

Embrace the Light

A woman's story through poetry to touch your heart

DONNA SOLITARIO

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Poems To Touch Your Heart

As you read these poems
Please let it be known
They are the story of my life
If you look close inside
You will see how others have inspired me
My wish for you is that you will be inspired too
For we are all part of God's family
I wish you love, joy, and peace

My Wish

I wish you love and peace
To find the highest plane of serenity
I wish you joy with young love and ease
As you gaze into each others eyes by the sea
I wish for you, as you grow old
Mature love to touch and hold
Your heart and mind until the end of time
I wish for your soul to arise to the occasion
For a lifetime of happiness and celebration
To feel God's love for all eternity
Passing it on to all humanity
My wish for you my friend is love

I Love You-When

For Payton, Amelia, Nick, and Hannah

When I watch you grow and shine
When we spend special times
When I look at you I see utter beauty
When I am with you I'm happy and free
When I hold you I feel God's peace
When I think of you I smile
When I miss you I'd walk a hundred miles
When I hear your laughter my heart sings
When I'm blessed for the joy you bring
When you sing I hear a symphony
When you dance I see a beautiful star
When you are blue it breaks my heart
When you cry as we say goodbye
When you joyfully run to me
When we play games like hide and seek
When you turn to me and confide
When we pray to God at night
When I help you tie your shoes
When I cherish each moment with you
When you look at me with love in your eyes
When my spirit soars through the skies

Life's Blessing

May you have sunlight on your face
 Upon each awoken day
A cool breeze on a hot and humid night
 Peace of mind as you turn out the light
A feeling of hope as you say your prayers
 Always knowing that someone really cares
A soul mate to hold you tight each and every night
 Children's laughter to make your life bright
 May God's blessings be bestowed on you
 While making your dreams come true

One Look

One look is all it took
One hug had me hooked
One smile touched my heart
One face a work of art
One tender moment reached my soul
One man to have and hold
One touch melted me
One wink set me free
One word gave me faith
One inspiration touched by grace
One dance made me believe
One love is for me

A Teachers Point of View

Talking to the students today
Listening to what they have to say
It appears they need someone near
To steer them in the right direction
To empower them while striving for perfection
It's ok if they only go half way as long as they try
They can hold their heads high
They bring joy to our world the boys and girls
It's not easy being a teenager today
They have many adversities to face
Wish I could bring them back to an easier way
Spring is here anticipation is in the air
They can go to the parks and take long walks
Meet at the Mall then play ball
Sounds like fun to me wish I were seventeen
The rewards are many as I work with them
They have become my special friends

I Write The Words

I write the words to touch hearts
To inspire others with my thoughts
Encourage people when they are down
To give hope and love when none can be found
Empowering others to help themselves
With love, charity, and good will
As they heal from the written word within
Coming from my heart to touch them
Words that bring them light
To ease their loneliness as they turn out the light
I pray it gives them peace as they lay down to bed
As they rejoice from the love they have been fed
God is where my words come from
For love, peace, and joy for everyone

Here On Earth

Were here on earth for only a short while
The best we can do some days is to smile
 Our smiles can brighten others days
 Easing their pain as they pass our way
We can all make the world a better place
 As we pass on God's loving grace

Oh Lord

Oh lord how I hunger for you
To do and love what you want me to
I know at times I get lost and it leaves me blue
For I am nothing without you
When I was lost somehow you found me
I will always be eternally grateful to thee
Sometimes I want things my way
Please give me courage to do your will day by day
I really do not want it any other way
I do not deserve your loving grace
I thank thee for never walking away
From me when I turned from you
Please let me always remember you
That you're always there for me if I let you be
Help me to remember the true meaning of love
Especially when things get tough
Help me to be gentle to all that I touch
While passing onto others your undying love

Mother Mary's Appearance

Mother Mary full of grace
I yearn for you warm embrace
Appearing to me when I was young
Watching over me from heaven
I remember your radiant glow
You are praying for my soul
You said you had a plan for me
To guide and inspire children lovingly
To believe in Jesus and follow him faithfully

Sweet Jesus

Sweet Jesus how I adore you
For being there when I'm lonely or blue
When I turn to you I am at peace
There is nowhere else I'd rather be
Then having you right next to me
You have always been a true friend
Loving me unconditionally until the end
Showing me the way as I pray
Guiding me each and every day
Jesus what would I do without you
Only your love for me is true
My heart aches of how you carried the cross
To help others with their heartaches and loss
The love I have for you shines
As radiant light flows through my eyes

The Mother's Of The Church

Thank you mothers of the church
For lovingly spreading Gods word
Your undying love you give to us all
You never judge if one of us falls
Rather you nurture our souls with joy and love
Supporting us with dignity warmth and hugs
We are grateful for your meekness
For the advice and wisdom you shed upon us
We are touched like angels from your kindness
Because of you we are truly blessed
God has sent you to us from above
Thank you for your unconditional love

Sea Of Love

She was collecting seashells
He picked her up as she tumbled
While bringing her to her feet
Their hearts skipped a beat
As the seagulls flew over them
Swimming together in the big blue sea
They shared a taste of heaven
The salt from the sea touched their lips
Filled with love and passion
From the sea mist
Dashing over rocks to explore
Wild flowers were blooming
With dazzling color
They embraced each other
By the moonlight they gazed up at the stars
Then carried their sea shells home for memoirs

The Wonder Of Love

Echoes of sweet desire
Makes everything much brighter
The wonder of nature is restored
Life is adored as never before
A radiant smile
Love letters in piles
Creativity reaches its peak
Enlightening visions of beauty
Passion lingers into the night
Beaming rays of light
Dreams of joy and bliss
A long and luscious kiss
Ocean sounds comfort souls
Portraying lost secrets to unfold
Angels rejoice, sing, and pray
Guiding them along their way

Teddy Bear

Caressing each other by the sea
Grasping for breath ever so sweetly
Emotions spreading around in a maze
As you breathe your smile upon my face
A spirit of joy surrounds my soul
Two hearts begin to enfold
Wrapping your body around mine
Touched by the love in your eyes
I lift you up in the air
While catching you my teddy bear
Cuddling all through the night
Arising together by the tide
Oh what bliss my princess
Dazed by your sweet kiss

