

100

DIAMOND QUOTES



by

RVM
(RVM)

Quotes That Can Truly Transform Your Life

RVM's

100

DIAMOND QUOTES

*the 100 Diamond Quotes that like the glow of a diamond
will inspire you to live eternally with Joy,
Bliss and Fulfillment.*

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Preface

100 Diamond Quotes - What for?

Does this often happen to you that you wake up in the morning and you are already counting the number of hours left in the day? You are feeling low and lost, aimless and clueless, uncertain and unwilling. Aren't there moments in your life, doesn't matter how hard you try, when the blanket of hopelessness wraps you tight? Moments when you feel that you are losing your battle against negative forces; moments when overcoming sorrow, worry, anger and hatred feels impossible.

And some mornings, even though not discouraging, are blank. You are looking for some direction, some purpose, some meaning in life. RVM's 100 Diamond Quotes are for such times. Each and every one of these quotes is unique and capable of transforming your life from negative to positive. RVM's quotes can actually help you develop a direction, meaning and give you a purpose for the day. These 100 quotes can motivate you, make you smile and fill you with Joy, Bliss and Fulfillment. Every time you seek to uplift your spirits, go over one of the 100 RVM's Diamond Quotes and you will find your mood completely elevated.

What about those days when you wake up energetic, inspired and

enthusiastic? RVM's Diamond Quotes will boost your Enthusiasm, Inspiration and Energy and lift you to the sky. The quotes will add fire to your already energized self, helping you make your dreams come true.

However be your day – low, empty or inspired – RVM's Diamond Quotes can do wonders to you. RVM's Diamond Quotes are for all of us, for any day and for any morning. It can add energy to your day and help you make your life fulfilling.

The best way to use this book is to read one of RVM's 100 Diamond Quotes every morning and allow that quote to guide you through the day. There are 100 great quotes to choose from and each one is like a signature diamond. And as the quote motivates you, share it with the world – share it with your near and dear – and post it as your Facebook status. The quote might motivate a friend who is feeling low that day and is in dire need of something to uplift their mood. Each Diamond Quote will bring out the diamond in you and inspire you to shine eternally with Joy, Bliss, Contentment and Fulfillment.

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- 97 **People ask, "How can I enjoy life** when I have problems?" You may have problems, but you can still enjoy life and be happy.
- 98 **Not truly living in the present** moment & later regretting is like closing your eyes when a peacock is dancing, only to want to see it dance once it is gone.
- 99 **In life, some laugh, some cry,** some live, some die. The choice is ours to crawl or to fly.
- 100 **In the pursuit of acquiring** Treasures, we lose the ONE treasure that we truly possess – Life. Let us not lose Life in the wild pursuit of other things.
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Make the Best of Today, before it is gone!

*Happiness is a shadow.
If you chase it, it moves further away.
But if you turn to make others happy,
it will follow you.
Make others Happy and be Happy.*



See a shadow; try chasing it. What happens when you do so? The shadow moves farther away from you. Now turn around and walk a few steps. As soon as you do so, the shadow will start following you. The same is the case with happiness. Very often, people think that happiness is about chasing what we want till we get it. But unfortunately that is just a whim. The more mindlessly you will go after things, the further they will move away. Why? Because as soon as you achieve something, instead of feeling contented, you start craving for something else. And thus the chase never ends. Realize this fact and stop chasing. Turn around and try making others happy. As you do so, like a shadow, happiness will follow you too. Try it today!

Life is a Canvas.

*Every action of ours is a stroke of paint
and at the end, how beautiful our painting is
will depend upon all our strokes, all our Actions.*



What makes a painting beautiful? Each and every stroke of the brush, each and every color that is put into it and each and every element that is drawn makes it a masterpiece. So is with life. You are given a canvas and it is up to you to draw what you want – to choose your strokes, your colors and your elements. However, you should be conscious while making that choice. Pick your thoughts, actions and habits thoughtfully because they will lead you to that beautiful painting. In the end, it is you who will decide whether your painting is just some haphazard brushstrokes or a masterpiece.

*Live! Don't just Exist!!!
Don't drag through life . . .
Live each day as a Celebration!*



Live each day as if it is a day of celebration. Don't just be a part of the day; live it and join the party. I know that you have limited your celebrations to just birthdays and festivals. But aren't there just very few of such days? And barring these few days, you follow the same old monotonous time table every day.

Today, try doing things in a different way. Even if you are heading to your workplace, Rejoice and be Happy – as if it is a day of celebration. Gather your colleagues and share a funny story. Go out for lunch together. Plan the next office picnic. Celebrate today before it gets over.

*If you don't like the Fruits
you are growing,
then change the Seeds
you are sowing.*



There's a farmer who has sown tomato seeds in his field hoping that mango trees will grow out of them. And now, when the field is filled with ripened tomatoes, the farmer complains as to why he didn't get mangoes. Are you able to spot the foolishness of the farmer?

The same thing happens in life. You reap what you sow. If you don't like what life is giving you, change what you are giving to life. If you find something missing in your life and you don't know why it is so; introspect on what you are doing and try doing it some other way.

*Living Life without a Purpose
is like having an ice cream cone in your hand,
letting it melt and drip without eating it.
It was yours to Enjoy, but you lost it!*



I saw a child yearning and crying for a cone of ice cream. After his repeated tantrums, he was given one. But instead of relishing the ice cream, he got busy playing. Finally the ice cream melted and dripped away.

You are that child and your life is that ice cream cone. You try your hardest to earn money and use every trick possible to please the boss. But when you finally get a raise, you completely forget about spending it and get busy with earning more. Stop it! When you get what you want, take a break and enjoy it. Life is a gift. Don't live it without purpose. Find out how you want to enjoy it and then enjoy it. Grab the opportunity and enjoy life while you can, instead of regretting it afterwards.

*I would rather live 10 years
doing what I Love, than drag
through Life 50 years, hating every day
I Live.*



Look around and you will find two types of people – those who love what they do and those who hate what they do. You too can choose to either love life or hate it. If you love it, even a short span of 10 years will be worthwhile. But if you hate it, even a long duration of 50 years will be nothing but a drag. Hence, choose to love life. You will be happy, so will be your family and anyone who will ever come in contact with you.

Remember, there is no sense in adding years to your life. What makes sense is adding life to your years.

*In life what you ASPIRE
will TRANSPIRE
— be it Loss or Gain,
Sun or Rain, Joy or Pain.*



Learn to attract positive vibes and discard the ones that are negative. The secret of doing that is by taking charge of your mind. If your mind is a hub of negative thoughts, you can only think in a passive manner. However, if it is a pool of positive thoughts, you will attract only positive vibes and nothing negative will come close.

Why does it work that way? Our thoughts are connected to our superconscious mind, which is connected to the universe and it attracts what you are thinking. All that your mind seeks will come to you. Hence, what you Aspire, will Transpire. In the words of Paulo Coelho, “When you want something, all the universe conspires in helping you achieve it.”

*Don't just Hurry, don't just Haste.
Don't just Worry, don't just Waste.
Life is a Treasure, Enjoy the Pleasure.*



Life is a gift; a treasure. But are you enjoying this gift? For most of your life you are busy running aimlessly so much so that you even forget where you are heading. You hurry, you haste; you worry and you waste. I understand that you want to live life to the fullest. But then you get busy with your problems and complications. Realize that by the time you are done with solving your problems, the gift of life would have passed by you. Problems will linger around, but don't get sucked into their vicious cycle. Stop today! Enjoy the pleasure and the treasure called life.

