

## Meeting Rules

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## Introduction of Dating

Today there are so many ways to express yourself in dating, and there is no wrong way of dating any more. With today technology and boldness of men and women to speak out, the possibilities are endless. You have your speed dating, cooking class dating, the popular online dating, phone line dating, social network dating, underground nightclub dating, text dating, old fashion dating, group dating, blind dates and crunch dating.

There truly is no wrong way of dating. There are so many options available for both sexes, whether gay, straight, and bi-sexual, transgender, everyone as options. I believe that options do help in making the right decision when it comes to a long term relationship.

The key is not for you to make the same mistake a hundred times over again. It is easy to say but very hard to accomplish, especially if you only have one set of rules to follow.

This book is not meant for a man but to help women from making the same mistake over and over again, to get you to the alter for the right reason and with the right guy.

Let us begin with the phrase “I can’t seem to find the right guy” Whoaaaaa! Hold on, this is the beginning of many problems for you, trust me I know. This small phrase causes a bunch of problems in getting a relationship. This phrase has caused many women heartbreak, late night cry marathons, binge eating, lack of confidence and low self-esteem for some.

This phrase has been passed down from generation to generation. From girls night out, to chick flick night for single women and even sometimes mother and daughter duo. So let’s step away from this phrase that has caused many bad date decisions. Understand ladies that it is not what you find but what you are analyzing.

Finding a man is the worst thing you can do as a woman and it puts you in a category of desperation by men. I know I know you “heard” stories of women going online and meeting Mr. Right and the two get married, have a couple kids and live happily ever after. Trust me it was not that easy because if it was, first of all she would not have advertise herself on an online dating service. Most times women have to get to that point in life to go viral to the world and most times women want to believe that Mr. Right will walk up to her while she is

doing laundry at the laundry mat or picking peaches in the produce section but after several attempts of dating and usually the worst dates, she decides to take her dating to the World Wide Web and even then she may meet a couple of terrible dates, a couple of turn offs, a couple of jerks and finally she meets Mr. right. She then dates the guy, marry the guy and possibly divorce the guy down the road, because there are no guarantees in dating but the only guarantee is that you stay in control of who you want to date.

The phrase “I can’t seem to find the right guy” indicates that you are looking and we woman have standards just like men the only difference is that we women must allow that man to accept us. I know it is old fashion and this is the new millennium but the old way still works today. The first thing to understand is that a man has no problem in talking to a woman to get to know her, rather he does it in steps or shyly disguises it or abruptly does it. The point is he will do it. I hear all the excuses that women give for a man that has not yet talked to her. For example, the biggest one “his probably shy” news flash even a shy guy will make a move, it may take him a couple of days or he may find himself plotting and planning on how to get your attention but he will do it.

Another thing a lot of women forget is that it is not all about them. When a guy wants to take you out and get to know you and the both of you start to get along well and all looks good for the future, then all of a sudden the phone calls stop, texting stop, he no longer is available and you find yourself pulling out your hair and crying in a corner and the tears flow and the words come “I can’t seem to find the right guy”. I just want to let you know that the guy have to find you very interesting, he must really be into you and your heart. Remember there will always be a woman or girl that is pretty than you, smarter than you, more sensitive than you, better body than you, classier, and the list can continue on. The point is that you must know that it takes two to make a relationship work and maybe he believed that you were not his type after all or maybe he was better off with the girlfriend he gave up over a year ago.

Whatever reason it is, he has made it clear through his actions of not responding to your calls, brushing you off, telling you every line he could just to keep you out of his life, that you are not the one and for those guys that are brave to say it is over just reassures me that men are looking for that right person too.

What I am trying to say is being a woman there are certain standards that must be taken in order to show that you are serious about a relationship or even marriage.

Have you ever heard a man say “well she just isn’t my type”, or “I like you but I just don’t see this relationship going anywhere”. The truth is the majority of men have standards, from only dating blondes, to dating models, or dating women who lack confidence. He knows exactly what he wants and he won’t settle for less but we as women believe that he just need to meet the right woman for him to change his mind, or you have a plan to change his way of thinking all together. Listen! Stop! And move away from the man. The only one that should change is you! Stop thinking every man is charmed by your feminine wiles or that you can change a frog into a prince.

The truth is a man knows exactly what he wants, sure he may play the field until he gets what he wants, or he may even marry what he did not expect but “most” times men have standards and women should have standards too!

This is not necessarily tall, dark and handsome with a six figure salary and a vacation home in Maui. Standards can mean being on time, respecting you by pulling out your chair, helping you out the car or even listening to you instead of him going on about his career. Don’t settle for Mr. Wrong or Mr. Right now; take a stand a get exactly what you want or at least as close as possible.

Give yourself rules and prioritize in your life to make sure you’re getting what you want out of a relationship.

The bottom line is that you should not settled for a right now when you can prep and prepare yourself for Mr. Right. Don’t waste your time on Mr. right now because the more time you spend with the guy, the more you are accepting of things that you know you would never in a million years put up with.

Now is the time to find out what you really are willing to put up with in a relationship that will lead you to the alter. So get your rules and standards prioritized and know what you want and not what you will settle for.

### MEETING RULES

Just because a guy offers you his number does not mean that you have to take it, you are not obligated to please every guy that wants to get to know you. Now there are some women who enjoy giving out her number, because it makes her feel like she is the most beautiful woman and most desired woman on the planet. This woman has no standards in what she wants, she doesn't care who approaches her and she doesn't care what the guy looks like; her goal is to simply obtain a number for her calendar book, she is looking to categorize these guys, maybe he will help her with rent this month, maybe he could take her out to dinner, or pay for her manicure and pedicure and maybe he could just be the guy to use to make her other guys jealous. This woman is not looking to settle down but to accomplish as many things as possible in her life by using the men that come in it.

This is not a good sign for a relationship or even marriage, and if marriage should come from it, be reassured that there will be rocky days ahead.

It is important to decide what you want and what you can put up with for the rest of your life. Take a man for example; most men pick women that will or willing to do what the man find interesting So if he likes camping, he definitely wants a woman that can handle herself with or without bug spray, he may be into comic books or even action figures but he wants someone that will appreciate the things he is into. So most of us women will conform to his comic books, water rafting, expensive action figure collections, just in the hopes of getting the ring and the chance to say "I Do". Then suddenly years later you find his comic book collections childish, or his outdoor living a waste of time, remember conformity does not mean permanent so the love of your life may not be what you really thought. Which is why it is really important to have a relationship with someone that you can adjust to in the highs and lows.

So my advice would be when you meet that guy who you have an instant attraction to, don't be so quick to accept his number but do the reverse and take his number. This is important for the beginning of what you want in a relationship and what type of man would be right for you and it allows you to be in control from the beginning to the end.

You might say that doesn't make sense, I have given many guys my number and they have called me, true but do you remember a time when you would come home and check your voicemail, or check your cell phone every five minutes hoping that he called, or get excited

when you see an unidentified number on your phone and you were hoping it was him, only to find out it was the wrong number. If you take the guy number not only are you in control of your emotions but you can call on your time, and you can ponder if this guy is worth going out with. This will also give the guy time to think about you more and to know that you are in control and will decide what is best for you. Many of you will probably for go this advice but those who see the altar at the end of the tunnel or a lasting relationship will be willing to do what it takes to get the right relationship.

Now before you take his number he must qualify to take you out or to see you again, there has to be questions involved, and the questions are totally up to you, you may say I know this but think back when you lost your mind looking into those gorgeous eyes of his or his rock hard body and forgot to ask important questions. I would highly suggest to stick with the basic questions; it safe ground and it is easy to talk about. The must have questions as you know are 1. Are you married, this goes without any answer behind it, I mean really how can you commit to someone who is already committed by the law 2. Are you in a relationship; this question has many layers of answers such as “well its complicated, “only on the weekends”, “Well I just got out of a relationship”, “I have an open relationship at this time”, or “doesn’t everybody have some sort of relationship”. The only answer that is justifiable would be “no I am single and looking for the right woman”. Of course guys will do everything they can to impress you but what you are looking for are the basics so you can decide if you want to take his number, 3. Important question would be “how long have you been out of a relationship”. Seriously this question is high on the list. Most time people are on the rebound and want to scam out a guinea pig to get over and make their partner mad. Sometimes the guy just want a right now relationship until they are serious about a real one, and sometimes the guy just want a sexual partner to avoid a relationship. So if you receive a response that the relationship ended two weeks or a month ago, take your chances, especially if they had to endured a long relationship, chances are they will get back together and you will be hurt but that is the chance you take. If the guy have been out of a relationship for over seven months or more your chances are better, especially if he is not exclusively dating anyone else. There are no guarantees but you want to limit yourself from being hurt as much as possible. Newly broken up relationships are a high risk than those who have been out of a relationship more than seven months, if you go with the six month it still a chance that the

two may get back together because it is only half way through the year but if you hit the seven month mark which is closer to a year it may be workable, usually by then the couples have started seeing other people.