You Make Me Happy

I am so happy when I am with you
Your dimples are so adorable and cute
I am too shy to tell you how I really feel
All I know is that my heart you can steal
I am so thrilled when I am by your side
For the feelings I have for you I cannot hide
You are lovely and pretty as a picture
Your nice, fun, and thoughtful like no other
I love how you bring out the best in me
When you smile my fears are set free
Let's get together and take a chance
I will hold you tight as we dance
While treasuring each moment I am with you
For my sweetheart my love for you is true

You Are My Love

You are pretty as a picture
You make me happy when were together
 You smell like a rose
You are the one I want to hold
 You feel like heaven
 You are my lucky seven
 You are my angel
 You are on my level
 You light up my life
You will someday be my wife
 You are one of a kind
 You will never be left behind
 You are a dream come true
 You will never be left lonely and blue
You were meant for me and I was meant for you

The Kissing Milkman

For Mom

Cecile was watching from her window
Waiting for her milkman Rainy
He came every Tuesday and he wanted to stay
He kissed her once then twice
Her neighbors feared that Rainy was weird
And that she might not be safe
They begged Cecile to stay away from kissing Rainy
She wondered if it was a sin
But come Tuesday she kissed him again
She kissed him hard and oh so tight
Cecile hoped her neighbors were out of sight
Rainy felt so right he just might be back tonight
To kiss her more as he leaves the door
He will leave her once more breathless
She will be restless until next week
When he kisses her cheeks
We shall see what happens
I bet he leaves her laughing

Oh Valentine

Oh Valentine Where Are You?
I looked everywhere until two
 By the ocean
 Over the mountains
 Where could you be?
The Valentine's dance was so lonely
 I need you to be with me
 I love you so
 I need to let you know
I will continue my search for you
 For my love for you is true
I love you I thought you knew
Now my heart is broke in two
 When I find you
 My spirit will be renewed

My True Love Valentine

You mean the world to me
You are where I want to be
You are as sweet as chocolate
As bright as the sun
Together we have so much fun
Your kindness melts my soul
The loving person that you are
Is to treasure and hold
I was half and now I am whole
You always bring out the best in me
Bless you for making me feel complete
You are so sweet my true love valentine

A Beautiful Couple

They met and their lives changed
He had hard times growing up it wasn't easy
Although it's still challenging at sixteen
He tries hard to make a better life
For himself in spite of his strife
For he is still trying to adjust to his fathers loss
Needing his mother to stand by to show him love
He is good at sports and wants to be in the MBA
Has a great sense of humor and he prays
He wants to be successful so he will stay
To work hard on his career so that he can live a better way
His girlfriend is special and stands by him
They support each other so their new life can begin
He is a wonderful young man who is taking a risk
To become successful, have a family, and some kids

A Lonely Man Needs Love

Sometimes when I'm lonely
And feeling blue
It feels like no one cares
And my life is empty too
For I am a man
I need you to take my hand
To show me love

A Fool In Love

Girl why did you play me a fool?
I didn't see it coming
Now I don't know what to do
For you may not love me and I am blue
My love is here still waiting for you
You're here one day the next day your gone
It hurts but I'm standing strong
As I fed your disease
I dropped to my knees
Now I'm begging you please
To just set me free
Girl don't tell me any more lies
Stop pretending that you are satisfied
Since you don't prove your love for me
I need to leave and seek relief
I stand by you as a shadow that I am
A dark, cold, and lonely man

A Salty Kiss

Hot and sweaty from the dance
They shared a salty kiss and took a chance
Seeing each other after a long while
Made them suddenly become alive and wild
With a passion to get close
Holding each other tight as they began to explode
Both thinking of a time when salty kisses were cold
Dancing in the moonlight warmed their souls
It was quite a beautiful sight
Singing, dancing, laughing, felt so right
Hardly moving to the beat as if frozen
A glimpse of happiness was unfolding
In a world of their own and feeling weak
Kissing as they brushed cheeks
Shattered dreams forgotten and broken
They entered a new horizon of the unspoken
They did not want the night to end
So they met at the dance for salty kisses again

Forever

I will love you forever
God please bless each day we are together
In the morning I shall arise with a smile on my face
In the afternoon I will cherish you until dawn breaks
In the night we'll dance and hold each other tight
Through the years our love will grow
We will thank God for the love we came to know
In heaven we will be by each other's side
Praising God for eternal life
For God has blessed me with you
A love that is everlasting and true

Two Of A Kind

They were like Bonnie and Clyde
Fell in love at first sight
He once was a troubled young man
She brought out the best in him
Loving and supporting each other
Working hard to start a new life together
Met their families and felt like they fit in
Making each other happy is where it begins
She had a challenging life
A loving mother always by her side
She has a love with him so true
Their love made them feel brand new
They will weather the time as they wait
Until they can be together again some day
They both need to complete their careers
So they will have a happy life in the coming years
Feeling their loss today they trust God for their fate
Although it hurts them to be apart they have faith

Do You Know My Friend?

Do you know my friend?
I'll give you clues lets begin
First, he is full of compassion and love
Second, he loves you even if you mess up
Third, he died for everyone
Furthermore, he is the son
Are you getting warm?
Do you know? Let's go on
He will give you eternity and set you free
Anyone who follows my will and believes
You guessed! Jesus the only one for me

Missing You

I'm missing you and feeling blue
Are you missing me like I'm missing you?
I wish we could go to the dance
Go home for some romance
Take a moonlight walk
After that we could sit and talk
I will listen to every word you say
While holding you tight by the bay
I'm so happy just to be with you
My darling you are the love of my life
I can hardly wait till you are by my side
For my precious wife I am missing you
I thank God for our treasured love so true

Laura's Passion

 Their passion of love is at height
As they feverishly hold each other tonight
 A long and luscious kiss
 Tenderly pressing upon their lips
 Burning with a desire to be together
 Comforting words of forever
Awakened from their changed lives
 Praising God for being their guide
 While expressing their compassion
 For true love that is everlasting
 Compelled to spend their days
 Loving each other by God's grace
Their love is deep within the depths of their souls
 A destiny that only lovers know
Embracing their passion with sweet desire
 Whispered words are spoken as they tire
 Silencing their screams within
 As ecstasy begins
 Tender moments unfold
 For love they will cherish and hold