*PEACE is the foundation of Happiness
— for where there is Anxiety,
Tension and Turmoil,
Joy cannot exist.*



Many people try building a tower of happiness on a foundation of anxiety and tension. In time, such a tower will crumble and fall. If you really want to be happy, you must first learn to have Peace, Tranquility and Calmness. These are the emotions on which happiness is built. People believe that they can live a life full of tension and anxiety and still find happiness. Unfortunately, it doesn't work that way.

Peace is essential for finding lasting happiness. You might have all the things that make you happy but if you lack peace, though you might have your happiness, it will only be for a short period. Build your life's happiness tower over a strong foundation of PEACE.

*The Sun challenges us to Shine,
the Clouds remind us to Move,
the Birds tell us we too can Fly
and the Sky tells us that there is no limit
to our Dreams and Goals.*



When was the last time you looked up at the Sun and challenged yourself to shine brighter? And when was it that you looked at the clouds and reminded yourself that you too can go wherever you want? How about watching birds fly in the sky? Have you ever dreamt of having wings and soaring in the boundless sky – capable of reaching any destination, any height?

Take a cue from the nature around you and get inspired. Look up to the Sun and gather your own radiance. Look at the clouds and roam like a free spirit in the limitless sky. Look at the birds and no distance will be too far for you. The Sun, the Moon, the stars, the birds, the animals and the flowers – each of them remind us in their own way to expand our potential to make all our dreams come true.

*A moment spent in Sorrow
or a moment spent in Pain
is a waste of a Great Treasure
that you will never get again.*



Isn't it ironic that while we all want to make every moment of our life beautiful and happy, we often waste them in sorrow and pain? Thus we lose such precious moments and then they never come back again. Though we know that we are foolish in losing our life to negativity, we still continue to do so.

We must use our willpower to always be happy. We will then never lose a moment in sorrow again. The wise make up their minds and treasure each moment, living in joy and happiness. When sorrow or pain comes like a wave into their lives, they use their willpower and let it pass. You too can use your willpower and the power of your mind. When there are gloomy days, remain strong and don't let them overpower your life.

*Enthusiasm is a Power
that can give Dreams to the Dreamless,
Life to the Lifeless and
Hope to the Hopeless.*



What can give dreams to the dreamless, life to the lifeless and hope to the hopeless? It is a power called Enthusiasm. In fact, power is inherent in enthusiasm. Don't you believe me? Then let me tell you this. The word enthusiasm comes from the Greek words 'en' meaning 'in' and 'theos' meaning 'God' and thus means 'be inspired by God.' Believe in God, let him inspire you and fill your life with enthusiasm. In return, you will receive tremendous power and energy that will enable you to dream and hope. What does this mean? Live 'in God', trust 'in God', believe 'in God' and you will see the magic happening in your life. Try it! Try to live with enthusiasm and find your life transformed.

*There are people who Dream
and there are people who Scream.
There are people who Cry
and there are people who Fly.
The good news is that this is a CHOICE!*



A few men were locked behind prison bars. Some of them looked below and saw mud. The others looked above and saw the stars. Everybody lives through the same life. But each of us perceives it in a different way. Look around. You will find some people making the best use of their life and enjoying it. Hence, they are happy. The others are merely wasting their life – cribbing and crying through it. They are not cherishing their life and are unhappy. What is the difference? The difference is – CHOICE. Those who make the best of life choose to do so and those who are wasting it, choose it too. What are you going to choose?

*You can be who you want to be,
if you stop being what others want you to be.
Live your Life Philosophy.*



What do you want to be? When you were growing up; you must have been asked this question hundreds of times. Let me rephrase the question and ask again. What do you REALLY want to be? Do you want to be what others want you to be? Are you leading your life the way you want to or are you getting carried away by doing what others want you to do? Most of the people regret later in life the things that they didn't do. Traditions, customs and religion stop them from living their life and making their dreams come true. Today, take a pledge to have no regrets in life, to live your life exactly the way you want, to adopt a philosophy for your life and start living it from today.

*It may be a Mountain or a Tree,
a River or a Bee...
Learn to enjoy the little things in Life.*



Many of us are so busy craving for the big things in life that we forget to enjoy the small things. Look around you, there are so many small things that make life a fun-filled journey. It can be the breeze through the trees; it can be receiving a smile from a loved one, wishing somebody in the morning or a telephone call from somebody you care about. There are many little things in life that can bring you happiness. Alas! You get so caught up in chasing the big things that you forget the little things. And thus, you forget to enjoy life. Don't let that happen.

*Even one day lost in misery is a great loss,
for the day will never come back again.
You lose 24 hours of Happiness,
Joy & Bliss.
Live each day in Happiness.*



Each day has 24 hours. That means each day you have 1440 minutes. That in turn means that each day you have 1440 chances of feeling Joy, Bliss and Happiness. But are you making the most of all the chances you have? Are you happy for all those 1440 minutes? Are you at least trying? Don't get so caught up in the complexities of life that you forget to enjoy it. Or else, moment by moment, you will lose it. And before you realize, the day will be gone and it is never going to come back. Stop and make a commitment to yourself that you will not waste anymore time in misery because that moment will never come back. Resolve to make the best of each minute. Start Now!

*Never worry about the Past,
it brings Tears.
Don't think too much about the Future,
it brings Fears.
Live in the Present Moment with a Smile,
it brings Cheers!!*



What happens when you regret the past? You think about all the wrongs and you feel sad, right? What happens when you start thinking too much about the future? You think about all the unforeseen dangers and fear comes along. You feel unhappy. Even though thinking about both brings only unhappiness, you keep shuffling between the two. Regretting the past and fearing the future, you forget to live the present moment. Forget them both. Live in the present moment. Wipe out the past and throw your worries about the future out of the door. Live in the 'NOW', in this moment, with joy and happiness.

*Life is made of Pleasures,
Life is made of Pain.
Don't just enjoy the Rainbow,
also Learn to dance in the Rain.*



I have observed that as soon as the monsoon season starts, instead of talking about the rain and the joy it brings, people start discussing potholes, puddles and traffic jams. And when the sun shines through the drizzle and the rainbow appears, everybody is happy again. But remember, life is about both – day and night, pleasure and pain, rainbow and rain.

If you want to truly enjoy, you will have to accept life with all its ups and downs. If you want to see a beautiful rainbow, you will have to enjoy the rain jumping through puddles as well. If you don't, you will be enjoying only one part of your life and thus an incomplete one. So next time it rains, forget the umbrella, step out and dance your heart out.

*With Time, you can create Money,
but with money, you cannot create Time.
So Time is more valuable than Money.*



It is strange that you are losing the only treasure that you possess in life – Time. You lose time in making money. You lose more and more of your time in chasing more and more money. And what does it lead to? A lot of money but no time. And what use is this huge pile of money when life comes to an end?

Treasure Time; It's invaluable! All the money in the world cannot get back a moment that has just gone by. Realize that time is more valuable than money, and live.

*There can be no Positive result
from a Negative attitude.
Think Positive. Live Positive.*



What is a negative attitude? It is the accumulation of negative behavior, negative responses and negative reactions. Obviously, there cannot be any positive outcome out of a negative attitude. Negative attitude brings along resentment towards life. In fact, negativity is like poison. It sucks away all the Joy, Bliss and Positivity that one has. For someone with negative attitude, there's nothing positive left in life.

Be cautious of the fact - Sensible people think positively and live positively. Their life is filled with love, hope and happiness because they do not allow negativity to come close. Make it a habit to react positively always. Let your emotions and feelings always be positive!

