

OGU BABAFEMI OKECHUKWU

# 20 DIRTIEST TRICKS WOMEN PLAY





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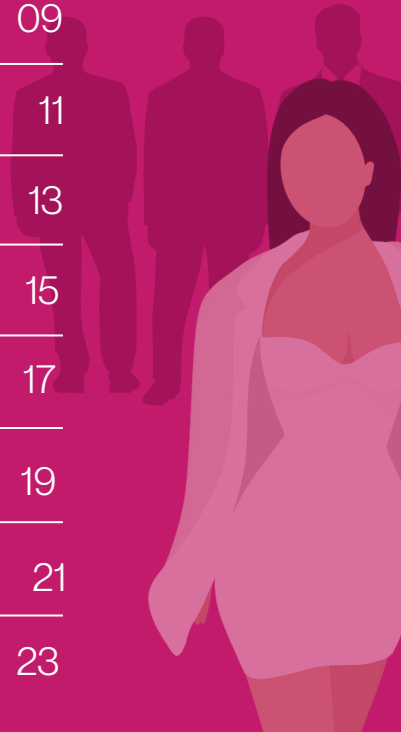
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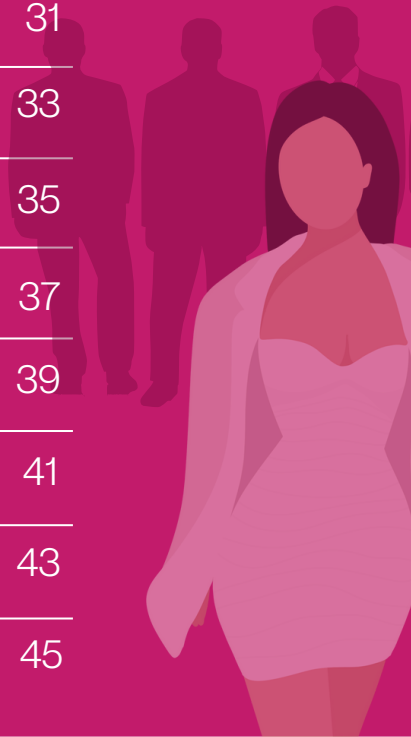
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# INTRODUCTION

20 Dirtiest Tricks Women Play is your essential guide to understanding and navigating some of the sneakiest manipulation tactics that can arise in relationships.

This book reveals the hidden strategies that can create confusion, control, and frustration, leaving you feeling stuck or unsure. Through clear explanations and real-life examples, you'll learn about various tactics, such as emotional blackmail, playing dumb, and using ultimatums.

Each chapter breaks down these behaviors, showing how they work and how you can recognize them.

Whether you're looking to build stronger relationships or simply want to understand these dynamics better, this book offers valuable insights and practical advice.

Empower yourself with the knowledge to set boundaries, communicate effectively, and foster connections based on mutual respect and honesty.

# **CHAPTER ONE**

## **GASLIGHTING**

Gaslighting is a way someone makes their partner doubt their own memory or perception of events. In dating, it often happens when a girlfriend makes her boyfriend question what he knows to be true.

For instance, imagine a boyfriend clearly remembers having a conversation about their plans for a weekend trip. He recalls agreeing that they would visit his family.

Later, when he mentions this plan, his girlfriend insists they never talked about it and that he must be mistaken. Over time, if she frequently denies his recollections, he might start to doubt his own memory and feel unsure of himself. I've seen this kind of behavior in relationships.

There was a guy I knew who was certain his girlfriend had promised to spend a special day together.

However, whenever he brought it up, she would deny ever making such plans and say he was imagining things. This constant denial made him feel like he was losing his grip on reality.

# **CHAPTER ONE**

## **GASLIGHTING**

In another case, a friend had a girlfriend who would change her story about past events. She would insist that he misunderstood or remembered things incorrectly, even though he was confident about what had happened.

This manipulation made him question his own perceptions and feelings about their relationship.

Gaslighting can have a significant impact on someone's mental well-being. It can lead to confusion, anxiety, and a lack of confidence in one's own judgment.

