



COURAGE

FAITH

HOPE

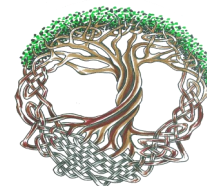
The poetry of  
Omeka Samuel-Anderson

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I wish to dedicate this book of poetry to  
Joniqua, Kelvin, Amaria, and Amiya, and to my  
grandkids Jermaine and Jariayah.

I love you very much!  
You are always in my heart.



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## Sad Faces

I see a lot of sad faces, sad faces in all type races,  
Sad because she's lonely, sad because of the traces.

Traces of real pain, traces of rejection;  
She turns to someone else as an object of affection.

She have no family to depend on or no friends by their side;  
Wanting so much to be loved, because it puts the pain aside.

She meets a special someone that makes her feel like no other;  
He caresses with his lies, but she's not good enough to meet his mother.

She asked him does he love her and he tells her love is overrated;  
Then he slaps with mean words that makes her feel berated.

When she walks away to leave, he makes love to her with his deception;  
Now she's pregnant with his baby, so she takes the abuse and rejection.

She's back to looking in the mirror, looking at all the sad faces;  
She's back to feeling the pain, it hurts in so places.

## **ANGER**

Anger is an emotion that keeps us violent and standing accused,  
Anger is what we use, when we feel hurt and abused,

Anger is that demon that keeps us bound to our hell,  
Anger keeps us away from God and living in the devil's cell.

Anger will make us forget our morals and keep us filled with hate,  
Then we want to get down on our knees, praying to God it's not to late.

Asking Him for forgiveness, cause we know not what we do,  
All the while He was trying to whisper "My child I'm here for you."

Don't let Anger be the driver of your life and I promise you'll be fine,  
And remember ANGER is the wind that blows out the candle of the mind!!



## **MY HEART**

**Hey you, have I told you that you are truly amazing,  
It's the way you kiss me and those lips I love tasting.**

**When I think about you, I smile from ear to ear,  
It's a feeling I love and a feeling I choose to bear.**

**Mr. Michael you are someone that's so special to me,  
I love you from the bottom of my heart, I love you unconditionally.**

**When you go to sleep, please keep me in your dreams,  
Holding me close to you, I love being held in your angel wings.**

**So baby, never ever leave or take your love to town,  
Cause I'd lose my heart, never ever to be found.**

**Dedicated to Michael Wayne, the love of my life.**

## **FAR AWAY**

**I wish you were here and not so far away,  
How I miss your face and smiles everyday.**

**In our mind, we knew this day would come,  
But in our hearts, we hoped to be done.**

**Even though we're apart and times seem so hard,  
We're looking forward to being together again and never again apart.**

**I'm counting down the days that I'll see you again,  
To start life over and our hearts can begin.**

**To beat as one and our kisses that's overdue,  
Always know that my love will never end for you.**

**I miss you sweetheart so so much,  
I get warm inside when I think about your touch.**

**We both know that God has a better plan,  
To live forever, with love, passion and blessing till the end.**

**US**

**Baby, it's just me and you,  
Going through our troubles, sometimes we don't know what to do.**

**It won't be to long until we see each other again,  
God won't allow the devil to take us by the hand.**

**Believe me baby, we are God's special elite,  
So the devil will come after us because he thinks we won't defeat.**

**But time heals pain and trouble don't last always,  
As long as we're together, we'll conquer whatever and give God all the praise.**

**I love and miss you so much,  
A tear I shed a day, for missing your tender touch.**

**Listen to me baby, and never ever forget,  
Our days together again will never be lived in regret.**

## WOMAN OF GOD

I was rude and thought I knew everything with a very hard head,  
I remember going down the wrong path, I was lying in the devil's bed.

I heard the whispers from my family, saying "she's starting to lose her mind,"  
I saw in a vision my own funeral and how my coffin was made of pine.

I worried my children, would never forgive me because I chose drugs instead,  
I knew my kids' life would be in shambles, when they were told their mom was found  
dead.

I am a fighter, courageous and a mighty phenomenal woman,  
I think everyone sees the worst in me and they want to see me stumble.

I need and had to change and become that woman of God,  
I pray to stay determined so I can conquer those times that seem too hard.

I feel discourage sometimes but I'm getting better every day,  
I forgive the ones who hurt me and forgetting that pain every time I pray.

I predict that I'll see Jesus in heaven and live where life is charming,  
I know god will use me one day, to be a mighty leader in His army.

I am becoming stronger woman because I'm living by God's will,  
I choose to live the right way today and don't have any more of the devil's bills.

I dream of one day living the life that God intended from the very beginning,  
I hope and pray to stay faithful to God so the devil will know I'm winning.

