



Biblical Truths About...

INVISIBLE

SPIRITUAL FORCES

The Roles They Play in Our Everyday Lives and How the Holy Scriptures Instructs Us to 'Deal' With Them



Are They Here to Harm Us or Help Us?

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**The Roles They Play in Our Everyday Lives and How the Holy
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Author's Note

In order to be as accurate as possible in my interpretation of the **Holy Scriptures** I will include plenty scriptures that support the statements being presented here. Also, because there is so much controversy and confusion associated with the name **Jesus**, I prefer instead to use His **'original Hebrew name'**, which according to Historical References is actually **Yehoshua**, the long version of His Jewish name: **Yeshua**.

These Historical References include the **'Jewish Talmud'**, the **'Septuagint'**, **'Strong's Concordance'**, other writings and commentaries that in fact, show that **Yehoshua** was Our Lord's birth name and is the name He was called when He walked on this Earth. Though other sources suggest that these variations are His true name: **Yahoshua**, **Yahushua** and **Yahosha** to name some, but all of these have been shown to be inaccurate, per historical data.

In essence, by calling Him by His true name **Yehoshua** instead of **Yeshua** or **Jesus**, we are restoring to Him **His Hebrew identity**. So, throughout this book I will be using the **'original Hebrew name'** of our Lord and Savior **Yehoshua**. This is my personal preference, so please feel free to refer to Him by His **'English name'** **Jesus**, or Yeshua if you prefer.

Disclaimer

Important: The educational information provided in this bible study guide is intended for educational purposes only. It is study information and should only be used as part of the bible studies you undertake towards the understanding of spiritual topics as taught in the Holy Scriptures. It is not intended as a diagnosis, treatment or as a substitute for professional psychological/medical advice, diagnosis or treatment of any condition. Please consult a local mental health professional or other health care professional for your specific health care and or medical needs or concerns.

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We do however encourage you to learn from the information in this guide, along with the Holy Scriptures and other sources to become more informed about the possible existence of the spiritual entities as taught in the Holy bible, and how they can affect your lifestyle, your health and even your choices in health care. We also encourage you to choose a health care practitioner that you can have trust in and can have dialogue with as your partner in health care.

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Most scripture references used are from the King James version of the Holy Bible unless otherwise noted.

Dedication

To All Who Desire a *'Deeper Understanding'* of the *'Invisible Spiritual World'*, the *'Supernatural Beings'* that Come From There and the Role They Play in Our Everyday Lives...

...and especially to All Who Are Striving to Achieve Victory in Their Own Spiritual Battles...

“... the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds.”
(2 Corinthians 10:4)

“For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.”
(Ephesians 6:12)

“...ye shall know the truth, and the truth shall make you free”
(John 8:32)

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Introduction

Have you ever had a feeling that someone or something else was influencing your thoughts, causing you to say or do things that you normally would not say or do? Or, like a lot of people, have you ever felt as though you or someone you know was living under a curse when it seems like you are being blocked at every turn, or you constantly fail in your dreams and aspirations? Or, maybe you have wondered why seemingly ordinary people are doing all the **'bad'**, even **'shocking things'** that they are doing? So, what can explain the many **'bad deeds'**, happening in the world today, both major and minor, that we see or hear about almost daily, either in person or in the media? Well, if any of this sounds familiar, then read on... You are about to discover the **'truth'** about what is **'really'** behind all the **HATE** and **VIOLENCE** that's going on in this world today. You see, the Holy Scriptures sheds a lot of light on this subject... It accurately identifies key reasons why people act in ways that they know to be bad as you will discover in the following chapters. The scriptures reveal how at times some people can feel driven by unseen forces or circumstance to do what they otherwise would not do. This is because, whether we know it or not, according to scripture, all of us humans are being influenced by either **GOOD** or **BAD 'Invisible Spiritual Forces'**, making us susceptible to either **right** or **wrong** thinking that leads us to say the things that we say, or do the things that we do? Most of understand that our thoughts are actually **'energy'** and every single thought we think can either **'negatively'** or **'positively'** impact our lives. In fact, according to the Holy Scriptures the thoughts we think everyday can be, and possibly are influenced by **REAL 'Invisible Spiritual Forces' (God, Angels, the Devil and Demons)**, to name the main ones. Moreover, the Holy Scriptures teach us that every day, we are bombarded with countless suggestions and temptations to do wrong from the **BAD** spiritual forces that are trying to do us harm and block what God is trying to do in our lives (**Spiritual Warfare**). Yep, whether you believe it or not, spiritual warfare is a true fact... You see, the scriptures teach us that it is a battle that is primarily a matter of the mind; a battle fought in our minds for control of our mind or (**thoughts**).

In effect, what is happening is, this **'invisible spiritual battle'** is being waged by Satan and his demon forces to, as stated before; hinder our progress, do us harm and interfere with what God is trying to do in our lives (**John 10:10**). This is why we all need to understand the operation of these forces that move people to do terrible things. For example, **Ephesians 6:12** in the Holy Scriptures describe our interactions with these **'bad'** spiritual entities, as you will discover in this guide. As a matter of fact, the reason these demon forces want to control your mind is because your thoughts determines your emotions, the words you speak, the actions you take and can even affect your health. To be sure, these bad **'invisible spiritual forces'** can have a tremendous impact and even **'wreck havoc'** in our lives, because everything we say and do, does comes from what we are thinking or moreover, (**what we are influenced to think**). As a result, the main reason most believers in Christ struggle in their walk with the Lord is a lack of knowledge of the spiritual battles that's going on in the minds of believers everyday. Not only that, but these bad **'Invisible Spiritual Forces'** can even use the people you come into contact with everyday; ie friends, love ones, strangers, etc, as their base of operation against you, as you will discover when you read this book.

Therefore, my intentions in writing this bible study guide is to show you exactly what the Holy Scriptures teach about these '**spiritual forces**', their '**base of operations**', and how we are instructed to interact with the '**good**' ones and '**deal**' with the '**bad**' ones (***get rid of them***). With the hope that you will come to understand the importance of removing '**Demonic Activity**' from your life and keeping your mind renewed and free from '**demonic influence**' by using the tools (***weapons***) that the Lord has given to us in the Holy Scriptures. In essence, by making you aware of these '**Invisible Spiritual Forces**' that are operating in and around a person's life, and the God given '**authority**' that you have to '**deal**' with the '**bad**' ones, I pray, will open your eyes to scripture truths that enable you to better see in a more spiritual way and how your life has been and can be '**influenced personally**' by these supernatural beings. Now, prepare to be informed and amazed as we look deeper into these '**Invisible Spiritual Forces**'...

Chapter 1 – The Invisible Spiritual World

“So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.”

(2 Corinthians 4:18)

Now, let's begin by this study by first examining the '**Invisible Spiritual World**' or (*spirit realm*), the place where these beings are said to live or come from... That place we cannot reach as humans, or sense with our five senses. Ok, I know at one time or another, a lot of people have wondered if there really are such things as **invisible spiritual forces**... If so, then where are they coming from? 2). Is there actually an **invisible spirit world**? 3). Maybe you are someone who is really convinced in your heart or through personal experience of the existence of a spirit world? Well, I can answer that by saying that nearly 9 out of 10 people in the United States alone say they believe in **Heaven**, according to a recent news poll... And in addition to this, most also believe that '**Heaven**' is the place where God's '**Throne**' is located. It is also the place where '**Angelic Beings**' reside, to serve and worship God (*Psalm 103:20; Revelation 4:8*). Moreover, the Holy Scriptures tell us that '**Heaven**' is a place where people who have obeyed the Gospel message and developed a relationship with God through His Son Yehoshua/Jesus, are eternally rewarded.

Now, that being said, on the other side of coin, the Holy Scriptures also tells us there is another part of the spirit realm known as '**Hell**'. You see, just like '**Heaven**', Hell is a '**literal place**' and not a figment of our imagination as some would have us to believe (*Jude 1:7. 23; Matt 5:22, 10:28, 24:51; Mark 9:43, 48, 49; Luke 16:23*). In fact, according to recent polls, 58% of U.S. adults say they also believe in '**Hell**'. Moreover, the scriptures tell us that '**Hell**' is the place where those who have led bad lives, rejected the '**Gospel message**' and '**God's Son**' Yehoshua/Jesus; and '**die**' without '**repenting**' and being '**born-again**' are eternally punished (*Romans 5:8-10; Revelation 21:8*). But, in spite of this, other than what we read in the scriptures, little is actually known about this spiritual dimension of reality.

This is due in part, because of the mystery of the spiritual realm itself, and the fact that it is a realm intangible to the five senses of the Human body, and beyond the reach of scientific instruments. So lacking any scientific methods, most of modern science limits its scientific investigation to the physical world only, and pays little heed to anything that exists in the spiritual realm. Well, whether you want to believe it or not, I can assure you that according to the Holy Scriptures, there really exists a spiritual world and spirit beings (*Col 1:16*) as you are about to discover in this guide. As a matter of fact, throughout history all religions have preached about the existence of a '**spirit world**' (*Ephesians 3:10*), with their doctrine and goal being to secure eternal life there (*Revelation 21:4*). Additionally, the scriptures tell us that the '**Throne of Grace**' is located there (*Revelation 22:1*). And, because of Christ, believers now have free access to God's throne and His favour. Incidentally, the Holy Scriptures does recognize the **visible** reality of the **physical** world and **invisible** reality of the **spiritual** world, as

shown in the messages of the following scriptures (**Col 1: 15 – 17; Ro 1: 20; I Tim 1:17; 2 Cor 4:18**).

Moreover, the scriptures also teach that physical world, which is known to human beings through their five physical senses, is complemented by this invisible spiritual world, or simply spirit world. Not only that, but we also learn from the scriptures that the **'visible universe'** is actually being **held together** by a reality that is invisible: That invisible reality as we are told in the Holy Scriptures is also **'Heaven'** or the **'Kingdom of God'**, and is **the parent and governing world of the physical world.** Consequently, in both the physical and the spiritual realms, the principle forces acting in these realities are invisible... With the **Father**, the **Son**, and the **Holy Spirit** as being the **'invisible fundamental beings'** in the spiritual world and they are the ones who **'sustain'** the eternal spiritual reality (**Is 45:7; La 3:37, 38**). In addition to this, God (**Yahweh**) is the governing power of the universe.

You see, uniquely from within the spiritual realm **the invisible God interacts with His visible people through His Son Yehoshua**, who for the most part is not visible, but we are taught in the scriptures how He was visible in human form for a short time that we might see Him, and in Him see part of the nature of God (**Col. 1:15**). So, as the Holy Scriptures also teaches us, because the physical world is filled with sin, it is through this **'supernatural'** exchange that Holy God interacts with us; and likewise, through Him (**Yehoshua/Jesus**) we can interact with God. For **it is 'only' in the name of God's Son, 'Yehoshua' that we can communicate to God (1 Timothy 2:5)**. Or you can use the name **'Yeshua'** or **'Jesus'** if you prefer to. In other words, the Christian's spiritual life is **'held together'** by our Lord and Saviour Yehoshua. Moreover, the Scriptures clearly declares that which a lot of Christians have failed to see; all **energy, power** and **life** come into the physical world from the unseen spiritual world through Yehoshua Christ, with God as the source (**John 1:3, 14:6; Php 4:19**). For instance, the ways in which God operates invisibly but discernibly in human beings are described in the Holy Scriptures.

By the same token, and as shown above, there is another **'Invisible Spiritual Realm'** called **'Hell'**, which for the most part, is said to be the place where **'bad'** spiritual entities (**Devils** and **Demons**) reside and come from; though this theory is not **'specifically'** mentioned in the bible... But, the scriptures do make it clear that **'Devils'** and **'Demons'** do exist and their **'base of operation'** is actually here **'on earth'** in the lives of people everyday (**1 Peter 5:8**)... Did you know that there are other studies that show that 59 percent of Americans believe in **'hell'** while 68 percent believe **'demons'** are active in the world today? Now, with all that being said, next we'll see how the scriptures tells us to keep our mind and heart free from the influences of all these **'bad'** invisible spiritual forces that are not so friendly, and do not have our best interest in mind...

So now, you can see the importance of learning about the spiritual world, it's spiritual beings and as you are about to discover next, the Invisible Spiritual Battles that's going on in the lives of people everyday...

Chapter 2 – Invisible Spiritual Battles

1. Spiritual Warfare

Although it's not preached or taught much in churches these days, a subject that you probably don't hear or know a lot about until now is '**Spiritual Warfare**' (the spiritual battles that goes on in a person's mind) **Ephesians 6:12**. As a matter of fact, the bible tells us that this Spiritual Warfare is the unseen and overwhelming battles that rage within and around each of us everyday. As a result of this, the main reason most Christians struggle in their walk with the Lord is a 'lack of knowledge' of the spiritual battles that's going on in the minds of believers' everyday (**Hosea 4:6**). Even though there are many books and seminars being offered today on 'spiritual warfare', some of them are based on **experience** rather than the clear teaching of Scripture.

Therefore, our focus as believers in Christ must be only on what the Scriptures plainly says. So, in this chapter you will be shown how, according to the Holy Scriptures, spiritual warfare really does exist, with the hope that you will understand the importance of **removing 'demonic activity'** from your life and keeping your mind **free** from '**demonic influence**' by using the tools (**weapons**) that the Lord has given to us in the Holy Scriptures, as you will discover farther on in this book. In essence, it is crucial that we stick to what the Holy Scriptures clearly says about spiritual warfare. Because, basically, whatever we need to know about how Satan and his forces work against us is contained in the Scriptures. You see, it is important to understand that the message of the Holy Scriptures is not only telling us the '**good news of the gospel**', but is also showing us that our real '**battle**' is not with **NATURAL FOECES**, but with **INVISIBLE SPIRITUAL FORCES** (**Ephesians 6:11-12**) that tries to influence our thoughts and actions, block the answers to our prayers, and keep us in bondage. For example, when a prayer seems unanswered, it's not because God sometimes answers no or tells us to wait. But, biblically, it means angels and demons are fighting over it.

As evidenced by scripture in the book of Daniel chapter 10... "**Then he said to me, 'Do not fear, Daniel, for from the first day that you set your heart to understand, and to humble yourself before your God, your words were heard; and I have come because of your words. But the prince of the kingdom of Persia withstood me twenty-one days; and behold, Michael, one of the chief princes, came to help me, for I had been left alone there with the kings of Persia.'**" In addition, Spiritual Battles are usually invisible and kept out of sight for most of us. Only those who pay attention know what forces hide in the shadows and reside in the light of heaven. It is a battle that is primarily a matter of the mind; a battle fought in our minds for control of our mind or (**thoughts**).

As a result, the most important battlefield of your life is your mind. Why? Because as you will discover, the thoughts you think everyday can be, and possibly are influenced by '**Invisible Spiritual Forces**' (demons). These demon forces want to control your mind, because your thoughts determines your emotions, the words you speak, the actions you take and can even affect your health (**Prov 23:7**). Moreover, Satan, who is

the leader of these '**Invisible Spiritual Forces**', in his attack, uses three primary weapons against the believer:

#1 Deceptions (*Mark 13:22; Rev 20:7*) - To deceive somebody means to make another person believe a lie or something that is not true. So, do not underestimate Satan and his powers to deceive. Just as he deceived Eve in the Garden of Eden (*1 Timothy 2:14;*), you can be sure he still deceives people today in the same way (*2 Corinthians 11:3*)... Some examples are, he deceives some people that are on the road to hell into believing there is no hope for them. He also deceives others that are going to hell into believing they are really going to heaven. And for those that are saved, Satan often tries to deceive them into thinking they are not. As it is written in the Holy Scriptures: **“BE SOBER, BE VIGILANT (be on your guard, be alert); BECAUSE YOUR ADVERSARY THE DEVIL, AS A ROARING LION, WALKETH ABOUT, SEEKING WHOM HE MAY DEVOUR”** - (*1 Pe 5:8*).

#2 Temptations - Temptation often follows deception (*Matthew 6:13*). For example, in Genesis, first the enemy tells Eve, **“You won't surely die!”**, and then he makes the fruit on the forbidden tree look good to her (*Genesis 3:6*). For instance, from the Holy Scriptures we learn that all temptations follow the same pattern and is a four-step process that starts in the '**mind**' and leads to '**disobedience**'... That's why Paul said, **“We are very familiar with Satan's evil schemes”** (*2 Corinthians 2:11*).

Step one is the mind: Temptation always starts with your mind... Satan identifies a desire inside of you. In *Mark 7:21-23*, Yehoshua said, “For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness: All these evil things come from within, and defile the man”. Moreover, according to *James 4:1* “There is a whole **army** of evil desires within you.”

Step two is doubt: Satan tries to get you to doubt what God has said about sin.

“Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living God (*Hebrews 3:12*). So, watch out! Don't let evil thoughts or doubts make any of you turn from the living God!

Step three is destruction: Satan is incapable of telling the truth. He offers his lie to replace what God has already said in his Word.

Yehoshua said in *John 8:44*, “Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it”.

Step four is disobedience. You finally act on the thought you've been toying with in your mind.

“But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death. Do not err, my beloved brethren” *James 1:14-16*.

#3 Accusations - The devil is known as the accuser of the brethren (*Rev 12:9-10; 20:3*)... When someone comes to God in prayer, in a sense it can be likened to going before a 'Judge' (**God**) in a courtroom, with Satan as your accuser or (*prosecutor*) and and the Lord Yehoshua (**Jesus**) as your only defense attorney. You see, my friend, Satan accuses us before God everyday, trying to block our efforts and gain a 'legal right' to wreck havoc in our lives. This is why as Christians we need to be vigil; **keeping our minds renewed with the Word of God** (*Eph 6:11; 2 Thess 3:3*).

In addition to all of this, Satan's attacks against us also come in various other forms, such as: 1) He uses the ungodly world (which he controls (*1 John 5:19*) to stir up fleshly lusts within us that tempt us to sin. 2) He uses the unbelieving world to attempt to deceive us with worldly "wisdom" opposed to God's truth. 3) He uses false Christians to try to mislead us into a false gospel centered on a false image and teaching of Christ (*Matthew 7:15, 24:24; 2 Peter 2:1-3*). 4) He sometimes physically afflicts us or our loved ones with sickness, crime, tragedy, or persecution. His ability to put obstacles in your path is great. By the same token, if you are a newly saved Christian, be on your guard, because one method of these invisible demon forces is to attack a newly saved person (*someone who has recently accepted Christ as their Lord and Saviour*)... The main reason he does this is to cause you to doubt your faith in the Lord, hinder and block your spiritual growth and development (*kill your spirit, steal your joy and destroy your life*)...

So you see, once you are saved, there is a battle to be fought. Satan and his demon forces can be expected to attack a new Christian in ways that the person cannot imagine. Read this example from the Holy Scriptures: As it is written, **BELOVED, THINK IT NOT STRANGE (do not be surprised) CONCERNING THE FIERY (or painful) TRIAL WHICH IS TO TRY (or test) YOU, AS THOUGH SOME STRANGE THING HAPPENED UNTO YOU: BUT REJOICE, INASMUCH AS YE ARE PARTAKERS OF CHRIST'S SUFFERINGS; THAT, WHEN HIS GLORY SHALL BE REVEALED, YE MAY BE GLAD ALSO WITH EXCEEDING JOY. IF YE BE REPROACHED (or insulted)... FOR THE NAME OF CHRIST, HAPPY ARE YE; FOR THE SPIRIT OF GLORY AND OF GOD RESTETH UPON YOU: ON THEIR PART HE IS EVIL SPOKEN OF, BUT ON YOUR PART HE IS GLORIFIED-(1 Pe 4:12-14)**. So, if you are a newly saved Christian, be aware because the enemy will try to defeat you before you can grow spiritually strong enough to defeat him.

To understand the battle, we need to begin by recognizing and acknowledging that we are in a war. As it has been shown, as Christians, we are in a spiritual battle of some sort on a daily basis. Some examples to help you recognize when someone is in a 'spiritual battle' are as follows: For instance, a loss of spiritual desire, or pulling away from Godly relationships, there can be a war going on inside. Or when a person is struggling to overcome their evil and sinful desires or addictions; old habits and lifestyles resurface and old iniquities start tempting you, is a sure sign of spiritual attack. Or whenever you have thoughts that are conflicting with the word of God, you can have a spiritual battle going on in your mind. Someone who is struggling in their prayer life can be going through a spiritual battle. When weird things are happening to you that test your patience and faith, you are most likely in a 'spiritual battle'. Not only that, but

certain physical problems; anything from physical fatigue, to feeling out of sorts, can be due to possible demonic activity.

For example, there may be times when you feel like people are harassing you, or you are hearing voices. Or you get upset at the least little thing, and you just don't feel yourself. Likewise, when feeling overwhelmed and helpless because of your circumstances; this too could be a sign that you are under '**spiritual attack**'. In essence, if you are feeling a lot of pressure, confusion, stress and anxiety, there is a real possibility that there may be a spiritual battle going on inside of you. But not to worry, in the following pages you will discover that, as stated before, **God has already given us the weapons we need** to stand against the tactics of the devil (***2 Cor 10:4; Eph 6:10-20***) and how to use them! Thank God Satan and his demon forces cannot do all that they wish to do to us; the Holy Scriptures teach that God only allows Satan a certain amount of freedom; see (***Job 1:12***) and that freedom is always limited. So, as believers in Christ, when we experience the attacks of Satan, we can trust the truth of the Holy Scriptures. ***Romans 8:28*** declares - "**We know that all things work together for good to those who love God...**"

Therefore, by this passage of scripture we can assume that as we go through life we will experience "**good**" things and also "**bad**" things (***though 'bad' things do not come directly from God - James 1:17***), but "**all**" of these things can be made to contribute toward "**good**" ends as God works them out. You see, even the attacks of Satan, although evil, can and will ultimately have a "**good**" result, as God uses them to conform us to Christ, His Son see (***Romans 8:29***). By the same token, ***Romans 8:28*** is telling us that "**all things**" mean that '**all**' of our '**spiritual weapons**' when we use them are '**working together for our good**'. So, with this in mind, attacks from Satan and his minions, along with all other '**trials**' and '**tribulations**', can actually cause believers to **love God more**, resist Satanic attacks more, practice patience, and grow stronger in our faith in many other ways. Praise God for His sovereign protection. Thank Him for His plan to make everything; even Satan's attacks, "**work together for good**" for you! Bottom line is, we are either victors or victims. So take control of your life...

To be sure, our victory in spiritual warfare is when we are covered with the blood of Yehoshua, standing firm; resisting, overcoming and defeating the enemy's lies that he sends our way, in the form of deception, temptations and accusations. Remember, first and foremost, our only hope is in the Lord Yehoshua... The bible declares that: "**The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly**" (***Romans 10:10***) KJV...

So, as you can see, Christ has come and conquered. And in the first place, the war is already won in heaven. Because, Yehoshua told us in ***Matthew 28:18*** that, "**All authority has been given to Me in heaven and on earth.**" And by the same token, Yehoshua give us power over all devils and demons – "**Behold, I give you the authority to trample on serpents (*devils*) and scorpions (*demons*), and over all the power of the enemy, and nothing shall by any means hurt you**" (***Luke 10:19***). In other words, It is only with Him that we can have victory in our spiritual battles. So you see, it's not on our strength that we succeed in battle... Oh no, we fight and succeed by

calling on the greatest warrior in all eternity... The **HOLY SPIRIT**; our sword and companion. Call on the strength of the Lord, and you will be strong enough to stand strong against the wiles of the devil and his demon forces...

No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord.” (Isaiah 54:17) KJV

Chapter 3 – Invisible Spiritual Forces

When you think about the physical world, your first thoughts are of things '**visible**'; things you can see, smell, taste and touch. On the other hand, when you think of **spiritual things**, the first thing that comes to mind is things '**unseen**' (**2 Cor 4:18**). A lot of people these days have a phenomenal interest in the supernatural, due in part to the flood of Hollywood movies, magazines and books featuring ghosts, demons, Angels and other spiritual entities. I think it's safe to say that most people probably do not actually believe in ghosts, and it's understandable. Aren't ghosts, after all, merely an illusion; just figments of the mind? Or possibly just fantastic conjurings for which science has no explanation? For instance, the creations of horror and fantasy authors, and Hollywood filmmakers present a distorted image of ghosts and other spiritual beings as silly, comical or unbelievable entities. So, it's no wonder that most people do not believe there actually exist real spiritual/supernatural beings. While on the other hand, some people actually believe that ghosts are **demons**; here to terrorize us and to challenge our faith in God. Yet, there are others who believe that ghosts are **angels** and are here to help and protect us...

So, what exactly are ghosts? Are they spirits of people that once lived? Are they beings from another dimension? Or could they be something altogether different? Are they something that we have no real understanding of? Well, the fact is, the **ghost phenomenon** is due mostly to Hollywood movies and simply just figments of people's over-active imaginations; as opposed to the **spiritual forces** as mentioned in the Holy Scriptures, which are quite real, has been around since the beginning of recorded history, and operate in and around our lives everyday. To be sure, these spiritual entities are not '**ghosts**', but real '**supernatural beings**' as evidenced in the bible. In fact, **Ephesians 6:12** tells us how the Holy Scriptures describes our interactions with spiritual entities:

“For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places” (Ephesians 6:12**).**

1. Principalities and Powers

The phrase **principalities and powers** occur six times in the King James Version of the bible. And by the same token, other versions of the Holy Scriptures translate the phrase as “**rulers and authorities**,” “**forces and authorities**,” and “**rulers and powers**.” But, comparatively, in every version of the bible where either of these phrases appear, the contexts make it clear that it refers to the vast array of '**evil**' and '**malicious spirits**' who make war against the people of God. In other words, they are the '**principalities and powers**' of Satan; beings that wield power in the '**unseen realms**' to oppose everything and everyone that is of God. So, as you can see from the above scripture, there does exist real '**spiritual/supernatural beings**' that we contend with everyday. While some of these **invisible spiritual forces** are good, and are here to help us and not out to harm us; this scripture warns us that others are bad (**real bad**), mean us no

good and can wreck havoc in our lives if we don't recognize them, and **'deal'** with them as instructed in the Holy Scriptures (**James 4:7,8**).