Love

Love is sweet
Love is true
Love is thinking of you
Love is free
Love is kind
Love knows that you're mine

She Closed The Door

She is not looking for love anymore
For she closed the door
Too much pain from love of yesterday
She must crawl before she can walk again
To heal she needs her spirit to refrain
Suddenly she found love
Helping others and earning trust
She turned to God and surrendered
In turn it made her life better
She found love within
A new beginning
When she closed the door
She found what she was looking for
Feeling like seventeen
As the bluebirds sing
She's at last reached her dream

She Gave Up On Love

She gave up on love long ago
It hurt her so she let it go
They told her love made ones heart glow
For her it put a hole in her soul
She searched for love for a long time
There just wasn't any love to find
Each time she found love and made a new start
It always ended up breaking her heart
Her broken spirit said love no more
She gave up and closed the door

Destructive Love

Her blood ripped from her veins
Her whole being consumed with shame
Her jaw tightened with pain
Only she knew her fate
A destined fire of rage
No other lover will be engaged
Flee from thee
Saddened from betrayal
Weak at the knees
For her heart ached
For long sought out peace

Denial Of Affliction

Abuse causes pain while diminishing ones spirit
Words spoken from animosity reach its climax
Dreams of approval, acceptance and love wither
Painful reality arose its peak denial is broken at last
Rage, bitterness, silent scorn, and injustice
Is what I see in your eyes, a dark and dreary sight?
Portraying to be kind but reality claims its rights
Shallow is the lake of vanity in a bleak state
Taking away ones honor, dignity, and grace
Subtle accusations, proclaim self righteous bait
Being one up is detrimental for the lie to partake
Spreading like a cancer, and being left out in the cold
While inflicting pain, and heartache on ones torn soul
Bringing its residue to the gates of death
The violence that lived within is laid to rest
To protect the mind, heart, and spirit
God is called upon to heal from it
Sheltering the ones who walk beside him
Shedding light on the denial of affliction

Happiness In Love

She glowed as she spoke of him
For the love she feels my friend
He honors her and respects her too
He makes her dreams come true
He changed his life around
Today she picked out her wedding gown
Because of him her heart now sings
Today he picked up their wedding rings
They will be married in June
Following a honeymoon in Cancun
They treasure their newfound love
Proclaiming it as a gift from God

Heartache

Heartache attached itself to the dark clouds
Redundant pain was left out in the rain
Colors of black and gray on the face of a clown
Debts of a longing soul flee its pain
Squandering the dust of a mist all around
Heavy in the night it sustains
Tucked deep within a dark and dreary state
Reaching frantically to the pearly gates
Blindfolded by any light behold the dreams
Awakened by torment and the sound of screams
Anguished feelings troubled thoughts
Love crushed as memories rot
Crying tears of a wasted mind
One who awaits the healer of time?
Aching heart weak at the knees
Searching and reaching as one bleeds
The fallen joy of sweet bliss
Surrenders to memories kiss
Desperation calls to the light
As heartache seeks peace inside

He Kissed Me

He kissed me once
He kissed me twice
Oh my he felt so nice
That man of mine
He is so fine
We strolled along the beach
Together we could see
The dawn how we longed
To hold each other tight
In the starry night

A Black Hole

I'm in a black hole
I tried to get out
But I've lost all control
Like a blizzard in the cold
My life is empty and on hold
Dark and dreary sad and blue
There is nothing left to hold onto
No love for me in sight
Another lonely heartbreaking night
Lost and alone
With no real home
Searched and searched
Seems all my life
Could never get it right
Been so long since I felt love
Life is a burden and so tough
Pain seeps through my veins
Dreading to face yet more pain
I don't understand I did everything
Thought I had it all under my wings
What went wrong I tried so hard
All that's left are the scars
Of a lonely soul for no one to love
No kisses for me not even a hug
I will look to the future and trust God

A New Day

A new day to learn a new way
A chance for new opportunities
A new friend or a lover
Maybe to learn a new mystery
Time for an invention
Time to pay attention to a new day
Perhaps a new direction
Just unlock the key

Today I Taught A Special Class

Today I taught a special class
They learned the lessons rather fast
Bright and eager to learn
The discipline was fair yet firm
Teachers like to inspire
Students like to be admired
They support one another
Shedding love for their sisters and brothers
The students hope to succeed
To believe in themselves while following their dreams

A Visit From The Past

Upon waking I smelled your scent
As I laid in bed to rest
My eyes caught a glimpse of the radiant beauty
Only you possess
My heart ached as I saw
Tears running down your face
I reached out to hold you
I felt a chilled embrace
I stood near the hall
Suddenly your spirit vanished
Into the walls
Wondered if this was a dream
Did you come back to me?
Someday our love will once more be
Together again for all of eternity

Alone

I hear the dead silence
In the long, cold, and lonely night
Wish I had someone special by my side
I am trying hard to believe
God has not forgotten about me
I wake up each morning and nothing has changed
The loneliness in my soul is back again
Will I ever be loved and happy or is this my destiny
I promise to keep strong and hold on tight
As I lay my head down tonight
Please lord help me to do things right
Let me know I am not alone in this fight
Help me to be grateful for what I have
That there is no reason to feel so sad
After all with life there is hope
I don't need to sit around and mope
There is a whole world out there
I have so much love in my heart to share
Thank you God for hearing my prayer

Did You Ever Wonder?

What it would be like living life
In a world without strife
Everyone has a loving God
Living in peace, hope, and love
With no war, disease, or poverty
Food and necessities are plentiful
Nature is beautiful and resourceful
Families happily living together
Bringing out the best in each other
Children are carefree and joyful
Lovers are true to each other
Teachers teach to inspire
Elders are cared for and remain hopeful
Minorities are excepted and respected by all
People do not need to put up walls
Animals are treated with love and compassion
Friends are supportive and understanding
People practice spirituality and meditation
Suffering does not exist
Only happiness and bliss
Did you ever wonder?