Now once you have asked those very few important questions gladly take the number and then you can think on your time if you want to call the guy or not. Is this guy worth your valuable time? It is okay to size the guy up because this is your heart we are talking about here. Also don't feel like you are being desperate by taking the other guy number, if this guy really wants to get to know you chances are they will wait on your call.

### **FIRST CALL TELL THE GUY WHAT YOU WANT**

Now that you have decided to accept the number and pondered about this guy being a possibility of getting to know. It is time to make the call, timing is everything. It seems really silly but men do it all the time ( not all men) but most men will call a week or two later as to not to seem desperate, or some will call the very same day or even in the same hour, it just depends on how much they are willing to get to know you. First rule is not to call on the weekend, sure you may say "I don't play games like that, I want somebody who is able to speak whenever", and the truth is all relationships are a game sort of speak. I'll prove it, when you are out with a date and you notice a beautiful woman before your mate spots the guy, you have already built up scenarios in your mind as what you will do if he does or doesn't react, or leaving hints about your birthday wanting the guy to make sure he didn't forget and if he did you have a tongue lashing for guy. It is all a game, so back to what I was saying. Do not call on the weekend, this does show that your social life is pretty empty if you consider hanging on the phone with the guy you just met, it shows you have no friends to occupy your time, it shows you have nothing better to do but dial a number and speak to someone who may have a bigger social life than you. For some people this is considered clingy, desperate and it is considered a headache because now this guy knows you are going to throw all your energy into him instead of building a social life for yourself. Most mates, especially men want to know that their woman has friends to hang out with, this way he can hang out with his friend without feeling obligated in being with you all day. (Well it's true and you know it). So the weekend call is totally out. Calling in the afternoon after lunch would be very good, this indicate that you probably were on a lunch break or busy doing

errands. Calling in the morning is not good either, this suggest that you have the guy on your mind already and it is only 9: 15 a.m. in the morning. This screams desperation don't do it but calling after five in the late afternoon but not after eight in the evening lets the guy know that one you had respect enough for him to finish out his day, two, that you may have been busy yourself, even if you were not, and three it gives the guy time to actually settle down for the day and have time to talk to you.

Now if the guy does not answer don't panic or assume that the guy is not interested, just leave a message, clearly caller I.D and voicemail will prove that you did call but if the guy picks up the phone; let the questions begin. The most important question that should be asked after you get all the other small questions out the way is, "What type of relationship are you looking for?" This question is the deal breaker. If the response to the question goes something like this "Oh I am just looking to date and see if I can find somebody to hang out with" or my favorite line I laugh at all the time, "I am just looking for a friend right now" news flash! The big red button should be going off right about now. Clearly this guy is not looking for nothing serious, just someone to have fun with and go out for drinks. Now if you think you can handle that and most women truly cannot, bid your farewells. The answer should be along the lines of "I am looking for the right one that I can build a relationship with", "I am looking for someone that I can have a lasting relationship with", "I am looking for someone that I can settle down with", or "I am looking for someone that I can take home to my parents", it doesn't have to be those exact words but the words should state that a long relationship or marriage is in the picture. (Don't worry he must back up those words, we will talk about that later).

Once you have those correct words then you can move forward and let the guy know that you are looking for a long lasting relationship or marriage in the future. This will scare some away but those who are serious will not skip out, this must be discuss to ensure a relationship of truth and possible marriage. No one wants to be strung along, so don't be afraid to get the truth out of yourself. So many times couples break up because they realize they want a totally different relationship. One wants kids the other do not, one wants an open relationship the other does not, or one wants to be spoiled and the other also. So it is important to get the big questions out the way. Next question is a little harder, the values that you will not or will do.



Again women have a bad habit of bending their life around in many shapes just to adjust to that man. She puts her life on hold, her dreams, her goals, even her beliefs in order to snag and tag the man and once she gets the man she must continue to give up all that she wants because now he is under the impression that it is all about him and you are in total agreement to it. Not so! This is so wrong, GET A LIFE! Stick to your values, your beliefs and your dreams, the guy that is right for you will believe as you, adjust to you and build with you, don't be afraid to speak your mind, remember you want less stress as possible when it comes to a relationship and/or marriage.

Now if you are a Christian and your faith is for you to remain untouched (no sex) it is important that this is spoken on the first phone call. I know you probably do not want to do this because chances are the guy may not want to continue the conversation or simple blows you off but my guess is that the guy will look at this as a challenge and will be intrigued by it and pursue you just to see if you're telling the truth or to see if he can conquer you in the bed. So if you get another phone call then keep watch on his intentions.

Being a single Christian has its challenges but if you are devoted to your faith then it is important to know that the guy that you want in your life, for the rest of your life is willing to wait on you until marriage. Now this is a big test for Christian singles because most people are not willing to wait on marriage before sex, most people believe this is the reason for sex just to simply enjoy and to experience but if you have faith that requires you to stay untouched (that goes for oral sex) then don't give up your values and beliefs; why sacrifice yourself just for the sake of a guy who may or may not stick around. If this guy really wants to get to know you and build something with you then the guy will wait and not pressure you but if you are getting pressured and feeling burdened down with remarks on why you should have sex, then the guy is only thinking of his self. And he will not consider your beliefs and values as important, and if that is the case then how can this guy care about anything else in your life when this would be something you would consider very important and if you give in to the temptation then your relationship from then on out will only be about what that guy wants and now they will know that you can be manipulated to do what best for them because you gave up something that cannot be replaced and that is yourself and your dignity. You just lost that and now it will be hard to get it back and to even be taken seriously because you just

confessed with your body that giving yourself without marriage is less important than what the guy who wanted to use you. By the way just because a ring is presented to you does not qualify for having sex. Sex is after the I Do's, remember it is a challenge and a conquest to have you, why should the game be easy for the guy.

If the guy decides to leave and does not want anything else to do with you; then I would call that divine intervention, because you were going to get dumped anyway with or without sex. It will be hard to stand firm and wait for the right guy to come along but if you hold out and save yourself and keep your dignity it will be worth it.

Remember sex only last less than an hour but your dignity being ruined last much longer to regain.

The next important question is really a statement; it is important to inform the guy that you will be dating other guys until you know that you have considered the right one. This is a sticky topic because it may seem that you are coming across as a flirtatious woman but if you carry yourself with respect and dignity then there is no reason for the man to believe otherwise. You can also let the gentleman (that remains to be seen until after the date) know that your quest to bed any guy you date is null. You are only dating to make sure that you are fully getting a healthy relationship with the right guy. Here is a great analogy; it is easy to say you like a pair of shoes if you only buy one pair. Now if you buy several pair of shoes and in different colors then you have a good idea of what shoes are your favorite, which ones are not worth wearing again because they are so uncomfortable and which ones are just for those special occasions.

Many times men and women start off by exclusively dating that one person and then he or she finds out that the person that was so forever in their life is not what they expected. So the cheating begins and now there is a big mess in the relationship because now you found your "true love" through cheating when you thought you already had it. Do yourself a favor and make options for yourself and date several people (don't bed each person) this way you can decide on what it is you truly want out of a relationship.