*Life is made up of Moments.
Moments create Days, days create Months,
months create Years and years create LIFE.
Lose the moment and you lose Life.*



Ask a friend casually what he or she is doing. The answer that you will often get is: “Just passing time” or “killing time”. Isn't it strange? What they unknowingly say in a casual tone has a deep meaning. In fact, whenever I hear such an answer, I feel alarmed. We will live up to only a certain age. With such limited time in our hands, how can there be time to “pass” or “kill”?

Think about it. What happened yesterday? Last week? Last month? Or last year? How soon did the time pass by? Realize that it is this moment that will create your days, your weeks, your months, your years and your life. If you want to get hold of your life, go ahead and grab the moment. As they say in Latin '*carpe diem*' that literally means seize the day.

*Be thankful that you are on your feet,
for there are people who can't
even walk down the street.*



We often regret and crib about things we don't have – “I don't have a car” or “I don't have an LCD television”. We get so lost in our ordinary complaints that we forget to think about those who are deprived of the basic amenities like food, water or shelter; or even worse – of eyesight, hands or feet. We never realize that there are so many beautiful gifts that God has given us. We never realize that we are actually fortunate and blessed.

So how about doing things a little different today? Think about all the things you have; all those things in your life that you should be grateful for, thankful for. It is the attitude of gratitude that will give you true joy.

*Don't be amongst those who
are trying to build a better Tomorrow.
You can have a better tomorrow only if
your Today is better than your Yesterday.*



Would you like to build a better tomorrow? The way to do that is very simple. Try this method – make it a habit to make today better than yesterday. Try to make the day in front of you just a little better than the day that has just passed. Doing this is not difficult at all. Soon it will become a habit. As it becomes a habit, you will be able to make your today better than yesterday. Think about it.

What happens when tomorrow comes? When tomorrow becomes today and you are trying to make it better than yesterday, you are surely building a better tomorrow. It's a very simple logic but people don't understand it. Try it. Try making your today better than yesterday and then you will find yourself building a better tomorrow.

*Life is like a beautiful bird
that comes to your hand.
If you let it go, it will fly into the sky,
never to return.*



Talk to an elderly person around you – somebody around 70 years of age. While some of them will talk with mellowness and satisfaction of the life they have lived, some will talk about the regrets and how they have wasted their life. They had such great opportunities to be truly happy – they could have lived healthier and invested their life to a cause. They had the opportunity but they didn't make the best use of it. Unfortunately, they lost it.

We are all gifted with this life and before it escapes us, we must make the best of it.

*First you Yearn to Earn.
Then you Learn that others
will Burn what you Earn.
Stop! Turn and Spend before your End.*



Do you realize that whatever you earn today will one day stop being yours? After this life is over, your money will be inherited by others and they might use it whichever way they please. Once you depart, you will not be able to control what happens to your wealth. Are you happy with that thought? Are you planning to do something with your money? Or are you just going to let it be used carelessly? If not, what are you waiting for?

Start planning to invest your hard-earned money in doing something worthwhile. Make the best use of your wealth while you are in good health. Spend it before your end.

*It is strange — people chase and hoard money,
and even cheat the world to become rich
only to finally leave it all behind.*



Isn't it strange that even though you know one day you will leave this world, you continue with your mindless chasing of wealth and fame? All the money that you will accumulate through the years will not belong to you. Worse still, you cheat, lie and compromise to get this money. It is like going to a hotel room and decorating it beautifully even though you have to check-out the next morning. Why waste time decorating the hotel room when it doesn't belong to you?

Live your life knowing that it will soon be over. Do what is right and what really matters.

*The Wind that Blows,
the Water that Flows,
the Sun that Glows, are
all proof that a Power exists.
Believe and Experience the Universal Power.*



Today when you go out, stop for a while to feel the wind. Or if you see a river, enjoy the grace with which the water flows. Or how about appreciating the golden sky the sun paints when it rises or sets? Who has created such beautiful experiences for us to relish? Well, we don't know who did it, but surely, some power did. All this didn't happen by itself.

Start experiencing and believing in this Universal Power and your life will be transformed. Believe in it, let it touch you and your life will never be the same again.

*Think of Today, not Tomorrow.
It's time to be Happy,
not live a Life of Sorrow.
Find out those things that make you
Glad & eliminate those that make you Sad.*



Isn't it unfortunate that many of us live our life without being happy? Instead of enjoying today, we worry about tomorrow. Instead of being happy, we allow unhappiness to take command of our life. Is this what we want? No! We know this is not we want. But we get busy and our life gets all the more entangled. In the end, we regret it all.

Let us realize that life can be lived only once and we must live the way we want. Find out those things that make you Glad and eliminate those that make you Sad, and do it Today, not Tomorrow. Do it Now!

*Of course, things will go wrong.
Move on!
Don't let the little snags
affect the progress of your life.*



Are you hurt from something? And has it been residing in your heart for long? Don't let your hurts rule your life. Don't curse them, don't nurse them and don't rehearse them. Instead, what you need to do is reverse them.

Of course, there will be problems and things can go wrong but you must move on. Just because you face problems, it doesn't mean that you should stop living your life. Life is all about facing problems, converting problems into stepping stones and moving on.

*Don't just GO through life,
GROW through it for
Life comes to you only once... never to return!
Climb the Ladder of Life, step by step.*



Life is a journey that comes to you just once. Do not rush through it. Enjoy this adventure step by step. You must not just go through life, you should grow through it. The whole challenge in life is to evolve, transform and transcend from one peak to another; the ultimate aim being to reach higher and higher. This is what gives your life a purpose, this is what creates Fulfillment.

*First, know where you want to go.
Then, go where you want to go.
You are your own pilot
and you can choose your Destination.*



Imagine a pilot not knowing where he has to go. The aircraft will keep hovering aimlessly in the sky with nowhere to land. Have you realized that you are a pilot – a pilot of your own life? Your airplane will take you to the destination of your choice. But do you know where you want to go? Decide where you want your aircraft to land and fly it in that direction.

*Tremendous energy lies within each one of us.
Alas! We don't discover and unleash it
and when we die, we lose it
because we didn't use it.*



You are like a huge power-generator capable of producing and unleashing tremendous amount of energy. So when are you going to liberate it? If you don't use it, you lose it. Realize the energy within and find out the best way to utilize it. If this energy gets dormant and gets wasted, you will lose it when you die. Using your energy in the best possible way is the right way to live. For then, you would have made the best of your life. Unleash the gift of energy that life has given you and live as a winner forever.

Look at yourself—are your eyes Twinkling?

Is your heart Dancing?

Are your lips Smiling?

If yes, then you are truly enjoying Life.



If somebody tells you that they are enjoying life, with a growling and wrinkled face, don't believe them. An unhappy face means that they are not truly enjoying their life. You can make out true happiness from the faces of the ones who are enjoying their life. Those who enjoy their life will have their faces glowing with enthusiasm. You will receive positive vibes from their body, heart, mind and soul. So before stepping out today, look in the mirror – smile a little, dance a little and cherish the twinkle in your eyes.

*Whenever a problem arrives,
do three things—
Face it, Fight it and Finish it.*



What does an ostrich do when it senses danger? It flops flat on the ground and tries covering its eyes and head. Why? Because the ostrich thinks that if it cannot see the danger, the danger will also not be able to see it.

How do we humans react to the problems we face? You will be surprised to know that we too react like ostriches. We try to run away from them or escape them or avoid them completely thinking that the problems will go away on their own. But actually, the problems chase us all through our lives. That is the nature of problems – the more you get scared, the more they will chase you. So, what should you do when a problem arrives? Confront your problems; before they attack you, attack your problems; face them, fight them and finish them.