Emerald

Georgia is a jewel to be treasured
Her kindness will always be remembered
Lovely as can be
Sweet as chocolate
Calm as the sea
A Pastors wife
A singer in her church
Helps others in their search
Inspires others too
I am blessed for knowing you

Enchanted Beauty

You are beautiful just as you are
I see you as a shining star
Nothing about you needs to be changed
You bring sunshine when it rains
Pure and sweet you made my life complete
The beauty of love flows from you to me
As we share our love unconditionally
My heart was consumed of pain
Because of you I can love again
You stand out from all the rest
My heart and soul is at its best

From Love To Abuse

Thoughts of you bring on heartache
Used to think that our love was fate
I believed we would last forever
You said you had a right to lose your temper
Back then it seemed you really cared
Then you changed how could I ever prepare
You raged when my loved ones were around
I learned to be careful not to make a sound
It was painful when the monster came out in you
The push across the room left me black and blue
Forced to leave as my love was shattered
It hurt so much being battered
You yelled at me and told me to change
Consumed with guilt and shame
A diminished spirit will never be the same
I tried hard to get it right
It takes courage to start a new life

I Said A Prayer For You Today

I said a prayer for you today
I asked God to send his angels your way
To love and guide you day by day
Watch over you in all that you do
Give you faith, hope, and love
While sending his love to you from up above
The angels will lesson your fears
Guide you and dry all of your tears
Watch over those you hold dear
I love you more than words could ever say
In my heart you will always stay
I pray for you to have a wonderful life
With lots of love, happiness, fun, and little strife

I See Your Pain

I see your pain
It shows on your face
Did you ever begin to pray?
Ask God to be with you in your pain
Just give him a chance it's the only way
You will never be the same
Now take his hand
He is waiting for you
It's all in the plan and his love is true

My Sandbox

When I was young
I remember playing
In my sandbox
I played
In the dirt
Celebrating the earth
Creating things
Like images
My sister Susan
Joined me sometimes
I stayed outside
Even if I was hurt
Mom often called
Me to go inside
I stayed behind
Playing in my sandbox
How I miss those times

Only a Few

Went to the tavern to have just a few
Never stopped drinking until after two
That was before I ever knew
The pain and heartache it could cause
How I would lose everything that I loved
Losing my dignity and feeling shame
Always wondering who or what I could blame
Today it is not the same
Thank God there is no more remorse and pain
For I have found a new way
By turning my life over to God day by day
The new life I have made and new friends I've met
Led me to a brighter future with few regrets
My family can now depend upon me
Surrendering to my disease has set me free

Spring A New Beginning

The smell in the air leaves one breathless
From flowers blooming and grass freshness
To hear the birds chirp and children' glee
 Makes a new beginning for all to see
Come on everyone lets go have some fun
 We persevered all year
 Anticipation is in the air
There is nothing to compare to spring
A warm embrace blows on your face
It is a glorious day to go out and play
 We can say goodbye to our coats
 Lovers take a ride in a boat
 It is so wonderful to be alive
 Our hearts feel young and light
 It's time to spread springs cheer
 To all and loved ones we hold dear
We thank God that spring is finally here

Silent Rain

I feel the tears
From younger years
I hear the cries
I feel inside
I smell the scent of days gone by
I ask myself why
The rain falls silently tonight

The Apples Were Juicy

We ate the bright red juicy apples
At first we were only going to dabble
But they were so appealing and delicious
The children hid them and they got into mischief
Apples were everywhere they even bit the cords
We found apples on the ground outdoors
With belly aches the children didn't understand
Eating too many apples put them in an awful jam

A Mother's Day Wish

I admire you for being a great mother
The way you love your girls Payton and Amelia
You give them love, care, and direction
You have an outstanding connection
You take the time to teach, empower, and inspire
Always putting them first before yourself and others
Taking time to read and monitor the TV
You teach them to pray
To live life day by day
You are consistent when you discipline
Helping them to gain control of themselves again
You teach them valuable lessons
You sacrifice for them too
While teaching them the golden rule
You encourage them to make good choices
Their spirituality shines through their little voices
Happy Mothers day God bless you and your girls too

A Mother's Love

When you were born I was amazed
It was fun being with you every day
As I gazed into your big brown eyes
Your bright smile had me hypnotized
When I read a story to you each night
You said I love you mommy as I put out the light
As you napped with your monkey doll on your lap
I sang to you and rubbed your back
You were such a joy when you were my little boy
Now you are grown and you are still a joy
With two children of your own I am so glad
I am so proud of how you are such a wonderful dad

A Sister's Grief

Shedding tears of her sisters fate
 Showed sadly on her face
Overcome with fear and pain
 Seeking relief day by day
The distant and dismal smile
Was never her style to display?
 She tried to relinquish it
As others came together to pray
Her frail body and pale drawn face
An anguished spirit was losing faith
Yet undying hope as she grapples to cope
With her sisters illness she won't give up hope
She trusts God and needs love the most

A Tribute For My Meme

Dear Meme How I cherish you
My eternal love for you is true
You have always been there for me
From the moment I was born into my teens
You lovingly watched over me too
Held me when I cried until I cooed
Rocked me in the rocking chair for hours
Sang me songs with pure splendor
Devoted your life to help me grow
Taught me almost everything I know
I love you so much I never want to let you go
When you die I will be blue
Save me a place in heaven next to you
You taught me how to pray
To trust in God and have faith
You touched my spirit my life
I love you Meme my guardian light

A Visit From My Son

For Michael

When I received your call last night
You said you were ill and did not feel quite right
I took care of you and held you tight
As I kissed you on your cheek
You told me you loved me
I sang you a lullaby and you fell asleep

Untitled

When we first met I was taken by surprise
My dear sister who was left behind
By life's fate and circumstances
Yes we met at one of the dances
Pretty as a picture sweet as can be
I could never forget you it was meant to be
We had so much in common you and I
I see myself through your beautiful eyes
Our lives had been so much alike
I tried to carry on and go my way
I ran into you just the other day
The only thing I felt for you was love
I'm so sorry things for us were so tough
Please know I love you and I'm sure dad does too
Life can be cruel and so unfair
I want you to know how much I care
God's love is forever, true, and kind
He is walking besides you and I

Dear God

My eyes swelled up from crying in the night
Been too long since I had someone to hold me tight
I stare at the walls in disbelief and shock
My once soft heart has turned to hard rock
There is no one who is right for me
I am beginning to feel like I am a freak
I just can't seem to connect
Feels like I am in a real mess
The years are passing me by
Why can't I have some one special by my side?
I know your busy Lord and you don't have the time
I realize others have it far worse than me
So forgive me for acting so selfishly
I am only human Lord so please
Give me faith, love, courage, and peace
It would be nice to have the right one for me

Dear Mom And Dad

Dear Mom and Dad First of all I love you
Even though growing up was tough
There was dysfunction and I felt hurt and confused
I was sad when you hurt me and it was rough
No one is born a parent I've made mistakes too
Were all older now and I want to begin brand new
To put the past behind us and forgive and forget
For the rest of our lives be there for each other
Love one another and leave behind the rest
God knows it isn't easy being a parent or a daughter
He loves us all so much and wants us to have peace
Mom and Dad this is all that really matters to me
Let me love you and let's heal before it's too late
I'll break down the walls will you too please?

