

AN IDEAL GIRL'S DREAMS



Rosina S Khan

Preface

This fiction eBook is about an ideal girl named Lippy Adnan who dreams of the many dreams she desires to achieve. For this to happen she sticks by useful and meaningful quotes. She also pens her own poem for freedom beginning with two magical lines at first and extending it to a little longer great version after she finishes dreaming. Any guy would simply fall for such an ideal girl with dreams because they would get him closer to his heart's desires. To learn more about what Lippy's dreams are like, read the entire eBook at one go. I guarantee that it will be an interesting read!!

-Rosina S Khan

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Who is An Ideal Girl?

An ideal girl is somebody who doesn't fall short of maintaining a perfect work/life balance. She keeps respecting and honoring her parents despite their innumerable flaws. She has dreams to achieve and she lives the dream despite life's challenges. She is always fun to be around and people are drawn to her enigma. She doesn't fail to impress her boss in her career life, and her husband in her family life. Summing up, she is a graceful and gorgeous girl with decency, humbleness and modesty being her real virtues.

One such ideal girl is Lippy Adnan. She has been on her career job for years and has been abroad for higher studies. She returned to her old job again and again because it felt right to be in that job. She felt secure and happy until one day disaster struck her and she gradually called it quits.

Leaving her job, she got into modes of depression. She had to see a psychiatrist every month. She found back the spirit of life by writing fiction eBooks and getting them published. She had already made money out of money from her old job but she could do more. But her current hobby of writing became a burning passion for her. She had dreams of working again, along with other dreams, which is what this eBook is about. Let us jump right away to all her dreams.

Dream 1: Getting Total Freedom

At times Lippy felt trapped in her mind. She read lots of self-help eBooks which helped her to understand that her inner critic caused all the negative chatter in her mind which she wanted to get rid of completely. She knew she could manifest anything she believed in, and it had to do with her conscious and subconscious minds. Her conscious mind had to do a lot with positive thinking. And she came to know through self-help eBooks that fifteen seconds of positive thoughts each day could pay off very well, which was what she practiced. She also needed to do a little bit of work on her beliefs, replacing the ones she had developed all along since childhood. She tried to align her beliefs with what she really, really wanted from life and that would give her the right perspective in life.

While she worked on these, she also realized she was trapped in a voice system. People she passed by or came along in her life passed on to her ugly comments, which she was sure was not her imagination or delusion. How could she free herself from that? She wanted an answer right away. When she told her psychiatrist about it, he gave her further medication and she was upset her doctor didn't believe her and only took it for granted that it was another illness she had. She looked longingly for an answer to that in self-help books. She prayed to God regularly and recited the Holy Book, when one day, magical lines dawned upon her and she said the following aloud, almost without thinking much:

“Free, free, free,

I have let freedom wash all over me.”

That was the beginning of her movement and she knew she was so close to the total freedom which she so badly needed.

Dream2: Getting her Perfect Soulmate

Lippy knew she needed a soulmate at this point in her life. So far, she had managed it all by herself, including going abroad for higher studies. Her self-help books taught her that in order to manifest what she wanted badly from life, she should be willing to write everything down in present tense. This is what she wrote down in an editor on her PC about her would-be soulmate and saved it in her flash drive:

“Good-looking, in his thirties, single with no children, loves and respects me, tall, no moustache, not too dominating and a lot decent, smiling and cheerful, likes to laugh at good jokes; tells good jokes, can work through problems like a man, can share his problems with me, can be a shoulder to cry on, be brave and courageous in a crisis, able to take good decisions, lives abroad but will connect with me soon, strong and sturdy, successful in life about anything he does, goes about in a planned way, does not have beverages, preferably does not smoke; his name begins with “J” (my elder sister’s hubby’s name begins with “J”), medium sacred, believes in God and says his prayers; all his family members appreciate me for my appearance, my skills, my motivations and achievements. He is clean and tidy and so is his entire family. They will be good to our future child/children; my soulmate has no grudges about my interest in self-improvement eBooks; in fact he gets also inspired if he is not already; he loves me to work in my field of interest (Computer Science & Engineering). Together we make up to be perfect soulmates. Additionally he lets me do all the good things I want to do for example, write free self-help books and short stories as hobbies, and spread them around and also other good stuffs like donating to charity, with no grudges. He has no objections about me working in a dream career. And he lets me know of his interests occupationally

and leisure-wise. He lets me manage my finances and wealth in my own way and even gives me helpful tips regarding this. Not only I want him but also he wants me badly enough. I repeat we are perfect soulmates. That implies we cease to have a divorce.”

