity infusing power and direction into the life and plane of existence, but there is only one single being that is responsible for its ultimate direction no matter what other entities or life forms may inhabit it or cross from other dimensions to assist with that dimension's existence. There is one lord, or god, or creator that then observes these creators and can assist them. This is much the same way that many groups of people delegate power to accomplish a common good. No one person on your plane can watch a massive area or oversee the production of a very complex event or complex item, this is the same for existence as you know it. There are many assigned to watch over your area, there is only one to direct and become responsible for its driving purpose, its mission, but then there is the Supreme Being which is then responsible for all life and all dimension.

Universal Laws

The 'Source of all Life' or that which many call 'God' gave his new creations, specifically Soul's, a life force of their very own; that of conscious awareness and limited free will. That in turn allowed them the ability to create independently from their creator. These souls were provided with what are termed universal laws which operate differently on each level of consciousness. These laws were set into motion by God to assist his new creations in understanding their new ability. God's desire was for his new creations to become self-aware and then they could become companions and co-creators to God.

Yet along the way to self discovery many of the new souls became lost. They inadvertently trapped themselves inside their own creations. They lost the knowledge and remembrance of who they were and what they were. Through these laws they started on the path of rediscovery; remembering who they truly are and where they truly come from. Reincarnating through many lifetimes in this and other dimensions they began their journey home to the 'Source of all Life.'

There is for our understating laws operating in this physical dimension which are called natural laws that are operating here on this planet (Earth). Once the basic laws are understood by humankind the term 'miracle' will no longer have any meaning. What some may call divine intervention is simply occurring within the bounds of Gods natural and universal laws operating in this dimension.

U.S. Dollar (Currency)

Will the US dollar stop being the reserve currency for the world in the very near future and will that trigger riots/chaos in the US? Would Marshal Law be declared?

There are many schemes devised for the disruption and the continuity of daily life in the United States. It is important to say that the dollar is not the strongest currency in terms of reliability and economic production. There is a great deception to perpetuate the myth to the American people, and even those that report on it, that it is the strongest and most reliable currency. There is a method for calculating the structure of industry and its reliability within each economic area. These means and methods to not rely on currency and are more substantial and more accurate in determining the stronger government, stronger economy, stronger production, and the long-term sustainability of a value. Know that in your currency there are many who are going to devalue the dollar by other means and actions. It will not be their intent, but the profit margin within their companies is more important to them. There will be more devaluing and therefore the dollar will

eventually become worthless. What is also taking place on this same time line is that others are realizing that this is not a true method for determining value and it distracts us all from the true meaning and effort associated with each product. The economy is often an arbitrary and abstract thought for many. It is simply the relation of your dollar and what it is able to purchase for you at the market once you have produced some amount of work in order to obtain the dollar. There will be a time when Marshall Law is declared but this is not a widespread problem, this will be very isolated and conducted with the segregation of the media. This is more difficult to do today since there are so many outlets for media and methods for communication between people in various regions. Yes, it was done previously that there would intentionally be no reporting on a subject simply because no information was given or because instructions were given to not broadcast on a topic. Ever more is the media relying on the government for information, they do not wish to gather problems in their future by not complying. There are deeper interests than what is being reported and not reported.

You will not experience this in your lifetime but there will be a degradation of society just as many have seen in science-fiction movies of Hollywood. This is not a negative impact on culture and society, but so much of what you do is a facade and has you so removed from the very nature of the world, that it will happen simply because there is not enough in terms of tent poles to keep the tent up which was built on a solid foundation but is now controlled for ludicrous means.

The method of buying and selling and using the dollar will become less important for many. Just as the rule of law has become unnecessary and in many cases the government even being supportive of the people, it will be less about global monetary value in the very near future.

Visualization

This is the simple act of seeing mentally what is desired. Positive changes can be manifested through visualizing an

individual, place or event. Visualizing the end result can produce a positive 'thought' which will then manifest into the physical world. For example, visualizing yourself in a state of better health can foster a change in one's desire to be stronger and having more vitality overall.