For example, in the Holy Scriptures we read the Apostle Paul's instructions to **'put on our spiritual armour'**, because our battle in this world is not a **'physical battle'** against the things we can see such as men and machines, but actually a **"spiritual battle"** against unseen forces (**Ephesians 6:10-18**). To be sure, it is a warfare that involves the trickery and power of the devil, as opposed to a human battle. In essence, he is saying that Satan controls the kingdoms of this world and moreover, we are not to underestimate his influence and power, nor believe that this is the will of God. Since Satan is the **'prince of the power of the air'** (**Ephesians 2:2-3**), these wicked spirits, in high places, are often understood to be the collective organization of all of Satan's devil spirits. You see, the Holy Scriptures makes it very clear that evil spirits are the true power behind those who oppose the things of God (whether knowingly or unknowingly), These principalities, according to scripture, are ruling demonic spirits possessing executive authority or governmental rule in this world.

As a matter of fact, given these points, we can summarize that this ruling power usually involves a particular **nation, people or race**. So, in the final analysis, according to scripture, there are **'evil fallen angels'** that oppose the truth of God, ruling the kingdoms of the world. With Satan as their chief prince or ruler; of both the world system and its organization of demons. As noted in the gospel of Matthew... In **Matthew 12:24**, the devil is called **"Beelzebub"**, meaning lord of the dwelling in which these wicked spirits are subject to and operate under Satan's dominion. These demonic spirits, like their chief prince (Satan); direct, control, rule and carry out the present darkness of this world. Although this may be true, the Holy Scriptures signify the devil as the author of sin, sickness and death, and warns us to be alert and vigilant because the devil, as a roaring lion roams about seeking whom he may devour (**1 Pet. 5:8**). It is also telling us to **"stand"** against these evil forces by equipping ourselves with the power of God, and looking unto Christ as our example. **"For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;"** (**2 Corinthians 10:4**).

Although this may be true, a lot of people don't even realize (**especially those that are not very spiritual**) the fact that these **'invisible spiritual forces'** can have a tremendous impact on our lives. You've heard the old saying: **"It's all in your mind"**. Well, this is actually a very true statement, because everything we say and do, does comes from what we are thinking or (**what we are influenced to think by these Invisible Spiritual Forces**). As a matter of fact, according to the Holy Scriptures our minds are under constant **'spiritual attack'** (**2 Corinthians 10:5**). Consequently, because of the affects of the negative or (**bad**) spiritual influences in our lives, the road to the throne of grace can some times become very rough, or even blocked altogether, causing some to turn away, become distracted or just quit. For this reason, it is very important to learn what the Holy Scriptures teach about these bad **'spiritual forces'** and how are we instructed to **'deal'** with them. So, in this chapter I will focus more on these **'bad'** spiritual forces and how to deal with and get rid of them.

Now, before we proceed any further let us pray for power, strength and victory...

1. Prayer for Power, Strength and Victory

"Holy Father, Grant that I may have power and strength to have victory, and to triumph, against the devil, the world, and the flesh. Grant me O Lord, to be strengthened with might by Your Spirit in my inner man; that with Christ dwelling in my heart by faith, I may be filled with all the fullness of God." In Yehoshua' name Amen.

"No, in all these things we are more than conquerors through Him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." (**Romans 8:37–39**)

"For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him." (**Colossians 1:16**).

"And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross" (**Colossians 2:15**).

In chapter two you read about the spiritual battles that goes on in a person's life. As we continue, I will go on to show you according to the Holy Scriptures, the interactions of these **invisible spiritual forces** in everyday human existence. As I stated before, the scriptures inform us that throughout our day to day activities there will be **real spiritual forces** along the way, to either **help** us or do us **harm** (**Heb 13:2; Eph 6:12**). You see, these supernatural entities not only operate in your mind, influencing your thoughts, but they can be all around you within the mind of the people you come into contact with.

Not only this, the Holy Scriptures tell us to "**test the spirits**" (**1 John 4:1**), because these forces come in many forms; i.e. **False Prophets** (**Matt 7:15**), **Angels** (**Heb 13:2**), **Demons** (**Jas 2:19**), etc. So, it's very important to distinguish the good ones from the bad ones; for example Angels are good, and Demons are bad (**very bad**). Sometimes it's difficult to recognize these spiritual beings because of their operation in humans; they look like average people. As a matter of fact, people is their '**base of operations**'. And in effect, they may work through **friends, relatives, acquaintances, strangers**; anybody you come into contact with. So, according to **1 John 4:1**, do not believe every spirit, but test the spirits to see whether they are from God; if what they are saying line up with the word of God. For example, one common tactic of the devil is He plants evil thoughts in our minds, and then accuses and condemns us for them. This is why the Holy Scriptures instructs us to guard our minds and heart from evil thoughts, and to take every thought captive (**2 Cor 10:5, KJV; Eph 6:17, KJV; Phil 4:8, KJV**).

Your mind is not only a terrible thing to waste but it is a useful tool; our thoughts actually come from (3) sources: **1. God; 2. World; 3. Devil**. Did you know that when thoughts enter our minds they actually influence our emotions and our emotions can affect our physical health and actions? Well, this is why the Devil works tirelessly to control your

mind. With his intention being, by controlling your mind, he and his '**demon forces**' can control your emotions, your words, the actions you take in everyday circumstances, your health and even make you sick! We all are used to hearing the quote, "**Greater is He that is in me than he that is in the world**" (*1 John 4:4*). And this is a very true statement. Therefore we reasoned, a Christian can not have a demon make him sick, or harm him in any way. Well, I hate to tell you this, but this is not the case exactly. Remember that the bible teaches that demons cannot own a Christian (the blood of Yehoshua has cleansed us from sin, and lives within the heart of anyone who is redeemed (*1 John 1:5-10*), and no fallen angel or principality (**demon**) can separate us from Him. (*Ro 8:38-39*), but they can inhabit, harass and make a Christian sick.

First, it is important to realize, as Christians, our **souls** are "**sealed**" until the day of our complete redemption (*2 Corinthians 1:22*), but our **mortal bodies**, through our **thoughts** and **emotions** can be commandeered by Satan, and taken captive to do his will in any given moment (*Mt 16:23*). To be sure, it is not the same for us as it is with the unregenerate or unbelievers (*2 Corinthians 4:3-4*). The Lord have given unto all of us a choice in the matter (**free will**); we have the option to hand our bodies over (*Rom 6:12-22*); like pieces on a chess board to either God or Satan in the great cosmic battle or **Spiritual Warfare** (*Ephesians 6:12; 1 Peter 5:8*). Another example of demonic activity in someone's life is when things are going good, and then all of a sudden your circumstances change. You encounter adversities, challenges, roadblocks, hindrances, and problems (*Job 1:6-19*). Your faith weans, doubt sets in and you wonder; '**why is this happening to me?**' 'Where is God in all of this?' But not to worry, God has given to us all that we need to overcome these forces and reach our destination (*Ephesians 6:10-18*).

As unbelievable as all this may seem to some; as you read in (*Eph 6:12*), the Holy Scriptures does make it clear that there are spiritual forces that operate in a person's life and the fact that our struggle is not with the **actual physical being** or (person) but with the **invisible spiritual forces** (Spirits), **spiritual laws** and **spiritual powers** that govern each person's thoughts, words and actions. When thoughts, feelings and desires come into our awareness we naively assume they originate with us. The bottom line is that most thoughts actually originate in and are influenced by the '**Spiritual Realm**'. Hard to believe isn't it? Well, have you ever had a thought and wondered to yourself where it came from? I'm sure you have heard someone say, for example; "**something told me to do this or that**" or "**I don't know what made me say or do that**", or "**the Devil made him do it**"... etc. Maybe you have said something like that yourself from time to time. If you answered yes, then it is a very real truth that you unknowingly have received a thought, or idea, from a **spiritual entity** other than yourself.

As a matter of fact, we learn from scripture that it happens all the time, especially when interacting with other people. Additionally, the Holy Scriptures teach that **we are all spirits in temporal bodies of flesh** (*Genesis 2:7; Numbers 16:22*). And since we are all spirits in bodies of flesh we do have our own thoughts as well. By the same token, God gave us free will to choose what we align ourselves with. This is why it's very important to **guard our minds and hearts** with the truth of **God's Word** (*Pr 4:23; Php 4:7*) as you will discover farther on in this chapter. So hopefully by making you aware of these '**Invisible Spiritual Forces**', I pray, will open your eyes to the scripture truths that

enable you to better see in a more spiritual way and how your life has been and can be influenced personally by the '**spirit realm**'; that place we cannot sense with our five senses...

2. The Main Players

Well, thus far we have learned that according to the Holy Scriptures there really exists an '**Invisible Spiritual World**'. And we also learned about the '**Spiritual Battles**' that goes on everyday in the mind and for the mind of people. Next, we will take a look at the '**main characters**' who live in and come from this spiritual world. The role they play and how we are instructed to '**interact**' with the '**good**' ones, and '**deal**' with the '**bad**' ones. In a word, our conscious minds are being formed, informed and influenced unawares by these '**main**' invisible forces that affect our thinking and ultimately our actions everyday: **God** and His **Angels**, the **Devil** and his **Demons**. Though not a literal being, our lives can also be influenced and affected by the **World**, and the **Flesh**, *Eph 2:2-3; Php 2:13*...

1. God (Holy Spirit) - First, and most importantly, there is our Heavenly Father, who is known by many names. Some of the most familiar ones being: "**God**" - "**Yahweh**" - "**I Am**" - or "**Holy Father**", to name a few. As it has been shown before, God is a Spirit and He is Holy. How do we know this? Well, in the Holy Scriptures, Yehoshua teaches us this; "**God is a Spirit: and they that worship him must worship him in spirit and in truth**" (*John 4:24*).

Therefore, we cannot accept that **God is Spirit** without accepting that (*as it has been shown in the previous chapters*) there is a real spiritual realm and real spiritual beings. In fact, the Holy Scriptures is so full of references to the spiritual realm that we simply cannot rationalize it away. Additionally, it is generally understood everywhere in Scripture that God is Creator of all that is (*Genesis 1:1*); the Sustainer of the universe and all earthly life (*Heb. 1:3*); the Supreme Spiritual Being (*Col. 1:15-18*); the beginning and ending of all things (*Isaiah 46:9-11; Revelation 1:8*). Not only that, God is also revealed in the Holy Scriptures as being the '**Almighty God**' and the '**giver of all good and perfect gifts**' (*James 1:17; Ephesians 3:20*). Truly, our God is a Mighty God... **all Powerful, Omnipotent, Omnipresent and Omniscient**. His power and greatness are far beyond our comprehension (*Job 9:4*). Moreover, God interacts with His creation as a Holy Trinity: **God the Father, God the Son, and God the Holy Spirit**. Uniquely, in each mysterious character of His Being, the scriptures reveal that though God loves Humankind, He hates Sin (*Proverbs 6:16-19; Romans 1:26-27*).

Because sin brings about the evil that hinders us from receiving His promises, and is always destructive of human life and goodness (*Romans 5:8, 3:23*). Nevertheless, the Holy Scriptures reveals God as one who cherishes human beings and Who never stops working on their behalf and for their betterment (*Deut 31:6, 8; Heb 4:16*). It is God's desire for humanity that our soul/mind get redeemed, and we that live victoriously in the world (but not of the world) will love our fellow man and by faith destroy the works of the devil. So, as it has been shown, these four terms (**God, Devil, World, Flesh**) identify invisible realities which the scriptures consistently refers to as '**major forces**' operating in the lives of human beings. If we are not aware of these and do not understand how they relate to our everyday existence, then it is little wonder that we find ourselves

perplexed by scriptural promises like "**victorious life,**" "**freedom in Christ,**" "**being transformed into His likeness,**" and "**entering into the Kingdom of Heaven.**"

Humankind has always experienced these invisible forces as either benevolent or malevolent, as bringing about good or as bringing about evil. While the Holy Scriptures generally asserts that this is basically true, there is more complexity to the issue. In the final analysis, forces for good and for evil operate invisibly in the spiritual realm, the social arena, and in the human mind/soul and personality. You can be sure that not all of these entities are bad, in fact most inhabitants of the spiritual realm are good, and work to benefit and help us along the way. Such as God's "**messengers,**" better known to us by the Greek word: "**angels**" (**Col 1:16**). (I will talk more about angels in the next section). Furthermore, the scriptures teach us that God did not give us a mind to be filled with negative, evil thoughts. On the contrary, God desires us to have peace, love and power in our minds, **2 Timothy 1:7 (NKJV)** "**For God has not given us a spirit of fear, but of power and of love and of a sound mind**".

So every time you get distracted with negative thoughts and images, just remember the ultimate goal, a '**Christ like mind**'. To be sure, Yehoshua never worried about, or participated in what the world was doing; He always stayed focus on His ultimate goal, dying on the cross for our sins. So begin today by developing the '**mind of Christ**', renewing your mind with the Word of God and guarding your mind against Satan's lies and attacks; keeping your focus on God, His will for you, His promises and the conditions we must meet in order for Him to honour His promises. As stated before, God interacts with His creation as a Holy Trinity: **God the Father, God the Son, and God the Holy Spirit**. But, it is only through relationship with His Son Yehoshua that we have direct access to Him. This is because of the fact that God is Holy and man is sinful; the only way we interact with the Father is through Yehoshua... the Mediator between man and God. Remember, God is your refuge and strength, a very present help in trouble (**Psalms 46:1**).

"May the Awesomeness of God's Power always be evident in all our lives" In the name of our Lord and Saviour Yehoshua, Amen.

2. Second – Angels (Good Spirits):

So, just what are angels? Why were they created? What do angels look like and what do angels do? The answer to these questions may surprise you, as the Holy Scripture's description of angels is nothing at all like they are typically depicted in Hollywood movies, books and peoples imagination. Actually, the words for "**angel**" in both Hebrew and Greek, simply mean "**messenger**" or "**God's messengers**". As a matter of fact, in the Holy Scriptures angels appear in many different forms. For example, most angels have the appearance and form of a man, with many of them having wings, but not all. Some angels (**Seraphim**) are bright, shining, and fiery while others look like ordinary humans. Seraphim are the highest angelic class and they serve as the caretakers of God's throne and continuously shout praises: "**Holy, holy, holy is the Lord of hosts**" (**Isaiah 6:2-3; Revelation 4:8**). Other angels, called (**Cherubim**) are described as having multiple faces that appear like a man from one angle, and a lion, ox, or eagle from another angle.

According to the Holy Scriptures, Cherubim guard the way to the tree of life in the Garden of Eden (**Genesis 3:24**) and the throne of God (**Ezekiel 28:14–16**). This passage in **Ezekiel 1:1-28** gives a brilliant description of angels as four winged creatures. Also, in **Ezekiel 10:20**, we are told these angels are cherubim. Yet there are other classes of angels called (**Thrones**). These Thrones or Elders, are a class of celestial beings mentioned by the Apostle Paul in **Colossians 1:16**. They are living symbols of God's justice and authority, and have as one of their symbols the throne. Additionally, some angels are larger than life. Some angels are invisible, yet their presence is felt, and their voice is heard. To be sure, there are said to be many classes of angels, specifically these two scriptures; **Ephesians 1:21** and **Colossians 1:16**, that are used to develop a schema of three **Hierarchies, Spheres or Triads** of angels, with each Hierarchy containing three Orders or Choirs. For example; **First Sphere** = Seraphim, Cherubim and Thrones. **Second Sphere** = Dominions or Lordships, Virtues or Strongholds and Powers or Authorities...

Third Sphere = Principalities or Rulers, Archangels and Angels/Personal guardian angels. In fact, angels are mentioned 273 times in the Holy Scriptures. Moreover, the scriptures present two possibilities of where angels come from: First, (**Colossians 1:16**) tells us that Angels are **spiritual beings, created by God** to serve Him, though created higher than man (**Hebrews 2:7**)... (**While we live here on this earth we are lower than the angels. But when Christians enter heaven they will be higher than the angels because they will be the sons and daughters of the living God**) 1 Corinthians 6:3; John 1:12. Although this may be true, there are other scriptures that gives some people reason to believe that angels are simply people who have died and gone to heaven. For example, some scriptures clearly states that angels are "men" or "people." Like for instance, this passage in **Daniel 9: 21**, where we are told that "**the man Gabriel**" appeared to Daniel. Not only this, but Angels were also called people when they appeared to Abraham (**Genesis 18: 2**), Joshua (**Joshua 5: 13**), Manoah's wife (**Judges 13: 6**), Ezekiel (**Ezekiel 9: 2, 3**), Zechariah (**Zechariah 1: 8, 11**), and the women at the sepulcher (**Mark 16: 5; Luke 24: 4; John 20: 12**).

By these scriptures we can assume that when Angels appeared they have always '**looked like**' people. That is why Paul says, "**Be not forgetful to entertain strangers: for thereby some have entertained angels unawares** " (**Hebrews 13: 2**) **KJV**. To me, these scriptures are not really saying '**exactly**' where they came from, so it doesn't really matter, however, exactly where the angels came from. The important thing is that they exist. I've never seen an angel, but I believe they exist and they do watch over us. Additionally, the scriptures tell us that some, the good angels, have remained obedient to God and carry out His will (**Psalms 103:20**), while others, **fallen angels**, disobeyed, fell from their holy position (**Revelation 12:7-9**), and now stand in active opposition to the work and plan of God (**Ephesians 6:12**). According to scripture, these spiritual beings and are active in the affairs of men (**Ps 91:11-12, 104:4; Lu 15:10**).

But all of this comes with a warning... Though the scriptures tell us angels are interested in the affairs of men, **we cannot initiate direct contact with them or so-called 'good spirits'**. Why? Mainly because, if we attempt to make any contact with the spirit world, evil spirits will take advantage of this sin and contact us, claiming to be good. Did you know that many people get "**sucked into**" occult practices by attempting to contact

angels, or saying "**I will only contact good spirits?**" These people do not understand that angels / 'good spirits' will not violate God's law by participating in human-initiated contact with the spirit world. In fact, God has prohibited us from initiating contact with the spirit world (**Deuteronomy 18:10-12,14**). Therefore, good angels will only obey God's laws and not respond to attempts by us to make direct contact. **Psalm 91:11-12**, states that **God 'gives' His Angels charge over** us; we don't have the authority to command angels to do anything... Only God does. So, in essence, God does send angels to us in response to our prayers, and to minister to us (**Psalm 91:11-12; Hebrews 1:14**). Though sometimes they may appear as human beings (**Hebrews 13:2**), they normally do not make direct visible contact, like demon spirits do... So, be warned! Though the Lord has given His angels "**charge over us**", our interaction with angels can only happen when our Holy Father initiates it.

3. Third – The Devil (Evil Spirit):

Possibly the most **prominent** and **persistent** of the invisible forces that you will ever encounter in your everyday life is your adversary the **Devil; Lucifer**, or **Satan** as he is sometimes referred to (**1 Peter 5:8**). So is Satan real? Bring up the name of the devil, and invariably the picture of a man dressed in red, with horns and a long tail will come to mind. But don't be fooled because Satan would have you accept that he does not exist and is nothing more than a figment of peoples imagination or just a cartoon character. In fact, many people, including some Christians do not believe that Satan actually exists. So, as a "**non-existent**" force in people's lives, Satan is free to influence them without being discovered as the cause of many of their problems.

However, the Holy Scriptures declare that Satan does exist (**Job 1:6-7**) and that he is a beautiful and powerful fallen angel, who through his **Cunning, Craftiness, Subtlety, deception** and **Guile** would like to do nothing more than harass, hinder, harm, destroy people, take away the joy of Christians and ultimately lead people into rebellion against God (**Revelations 12:9**). To be sure, there are enough Bible verses about Satan to help us understand his influence in the everyday lives of people. In fact, the devil is just as much an actual spiritual being as God himself is. Moreover, the Holy Scriptures presents the devil as a real entity, having superior intelligence to man (**Gen. 1: 1; 3: 1, 2**). According to the scriptures, the devil is the archenemy of man, seeking man's spiritual destruction (**1 Pet. 5: 6-9**) and is not simply the figurative embodiment of evil (**2 Cor. 11: 3, Rev. 12: 9**).

The Holy Scriptures further described the Devil as a rebellious spiritual being organized against God, a liar, deceiver, thief, destroyer, and a malicious fiend. He is understood in Scripture to be the Prince of the World, an enemy of all that is good, honourable, true, gracious, lovely, beautiful, joyful, peaceful, excellent, and godly (**2 Cor 11:14**). As you can see, He is a **very bad entity**, who you do not want to have any interactions with... ever! Not only that, according to scripture "**the Devil comes to 'kill', 'steal' and 'destroy'**" (**John 10:10**).

1. Can Satan read minds?

Well this is a controversial subject because no one can really say for certain whether he can or cannot, as there are no scriptures that actually prove this point one way or the

other. Be that as it may, there is **2 Cor. 10** and other passages in the Holy Scriptures that suggest Satan and his demons **can influence our thinking**. With this in mind, it is safe to say that because a person or thing can, according to scripture, influence our thinking, **does not** necessarily mean that they have the ability to read what we are thinking... They would only need to whisper suggestions to our minds either through our ears or from a spiritual standpoint.

Now be that as it may, the fact is he is a master of deception; Satan launches his attacks from the mind of a person, by building strongholds (***negative, evil thoughts and emotions***) in a person's mind. He knows if he can get you to think about a thing long enough, you will speak it out of your mouth, and eventually act on it! This is why the Holy Scriptures tells us to '**guard our minds**'. So, what is being presented in this guide is Satan and his demon forces' **ability to influence our thinking**, the methods they use to do so and how the Holy Scriptures instruct us to 'deal' with them. How unsettling it is to think that we have an enemy who hates us for no reason other than that we are creations of God (and so we don't think about it), but the biblical understanding is; the devil was responsible for the introduction of sin into the world as the result of the successful deception of Eve (***Gen. 3, 1 Tim. 2: 14***). Consequently, sickness, disappointment, and spiritual alienation from God, along with all that is unpleasant and evil are the result of the devil (***2 Cor. 12: 7***).

According to Apostle Peter's statement (***1 Pet. 5: 6-9***), the devil definitely has a role and work to perform. The devil's major access to humans is through the mind/soul or personality...he works tirelessly in the physical world mainly through deceptions, and devices, playing with people's minds and thinking (***2 Tim. 2: 26***)... So it would be wise not to underestimate Satan and his powers of deception. The devil is also called "**the tempter**" (***1 Thes. 3: 5***), and seeks all opportunities and circumstances to tempt man (***1 Cor. 7: 5***). However, with all temptations God provides a means of escape (***1 Cor. 10: 13***). "**Submit yourselves therefore to God. Resist the devil, and he will flee from you**" ***James 4:7 (KJV)***. Additionally, the Holy Scriptures teach that God only allows Satan a certain amount of freedom (***Job 1:12***), but that freedom is always limited. Because of this, Satan cannot do to people all that he wishes to do. Satan chooses to attack God's children (***1 Peter 5:8***), and his design is always evil; Satan is a murderer (***John 8:44***). In contrast, God's design in allowing certain satanic attacks is always good; God loves His children (***1 John 4:16***). So, we cannot blame God for what Satan does.

Another point to consider is, Satan calls himself **god** also. So when we pray, we have to be certain that we direct our prayer as instructed in the Holy Scriptures by our Lord and Savior Yehoshua to: '**Our Father Which Art in Heaven**' (***Matt 6:9***), and just as important, be sure to **address God by His name**; ie Yahweh, Yehoshua, I Am, and so on. Furthermore, the Holy Scriptures also declare that: "Satan, who is the god of this world, has **blinded the minds of those who don't believe**. They are unable to see the glorious light of the Good News of the Gospel. They don't understand this message about the glory of Christ, who is the exact likeness of God" (***2 Cor 4:4***).

"But I am not surprised! Even Satan disguises himself as an angel of light." (***2 Cor 11:14 NLT***).

2. Is there more than one Devil?

Well, I don't believe any one really knows for certain the answer to this question. But, in the context of Christianity, it is traditionally believed that there is one Satan or (**Devil**), who is at the head of a legion of lesser evil entities including demons. By the same token, if you define the word '**devil**' in the same sense that the King James Version of the bible does (which include both the Greek Diabolos (**devil**) and the many Greek daimons (**demons**)) there could be many "**devils**". Yet, there is a different religious perspective is that teaches that there's more than one "**satan**" (which it views to be an evil jinn of which there are many), but only one "**devil**" (namely Iblis, whose name is derived from the Greek diabolos). So from all of this, I think it's safe to say that there exist only one (1) devil and many, many, lesser devils (**controlling spirits**) and demons. But, more about them farther on in this chapter. Read what it says in **Mark 5:8-13** (KJV)... For he said unto him, Come out of the man, thou unclean spirit. And he asked him, What is thy name? And he answered, saying, My name is Legion: for we are many. And he besought him much that he would not send them away out of the country. Now there was there nigh unto the mountains a great herd of swine feeding.