If you find yourself constantly doubting your reality because your partner denies things that are clear to you, it's important to seek support from trusted friends or professionals to help you regain clarity and confidence.

# CHAPTER TWO

## *BAIT AND SWITCH*

Bait and switch is when someone tricks you by showing you something great but then changing it to something not as good. In relationships, this happens when a girlfriend promises one thing to her boyfriend but then does something different after he's committed.

For example, imagine a girlfriend tells her boyfriend that they'll be going on lots of fun trips together. He gets excited and starts planning for these adventures.

But once they're in a relationship, she decides she doesn't want to go on trips anymore and just wants to stay home all the time. He feels disappointed because what she promised wasn't what he got.

There's a guy I knew who was happy when his girlfriend promised they'd go out and do fun things often. But after he was more serious about the relationship, she stopped making plans and wanted to stay home all the time. This change made him feel tricked and let down.



# CHAPTER TWO

## *BAIT AND SWITCH*

In another case, a friend's girlfriend said she would help him with his career goals. Once he was fully invested in their relationship, she started discouraging him from working on his dreams and focused on her own needs instead.

He felt misled because she wasn't supportive like she had promised.

Bait and switch can be really frustrating because it means you end up with something different from what was promised.

It's important to be clear about what you both want in a relationship to avoid these kinds of letdowns.

# **CHAPTER THREE**

## **LOVE BOMBING**

Love bombing is when someone overwhelms you with excessive affection, attention, and gifts to win you over quickly.

In relationships, this often happens when a girlfriend showers her boyfriend with constant praise, compliments, and romantic gestures to make him feel special and loved.

For example, imagine a girlfriend who constantly gives her boyfriend expensive gifts, writes him long love letters, and always wants to be with him. She makes him feel like he's the most important person in the world. But once she has gained his trust and commitment, her behavior might change.

She may become less attentive and start taking him for granted, leaving him feeling confused about what was real.

I've seen this happen in relationships. A guy I knew had a girlfriend who was very affectionate at first, always calling him, sending him gifts, and planning elaborate dates.

# **CHAPTER THREE**

## **LOVE BOMBING**

He felt incredibly loved and valued. But once they were serious, her behavior changed. She stopped putting in the effort and became distant, which made him question the sincerity of her initial affection.

In another case, a friend's girlfriend would constantly praise him and tell him he was perfect. She would plan surprise dates and talk about their future together.

After he was fully committed, she began to criticize him more and showed less interest in maintaining the same level of romance, making him wonder if the early excitement was genuine.

Love bombing can be confusing because it initially feels amazing, but when the excessive attention fades, it can leave you questioning the authenticity of the affection you received.

It's important to look for consistent behavior over time and be cautious of relationships that start with overwhelming displays of affection.

# **CHAPTER FOUR**

## **VICTIM PLAYING**

Victim playing is when someone pretends to be the one who's always hurt or wronged, even when they're actually at fault.

In relationships, this often happens when a girlfriend who has cheated on her boyfriend acts as if she's the one being mistreated or misunderstood to avoid taking responsibility.

For example, imagine a girlfriend who cheats on her boyfriend but then turns the situation around by acting as if he's the one who has hurt her.

When he confronts her about the betrayal, she might say that he's being too harsh or that he's always accusing her of things without reason. This way, she avoids taking responsibility for her actions and makes him feel guilty for confronting her.

Another guy had a girlfriend who cheated on him but then played the victim by saying that he was too controlling or didn't give her enough attention.

# **CHAPTER FOUR**

## **VICTIM PLAYING**

Instead of owning up to her actions, she made him feel like he was the problem, causing him to question his own behavior and feel guilty.

In another case, a friend's girlfriend was unfaithful but managed to shift the focus to how he had supposedly neglected her needs.

She portrayed herself as the victim of his supposed lack of support, which made him feel like he was responsible for her infidelity and unfairly blamed for their issues.

Victim playing can be particularly damaging because it shifts the blame away from the person who is actually at fault, making you feel responsible for their actions.

It's important to recognize when someone is using this tactic to manipulate you and to focus on addressing the real issues in the relationship.