*There are people who are dancing through Life
and others who are crying through Life.
The irony is that Life is the same —
what we do is purely our Choice.*



Isn't it true? We all live the very same life. When everybody is living the same life, why is it that some people dance through life while others cry through it? Are their lives so different from each other? If you analyze it, you will find that the difference lies not in their lives but in their attitude. It is the attitude which defines your life. If you have a positive attitude, you can dance through a miserable life. If you have a negative attitude, you can spoil even the most fabulous life. What you make of your life is entirely up to you; entirely on how you react. React Positively. Choose to Live!

*We all program our gadgets
— computers, mobiles etc.
But we don't Program our Mind
in such a way that we can
REJOICE and BE HAPPY.*



We all program our gadgets. While we all effectively program our computers and mobile phones, we forget that the most important gadget, or rather gift, that we need to program is our mind. The mind is the most powerful of all gadgets. We are so busy programming our electronic gadgets, while we should be focusing on programming our mind. Realize, the mind is programmable and it can lead you to the destiny of your choice.

Take sometime today to think about how you can program your mind to stay happy always.

*Enter Faith, exit Doubt.
Enter Hope, exit Worry.
Enter Courage, exit Fear.
Let the Positive enter your Life
so that the Negative exits.*



Only one of these two emotions can exist in your life – Positive or Negative. The good news is which one stays is solely your choice. It is in your hands to choose the emotion which will rule your life. Remember, if you let positive emotions take charge of your life, then there will be no place for the negative ones to enter. But if you let the negative ones take charge, then unfortunately, positivity will find no place to fit in. So take proper care of your life, fill it with positive emotions and you will be the master of your destiny.

*Life is not a Race,
but we still continue the Chase
and try to be an Ace.
It's time to get out of this Maze
and Truly Live with Grace.*



You know what life is all about, but still you keep running. You continue to run after the unimportant things. When will you realize that the purpose of life is not to run but to enjoy it and live gracefully? When we get stuck in the maze of life, we just go around in circles till our fuel is over. Game Over! Is that life? NO! Life is about living gracefully, peacefully and blissfully. It's about enjoying the journey; not dashing towards an unknown destination.

*Some people live such boring lives;
it 's Black & White, so dead!
I choose to color my life with Fun,
some Blue, some Green, some Red.*



When I look around, I find many people living boring lives; there is no excitement, no fun. They are not rejoicing each day, let alone months and years. They say, “I do go out for a holiday once a year”. But otherwise their lives are mundane, ordinary, without spice and without anything to look forward to. Don't live your life that way. Add fun to your life. Add color to your life – make a day red, another day blue and another green – so that in the end your life is like a beautiful painting. Enjoy every moment and every day of your life doing things you Love and things that make you truly happy. Remind yourself that life is about making everyday a celebration with colors that will make you dance and scream with joy.

Look at people around you.

Some Inspire you, some Perspire you.

Be with those that build Energy in you.



You must have observed how food affects us. Nourishing food, like organic food, makes us healthy and happy, not only from outside but also from inside. Toxic food on the other hand, deprives us of many essential nutrients and thus affects us in a completely opposite way - it is poisonous and can kill us.

So is with people. There are those who will heighten your spirit, and you will feel optimistic about life after meeting them. There are those, who will always put you down and drain your energy.

Make a commitment to stay away from those who leave you with nothing but pessimism. Accept and acknowledge only those who infuse positive energy, who inspire, boost you up and fill your life with joy.

*A woman was counting her grams of gold
in Sorrow, while another who had nothing,
still counted her blessings in Joy.*

*Happiness is not what you HAVE,
but how you FEEL.*



You may have nothing and still be happy or you may have everything and still be unhappy. Happiness doesn't depend on what you have but on how you feel. Thus, you must learn to control your desires. You can do it by controlling your thoughts. Don't let your life pass in sorrow, thinking about things beyond your capability. You are your own master. You are the captain of your ship and you can choose to be happy. Learn to be content; it's a sure way of enjoying what you have, rather than aspiring for things that you don't have.

*We don't have the choice
to hold a minute from passing,
but we do have the Choice
to make that minute magical.*



You can't stop a clock from ticking. You can't stop time from passing. But what you can do is, convert your moments and days into magical ones. Nobody has control over time but you can control what you do with it. You can spend it with your near and dear ones and share love. You can spend it playing the sport of your choice, reading a book by your favorite author or help an elderly cross the street. So don't try to stop time from passing, but definitely try to make the minutes full of fun and magic.

*Life is a Treasure Chest
and we all have the key to it.
Unfortunately, many of us don't unlock the treasure,
but take the key to our grave.*



Isn't it true that life is a treasure chest and we all are searching for the treasure of Joy, Happiness and Fulfillment? But, do all of us find this treasure before our journey is over? We all have the key to this treasure. We all can choose to be happy and make life meaningful. Often people lose this treasure of life and take the key to their grave. They live life unhappily and this treasure called Life is lost because they didn't unlock the treasure and live it. Live before you die. After all, of what use is the treasure life offers to us, if we don't discover the Joy and Fulfillment that we can experience.

*Be Grateful you are not
like a rock that has no Choice.
The Sun Shines on it,
the Waves Splash at it.
You have a Choice to move
and to make your Dreams come true.*



Have you ever been grateful for what you are? Have you introspected and reflected on the many blessings you have received? Look at a rock. It cannot move. It cannot do anything. It cannot choose to live its life the way it wants – the way you and I can. We can do anything we feel like. We can choose our actions, reactions, dreams and hence our life. How many of us actually make the best use of this opportunity? Alas! Many of us live like a rock. We end our life without choosing to live the way we want to, although life bestows on us the opportunity to live like a human being; making our own choices.

The wise respond.

The foolish react.

The wise think & then act.

The foolish act and then regret.



Realize and understand the difference between reaction and response. Both reaction and response require an action and are instigated by a situation. Still the difference between them is profound. Reaction is impulsive, an immediate behavioral response that comes from emotions and not intellect. Response happens when we think, analyze a situation and then reflect upon it. Therefore response comes from intellect. Reaction is not a choice. But response is a choice. This is essentially what differentiates the wise from the unwise.

The wise succeed because instead of reacting they respond. They don't regret because all their actions are well thought of. But the foolish ones react impulsively and regret it throughout their life.

*Pain may create Misery,
Pain may give you Sorrow.
It may trouble you Today
but will be gone tomorrow.
Pain has its ways; it comes but never Stays.*



Pain is a reality of life. A pain-free life is an illusion. It doesn't exist. Pain will surely come. But just like coming of pain is inevitable, so is the certainty of its going away. It may trouble you for a moment, but not forever. Therefore, when pain comes, learn to accept it and fight it, for pain has a limited life span. Knowing that pain is a temporary guest gives us the energy to sustain it for we know the pain will be gone soon. Don't fear pain. Rather, have the courage to face it knowing that like a passing cloud, it will soon be gone.

Days are like trains; they will just zoom by.

You can be zapped seeing them pass or

you can jump on to one of them

and enjoy the Journey.



How does your day pass? Do you take charge of your day? Or does your day zoom by like a train? If you are driving your day and then it zooms by like a train, it is fine. But, if your day zooms by without you having any control over your hours and minutes, then your day has zapped you. You didn't do what you wanted to do because the day has left you bewildered. Don't let the day just pass by. Take charge of your day. Take charge of your life and most importantly spend each day such that you truly enjoy it in the journey of life.