I predict that I'll see Jesus in heaven and live where life is charming,  
I know god will use me one day, to be a mighty leader in His army.

## FORGIVENESS

I know that we've had our differences lately, but I won't you to know,  
That I'm your child and you're my mother and that's a love that will never go.

When you told me you didn't want me, I knew it was a lie,  
Because you promised God you'd be there for me, so I wouldn't question why.

I've made so many mistakes but aren't I worthy of being forgiven,  
I had an addiction mommy but I don't deserve to be forbidden.

I'm sending this poem to you, as an apology from my heart,  
I want our relationship back and a whole new better start.

I've paid the price for my wrongs and met people that caused a lot of pain,  
Now I'm leaning closer to God and He's helping to dry up all the rain.

God is really transforming me and showing me how love is kind,  
He's teaching me how to forgive and He's renewing the old addictive mind.

I've learned to let go of the past and looking forward to a brighter day,  
I want you to be apart of my life and praying and hoping you'll stay.

There's nothing in this world better than having a relationship with your mother,  
It's love that comes from God and a feeling and blessing like no other.

## AMARIA

I know you're sad and lonely Amaria and thinks that no one cares.  
Trying to express yourself by cutting off all your hair.

Sadly no one hears you or listens to your cries,  
It's okay Amaria, Mommy's here and sees your wounded eyes.

Sorry I'm not there for the bad days and hard times,  
But if you call me now, I'll be there at the drop of a dime.

To protect you, to hold you and wipe away all your tears,  
It's not over baby girl, just pray about your fears.

Never forget that you are mommy's beautiful little girl,  
Who was born with the strength of lion and eyes that shine like pearls.

Always remember Amaria to stand up for what you believe,  
To love yourself no matter what and don't wear your heart on your sleeve.

Cause it's a cold world out there and people are taught to hate,  
God counts all your tears and He's never ever late.

I love you always Amaria, you are so beautiful and smart,  
No matter where you are, Mommy's here and keeps you close to her heart.

Dedicated to my daughter Amaria Webb

## SOULMATES

I wrote this poem for you, so you would know,  
That there's no greater love for me to show.

My love for you is so outrageous,  
I find myself feeling so amazing.

I love your laughter, kisses and loving thoughts,  
God made two of us, with one beating heart.

You are my lover, confidante, and very best friend,  
This love I have for you endures until the end.

This amazing journey that's ahead of us now,  
We'll stand firm and conquer our troubles someday, somehow.

love you Michael Wayne, we are destined till fate,  
God made you, then me and bless us as soul mates!

Dedicated to my fiancé

## DADDY'S LITTLE GIRL

When I think of my hero, I think of you;  
A little girl with no father, you came to my rescue.

A frightened little kid in a big scary world;  
You were my protector and I was Daddy's Little Girl.

Me and you dad, doing everything together;  
Like talking on the CB and riding through all kinds of weather.

I remember, hiding the beer when the fuzz buster would sound;  
Having a good time, we were the ties that bound.

Even when your real daughter came, you treated me the same;  
I was so blessed to have you; I wish things would've changed.



I've disappointed you, worried you and I'll never forget that;  
If I had one wish, I'd take all the worries back.

You taught me to be strong and it gave me the strength of a log;  
You said "never take any crap and always be there for the underdog.

To always put family first and protect the ones you love;  
That it's a cold world baby girl, so make sure you wear your gloves.

So please forgive me pop and let's close this long distance;  
I'm on my way home daddy, and I need your assistance.

If something bad should happen and you were to die today;  
I'd be a little girl lost again and never ever find my way.

Written for Brittany Oliver (a letter to her dad)

## LOVE

Love is kind and love can be so tender;  
Love has no judgment and love is soft and gentle.

When love is misused, it can seem like a bad mistake;  
The hurt and pain you feel, that causes your heart to break.

I always believe that love conquers and takes away all hate;  
Sometimes it's hard to believe when you look at the give and take.

When the heart is broken, it can take away your soul;  
It feels like life is over and can make your heart very cold.

Love is a four letter word that is more powerful than any danger;  
It leaves you lonely, hopeless and causes so much anger.

Never turn your back on love or the One, who made it a construction,  
The devil is hate, God is love and He never intended it to be destruction.

## FEAR

Fear is the demon that keeps us sick;  
Fear is that demon that picks and picks.

Fear is what keeps us from loving me;  
Fear is what keeps us blinded and refusing to see.

Fear is that demon that makes you act fake;  
Fear is that demon that teaches us to hate.

Fear is what keeps us hanging on to the devil's hand;  
Fear is what keeps you falling in quicksand.

Fear is why anger, is what we reap and sow;  
Fear is why we can't let the past be the past and let go.

Fear is a demon that makes us fall deep into a bottomless well;  
Fear is why we keep spiraling downward to the Devil's hell.