Walk-In

A walk-in is a being who is here temporarily. As they term implies, there have been many who are here temporarily, who do not experience birth and death, who are here simply to experience a duration of time for some specific reason. It is necessary for many to accomplish these things in the manner that they do for their own growth and development but often when something is owed or undone from a previous life on which something greater depends, it is necessary for a being to bring into physical being this action. There have been many instances when a walk-in intervened in an incident and later was never found or seen again. This is often an example of a walk-in. It is not some great mystery. Life by physical means is simply a matter of bringing together the correct particles and atoms, and ions. It is not a matter of the stork bringing into existence the necessary arrival.

For many it is also possible that some are living as a shell of an existence. What we mean is that many are living without complete function over their body. Many are living passively, and so much so, so careless, so passive to their life, that a being is able to use their body in a manner beneficial to someone around them, to intervene, to, for a moment, inhabit the body and then leave again without the full taking over of the body in a long-term human physical sense. It is important to know that this is not a punishment, this is not a demon, but it is possible for this to take place. For many who reside simply in their own minds and not fully embracing their physical attributes, a walk-in is capable, with all authorities giving permission, to reside within the body and use it for brief periods.

A walk-in is not a demon or negative entity. It is no different than a tree that exists or any other energy being inhabiting any other physical form. It is a method of teach and understanding that which is necessary, often in brief instances and short moments when something must be done in a specific way on the behalf of many.

There may come a time when you believe that you have finished your work, this does not allow you a time to exit unless it has been determined to be a time for your exit. You will not give up the right to your body for another being to enter it unless it is decided that you must exit the physical plain completely. It is not an underestimation by anyone that this can or cannot exist, you will reside in your body, but there may be others who come and expedience it first hand while you are to the side of existence within your physical body. Do not be ashamed or worried that this has happened. It is simply a practice that has happened. You are not lackadaisical if this has happened, it can happen by predetermination. You will not give up your body so that another can occupy it for the remainder of your time here. You will not go before a court to have your place assessed or judged and your willingness to give up your place judged. It is not possible for you to leave your physical body and the being of another enter it.

The sensation that you have disappeared or that of when you leave your physical body and return can cause this sensation and cause some to explain it in this manner, but you will not leave your body entirely for it to be controlled by another.

It is necessary to say that you are not alone in your thinking nor is anyone else alone in theirs, the reason for this sensation, and the reason that many have decided that this practice takes place, the swapping of souls within a body, is because there are other tournaments that have taken place within the body that cause dissociation.

Words of Advice

There is time for action and that time is now. There is no reason to sit idly while there is so much work to be done. You know of distractions; many people experience these distractions as though their whole life should revolve around them. Their sports or leisurely endeavors overcome and consume their waking thoughts. There is so much time spent on unnecessary things. That is to say, more should be done with one's time, though it is ok to find interests, there should be more time attributed to the workings of mankind and your planet, and how they relate to each other, and how they can be improved for the good of all. There is much to be done; work for peace, work for others. A humble soul is far more pleasing than one that flaunts unimportant wealth, assets, or other false wisdom that helps no one but their own ego.

There is work to be done that would require a change in mood, attitude, and personal struggles so that peace can be experienced by all. Communism is an evil word, but we do not aim for all assets to be spread evenly, only that all be given an opportunity for the basic rights of mankind to survive.

Many medicines can be used but only until changes are made so that these problems can be removed from the earth, then one can use thought and mind to control the healing process which is internal only. Peace to all. The rights of others are just as important as your own. There is no need for violence, by action, thought or words, against any other person. They are different, they are no evil. All have same hopes, dreams and fears and all can be accomplished equally.

There is a time approaching when food, money, medicine is what should be sent around the world instead of military force and the war, violence, death and destruction that accompanies it. Your actions are what will spread peace into the world. There is much to be done and your sports will not help your neighbor who is in dire need of basic tenets of life. Helping others is what you are here to do. This help must be by action. Do not cast those less fortunate aside in hopes that they will disappear. You would want this assistance if you were in this situation. What respect and dignity would you want if you

were homeless or living in any other situation that society and mankind deem as less than adequate?

You are what you create and do with your mind. Work is to be as necessary as those who came before us, it does not define us, and it allows us to create a supply of energy so that other things in life can be accomplished. A change will occur, and different jobs will be made available. An economy based on money is not always necessary and when a change happens there will be jobs that are more in line with mankind's goals and helping, rather than personal gain for the person at the top of the corporation.