And all the **devils** besought him, saying, Send us into the swine, that we may enter into them. And forthwith Jesus gave them leave. And the unclean spirits went out, and entered into the swine: and the herd ran violently down a steep place into the sea, (they were about two thousand;) and were choked in the sea. It is generally agreed that this passage of scripture is referring to a '**lesser**' form of devil, or demon. Regardless of whether there is one devil or many, the main point to remember is, the devil is a very bad entity... He is someone you do not want to have any interactions with at all... Ever! But don't despair. Though Satan may be a powerful adversary, the Holy Scriptures does tell us how to **deal** with him and gives us the tools to do so: "**For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds**" (**2 Corinthians 10:4**)...

3. Overcoming Satan

In the Holy Scriptures, the apostle John says that believers can overcome Satan when "the Word of God abides in you." As a matter of fact, when Yehoshua was tempted by Satan, He cited scripture to him (**Matthew 4:1-11**). This same principle works for God's chosen people as well, as you will see as you read on in the text. In view of this, Paul tells us that the sword of the spirit, which is the Word of God, is our only offensive weapon against Satan (**Ephesians 6:13-17**). But, in order for this to work, we have to be '**grounded**' and '**rooted**' in God's word. Note the parable of the sower (**Matthew 13:3-8**), where Yehoshua said that there were those who heard the word of God, but failed to take it in, and so were led astray by the devil (the seed that fell by the side of the roadside). When we receive the '**Word of God**', we have to keep it in our '**heart**', our '**mind**' and our '**mouth**'... In other words, Christians can resist the devil by knowing, memorizing and quoting scripture. We are instructed to do this so that we cannot be deceived by the lies of Satan. Moreover, Christians are invincible in the face of evil **only** when they are in **total** submission to God and would rather suffer torture or loss or death than let evil win.

Remember the attitude of Job: “**Though he slay me, yet will I trust in him,**” (*Job 13:15, KJV*) and also of the three Hebrew boys about to be thrown into the furnace, who declared, “**If we are thrown into the blazing furnace, the God we serve is able to save us from it... But even if he does not, we want you to know, O king, that we will not serve your gods...**” (*Daniel 3:17-18*). It is this attitude – being willing to endure anything for Christ – and only this attitude, that makes a Christian invincible... Against these Christians, the devil and his forces are left weaponless. So, unless we make God our master, sin and Satan and his hordes are able to enslave us. To be sure, only when we are in complete submission to God can we expect to successfully resist the devil and his deceptive schemes. For example, the Holy Scriptures gives believers the following instructions about resisting the devil...

1. Submit therefore to God. **Resist the devil and he will flee from you.** (*James 4:7*)
2. "In your anger do not sin": Do not let the sun go down while you are still angry, and **do not give the devil a foothold.** (*Ephesians 4:26-27*)
3. In addition to all this, **take up the shield of faith,** with which you can extinguish all the flaming arrows of the evil one (*Ephesians 6:16*).
4. **Be sober, be vigilant;** because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom **resist steadfast in the faith,** knowing that the same afflictions are accomplished in your brethren that are in the world (*1 Peter 5:8-9*). Additionally, as it is written in the scriptures, Yehoshua declares: “**And he said unto them, I beheld Satan as lightning fall from heaven. Behold, I give unto you power to tread on serpents (*Devils*) and scorpions (*Demons*), and over all the power of the enemy: and nothing shall by any means hurt you. Notwithstanding in this rejoice not, that the spirits are subject unto you; but rather rejoice, because your names are written in heaven” (*Luke 10:18-20 KJV*).**

Now the next thing is to use these '**Spiritual Weapons**' to do as the Holy Scriptures declare; “**put the devil in his rightful place**” (*Gen 3:15; Eph 1:19-23*) by '**binding**' the devil (**Strongman**) and his evil forces and get them out!

4. Bind the STRONGMAN:

The Holy Scriptures tells the story of how Satan led a rebellion against God, failed and was cast out of Heaven taking as many as a third of all the Angels with him (*Revelation 12:4, 7-12; Isaiah 14:12*). Moreover, these falling Angles are now what are commonly called **Demons**, with Satan as their chief '**Strongman**' or leader. Think of it as an army of evil '**Invisible Spiritual Forces**', and just as in God's army, there are Generals and ambassadors etc. So it is likewise in Satan's army also. In fact, the Holy Scriptures makes it clear that we are in a war with Satan and his cohorts (*Eph 6:12 KJV*), so you must learn who our enemy is and how he works, what demons he puts together to assist the general in gaining victory in this **Spiritual Warfare**. But, we must **first** learn who the chief '**Strongman**' is, then learn about his top Generals, and lesser demons.

So, In order to have victory in the battle, we must have a strategy... if you are going to come against an apposing army, you must first learn about them. When you learn your

enemy's tactics; who he is and how he operates, then you will know how to counter-act him, how to fight him and kick out his demon forces. So, if you hope to win the battle, it is imperative that you do this. In light of that, we must take on a **'military attitude'** when dealing with these forces and know that the **'army of God'** with it's many, many hosts of angels (**Revelation 5:11**) and **'mighty weapons'** (**2 Cor 10:4**) is at our disposal. Moreover, we also have Michael, God's top General, to assist us at any time we need the warriors of God to come and help us (**Daniel 10:13**). In the first place, God's army is greater for greater is he that is in us than he that is in the world! (**1 John 4:4**) Once we know who the strongmen are, then we can go in and **'bind'** them up and cast them out, in the name of Yehoshua so we can be free.

The following list is a compilation of the strongmen or (**controlling spirits**) from scripture that can control demonic activity in a person's life...

List of the sixteen strongmen in the Holy Scriptures:

1. Spirit of Anti-Christ - **1 John 4:3**
2. Spirit of Bondage - **2 Timothy 2:26**
3. Spirit of Death - **Romans 7:24**
4. Deaf & Dumb Spirit - **Mark 9:25**
5. Spirit of Divination - **Acts 16:16**
6. Spirit of Error - **1 John 4:6**
7. Spirit of Fear - **2 Timothy 1:7**
8. Spirit of Heaviness - **Isaiah 61:3**
9. Spirit of Haughtiness & Pride - **Proverbs 16:18-19**
10. Spirit of Infirmity - **Luke 13:10-13**
11. Spirit of Jealousy - **Proverbs 6:34**
12. Familiar Spirit - **Leviticus 20:6**
13. Lying Spirit - **2 Chronicles 18:21**
14. Perverse Spirit - **Isaiah 19:14**
15. Seducing Spirit - **1 Timothy 4:1**
16. Spirit of Whoredom - **Hosea 5:4**

Each of these Strongman manifests itself through the addition of other lesser demons who work with him to try to wreck havoc in our lives... In the back of this book see full list of Strongmen and their Lesser Demons; and the manifestations of them in the lives of people. As it has been shown, the primary operation of these demonic forces is in the **'mind/soul'** of people... The **thoughts** you think, the **emotions** you carry every day, and allow to grow and control your actions, become **'Strongholds'** that the devil, controlling spirits (**strongmen**) along with his lesser demon forces use to keep you captive, and in bondage to your circumstances.

For this cause, Yehoshua declares in **Matthew 12:29** that we must **first bind the 'strongman'**, and **then cast the 'demons' out** in order to have victory over these

'strongholds' and set the captives free. (*The 'captives being a person's 'soul/mind'*). In fact, Yehoshua gives us these instructions because Satan and his evil forces use the '**thoughts**' and '**imagination**' that come from Satan who is their leader or ('**chief strongman**') to gain access to your mind where they then use those thoughts against you by influencing your emotions and actions, and even affecting your health. For example, what one thinks about themselves, other people or circumstances can open the door to demonic activity in their lives, causing all kinds of problems and harm. **So you must get rid of them!** But, because controlling spirits and demons are directed by Satan (their '**Chief Strongman**'), the only way to block and remove this demonic activity is to first 'bind' the '**strongman**' (*Satan and his Generals*), before you can cast the demons out... (*This is, according to scripture, the only way to get rid of negative, wicked thoughts, bad emotions, or vain imaginations we carry around in our minds*).

However, in spite of this, there are so many people that are not aware of this fact. They waste time and energy on trying to deliver people from bondage by going after what they see or perceive, most times doing more harm than good. Remarkably, they still do this even though they have read in the scriptures how Yehoshua cast the evil spirits out from people, or how evil spirits are cast out today! They don't realize there is a whole, important structure usually left alone; the '**Strongmen**'. Given these points, read what Yehoshua, Himself said in *Matt. 12:29* - "**how can one enter a strong man's house and plunder his goods, unless he first binds the strong man? And then he will plunder his house.**" You see, what this scripture is implying is; 1). Satan, along with his Generals (*controlling spirits*) is the '**Strongmen**' (**Bosses**) of his lesser demon forces; their leaders. 2). The Strongman's '**house**' is the place where '**demonic activity**' is going on (*a person's mind/soul*).

3). You must first bind the devil/controlling spirits (*strongmen*) then you can '**plunder**' the Strongman's goods (*his demon forces and their 'STRONGHOLD' in a person's mind*) and then they will have to go because their Strongman is bound and now they don't have a legal right to be there anymore. For example; if someone has a certain sickness, and you believe that particular sickness is caused by a demon, in order to get rid of the demon and the sickness it's causing, you must first bind the devil or '**spirit of infirmity**' the (*controlling spirits*) that controls the '**demon**' that is causing that particular sickness, then command the demon to leave. In effect, when you bind the strongman (*devil*) and then boot out the demons you will set the captive free (*your mind/soul*). Then you will have victory... **Bless the Lord!!** So now I hope you understand that in order to remove any '**demonic activity**' in your life that may be causing you problems and blocking you from receiving favor with God, as stated before, you must according to the Holy Scriptures, first bind the strongman (*Mark 3:27*) before you can spoil his goods (*put a stop to demonic activity*).

So, to re-emphasize, you can't get rid of a demon until you first bind the devil that controls him... **You must learn this great fact;** you have to bind the strongman. because this is a very important step if you hope to free yourself of the influences and activity of these **bad 'Invisible Spiritual Forces'**. Now, before you begin this process, there are some '**very important**' steps that you must take... The first thing you want to do before you do anything else is go to the Lord in prayer; confessing and repenting

sins (**Romans 3:23; 1 Jo 1:9**) and asking Yehoshua for forgiveness. Likewise, you have to forgive others who have offended or hurt you, because the Lord will not forgive you for your sins if you do not forgive others “...and forgive us our sins, as we have forgiven those who sin against us” (**Matthew 6:12 NLT**). You have to do this so you will be free from sin and not have any bad or negative thoughts in your mind that the devil can use to accuse you before God (**Revelation 12:10**) and hinder your success in this process. In other words, as the Holy Scriptures puts it “**Satan does not cast out Satan**” (**Matthew 12:26-29**).

Basically, this scripture is saying that if Satan, the same with Beelzebub, casts out the rest of the demons, or other devils, of which he is the prince and head, then he is divided against himself; he acts contrary to his own interest, which is to keep possession of the bodies and souls of men; and consequently it must, in course, be subversive of his power and dominion. If demons were cast out by the aid of Satan, then Satan was fighting against his own servants and his kingdom is divided against itself. In like manner, a man might be at war within his own mind making him a person who is divided against himself (**James 1:6-8**). Maybe there is 'guilt' or 'self condemnation' from some past or present sin. Or maybe some other 'transgression' or 'addiction' that needs to be dealt with. Any of these can block your victory and even put you in greater danger (**Acts 19:15**). So, be sure to go to the Lord first asking for mercy, forgiveness and deliverance... Be humble and sincere, and He will hear you (**1 John 1:9**).

In short, you must be 'prayed-up' (**1 Thess 5:17; Jas 5:16**); if your heart or soul is not right with God, how can you honestly hope to 'bind' the devil, his generals and remove a 'particular' demonic activity from yours or another person's life? For example, as stated before, if you are dealing with a 'spirit of infirmity' (**Luke 13:10-13**), that you want to remove, but your mind is filled with **guilt, condemnation, doubt, negative or carnal thoughts (Psalms 5:5)**, or if there is **un-confessed sin** in you life (**Proverbs 28:13**), you will not be successful in your efforts (**John 9:31**). So I suggest before you do anything, do as the scriptures declare: “...give no place to the devil” (**Ephesians 4:27**). “Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour.” (**1 Peter 5:8**). “Therefore **submit to God. Resist the devil and he will flee from you**” (**James 4:7**). The next '**very important**' step in this process is to talk to our Holy Father in prayer; 'blessing His name' by faith until you **feel the presence of the Holy Spirit within you (Ps 34:1-4, 103:1-2, 20-22)**. This is very important! Because you need the presence of the Holy Spirit to help you (**John 14:26; Ro 8:26**).

When you know by faith that the Holy Spirit is with you (**Jer 29:13**), you are ready to bind the Strongmen. So with this in mind, before you do anything else **you must bless the Lord**, giving Him praise... Say “**I bless You Lord Yehoshua, I praise Your Holy Name**”. You can also meditate on and quote the 'blessing' and 'praise' scriptures. For example: “**I will bless the LORD at all times: His praise shall continually be in my mouth.**” (**Psalm 34:1**) KJV. You must understand that **praise is one of the most forceful, powerful weapons** we have as Christians. Consequently, we start with it because the Holy Scriptures declare that **God inhabits the praise of**

His people (Psalm 22:3). Finally, have faith; don't doubt and don't fear. Because doubt, fear and weak faith will defeat you. In a word, the victory comes from **LOVE, FAITH** and **JOY** in the Holy Ghost. Also, remember that you are a '**Speaking Spirit**'. The Holy Scriptures tell us that God is a '**Spirit**'.

Not only that, but moreover, He is a '**Speaking Spirit**'. God did not do anything without speaking it first – He said "**let there be**" and it came to be. In like manner, God's Son Yehoshua the Christ when He spoke was imitating the Father, and getting the same results as the father. So, just like the Lord Yehoshua, if you are a disciple of Christ, you have the same authority; you are another '**Speaking Spirit**'. We learn from scripture that God made us with the same capacity, not independent from or in competition with Him, not on the same level as Him but in partnership with Him as His royal ruler over this planet. Therefore we too must see, hear and speak as Yehoshua did. So, you see, it doesn't take a great ritual or ceremony as depicted in Hollywood movies and TV shows to bind their authority and operations in your life. If you are a Christian and filled with the Holy Spirit, the Holy Scriptures gives you all the authority you need. Which is basically these three things to begin with: 1. The name of Yehoshua, or Jesus if you prefer (**Mark 16:17,18; Luke 10:17**). 2. Faith in the Word of God (**Hebrews 11:1,6; Matthew 21:22**). 3. Resist the enemy and he will flee from you (**James 4:7**).

Additionally, in **Mark 11: 22-23** Yehoshua said "... **Have faith in God. For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says.**" To be sure, the Holy Scriptures is telling us that "**we can have what we say, if what we say comes from the heart**"... Now, this is how the Holy Scriptures instructs us to bind him: Simply put, you '**speak**' the evil spirit out with the '**Word of God**'. That is your sword to chop his head off, tie him up / bind him in order to render him powerless and ineffective against you... not only him but his cohorts too! You are now taking the authority over them instead of them having the authority over you! Use the authority that the Lord has given to His Disciples in **Luke 10:19** and **Matthew 16:19**. This is how you do it...

Declare: "Satan, I bind you in the name of Yehoshua the Christ! And I render you powerless in my/his/her life! Therefore, you have no POWER or AUTHORITY over me/him/her. Loose me/him/her and let me/him/her go!"

He will do it! Why? because he is subject to the '**laws of God**' and the '**name of Yehoshua**' the Christ (**Matthew 16:19, 18:18; James 4:7; Luke 10:19**). In fact, Satan is bound by the cross of Christ. There the serpent's head was crushed and his forces of evil routed. So certain was Christ of victory that as He went to His cross He could say emphatically... "**Now is the judgement of this world; now shall the prince of this world be cast out**" (**John 12: 31; 1 John 3:8**).

Do the same thing to also bind the the '**particular**' controlling spirit **Declare: "Spirit of _____ *; Your Strongman is bound. I now bind you in the name of Yehoshua the Christ! And I render you powerless! Therefore, you have no POWER or AUTHORITY over me/him/her. Loose me/him/her and let me/him/her go!"**

*Refer to the '**Lists of Strongmen and Strongholds**' to find which particular spirit you are dealing with.

Note: Though Satan himself cannot be '**physically**' bound by any human being, the Holy Scripture clearly declare that when we are '**True Christians**' we have the '**power**' and '**authority**' to '**bind**' and cut-off his '**authority**' and '**operation**' in our lives (**Genesis 3:15; Eph 1:19-23; 1 John 4:4**). Now, after you have bound Satan and his general's authority, next '**deal**' with the demon activity and get rid of them.

4. Fourth – Demons (Bad Spirits) - very bad!

So, just what are demons? Basically a demon can be defined as a '**fallen angel**'... A spirit being with supernatural powers, which is generally considered to be malevolent; a '**very bad spirit**'. In fact, the scriptures provide abundant evidence of the existence of demons or Satan's evil angels. For instance, we know from the Holy Scriptures that Satan fell from heaven and took a third of the angels with him. These angelic beings who shared in Satan's fall became evil (**demons**); a fallen angel that has lapsed into sin or has been exiled from heaven (**Ezekiel 28:18; Matthew 25:41; Revelation 12:4**). In the Greek language, the word for demon is daimon, which means a spirit being but an inferior being to God, although it is superior to man, and is found more than 75 times in the Greek New Testament. In each case it is translated by the word devil in the King James Version of the bible.

In rare instances, the Holy Scriptures mentions demons by these names: **Legion**, **Abaddon/Apollyon** and **Molech**. But for the most part, demons are known by their "**function names**" (***the way in which they manifest themselves in a person's life***). You see, the '**function name**' will tell you what the demon specializes in once he becomes attached to a person, whether it be on the outside of the person or on the inside of the person. For example, a '**spirit of lust**' will specialize in transmitting lust onto the person they are attached to. Once they transmit that feeling of lust onto this person, they will then try and get the person to act out on it. Consequently, this is how many people end up engaging in fornication, adultery, pornography, or other more perverse or deviant behavior.

This is what you call a person coming under "**direct demonic influence**." Another example is: Demons with "**function names**" of **murder**, **rage**, and **hate** will manifest themselves in ways of violent acts within a person's life and they are most likely the '**driving force**' behind all types of horrible crimes. Although this may be true, in reality all a demon can do is **try** and make you do bad and evil things. Unless you are dealing with a case of temporary possession, or someone who has become mentally ill in some way, most of the time the person will have all of his or her senses fully intact enough to know right from wrong, and will know what the full consequences of their acts will be if they decide to go all the way through with it, because God will still hold the person completely responsible for their own actions just as He held both Adam and Eve totally responsible for their actions in the Garden of Eden. Mainly, because the person is fully cooperating with these demons with their free will and as a result, they will be held totally accountable and responsible by both the law if they commit a crime and are ever

caught, and by God Himself once they die and cross over to face Him head on for their own personal judgment.

However, as it has been shown, **no demon can 'possess' any Christian**, because possession means ownership. In view of that, you can be sure that **no demon can ever 'own' any Christian**... But unfortunately, the truth is, a demon can inhabit your body, influence your thoughts and make you or any Christian sick; if you are not careful to **keep your mind renewed with scripture (Romans 12:2)**, and **your focus on the Lord Yehoshua (Isaiah 26:3)**, it can get in your body and cause you all kinds of trouble (***Romans 6:16; 1 Corinthians 11:30***). Here's a word of caution though: If you are dealing with **someone who is not a Christian, they can be 'possessed' by a demon**, and more than one. In fact read what the Holy Scriptures has to say about Yehoshua's encounter with a 'possessed' man... "**And he asked him, What is thy name? And he answered, saying, My name is Legion: for we are many**" (***Mark 5:9***). The dictionary defines 'legion' as great in number: a vast host, multitude, or number of people or things.

Moreover, this scripture in ***Mark 5:9*** tells us that the devils in the 'possessed' person were **many**, yet they say, "**My name**" (not our name) "**is Legion**". Though many, they speak and act as one in their possession. That kingdom, we see, is not divided. So, if you are trying to deal with someone who is actually 'possessed', **don't go it alone!** You will need some help, because the scriptures declare that "**One true Christian can put a 'thousand to flight', but two can put 'ten thousand' to flight**" (***Joshua 23:10; Deuteronomy 32:30; Leviticus 26:8***). With this in mind, casting a demon out of an unbeliever is not a wise idea. What it is very wise though, is to first lead that person to Christ, so that they can be 'cleansed' and 'justified' by the blood of Yehoshua and there is now a protection upon them, and to keep the demon(s) from coming back once they are cast out. Not only that, another thing to consider, is that trying to cast a demon out when he has 'legal rights' in that person's life can be very dangerous. So, you have to be careful because demons can manifest and physically get very violent and cause bodily harm to both the victim and the nearby people.

It is a good idea to cut off the demon's legal grounds (***legal right***) in the person before attempting to cast a demon out. This is why we have to first 'bind the strongman' and remove anything from our lives that can hinder or block our progress and victory. To be sure, the only sure thing to protect us is what the Holy Scriptures call 'death to self', or being 'crucified' with Christ. Like Yehoshua' death and resurrection, however, what seems like a ghastly end is actually the beginning of a brand new life. As the scriptures revealed, losing one's life for Yehoshua' sake is the key to finding real life (***Matthew 16:25; John 10:10***). As soon as you die with Christ, you rise with Him and begin reigning with Him, **with your every spiritual enemy under your feet**... ***Hallelujah!*** You see, nothing but the most drastic action can deliver us. Because, no one, no matter how terrifyingly cunning they are, can threaten or entice a dead person (***someone who has died to self***). The key is not actual physical death, but something that can at first seem as scary and as extreme. Something so drastic that the Holy Scriptures rightly calls it death.

Thankfully, dying with Christ to our old life, leads immediately to rising with Christ to a new life (**2 Corinthians 5:17**). It is like trading dirt for gold. Nevertheless, it seems almost suicide to those who have never experienced the unique joys and fulfillment that Christ offers. In **Matthew 12:22-29, 15:22-28, 25:41; Mark 5:1-16**, we see how Christ demonstrated His power over demons and in the same fashion, He also gave His disciples power to cast out demons (**Matthew 10:1**). In addition to this, another important point to remember is that some demons **CANNOT** get shed (or cast out) without **prayer and fasting**. In the Holy Scriptures, **Mark 9:17-29** tells the story of the disciples trying to cast a demon out of a child. **They were unsuccessful**, so the boy was brought to Yehoshua, and He cast it out, but He also told us that this kind of demon (**a very strong demon**) **ONLY** comes out through prayer and fasting! **Mark 9:29** states, "**And he said unto them, This kind can come forth by NOTHING, but by prayer and fasting.**" If Yehoshua said that prayer and fasting is required, believe me, it's not coming out with a quick nudge, much less when a person simply accepts the Lord Yehoshua! So what Yehoshua was saying is that it requires a lot of faith to cast these demons out... how you get such faith is through prayer and fasting. So, if His disciples did not have enough faith to cast it out, what makes us think the average believer has enough faith (without prayer and fasting) to cast it out?? So be careful; make sure your faith is strong enough to deal with this type of demon.

1. Get the DEMONS Out!

Ok, now that you know who your real enemies are and how to deal with their leaders, the next thing you must do is get rid of the demons.

Important Reminder: Before you begin this next step, as stated above, you must first bind the strongmen as instructed, then bless the Lord. So remember to **always start each act by blessing God**, and be confident. When you begin to bless the Lord the anointing will come on it, then you will be ready to move forward.

So, #1 thing to do in this step is, **'bless the Lord'**. Just as before, say "***I bless you Lord Yehoshua, I Praise Your Holy Name.***" And just as you did in the prior step, meditate on 'praise' scriptures and 'bless' Him until you know by faith that **His presence is with you**. When you know this by faith, move on into the next step... Now, before you go any farther, read the statement below and in the **underlined spaces** replace the words there with the proper name of the condition and person with whom you are dealing. Now, let's get the demons out...

Ok, once you have bound the '***strongmen***' declare to the demon this: Say, "***Your strongmen are bound and you have no 'legal right' here anymore. On the authority of Matthew 16:19, and in the name of Yehoshua Christ of Nazareth, I bind the spirit of: (name the demon from whatever particular issue or circumstance that you are dealing with), and command you to leave: (name of the person) and go to the pit and stay there!***" In Yehoshua' name, amen.

Here's another variation you can use when dealing with someone who has a physical or mental illness. Say, "***You foul spirit of (name the particular sickness,***

thoughts or emotion), your strongmen are bound and you have no 'legal right' here anymore. Demon, you come out of (speak yours or another person's name!) in the name of Yehoshua Christ of Nazareth! Come out of (me/them) now! Take your influences, pain, sickness, disease and damage with you! Go to the pit and stay there!" In Yehoshua' name!

Supporting scriptures: ***(Matt 10:1; Mark 6: 7.13; Luke 9:1, 10:19)***. Moreover, **you must command the demon to go to the pit.** Because, according to scripture, a demon, having been cast out, will stay out a little while, and then come back and bring 7 more with him that's worse than he is.