Dream3: Getting a New Career Job

Lippy also wanted to manifest a dream career where she would like to work smarter but not harder. Here is what she wrote in her word processing editor:

“The job I get abroad soon enough I hope should be a decent one and an uplifting, inspiring and motivating one for me and a right fit. I am a faculty member of a good, right-fit university. Backbiters and stabbers are either nonexistent or few. I enjoy preparing lectures and imparting them to students and share and contribute my valuable and enriching expertise. I have a good rapport with foreign and deshi students. We enjoy each others’ presence and are a great team. I also have a few colleagues I share my moments with. I maintain a website for the department and students in the field of Comp Sc & Engg. I hold office hours and I am great at advising, counseling or any other good reason. I also gradually have research projects and start working with students in the long run. The chairperson is happy with me and is a good soul. We are all always positive and have great drives. I am always eager to learn new stuffs and I know I will not know everything 100% at the start. I take help from others and also help myself to greater extents. I also help my colleagues and students with their wants. In all, I enjoy my career job. The environment for work and living are healthy, lively and well secured.

I would like to declare here that I am open to the scope of probable managerial position (hinted to her by one of her friends) in an organization like a hospital. The scenario regarding my colleagues and boss and environment does not change. In fact I am happy with either of the career jobs. Instead of students, I will probably have to deal with colleagues and patients. That is fine as well.”

Dream4: Becoming a Mother

Motherhood completes a woman and Lippy did not want to deprive herself from that. After all, she loved children. The more little they are, the better she liked them. There was a reason behind that. Yes, innocence in children is what she admired most. It matched her greatly with this quality, even as an adult and so far, couldn't find it elsewhere.

Now she already had a talk about having children years ago with a guy friend. When he had asked how many children she was expecting to have, four or five, she had got furious. She had said, "Do modern-minded women have four or five children these days? One is enough for me; if my husband wants, I will only have one more child. I would preferably like to have a son and a daughter because that makes a complete circle." Her friend had replied, "I know, I was only joking. What names would you like for them?" She had said in return, "When the time comes, it will be decided." Her friend had replied miserably, "Well, I was only teaching you to dream!!" She had to smile at his comment.

She had a nephew and a niece, in fact her sister's children and she loved them immeasurably. She liked to give her time to them and play with them and keep them happy whenever she got the opportunity.

Yes, there was no doubt that she loved children and she would very much like to have her own and be wholesome as a woman.

Dream5: Orienting towards a PhD

Lippy had always dreamed of a PhD degree. Her father had made it in his time and so, if there were a few naysayers about it, she needn't pay them attention. It was one of her dreams to get a doctoral degree in Computer Science and Engineering.

Having found her soulmate and getting along well with her new job plus having raised her kids to some extent (which were all still her dreams!!), she knew she could follow her dream of getting a PhD as well. It would naturally have to be in the same city she lived to make things easier. She knew it was possible in her heart and she loved to remember Audrey Hepburn's quote at this time: ***"Nothing is Impossible. The word itself says I'm possible!!"***

She would love to pursue a career in teaching after that once again. Life seemed sweet to be able to dream these dreams. This is what she wrote in her word processing editor about this dream of hers and saved it somewhere safe. After all, the title she would have, having her dream accomplished, sounded too cool: **Dr. Lippy Adnan!!** Here goes:

"Have excellent relationship with my supervisor all throughout the years. And I am generously and properly funded all through. I understand my supervisor crystal clear and lucidly most of the times. We work together along with his/her other students in a university that fits me well. I make productive contributions in implementations and in writing all throughout. I write papers in journals and conferences. Make excellent interactions and communications not only with the supervisor but also with his/her other students, and I get interested in their works as well. I pass through each phase of the PhD studies in Computer Science and

Engineering gracefully and successfully and climb my ladder of success up to my dissertation and defense by the will of God and also me. I earn my PhD victoriously eventually.”

Dreamb: Following up her Interest in Self-growth

Lippy was really interested in self-growth and self-empowerment. She read self-help books widely. Although she didn't buy any, she got lots of free reports, guides and resources in an email account dedicated solely for this purpose. She only chose to read completely the best ones and rejected the not so good ones. She took advantage of the great ones she liked, learned the new insights, thought of her life and future in innovative ways and continually kept applying insights from those books practically. This helped her a great deal.

And it was her dream that she would still follow up this interest later in her life as well while achieving her other dreams. Because she knew it would help her doubly. Some of her favorite free self-help eBooks from which she benefitted were:

- a) Think and Grow Rich by Napoleon Hill
- b) From Pain to Power by Sasha Xarrian
- c) How to Get What You Want by Susan Briscoe
- d) Mastering the Law of Attraction by Andy Shaw
- e) Bounce Back Big in 2015 by Sonia Ricotti
- f) 22 Powerful Tools to Transform Your Fear into Happiness, Peace and Inspiration by Evolution Ezine and its Wonderful Readers

Dream 7: Following her Passion Hobby

Quitting her day job, Lippy totally got engrossed first writing in her journal, then praying daily to God and finally by contributing fiction stories to a free site bimonthly, which she called was her burning passion hobby.