# **CHAPTER FIVE**

## **THE JEALOUSY GAME**

The jealousy game is when someone intentionally tries to make their partner feel jealous to gain control or test their feelings. In relationships, this often happens when a girlfriend creates situations that make her boyfriend feel insecure or envious to manipulate his behavior or reaffirm his commitment.

For example, imagine a girlfriend who frequently talks about her interactions with other guys, or she might flirt with others in front of her boyfriend. She does this to make him feel jealous and prove that he still cares about her. By stirring up jealousy, she gets reassurance and attention from him, even though the behavior is hurtful and unfair.

A girlfriend who would post pictures with other guys on social media and mention them often in conversations. She would say it was just friendly, but she knew it made him uncomfortable. This was her way of making him feel jealous and insecure, which she used to get more attention and affection from him.

# **CHAPTER FIVE**

## **THE JEALOUSY GAME**

In another case, a friend's girlfriend would frequently bring up her past relationships or make comments about how other men found her attractive. She would do this to make him feel jealous and worried that he might not be good enough.

This constant game of jealousy created unnecessary tension and made him feel anxious about the relationship.

The jealousy game can be harmful because it manipulates emotions to create insecurity and doubt. Instead of building trust, it undermines it and causes unnecessary conflict.

It's important to address these behaviors directly and work on building a relationship based on trust and respect rather than playing games with feelings.

# **CHAPTER SIX**

## **WITHHOLDING AFFECTION**

Withholding affection is when someone purposely stops showing love or attention to control or punish their partner. In relationships, a girlfriend might use this tactic to get her boyfriend to do what she wants or to make him feel guilty.

For example, if a girlfriend suddenly stops being affectionate—like not giving hugs or saying nice things—when she wants her boyfriend to agree to something or change his behavior, she’s using withholding affection.

She hopes that by pulling back, he’ll feel upset and do what she’s asking to get her affection back.

Consider a guy whose girlfriend becomes distant and unkind whenever they argue. She stops giving him compliments and avoids physical closeness until he apologizes or agrees with her. This makes him feel insecure and desperate to fix things just to receive her affection again.



# **CHAPTER SIX**

## **WITHHOLDING AFFECTION**

In another case, a friend noticed that his girlfriend would only be affectionate and supportive when he agreed to her plans or made changes she wanted.

When he didn't meet her demands, she would cut off affection, making him feel like he had to comply just to get back the love and attention he valued.

Withholding affection can hurt because it uses love and attention as a way to control or punish. It creates feelings of insecurity and can damage trust in the relationship.

It's important to talk openly about these issues and ensure that affection is shared honestly, not used as a tool for manipulation.

# **CHAPTER SEVEN**

## ***THE SILENT TREATMENT***

The silent treatment is when someone stops talking to their partner or ignores them as a way to punish or manipulate. In relationships, a girlfriend might use silence to express displeasure, control her boyfriend, or make him feel guilty.

For example, if a girlfriend is upset with her boyfriend but instead of discussing the issue, she stops talking to him and avoids interaction, she's using the silent treatment. She hopes that by ignoring him, he will feel uncomfortable and come to her to apologize or make things right, even though the issue hasn't been openly addressed.

Imagine a guy whose girlfriend suddenly stops responding to his texts and calls after a small argument. She won't talk to him or acknowledge his presence, leaving him feeling confused and anxious about what's wrong. This silence is meant to make him feel guilty and eager to fix the problem, even if he's unsure what he did wrong.

# **CHAPTER SEVEN**

## ***THE SILENT TREATMENT***

In another situation, a friend had a girlfriend who would use silence as a way to get what she wanted. When he didn't agree with her on something, she would give him the cold shoulder and refuse to talk to him until he changed his mind.

This tactic made him feel isolated and pressured to give in to her demands to end the silence. The silent treatment can be hurtful because it creates distance and confusion instead of addressing issues directly.

It can damage trust and communication in a relationship. It's important to confront problems openly and work together to resolve conflicts rather than using silence as a weapon.