As a matter of fact, in the Holy Scriptures Yehoshua remarks how an evil spirit will always return to a person. And by the same token, if the evil spirit comes home to find his dwelling (***the person***) clean, he'll bring back friends to mess it all up again. Now that just puts the person in even worse shape than before (***Matt 12:43-45***). ***"When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none. Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished. Then goeth he, and taketh with himself seven other spirits more wicked than himself, and they enter in and dwell there: and the last state of that man is worse than the first. Even so shall it be also unto this wicked generation."*** So, as you can see, Yehoshua is saying that when a demon leaves a person, it likes to come back with **7 more even worse demons.** Do you know why it does this? Because 1) you didn't dispose of it properly; **send it to the pit** and 2) you did not '**loose**' something in it's place (I'll talk more about '**loosing something**' farther on in this chapter). Bottom line is, if you want to dispose of a demon properly... You have to send him to the pit and **command him to stay there,** then '**loose**' something in it's place; so he can't get back out to bring his 7 more reinforcements with him to a now '**empty'/'clean'** vessel.

Not only that, but **don't let demons** speak... Never allow one of them to talk to you! (***Deuteronomy 18:11-12***). Because the demon that is influencing a person's thoughts and ultimately his emotions and words will become '**aroused**' and try to take over when you are dealing with it. You have to understand that according to scripture, a demon is '**spiritually sensitive**'. So, what happens when you are trying to get rid of it is, it senses the holy, divine and powerful presence of the Lord Yehoshua within you. As a result, this holy, powerful presence of Yehoshua arouses intense fear within it; a fear that the authority of the Lord Yehoshua that is within you will destroy its ability to influence the person. And so the demon will openly challenge you through the voice of the man/woman that it has oppressed. Supporting scriptures: ***(Luke 4:31-37, 41; Mark 1:34)***.

Additionally, because they don't want to leave the person, they can also try to hinder you from casting them out by causing you to doubt yourself or feel that you are unworthy by accusing you of your un-confessed sin, bad habits, carnal thinking, etc. They do this also by speaking through a person's mouth or whispering suggestions supernaturally in your mind. Additionally, the Holy Scriptures tell us there are other reasons to not let them speak, such as; the fact that Satan is called the '**father of lies**' (***John 8:44***; see also ***Genesis 3:4***), and the demons who follow Satan no doubt reflect

the character of their diabolic leader by trying to lie to you so you will stop what you are doing (**for example, like speaking through the person to make you think they have been cast out, or that they don't need to be cast out**). So, you don't let them speak to you and don't listen to their lies or suggestions, but have confidence and faith in the Word of God. Just get him out!

By doing this, you are demonstrating that you have authority in the name of Yehoshua the Christ, over the demons. This would be in keeping with other verses in the Gospels where this authority is openly demonstrated for example, (**Mark 8:33; 9:38; Luke 10:17-19**). In fact, we read in the Holy Scriptures that Yehoshua "**drove out many demons, but he would not let the demons speak**" (**Mark 1:34; Luke 4:41**). Next, once the demons are out, **you have to fill that void** according to scripture: "**and whatsoever thou shalt loose on earth shall be loosed in heaven**" (**Matt 16:19**). So be sure to Loose 'love', 'peace', 'healing' and 'prosperity' by reading, meditating on and speaking the corresponding scriptures everyday.

Summary

In essence, as you have been shown, there are seven ordained steps to remove demonic activity from your life:

1. Prayer: First, you must confess any sins and repent of them. Ask the Lord for forgiveness and salvation.
2. Pray for the presence and assistance of the **Holy Spirit** to help you.
3. Bless the Lord until you feel the presence of the Holy Spirit.
4. Bind the Strongman (so demons will no longer a '**legal right**' to wreck havoc in your life).
5. Get the demons out (bind the evil spirits and command the to leave, go to the '**pit**' and stay there).
6. Fill the void (You have to now **LOOSE** something to fill the empty places or the Demons will come back).
7. Have faith (confidence) Be strong (Have courage).

Scriptures for Meditation

Use these scriptures to Bless and Praise the Lord until you feel His Presence...

1. Bless the LORD, O my soul: and all that is within me, bless his holy name.
2. Bless the LORD, O my soul, and forget not all his benefits:
3. Who forgiveth all thine iniquities; who healeth all thy diseases;
4. Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;
5. Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.
20. Bless the LORD, ye his angels, that excel in strength, that do his commandments, hearkening unto the voice of his word.

21. Bless ye the LORD, all ye his hosts; ye ministers of his, that do his pleasure.
22. Bless the LORD, all his works in all places of his dominion: bless the LORD, O my soul. (*Psalm 103:1-5, 20-22*).

1. I will bless the LORD at all times: his praise shall continually be in my mouth.
2. My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad.
3. O magnify the LORD with me, and let us exalt his name together. (*Psalm 34:1-3*).

Let every thing that hath breath praise the LORD. Praise ye the LORD. (*Psalm 150:6*).

2. Prayer for Deliverance

“In the name of the Lord Yehoshua the Christ, by the power of His cross, His blood and His resurrection, I bind you Satan, the spirits, powers and forces of darkness, the nether world, and the evil forces of nature. I take authority over all curses, hexes, demonic activity, and spells directed against me, my relationships, ministry, air space, finances, and the work of my hands; and I break them by the power and authority of the risen Lord Yehoshua.

I bind all demonic interaction, interplay, and communications between spirits sent against me, and send them directly to Yehoshua the Christ for Him to deal with as He wills. I ask forgiveness for, and denounce all negative inner vows that I have made with the enemy, and ask that Yehoshua release me from these vows and from any bondage they may have held in me. I claim the shed blood of Yehoshua the Christ, the Son of the living God, over every aspect of my life for my protection”. I pray all these things in the precious name of my Lord and Savior, Yehoshua. Amen.

“Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.” (*Psalm 19:14*)

“Finally, my brethren, be strong in the Lord, and in the power of his might.”

“Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.” (*Ephesians 6:10-11*)

Thus far you have been shown from scripture that there really exist an invisible spiritual world along with it's 'invisible spiritual beings' and our interactions with them. You have also been made aware of the possibility of '**Demonic activity**' that goes on in the lives of people and how the Holy Scriptures instructs us to '**deal**' with them. Next we'll look at another obstacle that according to scripture, can hinder you from receiving the promises of God... The **World**

5. Fifth – “The World”

The World, though not a literal **'Invisible Spiritual Force'** can influence your thoughts, hinder favor with God and impact your life (**James 4:4**). So therefore, it is appropriate to briefly discuss **'the World'** or the state of being **'Worldly'** in this section of our study of **'Invisible Spiritual Forces'**. The word **"World"** is a common name that means cosmos or order and other meanings. Moreover, the dictionary definition of **"worldly"** is "relating to, or devoted to, the temporal world." Worldliness then, is the condition of being concerned with worldly affairs, especially to the neglect of spiritual things. In scripture, the word **'world'** is often used as a technical spiritual term, where it refers to the culture and its spiritual impact on the experience and behavior of human beings. This culture is a society, a human community of associations not organized for God, but for power (control) and security (wealth).

All cultures are organized in this way, even though they may seem to be extremely religious. Do you know that, to date, no recorded culture (except perhaps ancient Israel at its best) has ever really sought first the Kingdom of God? Moreover, without humanity seeming to notice, cultures and societies inexorably go in the direction of the Prince of the World (**Satan**). I know this may be hard to swallow, but it is the Biblical view (**Jo 14:30; Matt 6:24**). To be sure, the culture we live in today can have a powerful formative impact on us, as obviously evidenced by modern industries such as advertising, computer technology and media communication. Not only this, but people are also part of this culture in which we live and grow.

In essence, the influence of our culture, our parents, siblings, peers, or people significant to us shapes in us a **'worldview'** which invariably conflicts with the world view of the Holy Scriptures. In fact, the scriptures has a great deal to say about **'worldliness'**... though none of it is good. The phrase; **"The world"** as used in the bible is a term that describes any non Biblical world view and the culture which supports it. For instance, in Christianity the term is often used to describe the concept of the fallen and corrupt world order of human society, in contrast to the World to Come, and is frequently cited alongside the flesh and the Devil as a source of temptation that Christians should flee. **'Worldliness'** is an issue that has spawned confusion and division among Christians down through church history. Some have actually thought that the cure for worldliness is isolation from the world. For example, even in modern times the Amish and some sects of the Mennonites are known for their distinctive clothing and lifestyles that separate them from American culture.

As a matter of fact, many of them think that it's worldly to own or drive cars. Believe it or not, there was a time when Christians thought that someone was worldly if they did any of the so-called **"filthy five"**: drinking, smoking dancing, going to movies, or playing cards. In contrast, some Christians have reacted to this separation from the world by emulating what the world is doing. But in reality they become so much like the world that there are no noticeable differences between them. Their claim is that, by their actions they are trying to reach the world for Christ, but all too often their attempts to relate to the world end up compromising biblical absolutes... Read **1 John 2:15-17** where it states...**"Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him. 16) For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world. 17) And the world passeth away, and the lust thereof:**

but he that doeth the will of God abideth for ever.” As you can see in this passage of scripture, John doesn't let us love the world one little bit, while we still claim to love God.

In his message he draws the line: either you love God or you love the world. Take your pick, because you can't have both! So in the light of this, it is very important to understand from the scriptures what worldliness is and what it is not. For instance, in the Holy Scriptures, the Apostle John uses the word '**World**' 78 times in his Gospel, 24 times in his epistles, and 3 times in the book of Revelation. By the same token, it is only used 85 times in other books of the New Testament, 47 of which are in Paul's writings. As stated before, it originally meant "**order**," and it came to refer to the universe as the well-ordered creation of God. It may refer to the physical world (**John 1:10**) or to the people of the world (**John 3:16; 1 John 2:2**). On the other hand though, from a biblical standpoint, there is nothing wrong with loving the world in the sense that we should enjoy God's creation and we should love '**worldly people**' who need to know the Savior, if we can do this without conforming to the patterns of the world ourselves (**Romans 12:2**).

John also uses the word '**World**' to refer to the evil, organized system under Satan (**Invisible Spiritual Forces**), which operates through unbelieving people who are opposed to God. In (**1 John 5:19**) he writes: "**And we know that we are of God, and the whole world lieth in wickedness.**" Read what the Lord Yehoshua spoke of the world hating both Him and those who follow Him: "**The world cannot hate you; but me it hateth, because I testify of it, that the works thereof are evil. 18) If the world hate you, ye know that it hated me before it hated you. 19) If ye were of the world, the world would love his own: but because ye are not of the world, but I have chosen you out of the world, therefore the world hateth you**" (**John 7:7; 15:18-19**). Here in Yehoshua's prayer we learn that ... Christians are to relate to the world as Yehoshua did: to be in the world, but to be distinct from it. So as it has been shown, these scriptures are saying that the world operates on the basis of ungodly thoughts, attitudes, motives, values, and goals. This is certainly true of the world we live in today, where man openly rebels against God; rejecting His laws and statues (**Isaiah 5:20**); seeking not to promote God's glory or to submit to His lordship.

It is in this sense that we must not love the world... As the Holy Scriptures puts it: "**...be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what [is] that good, and acceptable, and perfect, will of God**" (**Romans 12:2**).

6. Sixth – “The Flesh”

Biblically speaking, '**the flesh**' can be defined as the evil and corrupting principle working in man. It is a way of thinking that opposes the word of God, and is another technical term which points to the spiritually fallible and fallen individual soul (**Romans 8: 1-14**). The phrase to be "**fallen**" refers to the invariable gap in human nature between our potential for love and goodness and our actual self centred and evil behaviour (**Romans 3:23; Jeremiah 17:9**). We are blessed by freedom, but we transform it to a curse by our misuse of it (**Romans 1: 18-32**). Ever since the Fall (**Genesis 2:17**) (which is Scripture's description of the human condition); man's

unredeemed human "personality" or nature is not organized for God, but for self (**Romans 8:7-8**). With his focus being more on survival, pleasure, security, self esteem and accomplishment rather than God. To be sure, the "**flesh**" or "**sinful nature**" according to scripture, describes the human soul as being unconnected to God (i.e. lost). As a matter of fact, all evangelicals seem in agreement with one another about this Biblical understanding: that it is the soul that needs to be saved. In light of that, all that happens in the soul/mind/personality is invisible, and yet when manifested in behaviour, this inner world of humans becomes more observable. Moreover, as stated before, these '**invisible Spiritual forces**' have access to the mind, emotion, and inclinations of the human soul; it is one of the battlegrounds of the spiritual realm... (**The spirit wars against the flesh, and the flesh wars against the spirit Galatians 5:17**). The '**flesh**' and the '**heart**', these are part of the human soul or personality, with the flesh being the "**carnal nature**" of man and the heart is rather the "**inner man**".

This is who we really are deep inside, where our true tendencies are. "**The Heart**" is the deepest will of a person, and is not to be misunderstood as the emotions or feelings. Our heart influences our personality, our personality produces our behaviour, and our behaviours create our culture (i.e., the world)...it is in our hearts that our freedom lies, and that is why the teaching of Yehoshua is so concerned with the heart, because it is here that we are free. In scripture our Lord and Saviour Yehoshua confirms this view: "**as a man thinketh in his heart so is he**" (**Proverbs 23:7**). Here in our hearts we can decide; choose if need be, against our own personality, against the invisible spiritual forces of the devil, even against the culture that has shaped and grown us. So then, the heart of the matter for humans is the '**heart**'. It is within the heart where "**conversion**" happens. So you have to keep your emotions under control, because negative emotions will move you away from the will of God, His favour and can make the word of God in your life '**of no effect**' (**Mark 7:13**).

In essence, our entire Christian lives deal with battling three enemies: Satan (**and his demon forces**), the flesh and the world. You have been shown earlier in this chapter how the Holy Scriptures instructs us to deal with the first two, next let's see how we are told to deal with the flesh. As a matter of fact, there are a many scriptures that describe the carnal, human nature and how to overcome it. For example, read (**Mark 7:21-23; Rom. 1:29-31; Gal. 5:19-21; Col. 3:5-8**). To be sure, the battle against ourselves (the flesh) is perhaps the hardest battle we will ever fight, because throughout our physical lives, we must overcome (**get rid of**) our carnal nature and replace it with true, godly character. In order to win the battle against carnality, we must understand who and what we are up against. But not to worry, God does not require us to fight and overcome our carnal nature without showing us exactly what we have to fight. The works of the flesh can be categorized as either attitudes or actions. Attitudes, of course, inevitably turn into actions. Read **Galatians 5:19-21**; 19 "Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness...

...20) Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, 21) Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God". I know that sometimes Christianity can seem like an all-out war. We are required to fight the good fight and battle the flesh. For instance, read what

the Apostle Paul had to say about this: “I find then a law, that, when I would do good, evil is present with me. 22) For I delight in the law of God after the inward man: 23) But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members” (**Roman’s 7:21-23**). Who of us cannot empathize with the anguish of Paul in his mighty struggle against sin? Likewise, who of us cannot feel that same battle within ourselves?

Moreover, as Christians, we are all warned, “**Wherefore let him that thinks he stands take heed lest he fall**” (**I Cor. 10:12**). Therefore we have to battle to destroy the works of the flesh that may still be in us. Cry out to God to deliver you from your carnal mind, asking God to clear up any blindness or deception that you may have, and show you which works of the flesh still exist within you that you need to overcome. Once you recognize in you a work of the flesh, strive to overcome and remove it from your life. The Holy Scriptures declare that we must ‘**Mortify the flesh**’; destroy those things within you that were part of your carnal nature, and in turn, build true Christian character. The process of mortifying means **PUTTING TO DEATH** aspects of our nature such as “**fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness...**” (**Col. 3:5**). This process also includes **PUTTING OFF** “**anger, wrath, malice, blasphemy, filthy communication**” (**Col. 3:8-9**) and also “**the former conversation [way of life]...which is corrupt according to the deceitful lusts**” (**Eph. 4:22; Romans 6:6**). As you personally strive to overcome the flesh, with the help of God’s Holy Spirit, ask God to deliver you from your weaknesses.

And as you overcome them, give God thanks, and be prepared for the next time any of these traits try to slip back into your life. We must **walk** after the spirit; this is a positive act. The believer will never overcome sin if he has a carnal mind “**For to be carnally minded is death; but to be spiritually minded is life and peace**” (**Romans 8-6**). So as Christians we must continue our battle to overcome our carnal nature. As you can see, it is a step-by-step process that will probably go on for as long as you live. But do not give up; the answer is in **Romans 8:1-10** - 1. There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. 2. For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

3. For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:

4. That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

5. For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6. For to be carnally minded is death; but to be spiritually minded is life and peace.

7. Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8. So then they that are in the flesh cannot please God.

9. But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10. And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

3. Other Invisible Spiritual Forces

As it has been shown, a **'spiritual being'** according to the Holy Scriptures, is an **'incorporeal'** being believed to have powers to affect the course of human events. Also, earlier in this chapter you were introduced to the **'main characters'**... **God, Angels, Satan** and his **Demonic Forces**; the **'Invisible Spirit Beings'** who will have the most influence and operation in a person's everyday life. Though, some people believe that there exists many other types of spiritual **'entities'**, our only concern here is the other invisible spiritual **'forces'** that are most prominent and active in someone's life...

1. Shadow People & Night Terrors

Have you ever been sleeping or falling asleep when all of a sudden you experience a feeling of being **'held down'** by something or a feeling of being paralyzed, unable to move? Or, even there may have been times when you suddenly sit upright in bed and shouted out or screamed in fear or distress (**night terrors**). During those times a lot of people will also have felt the presence of someone or something in the room or actually in the bed with them; usually described as **'dark, shadowy figure'**. This condition is commonly referred to as the **'old hag syndrome'** or **"being ridden by the witch"** and is believed to be connected to **'Sleep Paralysis'**; a feeling of being conscious but unable to move. As a matter of fact, sleep paralysis is said to happen when people become conscious while their muscles remain in the ultra-relaxed state that prevents them from movement. To be sure, the experience can be quite terrifying, with many people hallucinating a shadowy presence nearby, or even an attacker suffocating them. Over the centuries, symptoms of sleep paralysis have been described in many ways and often attributed to an **"evil"** presence: unseen night demons in ancient times, the old hag in Shakespeare's *Romeo and Juliet*, and alien abductors. Almost every culture throughout history has had stories of shadowy evil creatures that terrify helpless humans at night. People have long sought explanations for this mysterious sleep-time paralysis and the accompanying feelings of terror.

Some people believe them to be ghosts, while others see them as **'evil demons'** due to the unpleasant feelings that seem to accompany their presence. Others say that shadow people might be **'spiritual creatures'** that have found their way into our dimension and are curious about humans so they take our shape and observe our behaviors. Most of these spiritual entities are believed to be harmless, although some people have said to have felt a sensation of being choked or of being suffocated when this phenomena occur; an action that would help to support the demon theory that shadow people are in fact malevolent and unfriendly. They have been described as being a very dark grayish color, mostly in the shape of silhouettes of human figures, and hardly ever have any facial features at all. Many people have reported that they only got a glimpse of the shadow person through the corner of their eye, causing them to question what they have seen. While others have said that they were actually being

held down by these shadowy beings. Some have even reported that during those times there is this sound like a humming, groaning noise or like a strong wind blowing. I have to admit my own experience where on a few occasions in the past I too was a victim of this sleep paralysis thing and during one episode I not only had the feeling that something or someone else was in the room, but I actually saw what I can only describe as a dark grayish, shadowy figure, who briefly stood beside the bed. Then suddenly the figure was in the bed and I felt as though I was being held down by it; unable to move a muscle. I finally broke free of its grip and immediately woke up feeling exhausted and somewhat disorientated from the experience. In fact, more and more people are talking about seeing shadow people and are wondering who they are and what their purpose is... From the invisible force, to the pressure, to the eerie feelings, you know what you felt. You know what you saw. You know it wasn't just in your head. If this ever happens to you, don't panic; remain calm and call on the name of the Lord as you are trying to break free of its hold and it should go away. To be sure, whatever they may be, **'Shadow people'** definitely fall under the category of paranormal, or possibly only the result of an over-active imagination.

2. Familiar Spirits

The word *familiar* is from the Latin *familiaris*, meaning a "household servant," and is intended to express the idea that sorcerers had 'spirits' as their servants ready to obey their commands. Those attempting to contact the dead, even to this day, usually have some sort of spirit guide who communicates with them. These are familiar spirits. As a matter of fact, Leviticus 19:31; 20:6, 27; and Deuteronomy 18:9-14 refer to "mediums and familiar spirits" and forbids being involved with them, as they are an abomination to the Lord. A medium is one who acts as a liaison to supposedly contact or communicate with the dead on behalf of the living. In reality mediums are contacting demons who convince the mediums that they are "familiar" and can be trusted and believed. The practices associated with mediums and familiar spirits were banned in Israel, and the punishment for practicing such things was death. Familiar spirits and spirit guides are under the control of their master, Satan. They influence people to spread lies and deceit in order to thwart the kingdom of God.

To knowingly open oneself to the work of demons is an evil thing. The Holy Scriptures declare; "**Let no one be found among you who sacrifices his son or daughter in [a] fire, who practices divination or sorcery, interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead. Anyone who does these things is detestable to the LORD**" (Deuteronomy 18:10-12). Moreover, some avenues through which demons or "familiar spirits" can gain entrance into a person's life are divination, transcendental meditation, visualization, necromancy, witchcraft, drugs, and alcohol. These are all activities that believers are exhorted to avoid. Instead, we are to be filled with the Holy Spirit, with love, with joy, and with the fullness of life that comes from Christ Yehoshua. We are also to be on guard, "**for our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms**" (Ephesians 6:12).

By the same token, be careful when you come in contact with or talk to negative people. Remember that the Scriptures teach that, when two people **AGREE** together they will have **WHATEVER** they agreed on. This works both ways; **GOOD** things or **BAD** things. So beware! Have you ever noticed how when certain people are talking with you they will put their hand on your shoulder, or maybe even try to hold your hand? Well, some may say this is being paranoid, and everybody is entitled to their opinion. But we can't disregard the entire message of this Scripture: "**Again I say unto you, That if two of you shall AGREE on earth as TOUCHING any thing that they shall ask, it shall be done for them of my Father which is in heaven**" (*Matthew 18:19*). This is something to be aware of, because not everybody that we come in contact with, has our best interest in heart, no matter how sincere or innocent the gesture may seem. Though there are those who really mean well, but unfortunately they are '**spiritually weak**' and most likely carry low frequency, negative spiritual energy.

In like manner, it's better to keep your future plans, hopes and aspirations to yourself until you do them. I know this may seem petty or paranoid, but believe me, as I stated before, everybody that you come in contact with does not have your best interest at heart. Some people, especially those who pretend to be your friend, can say one thing, while thinking something entirely different and negative about you and your plans; having their thoughts influenced by **Satan's invisible spiritual forces**. So, be careful who you confide in and agree with when it comes to the conditions of your life. Remember, earlier in this chapter we learned about the evil, controlling spirits (*strongmen of jealousy, envy, etc*) that can be operating in a person's mind. Moreover, the Holy Scriptures declare that; "**Death and Life is in the Power of the Tongue**" (*Proverbs 18:21*). But, even though this may be true, as Christians we are covered with the protecting '**blood of Yehoshua**' our Lord and Saviour. So, we don't have to worry about this or anything else actually, because as the Holy Scriptures declare in *Isaiah 54:17*; "**no weapon formed against us shall prosper**".

Whether intentionally or accidentally, the scriptures also states in *Luke 10:19*; "**nothing in no way shall harm us**". So, with this in mind, another way to help avoid demonic activity is by being friends with other spiritually minded people. As a matter of fact, in Psalm 1: this comes with a blessing... "**Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. 2). But his delight is in the law of the Lord; and in his law doth he meditate day and night. 3). And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper**" (*Ps 1:1-3*). Also the Holy Scriptures declare that; "**Whoever walks with the wise becomes wise, but the companion of fools will suffer harm**" (*Proverbs 13:20*). Do not be deceived: "**Bad company ruins good morals**" (*1 Corinthians 15:33*). So, walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God (*Ephesians 5:2*).

3. Blessings and Curses

“Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so.” (James 3:10)

Simply put, **Blessings** are the result of obeying God. While on the other hand, **Curses** are the result of obeying the Devil, or disobeying God. And consequently, we all live with the results of our actions. Though in our Western thinking, the idea of **blessings** and **curses** being real '**Invisible Spiritual Forces**' in the world might seem strange, but be that as it may, the Holy Scriptures does tell us a lot about this subject. **In fact, the scriptures reveal that blessings and curse are in fact a supernatural force.** Moreover, a blessing is something that brings well-being, God's favor and protection. In contrast, a curse works to bring harm and destruction to us, and/or hinder us from receiving the blessings of God.

1. So Just What is a Blessing?

I believe that those of us who know and love the Lord truly want to be blessed by Him, but do you know that most people, even Christians don't really understand what the '**blessing**' is or even how it works in our lives? Some believe that the '**blessing**' is the '**final result**' of what they are praying to or believing God for. For example; receiving the answer to their hopes and prayers... the '**stuff**'. No, these things are actually the **result of 'the blessing'**, or being blessed by God and not the actual blessing itself. Although this may be true, historically, people have allowed it to be just a trivial, religious cliché that has become void of its astonishing power which God intended for it to release in our lives. In fact, a blessing, according to Merriam-Webster's Collegiate Dictionary, is "**the act or words of one that blesses,**" or "**a thing conducive to happiness or welfare**", to name a few. A blessing; "**Empowered to Get Results**" (*also used to refer to bestowing of such*) is the infusion of something with Holiness, divine will, or one's hope or approval.