Her hobby of writing, which remained kind of dormant until this point would not have come out alive were it not for her decision to quit her job. Her stories were based on life experiences until this point. She could also envision her childhood so clearly now that many of her fiction stories could be based on those.

It was her dream now, among her other dreams, to follow up on her passion hobby which she really loved because she liked being creative and imaginative staying indoors, writing during a scheduled time in the day, making her really feel good about herself. There was no need to fill in a lot of information on the site, just the minimum requirements to submit a story and it became alive on the site.

People were flocking to read her stories and she declared herself silently to be a popular writer on the site. Life seemed sweet. Yes, she would always take out some time in her life later as well to contribute her juicy stories.

Dream8: Maintaining Blogs

Lippy already maintained two blogs: one based in her field of interest and another one on self-help tips. She felt qualified to maintain both as she had the time for them and had the expertise as well.

Given her occupational field of interest, she had strived for years together to remain in that field and had her advanced degree from abroad as well. As she was qualified to teach verbally, she felt qualified to teach through writing a blog.

She gave herself credits to write the other blog because she had read free self-improvement eBooks widely and still kept that alluring through continuing reading such eBooks and sharing her insights through new posts on that blog.

She felt deeply satisfied that although not working, she was contributing to the universe in some ways and God would acknowledge that and gladly help her to materialize all her dreams. It was one of her dreams to maintain these blogs or create new ones as time would show, now that she was familiar with posting and blogging but she would never let them digress away from the purpose of teaching and learning useful material.

Dream 9: Hosting Websites

Lippy had already two unofficial websites; one was based on the previous work she did during her old career; the other one based on her works as an author. She wanted to buy a domain for the latter and host it.

It was her dream to continue her writing, and as she had come to know publishing her work as an author had never been this easier. This was where her author's website came into play. She could give some away as freebies and charge for the ones that took most of her efforts and that she felt right about selling.

Maintaining a website was important at this stage of her life about her works. That was the best way customers would come to know about her works as an author and the promotions of her products. For good trafficking into her site she would need an email list because money was in the list, as they said. She was working on that as well and she was also blogging, which meant she had a good number of customers in hand. But this was only a part of her dream that she wanted to work on.

Her devotion to humanity was even greater so as to speak. She needed a good career job for that matter which I spoke earlier in the eBook. I also described the scenario for her ideal career. She meant really to stick with it as well and follow up on her other dreams too.

Dream 10: Publishing her Dream Book

Lippy had always a dream book within her in her field of interest ever since she came into teaching career. She loved to write and she knew she had a knack for it. She was looking for a suitable place to publish, preferably a good self-publishing medium. But before that she had a few things to do to get her book ready: editing, revising and a few other stuffs she had on her list . Once she had those done and had found the medium of self-publishing, she liked to sell it in an online bookstore.

Her reasons of maintaining blogs, hosting a website and building an email list were all aligned now with the sole goal of publishing her dream book. She knew she was so close and therefore, continued taking baby steps towards that dream of hers.

She wasn't definitely going to do this for fame or money but with the only purpose of sharing with the universe about her ideas on what she had learnt through her teaching career by teaching, by answering students' questions as well as from students' contributions in lab and theory classes. She felt excited at the thought of sharing her dream book with the universe!! It would really mean adding value to her life and others' as well.

Dream 11: Making Money out of Money

Lippy had every few years saved some money from her pays of her old career job but soon spent them all while going for higher studies abroad on study leaves without pay. But this time she stayed back for a longer time, saved more money from her pays and invested them, taking advice from her mentor, her mom.

It was her investments' backup that she could do now whatever she wanted for free although she didn't hold a job anymore. Not that her investments were huge and also she could have done a whole lot more all along had she not quit her job. It was a choice she made and everything happens for a reason: this was something an online well-wisher and friend said, comforting her. And she found those words valuable. She didn't regret about her old job much; yet she was willing to go forward and progress in life now that she had a rewarding expertise of years and years.

She decided to have a different mentor from her loved ones, settle down with the love of her life and begin a career job, all of which were her dreams, and eventually ask her mentor about making investments abroad and therefore, make money out of money. It felt great to Lippy to be able to dream like that. Much of her depression had already left, and she was all ready to jump aboard into a promising future which she knew was going to be simply awesome.

Dream 12: Giving Away 90%

Lippy loved her last dream very much. Now that she had made investments and made money out of money through several sources, she knew she could not take everything to her grave. She made a decision.