Women don't be concern with whether or not the man will call you back after this statement, remember being up front in what you want will filter out much confusion, and if the guy

cannot understand that then you know he is being unreasonable, I mean seriously! What person would start out being in a committed relationship with a person that they just started talking to over the phone and went out on a few dates with? Here is a good example, have you ever gone out with a guy and you had high hopes that he was a great potential for a husband or long term relationship and you're out having a good time and Wham! A woman appears in front of you both upset that the man she thought was so great too! Was now out on a date with you, clearly this woman assumed that he was exclusively dating her only, and you thought he was dating you only. ( Now you can kick yourself for turning down the other guys that wanted to take you out).had he only been upfront with the both of you and to let you know that he is exploring his options until he finds the right one, then the whole fiasco could have been avoided.

Many times a man will let you know up front what he is looking for, think back on some of your relationship, don't worry I'll wait.....Ok now, do you remember when he told you what he wanted, for example I am just dating right now, I am looking for a friend (sex partner) or my favorite, I just want someone to hang out with and you totally disregarded it and at the end of it all you got mad at him for cheating on you, well ....Helloooooo... he told you in the first place what he wanted, most times men are very honest up front because they want to know where a woman head is and to see if you are bright enough to not fall or fall for what they have to say. So why not do the same, most women are much more weaker in relationship than men, a woman wants to believe that there is a such thing as a happily ever after and I say that your happily ever after can be whatever you like, a man that works at a factory and comes home and drink a beer on the couch to relax, a man that loves the great outdoors, an adventurer who thrill seeks every chance he gets, or a millionaire that lavish his woman in diamonds and expensive dinners. There is no one way to be happy in a relationship with a man. You have to be honest up front in what you want in a relationship and that you will not stop until you get it and if he happens to be the one, then immediately let him know and if his response is the same for you as well, then there is the match made, believe it or not men like flatter too, and most men will be honor that you chose them over the other guy. Do yourself a favor and be honest with what you want in a relationship.

**DATING UNTIL YOU KNOW YOU HAVE THE RIGHT ONE**

When you are young dating is an exciting thing, meeting a new guy learning all about him, going to different places, having fun and hanging out. When you are young and in love it is a great experience. Love for a young person means a long future with Mr. Right, a big house, a huge backyard for the new puppy, and two or more children that you are able to support because you both will have great careers. Young relationship means that there are endless possibilities and that the both of you have your whole life ahead of you; to do what you want. To travel and to plan out your future. Wait what about the middle age women or the baby boomers, do they want love too! Of course...duhhhhhhh. A more seasoned woman may believe that her good years are already behind her and that now she is only looking to settled down and find Mr. Anything. She notice that the lines on her face are increasing and the gray on her head is shinier than before.

I say seasoned women because she already have had the experience of dealing with all the wrong types, raising children, having a career, traveling, building new adventures in her life or she is already in the mist of accomplishing all that she wants to do and now she realize that she wants to share it with some great guy.

Well rather you are young, middle aged or even well season dating until you have Mr. Right will help you make the right decision for your future. You may think that it is not important and what does your future have to do with dating a guy, well let me tell it has a lot to do with it. Ask all the women who had their credit score lower because they loved the guy so much that she bought him the latest gadgets, motorcycle, car and even putting a down payment on a house she hoped that she would be in one day; don't believe me, okay well turn on any court reality show and you will see the endless count of women giving ever so generously their bank account to a man. As a matter of fact. If your shaking your head right now because you done this, and sadly more than once....tsk tsk.....don't worry I think a lot of women including myself have done the fool thing once or twice in her life but to keep doing it is beyond foolish, it just down right dumb!

Listen women the man is not your baby, literally! He is a man and lavishing him with toys and money will not make him love you, I know, I know you loved him so much that you wanted to , and guess what he didn't stop you either....News Flash!!! He is a grown man, I repeat he is a grown man! Until you have documented papers proving that you are a Mrs. To

him (and this does not include the engagement ring, because he still can renege the engagement) do not buy him anything. Okay I just figured someone will say while they are reading this, well what about his birthday.....okay fine splurge a dollar or two for a card but not over five dollars. Seriously! Remember you are dating this guy to find out if he is husband material and is the right one for you and if you're constantly doing things for him including loaning money, then you will never see what could be his true side immediately because now he is masking his true feelings behind your gifts.

Dating until you know you have the right one sounds fun but actually it should be a lot of hard work, because you are constantly investigating his personality, character, spending habits, the way he acts around friends and family including yours, how does he act in public, his views on politics, race in America and the list goes on.

This man is a potential to be a husband to you that means he has a right to make life decisions when you are not mentally or physically able. This is the man that will help you in raising kids or even kids from a previous relationship. Jeez! This man will carry a lot of responsibilities and so it is important to be hard at work learning and understanding everything about him. Now if you don't care about that, then it is time to put this book down and go down to the nearest pub and pick up any deadbeat.

Now I did not forget about you women who are waiting for God to bless you with a husband, I mean this still applies to you as well, the only difference is and ladies who are not into those beliefs you are more than welcome to catch on to this tidbit if you want. You must consult the Lord after you have completed your investigation into why you believe this man is the right one for you and you must get God approval, you must have counseling with your pastor and you must maintain your credibility has a devoted Christian, otherwise this could be a big letdown for you.

Being a devoted single Christian has its challenges, it is not the same as dating someone right off the bat, the credibility of your beliefs are involved. You must make a good impression with God by taking everything you have learned during your walk with God and making sure that the person that you have decide to be with is acceptable with God.

This is a question that many Christian women have a problem accepting and that is “should he be just as equal to me in my devoted walk with God”. I say that is a question that must be prayed about to God, he is the only one that can answer that. However if you want my personal opinion of a woman who have been devoted to God, I say that it is important to date quality guys that have a high standard with God, for example the guy may not attend church regular but he has good morals, family values, he believes in God (but loves his Sunday sports), he loves he parents/mother, he is good with kids, very responsible, has a good career or job, are you getting my point. Let’s face facts there are more Christian women in church than there are man so if you are waiting on Mr. Right in a church setting you may be disappointed, don’t put God in a box, remember Joel in the bible, yep God told him to marry a Harlot in today standards that would be considered a hooker, skank, prostitute or whore and hoe, (we women were given so many negative nicknames) God was trying to make a point to the children of Israel so remember you don’t know what God has up his sleeve so be open-minded.

Please remember just because your dating several guys at once, does not mean you should have sex with all of them. You’re at the stage of dating to weed out all of the undesirables. By all means please, I repeat please let the guy know that sex is not on the table for him or any other guy. Your looking to explore your options not dabble in a taste test. Most men will help you make the decision for you and skip out and move on to the next woman that they think is gullible. Remember you are weeding out the unpleasant and undesirables. Later in this book you will read on to sex or not to sex.

How do you know when you have the right one! Well I would suggest making a realistic list of what you would want in a marriage and husband and for every date mark off the list his haves and have not. If you’re marking off more have not than haves. Then you got your answer, if you have another system other than a list then go with that but the key is making sure that you get the very best for you.

If you decide to go ahead and have sex with the guy then please do not base your decision on how good he is in bed, most men make disaster decisions of marriage based on the sexual encounter (stupid!) sex is not guaranteed to last so choose wisely.

Ladies have you ever had a date that was so good, that you didn't want it to end. So the two of you went back to your place (or his) just to have a cup of coffee or beer. Now all of a sudden the clock strikes twelve midnight or later! And it is too late for him to leave or he had to many beers and you don't think it is wise for him to drive. Yeah right! Kick him out ladies. This is a big no. The whole point in dating is to step back and see what he is all about and the minute he is spending the night or vice versa then you lose ground. Reason being is because now he see you as fun and not serious! If you let him stay, then he believes you will let him do other things!

Have some self-control and go to bed alone. Let him have something to think about in the morning. I guarantee that he will call you the very next day to tell you he had a wonderful time.

Now once you find the right guy you need to let him know that it is him that you find more appealing than the others and now you would like to date exclusively. If he agrees that you two should date exclusively then you have yourself a winner. You both are understanding that it is only the two of you all the way.

If he does not agree and he wants time to know if you are right for him. Then give him the space and time to do it. He is entitled to that. Now don't go and run off and date another guy because he did not want to seal the deal yet. Your mind needs to be alert to see how he will respond to your relationship. You must continue to see his actions. Only you know what time is proper for you to hang on in there. If it is way over a year, which I doubt. Then you know he is not serious. Then it is time to start over again.