Fear will surely, put you to the test;  
So let go of those fears and put those demons to rest.

**FATHER**

**Dear God,**

**I know we haven't spoken or talked in a while;  
I'm coming to you now in hope to walk a better mile.**

**I've made a lot of mistakes and turned my back on you;  
Please listen heavenly father, I promise I can be true.**

**I want a different life and to change my old selfish ways;  
So help me Father, I'm praying for better days.**

**I have four precious children and it gets hard to make a way;  
We deserve to live in peace, and I need to teach them how to pray.**

**So give me another chance to get my life right;  
I'm coming to you for forgiveness, as I pray every night.**

**I know you a God of understanding, hope and love;  
Just watch me Father, as this ugly duckling turns into a dove.**

**I want to show you, how much your child really loves you;  
I want to show you Father, how much I appreciate the things you do.**

**I know I've said this before but please hear me as I pray;  
Help me show the devil that I have no more sins to pay.**

**I don't want to be in sorrow or live in anyone's cell;  
I want to go to heaven because the odds are bet on hell.**

## **MY HELL**

**Locked up in hell with devils that has a lot of attitude;  
They have no sense of compassion and absolutely no gratitude.**

**It's said that in order to get respect, you have to give respect;  
You see, the hell I lived in, this seems like a threat.**

**They roll their eyes, when you ask a simple question;  
Look at you with disgust, when you make a kind suggestion.**

**People think that hell consists of you burning in a fire;  
Obviously, they've never lived behind the wire.**

**Everyday I prayed, that God would take my case;  
I need the best lawyer available to take me out this place.**

**God give me the serenity, to accept the things I cannot change;  
Because I'm living in a hell and it's driving me insane.**

**I know I made bad choices and committed many many crimes;  
You're the only attorney possible that is able to reduce my time.**

**So help me heavenly Father, I need your guidance and your wit;  
My moneys low but my heart is good and I'm living in the devil's pit.**

**Written while incarcerated at the Polk County Jail in Bartow, Florida**

## **“My so called friend”**

**This is to my so called friend,  
The one I call dope or “heroin”.**

**Friends for 13 years if we want to be exact,  
Through all the dark alleys BOY! I thought she had my back.**

**Walking lonely roads and bending every corner with me,  
Oh so blinded, refusing to let me see.**

**You took away all the pain and heard all my crazy screams,  
Only one that was there to, fulfill all my so called needs.**

**I use to love waking up to you, right there by my side,  
Even gave up my children, with no self-worth or pride.**

**I started wearing long sleeves to hide the scars you left behind,  
Putting on the dark sunglasses, to hide my wounded eyes.**

**I refuse to be your friend anymore, so I told you to leave,  
People tried to warn me, you were a cunning, baffling disease.**

**Then I`d wake up sick, so I invited you to come back,  
With no hesitation, you were there to pick up all my slack.**

**The devil in disguise, "heroin" my so called friend,  
You controlled my beginning, but you will not control my end.**

**Now finally taking off the long sleeves, and letting my scars breathe,  
Today I stand tall and firm in the things that I believe.**

**Restoring all the broken pieces and ready to live like no other,  
Learning new ways to cope and becoming a better mother.**

**Today I know God and a program that's teaching me how to behave,  
So I'm putting you to rest and throwing the dirt on your grave.**

**God's made me a better woman and He's teaching me how to fight,  
Back away from me Satan! I'll resist you with all my might.**

**And when I begin to feel weak or run into a brick wall  
I'll get down on my knees and give my higher power a call.**

**Get away from me "friend", you can go rot in a that cell,  
Cause this phenomenal woman refuses to live in your**

## **METH HEAD TO WOMAN OF GOD**

**I was what people would call a “Meth head;”  
I remember losing my son; torn, broken and inside I was dead.**

**I heard people say, “Yeah, she’s headed back to jail;”  
I saw my life going in a downward spiral, headed straight to hell.**

**I worried I would always be burden down with the jail strife;  
I thought if I don’t stop using, I’m going to end up with 10 years to life.**

**I am a very strong woman of God and this He let me see;  
I know I can do all things through Christ who strengthens me.**

**I need to change and I want change in my home;  
I try fasting with prayer because I know I can’t do this all alone.**

**I feel good about myself and I love the person I am today;  
I forgive the ones who hurt me and pray that God will take that pain away.**

**I will be positive and know that I am a beautiful woman;  
I chose to be free from addiction and change, despite the rumble.**

**I dream of a future with my child and the rest of my folks;  
I hope when get out; God will release me of the past yolks.**

**I predict one day I will get married and have my own family;  
I know I’ve changed this time and I’m determined to stay out of the devil’s ramblings.**

**Written for Ganah Dobson**



## **BITTERNESS AND UNFORGIVENESS**

Bitterness and Un-forgiveness is nothing but self-inflicted pain;  
It rips apart the soul and it destroys kills and maims.