Diane's Strength And Courage

For my sister Diane

A quiet child with a good nature
A wonderful daughter, sister, and mother
She is always thinking of others
I am blessed to have such a special sister
You were there for me years ago when I was down
It broke your heart but you came around
To support me and to tell me the truth
What would I have done without you?
You have worked so hard to make a good life
When we were young we had our share of strife
It wasn't easy to be Ron's wife
So you brought up your children alone
I admire how you made them a happy home
When you went back to school to get your masters
You had challenges but you found your answers
Now you teach technology in a school
I am so very proud of you
My love is forever and true

For My Special Nephews

My Nephews Greg, Martin, Ryan, and Nicky are neat
They are loyal, handsome, and sweet
Creative, intelligent, I could go on and on
But their kindness is what touches me most
It has been a pleasure to watch their success unfold
I love them so much and I want them to know
They have been through life's trials like the rest of us
Yet they take the time for others and try to touch
Everyone they meet they leave a mark of compassion
Their humor leaves you at ease as you are laughing
They stand by their friends and family with devotion
They believe in their selves and show their emotions
Touched by their spirits of good will and love
I thank them for their love and our God above
I wish them happiness, joy, and peace
I pray for them each night as I'm on my knees

My Nieces Are One Of A Kind

My nieces Holly, April, Cynthia, and Shannon
Are special to me and they are so understanding
They have always been loving, kind, and sweet
They were adorable babies and children you see
No others in this world could ever compete
Because of the way they love and accept me
I thank them for always being there my sweet nieces
They have become successful in all that they do
With loving spirits as they shine on through
They are beautiful and a gift to our world
They have compassion for every boy and girl
They treat others with honor and respect
Humbly taking their losses with little regrets
For they have love and goodness in their souls
The world needs them to help others grow
Their tenderness has touched me deep in my soul
I am very lucky to have them, as I grow old
God bless them and stay close by their sides
I pray for their happiness as I lay down tonight

My Daughter Is Grown Up

As I went into your room tonight
Your television was gone
Suddenly I felt empty inside
It hit me hard the new life you will start
I'm feeling kind of left behind
Last night you were on my mind
I remember the day you were born
I felt so happy and warm
When I saw you for the first time
Where did the years go Tracy?
It is so hard to believe
With your TV gone it made me face reality
I wanted to give you the world when you were my little girl
We danced together and sang our songs
Felt like nothing could go wrong
Now your all grown up and you stand strong
I want you to know as you leave
The happiest day of my life was when you were conceived

Happy Birthday Cindy

For my sister

Happy birthday to you
May all of your dreams come true?
I am lucky to have you here with me
You are kind, loving, and oh so sweet
You have a great sense of humor and are so much fun
I remember when your life had just begun
I used to take care of you when you were small
Watching over you, as you grew to be tall
I will always remember your amazing smile
You were such a beautiful baby and a happy child
You grew up to be such a remarkable woman
Sacrificed your life for your precious children
The challenges in life that you now face
You try hard to handle them with dignity and grace
I will always be here for you as you have been for me
My birthday wish sis is happiness, love, and peace

Mama

For Barbara

The little girl was covered
In a warm blanket of love
Her mother flew up above
Peacefully like a dove
Heaven called her home too soon
Saddened with a heart of gloom
An angel cared for her body and soul
Saved her from the freezing cold
Back from the blizzard of death
Warm and loved again sheltered like a birds nest

Happy Birthday Donna Marie

Today is my birthday
It is here at last
Another year older
I am going to have a blast
I plan to sleep in
Then lay in the sun
After that I will have some fun
Go out to dinner with my daughter
Take time to give thanks for another year
Thank God for the ones that I hold dear
Reminisce of years gone by
Miss those who have died
Celebrate the life God has given to me
Even through my times of grief
I have learned lessons through the mystery
Of life, my life, what a blessing
Being here loving my children and grandchildren
Special friends God has blessed me with
Remembering all the fun things we did
On my birthday dear God I pray to you
To have a thankful heart for all that you do

How Will I Miss Myself When I Die?

I'll miss my bright smile and the twinkle in my eyes
My golden hair and rosy cheeks
The long legs that carried me
My warm heart and the tears that I cried
For all the love I had inside
I will miss my feet and all the dancing
The happy times and all the laughing
My hands and all that they touched
Two beautiful children as they grew up
Four Grandchildren who touched my heart and soul
Who gave me love to cherish and hold
Friends and family who stood by me
Spirituality that made my life complete
All the students I watched succeed
For my life would mean nothing without all of you
I will surely miss all of you too

Nicky

I waited patiently for you to be born
The angels tooted their horns
Mommy and daddy were so excited
We were all delighted
It brought me back to a time
When daddy was a baby of mine
I love you my darling dear
I am so glad you are finally here
Always know how much we all care

Thoughts On My Graduation Day

When I was in college I really grew
I learned of things I never knew
I learned more about abuse and adversities
It taught me more about the gift of empathy
Working with caring students from around the world
The professors who believed in me were wonderful
It opened my eyes to life's realities
To use my voice and fight for injustice and peace
I thank all who have inspired me to succeed
For the wonderful students who touched me
It was more than a degree that I received
A heartfelt love and concern for all humanity