There is much good that can be done if a single person were to cast off their oppressive ways of thinking and reach out to those who need it. Patience, calm, prayer/meditation, trusting in others; these are the needs of mankind that should be focused on. Not everyone is evil, bad, or out to harm others. We all want basic rights in our life; each person should respect the next as if they were themselves or their family brother. Being on top of the pile in terms of wealth is not helping anyone if you spend it on ill items. Peace. Breathe life into everything; manifest the good by kindness, understanding through all means necessary. Compassion and dignity are wanted by all and should be sent forth by all. No forced beliefs. Illegal is nothing but one's mind shall be the judge of that later.

World War III

The time is upon us that we must share with you that there will be no great future battle, as you know. Is it too much to ask that a great number of holy texts were altered by humans? There shall be no great return of some prophet, there may be future prophets, there are many on your plane now that will begin working in small regions, a few will become widely popular and influential. They will have a key impact on the nature of many incarnations. We do not wish to sound modestly of these individuals, only that they will have some difficulty in reaching larger numbers because of the control

placed over your communications. It is important to see that communication is controlled and even those communications that are not controlled are altered in the mind of the perceiver. They will ally with a specific leader based on image and in the manner in which that leader, through sharing the same wisdom as the other important and true leaders, they will have something such as image in common with the person seeking deeper truths. It will all come together in great time.

‘World War I’ was to teach humankind a much-needed lesson. The Creator allowed ‘World War II’ to come into existence because mankind did not learn from the First World War; that neighbors should assist and help one another through love and understanding, not through hatred and destruction. The lesson from the Second World War has taken root in the subconscious of humankind. Many people across the globe realize the necessity of living in peaceful coexistence, even if their current leaders do not. Many citizens are rising-up to let their governments know war is not the answer, and that they will no longer allow this type of oppression against other countries and cultures to reoccur on the planet. There will be no large scale nuclear war waged on this planet, nor will there be another World War such as the First and Second World Wars. Humankind has learned the lesson given to it by God and it shall not be repeated again for the next ten centuries. After that time span, humankind may or may not once again start down the path of self-destruction through its free will.

Epilogue

There is a need to create peace and end suffering for one's self, your family, your community, and the world. Bringing peace to your own being may seem impossible, and so might that of bringing peace to others; yet know that bringing peace to others is what fosters peace in you.

Simply consider the following; for yourself, focus on what matters to you, but only the things that you can carry from this life to the next, no matter where you believe you may or may not go. There is no need to worry about gathering money and possessions, for they are not taken from this world when you make your exit.

There are those in this world who have far less than you, their basic needs are not met. They need food and shelter. Share with them, not only through money, but by direct action; help your neighbor!

Take time for daily reflection, meditation or prayer (what you call it is not important for it is all the same action, and it creates the same outcome) for understating yourself and for creating peace. Just five minutes a day and that peace you create will spread throughout the world.

There is no reason to force your beliefs onto another person or group. Peace and Love is experienced when each person understands that there may be differences visible to the eye, but that we all are the same. We are all Souls, Energy Beings having a life on this Earth. We all have fears, hopes, and wants; there is no reason for fighting and segregating when we are all truly the same, only born from different position and time on this earth.

We need to let others share their beliefs and world views with us. Not forcing others to believe a certain idea or restricting another's actions, beliefs, or movements. Outlawing, banning, or belittling the mind or thoughts of another only further alienates us from that group or person. Making it more difficult in the future to make amends and create peace.

In worldly affairs, we should respond with medical help and food, not guns and violence. Access to food, shelter, and education will eliminate many wars, and the suffering experienced by many throughout the world. We can each see that we do this as well as our elected officials. We should work for peace; we should be a peacekeeping force.

Start here, start by having patience, start by helping the less fortunate, start by helping those who need basic necessities of life. Focus on your mind, your beliefs, your virtues, for these things matter the most. Open your mind to your potential, the potential for peace and the possibility for love. Look at the world around you and see how much of those already exist. Ride a bike, walk, hike, camp, not simply to save money, or to cut down on pollution, but to experience the complex beauty that nature has provided for you.

God has allowed you this lifetime; no matter what your circumstances, you can create peace and healing not only for yourself and family, but for your neighbor's and community as well. Let us all together spread harmony and love throughout the world!

-END-