It can also be defined as the act or words of a person who blesses. A special favor, mercy, or benefit: the blessings of liberty. A favor or gift bestowed by God. A short prayer said before or after a meal; grace. Something promoting or contributing to happiness... From a biblical perspective a '**blessing**' is simply God's favor and protection. You see, **THE BLESSING** is the greatest force in **ALL** the earth! It is an '**invisible spiritual force**' that produces visible results in someone's life and it is yours through Christ Yehoshua! In essence, it is 'the **POWER** to get results and not any particular result itself, as many people mistakenly believe. Moreover, the '**Blessing**' is the '**power of God**'... the favor of God. It's God's enablement to experience success in every area of your life! In the Holy Scriptures the first occurrence of the '**blessing**' was **Genesis 1:22** when God blessed the sea creatures and birds, telling them to "**be fruitful and multiply in the earth**". Likewise, in verse 28, God gave the similar blessing to Adam and Eve, adding that they were to exercise dominion over all the creation.

By the same token, when God called Abraham to go to the Promised Land (**Genesis 12:1-3**), He promised to bless him, make his name great and through him, to bless all the families of the earth. To be sure, the blessings here are plainly associated with happiness and welfare, both for Abram and others. Additionally, in **Genesis 22:16-18**, God again blesses Abraham, and adds that blessing is due to his obedience to God's commands. Also we learn from the scriptures that God is not the only one who pronounces blessings on people (**Genesis 24:60, 27:28-29**). In fact, the Holy Scriptures

gives us many ways in which a person can be blessed. For example; **Job 5:17ESV** declares **“Blessed is the man whom God corrects; so do not despise the discipline of the Almighty.”** This blessing is connected to the knowledge that God is at work to direct us in the right path. Moreover, it’s telling us that God’s chastisement is actually a display of His love for us; like a parent who disciplines a child who plays in the middle of the street. **Psalm 1:1-3 ESV** carries that theme further when it states, **“Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.”** So, basically a 'blessing' is God giving us the 'power' to get results in all areas of life.

2. Types of Blessings

First, according to the scriptures, there are certain important conditions that we desperately need a blessing to achieve... **Mercy**, **Grace** and **Peace** which are some pretty important blessings! Though these three are similar, they are distinct from each other. You see, **Mercy** is the withholding of God's wrath against our sin. Mercy would be like if your child deserved punishment, but you decided not to give it to him. On the other hand, **Grace** is receiving God's unmerited favor. Grace would be like if I walked up to a random person and did something really nice for them. Grace is often used in the Holy Scriptures to refer to both grace and mercy.

Peace is a relational peace with God and an inner peace we have throughout life... And we all desperately desire an inner peace throughout our lives. To be sure, we need a '**relational peace**' with God, because our sin separates us from God. So, if we're to have any hope of real victory in this life and ultimately going to Heaven after this life, we need to have a restored relationship with the Father, Son and Holy Spirit.

Other Biblical Blessings are as follows:

1. Exaltation: The scriptures tell us that the Lord promised the children of Israel that if they should hearken or listen and obey His commandment, then He will '**exalt them above all the nations upon the earth**'. What this is saying is when you obey the commandments of the Lord as written in the Holy Scriptures (***remember we are not under the law but under grace, therefore we need to obey the commandments that comes under grace in the New Testament***), He promises that He will exalt you wherever you go and everyone will see that the hands of the Lord are upon you. What a promise from the Lord!

2. Prosperity: Also, the Lord promised **the Children of Israel** that when they obey His commandment then they will be **“blessed shalt thou be in the field....and the fruit of the ground, and the fruit of thy cattle... blessed shall be thy basket and thy store....The Lord shall command the blessing upon thee in thy storehouses, and in all that thou settest thine hand unto; and he shall bless thee in the land which the Lord thy God giveth thee”-Deuteronomy 28:3-5, 8.** Moreover, this promise is being made to each one of us today. The Lord has promised us that He will make us prosperous and successful if we walk in His commandments (***Joshua1:8***).

3. Victory: The Lord said unto the Israelites, “**The Lord shall cause thine enemies that rise up against thee to be smitten before thy face: they shall come out against thee one way, and flee before thee seven ways**”. When you walk in the fear of the Lord people will rise up against you but their counsel shall not stand because “**No weapon that is formed against thee shall prosper...**”- (*Isaiah 54:17*).

4. Health: Sickness is not of God (*though at times He will allow the devil to afflict you with sickness when you do not obey the Lord*). When you obey the Lord He will not allow sickness to have free reign in your life. If He does it is probably because your faith needs building or you or you have ‘**unconfessed sin**’ in your life. For this reason, many people are sick and or dying because of their choices and actions. For example they consume too much alcohol or too many sweets. Or they chose a lifestyle that is in opposition to or in violation of God’s ‘**spiritual law**’ - *2 Chronicles 7:14* and *3 John 1:2* tells of the conditions that must first be met in order for the Lord to forgive your sins, heal your land and give you prosperity and health.

5. Fruitfulness: Children are a heritage from the Lord (*Ps 127:3*) so therefore fruitfulness is seen as a blessing. The Lord has promised that the woman’s womb will be fruitful (*Ps 128:3*) when you obey the Lord. One of the things that was very noticeable with the Israelites is that the men had a lot of children.

6. Head and not the Tail: The head is the part of the body that makes the decisions, while the tail is dragged behind. To be sure, God is not promising you that He will make you the boss of your company or head of government, though it is possible to become either of these. But, what He is telling you is that He will exalt you and people will come to you instead of you going to others for advice and blessing. He will set you up and you will be respected by even your enemies.

Other blessings in the scriptures can be found in the New Testament in the **Beatitudes** of *Matthew 5* and *Luke 6* that describe the happy state of those who find their purpose and fulfillment in the Lord. Also, see (*Psalms 146:5; Matthew 26:26; Romans 4:6-8; 1 Peter 3:9*). These scriptures are telling us that from a biblical perspective a blessing is simply God's favor and protection... a statement of good will and happiness that is said about another person, as well as the condition that fulfills those good words. Not only that, the best life possible is available for those who love and fear God and order their lives according to His Word.

To be sure, the ultimate blessing that God has given is the new life and forgiveness that comes through faith in His Son, Yehoshua the Christ. In essence, the ‘**blessing**’ will eliminate anything that gets between you and God's promises for you!

3. How to Receive a Blessing

There are certain things that nearly all of us desire. For instance, we all want to love and be loved. We all want peace. We all want to enjoy life. But the problem is that we often try to obtain all these things for ourselves, by our own efforts instead of the way the Lord has laid-out for us in His word. First, we need to realize that our Heavenly Father **WANTS** us to have these blessings. You see, Yehoshua said in *John 10:10*: “**The thief comes only to steal, kill, and destroy; but I have come that you might have life,**

and have it more abundantly." You have to understand that, God desires to give us certain blessings, but in order for Him to do this we need to first obey Him and trust Him to bless us. As it has been shown, blessings are directly associated with God and come from God. He shows favor to those who favor Him, obeys His Word and walks in Love - God blesses those who walk in faithfulness.

So to express a blessing, is like bestowing a wish on someone that they will experience the favor of God. Did you know that one of the ways God shows His goodness to people is through divine favor? You don't have to worry from one day to the next about your circumstances, because there is a steadiness about a faithful walk with God (**Phil. 4:19**). Wealth and all other prosperity come from God's blessing. He does it because he loves us, not because we deserve it. We all need God's favor, because it is essential for success in all areas of our lives. So, how do you receive favor and a blessing from God? Well, If you are a born again member of the kingdom of God and you have a relationship with Christ Yehoshua, then you are blessed, and a privileged recipient of divine favor... You now have a God given right, power and authority to get results, have prayers answered, live in abundance. and have victory in your marriages, finances and health. (**3John 1:2, deut. 8:18**).

In fact, a righteous man obtains favor from God, and God will only bless us when we live according to His laws and according to the laws of the land. (**jos. 1:8, 2chr. 7:14**). With all this in mind, you now know that, "**to be blessed**" by God, means '**to be favored by God**'. Moreover, when you awake everyday, pray and thank God for allowing you to have a safe, restful sleep and waking you up. If you are not sure what to pray, in **Matthew 6:9-13** the Lord Yehoshua gives us a good example to go by. Next, when you need to ask God for His '**blessing**' (**His love, forgiveness, mercy and grace**)... Just say, "**Father God, please bless me. Thank You Father, I receive Your blessings in my life, not because I'm good and have earned them, but because You are good!**" In Yehoshua's name. Amen... Then your joy will be full.

4. Ten Steps to a Life of God's Favor

According to the Holy Scriptures, when you follow these Biblical Steps, our wonderful Father in Heaven will place His holy hand upon your life and affect change...

1. Repent & be Baptized - To repent means to turn away from sin and turn to God for forgiveness. According to scripture, we have all sinned, and fall short of the glory of God. So, first you have to belong to God's Family (**John 3:1-3; Acts 2:38**) – Then Cleanse your hands; do a Spiritual cleansing (**1 John 3:3**) "**Everyone who has this hope in him purifies himself, just as he is pure.**"

2. Seek God - Seek first the Kingdom of God & all things will be added unto you... (**Matthew 6:33**) Submit to God draw near to God and He will draw near to you. Seek God with all your heart with all your mind and with all your soul, then you will be given the promises of God for those who seek him. Next, pursue personal relationship with the Lord, love the Lord, delight yourself in Him, be thankful, bless and praise His Name. The scriptures declare that "**God is our refuge and strength, a very present help in time of need**" (**Psalms 46:1**). So, "**Enter into His gates with thanksgiving and into His courts with praise; be thankful unto Him and bless His name**" (**Psalms 100: 4**).

3. Pursue Personal Relationship with the Lord Yehoshua. Because as the scriptures declare: **“JESUS (YEHOSHUA) IS THE WAY, THE TRUTH, AND THE LIFE”... (John 14:6).** Therefore, cultivate a lifestyle of Worship, Prayer, and Intimate Relationship with Christ Yehoshua, that GOD may be **'Glorified'** (*Mt.5:16, John17:1, 1Cor.6:20, 1Peter 4:16*). Also, when you practice the presence of the Lord (*Prov. 8:35*), you can live soberly, righteously, and godly in this present world. To be sure, our manner of life should be the same as was the life of Yehoshua; **imitators of God**. From this we understand that to be a follower of God is to live or act in a manner like Him. Not only that, but we are to discipline ourselves for the purpose of godliness (*1 Timothy 4:7*). Discipline begins in the mind and puts into daily practice our commitment to live a godly life in Christ. So, as the Holy Scriptures declare: **“Be not conformed to this world, but be transformed by the renewing of your mind that you may prove what the will of God is, that which is good and acceptable and perfect” (Romans 12:2).**

4. Obey the Word of God – The Holy Scriptures tell us that we are to keep His Commandments (*Titus 2:11-12*) if we love Him and want to receive His favor, **“For thou, Lord, wilt bless the righteous; with favor wilt thou compass him as with a shield” (Psalm 5:12).** **“A good man obtaineth favor of the Lord: but a man of wicked devices will He condemn” (Proverbs 12:2).**

5. Develop in love: Love One Another... We are to be rooted and grounded in love, because love is the anointing (*John 13:34-35; 1 Cor. 13:4-8*). Also, be merciful and show favor to others - **“Blessed are the merciful; for they shall obtain mercy” (Mathew 5:7).** Brethren, you can be sure that the level of favor you enjoy is a reflection of the level to which you favor others. The Holy Scriptures declare that -“Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful”. “God be merciful unto us, and bless us; and cause his face to shine upon us; Selah. 2) That thy way may be known upon earth, thy saving health among all nations.

3) Let the people praise thee, O God; let all the people praise thee. 4) O let the nations be glad and sing for joy: for thou shalt judge the people righteously, and govern the nations upon earth. Selah. 5) Let the people praise thee, O God; let all the people praise thee. 6) Then shall the earth yield her increase; and God, even our own God, shall bless us. 7) God shall bless us; and all the ends of the earth shall fear Him.” (*Psalm 1:1, 67*) **KJV**

6. Forgive Quickly. Though some people say that hasty forgiveness is emotionally unhealthy, the Holy Scriptures declare that, God will only forgive you, if you forgive others (*Matthew 6:14-15*). You know, there are a lot of people in the world today who have been wronged by someone. Even some who profess to be Christians; **“followers of the Christ”**, like many, they’ve been mistreated and abused, or been taken for granted or worse. But, just because we are Christians, we are never in the position of being a privilege, wronged one or wrongdoer, where we are excused from our responsibility to work for reconciliation as instructed to do so in the scriptures. No matter how hurtful the offense against us was, we are to be motivated to forgive others quickly, because forgiveness is central to God’s activity in the human realm.

7. Humble Yourself & Pray (James 4:6; 2 Ch 7:14). First, a person who has a 'humble' heart will 'pray', and in essence, a humble person who prays will 'seek' the Lord (*Ps 69:32-33*). Ultimately, when you seek the Lord, find Him and the 'fullness of your privilege' through 'prayer', 'biblical meditation', 'praise' and 'worship' your heart will be filled with His wonderful Word (*Ps 105:3-4*). Also, be 'Joyful', because joy is a 'fruit of the spirit' (*Galatians 5:22-23*).

8. Have Faith - Faith as a Grain of Mustard Seed: According to the Holy Scriptures, we only need 'Mustard Seed Faith' in order to make things happen for us (*Matthew 17:20*). No matter how much you pray, and cry out to God, if your faith is weak or lacking, you will not hear from God. It just won't work. Focus your faith in the right direction... Perhaps the most important thing is: we must have faith in God; because according to the Holy Scriptures, without **FAITH** it is impossible to please God (*Heb 11:6*).

You see, Faith is the 'key' that unlocks the door to God... So, believe that when you pray, asking anything according to His will and in the name of Yehoshua, He hears you, and will give you what you pray for.

9. Give Generously (2Cor. 9:6-9) The law of 'seed time' and 'harvest time' controls the issue of favor; whether it is spiritual, physical, material, financial or whatever. If you want to walk in favour, then you must be a person of favour. The Holy Scriptures declare - "Give, and it will be given to you: good measure, pressed down, shaken together, and running over shall men give unto your bosom. For with the same measure that you use, it will be measured back to you" (*Luke 6:38*). (*2 Corinthians 9:7*).

10. Renew Your Mind. Since 'spiritual warfare' is primarily a matter of the mind, you have to keep your thoughts in 'check' and 'renewed' by the word of God. "Be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God" (*Rom 12:2 KJV*). According to this passage of scripture your mind is capable of renewing. So what is a **RENEWED MIND**? In a word, a renewed mind is a mind that is so saturated with scripture that no matter what comes into your environment and circumstances, instead of focusing on them, you respond with Scripture (*there are scriptures in the bible for every situation that may occur in your life*). You see, it works like this - when God's Holy Spirit lives in your re-created (*born-again*) spirit, and your mind is renewed with scripture; your mind, your spirit, the Holy Spirit, and the Word of God, all four will be in harmony on every subject. Now you will 'say' what God says, instead of what the world is saying... In essence, A believer with a renewed mind can have 'victory', because he will not only have a 'heart' for God, but a 'mind' for God also and meditates on scriptures that pertain to their circumstances, rather than concentrating on the circumstances; "calling those things that be not as though they already are" (*Ro 4:17*). "...he who blesses himself in the earth shall bless himself in the God of truth..." (*Isaiah 65:16 NKJV*)

4. Curses - What is a Curse?

Many Christians do not believe that a Christian can be cursed, nor do they understand what a curse really is. So, let's see just what is a curse, how someone's life can be affected by them and how the Holy Scriptures teach us to deal with them...

First, a curse is a negative decree proclaimed upon someone for **Material, Physical, Emotional, Psychological or Spiritual destruction** or even **Physical death**. As a matter of fact, in the Dictionary there are two definitions for the word "**Curse**" which are: 1. A profane or obscene expression of anger. 2) An appeal to a supernatural power for harm to come to a specific person or group, etc. The type of curse we will be dealing with here, is the second definition, where someone uses words or actions or both with the intention of harming someone else, as opposed to using them to '**bless**' someone. Simply put, a '**curse**' is the opposite of a '**blessing**'. As a matter of fact, from a biblical perspective, a curse is a '**supernatural force**' that works to bring harm and destruction to us, and/or hinder us from receiving the blessings of God.

These curses come in many types and all of them can discourage, cause harm and even limit a person's life. In the same fashion, the vindictive talk and hostile attitudes of others can also bring harm. Moreover, those that curse other people not only harm others, they also harm themselves. So, you see, one of the dangers of creating curses is that there is usually a '**backlash**' against the one who crafts them. In fact, both parties can become bound and oppressed. As a result, the one who creates darkness can become entangled in fear, death and evil. From my interpretation of scripture, curses can and do boomerang upon the one who sends them. This is one reason why the Holy Scriptures declare "**Bless those who curse you and pray for them which despitefully use you**" (**Luke 6:28**). You know, when the Holy Scriptures speak of blessing those who curse us, this cursing can also include insults, reproaches, and verbal offenses of all kinds. Many people struggle for weeks, months, or even years as a result of wounds caused by curses.

So, hopefully the following information will help you learn to recognize and shield yourself from the curses of others by setting up protection on a daily consistent basis as instructed in the Holy Scriptures and effectively take authority over them. By the same token, just as the '**curses**' of others may be harming you, the '**prayers**' of others and your own prayers can harm you as well. For example, praying in error or amiss; prayers that are not in line with the word of God... Such as, '**Praying the Problem**'; prayers that focus your **words** and **mental images** on a particular **problem** and not the **solution** can act as curses. Because God does not need our diagnosis of the problem, nor does He need a detailed description of a person's illness, or asking Him for the same thing over and over and over (**Matthew 6:7-8**). Not only that, but '**praying your fears**' acts like a curse because they will make the feared outcome more real to your heart and imagination; and your prayer power then goes to work to create the feared outcome (**Proverbs 23:7**).

You have to understand that it is important where you focus your imagination, because the body follows the imagination and in like manner, so does your '**faith**'; it follows the words you speak and pictures you create in your mind. So it is fruitful to create positive images of wholeness and success. In short, you should pray the '**positive**' outcome (**Romans 4:17**), instead of the '**problem**', because in order to have victory, you must focus your faith on the desired outcome. In like manner, prayers not generated by a

'loving heart' can act like curses. Such as, when one prays to control another, they are moving into what is called '**witchcraft prayer**'. To be sure, we need to release the Bride of Christ from all the binding judgments, judgmental attitudes and harmful spiritual forces released if we pray the problem, pray in unbelief, pray in prideful arrogance or pray to control others. Likewise, with our negative '**self talk**' we can also curse ourselves. To stop this, you should recognize the ways you are cursing yourself and learn to bless, and not curse. You see, in order to gain in physical, emotional, financial and spiritual health you must stop formal and informal cursing whether it is coming from someone else, or from your own mouth.

Well, as you can now see, just like anybody else, a Christian can be cursed. Either by his own damaging prayers and words, or by receiving what someone else has prayed in error or said about him. So, do not assume that you are not affected by, or protected from curses by any other means, but learn how to use the protection as detailed in the **Word of God** to break all curses... In essence, you have to learn to pray '**effective, confirming prayers**' (**James 5:16**), have a merciful forgiving heart and repent of sins. Remember, if you are a Christian, the Holy Scriptures declare that Christ has redeemed you from all curses (**Galatians 3:13**).

1. Types of Curses

Though there are many types of curses, we learn from scripture that all curses come from (2) major sources; "**Almighty God Himself**" (curses from sin and disobedience) and "**the Devil**" who uses people to do his evil deeds. To be sure, curses come in many forms, as you will discover, but the damage is the same for both parties; oppressive forces bind your life when others curse you and on the other hand, you also bind your own life when you curse others. So, remember, it's best not to wish anything on someone else that you are not prepared to deal with in your own life (**Galatians 6:7**). On that note, the following is a list of some of the curses that can come upon a person:

1. Word Curses

Our words have the capacity to bring great encouragement and blessing to others, but on the other hand, they can also take the form of a curse and word curses are very powerful. One example is when your parents speak negative things over you while you are growing up and you believe it (**Proverbs 23:7, 18:21**)... This can cause a child to experience a feeling of self doubt and lack of confidence in themselves. You see, Children are sensitive and believe everything a parent says. That's why we as parents should speak encouraging, positive words to our children (**Deuteronomy 11:19; Proverbs 22:6**).

In the same fashion, when people, especially authority figures; teachers, bosses etc, speak things into our identity or destiny that are not in line with God's Word, we can be cursed by these words if we receive them into ourselves. This can be in the form of a prayer which the church calls '**witchcraft prayers**'; when a Christian tries to manipulate God for their desires and needs. For example, when you love this man/woman and you pray to God to bring him/her to you. Or, when you ask God to hurt someone who has hurt you... This type of prayer is also what the scriptures call '**praying amiss**' (**James 4:3**). Moreover, when you're praying '**witchcraft prayers**', you are actually trying to

Speak incantations over a person in order to conjure up the result you want. But, praying like this is dangerous, because it opens doors for the enemy to operate in your life. Therefore, we must avoid **witchcraft prayers** at all costs. To be sure, prayers that are prayed in an attempt to manipulate may sound innocent and even spiritual, but manipulation is never from God. Why? Because God cannot honor a **spirit of manipulation**.

Another example of word curses is '**self-imposed curses**': What you say about yourself may become a curse. If you say something negative about yourself, you are giving the devil permission to send you a demon. For example, you by the power of your words or someone else's words place a self-induced curse on your finances. Or someone told you that you are not smart enough to earn more, that you are too stupid to get a good job, and you believed this and many other negative things that you have confessed or others have spoken over our life. In certain cultures, this is also referred to as the '**bad mouth**', or bad-mouthing yourself or someone else... When you do this, even if you are a Christian, you are giving a curse a '**cause**' to come upon you (**Proverbs 26:2**). As a result, many need to be broken free from the power of destructive words so that they can move beyond the curses that were released over them. So, stop confessing the negative spiritual words you are speaking over your financial life and your life in general and confess that as a child of the Most High God, you are the apple of God's eye, His creation and **ALL** of Heavens resources are available to you!

2. Occult Curses

This type of curse is curses that are '**intentionally**' released by those who are involved in occult practices. It is also referred to as '**witchcraft curses**': Curses that are placed on someone by witches, or any kind of witchcraft. A lot of people are involved in witchcraft and those who delve into witchcraft, Satanism, and other dark occult activities often attempt to put curses on others through rituals, spells, incantations, and other demonic activities. I believe that these are some of the "**fiery darts of the wicked one**" that we need to deflect with the shield of faith (**Ephesians 6:16**). Another example of occult curses is what some call '**the Evil Eye**'. This type of curse consists in a spell cast by looking at someone. It does not come about, as many think, by believing that some individual cause bad luck by just looking at you. No, the evil eye is a true spell; in other words, it presupposes the will to harm a predetermined person with the intervention of demons. Even though this may be true, it is important that the victim does not become paranoid and suspect everyone he/she meets, but forgive wholeheartedly whoever caused him/her evil, no matter who.

Be that as it may, as it has been shown, a curse causeless cannot come unless you open the door to sin. Most importantly, the good news is that when Yehoshua died on the cross, He actually **became a curse** for us so that we could be redeemed from every curse and inherit God's blessing (**Galatians 3:13-14**). You see, God's blessing is more powerful than any curse. But if we do not recognize what curses are, how they work and '**believe**' the negative or bad things people say about us, or try to do to us, we can live under them unnecessarily. Read **Mark 9:23**, where Yehoshua said, "**If thou canst believe, all things are possible to him that believeth.**" According to this and other

verses in the Holy Scriptures, what you **'believe'** determines what you **'receive'** from the Lord. So, by the same token, if you believe someone can cause bad things to happen to you, then you will have what you believe... In other words, your believing affects your receiving.

3. Barrenness – This curse can be defined as not producing results, infertile, or fruitless. Simply put, the opposite of fruitfulness is barrenness. You see, from the beginning of time fruitfulness was a God ordained concept; as evidenced in the Holy Scriptures in **Genesis 1**, where every living thing that God created was commissioned to keep on creating and reproduce after its kind. In other words, all that God produced was designed to keep on producing. Moreover, also in Genesis, He commanded Adam and Eve to be fruitful, multiply, increase in number, and fill the earth (**Genesis 1:28**). So, with this in mind, it is safe to say that it is not God's desire that any woman should be barren. By the same token, the account of the barren fig tree in **Matthew 21:18**, is a shocking description of how seriously God views barrenness, or a lack of fruitfulness. Did you know that some people believe that one of the reasons why many women cannot get pregnant is because a curse exists in the family or specifically on her life, or that of the husband?

Their belief is that perhaps the woman's husband committed a sin or did something that caused the Lord, or Satan, to curse the womb of the woman. Not only that, they also believe that, some of the complications women are having that prevents them from having a baby or their barrenness could actually be caused by a so-called generational curse in the family. Remember, you have a right to believe God for anything He has promised in His Word. For instance, the Word of God says in **Psalms 127:3**, **“Lo, children are an heritage of the Lord and the fruit of the womb is his reward.”** Additionally, read **Psalms 84:11** where it says, **“...no good thing will He withhold from them that walk uprightly.”** Also, **Psalms 113:9** declares, **“He maketh the barren woman to keep house, and to be a joyful mother of children....”** And, in The Amplified Bible, **Exodus 23:26** states, **“None shall lose her young by miscarriage or be barren in your land....”** So, if you feel that you are dealing with a curse of barrenness ask God to grant that every cause of barrenness in every area of your life, be broken and destroyed in Yehoshua's Name.