*If you don't get a kick out of the job
you are doing, you better kick it
and look for another one.
Love what you do or just don't do it.*



Is your job making you miserable? Are you simply putting up with it for the sake of something? Despite this suffering, you wake up in the morning and go back to the same job. I can't understand why. What is it that imprisons you? Why can't you kick it and find something else? You may not earn as much as what you are paid now, but at least you will have Satisfaction, Contentment, Joy and Happiness. Yes, you must do what you love and love what you do. If you can't love what you do, then it is better not to do it at all. Eventually, doing what you love will give you more Success, Achievement, Satisfaction and Fulfillment.

*When the toughest of problems strike me,
I just remind myself that God is on my side.*



Tell yourself this first thing each morning: “God is on My Side”. I believe that there is a Creator, a Power – a Power called God. I believe that the same Power had created the Universe and it controls the past and the future. When tough problems attack me, I don't worry. I know that no matter how difficult or grave the problem is, I can face it because I have God on my side. I choose to believe that God is with me. Therefore, whenever I face a problem, I face it with Courage and Confidence. Yes, problems come, but soon they go; my faith in God makes it so.

*Do it because you WANT to,
not just because you HAVE to.
When you do what you want,
you create an Unstoppable POWER.*



To live powerfully, choose to do only what you want to and not what you have to. When you do what you are passionate about, you infuse yourself with enthusiasm and thus your body releases adrenalin which makes you feel powerful and unstoppable. However, if you do something just because you are forced to, you will do it listlessly and lifelessly. So stop doing what the world asks you to do. Do only what you love to, what you want to and you will see a power in all that you do.

*There will be things that will go bad
and make you sad. Don't worry.
PEP yourself with Positive energy
and you will soon be glad.*



Things that are beyond our control keep happening. Certain things make us glad and certain others make us sad. While you have no power to control such things, you do have the power to choose your reaction towards them. You have the power to choose your emotions. So, don't worry about it. Instead, what you can do is choose PEP.

When you choose PEP –Positive Energy Power – you choose a positive attitude and positive emotions like Faith, Hope, Love, Enthusiasm, Forgiveness, Compassion, Confidence and Courage. You will then find strength to cope with the hurdles life puts you through. Learn to be positive and you will be in command of your life.

*It doesn't cost much to be Happy
if the currency of your Heart
is the blowing of the breeze
and the swaying of the trees.*



Why is it that some people have everything yet they are unhappy and some have nothing yet are happy? It is because those who are happy, choose to be happy and those who are unhappy, choose to be unhappy. Unhappy people aren't content and satisfied with what they have. They want more and more. But those who are happy are so because they are content with whatever they have. If you relate happiness with achieving things that are beyond your reach, you will remain miserable. Try to be happy with things you have right now and you will be happy. If you consider the Breeze and Trees to be your Natural Wealth, you can be instantly Happy.

*You spend your TIME
to make a DIME.
You lose your HEALTH
to make your WEALTH,
but at the end it is FUNNY
because you leave back all your MONEY.*



The story of money is very funny because we have a limited time here on earth. We lose this limited time in making wealth. We are so busy making money that we have NO TIME to enjoy this wealth. Finally we have made enough money. So we stop and make time to enjoy this money but by then we will have no health to enjoy our wealth. Let us realize this now and enjoy our wealth while we are still in good health.

*One who lives with Faith
says IT WILL HAPPEN,
while the one who lives without it
asks WILL IT HAPPEN?*



Is there any difference between saying “it will happen” and questioning “will it happen?” Of course, there is. The one who says “it will happen” has Courage, Confidence, Faith and Enthusiasm. He says it with positive energy. And the one who asks “will it happen?” is living a life that is filled with Doubt, Hesitation and Skepticism. Negative energy is in command of this person's life because he doesn't have the confidence in himself and in the universe. Remember, Doubt or Faith – only one of these emotions can be in charge of your life and that is your choice.

*Smile all the while because life is just a mile.
Enjoy the journey before it's over.*



Life is a journey, a short beautiful journey, if you want it to be that. It's our choice, we can smile or frown, dance or drown; the choice is ours. What are we going to make our life? Well, it all depends on us, whether or not we choose to be cheerful. When you smile all the while not only are you creating happiness for yourself but also for others, after all, with life being just a short mile; why not smile all the while. Make others happy as you add Joy to your life too.

*Those who take Risks overcome their Fears
and Tears over the Years.*



Why is it that some take risks and some don't? The ones who don't take risks are paralyzed by the fear of failure. But those who take risks are the ones who have learnt from their past experiences in life. Over the years, they have learnt that they must learn from their tears and overcome their fears. If they risk not, they will gain not. Such people develop Courage and Confidence. They live with positive attitude because they have wiped away their tears that were born from the past and overcame their fears from imaginary dangers that never happened. Learn to take risks for this is what life is about.

We choose to do things that make us Cry.

We don't know Why.

We blame the Sky. We do not Try.

Oh My! What a way to die.



Some people's life story is so sad. Their lives come to an end without them doing anything, achieving anything or celebrating anything. They live such miserable lives. They don't try to make the best of their lives. They whine and cry at their situation. They don't make amends. They don't try to be positive and they blame their miseries on everybody around them. Of what use is this? What is the use of dying and losing a life that is full of opportunities and possibilities? Try to make the best of your life before your journey is over. Don't just choose to cry and die. Open your wings and fly.

*Let us not become so busy making a living
that we forget to enjoy our Life.
Every day of Life is meant to
be Lived and Enjoyed.*



What is the purpose of Life? Is the purpose of Life to just make money? If we spend our entire life just making money and forget to be happy with the money we make, then what use is the money? If you look around, you will find people who are so busy earning that they forget to live, forget to pursue their passion and forget to make their dreams come true.

Therefore let us not be so busy making money that we forget to use this money to make our life what we want it to be. Life is not just about making money. Life is a journey that must be enjoyed before it is over.

*Choices, not Chances,
are responsible for the quality of our Life.*

*Spend time to Think, Reflect,
Introspect & then Choose.*



The true winners in life have learnt one lesson and that is – it is not chances but choices that determine the quality of our life. Many people surrender their life to luck and fate; hence blame their life on bad luck. They don't realize that their life is bad not because of luck, but because of the bad choices that they made. Realize it and start making the right choices and your life will be back on the right track.

Learn to be Positive always.

*In pleasure or Pain, in Sun or Rain,
in Loss or Gain, always be POSITIVE!*



Make 'Being Positive' a habit. That's the biggest challenge in life. If you do so you shall always be happy. Sure there will be Pain, Loss and Rain as much as there will be Pleasure, Sun and Gain. Whatever be the circumstance, we must learn to react positively.

Anybody can laugh in pleasure but it's a challenge to laugh in pain. If you do so you are on your way to the peak of Fulfillment.

*Faith gives Courage to the heart
and Energy to the mind to make
the Impossible Possible.*



What is Faith? It is an acronym for 'Full Assurance In The Heart.' When you live with faith, you will have Courage, Confidence and Belief. By infusing it with courage, faith makes the heart strong. It also makes the mind think positively, as it fills the mind with optimism. When you firmly believe that something will happen, it often does, because then you attract ideas, people and resources that will make it happen. Have Faith; for when you have Faith, you can make your dreams come true. Those things that seem impossible become possible with Faith.

*The Challenge in Life
is not to have the absence of Fear,
but to have the Courage to overcome it.*



Fear is something that exists all around us. Many things that occur will frighten you and make you fearsome. The challenge in life is not to eliminate the fear, rather to overcome it. The only way to overcome fear is to realize that F E A R is 'False Expectation Appearing Real.' You must remind yourself that FEAR is not DANGER. It's just a thought that may or may not happen. It may appear REAL but it is not. If you think this way the next time Fear appears before you, you will have the courage to overcome it.