You try to put away the past but never deal with the problem;  
You go on with life searching for love, hoping it will resolve them.

You smile with anger, laugh with regret and play around with hate;  
Eventually the pain is going to kill you, because the devil is determining your fate.

Your bitterness for the future and the un-forgiveness for the past;  
You want to let go of the burden but the emotions are far too vast.

Remember true peace comes in loving and forgiving and having faith in God;  
Knowing that He forgives all sins and no sin is far too broad.

Letting go and forgiving, seems hard but you have to live by faith;  
Know that there's nothing or no one that God cannot forgive, condemn or hate.

Un-forgiveness and Bitterness are like a cup of demons forces filled to the rim;  
So pray, forgive and watch God give you the strength to repel all of them.

## CHANGE

I was once scarred, scorned and a soul that was lost;  
I remember stumbling around in the dark at no cost.

My daughter told me, "I hate you and you will never change;"  
It hurt so bad, the thought of watching me drive my family insane.

I worried my family would never ever be restored;  
I thought there was no hope, seeing me life being destroyed.

I decided I had to change because I knew God had a better plan;  
For me to help others and lead them to His heavenly hands.

Every day I wake up, I'm determined to stay focus, on the prize;  
Of joy, peace, self-worth and relief from despise.

Today I live by faith and through God, I can forgive;  
Today I'm worthy of life and today I can live.

I choose to take the narrow path of endurance, kindness and righteousness;  
Today I am a person with strength, patience and of great mightiness.

Every day is a struggle, so I pray to stay humble;  
Today I live by God's will and know how to pray when I stumble.

## GRANDMOTHER

Such a great woman named Alice, God gave me as a grandmother,  
She's a woman who's special to me, gives love to me like no other.

Through all my bad times, she's always held on to my hand,  
Even though I couldn't get right, she could always see right through me.

I remember her favor saying was "Meka your head is hard, you know",  
I need you grandma; I'm sorry right now I'm living very low.

Let's get together again, like we always did when I was a child,  
If I had one wish right now, I wish I could see my grandma's smile.

All the fussing you did helped me, they'll be no more pain or hurt,  
I refuse to let you die, and not see how your prayers worked.

I know that you forgive me for not acting like the child you raised,  
If you could see the change in me today, it would have you truly amazed.

I'm going to get it right this time, so you'll be proud at least,  
Please don't take my unconditional love from earth, the love that gives me peace.

I love you so much and I promise I wouldn't wish for a better grandmother,  
No grandma, I take that back I wouldn't even wish for a better mother.

Dedicated to my grandmother, Ms. Alice Evans

## **MASK**

**People tend to disappoint me by the way they act,  
All the masks they wear and self-worth they lack.**

**It's hard to tell the real person inside,  
They fake it so much they can't even decide.**

**One day they're her the next they're you,  
Trying so hard to fit in they got everybody confused.**

**If you look into their eyes you can see all the rain,  
They laugh and joke so they don't feel the pain.**

**They say" a woman should be seen and not heard",  
But when you're wearing many masks this seems absurd.**

**Feels like I'm in a nightmare, living in hell,  
Bound to a place with nothing but cells.**

**Women with no more sense of morals in their background,  
Hating the world because their fears keep them bound.**

**Wanting so much to fit in and look cool,  
Not knowing that they're only looking like a fool.**

**People keep them around so they can laugh for awhile,  
Laughing at how stupid they look and how they fake their smile.**

**Women wearing different masks in so many different places,  
They deserve an applause, no a standing ovation.**

**For all the scenes they act and all the roles that they play,  
Wolves in sheep clothing, an evil price they will pay.**

**Always be yourself and learn to make yourself laugh,  
Be a leader not a follower and create your own path.**

**Wear the mask you were born with at birth,  
Be yourself and who cares what people think on this earth.**

**Let your haters be your motivators and make your enemy your footstool,  
Keep your head high, walk with pride and watch God make you rule.**



First and foremost I want to thank God. He always saw the best in me, when everyone else could only see the worst in me. Next I would like to say thank you to my grandmother for raising me with morals, respect and unconditional love. I love you to the moon and back. Next, I want to thank my children, my family, Auntie Carolyn, I love you! Thank all of you for loving me despite my flaws.

To my amazing husband Michael, for always seeing the best in me and being my #1 fan, no matter how many mistakes I make. Thank you Ms. Brenda Spalding ,for helping me with this book. We are going places. Thank you to all my friends who supported me, even though they wasn't sure exactly what I was doing. Lastly I'd like to thank all the people who told me their story so I could write my story. Thank you