Once the guy is in agreement with you on a one on one relationship. You must stick to the rules to ensure that you will get the full benefit of a lasting relationship.

## **VALUES AND INTERGRITY**

Once you have decided on what you want and he is in agreement with you, then you need to apply these rules to your relationship. Remember I told you that it is important to stay in control, because you have a lot to lose.

That is correct! Values and integrity you will be losing if you don't have any rules or a plan. We women suffer so much hair loss and weight because we are constantly worried if he still want us. One of the biggest worries we have is the dreadful phone calls that go unanswered. This is when women start to lose their mind by the way. I think we have had this problem since the invention of the telephone.

Today technology is so much better. The world has texting, emails, chatting, picture and video mail, e-cards and live chatting. Let's not forget Facebook and twitter. With all these great tech items you would think the guy would know how to contact you but of course he has not called in a week or maybe even two weeks. So you panic and call him. Somewhere in your mind you think he has dumped you, so you make yourself believe that he might be in an accident or laying in a hospital wondering why you have not called him, or maybe he had a death in his family and he just was too upset to call you. So you decide to call and all the while in the back of your mind you're saying to yourself "if he is okay I'll kill him". So you call and he answers. There is no trembling in his voice, he doesn't even sound upset or devastated. So why in the world did he not call! Well you can ask him but I am pretty sure you not going to like his answer. He might tell you he had to work overtime for the past week or so, he lost track of time with all the things going on in his life, or my favorite he just haven't gotten around to calling you yet. Whatever the reason, he made a clear cut decision in his mind that you were not top priority, it doesn't mean he doesn't care or he is not interested in you. It just mean that he did not call. So you think now he is cheating, so your mind start to think all types of things.

Listen even if he was cheating or he had a legitimate reason for not calling you for a week or two, the main thing to remember is your still testing this guy out. Your values and integrity are at stake here. It is up to you and your instinct to flip the off switch if you believe he is cheating (follow your instincts).

Don't give yourself headaches arguing and fighting with a guy who may not be worth it. At this stage you are in you are only dating the guy after the initial call. Which brings me to what the values and integrity is all about. Never! Ever! Call the guy. Why you say! Because you will upset yourself and bring confusion to your mind about the guy. Don't interfere in his performance. Let this guy show you who you are to him.



Keep yourself occupied. A guy like to know that a woman has a life outside of him. If your always calling him he is going to start to think that you're crazy about him (most guys get a swell brain from being so vain). Set values for yourself if you can't set values or have integrity to know that you deserve the best then you leave yourself open to allowing the guy to have power over you.

Here is the first rule and it is simply DON'T CALL HIM. Let him do all the calling or communicating. Do not contact him in any form. (There are some shades of gray and I will get to that later). You must stay in control, by doing this you are lessening the hurt that goes with relationships.

1. You are allowed to call him once you have decided to invest your time in him.
2. Don't kid yourself and communicate with him in any other way, let him do all the communication.
3. If he calls and you miss his call, don't panic just wait until he calls you back (he will) This allow the guy to be intrigued on why you have not called back, it will also allow the guy to miss you more, and he will want to spend more time with you.
4. Try to end every phone call.

We women love to talk for hours to the man of our dreams or at least who we really like but it is important not to be too needy or clingy. Some women are offended when the men decides to get off the phone before the conversation is over and so therefore her feelings are hurt. Her insecurity levels start to drop. Just end the phone call just when the conversation is getting really good. This will have him thinking about you all night, this will peak his curiosity about you even more and he will start to have you on his mind more.

5. If his calling waiting comes up and he says "hold on" tell him that he can just call you back later.

Now you're saying I have gone too far. Not at all, think about this if you hold on and he does not come back to you in a fair time or forget you all together, guess what, yes ma am you're going to be upset. It's best to have him call you back this will allow him not to be obligated to get back to you right away and you are showing him that he has the freedom to talk to someone else without feeling like he has to talk to you all

- the time. It also help you which is the important thing. It is to allow you to see how he will respond to putting you on hold, and if he calls you back right away. Remember you are looking at his performance to see if he is the one you want to be with. This allows him to see that you are not a clingy person and that you have a life as well and that it is in your best interest that he takes the call because you have other things to do. Now if he insist that you hold but put a limit on it, I say less than two minutes and if he does not come back in that time frame, hang up. He will call you back.
6. Now if your call waiting clicks in, then you should ask him if you can call him back or if he can hold. Make sure you ask if you can call him back first. This way you're sending a message that you are entitled to privacy and you do not expect him to hold. You want to send a message to let him know that he is free to say goodbye. Give him that option. You do not want him to feel like you are dominating the conversation.
  7. Make sure if you are having a good time talking limit the call to 45 minutes, remember you don't want to seem desperate and lonely.
  8. If the guy starts hold a conversation with other people while he is talking to you, immediately end the phone call. You want this guy to know you will not tolerate being disrespected and ignored. If he wants to talk to other people let this guy do it on his time and not yours.
  9. **DO NOT TAKE EVERY PHONE CALL! DO NOT TAKE EVERY TEXT!** Save some mystery about you.
  10. Do not accept phones calls after 10 p.m. (if it is an emergency he will leave a message) this also let the guy know that you are not going to tolerate being disturbed after hours. Any calls after 10 p.m. are usually booty calls or wet dream reminders (this include texting as well). The key is to have him respect you and know that you have morals and values.
  11. **DO NOT ACCEPT DATES BY TEXT!** It is important to keep him respecting you, a text is a sign of informal conversation and you guys are just starting out. Besides you don't know if he sent out a mass text to ten girls to see which one would respond. You are not a number but you want to be admired, respected and treated like a woman, not a chicken in a coop with other chicken.

On your first phone call remember to tell him what you want and what you expect. Maybe you're the type of woman that prefer dating only at night because you work in the day time or you prefer to pay for your own meals on a date. When the guy understand that you mean what you say and you say what you mean, he will be more respectful toward you and will let you know early on whether or not he wants to be bothered with you. The key is to weed out the losers and dead weight.

## **FIRST STAGE OF DATING RULES/ 30 DAYS**

Now we are getting to the meat and potatoes, you have taken the number and called the right one that you believe will be a long term partner and now it is time for you to start dating the guy. I have a few rules that apply to this as well. The key is to be in control so that it will be less hurtful in case the guy is not the right one and to keep your emotions in check. We don't want you to be crawled up in a corner breathing and sobbing heavy over a guy, now do we.

The rules are very simple in what you expect and will do, old fashion ways still do exist. He must show you respect on your date. Look out for signs of respect such as opening a door for you, maybe pulling out your chair, making sure you are protected by not allowing people to bump into you. I understand that we are in a new age world full of technology but the old fashion stuff still works. When a man respect you he will show it in many ways and it is important to see if he respects you enough to do at least one of those things (among other stuff). A man who is constantly in his cell phone, texting while you're on date with him is trouble from the start. A man who doesn't regard you and walks in front of you or enters in first through the door is not worth your time. If you are giving him respect, why can't he give it to you? Watch were he sits as well, if he sits next to you instead of across from you then this guy is a keeper. Clearly he wants to be close to you. A guy who constantly watches the door of an establishment is looking out for something or someone. So be careful with this guy. It could be a bag of paranoid jitters but whatever it is, keep a close watch on this guy or it could be protection from the unknown. It would be hard to tell on the first date. So keep your eyes open on this one.

I don't know about you but I would prefer for my date to pay, why? I am glad you ask. If you believe that this guy could be the one, then you should allow him to invest his time and money into you. A man that invest his time and money into something is usually wanting to get

something out of it long term. If this guy can pick you up and pull through a drive-thru burger joint and park his car and turn on some music to get what he wants out of you, well then he didn't invest very much and he knows he has you and he knows he won't have to work so hard to keep you or get you. Remember a man that invest his money and time into you is not only expecting some goodies in return but some time from you as well. (Hint a no good guy won't stick around very long, so you'll know in due time).

In the first stage of dating please refrain from going over his house and inviting him to yours. I don't care how good the date is going. Let this guy linger in thought about how good the date was and you should expect his phone call the next day.