Live before the Journey is over.

Live before it is too late.

LIVE because you deserve to.



The Journey of Life will soon be over. We deserve to live; we deserve to enjoy this journey. But what if we forget to enjoy this journey and it comes to an end? Many people don't realize that the journey of life is temporary; it's short and we must live before the journey is over. I see people trying to live their lives after they cross 70 or 80. They have no health; they may have wealth but they can't even walk, they can't live, they can't enjoy because it is too late. We don't deserve to die without enjoying life. We must live before we die. We deserve to live and we deserve to enjoy. But why do we forget this? Why are we so busy just making money that we forget to enjoy this beautiful journey called Life?

*If we can be Glad...
But we choose to be Sad,
we are Mad!*



Choose to be glad and never to be sad. If you feel that you have nothing to feel glad about, then be proactive, take action. If you are not glad about your job, go ahead and change it. Similarly, if something is making you sad, wipe it off. If you feel that your hectic work schedule is making you sad, take a break and start following a hobby. You don't have to feel miserable. Life offers us choices; we must learn to choose what makes us glad. We must have the courage to refuse things that make us sad; if we don't, then we are mad. Choose to be glad always.

*We all come and go out of this
world in the same way.
The Destination is the same.
The difference is the Journey.
Some Enjoy it, some don't.*



We are born and one day we all will die. The start and end of everybody's life will be the same. The only thing different will be the middle part of life – the part where we live our life. So if you want your life to be different, live it differently. Dance through your life. Enjoy every moment of every day. Every night when you go to bed, you should feel satisfied that you lived the day to the fullest. This will happen if you realize that life is a journey which must be lived and enjoyed. Just because others don't enjoy life, you don't have to follow them or feel guilty that you do. Make the best of your life before the journey is over.

*Far more than the shield
is the Pleasure I get on the field...
the Joy of the chase
is greater than the result of the race.*



According to the well-known 'progress principle', we find more happiness in making progress towards a goal than achieving it. We find more happiness in going through the journey than reaching the destination. If you introspect into your own past experiences, you will appreciate the same fact.

One of the best ways to enjoy life is not to always win in whatever we do. Sometimes, it is the journey that is more beautiful rather than the destination. You must learn to enjoy the journey of life and the pleasures of life. You cannot be sure of winning the race. But you can be sure that you enjoy running towards the finish line.

*Every moment of Life is a Challenge to Choose.
Some Win, some Lose.*



What is life? Life is a series of choices. Every now and then you will find yourself standing at a crossroad wondering which choice to make. No choice is easy. No choice assures you a win. But that is not the most difficult part about it. The most challenging part is the task of choosing. Don't be afraid to make a choice. Don't think too much whether this is the right choice or the wrong. Choose. Just choose. It is way better than standing at the crossroads and seeing life go past you.

*A Millionaire becomes richer
not when he earns his next Million
but when he spends it on a Noble Cause.*



You have woken up and you will now drag yourself to work. What for? Earning a few thousands? And after a couple of years you will drag yourself for earning some millions. You feel that all this mindless hard work is justified because you are getting richer. If you are getting richer, why is it that you are not excited?

Here's why. You are not excited because you've got the money but you don't know what to do with it. You are getting richer but you don't know where to spend it. Let me help you with that; go ahead and spend your money on a noble cause. There are so many unfortunate people in the world whose life you can transform by just a little fraction of your money. Do it and you will have a sound sleep at night. You will be proud that somebody somewhere had a hearty dinner thanks to you. You will actually feel rich.

*Why destroy this Morn,
by a Past that is dead & Gone
and a Future not yet Born!*



You woke up this morning and the first thought that you had was, “Did my boss like my presentation last evening?” And the next thing you thought was, “Will he give me a raise now?” In this predicament of the past and the future you spoil your entire morning. Relax. What happened yesterday cannot be reversed. What will happen tomorrow cannot be predicted. Then why worry about it? Live in the moment. Enjoy the morning. Enjoy your hot cup of coffee. Don't destroy the present with tears of the past and fears for the future.

*Sky is not the limit if your heart is in it,
for when you do something with all your heart,
it just happens.*



There is magic when you do something passionately; when you do it with all your heart; when you give it your all. All you need is energy and enthusiasm to make it happen. Try it once at least. You can achieve the impossible provided you give it your best. Don't hold anything back. When you are doing something wholeheartedly, then it will happen for certain, because you are giving it your best.

Negative people don't need to be defeated.

*They defeat themselves
with their Negative Attitude.*

Be POSITIVE always.



Negativity is poisonous. Fear, Anger, Worry, Jealousy, Greed, Indifference – these negative emotions spread like poison. People who hold on to such negativity cause harm to themselves. They weaken themselves. It doesn't take any effort to defeat negative persons because their negative energy itself will defeat them. Learn from this and always be positive. Choose Love over Hate, Faith over Doubt, Optimism over Pessimism, Compassion over Indifference, Peace over Worry and you will be Happy always.

Look at a stonecutter hitting at the rock.

*Nothing happens at first, but after many strikes,
the rock eventually cracks. In Life, don't Doubt.*

Keep at it and it will happen.



Do you doubt the value and effectiveness of persistence? If you do, then try this simple exercise. Go and look at the stonecutter hitting at a rock. He keeps hitting at the rock but nothing happens. Suddenly, as if by magic, the rock breaks. What made the rock break into two? Was it a final blow or was it all that went before? We know it was not one single blow but the persistence of the stonecutter. Learn from it and constantly remind yourself to keep on and on. Let us not quit, let us keep on hitting at a rock, the rock of our problems. Eventually, it has to break. There is no other way.

*It is ironic that we are particular about flushing
out all the dirt through the Drain,
but we continue to retain a lot of it in our Brain.*



Sometimes we forget that more than the weeds in our garden, we must remove the ones in our head. The weed I am talking about is the negativity that surrounds many of us. There is so much negativity in our minds and hearts that it destroys us. We pay attention to little things that do not matter and forget the important things – our Thoughts and Attitude. Understand that your thoughts would lead you to your destiny. Pay attention to them. The next time you clean your drain, stop and check whether you have cleared your brain.

*If you have not learnt anything,
but have learnt one thing that
the Goal of life is to be Happy,
you have learnt everything!*



We all learn so many things; we study and research. But of what use is it if we continue to remain unhappy? The goal of every individual in this world is to be happy. You must realize that. While it is good to learn several languages, mathematics and sciences, we must remember it is more important to learn how to be happy. Without these we can still live with joy but without happiness life is a failure. Learn the most important lesson of life that the ultimate goal of life is Happiness.

*I invite and acknowledge only Positive thoughts
and people that create Happiness in my Life.*



This is a great resolution. As soon as you put it into action, you will be on the right path. When you meet a happy person today, share a joke with him, laugh with him. And if you meet a negative person, do not go near him; totally avoid him, unless you have the power to transform him. If you let negativity enter your life, it comes with the worst of emotions – sorrow, greed, jealousy, envy and revenge. Such emotions are contagious and can only destroy. So for creating something better out of your life, commit, accept and acknowledge only positive thoughts and people.

What a paradox!

People hate to be miserable

but choose to be miserable.

Remember this the next time misery arrives.



It is said that misery is like an unknown guest that comes knocking on your door. If you open the door to it, it comes in and doesn't leave. Do you like it when it stays? Do you like to be miserable? Do you like to live in sorrow? No! So why do you let it occupy your life and mind? The next time you are unhappy for whatever reason, promise yourself not to be unhappy, even if the situation is tough. Remember, you can do it. You can reverse any troublesome situation and be happy. But more importantly, beware of misery. When it comes, be careful to make it stay out of your life.