Sadie We Miss You

You were our dog for years
Suddenly you're no longer here
Can't seem to stop these tears
You protected our precious children
Spending hours playing with them
The only thing you wanted from us was love
We wish we could give you more hugs
How you loved the children and your treats
You will never leave our hearts Sadie
When I looked into your big brown eyes
I saw the love you had for your family inside
We will see you in heaven and be by your side
Payton, mommy, Emelia, and I will always keep your
memory alive

Stroke

When I came to visit you mom today
You were slouched in you chair as if you didn't care
No vision to see is that you Donna Marie?
Your head was down and you were dressed in a gown
You seemed confused no need to watch the news
You heard the songs you used to play
No piano lessons will be taught today
You said I miss my piano students tell them I'm ok
Awakened by your roommates snores
Eating has become such a chore
Can't see the colors in your favorite foods anymore
Seems your losing your dignity
The Nurses Assistant relieved you around three
You wonder why your children are so upset
You asked me how did I end up like this?
Is this a motel what is that awful smell?
Who are those people screaming?
You said you must have been dreaming

My Pepe

You were my hero Pepe when I was young
Told me funny jokes you were so much fun
Gave me presents and chocolate ice cream
I remember you telling me you biggest dream
To see your four granddaughters turn thirteen
Disheartened when you died for it wasn't meant to be
Pacing the floors that night as the clock struck three
I took care of you when you had a stroke
Being paralyzed and depressed you no longer joked
You changed into someone new
It was hard to believe it was you
When I saw you so different that day
It left me feeling torn and dismayed
I did not know what to do
Realizing you were a sick man trying to understand
What my sisters and I need to do
All I can do now is pray

Tiger

Tiger how we love you
Our precious kitten
Our affection for you is true
Your cute and adorable ways
Make our lives happy every day
You purr as we hold you tight
Lay next to Payton on her bed each night
How we enjoy your company
You make our family complete

Hit Number Unknown

Her mom is eighty today the family celebrates
She nervously approaches mom
Wonders when the hit will take place
She looks pretty dressed in white lace
Slumped down in her wheelchair
Her daughter strokes her soft white hair
The scars of dysfunction caused trauma to her soul
Her mom storms at her now everyone knows
She's chilled from the cold and chooses to go
To protect her soul from the hit number unknown
Mom blind from the stroke and her child in the cold
Her daughter knows when you walk with God your never
alone

My Daughter's Graduation

To Tracie

Today is your graduation and I am so proud of you
I'm already missing you for your moving out soon
 I can hardly believe it is here
 It is bringing me tears for I hold you so dear
You filled my world when you were my little girl
 Just you and I how you colored my world
You gave me so much love when I was twenty-one
 It was the day you just begun
 Today is a new journey for you too
 I pray that all of your dreams come true
 I know we can't stay together forever
 You will make your life better
 Because you have faith, hope, and love
 I hope I showed you enough
 I know at times it was tough
You are strong every where you go you belong
Never lose the wonderful woman that you are
 In my eyes you are my shining star

On My Daughter's Wedding Day

I am feeling happy yet sad today
On Tracy's wedding day
The marble church is a lovely setting
Everyone is excited about the wedding
Family and friends are here
Memories of Tracy I hold so dear
The fall weather is incredible
The groom appears to be lovable
We have all come together to see them wed
Tears come to my eyes from the poem Brian said
I glance at Tracy she is so beautiful and mature
I sense Brian's love for her is secure
Everyone congratulates the bride and groom
My heart stops as they enter the reception room
Many pictures are taken from the crowd
I stand proud as tears pour down
For today I gave my baby away
Forever in my heart she will always stay

My Loving Meme

She always told me to try and be patient
As she soaked my aching feet in the basin
When I painted my nails and wanted to go outside
Not yet dear your pretty nails need to dry
During lent she made pretty boxes for Easter candy
It's not easy waiting for Easter she just smiled at me
My three sisters and I watched the Wizard of Oz
Her treat for us just because
I miss you Meme I loved you so very much
I miss your smile and your tender touch
You were always so nice to me
I will love you for all eternity
So much has changed since you passed away
The world is a much different place
But I remember the values you taught me
To have patience, faith, love, and peace

Happy Mothers Day Mom

Happy mothers day to you
May all of your dreams come true
When I was your little girl
You were there to watch me grow
Taught me the things I needed to know
As I became a teen you held me tight
When my boyfriend broke up with me
You said it would be all right
You cried the day I moved out to make a new start
You said it wasn't easy and it broke your heart
You know me better than anyone else in this world
You told me I would always be your little girl
On this mothers day my wish for you
Is to know how blessed I am to have a mom like you

Happy Father's Day Dad

You are the best dad that any one could have
I am sorry for the times I make you sad
Especially for the times I was bad and made you mad
You always forgave me and let it go
I'm grateful for this and I wanted you to know
I remember the times you took me to special places
Always remembering my birthday and Christmas
I will treasure this forever in my heart
Thank you for all of the lessons you taught
It was so much fun going for a ride in your boat
The money you gave mom to buy me a new coat
When you helped me out and I needed a hand
You never asked for anything back
You just wanted me to stay on the right track
You wanted to be proud of me
I really hope that you are
For in my eyes you will always be my shining star
Happy Fathers Day Dad

A Teenage Friend Those Teenage Years

My friend Gwen is so sweet
We have fun together each time we meet
When we dance we find sweet romance
We are so cool and tight we party through the night
Everyone knows our bond is so strong
No one could come between us not for long
We click together like Bonnie and Clyde
We blast the radio when we go for a ride
We check out the guys, laugh, and pray
We live our life to the fullest day by day

A Special Friend

For Ronald

Writing my poetry has been an amazing journey
Many special people inspired me
They supported me along the way
To write the words I needed to say
I saw so much good in mankind
A special friend helped when there were trying times
He showed me the tools that gave me relief
Took the time to support and teach me
To him he was just helping out and tried hard
It was his kindness that really touched my heart
He gave me encouragement when things were rough
Showing me the way when things got tough
I could not have completed my book
It was wonderful how he just understood
I needed these tools to fulfill my dream
Thank you so much Ronald for helping me
I wish him a life full of happiness, love, and peace