# **CHAPTER EIGHT**

## **THE MONEY GAME**

The money game is when someone uses money or financial control to manipulate their partner. In relationships, a girlfriend might use financial leverage to control her boyfriend, make him feel guilty, or get what she wants.

For example, imagine a girlfriend who frequently brings up how much money she has spent on gifts, dates, or other expenses. She might say things like, “I have done so much for you; you should do what I ask.”

By making her boyfriend feel guilty about her financial contributions, she tries to pressure him into complying with her demands or agreeing to her plans.

I remember a close friend who spent all his money on his girlfriend. He was so focused on making her happy that he ended up going broke and struggling financially.

During this difficult time, his girlfriend started showing him attitude and even cheated on him.

# CHAPTER EIGHT

## THE MONEY GAME

Whenever he tried to confront her about her infidelity, she would remind him of how she was helping him out financially, using this as a way to shut him down and make him feel guilty.

She would say things like, “I’m feeding you and supporting you, and you’re questioning me?” This manipulation made him feel trapped and unable to address the real issues in their relationship.

The money game can be damaging because it uses financial contributions to manipulate and control a partner. It creates feelings of guilt and resentment and can lead to an imbalance in the relationship.

It’s important to handle financial matters openly and honestly, ensuring that money is not used as a tool for manipulation.

# **CHAPTER NINE**

## **THE COMMITMENT TEASE**

The commitment tease is when someone gives their partner the impression that they're ready for a serious commitment, but then keeps delaying or avoiding it. In relationships, a girlfriend might use this tactic to keep her boyfriend hopeful and invested while avoiding making real commitments.

For example, imagine a girlfriend who frequently talks about their future together, such as marriage or moving in together. She might discuss how excited she is about their life together, making her boyfriend believe that these plans are just around the corner.

However, when he tries to make concrete plans or have a serious conversation about commitment, she avoids the topic or gives vague answers. This leaves him feeling frustrated and uncertain about their future.

I recall a situation where a friend's girlfriend would often hint at future plans like getting engaged or buying a house together.

# **CHAPTER NINE**

## **THE COMMITMENT TEASE**

Whenever he tried to discuss timelines or make real plans, she would change the subject or say she wasn't ready yet. This pattern of promising a future without making any real progress kept him invested in the relationship, even though he was unsure about where things were actually heading.

In another instance, a guy had a girlfriend who would frequently talk about their future, saying things like, "We'll get married someday," but when he brought up discussing wedding plans or setting a date, she would brush it off or say it wasn't the right time. This led him to feel constantly on edge, waiting for the commitment she had teased about, but never seeing any real progress.

The commitment tease can be hurtful because it creates false hope and keeps you waiting for something that might never happen. It's important to have honest conversations about your relationship's future and make sure both partners are genuinely committed to moving forward together.

# **CHAPTER TEN**

## **GUILT TRIPPING**

Guilt tripping is when someone makes their partner feel guilty to get their way or avoid taking responsibility. In relationships, a girlfriend might use guilt to manipulate her boyfriend.

For example, imagine a girlfriend who often refuses to visit her boyfriend at his home. She makes excuses like being too busy or tired but spends plenty of time with other people. When her boyfriend talks about wanting her to come over, she says things like, “I can’t believe you’re making me feel guilty for not coming over.

After everything I’ve done for you, this is how you repay me?” By saying this, she makes him feel bad for asking, so he drops the subject and accepts her excuses.

When he tried to talk to her about how this made him feel, she would say things like, “I can’t believe you’re making a fuss about this. After everything I’ve done for you, this is how you repay me?”



# **CHAPTER TEN**

## **GUILT TRIPPING**

One of my guys from the street had a girlfriend who would never pick up his calls or respond to his texts.

When he tried to talk to her about how this made him feel, she would say things like, “I can’t believe you’re making a fuss about this. After everything I’ve done for you, this is how you repay me?”

This made him feel guilty for expressing his feelings, so he ended up just accepting her behavior without addressing the problem.

Guilt tripping can hurt a relationship because it uses emotions to control and manipulate. It causes stress and can damage trust. It’s important to talk openly about issues and treat each other with respect.