4. Sickness of every kind. In the Holy Scriptures, we can see that one evidence of the Children of Israel having been cursed was when sickness was upon the land - “The Lord will smite thee with the botch of Egypt, and with the emerods, and with the scab, and with the itch, whereof thou canst not be healed. The Lord shall smite thee with madness, and blindness, and astonishment of heart: And thou shalt grope at noonday, as the blind gropeth in darkness, and thou shalt not prosper in thy ways: and thou shalt be only oppressed and spoiled evermore, and no man shall save thee” (**Deuteronomy 28:27-29**). In the same fashion, many people today who are suffering from certain sicknesses and afflictions believe they are doing so because there is a curse in the family or upon their lives.

Also, in like manner, someone who is **'accident prone'**, may be experiencing the affects of a curse, because it is not natural for anyone to always be experiencing things like broken legs, or constantly having accidents, etc. So, if you or someone you know is

always suffering from a particular sickness or condition and there seems to be no cure or the person is not getting better, then that particular problem may be caused by a curse that needs to be broken. To be sure, unless this curse is broken the sickness will continue. But again, if you are a faithful Christian, then you don't have to worry about this or any other type of curse affecting you, because of the Lord Yehoshua's finished work on the cross (**Galatians 3:13-14**).

5. Poverty and failure. As we study the Holy Scriptures we learn that the curse or punishment for breaking God's commandments is basically threefold: **sickness**, **poverty** and the **second death**. So next, we'll deal with the '**curse of poverty**'. First, let's look at some verses from the Holy Scriptures that talk about the curse of poverty... "Cursed shalt thou be in the city, and cursed shalt thou be in the field. Cursed shall be thy basket and thy store. Cursed shall be the fruit of thy body, and the fruit of thy land, the increase of thy kine, and the flocks of thy sheep. Cursed shalt thou be when thou comest in, and cursed shalt thou be when thou goest out....

Thou shalt carry much seed out into the field, and shalt gather but little in; for the locust shall consume it. Thou shalt plant vineyards, and dress them, but shalt neither drink of the wine, nor gather the grapes; for the worms shall eat them. Thou shalt have olive trees throughout all thy coasts, but thou shalt not anoint thyself with the oil; for thine olive shall cast his fruit" (**Deut. 28:16-19, 38-40**).

You can readily see these verses are talking about poverty and lack. Notice in **Deut. 28:15**, God said poverty and lack was a curse which was to come upon the people of God because they failed to keep His commandments and His statutes. Moreover, the scriptures tell us that the '**curse of poverty**' should come upon all of us (**Gentiles and Jews alike**); because all of us have sinned and come short of the glory of God (**Rom. 3:23**). Be that as it may, as it has been shown, **Galatians 3:13** re-assures us that as Christians, instead of the curse coming upon us, Yehoshua was made to be a curse for us.

So on the contrary, according to the Holy Scriptures, it is not the will of God that His people live in poverty. To be sure, the scriptures teach that poverty or lack is not for the children of God (**2 Corinthians 8:9; 3 John 1:2**) and other scriptures. But in spite of this, there are some people that are always broke, always in debt and always lacking. Sometimes they are on top, but at other times they are on their face. In essence, it does not matter what they do or how much money they receive, they always lack something. Sounds familiar? Well, if you are someone who is always working but can't seem to make ends meet no matter what you do; no matter how much money you earn, you never have enough, then you my friend, possibly may be living under a '**curse of poverty**'. Though the scriptures also teach that there are times the Lord will allow our faithfulness to be tested (**1 Cor. 10:13; James 1:3**), or bring us through a process of lack, this '**process**' is not forever. So, if you are always '**going through a process**' then your so-called process may actually be caused by a curse. Not only that, but if everything you put your hands to fail, then something is seriously wrong; because, no one should have bad luck or failure all the time. But don't worry, here is a prayer designed to break this curse off your life and set your '**captive finances**' free...

**“Lord Adonai Yehoshua, I pray that through our obedience in renouncing and repenting not only for ourselves, but also our ancestors that You would remove hell’s handwritings and ordinances against us and set our captive finances free”
In Yehoshua’s name, amen.**

6. Defeat and Humiliation - Do you sometimes feel completely defeated or humiliated; no matter what you do, nothing seems to work? Perhaps you feel that things are outrageously hard and you’d like to just give up. I know sometimes, life challenges can make a person feel deflated and hopeless. But, we should never quit or give up, because before success comes into our life, we are sure to be met with many temporary defeats, and, perhaps, some failures. Although this may be true, some Christians at times believe they should be immune to defeat by virtue of their relationship with the Lord Yehoshua, but the gospel truth is that God often allows us to fail for a variety of reasons. **Job 14:1** says, **“Man born of woman is of few days and full of trouble.”** Also read **Psalm 34:19** which states: **“Many are the afflictions of the righteous: but the Lord delivereth him out of them all.”**

Sometimes we can fall into defeat when our **‘faith’** in the Lord or **‘obedience’** of His Word gets slack. Like for instance, in the bible when the Children of Israel walked contrary to the will of God, the scriptures show that God would at times allow their enemies to come upon them and defeat them – **“I will abandon the remnant of My inheritance and deliver them into the hand of their enemies, and they will become as plunder and spoil to all their enemies;” (2 Kings 21:14 NASB).** To be sure, they were defeated and humiliated by their enemies. By the same token, you can feel as though you are under a curse when, say for instance, people are always fighting against you and succeeding, especially when you are innocent. You see, it is not natural for people always to fight against you and win; if they do then you need to take a check of your life.

To fail from time to time is only human, but to be a **“failure”** is when we are defeated by failure; refusing to rise and try again. Moreover, constant failure and defeat can lead to **humiliation** and **shame**. Just like defeat, these two can be a curse also. Shame and humiliation are said to be core elements behind many the ailments and issues in life; issues such as lack of self-respect, worthiness, etc. In fact, most people are unaware of the shame that they carry and the influence it has had on their physical, emotional, and mental life. To be sure, it is only after it has been cleared that its impact may be observed. So, if you haven’t already done so, it is time to break the curse of defeat and humiliation by joining the family of God, and put you spiritual **‘armor’** on, so you can stand and not be defeated (**Ephesians 6:10-18**). This can help you to have more good feelings about yourself and better social skills and positive contact with others that may lead you to greater opportunities.

7. Tail and not the Head. Think of it like this; if the **head** is the one that makes the decision, then the **tail** is the one that is always following or being dragged along. Definately not a good position to be in, right? Well, the Holy Scriptures declare that **“the Lord shall make thee the head, and not the tail; and thou shalt be above only, and thou shalt not be beneath; if that thou hearken unto the commandments of the Lord thy God, which I command thee this day, to observe and to do them”**

(Deuteronomy 28:13). Now, this is where we want to be! You see, when God makes you the head, you will end up on top of your circumstances, because God does not expect or create us to always be beneath others, but He wants us to be above. Consider the story of Joseph in **Genesis 39**. Even when he was a slave, he was the head and not the tail because God prospered everything that he did. So, if people are always stepping on you and you are always being dragged along, then your life may be under a curse. But, know that what you are going through is only temporary... You have to keep believing that you are above only and not beneath, even when you have hit rock bottom.

Remember, that the Lord has promised in His Word that you will be the head and not the tail, above only and not beneath. So, in spite of your circumstances, believe His Word and expect to see victory! Declare; I am complete in Him Who is the Head of all principalities and powers **(Colossians 2:10)**.

8. Curses for Disobedience – As it has been shown, the Holy Scriptures tell us that being disobedience to God brings about a Curse. For example, **Deuteronomy 11:28, 28:15-68** details the curses that followed the children of Israel for their disobedience. Well, did you know that there is also a curse in the scriptures placed on anyone who disobeys God's commandment to only preach the gospel as presented in the bible? **"...though we, or an angel from heaven, preach any other gospel unto you than that which we have preached unto you, let him be accursed" (Galatians 1:8)**. Evidently, this scripture reveals that there were some people that were trying to distort the gospel of Christ. So, what Paul is saying here is, if anyone is preaching to you a gospel contrary to the gospel of Christ and the good news of God's kingdom, let him be under a divine curse!

You see, just like there are blessings for those who obey the Word of God, the scriptures also teach that curses will follow those who choose to live in disobedience to the Lord. Other illustrations from the scriptures, are when Adam and Eve were removed from the garden because of their disobedience **(Genesis 3:22-24)**. Or Saul, when he lost his kingdom because of his disobedience **(1 Samuel 28:18)**. Or how the scriptures tell us that Moses could not enter into the land of promise because of his disobedience **(Numbers 20:12)**. Though the consequences may be different for our disobedience today, the obvious fact is that disobedience will cause the removal of blessings. So rest assured that every act of disobedience will have consequences. But although this may be true, what causes a person to disobey God? Well, basically from scripture we learn that disobedience is caused by one's rebellion and distrust of God and His statutes.

In other words, to be disobedient to God, is to yield to one's **self-will** instead of surrendering to the Lord and desiring His will in all things. As a result, the curse of disobedience can only be broken when you come into agreement with the Lord, submitting to His will and then expressing that submission in thoughts, words and actions.

9. Curses from Personal Sin and Offenses – First, simply put from a biblical perspective, sin is a person's **'thoughts', 'words' and 'actions'** that are contrary to God's Law; at root, it is an **'offense'** against God. In essence, it is a human act that entails a turning away from God and a deliberate turning towards earthly, carnal desires

and behavior. And **'personal sin'** specifically, is an individual's chosen actions, words or desires that are not only contrary to the laws of God, but are also **sins against one's own body**; such as impure thoughts, masturbation, substance abuse, sexual perversions and fornication (**1 Corinthians 6:18**). Additionally, swearing, stealing, lying etc can also be entailed as personal sins that people commit because of their lifestyle. So, from all this we can see that **'personal sin'** mostly pertains to morality. Moreover, we learn from scripture that God's law is the first and supreme moral law, and the foundation of all other law. Not only that, **John 5:16-17** tells us that all sin can be divided into two categories; **mortal/grave** sin and **venial** sin depending on whether the sinner loses God's grace totally or not; with both of these types of sin being viewed respectively as either the **'death of the soul'** or the **'sickness of the soul'**.

First **'mortal/grave sin'** is a **deadly sin** which is committed with a person's full knowledge and deliberate consent. It is an act by which man freely and consciously rejects God, His law, His divine will and the covenant of love that God offers; preferring to turn to their own carnal ways and understanding, or to some wicked and perverse reality, something totally contrary to God (**Isaiah 53:6**). In other words, mortal sin destroys love in the heart of man by a **'grave violation'** of God's law; it turns man away from God and is **'death'** to the soul (**Proverbs 14:12**).

This deadly sin can manifest itself in a direct and formal way in the sins of idolatry, apostasy and atheism (**1 Timothy 4:1**). You see, ultimately, mortal sin results in the loss of love, God's grace, and God's forgiveness if it is not redeemed by repentance. Moreover, mortal sin makes it impossible to follow Christ and brings about a curse where the person becomes ensnared in the slavery of the devil; his natural desire to do good is diminished, and disorder is unleashed in his faculties and affections. The Holy Scriptures declare that **"He who does not love abides in death"** (**1 John 3:14**)... **"For the wages of sin is death"** (**Romans 6:23**). In essence, to die in mortal sin without repenting and accepting God's merciful love means remaining separated from Him for ever by our own free choice. So, you see my friend, if you are guilty of **'mortal sin'**, or any **'un-confessed sin'** for that matter, your only salvation rests solely upon Christ Yehoshua's sacrificial death on the cross of Calvary. Call out to Him to save you in the name of Yehoshua the Christ. The Holy Scriptures also declare that **"For whosoever shall call upon the name of the Lord shall be saved"** (**Romans 10:13**). In essence, we are told that, salvation is given directly and graciously, that no one may glory in God's presence. **"The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise"** (**Psalms 51:17**).

Now on the other hand, **'venial'** sin (meaning **"forgivable"** sin) is biblically defined as a lesser sin that unlike un-repentant mortal sin, does not result in a person's complete separation from God and eternal damnation in Hell (**Matthew 12:31**). For example, if one does something immoral but the matter is not serious enough to be gravely immoral, he commits only venial sin. Other examples would include: abusive language, certain addictions or impure thoughts. Also included in this category are the so-called **'Seven Deadly Sins'** - wrath, greed, sloth, pride, lust, envy, and gluttony which are not necessarily **mortal sins**, but are considered **venial sins** that can lead to other **sins**. Though sins such as, deliberate hatred can be either venial sin or mortal sin depending on the seriousness of the hatred.

So, unlike mortal sin, venial sin is not deadly by itself, but it's still quite dangerous and damning if not confessed and repented. Why? because, it offends God, hinders our ability to receive grace, damages our soul, and wounds our ability to live as a Christian. In other words, venial sin is a sin that is not regarded as depriving the soul of God's divine grace, but manifests as a disordered affection for created, carnal goods. It weakens love, impedes the soul's progress in the exercise of virtues and the practice of the moral good (**Matthew 24:12**). In fact, deliberate and un-repentent venial sin is often contrasted with mortal sin as it disposes us little by little to commit sin and merits temporal punishment. So you see, deliberate venial sin, even though it does not **totally** separate us from God, is still very unfortunate because it damages our relationship with the Lord (**Isaiah 59:2**). Ultimately, such attitudes as consenting to small acts of betrayal simply because they are not mortal sins leads to curse of 'lukewarmness', bondage to sin and defeat... Again a curse cannot come without a 'cause', unless you open the door to sin.

10. Generational Curses

What is a generational curse? Well, biblically speaking, it is believed to be a curse that is passed down through the family line from one generation to the next. With the premise that we receive a '**spiritual inheritance**' from our parents and this spiritual heritage includes both **blessings** and **curses**. In fact, this belief is based on scripture in **Exodus 36:7** where it says that God visits "**the iniquity of the fathers upon the children and the children's children to the third and the fourth generation...**" You see, this verse of scripture is taken to mean that the sins and destructive behaviors that parents do not overcome will ultimately result in issues that their children are more susceptible to and prone toward... So, is this belief biblically accurate? And, just exactly what is a '**generational curse**'? For the answer, let's see what the Holy Scriptures has to say about this subject. Actually, we learn from scripture that the generational curse mentioned in the bible, was a warning given to Jewish people that they were to worship only God and not idols.

With the consequence being, if one generation fell away from God and worshiped pagan gods, God warned that He would "**visit their iniquity**" on several future generations. Ok, that was back then, but are there still such things today as '**generational curses**'? Well, do you know that some people really believe that things most people call '**hereditary**' or '**runs in the family**' are actually what they interpret the Holy Scriptures to mean '**generational curses**'? These people have a sense in which the curse of sin has been passed on from generation to generation. Although this may be true, one scripture interpretation is that it clearly communicates that **consequences** and not **curses** are passed on through the generations. So in this sense, the scriptures say that children are punished for the sins of their fathers "**to the third and fourth generation**" (**Exod.20:5**). Not only that, but other scriptures explicitly tell us that "**the son will not share the guilt of the father, nor will the father share the guilt of the son**" (**Ezek.18:20**). Indeed, when ancient Israel quoted the proverb, "**The fathers eat sour grapes, and the children's teeth are set on edge**" (**Ezek.18:2**), God responded in no uncertain terms: "**As surely as I live, declares the Sovereign Lord, you will no longer quote this proverb in Israel....The soul who sins is the one who will die**" (**Ezek.18:3-4**).

There is more evidence from scripture that can be used to support this interpretation, such as these passages of scripture that tells us through the first Adam, “**all have sinned and fall short of the glory of God**” (*Rom.3:23*). But, through the second Adam, Yehoshua the Christ, atonement is offered to all, “**Just as the result of one trespass was condemnation for all men, so also the result of one act of righteousness was justification that brings life for all men**” (*Rom.5:18*). Through no act of our own we are condemned; likewise, through no act of our own we are saved (*Rom.5:12–21*). To summarize all of the above, basically, the cause of the curse is a person’s own sin. Moreover, the scriptures are telling us that those who rebelled against or hated God came under the curses of the covenant; see *Deuteronomy 28:15-68*, but those who try earnestly to keep his Commandments and love; and humbly trust God, by faith, shall be blessed no matter what their ancestors did.

2. So, Does God still Curse People for their Sin?

Well, this is a very good question... As it can be seen from *Exodus 20:5-6* the fact that God did curse down to the third or fourth generation of those people who rejected Him, one could refer to this as a generational curse, but is this still the case with the New Covenant? To be sure, the Holy Scriptures teach that, as stated before; having been made a curse for us on the cross, Yehoshua the Christ’s atonement is offered to all. So, the following are many scriptures that show God indeed does not curse His children anymore and that such generational curses are of the Old Covenant, because in Old Covenant times, the Jews were under the curse of the law and the consequences of breaking God’s law were quite severe. These consequences are detailed in *Deuteronomy 28:15-68*. However *Galatians 3:13* says “**Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, cursed is every one that hangeth on a tree:**” So, you see for Christians under the New Covenant, our blessings are because of the love and obedient relationship we have with God through His Son Yehoshua that we are redeemed from any curse.

As the Apostle Paul said, Christ has redeemed us from the curse of the Law of Moses so that in Christ Yehoshua the blessing of Abraham might come to the Gentiles so that we might receive the promise of the Spirit through faith. So, if you have been regenerated and have true faith in Christ Yehoshua as Lord and Saviour, then you are inheriting the blessings of God and are delivered from the curse of the law. Because we are now blessed sons and daughters of Abraham, even if our parents, grandparents, and great grandparents were atheists, occultists, or blasphemers, etc; God will pour out the full blessings of the New Covenant upon us if we truly come to Him through His Son Yehoshua, *John 14:6*. So as you can see from all this, there is no real ‘**scriptural evidence**’ supporting the notion that ‘**generational curses**’ still exist today. Moreover, the Biblical teaching on this is very clear and it holds from Genesis through Revelation...

Simply, those who put their trust in God’s Son are blessed and need never fear curses or so-called generational curses, because *Jeremiah 17:7* says, “**Blessed is the man that trusteth in the LORD, and whose hope the LORD is.**” Not only that, but we have the assurance that no one can ‘curse’ whom the Lord has ‘blessed’ (*Numbers 22:12*). Also read what it says in *Numbers 23:8*; “**How shall I curse, whom God hath not**

cursed? or how shall I defy, whom the LORD hath not defied?" You see, for anyone who is covered by the blood of Yehoshua, the enemy is powerless to do anything against the will of the Lord our God. By the same token, as it has been shown, the scriptures also teach that No Curses will come upon you without a Cause **Proverbs 26:2 "A curse without cause shall not come."** What does that mean a curse without a cause? Basically, a demonic curse in our lives can not just come on us without a reason... There has to be a cause to bring in the effect of a demonic curse, such as one's own **'words'** or **'actions'** that are contrary to the Word of God.

As a matter of fact, the main cause of a curse to land on you is disobedience of the Word of God. **1 Samuel 15:23** says; **"for rebellion is as the sin of witchcraft."** (Witchcraft is an expression of man's rebellion against God). Another area that opens the door to demonic curses is Galatians 5:19-21, which reads:"Now the works of the flesh are manifest, which are **these; Adultery, fornication, uncleanness, lasciviousness, idolatry, sorcery, hatreds, strife, jealousy, outbursts of anger, selfish ambitions, dissensions, factions, Envyings, murders, drunkenness, revellings,** and such like: of the which I tell you before, as I have also told **you** in time past, that they which do such things shall not inherit the kingdom of God." In essence, when you are obedient to God, know what God says about you and you know that if God is for you, no one can be against you (**Romans 8:31**), then, keep yourself in step with Him, knowing that His blessing overrides the curse! Hopefully, this will help clear up the confusion about this subject and help people know who they are in Christ and the freedom they have in Christ, and to remove all fear of curses by understanding the truth of what God tells us in his Word. **John 8:32** says, **"You will know the truth, and the truth will set you free."**

Nevertheless, if you believe that you are being influenced by a generational curse, and you are not a **'born-again'** Christian, praying the prayer below can help you break free... ***"Lord Yehoshua, I believe that you shed Your precious blood on the cross at Calvary and died for my sins. I acknowledge to You that I am a sinner, and I am sorry for my sins and the life that I have lived. I am now willing to turn from my sin and I need your forgiveness and help. Thank You Lord for dying on the cross and becoming a curse, so that I could be redeemed from every curse and receive God's blessing. Because of Your finished work, I ask you to set me free from every curse that is over my life. I renounce the sins of previous generations and break away from any generational curse that is over my life. Specifically, _____ ... I also break any word curses that have ever been spoken over me, and command any spirits associated with curses to leave my life now!"***
In Yehoshua's name, amen.

Summary:

In either case, it is important to remember that no matter what type of curse you feel is being aimed at you, if you are a Christian the Holy Scriptures declare that when Yehoshua died on the cross, He actually **became a curse** for us so that we could be redeemed from every curse and inherit God's blessing (**Galatians 3:13-14**). You see, God's blessing is more powerful than any curse. But if we do not recognize what curses are, how they work and the fact that as Christians, our Lord and Saviour Yehoshua's

death on the cross has '**redeemed**' us from any type of curse, we can live under them unnecessarily. So, no matter what you think someone is trying to do to you, or what negative comment someone has said about you, remember that the Holy Scriptures declare "...**a curse will not come without a cause**" (**Proverbs 26:2**). In other words, if you '**believe**' in you '**heart**' that there might be a curse on you, then you will give that curse a '**cause**' to come and you will have what you believe, because the scriptures also declare "**For as he thinks in his heart, so is he...**" (**Proverbs 23:7**) Amp. Be blessed my friend, in Yehoshua's name!

Chapter 4 - Biblical Steps to Keeping the Demons Out

As it has been shown, a person can welcome an evil spirit into their life without even knowing it, or having to do anything on the outside. Because even though they may not realize it, their 'thought life' alone is fully capable of opening the door to demonic activity all by itself! In the Holy Scriptures, the Apostle Paul said that they were not ignorant of Satan's devices "Lest Satan should get an advantage of us: for we are not ignorant of his devices" (2 Corinthians 2:11); so neither should we. Use the following list of **'Biblical Steps to Keeping the Demons Out'** to help 'demon proof' and 'curse proof' your life...

1. First: Renew Your Mind.

Since **'spiritual warfare'** is primarily a matter of the mind, you have to keep your thoughts in 'check' and 'renewed' by the word of God. **"Be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God"** (*Rom 12:2 KJV*). According to this passage of scripture your mind is capable of renewing. So what is a **RENEWED MIND**? In a word, a renewed mind is a mind that is so saturated with scripture that no matter what comes into your environment and circumstances, you respond with Scripture. A believer with a renewed mind Meditates on scriptures that pertain to their circumstances rather than concentrating on the circumstances... Seeing the manifestation in the natural (***calling those things that be not as though they already are Ro 4:17***). It works like this - when God's Holy Spirit lives in your re-created (born-again) spirit, and your mind is renewed with scripture; your mind, your spirit, the Holy Spirit, and the Word of God, all four will be in harmony on every subject. For instance, first God turns the light on in your heart, and when you are believing with your heart, you will now have a **'HEART'** for God. Next, God has also turns the **light on in your renewed mind**, and when you are **meditating on scripture** you will now have a **'HEART'** and a **'MIND'** for God...

...**seeing the manifestation in your mind** (the victory), according to scripture, you can have what you believe God for by **muttering** and **speaking** it into existence in the natural in the name of Yehoshua. **"Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them"** (*Mark 11:24*). Generally speaking, a **renewed mind is the mind of a saved man that has been re-programmed with the Word of God**. It is a mind that has had **every cell laced with the Word of God** to the place where it doesn't think on its own anymore. **It thinks Scripture**. That person has a mind that is now in harmony with the Word of God, the Spirit of God, and his own recreated spirit. **When these four are in harmony, that Christian is a conqueror... Nothing can stop him/her!** The bible declares that; ***"If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you."*** (*John 15:7*) To be sure, the dictionary defines Renew, as **"to begin and take up again, to revive, to re-establish, to recover, to restore to a former state, make new or as if new again"**. All of these things are what your mind is capable of, when you make the decision to renew it. So, start the renewal process by understanding what your mind is capable of; the same way you can think on negative thoughts is the

same way you can think on positive things. Moreover, you can start renewing you mind at any time on any day... even right now as you study this book.

2. Second: Guard Your Mind.

You've heard the old saying: "**An idle mind is the devil's playground**". Well in reality, when your mind is left open and unguarded, it becomes the primary battlefield that Satan uses to control your thoughts, emotions and causes you to make bad decisions that can destroy lives, relationships, hopes and dreams (**John 10:10**). Satan's mind game is; '**suggestions**'; the Devil and his demon forces whisper suggestions to the human mind, so give no place for the Devil (**Ephesians 4:27**). When Satan tries to play his '**mind games**' on you, remember the '**4 Es**' of thought - 1. **Enter**; 2. **Examine**; 3. **Entertain**; 4. **Experiment**.