Apart from leaving a legacy, she wanted to be altruistic and give 90% of her wealth influx to the needy, orphanages, old homes and charities from this point on. She felt peace at heart and she was sure it was going to give her the feeling of satisfaction that she needed so much.

She had read the renowned guy, Andrew Carnegie gave a whole lot of his vast wealth for good causes, and letters started pouring from different organizations that they were in need of money. Now Lippy didn't know how he dealt with such a situation. But Lippy knew giving away 90% and keeping 10% for herself at old age would be the only way she would stay motivated. If emails and letters started pouring in as in the case of Carnegie, she should be able to get information who really was in need of money and act accordingly. It was not a huge problem. Having thought that, Lippy went into a little retreat with a mug of hot drink in her hand.

The Magic of Realizing Dreams

While Lippy dreamed, she wanted to be grateful towards the universe for all she already had. And she believed in her dreams with strong faith. However, she was in a dilemma how to make it all work!! She came across the following quote, whose meaning she wanted to dissect totally and get more insights on materializing all her dreams:

“If you believe, you will receive whatever you ask for in prayer.”

Fortunately, in no time she received her answer in a top self-help expert Steven Aitchison’s newsletter that landed in her inbox. In his opinion, what you wanted to manifest in life was magic and this magic was what he had been researching for years. Finally his research began to take form. He further explained the magic consisted of really two parts:

“Ask for what you want.

Prepare to receive it.”

Asking for what you want is up to you. You have to know what you really, really want passionately and with a burning desire, and ask for it sincerely.

The next (receiving) part of the magic consists of four vital steps and then you are done:

- 1) As soon as you ask for something in your mind, feel what it is like having it, and then let go and trust the process.
- 2) Become grateful everyday in the now.

- 3) Start looking for evidence that it is working for you (a little coincidence, every person you meet, every letter/email/call you receive etc. etc.)
- 4) Engrain a deep belief that the process of magic works for you on every level.

This magic was what formed a major part of Lippy's being right now. She had several dreams to realize, some earlier, some later on and some parallel. Yet, she knew with the aforementioned top self-help expert's magic, everything was bound to fall into place if she cared to follow it. And of course, she cared!!

Conclusion

Having dreamed all her dreams and even starting to live the dream, Lippy wanted to extend her first two magical lines for freedom into a small poem. Here it is:

Free, free, free

I have let freedom wash all over me;

Freedom of love for everybody:

My loved ones, friends, acquaintances, and partners

-ah so lovely.

Freedom of acquiring anything she needed:

Wealth, money, assets, properties

-you name it!

Now that she had everything, what do you think

she would put upon?

She would rather like to say:

My heart will go on and on and on.....

She had taken an online quiz on her life expectancy; on this quiz she answered some questions regarding her health, insights and attitude to life and her quiz prompted her up with the answer that she was going to live up to 110!! But she knew she wasn't going to be immortal nor could she fully trust the quiz's answer. She thought of the legacy she was going to leave behind that was going to run down her family tree. And she felt blessed by God, the Almighty. She drifted her thoughts back to mortality (which, in fact, she was still dreaming) and she thought of an epitaph she would like to be engraved on her tombstone, which seemed so real, yet she was still imagining. Here is what she pictured:



Thank you, dear reader for staying tuned and interested in reading Lippy Adnan's dreams until this point. So could you do a little about the things you want to attract to your life?

After all, the main secret behind Lippy dreaming her dreams started from two simple quotes she came across. She would like to share these with you here:

First,

“Nothing splendid has ever been achieved by those who dared believed that something inside them was superior to circumstance.”- Bruce Barton

Second,

“If you can dream it, you can achieve it!”

About the Author



Rosina S Khan, the author of this eBook is ingrained in the field of Computer Science and Engineering. She has written several scholar papers solo, with colleagues or with students. She has also written review reports, as an external reviewer, in her field, for manuscripts in an international journal titled “Horizon Research Publishing Corporation, USA”. She does love to write and has a great affinity for it definitely. She decided to start writing in another area, fiction-stories eBooks as a passion hobby. Her other splendid works on the free site “free-ebooks.net” are *A Bright & Unique Sibling*, *Near the Mediterranean Sea*, *Blissful Moments of Laughter*, *The Mystery Girl*, *Stunning Life Journeys* and *Glimmering Reflections into My Special Friends’ Lives*.

She has also great digressing interests in other fields such as self-growth and self-improvement, astrology and psychology. These add up to the magic and mystics of her life. She even authored a free but powerful and insightful self-help eBook, ***“How living this life fully can be the answer to your own peace of mind”***, which appears on two top self-help experts’ sites. The link for this eBook on her site is as follows:

<http://rskhan-freegift.weebly.com>

You are invited to grab a free complimentary copy of the eBook while copies last.

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