# CHAPTER ELEVEN

## THE COMPARISON TRAP

The comparison trap is when someone makes their partner feel like they're not good enough by comparing them to others. It's like trying to measure up to a superhero when you're just a regular person.

For example, back when I was in the field, I had a girlfriend who loved comparing me to her exes. She'd say stuff like, "My ex used to take me to fancy places," or "Why can't you be more like my friend's boyfriend who's basically a walking romance novel?" It felt like I was stuck in a never-ending episode of "Let's Compare Boyfriends," and I was always losing.

One of my buddies had a girlfriend who was a master of comparisons too. She'd remind him that her previous boyfriends were always doing extravagant things, like booking fancy dinners or buying high-end gifts. It was as if she had a checklist of things her exes did, and he was failing each test.

# CHAPTER ELEVEN

## THE COMPARISON TRAP

“Well, my ex did this and that,” making him feel like he was auditioning for the role of “world’s least impressive boyfriend.”

I also remember a time when another girlfriend would compare me to her friends’ partners. She’d say things like, “Why can’t you be as thoughtful as my friend’s boyfriend? He once organized a surprise weekend getaway!” It felt like I was competing in a “Boyfriend Olympics” where the gold medal was just out of reach.

The comparison trap is not only frustrating but also pretty hilarious in hindsight. It’s like trying to win a race where the finish line keeps moving.

To keep a relationship healthy, it’s important to appreciate each other for who you are and avoid making comparisons. Remember, you’re not in a competition; you’re in a partnership, and that’s what really matters.

# CHAPTER TWELVE

## OVERPROMISING

Overpromising is when someone makes big promises in a relationship that they have no intention of keeping. It's like saying you'll buy your partner an extravagant birthday gift or plan an amazing weekend getaway, but never actually following through, just to keep them happy or get something from them.

I had a friend whose girlfriend was a master of overpromising. She'd say things like, "We'll definitely have sex this weekend," or "I promise we'll have a romantic night in."

But when the weekend came, she'd always have excuses, like she was "too tired" or had "forgotten" the plans. It felt like he was stuck in a loop of empty promises and unfulfilled expectations.

Another time, a girlfriend promised her boyfriend she'd be super supportive and affectionate, saying things like, "I'll make sure we have a special night together every week!"

# CHAPTER TWELVE

## OVERPROMISING

But she also used these promises to extort him for money and personal belongings. She'd ask for cash, saying it was for her final year project, but then cancel their plans at the last minute or avoid spending time together.

It was like her promises were just a way to get what she wanted, without any real intention of following through.

Overpromising can be like setting up a grand stage with no show. It creates high expectations and leaves your partner feeling let down when the big promises fall flat. In relationships, it's better to make realistic commitments and stick to them.

That way, you build trust and avoid the cycle of disappointment, making your promises more than just words, but real actions that strengthen the bond between you.

# CHAPTER THIRTEEN

## SPY GAMES

Spy games are when someone in a relationship secretly investigates or monitors their partner, usually to control or manipulate them.

It's like they're playing detective without the other person knowing, trying to uncover secrets or confirm their suspicions.

One time, a buddy had a girlfriend who took spying to a whole new level.

She figured out how to link his iCloud account and WhatsApp chats to her phone, so she could read all his messages and see his photos without him having a clue.

It was like living with a personal spy satellite, and whenever he tried to explain something, she already had all the details.

# CHAPTER THIRTEEN

## SPY GAMES

It felt like his privacy was being bulldozed while she played secret agent.

Spy games can turn a relationship into a drama series with a lot of tension and mistrust. Instead of playing detective, it's way better to have honest conversations.

Trust should be the foundation of your relationship, not a hidden surveillance system.

# CHAPTER FOURTEEN

## HOT AND COLD

Hot and cold is when someone in a relationship acts super loving one minute and then completely distant the next. It's like you're on a wild ride, never knowing if you're getting a warm hug or an ice-cold shoulder.