I know this might sound silly but let the guy have you in by 10:30 p.m. or 11 p.m. he needs to know that you are a busy woman and that you have a life. This will also let the guy know that you're not with the booty hook-up type. (Trust me it will work)

Please if you decide to go out on a work night; I would suggest a brunch date or a date that ends early, even before 10 p.m. this guy needs to know that your career and life is important and one night date should not change that.

If you are a woman with transportation then I highly suggest that you meet this guy out and not have him pick you up. Only after seven days of dating is it okay. By then you would have some idea if this guy is a creep. If no transportation your first date should be in the day time in a crowd of people, or if at night do a double date or meet him with a group. The key is to make sure you are protected and that you feel safe and comfortable.

This rule is a rule that might be broken on the first or second date but trust me if you follow through he will want you even more. The rule is no kissing on the first date. That sounds simply enough but let me add 29 more days with that. That is correct and 29 is not a typo. Heck! Many women usually give in and give up the goodies on the 30<sup>th</sup> day. It is important to see rather or not this guy is really into you. If this guy believes that he cannot even get a goodnight kiss on the lips after three dates then this guy won't be able to stick around for the goodies later on. You need to find out as much about this guy as possible. Remember it easy to kiss when both of you guys private parts are working over-time but when ten dates in you find out he has someone else or his moving back to Europe then all that kissing was just to sow your wild sex dreams. If you

guys are dating and he is texting and calling you, there should be some indication if this guy is still a keeper. Now it is okay if the guy kisses you on the cheek or even gives you a hug but when lips and saliva is involved, you might want to wait to make sure you are not dating a pervert.

After the 30 days of waiting if you are still dating and you feel comfortable enough to kiss him, then I would suggest, go for it!

I don't know about you but I have done this because I was bored or just excited to go out with the guy. Well, maybe you haven't did it but I have gone out on dates at the last minute. I have learned this is a big no-no. No woman wants to be on stand-by. You are trying to keep your integrity and values in check. If you accept this date then you might as well have sex with him on the same night (of course not just making a point). You're saying that I am desperate and I have nothing else to do. No one wants to take me out anyway, so why not have a whirl at me. I want you to let this guy appreciate at you and respect you at all times and besides if this guy is calling you up for a date at the last minute, then he might not be worth it after all. It is those thirty days of dating that are very crucial in making a decision to give up the goodies.

Christian women you are not allowed to give up the goodies until marriage but it does not mean that you should go out at the last minute either. Christian women are extra vulnerable to their self because of the waiting that it is involved for her husband, I truly believe it is important for her to take her time and go extra slow. Not only is she looking at losing her integrity and values but her relationship with God. I hate to say it but many Christian women rush in very quickly when it comes to dating. Once she gives her life to God she has decided to give up her old ways of catching a man and she now has to go by the laws of God and stop fornication all together. This is not easy when you are used to fornicating on a regular. So she rushes in and date any Joe and now she has to repent and start her lesson all over again. If she just would slow down and follow the rules of God and wait it out then she would be better off. I will discuss with the Christian woman about dating outside the church. You may be surprised at my recommendation.

Next this goes with the rule above and that is, he must call a day before at least to ask you out on a date. He must recognize that you are to be respected and appreciated and that you have a life as well. (Even if you don't).

As time goes on you will see with the rules that he will even start to ask you out a week in advance. (Sounds exciting doesn't it! But this is no time to be excited this is all about staying in control of your emotions).

Now that you are going on the date at this point he should be asking you what it is that you like to do. Remember he is investing his money and time. So he should be open to your suggestions. If the guy has already pre-planned the date, then you may be in for a little trouble. This guy clearly believes he knows what will make you happy, which suggest he has done this routine before and remember you are not a stand-by type of woman. He needs to respect your choices.

It is important for this guy to get to know you and who you are and if you two will be compatible. This is the crucial time on knowing whether to sex or not to sex. (Not for Christian ladies of course). The guy that plans the date, what meals you will eat, and what movie to see and so on is not interested in what you want only to do the date to get to the goodies but if your that type of girl that like that type of take charge man. Then get ready for the rest of your life to be controlled and manipulated.

Now it would also be a good idea to compromise on what the two of you would like to do at least this way you two can work together and that is what a relationship is all about working together.

Next rule is always mistaken as a sign of being a Bad Boy or a Rough Guy. I would suggest no second date if the guy is forceful during the date. Now if you are acquainted with this on a regular basis. Then I would say go for it. If you know you want a guy to cuddle you and treat you tenderly then don't look back after the first date is over. Dump the guy. This is a sure sign of a couple of things. One he may be physically abusive; this to someone is a sign of taking charge but that is a wrong misconception that we women have had for years. No woman wants to be physically pushed upon, (not a woman with integrity) or treated non-existent or if the guy is forceful it may be a sign that he may be a male chauvinist and believes the woman has a certain place but it is not equal with him. If this is for you again go for it. Don't bend the rules to accommodate a man just because you are attracted to him and you are lonely. Believe me you will be wishing you dump the guy years back.

These last rules are pretty quick to learn and simple enough and that is no second date if he constantly stay in his phone, rather it is texting, talking, or checking his email or Facebook (just

plan rude). It is simply rude and your just a goodie bag he picked up and so he is not looking for long term. No excuses. If he gives you one, then he should had reschedule the date to devote his attention to you. No second date if he is forceful, rude, obnoxious, disrespectful, flirtatious and a pervert.

If you feel offended because of a comment or a gesture no second date, a man generally tells you how he feels by what he does.

If the guy doesn't communicate ABSOLUTELY no second date.

If he talks about himself all during the date without wanting to know you. Cut the date short and no SECOND DATE.

If this guy talks about sex all during the date no second date. This guy clearly is telling you what is on his mind, we women usually just shrug off the comments because we figure that he is just being a man but the truth is a man should have respect for the woman he is dating.

If he receive calls from his ex and you clearly know this because he is so rude to answer the phone in front of you and ruder to tell you that she called. This is a good enough sign that there is no second date at all and to cut the first date short. You may say that this is common sense but I have witnessed and been a victim myself to this type of situation. Until the man is completely over his ex and have his past relationship cut off from the root then there is no need to continue on with him, unless you just play it very slow and I mean very slow to see if the situation gets worse or if it was an isolated incident.

The next is very clear and pertains to the above problem. If your date is constantly talking about his ex and even comparing you to her. Then definitely no second date. He is there to get to know you not to fill you in on his ex's business.

If the guy get wasted (drunk)...please have a little dignity about yourself. The guy showed you who he really is and what the future holds for you and him but if you like getting wasted all the time then PERFECT!

If he is embarrassing you if front of people, friends or family. Then end the date before him. Keep your dignity intact. If he doesn't care about embarrassing you then you should not care

about embarrassing him in leaving. (Slam the door hard too) Remember you have morals and values and the right man deserve to have you.

If you have to pick the guy up for your first date, then please don't go. It is the man job to win you over. He must go above and beyond and not take the easy way out. This guy needs to figure out a way to meet you instead of picking him up. It would also be a good idea to find out why this guy has no transportation. If he gives you some excuse such as I believe in saving the environment and he does everything to show you that is not true, then you just go sucker punched. If he says that his car is in the shop, then wait until his car is out. This guy job at the end of the day is to win you over and that mean going above and beyond. If he has to rent horse and carriage to get you across the downtown area, or if he borrow a car, or even rent a car for the date he needs to show you he is willing to do what it takes to have you. You may say what if the guy just doesn't have the money? Well, I would suggest that you meet him and let him catch the bus, why go out of your way and give him help in dating you. That doesn't make sense. He need and must show you he is willing to see you no matter what.

The next two are very important and many women shrug it off their shoulders and come up with many excuses for him. Number one, if he is very late for the date and shows up with some excuse and no text or call to tell you he will be late. You have options here. You can cut the date short and give him an excuse to why you have to leave. (If he wanted to spend time with you he should have made it possible). But what if his poor grandmother was rush to the ER you say. Well like I said you have options. You can 1. Tell him that you're leaving and make arrangements some other time (I say seven days later and you decide what day and time) 2. Cut the date short as I said early 3. Continue the date but no second date for at least two weeks. This guy needs to know that you are not just sitting around and waiting on him at every late excuse. If you are willing to give him a pass on the first date, just what do you think will happen with the other dates?