Define a Best Friend

For Lynn

How to define a best friend
She believes in you until the very end
Encourages you when you are down
Uplifts your soul when no one can be found
Shares her sense of humor while enjoying laughs
Comforts you when your lonely or feeling sad
Motivates you to never give up
Reminding you to smile when things get tough
Empowering you to fulfill your dreams
Spends fun times with you while singing in the spring
Her smile melts your troubles away
Making life brighter day by day
Treasures your friendship when you are apart
Brings out the best in you she'd never try to change
To her your the best there's nothing to rearrange
Cherishes the friendship that only you two share
Taking time for you shows how much she cares
For to have a friend like her makes your life better
She is your best friend now and will be forever

Elsie

Elsie grew up in Texas with her family
Being the eldest she helped with the children
She wanted a girl and to get married
As she grew older she worked on the farm
She enjoyed picking cotton corn
She went to school by horse and buggy
The summers were long and muggy
In the winters she walked to school in the cold
She plowed through the snow all the way home
The man of her dreams left her for another
She stood strong and thought of others
Elsie now one hundred and one
Loves talking about Texas when she was young
Elsie's life back then was neat
Simple yet quite complete

Easter With Danny

To Danny with all my love

It's Easter morning Danny and I'm thinking of you
We were always together and ate around two
You were the best friend I ever knew
I cooked you ham, potatoes, and peas
You ate happily as you smiled up at me
You loved me so much you were never in a rush
How I miss your tender touch
There you stood dressed in your favorite suit
You came out running soon as I'd toot
The horn it was such a beautiful morn
I fed you like a king it made my heart sing
You gave to me all you had and some after that
You were the dad I never had imagine that
I will never be able to repay all that you did
You treated me like your own kid
It hurt when you died how I cried
You planted a seed of love that taught me to fly
Oh Danny how I hate goodbyes trying to be good
So one day I will be in heaven with you by your side

To My Friends

Thank you dear friends who stood by me
For giving me strength and helping me cope
With life's ups and downs lovingly
Thanks so much for giving me hope
For teaching me to never give up
On myself when I had wanted to
Somehow you knew I needed your touch
You put up with my many moods
I can't even imagine how hard it was for you
For the pride that always got in my way
You showed me how to live life day by day
By reaching out when things got tough
God I love you all so very much
We had fun and shared many laughs
We cried together when we were sad
I wish you the best, love, hope, and peace
Thank you all for being there for me

A Broken Heart

When you have a broken heart it hurts
You may want to vanish from the earth
To escape its pain you try many things
Make attempts to go back with your love
If it doesn't work you feel sad and stuck
Wanting to be happy again you eat chocolate
If that doesn't work you try other measures to fix it
Maybe you call a friend to cry your heart out
Sometimes you feel blue so you sit around and pout
After awhile that gets old so you go out
Everyone you meet just doesn't measure up
So you sit home again and get in a rut
You reach for the ice cream and gain a few pounds
You get lonely because no one is around
So you join a Gym and get into shape
Feeling guilty for all the junk food you ate
After awhile you feel a little better
But you still feel under the weather
So you think of how it used to be
You fantasize and make believe
That they will call you any day now
But the phone is silent and you lose your smile
Finally you tell yourself you must go on
You socialize again and friends ask what's wrong?
You just can't pretend so you cry
And cry and cry but you want to be happy
You find out they are now married
You pray and think of others
You visit your mother
She soothes your broken heart
Tell you to make a new start
So you find out what makes you happy
You no longer want to be crabby
Going out starts to be fun
Making new friends with everyone
After some time goes by
You meet a wonderful gal or guy

For Ron

Ron is a true friend and a terrific fellow
He is always there to listen and lend an ear
Helps others in need he is simply wonderful
Tries to guide you and lesson your fears
His sense of humor will brighten your day
His remarkable intelligence is a gift from God
He shares it with others in his thoughtful ways
Always considerate and goes above and beyond
He is a spiritual man and trusts in his Higher Power
His smile is like a bright sunny day in May
He is a gift to our world for he is like no other
I am grateful for my friend Ron he makes my day
God bless you Ron and never change who you are
Thank you for being there for me when I needed you
For in my eyes you are a shining sparkling star
We are all blessed for having a friend so true
May God shed his grace and love on you

Happy Children

The children are happily playing
Running, skipping, and jumping
Swimming at the pool
There is so much to do
When you are a child
You have a bright smile
Their innocence touches you heart
One can let down their guards
They are loyal to their pets
Children have a ball making a mess
They know how to let their spirits go free
Reminding us all how life used to be

For Our Beautiful Baby Girl

Soon you will fill mommy and daddies world
I want you to see me as a successful father
God has blessed you with a wonderful mother
Someday you may have a little brother
We love you so much we can't wait to hold you
It doesn't matter if your eyes are brown or blue
If your hair is dark or light with curls too
We will work hard to make your dreams come true
We will help you succeed in school
Always protecting and standing by you
I want you to be proud of mom and me
A father and mother who will never leave
While God is watching over our precious family

Forgiveness

He quickly spoke his thoughts
Caring little if they left painful knots
 Inside her heart and mind
 How long must she pay
 For a debt of yesterday
Make amends hoping someday to be friends
Redundant words punctured like a sword
 She prayed Dear Lord...
Time to walk away from the one who hates
 For she cannot erase
 She leaves with this thought
For the one who once did hate
 I needed peace so I forgave

Emerald Eyes

He has emerald eyes of green
Like a precious jewel to be seen
Others touched by their light
Portraying his life's struggles and strife
They show his compassion to succeed
A desire for love, happiness, and peace
His eyes brightens one's way
Like a spring day in May
Beautiful eyes with radiant light
Portrays a glow deep in the night

Sarah

A woman who stands out in a crowd
She is true to herself and stands proud
Humble is she as she engages with others
She is quite the remarkable young mother
Her long dark glowing hair
Rosy cheeks and her clear complexion is fair
Her smile is contagious and laughter is outrageous
Always extends a warm embrace
Elegant and extravagant in her taste

Sunshine

As she walked into the room it filled with sunshine
 Pretty as a picture smart and wise
 She is trying to leave her past behind
 Often speaks of her home in Maine
 Dedicated to make her future bright
Assists the teacher and helps her friends
Her dream is to own her own restaurant
Working diligently to make things right
Hope in her heart and love in her soul
 Looking forward to a bright life
 Her smile will ease your pain
 Bringing one back to brighter days
 Yet her motivation is quite clear
Spreading happiness in all her ways
 Makes one happy lessening fears
 Interdependent stylish and sheik
 A faith that earns respect
Shows inner strength and is far from weak