Anyone can exist.

Most fools do.

It takes guts to truly Live.



It is true! Look around you; you will see many people who are not living. They just exist. They get up in the morning and go about their daily work and before they know it the day is gone and then another day starts and that too will be over again. Is that life? Life is not meant to just exist. Life is meant to be lived and to make our dreams come true. For this, choose Faith, Hope, Love, Enthusiasm, Confidence and Courage. These emotions are the remedy to move from existence to truly living.

*The Richest person is not the Happiest person,
the Happiest person is the Richest person.*



Ask yourself the question, “Is the richest person the happiest person or is the happiest person the richest person?” You will realize that the richest person is not the happiest person. He might have a lot of wealth, buildings, cars, diamonds, stocks and what not! But is he happy? He is not happy because he is greedy; he wants more and more. If somebody touches his money, he will be unhappy; if something goes wrong, he will be miserable. Therefore, it is not necessary that the richest person is the happiest person. Look at the other statement; the happiest person is the richest person. The happiest person doesn't have riches but has the true wealth of all. He has Happiness, Fulfillment, Joy and Bliss. He has the true riches of life and this makes him truly wealthy.

The Mind can think only one thought at a time.

*If your mind is occupied
by a meaningless thought, you block
a meaningful thought from entering your mind.*



Our mind functions in a unique way. Only one thought can reside in it at a time. Recall an instance when you had a great thought and within a second another thought came in and replaced the previous one. Then what did you do? When you tried to recall the thought, you couldn't get it back. It was gone forever. Take charge of your mind because whatever you think will shape your life. Let the right thought occupy your mind so that you can live with meaning and purpose. When a meaningless thought occupies your mind, consciously flush it out making space for a good thought to take charge of your mind and your life.

*Life is all about TODAY.
There is no guarantee about Tomorrow.
So Live meaningfully!
Rejoice, Value life, and
Make a Difference Today!*



Many people don't give importance to Today. They are living for tomorrow, while tomorrow might never come. They don't have a plan for today. Every day matters. Today is different from tomorrow. What is your plan for today? Do you have an agenda? Do you have a philosophy to guide you through? If you don't have one yet, then here is one that can make your life fulfilling- Rejoice, Value Life and Make a Difference. With this philosophy, you choose to be glad rather than sad, you choose to value rather than waste life and you choose to go beyond just making money to making a difference before your journey of life is over.

I am not perfect. Are you?

Let us accept the fact that nobody is perfect.

*Let us learn to accept our imperfections
as well as those of others.*



Before you blame anyone today, realize that nobody is perfect. Rather than trying to find fault with others, why not concentrate on the goodness that they possess. By doing so, you will inspire them to do better and help them to build positive energy in their life to create more Joy and Bliss. Keep reminding yourself that you are not perfect and you must never expect others to be so. By acknowledging this truth of life we earn respect from others with our humility and tolerance.

*When things don't happen, people get Sick.
They see time Tick and they want it Quick.
They forget that Success happens brick by brick.*



Everything in this Universe is built step by step. Nothing has shaped up overnight. Rome was not built in a day and the Taj Mahal didn't happen by magic. They were all built brick by brick. Think about it.

Realize that there is no point in losing your peace of mind by becoming impatient and wanting everything to happen instantly. Life will take its own course and its own time. So be patient and enjoy the process. The best things in life are received only with Positivity, Patience and Perseverance. So don't hurry, plan thoroughly and once you execute your plans, wait patiently. Brick by brick, it will surely happen!

Money is important, no doubt it is.

But is it everything?

That's the question we miss

when we make our Choices in Life.



Money is important. In fact it is very important and there is no argument to prove otherwise. But the question is, is money everything? Is that all what we need? Yes, we should spend some time earning it but let's not offer our entire life in its reckless pursuit. We must earn money; use it to infuse ourselves and others with happiness. Then earn some more and share some more happiness. Once we have earned enough, we must stop and do things that give us Joy, Bliss and Fulfillment.

*If you keep doing things that don't matter to you,
you will not have time to do things that really do.*



How does your day pass? Do you do what you love or do you get so occupied with the routine of life that your day gets over before you know it? Unfortunately, many people don't chart out their lives as a pilot would chart out his flight before take-off. A pilot knows his destination. He sets his direction, steers the plane and lands at the place of his choice on time. But imagine if he doesn't know where he wants to go? Spend time not only on things that you are supposed to do but on those you wish to. Then your life will be full of joy.

*People ask,
“How can I enjoy life when I have problems?”
You may have problems,
but you can still enjoy life and be happy.*



You say, “How can I enjoy life when I have problems?” Well, I ask back, “Why should problems stop you from enjoying your life?” Everyone has problems. I do. So do you. But this does not mean that you should not enjoy life. You must learn to handle problems with a proper perspective. The challenge is, despite all our problems, we must try to be happy and smile. Face your problems, and as you do, also enjoy life. Then your life will be full of Joy and Bliss.

*Not truly living
in the present moment & later regretting
is like closing your eyes when a peacock is dancing,
only to want to see it dance once it is gone.*



Life won't wait for you; you have got to enjoy life. You've got to rejoice, celebrate and make the best of each moment. If the moment passes away, there's no point in saying that you should have, you could have and you would have. The moment is already gone, never to return. To make your life what you wish it to be, don't live with regret. Live with action - plan and then execute that plan. When you see something beautiful, stop whatever you are doing and enjoy that moment. Many such moments might have passed you. Don't let the next one pass too; make the best of it.

In life, some laugh, some cry, some live, some die.

The choice is ours to crawl or to fly.



What makes our life different is what we choose to do with it. Some choose to crawl through life and some open their wings and fly. It is not that the ones who are flying are gifted with something more; they chose to open their wings and fly. You too have that choice. You have the choice to be with positive people or negative people. You have so much to choose from. Are you making the best use of your right to choose or are you letting things just happen to you? Think, choose and make your dreams come true.

*In the pursuit of acquiring Treasures,
we lose the ONE treasure
that we truly possess - Life.
Let us not lose Life
in the wild pursuit of other things.*



Life is a journey that will soon come to an end. Instead of enjoying life we go after material possessions. In the end, we will have numerous material possessions but our life would be over. Of what use is it to exchange the one eternal treasure with temporary treasures? Of what use is it to exchange our life with things that will ultimately not be ours? Let us not exchange our life for prosperity that will soon not be ours. Let us learn to live by making the best of this eternal treasure- LIFE.

*Life is like an Hourglass.
The grains of sand drop one by one
and then it's all over.
Live before you die.*



As each day passes life is getting consumed. We may have a long life ahead of us but if we keep letting the moment escape us, just like the grains in an hourglass, soon we will have no more days left and our life will be over. Remember, life doesn't come with a rewind button. Don't let opportunities escape you. Let the falling grains of sand in the hourglass remind us that each moment is an opportunity to live and to make our dreams come true.

*Very often, we let little things spoil
some of our most important treasures
—our Mement, our Day, our Life.*



Every now and then, things can go wrong. But don't let these little derailments destroy your day. You will come across people ready to scar you with their negative energies, to kill your happiness and peace. Take charge of your life. Don't let them affect you in any way. Isn't it ironical that even though we want to live a life filled with Joy and Bliss, Peace and Happiness, we don't take charge of our life? We permit the little things – the termites of life to eat up our Joy and Happiness. And soon, we will be living a miserable life, filled with negativity and disappointment. Realize this and don't let little things destroy your happiness.