I had a friend whose girlfriend was a hot and cold expert. One week, she'd be all over him, sending sweet texts and planning surprise dates. He'd feel like he'd won the relationship lottery.

But then the next week, she'd turn into a ghost, barely answering his calls and canceling plans like she had a secret mission.

It was like being in a soap opera where he was constantly left wondering, "What did I do wrong this time?" Another guy I know had a girlfriend who was a master of this game.



# CHAPTER FOURTEEN

## HOT AND COLD

One day she'd act like he was her superhero, giving him all her attention and praise. But then, out of nowhere, she'd go cold as ice, giving him the silent treatment and acting like she was too busy to hang out.

It was like trying to follow a plot twist in a movie where you're never sure if you're the hero or the villain.

Hot and cold behavior can make you feel like you're on a never-ending emotional roller coaster. Instead of riding this unpredictable ride, it's better to have straightforward conversations.

That way, you avoid the drama and build a relationship where you know exactly where you stand—no surprises needed.

# CHAPTER FIFTEEN

## EMOTIONAL BLACKMAIL

Emotional blackmail is when someone uses threats or dramatic outbursts to get their way in a relationship. It's like they're holding your emotions hostage, making you feel guilty or scared just to get what they want.

I recall a colleague of mine when I was still working in a restaurant that had a girlfriend who was a pro at emotional blackmail. If he didn't do something she wanted, she'd pull out all the stops, crying and throwing a fit as if she were starring in a tear-jerking drama.

She'd say things like, "If you really cared about me, you'd do this," making him feel like he had no choice but to give in to avoid her over-the-top reactions.

# CHAPTER FIFTEEN

## EMOTIONAL BLACKMAIL

Emotional blackmail can turn your relationship into a never-ending drama series, where you're always trying to avoid a meltdown.

Instead of getting caught in this emotional roller coaster, it's better to set clear boundaries and have honest conversations.

Relationships should be fun and respectful, not a constant game of emotional hostage.

# CHAPTER SIXTEEN

## THE EX CARD

The ex card is when someone frequently brings up their ex in conversations to manipulate their current partner. This can be done to make you feel jealous, insecure, or inadequate, by saying things like, "My ex would never treat me this badly."

For instance, I have a girlfriend that does this to her partner and she tells me. Every time they had a disagreement, she'd throw in a comment about how her ex was so much better.

"My ex would have never forgotten my birthday," or "My ex used to take me to fancy restaurants all the time." It was like she had a scorecard, and he was always losing.

# **CHAPTER SIXTEEN**

## **THE EX CARD**

The ex card can make you feel like you're always being compared and never measuring up.

It's a way to create insecurity and keep you on your toes. Instead of falling for this tactic, it's important to address it directly.

Relationships should be about building each other up, not tearing each other down with comparisons to the past.

# CHAPTER SEVENTEEN

## PLAYING DUMB

Playing dumb is when someone pretends not to understand why you're upset about something they did wrong. By acting clueless, they avoid accountability and make you second-guess if your complaints are actually valid.

I had a friend whose girlfriend was a master at playing dumb. Whenever he confronted her about something that bothered him, like flirting with other guys, she'd act completely oblivious. "What? I didn't even notice I was doing that! You're overreacting." She'd bat her eyes and play innocent, making him feel like he was the one being unreasonable.

Another buddy had a girlfriend who used this tactic to dodge responsibility for her actions.

# CHAPTER SEVENTEEN

## PLAYING DUMB

If he got upset about her canceling plans at the last minute, she'd say, "Oh, I didn't realize it was such a big deal. I thought you'd be fine with it."

Her clueless act made him question whether he was overreacting, even when his feelings were totally justified.

Playing dumb can be incredibly frustrating because it shifts the focus from their wrongdoing to your reaction. It's a way to dodge confrontation and make you doubt your own feelings.

Instead of letting this slide, it's important to stand your ground and communicate clearly. Relationships should involve accountability and understanding, not games that make you second-guess yourself.

# CHAPTER EIGHTEEN

## TRIANGULATION

Triangulation is when someone brings a third party into the dynamics of your relationship to validate their point.