Next if the guy is a NO SHOW. He doesn't call, no text or any communication at all to let you know that he is not coming. NO SECOND DATE and DO NOT CALL HIM. Well what if something horrible has happened to him. If that is the case missy why in the world would he be taking your call anyway? I would suggest waiting it out. It is that possibility that something could have happened but it is not up to you to find out. Remember you are on your first date not



your 10<sup>th</sup> year anniversary. If the guy never calls again, I pretty much can tell you that if something did happen, you will probably be informed via Facebook or some other media outlet. If the guy calls you the next day or later. Then you can breathe easy and take his phone call and decide for yourself if you want to be bothered after he gives you an excuse of why he did a no show. If the guy does not have an excuse then cut the conversation short and hang up. You deserve to be treated with respect. Remember it is your emotions that are on the line here and don't give this guy the satisfaction of continue to stay on the phone, if he texts you it still applies.

Any flirtation of any kind is a complete NO SECOND DATE. PERIOD.

Remember when I told you if the guy is cheap and he will not splurge on a nice dinner or lunch, don't waste your time if you prefer to have a man that will wine you and dine you. A man that orders appetizer only may be cheap or may just want the date to end sooner than you want. The only way to know for sure is if the conversation is limited on his end and he seems uncomfortable, irritated or lost in his own world. Please end the date before he do. This is about keeping your emotions in check and not allowing your confidence to be lowered because of a man who is not interested in you.

Lastly if the guy is cheap on the date and you are not into dating cheap guys. Then keep it moving and don't look back. Cheap does not mean bad or a terrible person. It just mean simple he is cheap. This man knows what he wants to do with his money and he is not willing to bend his rules to accommodate you so remember not to bend your rules to accommodate him. If you know you want to be pampered with great dinners and outings then I would suggest no second date but if this does not bother you and you find the guy to be a true gentleman, nice, polite and respectful. I say go for it. Just don't bend the rules to accommodate him either.

## **ONCE YOU ARE PAST THE SECOND DATE RULE**

I know these rules may be somewhat overwhelming but I believe it is because we as women are not use to setting rules for ourselves. We must have boundaries in

order to get what we really want. There are a lot of women who will just settle for someone that pays them the slightest attention. This is very dangerous and I recommend if you are that person or know someone that is, then you should continue to read on. I want you to recognize that you are a woman that deserve good in her life. It doesn't matter if you think you are not as attractive as some other woman, or your weight is not what society says it should be, or if you have been hurt so many times you are just giving up and taking the first snaggle tooth guy that comes along. NO! This is about controlling your emotions enough that you can make an intelligent decision if you want to continue on with the guy you think is right for you. My mother always said "There somebody for everybody." If you wait and follow the rules you may just get the right one.

Let's run through the rules after the second date, I try to make it quick.

1. Holding hands is affirmative. It shows the guy that you are interested and do show some physical attraction to him.
2. Hugging is okay too.
3. Double dating on the second date is allowed if you are still not sure where this guy head is at. Better safe than sorry.
4. No out of town dates. This suggest that you are very trusting of him and that your morals and values are few. Give the guy some mystery about you and the trip will be there down the road if he is the one.
5. Believe it or not you can do domesticated things. I say it is never too early to find out where this guy is at on living arrangements. How does he handle grocery shopping, laundry or buying things for his place? These things are important to know and you're just knowing a little early.

6. Please DO NOT MEET THE PARENTS. It is way too soon to decide if he is the one that you want in his life forever. You have not even had a chance to know him yet, so how will be able to get know the parents.
7. Please if this guy has kids and you want to meet them, please wait until after the first kiss. Kids are not leverage but they do have feelings. You have to make sure that this guy is right for you and if he is a perfect fit in your world. Throwing his kids into the relationship to soon can cause chaos and confusion on your feelings about the guy. Because you're no longer thinking logically but now you're thinking domestically. Dreaming of what it would be like to have a family and such. BIG NO! And when do the first kiss come into play. I will get to that soon.
8. Sex is a big NO! If you're looking for just a good time. Fine but don't accept flower and candy afterward. Jeez. You just gave up the most powerful weapon to fight with. That is right! Yourself. Okay fine, I will give you the answer. Since you're really wondering when you should have sex. The answer is at least hundred-eighty two days. That is half the year. Oh wow! I can hear the name calling you are giving me right now. Some of you are probably rolling your eyes at me as you are reading this but let me tell you why. First 30 days is not enough time to know someone and if they are capable for you. 60 days you are just finding about his life and his ways. 90 days you are finally meeting family and friends and going on trips or outings together but you are not sure about his other side. What is he like when he gets really angry, how he reacts to hard situations in life? Is there a chance that his ex may come back into his life? You see right now you are in the fun stage. Life is good, you two are hanging out and doing wonderful things together. You are not seeing all his sides and that is the most important thing. If you must have sex and your body is just craving for a slice of a

man I would suggest at least the 90 days but don't say I did not warn you if he flips out on you or decide to get back with his ex. Now Christian women this does not apply to you because you know perfectly well you are supposed to wait until you have sealed the deal with the I do's. Getting an engagement ring is not enough, remember man will go through great lengths at time to have you, no matter the cost. It is your duty to God to make sure it is done the right way. Well you say if I wait that long then he might leave. Well he was going to leave anyway after he tap the goods dear. All you did was speed up the process of him leaving anyway. Now if he decides to marry you in six months. This is going to sound crazy and go against what seems like everything I said but GO AHEAD! It is better to marry early than to burn in hell later. NO OFFENSE you non-Christian women but the Christian woman know exactly what I am talking about.

#### THE 90 DAY LIST OF WHAT TO LOOK FOR

Gather all the data and make your analysis. This time is a crucial time for you to make a decision if this guy is for you or not. If you should have sex or not. So here we go.

1. How does he handle his money?
2. How does he keep his place?
3. What type of work ethics does he have?
4. What are his hobbies?
5. How does he handle children and do he want any children?
6. How does he treat his parents and sibling?
7. How does he treat you around his friends?
8. How does he treat you in public?
9. How does he treat your pets and kids?

10. How do he handle his bills?
11. How does he maintain his appearance?
12. How does he handle baby momma drama?
13. HOW DOES HE TREAT YOU?
14. How are his dating habits now since he started dating you?
15. How does he handle time?

## FIRST STAGE OF DATING AND 30 DAYS AFTER THE KISS

Now you have your answer my dear. It will take 30 days before he first kiss. Calm down! I will bend the rules for you if you are hot and heavy lipped. I say 15 days for you who just can't hold your tongue in your mouth. Kissing a guy full tongue throttle is a no-no on the first date and second date period! I believe 30 days is a good enough time to discover if he has hang-ups, girlfriend issues, if he is bisexual, or whatever. You need the preliminary information to move forward and learning the essential about the guy will decide if you want to stick your tongue in his mouth. (Sorry to sound harsh but it is true). Now I am not so cruel as to say no kissing period. If the guy wants to kiss you on the cheek goodnight. Okay that is well and good but remember you're are staying in control of your emotions to see if he is a good match for you. In 30 days before the kiss you should at least find out the essentials, which are.

1. Where does he see the relationship going?
2. How does he feel about you?
3. What does he like about you? (two different things)
4. Can he see a future with you?
5. Again does he want kids with you? (Because he may want kids but it may not be with you?)
6. Does he want to marry you?

7. Do he believe in marriage?
8. For you Christian women. Do he believe in God?
9. Do he attend church?

You need to know about his domestic life style and if they are lining up with want you want. Remember this is how two movie stars that will remain nameless got divorce. If only they would have found out before they married.

For example

1. What are his values on raising children?
2. How does he feel about divorce?
3. What are his view on women in the work place and women making more money than men?
4. What are his views on politics?
5. What are his views on education?
6. Does he like pornography?
7. What does he believe in various sex acts?
8. What are his views on you having male friends?
9. What are his views on wife vs. his mother?

You need to know where he sees himself in five years and are you included in that. He should even ask him where does he see himself in ten years and if he is talking as if he is still single in ten years. You may have a problem before the 30 days is out.