So, from time to time when negative or bad thoughts tend to '**ENTER**' your mind; the Holy Scriptures says to "**Cast down imaginations, and every high thing that exalteth itself against the knowledge of God, and bring into captivity every thought to the obedience of Christ;**" (**2 Cor 10:5, KJV**). With this in mind, every time a bad or negative thought does '**ENTER**' your mind and you find yourself thinking about it; (**EXAMINING**) that thought, mediate on (**Phil 4:8**) and remind yourself what you should be thinking about. Moreover, remember the more you think on (**ENTERTAIN**) what's bad and evil, the more control you give the Devil and his demons, and you will eventually increase the chances that you (**EXPERIMENT**) act on these thoughts... So take control of your thoughts by doing as we are advised to do in the Holy Scriptures (**Guard Your Mind**), because negative, evil thoughts are the enemies of a victorious life! Since our life is very much determined by our mind; our thoughts and ultimately our emotions can influence our actions and make or break our position in life. Not only that, but negative or bad thoughts will distract your focus from the important issues and drain your energy.

The Holy Scriptures teach that Satan is a relentless adversary (**1 Peter 5:8**); he works tirelessly to get our minds off God's will for us, by causing us to **concentrate on our weaknesses and circumstances, instead of meditating on the word of God**; the solution to all of life's problems. Moreover, bad, negative thoughts and emotions can impact your health... Because, when you concentrate on your circumstances you can develop anxiety, stress, and depression; and can weigh heavy on your heart, and even make you sick. In a word, those negative and bad thoughts can '**bog**' you down and the more you focus on them, the deeper you go; like a vehicle when it's stuck in the mud, the more you spin it's tires, the deeper the hole it digs. When this happens you need someone to pull you out. Likewise, when you focus on your circumstances and get '**bogged down**', meditating on the '**Word God**' can be like a '**tow truck**' pulling you out of the '**miry clay**' and **help clear your mind!** (**Psalms 40:2**). This is why you have to identify what you are thinking about and why.

Ask yourself, am I responding to demonic suggestions, or am I thinking as instructed in (**Php 4:8**) "**Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things**". Remember, your mind is not there for

you to think bad, negative, or evil thoughts; it's for you to think about what's good. (Nothing good can come from bad thoughts; likewise nothing bad will come from good thoughts!) So, in the final analysis, when you **'guard your mind'** by reading the scriptures, praying effectual prayers, meditating on and muttering the word of God; thanking Him for what you already have (*Joshua 1:8; 1 John 5:4-5; Ephesians 5:20*) you can control the bad and negative thoughts that try to enter your mind.

3. Third: Set Your Mind on Things Above.

Next, once you have renewed your mind with scripture, and have guarded your mind against bad and negative thoughts, the Holy Scriptures teach that you should now **"Set your minds on things above, not on earthly things"** (*Col 3:2 NIV*). This scripture is saying that you don't have to set your mind on earthly things, such as lust, greed for material gain and temporary pleasures. Because, your mind can turn on and turn off the thoughts that come into your mind, you can literally stop what you are thinking about. For example, when you hear someone say something bad about someone and you don't believe it, in your mind you already made the decision that you won't believe what you have heard, in this respect, that's setting your mind by refusing to believe a particular thought or suggestion. Another way to look at **'setting your mind'** is as in respect to **'cement/concrete'** when it is poured and **'hardened'** and **'permanently set'**. If you truly desire a dramatic, positive change in your life, then it's time to learn how to **set your mind on things that are above**. In the Holy Scriptures, (*Ro 8:5 NIV*) declares; **"Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires"**.

Moreover, if you want to set your mind on what the Spirit desires, you have to also know what the **'fruits of the Spirit'** are. **"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law"** (*Gal 5:22-23 NIV*). As you can see from this scripture, these are the things that our Heavenly Father wants you to **'set your mind'** on. Now that you have **'RENEWED YOUR MIND'** with the **Word of God**, have also **'GUARDED YOUR MIND'** from the bad and negative thoughts that try to enter your mind and **'SET YOUR MIND'** on things above, you can experience the **'dramatic'** and **'positive'** change in your life that you desire! Because...

WHATEVER YOU ALLOW TO CONTROL YOUR MIND ULTIMATELY CONTROLS YOUR LIFE.

4. Fourth: Put on the Whole Armour of God (*Eph 6:10-20*).

Chances are you've already heard about this powerful and important set of armor that the Apostle Paul describes in the Holy Scriptures as being **1. The helmet of salvation, 2. Breastplate of righteousness, 3. Girdle of truth, 4. Shoes of the preparation of the gospel of peace, 5. The shield of faith, and 6. The sword of the spirit** which is the Word of God (*Eph 6:10-17*). Just as the Roman soldiers of the past required **physical** armor to fight their wars, the Holy Scriptures declare that God's chosen people require **'spiritual'** armor to be able to successfully **'stand'** against the attacks of the enemy. As it has been shown, according to the Holy Scriptures, our **'enemy'** is not flesh

and blood (*no human foe*), but actually, our struggle is against a much more fearsome opponent whose forces are described in (*Eph 6:12*). Our adversary, Satan the devil, and his host of demons have a single, driving purpose: Obliterate the children of God. To be sure, in this scripture we are exhorted to "**stand against**" the Devil's tricks. With our '**Spiritual Armour**' on, we must hold our ground as we fight against the pressures of Satan and this world as they try to influence our thoughts and hinder our progress and victory.

So as you can see, we are to be securely grounded, rooted and un-moveable; standing on a firm foundation if we hope to be successful in resisting the attacks of the enemy and gain the '**favor**' with God that is needed in order for Him to honor His promises.

5. Fifth: Bind and Loose.

The next step in our study of '**Invisible Spiritual Forces**' is, as the Holy Scriptures puts it in (*Matt 16:19*) - '**Bind and Loose**' "**And I will give unto thee the keys of the kingdom of heaven: and whatsoever thou shalt bind on earth shall be bound in heaven: and whatsoever thou shalt loose on earth shall be loosed in heaven.**"

First, let's start by addressing these two questions – 1. Is binding and loosing scriptural as heard in prayers today, and 2. If so what do we bind according to the Holy Scriptures? Well, to answer this, let's take a look back through bible history. **Binding** and **loosing** were terms in frequent use among the Jews, and they were defined as bidding and forbidding, granting and refusing; declaring lawful or unlawful, etc. With proper interpretation, this statement by our Lord Yehoshua can be defined as; the **authority** to declare what God's mind is on as a matter of doctrine or practice. Or to put it another way for further clarity, it is the authority to carry out the will and decisions of God upon earth as they had already been established in Heaven. The Amplified Bible puts it like this: "***I will give you the keys of the kingdom of heaven; and whatever you bind (declare to be improper and unlawful) on earth must be what is already bound in heaven; and whatever you loose (declare lawful) on earth must be what is already loosed in heaven***". It should also be noted that binding and loosing does not refer to persons, but to things - "**whatsoever**," not whosoever. These '**things**' can most times be the '**spiritual forces**' that influence a person's thoughts. As there is such a large degree of confusion on this subject, I have chosen not to continue with further in depth meanings and interpretations myself, but rather briefly present what is written in the Holy Scriptures; Since the phrase; "**to bind**" means to **forbid** or be **unlawful** and "to loose" means to **allow** or be **lawful**. It is safe to assume then; to '**bind**' a thing is to forbid it; and to '**loose**' it, is to allow it to be done.

In respect to negative or bad thoughts, scripture teaches to '**bind**' those thoughts with the '**word of God**', and in the '**name of Yehoshua**'; also from the word of God, we are instructed to '**loose**' a replacement for it; ie. love, peace, joy, healing and etc.

6. Sixth: Develop the Mind of Christ.

Next, is the ultimate goal for all Christians; which is to have the mind of Christ. Actually, the phrase "**mind of Christ**" or "**mind of the Lord**" comes from *Isaiah 40:13*, which says; "**Who has understood the mind of the LORD, or instructed him as his counselor?**" As a matter of fact, one of the instructions given to us in the Holy

Scriptures is to have the '**mind of Christ**'. We read in *Philippians 2:5*, "**Let this mind be in you which was also in Christ Jesus.**" Have you ever wondered how this is possible? Or how would you achieve this? Well, all the previous steps that we covered thus far are the best ways to start. In fact, according to the Holy Scriptures, the mind of Christ is given to believers through the Holy Spirit. For example, *1 Corinthians 2:10-12* says, "...but God has revealed it to us by his Spirit. The Spirit searches all things, even the deep things of God.

For who among men knows the thoughts of a man except the man's spirit within him? In the same way no one knows the thoughts of God except the Spirit of God. We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us." So in light of this, in order to have the mind of Christ, a person must first have the Holy Spirit. What happens is, the Holy Spirit indwells and enlightens the believer, infusing him with wisdom (the mind of Christ). Therefore, the believer bears a responsibility to yield to the Spirit's leading (*Ephesians 4:30*) and to allow the Spirit to transform and renew his mind (*Romans 12:1-2*). This comes with saving faith in Christ (*John 1:12; 1 John 5:12*). Here's another example from scripture: *Mark 8:33* (NKJV) says "But when He had turned around and looked at His disciples, He rebuked Peter, saying, "**Get behind Me, Satan! For you are not mindful of the things of God, but the things of men.**"

As you can tell from this passage of scripture, Yehoshua had to rebuke Peter, because Peter was busy **mind the things of this world and not the things of God**... The mind of Christ stands in sharp contrast to the wisdom of man. Many of us find ourselves doing exactly what Peter did. We get so consumed by the world and its troubles; we forget that we are to live in the world not of this world. So, to have the mind of Christ, you have to be mindful of the things of God. In the scriptures, (*Phil 2:2-5NIV*) gives us a view of this, "**then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus**" (*Yehoshua*).

By the same token, reading the Holy Scriptures and meditating on the word will also help you accomplish this ultimate goal. In essence, having the mind of Christ means we look at life from our Savior's point of view, having His values and desires in mind. It means having to same '**authority**' as Christ. Simply put, it means to think God's thoughts and not think as the world thinks. You see, God has called us to live specific lives and in order to do so; we must also have His mindset. Read what else the scriptures has to say about this; "**the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know [them], because they are spiritually discerned. 15 But he that is spiritual judgeth all things, yet he himself is judged of no man. 16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ (1 Corinthians 2:14 – 16)**". This scripture is saying that: 1.) The mind of Christ stands in sharp contrast to the wisdom of man. 2.) The mind of Christ involves wisdom from God, once hidden but now revealed. 3.) The mind of Christ is given to believers through the Spirit of God.

4.) The mind of Christ cannot be understood by those without the Spirit. 5.) The mind of Christ gives believers discernment in spiritual matters.

As you can see, there are many benefits to having the mind of Christ, **“in whom are hidden all the treasures of wisdom and knowledge” (Col. 2:3)**. Another one in particular is that we will come to **“the full knowledge of the mystery of God, both of the Father and of Christ”**. To sum it up, If you will commit to renewing your mind with God's 'word of truth', guard your mind and set your mind on God's Word; getting negative and bad thinking out of your way, then you will experience the fullness of new life that we can all have in Christ. All it takes to develop the mind of Christ is a little more progress, one day at a time.

7. Seventh: Have FAITH in God.

Lastly, but certainly not the least, and perhaps the most important thing is: we must have faith; because according to the Holy Scriptures, without **FAITH** it is impossible to please God (**Heb 11:6**). Moreover, we have to be confident that He will hear us and that the Holy Spirit will help us to pray what we ought to pray. (**Rom 8:26**) says, **“In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.”** Believe that when we pray, asking anything according to His will and in the name of Yehoshua, He hears us, and will give us what we pray for... Remember, **without faith it is impossible to please God.**

NOTE - Three Key Attributes of Faith: 1. It is impossible to please God without faith (Hebrews 11:6). 2. Faith without works is dead (James 2:14-26). 3. The just shall live by faith (Habakkuk 2:4).

Not only that, but **Faith** is the **key** that unlocks the door to God... No matter how much you pray, and cry out to God, if your faith is weak or lacking, you will not hear from God. It just won't work. We have to understand that faith is **“trust”** and once we understand that, we can see why it is impossible to please God without faith.

If we try to please God without faith, we are trying to please God without trusting Him. **“But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him” (Heb 11:6 KJV)**. When you come to God you must believe that you will receive that you are petitioning God for: (**Heb 11:1**) **“Now faith is the substance of things hoped for, the evidence of things not seen.”** As a matter of fact, Yehoshua said you can have what you say; if you can believe it, and what you say flows from what is in your heart. (**Luke 6:45**), so only say what comes from your heart. (**Matt. 12:34-37**). If you have a heart that is filled with grace and love and wisdom from God's Word, you can receive that which you are believing God for... True faith in God can make things happen for you! The Holy Scriptures makes it clear; what you believe is what you get.

In addition, Yehoshua said in (**Matt 9:29**), **“According to your faith, let it be done unto you.” For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall**

have whatsoever he saith. Therefore I say unto you, what things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them" (*Mark 11:22-24*). Therefore, expectation is the key to receiving anything from God...We must always believe and not waver, "**For a man who wavers is like a wave of the sea driven with the wind and tossed. Let not that man think that he shall receive anything of the Lord**" (*James 1:6-7*). Believe you receive when you pray! For what good does it do to pray without expecting to receive an answer? You might as well not pray at all, for faith is required to receive that you are praying to God for. This is why Christians should develop the '**mind of Christ**', because Christ had perfect faith, when He spoke or performed a miracle, He knew by faith it would come to be. According to the Holy Scriptures, all we need is '**Mustard Seed Faith**' to make things happen (*Matt. 17:20*). Next, a few more tips to help curtail demonic activity in your life...

Chapter 5 - More Tips to Help Curtail Demonic Activity

1. Don't Invite Them in!

Don't Open the Door to Demonic Activity by Summoning Spirits, trying to Contact Angeles, etc.

Many people, even those who claim to be Christians have inadvertently opened the door to demonic activity in their lives by trying to do the wrong things for the right reasons. For example; things such as, using charms, pagan religious objects, artifacts and relics, or trying to summon **'good'** spirits or trying to contact angels to name a few (***see complete list of things to avoid at the end of this chapter***). If you have allowed any of these things in your life, you need to remove them, because when you open the door to bad spiritual forces, you will give the devil a **'stronghold'** from which he uses to wreck havoc in your life. So, you need to close that particular door and don't open it up again. Read what the Holy Scriptures has to say about this: **"You shall burn the carved images of their gods with fire; you shall not covet the silver or gold that is on them, nor take it for yourselves, lest you be snared by it; for it is an abomination to the Lord your God. Nor shall you bring an abomination into your house, lest you be doomed to destruction like it; but you shall utterly detest it and utterly abhor it, for it is an accursed thing" (Deuteronomy 7:25&26).** **"Also, many of those who had practiced magic brought their books together and burned them in the sight of all. And they counted up the value of them, and it totaled fifty thousand pieces of silver" (Acts 19:19).**

Likewise, as previously stated, you can actually welcome an evil spirit into your life without even knowing it, or having to do anything on the outside. Because even though you may not realize it, your **'thought life'** alone is fully capable of opening the door to demonic activity all by itself.

Next, is a list of a few things and methods that when used can possibly open the door to demonic activity in your life. When you remove these items and methods you will close that door, and block spiritual forces from using them as **'entry points'** into your life....

2. Possible Demonic Entry Points

Abstract art (under hallucinogenic stimulus)

Acupuncture

Amulets (tigers claw, sharks tooth, horseshoe over door, mascots, talisman (magic picture)

Ankh (a cross with a ring top used in satanic rites)

Apparitions - occultism

Astral travel

Astrology

Augury (interpreting omens)

Automatic writing

Birth signs

Black arts
Black magic (involving hidden powers for bad ends)
Black mass
Blood subscriptions (pacts)
Cartomancy (using playing cards)
Chain letters
Charming or enchanting (attempts to use spirit power)
Charms and charming for wart removal
Chinese astrology
Clairaudience (ability to hear voices and sounds super-normally - spirited voices alleging to be those of dead people giving advice or warnings)
Clairsentience (supernatural sense perception)
Clairvoyance (ability to see objects or events spontaneously or super normally above their normal range of vision - second sight)
Conjuration (summoning up a spirit by incantation)
Coven (a community of witches)

Demon worship
Disembodied spirits
Divining rod or twig or pendulum (Hosea 4:12)
Dowsing or witching for water, minerals, under-ground cables, finding out the sex of unborn child using divining rod, pendulum, twig or planchette
Dream interpretation
Dungeons and dragons
Eastern meditation/religious - Gurus, Mantras, Yoga, Temples etc
Ectoplasm (unknown substance from body of a medium)
Enchanting
E.S.P. (extra sensory perception)
Findhorn Community
Floating trumpets
Fortune telling
Gothic rock music
Gurus
Gypsy curses
Hallucinogenic drugs (cocaine, heroin, marijuana, sniffing glue etc)
Handwriting analysis (for fortune telling)
Hard rock music
Heavy metal music (all heavy rock)
Hepatoscopy (examination of liver for interpretation)
Hex signs (hexagrams)

Horoscopes
Hydromancy (divination by viewing images in water)
Hypnosis
Idols
Incantations

Iridology (eye diagnosis)
Japanese flower arranging (sun worship)
Jonathan Livingstone Seagull (Reincarnation, Hinduism)
Kabbala (Occult Lore)
Karma
Levitation

Lucky charms or signs of the Zodiac or birthstones
Magic (not sleight of hand but using supernatural power)

Mantras
Mediums
Mental suggestion
Mental telepathy
Mental therapy
Mesmerism
Metaphysics (study of spirit world)
Mind control
Mind Dynamics
Mind medium ship
Mind reading
Moon-mancy
Motorskopua (mechanical pendulum for diagnosing illness)
Mysticism
Necromancy (conjuring up spirits of the dead)
Numerical symbolism
Numerology
Occultic games
Occult letters of protection
Occult literature (Such books should be burned, regardless of cost).
Omens
Ouija boards
Pagan fetishes
Pagan religious objects, artifacts and relics
Pagan rites (Voodoo, Sing sings, Corroborees, Fire walking, etc)
Palmistry
PK (parakineses - control of objects by the power of the mind and will)
Parapsychology (PS) - especially study of demonic activity
Pendulum diagnosis
Phrenology (divining/analysis from the skull)
Planchette (divining)

Precognition (foreknowledge of the occurrence of events)
Psychic healing

Psychic sight
Psychography (use of heart shaped board)
Psychometry (telling fortunes by lifting or holding object belonging to the

enquirer)
Punk rock music
Pyramidology (mystic powers associated with models of pyramids)
Rebirthing
Reincarnation
Rhabdomancy (casting sticks into the air for interpreting omens)
Satanism
Seances
Self hypnosis
Significant pagan days
Sorcery
Spells
Spirit knockings or rappings
Star signs
Stichomancy (fortune telling from random reference to books)
Stigmata - occultic types.
Superstitions (self or parents or grandparents)
Table tipping
Tarot cards (22 picture cards for fortune telling)
Tea-leaf reading
Thought transference
Tk (telekineses - objects move around room, instruments play, engines start...)
TM (Transcendental Meditation
Trances
Transmigration
Travel of the soul
UFO fixation
White magic (invoking hidden powers for "good ends")

Witchcraft
Yoga (involves Eastern demon worship)
Zodiac charms, birthdates
Zodiac signs

Remember, '**fixation**' on these things can '**open the door**' to demonic activity in your life and give the devil a '**stronghold**' from which to wreck havoc on you.

3. Struggles of the mind: Strongholds

Many people, even Christians, struggle on a daily basis with attitudes and emotions that they have absolutely no control over, or they feel powerless when facing life issues. Whether they realize it or not, they have what is known in spiritual circles as a stronghold of the mind. As a matter of fact, the Oxford Dictionary describes Stronghold as "**1: a place that has been fortified against attack. 2: a place of strong support for a cause or political party**". A stronghold in the mind can then be defined as a '**spiritual fortress**' made of wrong thoughts and emotions; a fortified dwelling place where '**demonic forces**' can hide and operate in power against us. The Holy Scriptures

tell us that a stronghold of the mind is actually a *'lie'* that Satan establishes in our thinking.

It is a statement that we count as true but that is false; an incorrect thinking pattern that has molded itself into our way of thinking. Our Lord and Saviour, Yehoshua said we have an evil, deceptive, lying enemy: "**There is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies**" (*John 8:44*). This thought (**stronghold**) becomes so establish in your mind that it has the power to resist anything that is contrary to it and it seeks more and more to **'fortify'** itself against any form of attack So how does the enemy construct a spiritual stronghold in our lives? He will use deception and error to build strongholds in the mind. Strongholds are built when we accept and receive error and begin to meditate on them. It forms in our minds what is known as an imagination, that is, a false concept that we believe to be true, but in reality is not.

The Holy Scriptures speak about these imaginations clearly, and shows us how they can be torn down: (*2 Corinthians 10:4*). He starts with a foundation of lies, usually about the personality of God or about how God views us in Christ. One of Satan's tactics is mental warfare. Over time, he causes a battle to rage in our mind that keeps us feeling accused and intimidated. It is no mistake that in *Rev. 12:10* he is called the "**accuser of the brethren**". He uses false guilt and tormenting thoughts to remind us of our past failures, or he speaks lies against us trying to cripple our Christian walk. Moreover, he will invade our thought life, causing us to embrace wrong thinking, bad attitudes and emotional scars. In other words, these strongholds have the capability to affect our feelings, how we respond to various situations in life, and they play a large role in our spiritual freedom. These thoughts will affect your emotions, how you feel and the actions you take. *Proverbs 23:7* says "**For as he thinks in his heart, so is he.**"

Do you know that some stronghold cannot be identified by you, but others can see it clearly in you? It's only you who just don't see it. That can be a very difficult state to be in (**since you need to first understand and admit that you are actually under a stronghold**), but if you cannot see it yourself, it can be difficult for you to realize what is going on with you, as others do. Because of this, a lot of people will unknowingly pick up a demon from various sources, then that demon quickly builds one or more strongholds in their mind that must be later torn down. But, sometimes this can be a difficult task, because a person who has a demon behind their stronghold(s) may find it nearly impossible to tear them down and keep them down. This is because the demon will be working hard at rebuilding and holding those strongholds in place. Therefore, the demons should be driven out as instructed in chapter three of this book in Yehoshua' name, then the stronghold will come down much easier and the demon will not be so quick to return. In fact, the key to bringing down the strongholds Satan has constructed in our minds is the knowledge of God's word and personality. Getting to know the true God and seeing how He views us in Christ will help to strengthen the inner man and tear down the strongholds (**the lies Satan has fed us**).

Since strongholds are built upon error and falsehood, it is through the truth that you tear down such faulty thinking patterns. The scriptures instruct us that strongholds and

imaginations must be cast down by being transformed through the renewing of our minds: (**Romans 12:2**). It is through the renewing (**washing**) of our minds with the Word of God that we are transformed and strongholds are torn down (**Ephesians 5:26-27**). To be sure, spending time and meditating on the Word of God washes our minds and corrects our false thinking patterns (**strongholds**). As Christians, in order for us to have victory over the '**world**', the '**flesh**' and the '**devil**' we must become '**God-centered**'; having our '**heart**' and '**mind**' soundly fixed on Him and His Word. Not only that, but we must also practice the art of long and loving '**meditation**' on the truths of the Scriptures and the whole of God; Who He is, His statues and His will for our lives. When we do this we can become independent from the lies of Satan. And as our minds are renewed with the word of God, our eyes become open to the truth and we may prove (discern) what is good, acceptable and perfect, and the will of God. With a renewed mind, filled with God's word, we can resist the lies of Satan and learn to control our thoughts, to think on good things, on the goodness of God, and His Word. We can praise and exalt the Lord, disarm the enemy and find life-changing freedom. So, as we meditate and keep our minds washed with God's Word, Our strongholds, which are based upon error and deception, will not stand any longer!

4. Scriptural Steps to Freedom from Strongholds:

1. Salvation: Eph 2:8-9
2. Confession: 1st John 1:9
3. Forgive Others: Matt. 6:12, 6:14-15
4. Faith that God removes strongholds: Heb. 11:6
5. Bless the Lord: Ps. 34:3
6. Pray: 2Ch. 7:14 and other scriptures
7. Develop in Love: 1st Cor. 13:1-8
8. ID the Strongholds: Ask God to Remove Them: Matt. 16:19, 2nd Cor. 10:4-6
9. Change the Way You Think: Think Godly Thoughts: Prov. 23:7, Jos. 1:8, Ro. 8:6
10. Thank God: Ro 7:25,

See full list of strongholds of the mind at the end of this chapter

The Holy Scriptures declare that:

"The weapons of our warfare are not carnal, but mighty to the pulling down of strongholds" (2 Corinthians 10:4)

Bottom line is, when you use all these '**spiritual weapons**' they will help you in your daily struggles by blocking demonic activity and removing strongholds from your mind that can hinder you in your spiritual growth and success. Moreover, now that you are growing spiritually; when you keep your mind renewed with the word of God, you will be able to think '**godly thoughts**', leading you to speak '**godly words**'. Your Godly thoughts and Godly words will help you develop '**godly character**' and your '**godly**

character' will lead you to the **'right results'... Victory over the Enemy and Favor with God!**

5. When Trials Come... Rejoice!

You've heard the phrase "Laughter is good for the soul". The dictionary defines **laughter** as a visual expression of **happiness**, or an inward feeling of joy, and Webster defines **joy** as a condition or feeling of **high pleasure** or **delight**; **happiness** or **gladness**. Research has shown that laughter can help **relieve pain**, bring **greater happiness**, and even **increase immunity**. So we can conclude then, that feelings of **joy** and **laughter** have great **physical** and **psychological** benefits, just as the **Holy Scriptures** suggest.