This tactic is used to gain an ally or make you feel like you're at a disadvantage and outnumbered. The third party could be her friends, family, or even another guy who she knows likes her.

I once had an ex that played this on me. Whenever we had an argument, she'd call her best friend and put on her phone speaker. "See, even Emmanuella thinks you're being unreasonable!"

It was like I was suddenly in a courtroom with her best friend as the judge, making me feel ganged up on and cornered.



# **CHAPTER EIGHTEEN**

## **TRIANGULATION**

One of my classmates also had a girlfriend who would bring her family into their issues. If he didn't agree with her on something, she'd say, "My elder sister thinks you're wrong about this too."

It was as if he had to battle not just her but her entire family's opinions. Sometimes, she'd even mention a guy who had a crush on her, saying, "Michael would never treat me this way," just to stir up jealousy and make him feel insecure.

Triangulation can make you feel outnumbered and isolated in your own relationship. It's a way for her to reinforce her position and make you doubt your own.

Instead of letting this tactic undermine you, it's important to set boundaries and insist on resolving issues directly between the two of you.

# CHAPTER NINETEEN

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## SUDDEN CRISIS

A sudden crisis is when someone creates or exaggerates a crisis to test your commitment or distract you from real issues in the relationship. For example, you might bring up her spending habits, and she suddenly has a meltdown, crying and saying she feels dizzy and sick.

You end up dropping everything to take care of her, and the real issue gets swept under the rug. It's like being stuck in a loop where you're always putting out fake fires while the real problems continue to smolder in the background.

For example in a relationship where the girlfriend loves creating sudden crises. Whenever the boyfriend tried to address a problem, like her constant flirting with other guys, she'd suddenly clutch her chest and claim she was having a panic attack.

# CHAPTER NINETEEN

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## SUDDEN CRISIS

He'd forget all about the original issue and rush to comfort her. It was like she had a crisis button she could press whenever she wanted to dodge responsibility.

Sudden crises can make you feel like you're constantly being manipulated and distracted. It's a tactic to divert your attention and keep you from addressing the real issues.

Instead of getting caught up in the drama, it's important to stay focused and insist on discussing the actual problems. Relationships should be about resolving issues together, not playing games to avoid accountability.

# CHAPTER TWENTY

## ULTIMATUM GAME

The ultimatum game is when someone constantly sets ultimatums in a relationship, forcing you to choose between her way or no way. It's a control tactic designed to eliminate negotiation and force your hand.

There was a guy who was always dealing with ultimatums from his girlfriend. Anytime they disagreed, she'd hit him with something like, "If you don't stop hanging out with your friends, I'm leaving." It wasn't about finding a middle ground—it was about her getting exactly what she wanted, or else.

Another friend had a girlfriend who used ultimatums as a way to control every aspect of their relationship.

She'd say things like, "If you don't buy me that expensive gift, we're done," or "If you don't move in with me, this relationship is over."

# **CHAPTER TWENTY**

## **ULTIMATUM GAME**

It was like she always had a trump card ready to play, leaving him feeling pressured and cornered, with no room to express his own needs or concerns.

The ultimatum game turns a relationship into a power struggle, where it's all about control and manipulation. Instead of letting ultimatums dictate your choices, it's important to recognize this tactic for what it is and stand your ground.

A healthy relationship is built on compromise, mutual respect, and open communication, not on threats and forced decisions.

# ABOUT THE AUTHOR

Ogu Babafemi Okechukwu, known as Femmymafia, is an entrepreneur and author with a rich background in personal development and relationships.

As the CEO of FEMMY's HUB Clothing Brand and Chief Editor/CEO of FEMMYMAFIA PUBLICATION, he draws from his diverse experiences in fashion and publishing.

Speaking from personal experience, Femmymafia shares his unique perspective on relationships. He lost his virginity at the age of 7 and began living independently at 17. These early experiences have deeply shaped his understanding of human interactions.

In *20 Dirtiest Tricks Women Play*, Femmymafia offers practical advice on recognizing and dealing with manipulative behaviors, aiming to help readers build healthier and more genuine relationships.



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