Time To Say Goodbye

The love I have for you will always stay alive
As I leave we may all break down and cry
 It's never easy saying goodbye
 We will remember the good times
 You have all touched my life
 Try to recall what I taught you
 Remember to hold your heads high
 Stand tall and walk with pride
 Take the time to be kind
Learn from your past but leave it behind
Keep your loved ones close by your side
Trust in God and keep your spirits alive

Today's Child

Society is troubled children are suffering
The result is violence in our streets and schools
No one seems sure of what to do
Many concerned people from all walks of life
Try hard to make a difference in children's lives
All of society needs to participate
So teachers can educate today's child
There was another shooting today
A child too young to go to their grave
The violence in our schools and streets
Leave us all in shock and disbelief
The time has come we must all take a stand
To end the violence in Americas homeland
For tomorrow is the future for today's child

A Very Special Young Man

Almost eighteen years old is my dear friend
You'd never know it by talking to him
He's been through too many losses for his young life
He is handsome, strong, faithful, caring, and wise
I have never known him to be anything but kind
Helps others in need always seems to find the time
He inspired me to write such a special friend
Offers support, advice, and encouragement
He lost both parents at the age of four
Still keeps a picture of them that he adores
Adopted at the age of ten when a tragedy happened
His adopted parents died in an accident
His spirit was broken but he remained resilient
He took care of his baby brother and tried to survive
Living in the woods with him was a tough life
But he loved him and did what he could
When his brother got sick that day in the woods
He brought him to a hospital for care
It was then they were adopted and things seemed fair
One year ago he and his brother were in an accident
His brother died, although he was hurt he didn't
Living his life to the fullest for his brother
For he loves him and always will like no other
Losing his girl recently broke his heart
He is currently working hard to make a new start
Having a dream to be in the army is no surprise to me
In spite of his losses he wants to protect his country
The world is a better place because of a spirit of love
He deserves to be happy and blessed

Tsunami

The smell of death
The sight of destruction
The voices of suffering
The tidal wave came
Then lives were swept away
Hearts were breaking
The grief was overwhelming by those who survived
Broke their spirits as their loved ones died
The dedication of the reconstruction
Marked a new beginning

Twilight Time

I fly over the moon
And through the stars
As I float on Mars
I make a new start
Dashing through heaven
I see a beautiful sight
Colors of the rainbow
To rays of bright lights
I'm sent to the earth
To reclaim my birth
To begin my new life
With love in my heart
And God by my side

Women In Society

Why is it women seem to be
Often victims of our society
I ask myself what is wrong
We all need to stand strong

Women tend to be caretakers of our world
Why is it mothers are so concerned for their girls
When I hear the news or read the paper
There has been domestic abuse, rape, or murder
There are other types of violence it is true
But women suffer injustice and adversities too
I think that awareness and education are the keys
To protect women and all victims in our society

Reflections Of Your Soul

For Mrs. Thomas

Do you know?
The reflections
You have on souls?
Do you see the love that unfolds?
I see it in the eyes of the oppressed
The children who are depressed
The women who struggle to empower
Themselves in the midnight hour
It shows in the aggressions of a man
When you reach out your hand
To make a difference
While making a change
You still remain
The same
Who you are
Standing strong and fighting for
Justice, love, and peace
Never tiring easily
Looking for opportunities
To touch a soul
Love I have come to know
In spite of it all
You stood tall
Took a stand
For the good of man

The Magic Of John

John is handsome, charming, and wise
Surely he has my attention and caught my eye
Watching, dancing, moving to the beat
John is tender and sweet
Smiling, laughing, joking, and having fun
Our friendship has just begun
A heart and soul are touched
He moves my spirit so much
Awakened from his tender love
Smiles, grins, dancing spins
Can hardly wait till I see him again
My spirit was softened by a vision of love
A smile so bright
A gentle hug
A dance, a spin, and enduring grin
A special friend

The Space In-Between My Heart

The space in-between my heart
Feels alone and terribly dark
It lays hardened yet quite protected
Its surroundings are dull and extremely infected
With a coating of dust which covers its interior
A dimmed light is shattered in the rear
The components are covered with a mist
Portraying visions of love that were missed
Sprurts of water seeps to drown memories sounds
Emptiness fills a cushion all around
Attempts of filling the space are made
While seeping through leaving a large trace
My heart feels weary from this dreary space
So it sheds love and tenderness to take its place

Where Is God?

For My Students

I see him in your smile
He is in the twinkle of your eyes
He has gifted you with a dazzling style
Comforted you with the tears you cried
When you hug me just because
For the many ways you have touched
My soul by taking me for who I am
Inspiring me and bringing out the best
For being a true and remarkable friend
Being there when I needed you at my quest
While searching for love when I needed to mend
My broken dreams and not sure of where to start
As I carry on with my journey of life
I see God in your spirit and loving hearts
Truly grateful to have you all by my side
I feel God in my heart, mind, and soul
Touched by love I never knew
Because of you his love I have come to know
But for the grace of God I am renewed
Where is God? Why he lives in you and me
For where there is love I can see-God

My Secret Love

When I see you my heart is awakened
The feelings I have for you are not mistaken
While you light up my emotions and touch my soul
You take me for a ride to the unknown
A gentle spirit that melts all of my sadness and pain
Making the sun appear and washing away all the rain
Your bright smile sharpens my senses
In the still of the night you ease my loneliness
An adoring look is captured like magic
Bringing me love, peace, and happiness
When you sing a super star is born
You make me feel sheltered and warm
A feeling of youth and innocence is felt
Just the thought of you makes my heart melt
My love for you is a secret I need to conceal
Because I am too shy for my love to unveil

Touched By An Angel

When you walked into the room
Suddenly a light shined on everyone
Your smile took away all the gloom
Being joyful and full of fun
A tender heart you shared with all
I hope to spend special times with you soon
Touching others by your charm is your call
I will always remember your amazing faith
Always bringing out the best in others
While spreading joy and happy days
Sharing love with your sisters and brothers
Thanks for the wonderful person that you are
You truly have touched my heart