So, most importantly, when you feel like you are under '**spiritual attack**', going through a **crisis**, **stress** or just experiencing a **low** in your life, the **Holy Scriptures** teach us to **rejoice** (*Phil. 4:4*), and be of **good cheer** (*John 16:33*) for a very **good reason**: Not only does laughter make us **feel better**, but feelings of **joy** can actually give us the **strength** to handle whatever we are dealing with, and also aid in the **healing** and **recovery** process (*Neh. 8:10*)... "**The joy of the Lord is your strength**". Moreover, James 1:2 tells us to "**count it all joy** when you fall into various **trials** and **temptations**. There are many **scriptures** through out the **Bible** that teaches us to be **consistent** in joy, peace, and love no matter what the **circumstance**. Like Daniel in the lion's den (*Daniel 6:4-27*), the three Hebrew Boys (*Daniel 11:3-26*), or Job (*Job 1-42*); keep the **faith**, stay the course, make merry and be glad (*Luke 15:32*), and you will win the battle. So, when Satan attacks, and you are going through a crisis... **Rejoice!** The **unspeakable joy** and **peace** that comes from **unyielding faith** in the **Word of God** here on earth and knowing that something better is **reserved** in Heaven will lead to **breakthrough** and final **victory** against the 'Invisible Spiritual Forces' that will try to wreck havoc in your life.

Biblical Authority to Deal with evil spirits

I know there are so many times when people feel like they are helpless against the trials, tribulations, and temptations Satan puts in their path. Some use excuses such as, "**it must be God's will**" or "**the devil made me do it**"; as if it were completely beyond their control to do any thing about them. Though some people live like they are powerless to overcome the devil, they need to understand that the Lord has given us the authority to deal with evil spirits (**Luke 10:17-20**) and victory over the world, the flesh and the devil. Not only that, some people have said that a person should not try to tackle Satan, or deal with his demon Forces on their own because there is a danger in doing so. Well, this may be true for some, but for those of us that are covered with the '**Blood of Yehoshua**', we have confidence that the Word of God gives us the '**power**' and '**authority**' to do just that.

In fact, in the Holy Scriptures our Lord and Savior Yehoshua said that:

1. **I come that you might have life** (*John 10:10*)
2. **All power is given unto Me** (*Matthew 28:18*)

3. I give you power to... (*Luke 10:19*)

4. Greater is He that is in you... God's Word promises us: "You are of God, little children, and have overcome them: because greater is He that is in you, than he that is in the world." (*1 John 4:4*)

5. Put on the armor of God (*Ephesians 6:10-18*)

6. A name above every other name (Yehoshua) (*Philippians 2:9*)

7. On the cross, Yehoshua has already defeated the enemy (*John 19:30*)

8. Put the enemy in his rightful place... The Holy Scriptures declare; "put the devil in his rightful place" (*Gen 3:15; Eph 1:19-23*). So, where is the devil's place in the life of a Christian, anyway? As it has been shown, the Holy Scriptures tell us in *Ephesians 1:19-23* that God put the devil in his place when He raised Christ Yehoshua from the dead and seated Him at His right hand in the heavens. How did He do this? Well, when Christ rose from the dead to eternal life, Satan was defeated. In effect, *Ephesians verse 22* is saying that God placed all things under Christ's feet, and appointed Him (Yehoshua) to be head of all things, for the sake of the church, so Satan also is under Christ's feet. In the same fashion, we as Christians, make up the church, which is the body of Christ, so likewise, if we are His body, then doesn't it stand to reason that just as it is with Yehoshua, Satan is also under our feet? That's right! Now you know that Satan's place is under our feet! Even though he may strike our heels, *Genesis 3:15* tells us that we can crush his head, through Christ Yehoshua. So, we are no longer under Satan's power, but are empowered by God Almighty to defeat the devil when he comes against us! Hallelujah!

Now, with all of this in mind, as stated before, one sure thing to protect us is what the Holy Scriptures call 'death to self', or being 'crucified' with Christ. You see, like Yehoshua's' death on the cross and resurrection, 'death to self' is actually the 'crucifying' of your 'old sinful nature' and the beginning of a brand new life in Christ. As a matter of fact, in the Holy Scriptures Yehoshua revealed that losing one's life for Christ' sake is the key to finding real victory in life (*Matthew 16:25; John 10:10*). So you see, what the Holy Scriptures call 'death' is not actual 'physical death' but what the scriptures call; "old things passed away and all things made new" (*2 Corinthians 5:17*). Thankfully, dying with Christ to our old life, leads immediately to rising with Christ to a new life. You see, as soon as we die with Christ, we rise with Him and begin reigning with Him, with our every spiritual enemy under your feet (*Ephesians 1:19-23*). Moreover, throughout the Bible, we see the rewards promised to those who overcome, who stand firm, and who keep the devil in his place. My friend, God gave us the victory, but we cannot give in or give up; we have to walk in it... "He that overcometh shall inherit all things; and I will be his God, and he shall be my son" (*Rev. 21:7*)

"To him that overcometh will I grant to sit with me in my throne, even as I also overcame, and am set down with my Father in his throne" (*Rev. 3:21*)

"...thanks be to God, which giveth us the victory through our Lord Jesus Christ" (*1 Cor. 15:57*)

In essence, our **'true spiritual authority'** comes from abiding in the Lord and Savior Yehoshua. As it has been shown, according to the Holy Scriptures we have authority **'in His name'**, which implies that we have **'His authority'** in our **'spiritual battles'** and also when we are on a mission for Him. So, as faithful Christians we can have confidence that when we are sent out by Him to do His work (***heal the sick and cast out devils***), even though we will stir up the evil one, we have the same authority as the Lord to deal with him... Hallelujah!

God Bless You

List of STRONGMEN, the MANIFESTATIONS of their LESSER DEMONS and what to LOOSE in their PLACE

Spirit of Jezebel (1 Kings 21:25)

Manifestations of this Demon – The doctrine of Jezebel, False teaching, Spiritual fornication, Not repenting, Aggressiveness, Extreme behavior, Harsh in their unrealistic expectations and unforgiving... Someone who is controlled by a spirit of Jezebel has the characteristics of the woman Jezebel in the Holy Scriptures.

The first mention of Jezebel is in **1 Kings**. She was the rebellious, manipulative wife of King Ahab. From scripture we learn that it was actually a powerful '**demonic spirit**', operating through Queen Jezebel, which had caused over ten million Hebrews (**all but seven thousand faithful souls**) to bow to Baal. Jezebel caused them to forsake the covenant, destroy the sacred altars and kill the prophets (**1 Kings 19:14-18**). This one woman was almost totally responsible for corrupting an entire nation, and this same influence has come full force against us in this present day.

Scriptures – 1 Kings 16 — 1 Kings 22, 1 Kings 18:4, 13; 1Kings 19:1; 1 Kings 21:23; 2 Kings 9:7-10, 22, 30-37; Revelation 2:20-23

Roots... “The Works of the Flesh,” Galatians 5:19-21

“By their fruits you will know all men,” Matthew 7:20

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: the Spirit of Jezebel - Matthew 16:19 ,18:18

Loose: The Holy Spirit and Gifts - Galatians 5:22-23; 1 Corinthians 12:7-12

Spirit of Ahab (1 Kings 16:33)

Manifestations of these Demons - Considers the things of God as being trivial, low self-worth, fear of what other people think of them, overly-merciful, passive, fear of rejection, avoids confrontations at all costs, grumbles under their breath, The opposite demonic spirit of Jezebel is the spirit of Ahab

Scriptures - 1 Kings 16:29-33, 18, 19:1-2, 21:1-25

Roots... “The Works of the Flesh,” Galatians 5:19-21

“By their fruits you will know all men,” Matthew 7:20

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: the Spirit of Ahab - Matthew 16:19 ,18:18

Loose: The Holy Spirit and Gifts - Galatians 5:22-23; 1 Corinthians 12:7-12

Spirit of Divination – (Acts 16:16-18)

Manifestations of these Demons – Horoscopes, Magic, Pagan, Stargazer, Zodiac, Fortuneteller, Soothsayer, Rebellion, Warlock, Satanist, Witchcraft, Wiccan, Druid, Hypnotist, Enchanter, Drugs (**Greek. – Pharmakos**), Waterwitching/Divination,

Scriptures: (Acts 16:16-18; Micah 5:12; Isaiah 2:6; Exodus 22:18; Isaiah 47:13; Leviticus 19:26; Jeremiah 10:2; 1 Samuel 15:23; Deuteronomy 18:11; Isaiah 19:3; Galatians 5:20; Revelation 9:21; 18:23; 21:8; 22:15; Hosea 4:12; Exodus 7:11; 8:7; 9:11)

Roots... “The Works of the Flesh,” Galatians 5:19-21

“By their fruits you will know all men,” Matthew 7:20

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: the Spirit of Divination - Matthew 16:19 ,18:18

Loose: The Holy Spirit and Gifts - Galatians 5:22-23; 1 Corinthians 12:7-12

Familiar Spirit - (1Sam 28:7) (Lev 20:6)

Manifestations of these Demons – Clairvoyant, Fortune telling, Medium, Horoscope, Astrology, Peeping and Muttering, Yoga, Spiritist, Necromancer, Drugs (**Greek. – Pharmakos**), Passive Mind-Dreamers, False Prophecy, Occult in all its forms (**These demons are attracted to sight, sound and smell**)

Scriptures: (Deuteronomy 18:11; 1 Chronicles 10:13; 1 Samuel 28; Isaiah 8:19; 29:4; 59:3; Jeremiah 29:8; 1 Samuel 28:7,8; Galatians 5:20; Revelations 9:21; 18:23; 21:8; 22:15)

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Familiar Spirits - Matthew 16:19 ,18:18

Loose: Holy Spirit and Gifts - Galatians 5:22-23; 1 Corinthians 12:9-12

Spirit of Jealousy (Num. 5:11-14)

Manifestations of these Demons – Suspicion, Anger, Rage, Murder, Revenge, Spite, Jealousy, Hatred, Cruelty, Strife, Envy, Cause Divisions, Competition, Contention, Restlessness

Scriptures: (Genesis 4:4-6; 37:3,4,8; Proverbs 6:34; 10:12; 13:10;

14:16-17,29-30; 22:24-25; 27:4; 29:22-23; Numbers 5:14,30; 1

Thessalonians 4:8; Song of Solomon 8:6; Galatians 5:19)

Roots... **“The Works of the Flesh,”** Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of jealousy - Matthew 16:19 ,18:18

Loose: Love of God - 1 Corinthians 13; Ephesians 5:2

Lying Spirit (2 Chron. 18:22)

Manifestations of these Demons – Strong Deceptions, Flattery, Superstitions, False Teachers, Religious Bondages, Slander, False Prophecy, Accusations, Gossip, Lies, Esteem themselves higher than anyone else. Always right, Hypocrisy, Always condemning, Sexual Immorality and Perversions, Isolates themselves, Vanity- which leads to divination

Scriptures: (2 Chronicles 18:22; Psalms 31:18; 78:36; Proverbs 6:16-19; 10:18; 20:19; 26:28; 29:5; Jeremiah 23:16-17; 27:9,10; Matthew

7:15; 2 Thessalonians 2:9-13; 1 Timothy 4:7; 6:20; 2 Timothy 2:16; 2 Peter; 1 John 3-5; Revelation 12:10)

Roots... **“The Works of the Flesh,”** Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Lying Spirit - Matthew 16:19 ,18:18

Loose: Spirit of Truth, (Father God, Jesus, Holy Spirit and The Word of God) John 4:23-24; 14:17; 15:26; 16:13; 17:17; 1 John 3:24-4:6

Perverse Spirit (Isa 19:14)

Manifestations of these Demons – Lust, Evil Actions, Incest, Filthy Mind, Selflover, Ponography, All sexual perversions, Broken Spirit, Child Abuse, Abortion, Doctrinal Error, Atheist, Twisting The Word of God, Hate, Foolishness, Chronic Worrier, Contentions

Scriptures: (Exodus 20:13; 21:22-25; Proverbs 1:22; 2:12; 14:2; 15:4; 17:20,23; 19:1,3; 23:33; Isaiah 19:14; Acts 13:10; Romans 1:17-32; Philippians 2:14-16; 1 Timothy 6:4,5; 2 Timothy 3:2,7-8; Titus 3:11,11; 2 Peter 2:14)

Roots... **“The Works of the Flesh,”** Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Perverse Spirit - Matthew 16:19 ,18:18

Loose: God's Spirit; Purenness, Holiness, Zechariah 12:10; Hebrews 10:29; 12:14

Spirit of Haughtiness (*Prov. 16:18*)

Manifestations of these Demons – Pride, Arrogant, Wrath, Smug, Idleness, Scornful, Strife, Obstinate, Self-Deception, Mockery, Contentious, Self-Righteous, Gossip, Rebellion, Stubbornness, Rejection of God, Witchcraft

Scriptures: (1 Samuel 15:23; 2 Samuel 22:8; Proverbs 1:22; 3:34;

6:16,17; 10:4; 13:10; 16:18,19; 21:24; 24:9; 28:25; 29:1,8; Jeremiah 43:2; 48:29; 49:16; Isaiah 2:11,17; 5:15; 16:6; Ezekiel 16:49-50; Daniel 5:20; Obadiah 1:3; Luke 18:11,12)

Roots... “**The Works of the Flesh,**” Galatians 5:19-21.

“**By their fruits you will know all men,**” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Haughtiness - Matthew 16:19 ,18:18

Loose: Humble and Contrite Spirit, Proverbs 16:19; Romans 1:4

Spirit of Heaviness (*Is 61:3*)

Manifestations of these Demons – Excessive Mourning, Torn Spirit, Self-Pity, Depression, Rejection, Gluttony, Sorrowful, Grief, Insomnia, Broken Heart, Dejection, Despair, Hopelessness, Suicidal Thoughts, Inner Hurts, Heaviness

Scriptures: (Isaiah 61:3; Luke 4:18; Nehemiah 2:2; Proverbs 15:13; Psalms 69:20; Proverbs 12:18; 15:3,13; 18:14; Luke 4:18; 2 Corinthians 1:8-9; Isaiah 61:3; Mark 9; Luke 4:18; Proverbs 18:14; 26:22)

Roots... “**The Works of the Flesh,**” Galatians 5:19-21.

“**By their fruits you will know all men,**” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Heaviness - - Matthew 16:19 ,18:18

Loose: Comforter, Garment of Praise, Oil of Joy, John 15:26; Isaiah 61:3

Spirit of Whoredom (*Hosea 4:12*)

Manifestations of these Demons – Lust, Unfaithfulness, Love of Money, Prostitution, Adultery, Chronic Dissatisfaction, Fornication, No Sexual Satisfaction, Idolatry, Emotional Weakness, Excessive Appetite, Worldliness

Scriptures: (Ezekiel 16:15,28; Proverbs 5:1-14; Galatians 5:19;

Deuteronomy 23:17-18; Ezekiel 16:28; Proverbs 15:27; 1 Timothy 6:7-14; Hosea 4:13-19; Judges 2:17; Ezekiel 16; Leviticus 17:7; 1 Corinthians 6:13-16; Philipians 3:19; James 4:4)

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20...

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Whoredoms - Matthew 16:19 ,18:18

Loose: Spirit of God: Pure Spirit, Holiness, Commitment, Insatiable - Ephesians 3:16; John 3:34; 14:12

Spirit of Infirmity (*Luke 13:11*)

Manifestations of these Demons – Chronic Illness, Malady, Bent Body, Spinal disorders, Arthritis, Frail, Impotent, Lameness, Ailments, Allergies, Asthma, Hay Fever, Weakness, Affliction, Lingering Disorders, Oppression, Cancer, All diseases

Scriptures: (Luke 13:11; John 5:5; Acts 3:2; 4:9; Acts 10:38)

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Infirmity - Matthew 16:19 ,18:18

Loose: Spirit of life and gifts of healing, Romans 8:2; 1 Corinthians 12:9; Isaiah 53:5.

Deaf and Dumb Spirit (*Mark 9:17-25*) (*Matt 17:15*)

Manifestations of these Demons – Dumb, Mute, Insanity, Ear Problems, Crying, Lunacy, Motionless, Blindness, Mental Illness, Suicidal, Foaming At The Mouth, Tearing, Seizures/Epilepsy, Gnashing Of Teeth, Pining Away Prostration

Scriptures: (Matthew 9:32,33; 12:22; 15:30-31; 17:15; Mark 5:5;

9:18,22,25-26,39; Luke 9:39)

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Deaf and Dumb Spirit - Matthew 16:19 ,18:18

Loose: Resurrection Life and Gifts OF Healing, Romans 8:11; 1 Corinthians 12:9; Isaiah 53:5.

Spirit of Bondage (*John 8:31-36*)

Manifestations of these Demons – Anguish, Bondage to Sin, Fears, Addictions (*Drugs, Alcohol, Cigarettes, Food, Etc.*), Fear of Death, Captivity to Satan, Servant of Corruption, Compulsive Sin, Bitterness, Spiritual blindness, Cannot call on God, Can't pray or prays and can't break through.

Scriptures: (Romans 6:16; 7:23; 8:15; 2 Peter 2:19; Hebrews 2:14-15; Luke 8:23; John 8:34; Acts 8:23; Proverbs 5:2; 2 Timothy 2:26)

Roots... “**The Works of the Flesh,**” Galatians 5:19-21.

“**By their fruits you will know all men,**” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Bondage - - Matthew 16:19 ,18:18

Loose: Liberty, Spirit of Adoption, Romans 8:15

Spirit of Fear (*2 Tim 1:7*)

Manifestations of these Demons – Worry, Sense of danger, Fears-Phobias, Timidness, Heart Attacks, Torment-Horror, Fear of Man, Inferiority complex, Phobia, Nightmares-Terrors, Anxiety-Stress, Fear of Death, Un-trusting- Doubt.

Scriptures: (Isaiah 13:7-8; 2 Timothy 1:7; Psalms 55:4-5; 1 John 4:18; Luke 21:26; John 14:1,27; Proverbs 29:25; Jeremiah 1:8; 17-19; Ezekiel 2:6-7; 3:9; Psalms 91:5-6; Isaiah 54:14; Hebrews 2:14-15; 1 Peter 5:7; Matthew 8:26; Revelation 21:8)

Roots... “**The Works of the Flesh,**” Galatians 5:19-21.

“**By their fruits you will know all men,**” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Fear - Matthew 16:19 ,18:18

Loose: Love, Power, and A Sound Mind; Perfect Love casts our all fear, 2 Timothy 1:7; 1 John 4:18

Seducing Spirits (*1 Timothy 4:1*)

Manifestations of these Demons – Attractions, Wandering from the Truth, Deception, Hypocritical Lies, Seared Conscience, Fascinations by false prophets, signs and wonders, Fascination with evil ways objects or persons, Seducers and Enticers

Scriptures: (1 Timothy 4:1; Proverbs 12:22; James 1:14; Mark 13:22; Romans 7:11; 2 Thessalonians 2:10; 2 Timothy 3:13; 1 John 2:18-26; Deuteronomy 13:6-8; 2 Timothy 3:13; Proverbs 1:10; 12:26; 2 Timothy 3:13)

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Seducing Spirits - Matthew 16:19 ,18:18

Loose: Holy Spirit – Truth, John 16:13

Spirit of Anti-Christ (*1John 4:3*)

Manifestations of these Demons – Attacks your testimony, Opposes man/woman of God, Denies Deity of Christ, Deceiver, Lawlessness, Denies Atonement, Against Christ and His Teaching, Humanism, Worldly Speech and Actions, Teachers of Heresies, Anti-Christian, Disturbs religious services, Exalts self, claims authority to bind '**people**', Legalism, Speaks against gifts of Holy Ghost, ignores the blood Christ

Scriptures: (1 John 2:18,19; 4:3,5; 2 John 1:7; 2 Thessalonians 2:4,3-12; Revelation 13:7)

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Anti-Christ - Matthew 16:19 ,18:18

Loose: Spirit of Truth, John 8:32, 16:13

Spirit of Error (*1 John 4:6*)

Manifestations of these Demons – False Doctrines, Error, Unteachable, Servant of Corruption, Contentions, Defensive/Argumentative, Unsubmissive, New-Age Movement.

Scriptures: (Proverbs 14:22; 1 John 4:6; 2 Peter 3:16-17; Proverbs 29:1; 1 Timothy 6:20-21; 2 Timothy 4:3,1-4; Titus 3:10; 1 John 4:1-6; Proverbs 10:17; 12:1; 13:18; 15:10,12,32; 2 Peter 2:19; James 3:16; 2 Thessalonians; 2 Peter 2:10)

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Error - Matthew 16:19 ,18:18

Loose: Spirit of Truth, 1 John 4:6; Psalm 51:10

Spirit of Manipulation (*Matthew 7:15*)

Manifestations of these Demons – Controlling, Oppressive, Angry domination, Undermines the truth, Pretends to be Godly, Masquerade as a Christian, Division, Abusive, Superiority complex, Witchcraft, Lies, Deception, Accusations, Wicked, Trickery, flirtatious and sensual relationships,

Scriptures: 2 Corinthians 11:13-14, 20; Matthew 24:4; Galatians 2:4; Hebrews 13:8-9; 1 Timothy 4:1; Romans 16:18; Matthew 23:1,3-39; Acts 8:19-20 ESV; 1 Thessalonians 4:6; Amos 5:11; Proverbs 21:6; 1 Timothy 4:2; 2 Thessalonians 2:4; Galatians 6:7; 1 Peter 5:8; Revelation 20:10

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20...

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Manipulation - Matthew 16:19 ,18:18

Loose: Discernment, Wisdom and the Spirit of Truth - John 8:32, 16:13

Spirit of Religion (*James 1:26*)

Manifestations of these Demons - Pride and Hardness of Heart, Envy and self-righteousness, Feelings of never being good enough for God, Salvation by works, Lack of mercy, Religious pride, Perverted Gospel (Emphasis on ritual, special rules and regulations), False Prophecy, Fights the Spirit of God, Draws people away from glorifying and enjoying Christ, That group of evil spirits which inspire loyalty to religious concepts and practices in such a way as to oppose and possibly to counterfeit the true work of the Holy Spirit.

Scriptures: Col 2:8; 2 Tim 3:5; Acts 26:5; 1 Thess. 5:19-21; Mark 7 4; Matthew 6; Matthew 12:7; Matthew 12:44; Galatians 1:8

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20...

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: The Spirit of Religion - Matthew 16:19 ,18:18

Loose: The ‘True Gospel’; Miracles and Deliverance and the Spirit of Truth - John 8:32, 16:13; Mark 2:1-12, 5:20; Isaiah 5:25

Spirit of Death (*Romans 6:23*)

Manifestation of this Demon – Suicide Attempts

Roots... “The Works of the Flesh,” Galatians 5:19-21.

“By their fruits you will know all men,” Matthew 7:20.

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: Spirit of Death - Matthew 16:19 ,18:18

Loose: Spirit of life, love, joy and peace in the Holy Ghost; Romans 8:2, 14:17.

Spirit of Python (Acts 16:16-18)

Manifestations of these Demons – Conjuring, Necromancer, Cover-ups, Spirit of procrastination, Laziness, Fear, Stuttering, Weariness, Isolation, A loss of passion to pray and worship, Feeling pressured, Overwhelmed, Helpless and even hopeless... A spirit of python smothers, crushes and squeezes its victim to inhibit their progress and make them powerless.

Although not specifically mentioned by name in the Bible, this spirit runs rampant among the children of God because it is very difficult to recognize. It is said that the name comes from Pythia, the priestess of Apollo at Delphi. So, the python spirit is associated with the Oracle of Delphi. This enemy is a constrictor that coils itself around you and squeezes the life out of what God is doing. In essence, the spirit of python will barrage you with circumstances that knock the wind out of you.

Scriptures - Acts 16:16-18

Roots... “The Works of the Flesh,” Galatians 5:19-21

“By their fruits you will know all men,” Matthew 7:20

According to Matthew 6:10; 11:12; 12:29; 16:18; 18:18; 28:18

Bind: the Spirit of Python - Matthew 16:19 ,18:18

Loose: The Holy Spirit and Gifts - Galatians 5:22-23; 1 Corinthians 12:7-12

Prayer Thanking God for Victory Over Satan’s Attacks

‘Holy Father, you know all of the enemy’s devices that he would use against us. Lord, uncover every strategy, plan, or scheme against your saints and the church today. Father let the Word of God put the devil in his rightful place today; under our feet’ Father I thank you, in Yehoshua' name, amen.

Other Books by Aaron Robinson

The Three Levels of Prayer

Stop! Don't say another Prayer until you read this guide. When you call on God you don't want to just throw up words towards heaven not knowing if God will answer your prayer or even hear you at all. When you pray, you want Gods attention; and have confidence that He will answer your prayer and help with your present need. The **THREE LEVELS of PRAYER** is a very powerful and amazing book that presents a clear and concise interpretation of scriptures that reveal this specific pattern of prayer, resulting in a Dynamic and Powerful prayer life for the believer.

My Ever-Present Help

Your GOD 911! This book presents to you a collection of 28 powerful '**EMERGENCY PRAYERS**' along with their '**CONFIRMING SCRIPTURES**' that cover the different circumstances a believer may experience; all in one handy guide! Also included are **DECLARATIONS OF FAITH**: A collection of 30 Powerful faith statements to Validate & Encourage Yourself with the word of God.

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