Please ask the guy questions it doesn't hurt to ask him about his dreams and goals and if he would like to travel and such. I remember asking a guy some of these questions and you know what the guy was talking only about what he it would be like to do this and that and none of it include a spouse and today the

guy is still single. Now if you want to include some of these questions in the 90 day trial then fine. You and only you know your limitation and what you can handle.

## SECOND STAGE OF DATING 180 DAYS/TESTING HIS ABILITIES

Now that you are in the 180 days mark things are looking up and it is a very strong possibility that he may be the one for now! But you must test his abilities. Talk is wasteful but action is gold! It is time for the guy to put his words into action. This is the only way to know if he is telling the truth or not. Men know that women like to hear those good things that would make them drop their underwear and slip under the covers but ladies stop doing that. Words are useless if there is no action behind it. By now you guys should have went on many dates and met friends and family and even each other kids. Now is the time to see if this guy is husband material or co-habitation material.

- ✓ Test the guy on his financial smarts.
- ✓ Test the guy how does he handle kids
- ✓ See how he respond when you're under the weather
- ✓ Is he willing to go to church or church functions
- ✓ See if he will pray with you or for you
- ✓ See if he will come to your rescue if you have car problems or need a item in your house fixed
- ✓ Test his loyalty to you
- ✓ See if he really is supportive of you
- ✓ Test him on his goals
- ✓ See how he acts under pressure
- ✓ See how he acts when he has problems
- ✓ See how he deals with his anger

✓ Test him on his patience

This is a critical time because you need to gather all the data you can in order to recognize and realize if this is the man you want to involve not only yourself but your friends, family, children and co-workers. Everyone becomes a part of your relationship in one way or another.

I hate to have to remind you every time but this is not to snag, tag and get a man. No this is not the goal but the main goal is to know that you are getting a guy that you believe will be a match for you and your personality and to avoid getting your emotions stepped on in the process.

The lesson for this whole book is leaving your emotions out of it and focus on the real situation at hand. Well, you say how you leave your emotions out of it. I need to express myself to him and so I will need my emotions. We women are full of emotions but the key is to lessen the emotions when gathering data and dating a guy.

Once your emotions take over you are making mistakes, doubting yourself, the relationship, you become insecure in your beliefs of love and so on. There are many emotions that can cause a woman to become unfocused from the truth. Now shall we move on?

## **SECOND STAGE OF 180 DAYS OF DATING**

So now you are about four months in and you are really sexually and physically attracted to the guy. Your body is problem wondering what is taking you so long to make the move but remember you are not listening to your body but your mind. Humph! Easy for me to say... well if you decide to give in and give up the goods and you don't have all the necessary information about him. Then fine, always be prepared to know that at any



time he can renege on the short relationship. Some will only last the 90 days but tread lightly, the 90 days is the critical moment when information is just being gathered.

For those of you who want to see if you can at least go past the 180 day mark or wait until marriage (Christian women) then I would suggest these ideas.

- ✓ No spending the night
- ✓ No sex
- ✓ If you go out of town make sure it is in separate rooms and not separate beds.(don't fool yourself)
- ✓ You are still not calling him. If you do call him make sure it is a legitimate reason and if he does not answer or text back, just wait.
- ✓ He still should be paying for outings and dates
- ✓ You should not be giving or loaning money at ALL!

I believe you know by now my view on no sex and no spending the night and of course no communication except on his end. It is also important to NOT loan or give this guy any money. This man is a grown man and it is up to him to pay and get through life and not depend on a woman (especially a woman with children) to give him financial support. This guy is supposed to show you at all times that he is more than capable of pulling his weight and more than capable of being a great partner with you. If you are supporting him already, then you pretty much can see the future with this guy and that is if he stick around long enough. Guys like that usually last until they get what they want and on to the next.

A man should be paying for all the meals and outings. This is not being unfair and this is not being a gold digger either. A man must invest in something he really wants. If he invest in stock, his car, his condo or house, his hobbies. Then why can't he invest in you. We women want to feel sorry for the man because he is spending all his money and we want to be supportive and show him that we can be a big help to him. WRONG! A man wants to know, well at least a real man wants to know that a woman can be supportive in other ways and not pacify him that he is not able to do the simplest things such as paying for dinner. A real man knows that anything worth investing in is worth keeping and holding on to and most man are not willing to let go of a good investment especially after he has put more money in and have not gotten any return yet. So you see, if you are worth investing, he will continue to stick around for the big payout and that is not just sex either. By now he see it is not about sex but so much more. A man can only hold out for so long. Well, what if he is dating me and having sex with someone else and that is why he can hang in there. I say that is true but better her than you. You are getting the full benefits without having to give a return. So how cool is that. Huh! Until you guys become exclusive and only are dating one another or are engaged to be married, he pretty much can do what he wants without the immoral guilt on his shoulder but get this. You can date other guys as well, (no sex though) and not have the guilt on your shoulder either. This dating thing is all about gathering enough information until you two can make a decision together to be exclusive.

At this point you still are not in the least calling him or texting him. There is no need. Let him do all the work. A man that does the majority of the work is not a man that will leave a relationship quickly after so much of his effort has been put forth toward you. The goal ladies is to stay free of emotional distress in your life when it comes to a man. We know when a man calls us it is a good thing because we know we are on his mind but when a woman calls a man it is a sign of weakness, desperation, clinginess, stalker mode. No, have something better to do with your time than to call him and just talk. Your goal again is to stay emotionless as much as possible, it can be done ladies. Well, you say that is not fair, what if I want to talk about the date or express some concern to him you say. Okay and go ahead and call. If they guy does not answer or rushes you off the phone and tell you he will call you back. Immediately you are going into detective mode, why, who and what? Are the reasons you want to know why he is not talking to you at the time YOU called? Now your feelings and emotions are in the way and you have just ruined a winning streak of his attention. So go, ruin the winning streak of no calls and start to have doubt, disbelief and concern cloud your mind. Don't say I didn't warn you!

Life is life and things will happen but the goal is to stay in control of your emotions as much as possible, that is why I am writing this little gum ball book. Now can we move on?

### **THIRD STAGE OF 270 DAYS OF DATING**

Christian women by now you should have some type of ring of engagement and a wedding date set. Most Christian men or men dating Christian women cannot wait that long to have sex, and so they give in early. (Well it's true)

Many Christian women are so fearful of not being able to keep a man in her life because of the only thing that drives a man most time and that is sex but if you are a Christian woman and you believe God is able to give you a husband. Then he will sustain that man until your wedding night. Don't be fearful if the guy does not want to stick around because you won't bend your faith to please him for ten minutes (if that), if he doesn't care enough that you have this great integrity of being committed to your faith in God then he doesn't have respect for you.

Sex is not the driving force of a relationship, it is a bonus. A relationship is built on going through problems and coming out together, handling situations that only the two of you can do together, building a lasting foundation of friendship and partnership together and being able to handle hardship, death of love ones, finances and children together. Sex is the icing on the cake that makes it all worthwhile.

Christian woman don't despair. I want you to adjust your attitude and know that men are a dime a dozen but the man that God has for you is a diamond in the rough or the cream of the crop. NO MAN pressuring a woman to have sex for the sake of his own pleasure, is worth sacrificing your faith in God.

However, for the woman who has done her 180 days or at least 90 days she should have some type result of answer if this guy is worth

going all the way with. She should know if he is worth her time, body and emotions. Yes, emotions. Eventually, you are going to bend the rules a little so let's be honest from here on out but the key is to stay unattached in emotions to know if this guy is worth your time. I would highly suggest not to give in to your emotions but I try to be a realist and know that a woman is full of emotions. So at least if you are curbing your appetite of emotions you can make a better progress in knowing if the guy is worth your time and body.

Let's go on. Now that you are at the 270 day mark or pass the 270 day mark, you should still be strict about the do not call rule. That includes texting, Facebooking or Twitter. Anything that can lead to communication is not going to work. Your goal is to let him do all the work. The guy may not think of it as fair. Well, life isn't fair anyway. So there you go. This guy needs to invest in you. I have to express this so many times until you realize that, hey! You are worth it. This guy invest money into his car and buys rims, or upgrades and get the best sound system, having his seats custom fitted with the right material, only putting premium gas in his car to make sure he gets the best mileage out of it, not allowing anyone including himself to eat in his car. He also details his car and he never ever goes through an automatic car wash because he believes his car is worth the attention of a soft cloth for best result. So if a guy invest all of the time, money and energy into a car. Then, why not you! Get it.