*Everyday there will be an opportunity
to Smile or to Frown, to Dance or to Drown,
to be Glad or Sad. It's a Choice!*



Life offers us an opportunity to choose. Life doesn't force itself upon us. Therefore, whether we smile or frown, dance or drown or be glad or sad, it is purely a choice and we get to make this choice every day. Unfortunately, we don't realize it is a choice. We forget it is a choice and we act as if life happens by default. Life doesn't happen by default. Life is a matter of choice and every day what we choose is what we will receive and what we will become. Remember, sometimes we can't choose what happens but we can choose our reaction to what happens and finally that's what matters.

*I am the Richest man on the Earth
because I am the Happiest man on the Earth.*

*After all, isn't Happiness
the Greatest Wealth in Life?*



Do you agree that the happiest man is the richest man? Or do you think it is the richest man who is the happiest man? The truth is, the greatest wealth of life is happiness; not the material riches that we pursue, not the gold and the diamonds or the properties and cash. Of course, all this gives us pleasure and momentary joy, but true Contentment and Fulfillment come from things that money can't buy. All this cannot bring us true happiness. Thus, it's not wrong to say, that you are the Richest in the world if you are the Happiest for it is Happiness that is the true wealth of life.

*Those who have FAITH
believe that the Sun will Rise.
They don't wake up in the morning
and look out to see if the sun has failed them.*



What is the difference between those who live with faith and those who live without it? Those who live without faith doubt everything. They wake up in the morning and look out to see if the Sun has risen or not. But the ones who live with faith- believe. They believe and achieve. They have FAITH – Full Assurance In Their Heart – and that makes their life positive, filled with Courage and Confidence. They live with Optimism and Hope, eliminating Doubt and Fear from their life.

*Like a feather in the air, like a leaf in the sea,
I surrender to Thee, I surrender to Thee.*



Have you seen a feather surrender itself? Have you seen a leaf surrender itself to the waves in the sea? They completely surrender, they have no command of themselves; they let go, let go, let go. That is how we must learn to live, surrendering to the Universal Power called God. We must completely surrender; completely accept the divine will; knowing that this divine Power controls the whole universe. It is our Faith and Belief that will give us Enthusiasm and power to live with inspiration. Try being like a feather in the air, like a leaf in the sea and this surrender will take you to fulfillment.

*If only I had spent my time
spending my money
rather than just making it,
I would have died a happier man.*



These were the words of a dying man who was regretting that he had spent his entire life just making money. He had so much of it but now he was dying. The doctors had given up hope. Even though he was ready to spend all his money they couldn't give him back his life. Sadly, he didn't have time to enjoy the money he had made. What was the use of making all this money, he thought. Was it all only to leave it behind? Unfortunately, most of us who are rich make this mistake. We keep on making money, but in the end when our health is bad, we can't get back our health. Although we are willing to spend our wealth to get back our health, we can't. Rather is it not sensible for us to spend our wealth when in good health so that when we die the world will cry? Introspect! Promise yourself that you won't be in the same position repeating the same words when you die.

*The Achiever says
his Thoughts led him to Success
and the Criminal says
his Thoughts led him to Crime.
Everybody thinks;
but what we Think determines our Destiny.*



Thoughts are very powerful. All those who have achieved success in life admit that it all started with a thought. Million dollar empires are built up from a simple idea. Unfortunately, even the criminals admit that it was their thoughts that led them to commit crimes.

You become what you think. The challenge is to control thoughts through Attitude and Emotions. Remember, as you think so shall you become. Your thoughts create your Destiny; Thoughts lead to Feelings that lead to Action that create Habits and finally our Destiny.

The Destination of Life is Death.

Enjoy the Journey called Life

before it is over.



Life is a journey not a destination. Very often people are living life more as a destination that they must arrive at. They are preparing all the time. What do they have to do with their life? What do they have to make of their life? What do they have to achieve in their life? And therefore the entire journey of life is spent as if it was a destination and in preparation of that destination. But, the destination of life is death. What is the point of preparing all this and then dying? Why not rather enjoy this journey called life before it is over? Isn't it true that we all have to eventually die? We know it, we have the wisdom but we don't have the willpower to truly live this journey. From today, let us make a commitment to make it a priority to enjoy this journey called life.

*Problems are like Balloons.
We let them unnecessarily blow up.*



What do we do to problems? Just like balloons, we blow them up; with worry, anxiety and fear. They start becoming bigger and bigger till one day they burst and leave our whole world upside down.

Problems are actually like a deflated balloon – they are small and comparatively harmless. But our constant worrying inflates them up. The more we stress, the more we inflate the balloon. Stop the balloon from blowing up. Learn to handle problems like a deflated balloon – find the right solution at the right time. Take charge of your problems instead of letting your problems take charge of you.

*Instead of enjoying the Present Moment,
why Dream of things beyond your reach
and become miserable?*



Are you happy today? If you are not, then what is it that is robbing you of your happiness? Is it some dream, some aspiration that's unreal or something so farfetched that you cannot achieve? Unfortunately, in seeking things that are beyond our reach, we lose the joy of the present moment. It is sad, but true. Of what use is this? Instead of trying to get more, why not make the best of what you already have? You must enjoy life to the fullest. Why destroy the present moment dreaming of a tomorrow which hasn't arrived yet?

Have a Blast; Life won't last!

Make the Best of Today, before it is gone!



Know that life is temporary. Soon, it will be over. Are you having a blast in life? Are you making the best of this moment, this hour and this day? And not just today, every day? Life won't last, so go and have a blast. Let this be the topmost priority on your mind as you live each day. It's sad that many of us just blast life with problems and things that don't matter. The day is gone, and as we reflect, weeks, months and years have gone. Did we have a blast? Don't let another day go by. Stop. Have a Blast for Life won't Last!

Conclusion

RVM has written a number of quotes, but he has chosen these 100 as his all-time favorites because they have helped him to transform the way he lives.

He believes Life is a Journey to be enjoyed every day. One of the Diamond Quote says,

“Some people live such boring lives; it's black and white, so dead! I choose to color my life with fun; some blue, some green, some red.”

Isn't it true that Life is a choice? We can choose to make it boring or exciting. Each of RVM's quotes will provoke you, inspire you and guide you to live a better life. Read each quote carefully and see what you can gain out of it. Some may be irrelevant to you at that point of time while others may be extremely important for you. Read them and reflect upon them one by one, till they become a part of your life. Don't just read them, live them. The purpose of these 100 Diamond quotes is to discover the diamond within you.

Yes, each one of us has a diamond within us. We ourselves are one. Unfortunately, we take the diamond to the grave. We never discover the true potential of our life that God has given us.

These quotes will help us to delve deep into our inner selves to discover what we truly are and what we are truly meant to be. These quotes will also help us find our purpose, to make life fulfilling by rejoicing, valuing life and making a difference before the journey of life is over.

TRUE DIAMONDS



*“Smile all the while because life is just a mile.
Enjoy the journey before it's over.”*

This is just 1 of the 100 Diamond Quotes that have the power to Transform your life! This book has 99 more such sparkling quotes that are sure to bring Joy, Bliss and Fulfillment in your Life.

In this book, RVM elaborates 100 profound quotations penned down by him. He believes that it is these quotes that helped him transcend from one success to another and led him to discover the true meaning of Life. These quotes helped him evolve from Achievement to Fulfillment.

These Diamond quotes can impact your life and help you make your life fulfilling.

This book is a True Treasure! Who knows you too may be Transformed!



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All proceeds from this book go towards serving the destitute sheltered in the RVM Foundation Hospital and RVM Foundation Transit Home.