Your goal is to not call still. I know there may be some shade of gray areas but let me just say this are only extreme examples. Such as accidents, death of a member of your family and you have to break the date. Things of that kind. If he is not there, please do not continue to

call. Leave a message only once! Even if he messages you through Facebook or Twitter. The response is only once.

Now this may be jumping ahead a little bit but you guys should be talking about who will handle what if and when you two should get married or live together.

Don't bring this guy any surprises and don't go back into an emotional ball of mush. Your job is to stay unattached of emotion as much as possible.

Once you guys decide on a commitment to each other, and you are moving in together or engaged or even still dating exclusively. It is time for the talk. Yes, the talk on who will do what. To share a bank account or not to share. Who will attend who church and let go of the other church. Designate who will do what in the marriage. Such as who will wash the dishes or vacuum. Declare the privacy rules about passwords, emails and voicemail. You're saying to your say self. I don't want to scare the guy away. Well, it is better to discuss now than to move totally in or marry and find out he feels the opposite way.

Get the chores out the way and then you can have time to relax and spend with each other. I have heard so many stories of couples getting married or living together and decided to split only after a short time because he wouldn't help in the house, or he spent all the money out of his account and now he is in the woman account.

Let the guy know upfront what will be tolerated and what will not be tolerated and stand by your words.

Here is a list of things to discuss before marriage or co-habitation

- ✓ Marriage counseling
- ✓ Sex or not to sex

- ✓ House or apartment living
- ✓ City or suburb
- ✓ What state to live in
- ✓ Pets and what kind
- ✓ Insurance and what kind
- ✓ Kids or no kids
- ✓ Keep male or female friends
- ✓ To work or not to work
- ✓ One car or two
- ✓ Loan or no loan
- ✓ Cable or no cable
- ✓ Who will pay what bills
- ✓ To entertain or no

This issues should be resolved before you sit down the first box in your place. Getting married is a big issue in itself but why add the little problems along with it.

Ladies make a note to yourself and know that the minute you see any signs of abuse, abuse of your children or even pets. Drug or alcohol problems, crimes, disrespecting of you or your children or even bullying that everything from that point on is over. There is no need in helping him through his problems or playing the supportive girlfriend or fiancé. He must help himself.

You have to watch out for the safety of your children, pets and yourself. He must do this on his own. Being supportive far off may not be effective to him at the time but it will only help him to try to do better if he wants you and his family back.

Christian woman I know that you believe standing by your man is the key to a lasting marriage or relationship but you are only hindering him.

You must be wise enough to know that you cannot hold this man up with your support but you can only hold him up in prayer. Let God do the rest.

So now let finish the 270 day mark of dating. Now if you have not received a ring or an invitation to move in or to make a commitment, which should be anywhere between six months to a year. You should decide if this guy is even worth sticking around for. It does not take years and years to get to know a person. Heck! You know if you wanted to date the guy an hour after you met him and vice versa.

Now if you two decide not to co-habitat or get married or make it exclusive after all this time, guess what! You did not put in a lot of work. You did not get all emotional and lose control and you did not have to have sex with the guy. (For those of you who stood strong)

It is him that has wasted time, money and energy pursuing you. Now that should make you feel good in one way or another. My guess the guy will probably be back in your life.

If the guy realizes that he has a sure thing and he cannot bare for someone else to be with you accept for him. Then you may have a winner but let the guy decide that. Your job is to sit back and relax and enjoy your life. You are under no pressure to help this guy out in deciding if he wants to be with you. Remember he is a grown man and grown men make up their own minds.

## **MARRIAGE OR CO-HABITATION**



Let's move on to another topic and that is to decide once you guys have finally made up your minds in being together, is to marry or live together.

Ladies I would recommend NOT living together. Why, of course I would not be writing this gum ball book if I didn't have an opinion or two.

Living together has its advantages don't get me wrong, for example. If it doesn't work out between the two of you, then you can go your separate ways. Most times a lawyer is not necessary to divide assets. It is usually a clean break. Living together also can create a strong bond of friendship. However, if you want to live with each other and you want to be married. I would suggest you hold off on living with the guy. This living arrangement prolongs a wedding date. Sure he will propose but it is hard for him to give a wedding date. At least for most men. Life becomes comfortable and easy. It seems as if you two are already married. Being married has its benefits you but it also protects you the woman and the key is protecting your heart as much as possible. We have to be realistic ladies. If things do not work out for you guys and a separation or divorce is necessary, guess what. You have the law on your side. Which means you have help in splitting assets, finances and that include child support and alimony. There are also other upside benefits for being married, such as taxes, loans, medical benefits, state benefits and federal benefits, couple and marriage services. The point I am trying to make is having legitimate paperwork stating you are married works in your favor and it won't leave you penniless, homeless and depress.

For those who will take their chances on co-habitation, I would suggest back up plans financial, educationally, and devoting your time in other

areas of your career or job in case you have to move on. You want to be able to support yourself in case you are left financially by yourself.

I have personally seen couples who have lived together and eventually it did flounder, usually the woman would say she wanted more and he was not interested in getting married because he already felt comfortable in the position of living with her. He also became uninterested in keeping her attention because he believed the thrill of dating was gone and that it was no longer important to impress her. It is true that sometimes it is like that in a marriage but in a marriage the man and the woman usually fight a little harder to hold on because there is a lot more invested instead of a key and lock on a door.

If you have children and you are living together, now your children believe it is alright to settle and not make any commitments but take the easy way out. Your children are also missing out on the advantage of being in a marriage. Being able to see what it takes to keep a marriage together and work through problems. Most children are aware that mom and dad are not married and if it is okay with them it is okay with the child. Don't allow your child the opportunity to experience what it is like to be in a home that honors marriage. Marriage also give security to your children as well ladies, state wise and federal. Married couples tend to express more concern for their children because they have so much more to lose. Couples who live together usually gather their loses and the child has to suffer. Please do not get me wrong there are plenty of successful stories of couples living together with children but don't take that chance without legal paperwork is all I am saying. It is for the sake of the child.

**I DO OR I DON'T**

If you do decide to tie the knot and I hope you do. Then at this point you should be allowed to call with purpose. Yes with purpose. Fine. I will cut you a break and say that if you decide just to call. I would only do it after you have said I DO and not before. If you do decide to call as much as you like after the wedding. Then again, call with purpose. Example would be. Picking up dinner, don't forget to pick up little Johnny from school, your boss called and says you must return back to work. It must be important enough and if he decides to have a conversation with you go ahead and express your love. Don't call just to say what someone did to you at work or how long you had to wait for coffee. Staying in control of your emotions is the key to guarding your heart and that is important. I know that it will be some mistakes along the way of course practices also makes perfect so I won't fault you if you trip along the way. The key to the success of less emotion is to stay in control.

If you say I Do and you guys finally do wed. Keep these rules until you are able to recognize that you are not to give in to your emotions and fly off the handle if he makes a mistake or if you are being misunderstood. We women tend to read into so many things. We also expect the man to know how we feel and think. Remember he is not God he is a man and a man is bound to make a mistake or two or three... the key is to stay in control of your emotions as much as possible.

You allowed the guy to make all the moves and the only move that you should make is putting on a wedding dress. If he makes the move you are able to see where his head is at and what direction the relationship or marriage is going in. Sure it is a partnership, I am saying step back and

allow him to do the work that requires for him to stay in love with you and keep you.

By all means do for him and even pamper him but don't lose track that he did all the work to keep you and he must continue to invest in you and the marriage.

### **FOR THE REST OF YOUR LIFE**

Now the wedding is over and/or you have moved in together. It is time to think about the rest of your life and that means making sure that you keep up your dedication of wanting the best for you and your children.

I would suggest you making and prioritizing new rules in your life that will implement not only your husband but your children as well. Staying focus on what you want and staying in control of your emotions are the key to being able every decision that will cause you to use your heart. Good luck ladies and fun dating.



